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Authors

Sun, Jichao
Roy, Subhojit

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Gene-based therapies for Neurodegenerative Diseases

Jichao Sun¹, Subhojit Roy^{2,3,*}

¹Department of Geriatrics, Shenzhen People's Hospital (The Second Clinical Medical College, Jinan University; The First Affiliated Hospital, Southern University of Science and Technology), Shenzhen 518020, Guangdong, China

²Department of Pathology, University of California, San Diego, La Jolla, CA

³Department of Neurosciences, University of California, San Diego, La Jolla, CA

Abstract

Gene therapy is making a comeback. With its twin promise of targeting disease etiology and long-term correction, gene-based therapies (defined here as all forms of genome-manipulation) are particularly appealing for neurodegenerative diseases, where conventional pharmacologic approaches have been largely disappointing. The recent success of a viral-vector based gene therapy in spinal muscular atrophy (SMA) – promoting survival and motor function with a single intravenous injection – offers a paradigm for such therapeutic intervention, and a platform to build upon. Though challenges remain, the newfound optimism largely stems from advances in the development of viral vectors that can diffusely deliver genes throughout the CNS, as well as genome-engineering tools that can manipulate disease pathways in ways that were previously impossible. Surely SMA cannot be the only neurodegenerative disease amenable to gene therapy, and one can imagine a future where a clinician's toolkit will include gene-based therapeutics. The goal of this review is to highlight advances in the development and application of gene-based therapies for neurodegenerative diseases and offer a prospective look into this emerging arena.

Over two decades have passed since the death of Jesse Gelsinger – a relatively healthy 18 year-old volunteer for a gene therapy trial – likely due to a fatal immune response triggered by adenovirus vectors¹. The intervening years have seen public outcry, soul-searching, regulatory reforms, and even professional shunning of gene therapy researchers and advocates. Yet, work in the arena continued, including strategies to mitigate the viral vector-induced activation of immune responses that ultimately took Jesse's life. More recently, advances in gene-delivery and gene-manipulation tools have re-energized the field (see timeline in Fig. 1a). A paradigm for such therapeutic intervention is AVXS-101 (onasemnogene abeparvovec), a gene therapy for SMA, where children destined to wheelchairs and early death show remarkable improvements in survival and motor function after a single intravenous injection of adeno-associated virus 9 (AAV9) carrying the *SMN1* gene². However, significant challenges need to be resolved before gene

*Correspondence: sroy@ucsd.edu.

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therapy for neurodegenerative diseases becomes widely accepted. In this review, we first discuss promises and challenges surrounding gene-based therapies for neurodegenerative diseases, and then summarize the repertoire of gene-manipulation tools available today. The final section gives examples of ongoing and pending gene-based clinical trials in neurodegeneration and discusses promising experimental strategies.

I) Promises and challenges of gene-based therapies for neurodegenerative diseases

The promise of gene therapy has always rested on two pillars: the ability to target etiology, and the capacity for “achieving a permanent correction”³. A single, long-lasting intervention (“one and done”) is particularly appealing for diseases affecting the CNS, because unlike other organs where repeated doses can readily achieve effective therapeutic concentrations, most peripherally administered agents are unable to cross the blood brain barrier, or only do so poorly. For instance, the human CSF to serum ratio of BAN2401 – a monoclonal antibody with some promise in Alzheimer’s disease (AD) – is only ~ 0.04%⁴. Nevertheless, small molecules and antibodies continue to be the mainstay of clinical trials in neurodegenerative diseases, and only a handful of gene therapy candidates have been tried (see timeline in Fig. 1b). Challenges surrounding gene-based therapies in the CNS are briefly outlined next (Table 1), and the reader is referred to recent reviews for more in-depth discussions^{5,6}.

Since correction of a single gene in a monogenic illness is the traditional view of gene therapy, its feasibility for illnesses with complex etiologies, such as neurodegenerative diseases, is sometimes questioned. However, almost all therapeutic strategies – gene-based or not – are focused on singular targets; for instance, almost all AD trials have targeted either amyloid-beta (A β) or tau⁷. Moreover, by modulating gene/protein levels or other physiologic properties of endogenous proteins, gene-based therapies are being applied to sporadic neurodegenerative diseases, as discussed later. The permanency of some gene-based therapies is both an advantage and risk. Once genomic modifications are installed in the DNA, they would be irreversible – particularly in post-mitotic neurons. Each gene therapy will also come with its own caveats, for example off-target effects with DNA/RNA editing, and the persistence of exogenous proteins such as bacterial Cas9. Careful consideration of risk-benefit will likely determine clinical application, as with other relatively permanent interventions such as surgical procedures.

The safe, efficient, and selective delivery of gene products into the CNS remains a challenge. Though non-viral delivery strategies such as nanoparticles and ribonucleoprotein complexes are being explored⁶, so far, their applicability to the CNS remains uncertain. Adeno-associated viral vectors (AAVs) are a clear frontrunner in this arena, with strong neuronal tropism, widespread distribution, and desirable safety profiles in many species, including non-human primates (NHPs)⁵ – though there are caveats, as discussed next. Development of engineered AAV-capsids to enhance neurotropism is also a rapidly emerging arena⁸. Many CNS gene therapies will require a sustained delivery of the exogenous transgene throughout life, and AAVs also seem suited for this. Unlike mitotically active cells where transduced AAVs are gradually lost because they fail to integrate into the host genome, AAV expression

can persist for decades in postmitotic cells like neurons⁹, though the underlying mechanisms and extent of this persistence is not clear. However, our ability to detect the transgene expression in living patients is limited due to the lack of biomarkers and difficulties related to accessibility of brain-tissue.

Although AAVs have been used in over 200 human studies involving thousands of patients¹⁰ and are thought to be generally safe, several caveats have also emerged, mostly related to activation host immune responses by viral proteins. First, capsid proteins of recombinant AAV particles resemble capsids of natural viruses that humans are routinely exposed to, resulting in neutralizing host antibodies that can attenuate transduction efficiency¹¹. In the first AVXS-101 trial, 16 patients were screened and one was excluded due to elevated anti-AAV9 antibody titer (>1:50)². Exogenous AAV capsids can also activate cytotoxic T lymphocytes (CTLs) that can eliminate the transduced cells¹² or generate neutralizing antibodies by triggering humoral immunity; precluding repeated administration¹³. Certain AAV serotypes like AAV1 and AAV5 have a high tropism for antigen-presenting cells and can trigger a greater adaptive immune response¹⁴. Another concern of AAVs relates to the activation of Toll-like receptors (TLRs) that sense the capsid/vector genome and induce innate immunity responses, producing pro-inflammatory cytokines¹⁵. If the transgene introduced by the gene therapy encodes a foreign protein – such as a non-human protein or a replacement protein in a null genomic background – both neutralizing antibodies and CTLs may be generated¹⁶. In a recent AAV-based gene therapy trial of myotubular myopathy, two out of three patients administered with a high-dose died due to severe hepatotoxicity, though encouraging results were seen in patients treated with a lower dose¹⁷. Another worrisome aspect highlighted by recent studies is that administration of AAVs by intrathecal or intravenous injections can cause dorsal root ganglion pathology, seemingly independent of immune responses¹⁸. The complex relationship between AAV vectors and host immune responses is being intensely investigated, along with mitigation strategies¹⁹.

II) Toolbox of gene manipulations

The ever expanding palette of genome manipulation tools has been the subject of recent reviews²⁰, and here we will briefly discuss technologies relevant to therapeutics in neurodegenerative diseases (Box 1).

Gene expression:

Exogenous introduction of genes into the CNS is the most straightforward approach for gene therapy. Delivered genes can restore the loss of gene function due to pathologic mutations, as in the case of *SMN1* gene for SMA². Alternatively, genes can deliver neurotrophic factors to promote neuronal survival, as in the case of AD and PD; or metabolic enzymes to restore an imbalance of neurotransmitters, as in the case of PD – detailed later in this review.

DNA editing:

DNA editing tools can manipulate gene expression or correct pathogenic mutations, and are starting to enter the clinic²¹. In general, there are two key elements – DNA-binding domains that recognize specific genomic sequences, and nucleases that generate double-stranded

breaks (DSBs). DSBs are repaired by non-homologous end-joining (NHEJ) which is an endogenous error-prone mechanism leading to sequence insertions and deletions (INDELS) in the reading frame that typically cause frameshift mutations and premature termination codons (PTCs), ultimately knocking out the targeted gene (Figure 2a). Alternatively, in the presence of an exogenous template, native homology dependent repair (HDR) mechanisms can be exploited to insert desired sequences or point mutations into the host genome (Figure 2b). The three main DNA-editing nucleases – zinc-finger nucleases (ZFNs), transcription activator-like effector nucleases (TALENs), and CRISPR-associated nucleases – are described below.

ZFNs and TALENs:

A ZFN is a fusion protein with two functional domains, a DNA-binding domain composed of three to six zinc fingers – each recognizing three DNA base-pairs in the host genome – and a DNA-cleaving domain of the endonuclease FokI (Figure 2c)²². As FokI is functional as a dimer, two ZFNs are designed to bind opposite strands of the targeted genomic DNA, which allow the FokI domains to dimerize and cleave DNA. TALEN contains a series of transcription activator-like effectors (TALEs) and the FokI DNA-cleavage domain (Figure 2d). Each TALE polypeptide comprises 33-34 amino acids, of which residues 12 and 13 recognize a specific DNA-base, allowing targeted DNA-binding by selecting a combination of modular TALEs²³.

