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Inotersen: new promise for the treatment of hereditary transthyretin amyloidosis

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Abstract: Hereditary transthyretin amyloidosis is a fatal autosomal dominant disorder characterized by deposition of transthyretin amyloid into the peripheral nervous system, heart, kidney, and gastrointestinal tract. Previous treatments using liver transplantation and small molecule stabilizers were not effective in stopping disease progression. Inotersen, a 2'-O-methoxyethyl-modified antisense oligonucleotide, which acts by reducing the production of transthyretin, was recently demonstrated to improve disease course and quality of life in early hereditary transthyretin amyloidosis polyneuropathy in a 15-month Phase III study.

Keywords: antisense oligonucleotide, familial amyloid polyneuropathy, Inotersen, mRNA, RNase H

Introduction

Hereditary transthyretin amyloidosis

Familial amyloid polyneuropathy (FAP) was first described as a peculiar form of peripheral neuropathy with progressive lower extremity weakness, early loss of pain and temperature sensation, and gastrointestinal/genitourinary involvement by Corino Andrade in 1952.¹ It is an autosomal dominant disorder characterized by deposition of amyloid in the peripheral nervous system, heart, kidney, and gastrointestinal tract. Amyloidosis occurs because of misfolded extracellular protein generating amyloid fibrils that are deposited into tissue. Deposition of transthyretin (TTR) amyloid fibrils in tissue is known as TTR amyloidosis (ATTR). Mutations in the TTR gene lead to hereditary forms of ATTR (hATTR), also referred to as ATTRm. The predominant feature is either polyneuropathy (hATTR-PN) or cardiomyopathy (hATTR-CM). hATTR can also affect the eyes and leptomeninges. Nonmutated or wild-type transthyretin amyloidosis (ATTRwt) typically presents as a cardiomyopathy in older adults and was previously referred to as senile systemic amyloidosis² but deposition of ATTRwt in peripheral nerve has also been demonstrated.³

Disease onset occurs between the second and ninth decades of life but symptoms of hATTR usually manifest after age of 30 years. hATTR is classified as either early or late onset, where the cutoff is usually 50 years of age.⁴ Death occurs 3–15 years after the onset of symptoms, usually due to cardiac disease or malnutrition. Median survival is reduced in hATTR-CM compared with hATTR-PN.⁵ There are over 150 reported mutations of the TTR gene.⁶ The most common mutation is Val30Met, where valine is replaced by methionine at position 30 (148G→A). The Val30Met mutation is endemic in Portugal, Sweden, and Japan, with a large population in Brazil. The Val122Ile and Thr60Ala mutations are more common in the USA, and present with predominant cardiac symptoms.⁶ Penetrance is not complete, and there

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is a large variation in phenotype within genotypes. While polyneuropathy is a common presentation, initial symptoms range from cardiomyopathy, carpal tunnel syndrome, voice hoarseness due to recurrent laryngeal nerve palsies, vitreous opacities, and oculoleptomeningeal symptoms of seizure or cerebral hemorrhages.⁴ The global prevalence of ATTR is unknown, with estimates ranging from 5,000 to 40,000 affected individuals.^{7,8} This is likely an underestimate due to the lack of awareness among clinicians and the phenotypic variability of hATTR.

Background Transthyretin

TTR is the primary transport protein for retinol-binding protein (RBP4)/Vitamin A and a redundant transport protein for thyroxine (T4). T4 binds to a central channel while RBP4 binds to surface receptors. There are four exons in the TTR gene, which is located on chromosome 18q11.2–12.1.⁹ A TTR monomer is derived from a single 127 amino acid polypeptide. Four identical monomers form TTR (homotetrameric structure). A single TTR gene mutation can replace one amino acid in a TTR monomer, leading to the formation of a mutant monomer which destabilizes of the homotetrameric structure of TTR.^{4,10–12} Tetramers can consist of 1–4 mutant monomers. The dissociation of the tetramer leads to misfolded monomers, which then form toxic oligomers and amyloid fibrils, which are deposited and lead to hATTR.

Treatment for hATTR

Initial therapy for hATTR-PN is symptomatic. The pain from the polyneuropathy is often severe and debilitating. Autonomic symptoms include profound orthostatic hypotension which limits the ability to stand and walk without fainting. Gastrointestinal symptoms can consist of bloating and alternating diarrhea and constipation, leading to dehydration and malnutrition. Assistance is required for self-care and activities of daily living due to significant hand weakness. Ankle foot orthoses, walking aids, and wheelchairs are eventually required. ATTR-CM may require pharmacological or electrophysiological interventions for congestive heart failure and arrhythmias.^{6,8}

Therapeutic treatment of hATTR include removing the source of mutant TTR with liver transplantation (LTx), stabilizing the tetrameric structure of TTR using small molecules, reducing the amount of ATTR deposition with doxycycline plus tauroursodeoxycholic acid (TUDCA), or genetic therapy with TTR oligonucleotides to reduce the production of both mutated and wild-type TTR.

