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UNIVERSITY OF CALIFORNIA

Los Angeles

“The Internal Flame”

a poem for Symphony Orchestra

A thesis submitted in partial satisfaction
of the requirements for the degree Master of Arts
in Music

by

Sergey Nesterov

2024

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2024

ABSTRACT OF THE THESIS

“The Internal Flame”

a poem for Symphony Orchestra

by

Sergey Nesterov

Master of Arts in Music

University of California, Los Angeles, 2024

Professor David Samuel Lefkowitz, Chair

The Internal Flame is a musical poem written for symphony orchestra. The music explores the ideas and gestures of immense emotional stress and rage brought on by significant disruptions in human life, followed by moments of temporary relief and relaxation. The concise motivic elements presented in the composition are deeply interconnected, and form the foundation for expressing all emotional states within the piece, highlighting the internal connection between the varied emotions that are all parts of human experience.

The thesis of Sergey Nesterov is approved.

Richard Dane Danielpour

Ian Krouse

Kay Kyurim Rhie

David Samuel Lefkowitz, Committee Chair

University of California, Los Angeles

2024

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Sergey Nesterov

The Internal Flame

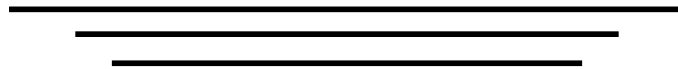
For Symphony Orchestra



SN

Sergey Nesterov

The Internal Flame



For Symphony Orchestra

(2024)

Transposing Score

Instrumentation

2 Flutes

2 Oboes

2 Clarinets in B

2 Bassoons

2 French Horns in F

2 Trumpets in C

Tenor Trombone

Bass Trombone

Timpani

Percussion 1

suspended cymbal, anvil, tubular bells

Percussion 2

toms, snare drum, side drum, vibraphone

Piano, Celesta

Harp

Strings

Duration: c. 7 minutes

6 **A** Più mosso $\text{♩} = 84$

Fl. 1.2 *pp* *f* *ff* *p* *f*

Ob. 1.2 *pp* *f* *ff* *p* *f*

Cl. in B♭ 1.2 *pp* *f* *ff* *p* *f*

Bsn. 1.2 *pp* *f* *ff* *p* *f*

Hr. in F 1.2 *pp* *f* *ff* *p* *f*

Tpt. in C 1.2 *f* *ff* *p*

Tbn. *f* *ff* *p*

B. Tbn. *f* *ff* *p*

Timp. *pp* *ff* *f* *p* *p* *f*

Vib. *p* *ff* *p* To Sn. Dr.

Tub. Bells *ff* *f*

Pno. *pp* *ff* *ff* *p*

Hp.

Vln I 6 *pp* *ff* *div.* *non div.* *p* *f* *f full bows*

Vln II *pp* *ff* *non div.* *non div.* *p* *f* *f full bows*

Vla. *pp* *ff* *div.* *unis.* *non div.* *p* *f* *f full bows*

Vc. *pp* *ff* *non div.* *non div.* *p* *f* *f full bows*

D. B. *pp* *ff* *non div.* *non div.* *p* *f* *f full bows*

Fl. 1.2 *f* *ff* *fff* *pp*
 Ob. 1.2 *f* *ff* *fff* *pp*
 Cl. in B♭ 1.2 *f* *ff* *fff* *pp*
 Bsn. 1.2 *f* *ff* *fff* *pp*
 Hrn in F 1.2 *f* *ff* *fff* *pp*
 Tpt in C 1.2 *f* *ff* *fff* *pp*
 Tbn. *f* *ff* *fff* *pp*
 B. Tbn. *f* *ff* *fff* *pp*
 Timp. *p* *f* *pp* *f* *pp*
 Sn. Dr. *f* *ff* *fff* *pp*
 Tub. Bells *ff* *ff* *fff* *pp*
 Pno. *ff* *ff* *fff* *f* *pp*
 Hp. *pp*
 Vln I *ff* *p* *fff* *pp*
 Vln II *ff* *ff* *fff* *pp*
 Vla. *ff* *ff* *fff* *pp*
 Vc. *ff* *ff* *fff* *pp*
 D. B. *ff* *ff* *fff* *pp*

rall. B *Maestoso* $\text{♩} = 72$
 To Vib. *Vib.* *fff* *pp*
 To Cel. *Cel. solo* *f* *pp*
 sul C, G *pp*
 sul tasto *pp*
 sul tasto *pp*
 sul tasto *pp*

