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# Practice, Practice, Practice! Effect of REBOA Volume on Outcomes: Data From the AAST AORTA Registry

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### Abstract

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Author Contributions:

Article drafting and critical revision: CMT, JEA, MB, TMS, KI, JC, MS, MCS, CJF, EEM JJD, JMG

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Declaration of Interest:

Jeremy Cannon: Prytime Medical Inc. supplied simulation equipment

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Request for additional authors:

We kindly request additional authors for this manuscript. This is a multi-institutional collaborative effort based on the AORTA Registry database, thus there are more than the standard 8 authors on this paper. Each author contributed critically to the development of the study question, data acquisition, and aided significantly in data interpretation and critical analysis and revisions of the manuscript. Without their efforts this manuscript would not be possible, so we request that the full list of authors presented here be used should the manuscript be accepted for publication. Thank you for your consideration.

Study conception and design: CMT, JJD, JMG

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**Background:** Resuscitative endovascular balloon occlusion of the aorta (REBOA) is an endovascular adjunct to hemorrhage control. Success relies upon institutional support and focused training in arterial access. We hypothesized that hospitals with higher REBOA volumes will be more successful than low-volume hospitals at aortic occlusion with REBOA.

**Methods:** This is a retrospective study from the American Association for the Surgery of Trauma (AAST) Aortic Occlusion for Resuscitation in Trauma and Acute Care Surgery (AORTA) Registry from 11/2013–01/2018. Patients 18 years who underwent REBOA were included. Successful placement of REBOA catheters (defined as hemodynamic improvement with balloon inflation) was compared between high-volume (80 cases; 2 hospitals), mid-volume (10–20 cases; 4 hospitals), and low-volume (<10 cases; 14 hospitals) hospitals, adjusting for patient factors.

**Results:** Of 271 patients from 20 hospitals, 210 patients (77.5%) had successful REBOA placement. Most patients were male (76.0%) and sustained blunt trauma (78.1%). CPR was ongoing at time of REBOA placement in 34.5% of patients. Inpatient mortality was 67.4%, unchanged by hospital volume. Multivariable logistic regression found increased odds of successful REBOA placement at high-volume vs. low-volume hospitals (OR 7.50, 95% CI 2.10–27.29, p=0.002) and mid-volume vs. low-volume hospitals (OR 7.82, 95% CI 1.52–40.31, p = 0.014) and decreased odds among patients undergoing CPR during REBOA placement (OR 0.10, 95% CI 0.03–0.34, p<0.001) when adjusting for age, sex, mechanism of injury, pre-hospital CPR, CPR on admission, transfer status, hospital location of REBOA placement, GCS 13, and injury severity.

**Conclusion:** Hospitals with higher REBOA volumes were more likely to achieve hemodynamic improvement with REBOA inflation. However, mortality and complication rates were unchanged. Independent of hospital volume, ongoing CPR is associated with a decreased odds of successful REBOA placement.

#### Keywords

REBOA; trauma; volume; mortality

#### INTRODUCTION

Multiple studies have evaluated the effect of hospital and procedural volume on outcomes for a variety of procedures, including emergency general surgery operations (1), pancreaticoduodenectomies (2), robotic lobectomies (3), open abdominal aortic aneurysm repair (4), and emergency department thoracotomy (5), finding improved outcomes at higher-volume hospitals (6). Resuscitative Endovascular Balloon Occlusion of the Aorta (REBOA) is rapidly gaining widespread use throughout the United States (7–9) and as more nuanced indications for its use are identified, it is likely to be used in large trauma centers as well as smaller, community hospitals. The effects of hospital volume of REBOA procedures on outcomes of patients undergoing REBOA are unknown.

