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Glucocorticoid receptor modulators decrease alcohol self-administration in male rats

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Publication Date

2021-05-01

DOI

10.1016/j.neuropharm.2021.108510

Peer reviewed

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- 29 Abstract30

Alcohol use disorder (AUD) is associated with the dysregulation of brain 31 32 stress and reward systems, including glucocorticoid receptors (GRs). The 33 mixed glucocorticoid/progesterone receptor antagonist mifepristone and 34 selective GR antagonist CORT113176 have been shown to selectively reduce 35 alcohol consumption in alcohol-dependent rats. Mifepristone has also been 36 shown to decrease alcohol consumption and craving for alcohol in humans with AUD. The present study tested the effects of the GR modulators 37 38 CORT118335, CORT122928, CORT108297, and CORT125134 on alcohol self-39 administration in nondependent (air-exposed) and alcohol-dependent 40 (alcohol vapor-exposed) adult male rats. Different GR modulators recruit 41 different GR-associated transcriptional cofactors. Thus, we hypothesized that 42 these GR modulators would vary in their effects on alcohol drinking. CORT118335, CORT122928, and CORT125134 significantly reduced alcohol 43 44 self-administration in both alcohol-dependent and nondependent rats. 45 CORT108297 had no effect on alcohol self-administration in either group. The 46 present results support the potential of GR modulators for the development 47 of treatments for AUD. Future studies that characterize genomic and nongenomic effects of these GR modulators will elucidate potential molecular 48 49 mechanisms that underlie alcohol drinking in alcohol-dependent and 50 nondependent states.

51

52 Keywords

- 53 alcohol dependence; alcohol drinking; glucocorticoid; glucocorticoid receptor;
- 54 addiction

55 1. Introduction

56 Alcohol use disorder (AUD) is characterized by heavy alcohol 57 consumption despite negative consequences and the emergence of a 58 negative emotional state when alcohol is unavailable. Alcohol exposure and withdrawal from alcohol both activate the hypothalamic-pituitary-adrenal 59 (HPA) axis, causing the release of corticosteroids. Repeated HPA axis 60 61 activation is hypothesized to drive cumulative neuroadaptations in brain 62 reward and stress systems that both facilitate the transition to and 63 maintenance of alcohol dependence (Vendruscolo et al. 2012, 2015; Edwards 64 et al. 2015: Somkuwar et al. 2017).

65 The glucocorticoid receptor (GR) is a steroid hormone-activated 66 transcription factor that is ubiquitously expressed throughout the brain and 67 peripheral tissues (Cintra et al. 1994). Its endogenous ligand is the steroid 68 hormone cortisol in humans and corticosterone in rodents. The 69 GR/progesterone antagonist mifepristone has demonstrated efficacy in 70 reducing alcohol consumption and craving for alcohol in humans with alcohol use disorder (Vendruscolo et al. 2015). Preclinical studies have found that 71 72 mifepristone reduces alcohol consumption. Chronic, systemic administration 73 of mifepristone prevented development of alcohol dependence-induced 74 escalation of alcohol drinking in male rats (Vendruscolo et al. 2012; 75 Somkuwar et al. 2017) and reduced escalated alcohol drinking in male rats 76 with a history of alcohol dependence during protracted abstinence (Vendruscolo et al. 2012). Acute, systemic treatment with mifepristone and 77

78 the selective GR antagonist CORT113176 reduced escalated alcohol drinking 79 in alcohol-dependent male rats during acute withdrawal (Vendruscolo et al. 80 2015) and mifepristone reduced heavy alcohol drinking in rhesus macagues 81 (Jimenez et al. 2020). In experiments using nondependent animals, 82 mifepristone reduced alcohol consumption in female but not male rats 83 (Logrip and Gainey, 2020), reduced stress-induced reinstatement of alcoholseeking behavior (Simms et al. 2012), reduced binge-like alcohol drinking in 84 85 high-drinking male and female mice (Savarese et al. 2020), and prevented 86 an increase in preference for alcohol in low-drinking male and female mice 87 (O'Callaghan et al. 2005). Neither mifepristone nor CORT113176 affected the intake of water or non-alcoholic sweet solutions in rats or mice (Vendruscolo 88 89 et al., 2015; Savarese et al., 2020), and they did not affect alcohol drinking in 90 nondependent, unstressed male rodents (Fahlke et al. 1995, 1996; Yang et 91 al. 2008; Lowery et al. 2010; Vendruscolo et al. 2012, 2015; Simms et al. 92 2012; Repunte-Canonigo et al. 2015) or baboons (Holtyn et al. 2019), and 93 mifepristone did not block an alcohol-induced relapse-like behavior in rhesus macagues in early abstinence (limenez et al., 2020). These findings suggest 94 95 preferential effects of mifepristone and CORT113176 in reducing excessive 96 alcohol drinking under multiple conditions, including binge-like drinking, 97 heavy drinking, dependence, and stress. In addition to its effects on alcohol 98 consumption, mifepristone treatment reduced the severity of somatic signs 99 of alcohol withdrawal (Sharrett-Field et al. 2013), reduced hippocampal 100 neurotoxicity following binge-like alcohol exposure in rats (Cippitelli et al.,

