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# Coupling to Gq Signaling Is Required for Cardioprotection by an Alpha-1A-Adrenergic Receptor Agonist

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# Abstract

**Rationale**—Gq signaling in cardiac myocytes is classically considered toxic. Targeting Gq directly to test this is problematic, because cardiac myocytes have many Gq-coupled receptors.

**Objective**—Test whether Gq coupling is required for the cardioprotective effects of an alpha-1A-adrenergic receptor (AR) agonist.

**Methods and Results**—In recombinant cells, a mouse alpha-1A-AR with a 6-residue substitution in the third intracellular loop does not couple to Gq signaling. Here we studied a knockin mouse with this alpha-1A-AR mutation. Heart alpha-1A receptor levels and antagonist affinity in the knockin were identical to WT. In WT cardiac myocytes, the selective alpha-1A agonist A61603 stimulated phosphoinositide phospholipase C and myocyte contraction. In myocytes with the alpha-1A knockin, both A61603 effects were absent, indicating that Gq coupling was absent. Surprisingly, A61603 activation of cardioprotective ERK was markedly impaired in the KI mutant myocytes, and A61603 did not protect mutant myocytes from doxorubicin toxicity in vitro. Similarly, mice with the α1A KI mutation had increased mortality after transverse aortic constriction, and A61603 did not rescue cardiac function in mice with the Gq coupling-defective alpha-1A receptor.

**Conclusion**—Gq coupling is required for cardioprotection by an alpha-1A-AR agonist. Gq signaling can be adaptive.

#### Keywords

Gq; Gq signaling; cardiac myocytes; alpha-1A-adrenergic receptors; heart failure; cardioprotection; Gproteins; cardioprotection; Cell Signaling; Myocardial Biology; Pathophysiology; Translational Studies

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DISCLOSURES

UCSF owns a patent with PCS as inventor for use of A61603 in heart failure, and PCS is involved in a company to pursue this.

# INTRODUCTION

Studies in the late 1990s showed that cardiac overexpression of G alpha q (Gq) can cause death of myocytes and decompensated heart failure.<sup>1–3</sup> These results have had a profound effect on thinking, such that current models of pathological hypertrophy, hypertrophy that leads to heart failure, typically point to Gq-coupled receptors as key mediators.<sup>4–7</sup>

Cardiac myocytes have Gq-coupled receptors for many neurohormones and other ligands, including norepinephrine (a1-adrenergic receptors, ARs), acetylcholine, angiotensin II, apelin, endothelin, histamine, prostaglandin, bradykinin, serotonin, spingosine-1-phosphate, thrombin, urotensin II, and vasopressin.<sup>8</sup> However, most Gq-coupled receptors also signal through Gq-independent pathways, so it is very difficult to be sure if Gq signaling by any or all of these receptors is indeed toxic, as models suggest.

a 1-ARs are highlighted in most models as mediators of pathological hypertrophy. However, recent studies show that stimulation of one a 1-AR subtype, the a 1A, with highly selective agonists can prevent cardiotoxicity and heart failure in mouse models.<sup>9–12</sup> It is unknown whether these adaptive effects are mediated via the Gq coupling of the a 1A-AR, or by a Gq-independent mechanism.

An approach to test these possibilities was provided by the discovery of an  $\alpha$ 1A mutant receptor that does not couple to Gq, as assayed by absent inositol phosphate (IP) and calcium signaling in HEK293 cells, despite normal ligand binding.<sup>13</sup> The  $\alpha$ 1A mutant involved a 6 amino acid substitution in the 3rd intracellular loop (CCPGCC for DSEQVT).<sup>13</sup> This region is analogous to an area of the  $\alpha$ 1B-AR subtype required for Gq coupling in COS cells;<sup>14</sup> and is just C-terminal to 3 amino acids (YVV) of the  $\alpha$ 1A, deletion of which abolishes calcium and IP responses in PC12 cells.<sup>15</sup> None of these mutations have been shown to disrupt Gq binding, and the uncoupling mechanism is not known.

