

UCSF

UC San Francisco Previously Published Works

Title

Inflammatory Biomarkers in Childhood Arterial Ischemic Stroke: Correlates of Stroke Cause and Recurrence.

Permalink

<https://escholarship.org/uc/item/19t4h7vq>

Journal

Stroke, 47(9)

ISSN

0039-2499

Authors

Fullerton, Heather J
deVeber, Gabrielle A
Hills, Nancy K
[et al.](#)

Publication Date

2016-09-01

DOI

10.1161/strokeaha.116.013719

Peer reviewed

Inflammatory Biomarkers in Childhood Arterial Ischemic Stroke

Correlates of Stroke Cause and Recurrence

Heather J. Fullerton, MD, MAS; Gabrielle A. deVeber, MD, MSc; Nancy K. Hills, PhD; Michael M. Dowling, MD, PhD; Christine K. Fox, MD, MAS; Mark T. Mackay, MBBS; Adam Kirton, MD; Jerome Y. Yager, MD; Timothy J. Bernard, MD; Eldad A. Hod, MD; Max Wintermark, MD; Mitchell S.V. Elkind, MD, MS; and the VIPS Investigators*

Background and Purpose—Among children with arterial ischemic stroke (AIS), those with arteriopathy have the highest recurrence risk. We hypothesized that arteriopathy progression is an inflammatory process and that inflammatory biomarkers would predict recurrent AIS.

Methods—In an international study of childhood AIS, we selected cases classified into 1 of the 3 most common childhood AIS causes: definite arteriopathic (n=103), cardioembolic (n=55), or idiopathic (n=78). We measured serum concentrations of high-sensitivity C-reactive protein, serum amyloid A, myeloperoxidase, and tumor necrosis factor- α . We used linear regression to compare analyte concentrations across the subtypes and Cox proportional hazards models to determine predictors of recurrent AIS.

Results—Median age at index stroke was 8.2 years (interquartile range, 3.6–14.3); serum samples were collected at median 5.5 days post stroke (interquartile range, 3–10 days). In adjusted models (including age, infarct volume, and time to sample collection) with idiopathic as the reference, the cardioembolic (but not arteriopathic) group had higher concentrations of high-sensitivity C-reactive protein and myeloperoxidase, whereas both cardioembolic and arteriopathic groups had higher serum amyloid A. In the arteriopathic (but not cardioembolic) group, higher high-sensitivity C-reactive protein and serum amyloid A predicted recurrent AIS. Children with progressive arteriopathies on follow-up imaging had higher recurrence rates, and a trend toward higher high-sensitivity C-reactive protein and serum amyloid A, compared with children with stable or improved arteriopathies.

Conclusions—Among children with AIS, specific inflammatory biomarkers correlate with cause and—in the arteriopathy group—risk of stroke recurrence. Interventions targeting inflammation should be considered for pediatric secondary stroke prevention trials. (*Stroke*. 2016;47:2221–2228. DOI: 10.1161/STROKEAHA.116.013719.)

Key Words: biomarkers ■ C-reactive protein ■ Cox proportional hazards models ■ inflammation
■ serum amyloid A protein ■ stroke

Although childhood arterial ischemic stroke (AIS) is a heterogeneous disorder, most cases fall into 1 of 3 broad pathogenic categories: arteriopathic, cardioembolic, and idiopathic.¹ The presence of an arteriopathy (cervical or cerebral) confers an increased risk of recurrent AIS.^{2–5} In the prospective, multicenter VIPS study (Vascular Effects of Infection in Pediatric Stroke), children with arteriopathic stroke had a 21% (95% confidence interval [CI], 14%–29%) chance of

recurrence within 1 year compared with 8% (95% CI, 3–18) with cardioembolic and 5% (95% CI, 2–12) with idiopathic stroke.² Childhood arteriopathies are themselves heterogeneous and poorly understood,⁶ yet mounting evidence suggests that infection and inflammation play a role in their pathogenesis. The VIPS study, and others, provide evidence that acute infection, such as the common cold or herpesviruses, act as triggers for childhood AIS.^{7–10} Arterial wall imaging

Received April 20, 2016; final revision received June 6, 2016; accepted June 21, 2016.

From the Departments of Neurology (H.J.F., N.K.H., C.K.F.), Pediatrics (H.J.F., C.K.F.), and Biostatistics and Epidemiology (N.K.H.), University of California San Francisco; Department of Neurology, Hospital for Sick Children, Toronto, Ontario, Canada (G.A.d.); Departments of Pediatrics and Neurology and Neurotherapeutics, UT Southwestern Medical Center, Dallas, TX (M.M.D.); Children's Neuroscience Centre, Royal Children's Hospital, Parkville, Victoria, Australia (M.T.M.); Departments of Pediatrics and Clinical Neurosciences, University of Calgary, Alberta, Canada (A.K.); Department of Pediatrics, University of Alberta, Edmonton, Canada (J.Y.Y.); Department of Pediatrics, University of Colorado, Denver (T.J.B.); Departments of Pathology (E.A.H.) and Neurology (M.S.V.E.), Columbia University College of Physicians and Surgeons, New York, NY; Department of Epidemiology, Mailman School of Public Health, New York, NY (M.S.V.E.); and Department of Radiology, Stanford University, Palo Alto, CA (M.W.).

*A list of all VIPS study participants is given in the Appendix.

The online-only Data Supplement is available with this article at <http://stroke.ahajournals.org/lookup/suppl/doi:10.1161/STROKEAHA.116.013719/-DC1>.

Correspondence to Mitchell S.V. Elkind, MD, MS, Columbia University, 710 West 168th St, Room 642, New York, NY 10032. E-mail mse13@columbia.edu
© 2016 American Heart Association, Inc.

