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# Journal Pre-proof



Updated Guidance Regarding The Risk of Allergic Reactions to COVID-19 Vaccines and Recommended Evaluation and Management: A GRADE Assessment, and International Consensus Approach

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1 **Updated Guidance Regarding The Risk of Allergic Reactions to COVID-19 Vaccines and**  
2 **Recommended Evaluation and Management: A GRADE Assessment, and International**  
3 **Consensus Approach**

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255 19 vaccine; anaphylaxis; allergic reactions; repeat allergic reactions; polyethylene glycol;  
256 polysorbate 80; skin testing; shared decision-making, GRADE; allergy; allergy specialist  
257

258 Abbreviations: Coronavirus disease 2019(COVID-19), Vaccine Adverse Event Reaction System  
259 (VAERS), vaccine safety datalink (VSD) skin testing (ST), Grading of Recommendations  
260 Assessment, Development and Evaluation (GRADE), Research Electronic Data Capture  
261 (REDCap), National Institutes of Allergy and Infectious Diseases (NIAID), polyethylene glycol  
262 (PEG), polysorbate 80 (PS), Complement Activation-Related Pseudoallergy (CARPA),  
263 Immunization Stress-Related Response(ISRR), Canadian Society of Allergy and Clinical  
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## 278 Conflicts of Interest

279 Matthew Greenhawt: has received past research support to his institution from DBV  
280 Technologies, and the Agency for Healthcare Research and Quality; receives current research  
281 support from Novartis and Silota; is a consultant for Aquestive; is a member of  
282 physician/medical advisory boards for DBV Technologies, Nutricia, Novartis, Aquestive,  
283 Allergy Therapeutics, AstraZeneca, ALK-Abello, and Protia; is an unpaid member of the  
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287 editor for the Annals of Allergy, Asthma, and Immunology, and is member of the Joint  
288 Taskforce on Allergy Practice Parameters. He has received honorarium for lectures from ImSci,  
289 RMEI Medical Education, MedLearningGroup, and multiple state/local allergy societies.

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295 Elissa Abrams: is a collaborator with the Institute for Health Metrics and Evaluation. She is na  
296 employee of Public Health Agency of Canada (PHAC) but the views expressed are her own and  
297 not that of PHAC.

298 Marcus Shaker: serves on the editorial board of The Journal of Allergy and Clinical Immunology  
299 *In Practice*, is an associate editor of Annals of Allergy, Asthma, and Immunology, is a member  
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439  
440

**Abstract**

441 This guidance updates 2021 GRADE recommendations regarding immediate allergic reactions  
442 following COVID-19 vaccines and addresses re-vaccinating individuals with 1<sup>st</sup> dose allergic  
443 reactions and allergy testing to determine re-vaccination outcomes. Recent meta-analyses  
444 assessed the incidence of severe allergic reactions to initial COVID-19 vaccination, risk of  
445 mRNA-COVID-19 re-vaccination after an initial reaction, and diagnostic accuracy of COVID-19  
446 vaccine and vaccine excipient testing in predicting reactions. GRADE methods informed rating  
447 the certainty of evidence and strength of recommendations. A modified Delphi panel consisting of  
448 experts in allergy, anaphylaxis, vaccinology, infectious diseases, emergency medicine, and  
449 primary care from Australia, Canada, Europe, Japan, South Africa, the UK, and the US formed  
450 the recommendations. We recommend vaccination for persons without COVID-19 vaccine  
451 excipient allergy, and re-vaccination after a prior immediate allergic reaction. We suggest  
452 against >15-minute post-vaccination observation. We recommend against mRNA vaccine or  
453 excipient skin testing to predict outcomes. We suggest re-vaccination of persons with an  
454 immediate allergic reaction to the mRNA vaccine or excipients be performed by a person with  
455 vaccine allergy expertise, in a properly equipped setting. We suggest against pre-medication,  
456 split-dosing, or special precautions because of a comorbid allergic history.  
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**485 Introduction:**

486 Through March 2023, the novel SARS-CoV-2 coronavirus and subsequent COVID-19  
487 (Coronavirus disease 2019) global pandemic has caused over 676 million infections and 6.8  
488 million fatalities.<sup>1</sup> Multiple efficacious COVID-19 vaccines have been available since December  
489 2020.<sup>2</sup> The rare occurrence of severe immediate allergic reactions to these vaccines raised initial  
490 concern about the potentially allergenic role of vaccine excipients, polyethylene glycol (PEG) in  
491 the mRNA vaccines and polysorbate 80 (PS) in the viral vector vaccines, and the need for allergy  
492 screening for possible risk factors for allergic reactions.<sup>3-6</sup> In mid-2021, a systematic review and  
493 meta-analysis facilitated preliminary GRADE-based guidelines addressing immediate, presumed  
494 allergic, reactions following the mRNA COVID-19 vaccines (BNT162b2 or mRNA-1273),  
495 noting a rare incidence of immediate severe (e.g. anaphylaxis) 1<sup>st</sup> dose reactions (e.g., occurring  
496 within 4 hours of administration as per the 2007 Brighton Collaboration Criteria [BCC]  
497 definition)<sup>7</sup>, a low baseline PEG allergy prevalence, and poor test sensitivity for PEG as a skin  
498 testing reagent in assessing suspected non-COVID-19 vaccine and medication allergy.<sup>5</sup> There  
499 were scant data available to analyze the risk of severe 2<sup>nd</sup> dose allergic reactions in individuals  
500 with 1<sup>st</sup> dose reactions, or to assess the predictive accuracy of vaccine or vaccine excipient skin  
501 testing for vaccine allergic reactions.

502  
503 Though immediate, severe COVID-19 vaccine allergic reactions occur rarely, many health  
504 authorities around the world contraindicate vaccinating persons with a history of allergy to the  
505 vaccine or its excipient.<sup>5</sup> However, this may not be necessary in the majority of instances.  
506 Additional data have emerged since the 2021 publication, providing evidence to evolve  
507 recommendations made earlier in the pandemic. This updated guidance specifically focuses on  
508 the approach to assessing a patient with a history of mRNA COVID-19 excipient allergy or an  
509 immediate presumed allergic reaction to a dose of a mRNA COVID-19 vaccine, in determining  
510 if an initial or additional doses should be given, and how to assess such patients.

**512 Methods:**

513 Following previously published methodology,<sup>5</sup> we convened an ad hoc international panel of 94  
514 clinical experts in allergy, anaphylaxis, vaccinology, infectious diseases, emergency medicine,  
515 and primary care from Australia, Canada, Europe, Japan, South Africa, the UK, and the US to  
516 evaluate the current evidence regarding mRNA COVID-19 vaccination or revaccination in the  
517 context of suspected immediate vaccine or excipient allergy, and the utility of approaches such  
518 as vaccine or excipient skin testing in evaluating persons with an immediate, presumed allergic  
519 reaction to a mRNA COVID-19 vaccine or excipient from a societal perspective. The choice of  
520 questions and topics addressed in this document were intended to update the 2021 review  
521 (including the limitations, table of knowledge gaps and feedback received on this document),  
522 which was planned as a living systematic review. Final selection of topics addressed was at the  
523 purview of the senior authors (MG, MS, EA, DG, DC). Data sources included published  
524 systematic reviews and meta-analyses (through the fall of 2022) assessing the risk of initial and  
525 recurrent dose reactions, and the accuracy of vaccine and vaccine excipient allergy skin testing  
526 (prick and intradermal testing combined) in predicting these risks.<sup>5,8,9</sup> A primary draft was  
527 developed by the senior authors using the Grading of Recommendations Assessment,  
528 Development and Evaluation (GRADE) format for evidence synthesis from an individual  
529 perspective with secondary consideration for the healthcare perspective (Table E1).<sup>10-13</sup> This  
530 draft was revised iteratively by the workgroup, and a modified Delphi panel was used to rate



531 agreement and consensus with the text and recommendations (1=strongly disagree, 2= disagree,  
532 3=neutral, 4=agree, 5=strongly agree, 80% threshold for agreement), as previously described.<sup>5,14</sup>

533  
534 The guidance statements and recommendations are presented in Table 1. The GRADE strength  
535 of recommendations and certainty of evidence are summarized in Tables 2 and 3, and the risk of  
536 bias assessment in Table E2 (the risk of bias for any meta-analysis was included as it was  
537 originally published). The Evidence to Decision Framework supplement provides a summary  
538 reflection of the evidence in the context of the clinical recommendation. The modified Delphi  
539 panel results for each recommendation are shown in the Table E3. All questions presume a  
540 patient is seeking either initial mRNA-COVID-19 vaccination, re-vaccination after an immediate  
541 presumed allergic reaction to a prior dose, or is allergic to a vaccine excipient, in the setting of  
542 shared decision-making with a medical professional willing to provide supervised vaccination.  
543 A full description of the methods is detailed in the supplemental material.

