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ATTITUDES TOWARD FERTILITY AND FERTILITY PRESERVATION IN WOMEN WITH GLIOMA

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## Attitudes toward fertility and fertility preservation in women with glioma

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### Abstract

**Background.** No studies have examined the fertility priorities of women undergoing treatment for their glioma. Glioma patients frequently undergo chemotherapy as part of their treatment; however, it is unknown whether patients truly are aware of its possible effects on their fertility. Our objective was to assess the fertility priorities of glioma patients and ascertain whether female glioma patients are being effectively counseled on the effects of chemotherapy on their fertility prior to beginning treatment.

**Methods.** The sample was composed of female patients from the Neuro-oncology clinic of the University of California, San Francisco. Participants completed a cross-sectional survey between October 2010 and December 2013 exploring their attitudes toward fertility and their experience with fertility counseling prior to chemotherapy initiation.

**Results.** Seventy-two women completed the survey. Analysis of the survey results showed that 30% of women receiving chemotherapy reported having a discussion regarding fertility preservation prior to beginning treatment. Of those who reported having this discussion, 80% were aware that chemotherapy could negatively affect their fertility. Many women reported that while fertility preservation was not important to them at the time of diagnosis, it was a priority for them at the time of survey completion. Although interest in having children tended to decrease after cancer treatment, the majority of respondents reported wanting a child after treatment.

**Conclusions.** The data obtained in this study suggest a lack of understanding of reproductive priorities, which may be addressed with a more comprehensive fertility discussion prior to beginning treatment.

### Keywords

brain cancer | glioma | fertility | fertility preservation

Approximately 19000 gliomas will be diagnosed in the United States in 2018, of which more than half will be glioblastoma.<sup>1</sup> Approximately 40% of gliomas occur in females, and about 14% of those are diagnosed in women of child-bearing potential (defined as age 15-39). Prognosis for patients with glioma depends on tumor grade and molecular characteristics; those with grade II gliomas have a median survival of approximately 13 years.<sup>2</sup> Patients with glioblastoma (grade IV astrocytoma), in contrast, have a

median survival of only approximately 15-20 months,<sup>3,4</sup> with approximately 10% surviving 5 years or longer.<sup>1,5</sup> Prognosis is better in younger patients, and periods of disease control off-treatment can be achieved, which means that fertility after treatment is a relevant concern for many of these patients, male or female. At present no studies have evaluated the impact of treatment on fertility for patients with brain tumors, despite the loss of reproductive ability being recognized as a significant side effect of many cancer

therapies.<sup>6,7</sup> Chemotherapy and/or radiation are essential components of cancer treatment and can be directly gonadotoxic and/or affect the hypothalamic/pituitary hormonal axis. For women, the damage may be severe and result in either complete sterility (ovarian failure), or partial injury resulting in early menopause and infertility (inability to conceive within 12 months).<sup>8</sup> For instance, patients who received cancer treatment during childhood were found to have higher overall incidence of acute ovarian failure, premature menopause, and adverse pregnancy outcomes later in life.<sup>9–11</sup> Some studies report that up to half of women experience menstrual cessation with cancer treatment.<sup>12,13</sup> While normal menses resume in some women after treatment, even the resumption of normal menses does not guarantee fertility, as studies have found that up to 40% of women whose menstrual cycle resumed after cytotoxic treatment remained infertile.<sup>13,14</sup> As survival with cancer in reproductive-aged patients has improved, the medical community has increasingly taken an interest in patients' survivorship, in particular paying attention to treatment-related infertility. Multiple studies have shown that most young cancer survivors desire future childbearing, that many perceive themselves to be less fertile than their peer groups, and that infertility negatively affects survivors' quality of life.<sup>7,15–17</sup> In some patients, the desire to retain fertility was strong enough to affect their decision regarding cancer treatment. A recent study on breast cancer survivors showed that at least half of the patients reported inadequate pretreatment counseling with regard to the effects of treatment on fertility, and only 17% of the patients had a consultation with a fertility specialist.<sup>18</sup> To date, no studies of this type have been carried out in patients with gliomas.

