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## Early life host-microbe interactions in skin

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### Abstract

Our skin is the interface through which we mediate lifelong interactions with our surrounding environment. Initial development of the skin's epidermis, adnexal structures and barrier function are necessary for normal cutaneous microbial colonization, immune development, and prevention of disease. Early life microbial exposures can have unique and long-lasting impacts on skin health. The identity of neonatal skin microbes and the context in which they are first encountered, i.e. through a compromised skin barrier or in conjunction with cutaneous inflammation, can have additional short- and long-term health consequences. Here, we discuss key attributes of infant skin and endogenous and exogenous factors that shape its relationship to the early life cutaneous microbiome, with a focus on their clinical implications.

### Introduction

The skin and its adnexal structures constitute the body's external epithelial surface. Rather than an impermeable barrier, our skin serves as a dynamic interface that integrates signals from the surrounding environment (Gallo, 2017). The cutaneous host-microbe relationship is initiated moments after birth, marked by the skin's colonization with a diverse community of commensal microbes, including bacteria, fungi, viruses and even parasites (Byrd et al., 2018; Chen et al., 2018; Dominguez-Bello et al., 2010). Key age-dependent differences in cutaneous physiology and immune function influence host-microbe interactions in skin during the neonatal window. These early life interactions remain relatively understudied as compared to those in adulthood. However, an emerging body of evidence suggests that the postnatal period is characterized by unique, non-redundant mechanisms that shape our relationship with the skin microbiome. These microbe-skin interactions support cutaneous immune homeostasis in infancy and may impact longer-term skin health. Here we review the unique physiologic and microbial features of infant skin, discuss skin-microbe crosstalk during this developmental window, and identify contexts in which this relationship can be pathologically altered.

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Conflict of interest

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## Human skin microbiome: topographical and ecological considerations

Compared to other microbial niches on the human body, such as the nasopharynx, intestines or other mucosal surfaces, the skin is cool, acidic, dry, and relatively nutrient sparse. It also produces salty sweat and antimicrobial peptides (AMPs) that limit bacterial growth (Belkaid and Segre, 2014; Byrd et al., 2018; Grice and Segre, 2011). Despite this, human skin houses a rich and diverse microbial community (Byrd et al., 2018; Oh et al., 2016). Whereas intestinal bacteria feed off of a steady stream of ingested dietary nutrients, skin microbes must derive their sustenance from the skin's epidermis and the secretions coating its surface. Fluctuations in the relative density of skin adnexal structures, i.e. sweat ducts, hair follicles and sebaceous glands, across the body's surface contribute to a range of skin microenvironments that vary with regard to temperature, pH, moisture, AMP and lipid content. These sub-niches preferentially support distinct groups of commensal microbes that are more or less adept at deriving nutrients from various skin sources and surviving in the face of cutaneous host defenses (Belkaid and Segre, 2014; Oh et al., 2014). In adult skin, these niches are categorized according to dry, moist or sebaceous sites. Sebaceous sites, such as the face and chest, are enriched for lipid-loving *Cutibacterium*, whereas the phyla *Staphylococcus* and *Corynebacteria* are found more so on moist or dry sites, such as the arms, groin or feet (Byrd et al., 2018; Grice et al., 2009).

While a planar surface macroscopically, skin topography at the microscopic level is highly three dimensional. In fact, when considering invaginations such as hair follicles as part of the skin's surface area, it exceeds that of the intestines (Gallo, 2017). The relatively protected and microaerophilic environment of the hair follicle provides a unique, densely occupied niche for bacteria on skin (Hall et al., 2018). It also represents an important cutaneous immune microenvironment, where chemokines attract and influence behavior of skin resident immune cells (Adachi et al., 2015; Nagao et al., 2012). Thus, the hair follicle is thought to be a central location for microbe-immune interactions during homeostasis and in disease (Constantinou et al., 2021; Harries and Paus, 2010). Skin bacteria and their products are also found to extend into the interfollicular dermis and dermal adipose tissue. This suggests other important avenues through which they can influence skin biology (Nakatsuji et al., 2013).

The skin is a rich immunological organ, containing numerous tissue-resident immune cell types. These immune cells sample and respond to microbial products (Byrd et al., 2018; Chen et al., 2018), limit deeper penetration of skin commensal organisms (Shen et al., 2014), and contribute to the cutaneous pool of antimicrobial peptides (AMPs) (Takahashi and Gallo, 2017). Whereas in the intestine, B cell secretion of IgA is thought to help curate composition of luminal microbes (Fadlallah et al., 2018), deficiencies in lymphocytes or Langerhans cells have not been shown to strongly impact skin microbial ecology (Scholz et al., 2014). Certain skin immune cells, such as innate lymphoid cells (ILCs), have been shown to indirectly affect skin bacteria, i.e. via their effects on sebaceous gland biology (Kobayashi et al., 2019). However, the structural and chemical considerations discussed above remain paramount in dictating skin microbiome composition.

The cutaneous immune system displays many age-specific features. Recent studies using high-parameter cytometry and single cell RNA sequencing have revealed that T cells in human fetal skin are relatively naïve as compared to those in adult skin, but do contain activated memory-type regulatory T cells (Tregs) and subsets of CD45RO<sup>+</sup> T effector cells (Dhariwala et al., 2020; Mishra et al., 2021; Xu et al., 2021; Yona et al., 2013). Distinct immune signatures have also been demonstrated by bulk RNA sequencing of neonatal, pediatric or adult skin (Brunner et al., 2018; Visscher et al., 2021). The composition of immune cells in pediatric skin is not yet as well defined. However, one study used flow cytometry to demonstrate a higher percentage of Tregs in healthy pediatric versus adult skin (Cordoro et al., 2017), akin to what has been shown for other early life human tissues such as the lung and intestines (Thome et al., 2015). Collectively, these considerations provide an important backdrop for examining the development of the early life skin microbiome and its relationship to infant skin health.

