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**Title**

Hypnogogic Ipseity Disturbance (HID)

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*Hypnagogic Ipseity  
Disturbance  
(HID)*



*For Chamber Orchestra*

*Jack Brooks*



Hypnagogic Ipseity Disturbance  
*(Chamber Orchestra)*

Approx. 10 mins 30 sec.

*Jack Brooks*



# Instrumentation:

Flute I  
Flute II  
Oboe  
Cor Anglais  
Clarinet in Bb I  
Clarinet in Bb II  
Bassoon I  
Bassoon II

Timpani (Range: D2 – C3)  
Suspended Cymbal (Bowed)

Horn in F I  
Horn in F II  
Trumpet in Bb I  
Trumpet in Bb II  
Trumpet in Bb III  
Tenor Trombone I  
Tenor Trombone II  
Bass Trombone  
Tuba

Strings

## HID

*Note: While Hypnogogia is fairly common and is something I have experienced, I cannot claim to have experienced Ipseity Disturbance myself, hence, this is a purely fictitious story.*

HID, or Hypnogogic Ipseity Disturbance, is a story about sleepy time. Hypnogogia is the delicate plane of existence between conscious arousal and Snoozeland, when everything gets weird. Its most defining feature is the lucid thinking, things stop making sense and everything gets... wacky. It's pretty normal to experience hallucinations and sleep-paralysis while your bizarre thoughts of tomatoes seep into your visual or auditory senses, have you ever heard a tomato? An Ipseity Disturbance, however, is a phenomenon in which the sense of self dissolves or changes and exists in the Schizophrenic spectrum of disorders.

*So...*

HID is about a lucid dream that occurs just before sleep. The world you know melts away and you're left in a realm of browns and yellows, there's no gravity, no wind, no body to inhabit and no one else around – that you know of. It's a relatively safe space, there's nothing threatening, it's just a bit weird and all you can do is watch your thoughts drift by, forming physical bodies, tickling your skin or exciting your hearing. Then comes the hypnic jerk, the sensation of falling that wakes you with a jolt right before you fall asleep, except the jolt never comes. You keep anticipating the jolt, trying to force yourself awake but you're not in control of this experience, your control is already asleep, and you haven't caught up yet. It's like a plane journey, there are patches of turbulence and jolting and there are patches of calm, but you're 37,000ft above the ground and all you can do is wait until you land.

HID was commissioned by the Royal Conservatoire of Scotland after I was awarded the Walter & Dinah Wolfe Memorial Award for composition. It is fairly well removed from my usual style, in that it features a more lyrical and well-established harmonic language but is very typical in its contrast, spacing and explosive rhythmic stabs. I knew when I started this work that I wanted to create something that sounded delicate and vulnerable but could also be contrasted with aggression and energy. The hypnogogic element came from the extreme jet lag I had after a Christmas visit to my Husband and his family overseas, I was tired constantly and had to nap whenever I could which led to some pretty weird sleep experience. Ipseity Disturbance is mostly to make a better name than 'H', but is also a nod to the weird out-of-body experience that may occur during hypnogogia.

## Performance Notes:

Contrast plays an important role in this piece. It is paramount that slow sections lull and aggressive sections are tight and powerful.

Suspended Cymbals should only be bowed, they should ring for the length stated in the music before being muted. It is expected that the percussionist will use their musicality to decide bow speed and pressure in relation to the rest of the orchestra.

Sections with 3 or less parts should be played delicately and with great emotion. This applies particularly to the Bassoon solos, performers should express themselves freely in these moments.

There is no deviation from standard notation nor any extended techniques, with the exception of the bowed cymbals, that require explanation.





