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Post-reconstruction dermatitis of the breast

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Abstract

Background—Approximately one-third of women diagnosed with breast cancer undergo mastectomy with subsequent implant-based or autogenous tissue-based reconstruction. Potential complications include infection, capsular contracture, and leak or rupture of implants with necessity for explantation. Skin rashes are infrequently described complications of patients who undergo mastectomy with or without reconstruction.

Methods—A retrospective analysis of breast cancer patients referred to the Dermatology Service for diagnosis and management of a rash post-mastectomy and expander or implant placement or transverse rectus abdominis myocutaneous (TRAM) flap reconstruction was performed. Parameters studied included reconstruction types, time to onset, clinical presentation, associated symptoms, results of microbiologic studies, management, and outcome.

Results—We describe 21 patients who developed a rash on the skin overlying a breast reconstruction. Average time to onset was 25.7 months after expander placement or TRAM flap reconstruction. Clinical presentations included macules and papules or scaly, erythematous patches and plaques. Five patients had cultures of the rash, which were all negative. Skin biopsy was relatively contraindicated in areas of skin tension, and was reserved for non-responding eruptions.

Conflicts of Interest:

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Treatments included topical corticosteroids and topical antibiotics, which resulted in complete or partial responses in all patients with documented follow-ups.

Conclusion—Our findings suggest that tension and post-surgical factors play a causal role in this hitherto undescribed entity: "post-reconstruction dermatitis of the breast." This is a manageable condition that develops weeks to years following breast reconstruction. Topical corticosteroids and antibiotics result in restoration of skin barrier integrity and decreased secondary infection.

Keywords

Dermatitis; rash; breast reconstruction; breast cancer; topical corticosteroids

Introduction

It is estimated that 231,840 American women were diagnosed with breast cancer in 2015 and nearly 1 in 3 of these patients underwent mastectomy as part of their treatment ¹. During this time period, over 106,338 breast reconstruction surgeries using either implants or autogenous tissues were performed as reported by the American Society of Plastic Surgeons². Although both implant and autogenous tissue reconstructions have high success rates with low overall rates of complications, the most commonly reported complications of tissue expansion and permanent implants or autogenous tissue reconstruction include infection, hematoma, extrusion, capsular contracture, leak, flap necrosis, and donor site complications ^{3–5}. The rates of complications with either reconstruction are substantially increased by radiation therapy ^{6,7}.

In general, skin rashes are an infrequently described complication of patients who undergo mastectomy with or without reconstruction. When skin rashes do occur in these patients, they are often attributed to radiation therapy, allergic contact dermatitis to bandages, tape, or topical medication, or dry skin⁸. Previous studies had also hypothesized that leaking silicone implants were associated with a variety of autoimmune disorders as well as cutaneous manifestations; however, these reports have more recently been largely disproven ^{9–15}.

In our consult service at a tertiary care cancer center, we have observed 21 cases, over a 13year period (1999–2012), of a rash overlying the affected breast or breasts weeks to years following breast reconstruction, unrelated to a contactant, radiation therapy, or the type of breast reconstruction. Currently, there is no published literature describing a similar rash on the skin overlying a breast in patients after breast reconstruction or augmentation. This current study describes the clinical features of rash and response to treatment in patients after implant-based or autogenous tissue reconstruction post-mastectomy for breast cancer. On the basis of clinical presentation and resolution of symptoms with topical steroids and antibiotics, we hypothesize that this represents an eczematous dermatitis of the breast. A better understanding of this previously undescribed rash will facilitate diagnostic accuracy and appropriate therapeutic interventions, including skin biopsy. Herein we describe our clinical findings and discuss this as a new entity: "post-reconstruction dermatitis of the breast."

Methods

We conducted a retrospective analysis of 21 female patients with breast cancer referred to the Dermatology Service for diagnosis and management of rash post-mastectomy and tissue expander and implant placement or TRAM flap reconstruction. We included patients treated with total mastectomy, with or without axillary lymph node dissection, adjuvant chemotherapy, or radiation. Parameters studied included reconstruction types (tissue expanders with either silicone or saline implants, or transverse rectus abdominis myocutaneous flap (TRAM flap)), time to rash onset from mastectomy and either tissue expander placement or TRAM flap reconstruction, clinical presentation at the time of dermatologic evaluation, associated symptoms, results of microbiologic studies, management, and patient outcomes. Photographic images were obtained when available. It should be noted that, at MSKCC from 1999 to 2012, 10,793 implant based individual breast reconstructions and 1,490 autologous-based breast reconstructions were performed. An Institutional Review Board waiver was approved for this study.

