# **UC Davis UC Davis Previously Published Works**

## **Title**

Nebulisation of synthetic lamellar lipids mitigates radiation-induced lung injury in a large animal model.

**Permalink** <https://escholarship.org/uc/item/1g35t2hf>

**Journal** Scientific Reports, 8(1)

## **Authors**

Collie, David Murchison, John Wright, Steven [et al.](https://escholarship.org/uc/item/1g35t2hf#author)

**Publication Date** 2018-09-06

# **DOI**

10.1038/s41598-018-31559-3

Peer reviewed

# SCIENTIFIC REPERTS

Received: 21 May 2018 Accepted: 17 August 2018 Published online: 06 September 2018

# **Nebulisation of synthetic lamellar OPENlipids mitigates radiation-induced lung injury in a large animal model**

**DavidCollie <sup>1</sup>, JohnT. Murchison<sup>2</sup>, Steven H.Wright<sup>1</sup>, Alec McLean<sup>3</sup>, Lynsey Howard<sup>3</sup>, Jorge del-Poz[o](http://orcid.org/0000-0002-9582-1228) <sup>1</sup>, Sionagh Smith<sup>1</sup>, Gerry McLachlan<sup>1</sup>, Jessica Lawrence<sup>1</sup>, Elaine Kay<sup>1</sup>, Tobias Schwarz<sup>1</sup> & Magdalena Parys<sup>1</sup>**

**Methods to protect against radiation-induced lung injury (RILI) will facilitate the development of more efective radio-therapeutic protocols for lung cancer and may provide the means to protect the wider population in the event of a deliberate or accidental nuclear or radiological event. We hypothesised that supplementing lipid membranes through nebulization of synthetic lamellar lipids would mitigate RILI. Following pre-treatment with either nebulised lamellar lipids or saline, anaesthetised sheep were prescribed fractionated radiotherapy (30 Gray (Gy) total dose in fve 6Gy fractions at 3–4 days intervals) to a defned unilateral lung volume. Gross pathology in radio-exposed lung 37 days after the frst radiation treatment was consistent between treatment groups and consisted of deep red congestion evident on the pleural surface and frmness on palpation. Consistent histopathological features in radioexposed lung were subpleural, periarteriolar and peribronchial intra-alveolar oedema, alveolar fbrosis, interstitial pneumonia and type II pneumocyte hyperplasia. The synthetic lamellar lipids abrogated radiation-induced alveolar fbrosis and reduced alpha-smooth muscle actin (ASMA) expression in radioexposed lung compared to saline treated sheep. Administration of synthetic lamellar lipids was also associated with an increased number of cells expressing dendritic cell-lysosomal associated membrane protein throughout the lung.**

Radiation therapy is prescribed in over 50% of patients receiving cancer treatment. Radiation-induced lung injury (RILI), namely pneumonitis and pulmonary fbrosis, can follow radiation treatment to thoracic structures, chest wall, and lower neck, either because lung is part of the target volume or due to its proximity to the tumour target. Pneumonitis follows early after treatment and may be reversible however fibrosis is delayed and irreversible $^{1,2}$  $^{1,2}$  $^{1,2}$  $^{1,2}$  $^{1,2}$ . Rates of RILI can be as high as 70-80% in high dose regions of lung<sup>3</sup>. As there are no reliable predictive models to provide the likelihood or severity of RILI prior to radiation therapy, risk is reduced through dose constraints. Indeed, the risk of developing radiation pneumonitis shapes current recommendations in human planning to minimize the volume of lung receiving 20 Gy (V20) to less than 30%<sup>[4](#page-14-3)-[7](#page-14-4)</sup>. Other factors that contribute to pneumonitis such as age, concurrent chemotherapy and baseline CT findings are difficult to control, thus radiation dose constraints are important when weighing the risk of adverse event[s8](#page-14-5). However, such dose limitation may compromise tumour control. New approaches to mitigate RILI are urgently needed to improve quality of life and long-term outcomes in cancer survivors<sup>9-[14](#page-14-7)</sup>. Such approaches could also serve as a valuable resource for treating mass casualties in the context of a deliberate, or accidental, nuclear or radiological event<sup>15</sup>.

Instantaneous lung tissue injury occurs following exposure to ionising radiation, predominantly resulting in indirect radiation damage from the generation of highly reactive free radicals. Radiation induces DNA base damage, single and double-strand breaks, protein cross-linking and fragmentation, and membrane lipid peroxidation, which leads to both acute alveolar epithelial and endothelial (capillary) damage. Whilst maintaining an intact plasma membrane is essential to osmotic homeostasis and cell survival, its component phospholipids are at particular risk of injury from excessive reactive oxygen species (ROS) generation<sup>[16](#page-14-9)</sup>. Such ROS cause peroxidation of membrane lipids and increase the ionic permeability of the membrane. The energy cost associated with trying

<sup>1</sup>The Roslin Institute and Royal (Dick) School of Veterinary Studies, University of Edinburgh, Edinburgh, United Kingdom. <sup>2</sup> Edinburgh Imaging, College of Medicine and Veterinary Medicine, University of Edinburgh, Edinburgh, Scotland, United Kingdom. <sup>3</sup>Lamellar Biomedical Ltd, Eurocentral, Holytown, Scotland, United Kingdom. Correspondence and requests for materials should be addressed to D.C. (email: [david.collie@ed.ac.uk\)](mailto:david.collie@ed.ac.uk)

to maintain ionic concentration gradients in the face of such altered structure and function can severely deplete cytoplasmic ATP stores, leading to further generation of cellular ROS, and eventual cell death and necrosis.

Surfactant is also susceptible to damage by ROS<sup>17-19</sup>, leading to a decrease in its surface activity as a consequence of alterations to component lipids and proteins. Such damage promotes heterogeneous airway collapse and increased lung stifness, further stressing interspersed areas of normal lung parenchyma and propagating injury and infammation.

Type II pneumocytes are considered a key element in the pathogenesis of RILI<sup>20,21</sup>. Lamellar bodies in type II pneumocyte cells are depleted early afer lung irradiation, a change coupled with increased surfactant levels in alveolar lavage fluid<sup>22</sup>. A reduced rate of surfactant turnover in mice following lung irradiation is noted up to six weeks following exposure<sup>23</sup>.

Surfactant is used to prevent and treat respiratory distress syndrome (RDS) in infants where a primary defciency occurs as a consequence of lung immaturity<sup>24</sup>. Indeed, early administration of surfactant has been shown to suppress serum levels of TGF-β1 when combined with mechanical ventilation, improving treatment efficacy of RD[S25](#page-14-17). In addition surfactant administration has been proposed for ARDS/ALI, where surfactant function is impaired $266$  $266$ . We proposed that the rationale driving surfactant therapy in these instances could apply equally to the administration of synthetic lamellar lipids for mitigating RILI, where pneumocyte injury occurs early. In this study we sought to determine whether synthetic lamellar lipids (LAMELLASOMETM, Lamellar Biomedical Ltd, Bellshill, Scotland, UK) delivered prior to irradiation could reduce RILI in a novel large animal system used to model the efects of radiotherapy on the lung.

#### **Materials and Methods**

**Ethics statement.** Experimental protocols were reviewed and approved by the Roslin Institute Animal Welfare and Ethics Committee. All experiments were performed in accordance with the relevant guidelines and regulations relating to the provisions of the Animals (Scientifc Procedures) Act 1986.

**Animals.** Twelve commercially sourced adult Shetland sheep (bodyweight: 38.5 kg [33.0–43.0] median [range]; 6 female and 6 castrated male) were included in this study. Animals were housed for the duration of the study and otherwise maintained according to the code of practice for the housing and care of animals bred, supplied and used for scientific purposes<sup>27</sup>. The sheep were treated with an anthelminthic before the study began and were randomly allocated to one of two sex-matched treatment groups.

**Experimental design.** In order to confrm the absence of pre-existing pulmonary disease and collect baseline samples against which to judge change within-animals, preliminary baseline examination (BBr1) involving bronchoscopic visualisation, bronchoalveolar lavage and bronchial brush biopsy under gaseous anaesthesia was conducted. Two additional baseline examinations (BBr2 & BBr3) involving bronchial brush biopsy sampling were conducted at fortnightly intervals along with measurements of body weight and rectal temperature. At least two weeks afer the last baseline assessment (BBr3) the sheep were re-anaesthetised to enable acquisition of thoracic computed tomography (CT) images for subsequent radiation treatment planning. Radiation was prescribed to a defined volume of left lung and administered as detailed below. Nebulised synthetic lamellar lipids (LAMELLASOMETM; Lamellar Biomedical Ltd, Bellshill, United Kingdom), or saline aerosol, was administered prior to each radiation treatment as described below. Following the last radiation treatment (t0) sheep were monitored for any evidence of adverse effect. At  $t0+11d$  and  $t0+21d$  the sheep were re-anaesthetised and subjected to bronchial brush biopsy in the same manner as during the preliminary baseline evaluation. At t0 + 23d the sheep were euthanized by overdose of anaesthetic and presented for necropsy examination.

**Aerosol delivery.** Prior to each radiation treatment conscious sheep were restrained in a holding crate to facilitate the placement of a face mask connected to a nebuliser (eFlow rapid nebuliser system, Pari GmbH, Germany). Nebulisation of saline, or LAMELLASOME<sup>TM</sup> (20 mg/ml), was conducted over a 15 minute period and the interval between nebulisation and radiotherapy ranged from 70 to 110mins.

**Anaesthesia.** Induction of anaesthesia was achieved using an intravenous injection of 6–8mg/kg propofol (Fresenius propofol, 1%, Fresenius Kabi Ltd) and thereafer sheep were maintained under isofurane anaesthesia using positive pressure ventilation (Model 708; Harvard Apparatus, Millis, MA).

