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1 Physics-informed UNets for Discovering Hidden
2 Elasticity in Heterogeneous Materials

3

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12

13 **Abstract**

14 Soft biological tissues often have complex mechanical properties due to variation in structural
15 components. In this paper, we develop a novel UNet-based neural network model for inversion in
16 elasticity (EI-UNet) to infer the spatial distributions of mechanical parameters from strain maps as input
17 images, normal stress boundary conditions, and domain physics information. We show superior
18 performance – both in terms of accuracy and computational cost – by EI-UNet compared to fully-
19 connected physics-informed neural networks in estimating unknown parameters and stress distributions
20 for isotropic linear elasticity. We characterize different variations of EI-UNet and propose a self-adaptive
21 spatial loss weighting approach. To validate our inversion models, we performed various finite-element
22 simulations of isotropic domains with heterogenous distributions of material parameters to generate
23 synthetic data. EI-UNet is faster and more accurate than the fully-connected physics-informed
24 implementation in resolving the distribution of unknown fields. Among the tested models, the self-
25 adaptive spatially weighted models had the most accurate reconstructions in equal computation times.
26 The learned spatial weighting distribution visibly corresponded to regions that the unweighted models
27 were resolving inaccurately. Our work demonstrates a computationally efficient inversion algorithm for
28 elasticity imaging using convolutional neural networks and presents a potential fast framework for three-
29 dimensional inverse elasticity problems that have proven unachievable through previously proposed
30 methods.

31 Keywords: model-based elastography, elasticity imaging, deep learning, tissue biomechanics

32 1 Introduction

33 Elasticity imaging is a technique to reconstruct the spatial distribution of mechanical properties
34 using available deformation and force measurements. The mathematical problem in quasi-static elasticity
35 imaging is inherently ill-posed because the stress distribution inside the domain cannot be measured.
36 Many experimental, theoretical, and numerical studies over the past three decades have tackled this topic,
37 and various methods have been introduced to solve the inverse problem [1,2].

38 In recent years, methods that employ neural networks with physics-based loss functions to solve
39 inverse problems have become popular [3–7]. In these methods, fully connected feed forward networks
40 estimate mechanical parameters (and stress fields) by taking spatial coordinates as inputs. The outputs are
41 then placed in respective physical equations to construct physics-based loss functions. In the context of
42 material identification in mechanics, static equilibrium equations (or more generally balance of linear
43 momentum equations) contain partial derivatives of mechanical stress, physics-informed neural networks
44 (PINN) methods use automatic differentiation to compute these partial derivatives [3,4,6–9] or alternative
45 methods such as convolution kernels to model the equilibrium [5,10]. These studies have introduced
46 strategies regarding modified loss [9], collocation and boundary points sampling [8,11], dimensionless
47 posing of equations [7] and other innovations that have advanced the field in various ways.

48 Fully-connected networks are not the most efficient choice for learning from spatially structured
49 data [12]. This type of data, which includes data acquired from most imaging modalities, is arranged in a
50 way that preserves the spatial relationships between the different data points. While fully connected
51 approaches are highly expressive and powerful in learning complex nonlinear relationships between
52 inputs and outputs, they take a long time to learn complex spatial patterns [7]. In addition, they become
53 increasingly costly to train for deep networks or large datasets. Convolutional neural networks (CNNs),
54 on the other hand, are best suited for tasks that require processing spatially structured data by sharing

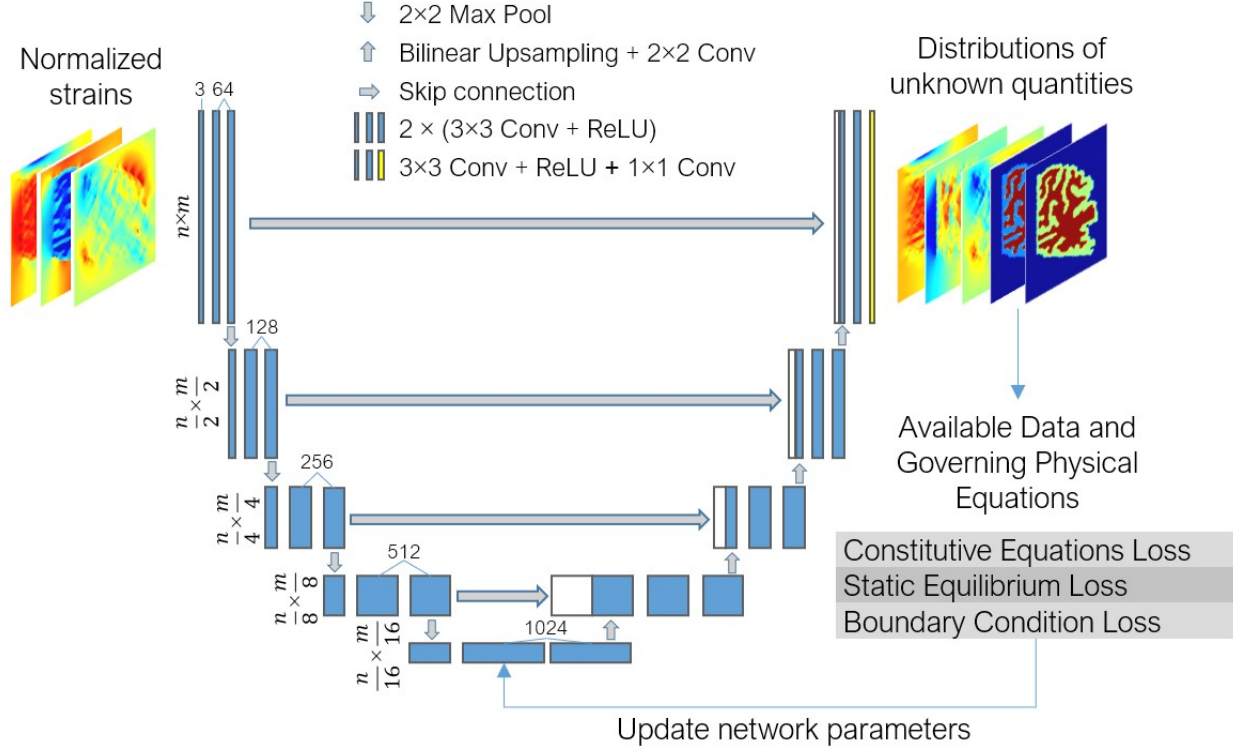
55 weights and pooling layers for different regions of the image or volume. These networks seem particularly
56 promising to infer the nonlinear transformation between, say, strain distributions and elasticity parameter
57 fields by satisfying the governing physical equations.

58 Several studies have already demonstrated the power of physics-informed models with CNNs and
59 UNet structures (encoder-decoder CNN with skip connections between the encoder and decoder paths) in
60 applied mathematics, physics, and engineering applications. These models leverage the trainability of
61 these image-to-image networks as operators on spatially structured input data. Physics-informed UNets
62 have been used as a super-resolution tool conserving equilibrium constraints from low-resolution
63 simulated solid mechanics loadings [13]. Surrogate modeling is another area where CNNs [14], UNets
64 [15] a combination of multi-task learning and attention UNets [16], generative adversarial networks
65 (GANs) [17–19], and deep neural operators and convolutional autoencoders [20] have been employed to
66 solve multiple forward problems and generalize to new input information, aid in learning from sparse
67 training data, or denoising and regularization. UNets have also shown great efficiency in learning directly
68 from physics data when coupled with vision transformers [21], or for identification of elasticity
69 distribution and denoising in ultrasound elastography [19]. These examples show the versatility of this
70 type of network in image-to-image tasks in scientific machine learning. To the best of our knowledge,
71 UNets have not been used to directly solve inverse problems in elasticity using only physics constraints.

72 Elasticity imaging inverse methods need relevant benchmarking examples to evaluate their
73 performance in reconstruction of material parameter fields. These examples often involve circular or
74 elliptical shapes embedded in a uniform background, replicating tumorous tissue behavior [6,22,23].
75 However, more complex and biologically relevant spatial distributions can demonstrate the robustness of
76 these inverse methods more comprehensively and present them as potential tools for characterization of
77 tissues across multiple scales. Brain tissue is comprised of many tissue subtypes with varying material
78 properties as well as complex geometrical patterns [24–26], rendering it an excellent benchmarking

79 example. Furthermore, reliable mechanical characterization of the brain is crucial in clinical decision
80 making and informing models of extremely important health issues such as traumatic brain injury and
81 surgical planning [27,28].