CRISPR-mediated canonical applications - NHEJ and HDR:

Unlike ZFNs and TALENs that use amino acids to direct the nuclease, the CRISPR system uses a custom-designed guide-RNA to target a Cas9 nuclease to target-specific sites in the host DNA. An additional requirement is the presence of PAM (protospacer adjacent motif) sites that are dispersed throughout the genome²⁴. The guide-RNA for the most commonly used Cas9 – *Streptococcus pyogenes* Cas9 or SpCas9 – contains a CRISPR RNA (crRNA) that recognizes the genomic target sequence and a trans-activating CRISPR RNA (tracrRNA) that recruits Cas9 (Figure 2e). After Cas9-induced DSBs and repair by NHEJ, INDELS typically alter the reading frame and install a PTC. Typically, mRNAs containing the mutant PTCs are degraded by nonsense-mediated decay (NMD) – an endogenous surveillance mechanism – leading to a loss of the protein. In principle, CRISPR-guided HDR can be used to introduce any desired point mutation or insertions in the native genome via ‘donor-templates’. However, in most cells, HDR-mediated repair is less frequent than NHEJ, limiting recombination. Moreover, HDR naturally occurs during mitotic recombination, limiting application to post-mitotic neurons, though strategies are being developed to improve HDR efficiency in the brain²⁵. One option is to use HDR-editing in an ex-vivo setting, and then transfer the edited cells in vivo, a bona-fide gene therapy option in sickle cell disease²⁶. Although studies have explored stem cell transplant in neurodegenerative diseases²⁷, the practicality of this approach seems limited.

CRISPR-mediated domain-excision:

Pathologic mutations within introns can be excised by designing two guide-RNAs on either side of the mutation – thereby removing the aberrant nucleotide. This strategy is being used in a Phase 1/2 clinical trial for Leber congenital amaurosis 10 (LCA10, [NCT03872479](#)) –

an inherited retinal degenerative disease²⁸. In LCA10, an intronic A to G mutation in the *CEP290* mRNA creates a splice-donor site – adding an extra exon; and two guide-RNAs on either side of the mutation excises this defect, restoring normal mRNA splicing. A single AAV5 vector delivers the two gRNAs and a smaller *Staphylococcus aureus* Cas9 (SaCas9) into the eye by subretinal injections, making this the first CRISPR-based trial in humans²¹.

Instead of eliminating protein translation by triggering NMD of the PTC-containing mRNA, CRISPR-editing can also be used to selectively terminate translation at the PTC-site, effectively resulting in a truncated protein (Figure 2f). This ‘domain-excision’ strategy can be used to eliminate small pathogenic stretches – while preserving the majority of the protein and ensuing physiologic functions – as recently demonstrated by CRISPR-editing of the last ~ 36 aa of the amyloid precursor protein (APP); relevant to AD²⁹. This strategy leverages transcriptional rules guiding NMD by introducing PTCs in the last exon that is known to be protected from nonsense decay (reviewed in³⁰); also discussed later.

CRISPR-mediated transcriptional modulation:

In CRISPRi (inhibition), a catalytically dead Cas9 (dCas9) or a nickase Cas9 (nCas9) – only capable of generating single-strand breaks – is fused with transcription repressors to inhibit gene transcription (Figure 3a). Repression can also be achieved by enzymes that modify histones and alter chromatin structure by epigenome editing. Since decreasing gene expression is a logical strategy for many neurodegenerative diseases – for instance excessive α -synuclein, APP, tau and Huntingtin has been implicated – this is a promising approach. However, important issues such as safety and efficacy still need to be addressed. CRISPRa (activation) is an analogous strategy to activate endogenous genes by fusing dCas9 or nCas9 to transcription activators or epigenome modulators (Figure 3b). Though these large Cas9-effector proteins in CRISPRi/a poses a challenge for AAV-packaging and clinical development, this can be overcome by using the smaller SaCas9³¹.

CRISPR-mediated base-editing and prime-editing:

Most human pathologic genetic variants – including inherited neurodegenerative diseases – are due to single base-pair point-mutations³². DNA base-editors are chimeric proteins composed of a dCas9 or nCas9 fused to a deaminase protein capable of deaminating and altering cytidine or adenine base-pairs: cytosine base editors (CBEs) mediating conversion of C:G to T:A, and adenine base editors (ABEs) converting A:T to G:C (Figure 3c-d)^{33,34}. The application of base editing is constrained by the availability of suitable PAM sequences and undesirable nucleotide substitutions close to the target site, due to the wide activity-window of deaminases. Newer Cas9 variants with broader PAM compatibility and cytidine deaminase variants with narrower activity-windows have been developed³⁵. Though the large size of base editors makes AAV-packaging for in vivo delivery challenging, a recent study used dual AAVs to deliver split base editors that were subsequently reconstituted in situ by *trans*-splicing inteins³⁶. Concerning off-target effects – especially unwanted RNA editing – have been reported with base editing³⁷, but newer base editors with reduced off-target activity have also been reported³⁸. Prime editing expands the concept of base editing by allowing broader genomic targeting, more options for genetic remodeling, and increased precision. The prime editing guide-RNA (pegRNA) contains both the conventional

DNA targeting sequence, as well as the desired editing sequence to replace targeted genomic DNA nucleotides³⁹. The accompanying nCas9 is fused to a reverse transcriptase that primes the reverse transcription of pegRNA, transferring encoded genetic information from the pegRNA - including insertions, deletions and base conversions – to the targeted genome (Figure 3e).

RNA editing:

RNA-based editing alters gene expression at the transcript level. Since RNA is transient, there is lesser risk of permanent deleterious effects, which is a significant therapeutic appeal of this technology. However, the need for repeated administration – typically by intrathecal injections – is challenging in the clinical setting. Though antisense oligonucleotides (ASOs) were described over 40 years ago, clinical application of RNA-based therapeutics suffered numerous setbacks due to limited efficacy, lack of specificity, and deleterious off target effects⁴⁰. However, numerous advances in chemical modifications, delivery vehicles, and RNA-editing tools have transformed the field, leading to several therapeutic agents that are in the clinic⁴¹. RNA-based editing technologies have been reviewed recently⁴², and here we discuss two strategies relevant to neurodegenerative diseases.

ASOs:

ASOs are synthetic nucleic acid sequences that bind RNA through Watson-Crick base pairing and influence the maturation of pre-mRNAs to mature mRNAs and proteins. Pre-mRNA splicing is a physiologic process by which introns are removed and exons are ligated, leading to a mature mRNA that is translated into a functional protein. This process is regulated by exonic or intronic splicing enhancers and silencers, where enhancers promote exon inclusion and silencers promote exon exclusion. ASOs can act in several ways to influence these processes; for instance a normally excised exon can be included – called splice inclusion – or exons that would normally be translated can be excluded, called splice exclusion or “exon skipping” (Figure 4).

Cas13d:

Unlike other Cas proteins that target DNA, Cas13 is an outlier enzyme that binds and cleaves RNA in mammalian cells, leading to gene knockdown. Specificity is conferred by spacer sequences complementary to target RNA, and a short hairpin that recruits Cas13⁴³. Since there is no requirement for PAM sites, Cas13 is more flexible than other conventional Cas proteins. Of the four subtypes – Cas13a-d⁴⁴ – Cas13d is the smallest, and can be packaged into a single AAV for in vivo applications⁴⁵. Besides RNA knockdown, Cas13 enzymes have been adapted for RNA splicing-regulation and base editing. Catalytically inactive forms of Cas13d (dCas13d) have also been used to modulate splicing of endogenous tau transcripts and correct abnormal ratios of 4R/3R tau isoforms in frontotemporal dementia patient-derived iPSCs⁴⁵. For RNA base editing, dCas13b is fused to deaminase enzymes for target nucleotide substitutions⁴⁶.

III) Specific applications of gene-based therapies to neurodegenerative diseases

Ongoing gene therapy clinical trials and potential application of gene-based therapeutic strategies for selected neurodegenerative diseases are described below, also see Tables 2 and 3 for a list of trials.

Spinal muscular atrophy

SMA is a progressive, monogenic lower motor neuron disease, and one of the leading genetic cause of infant mortality. The genetics and clinical phenotypes are complex, but in most cases, SMA is caused by homozygous deletion of *SMN1* gene that codes for the survival motor neuron (SMN) protein⁴⁷, though the underlying reason for motor neuron vulnerability is still unclear. In humans, a paralog gene called *SMN2* also produces the SMN protein, but at lower levels due to a single nucleotide substitution in the *SMN-2* gene that alters splicing and excludes exon-7 from ~ 90% of the transcripts – resulting in a shortened mRNA and truncated SMN protein that is rapidly degraded⁴⁸. Since SMA patients lack a functional *SMN1* gene, the severity of their symptoms and the age of disease-onset is determined by copy-numbers of the *SMN2* gene. SMA type-1 is the most common form of this disease with hypotonia and motor delay before 6 months of age, leading to death or need for mechanical ventilation by age 2. These patients tend to have two copies of *SMN2* gene. Patients with three to four copies of *SMN2* have milder symptoms that appear later (6 to 18 months of age for type-2, and ~3 years for type-3). Less than 5% of patients have four to eight copies of *SMN2* gene (type-4) and have the mildest form of the disease with an adult onset. Recently, FDA approved three disease-modifying gene therapies that increase SMN protein-levels, either by enhancing the effectiveness of *SMN2*, or by introducing functional copies of *SMN1*.

Modulating SMN2: In an RNA-based approach, ASOs were used to target exon-7 of the *SMN2* gene, preventing its exclusion during splicing and subsequently increasing SMN protein levels⁴⁹. After successful Phase 1/2 trials with intrathecal delivery of ASOs⁵⁰, a Phase 3 trial initiated in 2014 showed significant motor improvement in 51% of SMA infants (37 out of 73)⁵¹, leading to the approval of an *SMN2* ASO by FDA (called nusinersen). Patients with early treatment performed better, highlighting the importance of early diagnosis⁵¹. A Phase 2 trial also showed encouraging motor improvement in pre-symptomatic SMA infants⁵². The efficacy of nusinersen in older patients is currently being investigated. The requirement for repeated intrathecal administration is a limitation of ASOs in the clinical setting, and recently, an orally-administered small molecule designed to favorably modulate *SMN2* splicing (risdiplam) was approved by the FDA⁵³. Alternatively, DNA-based strategies like CRISPRs can install permanent changes to *SMN2* to increase SMN expression. Though experimental, a recent study used a CRISPR/Cpf1 strategy in iPSCs to convert the *SMN2* gene to an *SMN1*-like gene via HDR⁵⁴; thus in principle, DNA-based strategies could also be used to modulate *SMN2*.