**Image acquisition and conformal radiation treatment.** Vacuum-formable mattresses facilitated reproducible sternal positioning for thoracic CT scan (Somatom Volume Zoom, Siemens, Germany) and radiation therapy (Linear Accelerator, Varian Clinac 2100 C/D). Images were obtained during anaesthesia with breath-hold to avoid motion artefact. Treatment planning sofware (Eclipse v11.0, Varian Medical Systems Inc, Palo Alto, CA) was employed to delineate structures and enable conformal 3-dimensional 6MV photon plan design by a board certifed veterinary radiation oncologist blinded to the treatment groups. Organs at risk (OAR) were outlined to permit dose calculations and consisted of left lung, right lung, left mainstem bronchus, right mainstem bronchus, heart, oesophagus, trachea, spinal cord, reticulum, rumen, abomasum, and omasum. A clinical target volume (CTV) was manually created in the lef caudal lung lobe starting at a level approximately 6 cm caudal to the level of the tracheal bifurcation, such that the medial border was 1 cm away from midline and the lateral border 0.5 cm away from the lateral thoracic body wall. A planning target volume (PTV) was created following 3 cm expansion of the CTV in all directions, confined within the left lung. At least 0.5 cm between the medial PTV edge and midline was required to ensure the mean dose scattered to the right lung was less than 1 Gy. The radiation prescription consisted of 5 fractions of 6 Gy to isocentre (central point defined in the target volume through which radiation beams pass) within the PTV to a total dose of 30Gy with each fraction to be administered at 3- or 4-day intervals. In order for the plan to be approved, minimum dose to CTV and PTV were required to be 26Gy and 25Gy, respectively. Due to the lack of solid mass within air-flled lung, dose heterogeneity was permitted provided 95% of the PTV received at least 27 Gy and the mean dose was 29-30 Gy. The volume of lung receiving 20Gy or higher (V20) was limited to 30%. Additional dose constraints determined prior to the study to avoid clinical toxicity included constraints to reticulum (V20<20%), rumen (V20<20%), abomasum (V15<20%), and liver (V30<20%). Maximum dose for any OAR was set at 33Gy. To enable radiation treatment, sheep were anaesthetized and positioning verifed with orthogonal on-board portal images. Breath-hold was implemented for each radiation treatment feld.

**Bronchoalveolar lavage.** The bronchoscope (Model FG-15W; Pentax UK Ltd.) was wedged in the segmental bronchus of the right apical lobe. Two 20 ml aliquots of PBS were used to collect bronchoalveolar lavage fuid (BALF) from this lung segment and samples were processed and assessed using previously described methodology<sup>[28](#page-14-20)</sup>.

**Bronchial brush biopsy.** On each occasion of baseline assessment three bronchial brush biopsy samples were derived from each of three separate areas of the lung ( $n=9$  total per animal). Samples were taken from bronchi within the lef caudal diaphragmatic lung lobe (LCD), the right caudal diaphragmatic lung lobe (RCD), and also from bronchi within areas of the anterior right lung. Considerable care was taken (through manual mapping and reference to video recordings at each brush biopsy time point) to avoid sampling any area of bronchial epithelium that had previously been subject to bronchial brush biopsy. At  $t0+11d$  and  $t0+21d$  the sheep were subject to bronchial brush biopsy in the same manner as during the preliminary baseline evaluations.

**Necropsy.** Following euthanasia by intravenous injection of barbiturate, the heart and lungs were removed from the carcase following standard necropsy protocols. The pulmonary circulation was perfused via the pulmonary artery with 2 litres of PBS before the heart was dissected away. The lungs were then photographed before being presented for further processing. Lung tissue was fxed over seven days by airway instillation of 10% neutral buffered formalin in a manner similar to that previously described<sup>29</sup>.

**Gross tissue sampling.** Afer fxation each lung was carefully sliced along the transverse plane, starting at the caudal pole of each diaphragmatic lobe, into fifteen 1 cm thick tissue slices. These slices were then arranged in order for photographing prior to a representative tissue block from each contiguous slice being selected and carefully dissected from surrounding lung tissue. A further photographic image of the slices with their selected blocks *in situ* was captured to document the spatial origin of each block. This latter step was a necessary prerequisite to registering the position of each block with respect to the radiation feld through reference to the axial CT images previously collected from the same animals. The isocentre PTV was determined in x, y, and z coordinates from the level of the tracheal bifurcation. The cranial and caudal edges of the PTV were measured from isocentre to provide precise mapping to the radiation treatment plan. Tissue blocks were then submitted for standard histological processing and paraffin embedding.

**Block selection.** The formalin-fixed paraffin embedded (FFPE) tissue block from the left caudal diaphragmatic lung that represented the isocentre of the planning target volume was identifed and selected, as was the corresponding block from the right contralateral control lung. These blocks were thenceforth labelled LL\_Post and RL\_Post respectively ("LL" and "RL" for lef and right lung respectively, and "Post" for posterior). A further FFPE tissue block was sourced anterior (14.5mm [9.7–23.0]) to the cranial margin of the PTV (LL\_Ant), as well as its corresponding block from the right contralateral control lung (RL\_Ant).

**Histochemical and immunohistochemical staining.** Sections cut from the above blocks were stained with haematoxylin–eosin (H&E) and Picrosirius Red, as well as being immunostained with antibodies specifc for the following antigens – alpha-smooth muscle actin (ASMA), dendritic cell-lysosomal associated membrane protein (DC-LAMP), and Ki67 protein (a marker for cell proliferation). All slides were stained using standard immunohistochemistry methods with endogenous peroxidase blocked using  $3\%$  H<sub>2</sub>O<sub>2</sub> in methanol and heat-induced antigen retrieval performed using 10mM citrate bufer pH6.0. Details of the IHC protocols are provided in supplementary information (Supplementary Methods).

**Bronchial brush cytokine expression.** Bronchial brush biopsy specimens were collected using cytology Brushes (Conmed Endoscopic Technologies 152R) agitated into 1ml of cold sterile PBS (Sigma D8537) through 200µl wide orifce pipette tips (Star Lab E1011-8000) and centrifuged at 10,000 g for 5minutes. Pellets were resuspended in RLT bufer (Qiagen 74106) containing 1% β mercaptoethanol and stored at −80 °C until extraction. All samples were run through Qiashredder columns (Qiagen 79656) and RNA extractions were performed using RNeasy mini kit (Qiagen 74106) with DNase treatment using RNase free DNase set (Qiagen 79254). RNA was quantifed on Nanodrop and quality checked on Agilent Tapestation with RNA screentape (Agilent 5067–5576). cDNA was prepared from 400ng RNA with Transcriptor First Strand cDNA Synthesis kit (Roche 04 896 866 001) using random hexamer primers. Quantitative Real Time PCR was performed using the Lightcycler 480 with 2.5 µl cDNA in LightCycler 480 Sybr Green I Master (Roche 04 887 352 001) and specifc primers. Advanced relative quantifcation was calculated using Lightcycler 480 SW1.5 programme. Standard curves for each gene were generated from pooled ovine alveolar macrophage cDNA. Melt curve analysis showed a single peak for all samples. PCR efficiency was in the range of 1.8 to 2.1. qPCR conditions and referenced primer sets<sup>30-33</sup> are provided in supplementary information (Tables S1 and S2 Supplementary Methods).

**Semiquantitative histopathological evaluation.** One pathologist (SHS) examined an unblinded, reduced subset of representative samples (i.e. saline treated only) to obtain preliminary histopathology results to inform further analysis, whereas the pathologist who examined all of the datasets (JDP) was blinded to the results of the preliminary analysis and to the source of the slides. All H&E stained sections were scanned on a whole slide scanner (Nanozoomer, Hamamatsu, Japan) to acquire whole slide images (WSI) at x40 magnifcation. These sections were then subject to detailed examination by JDP. Following an initial appraisal in which principal pathologic features were identifed, a semi-quantitative scoring system was developed to capture the incidence and extent of each feature amongst the diferent sections. Briefy, to score lesions for feature severity, each section was allocated a score ranging from 0 (absent), 1 (mild), 2 (moderate), to 3 (severe). Features noted included intra-alveolar macrophages, oedema, or fbrin, interstitial pneumonia, periarteriolar oedema or infammation, and peribronchial or peribronchiolar infammation. Additionally, fbrosis was scored by allocation of an estimated % surface involved. Type II pneumocyte cell hyperplasia and atypia, and epithelial atypia were scored qualitatively (i.e. presence or absence).

**Quantitative histological analyses.** Within ImageJ, the NDPITools custom extract to TIFF/mosaic plugin was used to extract each ndpi image fle from whole slide images (WSI) to multiple TIFF images. H&E stained sections were extracted at x20 resolution, and the remaining WSIs at x40 resolution. Image felds containing parenchyma (including airways no larger than respiratory bronchioles) were then manually selected from a random selection of these extracted files. These files were then converted to OME-TIFF using an ImageJ recursiveTifConvert macro to engage the Bio-Formats exporter function. Parenchymal x40 OME-TIFF fles were batch processed using macros employing the colour devolution plugin for detecting the area of red-stained collagen in Picrosirius Red-stained sections, and DAB stain in ASMA, DC-LAMP and Ki67 immunostained sections. For measurements on Picrosirius Red-stained sections, and DAB stain in ASMA, and DC-LAMP immunostained sections sample size was considered acceptable if the standard error for measurements fell below 5% of the mean value for that measurement. In the six sections where this condition was not met, the standard error ranged from 5.0 to 7.3% of the mean. As the scarcity of Ki67-stained cells in control lung sections meant that the 5% limit could not be achieved for the majority of sections, a pragmatic decision on sampling was taken. In this latter regard the number of felds examined per section ranged from 172–198.

**Statistical analyses.** Continuous data was assessed for normality of distribution using a Kolmogorov\_ Smirnoff test. Where necessary data transformation was applied to normalise the distribution, and where such transformation failed, a rank-order transformation was applied prior to subsequent evaluation. Ordinal data from semi-quantitative histopathological analyses was rank-order transformed.

For repeated measures data (clinical and cytokine data) a General Linear Model was ftted in which responses in radio-exposed and contralateral control lung segments were evaluated with respect to time, and the experimental treatment (LMS, SAL). Sheep identity, nested within treatment, was considered a random factor in the design. For the analysis of quantitative histopathological and immunohistochemical data a General Linear Model two-way analysis of variance (ANOVA) was conducted on the infuence of the two independent variables (Lung, Treatment) on the variable in question. Lung included four levels (LL\_Ant, LL\_Post, RL\_Ant, RL\_Post), and Treatment two levels (LMS, SAL). A further analysis was conducted in which the infuence of sheep gender (MN, F) was included. Significance was set at  $P < 0.05$ .

