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# 41 Organoids

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- 85 (X.C., A.M.D., A.Sl., L.L., Z.C., A.So., M.H. and Y.A.Z.); Applications (L.L. and A.So.);
- 86 Reproducibility and data deposition (A.M.D., A.Sl. and M.H.); Limitations and optimizations
- 87 (H.Y., A.M.D., A.Sl. and M.H.); Outlook (H.Y., Z.Z. and G.M.B.); Overview of the Primer
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#### 89 Abstract (203/200 words)

90 Organoids have attracted increasing attention because they are simple 91 tissue-engineered cell-based in vitro models that recapitulate many aspects 92 of the complex structure and function of the corresponding *in vivo* tissue. 93 They can be dissected and interrogated for fundamental mechanistic studies 94 on development, regeneration, and repair in human tissues. Organoids can 95 also be used in diagnostics, disease modeling, drug discovery, and personalized medicine. Organoids are derived from either pluripotent or 96 97 tissue-resident stem (embryonic or adult) or progenitor or differentiated cells from healthy or diseased tissues, such as tumors. To date, numerous 98 99 organoid engineering strategies that support organoid culture and growth, 100 proliferation, differentiation and maturation have been reported. This Primer 101 serves to highlight the rationale underlying the selection and development of these materials and methods to control the cellular/tissue niche; and 102 103 therefore, structure and function of the engineered organoid. We also 104 discuss key considerations for generating robust organoids, such as those 105 related to cell isolation and seeding, matrix and soluble factor selection, physical cues and integration. The general standards for data quality, 106 107 reproducibility and deposition within the organoid community is also outlined. Lastly, we conclude by elaborating on the limitations of organoids 108

109 in different applications, and key priorities in organoid engineering for the 110 coming years.

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# 112 Total (9251/9000)

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# 114 [H1] Introduction (867/800 words)

Stem cells are critical in maintaining organ size, structure and function 115 116 through cellular renewal, migration, differentiation and apoptosis<sup>1</sup>. Stem cells 117 reside in a defined microenvironment commonly referred to as the stem cell 118 niche, which provides the appropriate structural support, nutrients, and 119 mechano-chemical cues to regulate stem cell fate<sup>2</sup>. Given the importance of 120 these environmental cues, there have been numerous tissue engineering 121 attempts to mimic the stem cell niche *in vitro* to achieve high spatiotemporal 122 control over cell-cell and cell-matrix interactions and reproduce mechanochemical cues using engineered hydrogels and micro-devices<sup>3,4</sup>. In 1977, 123 Matrigel, a basement membrane extracellular matrix (ECM) containing a 124 unique mix of ECM components and growth factors, was extracted from 125 126 mouse sarcoma tumors and used to support *in vitro* cell culture<sup>5</sup>. Matrigel 127 was later shown to allow breast epithelial cells to grow in three-dimensions 128 (3D) and form lumens with milk protein secretion<sup>6</sup>, and adult intestinal stem 129 cells embedded in Matrigel and in the presence of tissue-specific cocktail of 130 growth factors were also shown to self-organize into 3D crypt-villus 131 structures<sup>7</sup>. Organoid research interwined with 3D cell culture, stem cell and 132 tissue engineering for over a century, with various debates on the definition, 133 standard and scope.

134

135 In general, an organoid is a self-organized three-dimensional tissue that is 136 typically derived from stem cells (pluripotent, fetal or adult), and which 137 mimics the key functional, structural, and biological complexity of an organ<sup>8-</sup> 138 <sup>12</sup>. Cells comprising organoids can be derived from induced pluripotent stem 139 cells (iPSC), or tissue-derived cells (TDC), including normal stem/progenitor 140 cells, differentiated cells and cancer cells<sup>13</sup>. Compared to conventional two-141 dimensional (2D) cultures and animal models, organoid cultures enable 142 patient specificity in the model while recapitulating in vivo tissue-like structures and functions in vitro. Organoid cultures are more accessible for 143 manipulation and in-depth biological studies<sup>14</sup> than animal models. As such, 144 145 organoid cultures have been leveraged for a wide variety of applications including drug discovery<sup>15,16</sup>, personalized companion diagnostics<sup>16</sup> and cell 146 147 therapy<sup>14</sup>.

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However, organoid cultures exhibit significant heterogeneity, variable complexity in cellular composition, can undergo poorly-controlled morphogenesis in self-assembly process, and often lack stromal, vascular and immunological components<sup>4,13</sup>. Hence, there is a great need to improve organoid culture by leveraging our understanding of organogenesis as well 154 as how cells interact with their cellular and physical microenvirontment, i.e., 155 the stem cell niche. Based on these insights, bioengineering strategies could 156 be developed to precisely control stem cell decisions during organoid 157 development. For example, from early embryogenesis studies, it is known 158 that morphogen gradients regulate tissue patterning and development<sup>17,18</sup>. 159 Microfluidics systems can be used to create the required concentration 160 gradients of these by diffusing morphogens, giving rise to the desired cell types with spatial patterning<sup>17</sup>. Beyond biochemical cues, it is now 161 162 increasingly appreciated that stem cells also experience active and passive 163 forces from their external microenvironment and convert these physical stimuli into biochemical responses<sup>19</sup>. These physical cues could arise from 164 165 the matrix, external forces, and/or cell-cell interactions. Rather than relying 166 on natural or biologically-derived ECM such as Matrigel with limited stiffness 167 tunability, synthetic hydrogels or other ECM combinations can be leveraged 168 to control the physical properties of the matrix. Liquid friction against the cell 169 membrane can also exert shear stress on cells<sup>20</sup>. The dynamic biofluidic 170 environment has diverse effects on different cell types depending on magnitude, direction, and frequency<sup>20</sup>. Hence, microfluidic systems and 171 172 bioreactors can be applied to provide perfusion at both the micro-scale and macro-scales<sup>21-23</sup>. Lastly, it is now known that cells interact with their 173 neighbors and respond to external stimuli in a collective manner<sup>24</sup>. 174 175 Topographical cues, such as curvature and shape of neighboring cells, can 176 affect stem cell decisions<sup>25</sup>. A recent neural tube model dissected the folding 177 process and demonstrated that geometry constraints by micropatterning can 178 control the final morphology of neural tube-like structures<sup>26</sup>.

179

180 It is controversial whether engineered cell-based in vitro models such as 181 organoids need to faithfully recapitulate bulk of the structures and functions 182 of the *in vivo* organ-of-origin. One trend is to recapitulate as much *in vivo* 183 tissue architecture and functions as possible *in vitro* in order to demonstrate 184 the physiological relevance of the models of increasing complexity. For 185 engineers, the artificially created *in vitro* models only need to recapitulate specific features of the in vivo tissue, relevant to the physiological or 186 187 diseased functions of interest (FOI). There is an optimism to create highly 188 complex models and expect them to accurately mimic the in vivo organ-of -189 origin. For majority users, simpler ones are more robust for mechanistic studies and applications<sup>27-29</sup>. 190

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192 In this Primer, we focus on the rationale underlying the establishment of 193 organoid cultures and provide guiding principles for the selection of suitable 194 materials and methods for different applications. We first discuss the 195 experimentation considerations for setting up organoid-based cultures, 196 categorized into four major components that make up organoid cultures – 197 cells, soluble factors, matrix, and physical cues and discuss approaches to 198 integrate these components (**FIG. 1**). We also discuss key considerations for 199 generating more complex yet robust organoids, such as those related to cell 200 isolation and seeding, matrix and soluble factor selection, physical cues and 201 integration. The general standards for data quality, reproducibility and 202 deposition within the organoid community is also outlined. Lastly, we 203 conclude by elaborating on the limitations of organoids in different 204 applications, and key priorities in organoid engineering for the coming years.

205

## 206 [H1] Experimentation (2575/2000 words)

#### 207 [H2] Cell source

208 Under defined physicochemical conditions, tissues such as small intestine<sup>7</sup>, colon<sup>30,31</sup>, stomach<sup>32,33</sup>, esophagus<sup>30</sup>, tongue<sup>34</sup>, liver<sup>35-38</sup>, lung<sup>15</sup>, pancreas<sup>39-41</sup>, 209 210 heart<sup>42</sup>, ear<sup>43</sup>, and skin<sup>44</sup> have been obtained from iPSCs, adult or fetal cells, 211 either stem/progenitor cells or differentiated cells. The starting cellular population for any given organoid is of prime importance and not only can 212 213 affect the variability and heterogeneity in the structures obtained but the 214 function of the tissue they aim to model. Hence, to establish tissue-derived 215 organoids or cancer organoids, we obtain tissue resident 216 stem/progenitor/differentiated cells or tumour cells, respectively, through an 217 optimized tissue dissociation method. In contrast, for iPSC-derived organoids, 218 we establish and fully characterize iPSC lines as the starting cells. 219 Patient/tissue-derived stem cells will be obtained through an optimized tissue 220 dissociation method and then embedded into a 3D matrix mimic stem cell 221 niches. iPSC can be maintained and expanded as undifferentiated clonal 222 populations on feeder cells, defined 3D ECM substrates, or culture medium suspensions. To exemplify the generation of tissue-derived organoids we will 223 224 use intestinal organoids as an example (FIG. 2A), as this was the first tissue-225 derived-organoid type established<sup>7</sup>. The small intestine and colon are opened 226 longitudinally, washed, then cut into 2-4 mm fragments to increase surface 227 area for enzymatic digestion or further mechanical dissociation. EDTA 228 treatment is used to chelate calcium, disrupting cell-cell adhesion and tissue 229 integrity<sup>45</sup>. Larger tissue fragments and whole cells are remoed from 230 collected crypt fractions, and the harvested primary intestinal crypts are 231 used for seeding and generation of intestinal organoid cultures.

232

233 The starting cellular populations for organoid cultures can generally be 234 obtained from adult or fetal tissue biopsies. The most commonly used tissue 235 dissociation method is enzymatic digestion, which disolves the ECM<sup>46</sup>. The 236 composition of the enzymatic cocktail and efficacy of the enzymatic dissociation process varies with tissue type<sup>47</sup>, and in certain cases, DNase 237 can be added to remove excessive DNA released from necrotic cells<sup>48</sup>. 238 239 Depending on the tissue type, the tissue fragments can be further incubated 240 with enzymes such as collagenase, elastase, or dispase to generate single-241 cell suspensions and then seeded in Matrigel. The enzymatic dissociation 242 method may affect the cell state of retrieved cells as it may require

243 extended durations in the enzymatic mix to dissociate the majority of the 244 tissue-resident stem cells. Tissue dissociation can also be achieved 245 mechanically; although mechanical dissociation is much faster and less 246 expensive, cell yield and viability can be inconsistent<sup>47</sup>. Mechanical and 247 enzymatic dissociation can be combnined to generate better cell yield. After 248 tissue dissociation, TDCs for organoid development are identified and 249 collected using known biomarkers or physical characteristics<sup>46</sup>. Tissue-250 specific stem cell markers are typically used to identify and isolate the desired stem cells to generate organoids<sup>1,2</sup>. Fluorescence-activated or 251 252 magnetic-activated cell sorting (FACS or MACS) isolates cells based on 253 multiple parameters, including size, shape, and cell-surface marker 254 expression<sup>46,47</sup>. Other isolation techniques include laser capture 255 microdissection and manual cell picking<sup>46</sup>.

