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Endosome motility defects revealed at super-resolution in live cells using HIDE probes

Aarushi Gupta¹, Felix Rivera-Molina², Zhiqun Xi², Derek Toomre^{2,*}, Alanna Schepartz^{1,3,4,*}

¹Department of Chemistry, Yale University, New Haven, CT 06520, USA

²Department of Cell Biology, Yale University School of Medicine, New Haven, CT 06510, USA

³Department of Molecular, Cellular, and Developmental Biology, Yale University, New Haven, CT 06520, USA

⁴Current address: Department of Chemistry, University of California, Berkeley, CA 94720, USA

Abstract

We report new lipid-based, high-density, environmentally sensitive (HIDE) probes that accurately and selectively image endo-lysosomes and their dynamics at super-resolution for extended times. Treatment of live cells with the small molecules DiIC₁₆TCO or DiIC₁₆TCO followed by *in situ* tetrazine ligation reaction with the silicon-rhodamine dye SiR-Tz generates the HIDE probes DiIC₁₆-SiR and DiIC₁₆-SiR in the endo-lysosomal membrane. These new probes support the acquisition of super-resolution videos of organelle dynamics in primary cells for more than 7 minutes with no detectable change in endosome structure or function. Using DiIC₁₆-SiR and DiIC₁₆-SiR, we describe the first direct evidence of endosome motility defects in cells from patients with Niemann-Pick Type-C disease. In wild-type fibroblasts, the probes reveal distinct but rare inter-endosome kiss-and-run events that cannot be observed using confocal methods. Our results shed new light on the role of NPC1 in organelle motility and cholesterol trafficking.

Introduction

Endosomes are challenging to visualize because they are small – typically less than 200 nm in diameter⁵ – and dynamic. As a result, observing endosomes as discrete objects demands super-resolution methods that are compatible with live cells, such as structured illumination (SIM)⁶, stochastic optical reconstruction (STORM)⁷, and stimulated emission depletion (STED)⁸ microscopy. Visualizing endosome dynamics using either STORM or STED for more than 3 minutes is currently not possible, as even highly resistant fluorophores photobleach rapidly under the conditions required for these experiments⁶. SIM has been used to

Competing Interests

The authors declare no competing interests.

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^{*}Authors to whom correspondence should be addressed: schepartz@berkeley.edu and derek.toomre@yale.edu. Author Contributions

A.G., D.T. and A.S. conceived the project; A.G., F.R.-M, Z.X., D.T. and A.S. designed experiments; A.G. and F.R.-M. performed imaging experiments; A.G. designed and synthesized DiIC₁₆TCO and DiIC₁₆TCO; A.G., F.R.-M., and Z.X. prepared HeLa and fibroblast samples for microscopy; A.G. and A.S. wrote the manuscript.

image endosomes for over 3 minutes, but the resolution possible with this technique (> 100 nm)⁹ is insufficient to reliably differentiate individual endosomes. Quantifying endosome dynamics is even more challenging, as doing so requires the combination of high temporal resolution (> 1 frame/sec)¹⁰, deep cell penetration to visualize the critical perinuclear region¹¹, and high spatial resolution to differentiate individual endosomes from within a densely packed array⁶. While each of these essential elements has been demonstrated individually to varying degrees of success^{6, 10, 11}, all three are needed simultaneously to capture and rigorously quantify endosome motility and understand its connection to normal cell function and disease.

A large number of neurodegenerative endo-lysosomal storage disorders, including Niemann-Pick, Gauchers, and Tay-Sachs disease ^{12,13} are characterized by aberrant endosome motility. Lysosomal storage disorders typically result from inborn errors of metabolism that delete, inactivate, or deplete an enzyme, often one involved in lipid processing, that is critical for late endo-lysosomal function. The end result is impaired lipid trafficking and the toxic accumulation of lipids, including cholesterol and glycosphingolipids, which manifests as neurologic disease ¹³. In the case of Niemann-Pick C disease (NPD), loss of function of the lysosomal transmembrane proteins NPC1 or NPC2 cause cholesterol to accumulate in the late endosomal lumen ¹⁴. Although the precise mechanism is debated ^{15–18}, the absence of cholesterol trafficking by NPC1 leads eventually to neurodegeneration, hepatosplenomegaly, and premature death.

NPC1 is a large protein (1251 residues) and over 380 NPC1 mutations induce cholesterol accumulation and present as Niemann-Pick C disease in patients (https://ghr.nlm.nih.gov/ gene/NPC1#resources). These cellular effects of these mutations are typically characterized using conjugated polyene macrolides known as filipins, which bind cholesterol and provide a fluorescent read-out of cholesterol accumulation ¹⁹. Some NPC1 mutations (such as I1061T) lead to cholesterol accumulation by inducing NPC1 mis-folding in the ER and subsequent degradation so that little intact protein reaches the endo-lysosome²⁰. Others, such as R404O, affect the interaction of NPC1 with NPC2 and thus the export of LDLderived cholesterol²¹. Still other mutations (such as 1920delG) have no obvious effects on disease²². It has been impossible thus far to directly correlate cholesterol accumulation with endo-lysosome motility and disease severity in NPC1 mutant cells because there were no tools available to quantify organelle dynamics across multiple mutant cell lines. As a result, the cholesterol accumulation phenotype found in NPD patient cells is often induced in cultured cells using small molecule NPC1 inhibitors²³ such as U18666A and the endosomes visualized by fusing a late endosome-resident protein to a fluorescent protein such as GFP or YFP^{24–26}. These studies have led to the widely held view that cholesterol accumulation and aberrant endosome motility are directly correlated²⁷, but this relationship has never been tested in cells that express endogenous levels of NPD-relevant proteins.

