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Journal

The Journal of Physical Chemistry Letters, 14(47)

ISSN

1948-7185

Authors

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Publication Date 2023-11-30

DOI

10.1021/acs.jpclett.3c01847

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Gadolinium Spin Decoherence Mechanisms at High Magnetic Fields

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Cite This: J. Phys. Chem. Lett. 2023, 14, 10578–10584

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ABSTRACT: Favorable relaxation processes, high-field spectral properties, and biological compatibility have made spin-7/2 Gd³⁺-based spin labels an increasingly popular choice for protein structure studies using high-field electron paramagnetic resonance. However, high-field relaxation and decoherence in ensembles of half-integer high-spin systems, such as Gd³⁺, remain poorly understood. We report spin–lattice (T_1) and phase memory (T_M) relaxation times at 8.6 T (240 GHz), and we present the first comprehensive model of high-field, high-spin decoherence accounting for both the electron spin concentration and temperature. The model includes four principal mechanisms driving decoherence: energy-conserving electron spin flip-flops, direct " T_1 " spin–lattice relaxation-driven electron spin flip processes, indirect T_1 -driven flips of nearby electron spins, and nuclear spin flip-flops. Mechanistic insight into decoherence can inform the design of experiments making use of Gd³⁺ as spin probes or relaxivity agents and can be used to measure local average interspin distances as long as 17 nm.



Pulsed electron paramagnetic resonance (EPR) spectroscopy is a technique with broad applications in biochemistry, physics, and material science.¹⁻³ Small molecules containing unpaired electrons in the form of organic radicals or metal ions can be site-specifically embedded into larger systems to act as sensitive reporters of local structure and dynamics.³⁻⁵ Pulsed dipolar spectroscopy techniques together with site-directed spin labeling are routinely used to measure pairwise distances between specific locations of proteins and other biomolecules⁶ to probe nanometer-scale structure. Additionally, molecules with unpaired electrons have been designed with promising potential applications as "molecular spin qubits" for quantum information science.⁷⁻¹¹ All of these applications rely on coherent spin manipulations and are therefore ultimately limited by the electron spin coherence lifetime. Understanding and quantifying the particular physical processes driving spin coherence decay, also termed decoherence, dephasing, or transverse relaxation, are therefore of great importance for many magnetic resonance studies.

Decoherence mechanisms are especially poorly understood in high-spin systems. Molecules containing high-spin Gd³⁺ ions are of particular interest for pulsed dipolar EPR spectroscopy at a high magnetic field.^{12–15} Gd³⁺ ions have a spin-7/2 ground state with seven unpaired electrons in a half-filled 4f shell. Molecules containing Gd³⁺ ions typically have a relatively small zero-field splitting (ZFS) between 0.2 and 2 GHz¹⁶ and, hence, a narrow central $m = -1/2 \rightarrow m = 1/2$ transition. This Kramers doublet is affected only by ZFS to second order in the perturbation theory, leading to a strong, narrow EPR central transition. At high magnetic fields B_{0} , this central transition narrows as $1/B_{0}$, leading to field-dependent improvements in sensitivity and resolution.^{12,17,18} Long-range interactions between Gd³⁺ centers are stronger than between spin-1/2 centers, because Gd³⁺ possesses a large magnetic moment of 7 times that of a spin-1/2 system. At high magnetic fields and cryogenic temperatures, the spin-lattice relaxation characterized by the time constant T_1 and the spin decoherence time T_M are both longer than those for most high-spin metal ions. Interestingly, T_M is typically observed to be only a factor of 5– 10 shorter than T_1 at high magnetic fields, ^{12,13} in marked contrast to conventional spin-1/2 organic radicals, where T_M is typically 2–4 orders of magnitude shorter than T_1 .¹⁹

To study the mechanisms driving decoherence, with particular focus on quantifying the role of spin-spin coupling, we performed electron $T_{\rm M}$ and T_1 measurements as a function of the temperature and electron spin concentration under conditions relevant for ${\rm Gd}^{3+}$ pulsed EPR spectroscopy applications.²⁰⁻²² Measurements were carried out in frozen aqueous solutions containing ${\rm Gd}^{3+}$ chelates at 8.6 T, yielding an electron Larmor frequency $\omega_{\rm L}/2\pi = g\mu_{\rm B}B_0/\hbar = 240$ GHz for the central $m = -1/2 \rightarrow m = +1/2$ transition, where g = 1.992 is the isotropic ${\rm Gd}^{3+} g$ factor, $\mu_{\rm B}$ is the Bohr magneton, and B_0 is the external magnetic field. Pulsed EPR experiments were performed using a home-built EPR spectrometer described elsewhere^{23,24} using a 55 mW solid-state microwave source (Virginia Diodes, Inc.), which can produce π pulses of