Stroke is available at <http://stroke.ahajournals.org>

DOI: 10.1161/STROKEAHA.116.013719

studies detecting enhancement in the wall of affected vessels in childhood arteriopathies may suggest an acute inflammatory process.^{11,12} Children whose arteriopathies progress after their index stroke have the highest risk of recurrent AIS.^{13,14} We hypothesized that arteriopathy progression is an inflammatory process and that markers of inflammation would predict recurrent AIS in childhood. To explore this hypothesis, we measured serum levels of 4 soluble immune mediators in children with AIS enrolled in the VIPS study: high-sensitivity C-reactive protein (hsCRP), serum amyloid A (SAA), myeloperoxidase, and tumor necrosis factor (TNF)- α . These 4 analytes were selected because of their published associations with adult stroke and vascular disease.^{15,16}

Methods

Study Subjects and Sample Collection

The VIPS study prospectively enrolled and centrally confirmed 355 children (29 days to 19 years) with AIS at 37 international sites from January 2010 to March 2014. Details of our methods for enrollment, case confirmation, data collection, classification of cause, parental interview, sample collection, and ascertainment and confirmation of recurrent AIS are published.^{2,6-8,17} In brief, a team of pediatric stroke neurologists and neuroradiologists confirmed cases after central review of imaging and clinical features. A single neuroradiologist (M.W.) estimated infarct volume using the ABC/2 method.¹⁸ A central team similarly reviewed all clinically obtained cerebrovascular imaging and clinical data to classify cases as definite, possible, or no arteriopathy; no arteriopathy cases were further classified into cardioembolic, other specific cause, or idiopathic.⁶ When arteriopathic cases had follow-up imaging, the team classified evolution as stable, improves or resolves, progresses, or progresses then improves or resolves. For analysis, these categories were dichotomized as stable/improving/resolved versus progression (regardless of subsequent improvement). The study protocol included a minimum follow-up of 1 year. Recurrent AIS, defined as a new acute infarction in an arterial territory with corresponding new or worsening clinical signs and symptoms, was centrally confirmed.²

Laboratory Methods

Blood samples were collected locally as soon as possible after enrollment, up to 21 days post stroke. They were centrifuged at 3000 rpm for 10 minutes, with serum samples immediately separated, aliquoted, and stored in 1.2-mL cryovials at -70°C . Samples were then shipped on dry ice to the Center for Advanced Laboratory Medicine at Columbia University and were run in batches by technicians blind to clinical status. hsCRP and SAA concentrations were measured using a clinically validated BNII nephelometer (Siemens Dade Behring, Deerfield, IL). TNF- α (Invitrogen, Camarillo, CA) and myeloperoxidase (R&D Systems Inc, Minneapolis, MN) concentrations were measured using ELISA following the manufacturer's instructions. Assay performance was within the manufacturer's specifications.

Data Analysis

Analysis focused on cases that could be classified with a high degree of certainty into 1 of the 3 most common pathogenic groups: arteriopathic, cardioembolic, or idiopathic (Figure 1). From the overall VIPS cohort of 355 children, we excluded those with possible arteriopathy (likely a mixture of causes)⁶ or other specific causes not falling into the 3 major categories of interest. We also excluded cases with major infections (sepsis, meningitis/encephalitis, and endocarditis) that would impact serum concentrations of inflammatory biomarkers. We compared analyte concentration levels in the remaining children. Kruskal-Wallis tests were used to make unadjusted comparisons of each analyte individually across the 3 pathogenic groups; linear regression models examined the associations between individual

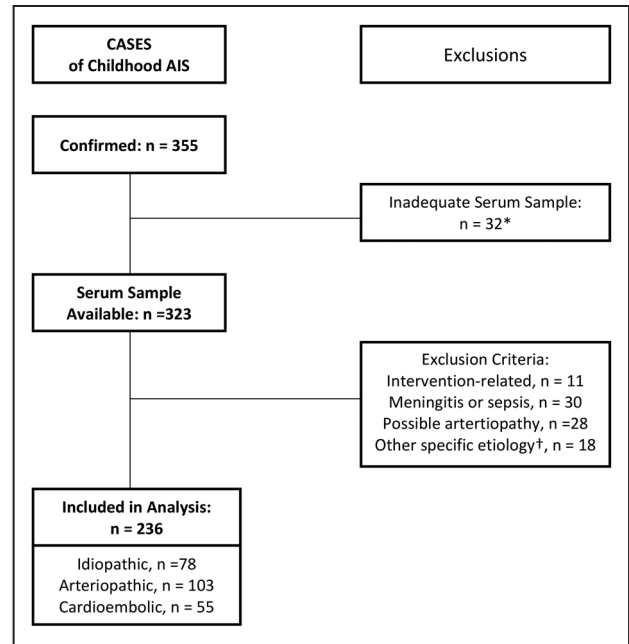


Figure 1. Flow diagram showing the 236 VIPS (Vascular Effects of Infection in Pediatric Stroke) cases included in the current analysis. AIS indicates arterial ischemic stroke. *No significant difference in age, sex, or cause compared with cases with serum sample. †Hypercoagulable condition (n=5), sickle cell disease (n=4), head trauma (n=3), cancer (n=3), and genetic disorder (n=3).

analytes and stroke cause while adjusting for potential confounders (age, sex, infarct volume, time from stroke to blood sampling, seizures at presentation, and clinical infection in the week preceding stroke). For regression analyses, analyte concentration levels were used as outcomes and log-transformed to reduce the skewness of residuals; our primary predictor was pathogenic group with idiopathic as a reference.

To assess variables related to risk of recurrent AIS, we used survival analysis techniques as previously described; the outcome was defined as the time from index AIS to first recurrent AIS and cases were censored at death or loss to follow-up.² To determine whether analyte concentrations correlated with recurrent AIS, we created Cox proportional hazards models. Each analyte was analyzed individually to determine its potential association with recurrence. Analyte concentrations were log-base 2 transformed to yield relative hazards associated with a doubling of concentration. We adjusted for stroke cause, as well as those variables included in the linear regression models above. To investigate potential interactions by stroke cause, we included an interaction term in our Cox models and performed analyses stratified by subtype. Only the arteriopathic and cardioembolic subgroups were assessed in these analyses because of the paucity of outcomes (recurrence) in the idiopathic group. Among the subgroup of children with arteriopathic stroke and follow-up vascular imaging, we analyzed arteriopathy progression as a dichotomous predictor of recurrent AIS; to maintain consistency across models, we adjusted for the potential confounders described above. Our α -level was set at 0.05. All analyses were conducted using Stata v12 (Stata Corp, College Station, TX).