Previous work has shown that organelles such as the Golgi, ER, mitochondria, and plasma membrane can be visualized at super-resolution for extended times using 'HIDE' (High-Density Environmentally sensitive) probes²⁸. HIDE probes consist of an organelle-specific lipid or lipid-like small molecule that is linked *in cellulo* with a STED- or single molecule switching (SMS)-appropriate silicon rhodamine (SiR) dye²⁹. When the linkage localizes the

SiR dye to within an organelle membrane, dye photostability is enhanced by up to 50-fold³⁰. This increase in photostability facilitates the acquisition of exceedingly long time-lapse images at the nanoscale^{31, 32}. In this contribution, we expand the HIDE toolbox^{29, 30} to include two new lipid-like small molecules, DiIC₁₆TCO (1) and DiIC₁₆'TCO (2), which were modified to carry a reactive trans-cyclooctene moiety (Figure 1a). When conjugated in cellulo with a SiR dye carrying a tetrazine reaction partner (SiR-Tz (3), Figure 1b), the resultant HIDE probes support the acquisition of long time-lapse, super-resolution images of late endo-lysosomes and a quantitative analysis of their dynamics. Unlike previously reported super-resolution probes for late endo-lysosomes that rely on large fusion proteins⁶, fixed cells³³, or that fail to support long-term dynamic imaging due to insufficient photostability⁸, the HIDE probes reported here are compatible with primary and hard-totransfect cells, avoid the over-expression of an organelle-specific protein, and engender no detectable change in organelle function. Using these new HIDE probes, we report the first direct evidence of endosome motility defects in cells from patients with Niemann-Pick Type-C disease. We can also visualize distinct kiss-and-run events between endosomes in wild type fibroblasts. These motility defects and examples of inter-organelle communication are opaque when imaged using confocal methods.

Results

Design of late endosome HIDE probes.

Previous work has demonstrated that the commercially available and cell-permeant dialkylindocarbocyanine dye DiIC₁₆(3) (4) localizes effectively and selectively in living cells to late endosomes and lysosomes (but not early endosomes), and its fluorescence allows visualization of these organelles using confocal microscopy (Supplementary Figure 1a, 1b, and 1c). Unfortunately, DiIC₁₆(3) photo-bleaches with a half-life of about 50 seconds under the conditions needed to support STED microscopy (Supplementary Figure 1d). To overcome the limitation imposed by low photostability while preserving the targeting activity of DiIC₁₆(3), we designed a pair of DiIC₁₆(3) analogs that carry a TCO moiety appended to either the aromatic core (DiIC₁₆TCO) or the terminus of a single lipid tail (DiIC₁₆[']TCO) (Figure 1a). We hypothesized that DiIC₁₆TCO and DiIC₁₆[']TCO would remain cell-permeant and localize selectively to late endosomes and lysosomes when added to live cells; addition of SiR-Tz and subsequent tetrazine ligation would generate the HIDE probes DiIC₁₆-SiR and DiIC₁₆'-SiR, respectively (Supplementary Figure 1e) and localize the photostable and red-shifted silicon rhodamine dye within the late endosomal membrane. Previous work suggests that in this environment, DiIC₁₆-SiR and DiIC₁₆'-SiR would support long time-lapse imaging of the late endo-lysosomal membrane by STED microscopy. DiIC₁₆TCO and DiIC₁₆TCO were synthesized (Supplementary Note) and the rate of their reaction with SiR-Tz studied in vitro (Supplementary Figure 1f); we also characterized the absorption and emission of the resultant HIDE probes DiIC₁₆-SiR and DiIC₁₆'-SiR (Supplementary Figure 1g and 1h). The kinetic studies confirmed that the rate of the tetrazine ligation reaction between DiIC₁₆TCO and SiR-Tz in vitro was extremely rapid, with a reaction half-life of 23 ± 4.5 s ($k_2 = 605 \pm 78$ M⁻¹ s⁻¹). This value agrees well with previously reported values for analogous reactions³⁴.

DilC₁₆-SiR and DilC₁₆'-SiR localize to endolysosomes.

To test these hypotheses, we first used confocal microscopy to quantify the extent to which DiIC₁₆-SiR and DiIC₁₆'-SiR, assembled in cellulo, would colocalize with one of three endosomal markers: GFP-Rab5 (early endosomal marker), GFP-Rab7 (late endosomal marker), and GFP-Lamp1 (lysosomal marker). HeLa cells were incubated with 5 μM DiIC₁₆TCO or DiIC₁₆TCO for 1 hour and then with 2 μM SiR-Tz for 10 min to assemble DiIC₁₆-SiR or DiIC₁₆'-SiR; the cells were then visualized using an inverted Zeiss LSM 880 confocal microscope (Figure 2a and Figure 2b). As expected, only low levels of SiR fluorescence were observed in GFP-Rab7-expressing HeLa cells treated with only SiR-Tz (Figure 2a). The average Pearson's Correlation Coefficient (PCC) representing the colocalization of DiIC₁₆-SiR or DiIC₁₆'-SiR with GFP-Rab5 was significantly lower (PCC < 0.2) than that representing the colocalization of DiIC₁₆-SiR or DiIC₁₆'-SiR with GFP-Rab7 and GFP-Lamp1 (PCC > 0.4) (Figure 2b, Figure 2c). There was no significant difference between the PCC value representing colocalization of DiIC₁₆-SiR or DiIC₁₆-SiR with GFP-Rab7 and GFP-Lamp1, which is expected. Moreover, the PCC values we calculate for DiIC₁₆-SiR and DiIC₁₆'-SiR are comparable to those representing the colocalization of DiIC₁₆(3) with the same three endosomal markers (Supplementary Figure 1b and 1c). No intracellular fluorescence due to SiR was observed in HeLa cells treated with the preassembled (but cell-impermeant) HIDE probes DiIC₁₆-SiR or DiIC₁₆'-SiR (Supplementary Figure 2a). No intracellular fluorescence due to SiR was observed when cells expressing GFP-Rab7 were treated with SiR-Tz and DiIC₁₆(3) (Supplementary Figure 2b), or with either DiIC₁₆TCO or DiIC₁₆TCO and SiR-COOH (Supplementary Figure 2c). Based on these results, we conclude that the HIDE probes DiIC₁₆-SiR or DiIC₁₆'-SiR localize selectively to late endosomes and lysosomes.

