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Title

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Permalink

https://escholarship.org/uc/item/0t7430fg

Journal

Nature Medicine, 22(5)

ISSN

1078-8956

Authors

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Publication Date

2016-05-01

DOI

10.1038/nm.4091

Peer reviewed



Published in final edited form as: *Nat Med.* 2016 May 05; 22(5): 472–478. doi:10.1038/nm.4091.

A framework for understanding and targeting residual disease in oncogene-driven solid cancers

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Abstract

Molecular targeted therapy has the potential to dramatically improve cancer patient survival. However, complete and durable responses to targeted therapy are rare in advanced-stage solid cancer patients. Even the most effective targeted therapies generally do not induce a complete tumor response, resulting in residual disease and tumor progression that limits patient survival. We discuss the emerging need to more fully understand the molecular basis of residual disease as a prelude to designing principled therapeutic strategies to minimize or eliminate it so that we can move from temporary to chronic control or cure in advanced-stage solid cancer patients. Ultimately, we propose a shift from the current reactive paradigm of analyzing and treating acquired drug resistance to a pre-emptive paradigm of defining the mechanisms of residual disease in order to target and limit this disease reservoir.

Introduction

We live in an unprecedented era of precision medicine in which many advanced-stage solid cancers respond profoundly to targeted therapy against a specific molecular alteration driving tumor growth 1–56. Prominent examples of targeted therapies include kinase inhibitors against EGFR (*epidermal growth factor receptor*), ALK (*anaplastic lymphoma kinase*), ROS1 (*ROS proto-oncogene 1*), and RET (*ret proto-oncogene*) in advanced-stage lung cancer and against BRAF (*B-RAF proto-oncogene*) and MEK (*Mitogen-Activated Protein Kinase Kinase 1*) in advanced melanoma. The unprecedented clinical efficacy and improved safety of targeted therapies arises largely because these agents precisely and selectively suppress molecular events essential for tumor-cell survival with relative sparing of normal cells, in contrast to conventional cytotoxic chemotherapy targeting general cell proliferative processes. 57

Potential competing interests: T.G.B. has ownership in and is a consultant to Driver Group, and is a consultant to Novartis, Astellas, Natera, Array Biopharma, Ariad, and a recipient of research grants from Servier and Ignyta. R.C.D. has received honoraria from AstraZeneca, Clovis, Pfizer, is a consultant to Array BioPharma, Ariad, has received research grants from Loxo Oncology, Mirati Therapeutics, Abbott Molecular and licensing fees from Chugai, Ariad, Blueprint Medicines, GVKbio, Abbott Molecular.

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*Eaual contribution

However, targeted therapy typically induces an incomplete tumor response that is followed by therapy-resistant tumor progression in advanced-stage solid cancer patients (Figure 1) 7 . The incomplete anti-tumor activity of many targeted therapies across different cancers has increasingly illuminated the widespread problem of residual disease. Here, we define residual disease as a population of tumor cells within a largely therapy-sensitive tumor that survives initial treatment resulting in a drug-resistant population that, in turn, enables eventual therapy failure and tumor progression during continuous treatment. Consistent with the concept that this reservoir of residual disease cells can ultimately drive therapy failure and tumor progression, there is a correlation in clinical trials between tumor therapy response rates and progression free survival in certain cancers⁸. This residual disease may either be detected early during therapy by conventional radiographic imaging showing an incomplete tumor response (Figure 1) or occult, wherein an initial complete response to the therapy is followed by eventual therapy failure and tumor progression during continuous treatment³. The biological mechanisms underlying residual disease in patients simultaneously with maximal initial therapy response remain poorly understood, largely due to the lack of direct analysis of patient-derived residual disease samples and the lack of cancer models that faithfully recapitulate human tumor responses (with a few notable exceptions).

Understanding the biological links between incomplete response, residual disease, and therapy-resistant tumor progression and identifying and therapeutically targeting residual disease cells is essential to enhance response and prevent or minimize therapy failure. The incomplete therapy response as observed in patients has been observed in select few mouse solid cancer models. Though, some examples do exist such as those for mouse mammary tumors caused by induced expression of oncogenes including MYC that fail to regress completely upon de-induction of oncogene expression *in vivo* for unclear reasons, resulting in residual tumor cells and recurrence⁹. These data suggest more potent, next generation oncogene-targeted inhibitors will not be sufficient to overcome the problem of residual disease, as we discuss below.

