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# Modeling the Relationship among Gray Matter Atrophy, Abnormalities in Connecting White Matter, and Cognitive Performance in Early Multiple Sclerosis

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# ABSTRACT

**BACKGROUND AND PURPOSE:** Quantitative assessment of clinical and pathologic consequences of white matter abnormalities in multiple sclerosis is critical in understanding the pathways of disease. This study aimed to test whether gray matter atrophy was related to abnormalities in connecting white matter and to identify patterns of imaging biomarker abnormalities that were related to patient processing speed.

**MATERIALS AND METHODS:** Image data and Symbol Digit Modalities Test scores were collected from a cohort of patients with early multiple sclerosis. The Network Modification Tool was used to estimate connectivity irregularities by projecting white matter abnormalities onto connecting gray matter regions. Partial least-squares regression quantified the relationship between imaging biomarkers and processing speed as measured by the Symbol Digit Modalities Test.

**RESULTS:** Atrophy in deep gray matter structures of the thalami and putamen had moderate and significant correlations with abnormalities in connecting white matter (r = 0.39-0.41, P < .05 corrected). The 2 models of processing speed, 1 for each of the WM imaging biomarkers, had goodness-of-fit ( $R^2$ ) values of 0.42 and 0.30. A measure of the impact of white matter lesions on the connectivity of occipital and parietal areas had significant nonzero regression coefficients.

**CONCLUSIONS:** We concluded that deep gray matter regions may be susceptible to inflammation and/or demyelination in white matter, possibly having a higher sensitivity to remote degeneration, and that lesions affecting visual processing pathways were related to processing speed. The Network Modification Tool may be used to quantify the impact of early white matter abnormalities on both connecting gray matter structures and processing speed.

**ABBREVIATIONS:** ChaCo = Change in Connectivity; NeMo = Network Modification Tool; PLSR = partial least-squares regression; RD = radial diffusivity; SDMT = Symbol Digit Modalities Test

One of the most pressing questions in multiple sclerosis is understanding the relationship between white matter lesions and subsequent atrophy, physical disability, and cognitive impairment. MS is a neurologic disorder that has pathologic manifestations in both WM and gray matter, some of which can be detected via in vivo MR imaging. WM changes have been exten-

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Please address correspondence to Amy F. Kuceyeski, PhD, Weill Cornell Medical College, 515 East 71st St, S-114, New York, NY 10065; e-mail: amk2012@med.cornell.edu sively studied in MS, by using diffusion imaging and tractography<sup>1,2</sup> and structural imaging.<sup>3</sup> Classically, MS has been seen as primarily a disease of the WM, but recent developments have identified clinically relevant GM pathologies.<sup>4,5</sup> The underlying cause of GM abnormalities is unclear,<sup>6</sup> but some have hypothesized that it may be a result of retrograde or anterograde Wallerian degeneration.<sup>7</sup>

There are many studies of WM pathology and networks in MS<sup>8,9</sup> and studies of WM/GM pathologies in tandem.<sup>10,11</sup> However, one must incorporate topologic information<sup>2</sup> to test whether connectivity plays a role in MS. Recent studies<sup>12,13</sup> provide evidence that networks may provide a basis for the spread of pathology in a variety of neurologic disorders; the understanding

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Demographics	mean ±	standard	deviation)	for the	early M	S
cohort and the	healthy	control g	roup		·	

	All Subjects with MS	Subgroup of Subjects with MS with SDMT	Healthy Controls
Total No.	121	66	15
Female	77	44	9
Age (yr)	$\textbf{37.5} \pm \textbf{9.8}$	$36.5 \pm 9.3$	$36.3 \pm 13.2$
Disease duration	$2.1 \pm 1.5$	$1.6 \pm 1.5$	NA
SDMT	N/A	$49.8\pm10.5$	NA
EDSS	$1.2 \pm 1.4$	$1.04\pm1.06$	NA

Note:-EDSS indicates Expanded Disability Status Scale; NA, not applicable.

of this process may result in prediction of disease progression and patient disability. Tractography methods used to infer structural connectivity networks have been applied in MS<sup>14,15</sup>; however, practical implementation of tractography is laborious and timeconsuming and requires expertise. Applying it in disease is especially challenging<sup>16</sup> due to increased pathology-related noise in the diffusion signal.<sup>1,17,18</sup> To circumvent these issues, we used the recently developed Network Modification Tool (NeMo; https:// github.com/jimmyshen007/NeMo),<sup>19</sup> which can infer structural connectivity losses from WM abnormalities without having to perform tractography in subjects with tissue pathology.