Expressing SMN1: In a landmark gene therapy clinical trial, 15 infants with SMA type-1 received a single intravenous injection of an AAV9 vector carrying the *SMN1* gene

(AVXS-101/onasemnogene abeparvovec). All patients in this trial were alive and event-free at 20 months, compared to a historic survival rate of 8%². Several patients getting a higher-dose showed unprecedented improvement in symptoms including the ability to walk unassisted, although they were treated at a younger age². A subsequent two-year follow-up study in the high-dose cohort showed a reduced need for pulmonary and nutritional support and improved motor function⁵⁵, and AVXS-101 was approved by FDA in 2019. Despite this optimism, caution is warranted with AAVs, and further clinical development of these vectors is critical. During the trial, four patients developed elevated liver transaminase levels, though no additional liver dysfunctions were reported². Moreover, recent studies showed that intravenous injection of an AAVhu68 expressing *SMN* (an AAV-vector similar to the one used in the AVXS-101 trial) led to severe liver toxicity and dorsal root ganglion degeneration in NHPs and piglets, necessitating euthanasia in many cases¹⁸. The long-term therapeutic effects and complications of AVXS-101 are also unknown.

Alzheimer's disease

Affecting nearly one in nine elderly people in the United States, with no disease-modifying therapy in sight, AD is perhaps the most poignant example of a neurodegenerative disease with an unmet need. Current FDA-approved treatments provide mild symptomatic relief at best, and many clinical trials with small molecules and antibodies have been disappointing⁷. Besides neurotrophins, three genes linked to AD can be potentially targeted for gene-based therapies – *APP*, *MAPT* and *APOE*. The *APP* gene encodes the amyloid precursor protein (APP) which is cleaved by β - and γ - secretases to eventually generate $A\beta$, and extensive evidence links *APP* to AD pathogenesis (reviewed in⁵⁶). *APP* mutations and duplications are seen in familial AD, and an *APP* mutation (Icelandic) is protective in sporadic disease as well⁵⁷. Recent studies suggest that other AD risk factors like *APOE4* may upregulate *APP* transcription⁵⁸, and evidence from human genetics in Down syndrome strongly implicate APP over-expression in AD linked to trisomy-21⁵⁹; collectively make a strong case for the involvement of the *APP* gene in AD. *MAPT* encodes for the tau protein which is an integral component of neurofibrillary tangles, and is an established therapeutic target in AD⁶⁰.

Expressing growth factors: Gene delivery of *NGF* to the cholinergic nucleus basalis of Meynert (NBM) by direct, bilateral AAV2 injections into the brain was one of the first gene therapy clinical trials in AD⁶¹. Nerve growth factor (NGF) is an endogenous neurotrophic factor that regulates the growth and survival of cholinergic neurons by functional activation of the TrkA receptor⁶². Preclinical studies in animal models including NHPs showed that exogenous NGF was beneficial, provided a rationale for human trials⁶³. However, while Phase 1/2 clinical trials in mild to moderate AD demonstrated safety and long-term expression of AAV2-*NGF*, there was no change in cognition⁶⁴. Examination of autopsy brains from this study showed that the injected AAV2-*NGF* did not reach the targeted cholinergic neurons in the NBM⁶⁵; thus the efficacy of this therapeutic option remains uncertain. Unlike human trials, the successful preclinical animal studies with NGF had used infusion pumps, and future studies administering brain derived neurotrophic factor (BDNF) into the entorhinal cortex (AAV2-*BDNF*) plans to use real-time MR guidance and convection-enhanced delivery⁶⁶.

Targeting *MAPT*: ASOs against the *MAPT* gene encoding tau have been used to reduce tau mRNA and protein levels in animal models. These ASOs attenuate tau phosphorylation and aggregation, prevent neuronal death, and extend survival in transgenic mice expressing a human mutant (P301S) tau; and also reduce CNS tau levels in NHPs⁶⁷. A clinical trial using this strategy is currently ongoing (NCT03186989). Alternatively, ASO-mediated exon-skipping can also reduce tau mRNA/protein levels in cells and in vivo⁶⁸. Acute knockdown of tau in adult mice showed deficits in learning and memory⁶⁹, and there is an emerging role for tau in regulating presynaptic function⁷⁰. Though these are potential concerns, it is unlikely that any strategy would cause a global depletion of tau, and toxicity studies would likely have to only contend with partial reductions.

Targeting *APOE*: In humans, three apolipoprotein E (*APOE*) polymorphic alleles – *E2*, *E3* and *E4* – determine risk for AD. While the *APOE4* variant is the single greatest risk factor for sporadic AD, *APOE2* is protective⁷¹. Studies in animal models indicate that *APOE4* is linked to both amyloid and tau pathology^{72,73}. One strategy for gene therapy is to elevate protective *APOE2* levels in the brain. Indeed, expressing *APOE2* by viral vectors attenuates A β pathology in an amyloid-based mouse model⁷⁴. AAV-mediated delivery of *APOE2* was also effective and safe in NHPs⁷⁵, and a Phase 1 trial of intrathecally-delivered AAV-*APOE2* is expected to start soon (NCT03634007). Human *APOE4* and *APOE3* differ by only one amino acid residue at position 112⁷¹. Although existing technology cannot widely install single-nucleotide changes in the brain, studies converting *APOE4* to *APOE3* by gene-editing in iPSCs or cerebral organoids can rescue AD-linked phenotypes⁷⁶ and may be an option for gene therapy in the future.

Targeting *APP*: The *APP* gene has a central role in both sporadic and familial AD, and silencing or modulating APP is an appealing option for gene therapy. Using CRISPR-Cas9, a recent study selectively inactivated mutant familial *APP*-Swedish alleles in cells and in vivo, without affecting the corresponding WT alleles⁷⁷. Another study used ASOs to skip the penultimate exon (exon-17) of *APP*⁷⁸. Exon-17 encodes the γ -secretase cleavage site and about half of the transmembrane domain of APP, thus deleting this exon abolishes membrane-anchoring of APP and attenuates A β secretion in cells as well as in vivo⁷⁸ and Fig. 5a). However, removing the membrane-anchoring of APP is also expected to eliminate its physiologic functions. Also, *APP*-ASOs generate abnormal fusion proteins of APP that are rapidly secreted from the cell⁷⁸ (Fig. 5a), and such non-native sequences may have detrimental functions. APP is evolutionarily conserved throughout the animal kingdom and has clear roles in synaptic plasticity⁷⁹. A recent study used a NHEJ-based CRISPR-Cas9 ‘DNA-excision’ strategy to induce PTCs in the last exon (exon-18) of *APP*, truncating the last ~ 36 amino acids and eliminating a pentapeptide YENPTY endocytic motif that triggers the amyloidogenic pathway²⁹. As noted previously, transcriptional rules render the last exon insensitive to NMD, thus PTCs in this region do not degrade the mRNA but lead to protein-truncations. The N-terminus and transmembrane domains of APP – thought to play roles in axonal and synaptic physiology – are intact in this setting, and physiologic functions appear unaffected (Fig. 5b). Moreover, the approach also up-regulated the α -cleavage pathway, known to play protective roles in AD⁷⁹ (Fig. 5c-d). Coincidentally, the C-terminus of *APP* has extensive microduplications that lead to microhomology mediated

end-joining (MMEJ)⁸⁰ and precise corrections after gene editing, making this a suitable target. Expression of neuroprotective APP fragments such as sAPP α may also be a viable therapeutic option in AD⁸¹.

Parkinson's disease

Though Parkinson's disease (PD) is a multi-system disorder, the classic symptoms of rigidity, tremor and hypokinesia are largely due to the loss of dopaminergic neurons in the substantia nigra (SN) pars-compacta, leading to an imbalance of inhibitory and excitatory pathways in nigrostriatal projections⁸². Current treatments only offer symptomatic relief, have significant side effects, and do not affect disease progression. The focal nature of SN pathology in PD has been long considered amenable to gene therapy, leading to approaches that can restore neurotransmitter imbalance, enhance neuronal survival, or target genes directly linked to the disease.

Modulating neuronal signaling: AAV based gene therapies have been used to upregulate dopaminergic signaling in PD. The dopamine synthesis pathway is regulated by three rate-limiting enzymes GTP cyclohydrolase 1 (GCH1), tyrosine hydroxylase (TH) and aromatic amino acid dopa decarboxylase (AADC), with AADC as the final enzymatic step in dopamine production. Clinical trials with AAV2-*AADC* have demonstrated safety, stable expression for up to 4 years, and modest improvement in symptoms^{83,84}. A more targeted delivery of AAV2-*AADC* in NHPs by real-time MRI-guidance was also safe and well tolerated⁸⁵, and a human clinical trial ([NCT03065192](#)) was recently launched. Finally, a lentivirus-based gene therapy (called ProSavin) delivering all three rate-limiting enzymes (*TH*, *AADC*, and *GCH1*) was well-tolerated in Phase 1/2 trials, with follow-up studies reporting moderate improvements in motor function⁸⁶. Decreased striatal dopaminergic tonus in PD leads to overactivity of the glutamatergic subthalamic nucleus (STN); and STN-infusion of agonist to GABA – the major inhibitory neurotransmitter in the brain – mitigates hyperactivity and PD-like symptoms in NHP disease models⁸⁷. In preclinical studies, GABA activation by subthalamic overexpression of glutamate acid decarboxylase (*GAD*), an enzyme catalyzing the synthesis of GABA, diminishes PD-like symptoms in rat and NHP models^{88,89}. Phase 1/2 clinical trials of AAV2-*GAD* injections in STN showed that the gene therapy was well tolerated and ameliorated PD symptoms^{90,91}, with effects persisting for a year⁹².