82 We present EI-UNet, an inversion physics-based neural network model based on the UNet encoder-
83 decoder structure, to solve inverse problems in linear elasticity. Our model solves the material parameter
84 and stress distributions by taking normalized strain distributions as input images and boundary and
85 domain physics information for loss function. We propose several EI-UNet implementations, including
86 two with self-adaptive spatial loss weighting methods, and compare how they affect accuracy in space-
87 dependent estimation of isotropic linear elasticity parameters in a heterogeneous 2D example. We also
88 demonstrate how these models perform compared to the fully connected (dense) PINN implementation
89 under equal circumstances. We show the performance of the models in estimating material parameters on
90 three embedded brain tissue examples with distinct assignment of elastic modulus and Poisson's ratio for
91 white matter, gray matter, and the background. The examples differ in whether the background region is
92 stiffer or softer than the brain, existence of tumor, and noisy strain input. These benchmarking examples
93 reveal the robustness of the various tested models against various characterization scenarios.



94
 95 Figure 1. General overview of UNet for inversion in elasticity (EI-UNet) implementation. Spatial distributions of
 96 strains are fed as three input channels (ϵ_{xx} , ϵ_{yy} , and ϵ_{xy}) to the UNet. The encoder-decoder network is five levels
 97 deep, increasing in number of channels from 64 in the shallowest level to 1024 in the deepest level on both the
 98 encoder and decoder sides. The final stage has two or five output channels, depending on whether only material
 99 parameters or both material parameters and stress terms are outputted. The network outputs enter physical and
 100 boundary mean squared error loss equations and the Adam optimizer acts on the sum of the loss functions and
 101 updates the network parameters. This loop is repeated until training finishes.

102 2 Methods

103 2.1 Isotropic Formulation

104 The elasticity equation in index notation is written as:

$$105 \sigma_{ij} = C_{ijlm} \epsilon_{lm} \quad (0)$$

106 where σ and ϵ are the stress and strain tensors, respectively and C is the stiffness matrix. For

107 isotropic linear elasticity in two dimensions, the equations reduce to

$$108 \begin{pmatrix} \sigma_{xx} \\ \sigma_{yy} \\ \sigma_{xy} \end{pmatrix} = \begin{bmatrix} 2\mu + \lambda & \lambda & 0 \\ \lambda & 2\mu + \lambda & 0 \\ 0 & 0 & \mu \end{bmatrix} \begin{pmatrix} \epsilon_{xx} \\ \epsilon_{yy} \\ 2\epsilon_{xy} \end{pmatrix} \quad (0)$$

109 where λ and μ are the Lamé parameters [29]. Elastic modulus and Poisson's ratio for a plane strain
 110 problem can be derived from the Lamé parameters using:

$$E = \frac{\mu(3\lambda + 2\mu)}{\lambda + \mu}, \nu = \frac{\lambda}{2(\lambda + \mu)}. \quad (0)$$

111 For plane stress assumptions, the following conversion should be applied when solving the inverse
 112 problem:

$$E_{plane\ stress} = \frac{E_{plane\ strain}}{1 - \nu_{plane\ strain}^2}, \nu_{plane\ stress} = \frac{\nu_{plane\ strain}}{1 - \nu_{plane\ strain}^2}. \quad (0)$$

113 The static equilibrium equations after neglecting body forces in the system reduce to

$$\frac{\partial \sigma_{xx}}{\partial x} + \frac{\partial \sigma_{xy}}{\partial y} = 0, \quad \frac{\partial \sigma_{xy}}{\partial x} + \frac{\partial \sigma_{yy}}{\partial y} = 0. \quad (0)$$

114 We implement a dimensionless variation of the above equations in the inversion algorithm and use mean
 115 dimensions of the geometry (l_0) and maximum normal stress on the traction boundary (σ_0) as reference
 116 characteristic scales. Therefore Equations 2 and 5 can be written as:

$$\begin{aligned} S_{xx} &= (2M + A)\varepsilon_{xx} + A\varepsilon_{yy} \\ S_{yy} &= (2M + A)\varepsilon_{yy} + A\varepsilon_{xx} \\ S_{xy} &= 2M\varepsilon_{xy} \end{aligned} \quad (0)$$

$$\begin{aligned} \frac{\partial S_{xx}}{\partial X} + \frac{\partial S_{xy}}{\partial Y} &= 0 \\ \frac{\partial S_{xy}}{\partial X} + \frac{\partial S_{yy}}{\partial Y} &= 0. \end{aligned} \quad (0)$$

117 where the upper-case letters denote dimensionless values. In-depth details regarding the dimensionless
 118 approach can be found in our previous publication [7].

119 2.2 Finite Element Simulation

120 We performed a finite element simulation of brain slice under tensile loading, as detailed in our
 121 previous work [7]. In brief, we collected a T1-weighted image of a 28-year-old male subject in a 3.0 Tesla
 122 MRI Scanner (Skyra, Siemens Healthcare, Germany) and a 32-channel head coil (human subject imaging

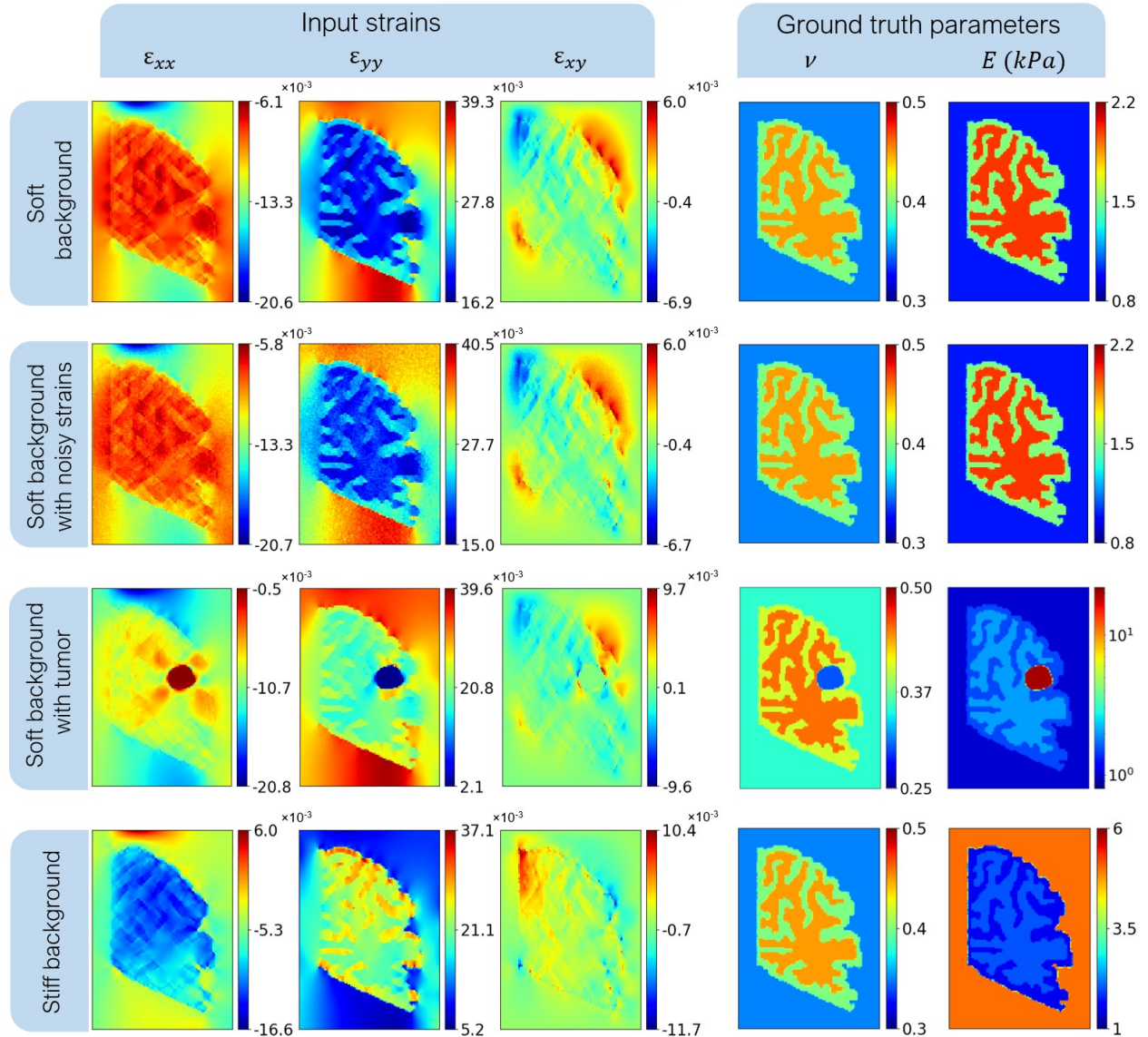
123 approved by University of Arizona Institutional Review Board, February 2020). Next, we picked a
124 coronal slice near the posterior side of the brain, segmented gray matter and white matter using a
125 threshold, and developed a finite element model of the brain slice in ANSYS Workbench (Ansys, Inc.,
126 PA, USA), embedded in a rectangular hydrogel background. Finally, we loaded the entire specimen from
127 the top side with uniform normal stress in the vertical direction, chosen to result in nominal axial strains
128 not larger than 5% anywhere in the domain while keeping the bottom side a frictionless boundary. Here,
129 the background material was chosen to be softer than the brain slice (1kPa background vs 1.5kPa/2kPa
130 gray matter/white matter) (Table 1). As a **second** example, we added 10% Gaussian noise (**with respect to**
131 **standard deviation of signal from each strain channel**) to the strain data from the soft background example
132 to study the robustness of the inverse models against noisy strain images. The next example involved the
133 same material parameter distribution as the first example, but with an embedded higher-order stiffness
134 tumor-like shape (20kPa) inside the brain geometry. Finally, we also performed a simulation with stiffer
135 background material (5 kPa). We used data from the finite element simulation as input data (strains and
136 stress boundary conditions) to train the inverse model as well as ground truth (full field material
137 parameter and stress distributions) to compare the model estimation against. These examples comprised a
138 variety of conditions that allowed us to evaluate the performance of the models in various scenarios. As
139 we reported in our previous work [7], the brain tissue geometry can be considered a complex yet
140 biologically relevant benchmarking example. The models that accurately resolve the distribution of
141 patterns for this example are expected to perform equally well or better for simpler heterogeneous
142 patterns and inclusions in elasticity imaging.

