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Vitamin D deficiency is associated with mortality and adverse vascular access outcomes in patients with end stage renal disease

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Abstract

Background—Plasma 25 hydroxycholecalciferol (vit D) deficiency has been associated with adverse cardiovascular outcomes in epidemiological studies. Chronic kidney disease is associated with loss of 1- α -hydroxylase and consequently vit D deficiency. We hypothesized that vitamin D deficiency was associated with increased mortality and increased vascular access failure in patients undergoing permanent vascular access for end stage renal disease.

Methods—This retrospective cohort study analyzed 128 patients undergoing permanent vascular access surgery between 2003 and 2012 who also had concurrent plasma vit D levels. Levels were considered deficient at <20 ng/mL. Multivariable analysis was used to determine the association between vit D and mortality and vascular access outcomes.

Results—The mean age was 66.7; 96.8% were male and 32.0% African American; 60.9% had diabetes mellitus. In the entire cohort 55.5% were vitamin D (vit D) deficient, despite similar rates of repletion among the vit D deficient and non-deficient groups. During median follow up of 2.73 years there were 40 (31%) deaths. Vit D deficient patients tended to be younger ($P=.01$), have higher total cholesterol ($P=.001$), lower albumin levels ($P=.017$), and lower calcium levels ($P=.007$). Despite their younger age, mortality was significantly higher ($P=.026$) and vascular access failure was increased ($P=.008$) in the vit D deficient group. In multivariate logistic regression analysis vit D deficiency OR=3.64; (CI 1.12-11.79) $P=.031$, hemodialysis via central catheter OR=3.08; (CI 1.04-9.12) $P=.042$, coronary artery disease OR=3.08; (CI 1.06-8.94) $P=.039$, increased age OR=1.09; (CI 1.03-1.15) $P=.001$ and albumin OR=0.27 (CI 0.09-0.83) $P=.023$ remained independent predictors of mortality. Vit D deficiency HR=2.34 (CI 1.17-4.71) $P=.02$,

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synthetic graft HR=3.50 (CI 1.38-8.89) P=.009, , and hyperlipidemia HR=0.42 (CI .22-.81) P=.01 were independent predictors of vascular access failure in a Cox proportional hazard model.

Conclusion—Vitamin D deficiency is highly prevalent in patients undergoing vascular access procedures. Patients who are deficient have worse survival and worse vascular access outcomes. Further study is warranted to assess whether aggressive vitamin D repletion will improve outcomes in this population.

Introduction

Chronic kidney disease (CKD) is a worldwide public health problem, affecting approximately 8 million individuals in the United States alone.¹ Of these patients, nearly 400,000 are currently on chronic hemodialysis (HD). CKD has been associated with higher all-cause mortality rates, which increase sharply as kidney function declines. Patients with stage 3 CKD have a 17% increase in mortality; whereas, those with stage 5 CKD have a 600% increase in mortality compared to an age matched population with normal renal function.² Even once hemodialysis is initiated; mortality in the dialysis population remains ten times greater than among Medicare patients of similar age without kidney disease.³ Dialysis patients aged 40 to 44 have an expected remaining life span of approximately 8 years, and approximately 4.5 years for those 60 to 64 years of age. These values in older patients are only slightly better than those in patients with lung cancer and are much worse than the general population (which is 30 to 40 years for those aged 40 to 44, and 17 to 22 years for individuals aged 60 to 64).³

Performance of a successful hemodialysis procedure requires a functional vascular access that can be cannulated reproducibly with two needles and deliver adequate dialysis blood flow. However, vascular access dysfunction is one of the leading causes of morbidity in the hemodialysis population.⁴ Medicare data has estimated that vascular access dysfunction is responsible for 20% of all hospitalizations in the hemodialysis population.^{5,6} The 2007 United States Renal Data System report found that only 39.4% of prevalent end-stage renal disease patients are able to maintain a functioning fistula.⁷ Autogenous fistulas have a 40-70% rate of primary non-maturation. This is a major obstacle to increasing fistula use in the US dialysis population.⁸ Currently there are no existing medical therapies aimed at the underlying pathophysiology of vascular access failure, either to improve initial maturation rates of fistulas or prolong fistula or graft patency.