Liver transplantation

LTx was the first disease-modifying treatment for hATTR, initially performed in Sweden in 1990.¹³ Since the majority of TTR protein synthesis occurs in the liver,⁴ the rationale was to remove the source and stop production of mutated TTR. LTx eliminates 90% of circulating mutant TTR in blood.¹² Domino LTx has also been undertaken where the TTR liver is then transplanted in patients, such as elderly patients with liver cancer, who would otherwise never receive a new liver. Partial liver grafts from related living donors have also been utilized.¹⁴

Over 2,000 LTxs have been reported to the Familial Amyloid Polyneuropathy World Transplant Registry¹⁵ since 1990. The overall 20-year survival rate is >50%. In early onset Val30Met patients, the 15-year survival rate is >80%. In late-onset Val30Met patients or patients with non-Val30Met mutations, the 10-year survival rate is 50%. The 1-year mortality rate ranges from 7% to 24%, usually due to infection or cardiac disease. Posttransplant lymphoproliferative disease can also occur. Morbidity can be high with 20% of patients developing renal failure and diabetes. In addition to the age of onset and mutation type, prognosis also depends on the age at the time of LTx, duration of disease, and nutritional status.^{14,16}

Progression of ATTR-PN and ATTR-CM occurs after LTx and is more common in patients with non Val30Met mutations.^{16,17} Progression after LTx is caused by wtTTR deposition, as mutant TTR is no longer being produced.^{14,16} Evaluation of nerve and cardiac amyloid deposits was found to contain 65%–75% mutant TTR with the remaining deposits consisting of wtTTR.^{18,19} Outcome of ATTR-CM can be improved with dual LTx and cardiac transplantation.¹⁶ Ocular and leptomeningeal ATTR continue to progress as mutant TTR is produced from the choroid plexus epithelium and retinal pigment epithelium, and not the liver.¹⁴ LTx slows but does not stop hATTR progression.

Although LTx improves survival in hATTR-PN, the limitations of LTx include the lack of organ improvement (nerve and heart), the shortage of available donor organs, the adverse effects of immunosuppressive agents, the cost of LTx and other additional treatments, and the difficulty in identifying LTx candidates early in the disease course.^{6,16} In non-Val30Met or late-onset hATTR patients, LTx is not recommended due to the poor response and lack of efficacy.¹⁶ De novo ATTR, referred to as iatrogenic ATTR, can also develop in the domino liver recipients.^{14,16} Due to the difficulties, complications, and disease progression associated with LTx, other treatment options were pursued for hATTR.

Small molecule stabilizers

Dissociation of the TTR homotetramer is naturally prevented by the binding of T4 in its central binding site. Stabilization of the mutant TTR tetramers stops the dissociation into misfolded monomers, thus preventing amyloid deposition and slowing disease progression. A small molecule can act as a kinetic stabilizer preventing the dissociation of TTR tetramers into monomers. NSAIDs, such as diflunisal, were demonstrated to bind to the T4 binding site. Tafamidis was developed to act as a small molecule stabilizer of TTR.²⁰

Diflunisal

Diflunisal, a generic NSAID first discovered in the 1970s, binds to the central T4 binding complex preventing TTR tetramer dissociation into monomers.²¹ Diflunisal 250 mg twice a day was evaluated in a double-blind, placebo-controlled study with 130 patients with FAP.²² Inclusion criteria were symptoms and signs of sensorimotor or autonomic neuropathy in patients who routinely spent >50% of waking hours out of bed or out of chair (Eastern Cooperative Oncology Group Performance status of <3). Diflunisal reduced the rate of disease progression and preserved quality of life for 2 years. A two-fold to threefold benefit was detected using the Neuropathy Impairment Score plus 7 nerve tests (NIS +7) as the primary end point of the study. The positive secondary end points included the Kumamoto Score (a qualitative polyneuropathy and end organ score for hATTR) and the modified body mass index (BMI, a predictor of survival in hATTR).

Diflunisal is not approved by the US Food and Drug Administration (FDA) and has been prescribed for off-label use. Continued progression on Diflunisal has been seen in late-onset hATTR and non-Val30Met patients.⁶ The use of Diflunisal is limited by renal insufficiency, congestive heart failure, and gastrointestinal adverse effects.

Tafamidis

Tafamidis (Vyndaqel®; Pfizer, New York, NY, USA), a 2-(3,5-dichlorophenyl)-1,3-benzoxazole-6-carboxylic acid, was developed as a more potent kinetic stabilizer for TTR without the adverse effects of NSAIDs.²⁰ In an 18-month Phase III trial, Tafamidis was evaluated in 128 Val30Met patients with early polyneuropathy.²³ Based on intention to treat analysis, the primary end points of the NIS-Lower Limb score and the Norfolk Quality of Life Questionnaire-Diabetic Neuropathy (QoL-DN) were not met. Additional studies suggest that long-term therapy with Tafamidis is safe and delays disease progression in Val30Met patients. Data for non-Val30Met and late-onset Val30Met patients

are less clear.⁶ Tafamidis was not approved for the treatment of hATTR-PN by the FDA in 2012 due to limited efficacy data. In 2011, Tafamidis was approved by the European Medicines Agency for treatment of stage 1 (walking without assistance) hATTR-PN in 2011. It is also approved in Japan and South America.⁶

In a recent 30-month Phase III study in 441 ATTR-CM patients, Tafamidis reduced all-cause mortality and cardiovascular-related hospitalizations compared with placebo.²⁴

A new TTR stabilizer, AG10, is currently under evaluation for ATTR-CM.^{6,25}

TTR stabilizers are generally safe and delay progression of the hATTR-PN but appear to be less efficacious in non-Val30Met patients and in those with more advanced disease.

Doxycycline and TUDCA

The combination of Doxycycline plus TUDCA^{6,26} was shown to reduce TTR deposition in transgenic Val30Met mice. These medications are well tolerated and were used in an open-label Phase III study using 100 mg twice a day of doxycycline and 250 mg of TUDCA daily. In the first 24 of 40 ATTR patients who completed the study (60% of patients enrolled), cardiac disease was stabilized in 75% and polyneuropathy was stabilized in 46%. Further studies are being undertaken.

The inability of LTx and current small molecule stabilizers to stop progression of hATTR led to the development of gene therapies to reduce the production of TTR.