Expressing neurotrophic and regenerative factors: Two promising candidates supporting the survival of dopaminergic midbrain neurons are glial cell line-derived neurotrophic factor (GDNF) and neurturin (NRTN)⁹³. Preclinical studies showed that AAV-*GDNF* injections into the putamen of rodent and NHP models were well tolerated⁹⁴⁻⁹⁶, though bilateral SN-injections caused weight loss in aged monkeys⁹⁶. Further Phase 1 clinical trials to determine the safety of bilateral AAV2-*GDNF* injections into the putamen are ongoing. Regarding NRTN, a Phase 1 clinical trial delivering AAV2-*NRTN* to the putamen was well-tolerated⁹⁷, but did not improve motor function⁹⁸. Postmortem analyses showed that although NRTN expression was increased in the injected site at the putamen, there was no upregulation in the SN⁹⁹ – likely due to the failure of retrograde *NRTN* transport, or inadequate transduction. Though a subsequent clinical trial delivered higher

doses of AAV-*NRTN* directly into the SN, there was still no clinical improvement in motor function¹⁰⁰. A possible reason for the limited success of GDNF and NRTN in PD may be that some PD patients show reduced expression of Ret – the receptor of both NRTN and GDNF – thus these trophic factors cannot confer protection through Ret¹⁰¹. Gene therapy can also be employed to generate new neurons, as demonstrated by a recent experimental study in a chemically induced model of PD, where ASO-based depletion of an RNA-binding protein PTB (also called PTB1) led to a conversion of resident astrocytes into neurons and amelioration of neurochemical and motor deficits¹⁰².

Targeting disease genes – *SNCA*, *GBA* and *LRRK2*: Extensive evidence links *SNCA* – the gene encoding α -synuclein – in PD and related disorders; collectively called synucleinopathies (reviewed in¹⁰³). *SNCA* mutations and genomic multiplications are seen in familial synucleinopathies, and genome-wide studies in sporadic populations identified *SNCA* variants that increase α -synuclein expression^{104,105}; providing a rationale for lowering α -synuclein levels in PD. Indeed knockdown of α -synuclein via shRNA or ASO prevents neurodegeneration in rodent models of PD^{106,107}. CRISPR-mediated downregulation of α -synuclein also enhanced cell viability in human iPSC-derived dopaminergic neurons¹⁰⁸. However, some in vivo studies have reported concerning phenotypes after α -synuclein knockdown, and this issue remains unresolved^{109,110}.

Augmenting brain glucocerebrosidase (GCCase) activity by gene therapy is a promising therapeutic approach in PD. GCCase deficiency is the hallmark of Gaucher disease – an inherited lysosomal storage disorder due to mutations in the *GBA1* gene – and interestingly, *GBA1* mutations are also the most common risk factor for developing PD and other synucleinopathies¹¹¹. Decreased GCCase levels are also seen in cases of sporadic PD (without *GBA1* mutations). Substantial evidence from PD animal models also indicate links between GCCase and PD; collectively supporting a scenario where loss of GCCase activity leads to stressed degradative pathways and increased risk of developing PD¹¹². Direct injections of AAV-*GBA1* in the brain decreased α -synuclein levels and pathology in rodent models¹¹³. Diffuse brain delivery of *GBA1* by intravenous injections of AAV-PHP.B-*GBA1* in an A53T α -synuclein mouse model attenuated α -synuclein pathology and led to significant behavioral recovery and extension of lifespan¹¹⁴. A Phase 1/2 clinical trial was recently launched to treat PD patients by intracisternal injection of AAV9-*GBA1* (NCT04127578).

Variants in the leucine-rich repeat kinase 2 gene *LRRK2* cause familial PD, and also increase the risk of developing idiopathic disease¹¹⁵. The most common PD risk variant G2019S lies in the catalytic site of LRRK2 and enhances its kinase activity – a property also shared by other PD-linked *LRRK2*-variants. Thus, attenuating LRRK2 expression is an appealing therapeutic option, and small molecule inhibitors of LRRK2 have been explored¹¹⁶. However, LRRK2 is also expressed in lungs, kidneys and spleen, and global inhibition of LRRK2 can lead to pathologic changes in these tissues^{117,118}. Pulmonary complications are particularly concerning, though studies suggest that they may be reversible upon stopping treatment¹¹⁹. Gene therapy can be useful in this setting, by specifically inhibiting *LRRK2* in the brain, and intracerebral injection of *LRRK2* ASOs in the brain are effective in attenuating mRNA and protein levels, without obvious renal or pulmonary phenotypes¹²⁰. A *LRRK2* ASO (BIIB094, Ionis pharmaceuticals) is also

undergoing Phase 1 clinical trial in PD patients, where it will be delivered by intrathecal injections ([NCT03976349](#)).

Huntington's disease

Being a monogenic disorder, Huntington's disease (HD) is an appealing target for gene therapy. HD patients have progressive motor dysfunction, psychiatric impairment, and cognitive decline¹²¹, with no disease-modifying therapy. HD is caused by a CAG trinucleotide repeat expansion in the huntingtin (*HTT*) gene, generating a mutant toxic HTT protein with abnormally long polyglutamine (polyQ) repeats¹²¹.

Global silencing of *HTT*: ASOs targeting *HTT* mRNA reduces overall HTT protein level and delays disease progression in HD models¹²². In a Phase 1/2 trial, intrathecal administration of ASO-*HTT* decreased mutant *HTT* levels in the CSF without any adverse effects¹²³, and a Phase 3 trial was recently started to determine efficacy¹²⁴. Intracranial administration of AAV5 with a microRNA (miRNA) against *HTT* significantly reduced mutant HTT levels in transgenic HD minipig brain¹²⁵, and a Phase 1/2 clinical trial has been initiated. RNA interference (RNAi) technology has also been used to decrease *HTT*. Several experimental studies in HD mouse models have shown that injection of AAV-*HTT* shRNA into the striatum significantly reduces HTT expression, improving motor and behavioral deficits without overt neurotoxicity^{126,127}. Similar approaches are also reported to be safe in NHP^{128,129}. An advantage of targeting total HTT is that in principle, a single therapeutic agent can work for all HD patients, regardless of the specific mutation. However, a downside is that wild-type protein – and any related physiological function – will also be suppressed. Indeed, depletion of endogenous HTT in adult mice can lead to progressive behavioral deficits, neuropathological changes, and acute pancreatitis^{130,131}, which is concerning. Perhaps a balance between lowering mutant HTT and maintaining wild-type HTT need to be considered when designing non-selective HTT lowering therapies.

Selective silencing of *HTT* mutant alleles: Experimental studies have selectively inactivated mutant *HTT* by targeting single nucleotide polymorphisms (SNPs) associated with the mutant allele, either by CRISPR/RNAi in cells derived from HD patients^{132,133}, or by using ASOs in a humanized HD mouse model¹³⁴. Since only three common HD-associated SNPs have been reported in over 75% of the patients in the United States and Europe¹³⁵, only a few targeted gene-therapies are expected to benefit most patients, and a clinical trial using ASO-mutant-*HTT* is ongoing¹³⁶. Although the strategy of targeting SNPs in the mutant allele circumvents the putative risk of depleting wild-type HTT, it also limits the availability of RNA binding sequences that can be targeted by ASOs. Recently, zinc finger protein transcription factors (ZFP-TFs) were also used to selectively disrupt the mutant *HTT* allele by targeting the CAG repeat region, and AAV-delivered ZFP-TFs were safe and efficacious in HD mouse models¹³⁷.

Amyotrophic lateral sclerosis

Amyotrophic lateral sclerosis (ALS) is caused by progressive degeneration of motor neurons, typically leading to respiratory failure and death within 3-5 years after disease onset. Up to 10% of ALS patients have a familial history of genetic mutations (fALS), while

some mutations are also seen in apparently sporadic cases (sALS). Amongst the common ALS genes *SOD1*, *C9orf72*, *TDP43*, and *FUS*, gene therapies targeting *SOD1* and *C9orf72* mutations are being tested in clinical trials (for a recent review, see see¹³⁸).

Targeting *SOD1*: Around 10–20% of fALS and 1-2% of sALS patients have *SOD1* mutations. Most *SOD1* mutations alter protein conformation, leading to a gain of neurotoxicity¹³⁹. Injection of ASO-*SOD1* into CSF reduced SOD1 levels and prolonged the survival in a transgenic rat model carrying mutated human *SOD1*¹⁴⁰. In a Phase 1 clinical trial, intrathecal administration of ASO-*SOD1* was well tolerated in fALS patients with *SOD1* mutations¹⁴¹. A subsequent Phase 1/2 trial showed that ASO-*SOD1* treatment reduces CSF SOD1 protein levels¹⁴², and a Phase 3 trial has been initiated. RNAi and CRISPRs have also been used to inactivate mutant *SOD1*. Intravenous delivery of AAV9-*SOD1* shRNA reduced *SOD1* levels, slowed disease progression, and prolonged lifespan in a transgenic SOD1 mouse model^{143,144}. Disruption of *SOD1* expression by CRISPR also improved motor function and prolonged survival of mutant SOD1 mice¹⁴⁵. Recently, a proof-of concept study intrathecally delivered AAVs expressing miRNAs against *SOD1* in two SOD1-ALS patients, and postmortem analysis showed suppression of *SOD1* in spinal cord from one patient, demonstrating feasibility¹⁴⁶.