143 **The inverse models required exported finite element results for input and validation data.** For the
144 dense PINN runs, we picked training collocation points uniformly from the unstructured mesh [7],
145 whereas for the UNet runs, we used the triangulation-based natural neighbor interpolation in MATLAB
146 (MathWorks, MA, USA) to construct structured isotropic distributions from the unstructured mesh. The

147 domain data prepared for the dense PINN method had 14200 collocation points while the image
 148 dimensions for the UNet model was 142×100 resulting in 14200 pixels. Therefore, both network
 149 variations dealt with the same resolution of the image space. Figure 2 shows the strain distribution
 150 patterns and material parameter distributions from each example.

151 **Table 1.** Assigned material properties for finite-element modeling of loaded specimens.

Material	Elasticity Parameters	
	E (kPa)	ν
White Matter	2	0.35
Gray Matter	1.5	0.4
Background	1 (soft background example)	0.45
	5 (stiff background example)	
Tumor	20	0.3

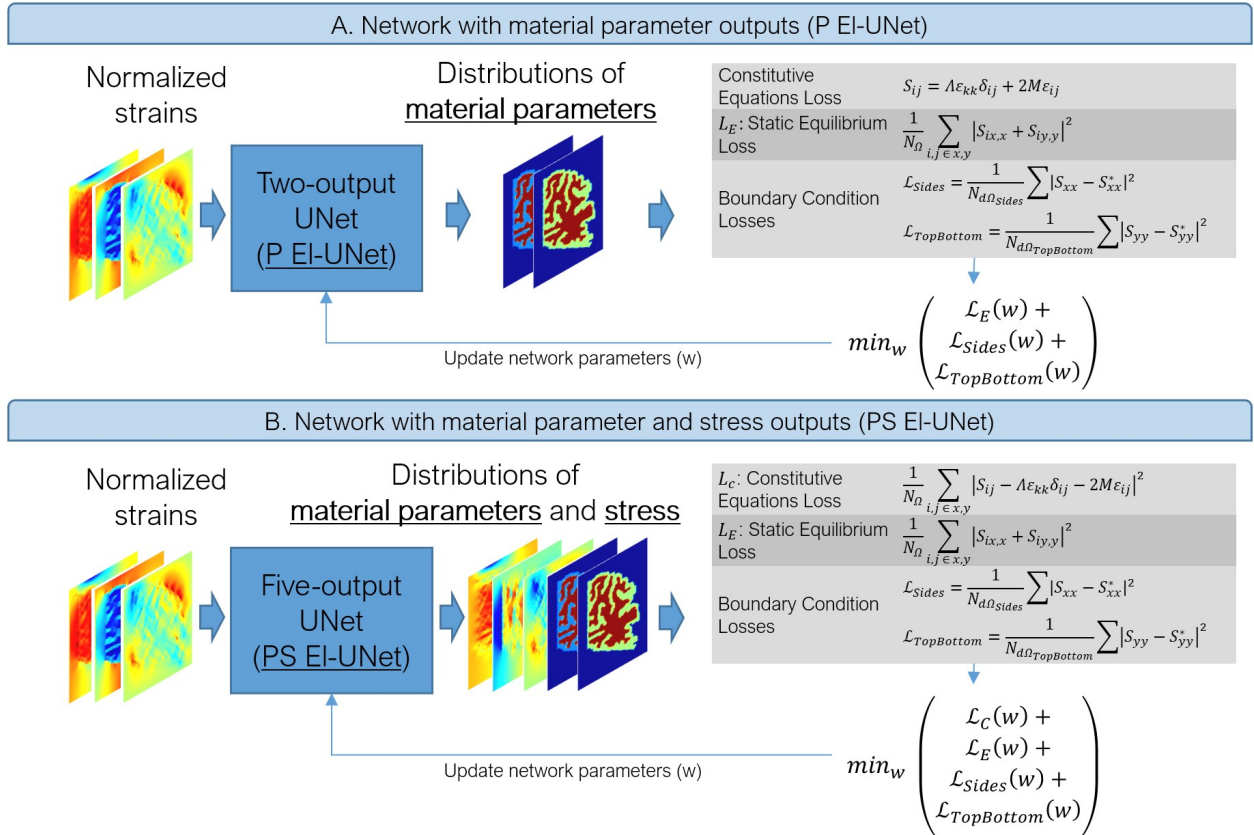


152
 153 Figure 2. Breakdown of finite element-derived strain fields and parameter distributions used as input and validation
 154 data for the inverse models, respectively. All color bars have linear scaling except for the stiffness map
 155 corresponding to the soft background with tumor example, which has a logarithmic color bar for better visibility of
 156 the different regions.

157 2.3 EI-UNet Implementation

158 We developed EI-UNet, an encoder-decoder structure based on the original UNet architecture [30],
 159 to solve the inverse problem in quasi-static elasticity imaging (Figure 1). In brief, compared to the
 160 original work, we removed bias parameters and used batch normalization in the 3×3 double-convolution
 161 sections, and upsampling followed by a 2×2 convolution in the upward path of the network instead of
 162 transposed convolutions. Each convolution layer was followed by ReLU activation function to introduce

163 non-linearity except for the last layer, which had a linear output. All the convolutions had a stride of one,
 164 whereas the pooling layers had a stride of 2. A padding of 1 was used to maintain dimensions after
 165 convolutions. We also used resampling steps in the upward path in case the output of the double
 166 convolutions had dimensions not matching the skip connection image, which would occur to odd image
 167 dimensions due to pooling in the downward path. We used the original number of channels for the double
 168 convolutions, i.e., 64, 128, 256, 512, and 1024 channels, respectively, moving in the downward path of
 169 the UNet and the reverse trend for the upward path. The network takes in a 3-channel input, each channel
 170 containing the normalized spatial distribution of a strain tensor term (two normal and one shear strain
 171 distributions) and estimates either dimensionless Lamé parameters only (P EI-UNet, Figure 3A) or Lamé
 172 parameters and stress distributions together (PS EI-UNet, Figure 3B).



173
 174 Figure 3. Breakdown of the two main UNet setups used in this study in terms of network output. The main
 175 difference between the two is the output channels.