In this Perspective, we create a framework for understanding and targeting residual disease in oncogene-driven solid cancer. We highlight the current knowledge of the etiology of clinical residual disease, which is poorly understood compared to innate or acquired resistance (reviewed elsewhere^{3,7}). We propose principled strategies to fill the knowledge gaps of residual disease and accelerate clinical progress through rational therapeutic strategies that directly combat the residual disease state in oncogene-driven solid cancers, with the goal of either chronically managing or potentially eradicating disease persistence and progression. In some cases, the goal of therapy targeting residual disease will be to achieve chronic disease management, whereas in others it will be disease cure.

The presence and etiology of residual disease

Principles of residual disease

In principle, three primary types of residual disease may be linked to the incomplete response and residual disease that ultimately drives therapy-resistant tumor progression in advanced-stage solid cancers (Figure 2): intrinsic resistance of tumor-cell subpopulations

within a generally sensitive tumor, therapy-induced adaptation of tumor-cell subpopulations enabling tumor-cell survival, and pharmacokinetic therapy failure resulting in incomplete drug impact. Multiple mechanisms can operate within an individual metastatic tumor or between different metastatic tumors in an individual patient to promote residual disease and therapy failure (Figures 2-3) $^{10-14}$.

Intrinsic resistance

In tumor-cell subpopulations within a generally sensitive, tumor intrinsic resistance can promote incomplete response to therapy and residual disease. One mechanism underlying tumor-cell intrinsic resistance is incomplete suppression of the pathway that is targeted by the signal transduction inhibitor. For example, the targeted agent can induce rapid pathway reactivation to immediately compensate for pathway inhibition, as observed with some BRAF inhibitors that paradoxically activate the RAF-MEK-ERK pathway that they are intended to block, via several mechanisms in certain cells (Figure 2)¹⁵¹⁶¹⁷¹⁸¹⁹.

Tumor genetic heterogeneity is present in the treatment-naïve state. This manifests as both intra-tumoral heterogeneity in which multiple different tumor-cell clones with distinct mutational profiles exist in individual tumors and as inter-tumoral heterogeneity in which there are genetic differences between different metastatic lesions. Furthermore, differences in the stromal microenvironment may be also substantial (e.g. lung vs. liver vs. brain), within an individual patient and also promote residual disease²⁰. Different clonal populations of cells within a metastatic tumor may harbor the relevant target of a particular drug while others do not, and some may contain a drug-resistant mutant form of the target (e.g. the Thr790Met mutation in EGFR that causes resistance to first generation EGFR inhibitors) or a genetic alteration in a different target than the one impacted by the drug, thereby enabling survival during therapy (Figure 2)^{13,21–262728}. The presence of different lineage-specific gene expression programs within tumor cell subpopulations is another form of heterogeneity that may enable residual disease during initial therapy²⁹.

Tumor-cell adaptation

Tumor-cell adaptation during initial treatment can promote incomplete response and residual disease (Figure 2). This residual tumor-cell survival can be caused by signaling or metabolic adaptations occurring either within tumor cells or within the tumor microenvironment early during initial treatment, permitting a drug-tolerant state in a subpopulation of tumor cells^{30–34}. For example, EGFR-targeted therapies may elicit an epigenetically-regulated 'persister' cell phenotype and adaptive activation of the transcription factor NF-kappaB which then promotes IL6-JAK-STAT signaling cascade activation to enable survival and drug-tolerance during initial treatment in certain oncogene-driven lung cancer cells (Figure 2)^{31,32}. Secreted growth factors emanating either from tumor cells or tumor-resident stromal cells may also enable tumor-cell survival during initial treatment, as well as intrinsic resistance (Figure 2)^{30,31,35,36}. Hence, biological events limiting targeted drug efficacy may operate across different modes of residual disease, depending upon the strength and kinetics of activation of the rescue signal.