101 2014), and prevented the expression of memory deficits in alcohol-102 dependent mice during 1-2 weeks of alcohol abstinence (Jacquot et al. 2008).

103 Several functional characteristics of GRs are known to be altered in 104 alcohol dependence. In humans who were diagnosed with AUD, NR3C1 105 methylation was altered in the prefrontal cortex (PFC), resulting in lower GR mRNA and protein levels (Gatta et al. 2019). Gene expression and 106 107 transcriptional network analyses in brains of alcohol-dependent rats during 108 acute withdrawal (8-24 h) and protracted abstinence (~4 weeks) identified 109 the GR as one of the top transcriptional regulators that contribute to 110 alterations of gene expression profiles in key reward- and stress-related brain regions (Repunte-Canonigo et al. 2015; Vendruscolo et al. 2012). The 111 112 phosphorylation of GR at serine 232, a site that is associated with higher 113 transcriptional activity, was increased in the central nucleus of the amygdala 114 (CeA) of alcohol-dependent rats during acute withdrawal (Vendruscolo et al. 115 2015). Glucocorticoid receptor phosphorylation and protein expression in the 116 rat medial PFC was altered during acute withdrawal and protracted 117 abstinence (Somkuwar et al. 2017).

Although side effects of mifepristone that occur through progesterone receptor antagonism are uncommon (Chen et al. 2014), compounds that preferentially and selectively target GRs may have greater efficacy and potency, making them more suitable for chronic administration. Several layers of regulation determine the activity level and transcriptional outcome of GRs. These include the ligand that binds to GRs and composition of

124 chaperones and cofactor complexes in the cytoplasm and nucleus (Atucha et 125 al. 2015, Desmet et al. 2017). The expression of cofactors differs greatly 126 across GR-expressing cells throughout the brain and periphery. Therefore, 127 the recruitment of various cofactor complexes is a major contributing factor 128 to the diversity of GR-mediated gene expression profiles that can be 129 observed between different tissues and cell types (Meijer et al. 2019). The present study evaluated the effects of four selective GR modulators on 130 131 alcohol self-administration in alcohol-dependent and nondependent male 132 rats. We hypothesized that these compounds may have differential GR-133 mediated activity and effects on alcohol drinking in alcohol-dependent and 134 nondependent rats.

135

136 **2. Materials and Methods**

137 *2.1. Animals*

138 Adult male Wistar rats (Charles River, Raleigh, NC, USA), at least 8 139 weeks of age at the beginning of the experiments, were group housed 2-3 140 per cage in a temperature-controlled ($21^{\circ}C \pm 2^{\circ}C$) vivarium on a 12 h/12 h 141 light/dark cycle (lights on at 8:00 AM), with ad libitum access to food and 142 water except during behavioral testing. Behavioral tests were conducted 143 during the dark cycle. Only male rats were used because these experiments were conducted before the National Institutes of Health requirement to 144 145 include sex as a biological variable. Future studies will test the effects of GR 146 antagonism on alcohol drinking in female rats. All of the animal procedures

adhered to the National Institutes of Health Guide for the Care and Use of
Laboratory Animals and were approved by the Animal Care and Use
Committee of the National Institute on Drug Abuse Intramural Research
Program and The Scripps Research Institute.

