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Authors

Laubenstein, M Lehnert, B Nagorny, SS <u>et al.</u>

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Search for rare alpha and double beta decays of Yb isotopes to excited levels of daughter nuclei

M. Laubenstein^{1,a}, B. Lehnert^{2,b}, S. S. Nagorny^{3,5,c}, S. Schönert^{4,d}

¹ INFN-Laboratori Nazionali del Gran Sasso, 67100 Assergi, AQ, Italy

² Nuclear Science Division, Lawrence Berkeley National Laboratory, Berkeley, CA 94720, USA

³ Department of Physics, Engineering Physics and Astronomy, Kingston, ON K7L 3N6, Canada

⁴ Physik Department, Technische Universität München, Munich, Germany

⁵ Arthur B. McDonald Canadian Astroparticle Physics Research Institute, Department of Physics, Engineering Physics and Astronomy, Queen's University, Kingston ON K7L 3N6, Canada

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Abstract A search for alpha and double beta decays of ytterbium isotopes was performed with an ultra lowbackground high purity germanium detector at Gran Sasso Underground Laboratory (Italy). A 194.7 g Yb₂(C₂O₄)₃ powder sample was measured for 11.3 days with a total Yb exposure of 1.25 kg×day. Half-life limits for α -decay modes of ¹⁶⁸Yb, ¹⁷⁰Yb, ¹⁷¹Yb, ¹⁷²Yb, ¹⁷³Yb, ¹⁷⁴Yb and ¹⁷⁶Yb into the first excited states have been obtained between 6×10^{14} years and 2×10^{16} years. These are the first experimental constraints of these decay modes. Double electron capture of ¹⁶⁸Yb and 0⁺ states could be excluded with limits between 1×10^{14} years to 8×10^{16} years. This improves the experimental information on some of the decay modes compared to previous constraints.

1 Introduction

The study of rare nuclear decays is an active field of research with steady improvements utilizing more and more sensitive detectors. Experimental information on rare decays helps understanding nuclear structure, has applications in a variety of fields as nuclear chronometers and is relevant as longlived backgrounds in other rare events searches. In the case of neutrinoless double beta decay it can even shed light on fundamental concepts beyond the Standard Model of particle physics. Those searches are often targeted to one particular purpose; however, in this work we pursued a more generic approach, investigating many different rare alpha and double beta decays in ytterbium isotopes.

Typically, two fundamentally different detection approaches are used. One where the target isotope is embedded in the detector material ("source = detector") and one where the target isotope is external to the detector ("source \neq detector"). Recent examples for the first method are searches for ¹⁸⁰W α -decay with the isotopes embedded in scintillating crystals: ¹¹⁶CdWO₄ [1,2], CaWO₄ [3,4], and ZnWO₄ [5]. Limits for α -decays in lead isotopes were set with PbWO₄ detectors [6] and α -decays in ¹⁵¹Eu were investigated with CaF₂(Eu) crystals [7]. A particularly famous example is ²⁰⁹Bi which was long thought to be the heaviest stable isotope. In 2003, the α -decay of ²⁰⁹Bi was discovered with a half-life of 1.9×10^{19} years [8], the longest α -decay half-life ever measured. This removed bismuth from the list of elements with at least one stable isotope. In 2011 also the ²⁰⁹Bi α -decay transition to the first excited state was observed [9]. Both experiments were performed with scintillating bolometers based on Bi₄Ge₃O₁₂ (BGO) detectors. A major advantage of the "source=detector" approach is almost 100% detection efficiency as well being able to detect alpha's and beta's directly inside bulky large-mass target. The disadvantage is the limitation to certain target elements / isotopes which are suitable for detector manufacturing.