Received:July 5, 2023Revised:October 23, 2023Accepted:October 24, 2023Published:November 17, 2023



approximately 275 ns. $T_{\rm M}$ was measured with a two-pulse electron spin echo decay experiment (Figure 1), consisting of a



Figure 1. (a) Two-pulse electron spin echo decay decay pulse sequence used to measure the electron phase memory time $T_{\rm M}$. τ is varied, and the echo amplitude is recorded. (b) Saturation recovery pulse sequence used to measure spin-lattice relaxation time T_1 . The echo is recorded as the delay between the saturation pulse and the echo sequence T is increased, while keeping τ fixed. (c-f) Mechanisms driving decoherence, with "A" spins shown in green and "B" spins shown in purple. (c) Direct T_1 processes. (d) Nuclear spin flip-flop mechanism. (e) Neighboring spin T_1 -induced spin flip mechanism.

 $P_1 - \tau - P_2 - \tau$ -echo pulse sequence, where the echo was recorded as a function of the interpulse delay τ . Echo decay curves were well-described by an exponential and did not depend upon the pulse lengths used, indicating that instantaneous spectral diffusion was not significant (see Figure S4 of the Supporting Information). T_1 was measured with a saturation recovery experiment, where a 300 μ s pulse was used to saturate the EPR transition of the sample under investigation, and the recovered EPR was signal-readout after a variable recovery delay T with a two-pulse spin echo (Figure 1). A long pulse was used to ensure that the transition was adequately saturated by our low-power microwave source.

Two Gd^{3+} complexes were studied, Gd-DOTA and iodo-(Gd-PyMTA) (Gd-PyMTA). Gd-DOTA is a commercially available magnetic resonance imaging (MRI) contrast agent with a small 0.7 GHz axial ZFS,¹⁶ while Gd-PyMTA is a pyridine-based tetracarboxylate ligand structure to be used as a transition-metal- or lanthanide-based spin probe with a ZFS of 1.2 GHz.¹⁶ Both Gd-DOTA and Gd-PyMTA can be functionalized as spin labels for biomolecular structure studies. Field-swept echo-detected spectra acquired around the central $m = -1/2 \rightarrow m = +1/2$ transition as a function of the temperature (see Figures S2 and S3 of the Supporting Information) show that, for the outside of the central transition, the echo amplitude was <5% of the peak signal, indicating that only the central transition contributes significantly to the echo detected on resonance.

Figure 2 shows the electron spin-lattice rate $1/T_1$ measured on the central $m = -1/2 \rightarrow m = +1/2$ transition between 10 and 50 K. For both Gd-DOTA and Gd-PyMTA, $1/T_1$ was observed to follow a power-law temperature dependence, consistent with T_1 dominated by a direct phonon relaxation process.²⁵ T_1 was not observed to change as the electron spin concentration was increased from 50 to 500 μ M.



Figure 2. (a) Structure of Gd-DOTA. (b) Structure of Gd-PyMTA. (c) Inverse spin-lattice relaxation time $1/T_1$ at 8.6 T/ω_L = 240 GHz as a function of the temperature measured in frozen 60:40 deuterated glycerol/D₂O for Gd-DOTA and Gd-PyMTA at a concentration of 500 μ M. Dashed lines indicate power-law fits, consistent with T_1 being driven by a direct phonon relaxation process.

Panels a and b of Figure 3 show the results of electron spin echo decay experiments performed on the central $m = -1/2 \rightarrow$



Figure 3. Inverse phase memory time $1/T_{\rm M}$ of (a) Gd-DOTA and (b) Gd-PyMTA shows a strong temperature dependence. (c and d) $1/T_{\rm M}$ plotted as a function of the concentration, at the indicated temperatures for (c) Gd-DOTA and (d) Gd-PyMTA. Solid lines indicate fits of $1/T_{\rm M}$ to eq 1.

m = +1/2 transition to measure $T_{\rm M}$ over a range of temperatures for different electron spin concentrations. In contrast to $1/T_1$, a strong dependence upon the concentration was observed for $T_{\rm M}$, suggesting that electron spin—spin coupling plays a significant role in driving decoherence.^{26,27} Panels c and d of Figure 3 show $1/T_{\rm M}$ replotted as a function of the concentration at each temperature. At a given temperature, $T_{\rm M}$ was found to change linearly with the concentration and to obey the simple empirical relation

$$\frac{1}{T_{\rm M}(T)} = R_0(T) + R_{\rm M}(T)\frac{N}{V}$$
(1)

where $R_0(T)$ is a concentration-independent rate and $R_M(T)$, which has units of μs^{-1} mM⁻¹, characterizes the T_M concentration dependence.