## Materials and Methods

### Study Objectives and Survey Design

This study sought to understand the incidence of decreased ovarian function in brain cancer patients, to assess the psychological impact of brain cancer and its related therapies on life aspirations including fertility-related aspirations, to evaluate the impact of reproductive function on quality of life, to assess the prevalence of patient education and physician counseling of these patients, and finally, to understand barriers to counseling in this patient population. We used a survey instrument created at University

of California, San Francisco (UCSF) to examine life priorities, reproductive satisfaction, and fertility counseling in patients diagnosed with gliomas (Fig. 1). Questions were assessed for readability and validity by 2 independent experts in survey methodology. The survey was piloted on 20 patients from the UCSF Center for Reproductive Health for content and readability prior to initiation of this study. This study was cross-sectional in nature; women completed the survey at different time points after their diagnosis and during their treatment. Institutional review board approval was obtained for all elements of this study.

To analyze the effect of chemotherapy on patient fertility, we used a targeted set of questions that investigated whether patients had attempted to have a child after completing cancer treatment and if they had successfully conceived. Patients were also asked whether fertility treatment was used and if so, which methods were utilized. Additionally, patients were asked to report changes in their menstrual cycle that occurred since cancer treatment had begun.

Several survey questions were designed to understand the circumstances surrounding pretreatment fertility-preservation discussions. These questions aimed to address whether patients had a discussion regarding fertility preservation prior to treatment and, if so, who initiated the discussion, which parties participated, and with whom they would have felt most comfortable discussing the topic. Lastly, patients reported whether they were aware that chemotherapy could affect their fertility.

To better understand the priorities of women with glioma in relation to family planning and childbearing, participants were asked to rank the following categories in order of importance both before their diagnosis and after their treatment: having a child, spending time with loved ones, career, hobbies, health, and service. Women were asked to give a priority of 1 (most important) to 6 (least important), and they were able to assign the same score to 2 or more categories. Since patients completed the survey only once, and only after their treatment was initiated, they were asked to recall their priorities prior to diagnosis to the best of their abilities.

Participants were also asked to rank a series of statements relating to being pregnant and having a child based on how desirable they were. Women gave a rank of 0 (not desirable) to 10 (most desirable thing imaginable) for 18 such statements. Similarly, women were asked to rank the undesirability of 17 statements relating to aspects of pregnancy and motherhood. Participants ranked statements from 0 (desirable) to 10 (most undesirable thing

Patient demographics
Effect of chemotherapy on patient fertility
Characteristics of pre-treatment fertility preservation discussion
Patient priorities regarding family planning and childbearing
Patient rankings of desirability and undesirability in relation to childbearing

**Fig. 1** Fertility Questionnaire Subsections

imaginable). Rankings for both categories (desirable and undesirable) were independent of 1 another and the same score could be assigned to multiple statements.

Finally, women were asked to indicate how strongly they agreed or disagreed with 6 statements regarding feelings toward having a child. Rankings were given on a scale of 0 (strongly disagree) to 10 (strongly agree).

### Study Population and Eligibility

Eligible patients were women between the ages of 18 and 45 at the time of diagnosis who had a primary brain malignancy that was World Health Organization (WHO) grade II, III, or IV. Tumor grade was self-reported, and in analyses that consider tumor grade, participants reporting a grade of “other” were not included. Potentially eligible women were identified at check-in prior to a routine visit at the UCSF Neuro-oncology clinic. There were 4 providers seeing patients in the neuro-oncology clinic at the time the survey was taken. Interested patients were consented in clinic and were then given a link to the online survey. Patients chose to complete the survey electronically either in the office after their clinic visit or at home. If participants had not completed the survey prior to returning for a second visit, they were reminded to do so. A final reminder was given at the third visit if the participant had failed to complete the survey. Surveys were completed between 2010 and 2013.

### Statistical Analysis

Survey results were analyzed using STATA Software version 10.0. Descriptive statistics including age at diagnosis, tumor grade, and parity were generated. Interest in having children before diagnosis and after treatment was compared using a chi-squared test. Data regarding fertility discussions were tabulated and described. A chi-squared test was performed to test the correlation between tumor grade and awareness that treatment affected fertility.

Priorities regarding childbearing were analyzed by averaging scores for each category and determining the difference in score before diagnosis and after treatment. *T* tests were performed for each category. Rankings of desirability and undesirability were evaluated qualitatively to understand general desires and concerns of women regarding childbearing.