544

#### 545 **Results:**

546 **Question 1: What is the risk of COVID-19 vaccine anaphylaxis in a patient with no history**  
547 **of anaphylaxis to a COVID-19 vaccine or its excipients?**

548

549 **Recommendation 1a: For patients with no history of a previous allergic reaction to a**  
550 **COVID-19 vaccine or its excipients, the risk of first-dose COVID-19 vaccine-induced**  
551 **anaphylaxis is exceptionally low, and we recommend vaccination over either no vaccination**  
552 **or vaccine deferral.**

553 **Strong Recommendation; High Certainty of Evidence**

554

555 **Recommendation 1b: For patients with a history of a severe allergic reaction, including**  
556 **anaphylaxis, unrelated to a mRNA COVID-19 vaccine or vaccine excipient, we suggest**  
557 **against additional post-vaccination observation beyond standard wait time (e.g., 15**  
558 **minutes).**

559 **Conditional Recommendation; Low Certainty of Evidence**

560

561 **Question 2: In a patient without a history of anaphylaxis to a mRNA COVID-19 vaccine or**  
562 **its excipients, should allergy skin testing to mRNA COVID-19 vaccines or its excipients be**  
563 **performed prior to initial mRNA COVID-19 vaccination?**

564

565 **Recommendation 2: For patients without a history of an immediate allergic reaction to a**  
566 **mRNA COVID-19 vaccine its excipients, we recommend against vaccine or vaccine**  
567 **excipient testing to predict the rare individual who will have a severe allergic reaction to a**  
568 **vaccine dose.**

569 **Strong Recommendation; Low Certainty of Evidence**

570

571 **Evidence Summary:** A 2021 systematic review and meta-analysis for all estimates of first dose  
572 severe allergic reactions following COVID-19 vaccines through March 19, 2021 found an  
573 incidence rate of 7.91 (95%CI 4.02-15.59) cases of adjudicated COVID-19 vaccine anaphylaxis  
574 per million (using the BCC), with no anaphylaxis-related fatalities, among 26 reports involving  
575 reported cases adjudicated to meet (original) BCC for anaphylaxis with a sample size of at least  
576 20,000 doses.<sup>5</sup> (Figure 1) A meta-regression comparing adjudicated vs. non-adjudicated cases

577 found higher odds of reported anaphylaxis in non-adjudicated reports (OR 5.53, 95%CI 4.01-  
578 7.61) and lower rates of anaphylaxis associated with vaccines using adenoviral-vector vaccines  
579 (OR 0.47, 95%CI 0.33-0.68) and inactivated virus (OR 0.31, 95%CI 0.18-0.53) vs. mRNA  
580 vaccines, among 46 reports.<sup>5</sup> Table 2 details the certainty of evidence for this estimate, and  
581 Table E2 the risk of bias assessment.

582  
583 PEG exists in mRNA COVID-19 vaccines in the form of PEG-2000, a lipid conjugate that  
584 stabilizes the lipid nanolayer, and has been suspected (though not definitively proven) as a  
585 potential allergen for immediate allergic reactions.<sup>3,4</sup> In the 2021 systematic review, the  
586 calculated incidence of PEG allergy was 0.15 cases per million person-years in the US and  
587 Canada.<sup>5,15,16</sup> This 2021 systematic review also calculated the pooled sensitivity and specificity  
588 for using prick or intradermal PEG skin testing in persons with non-COVID vaccine suspected  
589 PEG allergy, which were 0.59 (95%CI 0.44-0.72) and 0.99 (95%CI 0.98-0.99), respectively. Not  
590 all patients included in this pooled estimate underwent confirmatory PEG challenge, which  
591 further limits the precision of such testing.<sup>5</sup> While strong GRADE recommendations with low  
592 certainty of evidence are uncommon, the rating down due to risk of bias from studies lacking  
593 challenge verification and indirectness of evaluating pre-pandemic PEG-containing medications  
594 and other vaccines. Table 3 details the certainty of evidence for this estimate and Table E2 the  
595 risk of bias assessment.

596  
597 A personal history of allergic disease (e.g., asthma, food allergy, drug allergy, non-COVID  
598 vaccine or vaccine-exipient allergy) poses no increased risk of a severe, immediate allergic  
599 reaction to an initial mRNA COVID-19 vaccine dose.<sup>5,17-22</sup> These patients require no special  
600 precautions or investigations to receive their dose, and can be vaccinated in a routine setting.

601  
602 **Discussion:** Global adjudicated rates of mRNA COVID-19 vaccine anaphylaxis are slightly  
603 higher than other historical vaccine-associated anaphylaxis (1.3-17 events per million doses)  
604 rates, but are overall rare.<sup>23-26</sup> To date, no adjudicated, confirmed fatalities related to mRNA-  
605 COVID-19 vaccine anaphylaxis have been published in the medical literature, though there have  
606 been non-adjudicated passive reports.<sup>27</sup> With COVID-19 vaccination, the 2007 BCC vaccine  
607 anaphylaxis definition has led to higher estimates of anaphylaxis than when using the WAO or  
608 the NIAID anaphylaxis criteria,<sup>28,29</sup> which led to the BCC being updated in 2022.<sup>30,31</sup> To date,  
609 mRNA COVID-19 vaccine reactions have not been proven to be mediated by anti-PEG  
610 IgE.<sup>17,32,33</sup> Given a very low baseline population prevalence of PEG allergy, the very rare rate of  
611 first dose mRNA COVID-19 severe allergic reactions, poor sensitivity of PEG skin testing, and  
612 lack of evidence supporting mRNA-COVID-19 vaccine reactions as IgE mediated, no evidence  
613 supports a population screening approach to detect pre-existing specific-IgE against PEG (or PS)  
614 as a means to predict the risk of a severe allergic reaction to an initial dose of a mRNA COVID-  
615 19 vaccine.<sup>5</sup>

616  
617 Threshold agreement was achieved for the voting on these 3 recommendations in the 1st round  
618 of voting (Table E3).

619  
620 **Question 3: Can additional supervised doses of mRNA COVID-19 vaccines be**  
621 **administered to a patient who had an immediate allergic reaction of any severity following**  
622 **their 1<sup>st</sup> vaccine dose?**

623

624 **Recommendation 3:** We recommend that individuals who had an immediate allergic  
625 reaction of any severity to their 1<sup>st</sup> mRNA COVID-19 vaccine dose can receive additional  
626 doses, and those with a history of an immediate allergic reaction of any severity to its  
627 excipients can receive either their initial or additional mRNA COVID-19 vaccine doses.  
628 **Strong Recommendation; Moderate Certainty of Evidence**

629

630 **Evidence Summary:** A systematic review and meta-analysis using a pooled random-effects  
631 model showed that from among 22 reports of 1366 individuals with an immediate allergic  
632 reaction of any severity to a first mRNA COVID-19 vaccine, the absolute risk of a 2<sup>nd</sup> dose  
633 severe reaction to the same mRNA COVID-19 vaccine is 0.16% (95%CI 0.01%-2.94%, 6  
634 reactions in 1366 patients, moderate certainty evidence), and the risk of any non-severe  
635 immediate allergic symptoms is 13.65% (95%CI 7.76%-22.9%, 232 reactions in 1337 patients,  
636 moderate certainty evidence).<sup>32,34-54</sup> In individuals with a severe immediate allergic reaction to a  
637 first mRNA COVID-19 vaccine, the risk of any non-severe immediate allergic symptoms is  
638 9.54% (95%CI, 2.18%-33.34%, 15 reactions in 78 patients, low certainty evidence), and the  
639 absolute risk of a repeat severe reaction with a 2<sup>nd</sup> dose of the same vaccine is 4.94% (95%CI,  
640 0.93%-22.28%, 4 reactions in 78 patients, low certainty evidence). (Figure 2a-c) There were no  
641 fatalities related to immediate allergic reactions from mRNA COVID-19 re-vaccination.<sup>9</sup>  
642 Several case series have demonstrated that children allergic to PEGylated medication  
643 (specifically PEG-asparaginase) tolerate their initial dose of mRNA COVID-19 vaccination.<sup>55-58</sup>  
644 More robust experience in administering the initial mRNA COVID-19 vaccine to individuals  
645 with known or suspected PEG allergy is needed, though published evidence to date has shown no  
646 vaccine reactions in these cases.<sup>58,59</sup> In these included studies, all re-vaccination occurred under  
647 the supervision of an allergy specialist, in a setting equipped to treat anaphylaxis. Table 2 details  
648 the certainty of evidence for this estimate, and Table E2 the risk of bias assessment. Figure E1  
649 helps provide a practical translation for the testing precision.

650

651 **Discussion:** Allergy specialist guidance for non-COVID-19 vaccines recommends against  
652 withholding vaccination in vaccine or excipient allergic individuals. This differs from COVID-  
653 19 vaccine guidance that recommends withholding vaccination, which may have contributed to  
654 limiting the available evidence base for the meta-analysis.<sup>19-22</sup> Severe allergic reactions occur  
655 very rarely with either initial or subsequent doses of mRNA COVID-19 vaccination.<sup>5,9</sup> This  
656 should not preclude re-vaccinating persons who reacted to their initial dose or vaccinating  
657 persons allergic to one of the vaccine excipients, within the context of a shared decision-making  
658 approach of considering an alternative vaccine platform or deferring additional doses. There are  
659 data from small case series of persons with known PEG allergy who tolerated mRNA COVID-19  
660 vaccine doses, and it has been demonstrated that mRNA COVID-19 vaccine reactions are  
661 unlikely to result from IgE mediated reactions to PEG.<sup>55-60</sup>

662

663 The very low rate of repeat immediate severe allergic reactions upon re-vaccination may be  
664 explainable by two hypotheses. First, there has been speculation that some non-IgE mediated  
665 reactions to injectable PEG-containing medications may be mediated through an anti-PEG IgG  
666 mechanism [eg. Complement Activation-Related Pseudoallergy (CARPA)]. Second, the  
667 phenomenon of Immunization Stress-Related Response (ISRR) – a benign phenomenon  
668 mimicking an allergic reaction, which can manifest as anxiety or stress-induced symptoms has

669 been identified as a common cause of adverse reactions after COVID-19 vaccination (Table  
670 E4)<sup>33,61</sup>

671  
672 In formulating this recommendation, we weighed the potential benefits and harms of vaccination,  
673 and an allergic reaction, along with consideration of patient values, preferences, and cost. A  
674 shared decision-making approach should align individual contexts and circumstances with  
675 clinical action. Some patients may wish to change to a different brand of mRNA vaccine than the  
676 one they initially reacted to, which is not felt to represent any additional risk and is a preference-  
677 sensitive option to explore. Recommendations 4 and 5 provide explanation and context  
678 regarding further risk assessment and supervision for repeat vaccination after an initial reaction  
679 (or initial vaccination in the excipient allergic).