Results

Demographics and baseline characteristics of the 21 patients are presented in Table 1. Our patients ranged in age from 34 to 65 years at the time of breast cancer diagnosis, mean of 48 years. All but one patient underwent immediate reconstruction after mastectomy with tissue expansion and permanent implants; the remaining patient underwent immediate reconstruction using a TRAM flap. Nine patients had axillary lymph node dissection, 11 received adjuvant chemotherapy, and 3 patients underwent radiation therapy. Five patients underwent bilateral mastectomies: 4 patients with unilateral breast cancer and prophylactic mastectomy of the contralateral breast, and one with pathology in bilateral breasts. Of the patients who received implant-based breast reconstruction, 11(58%) of the patients were reconstructed with saline implants while the remaining 8 (42%) had silicone gel implants. One patient had not yet undergone permanent implant replacement. All patients had uneventful post-operative recoveries without delayed healing or skin-limited infections and none had evidence of capsular contracture. One patient had a documented possible allergy to surgical tape, 3 patients had a contact allergy to the Jackson Pratt drain.

Average time to rash onset was 25.7 months after tissue expander placement or TRAM flap reconstruction (range one month to nine years). Nine patients presented in the first 6 months, 5 patients presented between 6 months and one year, and 7 patients presented greater than one year after tissue expander placement. Ten patients (48%) initially developed the rash with tissue expanders in place, prior to permanent implant replacement. In most patients, the rash presented clinically as pruritic or non-pruritic, scaly, erythematous patches or plaques or as asymptomatic macules and papules on the contours of the breast(s), adjacent or inferior to the mastectomy scars (Figure 1). Only one patient presented with ill-defined red papules distributed diffusely on the bilateral breasts (patient 15) (Figure 2). Of note, patients with unilateral mastectomies and reconstruction had more extensive dermatitis on the ipsilateral breast while patients with bilateral mastectomies and reconstruction showed dermatitis on both breasts. In 4 cases, the dermatitis was annular in configuration. A minority of patients

had a "crackled" skin appearance without xerotic surrounding skin. Potassium hydroxide (KOH) examinations performed on 2 (10%) of the patients who had particularly annular appearances of the rash were negative. Additionally, bacterial and/or fungal cultures obtained in 6 (29%) of the patients were all negative. None of the patients had vesicles or bullae or a well-demarcated pattern. None of the cases were biopsied since all cases of dermatitis improved greatly with conservative therapy.

Treatment for all rashes included a moderate to high-potency topical steroid. Topical antibiotics were also prescribed for all but one patient. Additionally, 2 patients were prescribed a topical antifungal and one patient was prescribed a 10-day course of oral antibiotics at the initial Dermatology visit. Treatment resulted in a complete response in 10 of the 13 patients (77%) with documented follow-ups typically between 4 and 8 weeks (Figure 3A, B). Two patients who initially had complete responses to treatment had recurrences of the rash several years later. One patient had a recurrence after surgical excision of a 3 centimeter liposarcoma on the ipsilateral shoulder to the breast reconstruction, which caused increased tension to the overlying skin (Figure 3C); the second patient experienced a 30-pound weight gain followed by a recurrence of her rash. The patient with liposarcoma did not have adjuvant radiation therapy while the patient with weight gain did. In neither case was it felt that radiation therapy played any significant role in the development of stasis dermatitis of the affected breast. Three patients had partial responses, with intermittent episodes of eczematous dermatitis on the affected breast(s) after treatment discontinuation. At time of data collection, one patient was still being followed for response to treatment but had no documented follow-up. Mild post-inflammatory hyperpigmentation was the only notable sequela. All 21 cases are summarized in Table 2.

Discussion

On the basis of clinical presentation and resolution of symptoms with topical steroids, we believe this represents an eczematous dermatitis in the reconstructed breast(s). We have named this entity "post-reconstruction dermatitis of the breast." Several different possible explanations may exist for the development of this dermatitis, including disruption of lymphatic and/or venous flow, skin tension and thickness of the skin, and changes in skin perfusion, temperature regulation, and vascular integrity.