Nutritional vitamin D deficiency in otherwise healthy individuals has been associated with a higher all-cause mortality. Beyond the well-known mineral metabolism effects, Vitamin D deficiency has been associated with hypertension, insulin resistance, immune abnormalities that enhance the risk of viral and bacterial infections, autoimmune disorders, cancer, and multiple organ damage due to excessive systemic inflammation causing atherosclerosis, and vascular dysfunction.⁹ The frequency and severity of all of these disorders markedly increase in CKD¹⁰. The multiple immune-modulatory and anti-inflammatory effects of vitamin D may have particular relevance in the CKD population, given that the uremic state in humans results in a perturbed biochemical state characterized by inflammatory and oxidative stress as well as vitamin D deficiency¹¹. Given the known effects of vitamin D in

the vasculature^{12,13}, we hypothesized that vitamin D deficiency in this population would be associated with increased mortality and poorer vascular access outcomes.

Methods

Study design and inclusion criteria

With the approval of the UCSF Institutional Review Board, a cohort of 128 patients from the San Francisco Veteran's Administration Medical Center was identified who had undergone surgical placement of permanent vascular access for hemodialysis between 2003 and 2012 and who also had a concurrent vitamin D level documented (plasma 25-hydroxycholecalciferol) as part of routine clinical care. Patients were excluded if their vascular access was performed using a bovine graft, if they did not have a vitamin D level documented or if there was no documented post-operative follow up. Each subject in the cohort was unique. For patients who had multiple fistulas placed, only the procedure closest to the date of vitamin D measurement was included in the dataset; all others were excluded. Patients were considered vitamin D deficient if their level was $< 20\text{ng/mL}$ ¹⁵. Plasma 25-hydroxycholecalciferol was used as the metric of vitamin D status. The immunoassay was run on the Abbott Architect i1000, with a coefficient of variance less than 7%, and a limit of detection of 3.1ng/mL. Given its relative ease of measurement as compared to 1,25-dihydroxycholecalciferol (the active form of vit D), it is the most widely accepted indicator of vitamin D status in clinical laboratories. Electronic medical records were used to compile patient's baseline demographics, comorbidities, medications, and laboratory data. This was performed via the Veterans Health Information Systems and Technology Architecture (VistA), an enterprise-wide information system built around an electronic health record, used throughout the United States Department of Veterans Affairs (VA) medical system.

Procedure

The type of vascular access placed was at the discretion of the operating surgeon. However it is the preference at our institution to only use arteries $> 2\text{ mm}$ and veins $> 3\text{ mm}$ for autogenous access. If these size criteria are met, we prefer to create radio-cephalic fistulas first, followed by brachio-cephalic fistulas at the elbow, then finally a two-stage brachio-basilic. If one of these conditions is not met, an AV graft is placed. Venous segments are meticulously dissected, ligating all side branches. Veins are mobilized sufficiently to create a tension-free end-to-side arterio-venous anastomosis using a running 6-0 Prolene suture. Vessels are flushed with heparinized saline prior to completion of the anastomosis. Patients do not routinely receive systemic heparin.

Endpoint definitions

Clinical endpoints included all-cause mortality and vascular access failure. Access related events were recorded for each patient, including interventions designed to maintain or reestablish patency, access thrombosis, access abandonment or successful use of the access for hemodialysis¹⁴. Failure was defined as any thrombosis or abandonment for non-maturation or patency reasons. Primary, primary-assisted, and secondary patency were recorded; however, failure, as defined here, equates to loss of primary assisted patency and is the focus of this manuscript. Primary and secondary patency were not significantly

different between the two groups as measured by log-rank test. AVF ligation for steal, infection or transplant were not considered failures. All of these AVFs were mature, successful fistulas; however, ligation is a competing event, and these AVFs were censored as open at the time of ligation. Fistula maturity was clinically defined as one that was able to sustain adequate blood flows for hemodialysis use. Routine surveillance of vascular access is not performed at our institution. Patients are seen within 1 month post-operatively and then on an as needed basis thereafter.