Pharmacokinetic therapy failure

Pharmacokinetic therapy failure can result in residual disease, as pharmacokinetic issues that prevent the targeted drug from sufficiently accessing all tumor cells can lead to incomplete anti-tumor effects^{37–39}. To distinguish it from the types of residual disease discussed above in which the targeted agent reaches the intended target in cells, this type of failure can arise via the presence of drug efflux pumps in tumor cells and stromal and physical barriers that restrict drug delivery, resulting in insufficient drug concentrations to impact the intended tumor therapeutic target (Figure 2)^{40,41}. Pharmacokinetic failure due to pharmacologic limitations in drug solubility, distribution, concentration, and dose-limiting toxicity can also result in incomplete suppression of the targeted pathway, resulting in insufficient pathway blockade and residual disease *in vivo*^{39,42}. An example is the lack of CNS-penetration and activity of many targeted agents in clinical use such as certain inhibitors of EGFR (such as erlotinib) and ALK (such as crizotinib), resulting in CNS disease persistence that is strikingly different from extra-cranial tumor response (albeit typically incomplete) in patients 43. The multifactorial basis of pharmacokinetic failure makes it a substantial challenge to the ultimate success of targeted therapy.

Targeting residual disease

Several potential therapeutic strategies may combat residual disease (Figure 3). These strategies include next-generation targeted therapies with activity against mutant forms of a particular oncoprotein, such as those resistant to a first-generation targeted drug, agents with favorable chemical properties and that are not substrates for CNS barrier efflux pumps to enhance CNS penetration, and rational polytherapy to intercept multiple survival (or antiapoptotic) signals enabling residual disease (Figure 3). The diversity and heterogeneity in strategies that tumors use to evade targeted therapy emphasizes the need to understand and therapeutically address this complexity to improve clinical responses. Yet, within this complexity a potential commonality across the types of failure is the apoptotic evasion of certain tumor cells in the population during targeted therapy 10–14. If confirmed in residual disease patient samples, this observation suggests the general strategy of using agents (such as BCL-2 protein family inhibitors^{26,44}) to prime or lower the apoptotic threshold necessary for targeted therapy-induced tumor death, perhaps as part of a polytherapy that also includes an oncoprotein-targeted agent.

Rational polytherapy

An emergent theme in cancer therapy is the potential for rational targeted polytherapy to induce a more complete and durable tumor responses than monotherapy because of the ability of polytherapy to address the diverse and multifactorial basis of therapy failure. Clinical responses to treatment with next-generation targeted agents that, unlike earlier generation drugs, can block mutant, drug-resistant forms of the intended target remain incomplete, and acquired resistance to such newer agents often occurs earlier than with the initial oncogene-targeted therapy⁴⁵⁴⁶⁴⁷. One such example is the third-generation EGFR inhibitor osimertinib that blocks the mutant protein EGFR^{T790M} that causes resistance to the first generation EGFR inhibitor erlotinib in lung cancer⁴⁷. Clinical responses to osimertinib are often profound but remain incomplete, resulting in residual disease and eventual tumor

progression⁴⁷. These observations indicate diminishing returns for the use of sequential monotherapy strategies, even with improved individual targeted agents. It is also not clear that upfront use of such next generation inhibitors will significantly delay resistance as use of these drugs may select for different resistance mechanisms at a similar pace. For example, use of the third-generation EGFR inhibitors may select for the EGFR^{C797S} resistance mutation equally fast as a first-generation EGFR inhibitor selects for EGFR^{T790M} ⁴⁸. Further enhancing clinical response will likely require rational targeted polytherapy with an agent against the primary tumor driver plus a drug against a biological event driving residual disease.