To further characterize DiIC $_{16}$ -SiR or DiIC $_{16}$ -SiR, we designed a competition experiment to determine the fractional labeling of DiIC $_{16}$ TCO upon addition to cells and subsequent reaction with SiR-Tz. HeLa cells were treated with 5 μ M DiIC $_{16}$ TCO followed by 2 μ M SiR-Tz, as described in Figure 1b and the Online Methods. We then added between 0.5 and 2 μ M BODIPY Fl-Tz to react with the remaining DiIC $_{16}$ TCO (Supplementary Figure 2d) and measured the fluorescence intensity of both SiR and BODIPY-Fl. We then plotted the ratio of BODIPY Fl-Tz and SiR fluorescence intensity as a function of the concentration of added BODIPY Fl-Tz (Supplementary Figure 2e). We observed that the BODIPY/SiR ratio plateaued at [BODIPY Fl-Tz] > 1.5 μ M (Supplementary Figure 2e). This analysis suggests that approximately 1.5 μ M DiIC $_{16}$ TCO remains reactive after treatment with 2 μ M SiR-Tz, implying that the virtually all of the SiR-Tz has been converted to the HIDE probe DiIC $_{16}$ -SiR.

Late endosome HIDE probes do not affect endosomes.

We next sought to verify that the presence of the HIDE probe $DiIC_{16}$ -SiR or $DiIC_{16}$ -SiR had no measurable effect on endosome integrity and did not induce cell death. First, we utilized a galectin-recruitment assay to detect any potential HIDE probe-induced endosomal damage. This assay exploits the fact that damaged endosomes display β -galactosides on their surface that recruit otherwise cytosolic galectin proteins such as hGal3 and hGal8. When these galectin proteins are fused to eGFP, the recruitment of eGFP-hGal3³⁵ and

eGFP-hGal8³⁶ can be visualized easily using confocal microscopy (Figure 3a). As expected, eGFP-hGal3 and eGFP-hGal8 remained cytosolic in untreated HeLa cells but were recruited extensively to endosomal surfaces when the cells were treated with the known endosomolytic agent LLOMe (Figure 3b and Supplementary Figure 3a). No such recruitment was observed when cells were treated with 5 μ M DiIC₁₆TCO or DiIC₁₆TCO and 2 μ M SiR-Tz (Figure 3b), or with higher concentrations of both components, or with DiIC₁₆TCO/DiIC₁₆TCO alone (Supplementary Figure 3b, 3c and 3d). Additionally, no galectin recruitment was observed either before and after irradiation with the excitation and STED depletion laser (Supplementary Figure 3e).

Late endosome HIDE probes are benign to EGFR trafficking.

We next sought to verify that the presence of DiIC₁₆-SiR or DiIC₁₆'-SiR had no measurable effect on endosome function, in particular on the rate of ligand-stimulated trafficking of the Epidermal Growth Factor Receptor (EGFR). HeLa cells over-expressing GFP-Rab7 and SNAP-EGFR were labeled with 1 µM of the cell-impermeant SNAP tag substrate SNAP-Surface 647 and either 5 µM DiIC₁₆TCO or DiIC₁₆, TCO to generate AF647-EGFR (Figure 3c, Supplementary Figure 4a); stimulation with Epidermal Growth Factor (EGF) induces trafficking of AF647-EGFR along the degradative endocytic pathway. The fraction of AF647-positive pixels that are also GFP-positive (Manders' M1 Colocalization Coefficient (MCC)) was used to quantify the trafficking of AF647-EGFR into GFP-Rab7-positive vesicles over 50 minutes (Figure 3d). Without EGF stimulation, the M1 value reflecting the colocalization of AF647-EGFR and GFP-Rab7 remained constant over 50 minutes, indicating negligible trafficking of unstimulated EGFR into Rab7-positive endosomes (Supplementary Figure 4c). By contrast, after EGF treatment, the M1 value increased significantly over the course of 50 minutes and to the same extent regardless of the presence or absence of DiIC₁₆TCO or DiIC₁₆TCO (Figure 3d, Supplementary Figure 4b). Thus, the presence of DiIC₁₆TCO or DiIC₁₆'TCO at the concentration used for super-resolution imaging (vide infra) does not significantly alter the rate of EGFR trafficking into late endosomes characterized by the expression of Rab7. We additionally investigated the effects of sustained incubation of DiIC₁₆-SiR in HeLa cells expressing GFP-Rab7 (Supplementary Figure 4d) and found no change in co-localization of SiR between DiIC₁₆-SiR and GFP-Rab7 or in the SiR signal over 24 hours (Supplementary Figure 4e).

Late endosome HIDE probes are non-toxic.

We also evaluated HIDE probe toxicity using two different methods. HeLa cells labeled with DiIC₁₆TCO and DiIC₁₆TCO continued to divide over 20 hours under continuous irradiation (Supplementary Figure 5a). In addition, the nuclear content of HeLa cells treated overnight with DiIC₁₆-SiR, as assessed by flow cytometry, showed little or no change (Supplementary Figure 5b). Taken as a whole, these diverse control experiments suggest that late endosome HIDE probes have little or no measurable effect on endosome integrity and are non-toxic.

DilC₁₆-SiR enables STED imaging of endosome dynamics.