In contrast, the "source \neq detector" approach allows to measure virtually all isotopes of interest with well established and high performing detector systems e.g. ionisation chambers or high purity germanium (HPGe) detectors. Ionization chambers for alpha-spectroscopy allow the direct measurement of alpha particles [10] with recent examples of half-life measurements in ¹⁴⁷Sm [11] and ¹⁹⁰Pt [12]. Precision half-life measurements in the 10¹¹ years range are

^a e-mail: matthias.laubenstein@lngs.infn.it

^be-mail: bjoernlehnert@lbl.gov (corresponding author)

^c e-mail: sn65@queensu.ca (corresponding author)

^d e-mail: schoenert@ph.tum.de

achieved but ultimately the sensitivity is limited since the sample thickness cannot be larger than a few microns. With HPGe γ -ray-spectroscopy the detection is limited to decay modes containing γ -rays in the final state. Recent examples for searches of α -decays to excited levels of the daughter nucleus with HPGe γ -ray spectroscopy are in dysprosium (using a Dy₂O₃ powder sample [13]), in europium (Eu₂O₃ powder [14]), in platinum (Pt metal [15]) and in osmium (Os metal [16]) isotopes. The best achieved sensitivities are on the level of $T_{1/2} > 10^{18-20}$ years using low-background HPGe detectors in underground laboratories, optimizing the sample-detector geometry and using purified samples. For a recent review see [17].

In this work we extend the experimental information on rare α -decays in Yb isotopes using an ultra low-background HPGe detector setup in the "source \neq detector" configuration. Ytterbium contains 7 quasi-stable isotopes (¹⁶⁸Yb, ¹⁷⁰Yb, ¹⁷¹Yb, ¹⁷²Yb, ¹⁷³Yb, ¹⁷⁴Yb and ¹⁷⁶Yb) which can undergo α -decay.

In addition, ¹⁷⁶Yb can undergo double beta decay. The two-neutrino mode $(2\nu\beta\beta)$ is a second order standard model process with half-lives in the range of 10^{18-21} years. It has been observed in 11 isotopes using the "source=detector" approach. Decays into excited states of the daughter isotope have been observed in ¹⁵⁰Nd and ¹⁰⁰Mo [18] using the "source \neq detector" approach and HPGe detectors. The neutrinoless mode $(0\nu\beta\beta)$ is subject of intensive research with experiments reaching the tonne-scale in target mass. It has not been observed and would imply lepton number violation, the Majorana nature of neutrinos and help constraining the absolute neutrino mass scale [19].

The opposite processes of double electron capture $(2\nu\epsilon\epsilon)$ and $0\nu\epsilon\epsilon$) can occur in ¹⁶⁸Yb. The first compelling evidence of $2\nu\epsilon\epsilon$ has recently been observed in ¹²⁴Xe with a halflife of 1.8×10^{22} years [20] making it the slowest nuclear decay ever observed. Special cases are $0\nu\epsilon\epsilon$ modes which nominally have no final state particles other than two xrays from the two captured electrons. The remaining energy can be released by a Bremsstrahlung photon, carrying the remaining decay energy [21]. Other allowed processes are two Bremsstrahlung photons or an $e^{-}e^{+}$ pair in case of sufficiently available energy. However, the latter processes have more complex experimental signatures and are also suppressed by additional vertices. Hence this work focuses on the decay with one Bremsstrahlung photon. The two captures can occur from different electron shells with binding energies $E_{\epsilon 1}$ and $E_{\epsilon 2}$, removing energy from the Bremsstrahlung photon E_{γ} . The available energy is $E_{\gamma} = Q - E_{\text{level}} - E_{\epsilon 1} - E_{\epsilon 2}$ with respect to the Q-value and the energy of the nuclear final state E_{level} . K-shell and L-shell binding energies are about 57.5 keV and 9.7 keV, respectively in erbium [22]. Variations inside the shells are largely within the experimental energy resolution and are neglected. KK-shell captures are most likely, taking a total of 115.0 keV in binding energy. However, KK-shell captures are not allowed for decays into 0^+ states of the daughter nucleus [21] making KL-shell captures with 67.2 keV binding energy the most likely ones for these cases. Only the most likely capture combinations are considered in this work. For a recent review on neutrinoless double electron capture see [23].

All investigated Yb isotopes and decay modes are listed in Table 1. The natural abundances of the isotopes, the decay daughters, the Q-values, and the investigated excited levels are listed. Decay schemes for all investigated Yb isotopes and transitions are shown in Figs. 1 and 2.