Placing a REBOA catheter involves gaining common femoral arterial access and inserting a sheath through which the REBOA device is inserted and advanced into one of two ideal landing zones for aortic occlusion. Which zone is selected is determined by the physician's suspicion for the most likely source of hemorrhage. Once inflated, REBOA provides time-

sensitive hemorrhage control while the patient proceeds to definitive treatment. Successful aortic occlusion with REBOA begins with identifying patients who may benefit, mobilizing the trauma team to perform the procedure, and getting the patient to definitive hemorrhage control. This requires coordination between trauma surgeons and emergency medicine physicians, as well as operating room and emergency department nurses and technicians.

Given these multiple institutional factors, we hypothesized that success of REBOA placement will depend on the frequency of REBOA utilization at an institution and that successful aortic occlusion will be higher at high REBOA-volume versus low REBOA-volume hospitals.

#### METHODS

This is a retrospective study of data from the American Association for the Surgery of Trauma (AAST) Aortic Occlusion for Resuscitation in Trauma and Acute Care Surgery (AORTA) Registry, approved by the AAST Multicenter Trials Committee. The AORTA registry is a multi-institutional registry developed to prospectively collect data on patients undergoing aortic occlusion via open and endovascular techniques. Data was collected from November 2013 to January 2018 from collaborating hospitals in the United States. At the time of this analysis twenty hospitals had contributed to the registry via a secure online portal. All contributing hospitals obtained individual local Institutional Board Review (IRB) approval for waivers of consent prior to submitting de-identified data. This study was approved by our local IRB (1182061–1).

The primary outcome of interest was successful aortic occlusion with REBOA, which was defined as hemodynamic improvement with balloon inflation. We excluded patients with incomplete data which did not address this question, and patients below 18 years of age. Based on natural breaks in the data, hospitals were stratified into three levels based on REBOA volume: high-volume hospitals (defined as 80 cases during the study period); mid-volume hospitals (defined as 10–20 cases during the study period), and low-volume hospitals (defined as <10 cases during the study period). Rates of hemodynamic improvement with balloon inflation were compared between high-volume hospitals, mid-volume hospitals, and low-volume hospitals, adjusting for patient factors. Secondary outcomes included mortality and REBOA-related complications.

Univariate analyses (t-test and chi-square tests) and multivariable logistic regressions were performed to compare successful REBOA placement by hospital REBOA case volume. Analyses were performed in Stata 145.2 (College Station, TX).

#### RESULTS

From the AORTA registry, 308 patients were identified as having undergone REBOA during the study period. Of these, 33 patients were excluded for incomplete data regarding key variables, two were excluded because the REBOA balloon was never inflated, and two were excluded for age less than 18 years old (Figure 1).

A total of 271 patients who met the inclusion criteria from 20 hospitals were included in this study (Table 1). The median age was 50 (range 18–91, mean 43) years old. Most patients (n=206, 76.0%) were male and had sustained blunt trauma (n=201, 78.1%). Almost 10% of patients arrived via transfer (n=26, 9.8%). Injury severity score (ISS) ranged from 2–75, with a median ISS of 34 (mean 36). Nearly one-third (n=77, 30.0%) of patients had cardiopulmonary resuscitation (CPR) prior to arriving at the hospital, and one-third (n=92, 34.5%) of patients were undergoing CPR during REBOA placement. Hemoglobin on admission ranged from 5–17.3 g/dL (median=11).

While most patients underwent percutaneous placement of REBOA (using either external landmarks, 39.48% or ultrasound, 28.78%), 73 patients (26.94%) had the REBOA catheter inserted via a cut-down to facilitate direct visualization of catheter insertion into the femoral artery. Two patients underwent fluoroscopic-guided REBOA placement (0.74%) and in 11 patients the method of access was not reported (4.06%). A majority of catheters were placed in zone 1 (n=180, 68.2%), while 79 (29.9%) were placed in zone 3 and only five were placed in zone 2 (1.9%). The primary performer of REBOA insertion was most commonly the trauma/acute care surgery attending (n=228, 91.9%), but others included trauma/acute care surgery fellow (n=9, 3.6%), surgery resident (n=6, 2.4%), vascular surgery attending (n=3, 1.2%), interventional radiology attending (n=1, 0.4%) and emergency medicine attending (n=1, 0.4%).