With the knowledge that $DiIC_{16}$ -SiR and $DiIC_{16}$ -SiR were non-toxic, induced no detectable endosomal damage, and had no effect on the kinetics of EGFR trafficking, we proceeded to evaluate their ability to support long-term STED nanoscopy of late endosomes in live cells

(Figure 4). Here the two probes performed differently; using a Leica SP8 STED microscope, the HIDE probe generated from DiIC $_{16}$ TCO and SiR-Tz could visualize late endosomes for as long as 7 minutes (Supplementary Video 1), whereas images obtained using DiIC $_{16}$ TCO and SiR-Tz lasted for less than 4 minutes (Supplementary Figure 5c, Supplemental Video 2). These differences are readily apparent in a plot of normalized intensity of SiR emission as a function of time; the time required to deplete half of the initial DiIC $_{16}$ -SiR signal was 250 seconds, whereas this time required to deplete half of the DiIC $_{16}$ -SiR signal was less than 100 seconds (Figure 4a). Late endosome images obtained using either HIDE probe lasted significantly longer than those generated by reacting Halo-Rab7 with SiR-CA, which bleached within 40 seconds under STED conditions (Supplementary Figure 5c). Furthermore, using DiIC $_{16}$ TCO and SiR-Tz, late endosomes could be visualized with a resolution of 80 nm, significantly better than 400 nm resolution observed in the diffraction-limited image (Figure 4b and 4c). Endosomes in healthy fibroblasts imaged over the course of 7 minutes by simultaneous STED and confocal had smaller radii (median: 0.178 μ m) by STED than when imaged by confocal (median: 0.260 μ m) (Figure 4d).

Notably, the increase in resolution achieved using STED microscopy and DiIC₁₆-SiR is apparent over the full duration of the video, revealing multiple apparent inter-endosome "kiss-and-run" type events (Figure 4e). "Kiss-and-run" type events provide a portal for transient exchanges between closely juxtaposed endosomes that regulate cargo trafficking; they are exceedingly difficult to visualize due to increased endosomal clustering in the perinuclear region. Indeed, the endosomes visualized using HIDE probes and STED are so close that they appear as a singular blob-like entity when visualized using confocal methods (Figure 4e). Moreover, the dynamic "kiss-and-run" events that we see are rare; they are clearly observed only over the course of long time-lapse (7-minute) STED movies of both HeLa cells and WT fibroblasts (Supplementary Video 1 and Supplementary Video 3).

Visualizing motility defects in NPD patient fibroblasts.

Because HIDE probes are assembled from cell-permeant small molecules, they can visualize organelles in primary cells and cell lines that are difficult to transfect, such as neurons³⁷ and fibroblasts. Probes such as BODIPY-lactosylceramide derivatives that have been used previously to study endosomal trafficking bleach rapidly and are not suitable for live-cell time-lapse microscopy, especially at the nanoscale³⁸. To highlight the versatility of DiIC₁₆-SiR, we used it to characterize differences in endosome motility between normal fibroblasts (GM05399) and those from patients with Niemann-Pick C disease (NPD). We focused on fibroblasts that harbor mutations in NPC1, an integral membrane protein that collaborates with NPC2 to shuttle cholesterol from the late endosome to the endoplasmic reticulum. These fibroblasts include those harboring the common I1061T NPC1 mutation (GM18453, Supplemental Video 4), the heterozygous P237S/I1061T mutation (GM03123, Supplemental Video 5), the R404Q mutation (GM18388, Supplemental Video 6), as well as the silent 1920delG NPC1 mutation (GM23945, Supplemental Video 7). The I1061T and P237S/ I1061T mutations both lead to NPC1 misfolding in the ER^{20, 39}, whereas the R404Q mutation leads to reduced binding of properly folded and localized NPC1 with NPC2²¹. All of these mutations result in cholesterol accumulation in endo-lysosomes, as evaluated using filipin staining^{22, 40}.

NPC1 mutations are believed to cause defects in endosome motility²⁴, but these defects have never been evaluated in fibroblasts using either confocal microscopy or STED. Endosome motility may be quantified by the value of V_{max} , the maximum velocity exhibited by an endosome over the course of its trajectory²⁴. Using the HIDE probe DiIC₁₆-SiR and simultaneous STED and confocal microscopy, we accurately detected individual endosomes in WT fibroblasts (Figure 5a) and monitored their movement over 7 minutes. In healthy fibroblasts, the number of endosomes detected by STED was 50% greater than the number detected using confocal microscopy (Figure 5b). We then proceeded to use STED, DiIC₁₆-SiR, and the tracking software TrackMate to calculate late endosomal V_{max} distributions in WT fibroblasts as well as fibroblasts harboring 1920delG, P237S/I1061T, I1061T, and R404Q mutations in NPC1 (Figure 5c and 5d). We found reduced endosome motility only in cells harboring the mutations P237S/I1061T and I1061T; endosomes in cells harboring the R404Q mutation displayed normal motility (Figure 5d) despite high levels of accumulated cholesterol. As noted previously, P237S/I1061T and I1061T NPC1 mutations result in protein misfolding in the ER and degradation and thus deplete functional NPC1 from the endo-lysosome³⁹, whereas the R404Q mutation leads to reduced binding of NPC1 to NPC2⁴¹. Both types of mutations result in massive levels of cholesterol accumulation as determined by filipin staining¹⁹. Thus, the data implies that cholesterol accumulation per se does not cause reduced endosome motility²⁷, and instead supports the concept that interactions between intact NPC1 and ER-resident proteins (e.g. ORP5) govern endosome-ER contacts⁴² and endosome motility⁴³. Critically, the differences in endosome motility are not seen by confocal microscopy and are only revealed by super-resolution imaging using the HIDE probe DiIC₁₆-SiR (Figure 5d and Supplementary Figure 6a and 6b).