## Composition and evolution of the infant skin microbiome

The presence of live microbes *in utero* remains an active area of investigation, as does their potential contribution to immune education, with some recent studies suggesting a role in priming of lymphocytes in human fetal tissues (Mishra et al., 2021; Rackaityte et al., 2020). While debate continues regarding the fetal microbiome (Kennedy et al., 2021a, 2021b), live microbes, when detected, are found in very limited abundance *in utero* (Kennedy et al., 2021a; Rackaityte et al., 2020). Thus, while pre-natal microbial encounters are possible, our skin's first substantial introduction to microbes occurs at birth. Within minutes, bacteria can be cultured from healthy infant skin (Sarkany and Gaylarde, 1967). Sampling of the neonatal skin microbiome by 16S rRNA sequencing has shown that its composition during the first hours of life is very similar to the microbiome at other body sites. In vaginally delivered infants, this largely reflects composition of the maternal vaginal community (Dominguez-Bello et al., 2010, 2016). By 6 weeks of age, the skin microbiome signature has diverged from that of the stool, nares, or oral cavity (Chu et al., 2017). By 3 months of age, regional specificity within the skin microbiome also emerges, with distinct communities found on the arm, forehead and buttock (Capone et al., 2011). A great deal of longitudinal fluctuation in the bacterial and fungal skin communities persists throughout the first 6 months of life (Capone et al., 2011; Zhu et al., 2020), likely due to progressive changes in infant skin physiology (Stamatas et al., 2011; Visscher et al., 2015) as well as interspecies interactions that are recognized as part of normal complex microbial community establishment (Coyte et al., 2021).

By 6 to 12 months of age, infant skin acquires a more stable microbial community, the composition of which is notably distinct from that seen in adults. Multiple studies have confirmed that the infant skin microbiome contains relatively more Firmicutes, such as *Staphylococci* and *Streptococci*, and fewer Actinobacteria, such as *Cutibacteria* and *Corynebacteria* (Oh et al., 2012). Bacteria from the Proteobacteria and Bacteroidetes phyla are also present (Capone et al., 2011). Of note, Firmicutes, Actinobacteria, Proteobacteria and Bacteroidetes have been renamed Bacillota, Actinomycetoma, Pseudomonadata, and Bacteriodata, in the newest nomenclature guidelines from NCBI (Oren and Garrity, 2021); however, the former names will be used throughout this review.

Fewer studies have focused on the infant skin mycobiome, but longitudinal examination of 110 infants less than 6 months of age found *Malassezia* to be the most abundant fungi across three distinct skin sites, followed, at several fold lower abundance, by *Pleosporales* and *Saccharomycetales* (Zhu et al., 2020). Notably *Malassezia* burden decreases on infant skin between 3 and 6 months of age (Zhu et al., 2020) and is thought to remain lower throughout early childhood as compared to teens or adults (Findley et al., 2013; Jo et al., 2017; Park et al., 2021).

## Early life factors influencing skin microbiome composition

Published studies examining microbiota on infant and pediatric skin have relied largely on 16S and 18S rRNA sequencing rather than metagenomic sequencing. This means we have limited insight into strain level data or potential age-dependent differences in microbial pathway abundance on skin during early life. Even so, there is an emerging consensus regarding factors that help shape genera and species-level composition of microbial communities on infant skin.

### Infant skin physiology

As in adults, the composition and physiology of infant skin is thought to be a driving force in curating what microbes establish early residency in this niche. At birth, human skin is coated by the vernix caseosa (VC), a protective layer produced *in utero* by fetal sebaceous glands. The VC contains lipids (10%), protein (10%), and water (80%) (Nishijima et al., 2019; Visscher et al., 2011). While its function is not completely understood, the VC has been proposed to aid the transition from an aqueous intrauterine to a dry extrauterine environment (King et al., 2013; Nishijima et al., 2019). Its hydrophobic lipid content may hasten development of a fully functional stratum corneum towards the end of *in utero* gestation (Visscher et al., 2005; Youssef et al., 2001). Postnatally, longer retention of the VC is associated with higher infant skin hydration 24 hours after birth (Visscher et al., 2005).

The VC likely also contributes to initial seeding of microbes both on skin and in the gut by providing microbial prebiotics in the form of saturated branched fatty acids, squalene and other lipids (Houghteling and Walker, 2015; Ran-Ressler et al., 2008; Wang et al., 2018). Meanwhile it also provides early antimicrobial defense to infant skin both by serving as a physical obstruction for bacterial colonization (Bautista et al., 2000; Okah et al., 1994) as well as a source of innate immune cytokines, e.g. interleukin (IL)-1 $\alpha$  and IL-1 $\beta$ , IL-6, IL-8, and tumor necrosis factor alpha (Narendran et al., 2010; Walker et al., 2008; Yoshio et al., 2003) and antimicrobial peptides (AMPs), e.g. LL-37, lysozyme, psoriasin, lactoferrin and alpha defensins (Yoshio et al., 2003; Marchini et al., 2002). Previous studies have found that the VC or its subcomponents can limit growth of *S. aureus*, *Klebsiella*, *Bacillus megaterium* and *Candida albicans* (Yoshio et al., 2003), suggesting that the VC may favor colonization by particular bacterial or fungal species over other (Yoshio et al., 2003). The first bath of a newborn removes the VC and is sometimes delayed rather than performed immediately at birth due to observed benefits on infant health, such as temperature regulation (Visscher et al., 2015). Further studies are needed, however, to understand how timing of infant bathing

and removal of the VC affect early postnatal development of the human skin microbiome (Lund and Zukowsky, 2016).

Compositional differences between the microbial communities on infant versus adult skin are thought to be driven in large part by age-dependent changes in skin physiology. Human skin development begins in utero by 4 weeks gestation at which point multi-layer specialization of the epidermis and keratinization, i.e. formation of the outermost stratum corneum, are seen (Jö et al., 1999; King et al., 2013). Adnexal structures such as hair follicles and sweat glands appear at nine weeks and further mature throughout the second and early third trimesters (Jö et al., 1999; King et al., 2013). Despite developing in an aquatic environment, full-term, healthy infant skin is considered to be fully functional at birth (Visscher et al., 2015). For example, transepidermal water loss (TEWL), a proximal measurement for skin barrier function, is generally comparable between infants and adults (Fluhr et al., 2000, 2012; Kelleher et al., 2013; Kikuchi et al., 2006). Compared with adult skin, however, infant skin is moister and more alkaline and lower in lipid and sebaceous content (Moskovicz et al., 2020). Firmicutes, which are overrepresented on infant skin, generally have higher salt tolerance and can thrive in moist, alkaline environments. In contrast, underrepresented genera such *Cutibacteria* from the Actinobacteria phylum thrive on lipid-rich skin secretions that are not as abundant on infant skin (Byrd et al., 2018; Scharschmidt and Fischbach, 2013). Consistent with this paradigm, significant associations have been observed in the relative abundance of certain bacterial species and locally measured skin pH or moisture content in 1 year old infants (Zhu et al., 2019). Hormonally-driven changes in sebum production that occur in late puberty are accompanied by a shift towards a more Actinobacteria-dominant and *Malassezia*-rich skin microbiome (Oh et al., 2012; Park et al., 2021). Thus, chemical and physical properties help dictate which microbes establish residency on skin through life, including in infancy (Figure 1).