## Results

### Study Population Demographics

Between 2010 and 2013, 103 women were approached to participate in the survey. Of those, 99 women consented and 4 declined to participate. Of the 99 patients who consented, 72 women between the ages of 19 and 45 completed the survey. The participant characteristics are presented in Table 1. The average age of the women completing the survey was 35.3 ± 7.06 years old. Among the study population, 77.8% identified as white, 6.9% as Hispanic, 5.6% as Asian, 1.4% as African American, and

**Table 1** Sociodemographic Characteristics of Sample at Time of Survey Completion (n = 72)<sup>a</sup>

Characteristic	Mean (SD) or n (%)
Age (years)	35.3 (7.06)
Ethnicity	
White, Non-Hispanic	56 (77.8%)
Hispanic/Latino	5 (6.9%)
African American/Black	1 (1.4%)
Asian	4 (5.6%)
Other	6 (8.3%)
Relationship status	
Single	18 (25.4%)
Significantly involved but not living with partner	6 (8.5%)
Living with partner but not married	10 (14.1%)
Married	34 (47.9%)
Separated	3 (4.2%)
Tumor grade	
2	35 (48.6%)
3	24 (33.3%)
4	11 (15.3%)
Other	2 (2.8%)
Parity at time of diagnosis	
Nulliparous	41 (56.9%)
Primiparous	13 (18.1%)
Multiparous	18 (25%)
Number of children	0.82 (1.17)
Cancer treatments received	
Surgery	64 (88.9%)
Chemotherapy	54 (75%)
Radiation	41 (56.9%)
All of the above plus others	9 (12.5%)
No treatment	1 (1.4%)

<sup>a</sup>Seventy-two individuals completed the survey.

8.3% identified as either “more than one race” or “other.” One person declined to state her race. The majority of women taking the survey were in some type of relationship at the time of the survey, either married (47.9%), living with their partner but not married (14.1%) or significantly involved but not living with their partner (8.5%).

Grade II gliomas were the most prevalent, representing 48.6% of those surveyed. Grade III gliomas were the second most common, accounting for 33.3%, followed by grade IV gliomas (glioblastoma) representing 15.3% of the sample. At the time of the survey, the vast majority (88.9%) of participants reported receiving surgery beyond a diagnostic biopsy for their tumor, while 75% received chemotherapy, 56.9% received radiation, and 12.5% received all of the treatments listed plus others.

Participants were asked to report the number of children that they had at the time of taking the survey, and the majority of participants (56.9%) reported being nulliparous.

## Determination of Prevalence and Effectiveness of Fertility Counseling

A central goal of the study was to assess whether fertility counseling was made available to patients prior to their initiation of any cancer treatments, and to identify any obstacles preventing this discussion. Participants were asked whether they discussed fertility preservation prior to beginning treatment, and 30% reported that they had. Approximately 61% reported not having a fertility preservation discussion, and 9% did not remember whether they had discussed it. There was no difference in the counseling rate of those who underwent chemotherapy vs those who did not ( $P = .108$ ).

Patients were also asked whether they knew that cancer treatments may affect their fertility, and overall 63% reported awareness of this fact. Of those patients who had a fertility discussion, 80% were aware the treatment may impair their fertility, as opposed to only 55% of patients who did not have a fertility discussion ( $P = .054$ ). When evaluating by tumor type, 47% of participants with grade II tumors were aware, while 77% of those with grade III tumors and 90% of those with grade IV tumors reported awareness ( $P = .01$ ). After controlling for whether patients had undergone chemotherapy, this result was only borderline significant ( $P = .057$ ).

Several follow-up questions were asked of the 21 patients who reported having this discussion in an attempt to better understand the counseling that did occur (Table 2). The majority of patients (52%) reported that their doctor initiated the conversation, while 33% reported that a family member brought up the issue, and 52% reported that

they themselves raised the discussion (options were not mutually exclusive). Patients were most likely to engage in the conversation with their oncologist, followed by their gynecologist, reproductive specialist, nurse, and social worker. Most patients who had this discussion reported that they would have felt most comfortable having the discussion with a reproductive specialist (62%); however, a sizable group reported that they would have preferred discussing fertility preservation with their oncologist (38%).

Participants were asked why they did not initiate a discussion with their doctor, and 38 women provided responses. Fourteen women (37%) reported that fertility preservation was not important to them, even at the time of taking the survey, while 21 women (55%) reported that fertility preservation was not important to them initially, when counseling would have taken place, but was important at the time of the survey. Other reported barriers were embarrassment toward initiating the conversation and concern for taking up the doctor's time with this discussion.

## Priorities of Women With Glioma Regarding Childbearing and Family Planning

Women generally shifted from wanting more children before their diagnosis to being uncertain whether they wanted more children after their treatment. Before diagnosis, 54% of women reported wanting more children, and this number dropped to 35% after treatment. However, the proportion of women considering having more children after treatment increased, with 33% responding in this manner vs only 21% of participants giving this response prior to diagnosis. Women were also less likely to report that they were not interested in having children before their diagnosis (16%) vs after treatment (28%). Patient tumor grade was not correlated with desire to have a child either before or after diagnosis. A comparison of the answers given before diagnosis and after treatment is given in Table 3.