256

257 iPSC can be maintained and expanded as undifferentiated clonal populations 258 over many generations. Undifferentiated human iPSCs are typically 259 maintained on feeder cells or defined ECM substrates. Since single iPSC does 260 not survive well in vitro, iPSC are typically harvested as cell aggregates 261 which preserve cell-cell contact, yielding cell populations with higher 262 viability. Physical scraping can also compensate for the lack of uniformity of cell aggregates. The dissociation enzymatic mixture should be chosen based 263 on level of cell sensitivity<sup>45</sup> and whether the cultured cells secrete excessive 264 265 ECM, making it difficult to detach the cells from the cell culture plate (FIG. 266 **2B**). 267

268 Tumor tissue, derived from either biopsies or surgical resections, is also 269 typically processed akin to normal tissue to isolate tumour cells to grow as organoids<sup>16,49-51</sup>. Tumor cells isolated from liquid samples such as peripheral 270 blood<sup>52</sup>, ascites<sup>50,53</sup>, and pleural effusions<sup>54</sup> can also be used as starting 271 272 material to generate organoids. Patient-derived tumor organoids can be generated from samples obtained from minimally invasive Pap brush 273 274 material<sup>55,56</sup>. Due to their low numbers, tumor cells from biopsies or liquid samples can be firstly expanded in animal models as xenografts in order to 275 276 obtain sufficient cells for organoid generation<sup>57</sup>. In the case of tumor tissue, it 277 can be preferable to limit tissue dissociation so that cell clusters rather than 278 single cells are isolated. A critical factor that can influence the generation of 279 tumour-derived organoids is the fact that isolated cells from tissue typically 280 contain both cancer and normal cells. While for some tumors it may be 281 possible to enrich for tumor-forming cells by sorting a priori<sup>58</sup>, for the 282 majority there is currently no robust method to separate normal and tumor 283 cell populations prior to seeding into a matrix for culture. An approach to 284 overcome this issue is to take advantage of culture conditions by utilizing 285 selective media that omits certain factors required for growth of normal 286 organoids, as tumor cells gradually lose dependence on those factors during malignant transformation<sup>59</sup>. Blood contamination, particularly erythrocytes, 287

can also affect organoid generation and matrix stability therefore standard
 approaches to eliminate these through lysis are typically used<sup>60</sup>.

290

#### 291 [H2] Matrix

292 Following cell isolation, cells are typically seeded into biologically-derived matrices such as Matrigel<sup>7,61</sup> or natural ECM such as collagen<sup>62</sup>, or into 293 294 synthetic hydrogels<sup>3,63,64</sup>. Matrigel is mainly comprised of laminin, collagen IV, 295 entactin, perlecan and growth factors, and is similar in composition to the basement membrane<sup>62</sup>. As a continuation from the above example using 296 297 intestinal organoids, we will now briefly describe how cells are encapsulated 298 into matrices. Isolated intestinal crypts are first re-suspended into cold 299 Matrigel and pipetted into a pre-warmed low-attachment well-plates for 300 culture. The resulting cell-matrix construct is typically a flat semi-sphere gel. 301 The complete composition of intestinal organoid culture medium have been previously reported<sup>30</sup>. To passage organoids, the gel is first broken up 302 303 mechanically by pipetting culture medium to release the encapsulated 304 organoids, dissolved as much as possible using cold medium, PBS or special 305 dissolving solutions and then organoids are mechanically dissociated and 306 pieces are re-encapsulated in Matrigel for culture again. To measure the 307 proliferation rate of the cultured organoids, intestinal organoids are first 308 released from Matrigel using enzymatic digestion. The retrieved cell pellet is 309 then repeatedly washed to remove single cells, and crypts are counted. The 310 expansion rate is calculated as the number of organoids from each well 311 divided by the number initially crypts seeded in Matrigel in that well.

312

313 While Matrigel can support organoid culture, the inherently heterogeneous 314 and poorly defined composition of this biologically-derived matrix offers little 315 control over the biochemical and biophysical spatiotemporal cues that are 316 necessary for improving organoid culture. Therefore, other matrices with 317 defined compositions<sup>64</sup> have been explored as alternative matrices to Matrigel, such as recombinant human collagen<sup>62</sup>, fibrin<sup>65</sup>, or synthetic 318 319 hydrogels<sup>3,63</sup>. Natural matrices can be recombinantly produced from proteins 320 or polysaccharides to address the batch-to-batch variability of Matrigel<sup>61</sup>. On 321 the other hand, synthetic hydrogels have emerged as powerful tools that 322 enable independent manipulation of biochemical and biophysical matrix 323 properties to control organoid features and enhance functionality. The ideal 324 organoid matrix should overall be stress-relaxing and highly dynamic in 325 biochemical and biophysical properties to accommodate or control changes 326 in organoid structure during culture. For example, dynamic hydrogels based 327 on poly (ethylene glycol) (PEG) were recently shown to enable reproducible intestinal organoid formation and demonstrate how hydrogel properties 328 329 could be tuned to control stemness and differentiation in cultured organoids<sup>3</sup>. 330 The viscoelastic profile of hydrogels has also been shown to define the mechanical confinement of growing organoids<sup>66</sup>. In other examples, the 331 332 activity of adult stem cells can be controlled using PEG hydrogels with photodegradable moieties<sup>67</sup>; biomimetic polymers can be modified to incorporate 333

334 essential ECM signals to generate organoids with tailored features<sup>3</sup>. Tunable PEG hydrogels can promote intestinal crypt budding<sup>68</sup>; while dextran-based 335 336 GMP-compatible hydrogels support expansion of cells for longer passages<sup>69</sup>. 337 Lastly, microfabricated arrays were recently reported to enable the uniform production of crypt-villi-shaped epithelium<sup>70</sup>. Even the recent advancements 338 339 using the synthetic matrix to grow organoids, organoid growth by the 340 synthetic matrix is still less efficient than Matrigel-cultured organoids. There 341 is an unmet demand to develop a better matrix.

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343 Organoids can arise either from round colonies generated by single cells<sup>7,35</sup> or, from initial multicellular structures such as intestinal crypts<sup>30,63</sup>, cell 344 aggregates<sup>24</sup> or micropatterned cells<sup>26</sup>. The aim of the latter approach is to 345 346 establish a cellular niche which involves other cells of the same or different 347 type from the beginning. To form cell aggregates, the simplest method is to 348 use an ultra-low attachment dish coated with hydrophilic hydrogel<sup>71</sup> to 349 prevent cell attachment; subsequent centrifugation can promote aggregate formation, enhancing cell-cell contacts<sup>72</sup>. The size and compaction of cell 350 351 aggregates can be tuned and controlled, such as through the use of 352 microwell arrays<sup>72,73</sup>. Another well-established method to form cell 353 aggregates is the hanging drop method, where aggregates form at the 354 bottom of the drop. In a recent example, droplet microfluidics was used to 355 aggregate murine cholangiocytes to form complex organoids with liver 356 mesenchymal cells<sup>74</sup>. Droplet microfluidics can print one organoid per well and enable the rapid generation of intra-organoid heterogeneity<sup>75</sup>. Another 357 358 example of microfluidics use in organoid research comes from a recent 359 paper, where authors use droplet-based microfluidics to perform better 360 scRNA-seq analysis of intestinal organoid cell identities during various 361 developmental stages, revealing extensive population heterogeneity $^{76}$ . Microwell structures or microfabricated pillar arrays<sup>70</sup> have also been 362 developed to enable enhanced uniformity in cell aggregation<sup>72,73,77</sup>. In one 363 364 microfabricated patterns of Laminin-512 were shown example. 365 reproducibly support human pluripotent stem cells to form lumen structures in Matrigel and differentiate into human neural tube-like structures<sup>26</sup>. These 366 367 examples, amongst others emerging in the field, illustrate how our 368 knowledge of biomaterials and tissue engineering, can be extrapolated to provide precise control over organoid structure and function. 369

370

# 371 [H2] Soluble factors

372 Organoid cultures are fundamentally based on our accumulated knowledge of developmental biology<sup>14</sup>, where soluble cues are presented to cells in a 373 374 spatiotemporally controlled manner (Soluble factors used to differentiate 375 TDC and iPSC into various tissue types are listed in **Supplementary Table** 376 **1**). Translated to organoid culture, these soluble cues are recapitulated *in* 377 *vitro* in the form of biologics, mainly as proteins such as growth factors<sup>78</sup>, or 378 small-molecule drugs, which can activate or inhibit signaling pathways. While 379 growth factors could be costly and unstable, and many small-molecule drugs

380 can affect multiple pathways resulting in poor reproducibility<sup>78</sup>, some 381 organoid protocols have combined the use of both biologics and small-382 molecule drugs<sup>79</sup>. The use of conditioned medium from engineered cell lines 383 producing biologically active growth factors, e.g., L Wnt-3A, can replace 384 commonly used growth factors, such as Wnt3a ligands<sup>80</sup>. These conditioned 385 media face a similar issue of batch-to-batch variation and require stringent tests to ensure reproducibility<sup>81</sup>. Thus, novel sorrugate molecules are starting 386 to arise as potential substitutes to condition medium<sup>80,81</sup>. 387

388

389 It is critical to consider how and when soluble cues are are added to organoid 390 cultures because soluble cues in vivo are typically presented to cells by the ECM or nearby cells, coordinated in time and space. This is the concept of 391 392 spatiotemporal presentation. For example, it is now known that fibroblast 393 growth factor (FGF) activity and specificity can be regulated by cell surface 394 heparan sulfate proteoglycans, suggesting how the addition of free FGF into 395 cell culture medium may not recapitulate the way FGF is presented in vivo<sup>82</sup>. 396 The importance of presenting soluble cues in a spatiotemporally relevant 397 manner is especially important for growing human iPSC into complex 398 structures with multiple cell lineages such as in the case of kidney organoids<sup>83</sup>. Based on previous studies<sup>84</sup>, it is known that the ureteric 399 400 epithelium develops from early migrating presomitic mesoderm cells. To 401 recapitulate this process, the effect of different durations of initial Wnt 402 signaling before the addition of FGF was investigated<sup>83</sup>. The spatiotemporal 403 presentation of soluble factors can be achieved using different tissue 404 engineering approaches. In one strategy, these growth factors can be 405 encapsulated within nanoparticles, and conjugated onto cell surfaces for controlled release<sup>85-88</sup>. To mimic how certain growth factors are bound to the 406 407 ECM *in vivo*, researchers conjugated polymers with heparin which can bind to 408 growth factors, or conjugated these growth factors to the polymer itself<sup>89</sup>. 409 Surface tethering can also be achieved with nanotechnologies, such as nano-410 imprint lithography, electron-beam, and electrospinning, can fabricate 411 substrates with nanopillars, nanopits, or nanochannels, mimicking the basement membrane for 3D organoid culture<sup>90</sup>. Lastly, microfluidic systems 412 413 can be leveraged to create miniaturized niches with precise control over mechano-chemical properties<sup>91</sup>. With directed flow and gradients of gas or 414 415 small molecules, these systems can finely control environmental parameters 416 within organoids<sup>18</sup>. In one example, a microfluidic neural tube device was 417 developed to present simultaneous opposing gradients of growth factors to 418 direct neural tube patterning, enabling recapitulation of the in vivo 419 structure<sup>92</sup>.

