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## Oxycodone in the Opioid Epidemic: High ‘Liking’, ‘Wanting’, and Abuse Liability

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### Abstract

It is estimated that nearly a third of people who abuse drugs started with prescription opioid medicines. Approximately, 11.5 million Americans used prescription drugs recreationally in 2016, and in 2018, 46,802 Americans died as the result of an opioid overdose, including prescription opioids, heroin and illicitly manufactured fentanyl<sup>1</sup>. Yet, physicians will continue to prescribe oral opioids for moderate to severe pain in the absence of alternative therapeutics, underscoring the importance in understanding how drug choice can influence detrimental outcomes. One of the opioid prescription medications that led to this crisis is oxycodone, where misuse of this drug has been rampant. Being one of the most highly prescribed opioid medications for treating moderate to severe pain as reflected in the skyrocketed increase in retail sales of 866% between 1997-2007, oxycodone was initially suggested to be less addictive than morphine. The false claimed non-addictive formulation of oxycodone, OxyContin further contributed to the opioid crisis. Abuse was often carried out by crushing the pills for immediate burst release, typically by nasal insufflation, or by liquefying the pills for intravenous injection. Here we review oxycodone pharmacology and abuse liability as well as present the hypothesis that oxycodone may exhibit a unique

<sup>1</sup>National Institutes on Drug Abuse (2020) Opioid Overdose Crisis. <https://www.drugabuse.gov/drugs-abuse/opioids/opioid-overdose-crisis>. Accessed 06 June 2020

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### Declarations

**Tribute to Dr. Gavril Pasternak:** Our manuscript is submitted as a part of the **Special Issue to honor Dr. Pasternak**. In memory of Gavril (Gav) Pasternak who pushed the boundaries of opioid pharmacology and through his research career revealed new insights into the complexity of drug interactions with opioid receptors. It is well acknowledged in clinical practice that there is a lack of complete cross tolerance between opioid analgesic drugs. While there are likely various explanations for this phenomenon, Gav contributed to the understanding of how different opioid analgesics have unique pharmacological profiles and exhibit synergistic interactions between opioids or when combined with other non-opioid analgesic drugs.

**Conflict of interest:** The authors declare no competing interests.

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pharmacology that contributes to its high likeability and abuse susceptibility. We will discuss various mechanisms that likely contribute to the high abuse rate of oxycodone including clinical drug likeability, pharmacokinetics, pharmacodynamics, differences in its actions within mesolimbic reward circuitry compared to other opioids, and the possibility of differential molecular and cellular receptor interactions that contribute to its selective effects. We will also discuss marketing strategies and drug difference that likely contributes to the oxycodone opioid use disorders and addiction.

## Keywords

Oxycodone; likeability; incentive salience; allosteric site; dopamine

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## Introduction

Oxycodone belongs to the family of one of the most powerful analgesic compounds available for treating moderate to severe pain. Chemically similar to morphine, oxycodone was first synthesized in 1916 in Germany, and is classified as a semi-synthetic opioid, because it is created by a chemical modification of the opium poppy alkaloid, thebaine (Fig. 1). Oxycodone was approved by the United States Food and Drug Administration (FDA) as a schedule II narcotic analgesic; the FDA is tasked with protecting the public health by ensuring the safety, efficacy, and security of human and veterinary drug. The first formulation containing oxycodone produced by Merck in 1939 was combined with scopolamine and ephedrine, but the company discontinued it in 1987 (Defalque et al. 2003). Today (2020), oxycodone is marketed alone or as controlled/extended release (ER) (OxyContin<sup>®</sup>) and immediate release formulations (OxyIR<sup>®</sup>, OxyFast<sup>®</sup>), or in combination with other nonnarcotic analgesics such as aspirin (Percodan<sup>®</sup>) or acetaminophen (Percocet<sup>®</sup>). Many pharmaceutical companies have made attempts to formulate abuse-deterrent drugs in an effort to prevent opioid abuse. Prior to declaring bankruptcy, Purdue Pharma incorporated physical and chemical barriers in several of their opioid formulations, including OxyContin<sup>®</sup> OP and Hysingla<sup>™</sup> ER. However, despite strong efforts to prevent substance abuse through various designs, abusers have found ways to circumvent the deterrents, such as microwaving the pills to melt them, or freezing them, followed by shaving with a razor (Cicero and Ellis 2015). In addition, most of the heroin-using subjects transitioned from oxycodone to heroin because of the difficulties in procuring extended release oxycodone, both in respect to its availability and cost (Cicero et al. 2013; Remillard et al. 2019).

Oxycodone is often prescribed to treat pain associated with acute traumatic injuries (e.g., broken bone), post-operative pain and cancer pain, including bone cancer pain (Zech et al. 1995; King et al. 2011; Bercovitch and Adunsky 2006; Moradi et al. 2012). In contrast to morphine, oxycodone gained in popularity in clinical practice because of its ability to improve the quality of life of patients under constant chronic pain<sup>2</sup>, because of less overall

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<sup>2</sup>International Narcotics Control Board (2019). Estimated World Requirements for 2020 - Statistics for 2018. [https://www.incb.org/incb/en/narcotic-drugs/Technical\\_Reports/narcotic\\_drugs\\_reports.html](https://www.incb.org/incb/en/narcotic-drugs/Technical_Reports/narcotic_drugs_reports.html). Accessed 04 April 2020

side-effects compared to morphine (Kalso and Vainio 1990; Riley et al. 2008; Hamunen et al. 2009; Moradi et al. 2012; Caraceni et al. 2013). Indeed, it has been increasingly prescribed for alleviating certain chronic neuropathic non-cancer pain syndromes such as those caused by post-herpetic neuralgia (Pappagallo et al. 1994; Watson and Babul 1998; Kalso 2005; Gavin et al. 2017), diabetic neuropathy (Watson et al. 2003; Kalso 2005; Minami et al. 2009), back pain or osteoarthritis (Taylor et al. 2012). However, there is a lack of evidence regarding the long-term effectiveness of oxycodone (or any opioid treatment) in diminishing chronic non-cancer pain, and long-term oxycodone therapy involves serious health and dependency risks (Ballantyne 2016)<sup>3</sup>. The preference of oxycodone over morphine as an analgesic in pain management is reflected in its consumer sales<sup>2,4</sup>. It is likely that marketing and promotion contributed to this preference, rather than it being solely driven by consumer choice.

### Oxycodone-Related Deaths and Driving Factors That Got Us Here

Morbidity and mortality specifically involving oxycodone are undisputed. Oxycodone is the third leading opioid (behind heroin and fentanyl) that has contributed to overdose deaths in America<sup>4,5</sup>. From 2011 to 2016, there was a total of 33,154 overdose deaths (4967 – 6199 annually) in America<sup>4</sup> involving oxycodone overdose<sup>6</sup>, although many deaths involve synergy with other drugs such as alcohol, benzodiazepines or other sedatives. In terms of morbidity, an estimate of 49,609 emergency department visits per year involving non-medical use of oxycodone products was suggested by NEISS-CADES data. One of the reasons for such high morbidity and mortality rates is attributed to the fact that oxycodone is often diverted and abused by street users to alleviate or prevent the onset of opiate withdrawal (Evans and Cahill 2016). According to a DEA report published in July 2019<sup>7</sup>, oxycodone products such as the 40-mg OxyContin<sup>®</sup> tablet became the most frequently encountered pharmaceutical drug by law enforcement in 2009 and are still among the most identified pharmaceutical drugs by federal, state and local forensic laboratories in the United States<sup>6</sup>. Likewise, data on the consumption and sale of oxycodone reflect the major role of oxycodone in growth of the opioid epidemic. It was the second most prescribed opioid in clinics after hydrocodone in 2016 according to an FDA analysis published on May 1<sup>st</sup>, 2018<sup>8</sup>. In 2018, the total worldwide consumption of oxycodone (prescribed and illegal) reached an all-time high of 45,717 defined daily doses for statistical purposes, placing oxycodone as the second most consumed opioid after fentanyl. While the use of oxycodone

<sup>3</sup>Centers for Disease Control and Prevention (2019) CDC Guideline for Prescribing Opioids for Chronic Pain. <https://www.cdc.gov/drugoverdose/prescribing/guideline.html>. Accessed 04 April 2020

<sup>4</sup>FDA (2020) FDA Briefing Document Joint Meeting of Anesthetic and Analgesic Drug Products Advisory Committee and Drug Safety and Risk Management Advisory Committee January 15, 2020. <https://www.fda.gov/advisory-committees/advisory-committee-calendar/january-15-2020-joint-meeting-anesthetic-and-analgesic-drug-products-advisory-committee-and-drug> and <https://www.fda.gov/media/134150/download>. Accessed 04 April 2020

<sup>5</sup>Centers for Disease Control and Prevention (CDC) (2020) Prescription opioid overdose data. [cdc.gov/drugoverdose/data/overdose.html](https://www.cdc.gov/drugoverdose/data/overdose.html). Accessed 04 April 2020

<sup>6</sup>FDA (2020) FDA Briefing Document Joint Meeting of Anesthetic and Analgesic Drug Products Advisory Committee and Drug Safety and Risk Management Advisory Committee January 15, 2020. <https://www.fda.gov/advisory-committees/advisory-committee-calendar/january-15-2020-joint-meeting-anesthetic-and-analgesic-drug-products-advisory-committee-and-drug> and <https://www.fda.gov/media/134150/download>. Accessed 04 April 2020

<sup>7</sup>DEA Diversion Control Division (2020) Oxycodone. [https://www.deadiversion.usdoj.gov/drug\\_chem\\_info/oxycodone/oxycodone.pdf?amp=1](https://www.deadiversion.usdoj.gov/drug_chem_info/oxycodone/oxycodone.pdf?amp=1). Accessed 06 June 2020

<sup>8</sup>FDA (2018) FDA analysis of long-term trends in prescription opioid analgesic products: quantity, sales, and price trends. <https://www.fda.gov/media/111695/download>. Accessed 04 April 2020

increased, its total quantities manufactured reduced in 2018. The difference between the total quantities of oxycodone produced and those consumed were suggested to be due to large manufacturing losses during the processing of some semi-synthetic opioids<sup>9</sup>. The analgesic effectiveness, the rewarding and euphoric properties of oxycodone as the driving-force for abuse, diversion, and addiction of oxycodone are among the scopes of our review. Nonetheless, it is important to mention that these intrinsic values of oxycodone are not the only factors responsible for the increased morbidity and mortality associated with the opioid.

Misleading marketing presented oxycodone as being non-addictive to physicians and consumers. This generated the high rates of prescription, then abuse and diversion of the drug (Van Zee 2009; Severino et al. 2018). It all started when Purdue Pharma reformulated and manufactured the extended release version of oxycodone, OxyContin<sup>®</sup>, whose distribution and release was approved by the FDA in 1995 in the United States<sup>10</sup>. Purdue Pharma based its marketing strategy on the claim that a decrease dosing interval (made available through an extended release formulation) would reduce its abuse liability. Indeed, the original label read: “Delayed absorption as provided by OxyContin tablets, is believed to reduce the abuse liability of a drug.”<sup>11</sup>. Purdue Pharma not only used this claim to persuade physicians to prescribe OxyContin<sup>®</sup> for many years<sup>12</sup> but also organized more than 40 national pain-management and speaker training conferences from 1996 to 2001 to recruit more physicians to prescribe OxyContin<sup>®</sup><sup>13</sup> (Orlowski and Wateska 1992; Van Zee 2009). Misguided dosing recommendations also contributed to the higher abuse liability of OxyContin<sup>®</sup>. OxyContin<sup>®</sup> was marketed as a drug to be dosed every 12h, however, the pharmacokinetics did not support this dosing regimen. An FDA post-market analysis identified that the actual half-life of serum drug levels was as little as 4.5h<sup>14</sup>, which resulted in misuse of the prescription opioid, where patients started self-medicating by taking it earlier than the prescribed dosing schedule to either treat break-through pain or circumvent withdrawal symptoms (e.g., nausea, diarrhea, vomiting, lacrimation, and rhinorrhea as well as mood changes such as anxiety and depression). The lack of adequate dosing had the potential for patients to go through repeated withdrawal, which is now recognized as an underlying factor in opioid-induced adaptive changes in brain structures important in decision making, reward and motivation (Lee et al 2018; Lefevre et al 2020; Cahill 2020). Another important cornerstone of Purdue Pharma’s marketing plan was to target health care professionals with specifically high rates of opioid prescriptions. By building a database on the prescription habits of physicians who were prescribing opioids for treating chronic pain patients, the pharmaceutical company increased the number of sales representative visits to