Statistical methods

Normally distributed data are represented with means and standard deviations. Non-normally distributed data are represented as medians with interquartile ranges. Distributions of data were determined using normal probability plots. Student's t-tests and Chi-squared tests were performed where appropriate to assess for any differences between the vitamin D deficient and non-deficient groups. Univariate and multivariate logistic regression models were used to assess for independent predictors of survival. A cox proportional hazards model and Kaplan-Meier curve were used to analyze vascular access failure. In each model all variables with p-value of 0.1 or less in the univariate analysis were then included in the multivariate analysis. Analyses were performed both with and without the 16 grafts; however, results were not substantially different and conclusions were unchanged. Therefore, only the analysis of the full cohort of 128 patients is presented here. All statistical analysis was performed using STATA version 12.1 (StataCorp LP, College Station, TX).

Results

Patient Demographics and Comorbidities

There were 339 hemodialysis accesses created at our institution between 2003 and 2012. 119 were excluded due to a lack of documented vit D level, 88 were excluded as they were performed in patients already included in the cohort, and 4 were excluded for use of bovine conduit. The remaining cohort included 128 patients with a median follow-up of 2.73 years (IQR 1.00-4.22) and a mean age of 66.8 years (SD 11.7), 96.9% were male and 32.0% African American. Diabetics comprised 60.9% of the cohort, and 18.8% were current smokers (Table I). Vit D deficiency was highly prevalent with 71 of the 128 patients (55.5%) having levels ≥ 20 ng/mL (Figure 1). Vit D levels were measured a median of 9.5 days from the index procedure, which was considered time 0. Patient demographics were similar between the Vitamin D deficient group and the non-deficient group. This included rates of vitamin D repletion: 39.4% of the vitamin D deficient group versus 50.9% of the non-deficient group were taking some form of vitamin D replacement (P=.2). Notable differences between the groups included that Vitamin D deficient patients tended to be younger (64.4yr vs 69.7yr, P=.01), were more likely to have a pre-existing history of stroke (21.1% vs 7.0%, P=.02), had lower albumin levels (3.3 gm/dL vs 3.6 gm/dL, P=.02), lower calcium levels (8.7 mg/dL vs 9.0 mg/dL, P=.007), and higher total cholesterol (158 mg/dL vs 129 mg/dL, P=.001), see Table I.

Survival

This was a highly morbid cohort with 40 deaths (31%) observed during follow up. Causes of death were as follows: 8 infection/sepsis, 7 end stage renal disease after stopping HD, 6 cardiac arrest, 4 cancer, 1 GI bleed, and 14 unknown. There were 28 (39%) deaths in the vitamin D deficient group versus 12 (21%) deaths in the non-deficient group, $P=.03$, see Figure 2. Predictors of mortality found to be significant (p -value $\leq .1$) in our univariate logistic model included: vitamin D deficiency, age, initiation of HD through a catheter, coronary artery disease (CAD), albumin and hemoglobin A1C. These predictors were then entered into a multivariate logistic regression model, See Table II. After adjustment, vitamin D deficiency was the strongest predictor of mortality with an odds ratio of 3.64 (95% CI; 1.13-11.79; $P=.03$). Receiving HD through a catheter conferred a 3.08 greater odds of death (95% CI 1.04-9.11; $P=.04$), pre-existing diagnosis of CAD had 3.07 greater odds (95% CI 1.06-8.94; $P=.04$), and each year increase in age lead to 1.09 increase in odds of death (95% CI 1.03-1.15; $P=.001$). Finally albumin was protective, with each unit increase translating into a 0.27 odds of mortality (95% CI 0.09-.83; $P=.02$).