Discussion

Here we report new lipid-based, high-density environmentally sensitive (HIDE) probes that accurately and selectively image late endosomes and their dynamics at super-resolution for extended times. Treatment of live cells with the small molecules DiIC₁₆TCO or DiIC₁₆TCO followed by SiR-Tz and an *in situ* tetrazine ligation reaction generates the HIDE probes DiIC₁₆-SiR and DiIC₁₆-SiR within the late endosomal membrane. In this environment, the probes support the acquisition of super-resolution movies of late endosomes that last for more than 7 minutes. In contrast, movies of late endosomes visualized using SiR-tagged proteins last for only 20 seconds.

The ability to image endosomes at super-resolution for extended times revealed dynamic exchanges between closely juxtaposed endosomes, events that are often referred to as "kiss-and-run" events⁴. Kiss-and-run events are rare, transient interactions between a single endosome and a cluster of endocytic vesicles known as a reserve pool and are facilitated by small (< 50 nm) pores present in the target membrane⁴⁴. Through kiss-and-run fission and fusion events, endosomes direct cellular signaling pathways and exocytosis of various cargo, including catecholamines and neuropeptides⁴⁵. While exocytic "kiss-and-run" events have been visualized previously using confocal methods^{4, 46}, the role of "kiss-and-run" phenomena in perinuclear endosome maturation and cargo trafficking is poorly characterized. With HIDE probes and STED microscopy, we can now resolve previously unrecognized kiss-and-run events that occur within the perinuclear region between single

endosomes and reserve pools, a difficult feat with diffraction-limited microscopy (Figure 4e). This observation suggests that HIDE probes could be used to unravel the factors that dictate kiss-and-run events and illuminate their importance in various lysosome storage disorders like Niemann-Pick disease.

This work also provides new information about the effects of NPC1 mutations on late endosome motility. Previous work on the relationship between endosome motility and NP-D has relied on microscopy experiments performed in model cell lines in which cholesterol accumulation has been induced artificially, either by treating the cells with small molecule NPC1 inhibitors such as U18666A²³ or by genetically manipulating cells to express GFP or YFP fusions to late endosome-resident proteins like NPC1, CD63²⁴, Rab7²⁶, ORP1L⁴⁷ and folate receptor⁴⁸. These fusion proteins are typically over-expressed in cells with inactivating point mutations⁴⁹ or truncation mutations that reduce cholesterol egress from the late endosome⁵⁰, as characterized by filipin staining. The dynamics of these NPD-model endosomes are then analyzed with live-cell confocal microscopy.

Here we characterized endosome dynamics using STED microscopy and HIDE probes in a set of genetically distinct NPC1 patient fibroblasts (Figure 5d). These studies revealed previously unrecognized relationships between endosome motility and different types of NPD-relevant mutations that are evident only upon imaging with STED (Supplementary Figure 6a and 6b). Specifically, endosome motility defects are only seen in fibroblasts harboring NPC1 I1061T or NPC1 P237S/I1061T, but not NPC1 R404Q. As discussed previously, the NPC1 mutations I1061T and NPC1 P237S/I1061T to misfolding and ERassisted protein degradation (ERAD)²⁰. Whereas the R404Q mutation perturbs binding of NPC1 to NPC2²¹, the luminal cholesterol binding protein in the late endosome, with no change in expression or folding. The observation that endosome motility is diminished only when NPC1 is present at low levels suggests a direct role for NPC1 in dictating endosome motility, potentially through endosome-ER interactions mediated by NPC1 and the ERresident protein ORP5 or other proteins. The implementation of these new tools could facilitate large-scale screening to identify small molecules that alter endosome and interendosome dynamics or improve cholesterol export or establish a comprehensive panel of biomarkers for NPC diagnosis and treatment.

Online Methods

DilC₁₆TCO and DilC₁₆TCO Synthesis:

Synthetic procedures are provided in the Supplementary Note.

Materials, reagents, and instrumentation for cell culture and imaging

Cell culture: HeLa cells (ATCC) and NPC fibroblasts (Coriell Cell Repository) were cultured in Dulbecco's modified Eagle medium (DMEM) (Gibco) supplemented with 10% FBS (Sigma-Aldrich), penicillin (100 unit/mL) and streptomycin (100 μ g/mL), BacMam CellLight GFP-Rab5, GFP-Rab7, GFP-Lamp1 reagents (Life Technologies), DiIC₁₆(3) (Life Technologies) and SNAP-Surface-647 (New England Biolabs). All cells were cultured at

37°C in a CO₂/air (5%/95%) incubator. All cells were bona fide lines purchased from ATCC or Coriell and periodically tested for mycoplasma with DNA methods.

Laser-scanning confocal microscopy experiments were performed on an inverted Zeiss LSM 880 laser scanning confocal microscope equipped with a Plan-Apochromat 63x/1.2 NA oil immersion lens and a diode pumped solid-state 488 nm and 561 nm laser as well as a 633 nm argon laser. The day prior to imaging, cells were plated on a 35 mm MatTek dish in DMEM ph(–). For two-component labeling of late endosomes⁵¹, HeLa cells plated on 35 mm MatTek dishes were labeled with 500 μ L of 5 μ M DiIC₁₆·TCO or 500 μ L of 5 μ M DiIC₁₆·TCO in DPBS (Gibco) with 1% BSA for 5 minutes at 37°C. The probe was removed and the cells were incubated in DMEM ph(–) at 37°C for 1 hr. The cells were washed with warm DPBS and incubated with 500 μ L of 2 μ M SiR-Tz in DPBS with 1% casein hydrolysate for 10 minutes at 37°C⁵². The dye solution was replaced with DMEM ph(–) and the cells were incubated for 20 minutes at 37°C. The cells were washed with warm DPBS and imaged in DMEM ph(–).