680  
681 Threshold agreement was achieved for the voting on this recommendation in the 1st round of  
682 voting (Table E3).

683  
684 **Question 4: In a patient with a history of an immediate allergic reaction of any severity to a**  
685 **previous mRNA COVID-19 vaccine or its excipients, should allergy skin testing to mRNA**  
686 **COVID-19 vaccines or their excipients be performed to determine if a future dose of**  
687 **vaccine should be withheld?**

688  
689 **Recommendation 4: For individuals with a history of an immediate allergic reaction to a**  
690 **mRNA COVID-19 vaccine or its excipients, we recommend against performing skin testing**  
691 **using any mRNA-COVID-19 vaccine or its excipients for the purpose of risk assessment to**  
692 **determine if they should receive a vaccine dose. Strong recommendation; Moderate**  
693 **Certainty of Evidence**

694  
695 **Evidence Summary:** A systematic review and meta-analysis detailed 20 studies among 317  
696 individuals with 1<sup>st</sup> dose immediate allergic reactions to the vaccine. These individuals  
697 underwent a total of 578 skin tests to any one or combination of either mRNA COVID-19  
698 vaccine, PEG, and PS for risk stratification assessment prior to being re-vaccinated with the  
699 same vaccine provoking the initial reaction.<sup>8,32,34-36,38-42,45,47,48,51,53,54,59,62-65</sup> Test sensitivity for  
700 either mRNA vaccine was 0.2 (95%CrI 0.01-0.52) and specificity 0.97 (95%CrI 0.9-1). PEG test  
701 sensitivity was 0.02 (95%CrI 0.00-0.07) and specificity 0.99 (95%CrI 0.96-1). PS test sensitivity  
702 was 0.03 (95%CrI 0.00-0.0.11) and specificity 0.97 (95%CrI 0.91-1).<sup>8</sup> Combined for using any  
703 of the 3 testing agents, sensitivity was 0.03 (95%CrI 0.00-0.08) and specificity was 0.98  
704 (95%CrI 0.95-1.00) (Figures 3 and 4). Multiple sensitivity analyses accounting for studies  
705 permitting use of graded dosing (n=9 studies), premedication (n=8 studies), or including patients  
706 with 1<sup>st</sup> dose anaphylaxis (n=17 studies) did not alter the main findings, but test sensitivity was  
707 increased in one analysis for individual vaccine testing in predicting severe second dose  
708 reactions (6 total severe second dose reactions occurred, 4 in persons with no detectable  
709 sensitization). Sensitivity analysis was also performed to account for persons with 1<sup>st</sup> dose  
710 reactions who deferred evaluation or a 2<sup>nd</sup> dose in the studies. This presumed that 25% or 50%  
711 of the total number of deferring patients underwent full evaluation and were considered as true  
712 positive cases (e.g., best-case scenario), which improved sensitivity to 0.22 (any test), 0.32  
713 (PEG), and 0.48 (any vaccine).<sup>8</sup> One study included in the meta-analysis noted that use of  
714 Refresh Tears for PS testing led to an irritant response, resulting in false positive responses in

715 12/25 non-allergic control subjects tested.<sup>38</sup> Table 3 details the certainty of evidence for this  
716 estimate, and Table E2 the risk of bias assessment.

717  
718 **Discussion:** Vaccine excipient allergy is a very rare but possible cause of allergic reactions to  
719 vaccines.<sup>18,23</sup> Despite suspicion without definitive proof of a role for PEG2000-lipid conjugate as  
720 causing IgE-mediated mRNA COVID-19 vaccine reactions,<sup>17,18</sup> the vaccine remains largely  
721 contraindicated by health authorities in persons with known or suspected PEG allergy.<sup>19,21,22</sup>  
722 PEG skin testing in non-COVID-19 vaccine settings has low sensitivity.<sup>5</sup> Skin testing to both  
723 PEG (as well as PS) and the mRNA vaccine was initially proposed to assess vaccine-related  
724 immediate allergic reactions.<sup>4</sup> The meta-analysis found very poor sensitivity for skin testing to  
725 either the vaccine, PEG, or PS in predicting repeat immediate allergic reactions of any severity,  
726 and concluded that skin testing had limited utility for this purpose.<sup>8</sup> Some groups advocate use of  
727 a specific PEG testing algorithm, which includes testing to very high MW PEG, to increase  
728 sensitivity.<sup>66</sup> The high specificity of vaccine or vaccine excipient testing does not infer a high  
729 accuracy in identifying persons who are not allergic to the vaccine or excipient, but more likely  
730 indicates testing with non-relevant components which also are not irritant.<sup>8</sup> While we  
731 recommend against skin testing to PEG, PS or to the mRNA COVID-19 vaccine itself as a  
732 means to predict risk of a severe allergic reaction to a COVID-19 vaccine, this approach is  
733 independent of incidentally discovering during evaluation of a mRNA COVID-19 vaccine  
734 reaction that a patient history indicates a strong likelihood of prior PEG allergy. In that context,  
735 the clinician may wish to consider PEG testing or PEG oral challenge as part of the workup to  
736 confirm PEG allergy for other decision-making purposes, apart from the mRNA COVID-19  
737 vaccine-related issue.<sup>16,67,68</sup> One paper suggests that there is differing allergenicity between  
738 PEGylated liposomes (e.g. the PEG content in vaccines) and unmodified PEG polymer (e.g. PEG  
739 in medications).<sup>69</sup>

740  
741 Threshold agreement was achieved for the voting on this recommendation on the 1st round of  
742 voting (Table E3).

743  
744 **Question 5: In a patient with a history of an immediate allergic reaction of any severity to**  
745 **a previous mRNA COVID-19 vaccine or its excipients, what is the most appropriate setting**  
746 **for these individuals to receive their vaccination?**

747  
748 **Recommendation 5: We suggest referral to an allergist (or other clinician with expertise**  
749 **in the management of vaccine allergy and allergic reactions) for assessment and supervised**  
750 **vaccination of such individuals for their initial dose, or for the subsequent dose after a**  
751 **reaction to a prior dose.**

752  
753 **Conditional Recommendation, Moderate Certainty Evidence**

754  
755 **Evidence Summary:** The meta-analyzed data demonstrating both the low risk of repeat severe  
756 reactions and the poor utility in skin testing to vaccine and vaccine excipients to predict the risk  
757 of a recurrent reaction were all from studies performed under allergist guidance.<sup>8,9</sup> Similarly,  
758 studies of PEG or PS allergic individuals who were vaccinated to mRNA COVID-19 vaccines  
759 were also performed under allergist guidance.

760

761 **Discussion:** Vaccination or revaccination of patients with a history of an allergic reaction to the  
762 vaccine or its excipients most likely lies outside the comfort of most general vaccine clinics, who  
763 likely have had limited experience in managing patients with these risks.<sup>5</sup> The panel also  
764 recognizes that it may be difficult for both hospital and non-hospital based allergy practices to  
765 have access to mRNA COVID-19 vaccine, given supply issues and storage requirements,  
766 complicating matters for patients seeking vaccination. These patients should ideally be  
767 vaccinated under the supervision of a clinician (ideally a physician specialist) with knowledge of  
768 ISRR, and who is trained in recognizing and managing anaphylaxis, in a setting equipped to  
769 manage such reactions. If the mRNA COVID-19 vaccination being supervised in this context is  
770 tolerated, additional doses can be done in standard fashion (e.g., without allergy specialist  
771 supervision).<sup>23</sup> Many decisions may still be preference-sensitive, and this guidance relies on the  
772 willingness of those within the field to implement the recommendations, and the affected patients  
773 to seek care.<sup>5</sup> We caveat that this recommendation is formulated within the first 2 years of the  
774 experience with mRNA COVID-19 vaccine reactions, and future published evidence may  
775 evolve.

776  
777 Threshold agreement was achieved for the voting on this recommendation on the 1st round of  
778 voting (Table E3). The panel, however, further deliberated whether contextual factors such as  
779 equitable and rapid access to specialist settings is uniformly available to all patients, and also  
780 considered that patient values and preference for needing to see a specialist before repeat  
781 vaccination may vary. Hence, the panel agreed to issue a conditional instead of strong  
782 recommendation. This second round also reached threshold consensus with a single vote (Table  
783 E3).

784  
785 **Question 6: Should a patient with a history of an immediate allergic reaction to the vaccine**  
786 **or its excipient be pre-medicated prior to receiving their vaccine to prevent a severe**  
787 **allergic reaction?**

788  
789 **Recommendation 6: We suggest against routine H1-antihistamine or systemic**  
790 **corticosteroid pre-medication prior to vaccination to prevent anaphylaxis.**  
791 **Conditional Recommendation, low certainty of evidence**

792  
793 **Question 7: Should a patient with a history of an immediate allergic reaction to the vaccine**  
794 **or its excipients receive their vaccine as a graded dose rather than a single dose?**

795  
796 **Recommendation 7: We suggest against graded dosing or stepwise desensitization**  
797 **compared to a single dose.**  
798 **Conditional Recommendation, low certainty of evidence**

799  
800 **Evidence Summary:** There is no evidence demonstrating benefit or necessity for either  
801 premedication or graded dosing. In both meta-analyses of the risk of 2<sup>nd</sup> dose reactions, when  
802 stratifying by studies that permitted pre-medication vs. not, or graded dose challenges vs. single  
803 dose, there was no difference in outcomes seen.<sup>8,9</sup> However, none of these included studies were  
804 specifically designed or powered to assess these questions. Persons who take daily or frequent  
805 antihistamines or glucocorticosteroids for the management of other conditions should not  
806 discontinue taking these on the day of receiving their mRNA COVID-19 vaccine. Rather, this

807 guidance suggests against specific use (or requirement) of pre-medication. A possible exception  
808 to this may be in the case of a patient with systemic mastocytosis.<sup>70</sup> While a shared decision-  
809 making approach can be considered for those who may otherwise be hesitant to receive initial or  
810 subsequent mRNA COVID-19 vaccination without premedication or graded dosing (or who have  
811 systemic mastocytosis and are considered at high general risk for anaphylaxis), neither are  
812 necessary or required for safe vaccination in the patient with mRNA COVID-19 excipient  
813 allergy or a history of a reaction to a prior vaccine dose.