### Maternal factors

As is true of the gut microbiome, seeding of skin microbes is thought to occur largely via vertical colonization from the mother. It is not surprising then that the skin microbiome of infants is dominated by strains found on their mothers immediately after birth (Dominguez-Bello et al., 2010). Perhaps more surprising is the durability of this maternal influence. Even at 10 years of age, the relative abundance of bacteria at several skin sites more closely resembles that of their mother compared to unrelated women (Zhu et al., 2019). The extent to which this is due to first priority effects of microbes transferred at birth (Fukami, 2015; Nayfach et al., 2016) versus continued microbial transfer from mother to child during early life remains to be determined, but likely both are at play. These maternal microbiome seeding effects suggest some level of heritability in the skin microbiome and imply that dramatic shifts in the maternal microbiome, on skin or other body sites, during the perinatal window may impact this process.

### Birth mode

It has been clearly demonstrated that mode of delivery plays a large role in shaping the composition of the infant skin microbiome immediately after birth. One seminal study used 16S rRNA sequencing to sample the maternal skin, oral, and vaginal microbiota just

before delivery in tandem with the infants' skin, oral, and nasopharyngeal microbiota within minutes of birth and meconium within 1 day of life (Dominguez-Bello et al., 2010). This revealed that vaginally-delivered infants had skin bacterial communities resembling their mother's vaginal microbiota (*Lactobacillus*, *Prevotella*, and *Sneathia* spp.), whereas infants delivered by Cesarean section (C-section) had skin bacterial communities most similar to maternal skin (*Staphylococcus*, *Corynebacterium*, and *Cutibacterium* spp.) (Dominguez-Bello et al., 2010). Subsequent studies have largely confirmed these findings with regard to the immediate infant skin microbiome signature following vaginal versus C-section delivery (Capone et al., 2011; Chu et al., 2017). However, they have also shown that these delivery mode signatures are fairly transient and abate significantly or disappear entirely by 1–3 months of life (Capone et al., 2011). One study did find subtle associations between delivery mode and composition of the skin microbial community on the volar forearm in 1 year old children and on the face of 10-year-old children, driven respectively by slightly more *Streptococcus* and *Chryseobacterium* in the C-section delivered children (Zhu et al., 2019). However, differences were not seen at other body sites, nor at four other intervening sampling time points. The significance of such subtle differences in the skin and gut microbial communities remains an area of investigation with regard to certain clinical associations with C-section birth, such as higher rates of asthma and allergies (Bager et al., 2008; Negele et al., 2004).

### Other environmental exposures

While initial seeding of the infant skin microbiome is likely of seminal importance due to enduring priority effects of founder species (Sprockett et al., 2018), there is also evidence that the infant's environment influences composition of the skin microbial community. For example, bacteria from the hospital environment can be found on the skin of full term and preterm infants during the first weeks of life (Younge et al., 2018). Looking at later time points, there is also evidence that residency in an urban versus rural environment or in a larger household may subtly shift the diversity and composition of skin bacteria (Lehtimäki et al., 2017). Although limited by its small sample size, a study of infants born in Illinois versus three different areas of Mexico demonstrated higher alpha diversity on the skin of infants raised in a rural environment, in a larger household size, and by a larger total number of caregivers (Manus et al., 2020). The relative contribution of these various factors remains unclear but these types of data suggest that further work examining environmental factors associated with atopy or other outcomes, for example the presence of pets in the home, will be important to study with respect to skin microbiome composition as has been done for the infant gut (Tun et al., 2017).

### Microbial influences on neonatal skin function

Of obvious interest and clinical significance are the potential effects of the cutaneous microflora on physiologic and immune functions of infant skin. Assessing many of these requires full thickness skin biopsies, a minimally invasive procedure but still one largely avoided in healthy children for understandable reasons. We therefore have limited human data on functional microbe-skin interactions in this developmental window. However,

studies in mice have created a framework for thinking about the likely effects of cutaneous microbes on infant skin physiology.

One key area for functional interactions is development of the physical and antimicrobial skin barrier. Commensal microbes produce their own AMPs (Nakatsuji et al., 2017) and can also augment expression of cutaneous host-derived AMPs (Lai et al., 2010). Studies in gnotobiotic (i.e. germ-free mice), conventionalized and antibiotic-treated mice, have shown that bacteria also promote terminal differentiation of keratinocytes and a fully functional stratum corneum (Uberoi et al., 2021). Although not examined specifically in neonatal animals, these results would suggest that initial colonization of skin by bacteria and fungi may help bolster infant skin defenses against more pathogenic organisms via multiple mechanisms. Whether the greater expression of toll-like receptors (TLRs) (Iram et al., 2012) and AMPs (Nishijima et al., 2019; Walker et al., 2008) in infant versus adult skin reflects innate immune activation in response to initial microbial colonization is not known, but of potential relevance.

Skin bacteria may also influence infant skin physiology via effects on the number or function of skin immune cells. Information is again limited due to challenges associated with the study of human neonates and the fact that most murine studies have been performed in adult animals. Even so, it worth highlighting a few emerging principles of microbial-mediated effects on cutaneous immunity that inform our thinking about the early life window.

Microbes have been shown in multiple contexts to alter the abundance and function of lymphocytes in murine skin. This has been rigorously demonstrated with regard to effects of *Staphylococcus epidermidis* on skin CD4<sup>+</sup>, CD8<sup>+</sup> and mucosal-associated invariant T (MAIT) cells (Belkaid and Naik, 2013; Chen et al., 2019; Harrison et al., 2019; Linehan et al., 2018). Analogous effects have been seen for *Corynebacterium accolens* on V $\gamma$ 4<sup>+</sup> dermal  $\gamma\delta$  T cells (Ridaura et al., 2018), and for cutaneous fungi such as *Candida albicans* and *Malassezia furfur* on IL-17-producing CD4<sup>+</sup> T cells (Hurabielle et al., 2020; Kashem et al., 2015). Comparatively minimal effects have been shown in adult mice with respect to the impact of microbes on the numbers of innate lymphoid cells (Ricardo-Gonzalez et al., 2018) or myeloid cells (Tamoutounour et al., 2013). Consistent with immunological dogma implicating type 17 responses in immunity to extracellular microbes, these studies have largely demonstrated that skin commensal bacteria and fungi bolster homeostatic type 17 immune responses through both antigen dependent and independent mechanisms. In certain more pathological contexts, however, skin bacteria have also been shown to trigger a type 2 immune signature (Byrd et al., 2017; Harrison et al., 2019). Although not studied specifically in neonatal mice or human infant skin, this body of work suggests that skin commensals have the potential to optimally “tune” the cutaneous type 17 immune responses in a manner that could accelerate this arm of skin immune development post birth.