We hypothesize that the patterns of tissue abnormalities in individuals with MS impact neurologic outcomes, due to their specific neuroanatomic locations and subsequent disruption of the relevant functional pathways within the structural network. To test this hypothesis, we used the NeMo Tool to estimate, for each patient, the impact of his or her specific WM abnormality map on the fiber connectivity network and relate this to one of the most commonly used measures of end-stage CNS injury: regional brain atrophy. Furthermore, we used partial least-squares regression (PLSR), a commonly used approach in neuroimaging,<sup>20</sup> to relate imaging biomarkers to processing speed. Our goal was to identify which WM imaging technique best captures physiologically relevant changes and to identify which regional imaging biomarkers are significant contributors to processing speed. To our knowledge, this study is the first to apply PLSR to structural connectivity and GM atrophy biomarkers to predict subtle cognitive changes in early MS.

# MATERIALS AND METHODS

# Data

Data were collected from 121 patients with early relapsing-remitting MS (Table); consent was obtained from all subjects in this institutional review board–approved retrospective study. All except 6 patients were on disease-modifying therapies for MS at the time of MR imaging, with an average treatment duration of  $1.76 \pm 1.78$  years. All patient MRIs were acquired within 5 years of their first neurologic symptom, which is our definition of "early" MS. The following four sets of images were acquired on a 3T scanner (HDxt 16.0; GE Healthcare, Milwaukee, Wisconsin) using an 8-channel phased array coil: T1-weighted sagittal 3D-brain volume imaging  $(1.2 \times 1.2 \times 1.2 \text{ mm})$ , T2  $(0.5 \times 0.5 \times 3 \text{ mm})$ , T2 FLAIR  $(1.2 \times 0.6 \times 0.6 \text{ mm})$ , and 34-direction diffusion imaging  $(b=1000, 0.8 \times 0.8 \times 2.5 \text{ mm})$ . All subjects that had the required imaging within 5 years of their first symptom were included; no other exclusion criterion was imposed. The same images were collected on an age- and sex-matched group of 15 healthy controls. The written version of the Symbol Digit Modalities Test (SDMT) was performed on a subgroup of 66 patients. The SDMT measures processing speed, which is known to be one of the earliest affected cognitive domains in MS, and is particularly sensitive to MS-associated impairment.<sup>21</sup>

# GM Atrophy and T2 FLAIR Hyperintensity Lesion Masks

FreeSurfer (http://surfer.nmr.mgh.harvard.edu)<sup>22</sup> was used on the T1 images to produce subcortical segmentation, cortical parcellation, and tissue-type masks (WM, GM, and other tissue), which were checked and manually edited for misclassification due to WM hyperintensities and common temporal region errors. T2 images were linearly coregistered to the T1 and FreeSurfer parcellations. The T2 FLAIR images were masked with the WM segmentation and subcortical mask and thresholded to create the WM abnormality masks. The resulting WM hyperintensity masks were then overlaid on T2 and T2 FLAIR images and manually edited (W.V., S.A.G., and E.M.), after which a trained neurologist (W.V.) gave a final approval. T1 images were also acquired on 15 age-matched healthy volunteers and processed with the same pipeline for calculating atrophy (Table).

#### Diffusion Image Processing

Each subject's T1 was normalized via a nonlinear transformation into Montreal Neurological Institute space and segmented (GM, WM, CSF, and bone) by using the new segment toolbox (SPM8 software; http://www.fil.ion.ucl.ac.uk/spm/software/spm8).<sup>23</sup> A binary brain mask in T1 space was created by combining GM and WM maps and dilating and binarizing the resulting volume and subtracting the bone map (thresholded at 5%). For the diffusion data, a similar brain mask was obtained by applying the Brain Extraction Tool utility<sup>24</sup> to the b0 image. Diffusion tensor coefficients were computed via weighted linear least-squares regression with the fMRI of the Brain Software Library DTIFit (http://fsl. fmrib.ox.ac.uk/fsl/fsl-4.1.9/fdt/fdt\_dtifit.html) utility. Maps of diffusion summary statistics, namely fractional anisotropy, axial diffusivity, mean diffusivity, and radial diffusivity (RD), were then calculated and mapped to Montreal Neurological Institute space via linear and nonlinear transforms in FSL (http://www. fmrib.ox.ac.uk/fsl). The Crawford modified t test,<sup>25</sup> designed for individual subject voxelwise significance testing, was implemented for each individual's diffusion measures in SPM8. A mask was applied to restrict the testing to WM voxels only (as defined by the SPM8 WM mask), and family-wise error correction was imposed, with no minimum threshold for cluster size.