Results

The present analysis included 236 children with AIS whose cause was classified into 1 of the 3 major groups (Figure 1): idiopathic (n=78), arteriopathic (n=103), and cardioembolic (n=55). Median age at stroke ictus was 8.2 years overall (interquartile range [IQR], 3.6, 14.3) and was higher in the idiopathic

group (11.8) than in the arteriopathic (7.5) or cardioembolic (5.1) groups ($P=0.07$); 134 (57%) were boys. The median time from stroke ictus to collection of the serum sample was 5.5 days (IQR, 3–10 days); we included 4 samples collected beyond the 21-day window (Figure 2). Concentrations of hsCRP and SAA correlated with infarct size, but myeloperoxidase and TNF- α did not (Figure I in the [online-only Data Supplement](#)).

Inflammatory Markers and Stroke Cause

In our unadjusted analyses, there were significant differences in all analyte concentrations across all the 3 pathogenic groups (Table 1). In the adjusted models, compared with children with idiopathic stroke, children with cardioembolic stroke had higher concentrations of 3 analytes (hsCRP, SAA, and myeloperoxidase), whereas those with arteriopathic stroke had higher levels of only 1 analyte, SAA (adjustment for seizures and infection in the preceding week had minimal impact on the models; data not shown).

Inflammatory Markers and Recurrent AIS

The 236 children were followed up for a median of 23 months (range, 7 days to 60 months) after index stroke. During follow-up, 31 children had a recurrent AIS: 24 (23%) of 103 in the arteriopathic group, 5 (9%) of 55 in the cardioembolic group, and 2 (3%) of 78 in the idiopathic group. Higher concentrations of 2 analytes—hsCRP and SAA—were associated with an increased hazard of recurrent AIS in children with arteriopathic, but not with cardioembolic stroke (Table 2; test for interaction, $P=0.87$ for hsCRP and $P=0.31$ for SAA). The effect size was similar for both analytes: doubling of their concentrations increased the hazard of recurrence after arteriopathic AIS by 16% (Table 2). Cumulative recurrence risk after arteriopathic AIS, stratified by analyte concentration above versus below the median, is shown in Figure 3A and 3B. The 2 markers were highly collinear ($r=0.82$; $P<0.0001$), so could not be included in the same Cox model.

Arteriopathy Progression and Recurrent AIS

Among the 103 children with arteriopathic stroke, 62 (60%) had centrally reviewed follow-up vascular imaging (Table I

in the [online-only Data Supplement](#)). The median time from index stroke to final vascular imaging included in these analyses was 5 months (IQR, 1–12 months). The arteriopathy was classified as progressive in 30 (48%) and nonprogressive (stable or improved) in 32 (52%). In an analysis of these 62 children, arteriopathy progression increased the hazard of recurrent AIS 3-fold (adjusted hazard ratios, 3.1; 95% CI, 1.1–8.7; $P=0.036$). Among children with progressive arteriopathy, the 1-year cumulative risk of recurrence was 46% (95% CI, 25–84) compared with 25% (95% CI, 12–52) among those with nonprogressive arteriopathy (Figure 3C).

Inflammatory Markers and Arteriopathy Progression

The median hsCRP concentration was 1.62 mg/L (IQR, 0.46–7.28) in the progressive group ($n=28$) compared with 0.87 mg/L (IQR, 0.16–4.13) in the nonprogressive group ($n=31$; unadjusted $P=0.20$, Wilcoxon rank-sum test). The median SAA concentration was 14.2 mg/L (IQR, 1.7–59) in the progressive group ($n=29$) compared with 3.9 mg/L (IQR, 1.4–13.3) in the nonprogressive group ($n=29$; unadjusted $P=0.067$, Wilcoxon rank-sum test). Adjusted linear regression models did not find significant associations between arteriopathy progression and log-transformed concentrations of hsCRP ($P=0.283$) and SAA ($P=0.089$).

Discussion

In a large, international study of childhood AIS, serum concentrations of 3 of 4 measured inflammatory biomarkers differed by stroke cause, even after adjusting for potential confounders. Two of these—the acute phase reactants CRP and SAA—predicted risk of recurrent AIS among children with arteriopathic stroke, the subgroup at highest risk for recurrence. Children with progressive arteriopathies had the highest recurrence risk and a trend toward higher hsCRP and SAA concentrations. These findings have important implications for the development of new strategies for secondary stroke prevention in childhood.

Two previous studies of childhood AIS, the Swiss Neuropediatric Stroke Registry Study Group ($n=12$ cases, $n=7$ controls) and a single-center US study ($n=50$ cases), measured serum levels of inflammatory biomarkers; both found elevated hsCRP, whereas other markers, including TNF- α , were not significantly different.^{19,20} Elevations in these serum markers measured poststroke could reflect, in part, downstream effects of the infarct itself related to tissue destruction and breakdown of the blood–brain barrier. Because we could collect only poststroke serum samples, we adjusted our analyses for infarct size, seizures, and timing of the serum sample relative to the stroke. Although residual confounders may exist, several pieces of evidence indicate that these markers also reflect upstream mechanisms underlying the stroke pathogenesis. First, adult studies similarly found that serum levels of soluble immune mediators (TNF- α , interleukin-6, and interleukin-1 β) correlate with stroke cause.^{21,22} Second, we observed large variations in biomarker concentrations even among children with low volume infarcts that should have had minimal systemic effects (Figure I in the [online-only Data Supplement](#)). Third,