420

#### 421 [H2] Physical cues

Beside biochemical cues, it is also important to consider when and whether it
is necessary to provide appropriate physical cues to cultured organoids.
Nutrient supply and waste removal, which are diffusion-dependent, become
less efficient during organoid growth into larger tissue structures. This is the

426 reason why intestinal organoids need to be fragmented into smaller cell 427 clusters and reseeded regularly<sup>7</sup>. Inadequate nutrient and waste diffusion is 428 also problematic in brain organoid culture, where the resulting millimeter-429 sized constructs often exhibit necrosis within the inner core due to nutrient 430 inaccessibility. This problem can be partially resolved using shaking cultures<sup>23</sup> <sup>93</sup>, spinning bioreactors or suspension under continuous agitation<sup>23</sup>, 431 or in continuously stirred bioreactors<sup>93</sup>. These bioreactors can monitor pH, 432 433 temperature, oxygen, and glucose levels to maximize mass transfer while 434 minimizing shear stress. In this regard, perfusable microfluidic chips have 435 also been developed to promote the long-term culture of organoids<sup>21,22,94</sup>. 436 Lastly, it may be useful to consider providing topographical cues to control 437 organoid culture in vitro; the topography of the substrate is known to 438 modulate cell area, shape, and cell-cell interactions, resulting in biochemical 439 signals that can affect stem cell fate<sup>25</sup>. Topography-directed morphogenesis 440 has been demonstrated using intestinal organoids grown on soft hydrogels<sup>95</sup>. 441

#### 442 [H2] Integrating cues

443 In contrast to the original self-organizing organoid model, the above 444 described cues can be integrated to confer greater control over organoid 445 morphogenesis. Integration of cues is a commonly employed strategy in the 446 field of tissue engineering to construct tissues in vitro and in vivo<sup>96</sup>. Ideally, 447 specific physical or chemical cues should be presented in a spatiotemporally, 448 physiologically relevant manner using simple, reproducible and robust methods (Supplementary Table 2). We will illustrate this using the 449 450 example on intestinal organoids<sup>7</sup>. Following the identification and isolation of 451 LGR+ intestinal stem cells residing in crypts, biologically-derived Matrigel 452 leveraged to mimic the laminin-enriched crypt environment, was 453 supplemented with exogeneously added growth factors in the cell culture 454 medium. Most intestinal stem cells could survive, proliferate, and form 455 organoids<sup>7</sup>. However, given the stochastic nature of organoid development, 456 the resulting organoids vary in size, bud numbers and function. In one 457 example of how environmental cues (mechanical and biochemical) were 458 integrated to exert control over organoid morphogenesis, the organoid 459 maturation process was dissected into different stages, and biomaterials 460 engineering was used to identify the optimal mechano-chemical environment 461 at each stage<sup>3</sup>. It was shown that mechanically dynamic matrices that could 462 switch from high to low stiffness over time, enabled control over the process<sup>3</sup>. In another example, 463 morphogenesis human neural tube morphogenesis<sup>26</sup> was simulated using micropatterning which created 464 465 mechano-chemical gradients to regulate cell-cell/matrix interactions, and 466 soluble factor presentation to orchestrate morphogenesis.

467

468 Besides these examples, other engineering methods have been used in 469 organoid culture to control cell proliferation, differentiation and 470 morphogenesis. A popular bioengineering approaches to reconstruct tissues 471 is bioprinting. Bioprinting is an additive manufacturing technique that

enables direct deposition of stem cells, organoids, and biomaterials to 472 473 fabricate 3D organoid-based tissue structures with controlled cell-matrix structures<sup>97</sup>. This technology uses 'bioink', comprising living organoids 474 encapsulated within a biomaterial, to precisely create 3D biological 475 476 geometries that mimic that of the native tissue in a layer-by-layer approach. 477 In one recent example of how bioprinting was used to generate large tissue 478 constructs, human small intestinal organoids were used to form self-evolving 479 tissue constructs by a concept called bioprinting-assisted tissue emergence 480 (BATE), where centimeter-scale intestinal tissues were printed sequentially 481 to mimic boundaries in the gastrointestinal tract<sup>98</sup>. Another bioengineering 482 approach to reconstruct tissues, especially across different tissues and 483 organs, is the use of microfluidic platforms. Microfluidic systems have been 484 used to create miniaturized cellular models comprising organoids that 485 recapitulate critical aspects of organ physiology, termed organ-on-a-chip<sup>99</sup> 486 (OoC). OoC devices can potentially incorporate other bioengineering 487 techniques to imitate the key physiological and structural features of organs 488 and tissues. For example, physical constraints were engineered into the 489 organoid environment using synthetic scaffolds to provide physical 490 boundaries<sup>100</sup>. OoC devices also support co-culture or multi-organ systems. 491 The two-organ system has been simulated using connected chambers 492 containing different tissue constructs to mimic liver injury (with intestinal 493 epithelial cells and liver cells)<sup>101</sup> and Type-2 diabetes (with human pancreatic islets and liver spheroids)<sup>102</sup>. A two-organoid microfluidic device was recently 494 495 fabricated with multiple readouts using cardiac and hepatic organoids<sup>103</sup>. 496 Moreover, OoC devices have improved the characteristics of hPSC-derived pancreatic islets<sup>104</sup>, intestinal<sup>105</sup>, stomach<sup>106</sup>, and liver<sup>77</sup> organoids by 497 supporting physiological flow rates. Kidney organoids have been cultured in 498 499 an OoC device which enables fluid flow to simulate shear stress<sup>107</sup> and the 500 generation of a vascular network<sup>108</sup>.

501 502

#### 503 [H1] Results [1588/1500 words]

504 It is important to evaluate whether the cultured organoids recapitulate key 505 aspects of the human tissue or organ. To achieve this, characterization of 506 these organoids is typically performed by assessing organoid cellular 507 composition, structure, functions, and robustness of phenotype. In this 508 section, we discuss commonly employed analytical methods using 509 representative examples.

510

# 511 [H2] Validation of organoid composition and structure

512 Organoid growth is a process of initial cell aggregation, proliferation, 513 migration and differentiation. When assessing whether the organoids have 514 been successfully established, it is critical to first determine whether the 515 organoids contain the desired cell types, and the degree to which the 516 organoids accurately mimic the functions of the corresponding tissue *in vivo*. 517 To achieve this, both low-throughput gene expression validation and high518 throughput whole-genome transcriptome analyses are typically performed. 519 Real-time PCR is often first performed as an easy, fast, and quantitative 520 read-out on marker genes indicating cell identity, including key transcription 521 factors and differentiation markers. Western blotting provides further 522 quantitative information regarding protein abundance, protein degradation, 523 protein-protein interactions, and post-translational modifications, which 524 represent the activities of a specific signaling pathway in a committed cell 525 type. The most common tools used to evaluate organoid composition are 526 immunofluorescence and immunohistochemical imaging using sections or 527 whole-mount, and the specific cell markers antibody staining further 528 elucidates various cell types' spatial distribution and proportion. A high 529 throughput analysis of single cell RNA-sequencing (scRNA-seq) profiles all 530 the cell types in the organoids, undifferentiated and committed, at the 531 whole-genome transcriptome level. These cell types are then compared to 532 cells freshly isolated from the corresponding tissue or organ to evaluate the 533 degree of similarity for each cell population. Given how it is expected that 534 the *in vitro* cultured organoids contain different states of immature cells, 535 scRNA-seq can be helpful for determining the extent of organoid 536 heterogeneity in terms of cell differentiation status. 537

- 538 The assessment of organoid morphology is performed to determine whether 539 there is structural similarity between the cultured organoids and 540 corresponding *in vivo* tissue/organ<sup>109</sup>. For example, for secretory tissues such 541 as pancreatic islets, the islet-like globular structure should be present within 542 the organoids, and intra-cellular hormone vesicles<sup>110</sup> are also expected to be 543 observed. For branching epithelial organoids, such as breast organoids<sup>111</sup>, 544 distinct branching structures are expected. For intestinal organoids, crypt-545 like structures<sup>100</sup> should be observed. For more complex organoid culture 546 systems comprising incorporated supportive cells, like fibroblast<sup>112</sup> and/or 547 endothelial cells<sup>107,110</sup>, it is expected that the incorporated endothelial cells should form a vascular network<sup>107</sup> that recapitulates the endothelial-epithelial 548 549 interactions around the organoids.
- 550

# 551 [H2] Validation of organoid functionality

552 Evaluation of the functionality includes but is not limited to the generation of 553 mature cells, the formation of the vasculature or neuronal networks<sup>26,44</sup>, the 554 accurate response to external stimuli, the effective secretion of cytokines or 555 hormones, etc. It should be noted that the organoids should be compared 556 with the freshly isolated tissues as a positive control. Discrete physiological 557 recapitulations were required for different tissues, such as acid secretion in 558 gastric organoids and mucus secretion in intestinal organoids. Various 559 methods of characterization to assess the structure and functions of 560 organoids are listed in **Table 1**.

561

562 [H3] Pancreatic islet organoids

563 We use the example of mouse pancreatic islet organoids to discuss various 564 characterization and validation methods (FIG. 3). The formation of four 565 endocrine differentiated cell types ( $\beta$ -cell,  $\alpha$ -cell,  $\delta$ -cell, PP-cell) is examined 566 by the expressions of the corresponding hormones, Insulin (Ins), Glucagon 567 (Gcq), Somatostatin (Sst), or Pancreatic polypeptide (Ppy), by immunostaining<sup>113,114</sup>. To assess the extent of  $\beta$ -cell maturation, the 568 569 ultrastructural morphometric analysis of insulin secretory granules is 570 performed by immune-gold transmission electron microscopy (TEM) 571 image<sup>110</sup>. To evaluate the ability of the  $\beta$ -cells in the organoids' responsiveness to glucose, one performs Glucose-stimulated insulin 572 secretion (GSIS) experiments, for example insulin or C-peptide ELISA assay 573 with cyclic high and low glucose incubation<sup>115</sup>. As the insulin release is 574 575 associated with the Ca<sup>2+</sup> dynamics, the calcium signaling traces imaging 576 rapidly increased in response to glucose and returned to baseline<sup>114,116</sup>. To 577 test the full potential of the islet organoids, the in vivo functional evaluation 578 is to ameliorate the hyperglycemic phenotypes of streptozotocin (STZ, a 579 toxic to the insulin-producing  $\beta$  cells of the pancreas in mammals)-induced type 1 diabetic mouse model upon organoid transplantation<sup>110,114,117</sup>. The 580 characterization parameters include normalized and stable blood glucose 581 582 level, normal plasma insulin level and maintained body weight.