TTR oligonucleotides

Individuals with ATTR are heterogeneous and produce both wt and mutant TTR. To prevent disease progression, all TTR production must be reduced or stopped. Because TTR was shown to be a nonessential protein transporter of T4²⁷ and vitamin A deficiency can be prevented using supplementation, hATTR was an ideal candidate disease for gene silencing. Oligonucleotides are short synthetic nucleic acid sequences containing 8–20 nucleotides that alter the complex intermediary metabolism of mRNA from transcription, translation, and degradation. They are complimentary to select sequences in the RNA strand that encode the amino acids required to make a protein. They reduce the production of mutant protein, thus modifying disease outcome.^{11,28–31} Two different oligonucleotides, siRNAs³² and antisense oligonucleotides (ASOs),³³ have been studied in Phase III clinical trials in hATTR.

Protein synthesis of TTR begins with genetic coding in the nucleus from DNA, a double helix with two

complimentary strands of nucleotides consisting of a phosphate group, a sugar (deoxyribose), and an organic base. Complimentary Watson–Crick base pairings of purines to pyrimidines are adenine to thymine and guanine to cytosine. In RNA, uracil replaces thymine (Figure 1). A sequence of three bases or a triplet codon codes for one amino acid and the sequence of amino acids determine the protein. Protein transcription involves duplicating the genetic code from DNA first to transcription of pre-mRNA which contains exons and introns. Pre-mRNA is then processed to form a mature mRNA. Protein translation occurs when mRNA is transported from the nucleus to ribosomes in the cytoplasm. Using complementary base pairing to the sense strand nucleic acid, siRNAs and ASOs affect gene expression of the TTR gene and thereby reduced the amount of total (mutant and wild-type) TTR that is produced by the liver.^{28–31,34,35}

RNAi/siRNA

RNAi or siRNA use dsRNAs, containing sense and anti-sense strands, which target both the mRNA and protein in the cytoplasm. RNAi is mediated by binding to mRNA/RNA-induced silencing complexes in the cytoplasm leading to degradation of mRNA by a cytoplasmic Dicer siRNA mechanism^{28–31,34} (Figure 2).

Patisiran

Patisiran (ALN-TTR02; Alnylam, Cambridge, MA, USA) is an siRNA encapsulated in a lipid nanoparticle delivered to intracellular compartments of hepatocytes using an intravenous infusion. It specifically binds to the 3'-UTRs of mutant and wt TTR mRNA.³⁶

In a Phase III trial of Patisiran vs placebo, 0.3 mg per kilogram of body weight was intravenously administered over 80 minutes, every 3 weeks to patients for 18 months.³²

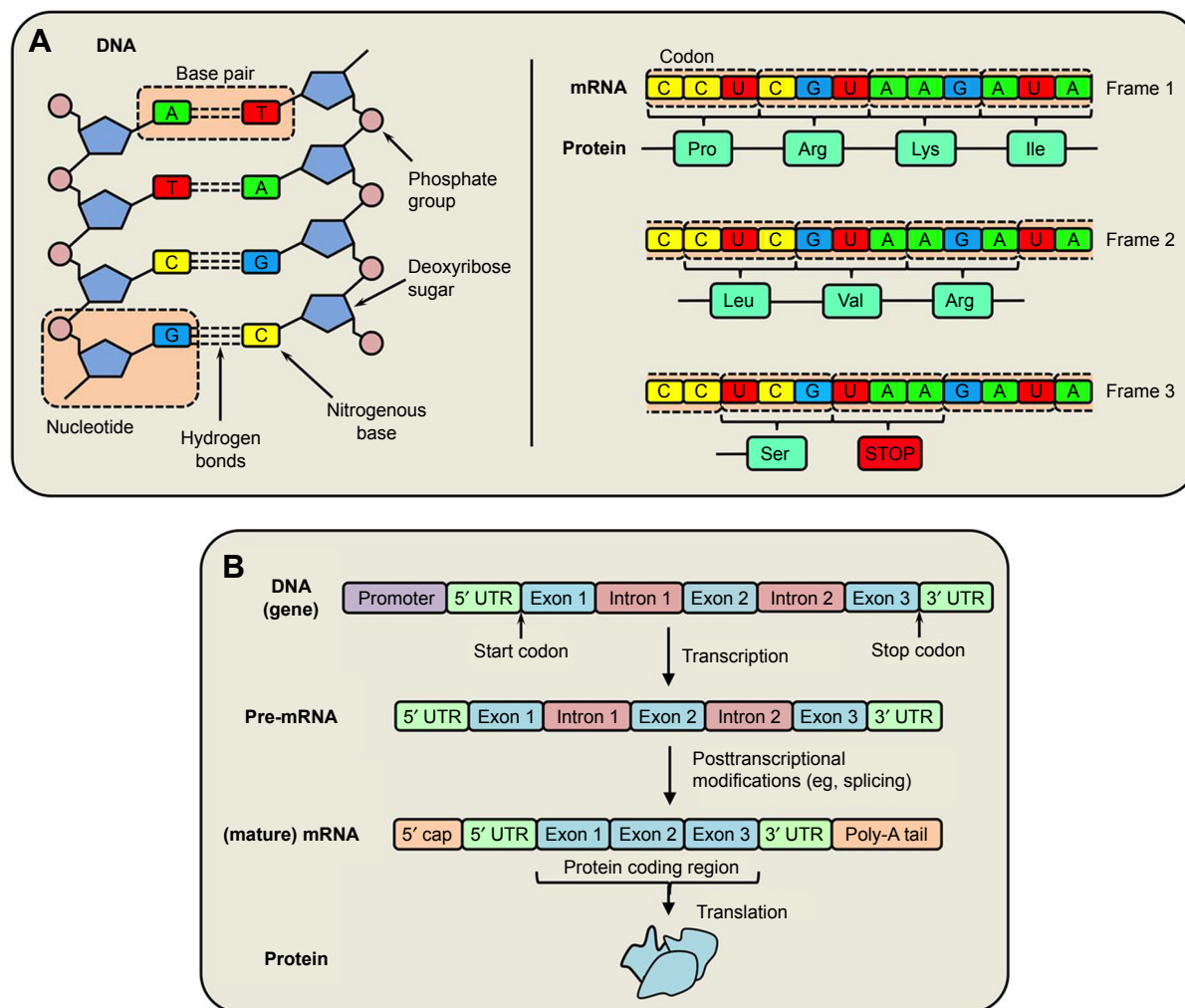


Figure 1 Protein synthesis.