#### The NeMo Tool

The NeMo Tool (Fig 1) infers changes to the structural connectivity network that may result from a given mask of WM alterations by referencing a data base of 73 healthy control tractograms in a common space (Montreal Neurological Institute space). The WM abnormality masks of subjects with MS were normalized to common space by using first a linear coregistration followed by nonlinear normalization in SPM8. The Change in Connectivity (ChaCo) score, defined for each GM region, is the percentage of tracts connecting to that region that pass through the WM abnor-



FIG 1. The workflow for the NeMo Tool and some examples. T2 FLAIR lesion (blue) and RD abnormality masks (red) were created and normalized to Montreal Neurological Institute space (*left*). The NeMo Tool was used to calculate the Change in Connectivity score that quantifies the effect of those areas of abnormality on regional structural connectivity (*middle*). ChaCo scores are shown for the T2 FLAIR lesions and RD abnormality masks for 3 particular individuals via the glass brain display (*right*). Each region in the atlas is represented by a sphere at its center whose color denotes functional membership (blue indicates visual; magenta, somatomotor; green, dorsal attention; red, ventral attention; cyan, limbic; yellow, frontoparietal; black, default mode; orange, cerebellar/subcortical) and whose size indicates the amount of connectivity abnormalities). Note that the T2 FLAIR WM lesion-based ChaCo spheres are at a scale that is 10 times that of the RD-based ChaCo spheres for visibility.

mality mask. For example, if a GM region had 1000 connecting WM tracts and 50 passed through any voxel in the WM abnormality mask, the ChaCo score for that region would be 50/1000 = 5%, or -0.05 (the negative indicating a loss of connections). The identification of tracts that go through a lesion was a binary process: Tracts that went through 1 lesion were not considered different from those that went through >1.

# **Statistical Analysis**

Atrophy for each of 121 subjects with MS was measured by calculating standard *z* scores of thickness for 68 cortical regions and volume for 18 subcortical regions from the FreeSurfer atlas, compared against the group of 15 healthy controls who had the same scans and processing. Partial Spearman correlations (controlling for age) were calculated on a region-by-region basis (after averaging left and right hemispheres to increase signal-to-noise) to identify regions with stronger associations between the burden of WM abnormality (measured ChaCo scores) and GM loss (measured with atrophy). *P* values were false discovery rate–corrected for multiple comparisons.<sup>26</sup>

# Partial Least-Squares Regression

PLSR<sup>27</sup> was used in the subgroup of 66 subjects with MS to predict SDMT on the basis of their age, ChaCo scores, and GM atrophy profiles for each of the 86 GM regions. One PLSR model for each WM imaging technique (T2 FLAIR lesions and diffusion abnormality masks) was constructed to compare their respective performances. PLSR reduces the dimensionality of the input data by finding new combinations of the input variables that have maximal correlation with the outcome variables. PLSR is advantageous in situations where you have many more input variables than you do data points because the data get reduced to a parsimonious set of statistically relevant components. PLSR is also useful when input variables may be collinear because each of the constructed components on which the subsequent regression is based is mutually independent. The final number of components was chosen via jackknife cross-validation to minimize data overfitting, and the stability of the model was assessed by using bootstrapping.<sup>20</sup> Confidence intervals for the regression coefficients were calculated by using the bias-corrected and accelerated percentile method.<sup>28</sup> If the confidence interval did not include zero, that region's ChaCo score was considered a significant predictor after correcting for multiple comparisons by using the Šidák method.<sup>29</sup> Further details are given in On-line Appendix A.

# RESULTS

RD and mean diffusivity had a vastly higher signal than the other statistics of fractional anisotropy and axial diffusivity, which largely had little or no voxels with significant differences. The Crawford modified *t* test is rather conservative, and we did not have a large healthy control group, which could explain the lack of significant differences in the other summary statistics. What is not surprising, the mean diffusivity and RD masks identified similar WM voxels; in fact, their ChaCo scores had a Pearson correlation of 0.98 (P < .05). Due to the lack of signal in fractional anisotropy and axial diffusivity masks and the similarity of the mean diffusivity and RD masks, we continued the analysis with RD only. The total volume of the RD and T2 FLAIR abnormality masks were significantly and moderately correlated (Spearman r = 0.52, P < 0.52).