Coupling between the electron spins can be characterized by the average nearest-neighbor dipolar coupling strength $\omega_{\rm dd}(\overline{r})$, which is proportional to the electron spin concentration $N/V^{27,28}$

$$\omega_{\rm dd}(\overline{r}) = \frac{\mu_0}{4\pi} \frac{(g\mu_{\rm B})^2}{\hbar} \frac{1}{\overline{r}^3}$$
(2)

that scales with the inverse cube of the average nearestneighbor distance between electrons \overline{r} , given by

$$\overline{r} = \frac{\Gamma(4/3)}{(4\pi/3)^{-1/3}} \left(\frac{N}{V}\right)^{-1/3}$$
(3)

where Γ is the Gamma function and $\Gamma(4/3)/(4\pi/3)^{-1/3} \simeq 0.554.^{29}$ Table 1 lists a range of electron spin concentrations and the corresponding average nearest-neighbor distances derived from eqs 2 and 3.

Table 1. Average Nearest-Neighbor Distances \overline{r} and Electron–Electron Coupling Strengths $\omega_{dd}(\overline{r})$ Assuming Randomly and Uniformly Distributed Spins in a Glassy Matrix for Several Spin Concentrations, Given by eq 3

concentration	\overline{r} (nm)	$\omega_{\rm dd}(\overline{r})/2\pi~({\rm kHz})$
1 mM	6.6	180
500 µM	8.3	91
100 µM	14.1	19
50 µM	17.8	9

To explain the observed dependence of $T_{\rm M}$ upon the temperature and electron spin concentration, we propose a model that explicitly includes both spin–lattice and spin–spin coupling. To account for the effects of spin–spin coupling, it is important to consider that all transitions except for the central $m = -1/2 \rightarrow m = +1/2$ transition are significantly broadened by zero-field splitting. Therefore, most Gd³⁺ spins are not excited by microwave pulses. Only a small percentage of spins, termed "A" spins, are excited, while most spins, termed "B" spins, are left unexcited. Spin–spin interactions that lead to decoherence are overwhelmingly dominated by coupling between the rare, excited "A" spins and the much more abundant, unexcited "B" spins and the dynamics of the latter, which lead to fluctuations in the dipolar field seen by the "A" spins.

In our model of decoherence for the central $m = -1/2 \rightarrow m$ = +1/2 transition, we consider four principal decoherence mechanisms for the observed A spins: (1) direct T_1 spin– lattice relaxation processes of the "A" spins, (2) coupling between "A" spins and nearby nuclear spins, and (3) fluctuations in the electron dipolar field seen by "A" spins driven by spin–lattice relaxation of "B" spins (" T_1 -induced" mechanism) or (4) energy-conserving pairwise "B" spin flipflops that give rise to fluctuations in the spin bath (Figure 1). These four mechanisms, each with distinct physical origins, are discussed below.

Direct spin-lattice decoherence processes (mechanism 1), which occur at or near the electron Larmor frequency of the "A" spins, lead to direct " T_1 " relaxation and, therefore, coherence loss of "A" spins.²⁵ These processes follow the temperature dependence of T_1 (Figure 2) and are influenced

by both direct spin-phonon coupling and zero-field splitting modulation.³⁰ Because T_1 and T_M differ by <10×, direct spinlattice decoherence processes are expected to contribute heavily to decoherence.