Notes: (A) Watson–Crick complement base pairing and triplet codons. (B) From DNA to protein. Reproduced from Antisense oligonucleotides and other genetic therapies made simple, Rossor AM, Reilly MM, Sleigh JN. *Pract Neurol*. 18(2):126–131. copyright 2018 with permission from BMJ Publishing Group Ltd.³⁴

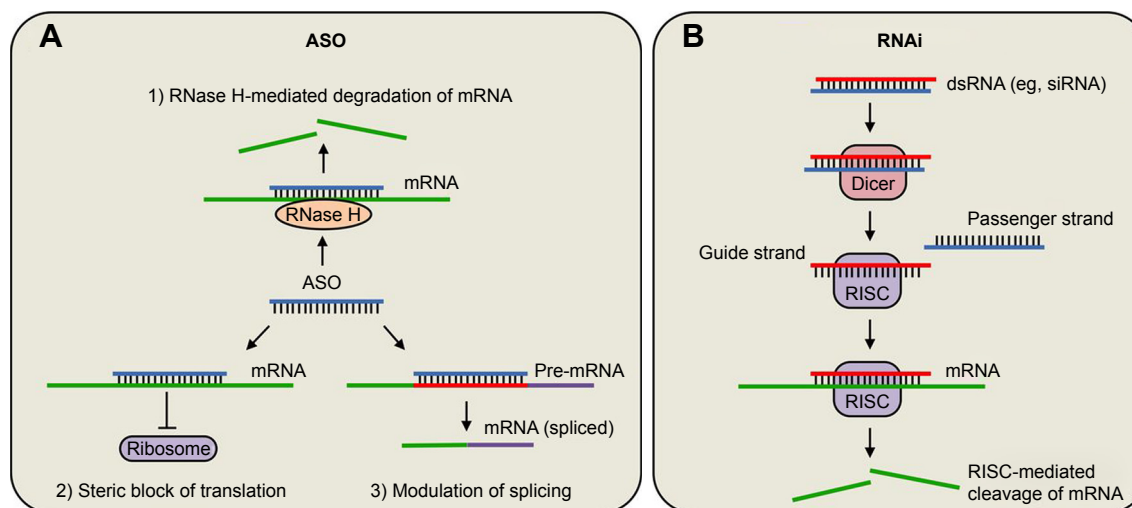


Figure 2 Mechanisms of oligonucleotides.

Notes: (A) ASOs use RNase H-mediated mRNA degradation, steric blocking, or splicing modulation. (B) RNAi-siRNA (dsRNA) is cleaved by Dicer and triggers RISC cleavage of mRNA. Reproduced from Antisense oligonucleotides and other genetic therapies made simple, Rossor AM, Reilly MM, Sleigh JN. *Pract Neurol.* 18(2):126–131. copyright 2018 with permission from BMJ Publishing Group Ltd.³⁴

Abbreviations: ASO, antisense oligonucleotide; RISC, RNA-induced silencing complexes.

The patients were randomized 2:1. One hundred forty-eight patients received Patisiran and 77 patients received placebo. To minimize infusion-related reactions, all patients were premedicated with intravenous dexamethasone (or equivalent), an H1 blocker, an H2 blocker, and oral acetaminophen 60 minutes before each infusion. Overall, 97% of patients in each trial group reported adverse events, most of which were mild or moderate in severity. Adverse events that occurred more often in Patisiran patients included peripheral edema and infusion-related reactions. Death, which was primarily cardiovascular related and consistent with expectations in hATTR, occurred in seven Patisiran patients (all cardiac events) and six placebo patients (one cardiac event). The primary end point (change from baseline to month 18 modified NIS +7 [mNIS +7]) and secondary end points (change from baseline to Month 18 Norfolk QoL-DN, 10-m walk test, and modified BMI) were met. Patisiran (Onpattro®) was approved by the FDA on August 10, 2018.³⁷

Revusiran

Revusiran (Alnylam, Cambridge, MA, USA) is an siRNA conjugated with N-acetylgalactosamine and given subcutaneously (SC) in a Phase III clinical trial for hATTR-CM. The trial was halted due to an imbalance of mortality in the treatment arm compared with controls.^{29,35}

Antisense oligonucleotides

Development of ASOs began in the late 1970s, but early ASOs were easily degraded by intracellular or serum nucleases.^{28–30}

The unfavorable distribution and pharmacokinetics (PKs) with low affinity for binding to complementary sequences made it difficult to deliver ASOs to the appropriate intracellular compartments with adequate concentrations. Due to the large and strong negative polarity, ASOs were unable to cross cell membranes. ASOs also stimulated immune responses.

These challenges were addressed by chemically modifying the ribose backbone^{28–30} with phosphorothioate (PS) substitutes, which facilitated cell uptake and allowed broad distribution with systemic administration by binding to serum, cell surface, and intracellular proteins. PS substitutions improved PKs and optimal protein binding. Additional 2'-O-methoxyethyl (2'-MOE) modifications improved PKs by binding to plasma proteins, allowing for stable concentrations; reduced elimination half-life by increasing stability against nucleases; and increased potency by improving binding affinity of complementary hybridization. The MOE-modified nucleotides also ameliorated some of the high-dose toxicities via nonspecific protein binding and improved the safety profile compared with first-generation ASOs. The activation of the immune system was also dampened.