As discussed above, human skin and other pediatric tissues tend to be relatively enriched in Tregs (Cordoro et al., 2017; Thome et al., 2015). Studies of human skin have also revealed increased tolerogenic capacity among dendritic cells isolated from fetal versus adult skin (McGovern et al., 2017). The skin of neonatal mice also contains higher numbers



of Tregs, with an influx specifically between postnatal days 6 and 13 (Scharschmidt et al., 2015). Experiments in gnotobiotic mouse pups and models of impaired hair follicle development showed that this neonatal Treg wave into murine skin is at least in part directed by commensal-induced expression of the chemokine Ccl20 in developing hair follicles (Scharschmidt et al., 2017). Studies of adult gnotobiotic mice have not revealed persistent differences in skin Treg numbers (Naik et al., 2012), however, suggesting that other mechanisms can help compensate for early commensal-facilitated recruitment. Tregs appear much earlier in developing human skin. Although absolute numbers of Tregs remain low in fetal skin as compared to adult skin, by the late second trimester the percentage of Tregs among skin CD4<sup>+</sup> T cells, as well as their activation and memory status, start to resemble that seen in adult skin (Dhariwala et al., 2020). Preferential fetal skin Treg accumulation at sites of higher hair density suggest that hair follicles may help facilitate early Treg accumulation in human skin as is seen in the mouse (Dhariwala et al., 2020). Whether postnatal interactions with colonizing skin microbes further recruit, activate, or expand human skin Tregs remains an open question.

### Unique contributions of early life skin-microbe interactions

While many aspects of skin-microbe crosstalk likely retain equal relevance and potency throughout the lifespan, there are already two examples from animal studies where early life microbial interactions have unique effects on cutaneous immune function not replicated by later life microbial exposure. The first relates to MAIT cells, which are a type of nonconventional lymphocyte enriched in skin and other body barrier tissues. These cells express semi-invariant T cell receptors, which recognize microbial molecules, in particular riboflavin derivatives. In mice, it has been shown that trafficking of these microbially-produced riboflavin derivatives from the intestine to the thymus regulates MAIT development (Legoux et al., 2019), and that this microbially-dependent process occurs preferentially during the first few weeks of life (Constantinides et al., 2019) (Figure 2A). MAIT cells accumulate in mouse skin between two and three weeks of age and can be further expanded and activated by the presence of skin bacteria that produce riboflavin derivatives (Constantinides et al., 2019). MAIT cells are present in adult human skin (Li et al., 2017) but the timing of their appearance and expansion in infant skin has not yet been explicitly studied. Activation of MAIT in human blood occurs soon after birth followed by a gradual expansion over the next five to ten years (Dusseaux et al., 2011; Pellicci et al., 2020; ben Youssef et al., 2018). Skin bacteria fall along a wide continuum with regard to their capacity for riboflavin metabolism and MAIT stimulation (Tastan et al., 2018), suggesting that composition of the infant skin microbiome might impact MAIT recruitment and activation, thereby influencing local skin immune function.

The repertoire of conventional  $\alpha\beta$  T cells that recognize and respond to skin bacteria is also influenced by the timing of bacterial exposure. Studies in mice have revealed that neonatal colonization with *S. epidermidis* (*S. epi*) supports development of a *S. epi*-specific CD4<sup>+</sup> compartment that is rich in Tregs (Scharschmidt et al., 2015). By comparison, exposure to the same bacteria in an adult mouse led predominantly to generation of effector CD4<sup>+</sup> T cells (Teff) (Figure 2B). Generation of these *S. epi*-specific Tregs in neonatal life was closely linked to protection against skin tissue inflammation when the mice were re-exposed

to *S. epi* as adults, indicating functional immune tolerance (Scharschmidt et al., 2015). The mechanistic basis of this early life predisposition for tolerance to skin bacteria remains incompletely understood but likely relates to a combination of factors. These may include the heightened early life propensity for naive T cells to become Tregs (Mold et al., 2010), augmented Treg-promoting capacity among skin dendritic cells (McGovern et al., 2017), and an increased abundance of polyclonal Tregs in the skin of young mice (Scharschmidt et al., 2015) and humans (Cordoro et al., 2017) that may affect the quality of antigen presentation. It will be difficult to test whether humans experience similar age-dependency in their establishment of tolerance to skin commensal bacteria. However, data from the literature on peanut allergy (Toit et al., 2015) and oral as well as epicutaneous antigen exposure to prevent this allergy in children (Kim and Burks, 2020) suggest that a preferential early window for immune tolerance also exists in human. Notably, antigen-specific Tregs are not indiscriminately generated to any bacteria present on neonatal skin, as mice colonized with the pathobiont *Staphylococcus aureus* generate relatively fewer *S. aureus*-specific versus *S. epi*-specific Tregs. This brake on tolerance to a prototypical skin pathogen, is due in part to heightened IL-1R1 signaling elicited by *S. aureus* alpha toxin (Leech et al., 2019). The percentage of Tregs generated neonatally to *S. aureus*, however, still exceeded that generated to *S. epi* in adult mice suggesting that early exposure even to pathogenic bacteria in the early window may be more tolerizing than in later life.

## Infant Skin Microbiome in Health & Disease

### 'Physiologic' Infant Skin-Microbe Interactions

When early life skin-microbe interactions go smoothly, they are clinically 'invisible'. However, some very common childhood dermatoses likely reflect low levels of cutaneous inflammation elicited by microbe-immune crosstalk. Erythema toxicum neonatorum (ETN) is a cutaneous eruption seen during the first week of life in about half of healthy newborns (Harris and Schick, 1956). It is typified by the appearance of small splotchy areas of redness that may contain central papules or pustules (Chadha and Jahnke, 2019). Microscopic examination of these ETN lesions show infiltration of eosinophils, neutrophils and myeloid cell types especially around hair follicles. This is found in conjunction with increased expression of innate immune mediators such as IL-1, IL-8, nitric oxide synthases and antimicrobial peptides (Marchini et al., 2001, 2003). Coagulase-negative *Staphylococci* as well as other Firmicutes that are prevalent on infant skin have been cultured from ETN lesions, and electron microscopy has revealed cocci-shaped bacteria within hair follicle epithelium and phagocytosed by nearby immune cells (Marchini et al., 2005). Collectively, these findings have led to the yet unproven hypothesis that ETN results from an early innate immune response to colonization of infant skin by healthy commensal bacteria driven both by keratinocytes and macrophages (Marchini et al., 2005, 2007).