Here we tested a knockin (KI) mouse model with the same 6 amino substitution in the 3rd intracellular loop. We find that  $\alpha$ 1A ligand binding by this GqKI mutant is normal in heart, but Gq coupling is absent in myocytes by IP signaling and contraction. ERK activation by an  $\alpha$ 1A agonist is markedly impaired, and cardioprotection is absent in vitro and in vivo. These data show that adaptive effects of the  $\alpha$ 1A require Gq signaling, and that Gq signaling is not invariably maladaptive.

# METHODS

The authors declare that all supporting data are available within the article [and its online supplementary files].

Mice were adult males in the C57Bl/6J background. The study was limited to male mice, since female C57BL6J mice are resistant to stresses that cause heart failure in males, and this study was not intended to explore sex differences.<sup>9, 16, 17</sup> Horizon Discovery (St. Louis, MO) made the mouse with the knockin that disrupts Gq signaling in recombinant cells (GqKI) in the C57Bl6J background using CRISPR technology. Adult mouse ventricular

RNA from freshly isolated AMVMs was extracted with RNeasy Mini Kit, and  $\alpha 1$  subtype mRNAs normalized to  $\beta$ -actin and GAPDH mRNAs were quantified by RT-qPCR and the Cq method.

Saturation radioligand binding in total membranes from intact hearts used <sup>3</sup>H-prazosin for  $\alpha$ 1-ARs. The fraction of the  $\alpha$ 1A subtype was determined using competition binding with the selective antagonist 5-methylurapidil.<sup>18</sup>

To assess Gq coupling by phosphoinositide phospholipase C (PI-PLC) activation, cultured myocytes were prelabeled with <sup>3</sup>H-inositol and stimulated for 1 h with the selective a1A agonist A61603; <sup>3</sup>H-inositol phosphates (IPs) were separated by dowex chromatography and quantified. Absolute IP-1 mass was also quantified using the Cisbio IP-One competitive HTRF (Homogeneous Time Resolved Fluorescence) immunoassay (Bedford, MA).

Gq coupling and calcium signaling were also assessed by A61603-stimulated contraction of isolated myocytes, quantifying changes in sarcomere length with an IonOptix system.

ERK1/2 dually phosphorylated on tyrosine and threonine (pERK) was detected in cultured myocytes by immunoblot or immunocytochemistry with a rabbit monoclonal antibody (Ab, Cell Signaling #4370).

A role for Gi was tested using pertussis toxin (PTX), and for  $\beta$ -arrestin, using dephosphorylation of  $\beta$ -arrestin1 detected on immunoblot.

Cultured myocyte survival after incubation with the anthracycline doxorubicin (DOX) was estimated by measuring viable cells with the MTT assay.

Mouse survival and response to chronic A61603 in vivo were tested by severe transverse aortic constriction (TAC, gradient ~110 mmHg). Two weeks after TAC, when function by echo had deteriorated, WT mice were randomized to A61603 or vehicle infusion by osmotic minipump, and GqKI mice were treated with A61603. All operators were blinded, and no mice were excluded. Group sizes were estimated from prior studies in WT mice.

Results are mean  $\pm$  SE. GraphPad Prism v6.0h was used to test for significant differences (p < 0.05) as indicated in the legends.

#### RESULTS

#### a1A-AR mRNA levels and binding are normal in the GqKI mutant mouse

The substitution mutation that eliminates Gq coupling in recombinant cells replaces 6 amino acids (228–233) in the 3rd intracellular loop of the  $\alpha$ 1A (Figure 1A).<sup>13</sup> A different close-by  $\alpha$  1A deletion (YVV at residues 208–210) also uncouples Gq signaling.<sup>15</sup> Gq binding is not reduced.<sup>15</sup>

These data indicate that the mutant receptor is expressed and binds normally in heart and myocytes, as seen previously in recombinant cells.<sup>13</sup>