814

815 **Discussion:** While graded dosing (or stepwise desensitization) and pre-medication with either  
816 antihistamine or glucocorticosteroids are considered generally safe approaches, neither are  
817 required and have not been proven necessary compared to no pre-medication and/or  
818 administering a single vaccine dose in persons with a history of reaction to the vaccine or  
819 vaccine excipient.<sup>23</sup> These management options are consistent with recommendations in past  
820 vaccine allergy practice parameters, and may still be preferred steps by some patients and  
821 administering clinicians.<sup>5</sup> A 2-step graded challenge (and in older guidance, multi-step  
822 desensitization) in individuals with previous immediate allergic reactions to a non-COVID  
823 vaccine has been a suggested management step, despite no data establishing that this is either  
824 necessary or provides a definitive safety benefit (as opposed to an accommodation that makes  
825 either the patient or clinician more comfortable).<sup>23</sup> While no RCT comparing single vs. 2-step  
826 graded challenges for mRNA COVID-19 vaccination has been performed, one was performed  
827 for influenza vaccine that showed no difference in outcome between the approaches.<sup>63,71</sup> It is  
828 reasonable to expect that this finding would generalize to other vaccines. There is no evidence to  
829 suggest that split dosing results in a different immune response than a single dose.<sup>63</sup> Similarly,  
830 many allergists have considered antihistamine (with or without glucocorticosteroid) pre-  
831 medication for such patients, as is customary in allergen immunotherapy patients experiencing  
832 frequent local or even prior systemic reactions.<sup>72</sup> Glucocorticoid premedication in the context of  
833 anaphylaxis prevention has limited value and potential harm in most, but not all, settings.<sup>73</sup> With  
834 mRNA COVID-19 vaccination, there is concern that glucocorticosteroid premedication could  
835 potentially inhibit immune response to the vaccine.<sup>5</sup> The panel recognizes there is an important  
836 role for shared decision-making in discussing risk and benefits of vaccination, including options  
837 for both conservative and aggressive approaches to re-vaccination, given some patients may be  
838 reluctant to be re-vaccinated. Consultation with a clinician trained in the management of adverse  
839 reactions to vaccines, such as a board-certified allergist, can be beneficial in helping to assess  
840 and manage such patients, especially in determining the likelihood that a prior reaction was  
841 allergic and being able to differentiate between anaphylaxis or an immune-mediated reaction and  
842 an ISRR.<sup>33,61</sup>

843

844 Threshold agreement was achieved for the voting on these recommendations on the 1st round of  
845 voting (Table E3).

846

### 847 **Special Circumstances**

848 *Are patients with allergic co-morbidities more likely to have mRNA COVID-19 Vaccine*  
849 *Reactions?*

850 For persons with co-morbid allergic disease (including mast cell disorders or prior anaphylaxis to  
851 any food, medication, or vaccine) apart from a PEG, PS, or prior mRNA COVID-19 vaccine

852 reaction, we suggest against special precautions for mRNA COVID-19 vaccination, including  
853 needing specialist supervision.<sup>70</sup>

854

855 *How Should Patients with a History of an Allergic Reaction to a mRNA-COVID-19 Vaccine or*  
856 *Vaccine Excipient be Managed in Resource Limited Settings Where Allergy Consultation Is Not*  
857 *Available?*

858 In resource limited settings where allergy specialist referral is not readily available, alternative  
859 care models may be presented in a shared decision-making context to patients with a history of  
860 mRNA COVID-19 vaccine or excipient allergy in order to provide assessment and opportunity  
861 for vaccination by remote consultation, use of alternative vaccine products, or vaccination in any  
862 setting where patients can be monitored and treated for anaphylaxis to help avoid delay in  
863 vaccination.

864

865 *How Should Concerns About the Bivalent mRNA COVID-19 Vaccine, or Initial Reactions*  
866 *Occuring on Booster Doses be Managed?*

867 It is possible that someone may initially tolerate their first mRNA COVID-19 vaccine dose or  
868 doses and react to a subsequent dose. These scenarios and rates of reaction detailed herein  
869 would apply to the risk of reaction to any next dose if there is no history of reaction to any prior  
870 dose, and the risk of reaction to a subsequent dose if there is a reaction to the prior dose.

871

872 Please refer to the supplemental material for further discussion of special circumstances.

873

#### 874 **Limitations**

875 This document has several limitations. First, this guidance is limited to immediate allergic  
876 reactions occurring within the first four hours of mRNA COVID-19 vaccination. There are  
877 several delayed-onset symptoms that have been reported post-mRNA COVID-19 vaccination,  
878 including “Moderna Arm”, and unmasking or worsening of chronic urticaria.<sup>74-77</sup> These, as well  
879 as non-allergic post-vaccination complications such as myocarditis, dyspnea, Guillian Barre  
880 Syndrome, and vaccine-induced thrombocytopenia have been excluded from analysis and  
881 discussion in this guidance, as they fall outside the scope of the immediate post-vaccination  
882 period. Second, experience with vaccination/re-vaccination and skin testing persons with  
883 COVID-19 excipient allergy or a 1<sup>st</sup> dose reaction is limited, and the studies had heterogeneity  
884 in the testing methods which could have influenced the low pooled test sensitivity estimates.  
885 Third, these recommendations remain limited to the populations that have been studied. It is  
886 likely that some patients with first dose reactions opted to not receive a second dose, or were not  
887 studied, and there could be differences between the groups that pursued second dose vaccination  
888 and those who did not. The data from which the recommendations were formulated have come  
889 largely from US studies (some with high risk of bias), performed under allergist supervision at  
890 tertiary centers, and we acknowledge an information gap in managing these issues in low to  
891 middle income or resource-limited areas.<sup>5,8,9</sup> It is possible that recommendations may be made by  
892 an allergy specialist to direct another care provider who is actually administering the vaccine,  
893 which may not be acceptable to a clinician with less experience in these issues, resulting in  
894 modification to the stated recommendations in how to proceed with such patients. The Evidence  
895 to Decision Framework supplement provides a summary reflection of the evidence in the context  
896 of the clinical recommendation and helps balance the recommendations in light of these  
897 limitations and contexts where the options are highly preference-sensitive. Fourth, we re-



898 emphasize some recommendations are not intended to be carried out in *routine medical settings*  
899 (*e.g., non-allergy specialist setting such as a pharmacy or community vaccination center*).  
900 Some of these outlined approaches are intended to be performed in facilities staffed with  
901 personnel skilled and trained to be able to assess and treat an allergic reaction (e.g., epinephrine  
902 is available and staff are trained to recognize anaphylaxis and use epinephrine), and where it is  
903 possible to provide direct post-vaccination observation of patients for 15 minutes. Fifth, data on  
904 mRNA and non-mRNA COVID-19 vaccination continue to evolve, at times rapidly, and there  
905 are remaining questions and unmet needs that could not be answered in this document or at this  
906 time, which are summarized in table 4. Lastly, this document follows the Institute of Medicine  
907 standards for trustworthy clinical practice guidelines<sup>78</sup> (Table E5) with the exception of patient  
908 stakeholder and public involvement, given this was not an officially sponsored professional  
909 society document or practice parameter, but rather a broad medical expert consensus statement  
910 regarding an evidenced-based practice, who have incorporated their experiences in managing  
911 such patients, which was felt to reflect the input and preferences of those patients.

912  
913 The recommendations contained herein are based on GRADE-based evidence synthesis that  
914 underwent further evaluation through a large consensus of international experts. However, these  
915 should be considered and adapted within the context of patient care with a role for shared  
916 decision-making, which can be very individualized based on particular circumstances, in the  
917 setting of an evolving literature. Therefore, there may be individual situations or patients where,  
918 under a shared decision-making paradigm, the clinician may choose an alternative practice than  
919 outlined in this guidance. Table E6 summarizes the key points of the updated guidance.

## 920 921 **Conclusion**

922 This document provides an updated evidence-based expert international consensus stressing a  
923 patient-centered approach involving consideration of the risks and benefits of receiving mRNA  
924 COVID-19 vaccination in the setting of possible immediate allergic complications, applicable to  
925 initial doses and any subsequent booster doses. This will continue to be a living document that  
926 will require periodic updating due to still emerging needs assessment, including further research  
927 data on the nature of vaccine-associated reactions and the necessity of potential risk-assessment  
928 measures.