Targeting *C9orf72*: The G₄C₂ hexanucleotide repeat expansion (HRE) in intron 1 of *C9orf72* is a frequent cause of ALS¹⁴⁷. At least three primary mechanisms of HRE-induced neurotoxicity are recognized – reduced expression of normal *C9orf72*, RNA foci accumulation from sense and antisense transcripts of HRE, and dipeptide repeat proteins from HRE translation through a non-AUG (RAN) mechanism¹⁴⁸. Intracerebroventricular injection of ASO-*C9orf72* reduced *C9orf72* mRNA foci and improved cognitive function in a transgenic mouse model expressing 450 G₄C₂ repeats in *C9orf72* gene¹⁴⁹. A Phase 1 trial of intrathecal ASO-*C9orf72* administration in *C9orf72*-ALS patients is ongoing.

Conclusions

Once considered a pariah, gene therapy is now a reality. Traditionally, the widespread pathology of neurodegenerative diseases was considered unamenable to gene therapy, but advances in vector-technologies now allow diffuse delivery of genes into the CNS. Combined with contemporary genome-manipulation tools, gene-based therapies promise to alter the future clinical management of both inherited and sporadic neurodegenerative diseases – devastating illnesses that have few or no disease-modifying agents today. Even so, many challenges remain, and systematic development of gene-delivery vectors and rigorous evaluation of the safety of contemporary gene-manipulation tools, along with transparency and cooperation between various stakeholders will be critical in ushering this new era.

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Box 1: Gene editing tools

Canonical DNA editing

Comprised of two components – nucleases that cleave DNA, and synthetic peptide or RNA sequences that guide the nucleases to specific sites in the genome. Endogenous repair processes are error-prone, leading to disruption of the translational reading frame, nonsense decay of the mRNA, and effective gene knockout, called **non-homologous end joining** (NHEJ, Fig. 2a). Alternatively, in the presence of an exogenous donor-template, **homology dependent repair** (HDR) can insert desired sequences or point mutations into the host genome (Fig. 2b); though this is inefficient, particularly in neurons. ZFNs and TALENs use custom designed amino acids to direct nucleases, whereas CRISPR-based systems use synthetic guide RNA sequences (Fig. 2c-e).

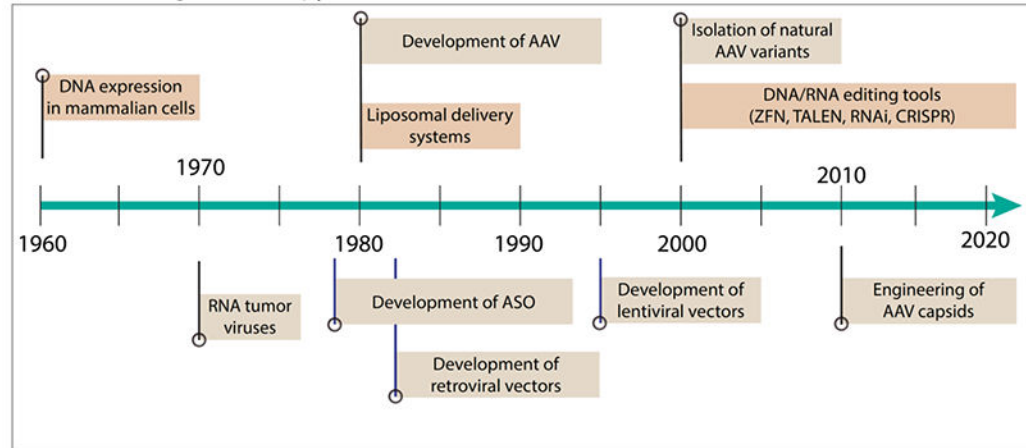
Noncanonical DNA editing

Though gene editing typically leads to knockout of the gene/protein, CRISPRs can also be used to alter single-nucleotides and DNA-domains or modulate gene expression. For instance, CRISPR-guided **domain-excision** can remove pathologic mutations or small DNA stretches, if they lie in regions that are normally exempt from nonsense mRNA decay (Fig. 2f; see text for details). Transcriptional repressors or enhancers attached to catalytically dead Cas9 (dCas9) can be directed to specific genomic sites using guide RNAs, leading to gene inhibition (**CRISPRi**) or activation (**CRISPRa**); Figure 3a-b. Single DNA base-pairs in the genome can be altered by **base-editing**, using deaminase proteins tagged to dCas9, directed to specific sites by guide RNAs (Fig. 3c-d). **Prime editing** expands base editing by allowing broader transfer of genetic information to the host genome (Fig. 3e).

RNA editing

Unlike DNA-based editing, RNA editing is transient, reducing chances of undesirable long-term consequences, however the need for repeated administration is a drawback. **Antisense oligonucleotides (ASOs)** are synthetic sequences that bind RNA and influence their maturation in a variety of ways (Fig. 4). **Cas13d** is an outlier Cas enzyme that binds to and cleaves mRNA in mammalian cells, resulting in gene knockdown without the need for PAM sequences.

a. Timeline of gene therapy



b. Clinical trials of gene therapy for neurodegenerative diseases

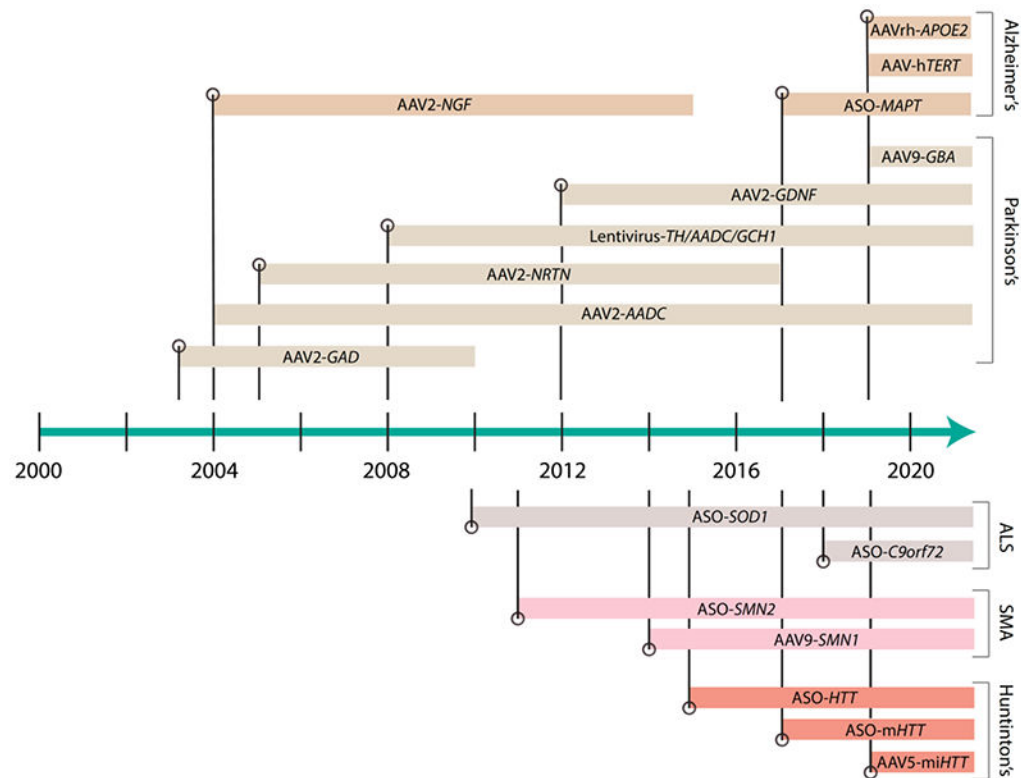


Figure 1: Timeline of marquee events in the gene therapy field.

a) Milestones in the development of gene therapy tools.

b) Timeline of key clinical trials in gene-based therapies for neurodegenerative diseases.