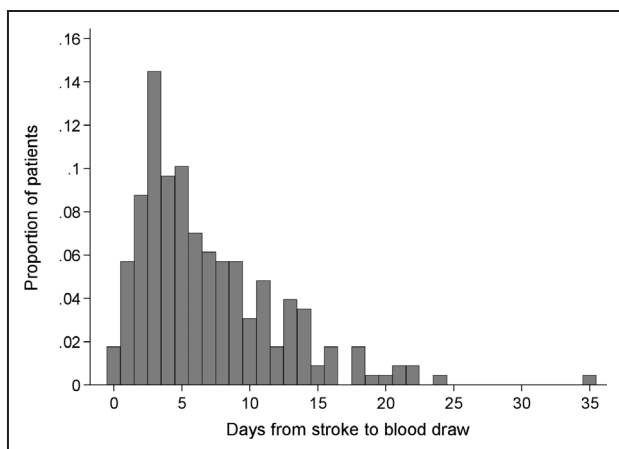


Figure 2. Histogram demonstrating time in days from stroke ictus to serum sample collection ($n=236$).

Table 1. Levels of Inflammatory Markers in Children With Idiopathic, Arteriopathic, and Cardioembolic Arterial Ischemic Stroke

	Idiopathic		Arteriopathic			Cardioembolic			Unadjusted <i>P</i> Value†
	n	Median (IQR)	n	Median (IQR)	Adjusted <i>P</i> Value*	n	Median (IQR)	Adjusted <i>P</i> Value*	
hsCRP, mg/L	78	0.48 (0.18–2.5)	100	1.1 (0.28–6.1)	0.071	54	4.6 (1.5–14)	<0.0001	0.0001
SAA, mg/L	77	4.1 (1.3–8.4)	97	6.9 (1.8–33)	0.042	52	7.7 (2.3–32)	0.049	0.007
MPO, ng/mL	78	156 (87–342)	103	158 (73–258)	0.21	55	327 (154–532)	0.004	0.0001
TNF- α , pg/mL	78	2.6 (1.0–4.1)	103	2.4 (0.47–3.4)	0.53	55	3.3 (1.6–4.5)	0.09	0.03

hsCRP indicates high-sensitivity C-reactive protein; IQR, interquartile range; MPO, myeloperoxidase; SAA, serum amyloid A; and TNF, tumor necrosis factor.

*From linear regression models using log-transformed outcomes and adjusted for age, sex, infarct volume, time from stroke to blood sample, seizure, and clinical infection in preceding week; reference is idiopathic.

†Kruskal–Wallis tests across all 3 groups.

the observed associations between biomarkers and recurrence risk in the arteriopathic group suggest that inflammation may be contributing to the pathogenesis of subsequent strokes.

Systemic inflammation could play a complex role in AIS pathogenesis. Circulating immune mediators can activate the coagulation system, promoting thrombosis, and can injure arterial and cardiac endothelium.²³ The different patterns of immune activation we observed across our 3 etiologic subgroups suggest that inflammation may play different roles in different childhood stroke causes. We speculate that systemic inflammation interacts with other pediatric stroke risk factors, like congenital heart disease and trauma. In a child with a structurally abnormal heart, inflammation might trigger intracardiac thrombus formation and cardioembolic stroke. Inflammation might make the cervical arteries more vulnerable to dissection; exposure to trauma after arteries have been primed by inflammation could trigger arteriopathic stroke.

The link between inflammation, arteriopathy, and stroke recurrence in childhood has previously been postulated, but never directly studied.^{12,20} Arterial wall imaging studies suggest that some childhood arteriopathies may be inflammatory in nature.^{11,12} Other studies have reported a correlation between arteriopathy progression and increased risk of recurrence.^{13,14} We confirmed that children with progressive arteriopathy have the highest risk of recurrent AIS: almost half had a recurrence within 1 year, most within the first 30 days, compared with 12% of the VIPS cohort overall.² We demonstrated for the first time that higher levels of 2 inflammatory biomarkers (hsCRP

and SAA) correlate with higher recurrence risk after arteriopathic stroke, particularly in the first 60 days (Figure 3A and 3B). We observed a trend toward a correlation between those markers and arteriopathy progression (but were likely underpowered because only a subset of cases had follow-up vascular imaging). Although our observational data can demonstrate only correlation, and not causation, we hypothesize that arteriopathy progression results from ongoing inflammation of the affected arteries. This hypothesis could be tested in a randomized controlled trial of anti-inflammatory therapy for secondary stroke prevention in childhood. Such a trial design, however, would need to consider the role of infection and other factors in pathogenesis, and the concern for immunosuppression in the setting of acute infection.

The 4 specific immune mediators we measured provide a window into a complex immune response. SAA concentrations were elevated in both our arteriopathic and cardioembolic cases and correlated with recurrence in the arteriopathic group. SAA is not only a biomarker but also a participant in the innate immune response. It promotes adhesion, migration, and infiltration of lymphocytes and monocytes; regulates production of cytokines by inflammatory cells; and increases generation of extracellular matrix metalloproteinases.^{24,25} Through these effects, SAA plausibly participates in damage to arterial or cardiac endothelium that may be relevant to childhood stroke. SAA is elevated in adults with both Takayasu arteritis and giant cell arteritis and correlates with disease activity of inflammatory arteriopathies.^{26,27}

Table 2. Adjusted HR* for Inflammatory Markers as a Predictor of Recurrent Arterial Ischemic Stroke in Children With Arterial Ischemic Stroke

Marker†	Overall (29 Recurrences)			Arteriopathic (24 Recurrences)			Cardioembolic (5 Recurrences)		
	n	HR (95% CI)	Adjusted <i>P</i> Value*	n	HR (95% CI)	Adjusted <i>P</i> Value*	n	HR (95% CI)	Adjusted <i>P</i> Value*
hsCRP, mg/L	151	1.13 (0.99–1.28)	0.06	98	1.16 (1.01–1.32)	0.034	53	0.93 (0.63–1.43)	0.73
SAA, mg/L	147	1.11 (0.96–1.28)	0.15	97	1.16 (1.001–1.35)	0.048	52	0.49 (0.20–1.22)	0.12
MPO, ng/mL	155	1.08 (0.81–1.43)	0.58	101	1.13 (0.81–1.56)	0.47	54	0.92 (0.45–1.90)	0.83
TNF- α , pg/mL	155	1.21 (0.96–1.95)	0.12	101	1.12 (0.90–1.39)	0.3	53	1.44 (0.56–3.74)	0.45

CI indicates confidence interval; HR, hazard ratio; hsCRP, high-sensitivity C-reactive protein; MPO, myeloperoxidase; SAA, serum amyloid A; and TNF, tumor necrosis factor.