This mutation will not alter  $\alpha$ 1A localization. The  $\alpha$ 1A is expressed constitutively in the cardiac myocyte nucleus,<sup>19–24</sup> with a nuclear localization signal in the C-terminal tail, quite distant from the KI mutation made in the proximal 3rd intracellular loop.<sup>22</sup>

#### The GqKI mutant a1A does not couple to Gq in myocytes

We tested Gq coupling in cultured AMVMs using the selective a1A agonist A61603 to activate PI-PLC, the prototypical Gq response. A61603 activated PI-PLC robustly in WT myocytes, measured by stimulated accumulation both of 3H-IP1 (Figure 2A) and IP1 mass (Figure 2B). Activation was absent in GqKI cells (Figure 2AB).

We also tested Gq coupling by assaying contraction stimulated by A61603, which is a calcium-dependent process.<sup>25</sup> A61603 stimulated shortening in WT cells but had no effect on contraction in GqKI cells, whether displayed on a per cell or per heart basis (Figure 2C).

These data confirm in normal adult cardiac ventricular myocytes that the mutant receptor does not couple to Gq signaling.

#### No role for $\beta$ -arrestin or Gi

We considered whether the KI that eliminated Gq signaling also disrupted signaling via  $\beta$ arrestin or Gi. There is no evidence in cardiac myocytes that the  $\alpha$ 1A couples to  $\beta$ -arrestin, and even in recombinant cells, where  $\alpha$ 1A levels are an average 700-fold higher than in myocytes, the receptor does not recruit  $\beta$ -arrestiin.<sup>26–30</sup> To explore  $\beta$ -arrestin involvement in myocytes, we used an approach that did not involve knockout or overexpression, but rather tested if  $\alpha$ 1A agonist stimulation caused dephosphorylation of  $\beta$ -arrestin, a first step in  $\beta$ arrestin activation.<sup>31, 32</sup> As shown in Online Figure I A, total  $\beta$ -arrestin1 and  $\beta$ -arrestin1 phosphorylated at S412, the major regulated site, were detected readily in AMVMs. However, the selective  $\alpha$ 1A agonist A61603 did not cause  $\beta$ -arrestin dephosphorylation. Myocyte fractionation to cytosol and membrane components also did not reveal  $\beta$ -arrestin dephosphorylated  $\beta$ -arrestin1 (Online Figure I AB). These results support those in recombinant cells that the  $\alpha$ 1A does not couple to  $\beta$ -arrestin.<sup>26–30</sup>

Similarly, we showed previously that Gi is not involved in  $\alpha$ 1-receptor activation of PI-PLC, using pertussis toxin (PTX) in neonatal rat ventricular myocytes.<sup>33</sup> Here we used PTX to test  $\alpha$ 1A coupling to ERK activation via Gi. Online Figure II shows that PTX has no effect on A61603 activation of ERK.

#### Gq coupling is required for full ERK activation by an a1A agonist in AMVMs

Previous studies established that ERK is required for cardioprotection by the  $\alpha 1A$ .<sup>10, 24</sup> In WT cultured AMVMs, the  $\alpha 1A$  agonist A61603 activated ERK by 5-fold (Figure 3). In GqKI myocytes, A61603 activated ERK by only 2-fold, a significant 60% reduction vs. WT (Figure 3). As a positive control, phorbol myristate acetate (PMA) increased pERK by a maximum 5-fold equally in WT and GqKI cells, and as a negative control, the  $\alpha 1$ -AR antagonist prazosin blocked the A61603 effect completely in both WT and GqKI myocytes (Figure 3).

Thus Gq coupling is required for full ERK activation by an  $\alpha$ 1A agonist in myocytes. Residual ERK activation can be detected in GqKI myocytes when  $\alpha$ 1A-mediated ERK activation is robust (Figure 3), but not when activation is less strong (Online Figure II).