Clinical context

Another general theme in cancer therapy is the importance of the clinical context in which therapies designed to enhance patient survival are deployed. Therapies to overcome targeted therapy resistance are typically tested in the second-line treatment setting, in patients who have failed first-line treatment (Table 1)^{4645, 47}. However, in many cases second-line polytherapy against the primary oncogene target plus a critical bypass track component has shown muted clinical efficacy, as exemplified by results from clinical trials testing EGFR plus PI3K (phosphoinositide 3-kinase) inhibitor treatment in lung cancer (Table 1)⁴⁹⁵⁰⁴²⁵¹. An example of the potential importance of utilizing rational polytherapy as a first-line therapeutic strategy is the use of BRAF inhibitor plus MEK inhibitor polytherapy in BRAF^{V600E}-mutant melanoma patients to overcome the re-activation of RAF-MEK-ERK signaling that can occur during BRAF inhibitor monotherapy and cause resistance to BRAF inhibition alone⁵²¹⁴. Whereas combined MEK inhibitor and BRAF inhibitor treatment was ineffective at overcoming acquired BRAF inhibitor resistance⁴⁹, upfront BRAF-MEK inhibitor polytherapy improved survival compared to BRAF inhibitor monotherapy and elicited an improved tumor response rate that reflects the activity of this upfront polytherapy against residual disease, consistent with the hypothesis that residual tumor cells drive disease relapse on monotherapy (here, BRAF inhibitor)⁵³⁵⁴. Upfront polytherapy may better neutralize or eliminate residual disease cells that fuel eventual tumor progression. Thus, the timing of the polytherapy is critical in battling residual disease and drug resistance. However, clinical responses to effective upfront polytherapy (e.g. BRAF + MEK inhibition in melanoma) are still typically incomplete and not curative⁵³⁵⁴. Combining agents which induce non-overlapping mechanisms of resistance in tumors is warranted⁵⁵⁵⁶, but such efforts should be guided by understanding the residual disease state to define what agents should be combined and measure the efficacy of the polytherapy against residual disease.

Redefining the target and therapeutic landscape

We advocate caution and careful re-prioritization of strategies to enhance targeted therapy clinical response, given the generally incremental rather than transformative clinical progress to date toward the goal of turning most advanced-stage solid cancers into chronic or curable conditions. Developing better ways to prioritize therapy regimens in appropriate patient subsets that are defined by molecular criteria is necessary to accelerate progress. Indeed, current strategies to prioritize specific therapies (or polytherapies) for clinical testing remain inadequate to support systematic targeted polytherapy clinical development. The

number of potential combination regimens vastly exceeds the number of clinical trials possible, particularly in molecular subclass-specific trials where a minority fraction of patients are selected for enrollment⁵⁷. Currently, standard preclinical models including cell lines and models are used to define and prioritize most therapy strategies. Yet, while these models can be useful, they lack sufficient predictive power for systematic accurate and effective translation into clinical application⁵⁸. These conventional tumor models often do not accurately represent the salient features of human cancer, such as genetic heterogeneity and micro-environmental influences, and may distort tumor-cell signaling properties present in humans⁵⁹.

A new strategy

We propose a distinct strategy to develop and prioritize treatment regimens based upon the residual state of disease at the point of maximal therapy response in patients. This residual state would be accessed via tumor and "liquid" biopsies⁶⁰ and would allow quantification and molecular-definition of residual disease cells for *ex vivo* study (potentially leveraging single-cell analyses). This would create the opportunity for more precise and accurate understanding of residual disease and the generation of more appropriate patient-derived models, such as xenografts and organoids, for investigation of the functional properties of residual disease (Figure 3)⁶¹⁶²⁵⁸. Multimodal characterization of primary patient (and patient-derived) tumors obtained before and at maximal response by genetic, epigenetic, proteomic, and cellular phenotypic analyses to define resident tumor, stromal, and immune cell types present in the residual tumor may provide a cohesive and complete view of the ecological properties of the residual disease state. An open and important question to address in research studies is the feasibility of such multimodal characterization in the clinical setting.

Such an approach would enable simultaneous exploration of key open questions: Is incomplete response a consequence of genetic heterogeneity that is apparent through phylogenetic tree analysis, and if so to what extent²¹⁶³? Are residual cancers characterized by reversion to certain phylogenetic truncal genomic events that often represent early, clonal drivers of oncogenesis²¹? To what extent does targeted therapy induce a drug-tolerant epigenetic or apoptotically anergic state in residual disease cells in patients?