All decay modes require a γ -ray emissions as experimental signature to be detected in the "source \neq detector" approach. For α -decays, the half-life scales with the available energy by log $T_{1/2} \propto E^{-1/2}$ according to the Geiger–Nuttall law [24]. We thus limit the search to the lowest excited states for α -decays which are in the range of 60 to 100 keV for all Yb isotopes. For the $\beta\beta$ and $\epsilon\epsilon$ modes the half-life scales with the available energy by $T_{1/2} \propto E^{-11}$ and $T_{1/2} \propto E^{-5}$ for the 2ν and 0ν modes, respectively. Since all double beta decay isotopes have a 0^+ ground state, the most likely transitions are to a 0^+ states of the daughter. Spin suppression occurs for larger angular momentum transfers. Hence, we limit the search for double beta decays to the first excited 0^+ state and all lower lying 2^+ states.

Calculated half-life estimates for the α -decays are based on the cluster models [25,26], phenomenological fission theory of α -decay [27] and semi-classical WKB approximation [28]. Experimental limits on α -decays to the ground state exist only from a broad search in the 1950s [29] with an experimental half-life sensitivity of 10¹⁷ years assuming 100% isotopic abundance.¹ This work gives the first constraints on α -decays into excited states for all Yb isotopes.

Predictions for double beta decay half-lives are more difficult, requiring a nuclear matrix element obtained in a specific nuclear model framework. Predictions for excited state transitions are less frequently found in literature compared to ground state transitions. The only data is available for the ¹⁶⁸Yb $2v\epsilon\epsilon 0_1^+$ transition at 5.4×10^{33} years (corresponding ground state transition at 2.0×10^{23} years) [30]. For ¹⁷⁶Yb, ground state transitions are predicted in [31] (2*v*: 1.3×10^{26} years) and in [32] (2*v*: 2.8×10^{23} years, 0*v* at $m_{\beta\beta} = 1$ eV: 6.4×10^{25} years). Previous limits on double beta decay modes in ¹⁶⁸Yb and ¹⁷⁶Yb were established in [33], and are listed in the last column of Table 1.

¹ This generic experimental sensitivity has to be multiplied with the isotopic abundance of the isotope.

Table 1 Isotopes and decay modes investigated in this work. Shown is the Yb isotope, the natural isotopic abundance, the daughter isotope, the decay mode, the level state and energy, the Q-value, the theoretical half-life as discussed in the text and previous experimental constraints.

Nuclear data were taken from [39]. (*) Note that half-lives in [33] are given for $2\nu\beta\beta$ and $0\nu\beta\beta$ modes separately. We consider the experimental signature to be identical for both modes since the β 's will not contribute to the detector signal