A role for venous stasis may be present in post-reconstruction dermatitis of the breast. While the exact mechanism of skin changes in stasis dermatitis of the lower extremities is not completely discerned, it is clear, however, that venous hypertension plays a role in the underlying adverse conditions that lead to skin changes and impaired healing ¹⁶. Chronic venous insufficiency, which results from chronic venous hypertension, may be caused by an idiopathic degenerative process in the blood vessel walls and valves, or from a precursor event such as direct injury that leads to an inflammatory, destructive process ¹⁷. Slowing of the blood flow leads to distension and disruption of the capillary permeability barrier causing extravasation of fluid, plasma proteins, and erythrocytes. It also causes activation of neutrophils and macrophages, which release inflammatory mediators, free radicals, and proteases, leading to pericapillary inflammation ¹⁸. This chronic inflammation and

microangiopathy are responsible for dermatitic changes as dermal inflammation is known to induce epidermal dysfunction such as barrier impairment and xerosis ¹⁹.

Microinjury and direct damage to the breast vasculature during the initial mastectomy or permanent implant placement may lead to chronic venous hypertension and resulting venous insufficiency. Subsequent inflammatory changes in the vasculature likely contribute to the eczematous changes seen clinically. This may be further evidenced by the rash occurring more commonly on the lower, more dependent skin flaps with more inherent stasis, than the upper mastectomy skin flap. In particular, patient 4 had notable slow venous drainage during the reconstruction procedure, but microanastomosis was performed with improvement of the venous drainage. It is probable, however, that a small amount of residual venous stasis is present given the disruption of microvasculature during surgery. The same patient experienced a 30-pound weight gain 4 years after her surgical reconstruction followed by a recurrence of her post-reconstruction dermatitis, which likely resulted from increased tension to the skin.

Stasis dermatitis has been described in locations other than the lower extremities. Bilen et al. ²⁰ described a case of stasis dermatitis of the hand associated with an arteriovenous fistula in a 27-year-old woman with chronic renal failure on hemodialysis. She had a violaceous, slightly scaly patchy lesion with ill-defined borders that was 4-5 cm in diameter. There was edema of the left hand and marked varicosities distal to the fistula. Improvement was seen with topical corticosteroids, but definitive resolution was not seen until the fistula was closed. Similar cases have since been reported ²¹. While venous hypertension likely plays a role in post-reconstruction dermatitis of the breast, there are some features of venous insufficiency and stasis that we have not seen despite many years of follow up. For example, purpura, chronic nonhealing ulcerations, and lipodermatosclerosis-like changes have not been observed in our patients. Finally, lymphedema was not present in any of the patients when they initially presented to dermatology with dermatitis. However, it is difficult to fully exclude lymphedema as a small component of the etiology of the dermatitis, especially in patients who had full lymph node dissections. We propose that post-reconstruction dermatitis of the breast also involves a loss of integrity of the skin barrier due to the chronic inflammation and microangiopathy described above and increased skin tension. Eight patients (2, 7, 14, 15, 16, 19, 20, and 21) developed dermatitis while receiving breast tissue expansion, prior to permanent silicone or saline implants, demonstrating that skin thinning and tension from tissue expansion play a significant role in the resulting cutaneous changes. Of note, patient 3 had worsening of the rash following excision of a liposarcoma on the ipsilateral shoulder to the mastectomy, which led to increased tension to the skin overlying the breast on that side. Therefore, patients with very thin mastectomy skin flaps may be at increased risk for post-reconstruction dermatitis of the breast. Nizek et al. looked at maximum tissue deformation and elasticity immediately before and after tissue expansion at multiple sites on the chest wall. They demonstrated a global reduction in maximum skin deformation after complete tissue expansion compared to baseline over the entire breast. With regards to elasticity, all patients had significantly improved elasticity after complete expansion of the breast, except in the central breast above and below the surgical scar. Therefore, the skin is clearly tighter after expansion, and, while the tissue expander helps to improve elasticity, it does so less effectively in the central part of the breast. This

corresponds to where the dermatitis most commonly presents.²² Finally, one may also invoke a role for disrupted lymphatic drainage. Although no patients had notable lymphedema at initial presentation or follow-up visits, 9 (43%) of our patients underwent axillary lymph node dissection and 8 (38%) had sentinel lymph node biopsies.