The relevance of immune strategies

Furthermore, the above strategy could define the contribution and biologic character of stromal and infiltrating immune cells in the residual disease state⁶⁴. Determining whether certain immune cell subsets are present and active in the tumor at the maximal therapeutic response of residual cancers could offer a strong biologic rationale to investigate combined inhibition of certain immunosuppressive checkpoint proteins⁶⁴ such as PD-1 (*programmed cell death protein I*) expressed on T and B cells and PD-L1 (*programmed death ligand I*) expressed on tumor cells and oncogene-inhibitor treatment. This approach could be pursued either as simultaneous initial polytherapy or as sequential therapy with each agent. A strategy where a tumor response is initially induced by an oncoprotein inhibitor followed by augmentation or consolidation of the initial (yet incomplete) tumor response with an immunotherapy is attractive to achieve durable clinical remissions with less toxicity, similar

to certain leukemias treated with induction chemotherapy followed by a distinct consolidation chemotherapy regimen 6566 – but characterizing the residual disease state is essential for the necessary biologic foundation of such an induction-consolidation strategy.

Indefinite versus discontinuation therapy

Finally, longitudinal biological phenotyping of residual disease during treatment would allow the determination of whether indefinite continuous therapy is necessary for durable disease control, or if targeted therapy discontinuation can be safely recommended in select advanced-stage solid cancer patients. Residual disease monitoring could be used to indicate sustained disease elimination or control, or the need for therapy re-initiation in such patients.

Clinical endpoints

Understanding and targeting residual disease will require additional clinical metrics and endpoints. Current clinical endpoints such as conventional radiographic response, progression free survival, and overall survival are inadequate measures of residual disease. We propose the use of the 'residual tumor fraction (RTF)' (Figure 3) to quantify the residual tumor cell population that remains at the maximal treatment response. This would be quantified via positron emission tomography (PET)-based, molecular imaging probes, and/or molecular phenotyping by tumor and liquid biopsies that may accelerate studies of the residual disease state and polytherapy clinical testing⁶⁷. This approach would enable a more precise and early readout of residual disease burden and characteristics such as tumor metabolic activity or pathway signaling in the upfront setting. For instance, measurement of nuclear NF-kB or STAT3 levels in tumor cells in a lung adenocarcinoma biopsy obtained at maximal response to EGFR inhibitor treatment could offer both molecular biomarkers and therapeutic targets to quantify and eliminate residual disease tumor cells in individual patients. Similarly, measuring the level of intratumor heterogeneity in solid cancers, via established metrics²², before and during initial treatment could serve as a biomarker of response magnitude and duration, and pinpoint discrete clonal mutations for co-targeting to serially manage or eliminate residual disease. Such clinical measures and endpoints might allow rapid triage of upfront polytherapies in trials to determine, for example, whether blockade of upstream signaling components such as EGFR or downstream nodes such as MEK are most effective at blocking escape pathways in ALK+ tumors treated with ALK inhibitors^{11,68} (Figure 3).

Clinical trials

Clinical trials incorporating residual disease endpoints and metrics are needed to address these questions for each disease context and therapy. Beyond trials in metastatic patients, neo-adjuvant (i.e. pre-operative) trials using targeted therapy for limited time periods prior to surgical tumor resection would allow treatment to (near) maximal response followed by tumor removal. The resected tumor sample may enable extensive and multimodal characterization of residual disease following targeted therapy and allow establishment of *ex vivo* models, potentially circumventing the challenges of isolating adequate tumor samples from metastatic tumor biopsies in advanced-stage patients⁶⁹⁷⁰. As oncogene-targeted therapies have not yet moved from the metastatic setting to incorporation into curative-intent regimens for early-stage disease, the time is ripe to establish clinical trial protocols that will

achieve these dual goals. The incorporation of "liquid biopsies" that measure circulating tumor DNA in the blood of individuals²⁰⁷¹⁴⁸⁷², and potentially of advanced liquid biopsy methods that reliably capture intracellular signaling events as well as genetic mutations, into the metastatic or neo-adjuvant clinical trials to identify and monitor the key cellular and genetic features of the disease longitudinally during treatment, including at incomplete maximal response, would inform the biology of residual disease and its functional relationship to the treatment-naïve and acquired resistance states in solid cancer patients (Figure 3).

Efforts to understand residual disease will potentially provide the strongest possible rationale for testing polytherapies that can have challenging toxicity. For instance, the data may offer the biological rationale for combining agents with non-overlapping toxicities or using specific sequential or alternating drug regimens to maximize efficacy and minimize toxicity. Understanding clinical residual disease will strengthen the rationale for testing drug combinations using agents from different pharmaceutical company portfolios. This remains a challenge, as each individual company has different, often competing, development priorities for individual agents that should be combined as rational polytherapy. Data from residual disease samples would potentially further encourage inter-company collaboration.