#### **Results**

**Clinical.** No adverse efects were noted either as a consequence of aerosol delivery, or secondary to radiation treatment. At every time point sheep were weighed and rectal temperature recorded. Whilst no loss of weight was experienced by either group, the saline-treated sheep experienced a minor (ie remaining within normal range), but statistically significant, increase in temperature at baseline 2  $\&$  3 (data not shown). The possibility that this increase could have heralded an otherwise subclinical phenomenon prompted use of the frst evaluation as the baseline time point.

**Bronchial brush biopsy cytokine expression.** Neither Treatment nor Time had a signifcant efect on IL1beta or TGFbeta expression levels in samples derived from RCD or LCD, nor in relation to IL8 expression levels in samples derived from RCD. However, for samples derived from LCD, Time had a significant effect on  $Log_{10}$ IL8 expression levels ( $p=0.030$ ), reflecting a decrease in expression at Time point 4 (data not shown). Treatment did not have a signifcant efect.

**Gross necropsy observations.** At necropsy, the pleural surface covering the PTV was easily identifable as a consequence of dark red discolouration (Fig. [1\)](#page-5-0). The underlying radio-exposed lung parenchyma was firmer on palpation and, when investigated in one instance, the afected lung volume failed to infate properly.

**Histopathological evaluation.** The main parenchymal abnormalities noted in all irradiated lungs were subpleural. There was periarteriolar and peribronchial oedema (Fig. [2](#page-6-0); panels a-c) characterized by periarteriolar and intra-alveolar accumulation of homogeneous, proteinaceous material, with occasional fbrillar material (fbrin), and aggregates of eosinophilic smudged material (fbrin). Tese areas also featured increased numbers of intra-alveolar macrophages, ofen containing foamy cytoplasm. Alveolar fbrosis was characterized by mild thickening of alveolar walls by deposition of pale eosinophilic fbrillary material and there was interstitial pneumonia comprising infltration of alveolar walls by small numbers of lymphocytes and plasma cells, scattered type II pneumocyte hyperplasia and occasional atypia. The atypia was characterized by increased nuclear:cytoplasmic ratio, apical blebbing, mild pleomorphism, and nuclei with fnely stippled chromatin and small nucleoli. Airway changes in radio-exposed lung included mild submucosal infltration by lymphocytes and plasma cells, and bronchial and bronchiolar epithelial atypia similar to that described for type II pneumocytes. Other histopathological



<span id="page-5-0"></span>

abnormalities noted in a small number of sections involved parasite granulomas which were interpreted as incidental and unrelated to the treatment.

The results of the histopathological evaluation are depicted in Fig. [3.](#page-7-0) Lung irradiation was associated with a statistically significant increase in intra-alveolar oedema ( $P = 0.000$ ), macrophages ( $P = 0.000$ ), and fibrin  $(P=0.022)$ , interstitial infiltrates of lymphocytes (P=0.018), periarteriolar oedema (P=0.041) and inflammation (P=0.000), perivascular infiltrates of plasma cells (P=0.010) and lymphocytes (P=0.002), type II pneumocyte hyperplasia ( $P=0.000$ ) and parenchymal fibrosis ( $P=0.025$ ). LAMELLASOME<sup>TM</sup> treatment was associated with a statistically significant increase in the number of intra-alveolar macrophages ( $P=0.004$ ), and the amount of intra-alveolar fibrin ( $P = 0.022$ ).

**Quantitative Histochemistry and Immunohistochemistry.** *Alveolar fbrosis*. Picrosirius red stain-ing in non-radio-exposed lung was evident throughout the alveolar septa (Fig. [2;](#page-6-0) panel (d)). The most intense staining took the form of wavy filiform linear deposits of variable length and thickness. The septal crests and alveolar walls abutting alveolar ducts ofen featured more difuse staining where individual fbres seemed teased apart into subunit fbrils. In radio-exposed lung, fbres present in the thickened alveolar septa similarly appeared teased apart giving a subjective impression of more abundant staining (Fig. [2](#page-6-0); panels (e) & (f)). Within sections from radio-exposed lung there was ofen substantial variation in the extent of staining between felds, with some areas appearing identical to those from control lung sections.

The %Area of lung parenchyma occupied by collagen is depicted in Fig. [4a](#page-8-0). The highest values are found in saline-treated radio-exposed lung. A Two-way ANOVA (Table [1](#page-9-0)) indicated that there was a signifcant diference in the mean percentage collagen between the different lung segments ( $P=0.002$ ). Whilst the effect for treatment was not significant ( $\overline{P}=0.227$ ) the interaction effect was significant ( $P=0.008$ ), indicating that the impact of Lung depends on the Treatment. Examining the fold change in %Area of collagen found in radio-exposed lung relative to its contralateral control for sheep pre-treated with saline (SAL\_Rx) or LAMELLASOMETM (LMS\_Rx), and in non-radio-exposed lung relative to its contralateral control for sheep pre-treated with saline (SAL\_CON) or LAMELLASOMETM (LMS\_CON), determines that the fold change seen in the SAL\_Rx group (Fig. [4b\)](#page-8-0) significantly exceeds that seen in any other group ( $P = 0.001$ ).

*ASMA expression.* ASMA expression in non-radio-exposed lung was evident at the tips of secondary septal crests abutting alveolar ducts, as well as within alveolar walls similarly adjacent to ducts (Fig. [2](#page-6-0); panel (g)). The same general pattern of expression, but increased in area, was evident for radio-exposed lung (Fig. [2;](#page-6-0) panels (h) & (i)). The average percentage area of ASMA positivity is depicted in Fig. [5.](#page-9-1) Two-way ANOVA (Table [1](#page-9-0)) indicated no significant lung effect ( $P=0.303$ ), a highly significant treatment effect ( $P=0.000$ ), and a non-significant



<span id="page-6-0"></span>**Figure 2.** Histopathological features associated with RILI in sheep. Panels (a–c) photomicrographs of an H&Estained section illustrating the oedema that arises as a consequence of radiation exposure to the sheep lung. Oedema could be appreciated macroscopically (**a**) and was frequently found in the subpleural region (scale bar 5mm). Te borders between areas of oedema and aerated lung were ofen sharply demarcated (**b**) (scale bar 1mm). Perivascular oedema was also recognised (**c**) (scale bar 100 μm). Panels (d–f) photomicrographs of picrosirius red-stained sections highlighting collagen deposition. Panels (e) and (f) are section images from radio-exposed lung (scale bars 100 and 50 μm respectively) and (**d**) from the contralateral control lung (scale bar 100 μm). Radiation exposure was associated with an increase in the area percentage of collagen. Panels (g–i) photomicrographs highlighting the expression of ASMA in radio-exposed lung (**h** and **i**, scale bars 250 and 50 μm respectively), and from the contralateral control lung (**g**) (scale bar 250 μm). ASMA expression in the nonradio-exposed lung was sparse and found in association with the alveolar ducts, both at the septal tips and in the alveolar walls. Radiation exposure led to an increase in ASMA expression in these areas.

interaction effect ( $P = 0.067$ ). There was a significant positive association between the %Area occupied by collagen (Picrosirius red) and that occupied by ASMA in both groups ( $P=0.029$  for SAL, and  $P=0.009$  for LMS) (data not shown).







Absent/Present 0



<span id="page-7-0"></span>**Figure 3.** Histopathology quantitation. Heatmap representation of the results of blinded semiquantitative analysis of the principal histopathological features associated with radiation exposure in the sheep lung. The upper panel reports the fndings relating to the lef lung, and the lower, the right lung. Within each lung the areas of assessment were further subdivided into posterior and anterior, refecting the origin of the blocks submitted for assessment. Blocks derived from the posterior volume of the left lung lay within the PTV and were directly exposed to radiation, whilst blocks derived from the anterior volume lay proximal to the cranial margins of the PTV and should not have been directly exposed to radiation. Equally blocks from the right lung were identified as contralateral controls for the left lung samples. The panels are further subdivided according to the treatments, LAMELLASOMETM (LMS) or saline (SAL), with the colour of each cell representing the semiquantitative scoring of the histopathological features listed to the left hand side of each row in the heatmap. 

*DC-LAMP expression.* DC-LAMP expression in non-radio-exposed lung was evident in large well-rounded cells most commonly positioned at the intersection of neighbouring alveolar walls (Fig. [6](#page-10-0); panel (a)). Teir appearance and position was consistent with their presumed identity as type II pneumocytes. These cells were regularly arrayed throughout the parenchyma. In contrast, in radio-exposed lung, DC-LAMP expressing cells were frequently found close together in linearly arranged clusters (Fig. [6](#page-10-0); panels (b) and (c)). Whilst the areas between such clusters were largely devoid of the regular array of expression seen in the control lung, when cells were identifed at the intersection of neighbouring alveolar walls, they appeared larger than those seen in the control lung sections. Clusters of positively labelled cells comprised contiguous, usually rounded but sometimes

The percentage area (%Area) of DC-LAMP positive staining, the number of DC-LAMP positive particles of a given size (150 pixels<sup>2</sup>-infinity), and the average particle size are depicted in Fig. [7a–c](#page-11-0). Results from two-way analyses of variance conducted on the infuence of the two independent variables (Lung, Treatment) on histochemical and immunohistochemical features is shown in Table [1](#page-9-0). LAMELLASOMETM pre-treatment significantly increased the number of DC-LAMP +ve cells throughout the lung ( $P=0.047$ ), and exposing lung to radiation caused a significant increase in the size of DC-LAMP +ve cells ( $P = 0.000$ ). DC-LAMP +ve cells from castrated male sheep (793  $\mu$ m<sup>2</sup> [541-1117] median [range]) were significantly larger than those from female sheep (728 μm<sup>2</sup> [579-961]). Further analysis of DC-LAMP expression involved calculating the nearest neighbour distances (NND) for positive-staining cells in each field. The boxplot in Fig. [7d](#page-11-0) depicts this metric. Two-way ANOVA (Table [1](#page-9-0)) indicated a significant lung effect ( $P=0.000$ ), a non-significant treatment effect ( $P=0.554$ )

elongated or fattened, cells lining the alveolar walls.