Colocalization with GFP-Rab proteins and Image analysis

Cells were seeded in eight-well Lab-Tek chambers (Nunc, Thermo Fisher Scientific) at a density of 7×10^3 per well. 6–8 hours post seeding, 2 μ L of CellLight Reagent for either GFP-Rab5 (C10586), GFP-Rab7 (C10588), or GFP-LAMP1 (C10596) were added to the requisite wells and cells were incubated for 16–20 hours at $37^{\circ}C^{51,53}$. Cells were washed 3 times with warm DPBS, labeled with DiIC₁₆TCO or DiIC₁₆TCO and SiR-Tz as described above and imaged by confocal laser scanning microscopy. Specificity for Rab7-positive vesicles⁵⁴ was determined by overlap of SiR-Tz signal with GFP-Rab proteins using the Pearsons' Correlation Coefficient (PCC) for individual cells using the JaCOP plugin on the FIJI software (Fiji is just ImageJ).

Galectin-based Assay for Assessing Endosome Rupture

eGFP-hGal3 and -hGal8 lentiviral particles ⁵⁵ were added to HeLa cells (10% FBS in DMEM, no p/s) plated on eight-well Lab-Tek chambers (Nunc, Thermo Fisher Scientific) at a density of 7×10^3 cells/well. After 16 hours, the cells were washed with warm DPBS three times and labeled with DiIC₁₆TCO/SiR-Tz or DiIC₁₆TCO/SiR-Tz as described preciously and imaged by confocal microscopy. The amount of galectin recruitment was quantified in Fiji; first, a threshold was created that clearly distinguished between punctate fluorescence as ruptured endosome ⁵⁶. The "Analyze Particles" tool was used to quantify the total area of signal that was above the threshold, and this was divided by the total area of the cell to evaluate galectin recruitment. To obtain the Galectin Recruitment Coefficient (GRC), this number was multiplied by 1000.

Spinning-disk confocal microscopy was performed using an Improvision UltraVIEW VoX system (Perkin-Elmer) built around a Nikon Ti-E inverted microscope with an EMCCD Hamamatsu C9100–50 camera, equipped with PlanApo objectives (60Å~ 1.45-NA) and controlled by the Volocity software (Improvision). Green (GFP) and magenta (AF647-EGFR) channels mentioned in the manuscript correspond to the following filters: 527 ± 12

nm, 615 ± 35 nm and 705 ± 45 nm. 3D images with a thickness of 14–15 μ m with 1- μ m step size between each layer were taken. Merged XY planes shown in Supplementary Figure 4.

SNAP-EGFR Trafficking Assay

HeLa cells were electroporated with SNAP-EGFR 57 using the NEPA21 Electroporator (Nepa Gene Co., Ltd), and transduced with GFP-Rab7 (Life Technologies, C10588) two days prior to imaging. Cells expressing SNAP-EGFR 58 and GFP-Rab7 were labeled with DiIC $_{16}$ TCO, DiIC $_{16}$ TCO, or DMSO control for 5 minutes in DPBS with 1% BSA. The probe mixture was replaced with DMEM ph(–) and the cells were allowed to incubate for 15 minutes at 37°C. 1 μ M SNAP-Surface-647 (NEB, S9136S) was added as per the manufacturers protocol. The cells were washed 3x with warm DPBS and incubated in DMEM ph(–) at 37°C for 20 minutes prior to imaging. 2 mL fresh DMEM ph(–) was added to the cells, and cells expressing both SNAP-EGFR and GFP-Rab7 were found. One frame was taken before addition of 100 ng/mL EGF in DMEM and all subsequent stacks were taken after the addition of growth factor.

STED Microscopy

HeLa cells were labeled with DiIC $_{16}$ TCO or DiIC $_{16}$ TCO and SiR-Tz as described above. STED microscopy was performed on a Leica TCS SP8 Gated STED 3x microscope equipped with a tunable pulsed white light laser (460 – 660 nm) for excitation and two HyD detectors for tunable spectral detection. The microscope offers three STED depletion lasers (592 nm, 660 nm, and 775 nm). For all live-cell imaging, the microscope was equipped with a Tokai Hit stage top incubator (model: INUBG2A-GSI) with temperature and CO $_2$ control to maintain an environment of 37°C and 5% CO $_2$. In this work, SiR derivatives were excited at 633 nm (15% power: HeLa cell imaging, Figure 4a; 20% power: fibroblasts, Figure 4e, Figure 5a) and their emission was detected using a HyD detector from 650–737 nm. The 775 nm depletion laser was used for STED microscopy (20% power). Imaging was conducted with a 100x oil immersion objective (HC PL APO 100x/1.40 OIL) at 1000 Hz with 1-line accumulation and bi-directional x-scanning in a $19.38 \, \mu m^2$ field of view (1024×1024 pixels at $18.94 \, \text{nm/pixel}$). Raw microscopy data were Gaussian blurred ($1.0 \, \text{pixels}$) in ImageJ. The FWHM value were obtained by fitting line profiles to a Lorentz distribution using Origin 8.2 (www.originlab.com).

Halo-Rab7 Plasmid Construction and Transfection

A Halo PCR amplified fragment from the pFN23K-Halo plasmid (Promega, G2861) was added on to the N-terminus of the Rab7 sequence using Gibson Assembly (NEB, E2611S). The product was transformed into XL-10 Gold Ultracompetent cells (Agilent) and plated on LB/agar plates with 50 mg/mL kanamycin. Colonies were picked and grown overnight, and plasmids were purified using a Miniprep Kit (Qiagen). DNA sequencing confirmed the identity of the Halo-Rab7 product plasmid. HeLa cells were transfected with the Halo-Rab7 plasmid using FuGene HD (Promega), according to the manufacturer's protocol. The transfected cells were then labeled with 500 μ L of 1 μ M SiR-CA in DPBS with 1% casein hydrolysate for 30 minutes at 37°C. The cells were washed with warm DBPS 3 times and incubated in DMEM ph(–) with 10% FBS for 2 hours at 37°C. After another washing step

with DPBS, the media was replaced with fresh DMEM ph(-) with 10% FBS and imaged by STED.