Fistula Types and Interventions

Of the procedures performed there were 16 arteriovenous grafts placed and 112 autogenous fistulas: 58 radio-cephalic fistulas, 32 brachio-cephalic, and 22 brachio-basilic. Sixty-five (50.8%) of the fistulas matured to a usable state. Another 80 (63%) underwent additional interventions to aid maturation and maintain or regain patency. Procedures performed in order to maintain patency were as follows: 41 (32%) patients required balloon angioplasty and 5 (4%) required anastomotic revisions. Another 17 (13%) patients underwent thrombectomy in order to regain lost patency. Other ancillary interventions performed unrelated to patency included 23 second stage superficializations, 14 venous side branch ligations, and 3 pseudoaneurysm revisions (See Table III). Forty (31%) of the fistulas were abandoned due to loss of patency. However, many of the fistulas underwent ligation for reasons unrelated to patency: 5 for steal syndrome, 10 for transplant/non-use, 2 for pseudoaneurysm, and 2 for infection, see table III.

Failure

We found that there were significantly higher incidence of vascular access failure in the vitamin D deficient group, i.e. this group was much more likely to have interrupted patency (34 events (48%) versus 15(26%); $P=.008$), see Figure 2. In addition, Kaplan-Meier curves showed a significant difference in the rates of failure between the two groups, log-rank test = .037, see Figure 3. Univariate predictors of access failure in our Cox proportional hazards included vitamin D deficiency, initiation of HD through a catheter, previous failed permanent vascular access, synthetic graft, hypertension, hyperlipidemia, aspirin use, creatinine level, and hematocrit, see Table IV. Vitamin D deficiency, synthetic graft and hyperlipidemia remained statistically significant in the multivariate model. After adjustment synthetic graft was the strongest predictor of failure, $HR=3.5$ (95% CI 1.38-8.89) $P=.009$. However, vitamin D deficiency remained a strong predictor with a HR of 2.34 (95% CI 1.17-4.71) $P=.02$. Finally, history of hyperlipidemia was protective with HR of 0.42

(95%CI .22-.81) P=.01. Location of fistula creation (wrist, elbow), was not predictive of failure.

Discussion

The purpose of this study was to investigate the hypothesis that the potentially modifiable risk factor of vitamin D deficiency is associated with mortality and access failure. We found that vitamin D deficiency was highly prevalent in this cohort with 55.5% of the subjects having levels ≥ 20 ng/mL; the commonly used cutoff for severe deficiency¹⁵. This was despite similar rates of vitamin D replacement therapy. The end stage renal disease population is at high risk for vitamin D deficiency. The reasons for this are multifactorial, but are at least in part due to the progressive decline in production of 1α hydroxylase from the kidney¹⁶. Therefore, these patients are not able to adequately regulate the active form of the hormone, 1,25-dihydroxyvitamin D. Beyond its traditionally known mineral metabolism effects, vitamin D is now recognized to have multiple effects in a wide range of tissue types including the vasculature. Vitamin D deficiency is associated with increased arterial stiffness as assessed by pulse wave velocity (PWV) and decreased endothelial function as assessed by flow mediated vasodilation (FMD) in patients with ESRD.¹⁷ Partial reversibility of vascular changes is evidenced by the fact that vitamin D replacement reduces left ventricular mass index by 9-10% in vitamin D deficient patients,¹² reduces PWV,¹⁸ and improves elastic properties of arteries.¹⁹ The vascular effects of vitamin D may be mediated through vitamin D receptors and peripheral 1α -hydroxylase, both present in endothelial and smooth muscle cells of the vascular wall.²⁰

Our analysis found a dramatic association with severe vitamin D deficiency and mortality in this population. This was a particularly notable finding given the fact that the vitamin D deficient group tended to be younger and had similar rates of vitamin D supplementation. Our findings reinforce the link between vitamin D deficiency and decreased survival, and add to a burgeoning body of literature in various patient populations linking vitamin D deficiency to mortality as well as adverse cardiovascular outcomes^{13, 21-30}. Observational studies suggest that vitamin D deficiency is associated with increased risk of cardiovascular events³¹, hypertension, and congestive heart failure³² and supplementation of vitamin D improves survival.³³