Nuclear spins coupled to "A" spins (mechanism 2) drive decoherence through a different mechanism: pairs of nuclear spins can undergo spin flip-flops, where one nuclear spin flips from $m \to m + 1$, while its neighbor flops from $m + 1 \to m$, so that the total energy is conserved when the two nuclear spins have the same or very close Larmor frequencies. Nuclear spin flip-flops are driven by dipolar coupling between nuclear spins and lead to a time-varying magnetic field as seen by nearby "A" spins. Each nuclear spin pair produces a small fluctuation because their energy differences are tiny, but the effect of many spin pairs together produces a time-varying field that is large enough to lead to time-varying changes in electron spin precession, which are not refocused in a two-pulse Hahn echo, leading to a permanent loss of "A" spin phase coherence in a process known as nuclear spin-driven spectral diffusion.^{31,32} Careful treatment of the couplings between the nuclear spin bath and electron spins have shown that this is a partially coherent phenomenon.³³⁻³⁵ Except at ~millikelvin temperatures, nuclear spin flip-flops in solids occur at a temperatureindependent rate. Hence, at 8.6 T between 10 and 50 K, nuclear spin-driven spectral diffusion is temperature-independent.

The " T_1 -induced" mechanism (mechanism 3) describes a process in which a "B" spin near an "A" spin undergoes a spin flip as a result of its spin–lattice relaxation, leading to a change in the dipolar field seen by the "A" spin. Because electron– electron dipolar coupling is much stronger than electron– nuclear dipolar coupling, a single "B" spin flip is much more impactful than a single nuclear spin flip and can lead to a change in the precession of the "A" spin, which is not refocused in a two-pulse Hahn echo. This process is expected to drive "A" spin decoherence at a rate proportional to T_1^{-1} and proportional to the strength of the average electron–electron dipolar coupling $\omega_{dd}(\bar{r})^{31,32}$ (see Table 1). For typical spin-1/2 organic radicals, where T_1 is much longer than T_M the " T_1 -induced" mechanism is not important.²⁷ In contrast, for Gd³⁺, where T_1 and T_M only differ by <10×, fast T_1 can drive T_M .

The fourth mechanism, energy-conserving pairwise electron spin flip-flops, is similar in some respects to pairwise nuclear spin flip-flops but is crucially different in character. Dipolar coupling can drive electron spin flip-flops if the dipolarly coupled spin pairs have the same or similar Larmor frequencies. Here, the electron flip-flop mechanism drives "A" electron spin dephasing through both an indirect process (Figure 1), where two neighboring "B" spins undergoing energy-conserving flip-flops that modify the precession of a nearby "A" spin, and a direct process, where a "B" spin and an "A" spin undergo mutual flip-flop. The changing dipolar field caused by the indirect flip-flop process leads to "A" spin decoherence through electron spin spectral diffusion,^{31,32} while the direct flip-flop process immediately destroys "A" spin coherence. Mutual flip-flops between pairs of "A" spins are extremely unlikely because most spins are not excited by microwave pulses applied to the central transition.

Another way in which electron-spin flip-flops differ from nuclear spin flip-flops is that electron spin flip-flops have a strong temperature dependence near the Zeeman temperature $T_Z = g\mu_B B_0/k_B$, which is 11.6 K at the high magnetic field of 8.6 T. At temperatures approaching T_{77} , flip-flops begin to "freeze

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Figure 4. (a–d) Electron spin flip-flop models. (a) Energy-conserving flip-flop between a pair of spins driven by dipolar coupling. (b) Spin-1/2 flip-flop and the associated field-dependent EPR transition shown on the right. (c) Crystalline high-spin flip-flops for S = 7/2 and the associated EPR transitions. Large ZFS and small disorder ensure that EPR transitions are well-separated in energy, so that only $m \rightarrow m \pm 1$ flip-flops are energy-conserving.²⁶ (d) Ubiquitous high-spin flip-flops for S = 7/2 and the associated EPR transitions. In an amorphous frozen solution of Gd centers, small ZFS, large disorder, and many orientations ensure that, at a particular magnetic field, energy-saving flip-flops can occur between all spin states for some orientations and disorder configurations. Field-dependent transitions are shown on the right. (e) Concentration-independent rate R_0 (top) and concentration-dependent rate R_M (bottom) as a function of the temperature. Solid lines indicate fits to eq 9b, with parameters shown in Table 2. Insets show the relevant decoherence mechanisms.