Similarly, fungi or yeast on neonatal skin may contribute to rashes seen in healthy infants, for example infantile seborrheic dermatitis (ISD). This condition presents as waxy and sometimes erythematous areas of scale, referred to commonly as "cradle cap" when seen on the scalp (Chadha and Jahnke, 2019). ISD most frequently affects skin sites rich in sebaceous activity and has been associated with increased frequency of *Malassezia furfur*

(Broberg and Faergemann, 1989; Tolleson et al., 1997), raising the possibility of yeast-driven biology in its pathogenesis. Neonatal cephalic pustulosis (NCP) is another condition seen in up to 20% of healthy infants and typified by facial pustules starting in the first month of life. NCP has been associated in some studies but not others with increased rates of *Malassezia* colonization and is sometime treated, as is ISD, with topical anti-fungal creams (Ayhan et al., 2007; Bernier et al., 2002). However, mechanistic links between *Malassezia* and ISD or NCP have not yet been firmly established. The fact that ETN, ISD and NCP generally self-resolve, are seen in otherwise healthy infants, and do not generally predict risk of long-term skin disease suggests that these cutaneous eruptions represent visible manifestations of early life microbe-immune interactions that remain within the normal physiologic spectrum.

### 'Pathologic' Contexts for Infant Skin-Microbe Interaction

**Preterm birth**—Preterm birth (PTB) represents the seminal risk factor for morbidity and mortality in the first year of life (Callaghan et al., 2006; Kramer et al., 2000). It is thought that disrupted microbe-immune interactions may contribute to the inflammatory neonatal pathologies associated with PTB as well as the differential risk of later life diseases, such as increased rates of asthma (Arrieta et al., 2015; Fujimura and Lynch, 2015) and food allergies (Feehley et al., 2019) or reduced rates of atopic dermatitis (Schoch et al., 2021). The structural and functional immaturity of skin in preterm versus full term birth (FTB) infants (Narendran et al., 2010) does appear to affect establishment of the skin microbiome and the host immune response to these organisms (Schoch et al., 2019) (Figure 3A). In general, diversity of the neonatal skin microbiome has been shown to positively correlate with gestational age at birth (Pammi et al., 2017). One cross-sectional study of 129 infants documented lower alpha diversity and greater enrichment for *Staphylococcus* and *Escherichia* at multiple skin body sites in PTB versus FTB infants (Younge et al., 2018). Fungal species on the skin of PTB infants are notably influenced by antibiotic exposure, body site, NICU environment, mode of delivery, and diet (Paul et al., 2019).

These changes in skin microbial composition between PTB and FTB infants may relate both to endogenous differences in their skin physiology as well as exogenous environmental factors. The human skin barrier functionally matures by 34 weeks gestational age (Casterline and Paller, 2020; Evans and Rutter, 1986; King et al., 2013). The skin of infants born before 34 weeks demonstrates an underdeveloped epidermis with fewer cornified layers, reduced VC levels, and lower expression of key dermal proteins (Visscher et al., 2015). This collectively results in compromised skin barrier integrity and increased skin fragility (Evans and Rutter, 1986). PTB infants can also demonstrate cutaneous innate immune dysfunction, for example producing lower levels of antimicrobial proteins but increased amounts of certain proinflammatory cytokines, such as IL-1 $\beta$ , IL-6, IL-8 and monocyte chemoattractant protein-1 (MCP-1) (Visscher et al., 2021).

Systemic infections in PTB infants, many of which are caused by skin-resident bacteria, remain a major source of morbidity and mortality in the first year of life (Steiner et al., 2019). For example, rates of methicillin-resistant *S. aureus* (MRSA) infections as well as neonatal sepsis induced by *S. epidermidis* (Dong et al., 2018; Kitajima, 2003) are elevated

in PTB infants. This heightened infection risk stems from a combination of both endogenous and exogenous factors. Reduced skin barrier function (Evans and Rutter, 1986) and altered systemic immune function (Melville and Moss, 2013) are clear precipitants. The microbial skin ecology of PTB infants, marked by an increased relative abundance of *Staphylococcus* spp (Younge et al., 2018) including some strains that contain antibiotic resistance and other virulence genes (Hellmann et al., 2021), may further compound the risk.

How altered composition of the PTB infant skin microbiota relates to longer-term risk of disease remains less clear. Preterm infants have lower rates of atopic dermatitis (AD) compared to full term infants (Schoch et al., 2021), and recent studies have found that longer NICU stays are inversely correlated with later development of AD (Schoch et al., 2021). AD is generally considered an early step in the “atopic march,” subsequently followed by development of food allergies, asthma, and allergic rhinitis (Lowe et al., 2018). Risk of allergic rhinitis was found to be positively correlated with gestational age at birth in a large cohort, i.e. PTB was protective (Crump et al., 2011). Conversely, PTB infants have higher rates of asthma (Zhang et al., 2018). How development of these atopic disorders relates to alterations in the infant skin and gut microbiomes among PTB infants has yet to be determined. Some hypothesize, however, that the altered composition of skin microbes or the fact that microbial exposure occurs earlier in life might functionally contribute to the protection against cutaneous atopy associated with PTB (Crump et al., 2011; Schoch et al., 2021).

**Early life antibiotics**—Systemic antibiotics during early childhood can be life-saving but have also been associated with increased risk of immune, metabolic and neurobehavioral conditions of pediatric onset (McKeever et al., 2002; Russell et al., 2012). A recent study confirmed an increased risk of asthma, allergic rhinitis, and AD in a population-based cohort study of 14,572 children who received one or more antibiotic prescriptions before the age two (Aversa et al., 2021). Murine studies likewise document that early antibiotic administration can alter severity of later life pathologies (Roubaud-Baudron et al., 2019; Russell et al., 2012; Wlodarska et al., 2011) including susceptibility to models of skin inflammation (Zanvit et al., 2015). The relative role of the intestinal versus cutaneous microbes in these effects however have yet to be teased apart. Studies in adults suggest that oral antibiotics can shift skin microbiota composition (Chien et al., 2019; Marples and Kligman, 1971). Analogous studies have not yet been performed in healthy infants, but documentation of lower skin microbiome diversity in preterm infants that received intravenous antibiotics (Pammi et al., 2017) would indicate that at least temporary changes in the skin microbiota might be expected following early life antibiotics, as is seen for the intestinal microbiome (Moskovicz et al., 2020; Yallapragada et al., 2015). Further work is needed to understand the significance of any changes to the skin microbiome community induced by oral antibiotics or topical antiseptics (Lund and Zukowsky, 2016; Strz pa et al., 2018) used in early life and their relationship to clinical associations with later life skin disease.