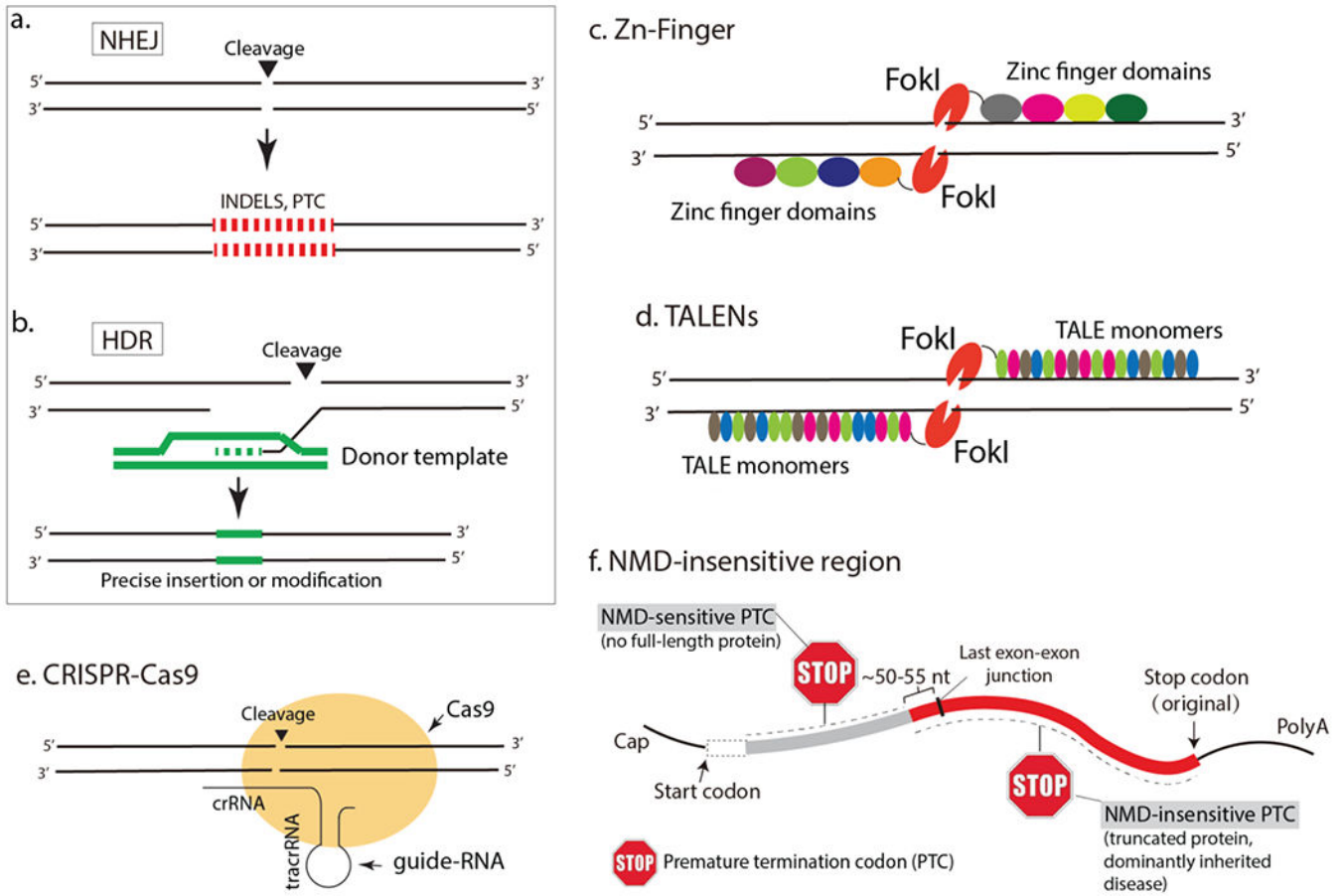


Figure 2. Mechanisms of genome editing by engineered nucleases.

- a)** Double-strand breaks (DSBs, arrowhead) in genomic DNA are repaired by non-homologous end joining (NHEJ), that introduces indel mutations (red dash lines), typically leading to a change of the reading frame, pre-mature termination codon (PTC), and disrupted gene function.
- b)** Alternately, in the presence of donor template, homology-directed repair (HDR) mechanisms lead to precise insertion or modification of DNA (green lines).
- c)** Zinc finger nucleases (ZFNs) are composed of three to six zinc finger domains (color circles), each recognizing three nucleotides. The zinc finger domains on opposite strands of DNA bring two FokI endonuclease domains together, inducing FokI dimerization and DSB.
- d)** Transcription activator-like effector nucleases (TALENs) have 16-20 TALE monomers, each recognizing a single nucleotide. A pair of TALENs induces FokI dimerization and DSB.
- e)** The CRISPR-Cas9 system contains a synthetic guide RNA and the nuclease Cas9. The guide RNA has two domains – a programmable crRNA sequence recognizing the genomic target, and a tracrRNA sequence for Cas9-binding.
- f)** Location of PTCs determine transcription fate. Only PTCs residing >50-55 nt upstream of the last exon-exon junction will lead to non-sense mediated decay (NMD) and degradation of the mRNA. The last exon is exempt from NMD, and PTCs in this “NMD-insensitive region” should lead to truncations (see article for details).

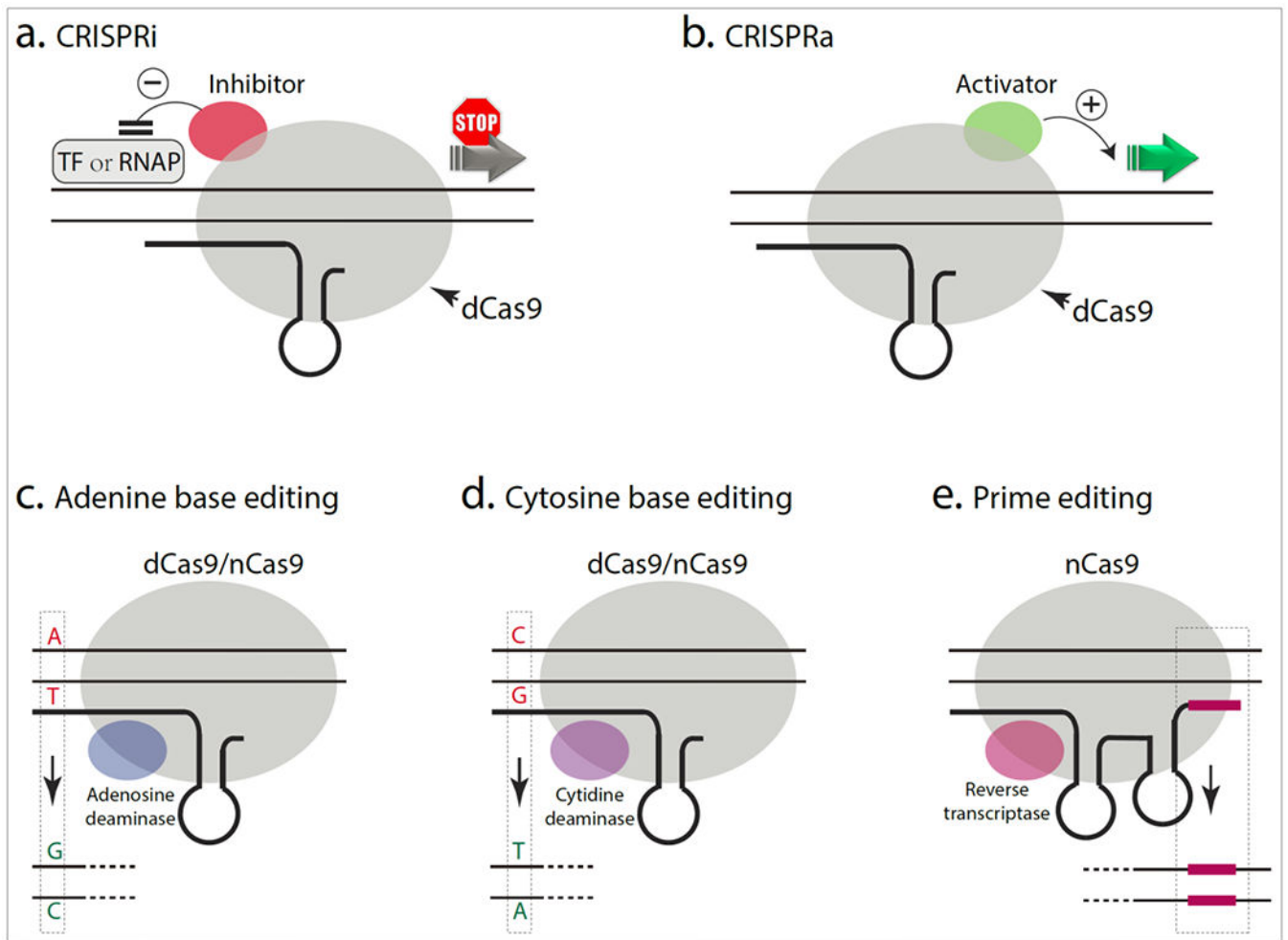


Figure 3. Non-canonical CRISPR tools.

a,b) dCas9, a nuclease-deactivated Cas9, is fused to a transcriptional inhibitor (**a**) or activator (**b**) to inhibit or boost transcription, respectively.

c, d) The dCas9 or nCas9 (a Cas9 nickase) is fused to an adenine (**c**) or cytosine (**d**) deaminase that changes A:T base-pairs to G:C or C:G base-pairs to T:A, respectively.

e) The nCas9 is fused to a reverse transcriptase that copies the part of prime-editing guide RNA (pegRNA) sequence into the target site (red lines).

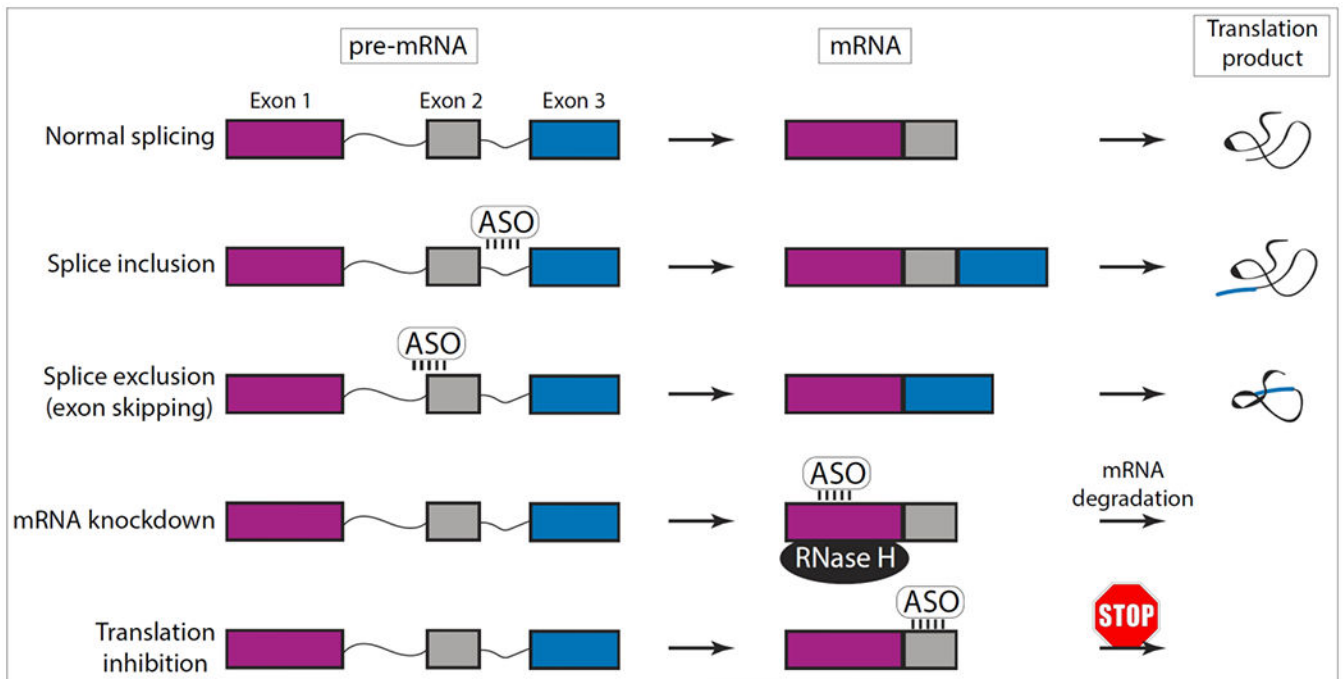


Figure 4. Mechanisms of antisense oligonucleotides (ASOs).