Capturing and studying patient-derived residual disease samples faces challenges, including subjecting patients to repeat biopsies and blood tests at maximal therapeutic response, obtaining material of sufficient quantity and quality for analysis, and covering the cost of the repeat biopsies. However, with the use of modern, safe tumor sampling methods (such as image-guided biopsies) and liquid biopsies, obtaining and studying residual disease from advanced-stage solid cancer patients on targeted therapy is feasible and can provide important insights³¹. Until the utility of repeat tumor (and blood) sampling is proven through clinical trials, the cost of such repeat tumor sampling will probably need to be covered by research programs in academic, community, and commercial (diagnostic and pharmaceutical) organizations. We believe this cost is an invaluable investment towards the diagnostic and therapeutic advances that are necessary to substantially improve outcomes for patients and continue to generate therapies that all stakeholders, including government and private insurance payers, will value over the longer term, as is the case now for many costly on-treatment imaging tests such as positron emission tomography – (PET) – scanning. Patient engagement is critical to the success of such an initiative and will empower the individuals who stand to benefit the most.

Future Directions

We call on the research community to harness the available resources to re-focus efforts to better diagnosis, monitor, and therapeutically eliminate residual disease. This new directive could catalyze dramatically improved survival in solid cancer patients through definitive, upfront polytherapy regimens that combat residual disease and induce durable responses and potentially cures.

Acknowledgments

T.G.B. acknowledges funding support from the following sources: NIH Director's Office and Common Fund (New Innovators Award), NCI (R01), HHMI (Collaborative Innovation Award Program), Searle Scholars Program, Pew Charitable Trust and the Addario Lung Cancer Foundation. R.C.D. acknowledges funding support from the V Foundation for Cancer Research and the University of Colorado Lung Cancer SPORE.

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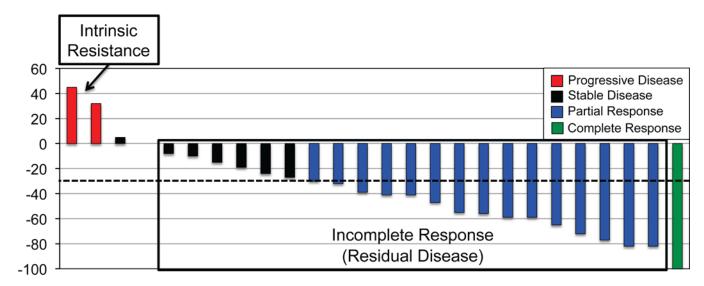


Figure 1. The clinical problem of residual disease during targeted cancer therapy
A prototypical waterfall plot of best response to therapy highlighting the difference between
intrinsic drug resistance and the residual tumor burden observed even amongst patients
deemed to have an objective tumor response by RECIST criteria.