**Atopic Dermatitis**—Atopic dermatitis (AD), often referred to as eczema, is an inflammatory skin condition seen in 15–30% of infants in industrialized countries

(Silverberg, 2017), which manifests as chronic, recurrent flares of scaling red patches on the skin. While AD can start in adulthood, most patients present within the first year of life (Chadha and Jahnke, 2019). Flares of disease have long been known to often be accompanied by blooms of *S. aureus* on affected skin (Geoghegan et al., 2018). More recent work using genomic methods to study the skin microbiome in pediatric AD patients have confirmed this, and also found the relative skin abundance of other coagulase-negative *Staphylococci* (CoNS) increases during AD flares (Byrd et al., 2017; Key et al., 2021; Kong et al., 2012). *S. aureus* is thought to contribute to AD pathogenesis through various mechanisms, such as production of proteases, toxins, pruritogens, and superantigens, which collectively elicit and perpetuate atopic skin inflammation (Geoghegan et al., 2018; Kobayashi et al., 2015; Nakatsuji et al., 2016; Ogonowska et al., 2021; Paller et al., 2019; Towell et al., 2021).

We understand less about the role of the skin microbiome in the initial development of AD. However, several studies have tracked early skin microbial composition in young infants revealing microbiome features that associate with subsequent AD development. These include increased skin colonization by *S. aureus* prior to AD onset, especially by strains that retain a functional quorum sensing system, and a decreased relative abundance of *S. epidermidis* (Kennedy et al., 2017; Meylan et al., 2017; Nakamura et al., 2020). Additional research is needed to validate that these early microbiome signatures robustly correlate with subsequent AD development, to tease apart the endogenous vs. exogenous factors that lead to early alterations of the skin microbiome in AD patients and to understand the functional contribution of these early microbial shifts towards early events in AD pathogenesis and the atopic march (Figure 3B).

## Looking forward

The early life window is replete with microbial and other environmental exposures that have lasting impacts on human health. As one of the body's largest barrier tissues and a site of rich microbial interactions, skin is a key site for these early formative events. As discussed herein, recent work has shed light on the nature of some of these interactions, but much remains to be understood. With regard to neonatal skin microbial ecology, metagenomic sequencing will help elucidate the influence of various endogenous and exogenous factors on the genomic content and functional capacity of the infant skin microbial community. Likewise, additional work is needed to track individual strains on infant skin and determine the relative contributions of initially seeded versus newly acquired strains in longitudinal shifts in composition of the skin microbiota throughout childhood. Work from the adult skin microbiome (Zhou et al., 2020) would suggest that on-person evolution of strains occurs at least for some species, such as *S. epidermidis* and *C. acne* (Conwill et al., 2022). Understanding the timing of strain acquisition and evolution may provide insight into the role of specific strains on pediatric skin health as well as inform potential strategies to manipulate early life skin microbial communities for therapeutic benefit.

On the host side of the equation, a more granular understanding of the immune cell populations in healthy neonatal and pediatric skin would provide a helpful landscape on which to layer observations from *in vitro* and *ex vivo* studies that can more explicitly test

microbial effects on these cells' phenotype and function. Pairing such translational work with continued and expanded studies that use murine systems to tease apart unique early life skin-microbiome interactions will be an important strategy for the field. Although skin microbial transfer may face different challenges than fecal transplantation, there is a growing momentum and solid science behind the use of commensal bacteria to improve skin health, specifically for treatment of inflammatory skin diseases such as atopic dermatitis or acne (Nakatsuji et al., 2021). Taking cues from the gut microbiome field (Durack and Lynch, 2019) and the general principle that prevention of disease is often more efficient than cure, it seems a matter of time before we see a push to optimize composition of the neonatal skin microbial community to maximize health and limit disease risk. We have a journey ahead before that can be safely realized, but it seems a path very worthy of rigorous pursuit.