Participants were also asked to rank 6 categories regarding life priorities in order of importance before diagnosis and after treatment (Table 4). On average, women reported that "spending time with loved ones" was their top priority both prior to diagnosis and after receiving treatment. "Having a child" and "Career" became less important, with average changes of 0.51 points and 0.81 points, respectively, while "Health" and "Service" became more important, with average changes of 0.84 and 0.31, respectively.

**Table 2** Details of Fertility Discussion

Characteristic	Mean (SD) or n (%)
Prior to treatments, was fertility preservation discussed?	n = 69
Yes	21 (30.43%)
No	42 (60.87%)
I don't know/I don't remember	6 (8.7%)
If yes, who brought up the discussion?	n = 21
Doctor	11 (52.38%)
Family member	7 (33.33%)
I did	11 (52.38%)
If yes, with whom did you have the discussion?	n = 21
Oncologist	17 (80.95%)
Gynecologist	7 (33.33%)
Reproductive specialist	6 (28.57%)
Nurse	2 (9.52%)
Don't remember	1 (4.76%)
Other	1 (4.76%)
With whom would you have felt most comfortable having the discussion?	n = 21
Oncologist	8 (38.10%)
Reproductive Specialist	13 (61.90%)

**Table 3** Interest in Having More Children

Response	Before Diagnosis (n = 71)	After Diagnosis (n = 40)
Yes	38 (53.5%)	14 (35%)
No	11 (15.5%)	11 (27.5%)
Considering	15 (21.1%)	13 (32.5%)
Hadn't thought about it	7 (9.9%)	2 (5.0%)

**Table 4** Average Ranking of Priorities

Response	Before Diagnosis <sup>a</sup> (n = 71)	After Diagnosis <sup>a</sup> (n = 40)	Average Difference (SD)	PValue of T Test
Career	2.97 (1.59)	3.78 (1.44)	-0.806 (1.76)	<b>0.0003</b>
Having a child	3.78 (1.86)	4.31 (1.78)	-0.508 (2.04)	<b>0.0238</b>
Health	2.86 (1.38)	2 (1.32)	0.836 (1.53)	<b>0.0001</b>
Hobbies	4.17 (1.17)	4.17 (1.14)	0.049 (1.16)	0.7419
Service	4.62 (1.46)	4.45 (1.21)	0.306 (1.22)	<b>0.0265</b>
Spending time with loved ones	2.27 (1.48)	1.97 (1.21)	0.235 (1.15)	0.1032

<sup>a</sup>Rating on a scale of 1 to 6, with lower number corresponding to higher priority.

**Table 5** Ranking of Desirability at Time of Survey Completion

Characteristic	Mean <sup>a</sup> (SD)
Having a family	7.16 (3.68)
Experiencing a close bond between myself and my child	6.99 (3.61)
Guiding and teaching my child	6.99 (3.55)
Seeing my baby's own personality emerge	6.64 (3.71)
Holding and cuddling a baby	6.09 (3.71)
Devoting myself to raising children and being a mother	5.94 (3.96)
Having a son or a daughter	5.76 (3.88)
Being physically connected to my baby for 9 months	5.43 (3.74)
Being able to get pregnant	5.34 (3.89)
Giving my partner the satisfaction of being a parent	5.31 (3.75)
Feeling a baby move and kick inside me	5.27 (3.75)
Seeing family resemblance	5.20 (3.71)
Giving birth to a baby	4.86 (4.03)
Having companionship through a child	4.86 (3.50)
Breastfeeding a baby	4.85 (3.79)
Having a child who will carry out my family tradition	4.64 (3.62)
Providing my parents with grandchildren	4.53 (3.62)
Feeling more complete as a woman through having a baby	4.00 (3.84)

<sup>a</sup>Ranking on a scale of 1 to 10, with lower number corresponding to lower desirability.

Participants rated 18 categories relating to having a child for desirability (Table 5). Of the 18 categories, the most highly rated was "having a family" with an average rating of 7.2, closely followed by "experiencing a close bond between myself and my child" with an average rating of 7.0. The lowest rated items were "providing my parents with grandchildren" (average rating of 4.5) and "feeling more complete as a woman through having a baby" (average rating of 4.0).