Isotope	Abundance [%]	Daughter	Q-value [keV]	Mode	J^{π} Level [keV	T] $T_{1/2}^{\text{th}}$ [years]	$T_{1/2}^{exp}$ previous [years]
¹⁶⁸ Yb	0.123(3)	¹⁶⁴ Er	1936.1(1.2)	α	2^+_1 91.4	4.4×10^{24} - 1.1×10^{27}	-
		¹⁶⁸ Er	1409.3(1.7)	$2\nu\epsilon\epsilon$	2^+_1 79.8	_	$> 2.3 \times 10^{15}$ [33]
				$2\nu\epsilon\epsilon$	2^+_2 821.2	-	$> 4.4 \times 10^{17}$ [33]
				$2\nu\epsilon\epsilon$	0_1^+ 1217.2	5.4×10^{33} [30]	$> 1.5 \times 10^{18}$ [33]
				$0\nu KL$	$0_{gs}^{+} 0$	-	> 6.9 × 10 ¹⁷ [33]
				0vKK	2^+_1 79.8	_	$> 4.4 \times 10^{14}$ [33]
				0vKK	$2^+_2 821.2$	_	$> 3.9 \times 10^{17}$ [33]
				0vKL	0_1^+ 1217.2	_	$> 1.5 \times 10^{18}$ [33]
¹⁷⁰ Yb	2.982(39)	¹⁶⁶ Er	1737.2(1.2)	α	$2^+_1 80.6$	$5.1 imes 10^{31}$ - $2.1 imes 10^{34}$	_
¹⁷¹ Yb	14.09(14)	¹⁶⁷ Er	1559.5(1.2)	α	$9/2^+_1$ 79.3	2.5×10^{38} - 5.5×10^{39}	-
¹⁷² Yb	21.68(13)	¹⁶⁸ Er	1310.8(1.2)	α	2^+_1 79.8		_
¹⁷³ Yb	16.103(63)	¹⁶⁹ Er	947.0(1.2)	α	$3/2^+_1$ 64.6		_
¹⁷⁴ Yb	32.026(80)	¹⁷⁰ Er	739.3(1.3)	α	2^+_1 78.6		-
¹⁷⁶ Yb	12.996(83)	¹⁷² Er	567(4)	α	2^+_1 77.0	7.2×10^{95} - 1.1×10^{100}	_
		¹⁷⁶ Hf	1085.0(1.5)	$2(0)\nu\beta\beta$	2 ⁺ ₁ 88.3	_	$> 4.5 \times 10^{16}$ [33] (*)
0+		1/2-		0+		5/2-	0+
¹⁷⁰ Yb	I	¹⁷¹ Yb		¹⁷² Yb I		¹⁷³ Yb I	¹⁷⁴ Yb I
	α - decay Q = 1737.2 keV		α - decay Q = 1559.5 keV		- decay = 1310.8 keV	α - decay Q = 947.0 keV	Ι α - decay Q = 739.3 keV
2+	↓	9/2+	,	2+ ↓		3/2⁺ ↓	2+ ↓
γı	(80.6 keV)	γ (79.	3 keV)	γ (79.8 ke	eV)	γ (64.6 keV)	γ (78.6 keV)
0+	• • • • • • • • • • • • • • • • • • •	7/2+	0+	ļ		//2+	0+
¹⁶⁶ Er		¹⁶⁷ Er		¹⁶⁸ Er		¹⁶⁹ Er	¹⁷⁰ Er

Fig. 1 Decay schemes of Yb isotopes with α -decay modes as investigated in this work. Data taken from [39]

2 Experimental setup and sample

The experimental setup used for this work is the γ -spectrometry HPGe detector "GeMPI" [34,35], one of the world's most sensitive low-background detectors. It is located underground in the Gran Sasso National Laboratories of the I.N.F.N. (Italy) which provides an average shielding of 3600 m w.e. overburden against cosmic muons. The coaxial p-type germanium detector has 405 cm³ active volume and 2.15 kg mass. The energy resolution of the spectrometer is 2.0 keV at the 1332 keV ⁶⁰Co γ -line. The detector is shielded by 20 cm of low-radioactivity lead with < 133 Bq/kg in the outer layer, 32 Bq/kg in a central layer and < 5 Bq/kg in the inner layer. Inside the lead shield is a 5 cm copper layer. In order to remove radon, the setup is continuously flushed with nitrogen which stems from the gas phase of a liquid nitrogen

storage tank. Interlocks for sample insertion and Rn daughter suppression are all enclosed in an air tight aluminum and steel housing (1 mm thick) with butyl rubber gloves (0.8 mm). The detector has a big sample chamber of $250 \times 250 \times 220$ mm.

Various samples containing ytterbium have been investigated for suitability in the rare decay search: Yb₂O₃ powder (0.198 kg), Yb(NO₃)₃ solution (0.882 kg in 3 liter of weak nitric acid), and Yb₂(C₂O₄)₃ powder (0.195 kg). The latter sample was selected for having the lowest internal background of radioisotopes. This is shown in Table 2. The specific activities were determined via γ -ray spectroscopy in the same dataset that was later used for the main search. The detection efficiencies were obtained using Monte-Carlo simulation in the MaGe framework [36] based on the GEANT4. Limits are set with the Feldman Cousins method [37].