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Table 1: GRADE Recommendations

1. <b>What is the risk of COVID-19 vaccine anaphylaxis in a patient with no history of anaphylaxis to a COVID-19 vaccine or its excipients?</b>	1a. For patients with no history of a previous allergic reaction to a COVID-19 vaccine or its excipients, the risk of first-dose COVID-19 vaccine-induced anaphylaxis is exceptionally low, and we recommend vaccination over either no vaccination or vaccine deferral.	Strong	High
	1b. For patients with a history of a severe allergic reaction, including anaphylaxis, unrelated to a mRNA COVID-19 vaccine or vaccine excipient, we suggest against additional post-vaccination observation beyond standard wait time (e.g., 15 minutes).	Conditional	Low
2. <b>In patients without a history of anaphylaxis to a mRNA COVID-19 vaccine or its excipients, should allergy skin testing to mRNA COVID-19 vaccines or its excipients be performed prior to initial mRNA COVID-19 vaccination?</b>	2. For patients without a history of an immediate allergic to a mRNA COVID-19 vaccine or its excipients, we recommend against vaccine or vaccine excipient testing to predict the rare individual who will have a severe allergic reaction to a vaccine dose.	Strong	Low
3. <b>Can additional supervised doses of mRNA COVID-19 vaccines be administered to a patient who had an immediate allergic reaction of any severity following the 1st vaccine dose?</b>	3. We recommend that individuals who had an immediate allergic reaction of any severity to their 1st mRNA COVID-19 vaccine dose can receive additional doses, and those with a history of an immediate allergic reaction of any severity to its excipients can receive either their initial or additional mRNA COVID-19 vaccine doses.	Strong	Moderate
4. <b>In a patient with a history of an immediate allergic reaction of any severity to a previous mRNA COVID-19 vaccine or its excipients, should allergy skin testing to mRNA COVID-19 vaccines or their excipients be performed to determine if a future dose of vaccine should be withheld?</b>	4. For individuals with a history of an immediate allergic reaction to a mRNA COVID-19 vaccine or its excipients, we recommend against performing skin testing using any mRNA-COVID-19 vaccine or its excipients for the purpose of risk assessment to determine if they should receive a vaccine dose.	Strong	Moderate
5. <b>In a patient with a history of an immediate allergic reaction of any severity to a previous mRNA COVID-19 vaccine or its excipients, what is the most appropriate setting for these individuals to receive their vaccination?</b>	5. We suggest referral to an allergist (or other clinician with expertise in the management of vaccine allergy and allergic reactions) for assessment and supervised vaccination of such individuals for their initial dose, or for the subsequent dose after a reaction to a prior dose.	Conditional	Moderate
6. <b>Should a patient with a history of an immediate allergic reaction to the vaccine or vaccine excipient be pre-medicated prior to receiving their vaccine to prevent a severe allergic reaction?</b>	6. We suggest against routine H1-antihistamine or systemic corticosteroid pre-medication prior to vaccination to prevent anaphylaxis.	Conditional	Low
7. <b>Should a patient with a history of an immediate allergic reaction to the vaccine or vaccine excipient receive their vaccine as a graded dose rather than a single dose?</b>	7. We suggest against graded dosing or stepwise desensitization compared to a single dose.	Conditional	Low

Abbreviations: mRNA COVID-19= messenger RNA; mRNA COVID-19= messenger RNA coronavirus disease of 2019 vaccine

Summary of GRADE recommendations regarding the management of primary COVID-19 vaccination and mRNA-COVID-19 re-vaccination in persons with a known or suspected history of allergy to the vaccine excipients (primary, re-vaccination) or to the vaccine (re-vaccination)

Table 2: GRADE Certainty of Evidence Table for Questions Regarding Reaction Incidence

For Questions Related to Reaction Rates		Certainty assessment						Effect			Certainty	Importance
Question/Outcome Assessed	No of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	No of events	No of individuals	Rate (95% CI)		
Question 1: What is the risk of COVID-19 vaccine anaphylaxis in a patient with no history of anaphylaxis to a COVID-19 vaccine or its excipients	47	observational studies and RCTs	Not serious	not serious <sup>a,b</sup>	not serious	not serious	none	674 (208) <sup>c</sup>	57,089,598 (41,018,326) <sup>c</sup>	event rate <sup>c</sup> 7.91 per 1,000,000 (4.02 to 15.59)	⊕⊕⊕⊕ HIGH	CRITICAL
Question 3: Can additional supervised doses of mRNA COVID-19 vaccines be administered to a patient who had an immediate allergic reaction of any severity following the 1st dose of the vaccine?												
a) What is the incidence of anaphylaxis to a second SARS-CoV-2 vaccination in persons who had an allergic reaction to their first dose	22	Case studies and case reports	Not serious <sup>d</sup>	Not serious	Not serious	Not serious	Large effect of tolerating and Residual confounding would suggest an effect of reacting when none was detected <sup>e</sup>	6	1366	0.16% (0.01% to 2.91%)	⊕⊕⊕○ MODERATE	CRITICAL
b) What is the incidence of anaphylaxis to a second SARS-CoV-2 vaccination in persons who had an anaphylaxis to their first dose	17	Case studies and case reports	Not serious <sup>d</sup>	Not serious	Not serious	Not serious <sup>f</sup>	Large effect of tolerating and Residual confounding would suggest an effect of reacting when none was detected <sup>e,f</sup>	4	78	4.94% (0.93% to 22.28%)	⊕⊕○○ LOW	CRITICAL
c) What is the incidence of mild allergic symptoms to a second SARS-CoV-2 vaccination in persons who had an allergic reaction to their first dose	22	Case studies and case reports	Not serious <sup>d</sup>	Not serious	Not serious	Not serious	Large effect of tolerating and Residual confounding would suggest an effect of reacting when none was detected <sup>e</sup>	232	1366	13.5% (7.66% to 22.27%)	⊕⊕⊕○ MODERATE	CRITICAL

Abbreviations: COVID-19=coronavirus disease of 2019; SARS Co-V 2: severe acute respiratory syndrome novel coronavirus 2; CI=confidence interval; mRNA COVID-19= messenger RNA coronavirus disease of 2019 vaccine

a. Non-adjudicated rates yield estimates that are higher than adjudicated ones by about 5-fold.

b. One adjudicated study yielded a markedly higher estimate than all others. It also was the only study that was not a national pharmacovigilance study. Though it contributed to some heterogeneity, it was not felt that this was so serious to rate down for inconsistency because the (1) estimate of effect was still rare, (2) excluding this study, yielding a pooled estimate of 6.43 (3.57-11.56) events per million doses was not importantly different in terms of rarity, (3) that this study was balanced by other studies with 0 events, and (4) visual inspection did not reveal serious inconsistency.

c. Values in parentheses are data restricted to studies with 20,000 or more doses.

d. Risk of bias addressed in subgroup and sensitivity analyses

e. A history of allergic reaction to previous COVID vaccination was a priori thought to guarantee a reaction to repeated doses, but far fewer than all individuals that received the second dose had an allergic reaction or anaphylaxis. Further, those being revaccinated, after an initial allergic reaction, would be at higher likelihood to be intensely monitored for any possible allergic reaction, whereas those without any history of an allergic reaction would not be.

f. Imprecision in width of CIs and total sample size sufficient to prevent rating up certainty for considerations of residual confounding, but not to rate down; the qualitative effect of the incidence of repeat anaphylaxis being not very high (eg. 100%) is more certain than the quantitative estimate of a mean of 4.94%.

GRADE summary of the certainty of evidence for questions 1 and 3, which deal with the prevalence of first dose (all COVID-19 vaccine types) and incidence of second dose (mRNA-COVID-19 vaccine only) presumed allergic reactions.

For Questions Related to Diagnostic Testing Question/Outcome Assessed	No of studies (No of patients)	Study design	Factors that may decrease certainty of evidence					Effect per 1,000 patients tested			Test accuracy CoE
			Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability 0.001%	pre-test probability 1%	pre-test probability 10%	
<b>Question 2:</b> In patients without a history of anaphylaxis to a mRNA COVID-19 vaccine or its excipients, should allergy skin testing to mRNA COVID-19 vaccines excipients be performed prior to initial mRNA vaccination? Sn: 0.59 (95%CI 0.44 to 0.72), Sp: 0.99 (95%CI 0.98 to 1.00) Prevalence : 0.001%, 1%, 10%											
<b>True positives</b> (patients with excipient allergy)	15 studies 296 patients	cohort & case-control type studies	serious <sup>a</sup>	serious <sup>b</sup>	Not serious <sup>c</sup>	Not serious <sup>d</sup>	Publication bias strongly suspected all plausible residual confounding would reduce the demonstrated effect	0 (0 to 0)	6 (1 to 8)	64 (5 to 76)	⊕⊕○○ LOW
<b>False negatives</b> (patients incorrectly classified as not having excipient allergy)								0 (0 to 0)	4 (2 to 9)	36 (24 to 95)	
<b>True negatives</b> (patients without excipient allergy)								995 (977 to 999)	985 (967 to 989)	896 (879 to 899)	
<b>False positives</b> (patients incorrectly classified as having excipient allergy)								5 (1 to 23)	5 (1 to 23)	4 (1 to 21)	
<b>Question 4:</b> In a patient with a history of an immediate allergic reaction of any severity to a previous mRNA COVID-19 vaccine or its excipients, should allergy skin testing to mRNA COVID-19 vaccines or their excipients be performed to determine if a future dose of vaccine should be withheld? <b>For any testing agent, combined:</b> Sn: 0.03 (95%CI 0.00-0.08) Sp: 0.98 (95%CI 0.95 -1) Prevalence 2 <sup>nd</sup> dose reaction: 0.16%											
<b>True positives</b> (vaccine allergic)	20 studies 93 patients	cohort & case series	not serious	not serious	not serious	serious <sup>e</sup>	none	Pre-test probability 0.16%			⊕⊕⊕○ Moderate
<b>False negatives</b> (misclassified not allergic)								0 (0 to 0)	2 (2 to 2)		
<b>True negatives</b> (not vaccine allergic)	20 studies 485 patients	cohort & case series	not serious	not serious	not serious	serious <sup>e</sup>	none	Pre-test probability 0.16%			⊕⊕⊕○ Moderate
<b>False positives</b> (misclassified vaccine allergic)								976 (944 to 996)	22 (2 to 54)		
<b>For either mRNA vaccine agent:</b> Sn: 0.2(95%CI 0.01-0.52) Sp: 0.97(95%CI 0.9-1) Prevalence 2 <sup>nd</sup> dose reactions: 0.16%											
<b>True positives</b> (vaccine allergic)	14 studies 14 patients	cohort & case series	not serious	not serious	not serious	very serious <sup>f</sup>	none	Pre-test probability 0.16%			⊕⊕○○ Low
<b>False negatives</b> (misclassified not allergic)								0 (0 to 0)	2 (2 to 2)		
<b>True negatives</b> (not vaccine allergic)	14 studies 103 patients	cohort & case series	not serious	not serious	not serious	very serious <sup>f</sup>	none	Pre-test probability 0.16%			⊕⊕⊕○ Moderate
<b>False positives</b> (misclassified vaccine allergic)								964 (854 to 998)	34 (0 to 144)		
<b>For polyethylene glycol:</b> Sn: 0.02 (95%CI 0-0.07) Sp: 0.99 (95%CI 0.95-1) Prevalence 2 <sup>nd</sup> dose reactions: 0.16%											
<b>True positives</b> (vaccine allergic)	19 studies 46 patients	cohort & case series	not serious	not serious	not serious	serious <sup>e</sup>	none	Pre-test probability 0.16%			⊕⊕⊕○ Moderate
<b>False negatives</b> (misclassified not allergic)								0 (0 to 0)	2 (2 to 2)		
<b>True negatives</b> (not vaccine allergic)	19 studies 251 patients	cohort & case series	not serious	not serious	not serious	serious <sup>e</sup>	none	Pre-test probability 0.16%			⊕⊕⊕○ Moderate
<b>False positives</b> (misclassified vaccine allergic)								985 (947 to 998)	13 (0 to 51)		
<b>For polysorbate:</b> Sn: 0.03 (95%CI 0-0.11) Sp: 0.97 (95%CI 0.91-1) Prevalence 2 <sup>nd</sup> dose reactions: 0.16%											
<b>True positives</b> (vaccine allergic)	13 studies 33 patients	cohort & case series	not serious	not serious	not serious	serious <sup>e</sup>	none	Pre-test probability 0.16%			⊕⊕⊕○ Moderate
<b>False negatives</b> (misclassified not allergic)								0 (0 to 0)	2 (2 to 2)		