JS
 Fl. 1.2 *p* *soli* **C**
 Ob. 1.2
 Cl. in B \flat 1.2 *p* *soli*
 Bsn. 1.2 *p* *soli*
JS
 Hn in F 1.2 **C**
 Tpt in C 1.2
 Tbn.
 B. Tbn.
 Timp.
 Vib.
 Tub. Bells
 Cel.
 Hp. *p* *1.v.*
 D \sharp E \sharp F \sharp G \sharp A \sharp B C \sharp
pp dolce
pp dolce
pp dolce
pp *sul tasto*
pp dolce
pp dolce *sul tasto*
pp dolce

36 E string.....

Fl. 1.2

Ob. 1.2

Cl. in B♭ 1.2

Bsn 1
2

Hn in F 1.2 E string.....

Tpt in C 1.2

Tbn.

B. Tbn.

Timp.

Vib.

Sus. Cym.

Pno

Hp

Vln I E string.....

Vln II

Vla

Vc.

D. B.

F *Con moto* $\text{♩} = 90$

46

Fl. 1.2 *mf* *p* *f* *f* *p*

Ob. 1.2 *mf* *p* *p* *f* *f* *p*

Cl. in B♭ 1 2 *p* *f* *f* *p*

Bsn. 1.2 *p* *p* *f* *f* *p*

Hn in F 1 2 *p* *f* *mf* *p*

Tpt in C 1.2 *mf* *p*

Tbn. *mf* *p*

B. Tbn. *mf* *p*

Timp.

Vib. *p* *mf* *p*

Sus. Cym. *f*

Pno. *f*

Hp. *f*

8ba.)

Vln I *p* *f* *p* *p*

Vln II *p* *f* *p* *p*

Vla. *p* *f* *div.* *p*

Vc. *p* *f*

D. B. *p* *ffp* *div.* *ffp*

54

Fl. 1.2 *f* *p* *f* *n2*

Ob. 1.2 *fp* *p* *f*

Cl. in B \flat 1.2 *f* *p* *f*

Bsn. 1.2 *p* *f* *f*

Hn in F 1.2 **G**

Tpt in C 1.2

Tbn.

B. Tbn.

Timp.

Vib. scen do

Sus. Cym.

Pno *solo* *f mockingly*

Hp

Vln I 54 *fp* *p* *f* **G**

Vln II *fp*

Vla *p* *fp*

Vc. *p*

D. B.

Piu Mosso $\text{♩} = 100$

60 ^{a2}

Fl. 1.2 *ff* *fff* *ff*

Ob. 1.2 *ff* *fff* *ff*

Cl. in B♭ 1.2 *f* *ff* *fff* *ff*

Bsn. 1.2 ^{a2} *ff* *fff* *ff* *ff*

Hn in F 1.2 **H** Piu Mosso $\text{♩} = 100$
p *f* *p* *f* *p* *f*

Tpt in C 1.2 *p* *f*

Tbn. *f*

B. Tbn. *f*

Timp. *p* *f* *p sub.*

Vib. To Sn. Dr.

Sus. Cym.

Pno. *p* *ff*

Hp. *f*
8va

Vln I **H** Piu Mosso $\text{♩} = 100$ *ff*

Vln II *ff*

Vla. *ff*

Vc. *ff* *fp*

D. B. *fp*

66

Fl. 1.2 *pp* *pp* **I**

Ob. 1.2 *ff* *p*

Cl. in B♭ 1.2 *ff* *p* *pp*

Bsn. 1.2 *p* *pp* solo *mf*

Hr. in F 1.2 *pp* *p* *mf* *pp* **I**

Tpt. in C 1.2 *p* *mf* *pp*

Tbn. *pp* *p* *mf* *pp*

B. Tbn. *pp* *p* *mf* *pp*

Timp. 3 3 3 3 3 3

Sn. Dr.

Sus. Cym.