Normal RNA splicing: The newly synthesized precursor messenger RNA (pre-mRNA) becomes a mature mRNA by RNA-splicing – a process where introns (thin lines) are removed and exons (colored boxes) are ligated. **Splice inclusion:** ASOs bind to and block the activity of splicing enhancers on the pre-mRNA, leading to the inclusion of an exon that would normally be excluded; generating a modified protein with additional peptide sequences. **Splice exclusion:** ASOs bind to the exon-intron splicing junction on the pre-mRNA to skip an exon, leading to a truncated protein. **mRNA knockdown:** ASOs bind to mRNAs and activate RNase H, resulting in mRNA-cleavage and degradation. **Translation inhibitor:** ASOs bind to the 5' UTR or coding regions of the mRNA and block translation.

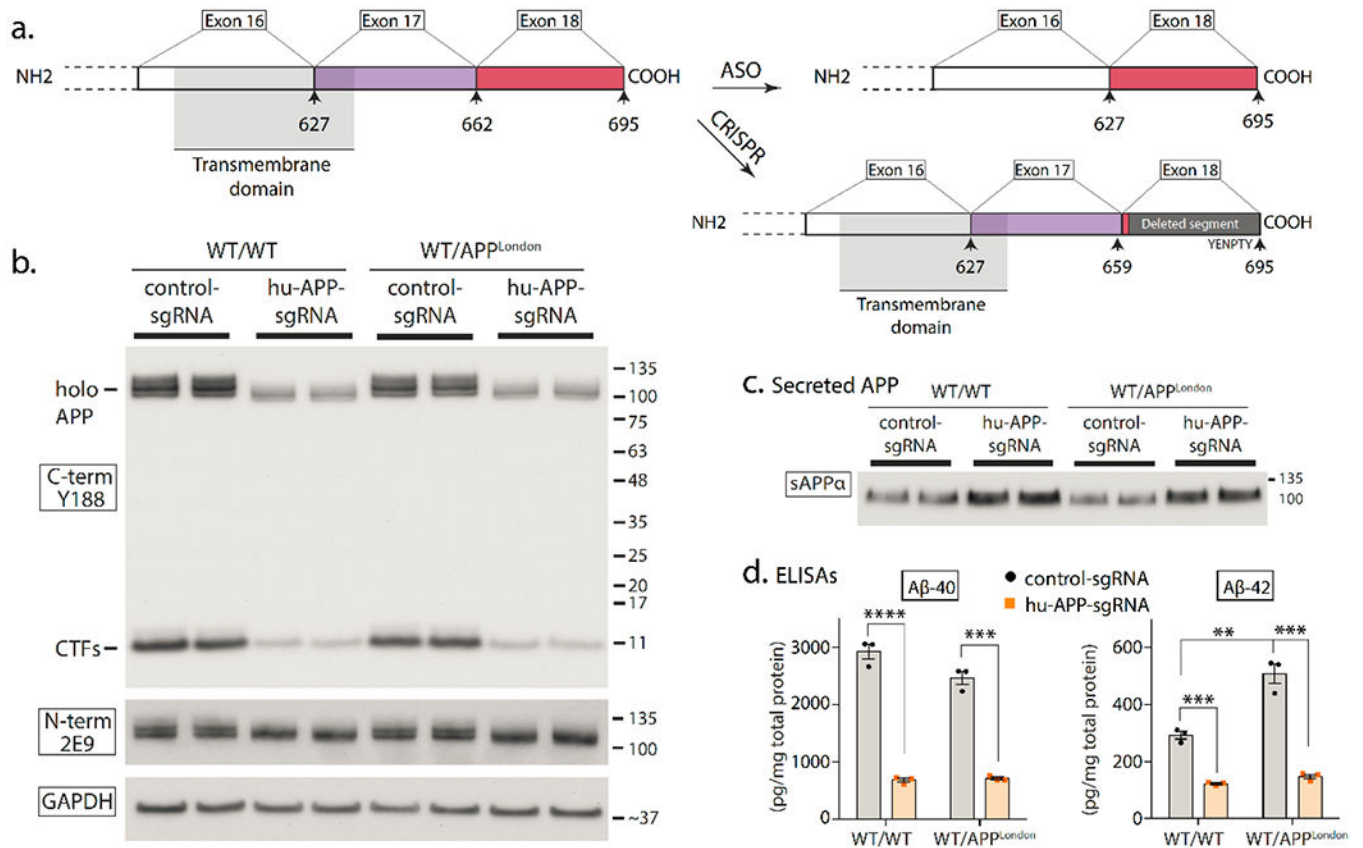


Figure 5. ASO and CRISPR-based editing strategies to modulate APP-cleavage products.

a) Left: Schematic showing the transmembrane domain and C-terminus of APP, with corresponding exons (small arrows with numbers denote amino acids). Right: The ASO strategy leads to “skipping” of APP exon 17, leading to a protein that lacks the γ -secretase cleavage site and a portion of the transmembrane domain, and consequently, less A β secretion⁸¹. Sun et al. used a NHEJ-based CRISPR-Cas9 strategy to introduce PTCs in the last exon (exon 18) of APP³⁵. Since transcriptional rules dictate that the last exon is exempt from NMD, this method does not lead to mRNA decay, but effectively truncates the last ~ 36 amino acids of APP that includes an endocytic motif triggering APP β -cleavage (see³⁵ for more details).

b-d) Data from editing of APP C-terminus with CRISPR showing attenuation of APP β -cleavage and upregulation of protective α -cleavage (figures reproduced from³⁵, shared under a Creative Commons Attribution 4.0 International Licence).

b) Human iPSC-derived neurons (WT or isogenic APPV717I knock-in) were transduced with lentiviral vectors carrying APP-gRNA/Cas9 to edit the C-terminus of APP and immunoblotted with C- and N-terminus antibodies. Note selective attenuation of APP signal with C-terminus antibody Y188 after CRISPR-editing.

c) Immunoblotting of secreted sAPP α from the media of iPSC-neurons, treated as mentioned in (b). Note increased sAPP α in edited samples, indicating upregulation of protective APP α -cleavage.

d) ELISA of secreted A β from media, treated as mentioned in **(b)**. Note decreased A β in CRISPR-treated samples.

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Table 1.

Comparing gene-therapy strategies for neurodegenerative diseases

| | ASOs | AAVs/other viruses | Small molecules | DNA/RNA editing |
|-----------------------------|--|--|---|--|
| Risk/toxicity | <ul style="list-style-type: none"> Intrathecal/invasive local CNS delivery is necessary. | <ul style="list-style-type: none"> Hepatotoxicity and dorsal root ganglion pathology after systemic delivery (particularly with high doses). May need intrathecal/invasive local CNS delivery, though intravenous route is feasible. Insertional mutagenesis. | <ul style="list-style-type: none"> Possible altered splicing/expression of off-target genes (e.g. high dose of SMN2 splicing modulator risdiplam affects <i>FOXM1</i> splicing, leading to a protein product that blocks cell division). | <ul style="list-style-type: none"> Irreversibility of DNA editing Undesired on-target editing possible (large deletions and chromosomal rearrangements). Possible immunogenicity from bacterial nucleases (Cas-proteins). |
| Off-target effects | Binding to off-target mRNA due to complete or partial complementarity. | Ectopic expression in peripheral tissues after systemic delivery. | Non-specific binding to off-target mRNA possible. | Binding to off-target site due to homologous sequence or mismatch tolerance. |
| Persistence of intervention | <ul style="list-style-type: none"> Repeated administration necessary for persistent RNA modulation. | <ul style="list-style-type: none"> Long-term transgene expression of AAV in postmitotic cells. Long-term transgene expression of lentivirus in mitotically active and inactive cells. Pre-existing neutralizing antibodies may reduce efficacy. Immunogenicity of viral capsids and transgene products may affect long-term gene expression and repeated treatments. | <ul style="list-style-type: none"> Repeated oral administration necessary, typically low brain availability. | <ul style="list-style-type: none"> Persistent genome manipulation by DNA-editing tools. |

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Table 2.

