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Survival differences between activated injectable vitamin D₂ and D₃ analogs

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To the Editor: In the study by Tentori *et al.*,¹ even though the crude mortality of dialysis patients who received vitamin D₃ analog *calcitriol* was inferior to those who received either of the two vitamin D₂ analogs *paricalcitol* or *doxercalciferol*, these differences were not statistically significant after multivariate adjustment.¹ In contrast, Teng *et al.*² had reported a robust survival advantage of vitamin D₂ *paricalcitol* compared with vitamin D₃ *calcitriol* irrespective of multivariate adjustment. Tentori's different findings may be related to several cohort characteristics:

(1) The median time on hemodialysis before the first vitamin D₃ administration was significantly shorter (18 days) compared with D₂ analogs (37 days, $P < 0.0001$).¹ Assuming that there is a survival advantage of any vitamin D compared to no vitamin D at all, as found by the same authors¹ and others,^{3–5} the twice longer period of time without any vitamin D in the D₂ groups could have led to residual inferior survival in this group to the extent that subsequent superior survival of vitamin D₂ administration was irreparably mitigated.

(2) Prior to vitamin D analog administration, the D₂ groups had significantly higher baseline serum calcium, phosphorus, and PTH values, all of which are associated with higher death risk.^{4,6}

(3) Patients in D₂ groups had significantly shorter follow-up time when compared with the D₃ group, as evident in the Kaplan–Meier survival graphs.¹ Longer cohort times could have resulted in more consistent survival differences between D₂ and D₃ groups.

Despite the foregoing and other limitations such as the large proportion of African Americans and unusually large number of patients who never received any vitamin D analog, Tentori *et al.*¹ still found a greater survival trend in the D₂ (*paricalcitol* and *doxercalciferol*) groups compared with D₃ (*calcitriol*) group. It would be interesting to know whether a more commensurate comparison, for example, a matched study that would only include patients with shorter pre-D₂ period with lower serum minerals and PTH and longer follow-up periods in the D₂ groups as in the D₃ group would have resulted in even larger survival advantages of D₂. The Tentori study¹ should still be considered as yet another evidence that administration of any active vitamin D analog, especially if D₂, may confer improved survival to maintenance dialysis patients.

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Response to 'Survival differences between activated injectable vitamin D₂ and D₃ analogs'

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We appreciate Dr Kalantar-Zadeh's letter. Our study had two major findings. First, mortality was reduced among hemodialysis (HD) patients treated with intravenous vitamin D. Second, the mortality risks associated with administration of *paricalcitol* versus *doxercalciferol* were similar.

Administration of *paricalcitol* and *doxercalciferol* was associated with a significant survival benefit compared with *calcitriol* only in the unadjusted model and in the model adjusted for demographics. Dr Kalantar-Zadeh¹ postulates that these findings reflect differences among patients receiving the respective vitamin D preparations. Time on HD before vitamin D administration was longer in patients receiving *paricalcitol* (37 days) or *doxercalciferol* (37 days) versus *calcitriol* (18 days). Baseline concentrations of calcium (*paricalcitol* and *doxercalciferol*: 8.8 mg/dl; *calcitriol*: 8.5), phosphorus (*paricalcitol* and *doxercalciferol*: 5.1 mg/dl; *calcitriol*: 5.0), and PTH (*paricalcitol*: 318; *doxercalciferol*: 335 pg/ml; *calcitriol*: 289) were higher among patients receiving *paricalcitol* and *doxercalciferol* versus *calcitriol*. However, it seems unlikely that these modest differences were clinically significant. Similar differences were observed by Teng *et al.*² The median follow-up times were longer among the *calcitriol* (41 weeks) versus the *paricalcitol* (39 weeks) and *doxercalciferol* (32 weeks) treated groups, but it is unlikely