<sup>9</sup>International Narcotics Control Board (2019). Estimated World Requirements for 2020 - Statistics for 2018. [https://www.incb.org/incb/en/narcotic-drugs/Technical\\_Reports/narcotic\\_drugs\\_reports.html](https://www.incb.org/incb/en/narcotic-drugs/Technical_Reports/narcotic_drugs_reports.html). Accessed 04 April 2020

<sup>10</sup>Rappaport B (2008) Overview of the November 13, 2008 ALSDAC Meeting to Discuss NDA 22-324 for Remoxy (Oxycodone Hydrochloride Controlled-Release) Capsules. A. Division of Anesthesia, and Rheumatology Products, Office of Drug Evaluation II, editor. Accessed 25 June 2020

<sup>11</sup>Underhill, District Judge (2013) Purdue Pharma v. Kentucky. FindLaw. <https://caselaw.findlaw.com/us-2nd-circuit/1619840.html>. Accessed 14 April 2020

<sup>12</sup>Underhill, District Judge (2013) Purdue Pharma v. Kentucky. FindLaw. <https://caselaw.findlaw.com/us-2nd-circuit/1619840.html>. Accessed 14 April 2020

<sup>13</sup>U.S. Government Accountability Office (GAO) (2003) Prescription Drugs: OxyContin Abuse and Diversion and Efforts to Address the Problem. Washington, DC: General Accounting Office. <https://www.gao.gov/htext/d04110.html>. Accessed 26 June 2020

<sup>14</sup>FDA (2015) Oxycontin prescribing information. [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2015/022272s0271bl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2015/022272s0271bl.pdf). Accessed 14 April 2020

these high opioid prescribers<sup>13</sup> (Orlowski and Wateska 1992; Van Zee 2009) and provided promotional items such as brochures, OxyContin<sup>®</sup> fishing hats, stuffed plush toys, and music compact discs<sup>15</sup> (Van Zee 2009). Hence, in addition to the aggressive physician-directed marketing, another foundation of Purdue's marketing was the direct-to-consumer pharmaceutical advertising, which not only includes brochures distribution from physicians' offices, but also television, print (magazines, newspapers), radio, the Internet, and other forms of mass media, such as billboards and direct mailings (Abel et al. 2006; Connors 2009; Ventola 2011; Severino et al. 2018). Both direct-to-consumer pharmaceutical advertising, which was only allowed in the United States and New Zealand, combined with influencing the prescribing practice of physicians, contributed to mass consumer awareness of the availability of drugs, such as oxycodone (Ventola 2011; Fain and Alexander 2014; Severino et al. 2018). In the end, Purdue's marketing blitz was successful, and OxyContin<sup>®</sup> became one of the top prescribed opioids in the United States<sup>12</sup>. Sales grew from \$48 million in 1996 to approximately \$1.1 billion in 2000 (Van Zee 2009). Unfortunately, by the early 2000s (from 1999 to 2002), there was a dramatic rise in opioid overdoses and deaths from prescription opioids, especially related to OxyContin<sup>®</sup> (Paulozzi et al. 2006). The number of death certificate poisoning occurrences related to prescription opioids increased by 57.4% concurrently with oxycodone sales, which were the highest (130.3%) among prescription opioids (Paulozzi et al. 2006). The increase in mortality triggered the FDA to respond, where from 2003 to 2017, it issued several warnings to the manufacturer about misleading advertising, lack of warning statements regarding the addictive nature of the drug, and the overstated efficacy of the drug. Purdue ultimately faced criminal and civil charges by the United States Department of Justice for false marketing claims that Oxycontin<sup>®</sup> was less addictive than other medications<sup>16,17,18</sup>. On May 10, 2007, Purdue Frederick Company Inc, a holding of Purdue Pharma, along with 3 company executives, pled guilty to misbranding OxyContin<sup>®</sup> and agreed to pay \$634 million in fines<sup>19</sup> (Van Zee 2009; Severino et al. 2018). In the report of the United States case court, the United States vs. The Purdue Frederick Company<sup>16</sup>, it was revealed that Purdue Frederick Co. had conducted a study that showed that a drug abuser could extract nearly 68% of oxycodone from a 10-mg OxyContin<sup>®</sup> tablet by crushing the tablet, stirring it in water, and drawing the solution through cotton into a syringe. This motivated the development, in 2010, of a new formulation of Oxycontin<sup>®</sup>, an abuse-deterrent formulation (ADF) that is harder to crush and thus, supposedly with less addictive and abuse potential as demonstrated by several studies (Cone et al. 2013; Harris et al. 2014). Unfortunately, the new formulation could still be abused. Patients take intact tablets orally or transition to other addictive drugs such as heroin<sup>20,21</sup> (Harris et al. 2014; Dart et al. 2015; Cicero and Ellis 2015), leading to the

<sup>15</sup>Stolberg SG, Gerth J (2000). High-tech stealth being used to sway doctor prescriptions. The New York Times. <http://query.nytimes.com/gst/fullpage.html?res=9502EEDF153BF935A25752C1A9669C8B63&sec=&spn=&pagewanted=1>. Accessed 14 April 2020

<sup>16</sup>U.S. Department of Justice (2007) Justice Department Recovers \$2 Billion for Fraud Against the Government in Fy 2007; More Than \$20 Billion Since 1986. [https://www.justice.gov/archive/opa/pr/2007/November/07\\_civ\\_873.html](https://www.justice.gov/archive/opa/pr/2007/November/07_civ_873.html). Accessed 14 April 2020

<sup>17</sup>Meier B (2007) U.S. maker of OxyContin painkiller to pay \$600 million in guilty plea. The New York Times. <http://www.nytimes.com/2007/05/11/business/worldbusiness/11iht-oxy.1.5665287.html>. Accessed June 24 2020

<sup>18</sup>Planalp C and Lahr M (2018) The opioid epidemic: national trends in opioid-related overdose deaths from 2000 to 2016. [shadac.https://shadac.org/sites/default/files/publications/NATIONAL\\_opioid\\_brief\\_2000-2016.pdf](https://shadac.org/sites/default/files/publications/NATIONAL_opioid_brief_2000-2016.pdf). Accessed 24 June 2020

<sup>19</sup>Jones JP (2007) United States of America v. The Purdue Frederick Company, INC., et al. United States District Court for the Western District of Virginia Abingdon Division. <http://www.vawd.uscourts.gov/OPINIONS/JONES/107CR00029.PDF>. Accessed 24 June 2020



current wave of the unprecedented opioid-related overdose death toll. All the efforts concentrated on designing improved ADF of Oxycontin® to diminish the potential of diversion after extraction (e.g., chewing/crushing) do not address the high abuse liability of oxycodone associated to the intrinsic “feel-good effect” or “like effect” property of the drug. Indeed, studies have suggested that oxycodone has now become a highly likeable analgesic by drug abusers (Wightman et al. 2012). While morphine and oxycodone appear to be equally effective and equipotent in some types of pain (e.g., postoperative pain and cancer pain) (Ruan et al. 2017; Guo et al. 2018), a plethora of clinical reports in the literature demonstrate the undeniable drug abusers’ preference for oxycodone in comparison with other medical and non-medical opioids (Siegal et al. 2003; Grau et al. 2007; Zacny and Gutierrez 2003; Rosenblum et al. 2007; Comer et al. 2008; Katz et al. 2008; Zacny and Lichtor 2008; Zacny and Gutierrez 2008, 2009; Pollini et al. 2011; Cicero et al. 2012; Osgood et al. 2012; Wightman et al. 2012; Young and Havens 2012; Atluri et al. 2014; Mars et al. 2014; Setnik et al. 2015; Carlson et al. 2016; Remillard et al. 2019). These studies were conducted in non-opioid abusing subjects (Zacny and Gutierrez 2003; Zacny et al. 2003; Zacny and Lichtor 2008; Zacny and Gutierrez 2008, 2009), heroin-dependent individuals (Comer et al. 2008), prescription opioid-dependent patients or abusers (Cicero et al. 2010, 2013), recreational opioid users (Setnik et al. 2015), and methadone-treated patients (Rosenblum et al. 2007). Two systematic reviews search in EMBASE and MEDLINE databases by Wightman and collaborators and by Remillard and associates compiled articles that investigated the comparative likeability and/or abuse potential of the most commonly prescribed opioids, including oxycodone (Wightman et al. 2012; Remillard et al. 2019). The authors highlighted that oxycodone has a significantly elevated abuse liability profile due to high likability scores combined with fewer negative subjective side-effects compared to morphine and hydrocodone (Wightman et al. 2012; Remillard et al. 2019). For example, eight heroin-dependent individuals (five men, three women) maintained on 120 mg/day of oral morphine rated the intravenous oxycodone as being the most ‘potent’ compared with morphine due to it producing positive subjective dose-related experience (i.e., positive subjective ratings such as ‘I feel a good drug effect’, ‘I like the drug’, ‘I want to take the drug again’) over (in descending order) heroin, buprenorphine, and fentanyl (Comer et al. 2008). Interestingly, oxycodone had the least aversive drug side-effects compared to the other opioids (i.e., ‘I feel a bad drug effect’). The larger gap between the pleasurable effect of oxycodone (i.e., positive subjective ratings) and the lack of bad emotional effects (i.e., ‘feel bad’) is the reason why oxycodone comes first in term of preferability and propensity for abuse.

The reports in recreational and opioid-dependent individuals is similar to that reported by patients prescribed opioids for pain treatment. Patients taking oxycodone for alleviating pain report common opioid-related adverse effects (e.g., constipation, nausea, dizziness, etc.), however, the use of oxycodone in many types of pain treatments causes fewer side-effects than several other opioids. For instance, patients with severe cancer pain experienced less

<sup>20</sup>Moritz JC (2018) 6 states sue maker of OxyContin as they battle expenses, human costs of opioid crisis. USA TODAY. <https://www.usatoday.com/story/news/nation-now/2018/05/15/six-attorney-generals-opioid-lawsuits/612721002/>. Accessed 24 June 2020

<sup>21</sup>Alpert A, Powell D, Liccardo Pacula R (2017) Supply-Side Drug Policy in the Presence of Substitutes: Evidence from the Introduction of Abuse-Deterrent Opioids. National Bureau of Economic Research. <http://www.nber.org/papers/w23031>. Accessed 24 June 2020

nausea and vomiting with controlled release oxycodone than with controlled release morphine (Kalso and Vainio 1990; Heiskanen and Kalso 1997) or immediate-release (IR) oxycodone/acetaminophen (Caldwell et al. 1999) as well as fewer hallucinations than either controlled release morphine (Kalso and Vainio 1990; Maddocks et al. 1996; Mucci-LoRusso et al. 1998; Lauretti et al. 2003) or controlled release hydromorphone (Hagen and Babul 1997), and less itching compared to controlled release morphine (Mucci-LoRusso et al. 1998). In post-operative patients with major abdominal surgery, intravenous oxycodone caused less sedation than morphine (Kalso et al. 1991; Riley et al 2008; Lenz et al. 2009; Raff et al. 2019). Oxycodone is also better tolerated than tramadol in post-operative pain surgery (Wirz et al. 2005; Riley et al. 2008). Thus, the better analgesic efficacy of oxycodone combined with less deleterious physical side-effects appears to explain why oxycodone became the top choice in moderate-to-severe clinical pain management.

The preferential use of oxycodone to treat many types of pain increases the availability of the drug to consumers, which is important to consider regarding the propensity of oxycodone to be abused. The absence or low level of negative effects of oxycodone in pain patients is a positive feature where it could contribute to greater compliance, however, this same preferred side effect profile has contributed to the higher abuse associated with this drug. This is an important consideration given that a number of clinical trials show better outcomes with perioperative oxycodone compared to other opioids such as remifentanyl and fentanyl. For example, patient satisfaction scores, pain ratings and rescue medications were significantly lower in patients that received oxycodone compared to those patients that were given remifentanyl for a percutaneous radiofrequency ablation used to treat hepatic cancer (Wu et al. 2019). Similarly, in a randomized double-blind study on patients undergoing total hip replacement, patients with oxycodone administered 20 minutes prior to the end of surgery had lower pain ratings and required less cumulative opioid requirement post-surgery compared to those that received fentanyl (Kim et al. 2018).