*From Cox proportional hazards models adjusted for age, sex, infarct volume, time to blood sample, seizure, and clinical infection in preceding week. Overall models include, and are adjusted for, cardioembolic and arteriopathic stroke subtype; idiopathic strokes were excluded because of the extremely low rate of recurrence in this group.

†All marker concentrations were converted to log-base 2 for analysis. HRs are interpreted as the relative hazard of recurrence risk associated with a doubling of the marker.

hsCRP was significantly elevated only in our cardioembolic cases although there was a trend toward higher levels in arteriopathic cases. Levels also correlated with recurrence risk in the arteriopathic group. CRP is an acute phase reactant used clinically as a nonspecific marker of inflammation; it predicts a broad variety of cardiovascular and noncardiovascular causes of morbidity and mortality, including adult AIS, prognosis after stroke, and atherosclerosis.^{28–30} Mounting evidence indicates that CRP, like SAA, is not only a biomarker but also a participant in the innate immune response.^{31,32} The aforementioned Swiss study reported higher median hsCRP

levels in their 12 cases of childhood AIS (median, 5.9 $\mu\text{g/mL}$; range, 0.13–98) than 7 age-matched control children (median, 0.12 $\mu\text{g/mL}$; range 0.003, 4.1; $P=0.007$).¹⁹ The single-center US study of childhood AIS reported similar median CRP concentrations for cardioembolic ($n=11$) and arteriopathic ($n=26$) subtypes compared with our study, but was underpowered to detect a significant difference.²⁰ Regardless, the nonspecificity of CRP may limit its utility in distinguishing among mechanisms of stroke subtype, whereas it may still be useful as a marker of recurrent stroke risk among children with arteriopathic stroke.

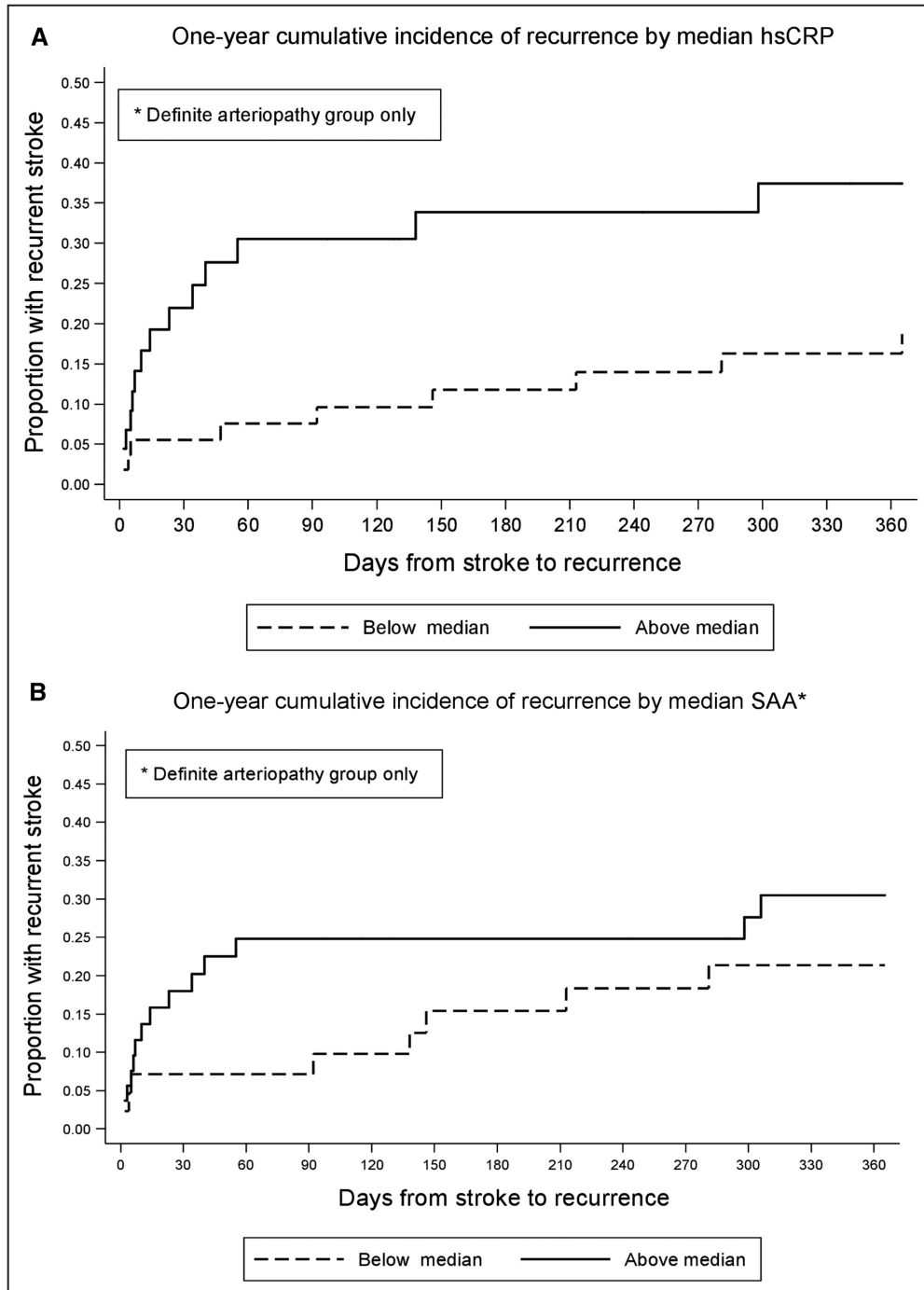


Figure 3. (Continued)