151

152 2.2. Operant alcohol self-administration in rats

153 Self-administration sessions were conducted in standard operant 154 conditioning chambers (Med Associates, St. Albans, VT, USA). In each 155 experiment, the rats were trained to self-administer 10% (w/v) alcohol and 156 water under a fixed-ratio 1 (FR1) schedule of reinforcement. Each operant response on the alcohol lever or water lever was reinforced with 0.1 ml of 157 158 solution as previously described (Priddy et al., 2017). The rats that acquired 159 operant alcohol self-administration (i.e., at least 10 lever presses for alcohol 160 in each of the last three 30-min training sessions) were split into two groups 161 that were matched by the average number of lever presses for alcohol in the last three training sessions: alcohol vapor-exposed group (alcohol-162 163 dependent) and air-exposed group (nondependent).

164

165 2.3. Alcohol vapor exposure

The rats were made alcohol-dependent by chronic, intermittent alcohol vapor exposure as previously described (Vendruscolo et al. 2012, 2015). The rats were exposed to daily cycles of 14 h of alcohol vapor, followed by 10 h of room air, for a minimum of 4 weeks. Blood alcohol levels that were 170 reached ranged between 150 and 250 mg/dl. Behavioral testing occurred in 171 2-3 sessions per week, 6-8 h after the alcohol vapor exposure period, a 172 timepoint at which brain and blood alcohol levels are negligible (Gilpin et al. 173 2009). Nondependent rats were not exposed to alcohol vapor but underwent 174 behavioral testing at the same time as the alcohol-dependent group. The 175 vapor model of alcohol dependence has been shown to produce both somatic 176 and affective symptoms of alcohol dependence, including escalated and 177 compulsive-like alcohol consumption, anxiety-like behavior, and hyperalgesia 178 (Vendruscolo and Roberts, 2014; Edwards et al. 2012).

179

180 2.4. Drug treatment

181 CORT118335, CORT122928, CORT108297, and CORT125134 were 182 provided by Corcept Therapeutics (Menlo Park, CA, USA). The chemical structure of CORT118335 is identified in Hunt et al. 2012. The chemical 183 184 structure of CORT125134 is identified in Hunt et al. 2017. The chemical 185 structures of the compounds CORT108297, CORT113176, and CORT122928 (compound 13) are identified in Hunt et al. 2015. Separate cohorts of 186 187 alcohol-dependent and nondependent rats were intraperitoneally injected 188 with CORT118335 (0, 1, 3, and 10 mg/kg), CORT122928 (0, 10, 30, and 60 189 mg/kg), CORT108297 (0, 5, 10, 15, 30, and 60 mg/kg), or CORT125134 (0, 190 30, 60, and 100 mg/kg) 90 min before the operant self-administration 191 sessions. The doses of each compound were based on pharmacokinetic and 192 pharmacodynamic data from Corcept Therapeutics. Doses of each compound

193 were administered in a within-subjects Latin-square design. All of the 194 compounds were prepared with 10% dimethylsulfoxide, 10% Kolliphor EL 195 (Sigma-Aldrich, St. Louis, MO, USA), and 80% saline. The injection volume 196 was 3 ml/kg. Separate cohorts of dependent and nondependent rats were 197 used to test each of the compounds. Sample sizes for each experiment were 198 as follows: CORT118335: nondependent n = 18, alcohol-dependent n = 10; nondependent n = 10, alcohol-dependent n = 10; 199 CORT122928: 200 CORT108297: nondependent n = 8, alcohol-dependent n = 8; CORT125134: 201 nondependent n = 9, alcohol-dependent n = 11. Note that there are 202 differences in group sizes among the compounds that we tested. This was due to difference in cohort sizes, the number of rats that acquired operant 203 204 self-administration, the number of rats that could have been allocated for 205 each particular experiment, and the amount of drug to be tested.

206

207 2.5. Statistical analysis

208 All statistical analyses were conducted with GraphPad Prism 8 209 software. Operant alcohol and water self-administration data were analyzed 210 using repeated-measures analysis of variance (ANOVA), with drug treatment 211 the within-subjects factor and group (alcohol-dependent as VS. 212 nondependent) as the between-subjects factor. *Post hoc* comparisons were 213 performed using the Holm-Sidak multiple-comparison test (Molutsky 2020). 214 The accepted level of significance for all of the tests was p < 0.05. All data 215 are expressed as the mean and SEM.