b. Fold Change (Picrosirius Red) relative to contralateral lung



<span id="page-8-0"></span>**Figure 4.** Quantifcation of Picrosirius Red staining. (**a**) Boxplot depicting data relating to the percentage area of collagen present in Picrosirius red-stained lung parenchymal sections derived from the lungs of sheep previously exposed to radiation. Sections were derived from the lef caudal diaphragmatic lung (LL\_Post; representing the isocentre of the PTV), its contralateral control (RL\_Post), a within-lung control sourced anterior to the cranial margin of the PTV (LL\_Ant), as well as its corresponding block from the right contralateral control lung (RL\_Ant). Boxplots are further categorised according to the treatment (SAL or LMS) that the sheep received prior to radiation exposure. (**b**) Boxplot depicting the fold change in percentage area of collagen in sections derived from the lef lung, relative to the right lung contralateral control sections paired within animal (LL/RL). LMS\_CON and SAL\_CON are the fold changes between LL\_Ant and RL\_Ant, and LMS\_Rx and SAL\_Rx are the fold changes between LL\_Post and RL\_Post. Only the sheep pre-treated with saline demonstrated a significant increase in fold change in the left (radio-exposed) lung relative to the right contralateral control lung.

and a significant interaction between these terms ( $P = 0.002$ ) indicating that the lung effect depended on what treatment the sheep had received. Radiation exposure caused a decrease in DC-LAMP NND in directly exposed lung, and pre-treatment with LAMELLASOME<sup>TM</sup> also was associated with a decrease in DC-LAMP NND in non-radio-exposed left lung (LL-Ant).

*Ki67 expression.* Cells expressing Ki67 were only rarely observed in non-radio-exposed lung and were variously found in the septal walls, or alveolar airspaces. Proliferating cells were more commonly identifed in radio-exposed lung. Occasionally these cells appeared to co-locate with cells expressing DC-LAMP (Fig. [6](#page-10-0); panels (e) and  $(\hat{f})$ ). Ki67-expressing cells could also be identified in perivascular fascia, and within the interstitium. The number of Ki67-positive cells is depicted in Fig. [8.](#page-11-1) Two-way ANOVA (Table [1](#page-9-0)) indicated a signifcant (P=0.000) lung effect, a non-significant treatment effect ( $\overline{P}=0.221$ ) and a significant interaction effect ( $\overline{P}=0.034$ ) indicating that the lung efect depended on what treatment the sheep had received.

#### **Discussion**

Te consistent histopathological features associated with lung irradiation in this study, which developed within 37 days of the frst exposure to radiation (within 23 days of the last exposure), were intra-alveolar oedema, alveolar fbrosis, interstitial pneumonia, and type II pneumocyte hyperplasia. Whilst observations of the earliest efects of radiation to human lungs are understandably unavailable, Gross (1977) in reviewing autopsy studies of humans dying of pneumonitis 4–12 weeks afer radiotherapy also found alveolar septa thickened with oedema, cell infltrates and the deposition of connective tissue, together with atypia, hyperplasia and desquamation of alveolar epithelial cells and the presence of hyaline membranes<sup>[34](#page-15-3)</sup>. The early appearance of alveolar septal fibrosis is not an isolated fnding. Indeed, Jennings & Arden (1962) found that alveolar septal fbrosis could be seen within a month

<span id="page-9-0"></span>

**Table 1.** Summary of two-way ANOVA statistics examining the infuence of two factors, Lung (with four levels: LL\_Ant, LL\_Post, RL\_Ant, RL\_Post), Treatment (with two levels: LMS, SAL), and their interaction (Lung\*Treatment) (total degrees of freedom=40) on % Area collagen, % Area ASMA, % Area DC-LAMP stain, the number and size of DC-LAMP positive particles, the nearest neighbour distance (NND) between DC-LAMP positive particles, and the number of Ki67 positive particles. The F ratios and P values are depicted in the factor columns, and the ftted means (SE mean) for each factor level is given in the level columns. For clarity, the latter are only shown where the relevant factor efect is signifcant.



<span id="page-9-1"></span>**Figure 5.** Quantifcation of ASMA staining. Boxplot depicting data relating to the percentage area of ASMA present in lung parenchymal sections derived from the lungs of sheep previously exposed to radiation. The source of the sections is as described in the legend for Fig. [4](#page-8-0), and in the material and methods.

of radiation exposur[e35](#page-15-4), and Bennett *et al*. (1969) found alveolar septal fbrosis to be a prominent feature in fve of seven patients with radiation pneumonitis who died between 40 and 95 days after completion of radiotherapy<sup>[36](#page-15-5)</sup>.

While sheep share aspects of pathology with patients dying of radiation pneumonitis the sheep in the present study demonstrated no clinically overt adverse efect as a consequence of radiation exposure. We believe this refects the coarse-fractionated dose regime and the relatively small volume targeted in the present study. Indeed it has previously been shown that sheep will develop radiation pneumonitis typical of that seen in humans given sufficient dose and lung volume targeted $37-41$  $37-41$ . Unilateral single fraction high dose irradiation (30 Gy) of the sheep thorax produced radiation pneumonitis typical of the syndrome in humans at 4 weeks after irradiation<sup>41</sup>, and whole lung single fraction irradiation (15Gy) of sheep resulted in the development of progressive dyspnoea three weeks after exposure; however animals were killed at 4 weeks precluding longer term assessment<sup>38</sup>. Some parallels and contrasts between these previous reports and our own experience are apparent. Guerry-force *et al*. [40](#page-15-9) also described interstitial and intra-alveolar oedema, interstitial accumulation of mononuclear cells, and epithelial injury to type I and II pneumocytes, but they found no evidence of interstitial fbrosis up to four weeks afer exposure $^{40}$ . Considering our results and existing data, our conclusion is that sheep replicate many aspects of the early human response to lung irradiation, and that substantial pathology develops in sheep subjected to a radiotherapy regime (30Gy/5F/2 wk), which bears resemblance to hypofractionated regimens routinely applied to



<span id="page-10-0"></span>**Figure 6.** DC-LAMP and Ki67 expression associated with RILI in sheep. Panels (a) and (b) are photomicrographs of sections immunostained to depict DC-LAMP expression from radio-exposed (**b**) and non-radio-exposed (**a**) contralateral control lung (scale bar 100 μm). In control lung DC-LAMP was expressed by rounded cells in the alveolar corners assumed to be type II pneumocytes. These cells were evenly spaced throughout the distal lung parenchyma. In radio-exposed lung clusters of DC-LAMP-expressing cells could be clearly identifed lining the walls of alveoli, with a concomitant reduction in expression in the alveolar region (not shown). Where clusters of DC-LAMP expressing cells could be identifed (**c**), we assessed whether these cells were proliferating by immunostaining neighbouring serial sections (**d**) to depict the expression of Ki67 (scale bars 100 μm). In many instances the clusters of DC-LAMP expression were not associated with obvious cell proliferation. Indeed, the photomicrographs from serial sections in panels (e) depicting DC-LAMP expression (scale bar 100 μm), and (**f**) depicting Ki67 expression (scale bar 100 μm) illustrate the sometimes concordance between DC-LAMP and Ki67 expression (\*), and the fact that DC-LAMP expression can occur in the absence of Ki67 expression (o), and vice versa (#).



<span id="page-11-0"></span>



<span id="page-11-1"></span>

patients with metastatic lung cancer, and some patients with locally advanced disease<sup>42</sup>. Our primary goal in this particular model was not to create clinical illness but rather to reproducibly irradiate a region of lung amenable to serial diagnostic sampling in which to assess the impact of an aerosolized synthetic drug.

Whilst peribronchial and peribronchiolar infammatory cells, comprising mostly plasma cells and lymphocytes, were frequently identifed in radio-exposed lung we found no evidence for radiation driving increased bronchial epithelial cytokine expression. Previous clinical studies which have assessed changes in plasma cytokine concentration during radiotherapy for lung cancer have demonstrated increased circulating TGF-β[143,](#page-15-11) IL-6 and IL-10<sup>[44](#page-15-12)</sup>, and MCP-3,  $\delta$ MIP-1a, and IP-10<sup>[45](#page-15-13)</sup>. Evidence for local lung production of inflammatory cytokines can be found in the studies of Barthelemy-Brichant *et al.*<sup>[46](#page-15-14)</sup> and Crohns *et al.*<sup>47</sup>. The former demonstrated increased IL-6 and TGF-β1 concentrations in BAL fuid[46](#page-15-14), and the latter a signifcant increase of BAL fuid IL-6 (but no change for TNF<sub>α</sub>, IL-1β or IL-12)<sup>[47](#page-15-15)</sup>, associated with thoracic radiotherapy. Whilst correlations and contrasts can be found between these studies and our own it is nonetheless evident that radiation did not infuence bronchial epithelial cytokine expression in this model at the time points assessed, a fnding that is consistent with the observation that the bronchial epithelium is remarkably resistant to radiation doses that are routinely used in clinical brachytherapy<sup>48,49</sup>.

Alveolar fbrosis was a feature of the early pulmonary response to radiation in sheep pre-treated with saline. Alveolar mesenchymal fbroblasts are responsible for producing tropocollagen, the molecular component of collagen fbres, and the ground substance that flls the spaces between the cells and various fbres in the interstitial space. A particular population of diferentiated fbroblasts comprise the myofbroblasts which are characterised by their expression of ASMA, as well as their ability to contract in a smooth muscle cell-like manner. Myofbroblasts play a fundamental role in alveologenesis[50](#page-15-18). In healthy lung sections ASMA expression is recognised at the tips of secondary septal crests, representing the cross-sectioned ridges running between the alveoli surrounding the alveolar ducts. The structure of the alveolar interstitial matrix is significantly compromised following radiation exposure. Central among the growth factors that co-ordinate matrix tissue re-modelling is TGF-β. Tis growth factor, which is ubiquitously expressed by all cells and tissues within the body, promotes extracellular matrix (ECM) deposition by stimulating diferent collagen, elastin, fbronectin and proteoglycan genes to produce ECM components. In addition to physical infuences such as acidifcation or temperature changes TGF-β can be activated by proteases, by reactive oxygen species, or by interacting with thrombospondin or the αv-containing integrins (αvβ5, αvβ6, and αvβ8). Activated TGF-β can then interact with its receptors leading to phosphorylation of transcription factors Smad2 and/or Smad3 which in turn associate and form a complex with Smad4 before translocating to the nucleus to infuence the transcription of target genes and the production of ECM components. In a rat model of radiation-induced lung injury, protein expression of integrin αvβ6, TGF-β1, TβRII, Smad3, and p-Smad2/3 was undetectable in the normal alveolar epithelium but increased in association with lung fbrosis six months after radiation exposure<sup>[51](#page-15-19)</sup>. We opine that similar mechanisms are likely to be evoked in the context of the present model following sufficient time for fibrosis to be chronic and active, and this is an ongoing focus of our research.