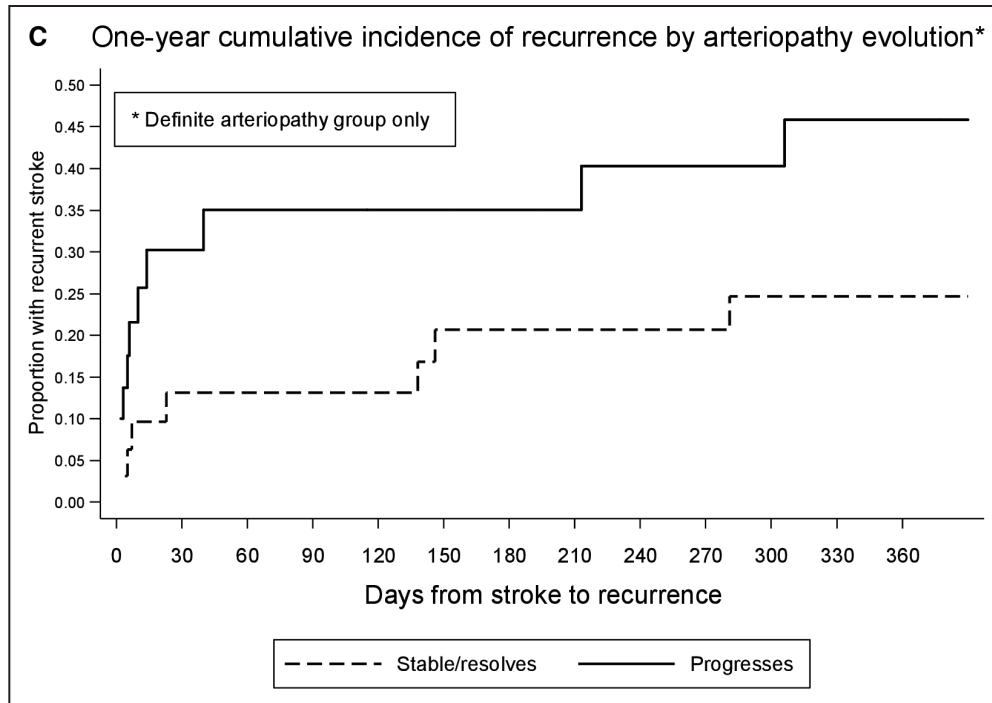


Figure 3 Continued. Nelson–Aalen plots demonstrating cumulative incidence of recurrent arterial ischemic stroke (AIS) after index arteriopathic AIS. **A** and **B**, Recurrence for children with definite arteriopathy stratified by high-sensitivity C-reactive protein (hsCRP; **A**; n=98) and serum amyloid A (SAA; **B**; n=97) concentrations that are above vs below the median concentration. **C**, Recurrence among 62 children with definite arteriopathy and follow-up vascular imaging, stratified by arteriopathy progression.

Myeloperoxidase was elevated in our cardiac cases and did not seem important in our arteriopathic cases. Myeloperoxidase levels correlate with active coronary artery disease, predicting risk of myocardial infarction.¹⁶ Atherosclerosis and coronary artery disease are unlikely to be contributors to stroke risk in children, but other childhood cardiac disorders are associated with stroke risk and could explain some of the association with myeloperoxidase. TNF- α , which has been associated with cardioembolic stroke in adults,^{21,22} neither correlate with either stroke cause or recurrence in our pediatric study nor was it elevated in the cases of childhood AIS in the Swiss study.¹⁹ TNF- α is a less stable marker in stored specimens, however, and associations may thus be limited by measurement error.

In addition to the limitation of having only poststroke serum samples available for analysis, our study has many other limitations. Although VIPS is the largest-ever prospective study of childhood AIS, some of our analyses may have been underpowered to detect actual differences between groups. Because we had only clinically obtained imaging, our analyses of arteriopathy progression were likely biased as children are more likely to get follow-up imaging if they have a recurrent stroke. Hence, our estimates of stroke recurrence among children with arteriopathy progression and nonprogression were likely overestimates. For feasibility of enrollment, our blood samples were collected alongside clinical phlebotomy over a 3-week window after the stroke; late samples may have been less likely to reflect prestroke inflammatory processes. Published pediatric normative values for most of our analytes are not available, and we did not have serum samples from healthy control children. The

VIPS study collected blood samples only from trauma controls (for antibody titers), and the trauma would likely have affected the inflammatory biomarker concentrations. Finally, we measured only 4 biomarkers; since our study began, more immune mediators have been linked to stroke and vascular injury.²³ The renewal of the VIPS study proposes to address many of these limitations by collecting serum samples in a shorter time window (72 hours post stroke), using multiplex technology to analyze a large number of inflammatory markers and collecting serum samples from well children undergoing elective procedures.

Conclusions

Different inflammatory responses may underlie the heterogeneity in childhood stroke pathogenesis and recurrent stroke risk. Because children with progressive arteriopathies have the highest risk of recurrent AIS, a better understanding of the inflammatory processes underlying their arteriopathies will guide the development of secondary stroke prevention strategies.