216

217 **3. Results**

218 3.1. Effect of CORT118335 on alcohol self-administration

219 The two-way repeated-measures ANOVA indicated that the alcohol-220 dependent group self-administered significantly more alcohol than the 221 nondependent group, thus validating our experimental model (main effect of 222 group: $F_{1,26} = 17.33$, p = 0.0003). CORT118335 significantly reduced alcohol 223 self-administration in both alcohol-dependent and nondependent rats (main 224 effect of dose: $F_{3.78}$ = 12.23, p = 0.0001). The Holm-Sidak post hoc test 225 indicated that CORT118335 significantly reduced alcohol self-administration 226 in alcohol-dependent and nondependent rats at doses of 1 mg/kg (p =227 0.0477), 3 mg/kg (p = 0.0003), and 10 mg/kg (p < 0.0001; Fig. 1A). 228 CORT118335 treatment exerted a nonsignificant trend toward a reduction of 229 water self-administration in both groups ($F_{3,78}$ = 2.709, p = 0.0508; Table 1).

230

231 3.2. Effect of CORT122928 on alcohol self-administration

Alcohol-dependent rats self-administered significantly more alcohol than nondependent rats (main effect of group: $F_{1,18} = 19.05$, p = 0.0004). The two-way repeated-measures ANOVA indicated that CORT122928 significantly reduced alcohol self-administration in alcohol-dependent and nondependent rats (main effect of dose: $F_{3,54} = 8.860$, p < 0.0001). The Holm-Sidak *post hoc* test indicated that CORT122928 reduced alcohol selfadministration in alcohol-dependent and nondependent rats at doses of 30 mg/kg (p = 0.0001) and 60 mg/kg (p = 0.0003; Fig. 1B). The two-way repeated-measures ANOVA indicated a significant group × dose interaction for water self-administration ($F_{3,54} = 3.060$, p = 0.0358). The Holm-Sidak *post hoc* test indicated that CORT122928 significantly reduced water selfadministration in nondependent rats at the 60 mg/kg dose (p = 0.0251; Table 1).

245

246 3.3. Effect of CORT108297 on alcohol self-administration

Alcohol-dependent rats self-administered significantly more alcohol than nondependent rats (main effect of group: $F_{1,14} = 22.74$, p = 0.0003). The two-way repeated-measures ANOVA indicated that CORT108297 did not significantly affect alcohol self-administration in alcohol-dependent or nondependent rats (main effect of dose: $F_{4,56} = 0.9774$, p = 0.4273; Fig. 1C), with no effect on water self-administration (main effect of dose: $F_{4,56} = 0.3994$, p = 0.8082; Table 1).

254

255 3.4. Effect of CORT125134 on alcohol self-administration

Alcohol-dependent rats self-administered significantly more alcohol than nondependent rats (main effect of group: $F_{1,18} = 21.45$, p = 0.0002). CORT125134 significantly reduced alcohol self-administration in alcoholdependent and nondependent rats (main effect of dose: $F_{3,54} = 5.154$, p =0.0033). The Holm-Sidak *post hoc* test indicated that CORT125134 significantly reduced alcohol self-administration in alcohol-dependent and 262 nondependent rats at the 100 mg/kg dose (p = 0.0012; Fig. 1D), with no 263 effect on water self-administration (main effect of dose: $F_{3,54} = 0.4625$, p =264 0.7096; Table 1).

265

266 **4. Discussion**

267 Consistent with an extensive literature (reviewed in Vendruscolo and 268 Roberts, 2014), alcohol vapor-exposed (dependent) male rats self-269 administered significantly more alcohol compared with air-exposed 270 (nondependent) male rats in all experimental cohorts, validating our 271 experimental conditions. We found that the acute administration of 272 CORT118335, CORT122928, and CORT125134 significantly reduced alcohol 273 drinking in both nondependent and alcohol-dependent rats, whereas 274 CORT108297 had no effect. These compounds generally did not significantly 275 disrupt water intake in either alcohol-dependent or nondependent rats (Table 276 1). Using the same model of alcohol dependence, we previously found that 277 mifepristone and the selective GR antagonist CORT113176 preferentially 278 decreased alcohol self-administration in alcohol-dependent male rats, without affecting the self-administration of water or a non-alcoholic saccharin 279 280 solution in operant session (Vendruscolo et al. 2015). The mechanisms of 281 action of CORT113176 are largely unknown. In vitro, partial antagonism of 282 GRs by CORT113176 was reported (Hunt et al. 2015). In vivo, CORT113176 283 antagonized some, but not all, peripheral effects of cortisone on blood 284 glucose levels (Hunt et al. 2015).