Successful REBOA placement (defined as physician-reported hemodynamic improvement with balloon inflation) was identified in 210 (77.5%) of patients. Patient hemodynamics were similar at low, mid, and high REBOA-volume hospitals, with similar admission systolic blood pressure (SBP) recordings (mean 88 mmHg overall), SBP at initiation of REBOA (mean 53 mmHg), and post-REBOA initial SBP (mean 98 mmHg), with a mean change of 45 mmHg before and after REBOA balloon inflation. When comparing patients with successful REBOA placement to patients with unsuccessful REBOA placement, the SBP following REBOA inflation improved by a mean of 57 mmHg (SD 44 mmHg, SE 3.04) from the pre-inflation SBP in the successful group, compared to a mean improvement of 3 mmHg (SD 32 mmHg, SE 4.1) in the unsuccessful group (p<0.001).

Thirty-six patients (13.3%) had a complication; these adverse events included extremity ischemia (n=12, 4.4%), distal embolism (n=17, 6.3%), hematoma (n=4, 1.5%), and pseudoaneurysms (n=2, 0.7%). Acute kidney injury occurred in 19.56% of patients. Interventions for these adverse events included patch angioplasty (n=9, 3.3%), arterial bypass (n=1, 0.4%), and amputation (n=4, 1.5%). One-third of patients with a complication died while in the hospital (n=12, 34.3%).

#### **Outcomes by Hospital REBOA Volume**

Two hospitals were identified as high-volume with 80 cases. Four hospitals were identified as mid-volume with 10-20 cases. Fourteen hospitals were identified as low-volume, with < 10 cases. No institution had case volumes between 21–79 cases (Figure 2).

On univariate analyses, there was no difference in patient demographics (age, mechanism of injury, sex) between patients treated at low-volume, mid-volume, or high-volume hospitals

(Table 1). There was also no difference in percentage of patients who were undergoing CPR at the time of REBOA placement, had successful REBOA placement, died while in the hospital, or had a complication (Table 1). Low REBOA-volume hospitals had a longer median time from admission to start of REBOA placement (low-volume 45 minutes, mid-volume 17 minutes, high-volume 11.5 minutes p<0.00001) and to aortic occlusion (low-volume 45 minutes, mid-volume 36 minutes, high-volume 23 minutes, p=0.00027).

Multivariable logistic regression found odds of successful REBOA placement were increased among patients at high REBOA-volume vs. low REBOA-volume hospitals (OR 7.50, 95% CI 2.10–27.29, p=0.002) and mid REBOA-volume vs. low REBOA-volume hospitals (OR 7.82, 95% CI 1.52–40.31, p = 0.014) when adjusting for age, sex, mechanism of injury, pre-hospital CPR, CPR on arrival, CPR ongoing during REBOA placement, transfer status, hospital location of REBOA placement (OR vs. ED), injury severity score, and high GCS (14–15) vs. low GCS (13) (Table 2).

#### **CPR Ongoing During REBOA Placement**

As mentioned, a substantial proportion (n = 92, 34.5%) of patients were undergoing CPR at the time of REBOA placement. Odds of successful REBOA placement were decreased in patients who had CPR ongoing during REBOA placement (OR 0.10, 95% CI 0.03–0.34, p<0.001) when adjusting for age, sex, mechanism of injury, pre-hospital CPR, CPR on admission, transfer status, hospital location of REBOA placement, injury severity score, and high GCS (14–15) vs. low GCS (13). In-hospital mortality for patients undergoing CPR at time of REBOA placement was 91.30% (n = 84/92), while in-hospital mortality for patient not undergoing CPR at time of REBOA placement was 50.86% (n = 75/175, p = <0.00001). When looking at outcomes basedon zone of balloon inflation, CPR was associated with worse outcomes, with 91.89% of patients undergoing zone 1 REBOA inflation under CPR died, compared to a mortality rate of 60.19% for Zone 1 patients not under CPR. Similar mortality differences were observed for zone 3 REBOA placements, with 88.24% mortality while undergoing CPR and 36.07% mortality if not undergoing CPR.