583

#### 584 [H3] Intestinal organoids

585 Intestinal organoids are among the first organoid types that were 586 successfully established in vitro<sup>7,30</sup>. The formation of classical crypt-villus-like 587 architecture is regarded as an important symbol of the successful organoid 588 establishment, exhibiting the proper branching morphology with robust 589 multicellular composition and location reflecting the organoids differentiation and maturation level<sup>118,119</sup>. The maintenance of intestinal stem cells (ISCs) 590 can be analyzed by the expression of Lgr5 maker by real-time qPCR or by 591 imaging using a Lgr5- fluorescent reporter<sup>7,120</sup>. The differentiated cells are 592 593 assessed by the staining of their markers, including Lysozyme (Paneth cells), 594 Villin (enterocytes), Mucin 2 (goblet cells), and Chromogranin A (enteroendocrine cells)<sup>7,100,121</sup>. These various cell types can also be 595 596 distinguished by TEM according to their characteristic subcellular structure<sup>7,121</sup>. Furtherly, functional intestinal organoids exhibit a relatively 597 598 thick mucus layer due to mucus secretion from mature goblet cells<sup>122</sup>, which 599 can be detected by Alcian blue (AB) and periodic acid-Schiff (PAS) 600 staining<sup>123,124</sup>.

601

#### 602 603 *[H3] Liver organoids*

604 In the case of the liver, both cholangiocyte (ductal cell of the bile duct)<sup>35,36</sup> 605 and hepatocyte organoids<sup>125,126</sup> have been established, both from mouse and

human tissue samples. To assess the organoids, passaging time and 606 607 proliferation of the organoid cells are measured. Regarding marker 608 expression, specific cholangiocyte (for example Keratin 19, Keratin 7, SOX9) 609 or hepatocyte markers (such as Albumin, HNF4 $\alpha$ , MRP4) are assessed both 610 on the RNA (gRT-PCR, scRNA-seq) and protein level (immunofluorescence 611 staining). Often also markers of liver progenitors (like LGR5) are used to 612 assess the differentiation state of culture. For the assessment of organoid 613 functionality, further markers such as CYP3A4, CYP3A11 for hepatocytes are analysed on the RNA level. Furthermore, Albumin secretion, LDL-uptake, 614 615 presence of glycogen accumulation assessed with periodic acid-Shiff (PAS) 616 staining, bile acid production and activities of liver enzymes such as CYP3A4 are assessed using chemical assays to confirm hepatocyte function. The 617 618 ultra-structure of the organoids is also often assessed for typical hepatocyte 619 or cholangiocyte morphology by transmission electron microscopy (TEM). 620 Finally, for an ultimate test of functionality, organoids are often transplanted 621 in FRG immune-deficient mice, to look at integration and functionality of the 622 graft *in vivo*<sup>35,125,126</sup>. (**FIG. 4**)

623

#### 624 [H3] Validation of tumor organoids

625 Patient-derived tumor organoids must maintain the genomic, transcriptomic, 626 morphologic and functional profiles of the tissue of origin. As such, it is 627 important to validate them by comparing to the tissue they are derived from 628 of histology and immunohistochemistry (IHC) profiles<sup>16</sup>. terms in transcriptomics as well as genomics<sup>15,127</sup>. Cellular organization, tissue 629 630 structure and protein expression patterns of tumor organoids can be easily 631 compared to the cancer of origin<sup>16</sup>. Similarly, organoids are expected to have 632 gene expression profiles similar to the tumor they are established from. This 633 has been shown by RNAseg on many tumor types including bladder cancer<sup>128</sup> 634 and esophageal cancer<sup>129</sup> amongst others. Lastly, it is important to confirm 635 whether tumor organoids have diverged from the patient tumor at the 636 genomic level. Several studies have shown concordance of organoids and parent tissue in terms of mutations and copy number variations (CNV)<sup>15,127</sup>. A 637 638 greater degree of divergence may be attributed to intra-tumor spatial 639 heterogeneity and sampling bias: tumors can be spatially diverse, and 640 organoids generated from a specific portion may lack the representativeness of distant regions<sup>130,131</sup>. In addition to this topographical issue, culture 641 conditions can contribute to selecting specific clones, possibly altering or 642 643 reducing clonality over time<sup>129</sup>.

644

For this reason, validation of tumor organoids is even more critical when culturing over a long period of time. While some studies have reported that molecular characteristics can be maintained over long-term culture, others have observed tumor evolution after serial passaging<sup>129,132</sup>. For instance, exome sequencing of liver cancer organoids showed how mutation concordance decreased from 92% for organoids cultured for less than two months to 80% for those grown for over four months<sup>132</sup>. Colorectal tumor 652 organoids established from microsatellite instable tumors had higher de 653 novo mutations after long-term culture than stable ones<sup>59</sup>. Some of the 654 differences observed may be attributable to how different clones and 655 subclones adapt and expand in culture. Using deep targeted sequencing of 656 500 cancer-associated genes, truncal mutations were shown to be retained 657 while subclonal ones are gained or lost, with mutational changes at each 658 passage<sup>127</sup>. Most mutations and CNVs are are preserved in the late passage 659 of lung cancer organoids, while *de novo* mutations can be attributed to the 660 sub-clonal expansion of small subsets of cells present in the tumor of origin<sup>15</sup>. Overall, these studies showed that genetic drift can occur in 661 662 organoids cultured for extended time, influencing their reliability as models for functional and drug discovery studies<sup>133</sup>. This reiterates the importance of 663 664 validation in the context of tumor organoid establishment, characterization 665 and testing. As an example of analysis, crucial steps in characterisation of 666 liver cancer organoids are demonstrated (FIG. 4). Lastly, normal tissue 667 contamination is an issue for establishing tumor organoids and should be 668 addressed when validating patient-derived models. Presence of normal cells 669 can be estimated by histological comparison and IHC as well as 670 sequencing<sup>55,134</sup>.

671

#### 672 [H2] Data analysis

#### 673 [H3] Image processing and analyses

674 Image / Fiji<sup>135</sup>, CellProfiler<sup>136</sup> and other software are used for image 675 processing. The number of organoids formed in a certain period, organoid 676 size (area or volume) and cell number (nuclei number) could measure the 677 cell proliferation rate. Cell proliferation could be quantified by the ratio of 678 EdU or Ki67 positive nuclei using the plugins in the software. Morphological 679 evaluation, for example, the bud formation ratio in the intestine organoid 680 system, is also necessary when quantifying the success rate considering 681 functional maturation. Mean/normalized fluorescence intensity of maturation 682 (either by live imaging with knock-in reporters markers or 683 immunofluorescence staining at the endpoint of the experiment) for different 684 tissue types could be recorded to measure their maturation level. As for 685 lineage tracing purposes, long-term live imaging could be analyzed using 686 software to track the cell behavior. Web resources could be used for pathway analysis and visualization of multi-omics data to generate heatmaps for 687 understanding the differentiation stage of organoid<sup>137,138</sup>. Other software, like 688 689 e.g.: Profiler, GSEA, Cytoscape and EnrichmentMap, have been used for 690 biomolecular interaction networks, pathway enrichment analysis and visualization<sup>139-142</sup>. 691

692

#### 693 **[H3] Machine learning and Artificial Intelligence data analytics** 694 **classification of phenotypes**

695 Miniaturization and automation could make it more consistent for high 696 throughput and multidimensional phenotyping of organoids; machine 697 learning and artificial Intelligence-based data analytics showed their

superiority in this case. Various software have been developed in recent 698 years, like ilastik<sup>143</sup>, OrganoidTracer<sup>144</sup> and Phindr3D<sup>145</sup>. Most of them have 699 700 Fiji or CellProfiler plugins, which makes it possible for users without 701 substantial computational expertise to handle larger data set in a much 702 shorter time. Those software usually contain functions for image 703 classification, morphological segmentation, object characterization, 704 fluorescence intensity quantification, cell counting and tracking for hundreds 705 of images. Good image quality (homogeneous) is a prerequisite for a 706 trustable result, so optimizing the image acquisition process is crucial. At 707 different stages of the data processing and different parts of the data, 708 validation of the accuracy of the trained algorithm is recommended.

709

#### 710 [H1] Applications (1406/1500 words)

711 Organoids as engineered cell-based models to recapitulate relevant 712 physiological structures and functions of interest have shown great potential

in both basic research and clinical applications. (Supplementary **FIG. 1**)

714

#### 715 [H2] Tissue regeneration

716 Tissue-derived organoids can be a potential source of transplantable material for regenerative medicine. Organoids of murine intestines<sup>31</sup>, livers<sup>35,125,126</sup> and 717 pancreas<sup>69,146</sup> were successfully transplanted into mice, and the transplanted 718 719 organoids could restore organ dysfunction. For instance, liver organoids have 720 been generated from hepatocytes isolated from murine livers<sup>126</sup>. The 721 organoids were injected into mice with a deficiency in fumarylacetoacetate 722 hydrolase (Fah), a defect causing liver injury resulting in short survival (40) 723 days) after treatment with the hepato-protective nitisinone drug is 724 withdrawn<sup>35</sup>. Organoid engraftment rates were as high as 80%, and the 725 engrafted mice survived more than 100 days after suspension of nitisinone therapy<sup>126</sup>. Similarly, pancreatic islets cultured in an artificial ECM could be 726 727 successfully engrafted into either streptozocin-induced or autoimmune-728 driven diabetic mouse models, rescuing insulin production and reversing 729 hyperglycemia<sup>147</sup>. Beyond murine organoids, Huch and colleagues 730 successfully engrafted human liver organoids derived from EpCAM+ ductal 731 cells from liver samples into immunodeficient mice with acute liver damage induced<sup>35</sup>. Human pancreas organoids can be generated from ALDH<sup>high</sup> stem 732 cells and have the potential to produce insulin<sup>146</sup> without *in vivo* evidence yet 733 734 to confirm engraftment. Sachs and colleagues showed that intestinal 735 could fuse into tubular structures resembling organoids in vivo intestines<sup>148,149</sup>. A more complicated intestinal organoid can also 736 be 737 generated in an artificial ECM with modulable biodegradability<sup>3</sup>. While there 738 is a long way for organoids to be used in regenerative medicine, improved 739 protocols to generate normal tissue organoids, good manufacturing practices 740 assuring high reproducibility, grafting, and function can be established<sup>150</sup>.

741

#### 742 [H2] Drug discovery and development studies

743 Technical challenges to rapid and high-throughput screening of 3D organoids 744 have been addressed in recent years and surpassed by different means, including alternative plate design or seeding geometries<sup>16,151,152</sup>. Phan and 745 746 colleagues screened 240 targeted agents on organoids derived from patients 747 with ovarian or peritoneal tumors, with results available within a week from 748 surgery. The study included a carcinosarcoma of the ovary, a sporadic ovarian cancer for which no -line therapy was established<sup>151</sup>. Tumor 749 750 organoids can be screened to select effective drugs from structurally similar 751 candidates<sup>153</sup> and investigate the synergic effects of different drugs for 752 combination therapy<sup>154</sup>. Non-tumor cells from adjacent normal tissue in 753 biopsies or surgically resected samples can be used to develop control healthy organoids to confirm the tumor-specific efficacy of the tested 754 755 drugs<sup>155</sup>. Organoids can be screened with libraries of immune cells 756 engineered to express chimeric antigen receptors (CAR) against different neo-antigens<sup>156</sup>. Checkpoint inhibitors and other immuno-oncology (IO) drugs 757 758 can also be screened in tumor organoid models that include immune cells<sup>157</sup>.