# HID

(Hypnagogic Ipseity Disturbance)

## For Chamber Orchestra

Jack Brooks

**Gentle and Exposed** ♩=55

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B $\flat$  I

Clarinet in B $\flat$  II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B $\flat$  I

Trumpet in B $\flat$  II

Trumpet in B $\flat$  III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Suspended Cymbal (Bowed)

Violin I

Violin II

Violin III

Violin IV

Viola

Violoncello

Double Bass

*solo*  
*Lyrical*

*mf* *p* *f* *p* *f*

*mp* *mp*

*Bowed*  
*mf*

13

Flute I *p* *mf*

Flute II *mf* *mf*

Oboe *mp*

Cor Anglais *p*

Clarinet in B♭ I *p* *mf*

Clarinet in B♭ II *mf* *p*

Bassoon I *f* *mp* *mf*

Bassoon II *f* *mp* *mf*

Horn in F I *pp* *mf* *mp* *p*

Horn in F II *pp* *mf* *mp* *p*

Timpani *f*

Suspended Cymbal (Bowed) *mf*

Violin I *p* *ppp* *p* *pp* *ppp*

Violin II *p* *ppp* *pp* *ppp*

Violin III *p* *ppp* *pp* *ppp*

Violin IV *p* *ppp* *pp* *p*

Viola *p* *ppp* *pp* *pp*

Violoncello *p* *ppp* *p*

Double Bass *p* *ppp* *p*

**A**

**B**

23

Flute I *p* *f*

Flute II *p*

Oboe *f*

Cor Anglais *f*

Clarinet in B $\flat$  I *p* *f*

Clarinet in B $\flat$  II

Bassoon I *f* *mf*

Bassoon II

Bass Trombone *p*

Violin IV *f* *mp*

Viola

Violoncello *mf*

Double Bass *f* *mp*

27

Flute I *p* *f*

Flute II *p* *f*

Oboe *mf*

Cor Anglais *mf* *p*

Clarinet in B $\flat$  I *mp* *p*

Clarinet in B $\flat$  II *p*

Bassoon I

Horn in F I *mp* *p* *p*

Horn in F II *mp*

Trumpet in B $\flat$  I *mp* *f* *mf* *mp*

Trumpet in B $\flat$  II *f* *ff*

Trumpet in B $\flat$  III *mf*

Bass Trombone *mf* *f*

Tuba *mf*

Timpani *pp*

**C** Agressive, Triumphant ♩=70

33

Flute I  
Flute II  
Oboe  
Cor Anglais  
Clarinet in B♭ I  
Clarinet in B♭ II  
Bassoon I  
Bassoon II  
Horn in F I  
Horn in F II  
Trumpet in B♭ I  
Trumpet in B♭ II  
Trumpet in B♭ III  
Tenor Trombone I  
Tenor Trombone II  
Bass Trombone  
Tuba  
Timpani

**C** Pizz. Agressive, Triumphant ♩=70

Violin I  
Violin II  
Violin III  
Violin IV  
Viola  
Violoncello  
Double Bass

38

Flute I  
Flute II  
Oboe  
Cor Anglais  
Clarinet in B $\flat$  I  
Clarinet in B $\flat$  II  
Bassoon I  
Bassoon II  
Horn in F I  
Horn in F II  
Trumpet in B $\flat$  I  
Trumpet in B $\flat$  II  
Trumpet in B $\flat$  III  
Tenor Trombone I  
Tenor Trombone II  
Bass Trombone  
Tuba  
Timpani  
Violin I  
Violin II  
Violin III  
Violin IV  
Viola  
Violoncello  
Double Bass

Dynamic markings: *ff*, *p*, *f*, *mf*, *Arco*, *Pizz.*

This page of a musical score, numbered 7, contains the following instruments and parts:

- Flute I
- Flute II
- Oboe
- Cor Anglais
- Clarinet in B♭ I
- Clarinet in B♭ II
- Bassoon I
- Bassoon II
- Horn in F I
- Horn in F II
- Trumpet in B♭ I
- Trumpet in B♭ II
- Trumpet in B♭ III
- Tenor Trombone I
- Tenor Trombone II
- Bass Trombone
- Tuba
- Timpani
- Violin I
- Violin II
- Violin III
- Violin IV
- Viola
- Violoncello
- Double Bass

The score includes various musical notations such as notes, rests, dynamics (p, ff, mf), and articulation (Pizz., Arco). The key signature is three sharps (F#, C#, G#) and the time signature is 4/4. The page number 7 is located in the top right corner.