Subgroup analysis of patients undergoing CPR at time of REBOA placement showed no difference in rate of successful REBOA placement by hospital volume on multivariable logistic regression (OR for mid-versus low-volume hospital 4.50, 95% CI 0.40–50.69, p=0.223; OR for high-versus low-volume hospital 5.97, 95% CI 0.80–44.60, p=0.082) (Table 3). For the subset of patients not undergoing CPR at time of REBOA placement, high REBOA-volume hospitals had an increased odds of successful REBOA placement compared to low REBOA-volume hospitals (OR 8.86, 95% CI 1.47–53.61, p=0.017) (Table 4).

#### Mortality

Over two-thirds of these patients (n=174, 67.4%) died in the hospital. In-hospital mortality for patients with successful REBOA placement was 59.80%, while 90.16% of patients with unsuccessful REBOA placement died (p = 0.00001). Mortality also differed by zone of REBOA inflation, with 72.78% of patients undergoing Zone 1 placement dying in-hospital, compared to 46.84% of patients undergoing Zone 3 placement. On univariate analysis,

admission Glasgow Coma Scale (GCS) of 14–15 was associated with a mortality rate of 33.96%, while GCS of 13 was associated with a mortality rate of 78.40% (p < 0.00001).

Multivariable logistic regression found odds of mortality were decreased at mid-volume vs. low-volume hospitals (OR 0.13, 95% CI 0.02–0.75, p = 0.023) and in patients with GCS 14–15 (OR 0.09, 95% CI 0.03–0.34, p < 0.001) when adjusting for age, sex, mechanism of injury, pre-hospital CPR, CPR on arrival, CPR ongoing during REBOA placement, transfer status, hospital location of REBOA placement (OR vs. ED), injury severity score, and high GCS (14–15) vs. low GCS (13). High-volume hospitals had a trend towards decreased odds of mortality which did not reach significance (OR 0.21, 95% CI 0.04–1.01, p = 0.052). Odds of mortality were increased among older patients, patients under CPR on arrival, and in patients with higher ISS scores (Table 5). The regression analysis was repeated after adding in successful REBOA placement into the model, which was not associated with a decreased odds of mortality (OR 0.33, 95% CI 0.04–2.70, p = 0.304). After adjusting for successful REBOA placement, the strongest predictor of mortality was CPR on arrival (OR 85.70, 95% CI 3.10–2372.27, p = 0.009); hospital volume was not a statistically significant predictor of mortality (Table 6).

Subgroup analysis of patients not undergoing CPR on arrival showed a decreased odds of mortality in mid-vs. low-volume hospitals (OR 0.12, 95% CI 0.02–0.81, p = 0.029) but not at high-volume vs. low-volume hospitals (OR 0.21, 95% CI 0.04–1.13, p = 0.07) when adjusting for successful REBOA placement, hospital volume, age, sex, mechanism of injury, pre-hospital CPR, CPR during REBOA placement, transfer status, location of REBOA placement, ISS score, and high GCS (14–15) vs. low GCS (13) (Table 7). Subgroup analysis of patients undergoing CPR on arrival was not performed due to small sample sizes.

Overall, the most common location of in-hospital mortality among all patients was the ICU (40.46%). The location of death did not differ significantly between low, mid, and high REBOA-volume hospitals (p=0.53). In the low-volume group, the majority of deaths occurred in the ICU (46.67%), followed by the OR (33.33%) and the ER (20%). In the mid-volume group, most died in the ICU (46.43%) followed by the ER (32.14%) and the OR (21.43%). In the high-volume group, the ICU was the location of the majority of deaths (37.07%), followed by the ER (34.83%) and the OR (26.72%), with one patient dying in the Interventional Radiology suite and one location unreported.