We identifed a signifcant positive association between ASMA expression and collagen deposition in lung sections from sheep exposed to radiation. A similar relationship is described in patients with pulmonary fbrosis[52](#page-15-20),[53](#page-15-21) and the implication arises that the ASMA-expressing myofbroblasts are also responsible for the increased production of collagen. This widely-held opinion has been recently challenged by evidence from a mouse model<sup>54</sup> in which ASMA-directed deletion of  $\alpha v$  integrins did not prevent lung fibrosis in a bleomycin mouse model, suggesting that other subpopulations of fbroblasts that don't express ASMA (the majority) contribute to the integrin-mediated TGFβ activation and collagen production in this model. Other examples of increased ASMA expression in sheep lung include chronic lymphoid interstitial pneumonia in maedi-visna, a disease caused by the lentivirus maedi-visna virus (MVV) and characterised by lymphoid hyperplasia, hyperplasia of smooth muscle cells, alveolitis and fibrosis<sup>29[,55–](#page-15-23)58</sup>, and mechanical ventilation-induced stretch injury in foetal sheep<sup>[59](#page-15-25)</sup>. These diseases have markedly diferent aetiologies but can perhaps be linked with radiation injury through this common pathological response.

It is over 40 years since Kapanci *et al*. (1974) suggested that the presence of contractile interstitial cells in the alveolar wall might indicate that the alveoli themselves participate in the autoregulation of ventilation and perfusion<sup>60</sup>. Simple models of lung parenchyma at the acinar level have surface tension at the air-liquid interface on alveolar septa pulling the alveolar ducts radially outward, an efect counterbalanced by tissue forces (collagen, elastin and smooth muscle) in the alveolar entrance rings pulling the ducts radially inward<sup>[61](#page-15-27)</sup>. The balance between these elements contributes to pressure–volume and geometric hysteresis during breathing<sup>[62](#page-15-28)</sup>, and hence gas mixing and deposition in the pulmonary acinus. It is tempting to speculate that the increase in ASMA expression seen afer radiation exposure is compensation for an increase in surface tension brought about by an impaired surfactant system.

Our analysis of DC-LAMP expression found that radiation exposure was associated with clustering and an increase in size of DC-LAMP-positive cells. Type II pneumocytes proliferate in response to injury and serve as progenitors for replacing lost or damaged type I pneumocytes lining the alveolar surfac[e63](#page-15-29)[,64.](#page-15-30) More recently it has been shown that adult, differentiated type I cells can themselves self-renew and give rise to type II cells<sup>65</sup>. Whilst some limited concordance between DC-LAMP and Ki67 staining did exist in the hyperplastic foci this was not a consistent fnding and indeed it was perhaps surprising that evidence of proliferation was so scant in these areas. Type II cells are well-recognised to be early susceptible targets of radiation efects and we found that their reduced presence in their normal niches at alveolar corners was associated with an increase in size of the remaining cells found in these sites; altered timing of samples may provide additional information as to the role and period of post-radiation injury and proliferation. Whether the hypertrophy refects perturbed or compensatory increase in function is unknown. Further, the mechanistic association between localised clusters of hyperplasia and the difuse loss of type II pneumocytes is not intuitive. Whilst hyperplasia of type II pneumocytes is frequently observed in pathologic states<sup>66</sup>, these cells have also been described as the "defender of the alveolus"[67](#page-15-33), with their dysfunction lying at the heart of interstitial lung disease. Indeed, selective injury mediated through delivery of diphtheria toxin to transgenic mice expressing the diphtheria toxin receptor on these cells induced difuse interstitial collagen deposition with patchy areas of more confuent scarring and associated alve-olar contraction<sup>[68](#page-15-34)</sup>. The underlying mechanisms remain to be elucidated but may reflect a homeostatic role for type II pneumocytes in the healthy lung. Recent evidence supports this notion as lung epithelial cells produce the anti-fibrotic mediator prostaglandin E2, which can mitigate the influence of TGF-beta<sup>[69](#page-16-0)</sup>. Alternatively, type II pneumocytes can play an important role in mediating the pro-fibrotic influence of TGF-beta<sup>70</sup>. Li and colleagues (2011) demonstrated that loss of TGF-beta receptor signalling in these cells protected against bleomycin-induced fbrosis by inducing epithelial apoptosis, decreasing myofbroblast activation, and preventing a protease imbal-ance<sup>[70](#page-16-1)</sup>. Senescence may also play a significant contribution to chronic lung injury following radiation. In a murine model of radiation-induced fbrosis, type II pneumocyte senescence occurred in a time and dose-dependent fashion following whole thorax irradiation, which was thought to reduce the stem cell compartment<sup>71</sup>. There is a complex set of pro-infammatory, immunomodulatory and mitogenic cytokines that comprise the secretory profle of senescence (SASP), including TGF-β1, IL-1β, and IL-6 that have implications on RIL[I72,](#page-16-3)[73.](#page-16-4) In a more recent murine study of radiation-induced lung fbrosis, rapamcyin efectively mitigated type II pneumocyte senescence, inflammatory cytokine expression, and collagen production<sup>[72](#page-16-3)</sup>. Further study is warranted to determine whether the enlarged type II pneumocytes in the present study represent cells that have undergone radiation-induced early senescence. Our novel observation that DC-LAMP +ve cells from castrated male sheep were significantly larger than those from female sheep deserves further investigation to validate and explore the underpinning mechanisms.

 $Pre$ -treating sheep with nebulised LAMELLASOME<sup>TM</sup> prior to each radiation exposure abrogated the increase in collagen seen in the PTV of sheep pre-treated with saline. LAMELLASOME<sup>TM</sup> may have reduced the influence of reactive oxygen species and their impact on membrane permeability, thereby improving barrier function and preserving the physical and metabolic integrity of cells in the radiation path. Alternatively, or in addition,  $LAMENTMETM$  may act more specifically to preserve type II cell function and the role of this cell in 'managing' the underlying interstitium. In support of a proposed type II cell effect LAMELLASOME™ pre-treatment did signifcantly increase the number of DC-LAMP positive cells in the lung relative to sheep pre-treated with saline, which contributed to a non-significant trend  $(P=0.067)$  towards an increase in the DC-LAMP area percentage. LAMELLASOME<sup>TM</sup>, in influencing the ability of type II cells to manage the interstitium, may subsequently decrease the proportion of myofbroblasts in this compartment in health, which would explain the signifcant treatment efect on ASMA. Until the diferentially expressed genes and the respective networks associated with this efect are identifed, the mechanism(s) involved must remain conjectural.

The literature holds many examples wherein preclinical small animal models of radiation-induced lung injury indicate that administration of putative radioprotectants have benefcial efects, both in the context of infammation and/or fbrosis. However, as highlighted by Dabjan *et al*. (2016) the vast majority (95%) of reports investigating the radiation response of the mouse lung have involved whole lung or whole body radiation, with the remainder reporting the influence of radiation delivered to a fraction, usually half, of the lung<sup>74</sup>. Notably, in almost all of these reports the radioprotectant was delivered either systemically or orally. In the context of protecting the lung, aerosol delivery potentially allows the use of smaller doses that target more rapidly, and consequently avoid systemic side-efects. Despite these potential advantages there has, to our knowledge, been only one published report in which the mouse respiratory tract has been targeted by inhalation<sup>75</sup>. There has been no previous demonstration of radioprotection following aerosol delivery in a large animal model.

Whilst we observed no adverse effect relating to the delivery of LAMELLASOME™ in sheep it is appropriate to consider the likely safety profle of LAMELLASOMETM in the context of its use as a clinical radioprotectant. LAMELLASOME™ in comprising saline, phosphatidylcholine, phosphatidylethanolamine, phosphatidylinositol and phosphatidyl serine, sphingomyelin and cholesterol has a very similar lipid profle to lung surfactant. LAMELLASOME™ has been tested clinically for ocular and oral indications, and has completed a safety and tolerability data package, including inhaled toxicology, with the latter studies indicating a no observed adverse efect level (NOAEL) dose of 65.5mg/kg, equivalent to 4,585mg for a 70kg adult (A. Mclean, personal communication). These observations together with the knowledge that natural surfactants sourced from animals (poractant alfa and beractant) have been used widely in the clinic for decades suggest that the clinical risk of adverse effects asso-<br>ciated with inhaled LAMELLASOME™ is low.<br>We sought an explanation for the observation that nre treatme

We sought an explanation for the observation that pre-treatment with LAMELLASOME<sup>TM</sup> was associated with clustering of DC-LAMP positive cells and an increase in Ki67 count in non-radio-exposed lef lung (giving rise to signifcant interaction efects). As conceptual mechanisms for such unilateral lung efects are not obvious we hypothesised that the proximity of the anterior blocks to the cranial margin of the PTV might be a factor in dictating this diference between the treatment groups. Our strategy for selecting these anterior blocks was as follows: The block containing the cranial margin of the PTV was identified. Progressing cranially, its immediate neighbour was disregarded and the next block along selected as LL (or RL)\_Ant. As this procedure was consistent it was assumed that any variation in the spatial relationship between the selected blocks and the cranial margin of the PTV would be randomly spread between the saline and LAMELLASOMETM groups. However, when we retrospectively examined these distances we discovered that there was a signifcant diference between the groups in terms of the distance of the "Ant" section from the cranial margin of the PTV – the LAMELLASOME<sup>TM</sup> sections were approximately 7 mm closer (data not shown). Further, when the relationship between LL\_Ant and RL\_Ant DC-LAMP NND and Ki67 cell counts was expressed as absolute diference (LL-RL), and fold-change  $(1+((LL-RL)/RL)$  respectively, and compared to the distance of the section from the cranial edge of the PTV, signifcant correlations were found which would appear to explain the observation that pre-treatment with LAMELLASOMETM was associated with a decrease in DC-LAMP NND and an increase in Ki67 count in non-radio-exposed lef lung (data not shown). Tis suggests a ramped decline in the biological efect of radiation (at least in terms of DC-LAMP cell clustering and cell proliferation) that extends beyond the margins of the PTV in this model. As lung is a heterogeneous structure and photons are most predictable when traversing through solid tissue, these changes likely refect the radiation "scatter" to adjacent lung or bystander efects, thus creating a dose-gradient immediately cranial to the PTV.