759

#### 760 [H2] Biomarker research

5761 Since organoids can maintain the genomic profile of the parent tissue<sup>158</sup>, 5762 drug screening can be used to provide connections between genetic 5763 mutations and drug responses<sup>37,154,159</sup>. By screening gastric cancer organoids 5764 from seven patients against 37 drugs, Yan and colleagues showed that 5765 tumors with ARID1A mutations were sensitive to ATR inhibitors<sup>159</sup>, supporting 5766 a previous study<sup>160</sup> and functionally identifying an intervention for a class of 5767 mutations that were considered undruggable.

768

#### 769 [H2] Precision medicine applications

There is growing interest in tailoring cancer therapy to each patient. 770 Precision medicine is often synonymous with genomics<sup>161</sup>. However, as 771 shown in several clinical trials<sup>161-165</sup>, only a small proportion of patients 772 773 (approx. 10-20%) have an actionable alteration that can be coupled to a specific intervention<sup>161</sup>. In addition, the SHIVA trial has shown how this 774 strategies based on tumor sequencing do not outperform better than the 775 conventional physician's choice<sup>161,162</sup>. While the clinical efficacy of genomics 776 777 precision medicine interventions can be debated, it is unquestionable that most cancer patients have no targetable alteration to guide therapy. 778 779 Functional precision medicine (FPM) has been proposed as a more direct 780 alternative<sup>161,166</sup>. FPM is based on testing drug responses on patient tumors to 781 identify effective regimens and does not require any knowledge of a tumor 782 molecular profile or characteristics a priori. Organoids are ideally suited for 783 FPM due to their ease of establishment, similarity with the tissue of origin and tractability<sup>158,167</sup> and have been deployed to identify therapeutic leads in 784 a number of tumors<sup>168</sup>, including rare cancers that tend to be understudied 785 and poorly characterized at the molecular level<sup>16,151,169,170</sup>. A recent paper by 786 787 Guillen et al leveraged organoids established from patient-derived 788 xenografts to identify eribulin as therapy for a recurrent triple negative

789 breast cancer patient. Progression-free survival was 3.5 times longer on the 790 eribulin regimen than the previous therapy the patient received<sup>171</sup>. This case 791 study is indicative of the potential of organoids to impact clinical care.

792

## 793 [H2] Source material to establish xenografts

794 An application of organoids that is becoming more popular involves using 795 them as starting seeding material to generate xenografts with high take rates. These involve using intact organoids<sup>15,59</sup>, or individual cells after 796 digestion<sup>55,172</sup>. Matano and colleagues seeded human intestinal organoids 797 798 transformed by CRISPR-Cas9 to carry mutations in APC, SMAD4, TP53, KRAS, 799 and/or PIK3CA in subcapsular kidney space of immunocompromised mice. 800 They found that benign organoids carrying mutations in 1-2 genes could not 801 form tumors while more malignant ones with mutations in 4-5 genes were 802 tumorigenic<sup>173</sup>.

803

804 Patient-derived organoids can also generate xenografts, confirm their 805 tumorigenic capacity and recapitulate the histology of parental tumors<sup>15,55</sup>. In a study of colorectal cancer, benign tumor organoids showed no or minimal 806 807 engraftment in mice. In contrast, colorectal cancer organoids derived from 808 metastases were more invasive than those from primary tumors<sup>59</sup>. Hubert 809 and colleagues directly compared the morphology of xenografts formed by 810 glioblastoma multiforme cells cultured in vitro either as tumor spheres or 811 organoids. They showed that while cells from tumorspheres displayed a solid 812 growth pattern, organoids were more diffusive, similar to the tumor of 813 origin<sup>172</sup>. Lee and colleagues showed how organoid lines derived from 814 bladder tumors of lumenal origin transplanted in mice gave rise to tumors with the same lumenal phenotype<sup>127</sup>. 815

816

# 817 [H2] Infectious diseases

818 Organoid models are now widely used in research on host-pathogen 819 interactions. For instance, organoids derived from tissues and organs such as intestine<sup>174,175</sup>, livers<sup>176</sup>, lungs<sup>175,177</sup>, oral mucosa<sup>178</sup>, stomach<sup>33,179</sup>, have been 820 cocultured with pathogens such as bacteria<sup>33,179,180</sup>, viruses<sup>174,176-178,181</sup> and 821 822 parasites<sup>175</sup>. In human intestinal organoids, differentiated intestinal cells are 823 more susceptible to human rotavirus (HRV) infection than undifferentiated 824 ones. Organoids infected with HRV or rotavirus enterotoxin showed lumenal swelling, a characteristic of rotavirus-induced diarrhea<sup>181</sup>. Human liver 825 826 organoid was used as a drug screening platform to test anti-HRV drugs and 827 antibodies, identifying mycophenolic acid, IFN-y and anti-rotavirus-VP7 antibodies capable of blocking rotavirus replication ex vivo<sup>176</sup>. Organoids can 828 829 also be used in studies of oncogenic pathogens. Infection of murine gastric 830 organoids by H. pylori showed increased cytosolic  $\beta$ -catenin levels induced 831 by bacterially originated CagA, which led to increased proliferation in infected organoids<sup>179</sup>. 832

833

Since the start of the Covid-19 pandemic, several laboratories have 834 835 investigated the effects of the SARS-Cov-2 virus on organoids. Salahudeen 836 and colleagues generated SARS-Cov-2 infectable distal lung organoids with ACE2-expressing lumenal cells<sup>182</sup>. SARS-Cov-2 targets goblet cells rather than 837 838 ciliate ones, in contrast to a previous study in a 2D air-liquid interface model<sup>183</sup>. Studies in intestinal organoids show that SARS-Cov-2 can also 839 infect enterocytes<sup>183,184</sup>. Zang and colleagues used CRISPR-Cas9 and drug 840 841 screenings to show that knock-outs of either TMPRSS2 or TMPRSS4, or treatment with Camostat can reduce viral infection<sup>184</sup>. 842

843

#### 844 [H2] Biology of common and rare diseases

845 Organoids have demonstrated significant utility in modellina and 846 investigating both common as well as rare diseases arising from various 847 different organs. Cystic fibrosis (CF) is a genetic disorder caused by 848 mutations in the gene CFTR, which expresses a transmembrane chloride and 849 bicarbonate transporter. Over 2,000 mutations have been reported, yet small 850 molecule therapeutics deployed clinically only target a subset of these<sup>185,186</sup>. 851 Mutations in CFTR cause multi-organ dysfunctions affecting lungs, pancreas, 852 liver and intestine<sup>187</sup>. CF organoid models of colon<sup>188</sup>, liver and bile ducts<sup>189</sup>, rectum<sup>190,191</sup>, the respiratory system<sup>177,192</sup>, and the small intestine<sup>188,193</sup>, have 853 been derived from adult stem cells of relevant organs of either mouse 854 models or patients with applications from investigating the biology of disease 855 to mirroring patients' drug responses<sup>190</sup>. Berkers and colleagues used 856 857 forskolin, a CFTR activator, to induce organoid swelling due to chloride and fluid flux into the lumen<sup>191</sup>. They demonstrated how reduced swelling of 858 859 patient-derived rectal organoids correlated with clinical response parameters 860 of patients and could mimic individualized clinical responses to specific therapeutic regimens<sup>191</sup>. Schwank and colleagues have used CF organoids to 861 862 investigate gene therapy interventions and were able to rescue the effect of 863 CFTR mutations in intestinal organoids using CRISPR-Cas9<sup>193</sup>.

864

865 Inflammatory bowel diseases (IBD) such as ulcerative colitis (UC) and Crohn's disease have also been studied with organoid models<sup>194</sup>. For 866 867 instance, organoids derived from intestinal epithelial cells of pediatric IBD 868 patients had IBD-specific DNA methylation signatures despite retaining similar morphologies<sup>195</sup>. Liver organoids were generated to model liver 869 diseases like  $\alpha$ -1-antitrypsin deficiency<sup>36</sup>, Alagille syndrome<sup>36</sup> and primary 870 sclerosing cholangitis<sup>196</sup>. Lung organoids have been established to 871 872 investigate diseases such as goblet cell metaplasia<sup>197</sup>.

# 873 [H1] Reproducibility and data deposition [981/800 words]

# 874 [H2] Heterogeneity and reproducibility

875 Organoids exhibit heterogeneity and variability between cells forming the 876 organoid (intra-organoid heterogeneity), between organoids in the same dish

and between individual patients (inter-organoid heterogeneity). It is valuable 877 878 to recapitulate the individual-to-individual differences, especially in the 879 context of human diseases. It is also exploited in cancer research to mimic 880 cancer development in a patient-specific manner for personalized medicine<sup>127-129,132,155,159,167,198-200</sup>. Similarly, the intra-organoid variation reflects 881 882 the complexity of cellular composition of the tissues. This is advantageous 883 for modeling tissue development or regeneration, with cells forming an 884 organoid encompassing different cellular states, from stem/progenitor to more differentiated cells<sup>36,125,201</sup>. While these levels of variation and 885 886 heterogeneity reflect the complexity of biological systems, left uncontrolled, 887 they can jeopardize the reproducibility and robustness of the system.

888

Significant differences in morphology and functionality or even organoid 889 formation efficiency depend on the different cells-of-origin of the culture or 890 different cells in the organoid as well as different medium composition<sup>120,202-</sup> 891 892 <sup>204</sup>. Regarding the cell of origin, the batch and guality of the iPSC/PSC used to 893 generate the starting culture can influence the variability of the organoid line 894 obtained. Similarly, the different primary cells isolated from different animals 895 or patients also impact the subsequent cultures<sup>13</sup>. Also, the media is usually 896 optimized for cell proliferation whereas differentiation toward certain cell 897 fates can be largely influenced by the culture conditions, thus increasing 898 variability and heterogeneity. In that regard, a nice example was described 899 by Fujii M et al. who demonstrated how refining of culture conditions could 900 increase the diversity of differentiated cell fates in human small intestinal 901 organoids<sup>120</sup>. Similarly, undefined ECMs (e.g. Matrigel) suffer from their 902 unknown composition and batch to batch variability, making reproducibility a significant concern<sup>13,205</sup>. Another important factor becomes apparent when 903 904 looking into transcriptomic changes during organoid development<sup>206</sup> or studying gene expression changes during organoid passages<sup>35,202</sup>. When 905 906 organoids mimic development, these changes can lead to confounding effects - the temporal heterogeneity. Therefore, recording the passage and 907 908 the time in culture is essential to identify sources of variation that affect the 909 results.