For Questions Related to Diagnostic Testing Question/Outcome Assessed	No of studies (No of patients)	Study design	Factors that may decrease certainty of evidence					Effect per 1,000 patients tested			Test accuracy CoE
			Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability 0.001%	pre-test probability 1%	pre-test probability 10%	
<b>True negatives</b> (not vaccine allergic)	13 studies 131 patients	cohort & case series						968 (914 to 998)			
<b>False positives</b> (misclassified vaccine allergic)								30 (0 to 84)			

Explanations: a. These were all case reports, with non-random selection of cases and controls; b. Challenges to the agents were not performed to confirm accuracy of the testing; c. Different agents and methods were used for testing and reported positives from these tests; d. Low numbers of cases were tested to derive these estimates. Bias is suspected as authors are more likely to report

Abbreviations: CI=credibility interval; mRNA COVID-19= messenger RNA coronavirus disease of 2019 vaccine; Sn=sensitivity; Sp=specificity; CoE=certainty of evidence

GRADE summary of the certainty of evidence for questions 2 and 4 which pertain to the diagnostic accuracy (sensitivity, specificity) of vaccine excipient testing as a screening measure prior to receiving an initial mRNA COVID-19 vaccine in persons without a history of allergic reaction to the vaccine or its excipients (question 2), or testing to either mRNA COVID-19 vaccine or the vaccine excipients in persons with a history of a reaction to an initial mRNA COVID-19 vaccine (question 4), as a means of predicting an allergic reaction to the vaccine dose.

Table 4: Prior Knowledge Gaps and Unmet Needs Regarding COVID-19 Vaccination and Risk of Allergic Reactions

<b>Knowledge Gaps</b>	<b>Current Knowledge</b>
Definitive identification of an immunologic mechanism for reactions	Appears non-IgE mediated in most cases, and may involve Immune Stress Response Reactions (ISRR), though the precise mechanism remains unclear <sup>61</sup>
Determination of a known excipient(s) as an allergen	Unlikely to be anti-PEG and/or Polysorbate IgE in most cases <sup>8,17, 32</sup>
Determination of risk for receiving COVID-19 vaccines containing an excipient to which a recipient is allergic	Likely low, based on study of PEG-asparaginase allergic children, and documented PEG allergic individuals given polysorbate or PEG2000 containing vaccine <sup>57-60</sup>
Determination of risk in receiving a 2 <sup>nd</sup> dose of a COVID-19 vaccine after an allergic reaction to the 1 <sup>st</sup> dose	Risk of a severe allergic reaction upon re-vaccination is 0.16%; risk of a repeat severe allergic reactions is 4.9%; risk of non-severe symptoms is 13%. <sup>9</sup>
Establish testing sensitivity, specificity, and reliability for use of the vaccine and/or vaccine excipients as a testing reagent	Meta-analysis of test sensitivity for PEG is 2%, for Polysorbate is 3%, for either mRNA vaccine is 19%, and combined for any agent is 3% <sup>8</sup>
Accurate determination of the incidence of allergic reactions, including anaphylaxis	Adjudicated severe allergic reaction rate is 7.91 reactions per million doses; this may be an overestimate as features of ISRR can be classified as anaphylaxis under Brighton criteria <sup>5</sup>
Identification of potential risk factors associated with immediate or delayed reactions	Studies in process which may better determine if allergic co-morbidity, atopy or underlying mast-cell disease increases risk, though the low overall baseline probability of anaphylaxis to the vaccine may complicate such efforts ( <a href="http://www.clinicaltrials.gov">www.clinicaltrials.gov</a> , NCT04761822)
Effectiveness of testing or how test results influence vaccination hesitancy	Testing appears unnecessary and not predictive of vaccination outcomes or safety <sup>8</sup>
Effectiveness of single versus graded/split dosing for risk-assessment	From data of meta-analysis of 2 <sup>nd</sup> dose reactions, there was no difference in 2 <sup>nd</sup> dose outcomes if the 2 <sup>nd</sup> dose was given as a single or a 2-step graded dose <sup>8, 10</sup>
Necessity of additional post-vaccination observation time for risk-assessment	For patients with a reaction history, a 30-minute observation time is recommended, but not been proven safer than standard wait times, and longer wait time is not cost-effective <sup>5</sup>
Efficacy of mixed vaccine platform schedule	Studies in process, but this regimen appears unnecessary based on allergic risk
Stability of graded /split dosing for mRNA vaccines	Stable for this purpose, but no difference in allergic outcomes if given as single or 2-step graded dose <sup>8,10,62, 63</sup>
Determination of durable immunity conferred by 1 <sup>st</sup> dose of a vaccine to assist in determining risk/reward of additional doses	At least 3 doses are necessary for full immunity; yearly (or potentially more frequent) boosters being proposed. However, estimation of how effective subsequent doses are at providing protection against disease contraction and severe complications is evolving. No concern for immediate severe allergic safety signals have been noted with these additional doses after the primary series. ( <a href="https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html">https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html</a> )
<b>Unmet Needs</b>	<b>Progress to Date</b>
Consensus on reporting standards for anaphylaxis related to vaccines (Brighton Collaboration Criteria vs. NIAID or WAO criteria)	Update to the Brighton Collaboration Criteria published in 2022 <sup>31</sup>
Development of an active surveillance system for vaccine reactions	No published progress
Preparedness and training of personnel at vaccination clinics to properly identify and treat potential anaphylaxis.	Anaphylaxis awareness efforts are ongoing
Consideration for use of placebo dosing, under a shared decision-making paradigm, for determining validity of a reaction in patients with underlying anxiety	Clinical trial underway. The AAAAI/ACAAI Allergy Joint Task Force 2022 Drug Allergy Practice Parameter <sup>79</sup> discusses similar use of placebo dosing for administering drugs in which there is a reported past allergic reaction. ( <a href="http://www.clinicaltrials.gov">www.clinicaltrials.gov</a> , NCT04761822)
Assessment of vaccine or excipient reactions in resource poor settings (e.g., rural, low/middle income countries)	No published progress. Knowledge gap as to what rate of reactions may be acceptable in such settings vs. what would be tolerated or handled in settings with better resources

Abbreviations: COVID-19=coronavirus disease of 2019; mRNA COVID-19= messenger RNA coronavirus disease of 2019 vaccine; PEG=polyethylene glycol; mRNA=messenger RNA; NIAID=National Institutes of Allergy and Infectious Diseases; WAO=World Allergy Organization; AAAAI=American Academy of Allergy Asthma and Immunology; ACAAI=American College of Allergy Asthma and Immunology; ISRR: Immune Stress Response Reaction

Summary of unmet needs and knowledge gaps regarding the diagnosis, management, and risk of allergic reactions to mRNA COVID-19 vaccines.

## Figures and Legends

Figure 1: Incidence of Adjudicated Anaphylaxis Reported in Association with COVID-19 Vaccination

Legend: Internationally reported adjudicated rates of anaphylaxis to initial doses of mRNA COVID-19 vaccines. Published from reference 5 with permission.

Figure 2: Pooled incidence of immediate allergic reactions of any severity to a 2<sup>nd</sup> mRNA COVID-19 vaccine dose among persons who had an immediate allergic reaction to their 1<sup>st</sup> mRNA COVID-19 vaccine dose.

Legend: Pooled incidence for (A) severe 2<sup>nd</sup> dose reactions; (B) non-severe 2<sup>nd</sup> dose reactions; and (C) repeat severe reactions. Adapted and modified from reference 9.

Figure 3: Sensitivity and Specificity of mRNA COVID-19 Vaccine or Vaccine Excipient Skin Testing to Evaluate the Risk of a Second Dose Reaction

Legend: Forrest plot of the sensitivity and specificity for (A) the combined analysis of skin testing to polyethylene glycol, polysorbate, or either mRNA COVID-19 vaccine; (B) skin testing to either mRNA COVID-19 vaccine. Published from reference 8 with permission.