Pno. *p* *Sba.*

Hp. *f* *Sba.*

Vln I *ord.* *p non vibr.* **I**

Vln II *sul tasto* *pp*

Vla. *ord.* *p non vibr.*

Vc. *fp* *p non vibr.*

D. B. *fp*

84

Fl. 1.2 *a2*
p *ff* *f* *p* *rall.*

Ob. 1.2 *a2*
p *ff* *f* *p* *rall.*

Cl. in B \flat 1.2 *a2*
p *ff* *f* *p* *rall.*

Bsn. 1.2 *a2*
p *ff* *f* *p* *rall.*

Hn in F 1.2 *a2*
p *ff* *rall.*

Tpt in C 1.2 *a2*
p *ff* *rall.*

Tbn. *a2*
p *ff* *rall.*

B. Tbn. *a2*
p *ff* *rall.*

Timp. *f* *rall.*

Sn. Dr. *f* *p* *rall.*

Sus. Cym. *p* *f* *p* *rall.*

Pno. *ff* *rall.*

Hp.

Vln I *a2*
ff *p* *ff* *p* *rall.*

Vln II *a2*
ff *p* *ff* *p* *rall.*

Vla. *a2*
ff *p* *ff* *p* *rall.*

Vc. *a2*
ff *p* *ff* *p* *rall.*

D. B. *fpp* *ff* *p* *rall.*

L Vivace $\text{♩} = 152$

90 *ff* *a2*

Fl. 1.2

Ob. 1.2 *ff*

Cl. in B♭ 1.2 *ff*

Bsn. 1.2 *ff* *a2*

L Vivace $\text{♩} = 152$

90 *f* *a2* *con sord.*

Hn in F 1.2

Tpt in C 1.2 *f* *con sord.*

Tbn. *f* *con sord.*

B. Tbn. *f* *con sord.*

Timp. *mf* *secco* *ord. 3* *f*

Sn. Dr. *ff*

Sus. Cym. *f* *1.v.*

Pno

Hp

L Vivace $\text{♩} = 152$

90 *ff pesante* *off the string*

Vln I

Vln II *ff pesante* *off the string*

Vla. *ff pesante* *unis. off the string*

Vc. *ff pesante* *unis. off the string*

D. B. *f* *ff* *off the string*

97

Fl. 1.2 *ff* *fff* *ff* *p* *ff*

Ob. 1.2 *ff* *fff* *ff* *p* *ff*

Cl. in B \flat 1.2 *ff* *fff* *ff* *p* *ff*

Bsn. 1.2 *f* *ff* *ff* *ff* *p* *ff*

Hn in F 1.2 *f* *ff* *ff* *p* *ff*

Tpt in C 1.2 *f*

Tbn. *f*

B. Tbn. *f*

Timp. *secco* *mf*

Sn. Dr. *p* *f* *p sub.* *f* *pp* To Toms

Sus. Cym. *f* *pp* To Anvil

Pno. *f*

Hp.

Vln I *ff* *p*

Vln II *ff* *p*

Vla. *ff* *p* *pizz.* *ff*

Vc. *ff* *p* *pizz.* *ff*

D. B. *f*

M

104

Fl. 1.2

Ob. 1.2

Cl. in B \flat 1.2

Bsn. 1.2

Hr. in F 1.2

Tpt. in C 1.2

Tbn.

B. Tbn.

Timp.

Toms.

Anvil

Pno.

Hp.

Vln I

Vln II

Vla.

Vc.

D. B.

N

pp

f

ff

ff

f

p

mp

f

ord.

pp

p

ff

f

8va

pp

f

pizz.

f

pp

p

pp

cre seen do .

cre seen do .

112

Fl. 1.2 *ff* *ff* *energico*

Ob. 1.2 *ff* *ff* *energico*

Cl. in B♭ 1.2 *f* *ff* *ff* *energico*

Bsn. 1.2 *ff* *ff* *ff* *energico*

Hr. in F 1.2 *ff*

Tpt. in C 1.2 *f*

Tbn. *pp* *p* *pp* *f*

B. Tbn. *f*

Timp. *pp* *f* *pp*

Toms

Anvil

Pno

Hp

Vln I *poco* *a* *poco* *ffp* *ff* *ff* *energico*

Vln II *poco* *a* *poco* *ffp* *ff* *ff* *energico*

Vla. *f* *ffp* *ff* *ff*

Vc. *f* *ffp* *ff* *ff* *energico*

D. B. *ff* *energico*

129

Fl. 1.2 *f* *ff* *ff*

Ob. 1.2 *ff* *ff* *ff*

Cl. in B♭ 1.2 *f* *ff* *ff*

Bsn. 1.2 *ff* *ff* *ff*

Hr. in F 1.2 *f* *p sub.* *f*

Tpt. in C 1.2 *f* *p sub.* *f*

Tbn. *fp* *f*

B. Tbn.

Timp.