## **High likeability ('Liking'), Incentive Saliency ('Wanting') and Abuse Liability of Oxycodone**

### **High Likeability and Incentive Saliency of Oxycodone Assessed by Behavioral Studies in Humans**

Before discussing likeability and incentive saliency, it is important to understand the pharmacokinetic and analgesic profile of oxycodone compared to other opioids. Most morphine analgesic equivalent charts report equi-analgesic dosing between oxycodone and morphine for parenteral administration, but oxycodone is 1.5 times more potent than morphine following oral administration<sup>22</sup> (Bruera et al. 1998; Hanks et al. 2001; Zacny and Lichtor 2008). Oral oxycodone has better bioavailability (about 60–90%) than morphine and with the same unbound concentrations of oxycodone and morphine in the blood, unbound oxycodone in the brain is as much as six times higher than morphine (Boström et al. 2008). Preclinical research reports differences in potency, where oxycodone was 2 to 4 times more

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<sup>22</sup>Stanford School of Medicine. Palliative care. <https://palliative.stanford.edu/opioid-conversion/equivalency-table/>. Accessed 24 June 2020



potent than morphine after subcutaneous and intraperitoneal injection in rats (Pöyhä and Kalso 1992). Interestingly, oxycodone is 10 times less potent than morphine when administered epidurally (Backlund et al. 1997; Plummer et al. 1990; Kalso 2005), suggesting that the primary difference that accounts for the oxycodone enhanced analgesia is due to activity in the brain, rather than altering pain transmission at the spinal level. This is also born out in rodents (Lemberg et al. 2008) where intrathecal oxycodone has about a 50<sup>th</sup> the analgesic potency of morphine and the oxycodone metabolites oxymorphone and noroxymorphone (Fig. 1), yet when given subcutaneously oxycodone is a more potent than all these other opioid chemical entities. The unique analgesic effectiveness of oxycodone compared to other opioid medications could be an important component underlying the abuse potential of oxycodone. The enhanced analgesic efficacy of systemic administration of oxycodone, over other opioids, was reported in many clinical studies. For example, a systematic literature search of PubMed, Cochrane Library, and EMBASE databases for randomized controlled trials published from 2008 through 2017 revealed that post-operative intravenous oxycodone provides higher analgesic efficacy than fentanyl and sufentanil, and comparable efficacy to morphine, with less adverse events such as sedation (Raff et al. 2019).

As stated by Wightman and colleagues, the term ‘likeability’ or ‘liking’ generally represents the positive psychoactive component of a drug's subjective effects (Wightman et al. 2012; Kuypers et al. 2018). Berridge defines ‘liking’ as the hedonic impact of sensory pleasures or the pleasure generated from a stimulus/reward (Nesse and Berridge 1997; Berridge et al. 2009; Berridge and Kringelbach 2015; Anselme and Robinson 2016; Berridge and Robinson 2016; Castro and Berridge 2017; Berridge 2018). Terms that are synonyms of positive psychoactive effects of a drug are euphoria, feel-good, feeling-high, dreamy, elated, carefree, coasting, mellow, social, stimulated, pleasant thoughts, invincibility, and pleasurable physical sensations (Wightman et al. 2012; Remillard et al. 2019). Abuse propensity is also intricately linked to the presence or absence of negative subjective effects. Thus, the abuse liability of a drug has been assumed to depend on the balance between net positive and negative subjective effects. The more a substance induces enjoyable subjective emotional experience without uncomfortable negative effects, the more the substance is liked. Drug ‘liking’ (and ‘wanting’) will also have more salience in subjects where oxycodone blocks negative affect (anxiety, depression or pain) or withdrawal symptoms. Drug likeability, attractiveness, or euphoria in humans can be evaluated by asking participants to complete drug rating questionnaires (MacKillop and de Wit 2013; Butler et al. 2010; Morean et al. 2013). For example, one of the most commonly used evaluation forms is the Drug Effects Questionnaire (DEQ), which measures two critical aspects of subjective experience: the strength of the substance effects and the desirability of substance effects (Fraser et al. 1961; de Wit and Phillips 2012; Morean et al. 2013). In the DEQ, where the format can vary across studies, the questions are, “do you feel any substance effect(s)?” (FEEL), “do you like the effects that you feel?” (LIKE), “do you feel high?” (HIGH), “do you dislike the effects?” (DISLIKE), and “do you want more of the substance?” (MORE or TAKE AGAIN) (MacKillop and de Wit 2013; Morean et al. 2013). The desire to “TAKE AGAIN” is considered to reflect the reinforcing effect of a drug, that is the ‘wanting’ or incentive salience (motivation, desire, attractiveness or craving for a reward) for a substance

(Wightman et al. 2012; Berridge and Robinson 2016). The DEQ was used to evaluate the ‘liking’ and ‘wanting’ of many opioids, including oxycodone (Webster et al. 2012), morphine (Webster et al. 2011), and heroin (Comer et al. 2005).

Clinicians and researchers proposed that the preference for oxycodone over other opioid drugs may not be due to its specific analgesic properties but to its’ positive subjective effects (and its reduced negative effects) (Wightman et al. 2012). That is to say, drug consumers appear to feel a particularly enjoyable “smooth” high experience with oxycodone that they qualify as the ‘Rolls Royce’ of opioids<sup>23</sup> (Comer et al. 2008). For example, the very much cited health survey established by Cicero et al. in 2010 reported that extended release oxycodone was the most liked and desired (‘wanted’) drug by approximately 50% of [1818] prescription-opioid dependent patients to produce euphoria (both in healthcare and non-healthcare environments); an effect confirmed with a larger cohort [3520] of opioid-dependent subjects (Cicero et al. 2013). Following oxycodone, the most liked and desired opioid drugs were heroin and hydrocodone, with 20–25% of those using these drugs to get high (Cicero et al. 2010). The most recent clinical study and mini-review on prescription opioids ‘liking’, ‘wanting’ and addiction liability was published in 2019 by Remillard and colleagues (Remillard et al. 2019). In their survey conducted between 2013 and 2018, 113 opioid-dependent subjects from a pain management practice in south-central Alaska were presented with a list of commonly prescribed oral prescription opioids including hydrocodone, hydromorphone, methadone, morphine, oxycodone, oxymorphone, tapentadol. They were asked to identify the prescription opioid which was the (1) most desirable to them, (2) most desirable among drug-using associates or community, (3) the most addictive to them, and (4) the one that is used as gateway to heroin. They had 4 main conclusions: (1) The highest number of respondents, 60.2% of subjects rated oxycodone as most ‘desirable’ over the other opioids they had experience with. Hydrocodone followed in the second place with 16.9% of subjects rating it as most desirable. (2) Oxycodone was claimed by the largest number of participants, 75.4%, to be the most ‘desirable’ among the general drug-consuming population. (3) 59.4% of respondents additionally stated that oxycodone was the most ‘addictive’ prescription opioid, followed distantly by methadone, hydrocodone, and hydromorphone. (4) Among heroin users, oxycodone was also rated as their gateway to heroin (Remillard et al. 2019).

It is important to highlight that drug likeability or drug ‘liking’ is not equivalent to incentive salience or ‘wanting’. Despite the fact that the indices of likeability or ‘liking’ often correlate with addiction, ‘liking’ seems to not be a determining factor in the abuse liability, as compared to ‘wanting’ (Robinson and Berridge 1993; Berridge and Robinson 2016). Indeed, the neural circuits responsible for likeability of a particular reward are different from the network that mediates the incentive salience of the same reward. ‘Liking’ is mediated by small and short-lived hedonic hotspot systems, and is not dependent on dopamine (DA), whereas incentive salience or ‘wanting’ is generated by larger and more robust neural systems that include mesolimbic DA circuits (Berridge and Robinson 2016). The hedonic

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<sup>23</sup>SAMHSA (2006). Treatment Episodes Data Set (TEDS): Highlights - 2005. DASIS Series: S-36, DHHS Publication No. SMA 07-4229. Department of Health and Human Services (DHHS): Rockville, MD. Office of Applied Studies. [https://www.dasis.samhsa.gov/dasis2/teds\\_pubs/2006\\_teds\\_highlights\\_rpt.pdf](https://www.dasis.samhsa.gov/dasis2/teds_pubs/2006_teds_highlights_rpt.pdf). Accessed 24 June 2020

hotspots underlying 'liking' are dispersed and interconnected areas in the brain that act together so that stimulating one hotspot with a drug microinjection causes other hotspots to be recruited into neurobiological activation (Smith and Berridge 2007; Castro and Berridge 2014; Castro and Berridge 2017; Berridge 2018). These areas are located in the limbic prefrontal cortex such as the orbitofrontal cortex and the insula cortex, and in subcortical structures such as the nucleus accumbens (NAc), ventral pallidum, and the brainstem pons (Small et al. 2001; Kringelbach et al. 2003; Smith and Berridge 2007; Kringelbach, 2010; Castro and Berridge 2017; Berridge 2018). In the NAc and specifically in the rostromedial shell, the hedonic hotspot measures only one cubic millimeter in a rat brain, and probably about a cubic centimeter in humans (Peciña and Berridge 2000; Peciña and Berridge 2005; Smith and Berridge 2007; Berridge and Robinson 2016). The hotspot was estimated to represent 10% of total NAc volume. The remaining 90% of the NAc cannot enhance 'liking', though still strongly generates intense 'wanting' (Peciña and Berridge 2000; Peciña and Berridge, 2005; Berridge and Robinson, 2016). Indeed, mu opioid receptor (MOR) stimulation in the rostromedial shell of the NAc by microinjections of an opioid such as DAMGO, increased 'liking' reactions measured by hedonic orofacial expressions elicited by sucrose taste (e.g., tongue protrusions) (Berridge, 2000; Steiner et al. 2001; Peciña and Berridge 2000; Peciña and Berridge 2005; Smith and Berridge 2005; Castro and Berridge 2012; Castro and Berridge 2017). In contrast, microinjections of the same drug in other areas of the NAc outside of the hedonic hotspot enhanced motivational 'wanting' for food, but not 'liking' reactions to taste (Zhang et al. 1998; Peciña and Berridge 2000; Peciña and Berridge 2005; Smith and Berridge 2005; Shimura et al. 2006; Woolley et al. 2006; Berridge 2018). Moreover, 'liking' reactions are not thought to be dependent on dopamine, as dopamine depletion via neurochemical lesions in the whole brain (Berridge et al. 1989) and dopamine stimulation in hedonic hotspots (Smith et al. 2011; Berridge and Kringelbach 2015) do not affect hedonic orofacial expressions elicited by sugar taste. Unlike 'liking', 'wanting' requires dopamine as shown by suppression of motivation to seek food reward after dopamine lesions in rats (Berridge et al. 1989). In humans, suppressing dopamine neurotransmission did not reduce 'liking' ratings of drug rewards, such as cocaine or amphetamine, but did lower the desire to consume more drug (Brauer and De Wit 1997; Leyton 2010). Similarly, implanted electrodes to stimulate the mesolimbic systems and elevate extracellular dopamine enhanced 'wanting' but not 'liking' (Berridge and Valenstein 1991; Berridge and Kringelbach 2015). Finally, despite the clear evidences showing that dopamine mediates incentive salience but not 'liking', the circuitry underlying 'wanting' is more complex than what we describe.