However, this study is the first that we know of to show an independent association between vitamin D deficiency and vascular access failure. This finding is of particular relevance in this population who is at high risk for vitamin D deficiency, and in whom vascular access is so critical, yet so frequently fails. In addition, we found that 62.5% of patients initiated HD with a catheter. This was concerning, given that our analysis found that initiating HD through a catheter to be a dramatic independent predictor of mortality. There was no association with vitamin D deficiency and primary or secondary patency; however, the reasons for loss of primary patency were heterogeneous e.g., balloon angioplasty for non-maturation or outflow obstruction, intrinsic venous disease or stenosis developing within a functional graft or fistula. Some of these reasons are related to vessel wall biology, while others are not. Loss of primary-assisted patency, as we have focused on here, does reflect a loss of functionality that can be most closely related to vessel wall biology. It is most

commonly due to intimal hyperplasia and thrombosis. It is the most clinically relevant endpoint in this context and thus the focus of this manuscript.

The proposed mechanisms of these associations with vitamin D deficiency and adverse cardiovascular measures and outcomes, include the multiple known immune-modulatory and anti-inflammatory effects of this steroid hormone. Vitamin D deficiency is associated with elevated circulating markers of inflammation and oxidative stress including IL-6, soluble vascular cell adhesion molecule (sVCAM), malondialdehyde (MDA) and myeloperoxidase.³⁴ This is particularly problematic in uremic patients who are already in an inflammatory state. Histologic analysis of uremic human vein specimens has shown increased activation of the innate immune system with increased expression of IL-6, transforming growth factor β (TGF- β), and tumor necrosis factor α (TNF- α) accompanied by markers of oxidative damage.³⁵ Correction of vitamin D deficiency through supplementation reduces IL-1 β , IL-6 and CRP and raises serum albumin in renally impaired patients.^{11, 12, 36} In addition, ESRD patients have marked endothelial dysfunction manifested by impaired endothelium-dependent, flow mediated vasodilation (FMD).^{17, 37-39} This inflammatory state characterized by vitamin D deficiency may contribute to the endothelial dysfunction and development of vascular disease, and thus poorer vascular access outcomes.

Our study has several limitations. First it is a single center, observational study, with a relatively small number of patients. The design of this study does not allow us to make any inferences about the causal nature of vitamin D deficiency. We can only state the observed associations. Additionally, the small sample size of the study resulted in very wide confidence intervals. So while we can say that there are associations between our predictors and outcomes, it is difficult to say how strong these associations are. Additionally, we do not know if this population of patients is different than the ESRD patients who did not have vitamin D levels measured.

The active form of vitamin D, plasma 1,25-dihydroxyvitamin D was not used as a metric in this study. We were limited by the retrospective nature of this study, and the active form of vitamin D is rarely measured as part of clinical routine. Its pro-hormone, 25-hydroxyvitamin D, is bound to circulating vitamin D binding protein (VBP), making it much more stable with concentrations up to 1000 fold higher than 1,25-dihydroxyvitamin D, and a significantly longer half-life, on the order of weeks as opposed to hours⁴⁰. Measuring 1,25-dihydroxyvitamin D requires complicated and labor intensive methods. For these reasons serum concentrations of 25-hydroxyvitamin D are the most widely used clinical measure of vitamin D status.

Given the retrospective nature of the study several factors were unavailable to us for analysis. For instance, the difference in serum albumin between the two groups raises the possibility that vitamin D level was a surrogate for overall nutrition in this cohort. However, prealbumin was not available as a measure to further probe this question. Nor were there serial measurements of vit D, which may have been informative to see how levels changed over time, given replacement therapy or not, in relation to our outcomes of interest.

Finally, time to death, or survival analyses were not performed given the lack of routine surveillance and inability to ascertain exact dates of death in this retrospective study. Nevertheless, access failure as defined herein is the most clinically meaningful access-related event often necessitating creation of new access and placement of a temporary or permanent central venous catheter.

In conclusion, this study found that vitamin D deficiency is a highly prevalent condition with serious implications in this patient population. Given the potential ramifications of increased mortality and vascular access failure, further study is warranted to assess if increased scrutiny of vitamin D levels or aggressive vitamin D repletion will improve survival or vascular access outcomes in this population.