910

911 To better understand and control heterogeneity, the field has been moving 912 from bulk analysis towards employing single cell approaches, such as scRNAseq, to help delineate the different populations of organoid-forming 913 914 cells. Many single-cell-resolved datasets are emerging, with several notable examples in more homogeneous organoid production<sup>3,70,100,207</sup> and resolving 915 organoid heterogeneity during growth progression<sup>204,208</sup>. Pooling together 916 different cells and/or organoids for bulk analysis can lead to inaccurate 917 results<sup>3,70,100,204,207,208</sup>. Therefore, good record-keeping about what was pooled 918 919 in experiment deems crucial to drawing robust conclusions.

920

921 Additionally, it is critical to reduce the sources of variability and 922 heterogeneity as the field grows in complexity. Our efforts to generate more

complete organoid structures containing different cellular populations 923 (reviewed in<sup>209,210</sup>), such as the recently published endothelial and healthy 924 organoids<sup>211</sup>, 925 colorectal colon and human cancer murine human 926 cholangiocyte and mesenchymal organoids<sup>74</sup>, and murine pancreatic islet and endothelial organoids<sup>110</sup>, will require controlling sources of variation 927 928 derived from incorporating additional cells to an already heterogeneous 929 system. Exerting control over the variation while generating more 930 functionally relevant structures represents a significant challenge for the 931 field.

- 932
- Finally, significant heterogeneity is also observed following organoid 933 934 treatments. While this represents a drawback when trying to use organoids 935 as a tool for investigating molecular mechanism, it is beneficial when aiming 936 to model patient responses. In particular, for cancer treatment, several 937 different patient-derived organoid models tested, including but not limited 938 to: pancreas, colorectal and liver cancer all exhibit heterogeneous responses 939 to known chemotherapeutic and anticancer agents<sup>49,132,212</sup>. This parallels the 940 variability in patient outcomes observed in the clinic and have positioned 941 cancer organoids as potential predictive tool for drug testing (Extensively 942 reviewed in<sup>213</sup>). This heterogeneity in treatment responses is now being exploited for the treatment of cystic fibrosis patients<sup>191</sup>, with a large ongoing 943 944 European multicentre clinical trial study, led by the HIT-Cystic Fibrosis consortium, to identify potential responders<sup>214</sup>. Similar initiatives are lagging 945 946 behind for cancer patients, though mostly because of disparities in 947 establishment rates and lengthy timelines (extensively reviewed in<sup>215</sup>). In 948 that regard, while this manuscript was under revision, the group of Markus 949 Heim reported the use of organoids to inform the treatment of a patient 950 suffering from a rare form of liver cancer. Unfortunately, the treatment was 951 discontinued due to deterioration of the patient's general condition, 952 preventing the authors to draw conclusions regarding the predictive value of 953 the organoid system for the drug treatment of that patient<sup>216</sup>.
- 954

#### 955 [H2] Minimum reporting standards

956 To improve the reproducibility and reliability of the results, it is essential to 957 account for the variability between different cell isolations and intra-organoid 958 heterogeneity. While one could consider that at least 3 independent 959 experiments with at least 3 different biological replicates are a minimum 960 requirement, they might not always be sufficient. In fact, the number of 961 organoids to study per biological replicate as well as the number of biological replicates will very much depend on the question asked, the specific 962 963 experiment and the variability of the phenotype observed. Whenever 964 possible, to calculate the number of independent organoids per biological 965 replicate, sample size calculations similar to the ones used for mouse experiments, that take into account statistical power and variance of the 966 967 experiment, would be highly recommended. The data should be robust, 968 meaning repeated in at least three independent biological replicates, which 969 refers to independent isolations from different animals or patients. However, 970 replicates and the question asked in each experiment should be determined 971 in advance to avoid hypothesis fishing and increasing replicates to get a significance between conditions<sup>217,218</sup>. Data should be reported correctly as a 972 973 mean of each replicate, with each replicates being an average of a similar 974 number of organoids. Recently, several publications have provided 975 guidelines to improve reproducibility, including general biological reporting and accurate statistics<sup>219-221</sup>. Especially recommended is the use of 976 977 SuperPlots for data visualization, which show both the mean of each 978 independent biological replicate and the spread of the individual data 979 points<sup>222,223</sup>. This type of plot is ideal for organoid reporting, as it allows immediate visualization of any potential artifact concerning batch variation. 980 981 Journal collections that deepen all aspects of statistics used in biological 982 sciences are valuable resources to facilitate accurate reporting<sup>224</sup>.

983

984 Organoids should be characterized in full and not only checked for the 985 expression of markers, but also benchmarking to the tissue of origin. Beside 986 determining if the cells have similar morphology and expression patterns as 987 the tissue-of-origin, showing a similar function (for eample, ELISA for 988 Albumin, bile acid production by liver/hepatocyte organoids) is a must. 989 Whenever possible, results should be normalized against DNA content or 990 structural proteins such as actin, while functional data should be normalised 991 to the total number of cells or area of structures. Improving reporting 992 standards is the first step toward increasing reproducibility, thus enabling 993 the field to move forward.

994

#### 995 [H2] Data Deposition

996 Standardized organoid data repositories are currently missing. Only a patient-derived repository<sup>225</sup> led by the National Cancer Institute (NCI in the 997 USA) and the Human Cancer Models Initiative (HCMI), a combined 998 999 international effort of several institutions (Cancer Research UK; NCI; 1000 Hubrecht Organoid Technology's the HUB; and the US Office of Cancer 1001 Genomics's OCG), have started to generate organoid data repositories, but 1002 only for cancer organoids (**Supplementary Table 3**). However, healthy 1003 patient-derived organoids and organoid models from non-cancer diseases, both human and murine, are yet to be documented in one database, 1004 1005 evidencing the apparent need to fully document, report and deposit all organoid lines generated. The recent launch of the Human Cell Atlas-1006 Organoid initiative, documenting all human-derived organoids<sup>226</sup>, is the first 1007 1008 step in that direction.

1009

1010 On another note, when depositing data from human organoids, important 1011 aspects to consider are all ethical regulations and the necessity of obtaining 1012 patient consent and keeping patient anonymity. Critical points have been 1013 extensively reviewed in <sup>227,228</sup>. 1014 1015 A consensus in organoid nomenclature is also missing. Aside from a couple 1016 of notable examples, where leaders in the intestine, liver and pancreas 1017 addressed the nomenclature of gut, hepatic, pancreatic and biliary organoids<sup>229,230</sup>, the field is waiting for a more clearly-defined nomenclature 1018 system. Similarly, there is no repository where to submit organoid data. For 1019 1020 transcriptomics-related data, such as gene expression, non-coding RNA, ChIP, genome methylation, high-throughput RT-PCR, SNP arrays, SAGE, 1021 1022 protein arravs, Gene Expression Omnibus (GEO) is generally recommended<sup>231,232</sup>. For code used to analyze organoid datasets, GitHub is 1023 recommended (https://github.com). We envision that data and organoid 1024 depositories will arise shortly to fill in the presently missing gap in data 1025 1026 repositories for organoid work.

1027 1028

# 1029 [H1] Limitations and optimisations (814/1,000 words)

1030

1031 The reproducibility, both morphological and functional, of the obtained 3D 1032 organoid systems, remains a major bottleneck. In this section, we will 1033 elaborate on the limitations and the recent developments in organoid 1034 research, providing a path towards a more optimal pipeline for developing, 1035 characterizing, and benchmarking organoid systems.

# 1036 [H2] Limited level of maturity and function

None of the present organoid model systems reproduce the entire 1037 1038 physiological repertoire of cell types, maturation level and/or functions of 1039 their respective organ; they rather exhibit certain functions of the tissue they predominantly form. The vast majority of tissue-derived organoid models are 1040 1041 missing tissue-specific cell types, including niche-specific mesenchyme, 1042 immune cells, vascularization, innervation or microbiome. Recently, ductal 1043 cell-liver mesenchymal cell co-cultures have been shown to recapitulate part of the liver portal tract architecture<sup>74</sup>. Specifically challenging is that not all 1044 cell types have the same proliferation rate, growth factor requirements, or 1045 1046 even requirements for oxygen exposure (hypoxia for vasculature). 1047 Pluripotent-stem cell derived organoids are better in recapitulating different cell types and cellular interactions of the developing organ but fail on 1048 1049 exhibiting adult-tissue structures and functions, as well as cell maturation. One strategy that helps is *in vivo* transplantation<sup>233</sup>. However, this is at 1050 1051 expenses of giving up control over the formed tissue constructs. Meanwhile, 1052 optimizations on differentiation protocols is to enrich maturation and specific 1053 functions of interest.

1054 Another factor contributing to limited maturity and function is the nutrient 1055 (in)accessibility and accumulation of dead cells in hollow lumens. This is 1056 particularly important for iPSC-derived organoids. As organoids grow in size, 1057 the nutrient supply to cells localized in the center of the organoid gets 1058 restricted, resulting in cellular death. It is common with organoids that form 1059 a more compact structure, such as brain organoids. For tissue-derived 1060 organoids forming a hollow cyst (cholangiocyte, pancreas), dead cells will 1061 eventually start accumulating in their lumens which cannot be avoided, but can be resolved by mechanical fragmentation of organoids. Constant 1062 1063 fragmentation of formed structures prevents carrying out the long-term studies. However, PSC-derived organoids cannot be fragmented and 1064 1065 passaged; and new strategies to solve the nutrient accessibility problem are being developed, including the long-term maintenance of brain slices in 1066 vitro<sup>234</sup>. 1067

1068

# 1069 [H2] Limited control of organoid heterogeneity

1070 Once cells form an organoid, we have minimal input in cellular behavior 1071 within the organoid. Even in the same experimental settings, the result is 1072 often a plethora of phenotypic traits (shape, size, cell composition) rather 1073 than a stereotypic culture. Optimizing morphogenic gradients, tissue-specific 1074 cell-ECM interaction, and local biochemical and biophysical properties are 1075 essential for minimizing batch-to-batch heterogeneity<sup>235</sup>.

1076

1077 To generate more complex multicellular mature and functional structures, 1078 the organoid field has started to create assembloids as demonstrated for 1079 human cortico-motor assembloids<sup>236</sup>. Such effort allows the creation of more 1080 complex structures, connecting multiple types of tissues with defined 1081 interface such as connecting cerebral cotex, spine and skeletal muscle with 1082 neuro-muscular junctions, but at the cost of reproducibility. As recently 1083 discussed in another review focused on hepatic, biliary and pancreatic (HBP) organoids<sup>230</sup>, reproducibility in multi-cellular and multi-tissue organoid 1084 systems decreases as it is challenging to coordinate proliferation and 1085 1086 differentiation of multiple cell types.

1087

The limited control of intra-organoid heterogeneity is detrimental for high 1088 throughput screening applications and makes it difficult for studies requiring 1089 high spatiotemporal resolution imaging. Instead of creating more complex 1090 1091 organoid systems, simpler models of reduced dimensions to recapitulate the 1092 essential tissue structures and functions of interest are gaining momentum. 1093 Variants of ECM combinations, micropatterned 2D mono-culture or coculture<sup>237,238</sup>, cell sheets<sup>239</sup>, stacked 3D structures<sup>26</sup>, and micro-positioned 1094 ECM substrates<sup>70,240</sup> allow the formation of reproducible tissue structures and 1095 functions with a high degree of spatiotemporal control such as stretching<sup>241</sup> 1096 1097 and osmotic forces<sup>242</sup> (**FIG. 5**).