Toms

Anvil

Pno *ff*

Hp

Vln I *ff*

Vln II *ff*

Vla *ff*

Vcl. *ff*

D. B.

143 **S** Fl. 1. 2 *ff* **T**
 Ob. 1. 2 *ff*
 Cl. in B \flat 1. 2 *ff*
 Bsn. 1. 2 *ff*
143 **S** Hn in F 1. 2 *ff* **T**
 Tpt in C 1. 2 *ff*
 Tbn. *ff*
 B. Tbn. *ff*
 Timp. *f* \rightarrow *p* *f*
 Toms To Vib.
 Anvil *f* To Tub. Bells
 Pno
 Hp
143 **S** Vln I *ff* **T**
 Vln II *ff*
 Vla *ff*
 Vc. unis. *ff*
 D. B. *ff*

150

Fl. 1
2

Ob. 1, 2

Cl. in B \flat 1, 2

Bsn. 1, 2

Hn in F 1, 2

Tpt in C 1, 2

Tbn.

B. Tbn.

Timp.

Vib.

Tub. Bells

Pno

Hp

Vln I

Vln II

Vla

Vc.

D. B.

rall......

U **Maestoso** ♩ = 72

Fl. 1.2

Ob. 1.2

Cl. in B♭ 1.2

Bsn. 1.2

Hr. in F 1.2

Tpt. in C 1.2

Tbn.

B. Tbn.

Timp.

Vib.

Tub. Bells

Pno

Hp

rall......

U **Maestoso** ♩ = 72

Vln I

Vln II

Vla

Vc.

D. B.

ff *Con Ped.* *1.v.* *3* *gea* *ppp* *p dolce* *mp* *p* *con sord.* *p dolce* *con sord.* *p dolce* *con sord.* *p dolce* *con sord.* *ppp* *p dolce*

170 **V**

Fl. 1.2 *p* *mf* *p*

Ob. 1.2 *p* *mf* *p*

Cl. in B♭ 1.2 *p* *mf* *p*

Bsn. 1.2 *mp* *p* *mf* *p*

Hr. in F 1 2

Tpt. in C 1 2

Tbn.

B. Tbn.

Timp.

Vib. *p* *Con Ped.* *p*

Tub. Bells *p* *p*

Pno

Hp *B♭* F# G# A# C# D# E#

170 **V**

Vln I *mp* *p* *mf*

Vln II *mp* *p* *mf*

Vla *mp* *p* *mf*

Vc. *mp* *p* *mf*

D. B. *mp* *p* *mf*

179 W

Fl. 1.2 *mf* *pp*

Ob. 1.2 *mf* *pp*

Cl. in B♭ 1.2 *mf* *pp*

Bsn. 1.2 *mf* *pp* ^{a 2}

Hn in F 1 2 W

Tpt in C 1 2

Tbn. solo *p dolce*

B. Tbn.

Timp.

Vib. *p* 1.v. 3

Tub. Bells *p* 1.v.

Pno

Hp

Vln I *p* *mf* *p* W

Vln II *p* *mf* *p*

Vla. *p* *mf* *p*

Vc. *p* *mf* *p*

D. B. *p* *mf* *p*

188

Fl. 1.2 *p* *a2* *pp*

Ob. 1.2 *pp*

Cl. in B \flat 1.2 *pp* *a2*

Bsn 1.2 *pp*

Hn in F 1.2 *pp*

Tpt in C 1.2 *pp*

Tbn. *pp*

B. Tbn. *pp*

Timp. *ppp* *l.v.*

Vib. *pp* *soft mallets* *l.v.*

Tub. Bells *pp*

Pno *pp* *Con Ped.*

Hp *pp* A \flat B \flat C \flat D \flat E \flat F \flat G \flat

Vln I *pp* *mf* *p*

Vln II *pp* *mf* *p*

Vla *pp* *mf* *p*

Vcl. *pp* *mf* *p*

D. B. *p* *mf* *p* *pp* *pp*

References/Bibliography

1. THE G. SCHIRMER/AMP MANUAL OF STYLE AND USAGE. THIRD EDITION.