Other plausible explanations of this dermatitis include an allergic contact dermatitis. One patient had a history of a possible contact allergy to tape, but this characteristic, welldemarcated rash resolved after the post-operative period. One patient did have possible radiation dermatitis, but again, this was in the past and had resolved previously. Another patient had diffuse post-radiation hyperpigmentation, which was separate from the area of post-reconstruction dermatitis. Allergic contact dermatitis to breast implant contaminants has rarely been reported, necessitating removal of the implant. Patch testing in this patient confirmed an allergy likely to latex rubber and other chemicals used in the production of implants and rubber products, which the patient may have been exposed to during the surgery or which may have been a contaminant of the implant itself⁸. Three (14%) of our patients had documented contact allergies to latex. While we have not ruled out this possibility, the quick response to topical corticosteroids suggests that the pathology is not an allergic response to a persistent allergen such as latex rubber or a contaminant of the implant. None of the patients had vesicles or bullae to suggest an acute eczematous process. Some patients presented with a crackled appearance, similar to eczema craquelé, but without xerotic surrounding skin. Finally, several patients presented with annular configurations resembling tinea corporis, but KOH was negative in 2 patients, and the eruption resolved without antifungal therapy in all but 2 cases.

Two patients had clinically impetiginized lesions, underscoring the importance of appropriate treatment. While the mainstay of therapy for stasis dermatitis of the legs has always initially focused on improving the underlying venous insufficiency, treatment with topical corticosteroids to reduce the acute inflammation and pruritus is often effective. One double-blind randomized study of 19 patients with mild to moderate bilateral stasis dermatitis of the lower extremities demonstrated that betamethasone valerate 0.12% foam, a class IV topical steroid, led to significant improvement in erythema and petechiae over vehicle, from baseline at days 14 and 28 of follow-up. However, there was no overall difference between the vehicle- or steroid-treated legs at days 14 and 28 based on a total of 6 criteria for clinical improvement, including erythema, scale, swelling, petechia, postinflammatory hyperpigmentation, and self-reported pruritus ²³. The authors discuss that higher-potency topical steroids may achieve better overall outcomes for patients with stasis dermatitis of the lower extremities. In our study, 19 of the 21 patients were prescribed class III or stronger topical steroids, and only two patients were treated with a class IV topical steroid. Pruritus, which was an associated symptom in several of our patients, can lead to open excoriations and secondary impetiginization. Thus, topical antibiotics are typically included in the treatment regimen. A ten-day course of antibiotics were prescribed in addition to topical treatments for one patient whose rash initially appeared as a scaly, scalloped plaque with honey colored crust. Two patients whose lesions appeared particularly annular resembling tinea were also prescribed topical ketoconazole cream. Only one patient had explantation of her right implant six years post mastectomy and reconstruction due to

persistent right chest wall discoloration. At the time of explantation, the patient also elected to have a left prophylactic mastectomy.

In this patient population breast biopsies are not routinely done due to the stretching and subsequent thinning of the skin and the risk of infection or unsatisfactory cosmetic results after biopsy. Close follow-up and evaluation of these patients with post-reconstruction dermatitis of the breast is crucial. While skin biopsy in a reconstructed area may cause more risk, the possibility of tumor recurrence must be considered. Biopsy is warranted in non-resolving dermatitis, if marked improvement with topical therapies does not occur in 2–4 weeks, to rule out local recurrence or metastatic disease. In addition, the development of infiltrated areas or skin nodules should prompt a skin biopsy. The presence of annular, scaly patches outside the breast area, especially in the setting of known dermatophyte infection, should suggest the diagnosis of tinea corporis. Finally, weeping eczematous areas, especially when surrounded by breast erythema accompanied by fever, should alert a physician to impetigo and cellulitis.

Post-reconstruction dermatitis of the breast is an important but easily managed condition that can occur weeks to years following breast reconstruction, without necessitating explantation of the tissue expanders or breast implants. It can mimic tinea corporis and can lead to infection due to impairment of the skin barrier. While the likely etiology may involve skin tension or venous stasis, the dermatitis can be easily controlled with topical corticosteroids. Adding a topical antibiotic can minimize the rate of superinfection. Patients whose clinical symptoms worsen or do not improve after four weeks of topical treatment should have a follow-up biopsy performed to rule out underlying disease, including recurrent breast cancer.

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Figure 1.

Erythematous papules and plaque on the left breast inferior to the surgical site of a patient ten months post-tissue expander placement prior to permanent implant replacement.