Previously, we observed that stimulation of the  $\alpha$ 1A increased pERK only in the myocyte cytoplasm, not in the nucleus,<sup>34</sup> as noted by others.<sup>19</sup> Online Figures III A and III B show that pERK is limited to the cytoplasm after  $\alpha$ 1A agonist stimulation of WT myocytes and myocytes with the KI mutant  $\alpha$ 1A. PMA did not increase nuclear pERK (Online Figure III B).

#### Gq coupling is required for cardioprotection by the a1A in vitro and in vivo

We used the cardiotoxic anthracycline DOX to test cardioprotection by the  $\alpha$ 1A in vitro, because the  $\alpha$ 1A is required for AMVM protection from DOX.<sup>9</sup> Co-incubation of A61603 with DOX 5  $\mu$ M for 24 h protected WT myocytes, as quantified by the MTT assay for viable mitochondria (Figure 4A). No protection was seen in GqKI myocytes (Figure 4A).

In vivo, in a model of severe pressure overload (gradient ~110 mmHg) by transverse aortic constriction (TAC),<sup>35</sup> only 1 of 65 WT mice died over 2 weeks, whereas survival was significantly reduced in GqKI animals (Figure 4B). A61603 treatment by osmotic minipump at 10 ng/kg/d, a dose with no effect on blood pressure,<sup>9</sup> was started at 2 weeks after TAC, when fractional shortening (FS) by echo had dropped by one-third. This model might simulate disease treatment in patients. In WT mice, A61603 for 2 additional weeks improved FS quantified over time in individual mice by 24%, or to 82% of baseline pre-TAC (Figure 4C). In GqKI mice treated 2 weeks with A61603, FS was not improved, but decreased a further  $-11\pm8\%$ , the same as WT mice treated with vehicle ( $-10\pm8\%$ ) (Figures 4C and Online Figure IV, Online Table I).

The degree of overall hypertrophy was the same in all 3 TAC groups (WT treated with vehicle, WT treated with A61603, and GqKI treated with A61603), as was the degree of atrial enlargement (Online Table II). Body weight and liver and lung weights were the same as Sham in all 3 TAC groups (Online Table II), suggesting no overt volume overload.

These data show that Gq coupling is required for cardioprotection by the  $\alpha 1A$  in vitro and in vivo.

# DISCUSSION

Our major new finding is that Gq signaling is required for cardioprotection by the  $\alpha$ 1A-AR. A 6-residue substitution in the 3<sup>rd</sup> intracellular loop eliminated Gq signaling in knockin AMVMs, as measured by two PI-PLC assays and by contraction. Other mutations in the same 3<sup>rd</sup> loop of the  $\alpha$ 1A and the  $\alpha$ 1B also disrupt Gq signaling but not Gq binding in recombinant cells.<sup>13–15</sup> Absence of Gq signaling caused a marked reduction in maximum  $\alpha$ 1A-AR agonist activation of myocyte ERK, and eliminated  $\alpha$ 1A-AR agonist ability to protect myocytes from DOX in vitro and to rescue cardiac function after TAC in vivo. The Gq-mutant receptor was expressed and bound ligands normally and was able to mediate some ERK activation, but did not confer protection.

A potential confounder would be if the  $\alpha$ 1A couples to  $\beta$ -arrestin, and if the 6-base knockin that eliminated Gq coupling also disrupted  $\beta$ -arrestin association. However, studies in recombinant cells with very high  $\alpha$ 1A levels show that the  $\alpha$ 1A does not recruit  $\beta$ -arrestin, <sup>26–30</sup> plus we found no evidence for  $\alpha$ 1A activation of  $\beta$ -arrestin1 (Online Figure I). Also, we found no evidence for  $\alpha$ 1A activation of ERK via Gi (Online Figure II).

The groundbreaking idea that Gq signaling is maladaptive in heart came from overexpression in cardiac transgenic mice.<sup>1–3</sup> In contrast with this idea that Gq signaling is maladaptive, our current data show clearly that Gq signaling can be adaptive in myocytes and heart, at least for the  $\alpha$ 1A receptor. Myocytes have many Gq-coupled receptors (Introduction), and these might signal to Gq differently, or have more Gq-independent actions. Gq-coupled receptor function can differ as a function of subcellular localization.<sup>20</sup> Therefore, targeting Gq directly might not be the best way to uncover myocyte biology of the diverse Gq-coupled receptors.