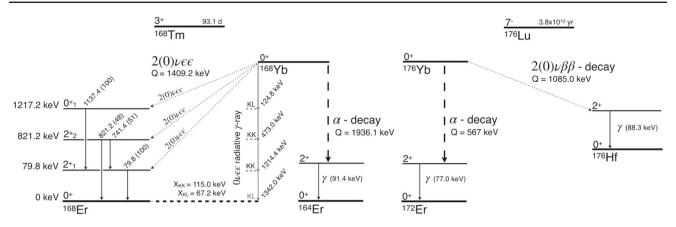


Fig. 2 Decay schemes of Yb isotopes with double beta decay and α -decay modes as investigated in this work. ¹⁶⁸ Yb has multiple $\epsilon\epsilon$ decay modes: $2\nu\epsilon\epsilon$ is only detectable if the decay goes to one of the excited states. $0\nu\epsilon\epsilon$ could also occur radiatively, adding a Bremsstrahlung γ -ray to the final state. The γ -ray energy depends on the atomic shells of

No evidence for background from the natural decay chains ²³⁵U, ²³⁸U, and ²³²Th are observed in the sample. Upper limits are set on the mBq/kg level. Other common radionuclides, such as ⁴⁰K from natural radioactivity or ¹³⁷Cs from artificial origins, are also not observed. However, a significant activity of ¹⁶⁹Yb, ¹⁷⁵Yb, and ¹⁷⁶Lu was measured. Shortlived ¹⁶⁹Yb (32.0 days) and ¹⁷⁵Yb (4.2 days) isotopes are produced by cosmic rays via neutron spallation and through thermal neutron capture on ytterbium isotopes present in its natural abundance. The relatively high observed activities of 22 and 150 mBq/kg for ¹⁶⁹Yb and ¹⁷⁵Yb, respectively, are due to sample storage above ground, followed by the underground measurement shortly afterwards. The presence of ¹⁷⁶Lu (2.6% natural abundance in lutetium, $T_{1/2} = 3.76 \times 10^{10}$ years) is expected due to similar chemical properties of lutetium and ytterbium which leads to difficulties in chemical separation.

ICP-MS measurements for complementary background estimates were not possible for this sample. The isotopic abundances of Yb isotopes are taken as the natural abundance from literature [39].

For the measurement, 194.7 g of $Yb_2(C_2O_4)_3$ powder was contained in a plastic container and placed directly on the endcap of the ultra low-background HPGe detector. Data was taken for 11.3 days. The full spectrum is shown in Fig. 3 on the left and a zoom into the low energy region is shown on the right. Prominent peaks and the regions of interests are labeled.

two electron captures, sharing the available energy with a combination of X_{KK} or X_{KL} . Angular momentum conservation does not allow the KK capture combination for decays into 0⁺ states. Data taken from [39]

Table 2 Radioactive contamination of the 194.7 g Yb₂(C₂O₄)₃ powder sample obtained from the same data as described for the main search. The upper limits are given at 90% C.L., and the uncertainties of the measured activities at 68% C.L

²³⁸ U ²²⁶ Ra ^{234m} Pa ²³⁵ U ²³⁵ U	< 5.0 < 140 < 4.0 < 4.0
	< 4.0
²³⁵ U ²³⁵ U	
	< 4.0
²³² Th ²²⁸ Ra	< T.U
²²⁸ Th	< 5.0
- ⁴⁰ K	< 17
- ⁶⁰ Co	< 2
- ¹³⁷ Cs	< 2
- ¹⁶⁹ Yb	22 ± 5
- ¹⁷⁵ Yb	150 ± 36
- ¹⁷⁶ Lu	15 ± 2

3 Analysis

The analysis is a peak search for the de-excitation γ -rays from each decay mode independently. The peak fits are performed in a Bayesian framework using the Bayesian Analysis Toolkit (BAT) [40]. The likelihood \mathcal{L} is defined as the product of the Poisson probabilities over each bin *i* for observing n_i events while expecting λ_i events. λ_i is the sum of the signal S_i and background B_i expectation:

$$\mathcal{L}(\mathbf{p}|\mathbf{n}) = \prod_{i} \frac{\lambda_{i}(\mathbf{p})^{n_{i}}}{n_{i}!} e^{-\lambda_{i}(\mathbf{p})}, \quad \lambda_{i}(\mathbf{p}) = S_{i} + B_{i} .$$
(1)

Here \mathbf{n} denotes the data and \mathbf{p} the set of floating parameters.