176 For P EI-UNet, the algorithm uses the isotropic linear elasticity constitutive equations to compute
 177 stress terms across the domain using the estimated Lamé parameters and given strains. It then computes
 178 the mean squared error (MSE) loss values for static equilibrium in two directions and normal stress on the
 179 boundaries. The partial derivatives in the static equilibrium equations are approximated as finite central
 180 difference inside the domain and forward/backward difference on the boundaries. Following the
 181 dimensionless approach, the spacing for the central difference approximation is computed as:

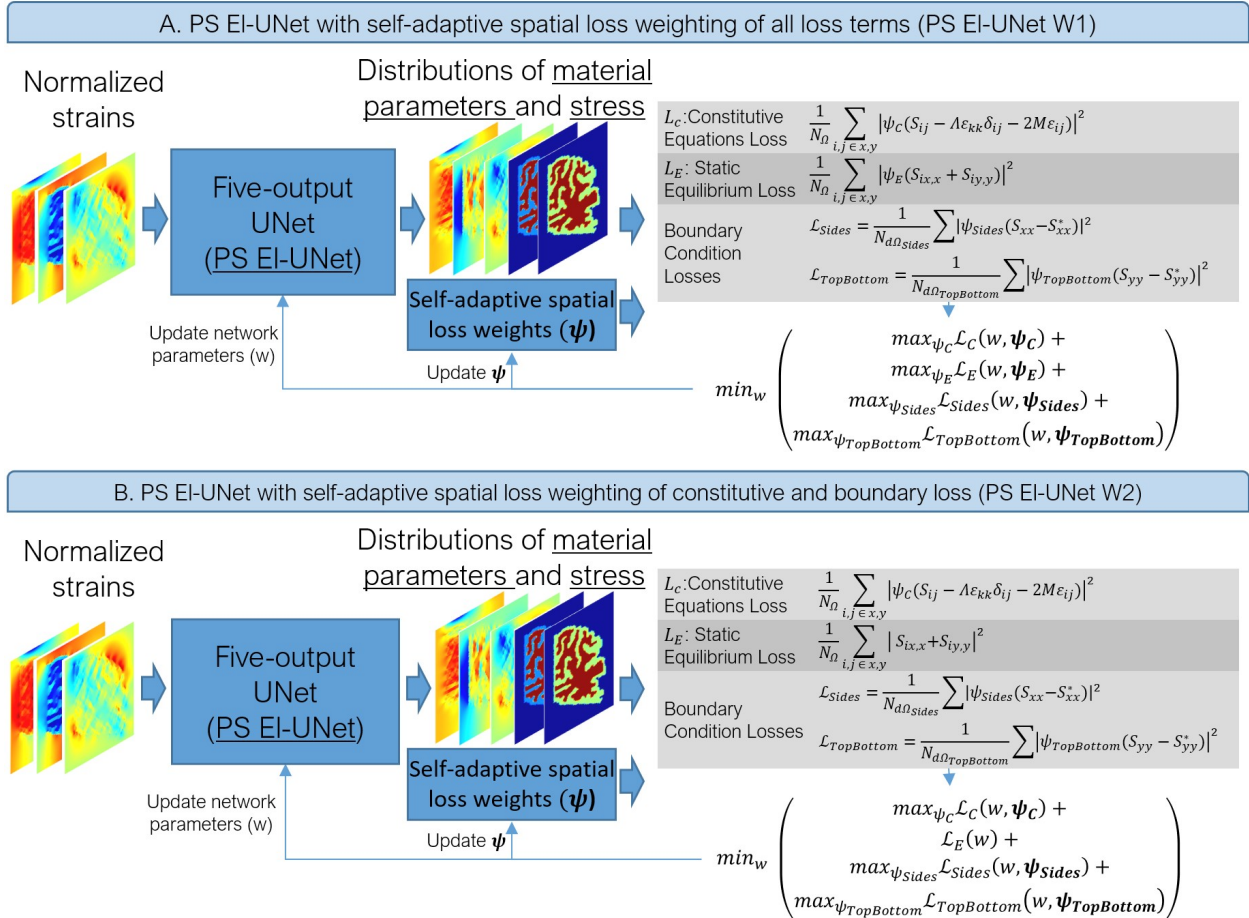
$$\Delta x = \text{length}_x / N_x, \Delta y = \text{length}_y / N_y \quad (0)$$

182 where N_x and N_y are the number of pixels in x and y, respectively. For PS EI-UNet, the algorithm
 183 uses a mean-squared error loss function to balance the stress distribution directly estimated by the
 184 network and the one computed by plugging output Lamé parameters and given strains in the constitutive
 185 equations. The remaining stages of the five-output implementation are like P EI-UNet.

186 2.4 Self-adaptive Spatial Loss Weighting

187 We experimented with two self-adaptive loss weighting methods with the goal of speeding up
 188 convergence to accurate parameter distributions and better resolving the complex patterns in the images.
 189 We implemented these methods on the PS EI-UNet configuration and, thus, named them PS EI-UNet W1
 190 and PS EI-UNet W2 (Figure 4). In the PS EI-UNet W1 configuration, we created three types of trainable
 191 weight fields, each with values initialized at 1. These were defined as self-adaptive spatial weights for
 192 constitutive equations (\square_C), static equilibrium (\square_E) and boundaries (\square_{Sides} and $\square_{TopBottom}$). These spatial
 193 weights were multiplied in an element-wise manner by the left-hand side and right-hand side of their
 194 corresponding mean squared error (MSE) losses and updated in the optimizer along with the network
 195 weights in a min-max approach as outlined in Figure 4A. The PS EI-UNet W2 had the same setup as W1
 196 except that it did not have the static equilibrium spatial weighting, \square_E (Figure 4B). A similar strategy was
 197 previously used for fully-connected PINNs when solving the forward problem in non-Fourier heat
 198 conduction and had shown better convergence compared to the PINN model with no adaptive weighting

199 with equal training epochs [31]. Compared to that study, we use two variations of this method for the
 200 inverse elasticity problem and compare their performances with non-adaptive EI-UNet in equal
 201 computation timeframes to assess the potential accuracy gain under similar computational cost
 202 circumstances.



203
 204 Figure 4. Breakdown of the two self-adaptive spatial weighting approaches. The PS EI-UNet W1 configuration has
 205 self-adaptive spatial weights for all the loss terms. PS EI-UNet W2 is similar except that the static equilibrium loss is
 206 not weighted.

207 2.5 Dense PINN

208 We compared the proposed models with our previously published fully connected physics-
 209 informed neural network implementation for the same task to demonstrate the improvements achieved by
 210 the current models. For this purpose, we constructed the networks and the training pipeline as described

211 in our previous study [7]. We used the same resolution of input and boundary condition data as the UNet
 212 models to keep the training procedure exactly similar between them except for the model used.

213 **2.6 Implementation and Computation Details**

214 We wrote the codes for the UNet and PINN implementations in PyTorch v1.13.1. For all the
 215 models, we used the Adam optimizer with a learning rate of 0.001 with no decay settings to minimize the
 216 loss value and trained each model for 30 minutes on Nvidia P100 GPUs. Due to the oscillatory nature of
 217 loss evolution through the training process, we performed each run ten times, plotted the average output
 218 for visualizations, and reported means and standard deviations of quantified errors where applicable.
 219 Because the network state in each run was initiated randomly, the number of epochs performed during
 220 each run in the equal time given had a small variance. Therefore, we plotted loss and error vs. epoch
 221 number trends up to the minimum epoch number that all models reached for that specific example and
 222 model configuration. For the spatially weighted runs, while the optimizer acted on the weighted loss of
 223 the model, here, we report the loss associated with the physical equations in their non-weighted state. This
 224 reporting approach allows us to compare weighted with non-weighted models in terms of the
 225 minimization of the physics-associated loss values. Table 2 provides a short description of all the models
 226 investigated in this study.