Figure 4: Sensitivity and Specificity of mRNA COVID-19 Vaccine Excipient Skin Testing to Evaluate the Risk of a Second Dose Reaction

Legend: Forrest plot of the sensitivity and specificity for the (A) polyethylene glycol or (B) polysorbate in predicting the risk of a 2<sup>nd</sup> dose immediate allergic reaction to a mRNA COVID-19 vaccine. Published from reference 8 with permission.

Figure 1:

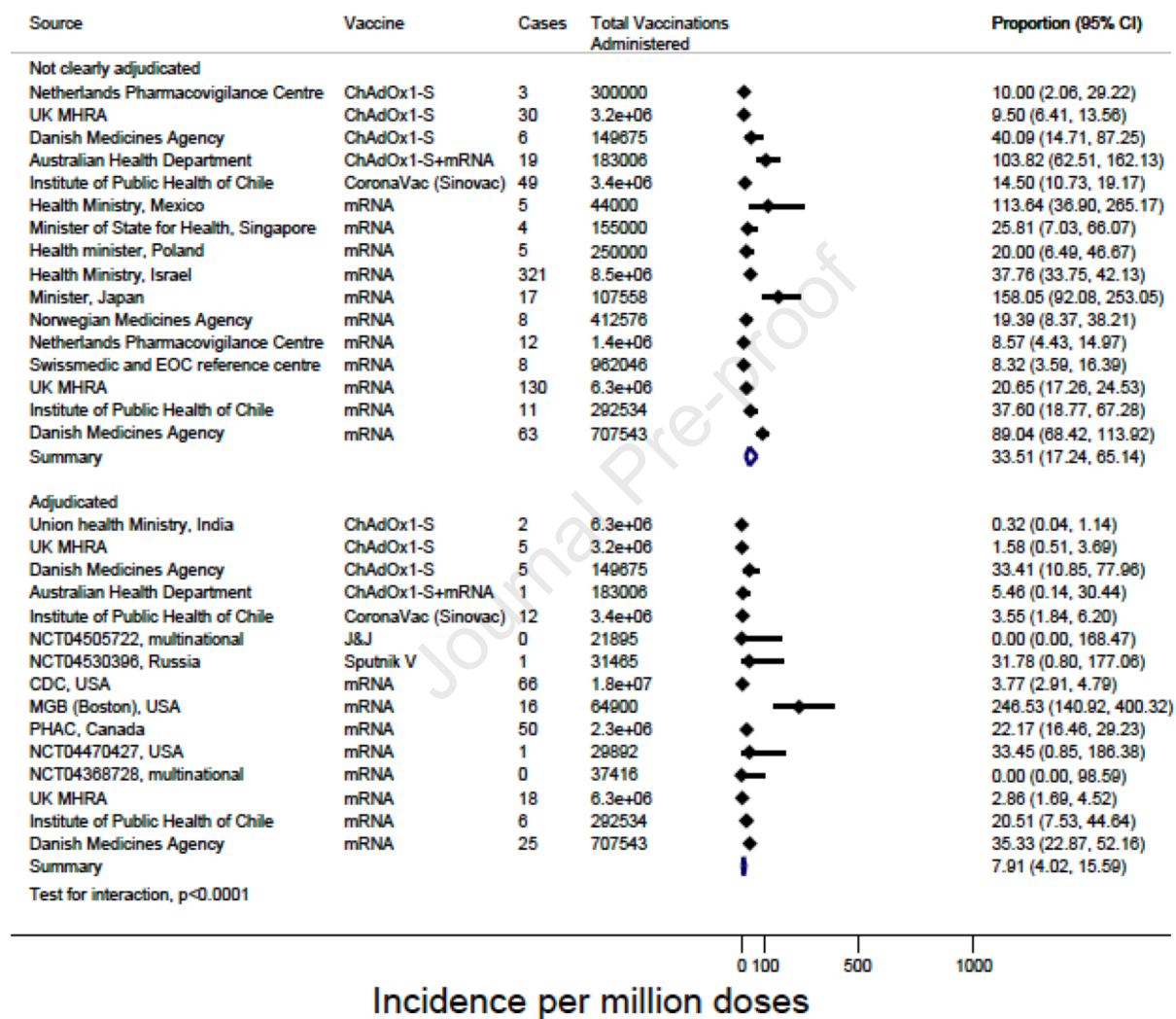
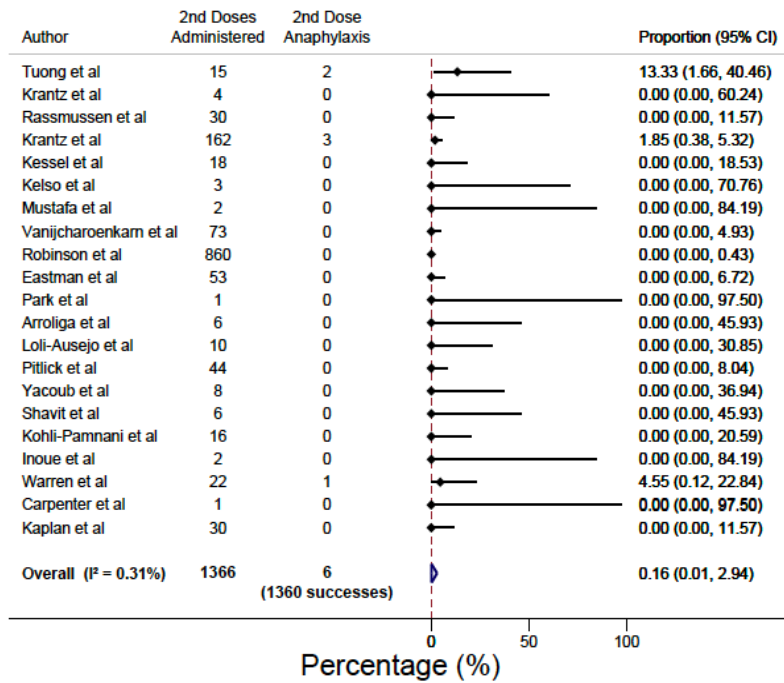
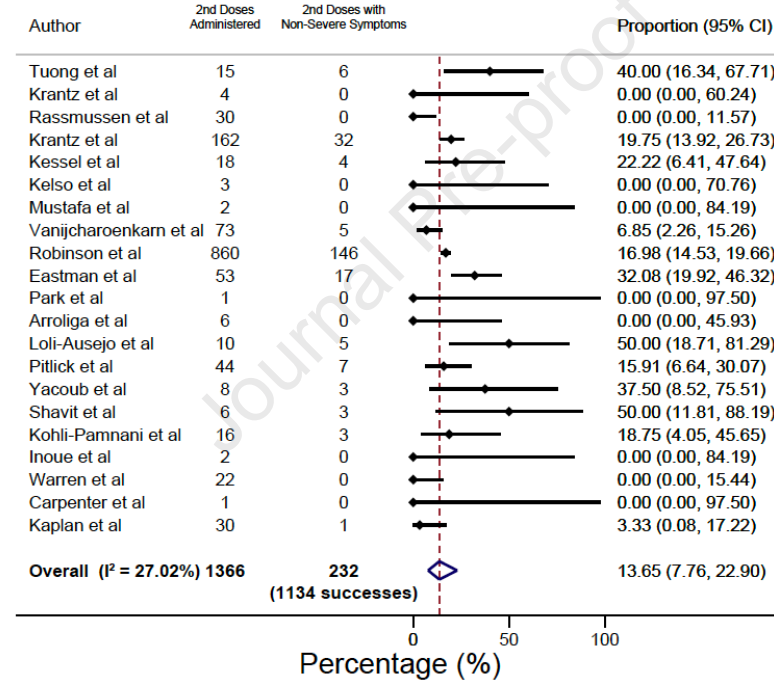