Currently amifostine is the only drug approved by the U.S. Food and Drug Administration for protection from radiation. Administered as an inactive prodrug it is dephosphorylated by alkaline phosphatase in the normal endothelium to form an active thiol which scavenges free radicals, induces cellular anoxia and protects DNA. Although several non-randomized clinical trials have demonstrated that amifostine can reduce the severity of lung injury after radiotherapy<sup>[76,](#page-16-7)77</sup> its use has been generally limited to head and neck cancer patients because of its potential severe side efect profles. Finding new ways of mitigating RILI with minimal adverse efects is recognised as an urgent need. Our study, in demonstrating the mitigating infuence of LAMELLASOMETM on

RILI, is the frst to use a large animal platform to investigate aerosolised lung protection following fractionated radiotherapy.

The lack of adverse effect, the ability to target selected lung volumes using fractionated regimes, the ability to follow longitudinal changes in the same animal, and the utility of comparing within-animal responses between radio-exposed and non-exposed lung, all contribute to a robust and highly tractable platform with which to explore aspects of the RILI response and investigate the impact of radioprotectant approaches. We believe that our chosen delivery strategy also had an important bearing on our fndings. In addition to the aforementioned dose, targeting and side-efect issues, administering radioprotection via aerosol ofers many of the same advantages that are cited in the context of mass vaccination by the same route – namely ease and speed of application by nonmedical personnel, non-invasiveness which results in greater social acceptance, reduced risk of cross-contamination of blood-born infectious agents, diminished medical waste, and potentially lower costs[78](#page-16-9),[79](#page-16-10). Further studies will examine the ability of aerosolized surfactant to alter pathological, molecular and gene expression changes following altered dosing and fractionation schemes with prolonged assessment periods.

#### **Data Availability**

The datasets generated and analyzed during the current study are available from the corresponding author on reasonable request.