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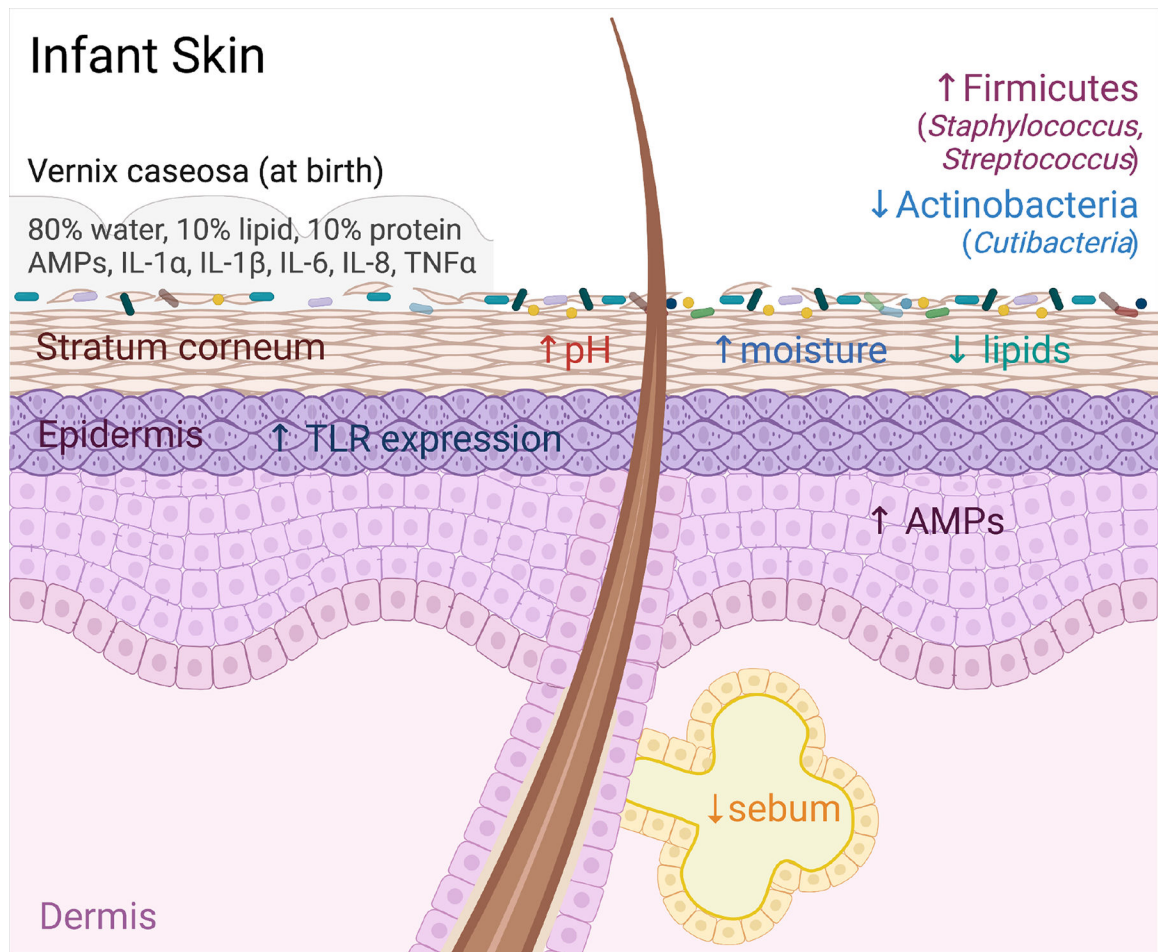
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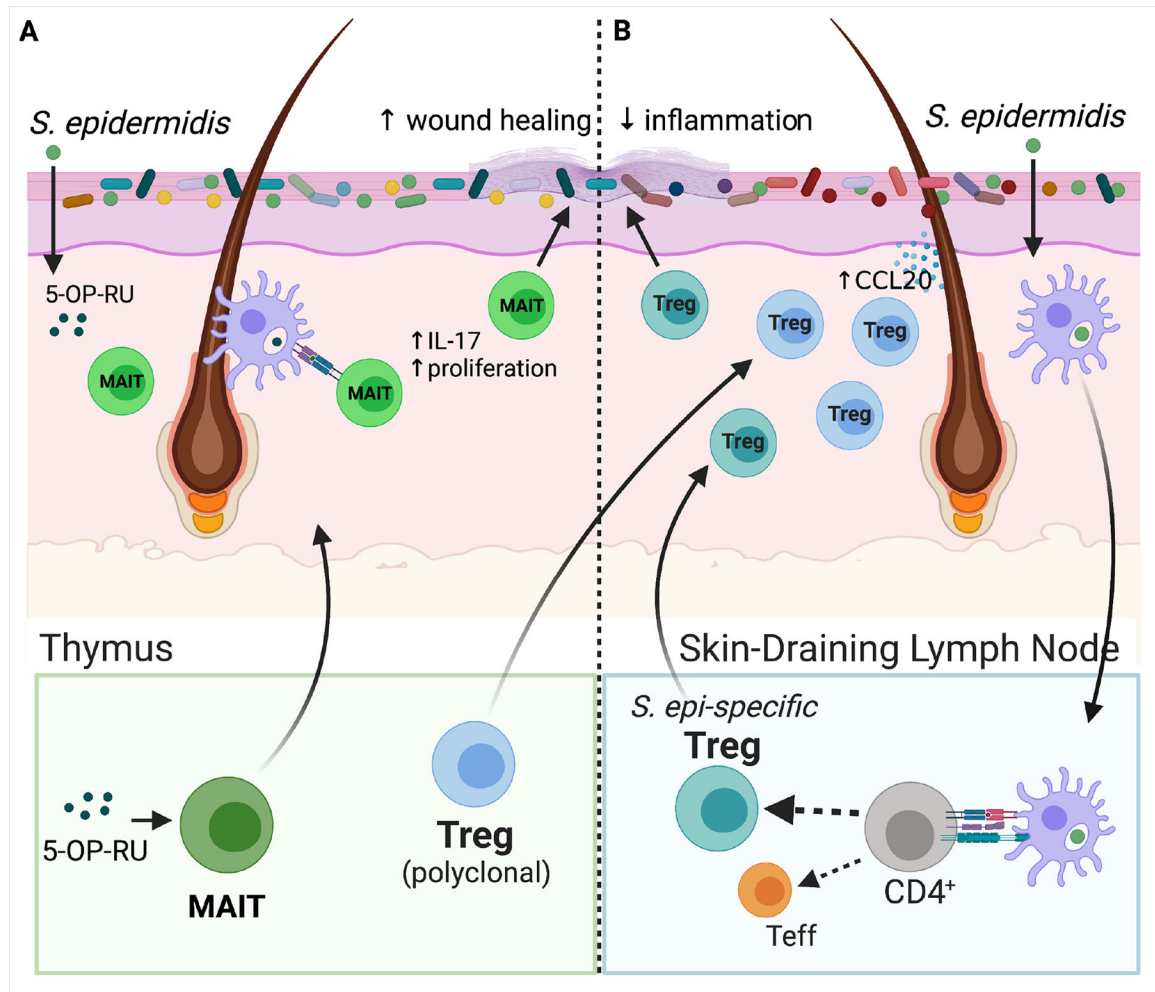
The skin barrier continually mediates interactions with our surrounding microbial environment. In this context, early life microbial-immune crosstalk is central to establishing skin health and homeostasis. Conversely, when disrupted, it can contribute to increased disease risk. Here, we discuss the factors that shape this relationship during a pivotal developmental window.





**Figure 1: Physiologic Features of Infant skin.**

Infant skin at birth is covered in the vernix caseosa (VC). The VC is made up of 80% water, 10% lipid, 10% protein, and contains various antimicrobial peptides (AMPs) and cytokines. The VC likely influences initial microbial colonization of the skin via its role as both a physical and chemical barrier as well as a nutrient substrate for microbes. Compared to adults, infant skin has increased expression of AMPs and toll like receptors (TLRs), an elevated pH, increased moisture content, and decreased lipid and sebum production. Collectively these features shape early life skin microbial ecology, which is distinguished by relatively increased colonization by Firmicutes, including members of *Staphylococcus* and *Streptococcus*, and decreased colonization by Actinobacteria, including *Cutibacteria*.