One of the main characteristics of the addiction state is the underlying long-lasting changes in the dopaminergic neurotransmission in mesolimbic circuits. This dopaminergic system mediates 'wanting' responses to drugs and drug-related cues following prolonged drug use (Koob and Le Moal 1997; Wise 1985; Robinson and Berridge 1993; Berridge and Robinson 2016), but is not involved in 'liking'. Thus, as the incentive-sensitization theory postulates, the essence of drug addiction is the excessive amplification specifically of psychological 'wanting', without necessarily an amplification of 'liking' (Berridge and Robinson 2016). Incentive-sensitization signifies that the dopamine system becomes hyper-reactive to cues and contexts associated with a drug, thus conferring more intense incentive salience on those

cues or contexts (Berridge and Robinson 2016). When the mesolimbic dopamine system becomes sensitized and hyper-reactive to the incentive motivational properties of drug cues, drug-seeking and taking become compulsive (Childress et al. 2008; Ostlund et al. 2014; Zhou et al. 2012; Witteman et al. 2015; Berridge and Robinson 2016). ‘Take again’ ratings were consistently higher for oxycodone (Zacny and Gutierrez 2003; Zacny et al. 2003; Comer et al. 2008; Remillard et al. 2019) suggesting that oxycodone precipitates ‘wanting’ and reinforcing characteristics, which infer higher abuse liability. However, we need to take in consideration behavioral studies to confirm that oxycodone may have greater ‘wanting’ or reinforcing effects both in humans and animals. ‘Wanting’ is evaluated via the increase in effort to obtain a reward upon presentation of a cue that was previously associated with the same reward (Pool et al. 2016). Likeability is assessed differently, by hedonic pleasure displayed during reward consumption, such as prototypical orofacial expressions elicited by sweet taste in human and animals (Berridge 2000; Berridge et al. 2009; Pool et al. 2016). The relationship between oxycodone administration rating and oxycodone taking behavior in humans has been investigated. Comer et al. in 2008, asked heroin- and morphine-dependent subjects to choose between a monetary reward and an oxycodone dose that they had received during the sample session in a self-administration task. Oxycodone exhibited strong reinforcing effects, similar to those of morphine and heroin, suggesting equivalent abuse liability among these opioids. This latter study raised concerns over the potential for oxycodone abuse, because it presented some of highest positive subjective ratings and no increases in ratings of bad effects compared to the other opioids (Comer et al. 2008). Nevertheless, the experimental paradigm did not allow differentiation between fentanyl, oxycodone, morphine, and heroin. To more closely examine the relative abuse liabilities of oxycodone and morphine using a drug versus drug self-administration procedure, Comer and colleagues assessed opioid-dependent subjects that were maintained on buprenorphine (Comer et al. 2013). When the high doses of morphine and oxycodone were compared directly, participants strongly preferred oxycodone. However, due to several drawbacks of the study (including carry over effects, drug interactions with buprenorphine, and tolerance), the authors were cautious in claiming that oxycodone has greater behavioral reinforcing effects than morphine. Nevertheless, the subjective ratings of oxycodone were consistently higher.

The same methodology roadblocks to measure the reinforcing behavior effects of oxycodone are also confounds in animals drug discrimination studies. The affective state of the subject will impact the results in such studies. Opioids can act as analgesics as well as possess antidepressant and anxiolytic effects. Thus, affective states that are alleviated by opioids will accentuate both liking and wanting via negative reinforcement. Indeed, a high proportion of those with opioid use disorder and that transition from using opioids for analgesics to developing an opioid use disorder are comorbid with mental disorders such as anxiety and depression (Hser et al. 2017).

### **High Likeability and Incentive Salience of Oxycodone Assessed in Pre-Clinical Studies**

Humans are able to verbalize their preference for oxycodone among an array of administered opioids (Comer et al. 2008; Remillard et al. 2019). In animals, measurement of incentive salience associated to a specific drug is restricted to the observation of

motivation, drug-seeking and drug-taking behaviors. There are very few drug discrimination or drug likeability studies comparing the reinforcing effect and incentive salience of oxycodone compared to other opioids. In a study where mice were trained to discriminate oxycodone from vehicle in a food-reinforced, two-lever choice paradigm, fentanyl and other fentanyl analogues completely generalized to the oxycodone discriminative stimulus, suggesting that interoceptive and subjective effects of the tested fentanyl drugs overlap with those of oxycodone (Wade et al. 2015; Walentiny et al. 2019). We assume that one of the reasons for the general lack of opioid discrimination studies is due to the difficulty to observe differences of behavior associated to interoceptive and subjective effects within the same drug family. Nevertheless, preclinical rodent studies are essential in advancing our understanding the changes in the cellular and molecular mechanisms underlying substance abuse and addiction (Lynch et al. 2010). A study from Neelakantan and colleagues compared the ability of mice to discriminate equianalgesic doses of morphine and oxycodone from saline with and without the presence of pain (Neelakantan et al. 2015). Both male and female mice were able to equally discriminate both drugs from saline. However, in the presence of acid acetic-induced pain, male mice were not able to discriminate morphine from saline, but continued to discriminate saline from oxycodone. However, negative reinforcement due to the analgesic efficacy of oxycodone to relieve visceral pain likely confounded these results. To identify potential differences in compulsive drug-seeking and -taking between oxycodone, fentanyl, and buprenorphine in rats, Wade and colleagues used an intravenous self-administration paradigm in rats (Wade et al. 2015). However, there was no difference in drug escalation with extended access and all groups presented similar increased progressive ratio breakpoints. These results suggest similar enhancement in motivation to seek oxycodone, fentanyl, and heroin. The opioid discrimination studies in rodents concluded that oxycodone, heroin, fentanyl and derivatives produce the same motivational drive for consumption. However, this was not assessed in different affective states and other neurochemical approaches may provide more information. For example, oxycodone induces stronger cellular or neurotransmission (i.e., incentive sensitization) changes compared to morphine that may account for the increased 'wanting' and compulsive-like behavior induced by oxycodone compared to other opioids (Vander Weele et al. 2014).

### **Oxycodone Differentially Modulates Reward Circuitry**

Several brain structures and pathways compose the reward system. Within this system, the mesolimbic dopaminergic circuit is the most extensively studied. It connects a region of the central midbrain, the ventral tegmental area (VTA), to the striatum, which is divided into the dorsal and ventral components. The ventral striatum includes the NAc, which is further subdivided into core and shell, and again into medial, lateral, dorsal ventral subareas. VTA dopaminergic neurons are known to fire action potentials tonically or phasically following exposure to a salient, motivational stimuli by burst firing (Bromberg-Martin et al. 2010), which is suppressed by tonic GABA input (Lobb et al. 2010; Jalabert et al. 2011; Matsui et al. 2014). Dopamine release in the NAc triggers network communication with the prefrontal cortex, which is required for reasoning, decision-making, and planning. The prefrontal cortex incorporates these positive/pleasant feelings into memory, reinforcing the behavior by motivating the person to perform again (Lynch et al. 2010). As mentioned above, the

dopamine neurotransmission within the reward system is responsible for incentive salience and is involved in the development, maintenance, and compulsive intake of abused drugs (Phillips et al. 2003; Robinson and Berridge 2003; Hyman et al. 2006; Vander Weele et al. 2014). All abused opioids increase DA transmission within the NAc, including oxycodone (Di Chiara and Imperato 1988; Nestler and Malenka 2004; Vander Weele et al. 2014). Although the loss of phasic dopamine release in the ventral striatum has also correlated with escalated drug intake (Caprioli et al. 2014; Willuhn et al. 2014).

While a number of functional magnetic resonance imaging studies have reported the effects of oxycodone on brain activity, to our knowledge, there are no human brain imaging studies that have directly compared effects of different opioids. Brain imaging studies have reported the effects of oxycodone on neuronal activity and brain connectivity when compared to placebo or non-opioids compounds (Upadhyay et al. 2010; Hansen et al. 2018), where the majority of these studies focused on regions such as the anterior cingulate cortex and amygdala, structures involved in pain and emotions (Gorka et al. 2014). Mixed results were reported on the effects of oxycodone in brain imaging studies in rodents, where either an increase (Nasseef et al. 2019), a decrease (Moore et al. 2016) or no change (Iriah et al. 2019) in blood flow in the reward systems, including the NAc, caudate putamen, and amygdala were reported after a single acute analgesic dose of oxycodone was administered. Habituation to the environment, to an injection and to handling is necessary for obtaining reproducible outcomes. Nevertheless, it is generally accepted that an acute oxycodone injection decreases whole-brain functional connectivity (communication) (Moore et al. 2016; Nasseef et al. 2019). In contrast, repeated oxycodone injections showed increased brain activity in areas affected by drug use such as the NAc, forebrain areas, amygdala, and brainstem (Iriah et al. 2019).

One of the most revealing studies that demonstrated differences in oxycodone and morphine evoked dopamine release used two different neurochemical detection techniques. Using fast-scan cyclic voltammetry and rapid (1 min) microdialysis coupled with mass spectrometry analysis in rats, Vander Weele and colleagues demonstrated differential effects on extracellular dopamine content in the NAc produced by oxycodone and morphine (Vander Weele et al. 2014). In this latter study, intravenous infusion of oxycodone led to an elevation in extracellular dopamine concentration, a more sustained release of dopamine, as well as a significant increase in the frequency and amplitude of phasic dopamine release (dopamine transients) in the NAc than an equi-potent dose of morphine. Specific and significant increases in both dopamine transients, and NAc shell dopamine activity are characteristics of the primary rewarding effects of drugs of abuse (or correlated with increased abuse and dependence) (Pontieri et al. 1995; Ito et al. 2000; Frank et al. 2008). Interestingly, morphine, but not oxycodone, induced a succinct (~ 1 min) elevation in dopamine that was associated with a surge in GABA concentration (Vander Weele et al. 2014). This increase in GABA release caused by morphine, but not oxycodone, may explain the quick fall of extracellular dopamine concentration to baseline levels following administration of morphine but not oxycodone. The authors proposed two mechanisms for the quick but short-lived increase in extracellular dopamine in the NAc by morphine in comparison to the long-lasting and stable dopamine response evoked by oxycodone (Fig. 2). First, morphine-induced increase of GABA in the NAc may activate GABA-A receptors on dopamine neuronal terminals, which



would consequently inhibit further dopamine release (Aono et al. 2008; Saigusa et al. 2008; Yang et al. 2018). GABA could be released from the medium spiny neurons (MSNs) (Yang et al. 2018), tyrosine-hydroxylase (TH)-expressing interneurons (Ibáñez-Sandoval et al. 2010; Tepper et al. 2010), and neuropeptide Y interneurons (English et al. 2011; Ibáñez-Sandoval et al. 2011) within the NAc. Second, increases of GABA transmission within the NAc following morphine, but not oxycodone, may be attributable to enhanced morphine-induced activation of dopamine/GABAergic neurons in the VTA that project to the NAc (van Zessen et al. 2012; Tritsch et al. 2014; Kim et al. 2015; Berrios et al. 2016; Morales and Margolis 2017). Modulation of dopamine released from dopaminergic terminals in the NAc influences motivated behavior. Again, with fast scanning cyclic voltammetry, Borgland and colleagues demonstrated that activation of GABA-B receptors on dopamine neuronal terminals could decrease pulse-evoked dopamine release and reduce probability of dopamine release (Pitman et al. 2014). While a substantial source of GABA in the NAc is from the MSNs, there is now convincing evidence that dopaminergic neurons can co-express and release GABA or glutamate neurotransmitters (Bayer and Pickel 1990). Indeed, enhanced reward seeking behavior measured by optical self-stimulation was evident when GABA release was suppressed from tyrosine hydroxylase-expressing neurons (Berrios et al. 2016). It is therefore possible, that the differences in morphine- and oxycodone-induced increases in extracellular dopamine release may be due to the activation of different VTA dopaminergic neurons that project to the NAc. The differences could also be due to the drug effects on cholinergic interneurons, which also could modulate dopamine release, via direct interaction with the dopaminergic neurons or via its modulation of GABAergic interneurons (Gould et al. 2019). The enhanced activity of dopamine neurons by oxycodone compared to morphine is further supported by a study examining the modulatory effects of oxycodone, hydrocodone and morphine on the response and excitation of D2/D3 type dopamine receptors (Emery et al. 2015). By testing the locomotor activity in mice that received quinpirole, a D2/D3 DA receptor agonist, they showed that oxycodone pretreatment produced greater locomotor sensitization to quinpirole compared to either hydrocodone or morphine. The authors suggested that this sensitization of the reward system may lead to changes in general impulsivity, which is known to be a risk factor for drug addiction. A subsequent study by the same authors provided further evidence that oxycodone and hydrocodone produce different intracellular changes in D2 receptor  $\beta$ -arrestin signaling compared to morphine (Emery et al. 2016).

While the studies summarized above give some indications on how exactly oxycodone modifies the dopamine system, they strongly suggest that while both opioids activate opioid receptors, there is either distinct cellular engagement and intracellular signaling, or off target modulation that results in differential behavioral outcomes. Because of how opioid agonists have unique effects on dopamine neurotransmission within the reward system, we can surmise that different opioid agonists will elicit various strengths of incentive salience. Thus, the differences in engagement of the mesolimbic dopaminergic circuits could elicit diverse effects on incentive salience or motivation and potentially analgesic mechanisms (Ma et al. 2012). These arguments favor oxycodone's higher abuse liability, despite similar reinforcing profile between oxycodone and other opioid agonists in the drug-discrimination studies. Potential molecular mechanisms including biased signaling, as well as pharmacokinetic and

pharmacodynamic properties unique to oxycodone may underlie the differences in dopamine-evoked transmission between oxycodone and morphine (Nielsen et al. 2007; Lemberg et al. 2009; Lester and Traynor 2006; Peckham and Traynor 2006; Melief et al. 2010; Vander Weele et al. 2014).