Appendix

Michael M. Dowling (University of Texas Southwestern Medical Center, Dallas), Susan L. Benedict (Primary Children's Medical Center, Salt Lake City), Timothy J. Bernard (Denver Children's Hospital), Christine K. Fox (UCSF), Gabrielle A. deVeber (The Hospital for Sick Children, Toronto), Neil R. Friedman (Cleveland Clinic Children's Hospital), Warren D. Lo (The Ohio State University and Nationwide Children's Hospital, Columbus OH), Rebecca N. Ichord (Children's Hospital of Philadelphia), Marilyn A. Tan (University of the Philippines-Philippine General Hospital, Manila), Mark T. Mackay (Royal Children's Hospital Melbourne),

Adam Kirton (Alberta Children's Hospital), Marta I. Hernandez-Chavez (Pontificia Universidad Catolica de Chile), Peter Humphreys (Children's Hospital of Eastern Ontario), Lori C. Jordan (Vanderbilt University Medical Center, Nashville), Sally Sultan (Columbia University Medical Center, New York), Michael J. Rivkin (Boston Children's Hospital), Mubeen F. Rafay (Children's Hospital, Winnipeg, University of Manitoba), Luigi Titomanlio (Hôpital Robert Debré-Paris), Gordana S. Kovacevic (Mother and Child Health Care Institute, Serbia), Jerome Y. Yager (Stollery Children's Hospital), Catherine Amlie-Lefond (Seattle Children's Hospital), Nomazulu Dlamini (Evelina London Children's Hospital), John Condie (Phoenix Children's Hospital), Ann Yeh (Women and Children's Hospital of Buffalo), Rachel Kneen (Alder Hey Children's Hospital), Bruce Bjornson (British Columbia Children's Hospital), Paola Pergami (West Virginia University), Li Ping Zou (Chinese PLA General Hospital, Beijing), Jorina M. Elbers (Stanford Children's Health, Palo Alto), Abdalla Abdalla (Akron Children's Hospital), Anthony K. Chan (McMaster University, Hamilton), Osman Farooq (Women & Children's Hospital of Buffalo), Mingming J. Lim (Evelina London Children's Hospital), Jessica L. Carpenter (Children's National Medical Center, Washington, D.C.), Steven Pavlakis (Maimonides Medical Center, Brooklyn), Virginia C. Wong (Queen Mary Hospital, Hong Kong), Robert Forsyth (Institute of Neuroscience, Newcastle University, UK).

Acknowledgments

We acknowledge the important contributions of the research coordinators at VIPS (Vascular Effects of Infection in Pediatric Stroke) sites and of the patients and their families.

Sources of Funding

This study was supported by National Institutes of Health R01 NS062820 (PIs Fullerton, deVeber) and Bellafies Foundation. Dr Mackay has the following grant research funding: Murdoch Children's Research Institute, Australia, The Ian Potter Foundation Australia and The Pediatric Epilepsy Research Foundation.

Disclosures

None.

References

- Chabrier S, Husson B, Lasjaunias P, Landrieu P, Tardieu M. Stroke in childhood: outcome and recurrence risk by mechanism in 59 patients. *J Child Neurol.* 2000;15:290–294.
- Fullerton HJ, Wintermark M, Hills NK, Dowling MM, Tan M, Rafay MF, et al; VIPS Investigators. Risk of recurrent arterial ischemic stroke in childhood: a prospective international study. *Stroke.* 2016;47:53–59. doi: 10.1161/STROKEAHA.115.011173.
- Fullerton HJ, Wu YW, Sidney S, Johnston SC. Risk of recurrent childhood arterial ischemic stroke in a population-based cohort: the importance of cerebrovascular imaging. *Pediatrics.* 2007;119:495–501. doi: 10.1542/peds.2006-2791.
- Sträter R, Becker S, von Eckardstein A, Heinecke A, Gutsche S, Junker R, et al. Prospective assessment of risk factors for recurrent stroke during childhood—a 5-year follow-up study. *Lancet.* 2002;360:1540–1545. doi: 10.1016/S0140-6736(02)11520-0.
- Kenet G, Lütthoff LK, Albisetti M, Bernard T, Bonduel M, Brandao L, et al. Impact of thrombophilia on risk of arterial ischemic stroke or cerebral sinovenous thrombosis in neonates and children: a systematic review and meta-analysis of observational studies. *Circulation.* 2010;121:1838–1847. doi: 10.1161/CIRCULATIONAHA.109.913673.
- Wintermark M, Hills NK, deVeber GA, Barkovich AJ, Elkind MS, Sear K, et al; VIPS Investigators. Arteriopathy diagnosis in childhood arterial ischemic stroke: results of the Vascular Effects of Infection in Pediatric Study. *Stroke.* 2014;45:3597–3605. doi: 10.1161/STROKEAHA.114.007404.
- Elkind MS, Hills NK, Glaser CA, Lo WD, Amlie-Lefond C, Dlamini N, et al; VIPS Investigators. Herpesvirus infections and childhood arterial

ischemic stroke: results of the VIPS study. *Circulation.* 2016;133:732–741. doi: 10.1161/CIRCULATIONAHA.115.018595.