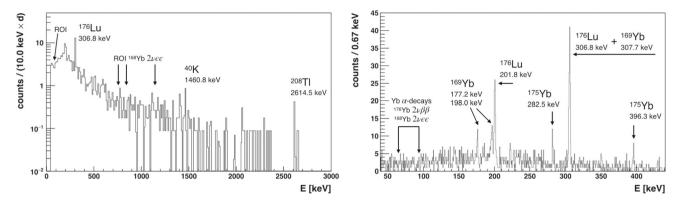


Fig. 3 Measured HPGe spectrum of the 194.7 g $Yb_2(C_2O_4)_3$ powder sample obtained in 11.3 days. Left: full spectrum normalized to counts per day. Right: zoom in to the low energy region in original DAQ binning. Prominent background peaks and regions of interest are highlighted

 S_i is the integral of the Gaussian peak shape in bin *i* given the total signal peak counts *s*

$$S_i = \int_{\Delta E_i} \frac{s}{\sqrt{2\pi\sigma_E}} \cdot \exp\left(-\frac{(E-E_0)^2}{2\sigma_E^2}\right) dE,$$
 (2)

where ΔE_i is the bin width, σ_E the energy resolution, and E_0 the γ -line energy as the mean of the Gaussian. B_i is the background expectation

$$B_{i} = \int_{\Delta E_{i}} b + c \left(E - E_{0}\right) + \sum_{l} \left[\frac{b_{l}}{\sqrt{2\pi}\sigma_{l}} \cdot \exp\left(-\frac{\left(E - E_{l}\right)^{2}}{2\sigma_{l}^{2}}\right)\right] dE$$
(3)

which is implemented as a linear function (parameters b and c) and l Gaussian background peaks in the fit window, depending on the decay mode.

The signal counts are connected with the half-life $T_{1/2}$ of the decay mode as

$$s = \ln 2 \cdot \frac{1}{T_{1/2}} \cdot \epsilon \cdot N_A \cdot T \cdot m \cdot f \cdot \frac{1}{M},\tag{4}$$

where ϵ is the full energy peak detection efficiency, N_A is Avogadro's constant, T is the live-time (11.3 days), m is the mass of Yb in the sample (110.4 g), f is the isotopic fraction of the respective Yb isotope, and M is the molar mass of natural Yb (173.05).

A prior probability is assigned to each free parameter. The prior distribution for the inverse half-life $(T_{1/2})^{-1}$ and the linear background parameters is flat. For energy resolution, peak position and detection efficiencies, the priors are Gaussian distributions centered around the mean values of these parameters and a width of the parameter uncertainty. This naturally includes the systematic uncertainty into the fit result.

The uncertainty of the peak positions are set to 0.1 keV. The energy scale and resolution is obtained from standard calibration spectra with an estimated uncertainty of 5%. The full energy peak detection efficiencies are determined with Monte-Carlo simulations in the MaGe framework [36], based on Geant4. The decays were generated independently for each decay mode using Decay0 [38]. The number of simulated decays was chosen so that the statistical uncertainty in the simulation is subdominant to the estimated systematic uncertainty. A total of 10% uncertainty is estimated for the detection efficiencies and used as prior input. Systematic uncertainties on the measured sample mass and the isotopic fraction in the sample are small with respect to the uncertainty of the detection efficiency and are neglected.