Figure 2.

Bilateral ill defined red papules on the contours of the breasts of a patient two months post bilateral total mastectomy and expander placement, prior to permanent implant replacement.

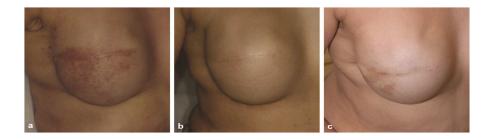


Figure 3.

Figure 3a. Initial presentation of a patient with a several centimeter scaly patch on the right breast.

Figure 3b. Patient at follow-up three years later with resolution of post-reconstruction dermatitis of the breast and only mild hyperpigmentation.

Figure 3c. Patient with a mild flare of post-reconstruction dermatitis 7 years after initial presentation, following a surgical excision of a 3cm liposarcoma on her right shoulder. The recurred rash greatly improved with topical corticosteroids and topical antibiotics.

Table 1

Patient Demographics and Baseline Characteristics

	Total Patients n=2
Mean Age at Diagnosis of Breast Cancer, yrs (range)	48 (34–65)
Breast Cancer Diagnosis	n (%)
Invasive Ductal Carcinoma with or without foci of DCIS	12 (57)
Invasive Lobular Carcinoma with or without foci of DCIS	2 (10)
Ductal Carcinoma In Situ	7 (33)
Vascular Invasion Present	3 (14)
Surgical Management	
Unilateral mastectomy	16 (76)
Bilateral Mastectomy	5 ^{<i>a</i>} (24)
Lymph Nodes	
Patients with Sentinel Lymph Node Biopsies	8 (38)
Patients with Axillary Lymph Node Dissection	9 (43)
Adjuvant Therapy for Breast Cancer	
Chemotherapy	11 (52)
Radiotherapy	3 (14)*
Type of Breast Reconstruction Post Mastectomy	
Silicone Implants	8 (38)
Saline Implants	11(52)
Transverse Rectus Abdominis Myocutaneous Flap	1 (5)
Time to Onset of Initial Rash Post Expander Placement or TRAM Flap	
1 month	2 (10)
2 months – 6 months	7 (33)
7 months – 1 year	5 (24)
>1 year	7 (33)
Patients who Presented Post-Expander Placement but Prior to Permanent Implants	10 (48)
Patients who Presented Post-Permanent Implants	10 (48)

 a Four patients with bilateral mastectomies had disease in one breast and a prophylactic mastectomy or no evidence or disease in the contralateral breast. One patient had disease in bilateral breasts

* Two patients had silicone implants and one patient had a TRAM flap reconstruction