# 1098 **[H2] Optimizing ECM composition**

1099 Engineering methods have been implemented to optimize these limitations 1100 (**FIG. 6**). There are two main paths to overcome the use of non-specific ECM 1101 such as Matrigel: one is the use of synthetic matrices with more complete 1102 control over composition and stiffness, and the other is to take decellularized 1103 tissue and create tissue-specific matrices<sup>205,243</sup>. There are significant efforts 1104 to identify chemically-defined, GMP-compatible ECMs that enable the growth 1105 and the long-term expansion of human organoids. In that regard, some 1106 advances were shown with human pancreas organoids, intestinal organoids 1107 and colorectal cancer organoids, which could grow in a dextran-based fully 1108 defined ECM; however, they would not expand long term<sup>3,69</sup>.

1109

#### 1110 [H2] Organoids meet organs-on-a-chip

1111 It has been shown that by maximizing the mass transfer and minimizing the 1112 shear stress in the perfusive soluble microenvironment, cells grown in organ-1113 on-a-chip set-ups upregulate their functions, getting a step closer to a native 1114 tissue<sup>94,244,245</sup>. A more recent example shows how the presence of fluid flow 1115 enhances kidney organoids' maturation and favors their vascularization in 1116 vitro<sup>107</sup>. Nikolaev et al. engineered physical constraints into the organoid 1117 environment and intestinal cells when provided with boundaries through 1118 engineered scaffolds self-organized in crypts of the same size. At the same 1119 time, they overcame the inaccessibility of cystic organoids and clearance of 1120 cell debris by creating a perfusable culture of mini-intestines where cells are arranged to form tube-shaped epithelia and similar spatial arrangement as 1121 the *in vivo* tissue<sup>100</sup>. 1122

1123

#### 1124 [H1] Outlook (989/800 words)

Moving forward, the trend is to develop more complex models that 1125 1126 recapitulate *in vivo* structure and function as faithfully as possible, in terms 1127 of the recapitulating cell types over time, tissue architecture, measurable 1128 molecular events and phenotypic functions. Rather than focusing exclusively 1129 on the most prominent markers or functional assays, architectural benchmarking of native tissue should also be performed. In the example of 1130 1131 hepatocyte organoids<sup>125</sup>, hepatocyte functions are preserved, yet the liver 1132 tissue architecture does not match the native tissue where hepatocytes are 1133 arranged in cords. Similarly, organoids like pancreatic or colon cancer organoids grow isotropically, forming a cyst instead of the tubular structure 1134 1135 they would form in their native tissue. To derive more complex functions, 1136 organoids with multi-cellular and multi-tissue structures will be important, especially in the context of studying cell-cell interactions<sup>246</sup>. Along this vein, 1137 1138 assembloids and organs-on-chips are also becoming increasingly complex 1139 and more broadly adopted.

1140

1141 On the other hand, the engineer's (cell as a machine) approach<sup>28,247</sup> is to 1142 pursue simpler reductionist models defined by the minimal functional 1143 modules (MFMs) that drive a complex cellular or tissue FOI, to study the 1144 mechanobiological causation in development or repair, or to develop a 1145 robust system for high throughput screening. The basic premise is that a 1146 complex biological function is executed by coordinated operation of a limited 1147 number of functional modules, each described by a small set of molecules, 1148 and chemical reactions driving physical attribute changes of mesoscale (sub-1149 cellular or inter-cellular tissue/multi-cellular) structures associated with FOI in the specific spatiotemporal stage/phase/step. For example bile canaliculi in 1150 1151 liver exhibit hourly cycles of expansion and contraction. To study the 1152 causative contraction events with high resolution, only regions of adjacent 1153 hepatocytes forming the bile canaliculi are directly studied in the context of the entire regulatory machinery of adjacent hepatocytes<sup>27,248</sup>. One can 1154 1155 choose to create a much larger structure involving cholangiocytes than the one operated by the MFMs but the model will be noisy and costly. Each 1156 functional module is coupled to another and can be modeled together or 1157 independently at different length scale. Simple reductionist models have 1158 1159 been useful for high resolution mechanistic understanding of tissue 1160 morphogenetic events such as defects<sup>29,240,249</sup>.

1161

Geometrically constraining the size of the initial 2D seeding pattern and 3D 1162 1163 formation by micropatterning and supporting 3D cell growth using Matrigel, 1164 Karzburn et al., induced tissue-like neural tube morphogenesis and produced highly reproducible neural tubes. They identified the mechanisms of neural 1165 1166 tube folding and modeled neural tube defects<sup>26</sup>. They focused on neural tube 1167 formation and characterizing a selected subset of relevant molecular events. In another example, symmetry breaking in a uniform sphere of cells and the 1168 emergence of a Paneth cell is a critical event in the early stage of intestinal 1169 1170 organoid formation. The mechanism was unknown until Serra et al. showed 1171 that it is caused by transient activation of mechanotransducer YAP1, which induces NOTCH-DLL1 lateral inhibition events<sup>204</sup>. Gjorevski et al. translated 1172 1173 this knowledge to control YAP1 activation by applying geometrical 1174 constraints in hydrogel scaffolds and producing a uniform and reproducible intestinal microtissues<sup>3</sup>. 1175

1176

Organoids can be constrained by reducing the 3<sup>rd</sup> dimension in a 2.5D 1177 1178 culture. 2.5D is 3D culture with restricted 3rd dimension. Typical examples are culturing cells on curved or patterned surfaces, flattened or constrained 1179 cellular construct<sup>250</sup>, and overlaying ECM on a flat cell monolayer at high 1180 1181 confluency which would pull the cells upward, forcing more cell-cell 1182 interactions to adopt 3D cell morphology. For example, hepatocytes in a collagen sandwich have sufficient contact area to attain polarity and form a 1183 1184 bile canalicular lumen that contracts in the same periodic cycles as *in vivo*, 1185 although missing the 3D network, and lunes are wider and cholestatic 1186 compared to the native tissue. This cell-based model enables high-resolution 1187 dissection of the mechanism of bile canaliculi contraction into steps and an 1188 understanding of the molecular machinery regulating the phase transitions<sup>27,251</sup>. 2.5D culture reduces the depth-driven variabilities of a 1189 1190 typical organoid: diffusional constraints in the hypoxic core, limited imaging 1191 accessibility for drugs/transfection impeded agents, and transparency<sup>250</sup>. We would also envision more engineered organoid models 1192

1193 based on CRISPR-edited cells for disease modeling, even though these cells 1194 and models are synthetic.

1195

1196 Beside these technological advances on creating more physiologically relevant, robust and easier to use organoid models, we shall see greater 1197 1198 impact in applications. In the last two decades, while there have been discussions to replace animal testing, these efforts have not panned out in 1199 1200 the form of concrete actions. However, this is rapidly changing with regulatory hardstops now established on multiple fronts<sup>252</sup>. Organoids that 1201 can recapitulate the complex physiological functions in vivo has also boosted 1202 confidence that the new alternative methods are now viable options. There 1203 1204 will be more extrapolation of animal research findings in human organoids to 1205 better understand human biology and pathophysiology. We envision 1206 widespread adoption of organoids as cell sources for cell therapy, 1207 regenerative medicine, in vitro diagnostics, and drug discovery. 1208 1209 1210 References 1211 1212 1213 1 Zakrzewski, W., Dobrzynski, M., Szymonowicz, M. & Rybak, Z. Stem 1214 cells: past, present, and future. Stem Cell Res Ther 10, 68, 1215 doi:10.1186/s13287-019-1165-5 (2019). 1216 Voog, J. & Jones, D. L. Stem cells and the niche: a dynamic duo. Cell 2 Stem Cell 6, 103-115, doi:10.1016/j.stem.2010.01.011 (2010). 1217 1218 Giorevski, N. et al. Designer matrices for intestinal stem cell and 3 organoid culture. Nature 539, 560-564, doi:10.1038/nature20168 1219 1220 (2016).1221 Yi, S. A., Zhang, Y., Rathnam, C., Pongkulapa, T. & Lee, K. B. 4 1222 Bioengineering Approaches for the Advanced Organoid Research. Adv 1223 Mater 33, e2007949, doi:10.1002/adma.202007949 (2021). 1224 5 Orkin, R. et al. A murine tumor producing a matrix of basement 1225 membrane. The Journal of experimental medicine **145**, 204-220 1226 (1977).1227 6 Li, M. L. et al. Influence of a reconstituted basement membrane and its 1228 components on casein gene expression and secretion in mouse 1229 mammary epithelial cells. Proc Natl Acad Sci U S A 84, 136-140, 1230 doi:10.1073/pnas.84.1.136 (1987). 1231 Sato, T. et al. Single Lgr5 stem cells build crypt-villus structures in vitro 7 1232 without a mesenchymal niche. Nature 459, 262-265, 1233 doi:10.1038/nature07935 (2009). 1234 8 Huch, M. & Koo, B.-K. Modeling mouse and human development using organoid cultures. Development 142, 3113-3125, 1235 1236 doi:10.1242/dev.118570 (2015).

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- 2102 This review disccused about the current stage of precision cancer and
- 2103 suggest the future applications.
- 2104

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# 2115 **Declaration of competing interests:**

- 2116 MH is inventor in several patents on organoid technology. A.So and LL are
- 2117 inventors on a patent on organoid technology. A.So is a founder and owner of
- 2118 Icona BioDx. HY is inventor in several patents on cell-based models. The
- 2119 remaining authors declare no competing interests.
- 2120
- 2121 Tables
- 2122 Methods used in organoid research to assess/characterise organoid structure
- 2123 and function