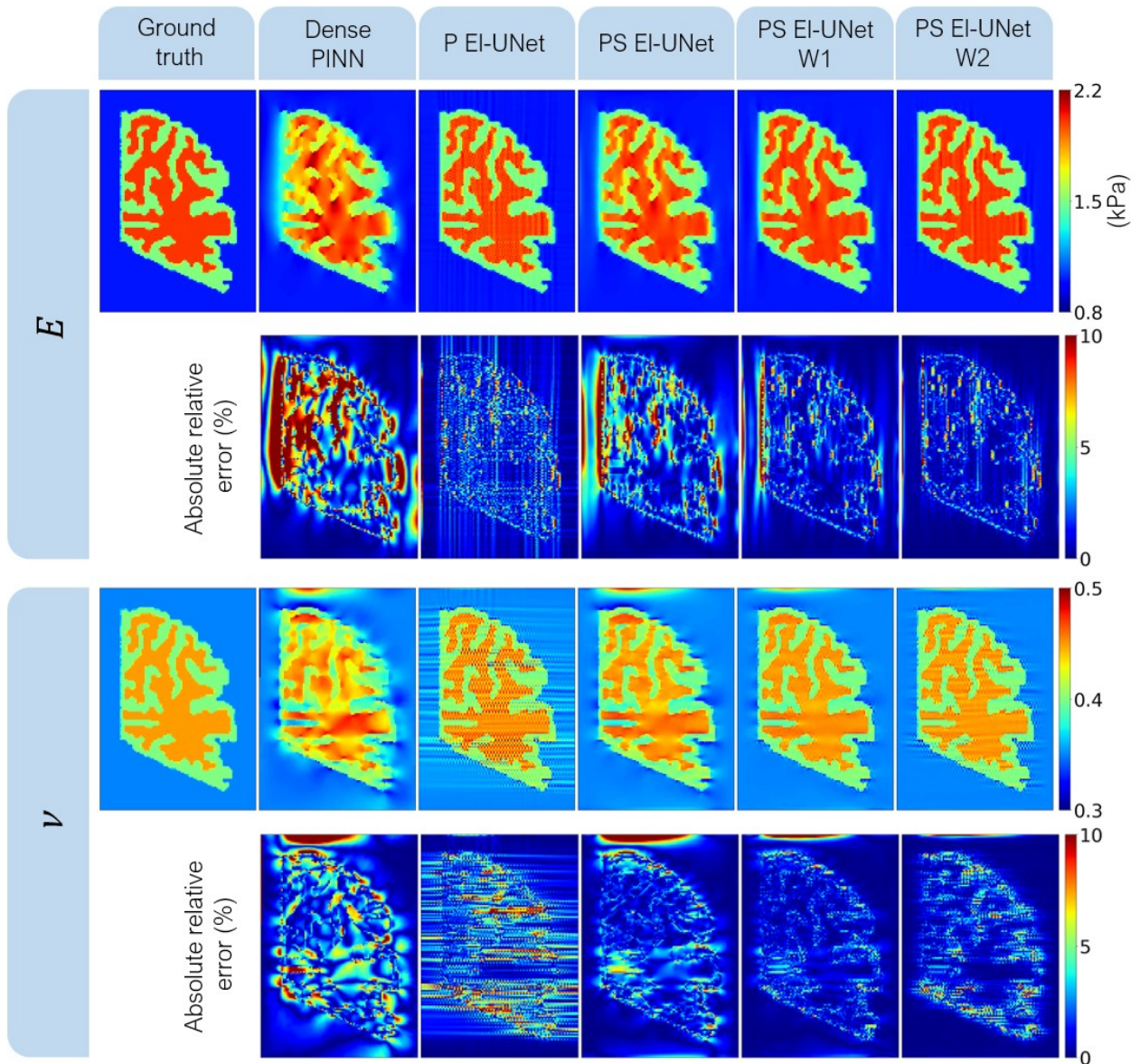
227 **Table 2.** Description of the physics-informed inversion models under study.

Model	Description
Dense PINN	Two multilayered fully connected networks , outputting parameter and stress distributions (from [7])
P EI-UNet	UNet architecture with material parameter distributions as outputs and normalized strain images as input channels
PS EI-UNet	UNet architecture with material parameter and stress distributions as outputs and normalized strain images as input channels
PS EI-UNet W1	PS EI-UNet configuration with self-adaptive spatial loss weighting for all loss terms
PS EI-UNet W2	PS EI-UNet configuration with self-adaptive spatial loss weighting for constitutive equations and boundary conditions

228 **3 Results**

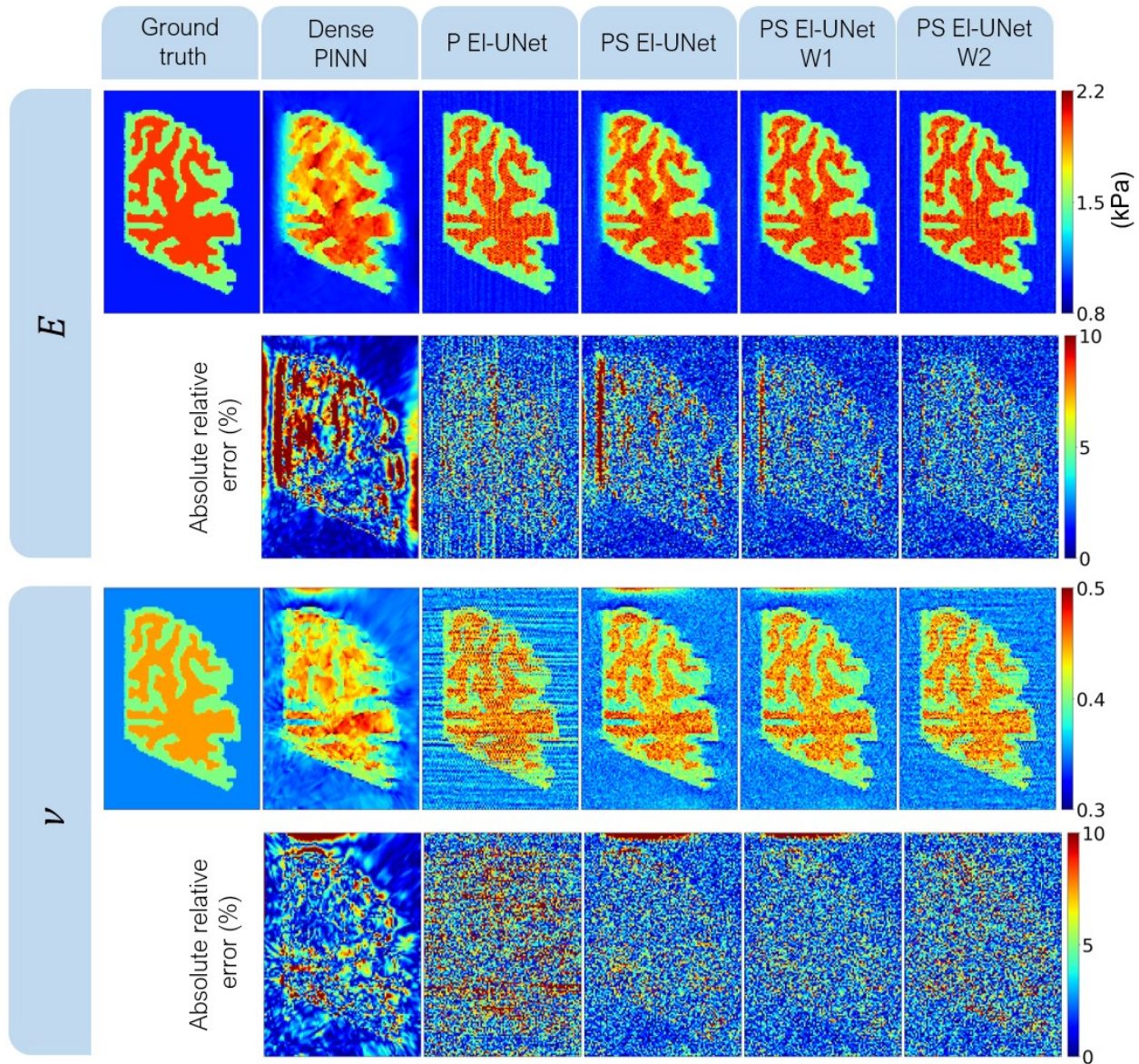
229 **3.1 Visual Depiction of Estimated Fields**

230 The UNet results were generally more accurately resolved compared to Dense PINN (Figures 5-8).
231 Starting with the example with soft background (Figure 5), the two-output implementation showed visible
232 artifacts, especially for the ν estimation. The Five-output implementation did not have these artifacts but
233 looked less accurate in terms of overall discovered patterns. The two spatially weighted implementations
234 were the closest estimation to ground truth with little artifacts.



235 Figure 5. Estimation and absolute relative error maps from the various physics-informed models under study for the
 236 soft background example. Qualitative evaluation of estimated maps reveals improved estimation of EI-UNet models
 237 compared to Dense PINN. The weighted Unet models, namely W1 and W2 show the best results for both E and ν .
 238