285 To date, little information is available about the genomic and non-286 genomic mechanisms of action of the compounds that were tested herein. 287 Perhaps the most characterized of the GR modulators is CORT118335. In the 288 present study, CORT118335 significantly reduced alcohol self-administration, 289 without affecting water self-administration or the consumption of a non-290 alcoholic saccharin solution (Table 3), indicating that this compound did not 291 suppress consummatory behaviors in general. This compound has no 292 significant affinity for progesterone, estrogen, or androgen receptors, but it 293 has antagonist activity at the mineralocorticoid receptor, with eight-fold 294 lower affinity for mineralocorticoid receptors than GRs (Hunt et al. 2012; 295 Atucha et al. 2015; Table 2). CORT118335 has a co-factor interaction profile 296 that is considered intermediate to the agonist dexamethasone and 297 antagonist mifepristone (Atucha et al. 2015). Similar to mifepristone, 298 CORT118335 significantly interacts with transcription factor 65, a subunit of 299 nuclear factor κB (a proinflammatory transcription factor). CORT118335 and 300 mifepristone both interact with motifs of the transcriptional activators steroid 301 receptor co-activators 1 and 2 (SRC-1 and SRC-2). In contrast to 302 mifepristone, both CORT118335 and dexamethasone do not interact with 303 motifs of the nuclear receptor co-repressors 1 and 2 (NCOR-1 and NCOR-2). 304 These in vitro data suggest that CORT118335 exerts GR agonist-like activity 305 (Atucha et al. 2015; Viho et al. 2019). However, mixed GR agonist and antagonist-like activity has been observed in vivo (Koorneef et al. 2018). 306 307 CORT118335 treatment reduced plasma corticosterone levels in rats,

308 indicating negative feedback on the HPA axis, and therefore agonist-like 309 action of CORT118335 at GRs in the hypothalamus (Atucha et al. 2015; 310 Nguyen et al. 2017). Further, CORT118335 has been shown to exert 311 antagonist activity at GRs in the hippocampus, where it inhibited the GR-312 induced upregulation of FK506-binding protein 5 and serum- and 313 glucocorticoid-regulated kinase 1 mRNA and inhibited GR-mediated memory 314 consolidation (Atucha et al. 2015). CORT118335 antagonizes the 315 mineralocorticoid receptor, which may play a role in alcohol drinking in 316 dependent rats (Aoun et al. 2017), but with a low affinity that is likely 317 insufficient to produce the behavioral effects that were observed in the 318 present study. The more general effect of CORT118335 on alcohol self-319 administration compared to the differential effects of mifepristone in alcohol-320 dependent rats vs. nondependent rats may potentially be explained by 321 several differences between these compounds at the molecular level. 322 Mifepristone exhibited strong antagonist activity at the GR in the presence of 323 the splice variant SRC-1e and weaker antagonist activity in the presence of 324 SRC-1a in reporter assays (Meijer et al. 2005), whereas the effect of 325 CORT118335 on the functional interactions between GR and SRCs are unknown. In addition, mifepristone attenuated the expression of Fos, a 326 327 marker of neuronal activation, in the CeA in stressed rats (Wulsin et al. 328 2010), whereas CORT118335 did not, suggesting an inability of CORT118335 329 to repress GR hyperactivity in the CeA (Nguyen et al. 2017).

330 In the present study, CORT122928 significantly reduced alcohol self-331 administration in alcohol-dependent and nondependent rats. CORT122928 332 also reduced water and saccharin self-administration in nondependent rats 333 (Table 3), suggesting that its effects were not alcohol-specific. CORT122928 334 has no significant affinity for progesterone, mineralocorticoid, androgen, or 335 estrogen receptors (Table 2). CORT122928 exerted antagonist-like activity at 336 the GR in vitro by inhibiting GR-dependent prostate cancer cell viability, 337 similar to mifepristone (Isikbay et al. 2014). Glucocorticoid activity may 338 facilitate alcohol drinking behavior in nondependent rats (Fahlke et al. 1995, 339 1996; Sanna et al. 2016). Accordingly, CORT122928 and CORT118335 may 340 induce an anti-glucocorticoid suppression of alcohol intake via GR-co-factor 341 interactions that interfere with reinforcing properties of alcohol.