Background γ -lines above 1% emission probability from the ²³⁸U and ²³²Th decay chains are included in the fit windows. Also included are γ -lines from the ¹⁷⁶Lu and ¹⁶⁹Yb isotopes in the target powder where applicable. For these searches this affects only the low energy region through 63.1 keV (4.3%, ¹⁶⁹Yb), 63.2 keV (3.6%, ¹⁷⁶Lu), 63.3 keV (2.7%, ²³⁴Th), 64.9 keV (1.2%, ¹⁷⁶Lu), 84.4 keV (1.2%, ²²⁸Th), 88.3 keV (14.5%,¹⁷⁶Lu), 92.4 keV (2.1%, ²³⁴Th), 92.8 keV (2.1%, ²³⁴Th), 93.6 keV (2.6%, ¹⁶⁹Yb), 99.5 keV (1.3%, ²²⁸Ac), and 129.1 keV (2.4%, ²²⁸Ac) γ -rays, with emission probability and isotope in parenthesis. The 88.3 keV γ -line from ¹⁷⁶Lu originates from the same final state in ¹⁷⁶Hf as the ¹⁷⁶Yb $2\nu\beta\beta$ 2⁺₁ transition, making this decay mode signal indistinguishable from background. Hence, no discovery is possible in this case. Nevertheless, peak counts and thus a half-life can be constrained with a limit. Similarly, for the ¹⁷³Yb α -decay, the 64.6 keV signal γ -line is too close to background γ -lines to be resolved. Also here only a half-life exclusion below a certain value is possible.

The posterior probability distribution is calculated from the likelihood and prior probabilities with BAT. It is then marginalized for $(T_{1/2})^{-1}$. The best fit values for all decay modes is consistent with zero signal counts and the 0.9 quantile of the distribution is used to set 90% credibility limits.

The results are shown for all investigated decay modes in Table 3. Also shown are the γ -line energies, the full energy

Table 3 Lower half-life limits on investigated decay modes of Yb isotopes. Column 3–5 show the γ -lines used in the fit together with theirbthe detection efficiency and resolution. In case of multiple γ -lines, a com-T

bined fit is used for the limit setting. (*) No discovery is possible for these decay modes in this search due to overlapping background γ -lines. The given limits are valid nevertheless

Nuclide (decay)	Daughter (level) $(J^{\pi} \text{ keV})$	γ -lines energies [keV]	ϵ [%]	$\sigma_{\rm res}$ [keV]	T _{1/2} (90% C.I.) [years]
¹⁶⁸ Yb (α)	164 Er (2 ⁺ ₁ 91.4)	91.4	0.026	0.80	$> 6.3 \times 10^{14}$
170 Yb (α)	166 Er (2 ⁺ ₁ 80.6)	80.6	0.0060	0.80	$> 2.2 \times 10^{15}$
171 Yb (α)	167 Er (9/2 ⁺ ₁ 79.3)	79.3	0.0058	0.79	$> 1.1 \times 10^{16}$
172 Yb (α)	168 Er (2 ⁺ ₁ 79.8)	79.8	0.0059	0.80	$> 1.8 \times 10^{16}$
173 Yb (α)	169 Er (3/2 ⁻ ₁ 64.6)	64.6	0.0002	0.79	$> 7.8 \times 10^{14}$ (*)
174 Yb (α)	170 Er (2 ⁺ ₁ 78.6)	78.6	0.0043	0.79	$> 1.8 \times 10^{16}$
176 Yb (α)	172 Er (2 ⁺ ₁ 77.0)	77.0	0.0033	0.79	$> 4.0 \times 10^{15}$
¹⁶⁸ Yb ($2\nu\epsilon\epsilon$)	168 Er (2 ⁺ ₁ 79.8)	79.8	0.0057	0.80	$> 1.0 \times 10^{14}$
¹⁶⁸ Yb ($2\nu\epsilon\epsilon$)	168 Er (2 ⁺ ₂ 821.2)	741.4	1.12	0.95	$> 2.4 \times 10^{16}$
		821.2	1.01	0.97	
¹⁶⁸ Yb ($2\nu\epsilon\epsilon$)	168 Er (0 ⁺ ₁ 1217.2)	1137.4	1.81	1.03	$> 7.8 \times 10^{16}$
¹⁶⁸ Yb (0vKL)	168 Er (0 ⁺ _{gs} 0)	1342.0	1.66	1.06	$> 4.7 \times 10^{16}$
¹⁶⁸ Yb (0vKK)	168 Er (2 ⁺ ₁ 79.8)	79.8	0.0042	0.80	$> 5.4 \times 10^{16}$
	-	1214.4	1.76	1.04	
¹⁶⁸ Yb (0vKK)	168 Er (2 ⁺ ₂ 821.2)	741.4	0.99	0.95	$> 3.0 \times 10^{16}$
		821.2	0.87	0.97	
		473.0	2.86	0.90	
¹⁶⁸ Yb (0vKL)	168 Er (0 ⁺ ₁ 1217.2)	1137.4	1.81	1.03	$> 7.1 \times 10^{16}$
		124.8	0.78	0.81	
176 Yb ($2\nu\beta\beta$)	176 Hf (2 ⁺ ₁ 88.3)	88.3	0.015	0.80	$> 4.7 \times 10^{16}$ (*)