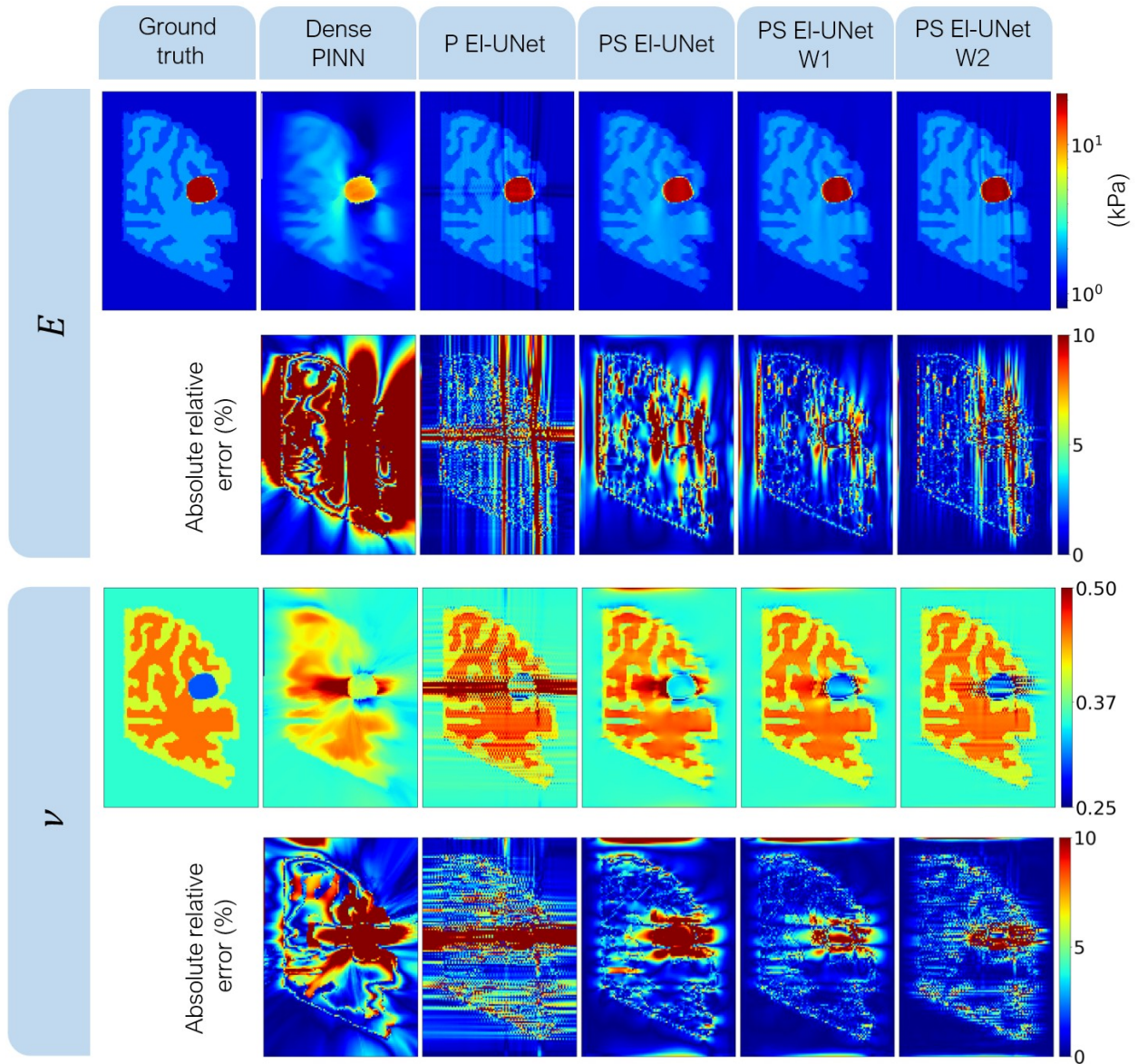
239 Regarding the inverse run with noisy strain data, the UNet models resolved a grainy reconstruction
 240 of the unknown parameters (Figure 6). Here, the PINN model produced less grainy outputs but did not
 241 resolve the pattern as intricately as the UNet models.



242
 243 Figure 6. Estimation and absolute relative error maps from the various physics-informed models under study for the
 244 soft background example with noisy strain inputs. The dense PINN model provides less accurate and less grainy
 245 reconstruction than unweighted UNet models. The weighted and unweighted PS EI-UNet models show more
 246 robustness against noise.

247 The inverse reconstruction of the brain tissue with an embedded tumor further revealed clear
 248 accuracy gains by the weighted EI-UNet models (Figure 7). The existence of the tumor makes the Dense
 249 PINN less accurate even for non-tumor regions of the image. All EI-UNet reconstructions have high-
 250 fidelity E reconstructions. For v reconstruction, however, the P EI-UNet model has high horizontal
 251 artifacts across the entire image at the tumor level. These artifacts do not exist in the PS EI-UNet

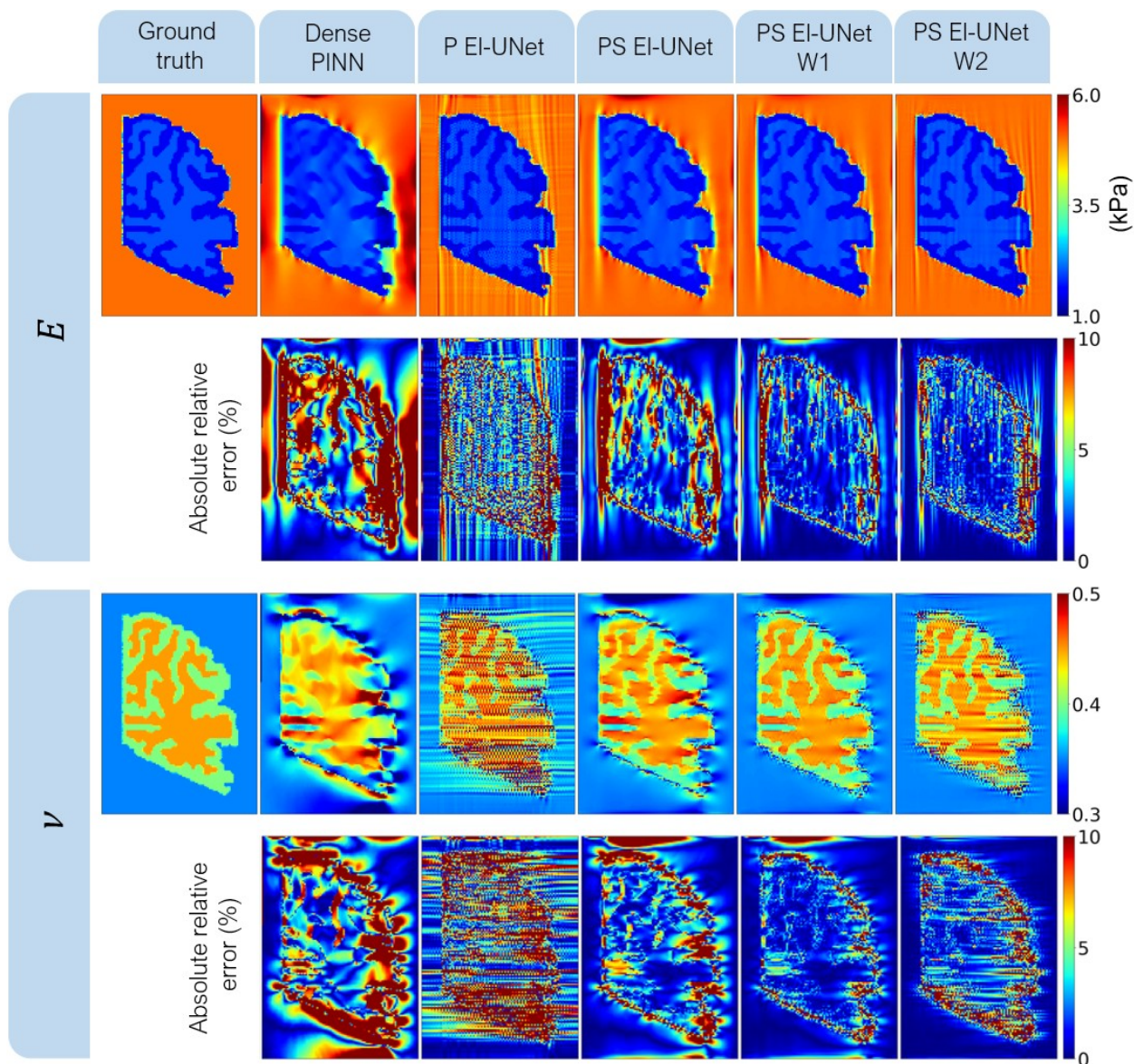
252 reconstruction, although ν estimation accuracy is visibly lower inside the tumor. Weighted PS EI-UNet
 253 models show the best overall reconstruction of both parameters.



254 Figure 7. Estimation and absolute relative error maps from the various physics-informed models under study for the
 255 soft background example with embedded higher-order-stiffness tumor. The dense PINN model is still far from
 256 convergence to ground truth values. Among the EI-UNet models, The weighted variations show superior
 257 performance, with PS EI-UNet W1 having the least artifacts. All color bars have linear scaling except the stiffness
 258 map, which has a logarithmic color bar for better visibility of the different regions.
 259

260 The stiff background example had the worst PINN and P EI-UNet reconstruction of unknown
 261 parameters among the studied examples (Figure 8). The ν transition between the background and the gray

262 matter was specifically poorly reconstructed. PS EI-UNet W1 worked better than other models for the
 263 same example.