342 CORT108297 had no effect on alcohol or water self-administration 343 (Table 3). This compound had no affinity for progesterone, mineralocorticoid, 344 androgen, or estrogen receptors (Clark et al. 2008; Table 2), whereas it had 345 significant *in vitro* and *in vivo* GR agonist, rather than GR antagonist, activity. CORT108297 interacts with co-factors in a somewhat similar manner to the 346 347 profile of CORT118335, in that there is overlap with both dexamethasone-348 and mifepristone-induced co-factor interactions (Atucha et al. 2015). Also similar to CORT118335, CORT108297 does not interact with NCOR-1 349 350 (Zalachoras et al. 2013). CORT108297 facilitated memory consolidation 351 similarly to corticosteroids, whereas mifepristone exerted an inhibitory 352 effect, thus indicating GR agonist-like activity of CORT108297. It also

353 exhibited GR agonist activity on the HPA axis, in which it suppressed stress-354 induced elevations of plasma corticosteroids (Solomon et al. 2014). 355 CORT108297 also exerted a modest agonist-like effect in its repression of 356 corticotropin-releasing factor (CRF) mRNA expression in the paraventricular 357 nucleus of the hypothalamus, but it did not affect CRF mRNA expression in 358 the CeA (Zalachoras et al. 2013). This differential effect in the 359 paraventricular nucleus of the hypothalamus vs. CeA may be attributable to 360 the selective interaction between CORT108297 and the GR co-factor SRC-1a 361 (Zalachoras et al. 2013), which is expressed at a relatively higher level in the 362 paraventricular nucleus of the hypothalamus (Meijer et al. 2000) and 363 facilitates the transcriptional repression of CRF (Zalachoras et al. 2016). 364 Dysregulation of the CRF system is a well-characterized mechanism that 365 drinking. The underlies alcohol-dependent systemic or intra-CeA 366 administration of CRF₁ receptor antagonists reduced alcohol dependencerelated behaviors (Funk et al. 2006; Edwards et al. 2012). The lack of an 367 368 effect of CORT108297 on CRF expression in the CeA is consistent with the absence of a reduction of alcohol self-administration that was observed in 369 370 the present study.

371 CORT125134 was developed more recently, and its safety has been 372 evaluated in humans (Hunt et al., 2018). It significantly reduced alcohol self-373 administration in alcohol-dependent and nondependent rats at the highest 374 dose tested and had no effect on water self-administration. CORT125134 has 375 no affinity for mineralocorticoid, progesterone, androgen, or estrogen

376 receptors (Hunt et al. 2017; Table 2). CORT125134 exerts GR antagonist 377 effects on corticosteroid-induced insulin resistance in rats at a lower dose 378 than the one that was tested in the present study (15 mg/kg *vs.* 30-100 379 mg/kg). These data indicate that CORT125134 exerts GR antagonist-like 380 activity in rats.

381 To our knowledge, there are no published studies that directly 382 compared the brain-penetrance of the compounds tested that were herein 383 and mifepristone and CORT113176 that were tested in our previous study 384 (Vendruscolo et al. 2015). However, based on their physicochemical 385 properties (Wager et al., 2016) and unpublished results (Hunt, personal communication), CORT118335, CORT122928, CORT108297, CORT125134, 386 387 mifepristone and CORT113176, were predicted to be central nervous system 388 penetrant at the dose-range that we used. However, note that efficacy 389 claims for these compounds based on hypothetical brain penetrance remain 390 speculative.

391 In the present study, we did not examine the temporal pattern of 392 behavioral responses (we did not collect these data) associated with the 393 decrease in alcohol intake such as cumulative response data that could 394 potentially provide us with more information about the putative therapeutic 395 effects of the present series of compounds on alcohol seeking versus taking 396 behavior. Using a similar model of alcohol dependence as the present study, 397 Gilpin et al. (2009) reported that both nondependent and alcohol-dependent 398 rats self-administer the majority of their alcohol within the first 10 minutes of 399 a 30-min operant session and achieve pharmacologically relevant blood 400 alcohol levels. We expect that the effort required to "seek" alcohol is minimal on an FR1 schedule of reinforcement. Nevertheless, rats had 401 402 extensive training in operant alcohol (and water) self-administration prior to 403 testing the GR compounds. These environmental stimuli that were 404 associated with alcohol drinking (e.g., the operant chamber, the lever) are 405 expected to have acquired motivational properties, and as they are present 406 during testing, are expected to guide and energize the consumption of 407 alcohol. It thus becomes difficult to delineate the effect of a treatment on 408 "seeking" versus "taking" aspects of behavior that naturally occur in concert 409 with one another. In support of the hypothesis that mifepristone decreases 410 drug seeking is that it reduced reinstatement of alcohol seeking under 411 extinction conditions (Simms et al., 2012).