#### DISCUSSION

This multi-institutional registry study is the first to look at hospital REBOA volume as it relates to successful aortic occlusion with REBOA as determined by resultant improvement in the patient's hemodynamic status. Using data collected from twenty hospitals placing REBOA catheters around the country, we found that odds of successful REBOA placement were increased at high and mid REBOA-volume hospitals compared to low REBOA-volume hospitals. Additionally, odds of successful REBOA placement were lower in patients undergoing CPR at the time of REBOA placement. Hospital REBOA volume did not predict mortality after adjusting for successful REBOA placement, with the strongest predictor of mortality identified as patients under CPR on arrival to the hospital

The steps of inserting a REBOA catheter can be added to a trauma surgeon's repertoire. There are several training courses available aimed at teaching the use of REBOA (10–13), including the Advanced Surgical Skills for Exposure in Trauma (ASSET) course, the Basic Endovascular Skills for Trauma (BEST) course, the Endovascular Trauma Resuscitation and Management (EVTM) Workshops, and the Advanced Endovascular Skills Course for Trauma Surgeons (10–12). As surgeons and trauma teams gain experience in using REBOA, they will become more facile with its placement. However, successful REBOA use depends not only on surgeon training, but multiple systems issues, from supply and restocking to training of emergency department and operating room staff in assisting with REBOA placement (13). These mechanisms are not intuitive to groups who rarely, if ever, see endovascular techniques. Thus, it is not surprising that low REBOA-volume hospitals have lower rates of hemodynamic improvement with REBOA placement. This is supported by our finding that low-volume and mid-volume hospitals take longer than high-volume hospital to both initiate and complete aortic occlusion via REBOA, which may be due to delay in deciding to proceed with REBOA placement or difficulty in placing the REBOA catheter. This delay may also be due to resorting to REBOA as a 'last ditch' effort in hospitals with less REBOA experience. At lower-volume hospitals, it is possible that technical problems with placing the REBOA may more frequently result in aborting the procedure. Additionally, in the exsanguinating patient, aortic occlusion is unlikely to improve hemodynamics if appropriate resuscitation is not simultaneously underway, and this may be an additional contributing factor.

However, the number of REBOA procedures a hospital must perform for increased rates of procedural success is as yet unknown. As with patients undergoing emergency department thoracotomy, appropriate patient selection is paramount for success (5). Institutional REBOA success is unlikely to increase simply by performing the procedure more frequently, but by better understanding for which patients in which endovascular aortic occlusion may be life-saving. Higher REBOA-volume hospitals may have more experience in identifying patients who may benefit from REBOA and in placing REBOA, including troubleshooting and minimizing technical difficulties. The end result is that higher volume hospitals may expect higher rates of success in improving the patient's hemodynamics with use of the REBOA catheter. As experience gathers and lower-volume hospitals become higher-volume hospitals, they may also hope to see improvements in their success rates with REBOA. In this study, we did not find a difference in complication rates or in-hospital mortality by hospital REBOA volume. However, the time period analyzed here represents a distinct time period in the adoption curve of REBOA around the United States, with many hospitals early in their use of REBOA, with our results most likely representing the institutional learning curve rather than the skillset or technical ability of individual surgeons. Identifying characteristics of surgeons and hospital systems with high levels of REBOA success could be used to improve existing REBOA training courses. Hospitals with the greatest success likely represent multiple contributing factors, including surgeon skill and familiarity with endovascular techniques, a well-developed REBOA algorithm, easy access to necessary equipment, and ancillary support (14). Additionally, the role of training courses for surgical providers in REBOA placement is well-established, with emphasis on simulation training for both attending physicians and trainees (15–18).