49

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B $\flat$  I

Clarinet in B $\flat$  II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B $\flat$  I

Trumpet in B $\flat$  II

Trumpet in B $\flat$  III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Suspended Cymbal (Bowed)

Violin I

Violin II

Violin III

Violin IV

Viola

Violoncello

Double Bass

*mf* *ff* *p*

Pizz. Arco

*ff* *mf* *p* *ff* *p* *ff*

D

56

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B♭ I

Clarinet in B♭ II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B♭ I

Trumpet in B♭ II

Trumpet in B♭ III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Violin I

Violin II

Violin III

Violin IV

Violoncello

Double Bass

*ff*

*Pizz.*

*ff*

D

D

63

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B $\flat$  I

Clarinet in B $\flat$  II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B $\flat$  I

Trumpet in B $\flat$  II

Trumpet in B $\flat$  III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Violin I *Arco*

Violin II *Arco*

Violin III *f Arco*

Violin IV *f Arco*

Viola *f*

Violoncello

Double Bass

69

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B♭ I

Clarinet in B♭ II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B♭ I

Trumpet in B♭ II

Trumpet in B♭ III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Violin I

Violin II

Violin III

Violin IV

Viola

Violoncello

Double Bass

76

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B $\flat$  I

Clarinet in B $\flat$  II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B $\flat$  I

Trumpet in B $\flat$  II

Trumpet in B $\flat$  III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Violin I

Violin II

Violin III

Violin IV

Viola

Violoncello

Double Bass

82

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B♭ I

Clarinet in B♭ II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B♭ I

Trumpet in B♭ II

Trumpet in B♭ III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Violin I

Violin II

Violin III

Violin IV

Viola

Violoncello

Double Bass

88

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B $\flat$  I

Clarinet in B $\flat$  II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B $\flat$  I

Trumpet in B $\flat$  II

Trumpet in B $\flat$  III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Violin I

Violin II

Violin III

Violin IV

Viola

Violoncello

Double Bass

*f* *mf*

E

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B♭ I

Clarinet in B♭ II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B♭ I

Trumpet in B♭ II

Trumpet in B♭ III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Suspended Cymbal (Bowed)

Violin I

Violin II

Violin III

Violin IV

Viola

Violoncello

Double Bass



**F** Gentle and Exposed  $\text{♩} = 55$

Bassoon I *mf*

Horn in F I *pp* *f* *p*

Trumpet in B♭ I with cup mute *p*

Tenor Trombone I *pp* *mf*

Bass Trombone *p* *f*

Tuba *p* *f*

**F** Gentle and Exposed  $\text{♩} = 55$

Suspended Cymbal (Bowed) *f*

Violin I *p* *f* *pp* *pp* *f* *pp*

Violin II *p* *f* *pp* *pp* *f* *pp*

Violin III *p* *f* *pp*

Violin IV *pp* *mp* *pp* *mp* *pp* *mp* *pp*

Viola *pp* *f* *pp* *mf* *pp* *f* *pp*

Violoncello *pp* *f* *pp* *mf* *mp* *ff* *pp* *f* *pp*

Double Bass *pp* *f* *pp* *mf* *mp* *ff* *pp* *f* *pp*

130 **G**

This musical score page contains ten staves for brass instruments. The top staff is for Horn in F I, followed by Horn in F II, Trumpet in B♭ I (marked 'senza sord.'), Trumpet in B♭ II, Trumpet in B♭ III, Tenor Trombone I, Tenor Trombone II, Bass Trombone, and Tuba. The music is in 4/4 time with a key signature of two sharps (F# and C#). The score is divided into measures by vertical bar lines. Dynamics such as *p*, *mf*, *f*, *ff*, and *ff* are indicated throughout. A rehearsal mark 'G' is placed above the first measure. The Tuba part features a complex rhythmic pattern in the later measures.