	Result charact erizatio n method s	Function	Example Applications	Ref.
Organoi d structur e	Bright field imaging	Qualitative assessment of morphology and viability. Quantitative assessment of organize size and number.	Crypt-like structures for intestinal organoids, islet-like globular structure for pancreatic islet organoids, branching structure for breast or lung organoids, hollow cystic structures for cholangiocyte and cholangiocarcinoma organoids, grape-like structures for hepatocyte and hepatocellular carcinoma organoids	35- 37,42,100,11 0,111,125,12 6,132,155,20 1,203
	Immuno fluoresce nt staining	Quantitation viable cells. Edu and Ki67 staining to evaluate the survival and proliferation of the cells in the organoids. Staining of differentially expressed proteins in different layer or geometry. Qualitative and quantitative assessment of cellular composition, spatial distribution, and proportion of different cell types and maturation state of the different subpopulations.	Bile canaliculi can be shown to form between the hepatocytes (identified by markers, such as such as BSEP or MRP2 for bile canaliculi, Albumin or HNF4alpha for hepatocytes)) and in some cases bile ducts can also be formed between the cholangiocytes (identified by markers such as Keratin19 and SOX9)	36,100,107,1 10,111,125,1 26,132,155,2 01,203
	Transmis sion and scanning electron microsco py	Characterizing the cellular interaction and ultrastructure of the cells.	Measuring the size and density of mitochondria and cellular secretion, or for hepatocyte organoids glycogen accumulation, Golgi and mitochondria morphology, bile canaluciuli presence.	7,36,41,42,1 00,107,109,1 17,125
Organoi d functio n	qPCR and single and bulk cell RNA- sequenci ng	Quantitation of the expression of marker genes, including key transcription factors and differentiation markers, to indicate the cell identity and cellular composition of the organoids.	Single cell RNA-sequencing can profile all cell types in the organoids. Also useful for screening differentially expressed markers under different stimuli.	35,37,38,41, 42,100,107,1 10,117,125,1 26,132,201,2 03
	Immuno fluoresce nt imaging	Use of fluorescently labelled dyes to determine specific functions of certain tissues. Transport of Rhodamine123 (substrate of MDR1 on cholangiocytes) or fluorescein diacetate (in the bile canaliculi of hepatocytes) to verify correct cell functionality of organoids	Swelling assays to determine functionality of ion transporters (e.g for CFTR functionality in gut, lung and pancreas organoids), CMFDA (5- chloromethylfluorescein diacetate ) dyes to determine bile transporter functionality, or dextran-based fluorescent dyes	36- 38,41,100,10 7,111,114,12 5,126,132,15 5,201,203

		to investigate permeability of epithelium or endothelium.	
Alcian blue (AB) and periodic acid- Schiff (PAS) staining	Detection of neutral and acidic glycoproteins produced by specific cells in organoids	Measurement of mucus secretion ability of the differentiated goblet cells in intestinal organoids	123,124
ELISA and colorime tric assays	Secretome quantification in response to external stimuli	Determine c-peptide secretion in pancreas organoids or endogenous production of secretome molecules by organoids as assessment of their maturity.	35,36, <del>3</del> 8,41, 110,114- 116,125,126, 132
Luciferas e assays	Luminescent assays for measuring enzyme activity	Various Cytochrome activity for hepatocyte organoids (CYP3A4, CYP1A2, P450).	35,36,125,12 6
Calcium signaling	Characterizing the electrophysiology property of the organoid	Used for organs like the heart, neuron, retina, skeletal muscle and pacncreatic islet.	27,114,116,1 25,126
Implanta tion	Testing the in vivo function of organoids for cell therapy.	The full potential of the islet organoids in mouse transplantation can be tested by characterization of normalized and stable blood glucose level, normal plasma insulin level and maintained body weight	35,41,110,11 4,116,117,12 5,126,132,15 5,203

\*TEM - transmission electron microscopy, SEM- scanning electron microscopy, qPCR
 - quantitative polymerase chain reaction, ELISA - enzyme-linkedimmunosorbent
 assay

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#### 2129 Figure legends:

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# 2131 Fig. 1 Components to engineer organoids

The set up of organoid-based culture requires considerations about four
major components that make up organoid cultures – cells, soluble factors,
matrix, and physical cues and how to integrate these components

2135

# 2136 Fig. 2 Flowchart of the procedures

- 2137 Organoids can be generated from TDC or iPSC.
- 2138
- 2139

# 2140 Fig. 3 Representative results of pancreatic islet organoids validation

#### 2141 **analysis** 2142 1. Repr

- 2 1. Representative view of pancreatic islet organoids.
- 21432. Cell types and hormones secretion level validation by immunofluorescence or2144immunohistochemical staining.
- 2145 3. Real-time qPCR analysis for some key transcription factors and differentiation2146 markers.
- 21474. The maturation of the organoids can be induced through prolonged culture2148 for a total of 30 days at any passage.
- 5. Schematic of the pancreatic islet organoids function validation *in vitro*
- 2150 6. Measurement of the secreted C-peptide by ELISA
- 7. Intensity of calcium signalling traces imaging indicating the capability ofresponding acutely to glucose
- 2153 8. Schematic of the islet organoids function validation *in vivo*
- 2154

# 2155 Figure 4. typical characterization of cancer organoids: liver cancer

# 2156 **subtype<sup>132</sup>**

- Isolation of cells from patient samples and organoid culture; schematic of
   tissue isolation and processing;
- 2159HCC, hepatocellular carcinoma; CC, cholangiocarcinoma; CHC, combined2160HCC/CC tumors.
- 2161
  2. Histological analysis of liver cancer samples: top, tissue; middle, organoid
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- Analysis of specific marker gene expression: immunofluorescene staining for
   AFP (hepatocyte/HCC marker; red) and EpCAM (ductal/CC marker; green);
   blue DAPI, scale bar, 30 μm.
   Organoid formation efficiency: growth and splitting curves: dot. splitting time
- 2167 4. Organoid formation efficiency: growth and splitting curves; dot, splitting time2168 point, arrow, continuous expansion.
- Transplantation into immunodeficient mice: xenograft and histopathology
   analysis, matching to the patient origianal tissue sample; scale bars, left, 125
   μm; right, 62.5 μm
- 2172 6. Analysis of genetic changes in the cancer organoids and their concordance to2173 the mutations in the original tumor sample.
- 2174 7. Organoid sensitivity to drugs: IC50 curves for gemcitabine treatment.
- 2175

# 2176 Fig. 5 Reducing the heterogeneity with complexity reduction

- 2177 Simpler models of reduced dimensions to recapitulate the essential tissue
- structures and functions of interest are gaining momentum. Micropatterned 2D
- 2179 mono- or co-culture allow the formation of reproducible initial 2D condition which
- 2180 can further form the initial 3D structure  $^{26,70}$ . Then a high degree of spatiotemporal

- control, such as stretching<sup>241</sup> and osmotic forces<sup>242</sup> can be applied to direct certain
   tissue morphogenesis.
- 2183

# 2184 Fig. 6 Side-by-side comparison of the current limitations for

## 2185 organoid culture and approaches to overcome them

- 2186 **Top panel:** Accummulation of dead cells and cell debris inside of cystic organoid
- 2187 lumina (left) has been overcome by (right) designing a perfusable open-end2188 structures that use inducible flow to wash out cell debris, which are compatible with
- 2189 long-term experiments.
- 2190 **Middle panel**: Organoids grown in Matrigel domes display high-variability of cell 2191 heterogeneity and morphology (left) which can be overcome by utilising (right)
- 2191 neterogeneity and morphology (left) which can be overcome by utilising (right) 2192 grids with patterned synthetic ECM which provide cues for cell differentiation. These 2193 platforms are additionally compatible with high-throughput screenings.
- **Bottom panel**: Single-cell type derived organoids do not recapitulate the cellular and physiological complexity of native tissue (left), but (right) combining organoids with organ-on-chip (OoC) as novel technology would enable creating controlled
- 2197 micro-envirorment, suitable for multiple cell types
- 2198

# 2199 Figure legends:

2200

# 2201 Fig. 1 Components to engineer organoids



# 22022203 Fig. 2 Flowchart of the procedures



2204 2205

Fig. 3 Representative results of pancreatic islet organoids validation 2206

2207 analysis



#### Figure 1. Representative results of pancreatic islet organoids validation analysis

**A**, Representative view of pancreatic islet organoids. **B**, Cell types and hormones secretion level validation by immunofluorescence or immunohistochemical staining. **C**, Real-time qPCR analysis for some key transcription factors and differentiation markers. **D**, The maturation of the organoids can be induced through prolonged culture for a total of 30 days at any passage. **E**, Schematic of the pancreatic islet organoids function validation *in vitro*, including measure the secreted C-peptide by ELISA (**F**) and calcium signaling traces imaging (**G**), indicating the capability of responding acutely to glucose. **H**, Schematic of the islet organoids function validation *in vivo*.

Base on Wang et al. 2022. Nature Protocols

## 2209 Figure 4. typical characterization of cancer organoids: liver cancer

#### 2210 **subtype**<sup>132</sup>

#### Figure 4 - Typical characterisation of cancer organoids; liver cancer subtypes <sup>109</sup>

A) Isolation of cells from patient samples and organoid culture; schematic of tissue isolation and processing;

HCC, hepatocellular carcinoma; CC, cholangiocarcinoma; CHC, combined H CC/CC tumors.

B) Histological analysis of liver cancer samples: top, tissue; middle, organoid brightfield images; bottom, histological H&E staining of organoids; scale bar, middle row, 100 µm; top and bottom rows, 50 µm.

C) Analysis of specific marker gene expression: immunofluorescene staining for AFP (hepatocyte/HCC marker, red)

and EpCAM (ductal/CC marker; green); blue - DAPI, scale bar, 30  $\mu m$ 

D) Organoid formation efficiency: growth and splitting curves; dot, splitting tim e point, arrow, continuous expansion.

E) Transplantation into immunodeficient mice: xenograft and histopathology analysis, matching to the patient original tissue sample; scale bars, left, 125 µm; right, 62.5 µm.

F) Analysis of genetic changes in the cancer organoids and their concordanc e to the mutations in the original tumor sample. G) Organoid sensitivity to drugs: IC50 curves for gemcitabine treatment.



.3 Fig. 5 Reducing the heterogeneity with complexity reduction

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#### **Micropattern**

# initial 2D condition .......





tissue morphogenesis



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#### Stretching









Membrane area Unstretched Stretched Stretch start Stretch-release **Osmotic force** 

# -



2214

#### Fig. 6 Side-by-side comparison of the current limitations for organoid culture and approaches to overcome them



#### Limitation and Optimisation

#### 2218 2219 **Glossary terms:**

- 1. Stem cell niche: A specific tissue microenvironment where stem cells both reside and receive stimuli that regulate cell fate
- 2222 2. Extracellular matrix (ECM): A large network composed of an array of
   2223 (glycol)proteins and other macromolecules that provides structural and
   2224 mechano-chemical support to cells and tissues.

- 3. Induced pluripotent stem cell (iPSC): Immature cells that are generated
  from an adult (mature) cell and that have regained the capacity
  to differentiate into any type of cell in the body
  - 4. Tissue-derived cells (TDC): Adult or fetal cells derived from tissues, either stem/progenitor cells or differentiated cells
- 5. Organoid: A self-organized three-dimensional tissue that is typically derived from stem cells (pluripotent, fetal, or adult), or even differentiated cells and which mimics the key functional, structural, and biological complexity of an organ
  6. Perfusion culture: A perfusion cell culture process involves the constant
  - 6. Perfusion culture: A perfusion cell culture process involves the constant feeding of fresh media and removal of spent media and product
  - 7. Organ-on-a-chip (also known as micro-physiological systems) (OoC/MPS): Systems containing engineered or natural miniature tissue constracts grown inside microfluidic chip
- 8. Passage (also known as splitting): It represents the subculture of organoids by either creating smaller organoid fragments or single cells using mechanical dissociation or enzymatic digestion
  - 9. Engraftment rate: Degree of organoid retention in a host tissue after transplantation
  - 10. Assembloids: Complex 3-dimensional structures combining several separately pre-generated cellular compartments/entities
  - 11. Functional module: A structured design part of a system with inputs, processing, and outputs.
  - 12. Functional precision medicine: A strategy whereby live tumor cells from individuals affected from a specific disease are directly perturbed with drugs to provide immediately translatable, personalized information to guide therapy
  - 13. Copy number variations: A phenomenon in which sections of the genome are repeated and the number of repeats in the genome varies between individuals