Participants also rated the "undesirability" of 17 items (Table 6). On average, the most undesirable items were

**Table 6** Ranking of Undesirability at Time of Survey Completion

Characteristic	Mean <sup>a</sup> (SD)
Having a child with a genetic disease	8.93 (2.11)
Having a baby who is born deformed	8.91 (2.12)
Worrying about effects of chemo/radiation on embryo formation	8.77 (2.11)
Becoming pregnant during a recurrence	8.71 (2.35)
Leaving a child behind without a parent(s)	8.69 (2.49)
Guilt of possibly leaving a child	8.69 (2.39)
Passing off negative genetic traits or diseases	8.60 (2.42)
Having a baby who strains my health	7.19 (2.63)
Feeling guilty or inadequate as a parent	6.45 (3.29)
Having a child who is a burden to my partner	6.24 (3.42)
Burden on finances	5.51 (3.07)
Experiencing the pain of childbirth	5.31 (3.57)
Taking care of a sick child	5.17 (3.29)
Experiencing the discomforts of pregnancy	4.97 (3.44)
Having a baby who takes away my freedom to do other things	4.43 (3.48)
Being kept away from a career by a child	4.00 (3.36)
Feeling responsible for another person's life	3.66 (3.35)

<sup>a</sup>Ranking on a scale of 1 to 10, with lower number corresponding to lower undesirability.

having a "child with a genetic disease" and "having a baby who is born deformed" with ratings of 8.93 and 8.91, respectively. The least undesirable items (eg, items that women were not as concerned about) were "feeling responsible for another person's life" and "being kept away from a career by a child" with ratings of 3.66 and 4.00, respectively.

## Effect of Cancer Treatments on Fertility

### Self-reported infertility

The response rate to questions regarding patients' fertility before diagnosis and after treatment was low, with only 21 responders; 13 women (62%) reported that they were not infertile. In addition, 4 women reported that they

received fertility treatment prior to diagnosis, with all 4 receiving hormonal treatments, and 2 also receiving intrathecal sperm injections.

Only 4 women reported trying to conceive after completing treatment, and none of them used fertility treatment. Of these women, 1 was unable to conceive while 3 did successfully conceive.

### *Menstrual changes*

Of the 71 women who responded to questions about the frequency of menstrual changes after treatment, 91% reported regularity in their menstrual cycles prior to treatment while 6% reported having irregular menstrual cycles and 3% did not remember.

Participants were then asked to describe how their menstrual cycle had changed since undergoing therapy. Of the 59 women who provided a response and who had begun treatment, 56% reported some type of menstrual change since initiating cancer treatment, while 36% reported no change. The remaining 8% reported that they either did not know or their response did not fit into one of the categories defined. Of those patients who had chemotherapy, 69% reported menstrual disturbances, while only 22% of women who did not have chemotherapy (but who may have had surgery and/or radiation) reported a change. A chi-squared analysis showed that this was significant with  $P = .009$ .

## Discussion

### Determination of Prevalence and Effectiveness of Fertility Counseling

Our results are consistent with other comparable fertility studies, indicating a need for improved counseling among women undergoing chemotherapy.<sup>18-23</sup> There are many possible reasons for lack of counseling in this population, including the potentially grave prognosis. With other cancers, studies have demonstrated that oncologists themselves feel underprepared to speak to their patients about fertility preservation, as they report not understanding recent advancements in the field.<sup>20,24,25</sup> One study showed that the primary barrier to accessing fertility treatment was the perceived urgency of cancer treatment as conveyed by medical professionals.<sup>26</sup> This same study showed that women were less likely than men to receive encouragement to pursue fertility preservation, perhaps reflecting the perceived simplicity of male vs female fertility preservation. Our study also found that some patients may be embarrassed about having this discussion or concerned with wasting their physicians' time, leading them to avoid broaching the topic. It would be helpful to follow up with a survey targeting neuro-oncologists, which would aid in an effort to understand the barriers to discussion from the physicians' point of view.

Interestingly, more patients reported being aware that treatments could affect their fertility than reported having a fertility discussion. This may indicate that patients are finding this information on their own using outside resources.<sup>27</sup>

The survey results also indicated that 80% of those who do report having a fertility discussion are aware that treatment may affect their fertility. This result is encouraging as it demonstrates that discussions are effective and may help patients make educated choices regarding preserving their fertility prior to treatment.