412 With regard to the potential stressful effects of alcohol-exposure via 413 inhalation, alcohol exposure per se is stressful regardless of the route of 414 administration (Vendruscolo and Koob, 2019). In addition, Mouton et al. 415 (2016) reported that chronic alcohol vapor exposure elicits effects in the 416 liver, lungs, and cardiovascular system that are comparable to those 417 produced by other routes of chronic alcohol administration in rodents. Rodents rarely voluntarily drink enough alcohol to consistently achieve blood 418 419 alcohol levels that produce alcohol dependence. Implementation of the 420 alcohol vapor model has made it possible for researchers to make significant 421 progress towards understanding the neurobiology of alcohol dependence, as 422 it produces quantitative and qualitative changes in behavior and brain 423 function (for review see, Vendruscolo and Roberts 2014; Tunstall et al. 2017, 2019). The vapor model may have low face validity in terms of the method of 424 425 dependence-induction, as inhalation is not the most common route of alcohol 426 consumption in humans and alcohol inhalation in humans appears to be 427 aversive. However, the dependent variable measured in our study was the 428 voluntary self-administration of oral alcohol, providing some face validity. 429 Notably, although vapor exposure in the present study was passive and 430 experimenter controlled, de Guglielmo et al. (2017) demonstrated that rats voluntarily self-administer alcohol vapor in a manner that produces alcohol 431 dependence, suggesting that vaporized alcohol is not an inherently aversive 432 433 route of administration in rats.

434

435 **5. Conclusions**

436 The present results support our hypothesis that GR modulators exert 437 heterogeneous behavioral effects. Although little is currently known about 438 the genomic mechanisms of action of these GR modulators or their potential 439 non-genomic effects, they are interesting pharmacological tools to further 440 characterize the complex genomic and non-genomic actions that are 441 hypothesized to drive dysfunction of the HPA axis and central stress circuitries (Dalm et al. 2019). The results of the present study and our 442 443 previous work indicate that mifepristone and CORT113176 are the most 444 effective GR modulators in decreasing alcohol drinking specifically in alcoholdependent rats. Nonetheless, given the efficacy of the compounds that were
studied herein in decreasing drinking in both dependent and nondependent
rats, further research should consider these compounds for the treatment of
AUD.

449

450 Acknowledgements

451 This study was supported by the National Institute on Drug Abuse

452 Intramural Research Program. The authors thank Michael Arends for

453 proofreading the manuscript.

454

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Figure 1. Effects of GR modulators on alcohol self-administration in alcoholdependent and nondependent male rats. (A) Decrease in alcohol selfadministration in nondependent and alcohol-dependent rats 90 min after systemic CORT118335 administration. *p < 0.05, ***p < 0.001, ****p <0.0001, *vs.* 0 mg/kg, regardless of group (overall dose effect, two-way repeated-measures ANOVA followed by Holm-Sidak *post hoc* test); ##p <0.001, nondependent *vs.* alcohol-dependent (overall group effect, two-way repeated-measures ANOVA). NON, nondependent (n = 18); DEP, alcoholdependent (n = 10). (B) Decrease in alcohol self-administration in

B

nondependent and alcohol-dependent rats 90 min after systemic CORT122928 administration. ***p < 0.001, vs. 0 mg/kg, regardless of group (overall dose effect, two-way repeated-measures ANOVA, followed by Holm-Sidak *post hoc* test); $^{###}p < 0.001$, nondependent *vs.* alcohol-dependent (overall group effect, two-way repeated-measures ANOVA). NON. nondependent (n = 10); DEP, alcohol-dependent (n = 10). (C) Alcohol selfadministration did not change in nondependent and alcohol-dependent rats 90 min after systemic CORT108297 administration. $^{\#\#}p$ < 0.001, nondependent vs. alcohol-dependent (overall group effect, two-way repeated-measures ANOVA). NON, nondependent (n = 8); DEP, alcoholdependent (n = 8). (D) Decrease in alcohol self-administration in nondependent and alcohol-dependent rats 90 min after systemic CORT125134 administration. **p < 0.01, vs. 0 mg/kg, regardless of group (overall dose effect, two-way repeated-measures ANOVA followed by Holm-Sidak *post hoc* test); $^{###}p < 0.001$, nondependent *vs.* alcohol-dependent (overall group effect, two-way repeated-measures ANOVA). NON, nondependent (n = 9); DEP, alcohol-dependent (n = 11). Separate cohorts of dependent and nondependent rats were used to test each compound.