#### **References**

- <span id="page-14-0"></span>1. Kong, F. M. *et al*. Final toxicity results of a radiation-dose escalation study in patients with non-small-cell lung cancer (NSCLC): predictors for radiation pneumonitis and fibrosis. *Int J Radiat Oncol Biol Phys* **65**, 1075–1086, [https://doi.org/10.1016/j.](http://dx.doi.org/10.1016/j.ijrobp.2006.01.051) [ijrobp.2006.01.051](http://dx.doi.org/10.1016/j.ijrobp.2006.01.051) (2006).
- <span id="page-14-1"></span>2. Stenmark, M. H. *et al*. Combining physical and biologic parameters to predict radiation-induced lung toxicity in patients with nonsmall-cell lung cancer treated with defnitive radiation therapy. *Int J Radiat Oncol Biol Phys* **84**, e217–222, [https://doi.org/10.1016/j.](http://dx.doi.org/10.1016/j.ijrobp.2012.03.067) [ijrobp.2012.03.067](http://dx.doi.org/10.1016/j.ijrobp.2012.03.067) (2012).
- <span id="page-14-2"></span>3. Takeda, A. *et al*. Possible misinterpretation of demarcated solid patterns of radiation fbrosis on CT scans as tumor recurrence in patients receiving hypofractionated stereotactic radiotherapy for lung cancer. *Int J Radiat Oncol Biol Phys* **70**, 1057–1065, [https://doi.](http://dx.doi.org/10.1016/j.ijrobp.2007.07.2383) [org/10.1016/j.ijrobp.2007.07.2383](http://dx.doi.org/10.1016/j.ijrobp.2007.07.2383) (2008).
- <span id="page-14-3"></span>4. Marks, L. B. *et al*. Radiation dose-volume efects in the lung. *Int J Radiat Oncol Biol Phys* **76**, S70–76, [https://doi.org/10.1016/j.](http://dx.doi.org/10.1016/j.ijrobp.2009.06.091) [ijrobp.2009.06.091](http://dx.doi.org/10.1016/j.ijrobp.2009.06.091) (2010).
- 5. Tsujino, K. *et al*. Predictive value of dose-volume histogram parameters for predicting radiation pneumonitis afer concurrent chemoradiation for lung cancer. *Int J Radiat Oncol Biol Phys* **55**, 110–115 (2003).
- 6. Graham, M. V. *et al*. Clinical dose-volume histogram analysis for pneumonitis afer 3D treatment for non-small cell lung cancer (NSCLC). *Int J Radiat Oncol Biol Phys* **45**, 323–329 (1999).
- <span id="page-14-4"></span>7. Palma, D. A. *et al*. Predicting radiation pneumonitis afer chemoradiation therapy for lung cancer: an international individual patient data meta-analysis. *Int J Radiat Oncol Biol Phys* **85**, 444–450, [https://doi.org/10.1016/j.ijrobp.2012.04.043](http://dx.doi.org/10.1016/j.ijrobp.2012.04.043) (2013).
- <span id="page-14-5"></span>8. Tsujino, K. *et al*. Combined analysis of V20, VS5, pulmonary fbrosis score on baseline computed tomography, and patient age improves prediction of severe radiation pneumonitis afer concurrent chemoradiotherapy for locally advanced non-small-cell lung cancer. *J Torac Oncol* **9**, 983–990, [https://doi.org/10.1097/jto.0000000000000187](http://dx.doi.org/10.1097/jto.0000000000000187) (2014).
- <span id="page-14-6"></span>9. Yamashita, H. *et al*. Exceptionally high incidence of symptomatic grade 2-5 radiation pneumonitis afer stereotactic radiation therapy for lung tumors. *Radiat Oncol* **2**, 21, [https://doi.org/10.1186/1748-717x-2-21](http://dx.doi.org/10.1186/1748-717x-2-21) (2007).
- 10. Zhang, X. J. *et al*. Prediction of radiation pneumonitis in lung cancer patients: a systematic review. *Journal of cancer research and clinical oncology* **138**, 2103–2116, [https://doi.org/10.1007/s00432-012-1284-1](http://dx.doi.org/10.1007/s00432-012-1284-1) (2012).
- 11. Williams, J. P., Johnston, C. J. & Finkelstein, J. N. Treatment for radiation-induced pulmonary late efects: spoiled for choice or looking in the wrong direction? *Curr Drug Targets* **11**, 1386–1394 (2010).
- 12. Graves, P. R., Siddiqui, F., Anscher, M. S. & Movsas, B. Radiation Pulmonary Toxicity: From Mechanisms to Management. *Seminars in Radiation Oncology* **20**, 201–207, [https://doi.org/10.1016/j.semradonc.2010.01.010](http://dx.doi.org/10.1016/j.semradonc.2010.01.010) (2010).
- 13. Hall, S. *et al*. Protection against Radiotherapy-Induced Toxicity. *Antioxidants (Basel, Switzerland)* **5**, [https://doi.org/10.3390/](http://dx.doi.org/10.3390/antiox5030022) [antiox5030022](http://dx.doi.org/10.3390/antiox5030022) (2016).
- <span id="page-14-7"></span>14. Koukourakis, M. I. Radiation damage and radioprotectants: new concepts in the era of molecular medicine. *Br J Radiol* **85**, 313–330, [https://doi.org/10.1259/bjr/16386034](http://dx.doi.org/10.1259/bjr/16386034) (2012).
- <span id="page-14-8"></span>15. Moulder, J. E. 2013 Dade W. Moeller lecture: medical countermeasures against radiological terrorism. *Health Phys* **107**, 164–171, [https://doi.org/10.1097/hp.0000000000000082](http://dx.doi.org/10.1097/hp.0000000000000082) (2014).
- <span id="page-14-9"></span>16. Hannig, J. *et al*. Surfactant sealing of membranes permeabilized by ionizing radiation. *Radiat Res* **154**, 171–177 (2000).
- <span id="page-14-10"></span>17. Bouhafs, R. K., Samuelson, A. & Jarstrand, C. Lipid peroxidation of lung surfactant due to reactive oxygen species released from phagocytes stimulated by bacteria from children with cystic fbrosis. *Free radical research* **37**, 909–917 (2003).
- 18. Rodriguez-Capote, K., Manzanares, D., Haines, T. & Possmayer, F. Reactive oxygen species inactivation of surfactant involves structural and functional alterations to surfactant proteins SP-B and SP-C. *Biophys J* **90**, 2808–2821, [https://doi.org/10.1529/](http://dx.doi.org/10.1529/biophysj.105.073106) [biophysj.105.073106](http://dx.doi.org/10.1529/biophysj.105.073106) (2006).
- <span id="page-14-11"></span>19. Andersson, S., Kheiter, A. & Merritt, T. A. Oxidative inactivation of surfactants. *Lung* **177**, 179–189 (1999).
- <span id="page-14-12"></span>20. Trott, K. R., Herrmann, T. & Kasper, M. Target cells in radiation pneumopathy. *Int J Radiat Oncol Biol Phys* **58**, 463–469 (2004).
- <span id="page-14-13"></span>21. Willner, J. *et al*. Secretory activity and cell cycle alteration of alveolar type II cells in the early and late phase afer irradiation. *Int J Radiat Oncol Biol Phys* **55**, 617–625 (2003).
- <span id="page-14-14"></span>22. Penney, D. P. *et al*. Morphologic changes refecting early and late efects of irradiation of the distal lung of the mouse: a review. *Scan Electron Microsc*, 413–425 (1982).
- <span id="page-14-15"></span>23. Coultas, P. G., Ahier, R. G. & Anderson, R. L. Altered turnover and synthesis rates of lung surfactant following thoracic irradiation. *Int J Radiat Oncol Biol Phys* **13**, 233–237 (1987).
- <span id="page-14-16"></span>24. Willson, D. F. Aerosolized Surfactants, Anti-Infammatory Drugs, and Analgesics. *Respir Care* **60**, 774–790; discussion 790–773, [https://doi.org/10.4187/respcare.03579](http://dx.doi.org/10.4187/respcare.03579) (2015).
- <span id="page-14-17"></span>25. Wang, L. P., Mao, Q. H. & Yang, L. Efect of pulmonary surfactant combined with mechanical ventilation on oxygenation functions and expressions of serum transforming growth factor-beta1 (TGF-beta1) and bone morphogenetic protein 7 (BMP-7) of neonatal respiratory distress syndrome. *European review for medical and pharmacological sciences* **21**, 4357–4361 (2017).
- <span id="page-14-18"></span>26. Raghavendran, K., Willson, D. & Notter, R. H. Surfactant therapy for acute lung injury and acute respiratory distress syndrome. *Critical care clinics* **27**, 525–559, [https://doi.org/10.1016/j.ccc.2011.04.005](http://dx.doi.org/10.1016/j.ccc.2011.04.005) (2011).
- <span id="page-14-19"></span>27. Office, G. B. H. *Code of Practice for the Housing and Care of Animals Bred, Supplied Or Used for Scientific Purposes*. (Stationery Office, 2015).
- <span id="page-14-20"></span>28. Collie, D. *et al*. A lung segmental model of chronic Pseudomonas infection in sheep. *PLoS One* **8**, e67677, [https://doi.org/10.1371/](http://dx.doi.org/10.1371/journal.pone.0067677) [journal.pone.0067677](http://dx.doi.org/10.1371/journal.pone.0067677) (2013).
- <span id="page-15-0"></span>29. Collie, D. D. S., Pyrah, I. & Watt, N. J. Distribution and quantitation of lung parenchymal contractile tissue in ovine lentivirusinduced lymphoid interstitial pneumonia. *Laboratory Investigation* **73**, 441–447 (1995).
- <span id="page-15-1"></span>30. Woodall, C. J., Maclaren, L. J. & Watt, N. J. Diferential levels of mRNAs for cytokines, the interleukin-2 receptor and class II DR/DQ genes in ovine interstitial pneumonia induced by maedi visna virus infection. *Veterinary Pathology* **34**, 204–211 (1997).
- 31. Passmore, M., Nataatmadja, M. & Fraser, J. F. Selection of reference genes for normalisation of real-time RT-PCR in brain-stem death injury in Ovis aries. *BMC Mol Biol* **10**, 72, [https://doi.org/10.1186/1471-2199-10-72](http://dx.doi.org/10.1186/1471-2199-10-72) (2009).
- 32. Rutigliano, H. M. *et al*. Cytokine gene expression at the maternal-fetal interface afer somatic cell nuclear transfer pregnancies in small ruminants. *Reprod Fertil Dev*, [https://doi.org/10.1071/rd15103](http://dx.doi.org/10.1071/rd15103) (2015).
- <span id="page-15-2"></span>33. Doull, L. *et al*. Late production of CXCL8 in ruminant oro-nasal turbinate cells in response to Chlamydia abortus infection. *Vet Immunol Immunopathol* **168**, 97–102, [https://doi.org/10.1016/j.vetimm.2015.08.011](http://dx.doi.org/10.1016/j.vetimm.2015.08.011) (2015).
- <span id="page-15-3"></span>34. Gross, N. J. Pulmonary efects of radiation therapy. *Ann Intern Med* **86**, 81–92 (1977).
- <span id="page-15-4"></span>35. Jennings, F. L. & Arden, A. Development of radiation pneumonitis. *Time and dose factors. Arch Pathol* **74**, 351–360 (1962).
- <span id="page-15-5"></span>36. Bennett, D. E., Million, R. R. & Ackerman, L. V. Bilateral radiation pneumonitis, a complication of the radiotherapy of bronchogenic carcinoma. (Report and analysis of seven cases with autopsy). *Cancer* **23**, 1001–1018 (1969).
- <span id="page-15-6"></span>37. Ohkuda, K. *et al*. Efects of irradiation on the pulmonary vascular fuid and protein exchange. *Te Tohoku journal of experimental medicine* **138**, 309–312 (1982).
- <span id="page-15-8"></span>38. Perkett, E. A., Brigham, K. L. & Meyrick, B. Increased vasoreactivity and chronic pulmonary hypertension following thoracic irradiation in sheep. *J Appl Physiol* **61**, 1875–1881 (1986).
- 39. Loyd, J. E. *et al*. Acute efects of thoracic irradiation on lung function and structure in awake sheep. *J Appl Physiol* **62**, 208–218 (1987).
- <span id="page-15-9"></span>40. Guerry-Force, M. L., Perkett, E. A., Brigham, K. L. & Meyrick, B. Early structural changes in sheep lung following thoracic irradiation. *Radiat Res* **114**, 138–153 (1988).
- <span id="page-15-7"></span>41. Tillman, B. F., Loyd, J. E., Malcolm, A. W., Holm, B. A. & Brigham, K. L. Unilateral radiation pneumonitis in sheep: physiological changes and bronchoalveolar lavage. *J Appl Physiol* **66**, 1273–1279 (1989).
- <span id="page-15-10"></span>42. Rodrigues, G. *et al*. Palliative thoracic radiotherapy in lung cancer: An American Society for Radiation Oncology evidence-based clinical practice guideline. *Practical Radiation Oncology* **1**, 60–71, [https://doi.org/10.1016/j.prro.2011.01.005](http://dx.doi.org/10.1016/j.prro.2011.01.005) (2011).
- <span id="page-15-11"></span>43. Zhao, L. *et al*. Elevation of plasma TGF-beta1 during radiation therapy predicts radiation-induced lung toxicity in patients with non-small-cell lung cancer: a combined analysis from Beijing and Michigan. *Int J Radiat Oncol Biol Phys* **74**, 1385–1390, [https://doi.](http://dx.doi.org/10.1016/j.ijrobp.2008.10.065) [org/10.1016/j.ijrobp.2008.10.065](http://dx.doi.org/10.1016/j.ijrobp.2008.10.065) (2009).
- <span id="page-15-12"></span>44. Arpin, D. *et al*. Early variations of circulating interleukin-6 and interleukin-10 levels during thoracic radiotherapy are predictive for radiation pneumonitis. *J Clin Oncol* **23**, 8748–8756, [https://doi.org/10.1200/jco.2005.01.7145](http://dx.doi.org/10.1200/jco.2005.01.7145) (2005).
- <span id="page-15-13"></span>45. Siva, S. *et al*. A pattern of early radiation-induced infammatory cytokine expression is associated with lung toxicity in patients with non-small cell lung cancer. *PLoS One* **9**, e109560, [https://doi.org/10.1371/journal.pone.0109560](http://dx.doi.org/10.1371/journal.pone.0109560) (2014).
- <span id="page-15-14"></span>46. Barthelemy-Brichant, N. *et al*. Increased IL-6 and TGF-beta1 concentrations in bronchoalveolar lavage fuid associated with thoracic radiotherapy. *Int J Radiat Oncol Biol Phys* **58**, 758–767, [https://doi.org/10.1016/s0360-3016\(03\)01614-6](http://dx.doi.org/10.1016/s0360-3016(03)01614-6) (2004).
- <span id="page-15-15"></span>47. Crohns, M. *et al*. Cytokines in bronchoalveolar lavage fuid and serum of lung cancer patients during radiotherapy - Association of interleukin-8 and VEGF with survival. *Cytokine* **50**, 30–36, [https://doi.org/10.1016/j.cyto.2009.11.017](http://dx.doi.org/10.1016/j.cyto.2009.11.017) (2010).
- <span id="page-15-16"></span>48. Kotsianos, D. *et al*. High-dose-rate brachytherapy: dose escalation in three-dimensional miniorgans of the human bronchial wall. *Int J Radiat Oncol Biol Phys* **46**, 1267–1273 (2000).
- <span id="page-15-17"></span>49. Bergner, A. *et al*. Efects of single-dose irradiation on bronchial epithelium: a comparison of BEAS 2B cell monolayers, human organ cultures, and Goettinger minipigs. *Radiat Res* **160**, 647–654 (2003).
- <span id="page-15-18"></span>50. Branchfeld, K. *et al*. A three-dimensional study of alveologenesis in mouse lung. *Developmental biology* **409**, 429–441, [https://doi.](http://dx.doi.org/10.1016/j.ydbio.2015.11.017) [org/10.1016/j.ydbio.2015.11.017](http://dx.doi.org/10.1016/j.ydbio.2015.11.017) (2016).
- <span id="page-15-19"></span>51. Chen, L. *et al.* The protective effect of recombinant human keratinocyte growth factor on radiation-induced pulmonary toxicity in rats. *Int J Radiat Oncol Biol Phys* **60**, 1520–1529, [https://doi.org/10.1016/j.ijrobp.2004.07.729](http://dx.doi.org/10.1016/j.ijrobp.2004.07.729) (2004).
- <span id="page-15-20"></span>52. Adler, K. B., Low, R. B., Leslie, K. O., Mitchell, J. & Evans, J. N. Contractile cells in normal and fbrotic lung. *Laboratory Investigation* **60**, 473–485 (1989).
- <span id="page-15-21"></span>53. Kuhn, C. & McDonald, J. A. The roles of the myofibroblast in idiopathic pulmonary fibrosis. Ultrastructural and immunohistochemical features of sites of active extracellular matrix synthesis. *Am J Pathol* **138**, 1257–1265 (1991).
- <span id="page-15-22"></span>54. Sun, K. H., Chang, Y., Reed, N. I. & Sheppard, D. alpha-Smooth muscle actin is an inconsistent marker of fbroblasts responsible for force-dependent TGFbeta activation or collagen production across multiple models of organ fbrosis. *Am J Physiol Lung Cell Mol Physiol* **310**, L824–836, [https://doi.org/10.1152/ajplung.00350.2015](http://dx.doi.org/10.1152/ajplung.00350.2015) (2016).
- <span id="page-15-23"></span>55. Marsh, H. Te bacteriology of progressive pneumonia of sheep. *Journal of the American Veterinary Medical Association* **17**, 304–317 (1924).
- 56. Georgsson, G., Nathanson, N., Palsson, P. A. & Petursson, G. Te pathology of visna and maedi in sheep. *In Slow Virus Diseases of Animals and Man edited by R. H. Kimberlin North*, Holland Publishing C (1994).
- 57. Cutlip, R. C., Jackson, T. A. & Lehmkuhl, H. D. Lesions of ovine progressive pneumonia: Interstitial pneumonitis and encephalitis. *American Journal of Veterinary Research* **40**, 1370–1374 (1979).
- <span id="page-15-24"></span>58. Mornex, J. F. *et al*. Lentivirus-induced interstitial lung disease: pulmonary pathology in sheep naturally infected by the visna-maedi virus. *Vet Res* **25**, 478–488 (1994).
- <span id="page-15-25"></span>59. Hillman, N. H. *et al*. Infammation and lung maturation from stretch injury in preterm fetal sheep. *Am J Physiol Lung Cell Mol Physiol* **300**, L232–241, [https://doi.org/10.1152/ajplung.00294.2010](http://dx.doi.org/10.1152/ajplung.00294.2010) (2011).
- <span id="page-15-26"></span>60. Kapanci, Y., Assimacopoulos, A., Irle, C., Zwahlen, A. & Gabbiani, G. "Contractile interstitial cells" in pulmonary alveolar septa: a possible regulator of ventilation-perfusion ratio? Ultrastructural, immunofuorescence, and *in vitro* studies. *J Cell Biol* **60**, 375–392 (1974).
- <span id="page-15-27"></span>61. Wilson, T. A. & Bachofen, H. A model for mechanical structure of the alveolar duct. *J Appl Physiol Respir Environ Exerc Physiol* **52**, 1064–1070 (1982).
- <span id="page-15-28"></span>62. Kojic, M. *et al*. Geometric hysteresis of alveolated ductal architecture. *J Biomech Eng* **133**, 111005, [https://doi.org/10.1115/1.4005380](http://dx.doi.org/10.1115/1.4005380) (2011).
- <span id="page-15-29"></span>63. Barkauskas, C. E. *et al*. Type 2 alveolar cells are stem cells in adult lung. *J Clin Invest* **123**, 3025–3036, [https://doi.org/10.1172/](http://dx.doi.org/10.1172/jci68782) [jci68782](http://dx.doi.org/10.1172/jci68782) (2013).
- <span id="page-15-30"></span>64. Desai, T. J., Brownfeld, D. G. & Krasnow, M. A. Alveolar progenitor and stem cells in lung development, renewal and cancer. *Nature* **507**, 190–194, [https://doi.org/10.1038/nature12930](http://dx.doi.org/10.1038/nature12930), [http://www.nature.com/nature/journal/v507/n7491/abs/nature12930.](http://www.nature.com/nature/journal/v507/n7491/abs/nature12930.html#supplementary-information) [html#supplementary-information](http://www.nature.com/nature/journal/v507/n7491/abs/nature12930.html#supplementary-information) (2014).
- <span id="page-15-31"></span>65. Jain, R. *et al*. Plasticity of Hopx(+) type I alveolar cells to regenerate type II cells in the lung. *Nature communications* **6**, 6727, [https://](http://dx.doi.org/10.1038/ncomms7727) [doi.org/10.1038/ncomms7727](http://dx.doi.org/10.1038/ncomms7727) (2015).
- <span id="page-15-32"></span>66. Mason, R. J. & McCormack, F. X. In *Lung surfactant: Basic research in the pathogenesis of lung disorders* Vol. 27 195–204 (Karger Publishers, 1994).
- <span id="page-15-33"></span>67. Fehrenbach, H. Alveolar epithelial type II cell: defender of the alveolus revisited. *Respir. Res.* **2**, 33–46 (2001).
- <span id="page-15-34"></span>68. Sisson, T. H. *et al*. Targeted injury of type II alveolar epithelial cells induces pulmonary fbrosis. *Am J Respir Crit Care Med* **181**, 254–263, [https://doi.org/10.1164/rccm.200810-1615OC](http://dx.doi.org/10.1164/rccm.200810-1615OC) (2010).
- <span id="page-16-0"></span>69. Epa, A. P. *et al*. Normal Human Lung Epithelial Cells Inhibit Transforming Growth Factor-beta Induced Myofibroblast Diferentiation via Prostaglandin E2. *PLoS One* **10**, e0135266, [https://doi.org/10.1371/journal.pone.0135266](http://dx.doi.org/10.1371/journal.pone.0135266) (2015).
- <span id="page-16-1"></span>70. Li, M. *et al*. Epithelium-specifc deletion of TGF-beta receptor type II protects mice from bleomycin-induced pulmonary fbrosis. *J Clin Invest* **121**, 277–287, [https://doi.org/10.1172/jci42090](http://dx.doi.org/10.1172/jci42090) (2011).
- <span id="page-16-2"></span>71. Citrin, D. E. *et al*. Role of type II pneumocyte senescence in radiation-induced lung fbrosis. *J Natl Cancer Inst* **105**, 1474–1484, [https://doi.org/10.1093/jnci/djt212](http://dx.doi.org/10.1093/jnci/djt212) (2013).
- <span id="page-16-3"></span>72. Chung, E. J. *et al*. Mammalian Target of Rapamycin Inhibition With Rapamycin Mitigates Radiation-Induced Pulmonary Fibrosis in a Murine Model. *Int J Radiat Oncol Biol Phys* **96**, 857–866, [https://doi.org/10.1016/j.ijrobp.2016.07.026](http://dx.doi.org/10.1016/j.ijrobp.2016.07.026) (2016).
- <span id="page-16-4"></span>73. Coppe, J. P., Desprez, P. Y., Krtolica, A. & Campisi, J. Te senescence-associated secretory phenotype: the dark side of tumor suppression. *Annu Rev Pathol* **5**, 99–118, [https://doi.org/10.1146/annurev-pathol-121808-102144](http://dx.doi.org/10.1146/annurev-pathol-121808-102144) (2010).
- <span id="page-16-5"></span>74. Dabjan, M. B. *et al*. A survey of changing trends in modelling radiation lung injury in mice: bringing out the good, the bad, and the uncertain. *Lab Invest* **96**, 936–949, [https://doi.org/10.1038/labinvest.2016.76](http://dx.doi.org/10.1038/labinvest.2016.76) (2016).
- <span id="page-16-6"></span>75. Terasaki, Y. *et al*. Hydrogen therapy attenuates irradiation-induced lung damage by reducing oxidative stress. *Am J Physiol Lung Cell Mol Physiol* **301**, L415–426, [https://doi.org/10.1152/ajplung.00008.2011](http://dx.doi.org/10.1152/ajplung.00008.2011) (2011).
- <span id="page-16-7"></span>76. Koukourakis, M. I., Tsoutsou, P. G. & Abatzoglou, I. Computed tomography assessment of lung density in patients with lung cancer treated with accelerated hypofractionated radio-chemotherapy supported with amifostine. *American journal of clinical oncology* **32**, 258–261, [https://doi.org/10.1097/COC.0b013e3181845557](http://dx.doi.org/10.1097/COC.0b013e3181845557) (2009).
- <span id="page-16-8"></span>77. Wynn, R. B. & Mehta, V. Reduction of treatment breaks and radiation-induced esophagitis and pneumonitis using amifostine in unresectable non-small cell lung cancer patients receiving defnitive concurrent chemotherapy and radiation therapy: a prospective community-based clinical trial. *Seminars in oncology* **32**, S99–104 (2005).
- <span id="page-16-9"></span>78. Giudice, E. L. & Campbell, J. D. Needle-free vaccine delivery. *Adv Drug Deliv Rev* **58**, 68–89, [https://doi.org/10.1016/j.](http://dx.doi.org/10.1016/j.addr.2005.12.003) [addr.2005.12.003](http://dx.doi.org/10.1016/j.addr.2005.12.003) (2006).
- <span id="page-16-10"></span>79. Roth, Y., Chapnik, J. S. & Cole, P. Feasibility of aerosol vaccination in humans. *Ann. Otol. Rhinol. Laryngol.* **112**, 264–270 (2003).