Gene therapy trials for AD and PD

| | Gene therapy | | Delivery route | Identifier | Phase | Patients | Primary endpoint | Duration | Ref |
|---------------------|----------------|-------------------------------|--------------------------|-----------------------------|-------|---|--|-----------|--------|
| Alzheimer's disease | Growth factor | AAV2- <i>NGF</i> | IP (basal forebrain) | NCT00087789 | 1 | Mild to moderate AD | Safety and tolerability | 2004-2010 | 65,150 |
| | | AAV2- <i>NGF</i> | IP(basal forebrain) | NCT00876863 | 2 | Mild to moderate AD | Cognition | 2008-2015 | 64 |
| | Enzymes | AAVrh.10-h <i>APOE2</i> | IP (basal forebrain) | NCT03634007 | 1 | MCI or mild to severe AD, APOE4 homozygotes, 50 years of age | Safety | 2019-2021 | |
| | | AAV-h <i>TERT</i> | IV + IT | NCT04133454 | 1 | AD or early dementia, 40 years of age | Safety and tolerability | 2019-2021 | |
| | Pathology | ASO- <i>MAPT</i> | IV | NCT03186989 | 1/2 | Mild AD, age 50-74 | Safety and tolerability | 2017-2022 | |
| Parkinson's disease | GABA | AAV2- <i>GAD</i> | IP (subthalamic nucleus) | NCT00195143 | 1 | Idiopathic PD, > 5 years of disease duration | Safety | 2003-2005 | 90 |
| | | AAV2- <i>GAD</i> | IP (subthalamic nucleus) | NCT00643890 | 2 | Idiopathic PD, > 5 years of disease duration | Disease severity and progression | 2008-2010 | 91,151 |
| | Dopamine | Lentivirus- <i>TH/AADC/HI</i> | IP (striatum) | NCT00627588 | 1/2 | Bilateral idiopathic PD, age 48-65, > 5 years of disease duration | Safety | 2008-2012 | 86 |
| | | Lentivirus- <i>TH/AADC/HI</i> | IP (striatum) | NCT01856439 | 1/2 | From NCT00627588 | Long-term safety and tolerability | 2011-2022 | 86 |
| | | AAV2- <i>AADC</i> | IP (striatum) | NCT00229736 | 1 | Mid- to late-stage PD, 75 years of age | Safety and tolerability | 2004-2013 | 83 |
| | | AAV2- <i>AADC</i> | IP (striatum) | NCT01973543 | 1 | Idiopathic PD, > 5 years of disease duration | Safety and tolerability | 2013-2020 | 152 |
| | | AAV2- <i>AADC</i> | IP (putamen) | NCT02418598 | 1/2 | Idiopathic PD, 75 years of age | Safety | 2015-2018 | |
| | | AAV2- <i>AADC</i> | IP (striatum) | NCT03065192 | 1 | Idiopathic PD, > 5 years of disease duration | Safety and suicide risk | 2017-2021 | |
| | | AAV2- <i>AADC</i> | IP (striatum) | NCT03562494 | 2 | PD, age 40-75, > 4 years of disease duration | Change of time in troublesome dyskinesia | 2018-2020 | 153 |
| | Growth factors | AAV2- <i>NTN</i> | IP (putamen) | NCT00252850 | 1 | Bilateral idiopathic PD, age 35-75, > 5 years of | Safety and tolerability | 2005-2007 | 97 |

| | Gene therapy | Delivery route | Identifier | Phase | Patients | Primary endpoint | Duration | Ref | |
|--|-------------------|------------------------------------|-----------------------------|-----------------------------|---|--|---------------------------|-----------|--|
| | | | | | disease duration | | | | |
| | AAV2- <i>NTN</i> | IP (putamen) | NCT00400634 | 2 | Bilateral idiopathic PD, age 35-75, > 5 years of disease duration | Disease severity and progression | 2006-2008 | 98 | |
| | AAV2- <i>NTN</i> | IP (subthalamic nucleus + putamen) | NCT00985517 | 1/2 | Idiopathic PD, age 35-75 | Disease severity and progression | 2009-2017 | 100 | |
| | AAV2- <i>GDNF</i> | IP (putamen) | NCT01621581 | 1 | Idiopathic PD, > 5 years of disease duration | Safety and tolerability | 2012-2022 | 153 | |
| | AAV2- <i>GDNF</i> | IP (putamen) | NCT04167540 | 1 | PD, age 35-75, | Safety and tolerability | 2020-2026 | | |
| | Lysosome | AAV9- <i>GCase</i> | IC | NCT04127578 | 1/2 | Moderate to severe PD, at least 1 pathogenic GBA1 mutation | Safety and immunogenicity | 2019-2026 | |

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Table 3.

Gene therapy trials for HD, SMA and ALS

| | Gene therapy | Delivery route | Identifier | Phase | Patients | Primary endpoint | Duration | Ref | |
|----------------------|--------------|--------------------|---------------|-----------------------------|----------|--|--|-----------|-------------|
| Huntington's disease | Total HTT | ASO- <i>HTT</i> | IT | NCT02519036 | 1/2 | Early manifest HD, age 25-65 | Safety and tolerability | 2015-2017 | 124,136,154 |
| | | ASO- <i>HTT</i> | IT | NCT03342053 | 2 | From NCT02519036 | Safety and tolerability | 2017-2019 | |
| | | ASO- <i>HTT</i> | IT | NCT04000594 | 1 | Manifest HD, age 25-65 | Pharmacokinetics and pharmacodynamics | 2019-2021 | |
| | | ASO- <i>HTT</i> | IT | NCT03761849 | 3 | Manifest HD, age 25-65 | Disease progression and total functional capacity | 2019-2022 | 124 |
| | | ASO- <i>HTT</i> | IT | NCT03842969 | 3 | Patients who participated in prior RG6042 (ASO- <i>HTT</i>) studies | Long-term safety and tolerability, suicide risk, cognition | 2019-2024 | |
| | | AAV5-mi <i>HTT</i> | IP (striatum) | NCT04120493 | 1/2 | Early manifest HD, 40 CAG repeats in <i>HTT</i> | Safety | 2019-2026 | |
| | Mutated HTT | ASO-m <i>HTT</i> | IT | NCT03225833 | 1/2 | Early manifest HD, carrying a targeted SNP rs362307, age 25-65 | Safety and tolerability | 2017-2020 | 136 |
| | | ASO-m <i>HTT</i> | IT | NCT03225846 | 1/2 | Early manifest HD, carrying a targeted SNP rs362331, age 25-65 | Safety and tolerability | 2017-2020 | 136 |
| SMA | SMN1 | AAV9- <i>SMN</i> | IV | NCT02122952 | 1 | Type 1 SMA, 6 or 9 months of age | Safety | 2014-2019 | 2,55 |
| | | AAV9- <i>SMN</i> | IV | NCT03306277 | 3 | Type 1 SMA, 6 months of age | Independent sitting, survival | 2017-2019 | |
| | | AAV9- <i>SMN</i> | IV | NCT03381729 | 1 | Type 2 SMA (onset at < 12 months of age), age 6 to 60 months | Safety and tolerability | 2017-2021 | |
| | | AAV9- <i>SMN</i> | IV | NCT03461289 | 3 | Type 1 SMA, 6 months of age | Sitting without support | 2018-2020 | |
| | | AAV9- <i>SMN</i> | IV | NCT03505099 | 3 | Pre-symptomatic SMA with 2 or 3 copies of SMN2, 6 weeks of age | Independent sitting, standing without support | 2018-2021 | |
| | | AAV9- <i>SMN</i> | IV | NCT03837184 | 3 | Type 1 SMA, 6 months of age | Sitting without support | 2019-2033 | |
| | SMN2 | ASO- <i>SMN2</i> | IT | NCT01494701 | 1 | Age 2-14 | Safety, tolerability, and pharmacokinetics | 2011-2013 | 155 |
| | | ASO- <i>SMN2</i> | IT | NCT01703988 | 1/2 | Age 2-15 | Safety and tolerability | 2012-2015 | 155 |

| | Gene therapy | Delivery route | Identifier | Phase | Patients | Primary endpoint | Duration | Ref |
|-----|--------------|----------------|-----------------------------|-------|--|--|-----------|---------|
| | ASO-SMN2 | IT | NCT01780246 | 1 | From NCT01494701 | Safety and tolerability | 2013-2014 | 155 |
| | ASO-SMN2 | IT | NCT01839656 | 2 | Age 210 days, disease onset between 21 and 180 days of age | Motor milestones | 2013-2017 | 52,155 |
| | ASO-SMN2 | IT | NCT02052791 | 1 | From NCT01703988 or NCT01780246 | Safety and tolerability | 2014-2017 | 155 |
| | ASO-SMN2 | IT | NCT02292537 | 3 | Disease onset at > 6 months of age, age 2-12 | Motor function | 2014-2017 | 155,156 |
| | ASO-SMN2 | IT | NCT02386553 | 2 | SMA with 2 or 3 copies of SMN2, 6 weeks of age | Respiratory intervention, survival | 2015-2025 | 52 |
| | ASO-SMN2 | IT | NCT02594124 | 3 | From NCT02193074 , NCT02292537 , NCT02052791 , NCT01839656 | Long-term safety and tolerability | 2015-2023 | |
| | ASO-SMN2 | IT | NCT04050852 | 1 | Age 5-21 | Pulmonary function | 2019-2020 | |
| | ASO-SMN2 | IT | NCT04089566 | 2/3 | Child, adult, older adult | Safety and tolerability with high doses, neuromuscular function | 2020-2022 | |
| ALS | ASO-SOD1 | IT | NCT01041222 | 1 | Familial ALS with SOD1 mutation, 18 years of age | Safety, tolerability, and pharmacokinetics | 2010-2012 | 141 |
| | ASO-SOD1 | IT | NCT02623699 | 1/2 | Familial ALS with SOD1 mutation, 18 years of age | Safety, tolerability, Pharmacokinetics and progression of disability | 2016-2021 | 142 |
| | ASO-SOD1 | IT | NCT03070119 | 3 | From NCT02623699 | Long-term safety and tolerability | 2017-2023 | |
| | ASO-SOD1 | IT | NCT03764488 | 1 | Age 18-65 | Drug distribution in CNS | 2018-2020 | |
| | ASO-C9orf72 | IT | NCT03626012 | 1 | ALS with C9orf72 mutation, 18 years of age | Safety and tolerability | 2018-2021 | |
| | ASO-C9orf72 | IT | NCT04288856 | 1 | From NCT03626012 | Long-term safety and tolerability | 2020-2023 | |

Intracerebral (IP)

Intracisternal (IC)

Intravenous (IV)

Intrathecal (IT)