Protein production can be altered using one of two different mechanisms in the nucleus or cytoplasm.^{28,34,35} The first is by enzymatic RNA degradation using RNase H, which is an endonuclease within the nucleus. RNase H recognizes the RNA/DNA heteroduplex and catalyzes the cleavage of RNA, thus reducing the expression of mutant protein. RNase H also prevents RNA from attaching to the ribosome thereby blocking protein transcription. The second is

by occupancy-only mechanism that pairs with target RNAs without triggering degradation and use alterations in RNA splicing: inhibiting translation to reduce production of toxic protein; enhancing translation to restore the deficient protein; and obstructing interactions that modify the functional effect of the protein or reduce the toxicity of the mutant protein (Figure 2).

Development of Inotersen

The most potent TTR inhibitors identified were ASOs to the TTR 3'-untranslated mRNA. They consisted of 20 base full-PS chimeric ASOs with five 2'-MOE-modified ribonucleotides at each terminus and a central region of ten 2'-deoxynucleotide residues (ie, 5-10-5 gapmer structure).³⁸⁻⁴⁰ Compounds were screened in vitro using mouse and monkey hepatocytes as well as human hepatoma HepG2 cells, and in vivo using TTR Ile84Ser transgenic mice, in a dose-dependent manner. Human mRNA and serum TTR levels were shown to be reduced in transgenic mice. No effect on activity, feeding, weight, or the liver was seen.

Four hundred TTR-specific ASO were screened, and from this, 36 ASOs were further evaluated for the ability to suppress the production of TTR. In ASO doses of 25 mg/kg, TTR RNA and protein levels were decreased by 90%. Eight of these ASOs were shown to suppress serum TTR levels in nonhuman primates.^{39,40} IONIS-TTR_{RX} was found to reduce human TTR (mRNA and protein levels) up to 80% in human TTR Ile84Ser transgenic mouse model.³⁸⁻⁴⁰

Inotersen (Ionis, Carlsbad, CA, USA; previously IONIS-TTR_{RX}/ISIS-420915) inhibits hepatic TTR production.⁴⁰ It is a second-generation 2'MOE-modified ASO that is complimentary to a region in the 3'-UTR of the human TTR mRNA, which is not known to contain TTR mutations, and reduces all TTR production. It binds to mRNA with complimentary base pairing mimicking the DNA/RNA complex. This hybridization leads to an RNase H1-mediated degradation of TTR mRNA, thus preventing TTR production (Figure 2). Inotersen does not hybridize to any other known human gene. Unlike LTx, Inotersen reduces levels of both mutated and wild-type TTR. By decreasing the amount of liver-based serum TTR, the formation of TTR amyloid fibril deposits will be reduced, which effectively slows or halts disease progression.

Preclinical trials

Preclinical trials studied the PK and toxicology effects of repeat doses up to 6 months in mice and 9 months in cynomolgus monkey.³⁸⁻⁴⁰ Class effects occurred in a dose- and duration-dependent manner. In monkeys, they

included transient effects on acute complement activation (at doses >10 mg/kg/week) and acute elevations in aPTT (at doses >12 mg/kg/week). Mice had inflammation that included presence of minimal to moderate mononuclear cell infiltrates in the sinusoids of liver lymph nodes and injection sites at doses >40 mg/kg/week after 3 and 6 months. The majority of Inotersen was cleared from plasma within hours, with the kidneys and liver having the highest concentrations. The half-life was 2–4 weeks. No effect was observed on TSH, total or free T4 or total or free T3 levels. RBP4 levels were reduced in parallel to TTR levels. Inotersen was well tolerated in mice and monkeys without adverse effects.

Phase I clinical trial

In 65 healthy volunteers, Inotersen demonstrated an average sustained, dose-dependent serum TTR reduction of 75% in a Phase I study (see Figure 3).⁴⁰ There were no significant safety issues noted over 4 weeks. Of the four single dose levels and five multiple doses studied, the 300 mg dose was identified as appropriate for subsequent trials. The main safety findings, as with other 2'-MOE ASO profiles, included mild injection site reactions, primarily pain and erythema, typically lasting for 24 hours and occurred with some, but not all, injections. TTR binds to the retinol-RBP4 complex and prevents its excretion by the kidney. Retinol reductions below the lower limit of normal were found in about 50% of subjects and recovered about 1 month after the final dose. Treatment of Inotersen 400 mg SC for 4 weeks revealed unremarkable tolerability and safety without significant adverse effects. Data from the healthy volunteers led to the dose of 300 mg weekly SC dose of Inotersen in a Phase III trial.

Phase III clinical trial

Given the limited and unequal standard of care options available internationally, an international, randomized, double-blind, placebo-controlled, 15-month Phase III study was undertaken with a 2:1 ratio of Inotersen (300 mg SC) to placebo.³³ A total of 172 patients received at least one dose of Inotersen (112 patients) or placebo (60 patients). Approximately 50% of patients had the Val30Met mutation; 67% had stage 1 disease (ambulating without assistance); 33% had stage 2 disease (ambulating with assistance); 58% previously received Diflunisal or Tafamidis, and 63% had cardiomyopathy. At the 15-month intervention period, 139 patients had completed the study while 33 patients (25 Inotersen patients and 8 placebo patients) discontinued the study. The primary cause for discontinuation in the Inotersen group was adverse events, while the placebo group either discontinued for voluntarily reasons or disease progression.