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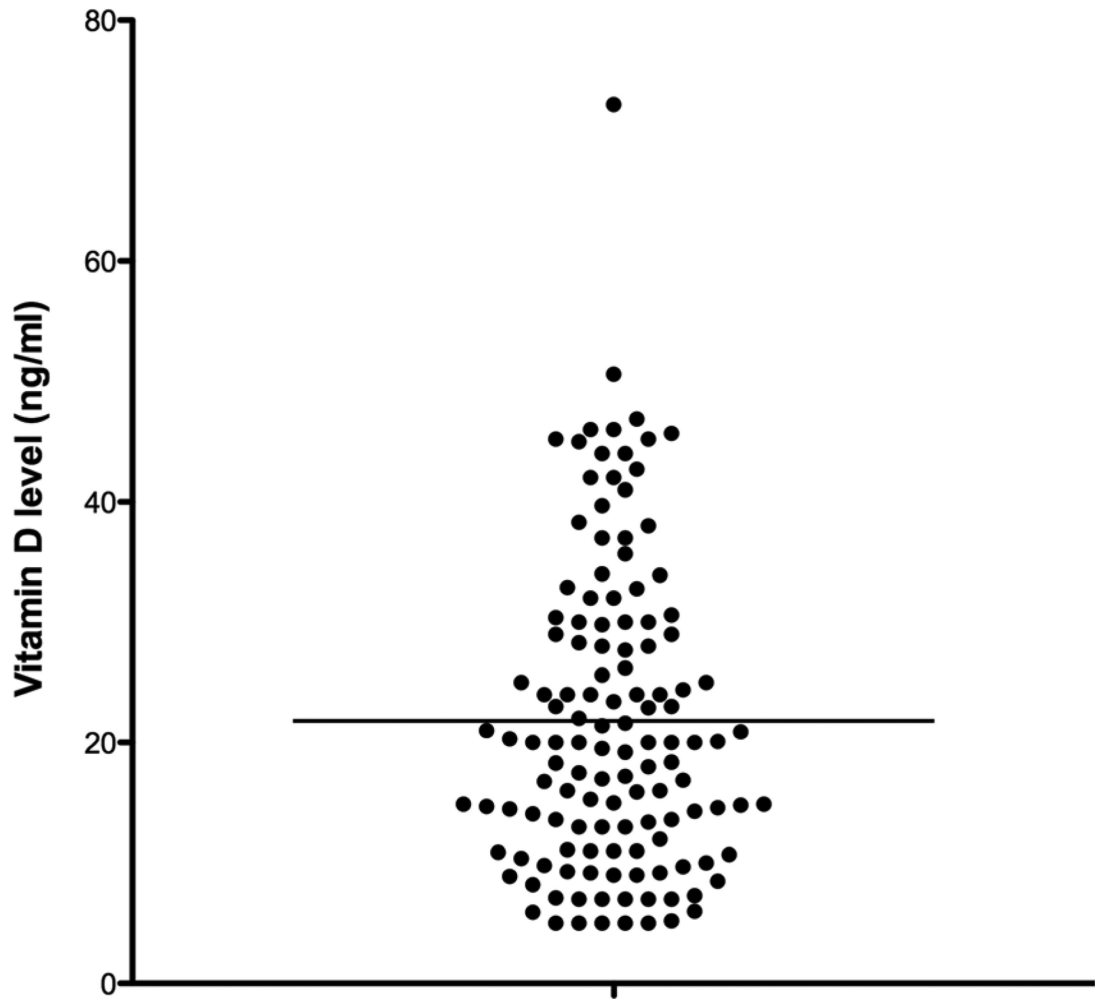


Figure 1.
Distribution of Vitamin D levels within cohort (ng/mL)