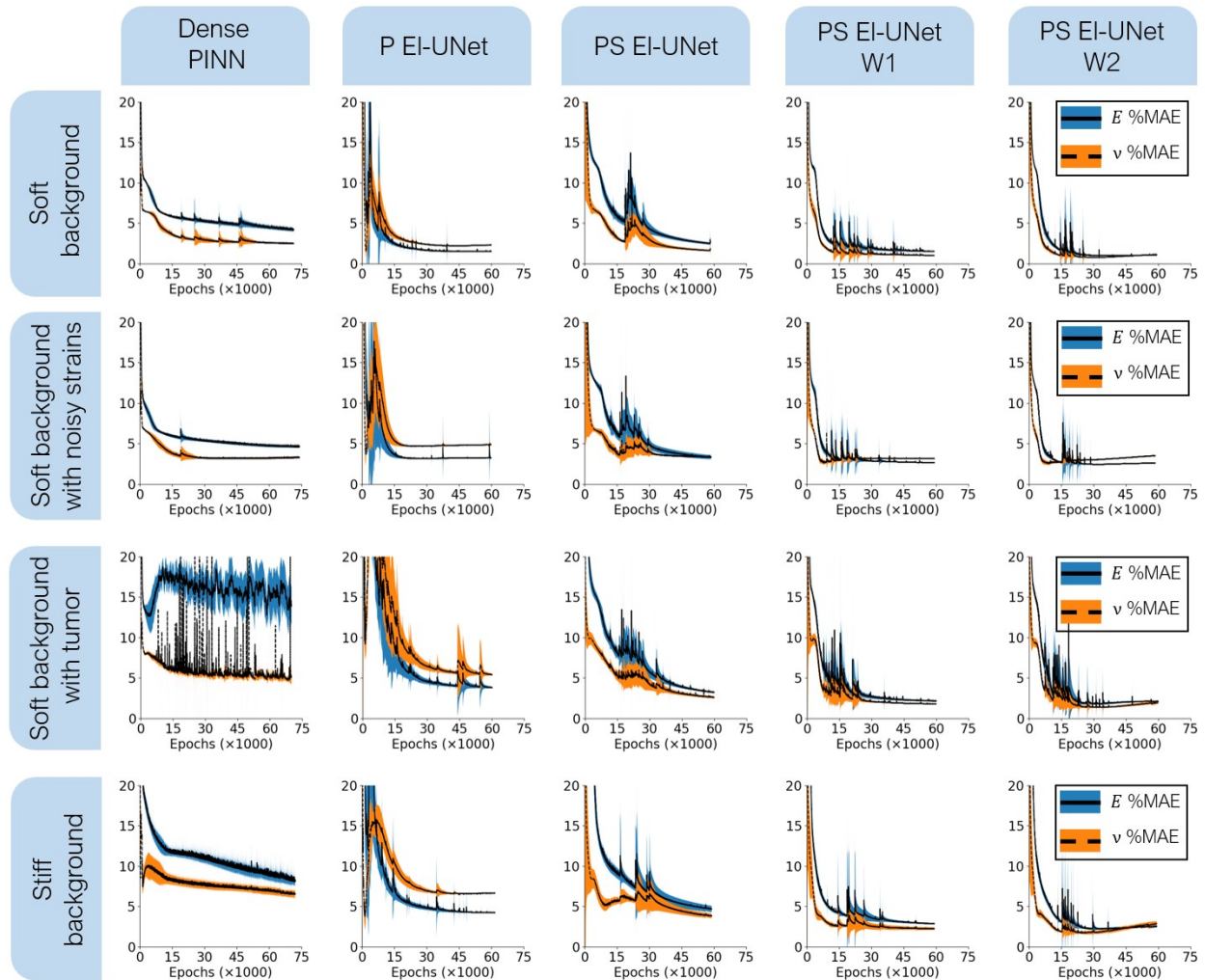


264
 265 Figure 8. Estimation and absolute relative error maps from the various physics-informed models under study for the
 266 stiff background example. The transition zone between the background and gray matter had higher reconstruction
 267 errors compared to soft background examples. PS EI-UNet W1 shows the best estimation in terms of capturing the
 268 complex pattern while minimizing reconstruction artifacts.

269 3.2 Quantified Loss and Estimation Errors

270 To analyze model performance more objectively, we compared the evolution of mean estimation
 271 errors between the models (Figure 9). Comparing the two-output network (P EI-UNet) and the five-output

272 network (PS EI-UNet) with PINN showed that while both models outperform the Dense PINN in E
 273 estimation accuracy, PS EI-UNet has better ν estimation. Between the self-adaptive weighted
 274 configurations, PS EI-UNet W1 showed estimation errors that either kept decreasing or almost plateaued
 275 at low values, while W2 showed a reversal for the ν estimation error in later epochs, especially visible
 276 with noisy strain, **embedded tumor**, and stiff background examples.

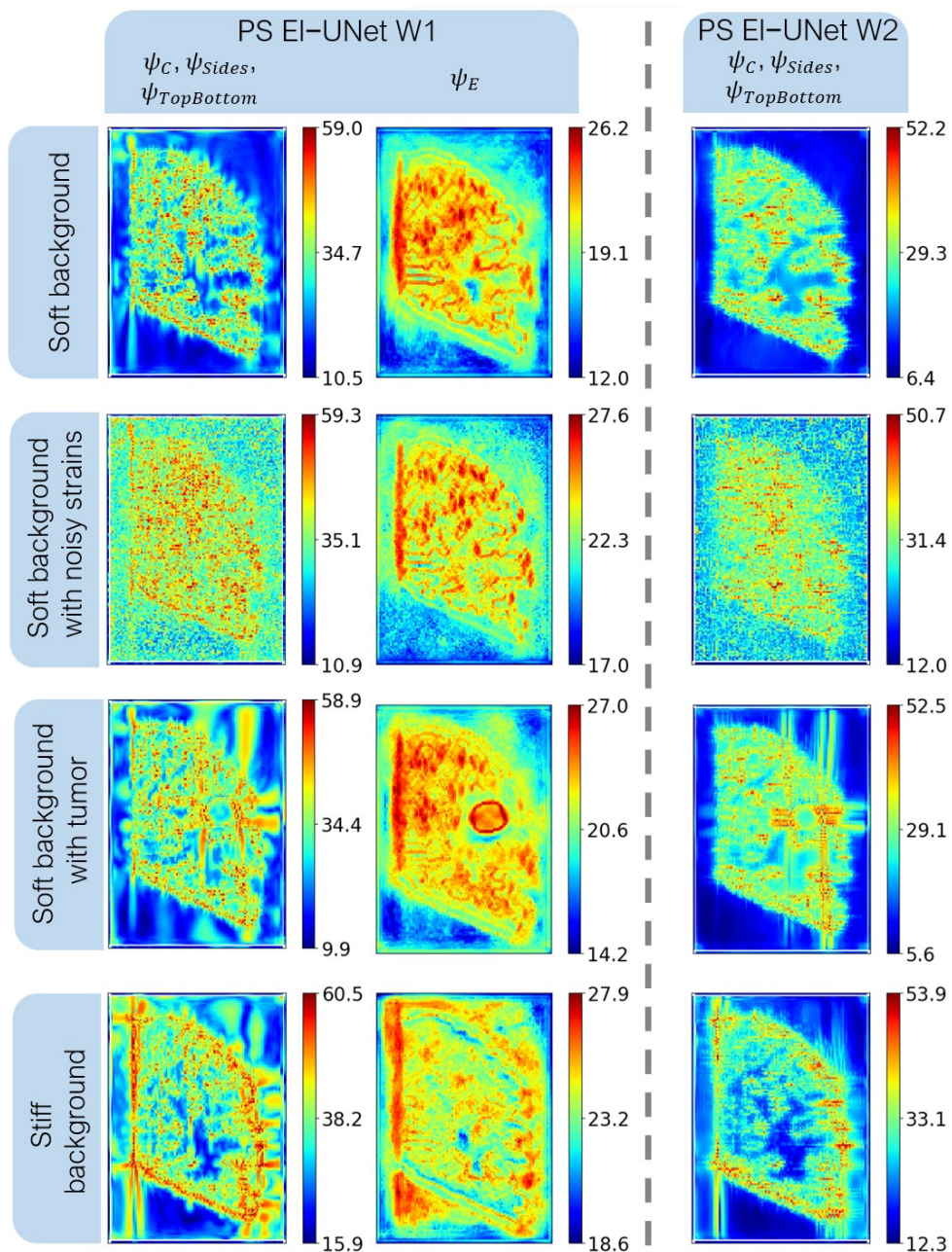


277
 278 Figure 9. Evolution of mean absolute relative errors (solid lines) along with standard deviation (shades) associated
 279 with E and ν estimation across training epochs. PS EI-UNet W1 has the most reliable loss and error trend.