out" as higher Zeeman levels become thermally depopulated.^{27,28,36} Below T_{Z} , where the electron spins become completely polarized, there are no nearby pairs of electron spins that can undergo energy-conserving flip-flops. In highspin systems, modeling the temperature dependence of electron spin flip-flops is challenging for a number of reasons, including that there are multiple transitions that depopulate at different temperatures and that lines are generally broad, so that two spins in the same Zeeman level may not be able to undergo energy-conserving flip-flops. A model for electronspin flip-flops in crystalline high-spin systems was proposed by Takahashi et al., which predicts flip-flops to occur between neighboring spins at a rate W given by eq 4²⁶

$$W = \omega_{\rm dd}(\overline{r}) \sum_{m=-S}^{S-1} W_m n_m n_{m+1} \tag{4}$$

where n_m is the Boltzmann population of Zeeman level m and $W_{m,m+1}$ is the flip-flop matrix element

$$W_m = 2 \left| \left\langle m + 1, \, m | S_1^+ S_2^- | m, \, m + 1 \right\rangle \right|^2 \tag{5}$$

which equates to $W_m = 2((S - m)(S + m + 1))^2$.

The "crystalline flip-flop" model proposed by Takahashi et al. successfully described the low-temperature $T_{\rm M}$ dependence of an ensemble of crystallized S = 10 molecular magnets, which had large zero-field splittings and well-defined orientations, so that only transitions where one spin flips from $m \rightarrow m + 1$ and another flips from $m + 1 \rightarrow m$ were energy-conserving (Figure 4c). Gd³⁺ complexes, on the other hand, have relatively small ZFS, with a broad distribution of ZFS values as a result of disorder.¹⁶ One important consequence is that, in a frozen glassy solution, EPR transitions between all Zeeman levels will overlap in frequency for some orientations and for some ZFS values,¹⁶ which is not conceptually accounted for in eq 4. As a result, flip-flops between any two Zeeman levels will be energyconserving for some orientations and disorder realizations as long as one spin flips ($m \rightarrow m + 1$) while the other flops (m' $\rightarrow m' - 1$), as shown schematically in Figure 4d. We therefore propose a generalized high spin flip-flop model, where we explicitly consider energy-conserving flip-flops between all Zeeman transitions m,m', where $m \rightarrow m + 1$ as $m' \rightarrow m' - 1$. Our proposed "ubiquitous flip-flop" model predicts the following contribution to electron spin decoherence

$$\tilde{W} = \omega_{\rm dd}(\bar{r}) \sum_{m=-S}^{S-1} \sum_{m'=-S+1}^{S} W_{m,m'} n_m n_{m'}$$
(6)

where

$$W_{m,m'} = |\langle m + 1, m' | S_1^+ S_2^- | m, m' + 1 \rangle|^2 + |\langle m, m' + 1 | S_1^- S_2^+ | m + 1, m' \rangle|^2$$
(7)

Our full model for the coherence lifetime of the central $m = -1/2 \rightarrow m = +1/2$ transition is given by

$$\frac{1}{T_{\rm M}} = A_1 \omega_{\rm dd}(\overline{r}) \sum_{m=-S}^{S-1} \sum_{m'=-S+1}^{S} W_{m,m} n_m n_{m'} + A_2 \frac{\omega_{\rm dd}(\overline{r})}{T_1} + \frac{C}{T_1} + \Gamma$$
(8)

where A_1 , A_2 , and C are concentration-independent factors and Γ is a residual relaxation rate. The first term reflects decoherence caused by energy-conserving electron spin flip-flops; the second term reflects decoherence driven by electron " T_1 -induced" neighboring spin flips; the third term reflects decoherence caused directly by the T_1 processes of the "A" spins; and the fourth term is dominated by coupling to fluctuating nuclear spin flip-flops. The first two terms are proportional to the electron spin concentration because $\omega_{\rm dd}(\bar{r}) \propto N/V$ (eqs 2 and 3).

Figure 4 shows a fit of our model for the coherence lifetime of the $m = -1/2 \rightarrow m = +1/2$ transition to the observed decoherence rates extracted from eq 1. Following eq 8, the two empirical decoherence rates R_0 and R_M were fit according to

$$R_0(T) = \frac{C}{T_1} + \Gamma \tag{9a}$$

$$R_{\rm M}(T) = \omega_{\rm dd}(\overline{r})A_1 \sum_{m,m'} W_{m,m}n_m n_{m'} + \omega_{\rm dd}(\overline{r})\frac{A_2}{T_1}$$
(9b)

where A_1 , A_2 , C, and Γ were the four adjustable parameters. The results of the fitting procedure are presented in Table 2. A_1 is roughly 50% larger for Gd-DOTA than for Gd-PyMTA, while *C* is roughly 50% larger for Gd-PyMTA, and A_2 and Γ are the same for the two complexes.