We also found that patients undergoing CPR had decreased odds of successful REBOA placement and increased mortality rates. There are likely multiple reasons for this finding. Aortic occlusion in the patient in extremis is a time-sensitive procedure, requiring femoral arterial access as the first step (19). More rapid arterial access has been associated with improved survival among patients undergoing REBOA placement (20). Time needed for arterial access depends on the training of the provider, with more rapid access by surgeons compared to field medics (12), and by attending physicians compared to residents (16). Time to arterial access has been found to be increased among patients undergoing CPR (19), which is likely multifactorial: percutaneous access by landmarks or ultrasound is impeded by the constant motion of chest compressions, and the patient in arrest is cardiovascularly depleted, making arterial access more difficult. In these situations, a cut-down for femoral vascular access may be required. Further research is needed in this subset of patients to determine the optimal treatment approach, although prior studies show an improved survival rate in patients in traumatic arrest undergoing REBOA compared to ED thoracotomy (21). Additionally, patients undergoing Zone 3 REBOA inflation had lower mortality rates compared to those undergoing Zone 1 REBOA placement, supporting the use of REBOA for pelvic sources of hemorrhage in particular.

This study is limited by its retrospective data collection and limited in the data points available for analysis. There are likely additional hospitals that perform REBOA but do not participate in the AAST AORTA Registry. Successful REBOA placement was defined as improvement in hemodynamic status of the patient, but failure to improve hemodynamics with REBOA inflation may reflect the patient's physiologic decline and imminent demise rather than inability of the trauma team to successful deploy REBOA. Additionally, improvement in hemodynamics was not defined in the AORTA registry and some hospitals may interpret hemodynamic improvement differently than others, although we have attempted to corroborate this by evaluating the change in systolic blood pressure before and after balloon inflation. Finally, participating institutions have different criteria and algorithms for REBOA placement, and this may affect patient selection and the results obtained.

#### CONCLUSION

Hospitals with high REBOA volumes were more likely to achieve hemodynamic improvement with REBOA inflation. However, mortality and complication rates were unchanged. Independent of hospital REBOA volume, ongoing CPR is at time of REBOA placement is associated with a decreased likelihood of successful REBOA placement.

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Figure 1: Study Population

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#### Figure 2:

Distribution of REBOA cases performed per hospital during the study period. (Low-volume hospitals: 0–9 REBOAs performed; mid-volume hospitals: 10–20 REBOAs performed; high-volume hospitals: >80 REBOAs performed.)

#### Table 1.

Demographics and outcomes between low-, mid-, and high REBOA-volume hospitals

Variable	Total (n=271)	Low-volume hospitals (n=46, 17.0%)	Mid-volume hospitals (n=58,21.4%)	High-volume hospitals (n=167, 61.6%)	P-value
Age - mean (SD)	42.5 (17.9)	41.8 (19.1)	40.2 (15.4)	43.5 (18.4)	0.236
Penetrating trauma -n(%)	59 (21.9%)	12 (26.1%)	10 (17.2%)	37 (22.4%)	0.540
Female sex - n (%)	65 (24.0%)	13 (28.3%)	19 (32.8%)	33 (19.8%)	0.103
First SBP (mmHg) - mean (SD)	88 (49)	102 (48)	80 (48)	87 (50)	0.966
SBP at initiation of REBOA (mmHg) - mean (SD)	53 (43)	67 (44)	62 (44)	46 (40)	0.694
Ongoing CPR during REBOA placement - n (%)	92 (34.5%)	12(26.1%)	17 (30.4%)	63 (38.2%)	0.240
SBP after REBOA (mmHg) - mean (SD)	98 (54)	95 (48)	100 (58)	98 (55)	0.500
Change in SBP before and after REBOA - mean change in SBP (SD)	45 (47)	24 (47)	40 (43)	52 (47)	0.891
Successful REBOA placement - n (%)	210 (77.5%)	32 (69.6%)	47 (81.0%)	131 (78.4%)	0.339
Any complication -n(%)	198 (73.1%)	35 (76.1%)	36 (62.1%)	127 (76.1%)	0.104
In-hospital mortality - n (%)	174 (67.4%)	30 (68.2%)	28 (54.9%)	116 (71.2%)	0.096
Other complications *- n (%)	36 (13.3%)	7 (15.2%)	10 (17.2%)	19 (11.4%)	0.481

\* Includes extremity ischemia, distal embolization, hematoma, pseudoaneurysm, or need for patch angioplasty, arterial bypass, amputation. Does not include death.