Figure 2

A



B



C

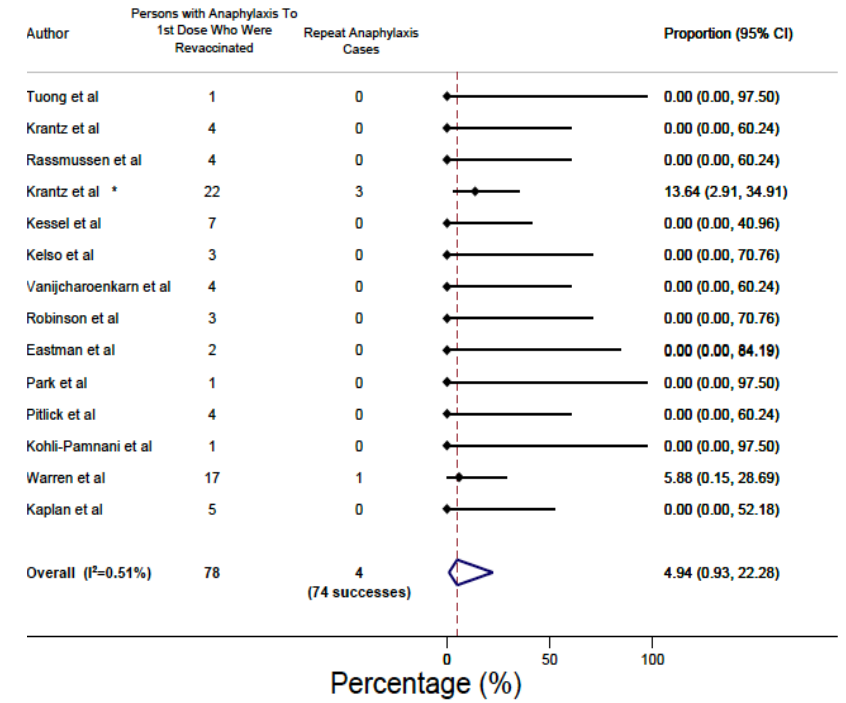
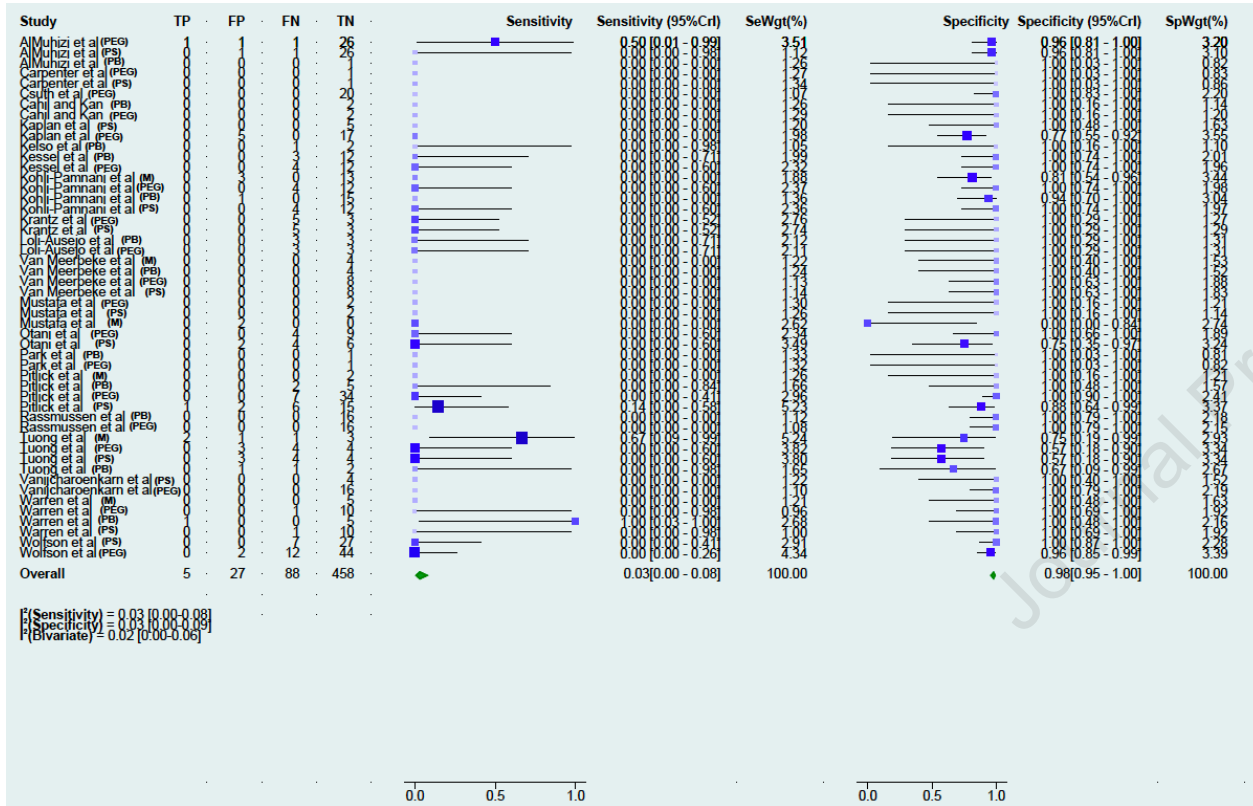




Figure 3

A



B

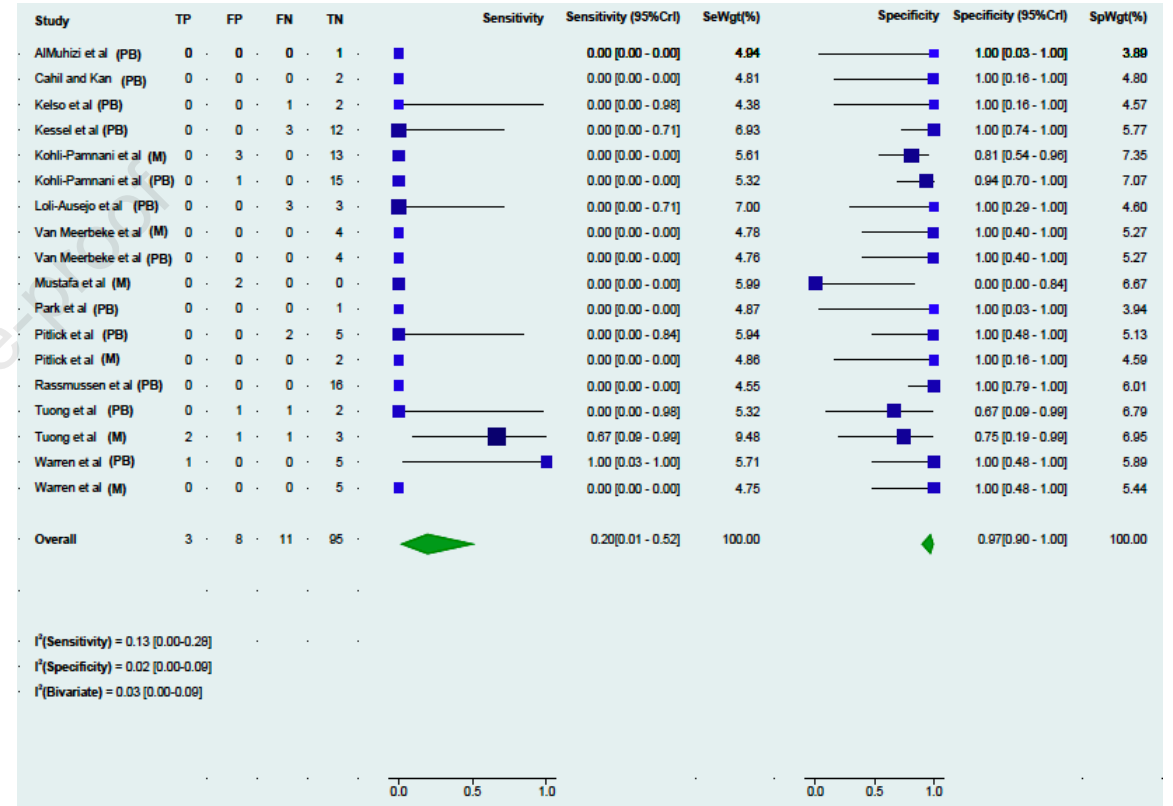
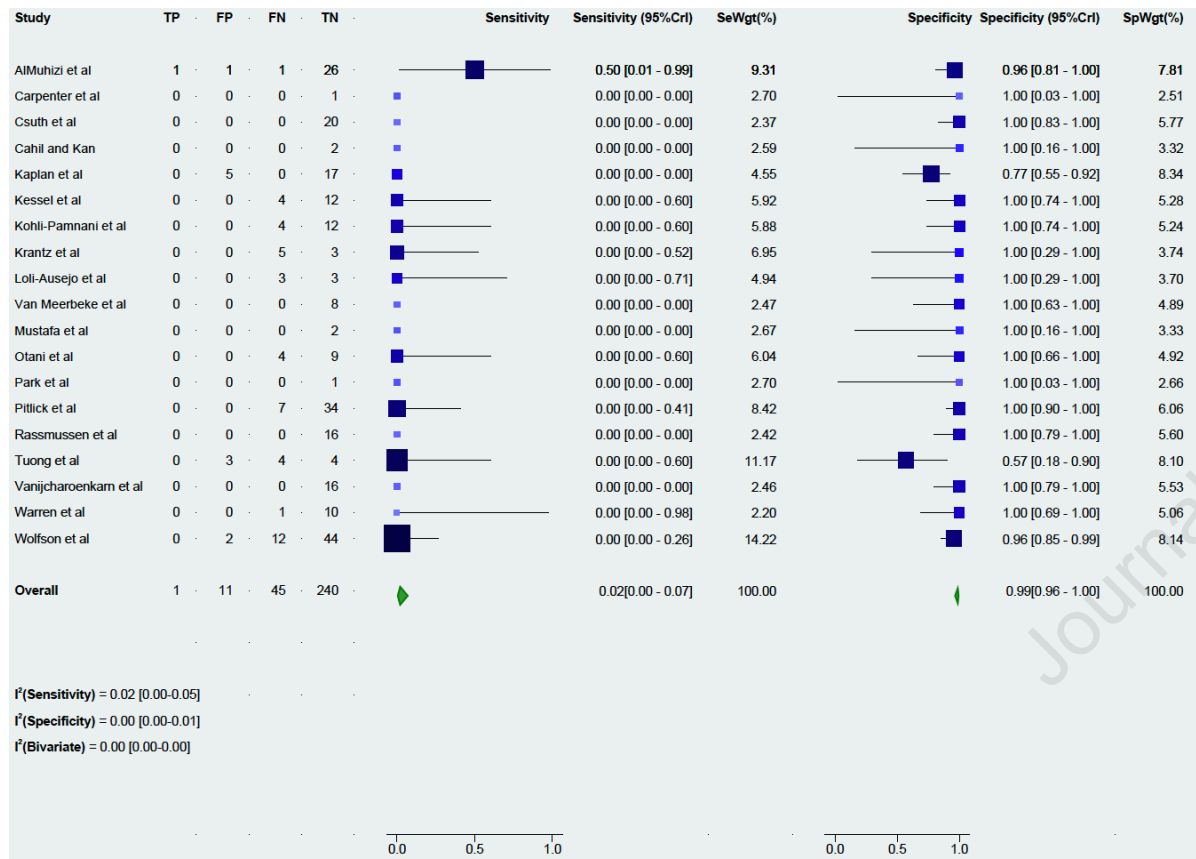


Figure 4

A



B