## Potential Molecular Mechanisms of Action of Oxycodone

The literature reviewed above describes evidence for high addiction liability associated with oxycodone and a description of some of the mechanisms that may underlie this trait. There are many cellular and signaling differences between opioid agonists that may also contribute to differences between opioids and the reader is referred to recent reviews on biased agonism (Grim et al. 2020), desensitization and intracellular signaling (Williams et al. 2013). The following discussion will support the hypothesis that oxycodone processes novel pharmacology via binding to an allosteric site on the MOR, which in turn would contribute to oxycodone's unique pharmacology.

## Pharmacokinetics, Pharmacodynamics and Intracellular Signaling Pathways

From the early hypothesis by Beckett and Casy (Beckett and Casy 1954), it is apparent that all opiates (chemical entities present in opium) and semi-synthetic opiates (which includes oxycodone) must contain a hydroxyl moiety at the 3-position of the aromatic A in order to exhibit high affinity binding and analgesic potency. The high affinity binding requirement is demonstrated from the crystal structure analysis of the opioid receptors, in which the phenolic hydroxyl of the aromatic ring of the morphinan is shown to form H-bond with 2 water molecules and the H297<sup>6.52</sup> of the mu- or H278<sup>6.52</sup> of the delta opioid receptor (DOR) (Manglik et al. 2012; Granier et al. 2012). Oxycodone, with a methoxy group at the 3-position of the aromatic ring A, has been shown to exhibit lower affinity for the receptor than oxymorphone, a metabolite of oxycodone via cytochrome P450 metabolism (Cone et al. 1983; Lalovic et al. 2006) (Fig. 1). Oxymorphone can produce 8-to 30-fold higher G protein activation than oxycodone (Lalovic et al. 2006; Peckham and Traynor 2006; Thompson et al. 2004). This high potency is consistent with our unpublished data that show that oxymorphone exhibited a 100-fold higher affinity for the receptor than oxycodone in competition binding studies using <sup>3</sup>H-diprenorphone and membrane isolated from HEK293 cells overexpressing rat MOR. This pharmacology likely contributes to the higher analgesic potency of oxymorphone compared to oxycodone and more serious side effects that are associated with oxymorphone (Murphy et al. 2018). Mortality rates remain higher with oxycodone (Hirsch et al. 2014), but this is reflective of rates of use where oxycodone is much more commonly prescribed than oxymorphone. It is generally accepted that activation of MORs by oxymorphone, though not the prominent metabolic pathway (Fig. 1), contributes to the pharmacodynamic effects of oxycodone, including adverse effects such as respiratory depression, miosis, euphoria, constipation, tolerance, dependence and addiction (Cicero et al. 2005). However, only about 10% of oxycodone is metabolized to oxymorphone (Lalovic et al. 2006), and noroxycodone after further N-demethylation of oxymorphone, which is the major metabolite in rats and human, as shown in Fig. 1 (Chan et al. 2008; Lalovic et al. 2004). Ratios of oxymorphone/oxycodone in the brain as detected with mass spectrometric analysis after either subcutaneous or intracerebral administration of

oxycodone revealed relatively low level of the metabolite, 1.9% and 1.5% respectively (Yang et al. 2016). Moreover, in pharmacokinetic studies, plasma concentrations of oxymorphone are either very low or absent following the systemic or oral administration of oxycodone in human (Kaiko et al. 1996; Pöyhiä et al. 1991). Because oxycodone has been shown to be more potent than morphine in the relief of post-operative and cancer pain when administered intravenously or orally in humans (Kalso et al. 1991; Bruera et al. 1998) and in rat after systemic administration (Pöyhiä and Kalso 1992), the pharmacodynamics observed must be due to the activation of receptors by oxycodone itself or metabolites other than oxymorphone. Important to consider is how oxycodone metabolism varies with engagement of cytochrome P450 enzymes as well their expression in the brain (McMillan and Tyndale 2017). Also important is that metabolism of drugs by P450, conjugation and other drug metabolic enzymes is highly variable between individuals because of frequent polymorphisms. Individual polymorphisms often drive the 'likability', efficacy, and addiction potential of drugs. For example, the efficacy of demethylation of codeine to morphine is highly dependent on *CYP2D6* polymorphisms such that given some polymorphisms codeine is an ineffective opioid.

The opioid receptor type activated by oxycodone to elicit its pharmacodynamics is controversial. Ross and Smith (Ross and Smith 1997) reported that intracerebroventricular pretreatment with kappa opioid receptor (KOR) antagonist, nor-binaltorphimine (nor-BNI) blocked the antinociceptive effect of oxycodone but not morphine when administered by the same route of delivery. This data implicated KOR agonist-involvement for oxycodone action, and is of interest because the central KOR activation is dysphoric and inhibits dopamine release in reward mesolimbic structures (Ehrich et al. 2015; Liu et al. 2019). It has been indeed shown that KOR antagonism increases extracellular dopamine concentrations measured by fast-scan cyclic voltammetry in the NAc. In contrast, KOR activation by its agonist U69,593 acutely inhibited VTA dopaminergic neuron firing (Ehrich et al. 2015). Moreover, oxycodone appears to require KOR activation to mediate withdrawal-induced escalated intracranial self-administration, as suggested by a slowed escalation of responding in rats pretreated with nor-BNI before extended access to oxycodone self-administration (Nguyen et al. 2019). Many drugs of abuse increase intracranial self-stimulation reward thresholds to extended compared to short access including heroin (Kenny et al. 2006) and psychostimulants such as cocaine or methamphetamine (Jang et al. 2013; Ahmed et al. 2002). The escalation of oxycodone self-administration appears to involve the KOR-dependent negative motivational state associated with oxycodone withdrawal. One could speculate that the presumed partial agonism of oxycodone on KOR could be involved in the differential regulation of dopamine neurotransmission between oxycodone and morphine (Vander Weele et al. 2014). One study reported that the intrinsic antinociceptive effects of oxycodone were dependent on KOR activation as only KOR blockade but not MOR or DOR selective antagonists blocked oxycodone antinociception in the tail flick test (Ross and Smith 1997). The role of the peripheral KOR in oxycodone-induced analgesia has been described in the literature, especially regarding visceral pain (Ruan et al. 2017). Indeed, KOR expression is extensive in peripheral neurons and nociceptors (De Schepper et al. 2004), and both MOR and KOR have been found to be expressed in the stomach, duodenum, jejunum, ileum as well as the proximal and distal colon, where their stimulation has been

suggested to modulate visceral pain (Kapitzke et al. 2005; Davis et al. 2012). However, others reported that oxycodone antinociceptive action is mostly mediated by MORs, and that oxycodone action could not be reversed with DOR or KOR antagonists (Nozaki et al. 2006; Narita et al. 2008; Lemberg et al. 2006). Our unpublished data measuring the inhibition of intracellular cAMP levels in HEK293 cells expressing either the rat or human opioid receptor support the latter, where oxycodone preferentially activates the MOR in cell-based assays. Such highly efficient coupling between the oxycodone-receptor complex with the intracellular signaling molecules could be the partial explanation for the higher analgesic potency observed with oxycodone in both human and rodents (Kalso et al. 1991; Bruera et al. 1998; Pöyhä and Kalso 1992; Codd et al. 1995; Olson et al. 2019).

In addition to MORs, oxycodone or its metabolites appear to involve the activation of DORs based on behavioral outcomes in genetically modified animals. In MOR knockout mice, oxycodone retained residual antinociceptive action while morphine antinociceptive activity was completely absent (Yang et al. 2016). Additionally, in non-dependent human volunteers with a history of recreational prescription opioid exposure, oxycodone positive subjective effects of drug 'liking' and 'good effect' was influenced by genetic variants in the MOR (rs6848893) as well as individuals with a genetic variant in the DOR (rs581111) (Jones et al. 2019). Oxycodone antinociceptive activity can be blocked by DOR selective antagonists, naltrindole or ICI 154,129 (Yang et al. 2019). Furthermore, the constipation effect and the condition place preference response induced by oxycodone can also be blocked by the DOR specific antagonist naltrindole (Yang et al. 2019). Because of the relative low potency of oxycodone exhibited in the *in vitro* cell lines expressing DORs and only residual antinociceptive response was observed in the MOR knockout mice, the involvement of metabolites or putative opioid receptor heterodimers, as suggested by Nielsen et al. (Nielsen et al. 2007), should be considered as the putative selective targets for oxycodone *in vivo* actions. It is also possible that oxycodone activation of MOR or MOR-receptor complexes is distinct from other MOR agonists via interactions with the orthosteric sites on the receptor. Our studies and others have demonstrated unequivocally the existence of biased agonism within the opioid receptor (Zheng et al. 2008; Conibear and Kelly 2019). MOR activation of a specific signaling molecule, such as ERK1/2, could involve agonist-specific multiple pathways, such as  $\beta$ -arrestin- or PKC-dependence. Agonists such as etorphine or DAMGO will activate ERK1/2 via the  $\beta$ -arrestin-dependent pathway, while activation of ERK1/2 by an agonist such as morphine is PKC-dependent (Johnson et al. 2006; Smith et al. 2007; Chu et al. 2010; Zheng et al. 2011) (Fig. 3). A recent *in vivo* study revealed that oxycodone self-administrated to rats activates PKC, ERK1/2, and the mitogen-activated protein kinase/mitogen stress-activated protein kinase (MAPK-MSK) signaling pathway as well as CREB in the dorsal striatum (Blackwood et al. 2020). It was also found that escalated doses of self-administered oxycodone increased histone H3 phospho-acetylation, a substrate of MSK1/2, which would induce chromatin decondensation for gene regulation. Although in these *in vivo* studies do not distinguish cellular mechanisms and pathways to second-messenger activation, preliminary results from our *in vitro* studies also showed that oxycodone activates PKC and ERK1/2. They also suggest that oxycodone regulation of ERK1/2 activity might involve additional PKC-independent pathways. Oxycodone-induced receptor activation leads to activation of multiple intracellular signaling cascades that may account for its distinct

pharmacodynamics (Fig. 3). However, this hypothesis needs to be confirmed with future studies.

### **Speculative Actions of Oxycodone That May Influence Addiction Potential**

Pharmacology research in recent years has identified many reasons for signaling and behavioral differences within individual drug classes such as opioid analgesics. We have addressed above the aspects of agonist bias, metabolites and selectivity for different opioid receptor types, but other possibilities should be considered. Pharmacodynamics of oxycodone or its metabolites may allow for regional and cellular selectivity of opioid receptor activation. Recent data show evidence for intracellular GPCR signaling both within vesicles and on Golgi that may influence cellular signaling and lead to drug location bias of receptor activation (Jullié et al. 2020). Accessibility to receptors in different brain regions and with different outcome functions, such as analgesia and reward, can be influenced by blood brain barrier permeability and P-Glycoprotein (drug efflux pump) interactions. In addition to homo- and heterodimers, opioid receptor signaling may be modulated by receptors existing in many different forms depending upon phosphorylation and other post-translational modified states. Furthermore, environments such as lipid rafts or association with different proteins can dramatically influence ligand interactions with the receptor. Finally, receptor regulation can include allosteric modulation. Selective allosteric ligands for MOR, DOR, and KOR have been described (Livingston and Traynor 2018; Livingston et al. 2018; Jutkiewicz et al. 2019) that bind to allosteric sites on the receptor distinct from the orthosteric site to which endogenous ligands or traditional agonists such as morphine, codeine, and fentanyl bind to produce their biological effects. Since oxycodone is a morphinan it has been assumed that this drug is solely interacting with the orthosteric site, however, given its unique pharmacology allosteric interactions should be considered.

Positive allosteric modulators of opioid receptors represent one of the most recent potential strategies to develop therapeutically safer analgesics (Livingston and Traynor 2018) and selective allosteric ligands for MOR, DOR, and KOR have been described (Livingston and Traynor 2018; Livingston et al. 2018; Jutkiewicz et al. 2019). The allosteric modulators' main advantage lies in their higher specificities to a receptor and lower risks of toxic side effects (Livingston and Traynor 2014; Sheik Amamuddy et al. 2020). The first selective positive allosteric modulators of MOR identified included small molecules such as BMS-986121 and BMS-986122. They were discovered in 2013 by Burford and collaborators (Burford et al. 2013) using chemoinformatic analysis (i.e., a high-throughput screen (HTS) monitoring) for their ability to enhance a low concentration of the putative endogenous MOR agonist, endomorphin-1, to recruit  $\beta$ -arrestin to MOR (Livingston and Traynor 2018). BMS-986122 increased the potency and affinity of methadone, DAMGO, and the endogenous opioid peptides including Leu<sup>5</sup>- and Met<sup>5</sup>-enkephalin,  $\beta$ -endorphin as well as endomorphin-1, while it augments agonist efficacy for morphine and nalbuphine without altering the affinity (Burford et al. 2013; Livingston and Traynor 2014, 2018). BMS-986122 is specific to MOR and does not present positive allosteric activity at DOR (Burford et al. 2013). MS1 is another allosteric modulator of MOR (Bisignano et al. 2015). DOR allosteric modulators including BMS-986187 were identified using a similar strategy that involved the  $\beta$ -arrestin recruitment HTS assay (Burford et al. 2014; Bertekap et al.