Our study is consistent with other studies reporting a low referral rate to reproductive specialists.<sup>22,28-30</sup> While most patients in our study who had this discussion reported having it with their oncologist, patients indicated they would be most comfortable having this discussion with a reproductive specialist. In addition, about half of patients reported that they initiated a fertility preservation discussion, which is consistent with other studies showing that patients often drive a referral to a reproductive specialist.<sup>31</sup>

An interesting finding of the study was that some women reported that they did not bring up the topic of fertility preservation because it was not important to them at the time of diagnosis but was important to them at the time they were being surveyed. This discrepancy may be caused by many factors: patients being overwhelmed by the implications of their new diagnosis, not being aware that infertility is an issue, or not planning on having children at the time of diagnosis.

### Priorities of Women With Glioma Regarding Childbearing and Family Planning

Results of the survey showed that women were less likely to report wanting another child after treatment than before their diagnosis. Decrease in desire for children may correspond to concerns regarding survival expectation of the mother. We were unable to correlate this change in desire with severity of diagnosis, although we postulate that this correlation may be evident given a larger sample size. In addition, women report that health becomes more important after treatment while having children loses some importance. These results show a shift of priorities toward taking care of self vs planning for a family.

In reviewing the ratings of "desirability" and "undesirability" given to topics of family planning and childbearing, a few patterns emerge. The most highly undesirable items tend to be those that pertain to either passing health problems onto offspring or leaving children without a parent. Indeed, young cancer survivors do face an increased risk of second malignancies and complications due to treatment, in addition to the risk of recurrence of their original tumor.<sup>32,33</sup> It is clear that patients have concerns regarding the health of their future offspring, which may be addressed in a comprehensive fertility discussion. It would be helpful to conduct a follow-up study addressing the fertility and family planning concerns of men with glioma and partners of glioma patients to gain a more complete understanding of these issues.

### Effect of Cancer Treatments on Fertility

While one of the goals of the study was to evaluate how cancer treatment affects the fertility of women with glioma, we were not able to answer this question with confidence because of significant nonresponse in this area of the

survey. It is possible that women who were not attempting to have children did not respond to questions regarding fertility, even though there was an option to indicate this on the survey, or that questions may have caused emotional discomfort in some patients.

We also attempted to understand whether treatment for brain tumors had an impact on ovarian function by evaluating changes in menstrual cycle once treatment commenced. Data showed that some type of change in menstrual cycle was significantly more common among participants who underwent chemotherapy, indicating a correlation between having been treated with chemotherapy and experiencing menstrual changes. This finding is consistent with current literature evaluating similar classes of drugs.<sup>12,13</sup> While change in menstrual cycle does not necessarily indicate loss of fertility, research has shown a correlation between women who experience menstrual changes during chemotherapy and those who report infertility.<sup>13</sup>

### Study Limitations

The survey format and cross-sectional nature of the study posed several limitations to the quantity and quality of data that could be extracted. For instance, patients completed the survey after their cancer diagnosis and were asked to answer questions regarding their state of mind before their diagnosis. In particular, women were asked to recall the regularity of their menstrual cycles, their priorities regarding childbearing and family planning, and whether they had a fertility discussion. All of these data could be influenced by recall bias and by the time elapsed between the time periods in question and taking the survey, a period of time that ranged from 5 days to 14 years. There was substantial nonresponse in some areas of the survey, which prevented accurate evaluation of many of the primary questions that were raised. This nonresponse may have been due to the length of the survey, to patient discomfort toward divulgence of sensitive information, or to difficulties with patient recall. Additionally, participants were not asked to consent to a medical chart review, which prevented verification of data.

### Suggestions Going Forward

Suggestions for clinicians are based on the principal results of this study, which suggest a limited knowledge from women undergoing cytotoxic chemotherapy for their brain tumor with regard to its potential impact on their reproductive health. Furthermore, the results of this survey suggest that patients who do have fertility preservation discussions with their doctors may still be left with gaps in their understanding. When feasible, we suggest that a fertility preservation discussion be initiated with a patient who is considering chemotherapy before treatment begins. It may also be helpful to have this conversation in the presence of the patient's caregiver.

Finally, it may be in the patient's best interest to offer a referral to a reproductive specialist so that patients may increase their understanding of the risks to their fertility

and their options to circumvent this risk. Issues regarding health insurance coverage of consultation with a fertility expert and cost of fertility preservation procedures must be assessed on a case-by-case basis taking into account the patient's priorities and the health care available to them. Similar to the rest of oncology, survivorship for neuro-oncology patients is increasingly being recognized as a fundamental component of care, of which reproductive priorities are an important piece. As such, it is critical that neuro-oncologists address potential impacts on fertility in treatment discussions whenever possible.

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