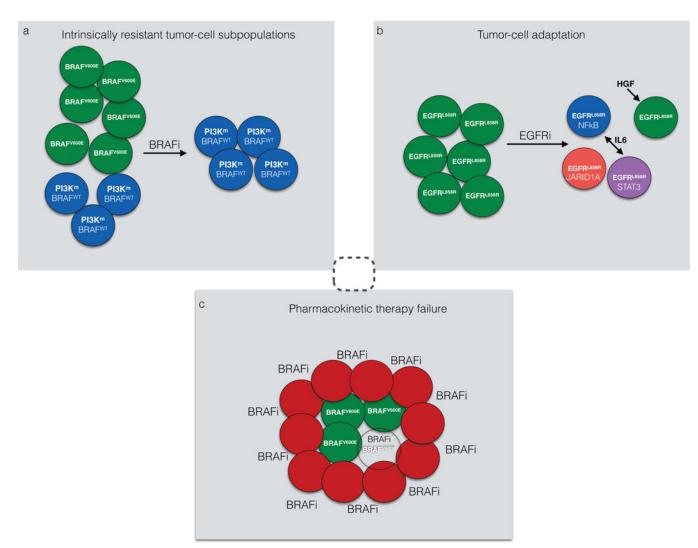
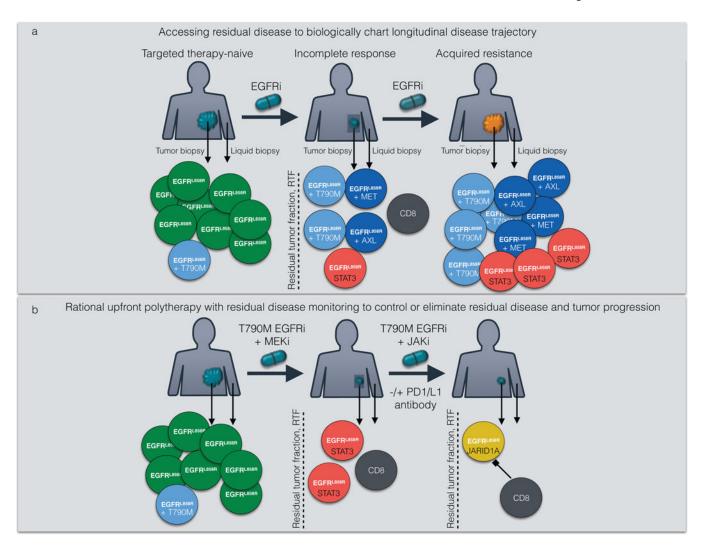


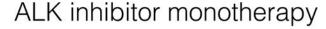
Figure 2. Modes of residual disease and therapy failure

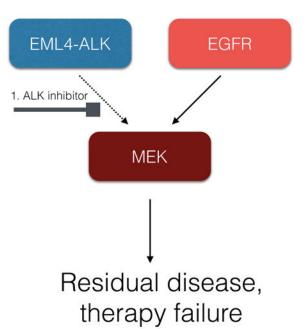
a, Intrinsic resistance describes the survival of subpopulations of drug-resistant tumor cells within a generally sensitive tumor during initial therapy. Shown is a pre-treatment melanoma harboring different clones of cells, some with BRAF^{V600E} and some with BRAF^{WT} that instead have mutant PI3K. These resistant BRAF^{WT} cells form a drug-resistant niche during initial BRAFi treatment that results in incomplete response and eventual therapy failure and tumor progression. **b,** Tumor-cell adaptation can occur via therapy-induced changes in the tumor cells that enable adaptive survival and/or drug-tolerance, fueling a drug-resistant residual disease niche at maximal response. Here, the NF-kB-STAT3 axis, a JARID1A-mediated epigenetic program, and/or secreted factors including IL6 and HGF promote a drug-tolerant state that enables lung cancer cell persistence during initial EGFR inhibitor (EGFRi) treatment. **c,** Pharmacokinetic therapy failure can result from either pharmacologic limitations or dose-limiting toxicities or tumor intrinsic barriers to drug penetration into the tumor-cell compartment. Shown is poor penetration of a BRAF inhibitor (BRAFi) into a melanoma with dense stromal cell infiltration (red), resulting in low efficiency kill of BRAF^{V600E}-mutant tumor cells (green). The centered dotted circle (grey) indicates the

functional overlap and continuum across these modes of residual disease driving therapy failure.



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Rational polytherapy EML4-ALK 1. ALK inhibitor 2. MEK inhibitor Complete response

Figure 3. Multimodal characterization of residual disease and rational therapeutic targeting via upfront, iterative polytherapy