2015; Burford et al. 2015). This compound is structurally distinct from the MOR positive allosteric modulator BMS-986122 and exhibits 100-fold selectivity in promoting DOR over MOR agonism (Burford et al. 2015). Most importantly, BMS-986187 has the particularity to stimulate DOR intracellular signaling pathways even in the absence of orthosteric agonist and does not bind to the orthosteric site. BMS-986187 increased the potency of the orthosteric DOR agonist SNC80 to decrease immobility in the forced swim test but not to elicit convulsions (Jutkiewicz et al. 2019). Other compounds that have been suggested as positive or negative allosteric modulators of opioid receptors include the natural products cannabidiol, THC (Vaysse et al. 1987; Kathmann et al. 2006), ignavine (Ohbuchi et al. 2016) and salvinorin A (Rothman et al. 2007) as well as SCH-202676 (Fawzi et al. 2001). All of these allosteric ligands could produce analgesic responses without binding to the orthosteric site of the opioid receptor.

The hallmark for allosteric agonism was first described by Pasternak and Snyder (Pasternak and Snyder 1975) in their initial observation of sodium ( $\text{Na}^+$ ) effect on opioid agonist binding affinity.  $\text{Na}^+$  has been reported to inhibit agonist binding by 65% for the MOR and the DOR and only 20% for the KOR (Blume 1978; Werling et al. 1986). It was further demonstrated that the coupling between the opioid receptor and adenylyl cyclase required the presence of  $\text{Na}^+$  and guanosine triphosphate (Blume et al. 1979). Interestingly, the positive MOR modulator, BMS-986122, allosterically inhibited the binding of  $\text{Na}^+$  to the MOR by disabling stabilization of the inactive state of the MOR, pushing it toward an active conformation, which explains its marked positive allosteric modulator abilities (Livingston and Traynor 2014). This mechanism is supported by recent crystal structure analysis of the human DOR, which revealed the presence of  $\text{Na}^+$  allosteric site within the polar interaction network of the 7-transmembrane bundle core stabilizing a reduced agonist-affinity state and thereby inhibit signal transduction (Fenalti et al. 2014). Changing the allosteric site from an Asn131 residue to an Ala or Val residue increases  $\beta$ -arrestin-mediated signaling (Fenalti et al. 2014; Remesic et al. 2017). The residues involved in the  $\text{Na}^+$  allosteric site thus can act as “efficacy-switches” in the receptor signal transduction (Fenalti et al. 2014).

From all of the literature reports, it is clear that oxycodone interacts with all three opioid receptor orthosteric sites with low affinity, and it possesses relatively high analgesic potency. One probable explanation for such observations is that oxycodone acts on the allosteric sites modulating the endogenous peptides' activities or oxycodone acts as an allo-agonist. If oxycodone interacts with the allosteric  $\text{Na}^+$  sites as it was suggested for BMS-986122, it should follow that oxycodone, could either promote active conformation and thus increase agonist binding, or similar to  $\text{Na}^+$ , oxycodone could reduce agonist binding, required for the receptor-effector coupling. Our unpublished observations indicate that oxycodone is acting at the  $\text{Na}^+$  site of the receptor. At the concentration of 1  $\mu\text{M}$  that exhibits minimal effect in  $^3\text{H}$ -diprenorphine competition binding assays, oxycodone could potentiate the  $\text{Na}^+$  ability to reduce the agonist affinity (unpublished data).  $\text{Met}^5$ -enkephalin's ability to induce multiple affinity binding was dependent on the  $\text{Na}^+$ , with 5 mM  $\text{Na}^+$  exhibiting minimal effect, 20 mM  $\text{Na}^+$  exhibiting intermediate effect while 150 mM  $\text{Na}^+$  exhibiting the maximal effect. In the presence of 1  $\mu\text{M}$  oxycodone, all three concentrations of  $\text{Na}^+$  exhibited the maximal effect on the ability of  $\text{Met}^5$ -enkephalin to induce multiple affinity agonist binding. Thus, we hypothesize that oxycodone might enhance the endogenous opioid efficacy for MOR by



acting at the Na<sup>+</sup> allosteric sites. Oxycodone might act as an “efficacy-switch” in the receptor signal transduction. Of course, this theory needs to be proved with additional computational modeling and further experiments that can show oxycodone potentiating the Na<sup>+</sup> effect on endogenous opioids. Finally, as it was demonstrated for the positive allosteric DOR modulator, BMS-986187 (Jutkiewicz et al. 2019), we hypothesize that oxycodone could increase the efficacy of the orthosteric endogenous ligands at MOR to induce their analgesic effects with fewer side effects compared to other opioids like morphine. Oxycodone binding alone on the allosteric site of the receptor to engage alone MOR-dependent intracellular signaling to reduce pain is not to be excluded as it was described for BMS-986187 (Livingston and Traynor 2018; Jutkiewicz et al. 2019).

## Alternative Perspectives on Novel MOR Agonists to Replace Oxycodone

Research on developing new non-addictive therapeutics against chronic pain is challenging considering the biased agonism which we discussed above. The reduced side-effects or subjective negative effects compared to morphine, is a determinant factor in the choice of oxycodone for the treatment of moderate-to-severe long-term pain. Physicians will continue to favor oral oxycodone in the absence of efficient, safe, non-addictive and clinically approved alternatives to current analgesics. It is important to extend our discussion on oxycodone to other therapeutically encouraging and potentially safe strategies under development. Some of the new approaches tested involve either new MOR agonists or compounds acting on multiple receptors such as MOR/DOR, MOR-mGluR5, and MOR/Nociceptin/orphanin FQ peptide receptor (NOR)) which show in some cases markedly enhanced analgesia but with reduced side effects (Ding et al. 2018; Litman et al. 2018; Kopruszinski et al. 2020; Zhang et al. 2020).

## Bifunctional Agonists and Novel MOR Agonists

An outcome of the recent appreciation of the complexity of pharmacological outcomes is the continuing need to synthesize and test new opioid drugs. One recent example is AT-121, a bifunctional new non-morphinan partial NOR/MOR agonist, that has been proposed to have the translational potential to be a safe, non-addictive analgesic and possible treatment for prescription opioid abuse (Ding et al. 2018). Medicinal chemistry, computer modeling, and structure-based drug design were used to design and develop AT-121 (Ding et al. 2018). AT-121 was shown to induce substantial acute thermal antinociceptive effects with a potency 100-fold higher than morphine in rhesus monkeys (*Macaca mulatta*) (Ding et al. 2018). Pretreatment with NOR receptor antagonist J-113397 combined with the MOR antagonist naltrexone confirmed the role of both NOR and MOR in these antinociceptive effects as shown by a rightward shift of the antinociceptive dose-response curve. Interestingly, AT-121 does not appear to be reinforcing as displayed by similar reinforcing strengths between AT-121 and saline in a self-administration task with a progressive-ratio schedule of reinforcement. Moreover, AT-121 pretreatment effectively and selectively attenuated the reinforcing effects of oxycodone but not cocaine and remifentanyl. These observations suggest not only a low abuse liability of AT-121 but also the therapeutic potential of AT-121 for opioid addiction. Unlike heroin, 10 times the analgesic doses of AT-121 do not impair respiratory function, cardiovascular activity, body temperature, motricity and sedation of

monkeys. Finally, chronic administration of AT-121 does not cause physical dependence (3-day chronic exposure), opioid-induced hyperalgesia nor tolerance (30-days repeated administration). The authors of this study hypothesized that the reason why AT-121 induces analgesia without generating the undesired effects of respiratory depression and reinforcement (abuse potential) in primates was due to the activity at NOR. Indeed, NOR agonists potentiate MOR-mediated antinociception without also increasing side-effects (Hu et al. 2010; Cremeans et al. 2012) and can inhibit dopamine release and neurotransmission, which was surmised to account for the lack of reward and incentive salience (Di Giannuario and Pieretti, 2000). For new drug compounds to be considered as analgesic alternatives to opioids, it is necessary that they do not exhibit reinforcing actions after repeated exposure. For example, cebranopadol (GRT6005), a full agonist of NOR and MOR (Linz et al. 2014), is currently tested in clinical trials for acute and chronic pain (Raffa et al. 2017). However, in contrast to AT-121, cebranopadol may be rewarding and possess abuse-liability as it generalized to a morphine discriminative stimulus and displayed a conditioned place preference in rodents (de Guglielmo et al. 2017; Tzschentke et al. 2018). Although, concomitant activation of NOR and MOR in several scenarios appears to be detrimental for analgesia (Tian et al. 1997; Lutfy et al. 2003), the promising attributes of AT-121 speaks to the selective properties of individual ligands activating MOR receptors. Another agonist with dual mode of action, prolonged-release Tapentadol<sup>®</sup> is an FDA- and European Union-approved MOR agonist and noradrenaline reuptake inhibitor prescribed for the treatment of moderate and severe chronic pain in adults (Dart et al. 2015; Deeks 2018). The use of Tapentadol<sup>®</sup> may be a reasonable treatment for chronic pain treatment as it was reported to be effective in relieving moderate to severe musculoskeletal pain for up to 2 years of treatment, yet no tolerance and minimal withdrawal symptoms were reported (Buynak et al. 2015; Deeks 2018). Overall, bifunctional NOR/MOR agonists or other ligands with dual mode of action should be developed and considered as alternatives to long-term opioids therapy with opioids such as oxycodone.

The development of novel MOR agonists is another alternative with encouraging therapeutic potential. For example, the novel synthetic opioid manufactured by the pharmaceutical company Trevena, Olinvyk, which is the brand name for TRV-130 or oliceridine (based on agonist bias for G-protein as opposed to arrestin signaling efficacy), has just been approved recently on August 7 2020, by the FDA for the intravenous treatment of moderate to severe acute pain in adults<sup>24,25</sup>. It is expected to be available in the fourth quarter of 2020. The approval for Olinvyk was based on positive results from three phase III clinical trials (Bergese et al. 2019; Viscusi et al. 2019; Singla et al. 2019) conducted over 1,500<sup>27</sup> patients with moderate to severe acute pain. Two of these phase III clinical trials (randomized, placebo and active-controlled), APOLLO-1 and APOLLO-2, demonstrated that oliceridine has a rapid analgesic efficacy statistically significant compared to placebo and is safe for the

<sup>24</sup>Olinvyk<sup>™</sup> is now approved. Trevena. <https://olinvyk.com/>. Accessed 14 September 2020

<sup>25</sup>FDA (2020) FDA Approves New Opioid for Intravenous Use in Hospitals, Other Controlled Clinical Settings. <https://www.fda.gov/news-events/press-announcements/fda-approves-new-opioid-intravenous-use-hospitals-other-controlled-clinical-settings>. Accessed 14 September 2020