Consistent with our prior finding that ERK activation is required for myocyte protection by the  $\alpha 1A$ ,<sup>10, 24</sup> ERK activation was reduced by 60–100% with the mutant  $\alpha 1A$  that did not protect. ERK activation by the mutant  $\alpha 1A$  receptor could be detected when overall ERK activation was sufficiently robust, but activation was insufficient in quantity or quality to protect myocytes from death. Less myocyte death seems to explain the most significant  $\alpha 1A$  adaptive effect, i.e. protection of cardiac function in vivo,<sup>9, 10, 12</sup> as seen in this study. In turn, reduced oxidative stress, rescued mitochondria, and more ATP could explain less myocyte death.<sup>10, 12</sup> Cardiac protection by  $\alpha 1A$  agonist in WT mice was not due to a change in the overall extent of hypertrophy (Online Table II).

In summary, we show that Gq signaling is required for  $\alpha 1A$  cardioprotection, and infer that Gq signaling can be adaptive, not just maladaptive as thought now.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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# Nonstandard Abbreviations and Acronyms

A6	A61603 ( <i>N</i> -[5-(4,5-dihydro-1 <i>H</i> -imidazol-2-yl)-2-hydroxy-5,6,7,8- tetrahydronaphthalen-1-yl]methanesulfonamide hydrobromide), an a1A-AR selective agonist
a1-ARs	alpha-1-adrenergic receptors
Ab	antibody
AMVM	adult mouse ventricular myocyte
AR	adrenergic receptor
Arr	arrestin
DOX	doxorubicin
ERK	extracellular signal regulated kinase
GqKI	knock-in mouse with a1A-adrenergic receptor with impaired G alpha q coupling
HTRF	Homogeneous Time Resolved Fluorescence
IP	inositol phosphate
pERK	phosphorylated-ERK
PI-PLC	phosphoinositide-phospholipase C
РМА	phorbol myristate acetate
РТХ	pertussis toxin
RT-qPCR	reverse transcription quantitative real time polymerase chain reaction
TAC	transverse aortic constriction
WT	wild type

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#### NOVELTY AND SIGNIFICANCE

#### What Is Known?

- GPCR signaling through Gq is considered toxic in heart failure.
- The a1A adrenergic receptor is coupled to Gq, but is cardioprotective.
- Resolving these contradictions is important.

#### What New Information Does This Article Contribute?

- A new mouse model has a mutant a 1A receptor that does not couple to Gq.
- In mutant mouse cardiac myocytes in vitro, an α1A agonist does not activate cardioprotective signaling or protect myocytes from death with a toxic stimulus.
- In vivo in wild type mice, an a 1A agonist rescues depressed cardiac function after pressure overload, without changing the overall degree of hypertrophy.
- In vivo in mice with the mutant a1A that does not couple to Gq, all adaptive effects of a1A agonist are lost.

These data show for the first time that Gq signaling can be adaptive, not maladaptive as generally believed. This conclusion comes from a new mouse model with an  $\alpha 1A$  adrenergic receptor 6-base knockin substitution mutation in the proximal 3rd intracellular loop. This mutation disrupts Gq signaling. Loss of Gq signaling eliminates  $\alpha 1A$ -mediated survival signaling in vitro and rescue of cardiac function in heart failure in vivo. Rescue in vivo does not alter the overall degree of myocardial hypertrophy. Current models of hypertrophy and heart failure that place Gq signaling from GPCRs at the center of maladaptive remodeling need to be revised. Coupling to Gq should not bias against a potential new drug to treat heart failure.