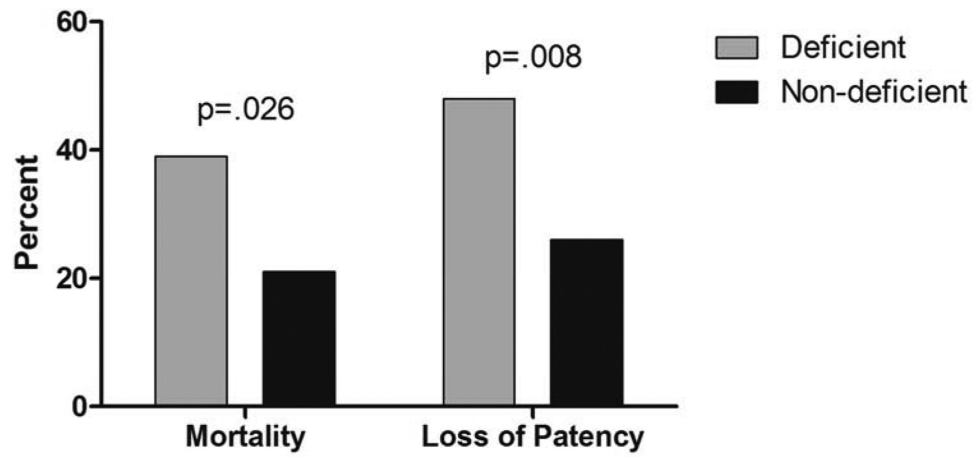


Figure 2. Difference in Mortality and Vascular Access Failure between Vitamin D Deficient and Non-deficient.

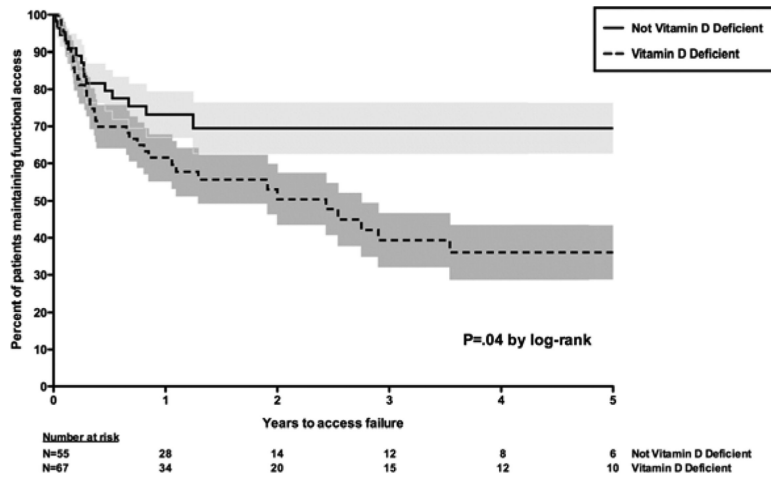


Figure 3. Kaplan-Meier Curve of Access Failure by Vitamin D Deficient and Non-deficient.

Table I

Patient Demographics

	Overall (n=128)		Vit D 20 (n=71)		Vit D >20 (n=57)		<i>p</i> -value
	<i>Mean/N</i>	<i>SD/%</i>	<i>Mean/N</i>	<i>SD/%</i>	<i>Mean/N</i>	<i>SD/%</i>	
Age	66.8	11.7	64.4	12.1	69.7	10.4	.01
Male	124	96.9	68	95.8	56	98.3	.4
African American	41	32.0	24	33.8	17	29.8	.6
DM	78	60.9	42	59.2	36	63.2	.6
HTN	125	97.7	68	95.8	57	100.0	.1
CAD	64	50.0	34	47.9	30	52.6	.6
Stroke	19	14.8	15	21.1	4	7.0	.02
HLD	94	73.4	48	67.6	46	80.7	.10
Cr	5.0	2.4	5.3	2.5	4.7	2.2	.2
eGFR	15.5	6.8	15.7	7.5	15.3	6.2	.8
Albumin	3.4	0.7	3.3	0.5	3.6	0.9	.02
Current Smoker	24	18.8	15	21.1	9	15.8	.7
ASA	69	53.9	39	54.9	30	52.6	.8
Statin	86	67.2	45	63.4	41	71.9	.3
Total Cholesterol	145.3	46.4	158	49.5	128.6	36.3	.001
Triglycerides	137.0	112.8	139.8	116.9	133.1	108.3	.8
HgbA1C	6.3	1.3	6.1	1.1	6.5	1.4	.1
Calcium	8.8	0.7	8.7	0.6	9.0	0.7	.007
Phosphorus	4.5	1.2	4.7	1.4	4.3	1.0	.06
PTH	237.8	175.7	259.1	190.1	210.1	152.1	.1
Hematocrit	34.8	5.2	34.7	4.8	34.9	5.7	.8
Vit D replacement	57	44.5	28	39.4	29	50.9	.2