FIG 2. Median ChaCo for the 2 abnormality masks (T2 FLAIR lesions and RD abnormalities), mean atrophy, and corresponding correlation over 121 patients with MS. Each sphere indicates the center of a given gray matter region, while the color denotes functional network membership (blue indicates visual; magenta, somatomotor; green, dorsal attention; red, ventral attention; cyan, limbic; yellow, frontoparietal; black, default mode; orange, cerebellar/subcortical). Larger spheres indicate more connectivity abnormalities, more atrophy, or higher correlation, respectively. Note that the T2 FLAIR WM lesion-based ChaCo spheres are at a scale that is 10 times that of the RD-based ChaCo spheres for visibility.

.05), as were their ChaCo scores (Spearman r = 0.51, P < .05). T2 FLAIR lesion masks generally encompassed at least an order of magnitude larger volume; therefore, ChaCo was generally an order of magnitude larger. RD abnormalities were at times contained within T2 FLAIR lesions; however, 48 of 121 subjects had no overlapping voxels. Figure 1 displays the masks of T2 FLAIR hyperintensities (blue) and RD increases (red) for 3 different individuals along with the corresponding ChaCo scores via a "glass brain" display. The glass brain display has a sphere located at the center of each of the 86 GM regions, whose size is proportional to the ChaCo score of that region (larger indicates more connectivity abnormalities) and whose color indicates its functional network membership. The intersubject variability across these patients with early MS can be appreciated, as can the correspondence of the abnormality masks from the 2 imaging modalities. We did observe that the RD abnormalities in these subjects are often circumscribed by or in close proximity to the T2 FLAIR lesion masks. These locations gave us confidence that the image processing steps, including normalization of both image modalities, were adequate (On-line Fig 3 has more examples).

## ChaCo Scores and Atrophy

Glass brain displays in Fig 2 show the median of the ChaCo scores across the population for the 2 abnormality masks (larger sphere indicates more connectivity abnormalities), with the mean of the atrophy in the middle row (larger sphere indicates more atrophy) and correlations between the two measures in the bottom row (larger sphere indicates higher correlation). Areas with the highest median ChaCo scores (>1.5% disconnected) for the T2 FLAIR–based masks were the bilateral caudate, caudal anterior cingulate, posterior cingulate, putamen, left superior and inferior parietal gyri, and right pericalcarine. Areas with highest median ChaCo scores for the RD-based masks were the bilateral caudate nucleus and parietal regions. Areas of highest atrophy were mainly subcortical areas, including the thalamus, and temporal pole regions. For visualization of ChaCo and atrophy values over the entire population, see On-line Fig 1.

# Correlations of ChaCo with Atrophy

Over all 86 regions in each of the 121 subjects with MS, regional ChaCo from both abnormality masks had weak partial Spearman correlations (controlling for age) with atrophy (T2 FLAIR ChaCo: r = 0.01, P > .05; and RD ChaCo: r = 0.042, P < .05). Bilateral regions with significant partial Spearman correlations (controlling for age and multiple comparisons corrected) were observed between both sets of ChaCo scores and atrophy. Deep GM structures of the thalami (r = 0.30 and r = 0.41) and putamen (r = 0.38and r = 0.39) had significant correlations of atrophy with both T2 FLAIR-based and RD-based ChaCo scores, respectively. In addition to those regions, the caudate nucleus (r = 0.26), globus pallidus (r = 0.26), and nucleus accumbens (r = 0.28) were correlated for T2 FLAIR on the basis of ChaCo, and the hypothalamus (r = 0.26) was significantly correlated for RD-based ChaCo. Finally, the temporal poles had particularly high atrophy (second highest after the thalami) and had nonsignificant correlation with both ChaCo scores. However, these results could merely reflect the difficulty of FreeSurfer in handling temporal regions.