- Fullerton HJ, Hills NK, Elkind MS, Dowling MM, Wintermark M, Glaser CA, et al; VIPS Investigators. Infection, vaccination, and childhood arterial ischemic stroke: results of the VIPS study. *Neurology.* 2015;85:1459–1466. doi: 10.1212/WNL.0000000000002065.
- Hills NK, Johnston SC, Sidney S, Zielinski BA, Fullerton HJ. Recent trauma and acute infection as risk factors for childhood arterial ischemic stroke. *Ann Neurol.* 2012;72:850–858. doi: 10.1002/ana.23688.
- Hills NK, Sidney S, Fullerton HJ. Timing and number of minor infections as risk factors for childhood arterial ischemic stroke. *Neurology.* 2014;83:890–897. doi: 10.1212/WNL.0000000000000752.
- Küker W, Gaertner S, Nagele T, Dopfer C, Schoning M, Fiehler J, et al. Vessel wall contrast enhancement: a diagnostic sign of cerebral vasculitis. *Cerebrovasc Dis.* 2008;26:23–29. doi: 10.1159/000135649.
- Mineyko A, Narendran A, Fritzler ML, Wei XC, Schmeling H, Kirton A. Inflammatory biomarkers of pediatric focal cerebral arteriopathy. *Neurology.* 2012;79:1406–1408. doi: 10.1212/WNL.0b013e31826c199e.
- Danchaivijitr N, Cox TC, Saunders DE, Ganesan V. Evolution of cerebral arteriopathies in childhood arterial ischemic stroke. *Ann Neurol.* 2006;59:620–626. doi: 10.1002/ana.20800.
- Braun KP, Bulder MM, Chabrier S, Kirkham FJ, Uiterwaal CS, Tardieu M, et al. The course and outcome of unilateral intracranial arteriopathy in 79 children with ischaemic stroke. *Brain.* 2009;132(pt 2):544–557. doi: 10.1093/brain/awn313.
- Katan M, Elkind MS. Inflammatory and neuroendocrine biomarkers of prognosis after ischemic stroke. *Expert Rev Neurother.* 2011;11:225–239. doi: 10.1586/ern.10.200.
- Brennan ML, Penn MS, Van Lente F, Nambi V, Shishebor MH, Aviles RJ, et al. Prognostic value of myeloperoxidase in patients with chest pain. *N Engl J Med.* 2003;349:1595–1604. doi: 10.1056/NEJMoa035003.
- Fullerton HJ, Elkind MS, Barkovich AJ, Glaser C, Glidden D, Hills NK, et al. The Vascular Effects of Infection in Pediatric Stroke (VIPS) Study. *J Child Neurol.* 2011;26:1101–1110. doi: 10.1177/0883073811408089.
- Sims JR, Gharai LR, Schaefer PW, Vangel M, Rosenthal ES, Lev MH, et al. ABC/2 for rapid clinical estimate of infarct, perfusion, and mismatch volumes. *Neurology.* 2009;72:2104–2110. doi: 10.1212/WNL.0b013e3181aa5329.
- Buerki SE, Grandgirard D, Datta AN, Hackenberg A, Martin F, Schmitt-Mechelke T, et al; Swiss Neuropediatric Stroke Registry Study Group. Inflammatory markers in pediatric stroke: an attempt to better understanding the pathophysiology. *Eur J Paediatr Neurol.* 2016;20:252–260. doi: 10.1016/j.ejpn.2015.12.006.
- Bernard TJ, Fenton LZ, Apkon SD, Boada R, Wilkening GN, Wilkinson CC, et al. Biomarkers of hypercoagulability and inflammation in childhood-onset arterial ischemic stroke. *J Pediatr.* 2010;156:651–656. doi: 10.1016/j.jpeds.2009.10.034.
- Licata G, Tuttolomondo A, Di Raimondo D, Corrao S, Di Sciacca R, Pinto A. Immuno-inflammatory activation in acute cardio-embolic strokes in comparison with other subtypes of ischaemic stroke. *Thromb Haemost.* 2009;101:929–937.
- Tuttolomondo A, Di Sciacca R, Di Raimondo D, Serio A, D'Aguzzo G, La Placa S, et al. Plasma levels of inflammatory and thrombotic/fibrinolytic markers in acute ischemic strokes: relationship with TOAST subtype, outcome and infarct site. *J Neuroimmunol.* 2009;215:84–89. doi: 10.1016/j.jneuroim.2009.06.019.
- Doll DN, Barr TL, Simpkins JW. Cytokines: their role in stroke and potential use as biomarkers and therapeutic targets. *Aging Dis.* 2014;5:294–306. doi: 10.14336/AD.2014.0500294.
- Badolato R, Wang JM, Murphy WJ, Lloyd AR, Michiel DF, Bausserman LL, et al. Serum amyloid A is a chemoattractant: induction of migration, adhesion, and tissue infiltration of monocytes and polymorphonuclear leukocytes. *J Exp Med.* 1994;180:203–209.
- Migita K, Kawabe Y, Tominaga M, Origuchi T, Aoyagi T, Eguchi K. Serum amyloid A protein induces production of matrix metalloproteinases by human synovial fibroblasts. *Lab Invest.* 1998;78:535–539.
- Ma J, Luo X, Wu Q, Chen Z, Kou L, Wang H. Circulation levels of acute phase proteins in patients with Takayasu arteritis. *J Vasc Surg.* 2010;51:700–706. doi: 10.1016/j.jvs.2009.09.038.
- O'Neill L, Rooney P, Molloy D, Connolly M, McCormick J, McCarthy G, et al. Regulation of inflammation and angiogenesis in giant cell arteritis by acute-phase serum amyloid A. *Arthritis Rheumatol.* 2015;67:2447–2456. doi: 10.1002/art.39217.

28. Elkind MS, Tai W, Coates K, Paik MC, Sacco RL. High-sensitivity C-reactive protein, lipoprotein-associated phospholipase A2, and outcome after ischemic stroke. *Arch Intern Med*. 2006;166:2073–2080. doi: 10.1001/archinte.166.19.2073.
29. Kaptoge S, Di Angelantonio E, Lowe G, Pepys MB, Thompson SG, Collins R, et al. C-reactive protein concentration and risk of coronary heart disease, stroke, and mortality: An individual participant meta-analysis. *Lancet*. 2010;375:132–140.
30. Ormstad H, Aass HC, Lund-Sørensen N, Amthor KF, Sandvik L. Serum levels of cytokines and C-reactive protein in acute ischemic stroke patients, and their relationship to stroke lateralization, type, and infarct volume. *J Neurol*. 2011;258:677–685. doi: 10.1007/s00415-011-6006-0.
31. Castoldi G, Galimberti S, Riva C, Papagna R, Querci F, Casati M, et al. Association between serum values of C-reactive protein and cytokine production in whole blood of patients with type 2 diabetes. *Clin Sci (Lond)*. 2007;113:103–108. doi: 10.1042/CS20060338.
32. Nagai T, Anzai T, Kaneko H, Mano Y, Anzai A, Maekawa Y, et al. C-reactive protein overexpression exacerbates pressure overload-induced cardiac remodeling through enhanced inflammatory response. *Hypertension*. 2011;57:208–215. doi: 10.1161/HYPERTENSIONAHA.110.158915.