Table II

Predictors of Mortality

Predictor	<i>Univariate</i>		<i>Multivariate</i>	
	p-value	OR	95% CI	p-value
Vit D deficiency	.03	3.64	1.13-11.79	.03
Age	.003	1.09	1.03-1.15	.001
AVF vs Graft	1			
HD via Central Cath	.02	3.08	1.04-9.11	.04
Previous AVF/AVG	.7			
Stroke/TIA	.9			
Heart Failure	.3			
CAD	.001	3.08	1.06-8.94	.04
HTN	.2			
HLD	.9			
DM	.5			
Tobacco Use	.8			
ASA	.6			
Statin	.9			
eGFR	.9			
Cr	.5			
Albumin	.05	0.27	.09-.83	.02
Total Chol	.5			
Trig	.1			
HgbA1C	.07	0.71	.40-1.28	.3
Calcium	.7			
Phos	.2			
PTH	.3			
Hematocrit	.3			

Table III

Procedure Characteristics.

	Overall (n=128)		Vit D 20 (n=71)		Vit D >20 (n=57)		<i>p-value</i>
	<i>N</i>	%	<i>N</i>	%	<i>N</i>	%	
<i>Fistula Type:</i>							
Cimino	58	45.3	37	52.1	21	36.8	.05
Brachio-cephalic	32	25.0	17	23.9	15	26.3	.4
Brachio-basilic	22	17.2	8	11.3	14	24.6	.04
AV Graft	16	12.5	9	12.7	7	12.3	.6
<i>Interventions:</i>							
Balloon angioplasty	41	32.0	21	29.6	20	35.1	.6
Thrombectomy	17	13.3	14	19.7	3	5.3	.02
Branch ligation	14	10.9	9	12.7	5	8.8	.6
Pseudoaneurysm revision	3	2.3	3	4.2	0	--	.3
Anastomotic revision	5	3.9	2	2.8	3	5.3	.7
2nd stage superficialization	23	18.0	10	14.1	13	22.8	.2
<i>Outcomes:</i>							
Mature	65	50.8	36	50.1	29	50.9	.4
Thrombosed	42	32.8	27	38	15	26.3	.1
Ligated:							
Steal	5	3.9	2	2.8	3	5.3	.7
Transplant/non-use	10	7.8	8	11.3	2	3.5	.2
Pseudoaneurysm	2	1.6	1	1.4	1	1.8	1.0
Infection	2	1.6	2	2.8	0	--	.5

Table IV

Cox Proportional Hazard Model of Predictors of Failure

Predictor	<i>Univariate</i>		<i>Multivariate</i>	
	p-value	HR	95% CI	p-value
Vit D deficiency	.04	2.34	1.17-4.71	.02
Age	.8			
Gender	.9			
Race	.5			
HD via Central Cath	.08	1.50	.74-3.06	.3
Previous failed AVF/AVG	.0002	1.50	.56-3.85	.4
AVG v AVF	.0003	3.50	1.38-8.89	.009
Stroke/TIA	.4			
Heart Failure	.1			
CAD/MI	.8			
HTN	.002	.20	.04-1.01	.051
HLD	.02	.42	.22- .81	.01
DM	0.2			
Tobacco Use	0.4			
ASA	0.09	.67	.37-1.23	.2
Statin	0.2			
eGFR	0.9			
Cr	0.07	.96	.85-1.08	.5
Albumin	0.4			
Trig	0.4			
HDL	0.7			
LDL	0.8			
HgbA1C	0.7			
Calcium	0.4			
Phos	0.7			
PTH	0.6			
Hematocrit	0.03	1.07	.999-1.15	.052