<sup>27</sup>Nektar Therapeutics (2020) Nektar Issues Statement Regarding FDA Advisory Committee Vote for Oxycodone. Nektar. <https://ir.nektar.com/news-releases/news-release-details/nektar-issues-statement-regarding-fda-advisory-committee-vote>. Accessed 24 June 2020

intravenous relief of moderate to severe acute postoperative pain in 418 patients following bunionectomy (Viscusi et al. 2019) and in 401 patients undergoing abdominoplasty (Singla et al. 2019). Oliceridine had the advantage of being as potent and efficacious as morphine and presented fewer side effects (Viscusi et al. 2016). Indeed, the number of patients experiencing nausea or vomiting after abdominoplasty postoperative treatment was lower with the two equianalgesic dose regimens of 0.35 and 0.5 mg intravenous oliceridine compared to morphine (Singla et al. 2019). The third phase III clinical trial, a large, open-label safety study called ATHENA, concluded that Olinvyk was safe and well-tolerated in a “broad, real-world patient population” with various types of painful medical conditions, including postoperative surgical patients and non-surgical patients (Bergese et al. 2019). More than just lowering the incidence of nausea, vomiting, and constipation, oliceridine seems to generate less respiratory depression than morphine, though the published data on this is controversial as to related to signaling bias (Kliweret al. 2020) and unconvincing in the published clinical data. An improved respiratory profile would of course represent a significant advantage for the use of oliceridine over morphine. The reduced occurrence of adverse effects has been proposed to reflect oliceridine’s selective activation of the G-protein–coupled signaling pathway with potency and efficacy similar to that of morphine, but with decreased activation of the  $\beta$ -arrestin pathway and receptor internalization (Dahan et al. 2020). Despite these encouraging observations on oliceridine analgesic efficacy and safety, repeated administration of oliceridine or TRV-130 retained abuse liability in a rodent model (Altarifi et al. 2017). Therefore, the FDA restricted its prescription to moderate to severe acute pain in adults “where the pain is severe enough to require an intravenous opioid and for whom alternative treatments are inadequate”<sup>26</sup>. Olinvyk is indicated for high-risk patients, such as elderly, obese, renally impaired and/or co-morbid, in short-term hospitals or other controlled clinical settings use<sup>28</sup> (Bergese et al. 2019). In contrast to Olinvyk, the abuse-deterrent NKRT-181 (oxycodogel) (Kopruszinski et al. 2020), another novel MOR agonist under evaluation in human clinical trials for the intravenous treatment of severe acute pain, was not approved by the FDA. There have been indeed concerns about the benefit of the drug not exceeding the risk<sup>27</sup>. The NKRT-181 is composed of a morphinan structure covalently bound to a polyethylene glycol oligomer and was designed to slow rate of entry into the central nervous system to decrease abuse liability without affecting the analgesic properties (Miyazaki et al. 2017; Webster et al. 2018). Despite the slow onset of antinociception, NKTR-181 has similar efficacy to morphine (Kopruszinski et al. 2020). Oral tablets of NKTR-181 was studied in Phase III for patients with moderate to severe chronic low back pain (Markman et al. 2019) and in Phase II for patients with osteoarthritis knee pain<sup>28</sup>. The phase III clinical trial of NKTR-181, in patients with chronic low-back pain, reported that NKTR-181 displayed low potential for opioid withdrawal and abuse liability almost similar to that of placebo (Markman et al. 2019). Despite the encouraging results, Nektar decided to withdraw NKTR-181 marketing application because of

<sup>26</sup>FDA (2020) FDA Approves New Opioid for Intravenous Use in Hospitals, Other Controlled Clinical Settings. <https://www.fda.gov/news-events/press-announcements/fda-approves-new-opioid-intravenous-use-hospitals-other-controlled-clinical-settings>. Accessed 14 September 2020

<sup>28</sup>Nektar Therapeutics (2013) Nektar Announces Preliminary Topline Results from Phase 2 Efficacy Study for NKTR-181 in Chronic Pain Patients with Osteoarthritis of the Knee. Nektar. <https://ir.nektar.com/news-releases/news-release-details/nektar-announces-preliminary-topline-results-phase-2-efficacy#>. Accessed 24 June 2020

insufficient evidences determining the possible abuse when snorted or injected, and the potential for liver toxicity<sup>29,30</sup>.

### Abuse-Deterrent Formulations of Oxycodone and Other Opioids

While research is focusing on exploring new alternatives to oxycodone or opioids in general, one of the strategies encouraged by the White House Executive Office and numerous federal agencies, including the FDA, is to promote the development of abuse-deterrent formulations (ADF) for oral administration<sup>31</sup>. As we stated previously, orally prescribed oxycodone leads to diversion for illegal abuse, and ADF technologies aim at stopping the diversion, reducing abuse and overdose of orally prescribed opioids by providing physical and chemical barriers (Adler and Mallick-Searle, 2018; Litman et al. 2018). There are now ten oral opioid formulations that were granted abuse-deterrent labeling by the FDA (Litman et al. 2018). Five of them are extended release reformulation of oxycodone, including ADF extended release OxyContin<sup>®</sup> in 2013. Intranasal administration was found to be a route preferred among illicit users for the delivery of opioids, including oxycodone (Cone et al. 2013; Osgood et al. 2012). The ADF extended release OxyContin<sup>®</sup> tablet is coated with high-molecular-weight polyethylene oxide that hinders tablet crushing into powder and prevents access to the active drug. If a liquid is added to the pill, it turns into a gel making it difficult to inject or inhale. With the abuse-deterrent Oxycontin<sup>®</sup>, the intranasal oxycodone abuse potential was reported to be lower (Harris et al. 2014). The second available oxycodone extended formulation, Xtampza<sup>®</sup> ER, received ADF labeling for the intravenous, nasal, and oral routes of administration in 2016. Xtampza<sup>®</sup> ER, also called oxycodone DETERx<sup>®</sup>, are microsphere-in-capsules made from the combination of the active oxycodone base with inactive ingredients conferring resistance to crushing, chewing, heating and dissolving<sup>32</sup>. Approved in 2016 for the intravenous, nasal, and oral routes, but not available in the United States, Troxyca<sup>®</sup> ER capsules contains pellets of oxycodone surrounding an isolated naltrexone core<sup>33</sup>. When taken orally, the naltrexone remains sequestered and the patient will experience pain relief from the extended release oxycodone. If the capsule is crushed or chewed, the naltrexone will be released and will block the pharmacological effects of oxycodone (Litman et al. 2018). Both Xtampza<sup>®</sup> ER and Troxyca<sup>®</sup> ER have an advantage in patients with difficulty swallowing because they can be sprinkled on food. Targiniq<sup>®</sup> ER is another combination agonist/antagonist ADF approved by the FDA in 2014 and received the labeling for the intravenous and nasal routes. Targiniq<sup>®</sup> ER tablets contain oxycodone surrounding naloxone in a 2:1 ratio (Alexander et al. 2014) and are coated by the same PEO barrier as the reformulated OxyContin<sup>®</sup> ER. Naloxone low oral bioavailability does not interfere with oral Targiniq<sup>®</sup> ER-induced analgesia. However, naloxone will exhibit opioid

<sup>29</sup>FirstWord Pharma. FDA panel rejects Nektar's opioid analgesic NKTR-181 citing safety concerns, lack of data. <https://m.firstwordpharma.com/fda-panel-rejects-nektars-opioid-analgesic-nktr-181-citing-safety-concerns-lack-data>. Accessed 24 June 2020

<sup>30</sup>FDA (2020) FDA Briefing Document, Joint Meeting of the Anesthetic and Analgesic Drug Products Advisory Committee and the Drug Safety and Risk Management Advisory Committee, January 14, 2020. <https://www.fda.gov/media/134082/download>. Accessed 24 June 2020

<sup>31</sup>The White House (2017) The president's commission on combatting drug addiction and the opioid crisis. Office of National Drug Control Policy USA: National Drug Control Strategy. [https://www.whitehouse.gov/sites/whitehouse.gov/files/images/Final\\_Report\\_Draft\\_11-15-2017.pdf](https://www.whitehouse.gov/sites/whitehouse.gov/files/images/Final_Report_Draft_11-15-2017.pdf). Accessed 24 June 2020

<sup>32</sup>Collegium Pharmaceutical Inc (2020) Xtampza<sup>®</sup> ER. Collegium Pharmaceutical. <http://www.collegiumpharma.com/technology/overview>. Accessed 24 June 2020

<sup>33</sup>Pfizer Inc (2017) TROXYCA ER- oxycodone hydrochloride and naltrexone hydrochloride capsule, extended release. Physician prescribing information. Pfizer. <http://labeling.pfizer.com/ShowLabeling.aspx?id=4047>. Accessed 24 June 2020

antagonism with nasal or intravenous administration (Smith et al. 2012) and the polyethylene oxide barrier provides resistance to crushing and solubilization. Finally, another ADF of oxycodone RoxyBond<sup>®</sup>, the only immediate release of oxycodone available, was approved in 2017. When RoxyBond<sup>®</sup> tablet is crushed, a layer of xanthan gum and hypromellose will absorb the oxycodone, which prevents its release into the bloodstream (Maincent and Zhang 2016). Both Targiniq<sup>®</sup> ER and RoxyBond<sup>®</sup> have received the ADF labelling for the intravenous and nasal routes, but are not marketed in the United States. Hysingla<sup>®</sup> ER and Vantrela<sup>®</sup> ER are both approved ADFs of hydrocodone. Embeda<sup>®</sup>, MorphaBond<sup>®</sup> ER and Arymo<sup>®</sup> ER are morphine extended release formulations. A lot of effort has been mobilized to develop opioid ADF, as illustrated by a recent rejection by the FDA of a new extended-release ADF of oxycodone, Aximris XR<sup>™</sup>, designed by the pharmaceutical company, Intellipharma<sup>®</sup> 34,35. Nonetheless, the efficacy of these ADFs to reduce opioid abuse remains questionable, as it is unknown if it will lead to transition to heroin use. An estimate of 80% of the three-fold increase in heroin mortality since 2010 has been attributed to the OxyContin<sup>®</sup> reformulation<sup>36</sup> and priming for opioid misuse. Finally, the ADF does not address the problem of patients receiving long-term opioid treatment for chronic pain since they still develop dependence, opponent processes, misuse and abuse disorder.

## Conclusion

The prescription drug abuse epidemic in the United States and other westernized countries has had a significant impact on morbidity and mortality. Opioid overdoses continue to rise despite many attempts to curb the epidemic, such as increased regulations, monitoring, and a much-needed emphasis on safe opioid prescribing. It is important to emphasize that pain continues to be one of the leading causes of distress and morbidity due to negative affect in our population and the conundrum of effective treatment of pain, while minimizing opioid prescription abuse, is a major challenge that remains unresolved. Here we have provided evidence of inter-opioid drug differences, comparing oxycodone to other opioid analgesics, which could contribute to diverse reporting of likeability and cravings; qualities that contribute to the development of substance use disorders. Although there are individual differences in the propensity to develop a substance use disorder, the reality of the widespread abuse of prescription opioid analgesics makes it imperative to understand the extent opioid choice affects these outcomes. Here we have highlighted potential mechanisms making it more efficacious in coupling to various signaling cascades recruited to produce their cellular effects. Clearly, drug choice and compliance are an important factor in pain treatment, but prescribing choice must take into account the high rating of abuse risk of immediate release oxycodone compared to other opioid prescription medications (Butler et al. 2011). Nevertheless, no opioid analgesic is without risk of misuse, abuse and addiction. It

<sup>34</sup>FDA (2020) FDA Briefing Document Joint Meeting of Anesthetic and Analgesic Drug Products Advisory Committee and Drug Safety and Risk Management Advisory Committee January 15, 2020. <https://www.fda.gov/advisory-committees/advisory-committee-calendar/january-15-2020-joint-meeting-anesthetic-and-analgesic-drug-products-advisory-committee-and-drug> and <https://www.fda.gov/media/134150/download>. Accessed 04 April 2020

<sup>35</sup>Intellipharma<sup>®</sup> (2020) <https://www.intellipharma.com/news-media/press-releases/detail/217/intellipharma-provides-update-on-fda-advisory>. Accessed 24 June 2020

<sup>36</sup>Alpert A, Powell D, Pacula RL (2017) Supply-side drug policy in the presence of substitutes: Evidence from the introduction of abuse-deterrent opioid. The national bureau of economic research. <http://www.nber.org/papers/w23031>. Accessed 24 June 2020



is with optimism that advances in our understanding of agonist-receptor interactions and cellular signaling will help identify new improved analgesic drugs with minimal life-threatening consequences.