Labeling and tracking in fibroblasts

Fibroblasts were plated in 35 mm MatTek dishes at 42,000 cells/mL in DMEM ph(–) with 5% LPDS (Alfa Aesar, J65182). Cells were labeled with DiIC $_{16}$ TCO and SiR-Tz as described for HeLa cells 51 , and imaged on the Leica TCS SP8 STED microscope in DMEM ph(–) with 5% LPDS at 37°C and 5% CO $_2$. Endosome motility was measured using the LoG detector on the TrackMate plugin on Fiji 59 . An estimated diameter of 0.5 pixels and a threshold of 0.25 was optimal for endosome tracking in the STED videos obtained. A linking max distance and gap-closing max distance of 0.5 pixels was chosen, with a gap-closing max frame gap of 0.

Data Availability Statement

The materials and data reported in this study are available upon reasonable request from the corresponding author.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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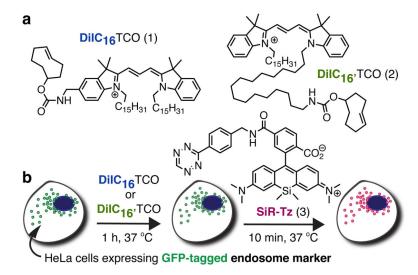


Figure 1. DiIC $_{16}$ -SiR and DiIC $_{16}$ -SiR are new HIDE probes for late endosomal imaging. (a) Structures of DiIC $_{16}$ TCO and DiIC $_{16}$ TCO, which (b) react with SiR-Tz *in cellulo* to generate DiIC $_{16}$ -SiR and DiIC $_{16}$ -SiR. In a typical labeling reaction, HeLa cells are treated with 5 μ M DiIC $_{16}$ TCO or DiIC $_{16}$ TCO for 1 hour, followed by addition of 2 μ M SiR-Tz and a 10 min incubation. Cells are then visualized by confocal and/or STED microscopy.

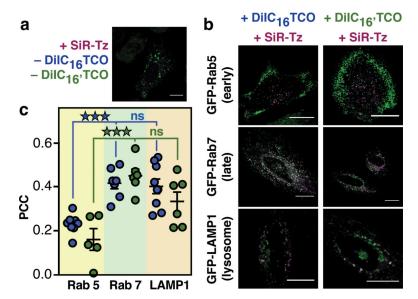


Figure 2. DiIC $_{16}$ -SiR and DiIC $_{16}$ '-SiR selectively label late endosomes. Laser-scanning confocal microscopy of HeLa cells (a) expressing GFP-Rab7 and treated with only SiR-Tz or (b) expressing GFP-Rab5, GFP-Rab7, or Lamp1-GFP and treated with DiIC $_{16}$ TCO or DiIC $_{16}$ 'TCO and SiR-Tz. Scale bars: 20 µm. (c) Average Pearson's correlation coefficient (PCC) representing the colocalization of DiIC $_{16}$ -SiR or DiIC $_{16}$ '-SiR with endosome markers. Data shown are mean \pm s.e.m., n = 7 cells per endosome marker, N = 3 biological replicates, (***p < 0.001 and not significant (ns) for p > 0.05, one-way ANOVA followed by Tukey's multiple comparisons test).

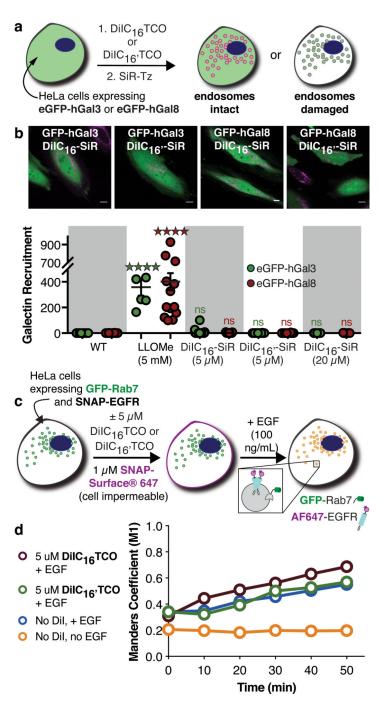


Figure 3. DiIC $_{16}\text{-SiR}$ and DiIC $_{16}\text{'}\text{-SiR}$ do not damage endosomal membranes or alter endocytic trafficking.

(a) Damage to lysosomes and late endosomes can be detected using eGFP-hGal3³⁴ or eGFP-hGal8³⁵. (b) Representative laser-scanning confocal microscopy of HeLa cells expressing eGFP-hGal3 or eGFP-hGal8 and labeled with DiIC₁₆-SiR or DiIC₁₆-SiR (scale bar: 10 μ m). Data shown are mean \pm s.e.m., n = 9 cells, N = 2 replicates (****p < 0.0001 and not significant (ns) for p > 0.05, one-way ANOVA followed by post-hoc Dunnett's test). (c) HeLa cells expressing both SNAP-EGFR and GFP-Rab7 were treated with DiIC₁₆TCO or DiIC₁₆·TCO, SNAP-Surface-647, and EGF, and visualized over 50 min using spinning disk

confocal microscopy. (d) The average Manders M1 correlation coefficient between AF647-EGFR and GFP-Rab7 upon EGF treatment over time is unchanged in the presence of DiIC $_{16}$ TCO and DiIC $_{16}$ TCO. Data shown are average from 2 independent experiments, n = 4 cells per condition per experiment; s.e.m. is 0.238 (not shown). Representative microscopy images in Supplementary Figure 4.