#### FIGURE 1.

Cardiac  $a_1A$ -AR mRNA and receptor levels are normal in the knockin mouse (GqKI) with a 6-amino acid substitution in the 3rd intracellular loop of the  $a_1A$ . A. Diagram of the mutation: CCPGCC replaces DSEQVT at amino acid 228. B.  $a_1$ -AR subtype mRNA levels in AMVMs (AU/HKGs, arbitrary units relative to 2 house keeping genes). C. Saturation binding for total  $a_1$ -ARs in WT and mutant heart. WT levels are identical to those reported previously (Rokosh et al., 2002; Myagmar et al., 2017).<sup>18,34</sup> D. Competition binding to identify the  $a_1A$  as the site with high 5-methylurapidil affinity, ~20%  $a_1A$  in both WT and GqKI. Prism was used for nonlinear fitting in C and D. All Ns are hearts.



#### FIGURE 2.

The GqKI mutant  $\alpha$ 1A does not couple to Gq in myocytes. **TOP:** The mutant receptor does not mediate activation of phosphoinositide-phospholipase C (PI-PLC) by the  $\alpha$ 1A agonist A61603 (60 min) in adult mouse ventricular myocytes (AMVMs), measured by **A.** labeling with 3H-inositol, or **B.** inositol phosphate mass assay. Sigmoidal dose-response curves were fit in Prism; *p* values are from unpaired t test of the calculated Emax; N = cultures from different hearts. **BOTTOM: C.** The mutant receptor does not mediate an inotropic response to A61603 (A6,100 nM, 5–10 min at peak response), shown as percent basal length for

individual cells from 4 hearts (left) and for hearts from which the cells were isolated (right). Both a WT and a GqKI mouse were studied on each experimental day; thus for GqKI cells that did not respond to A61603, WT cells on the same day did respond. *P* values by paired t test for cells, and by unpaired t test for hearts.



#### FIGURE 3.

Gq coupling is required for full ERK activation by an  $\alpha$ 1A agonist in AMVMs. AMVMs cultured 24 h in serum-free medium were treated 5 min with the drugs indicated, and phospho-ERK and total-ERK were quantified by immunoblot. A6=A61603; GqKI= $\alpha$ 1A with Gq knockin. PMA=phorbol myristate acetate was a positive control for ERK activation in the GqKI. Praz=prazosin, an  $\alpha$ 1-AR antagonist, blocks A61603 activation of ERK in both WT and GqKI, confirming an  $\alpha$ 1 effect. Sigmoidal dose-response curves were fit in Prism; *p* values are from unpaired t test of the calculated Emax of A6 WT and A6 GqKI; N = cultures from different hearts.



#### FIGURE 4.

Gq coupling is required for cardioprotection by an  $\alpha$ 1A agonist in vitro with doxorubicin, and in vivo with transverse aortic constriction (TAC). A: Cultured WT or GqKI AMVMs were treated 24 h with doxorubicin (DOX, 5  $\mu$ M), in the presence of A61603 (A6, 100 nM) or Vehicle. Cell survival was quantified by the MTT assay for viable mitochondria. Values are percent increase in MTT with A6 vs. vehicle; each point is a culture from a different heart, with 2–3 35mm dishes for each group in each culture, with MTT read in triplicate; *p* by unpaired t test. **B:** Adult male mice had TAC to create a gradient ~110 mmHg; survival

over 2 weeks was 98% in WT and 64% in GqKI; p value by Gehan-Beslow-Wilcoxon test. C. At 2 weeks after TAC, when fractional shortening (FS) by echo had dropped from baseline  $62\pm1\%$  to an average  $40\pm1\%$  (n=17), WT mice and surviving GqKI mice were treated with A6 10 ng/kg/d by osmotic minipump. In WT mice, A6 for 2 more weeks increased FS by 24%, to  $50\pm2\%$ , or 82% of baseline. In GqKI mice treated with A61603, FS fell further (-11%), the same as WT mice treated with vehicle (-10%). Values are percent change in FS for the same mouse with treatment between 2 weeks and 4 weeks; *p* by ordinary one-way ANOVA with Tukey's multiple comparisons test. Complete echo data are in Online Table I and Online Figure IV