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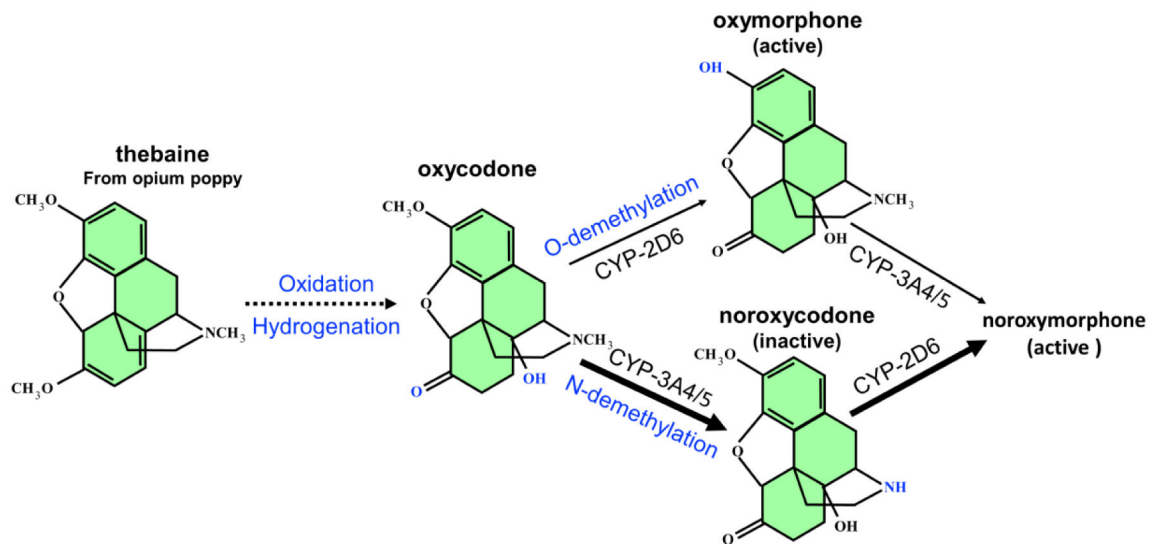


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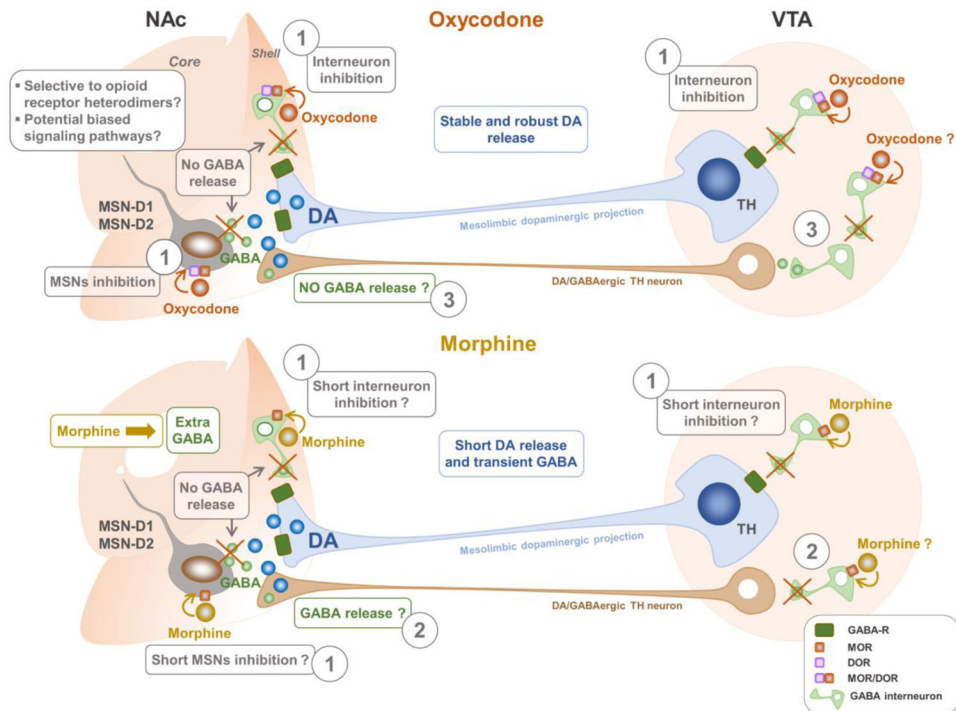
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Pharmacological Characterization of Noroxymorphone as a New Opioid for Spinal Analgesia  
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**Fig. 1. Metabolism of thebaine and oxycodone.**

Oxycodone is derived from thebaine and is metabolized in humans by hepatic cytochrome P450 (CYP) isoenzymes into three major metabolites. Oxycodone is either N-demethylated by the cytochrome P450 CYP-3A4/5 to noroxycodone or O-demethylated by CYP-2D6 to oxymorphone. Then, oxymorphone is converted into noroxymorphone by CYP-3A4/5 (Lemberg et al. 2008).

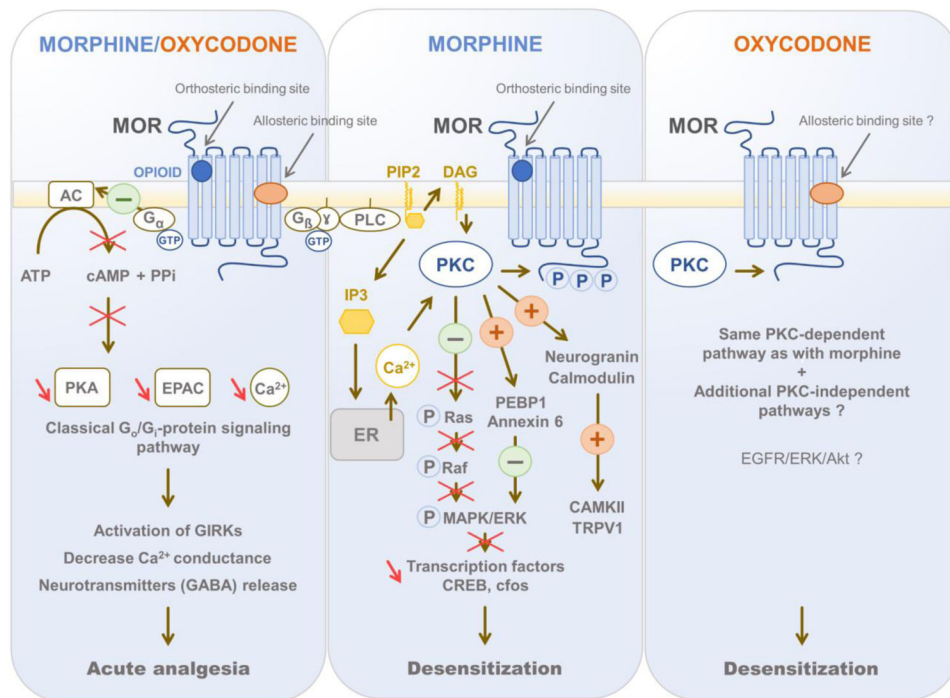


**Fig. 2. Action of oxycodone and morphine on potential GABAergic neurons responsible for the difference in the extracellular dopamine (DA) within the reward system.**

Oxycodone and morphine provoke distinct changes in DA release in the nucleus accumbens (NAc) that could potentially explain drug users' selective preference for oxycodone over other opioids (Vander Weele et al. 2014). Intravenous infusion of oxycodone leads to greater global and phasic releases of DA in the NAc (especially in the shell), while morphine causes a short-lived DA release coupled to transient GABA release within the same structure (Vander Weele et al. 2014). Dopaminergic neurons of the mesolimbic pathway project from the VTA in the midbrain onto the GABAergic inhibitory medium spiny neurons (MSNs) in the NAc (Malenka et al. 2009; Ikemoto et al. 2010; Yager et al. 2015; Morales and Margolis 2017). These MSNs represent 95% of the striatum and express the D1 and/or D2 dopaminergic receptors (Kemp and Powell 1971; Yager et al. 2015; Morales and Margolis 2017). Besides DA, GABA is one of the principal neurotransmitters that mediate reward signaling within the NAc (Meredith et al. 1992; Shirayama et al. 2006). Terminals of dopaminergic neurons in the NAc from the VTA are presumed to express GABA receptors through which GABA released from the MSNs may induce tonic inhibition (Yang et al. 2018). MOR has been shown to be expressed on MSNs (Svingos et al. 1999; Shippenberg et al. 2008) and in an undetermined subset of GABAergic neurons within the mouse NAc (Ford et al. 2006; Margolis et al. 2012, 2014; Hinkle et al. 2019). Several lines of indirect functional evidence support the presence of MOR on GABAergic neurons in the VTA (Margolis et al. 2014). As posits the canonical model, opioids induce reward by disinhibiting VTA and NAc dopaminergic neurons through inhibition of GABAergic inputs (Johnson and North 1992; Labouèbe et al. 2007; Barrot et al. 2012; Bourdy and Barrot 2012; Margolis et al. 2012). Therefore, oxycodone may cause robust and stable DA release by decreasing the excitability of GABAergic MSNs (see **label 1** on the figure), thus blocking their potential



tonic inhibitory action on the DA terminals in the NAc. Oxycodone may also inhibit other NAc interneurons that innervate directly the dopaminergic terminals (**label 1**) and the GABAergic inputs on these dopaminergic neurons in the VTA (**label 1**). As our unpublished data suggest, the robust and stable increase in global and phasic releases of DA in the presence of oxycodone might involve the selective stimulation of putative opioid receptor heterodimers or potentially different signaling cascades compared to morphine. The morphine-dependent short-lived DA response could be caused by the additional surge of GABA release following morphine. One hypothesis for the transient rise of GABA is that inhibition of GABAergic neurons by morphine could be short-lived compared to oxycodone, thus leading to a brief inhibition of GABA release (bottom figure). However, this needs to be demonstrated. The surplus of GABA could also be secreted by VTA DA/GABAergic TH-expressing neurons that project to the NAc (**labels 2 and 3**). We speculate that these latter neurons could be activated to release GABA via disinhibition by morphine (**label 2**), whereas they would be inhibited in the presence of oxycodone via a potential selective agonist action on opioid receptor heterodimers-expressing GABAergic neurons (**label 3**).



**Fig. 3. Potential biased signaling of oxycodone and morphine.**

Opioid receptors are both pre- and post-synaptic and are coupled to the  $G_i/G_o$  proteins. In contrast to morphine, oxycodone is speculated in this review to interact with sodium ( $Na^+$ ) allosteric sites on the mu opioid-receptor (MOR) and to act as an “efficacy-switch” in the receptor signal transduction. In acute pain conditions, the activation of MOR by either morphine or oxycodone triggers the classical intracellular  $G_i/G_o$ -protein signaling pathway that leads to analgesia (Law et al. 2000; Williams et al. 2013; Pena et al. 2018) and the Protein Kinase C (PKC)-mediated signaling pathway that is responsible for the receptor desensitization. The classical  $G_o/G_i$ -protein signaling pathway has already been extensively described in the literature: it leads to (1) the inhibition of the adenylyl cyclase (AC)/cyclic AMP (cAMP)/ protein kinase A (PKA) or the exchange protein directly activated by cAMP (EPAC) pathways (Pena et al. 2018), (2) the stimulation of G protein-couple inwardly-rectifying potassium channels (GIRKs) and (3) the inhibition of voltage-gated calcium channels ( $Ca^{2+}$  conductance) causing a decreased neurotransmitter release from the pre-synaptic nerve terminal. After receptor activation, there is a progressive reduction in signal transduction which corresponds to MOR desensitization (Williams et al. 2013). MOR desensitization by morphine and oxycodone is mainly PKC-dependent as it minimally engages GRK- $\beta$ -arrestin regulation like fentanyl (Chu et al. 2010; Zheng et al. 2011). However, unlike morphine, we hypothesize that oxycodone requires other pathways in addition to that of PKC to induce MOR desensitization. These potential additional PKC-independent pathways need to be determined, although specific signal transduction activated by oxycodone has already been demonstrated, such as the Epithelial growth factor receptor (EGFR)/ERK/Akt pathway in the context of oxidative stress (Yu et al. 2020). The mechanism by which PKC mediates morphine- and oxycodone-promoted MOR desensitization is still not clear. Strong evidences suggest that morphine induces MOR

desensitization through low level of receptor phosphorylation and activation of PKC $\alpha$ ,  $\gamma$  and  $\epsilon$  to induce ERK phosphorylation and tolerance (Smith et al. 2003; Song et al. 2010; Zheng et al. 2011). After MOR activation, PKC can be stimulated by second messengers such as DAG and calcium made available thanks to PLC activation by GB $\beta,\gamma$  subunit, non-coupled tyrosine kinases, or small G protein (Pena et al. 2018). Many substrates of PKC have been proposed including Phosphatidylethanolamine-binding protein 1 (PEBP1) which inhibits the MAPK/ERK pathway, scaffold proteins such as annexin 6 which also inhibits ERK activation, neurogranin and calmodulin whose stimulation by PKC leads to activation of CAMKII and TRPV1. These PKC-signaling cascades of events are involved in the development of tolerance both in the spinal cord and the nucleus accumbens (NAc) (Song et al. 2010). PKC has also an important role in inhibition of receptor recycling (Bailey et al. 2006; Halls et al. 2016).