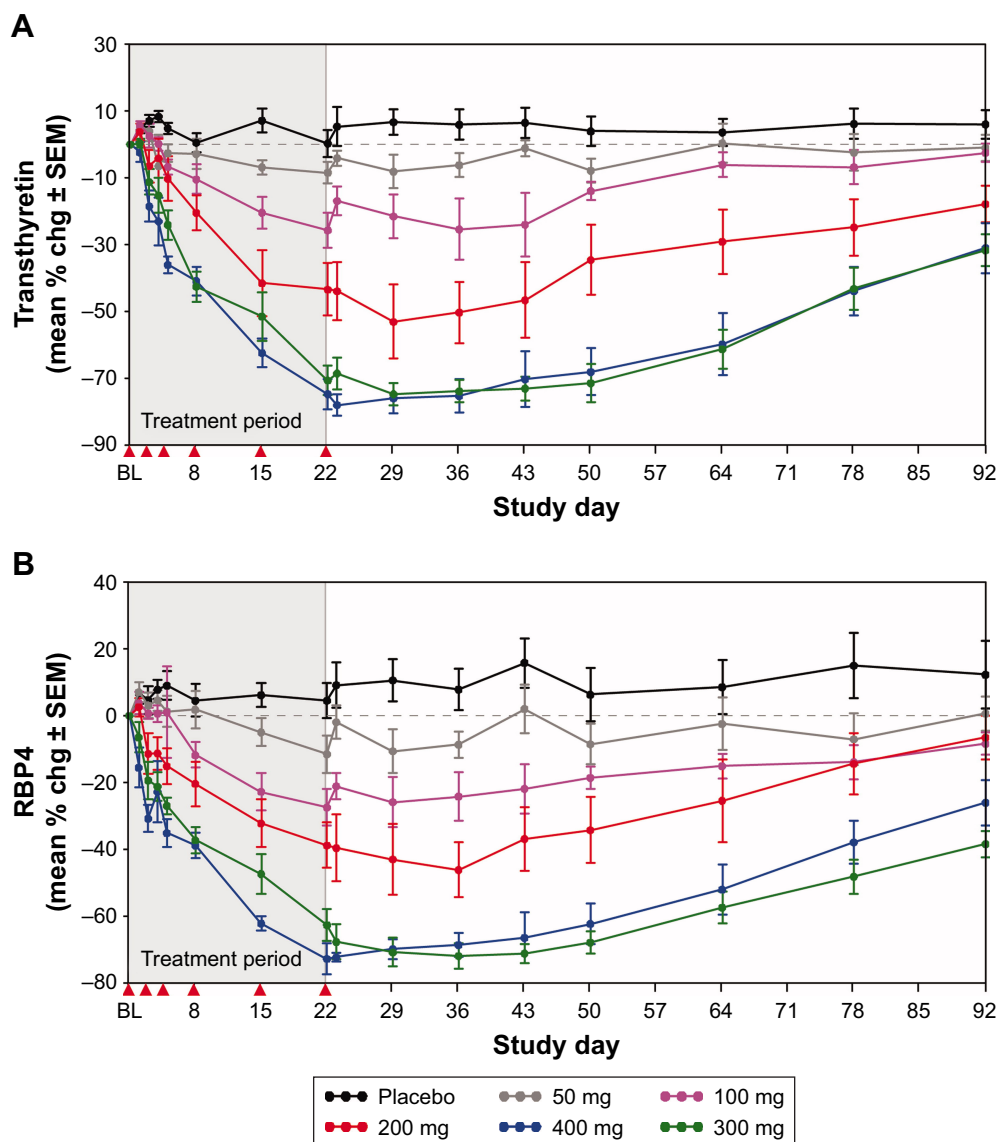


Figure 3 Pharmacodynamic effects of IONIS-TTR_{RX} in healthy volunteers.

Notes: Suppressing transthyretin production in mice, monkeys and humans using 2nd-generation antisense oligonucleotides, Ackermann EJ, Guo S, Benson MD, et al. *Amyloid*. 2016;23(3):148–157 reprinted by permission of the publisher (Taylor & Francis Ltd, <http://www.tandfonline.com>).⁴⁰ (A) Change in Plasma TTR levels in 50, 100, 200, 300, and 400 mg treatment groups. (B) Change in Plasma RBP4 levels in 50, 100, 200, 300, and 400 mg treatment groups.

Abbreviation: chg, change.

The primary end points, the mNIS +7 and the Norfolk QoL-DN change from baseline, both showed statistically significant differences between the Inotersen and placebo groups after 15 months of intervention (Figure 4) and were independent of mutation type, disease stage, and baseline cardiomyopathy status. There are eight components of the mNIS +7 composite score (range –22.3 to 346.3) where a decrease in score indicates improvement and a 2-point change is defined as a minimally clinically meaningful change detectable. The Norfolk QoL-DN contains 5 domains with 35 questions (range –4 to 136) where a higher score indicates a poorer quality of life. Patients who received Inotersen had an average increase in mNIS +7 from baseline of 5.8 (95% CI,

1.6–10) points compared to placebo with an average increase of 25.5 (95% CI, 20.2–30.8) points. An average increase of 1 (95% CI, –3.2 to 5.2) points was seen in the Inotersen group compared to 12.7 (95% CI, 7.4–17.9) points in the placebo group in the Norfolk QoL-DN. An improvement in mNIS +7 (no increase from baseline) was seen in 36% of patients in the Inotersen group and 50% had improvement in the Norfolk QoL-DN. Serum TTR levels were reduced by a median nadir of 79% and mean nadir of 74%. Three patients (3%) developed glomerulonephritis. All had the Val30Met mutation. One was treated with glucocorticoids and another with glucocorticoids and cyclophosphamide. One was treated with hemodialysis. Three patients (3%) had