Table 1. The effects of GR modulators on water self-administration in alcohol-

	Water lever presses						
CORT118335 (mg/kg)	Nondependent	Alcohol-dependent					
0	25.1 ± 5.1	36.7 ± 7.7					
1	17.9 ± 4.0	27.3 ± 10.3					
3	14.4 ± 5.1	29.8 ± 11.1					
10	14.4 ± 5.6	21.9 ± 7.1					
CORT122928 (mg/kg)	CORT122928 (mg/kg)						
0	25.6 ± 12.2	13.2 ± 6.7					
10	27.1 ± 16.1	8.6 ± 3.6					
30	7.1 ± 3.2	17.0 ± 7.2					
60	2.7 ± 1.9*	11.9 ± 5.9					
CORT108297 (mg/kg)							
0	10.1 ± 3.7	16.3 ± 8.4					
5	16.0 ± 6.9	8.6 ± 2.1					
15	19.0 ± 11.9	4.8 ± 2.6					
30	15.6 ± 7.5	9.5 ± 2.7					
60	19.8 ± 9.5	12.4 ± 5.3					
CORT125134 (mg/kg)							
0	4.2 ± 2.4	2.8 ± 0.9					
30	3.6 ± 2.0	3.4 ± 0.8					
60	4.1 ± 2.2	3.5 ± 1.2					
100	4.2 ± 1.6	1.6 ± 0.6					

Only CORT122928 significantly reduced water self-administration in nondependent rats at the highest dose.

*p = 0.0251, vs. 0 mg/kg (two-way repeated-measures ANOVA followed by Holm-Sidak post hoc test).

Drug	GR binding <i>K</i> i (nM)	GR antagonism <i>K</i> i (nM)	MR binding <i>K</i> i (nM)	PR binding <i>K</i> i (nM)	ER binding <i>K</i> i	AR binding <i>K</i> i	Interactio n with NCOR-1	Interaction with SRC-1	Interaction with TF65
CORT118335	1.2	100	8-fold lower than GR	inactive	inactive	inactive	No	Yes	Yes
CORT108297	0.38	34	inactive	inactive	inactive	inactive	No	Yes	?
CORT122928	0.27	18	inactive	inactive	inactive	inactive	?	?	?
CORT125134	0.15	7.2	inactive	inactive	inactive	inactive	?	?	?
Mifepristone	0.09	3	inactive	1	inactive	low	Yes	Yes*	Yes
CORT113176	0.28	12	inactive	inactive	inactive	inactive	?	?	?

Table 2. Receptor affinity and co-factor interaction characteristics of GR modulators.

GR, glucocorticoid receptor; MR, mineralocorticoid receptor; PR, progesterone receptor; ER, estrogen receptor; AR, androgen receptor; NCOR1, nuclear co-repressor 1; SRC-1, steroid receptor co-regulator 1; TF65, transcription factor 65 (a subunit of the proinflammatory transcription factor κ B). *Mifepristone interacts with transcriptional co-activator SRC-1 but exhibits strong antagonism of GR in the presence of the SRC-1e isoform and weaker antagonism in the presence of the SRC-1a isoform. Data from Clark et al. (2008), Hunt et al. (2012), Hunt et al. (2015), Hunt et al. (2017), and Corcept Therapeutics (H. Hunt, personal communication).

Table	3.	Summary	of	effects	of	GR	modulators	on	self-administration
behav	iors								

Drug	Alcohol self- administration	Water self-administration	Saccharin self- administration
CORT11833 5	↓ Dependent ↓ Non-dependent	⇔	⇔*
CORT10829 7	÷	÷	Not tested
CORT12292 8	↓ Dependent ↓ Non-dependent	↓ Non-dependent	↓ Non-dependent [#]
CORT12513 4	↓ Dependent ↓ Non-dependent	÷	Not tested
Mifepriston e	↓ Dependent*	↓ Dependent* ↓ Non-dependent*	⇔ *
CORT11317 6	↓ Dependent* ↓ Non-dependent*	⇔*	⇔*

[#]Data not shown. *Data from Vendruscolo et al. (2015).