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Title

Out of Love, Not Fear

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Author

McAninch, Anne

Publication Date

2020

out of love, not fear

duet for flute and alto saxophone (duration: 6:30)

anne mcaninch

2019

Performance Notes

Indicates slight pause before playing, and not necessarily a breath mark.

At measures 38 to 39 and 63 to 64, there should be no pause after the fermata. Long fermatas should be held at least 5-4 seconds.

Program Notes:

When a person has a dream to do something, they have a choice; to do what is easy and safe or to take a chance and follow their dreams. If the safe choice is made, a person might have security (ex. a consistent paycheck), but live a miserable life, while their dream dies. The safe choice might not be safe; you can still fail, and your security is done.

If the dream is chosen, it can be hard work, there might be times of struggle, there might not be security all the time, but you are pursuing you dream and doing what you love. You might fail, but you were doing what you loved and are happy to be doing so. It is better to live a life doing what you love and have a chance of being happy than to life and make choices out of fear.

This piece explores the emotional exploration that is involved in making this choice. The flute and alto saxophone express sadness, confusion, happiness, and joy while the weave in and out of each other's sound space.

About the composer:

Anne McAninch (1981) is an emerging composer and recent graduate from the University of Wisconsin-Madison where she completed her DMA in Music Composition. She received her Masters of Music in Composition from James Madison University and her Bachelors of Music in Music Education from West Chester University of Pennsylvania. Anne has also taught instrumental music in Washington, DC for nine years. Anne made her collegiate conducting debut when she led the University of Wisconsin-Madison Concert Band in the premiere of her work *Silver Lining*. Anne's compositions have been described as "harmonically interesting" and "rich in orchestral color." Anne's work *Seven* was selected to be presented at the Society of Composers, Inc. 2018 Region VI convention, she was the guest composer-in-residence at the Caroga Lake Music Festival: InterArts Symposium and has had a residency at the Virginia Center for the Creative Arts. Anne's work *Fanfare for Orchestra* was selected the winner for and premiered at the Mead-Witter School of Music 2018-2019 Symphony Showcase. For more information about the Anne McAninch or her music visit www.annemcaninch.com.

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