Table 2. Model Parameters from Equation 8 Fit to the Temperature and Concentration Dependence of $1/T_{\rm M}$ (Figure 4)

	Gd-DOTA	Gd-PyMTA
$A_1 (\times 10^{-3})$	1.5 ± 0.1	0.9 ± 0.3
A_2 (μ s)	1.4 ± 0.2	1.4 ± 0.4
С	1.2 ± 0.1	1.8 ± 0.1
Γ (μs^{-1})	0.05 ± 0.01	0.05 ± 0.01
$r_{\rm c} (\rm nm)$	7.7 ± 0.3	7.7 ± 0.8

Equation 8 oversimplifies the electron flip-flop mechanism in two key ways. First, it considers only flip-flops between nearest neighbors, potentially underestimating the contribution of flipflops to decoherence. Dipolar-coupled electron spins have many opportunities to undergo mutual electron spin flip-flops, including through couplings to nearby nuclear spins that make up for their energy differences in a three-spin electronelectron-nuclear spin process, also known as the cross effect.³⁷ Second, it assumes all pairs of transitions $\Delta m = \pm 1$ contribute equally to decoherence. Because each $\Delta m = \pm 1$ transition is broadened by zero-field splitting to a different extent,¹⁶ not all pairs of transitions will overlap in frequency, and therefore, many pairs will not be energy-conserving. A full and accurate treatment of the flip-flop mechanism should take into account transition-dependent details of the EPR line shape. Equation 8 likely underestimates the contribution to flip-flops from the narrow central $m = -1/2 \rightarrow m = 1/2$ transition, while overestimating the contributions from the other transitions, which are much broader. However, to a first approximation, we can expect the contribution of the flip-flop mechanism to dephasing to scale inversely with the full width of the EPR line, because the narrower the entire EPR line, including all transitions, the more likely neighboring spins will have transitions that occur at the same frequency. Taking zerofield splitting as a proxy for the full EPR line width, we note that the ZFS is half as large for Gd-DOTA as it is for Gd-PyMTA.¹⁶ This is consistent with our finding that A_1 , which scales the contribution from the flip-flop mechanism, is twice as large for Gd-DOTA as that for Gd-PyMTA.

The S = 1/2 transition of the nitroxide radical 4-amino-TEMPO at 8.6 T/240 GHz has a line width roughly 10–30 times narrower than the Gd³⁺ complexes investigated here.¹⁶ Accordingly, our model predicts a 10–30× larger A_1 parameter for nitroxide radicals than for these Gd³⁺ complexes. Edwards et al. performed $T_{\rm M}$ measurements on frozen aqueous solutions of 4-amino-TEMPO at 8.6 T/240 GHz and found that $T_{\rm M}$ was w ell-modeled at low temperatures by $1/T_{\rm M} = \frac{1}{10.2}\omega_{\rm dd}(\overline{r})n_{-1/2}n_{1/2} + \Gamma'$, where Γ' is a concentration- and temperature-independent rate,²⁷ which recapitulates eq 8 for S = 1/2 with the terms proportional to A_2 and C equal to 0, up to a factor of 2 in the definition of the term proportional to A_1 . We find the coefficient $A_1^{4-\text{amino-TEMPO}} = 1/10.2 \times 1/2 = 0.049$, which is indeed roughly ~30 times larger than A_1 for either Gd³⁺ complex measured.

In contrast, decoherence of "A" spins caused by T_1 -induced spin-flips of nearby "B" spins is not expected to depend upon details of the EPR line shape because it is driven by spinlattice relaxation. This matches our finding that the A_2 parameter is the same for both complexes. Rather, these spin-flips occur in "B" spins at a rate of $1/T_1$ and drive decoherence through dipolar coupling to "A" spins. The A_2 parameter has units of time and scales the contribution to spin decoherence from the T_1 -induced spin-flip mechanism. A possible physical interpretation is that $A_2 = 1/\omega_{dd}(r_c)$, where $\omega_{\rm dd}(r_{\rm c})$ is the dipolar coupling frequency between two spins separated by a characteristic distance r_c . If spins are much farther apart than r_{c} , then their coherence lifetimes are not much affected by T_1 flips of their neighbors. Our model gives characteristic distances $r_{\rm c}$ of 7.7 \pm 0.3 and 7.7 \pm 0.8 nm for Gd-DOTA and for Gd-PyMTA, respectively. Equation 8 can be re-expressed in terms of $r_{\rm c}$ as

