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APPLICATION OF GENERAL THEORETICAL PRINCIPLES TO EXPERIMENTS

SELECTION RULES FOR DECAYS - LECTURE 3

Charles Goebel

December 20, 1955

SELECTION RULES FOR DECAYS

Lecture 3

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Appendix to Section III.

The Angular Momentum of Light

The momentum density of an electromagnetic field is the Pcynting vector $\overrightarrow{E} \times \overrightarrow{H}$ [rationalized units; c = 1], therefore the angular momentum density is $\overrightarrow{r} \times (\overrightarrow{E} \times \overrightarrow{H})$, and the total angular momentum in a volume V is

$$\vec{J} = \int_{V} d^{3}r \, \vec{r} \, x \, (\vec{E} \, x \, \vec{H}) .$$

Let us specialize to a free wave, that is, our volume is far from all source.

We introduce, then, potentials in the "Coulomb gauge":

$$A_{4} = 0$$

$$\overrightarrow{E} = \overrightarrow{A}$$

$$\overrightarrow{\nabla} \cdot \overrightarrow{A} = 0$$

$$\overrightarrow{H} = \overrightarrow{\nabla} \times \overrightarrow{A}$$

So
$$\overrightarrow{E \times H} = -\overset{\circ}{A} \times (\overrightarrow{\nabla \times A}) = -\overset{\circ}{A_1} \overrightarrow{\nabla} \overset{\circ}{A_1} + \overset{\circ}{A_1} \overrightarrow{\nabla}_{1} \overrightarrow{A}$$

using indiges and the summation convention for the dot product, to facilitate subsequent manipulation. So

$$\vec{J} = \int_{V} d^{3}r \left[-\mathring{A}_{i} \overrightarrow{r} \times \nabla \mathring{A}_{i} + \mathring{A}_{i} \overrightarrow{r} \times \nabla_{i} \overrightarrow{A} \right] .$$

Let us further specialize to a wave packet which our volume completely encloses, so that we may integrate by parts (Green's theorem) and throw away surface terms. Thus the second term

$$\stackrel{\cdot}{\mathbf{A}_{\mathbf{i}}} \stackrel{\cdot}{\mathbf{r}} \times \nabla_{\mathbf{i}} \stackrel{\cdot}{\mathbf{A}} \longrightarrow -\nabla_{\mathbf{i}} (\stackrel{\circ}{\mathbf{A}_{\mathbf{i}}} \stackrel{\cdot}{\mathbf{r}} \times) \stackrel{\cdot}{\mathbf{A}} = -(\nabla_{\mathbf{i}} \stackrel{\circ}{\mathbf{A}_{\mathbf{i}}}) \stackrel{\cdot}{\mathbf{r}} \times \stackrel{\circ}{\mathbf{A}} - \stackrel{\circ}{\mathbf{A}_{\mathbf{i}}} (\nabla_{\mathbf{i}} \stackrel{\cdot}{\mathbf{r}}) \times \stackrel{\cdot}{\mathbf{A}} .$$

$$= -\stackrel{\circ}{\mathbf{A}} \times \stackrel{\circ}{\mathbf{A}} .$$

Thus

$$\vec{J} = \int_{V} d^{3}r \left[-\mathring{A}_{1} \overrightarrow{r} \times \overrightarrow{\nabla} A_{1} - \overrightarrow{A} \times \overrightarrow{A} \right]$$

which is now in a form to see that the first term is the orbital angular momentum part L_i , and the second term is spin S.

In the first term, $\nabla A_1 = -\dot{A_1} \cdot \vec{e_3}$ where $\vec{e_3}$ is a unit vector in the direction of the wave number \vec{k} (constant for a plane wave) thus

$$\vec{L} = \int_{V} d^{3}r \, \mathring{A}_{1}^{2} \vec{r} \times \vec{e}_{3} = \int_{V} d^{3}r \, r \times (E^{2} \vec{e}_{3})$$

which is indeed independent of the state of polarization of the field, as an orbital angular momentum should be. Note that $E = \frac{2}{3}$ is the momentum density in a plane wave, equal to $E \times H$.

The second term, on the other hand, does not contain r explicitly, so that it is independent of the position of the origin as a spin should be; and it does depend on the polarization. For linear polarization,

$$\vec{E} \parallel \vec{E} \text{ (\cdot on \vec{A} | | \vec{A}) so $\vec{A} \times \vec{A} = 0$, and $\vec{S}_{lin} = 0$;}$$
for circular polarization $\vec{E} \perp \vec{E}$, so that
$$\vec{S}_{circ} = \int_{V} d^{3}r (-\vec{A} \times \vec{A}) = \int_{V} d^{3}r (\pm \vec{A} \times \vec{e}_{3}) = \int_{V} d^{3}r (\pm \vec{E} \times \vec{e}_{3})$$

for { right } hand polarization. Thus for a plane wave, where \vec{e}_3 and ω are left }

constant

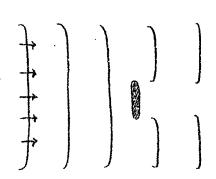
$$S = \pm \frac{1}{\omega} \left[\int_{V} d^{3}r E^{2} \right] \vec{e}_{3} = \pm \frac{1}{\omega} \left[\begin{array}{c} \text{total} \\ \text{energy} \end{array} \right] \vec{e}_{3}.$$

If the wave is quantized, its energy = $m\omega$, so that $\vec{S} = \pm m\vec{e}_3$: each circularly polarized photon carries a spin $\pm m\vec{e}_3$.

Localization of the Spin: Suppose we have a nearly plane, circularly polarized wave, which has a finite sideways extent: i.e. a plane wave passed thru an aperature (large compared to λ). Then in the central part of the wave, $\overrightarrow{E} \times \overrightarrow{H} = \overrightarrow{E}^2 \cdot \overrightarrow{e_3}$, so that

$$\vec{J} = \int d^3r \ \vec{r} \times (\vec{E} \times \vec{H})$$

of central part of the wave is purely orbital; the spin (the part of J/J is actually carred by the fringe of the wave. Our integration by parts transformed the representation of the spin to a uniform density $\pm E^2 c_3$. But this representation of the spin density has a physical significance. For suppose by inserting an obstacle we absorb light from the central part of the



the wave beyond the obstacle, we see that
the spin has been absorbed in amount just
given by the uniform density formula.

And looking at the obstacle microscopic to y
we can see that this is true of the
absorption at each atom. Thus we consider
that the spin of the wave is carried as

a uniform density $\pm E^2 = \frac{1}{3}$ in the sense that wherever an energy W is absorbed from any part of the wave, a spin $\pm \frac{W}{W} = \frac{1}{3}$ is absorbed simultaneously.