 $^{\wedge}$ P-value: Bartlett's test for equal variance. If not noted, P-value refers to chi-squared analyses.

SBP = Systolic Blood Pressure; SD = Standard Deviation

#### Table 2.

Multivariable logistic regression predicting successful REBOA placement

Variable	Odds Ratio (95% CI)	p-value
Low-Volume Hospitals	Reference	
Mid-Volume Hospitals	7.82 (1.52–40.31)	0.014
High-Volume Hospitals	7.50 (2.06–27.29)	0.002
Age 18–26	Reference	
Age 27–40	0.52 (0.14–1.87)	0.315
Age 41–58	0.37 (0.09–1.45)	0.152
Age 59+	0.46 (0.10–2.10)	0.314
Female sex	2.73 (0.93-8.07)	0.069
Penetrating trauma	1.58 (0.43–5.82)	0.491
Pre-hospital CPR	1.54 (0.32–7.55)	0.592
CPR on arrival	0.26 (0.05–1.47)	0.128
CPR ongoing during REBOA placement	0.10 (0.03–0.34)	< 0.001
Transferred from another hospital	2.23 (0.29–16.85)	0.438
REBOA placed in OR (vs. ED)	0.83 (0.22–3.15)	0.788
ISS score 2–29	Reference	
ISS score 30-41	0.45 (0.14–1.47)	0.186
ISS score 42–75	0.51 (0.15–1.78)	0.290
GCS 13	Reference	
GCS 14–15	1.03 (0.28–3.91)	0.962

#### Table 3.

Subgroup analysis: Multivariable logistic regression predicting successful REBOA placement for patients under CPR

Variable	Odds Ratio (95% CI)	p-value
Low-Volume Hospitals	Reference	
Mid-Volume Hospitals	4.50 (0.40-50.69)	0.223
High-Volume Hospitals	5.97 (0.80-44.60)	0.082
Age 18–26	Reference	
Age 27–40	1.76 (0.35-8.89)	0.494
Age 41–58	0.75 (0.12–4.54)	0.751
Age 59+	2.01 (0.16-25.10)	0.586
Female sex	6.04 (1.18–30.79)	0.031
Penetrating trauma	1.85 (0.29–11.76)	0.512
Transferred from another hospital	6.35 (0.41–98.76)	0.187
REBOA placed in OR (vs. ED)	1.01 (0.16–7.00)	0.966
ISS score 2–29	Reference	
ISS score 30-41	0.39 (0.07–2.27)	0.294
ISS score 42–75	0.87 (0.15-5.05)	0.398
GCS 13	Reference	
GCS 14–15	0.32 (0.03-4.50)	0.398

#### Table 4.

Subgroup analysis: Multivariable logistic regression predicting successful REBOA placement for patients not under CPR

Variable	Odds Ratio (95% CI)	p-value
Low-Volume Hospitals	Reference	
Mid-Volume Hospitals	Omitted, low sample size	
High-Volume Hospitals	8.86 (1.47–53.61)	0.017
Age 18–26	Reference	
Age 27–40	0.05 (0.00–1.03)	0.052
Age 41–58	0.18 (0.01–7.14)	0.361
Age 59+	0.13 (0.01–2.67)	0.187
Female sex	1.17 (0.16–8.79)	0.880
Penetrating trauma	0.62 (0.04–9.07)	0.728
Transferred from another hospital	0.35 (0.02–5.43)	0.451
REBOA placed in OR (vs. ED)	1.19 (0.10–10.43)	0.990
ISS score 2–29	Reference	
ISS score 30-41	0.09 (0.01–1.38)	0.083
ISS score 42–75	0.11 (0.01–1.66)	0.112
GCS 13	Reference	
GCS 14–15	3.08 (0.35-26.87)	0.31