Table 2

Summary of patient cases: Clinical descriptions, management, and outcomes

Pt #	Description of Rash	Treatment Prescribed for Rash	Outcome of Treatment and Follow-up
1	Right breast with several centimeter erythematous scaly patch on and below the surgical site	Fluocinonide and mupirocin cream bid	At 1 month follow-up, post-reconstruction dermatitis was resolved with only mild hyperpigmentation.
2	Bilateral pink scaly patches over surgical sites	Fluocinonide and mupirocin cream bid	At 1 month follow-up, post-reconstruction dermatitis was improved bilaterally. Rash recurred 3 months following permanent implant exchange and was successfully retreated.
3	Right breast with a annular, scaly plaques near the surgical scar	Fluocinonide and mupirocin cream bid	At 1 month follow-up, post-reconstruction dermatitis was improved with only mild hyperpigmentation. 7 years later, the patient had surgical excision of a 3 cm liposarcoma on her right shoulder. A few months later the patient presented with erythema and scaling inferior to scar on right reconstructed breast and she was successfully retreated.
4 ^{<i>a</i>}	Right breast with 3×5 cm scaly, scalloped plaque with raised border and honey colored crust on the surgical scar	Fluocinonide and mupirocin cream bid and Clindamycin 150 mg po qid × 10 days	At 1 month follow-up, post-reconstruction dermatitis was much improved with only mild hyperpigmentation. A 30 pound weight gain seven years after her initial presentation resulted in rash recurrence that was successfully treated.
5	Right breast with a scaly and erythematous plaque near the surgical scar	Fluocinonide and mupirocin cream bid	At 2 months follow-up with breast oncologist, post- reconstruction dermatitis was resolved.
6	Left breast with a 4 cm annular eczematous patch with subtle crusting lateral to surgical site	Fluocinonide cream	At 8 months follow-up, post-reconstruction dermatitis was resolved.
7	Bilateral erythema and slight scaling inferior to mastectomy scars	Fluocinonide and mupirocin cream bid	At 1 month follow-up, there was improvement in erythema on the right and left breast. At her most recen visit, the lesions were completely resolved with only mild hyperpigmentation.
8	Right breast with hyperpigmented macules and scaly plaques, some annular in appearance, in the center of a slightly hypertrophic mastectomy scar	Fluocinonide and mupirocin cream bid and topical ketoconazole bid	At 2 months follow-up the patient still has some hyperpigmented macules. Fluocinonide was discontinued and Westcort cream bid was prescribed. The patient is still being followed. She does not use the medications as prescribed. She has hyperpigmented and eczematous changes near the scar on her right reconstructed breast and other eczematous changes.
9	Right breast with scaly, lichenified plaques	Fluocinonide and mupirocin cream bid	At 4 months follow-up the patient had a band-like discoloration under the right implant on her breast and lichenification. Ketoconazole cream bid and 2.5% hydrocortisone cream were prescribed. At her most recent visit she had few excoriations under her right breast.
10	Bilateral erythema and scaling along the suture lines with few annular patches; right greater than left	Fluocinonide and mupirocin cream and topical ketoconazole tid	At 1 month follow-up post-reconstruction dermatitis wa much improved.
11	Left breast with pink, thin, scaly plaques around the scar	Fluocinonide and mupirocin cream bid	At 2 months follow-up post-reconstruction dermatitis was much improved.
12	Right breast with multiple erythematous slightly linear, scaly plaques below the suture lines	Fluocinonide and mupirocin cream tid	At 2 months follow-up there was much less erythema and minimal postinflammatory hyperpigmentation.
13	Right breast with ill defined erythematous plaque with central clearing around the mastectomy scar	Betamethasone diproprionate and mupirocin cream bid	At 2 months follow-up post-reconstruction dermatitis or the right breast was resolved. Six years post MRM and breast reconstruction for stage III breast cancer, the patient had the saline implant removed due to persisten right chest wall discoloration and a left prophylactic mastectomy.

Pt #	Description of Rash	Treatment Prescribed for Rash	Outcome of Treatment and Follow-up
14	Left breast with hyperpigmentation and scaling along and below the suture line	Triamcinolone and mupirocin cream bid	At 2 months follow-up post-reconstruction dermatitis of right breast was resolved with mild hyperpigmentation. At her most recent visit, hyperpigmentation was resolved.
15	Bilateral diffuse, ill defined red papules on contours of breasts that spares the folds	Fluticasone and mupirocin cream bid	At 2 weeks follow-up, post-reconstruction dermatitis was much improved.
16	Right breast with erythema and scaling along the suture line	Fluocinonide and mupirocin cream bid	At 1–2 months follow-up post-reconstruction dermatitis was resolved.
17	Left breast with diffuse post-radiation hyperpigmentation; underside of left breast with a 3×3 cm erythematous patch with a few pink papules	Betamethasone diproprionate and mupirocin cream bid	No follow-up of rash to date. Patient will be followed for response to treatment.
18	Left breast erythematous and edematous with induration around the implant	Triamcinolone and mupirocin cream bid	At 4 months follow-up with breast oncologist, post- reconstruction dermatitis was resolved.
19	Right breast with a hyperpigmented, ill- defined macule surrounding the mastectomy scar	Betamethasone diproprionate and mupirocin cream bid	At 3 months follow-up with breast oncologist, post- reconstruction dermatitis was resolved.
20	Right breast with erythema, scaling, and yellow crust below the mastectomy scar; peripheral erythematous macule	Fluocinonide cream and Polysporin ointment bid	At 2 months follow-up for presurgical testing, post- reconstruction dermatitis was resolved.
21	Left breast with erythematous papules and a confluent plaque inferior to the surgical site	Fluocinonide and mupirocin cream bid	One month after initial dermatology visit the patient elected to have the tissue expander reomoved from her left breast without permanent implant placement. At that time, post-reconstruction dermatitis was resolved.

^aPatient with transverse rectus abdominis myocutaneous flap repair. Betamethasone diproprionate cream: Class III; Fluocinonide cream: Class III; Fluiciasone cream: Class III; Triamcinolone cream: Class IIII