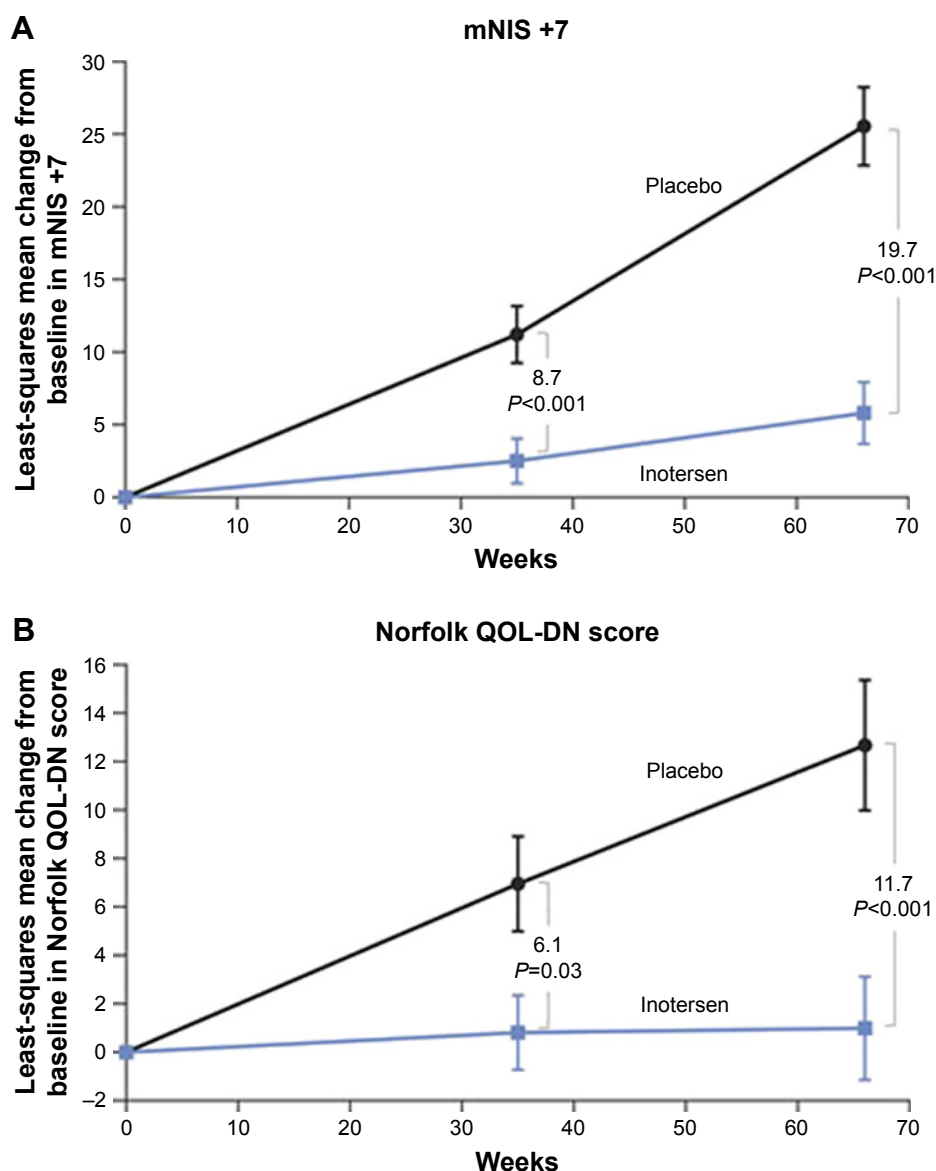


Figure 4 Primary end points: Inotersen Phase III study.

Notes: From the New England Journal of Medicine, Benson MD, Waddington-Cruz M, Berk JL, et al. Inotersen treatment for patients with hereditary transthyretin amyloidosis. *N Engl J Med.* 2018;379(1):22–31. Copyright © 2018 Massachusetts Medical Society. Reprinted with permission from Massachusetts Medical Society.³³ (A) Change from baseline between Inotersen and placebo groups for mNIS+7. (B) Change from baseline between Inotersen and placebo groups for QOL-DN questionnaire.

Abbreviations: mNIS +7, modified Neuropathy Impairment Score +7; QOL-DN, Quality of Life Questionnaire-Diabetic Neuropathy.

thrombocytopenia. Two responded to glucocorticoids and dose reduction. There was one death due to grade 4 thrombocytopenia. Safety concerns of thrombocytopenia and renal dysfunction were managed with weekly platelet monitoring and bi-weekly serum creatinine collection. Affected patients were treated with split dosing or dose reduction of Inotersen. Disease course and quality of life were improved after treatment with Inotersen.

Patients who successfully completed this Phase III study were given the option to continue in the open-label extension study to receive Inotersen, 300 mg SC once weekly, for up to 5 years.⁴¹ One hundred twenty-eight eligible patients (95%

of patients who completed the Phase III study) rolled over into the open-label extension study. Recent interim analysis findings demonstrated that the changes in the mNIS +7 and Norfolk-QOL in the Inotersen group continued to receive benefit after continuing treatment in the Phase III study. Similarly, the disease progression observed in the placebo group was reduced after initiating treatment with Inotersen in the open-label study. The average worsening in mNIS +7 and Norfolk QoL-DN changes from baseline to various time points in Phase III study was consistently higher in the placebo group compared with the Inotersen group, suggesting an increased therapeutic benefit with earlier treatment.