280 3.3 Self-adaptive Spatial Loss Weight Distributions

281 The final spatial distribution of the self-adaptive spatial loss weights from the different examples
 282 allows us to interpret the improved performance of the weighted models (Figure 10). The regions where

283 the loss values were larger reflect where the model learned to give more weight to the corresponding loss
 284 term, i.e., constitutive equations (ψ_C), static equilibrium (ψ_E) and boundaries (ψ_{Sides} and $\psi_{TopBottom}$).



285
 286 Figure 10. The final state of learned self-adaptive spatial loss weights from the different examples and the two
 287 weighted models under study. constitutive equations weight: ψ_C , static equilibrium weight: ψ_E , and boundary
 288 weights: ψ_{Sides} and $\psi_{TopBottom}$. Boundary weights are plotted with a pixel offset around the ψ_C map. The models learn to
 289 penalize themselves more in the regions of the image where violations of the physical constraints are highest during
 290 training.

291 4 Discussion

292 We introduced UNet-based models for inverse reconstruction of material properties from strain
293 fields and boundary conditions in elasticity imaging, collectively named EI-UNet. This paper focused on
294 different variations of these models for 2D plane stress examples and compared their performance with
295 one another and our previous model, which used densely connected physics-informed neural networks.
296 The results visibly showed improved reconstruction by the UNet-based models, with the spatially
297 weighted models showing the best performance. The weighted models were the fastest and achieved
298 lowest estimation errors among the different tested models under similar computational time
299 circumstances. The final weight distribution indicated the areas the model learns to penalize itself more
300 while training. Tracking the error decay patterns across epochs revealed that the weighted models reach
301 the lowest estimation errors and effectively discover the complex patterns much faster than the
302 alternatives, making them ideal for larger datasets such as volumetric elasticity imaging.

303 The encoder-decoder structure and convolutional nature of the UNet clearly showed advantages
304 over the fully connected implementation of PINN. The convolution kernels share weights for the different
305 parts of the image and recover patterns better, making them ideal for spatially structured data such as
306 images and volumes. Comparing PINN with P EI-UNet and PS EI-UNet clearly shows EI-UNet's superior
307 performance in resolving accurate distribution of unknown parameters in the relatively short estimation
308 time shared between all models. These improvements are evident in successful reconstruction of sharp
309 gradients between different regions of the image. The weighted PS EI-UNet reconstructions were
310 especially superior to Dense PINN^s for embedded higher-order-stiffness tumor and stiff background
311 scenarios, both of which have both proved challenging inverse problems in previous studies focused on
312 inverse elasticity problems [23,32]. Moreover, trends of error decay through the course of training for the
313 different models show that while PINN reaches low errors faster than the unweighted EI-UNet models,

314 the errors almost plateau and the later updates only slowly decrease the estimation error of the unknown
315 parameters, while EI-UNet reaches lower estimation errors for unknown parameters.

316 Determining better performance **among** the models in terms of output type (P EI-UNet vs PS EI-
317 UNet) **mainly** came down to existence of artifacts in the reconstructed fields. In P EI-UNet, the model
318 only estimates the unknown parameter distributions and plugs those values, along with strains, into the
319 constitutive equations to compute stress distributions. The partial derivatives of these stress values are
320 then used to satisfy the static equilibrium equations. The stress in this configuration becomes directly
321 correlated with material parameters and the finite difference approximation amplifies the error that exists
322 in the output of the network. In addition, for the noisy strain case, the noise directly affects the computed
323 stress, and enforcing static equilibrium equation is affected by the first derivatives of these noisy stress
324 fields. Conversely, in the PS EI-UNet, the model becomes better regularized by enforcing the constitutive
325 equations as soft constraints. In other words, the MSE loss of the equilibrium equations has stress terms
326 that are independent outputs of the network, themselves separately balanced by the constitutive equations'
327 MSE loss in a soft manner. We observed the implications of this network design choice by comparing PS
328 EI-UNet and P EI-UNet outputs for the various examples in this study.

329 We improved the convergence of the UNet-based models with the introduction of self-adaptive
330 spatial loss weights with two proposed weighting schemes. The two models differed in whether they were
331 weighted for all their loss terms or only constitutive equations and boundary conditions. The results
332 clearly showed that both weighted implementations visibly led to better reconstruction than the
333 unweighted approaches. Tracking loss and mean estimation error values for the unknown parameters
334 across epochs revealed that PS EI-UNet W2 has a reversal behavior of ν mean estimation error in the
335 noisy and stiff background examples. We speculate that when the static equilibrium loss is unweighted,
336 the balance between the static equilibrium loss and constitutive equations loss tips too much over to the
337 latter leading to reconstructions with artifacts.

338 The final distribution of learned spatial loss weights shows the increased intensities corresponding
339 to regions where the model learned to penalize itself more. Comparing these distributions with the
340 estimation fields and associated error maps reveals the high-intensity weight regions overlap with high
341 estimation error regions of the unweighted PS EI-UNet model. Previous work on physics-informed neural
342 networks has shown the imbalance existing between the multi-objective loss terms resulting in poor
343 convergence. However, the self-adaptive loss term weighting presented in these studies requires
344 additional backpropagation for the optimizer update, does not impose spatial weighting, and has only
345 been tested in fully-connected networks [33,34]. Another study on using PINN in linear elastic
346 micromechanics proposed a dynamic weighting approach that increased the density of collocation points
347 in the regions of the domain with high losses, effectively increasing contribution of the errors associated
348 with those points to the loss function [11]. In the self-adaptive spatial loss weighting method presented in
349 the current study, the additional weights do not belong to any extra deep network as they are merely
350 trainable parameters. Therefore, the optimizer updates do not require backpropagation through an entire
351 network for each update. Moreover, the weight updates do not change the size of the input space as
352 required in the collocation points update method, effectively keeping the computational load constant
353 across training. This configuration ensures that the weighted models perform with almost the same speed
354 as the unweighted PS EI-UNet model, as evidenced by comparing the number of finished epochs in the
355 same duration between these models. This is an important implication of this approach because, at similar
356 computational costs, we can recover more accurate results without a priori knowledge of the problem at
357 hand and the material distributions.

358 Solving inverse problems for more complex material models can incorporate some of the
359 approaches findings presented in our study. We predict that the current methodology can be adapted for
360 material models that are not strictly linear, e.g., hyperelastic inverse problems. As we have shown here
361 and in our previous work [7], a practical principle to ensure convergence for these inverse models with

362 computationally efficient networks is to keep the constitutive equations posed to the optimizer linear with
363 respect to the unknown parameters of interest. That is why we solve for Lamé parameters during training
364 and later convert to E and ν . The conventional constitutive equations for hyperelastic models, such as
365 Neo-Hookean and Mooney-Rivlin solids, can be posed in a similar way, where stress is on the left hand
366 side and the right hand side is an expression containing deformation-related terms, which are obtained
367 through image correlation directly, and material parameters. This right-hand-side expression can be
368 written in a way that is linearly with respect to the material parameters, as is the case with linear elasticity
369 and Lamé parameters. Therefore, we expect that adaptation to more complex models will benefit from
370 these considerations. An additional consideration is that specimens with mechanical models that have
371 more than additional parameters (e.g., Mooney Rivlin models with more parameters) should go under
372 independent states of loading and the summation of losses from these loading should be minimized to
373 ensure discovery of all parameters

374 It is worthwhile to mention a few limitations of EI-UNet. The current model works with isotropic
375 spatially structured data. While the examples covered in this work all had isotropic resolutions,
376 anisotropic resolutions e.g., from ultrasound and magnetic resonance images, can be integrated into the
377 model by appropriate unequal differentiation intervals in the finite difference computation stage. Although
378 elastography images are usually stored as rectangular structured grids, a method to map non-rectangular
379 domains to rectangular ones to benefit from convolutional neural networks has been reported in the
380 literature [35]. We used the simplest approximation for partial derivatives in the static equilibrium
381 equations, which was prone to error amplification in some variations of our model. Alternative
382 implementations have also been proposed to pose the static equilibrium equations in the form of
383 convolutional layers that integrate well with the network and could potentially avoid the error-
384 accumulation drawbacks of finite-difference approximation [5,10,14]. Finally, while our work kept a
385 traction loading with normal stress on boundaries supplied to the inverse model as physics constraints, the

386 model can incorporate alternative boundary conditions such as compression or shear for other scenarios
387 depending on respective requirements.

388 The main ideas presented in our study, namely using UNet-based models for physics-informed
389 inversion and spatial loss weighting, are the first steps to scale to 3D estimations and other material
390 models such as multi-parameter orthotropic elasticity or hyperelasticity, both of which are relevant
391 models in biological tissues.

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395 **6 Competing Interests Statement**

396 The authors declare no conflict of interest.

397 **7 References**

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