a, Multimodal longitudinal characterization of the molecular and cellular features of the tumor before therapy and at incomplete maximal response to reveal co-targets is necessary to understand the biologic underpinnings of residual disease (highlighted in the shaded box; measured and characterized as the residual tumor fraction, RTF). This analysis could be accomplished via serial sampling of tumor and liquid biopsies, which offer key complementary information regarding genetic clones, adaptive signaling events, and cellular constituents within the tumor microenvironment during the evolution of residual disease and therapy failure. Emerging single-cell genetic and proteomic analytic methods could be incorporated^{73,74}. Here, multiple modes of residual disease including, (1) therapy-induced selection of resistant clones and (2) induction of tumor-cell adaptive programs, contribute to the drug-resistant residual disease niche that enables eventual therapy-resistant tumor progression. b, Shown is a conceptual approach to rational upfront polytherapy that addresses the relevant tumor-cell clones present prior to therapy by co-inhibiting a critical downstream effector MEK together with a key on-target EGFR inhibitor resistance mutation (EGFR^{T790M}). Serial analysis of the residual state, smaller upon (**b**) polytherapy vs. (**a**) monotherapy, following initial polytherapy then identifies persistent tumor cells with adaptive STAT3 activation that is, in turn, treated with combined JAK inhibition together with an immune-cell activating therapy (here, anti-PD1). This results in further tumor-cell adaptation that is then controlled by the therapy-mediated activation of the host immune system. This strategy highlights the potential of rational upfront polytherapy, here using simultaneous and sequential combination regimens, to control and limit residual disease as

well as toxicity, preventing overt tumor progression via continuous monitoring that guides iterative rational polytherapy. Arrows indicate tumor or liquid biopsy, as in (a). c, Shown are monotherapy versus rational polytherapy for ALK+ lung cancers, where either EGFR or MEK inhibition is paired with ALK inhibition to limit EGFR and MEK signaling that blunts ALK inhibitor response. Targeting upstream EGFR in ALK+ cancer cells may block MAPK and also PI3K/mTOR signaling among others, but may not be effective in patients, for example, with RAS gene amplification or mutation. Inhibiting MEK may more broadly target escape pathways in ALK+ cancer regardless of the upstream initiator of MEK activation (for example, EGFR or RAS), but may allow other escape pathways (for example, PI3K or NF-kB).

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Table 1 Rational co-targets and select polytherapy strategies in specific solid cancers

Shown are select tumor types with the primary target and targeted therapy, resistance event, polytherapy and treatment line of clinical testing, outcome of polytherapy, and reference to the primary data (where available) or the relevant clinical trial gov assignment.

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Tumor Type	Primary Target	Primary targeted therapy	Resistance event/co-target	Polytherapy Therapy	line	Outcome	Reference
Melanoma	BRAF V600E	Vemurafenib, dabrafenib	RAF-MEK pathway re-activation	Dabrafenib + trametinib	1	Improved OR, PFS; FDA approval	54
Melanoma	PD1	Nivolumab	CTLA-4	Nivolumab + ipilumumab	2	Improved OR, PFS	75
Lung adenocarcinoma	EGFR L858R, exon19 del	Erlotinib, gefitinib, afatinib	MET upregulation	METMab or Tivantinib	2	Trials completed, low efficacy in EGFR mutant patients	76, J Clin Oncol 29; 2011 (suppl; abstr 7505)
Lung adenocarcinoma	EGFR L858R, exon19 del	Erlotinib, gefitinib, afatinib	PI3K activation	Erlotinib + everolimus	2	Trial completed, low efficacy	77
Lung adenocarcinoma	EGFR L858R, exon19 del	Erlotinib	Epigenetic-induced drug-tolerance or EMT	Entinostat	2	Trial completed, lack of efficacy	78
Lung adenocarcinoma	EGFR L858R, exon19 del	Erlotinib	Bypass kinase activation (multiple HSP90 clients)	Erlotinib + AUY922	2	Trial completed, lack of efficacy and high toxicity	62
Lung adenocarcinoma	BRAF V600E	Dabrafenib	RAF-MEK pathway reactivation	Dabrafenib + trametinib	2	Improved OR, ongoing	J Clin Oncol 33, 2015 suppl; abstr 8006
Colon cancer	BRAF V600E	Vemurafenib	EGFR	Vemurafenib plus cetuximab or panitumumab	1	Improved OR, ongoing	1480
Breast cancer	HER2	Trastuzumab	PI3K/mTOR activation	Trastuzumab + everolimus	1	Improved PFS	81
Breast cancer	HER2	Trastuzumab	HER2	Trastuzumab +pertuzumab	1	Improved PFS	82
Prostate cancer	AR	Abiraterone	AR activation	Abiraterone + enzalutamide	2	Ongoing	NCT01949337
Glioblastoma	EGFR VIII	Lapatinib	PTEN loss (PI3K signaling)	Gefitinib + everolimus	2	Completed, results pending	NCT00085566