H

140

Flute I *ff*

Flute II *ff*

Oboe *ff*

Cor Anglais *ff*

Clarinet in B♭ I *ff*

Clarinet in B♭ II *ff*

Bassoon I *ff*

Bassoon II *ff*

Horn in F I *ff*

Horn in F II *ff*

Trumpet in B♭ I *ff*

Trumpet in B♭ II *ff*

Trumpet in B♭ III *ff*

Tenor Trombone I *ff*

Tenor Trombone II *ff*

Bass Trombone *ff*

Tuba *ff*

Timpani *ff*

Violin I *ff*

Violin II *ff*

Violin III *ff*

Violin IV *ff*

Viola *ff*

Violoncello *ff*

Double Bass *ff*

145

This page of the orchestral score contains measures 145 through 150. The instrumentation includes:

- Flute I
- Flute II
- Oboe
- Cor Anglais
- Clarinet in B $\flat$  I
- Clarinet in B $\flat$  II
- Bassoon I
- Bassoon II
- Horn in F I
- Horn in F II
- Trumpet in B $\flat$  I
- Trumpet in B $\flat$  II
- Trumpet in B $\flat$  III
- Tenor Trombone I
- Tenor Trombone II
- Bass Trombone
- Tuba
- Timpani
- Violin I
- Violin II
- Violin III
- Violin IV
- Viola
- Violoncello
- Double Bass

The score is written in 2/4 time with a key signature of one sharp (F#). The music features a variety of rhythmic patterns, including eighth and sixteenth notes, and rests. The woodwinds and brass sections have prominent parts, while the strings provide a steady accompaniment. The page concludes with a double bar line at the end of measure 150.

152 **I** solo Lyrical

Bassoon I *p* *f* *p* *f*

Timpani *ff*

Suspended Cymbal (Bowed) **I** *mp*



163 **J**

Horn in F I *f*

Tenor Trombone I *pp* *mf*

Bass Trombone *p* *f*

Tuba *p* *f*

Violin I *p* *f* *pp*

Violin II *p* *f* *pp*

Violin III *p* *f* *pp*

Violoncello *mp* *ff*

Double Bass *mp* *ff*

166

Flute I *mf* *mp*

Flute II *mf* *mp*

Oboe *mf* *mp*

Cor Anglais *mf* *mp*

Clarinet in B♭ I *mf* *mp*

Clarinet in B♭ II *mf* *mp*

Bassoon I *mf* *mp*

Bassoon II *mf* *mp*

Horn in F I *mf* *mp*

Horn in F II *mf* *mp*

Trumpet in B♭ I *mf* *mp*

Trumpet in B♭ II *mf* *mp*

Trumpet in B♭ III *mf* *mp*

Tenor Trombone I *mf* *mp*

Tenor Trombone II *mf* *mp*

Bass Trombone *mf* *mp*

Tuba *mf* *mp*

Timpani *mf* *mp*

Violin I *mf* *mp*

Violin II *mf* *mp*

Violin III *mf* *mp*

Violin IV *mf* *mp*

Viola *mf* *mp*

Violoncello *mf* *mp*

Double Bass *mf* *mp*

170

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B $\flat$  I

Clarinet in B $\flat$  II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B $\flat$  I

Trumpet in B $\flat$  II

Trumpet in B $\flat$  III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Violin I

Violin II

Violin III

Violin IV

Viola

Violoncello

Double Bass

*p*

174

Flute I

Flute II

Oboe

Cor Anglais

Clarinet in B $\flat$  I

Clarinet in B $\flat$  II

Bassoon I

Bassoon II

Horn in F I

Horn in F II

Trumpet in B $\flat$  I

Trumpet in B $\flat$  II

Trumpet in B $\flat$  III

Tenor Trombone I

Tenor Trombone II

Bass Trombone

Tuba

Timpani

Suspended Cymbal (Bowed)

Violin I

Violin II

Violin III

Violin IV

Viola

Violoncello

Double Bass

fff

ff