## Partial Least-Squares Regression

One subject who had a very large amount of WM damage over the whole brain relative to the rest of the population (ie, the *z* score of the mean T2 FLAIR lesion-based ChaCo was >5) was removed from this analysis. SDMT scores in our MS cohort were significantly lower (P < .05) when compared via *t* test with 2 different sets of healthy populations with similar age ranges.<sup>30,31</sup> Both models included 2 final components based on the selection criteria outlined in On-line Appendix A. The T2 FLAIR lesion-based model was more accurate ( $R^2 = 0.42$ ) than the RD-based model



**FIG 3.** Partial least-squares regression results. *A*, The predicted versus actual normalized SDMT scores for the 2 models (T2 FLAIR lesion-based ChaCo and RD abnormality–based ChaCo), along with the  $R^2$  value in the legend. The *red line* represents perfect prediction (x = y). *B*, Glass brain displays show regression coefficients for the ChaCo scores (*top row*) and atrophy (*bottom row*) of each gray matter region for the T2 FLAIR–based PLSR model. Sphere color denotes that the regression coefficient was the following: 1) nonzero and positive (blue), 2) nonzero and negative (red), or 3) not significantly different from zero (black). Sphere size is proportional to the mean of the bootstrapped sample of the regression coefficient. *C*, Same plot as in *B*, but for the RD abnormality–based PLSR model.

 $(R^2 = 0.30)$  (Fig 3*A*). Figure 3*B*, -*C* visualizes the regression coefficients for both models. Sphere size is proportional to the mean of the bootstrapped sample, and color corresponds to the significance and direction of the coefficient (blue indicates positive and significant; red, negative and significant; and black, not signifi-

cant). In the T2 FLAIR lesion-based model, the ChaCo scores of several brain regions in the occipital and parietal lobes were significant predictors of SDMT, along with subject age and GM atrophy in the right putamen (Fig 3*B*). Higher ChaCo and atrophy scores correspond to tissues that are closer to normal, so positive

regression coefficients indicate that more normal tissues corresponded to higher SDMT scores, as expected. Other subcortical areas such as the thalamus, nucleus accumbens, globus pallidus, hypothalamus, hippocampus, caudate nucleus, and the cerebellum had large positive mean regression coefficients, but none were significant. There were 2 regions whose atrophy coefficient had a significant negative relationship with SDMT; however, their values were quite small. No coefficients in the RD-based model remained significant after multiple-comparison corrections (Fig 3*C*).

On-line Fig 2 shows the component coefficients for ChaCo and atrophy scores for each of the 2 models. These are the directions on which the data are projected before performing model fitting and can be thought of as the weights in a weighted average of the input variables. These coefficients give additional information about the relative importance of each predictor to each component. The color corresponds to the sign of the coefficient (blue indicates negative; red, positive). However, sign information is not important except for relative comparison because the PLSR components are invariant to reflection. The first component represents the direction on which the data were projected to have maximal correlation with the outcome variable; the second component was the direction to achieve the next highest correlation (while maintaining independence of the first direction). The first components of both models (On-line Fig 2A, -C) emphasized the contribution of ChaCo scores over the contribution of atrophy. Their second components varied slightly: In the T2 FLAIR-based model (On-line Fig 2B), the second component seemed to emphasize both overall atrophy and ChaCo in the occipital and parietal areas, while the second component in the RD-based model (On-line Fig 2D) seemed to emphasize only overall atrophy.

# DISCUSSION

Relatively weak correlations were observed between ChaCo scores and global regional atrophy, probably a result of a few factors. First, this patient population is early in the course of the disease, and there is not much appreciable atrophy in the structural MR imaging, which is only sensitive to detection of macroscopic tissue loss. Second, primary neuronal loss may also be occurring due to a mechanism independent from the one associated with WM lesions. Future studies will follow these same subjects longitudinally to better understand these mechanisms.

Most interesting, areas with significant correlation between both types of WM abnormality masks and atrophy appeared in the subcortical areas of the thalamus and putamen. Additional regions with significant correlation between ChaCo and atrophy included the caudate nucleus, globus pallidus, nucleus accumbens, and hypothalamus. These results largely suggest that deep GM areas are more sensitive to Wallerian degeneration, either retrograde or anterograde. Our results agree with other findings showing the following: 1) Striatal regions are susceptible to damage from inflammation arising in other areas<sup>32,33</sup>; 2) atrophy in the putamen, caudate, and thalamus is related to whole-brain T1 and T2 lesions in MS<sup>34</sup>; 3) thalamic atrophy can be explained in part by lesion volume and mean diffusivity in WM tracts connecting to the thalamus<sup>35</sup>; and 4) atrophy in deep GM regions of the caudate and pulvinar are related to ipsilateral WM lesion probability maps in highly connected regions.<sup>36</sup> In this cohort, overall observed atrophy was small (no regions showed significant group-wise atrophy after multiple-comparison corrections); however, regions with the most atrophy were the thalamus and other subcortical areas. Taken together, these findings indicate deep GM structures as areas of early injury in MS with a possible disease-duration-related WM injury gradient. Our current approach cannot determine the direction of a causal relationship between atrophy and WM connectivity abnormalities; however, it does support the hypothesis that deep GM regions are more related to WM abnormalities than other structures.