#### Table 5:

Multivariable logistic regression predicting mortality

Variable	Odds Ratio (95% CI)	p-value
Low-Volume Hospitals	Reference	
Mid-Volume Hospitals	0.13 (0.02–0.75)	0.023
High-Volume Hospitals	0.21 (0.04–1.01)	0.052
Age 18–26	Reference	
Age 27–40	7.52(1.77–32.04)	0.006
Age 41–58	12.01 (2.44–59.10)	0.002
Age 59+	30.76(4.75–199.12)	< 0.001
Female sex	1.41 (0.40-4.95)	0.593
Penetrating trauma	0.50 (0.13–1.85)	0.297
Pre-hospital CPR	0.84 (0.10–7.43)	0.876
CPR on arrival	62.11 (2.48–1558.50)	0.012
CPR ongoing during REBOA placement	2.40 (0.46–12.59)	0.303
Transferred from another hospital	0.31 (0.05–1.86)	0.201
REBOA placed in OR (vs. ED)	1.37 (0.35–5.34)	0.654
ISS score 2–29	Reference	
ISS score 30-41	5.94 (1.70-20.67)	0.005
ISS score 42–75	6.48 (1.64–25.66)	0.008
GCS 13	Reference	
GCS 14–15 (compared to 3–13)	0.09 (0.03–0.34)	< 0.001

#### Table 6:

Multivariable logistic regression predicting mortality when adjusting for successful REBOA placement

Variable	Odds Ratio (95% CI)	p-value
Successful REBOA deployment	0.33 (0.04–2.70)	0.304
Low-Volume Hospitals	Reference	
Mid-Volume Hospitals	0.16 (0.03–1.02)	0.052
High-Volume Hospitals	0.25 (0.05–1.31)	0.101
Age 18–26	Reference	
Age 27–40	6.81 (1.57–29.53)	0.01
Age 41–58	11.24 (2.25–56.26)	0.003
Age 59+	28.73 (4.34–188.93)	< 0.001
Female sex	1.54 (0.44–5.42)	0.506
Penetrating trauma	0.48 (0.13–1.82)	0.281
Pre-hospital CPR	0.76 (0.09–6.40)	0.797
CPR on arrival	85.70 (3.10–2373.27)	0.009
CPR ongoing during REBOA deployment	1.27 (0.17–9.50)	0.817
Transferred from another hospital	0.28 (0.05–1.71)	0.167
REBOA placed in OR (vs. ED)	1.31 (0.34–5.09)	0.698
ISS score 2–29	Reference	
ISS score 30-41	5.59 (1.59–19.65)	0.007
ISS score 42–75	5.88 (1.47-23.45)	0.012
GCS 13	Reference	
GCS 14-15 (compared to 3-13)	0.09 (0.03–0.34)	< 0.001

#### Table 7:

Subgroup analysis: Multivariable logistic regression predicting mortality for patients not under CPR on arrival

Variable	Odds Ratio (95% CI)	p-value
Successful REBOA placement	0.56 (0.06–5.62)	0.624
Low-Volume Hospitals	Reference	
Mid-Volume Hospitals	0.12 (0.02–0.81)	0.029
High-Volume Hospitals	0.21 (0.04–1.13)	0.07
Age 18–26	Reference	
Age 27–40	5.66 (1.24–25.83)	0.025
Age 41–58	10.81 (2.06–56.73)	0.005
Age 59+	23.30 (3.54–153.34)	0.001
Female sex	1.30 (0.36–4.72)	0.687
Penetrating trauma	0.62 (0.15–2.50)	0.501
Pre-hospital CPR	1.07 (0.09–13.28)	0.96
CPR ongoing during REBOA placement	1.88 (0.21–17.02)	0.576
Transferred from another hospital	0.69 (0.10-4.63)	0.703
REBOA placed in OR (vs. ED)	1.10 (0.28–4.31)	0.894
ISS score 2–29	Reference	
ISS score 30-41	8.04 (2.11–30.66)	0.002
ISS score 42–75	6.72 (1.65–27.32)	0.008
GCS 13	Reference	
GCS 14-15 (compared to 3-13)	0.09 (0.02–0.33)	< 0.001