#### **Acknowledgements**

This work was supported by Grant MRC/CIC3/025 awarded to D.C., J.L., J.M., G.M. & J.P. The authors wish to acknowledge the assistance of Dryden Animal Services in the conduct of this work, and the assistance of Dr Helen Brown in relation to experimental design and statistical analysis. The authors are grateful to Lamellar Biomedical Ltd., Strathclyde Business Park, Bellshill, Scotland, United Kingdom, for the supply of LAMELLASOMETM used in this research.

#### **Author Contributions**

D.C., S.W., J.L., E.K., M.P., J.M., T.S., A.M. and L.H. contributed to study coordination and designed the experimental protocol. D.C. wrote the main manuscript text, and D.C. and J.P. prepared the fgures and tables. All authors reviewed the manuscript. D.C., S.W., J.L., E.K., M.P., J.P. and T.S. conducted the data acquisition and analysis. J.P. and S.S. performed the histopathological assessments. D.C., S.W., G.M. conducted the laboratory, and wet lab assays and procedures

#### **Additional Information**

**Supplementary information** accompanies this paper at [https://doi.org/10.1038/s41598-018-31559-3.](http://dx.doi.org/10.1038/s41598-018-31559-3)

**Competing Interests:** A.McL. and L.H. are employees and (or) shareholders of Lamellar Biomedical Ltd. (LBL), Eurocentral, Holytown, Scotland, UK. UoE and LBL have a patent application pending for lamellar body compositions as treatments of fbrotic or pro-fbrotic conditions in which A.McL., L.H. and D.C. are inventors. The remaining authors declare no competing interests.

**Publisher's note:** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional afliations.

**Commons Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit [http://creativecommons.org/licenses/by/4.0/.](http://creativecommons.org/licenses/by/4.0/)

 $© The Author(s) 2018$