**Figure 2: Early life microbial-immune interactions.**

(A) 5-OP-RU, a microbially-produced riboflavin-derived antigen stimulates production of MAIT cells specifically in the neonatal versus adult thymus. As shown in mice, inadequate microbial exposure during this early window results in a lost opportunity to expand this lymphocyte population. MAIT cells travel from the thymus to skin where subsequent local production of 5-OP-RU by *S. epidermidis* and other skin bacteria promotes proliferation of MAITs and stimulates their IL-17 production. These cutaneous MAIT cells contribute to skin homeostasis for example by augmenting local wound healing. (B) A polyclonal wave of regulatory T cells (Tregs) migrates from the thymus and secondary lymphoid organs into murine skin between the first and second week of postnatal life. Microbial colonization of developing hair follicles during this postnatal window in mice augments production of the ligand Ccl20 in the hair follicle infundibulum, which helps draw this polyclonal Ccr6+ Treg population into the tissue. Cutaneous exposure to commensal antigens in this early window, for example via neonatal *S. epidermidis* colonization, leads to a persistent enrichment of Tregs among commensal-specific CD4+ T cells in skin. They help to limit skin inflammation upon subsequent re-exposure to *S. epidermidis* under an inflammatory context. Expansion of these commensal-specific Tregs is dependent on dendritic-cell mediated uptake of bacterial antigens and their trafficking to the skin-draining

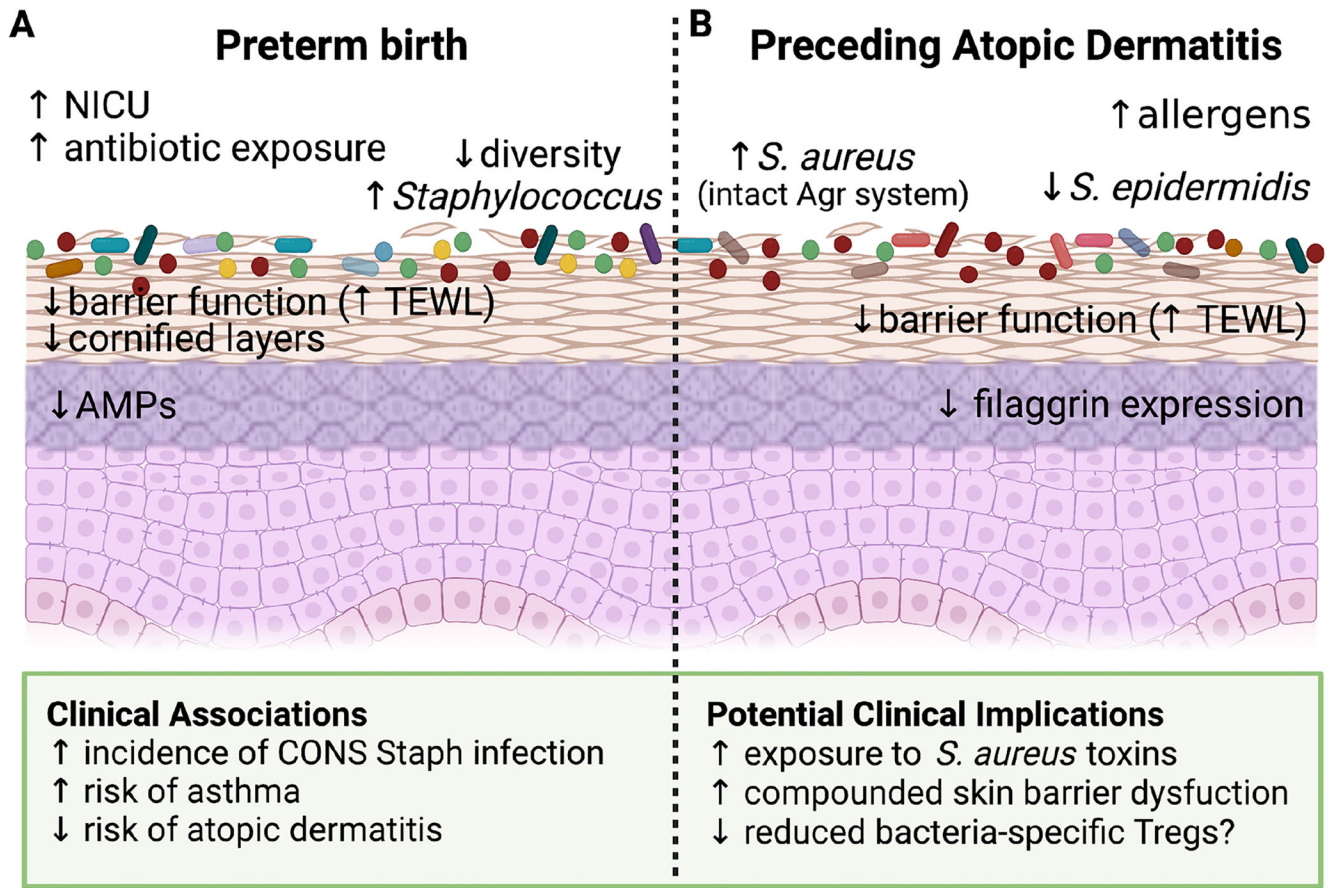
lymph nodes (SDLN) for presentation to naïve CD4+ T cells. When initial skin exposure to *S. epidermidis* is delayed until adulthood, the repertoire of CD4+ T cells specific for that bacteria is shifted instead towards effector CD4+ T cells (Teffs). The mechanistic basis for this neonatal capacity to establish commensal-specific tolerance is likely multifactorial, but the enriched presence of Tregs in neonatal skin has been shown to be one contributing factor.

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**Figure 3: Early life pathologies associated with changes in skin physiology and colonization.** (A) Preterm birth (PTB) has a significant impact on neonatal skin. These infants are often exposed to the NICU environment as well as more frequent topical and systemic antibiotics. Because full maturation of the epidermis occurs during the final weeks of normal in utero gestation, the stratum corneum in PTB infants has fewer cornified layers, reduced antimicrobial peptide (AMP) expression and decreased barrier function as evidenced by increased transepidermal water loss (TEWL). These changes in skin physiology are accompanied by reduced diversity of the PTB skin microbiome, with a notable increase in *Staphylococcus* prevalence. If and how these altered host and microbial features in preterm infants contribute to the clinical associations seen in this population, such as increased opportunistic infections and decreased later risk of atopic dermatitis, remains an open area of investigation. (B) Blooms of *S. aureus* and *S. epidermidis* are well documented during flares of established atopic dermatitis (AD). However, there is also evidence for skin microbial changes that precede disease onset. Specifically, increased colonization by *S. aureus*, especially strains with a preserved Agr quorum sensing system, and a relative decrease in the prevalence of *S. epidermidis* have both been observed among infants that go on to develop AD. These ecological differences are accompanied by distinct skin physiological features, namely decreased filaggrin expression and skin barrier function (increased TEWL) that could alter the host response to skin microbes. Collectively, this suggests that an altered relationship with commensal microbes may be established prior

to AD onset and contribute to its early pathogenesis alongside other key environmental or allergic exposures.

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