peak detection efficiency and the resolution for the γ -lines used in the analyses. For the ¹⁶⁸Yb $2\nu\epsilon\epsilon$ 0⁺₁, 0ν KK 2⁺₁, 0ν KK 2⁺₂, and 0ν KL 0⁺₁ decay modes, multiple γ -lines are used, each having its own fit window, likelihood, and free parameters but sharing the same half-life parameter in Eq. 4.

The half-life limits are strongly dependent on the isotopic abundance and the detection efficiency. For α -decays into excited states, the lower limits range from 6×10^{14} years to 2×10^{16} years. For double beta decay modes, half-lives up to 8×10^{16} years could be excluded.

4 Discussion and conclusion

A general search for rare nuclear decays was performed in ytterbium isotopes using an ultra low-background HPGe γ spectroscopy setup and a 194.7 g Yb₂(C₂O₄)₃ powder sample. The search included α -decays, double beta decays and double electron captures into excited states of the daughter isotopes. No signal was found and 90% credibility limits were set using a Bayesian analysis. These results are the first constraints on the α -decay modes. Existing constraints on double beta decay and double electron capture mode could be confirmed and partially improved. The achieved sensitivity, however, is still far away from theoretical predictions (Table 1).

General improvements for this measurement can be achieved through background reduction and increased mass and measurement time. The natural radionuclide content of the sample was already very low. No significant contribution from the natural decay chains ²³⁵U, ²³⁸U, and ²³²Th, nor from ⁴⁰K, ⁶⁰Co, and ²⁷Cs were detected. Some radioactivity of ¹⁶⁹Yb, ¹⁷⁵Yb and ¹⁷⁶Lu was observed. However, it did not strongly interfere with the measurement. The $Yb_2(C_2O_4)_3$ sample in this work contained a significantly lower contamination of ¹⁷⁶Lu (15 mBq/kg) compared to the Yb₂O₃ sample used in a previous search [33] (420 mBq/kg). This allowed for a lower background in searches of decay modes with γ -ray emissions below 300 keV. The precise control of the ¹⁷⁶Lu contamination is also the only way to probe the 176 Yb $2\nu\beta\beta$ 2_1^+ transition which shares the same de-excitation γ -ray. Further purification can be achieved through liquid-liquid extraction of inorganic ytterbium compounds followed by their transformation to metallo-organic $Yb_2(C_2O_4)_3$. A factor of 10 reduction of ⁴⁰K, U/Th-chain backgrounds has been demonstrated in CeO₂, Gd₂O₃, and Nd₂O₃, as described in [41]. Mitigation of cosmogenically produced short-lived ¹⁶⁹Yb and ¹⁷⁵Yb isotopes can be achieved by underground storage for multiple half-lives of a few months. The measurement time of 11 days could be significantly improved in future measurements. A 3 years measurement would increase the sensitivity by about an order of magnitude.

To approach the predicted half-lives, a drastic improvement of detection efficiencies is necessary. Realistically, this can only be achieved by applying the "source = detector" approach, where target isotopes are embedded into the detector material. Crystals, such as Yb₂SiO₅, operated as scintillators, as bolometers, or as a combination of both could be used. This would especially benefit the low energy region where multiple orders of magnitude improvement in detection efficiency can be achieved. Alphas would be detected directly, making ground state transitions accessible. Pulseshape discrimination of alpha and electron recoil interaction would allow a practically background-free search for α -decays modes.

Ultimately, enrichment of specific ytterbium isotopes could gain another one or two orders of magnitude improvement in sensitivity for a focused search in a certain ytterbium isotope. However, this procedure is expensive (level of \$1000/mg) and only feasible for relatively small target masses.

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