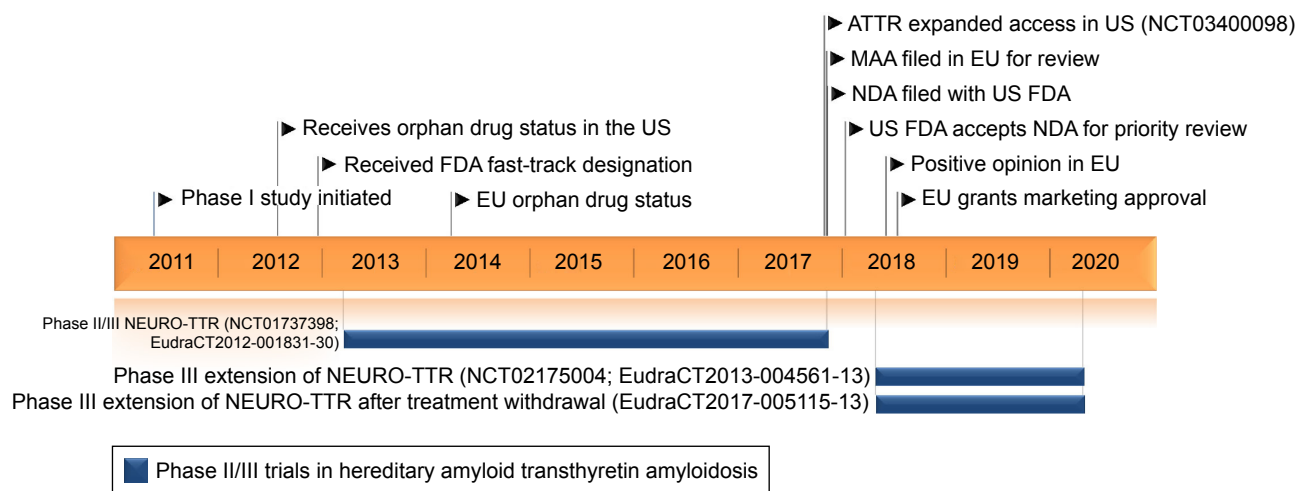


Figure 5 Inotersen timeline.

Note: Reprinted by permission from Springer Nature: Springer Nature, *Drugs*, Inotersen: first global approval, Keam SJ, 2018;78(13):1371–1376.⁴²

Abbreviations: ATTR, TTR amyloidosis; US FDA, US Food and Drug Administration; MAA, marketing authorization application; NDA, new drug application.

On August 20, 2018, Inotersen was approved in the European Union for the treatment of stage 1 or 2 adult patients with hATTR-PN (Figure 5).⁴²

Inotersen in TTR-CM

LTx is less successful in the treatment of non Val30Met hATTR-CM as it does not stop cardiac amyloid deposition. wtATTR also leads to cardiomyopathy in patients who would not be candidates for cardiac transplantation due to their age and for whom LTx is of no benefit. Previously, there was no effective treatment to stop or slow the progression of ATTR-CM. The cardiomyopathy is characterized by congestive heart failure. Progression of disease can be monitored by changes in echocardiogram and cardiac magnetic resonance imaging (MRI). Twenty-two patients with biopsy-proven wtATTR or hATTR, signs of congestive heart failure, and left ventricular wall thickness ≥ 1.3 cm on echocardiogram were entered into a single-center, open-label study of Inotersen.⁴⁴ Three patients left the study. One patient left the study to have a heart transplant, the second left the study after a fall leading to a head injury, and the third after developing pruritis which he felt was due to the study medication. Of the first 15 patients who completed the 12-month study, 8 patients had hATTR-CM (1 V30M, 6 T60A, 1 P24S) and 7 patients had wtATTR-CM. Mean reduction of TTR concentration was 72% (range 39%–91%). Lack of disease progression of hATTR-CM and wtATTR-CM was demonstrated by echocardiography and cardiac MRI over 12 months. There were no drug-related serious adverse events. Close monitoring revealed only mild decreases in platelet function and stable renal function. Inotersen appears to slow disease progression in ATTR-CM.

Conclusion

hATTR is a devastating disorder with death occurring within 15 years of disease onset, often beginning in patients around the age of 30. The inability of previous therapeutic treatments to prevent hATTR progression led to the discovery of Inotersen, an ASO that can be given once a week SC without pre-treatment. It is one of the new treatments becoming available for hATTR that can prevent disease progression and improve quality of life. Inotersen (Tegsedil[®]; Akcea Therapeutics, Inc, Boston, MA, USA and Ionis Pharmaceuticals, Carlsbad, CA, USA) was approved for the treatment of the polyneuropathy of hereditary transthyretin-mediated amyloidosis in adults on October 05, 2018 by the FDA. Inotersen is now approved in the USA, European Union and Canada.⁴³

As in all short-term studies, the long-term benefit and toxicities are yet to be answered. Sixty percent of patients treated with TTR oligonucleotides had a response over an 18-month period.¹⁰ Continued reduction of serum levels of TTR would presumably continue to prevent disease progression.

LTx patients who show signs of progression currently do not have any therapeutic options, and a trial with Inotersen could be considered.

Inotersen does not cross the blood–brain or blood–retinal barrier and thus would not be effective in hATTR patients with predominant retinal or leptomeningeal symptoms. ASOs can be injected intravitreally and intrathecally, and future studies may address these issues.^{28,30}

As with all inherited disorders, the question of management and treatment of asymptomatic or pre-symptomatic gene carriers will need to be addressed.⁴⁵ The efficacy of these medications for late onset or more severely affected

patients, for whom there is no current adequate therapy, is still unknown. Given the heterogeneity of hATTR, however, response rates may be different. It may be that there is no one best treatment for all patients and combination therapy using the different mechanisms: TTR reduction, TTR stabilizers, and reduction of TTR deposits will be required.

With all new medications, cost is a concern. However, the cost of treatment of untreated hATTR patients and hATTR patients who have undergone LTx or cardiac transplantation are considerable.⁴⁶ The cost of caregiver burden also needs to be considered.⁴⁷ Reduced work productivity of the patient and caregiver, patient's increasing need for assistance due to reduced ability for self-care and mobility, poor mental health, and poor quality of life are not easily quantified.

Disclosure

Dr Wang was the site Primary Investigator for the Phase III studies in Patisiran and Inotersen. She is currently involved in the Expanded Access Program for Inotersen. She also contributed to the Transthyretin-Associated Amyloidosis Outcomes Survey: A Global, Multi-center, Longitudinal, Observational Survey of Patients with Documented Transthyretin (TTR) Mutations or Wild-Type TTR Amyloidosis (THAOS). She has served on advisory boards for Ionis and Pfizer. The other author reports no conflicts of interest in this work.

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