The PLSR results suggest that T2 FLAIR lesions in regions of the occipital and parietal lobes dealing with visual processing and integration may play an important role in subtle processing-speed dysfunction measured by the SDMT. Most interesting, our study by using similar methods in subjects with stroke, also revealed that ChaCo scores in occipital regions were significant predictors of SDMT performance (A.F.K., unpublished data, 2014). This finding, consistent across varying pathologies, populations, data acquisition techniques, and imaging parameters, provides validation of the current approach and strengthens our confidence in the visual pathways/SDMT connection. The SDMT requires close visual tracking, which may be adversely affected by abnormalities in WM connecting to the primary visual cortex and associated areas. We also observed that WM abnormalities seem to be more predictive of SDMT performance than atrophy because the ChaCo scores were emphasized by the primary component of each model. However, that this effect may be due to the relatively low amount of atrophy seen in this population with early MS cannot be ruled out. Our work adds to the growing body of literature suggesting that connectivity abnormalities of cognitively important cortical regions by injury to the interconnecting WM may provide a potential mechanism for cognitive dysfunction in MS.37,38

#### **Limitations and Future Work**

Tractography is a complex and error-prone process even in healthy subjects; there is currently no method that can fully capture true in vivo anatomy. The NeMo Tool uses tractography in healthy controls to determine the effects of WM abnormalities in the MS cohort. WM connections vary from individual to individual; therefore, the NeMo Tool may not be accurately representing a particular person's connectivity. Calculating average ChaCo scores over a large number of healthy subjects minimizes this drawback. See On-line Appendix B for a quantitative analysis of the influence of the variability in healthy controls on the reliability of ChaCo scores. Another limitation lies in the binary nature of tract counting: A streamline was not counted differently if it went through >1 lesion. In the future, this process will be modified to account for such situations.

Because the lesion masks are coregistered to common space by using the patient's MRI, which may contain pathologies, some errors may exist in the normalization process. Normalization was checked visually for accuracy (On-line Fig 3); furthermore, the effect of any small existing errors is again minimized by averaging over the large number of normal tractograms used in the NeMo tool. There may be other elements of cognition affected in this cohort besides processing speed. Future studies will create a detailed picture of cognitive dysfunction in early MS. As the study expands to subjects with longer-term disease, we will also investigate functional areas other than cognition, for instance, motor impairment as measured by the Expanded Disability Status Scale. Another limitation is the relatively small number of healthy controls on which we based the *z* scores of cortical thickness, volume, and diffusion summary statistics. The size of the group is somewhat mitigated by the fact that they are age- and sex-matched to the patient population. Even so, this fact, coupled with the conservative nature of the Crawford *t* test, most likely contributed to the relatively low volume of abnormalities seen in the diffusion images, including RD maps.

Finally, future studies will focus on more sophisticated and specific imaging of both cortical lesions and WM abnormalities. Cortical lesions, which have been shown to be prevalent even in early MS,<sup>39</sup> are most likely occurring in this population. The fact that we are unable to detect cortical lesions with our current imaging protocol could be a source of the weak association of GM atrophy and ChaCo scores. Future studies will address the role of cortical lesions on connecting WM by using appropriate imaging, for instance, double inversion recovery or phase-sensitive inversion recovery MR imaging. In addition, T2 FLAIR and diffusion imaging are not specific to the nature of WM abnormalities in MS, being demyelination, axonal loss, and so forth. Future studies will focus on more specific measures of WM, for instance, myelin water fraction imaging.

### **CONCLUSIONS**

This work demonstrates, in a regionally unbiased manner, that abnormalities in WM arising from demyelination and/or inflammation in MS are intimately related to atrophy in connecting deep GM regions. In addition, it was shown that T2 FLAIR abnormalities in WM connecting to areas of the brain dealing with visual integration and possibly GM atrophy in subcortical areas are related to subtle processing-speed changes in early MS, as captured by the SDMT. Successful application of the NeMo Tool indicates it has potential as an imaging-based biomarker to measure the impact of early inflammatory activity on behavioral changes and subsequent neuronal loss.

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