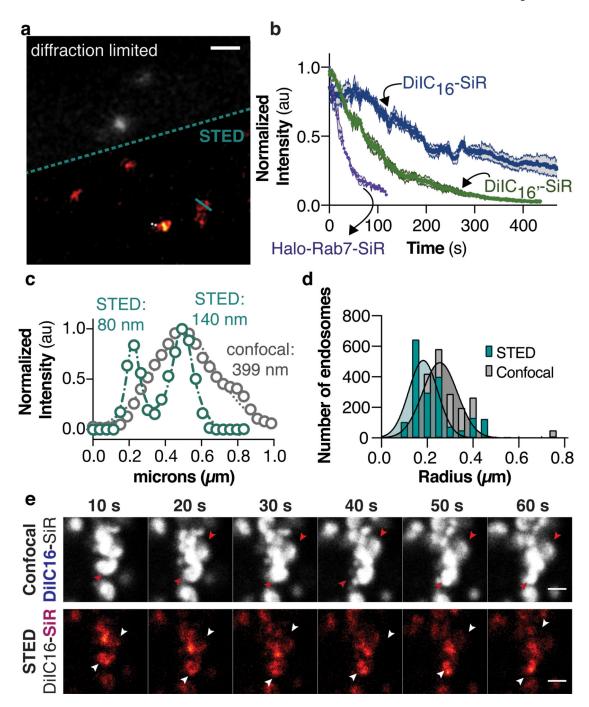
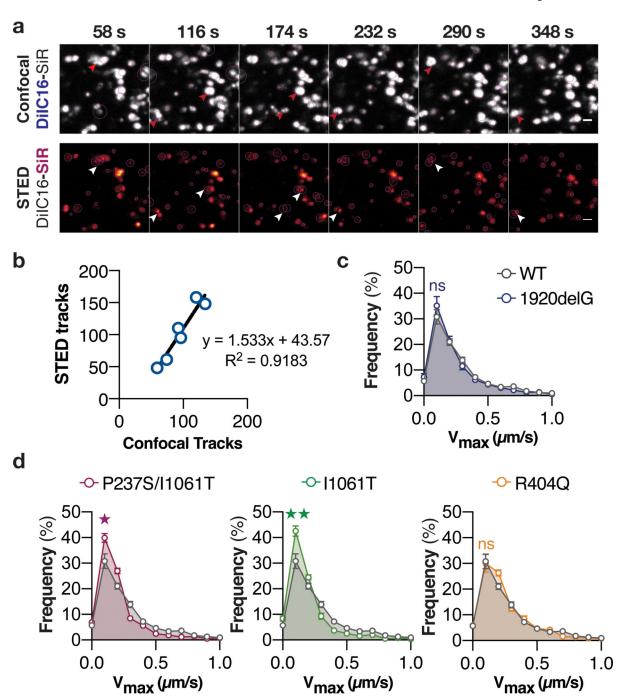


Figure 4. DiIC $_{16}$ -SiR enables long-time lapse STED imaging of rare events in live HeLa cells and fibroblasts.

(a) Comparative STED and confocal microscopy of a HeLa cell labeled with DiIC $_{16}$ -SiR (scale bar: 1 µm). (b) Plot of average normalized fluorescence intensity of cells labeled with Halo-Rab7-SiR, DiIC $_{16}$ -SiR, and DiIC $_{16}$ -SiR when imaged using STED. (Data shown are mean \pm s.e.m., n = 4 cells per condition, N = 3 biological replicates). (c) Plot of normalized fluorescence intensity across the line profile shown (teal) in cells labeled with DiIC $_{16}$ -SiR and visualized using STED or confocal microscopy. The dashed teal and grey lines represent the Lorentzian fits derived from the STED and confocal image, respectively. (d) Particle

detection by the TrackMate plugin of individual endosomes in the same cell imaged by confocal and STED displayed different distributions of particle radii. Endosomes imaged by STED had smaller radii than the same particles imaged by confocal. The particle distributions were then fit to a normal gaussian distribution (shown with shading). (e) Using STED microscopy and DiIC $_{16}$ -SiR, we visualized multiple inter-endosome "kiss-and-run" events that could not be resolved using confocal methods. Representative images from simultaneous confocal and STED microscopy of endosomes in WT fibroblasts. The experiment was repeated 6 times with similar results. Fission/fusion events are identified by white arrows (scale bar: 1 μ m).



 $\label{eq:continuous} \textbf{Figure 5. Endosome Motility defects in Niemann-Pick C disease are only visible with HIDE probes and STED Microscopy.}$

(a) Representative images from simultaneous confocal and STED microscopy of endosomes in WT fibroblasts. The experiment was repeated 6 times with similar results. Scale bar = 1 μ m. (b) There are 53% more tracks detected for endosomes in WT fibroblasts by STED than by confocal. Videos of simultaneous confocal/STED imaging (of various durations) in WT fibroblasts labeled with DiIC₁₆-SiR were analyzed by TrackMate. The number of tracks in both confocal and STED for each cell were plotted against each other, and the positive linear relationship was characterized by least squares fit (n = 6 cells, N = 1 sample). (c) Plots

illustrating the distribution of endosome V_{max} values over 3 minutes in healthy (grey) and NPC1 1920delG (blue) fibroblasts labeled with DiIC $_{16}\text{-}SiR$ and visualized by STED microscopy. (d) Plots illustrating the distribution of endosome V_{max} values over 3 minutes in NPC1 P237S/I1061T (pink), NPC1 I1061T (green) and NPC1 R404Q (yellow) fibroblasts (with comparisons to healthy fibroblasts – grey) labeled with DiIC16-SiR and visualized by STED microscopy. Data shown are mean \pm s.e.m., n = 10 cells per mutant, N = 5 samples. Comparison made between the median V_{max} values from each mutant cell line (***p < 0.001, **p < 0.01, *p < 0.05, and not significant (ns) for p > 0.05, one-way ANOVA followed by Dunnett's multiple comparisons test).