$$\frac{1}{T_{\rm M}} = A_{\rm I}\omega_{\rm dd}(\overline{r}) \sum_{m,m'} W_{m,m'} n_m n_{m'} + \frac{1}{T_{\rm I}} \left[\left(\frac{r_{\rm c}}{\overline{r}}\right)^3 + C \right] + \Gamma$$
(10)

with the contribution to decoherence from " T_1 -induced" "B" spin-flips falling off as $(r_c/\bar{r})^3$. Our model predicts that "A" spins are only strongly affected by T_1 -induced flips of "B" spins within a characteristic distance r_c .

Decoherence driven by spin–lattice processes was weighted by the dimensionless parameter C. T_1 processes are often mediated by the zero-field splitting, which is roughly twice as large in Gd-PyMTA as in Gd-DOTA, consistent with our finding that C was nearly twice as large for Gd-PyMTA as for Gd-DOTA. Residual relaxation Γ , independent of the temperature and concentration, is dominated by weak coupling between electron "A" spins and an ensemble of nuclear spins. Nuclear spins, which are not highly polarized at these temperatures, readily undergo energy-conserving flip-flops and cause the magnetic field seen by "A" spins to fluctuate.

Our quantitative model of electron spin decoherence can be used to extract average interelectron distances \overline{r} from T_{M} and T_1 measurements at several temperatures. Temperaturedependent $T_{\rm M}$ measurements of S = 1/2 nitroxide radicals have been shown to be sensitive to \overline{r} as long as 6.6 nm.²⁷ In our work, sensitivity to interelectron distances is shown for average interelectron distances of up to 17 nm (the average nearest interelectron distance for a 50 μ M solution). Two crucial details provide this nearly 3× increase in maximum interspin distance sensitivity. First, the larger magnetic moment of S =7/2 Gd³⁺ systems leads to stronger electron-electron coupling, as seen from the flip-flop matrix elements of eq 7. The matrix elements $W_{m,m'}$ equate to $W_{m,m'} = 2(S - m)(S + m)$ (+1)(S + m')(S - m' + 1), which are 2–3 orders of magnitude larger for S = 7/2 than for S = 1/2. Second, T_1 relaxation in Gd³⁺ spins is much shorter than that for nitroxide radicals, for which " T_1 -induced" spin-flips of "B" spins can effectively be ignored as a contribution to electron spin decoherence.²⁷ The " T_1 -induced" mechanism provides an extra decoherence pathway for Gd³⁺ systems, leading to an increase in the sensitivity of $T_{\rm M}$ measurements to electron-electron coupling.

ACKNOWLEDGMENTS

This work was supported by National Science Foundation (NSF) Division of Molecular and Cellular Biosciences (MCB) 1617025 and 2028560. Gd-PyMTA was synthesized in the group of Prof. Dr. Adelheid Godt at Bielefeld University.

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Measurements of average interelectron distances using dephasing and relaxation-based techniques have great potential as tools for understanding molecular aggregation and clustering in frozen solutions, especially when aggregation is driven by weak interactions and intermolecular associations are not strong. Moreover, such measurements are sensitive to the geometrical arrangement of spins,²⁷ providing important additional and complementary information to pulsed dipolar spectroscopy techniques, which are most sensitive to pairwise distances.

The measurements and model that we have presented advance our quantitative understanding of spin relaxation and decoherence of half-integer high-spin paramagnetic centers, like Gd³⁺, in high magnetic fields and at relevant concentrations used for biophysics, structural biology, quantum sensing, and MRI applications. Our quantitative model of decoherence for Gd3+ complexes can inform the design of materials and experiments for which controlling decoherence is important. For example, for pulsed dipolar spectroscopy using Gd³⁺ spin labels, the model proposed here could be used to optimize the temperature, spin label concentration, and nuclear spin concentration (by, for example, deuteration) for measurements of pairwise distances in spin-labeled biological molecules and materials. A similar model may also be useful to understand decoherence of molecular qubits based on highspin paramagnetic centers.^{10,11,38}

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.jpclett.3c01847.

Experimental methods, field-swept echo-detected EPR line shapes, relaxation data details, and comparing crystalline and ubiquitous flip-flop models (PDF)

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Notes

The authors declare no competing financial interest.

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