

1 **Single-Crystal Mechanically Entwined Helical Covalent Polymer**

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13 **Abstract**

14 Helical covalent polymers (HCPs) have long been fascinating to scientists in a broad range of disciplines
15 from biology to materials science. However, due to their grand synthetic challenge, single crystal
16 structures of HCPs with high molecular weight and precise atomic positions, bond lengths and angles
17 have never been obtained. Herein, we report a chiral single crystal structure of a HCP taking double helix
18 conformation. The structure analysis shows that each duplex is mechanically entwined and stabilized by
19 the hydrogen-bonding interactions with neighboring duplexes, forming an extended three-dimensional
20 network. Such unprecedented chemical-mechanical hybrid bonding approach would open many new
21 possibilities for the design and synthesis of higher order functional polymeric architectures, including
22 double helix polymers and their assemblies.

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2 The discovery of the double helix structure of deoxyribonucleic acid (DNA) by Watson and Crick has
3 been one of the most significant scientific achievements of all time¹. The elegant pairing of two DNA
4 strands, its mode of complementary chain reproduction, and the encoded hereditary information have
5 inspired and challenged many scientists. Chemists have been trying to build molecules that can rival the
6 sophistication of nature's biomacromolecules. Tremendous progress has been made in building single-
7 stranded helical structures with a broad structural diversity from small molecule assemblies², foldamers
8 (oligomers)^{3,4} to larger polymers^{5,6}. Synthetic helical oligomers/polymers have mainly been characterized
9 using solution phase techniques, such as NMR spectroscopy, circular dichroism (CD) spectroscopy,
10 optical rotation, etc. Uniaxially oriented fibers and films of helical polymers have been prepared to
11 elucidate their solid phase structural information through X-ray diffraction (XRD) analysis and
12 microscopic observations, such as atomic force microscopy (AFM) and scanning tunneling microscopy
13 (STM)⁷⁻¹². However, structural details of synthetic helical polymers have rarely been revealed at atomic
14 resolution through single crystal X-ray diffraction (SCXRD) analysis, due to the extreme difficulty in
15 obtaining single crystals.

16 Further assemblies of single strands to higher-order multistrand helices, which are widely observed in
17 proteins and DNAs¹³, have been extremely challenging to achieve even with abiotic polymers¹⁴. The
18 study on synthetic double helices has mainly been limited to short helical oligomers. One such example is
19 the seminal work by Lehn on the dimerization of oligopyridinecarboxamides with bent conformations to
20 form double-stranded helices through intramolecular hydrogen bonding and intermolecular aromatic
21 stacking interactions^{15,16}. More recently, Yashima reported an enantiomeric double-stranded helicate,
22 where hexa(*m*-phenylene)s equipped with phenol groups are dimerized through the formation of
23 spiroborate bridges^{17,18}. These short double helices are soluble in organic solvents and their structures
24 have been thoroughly investigated through various solution phase characterizations as well as single

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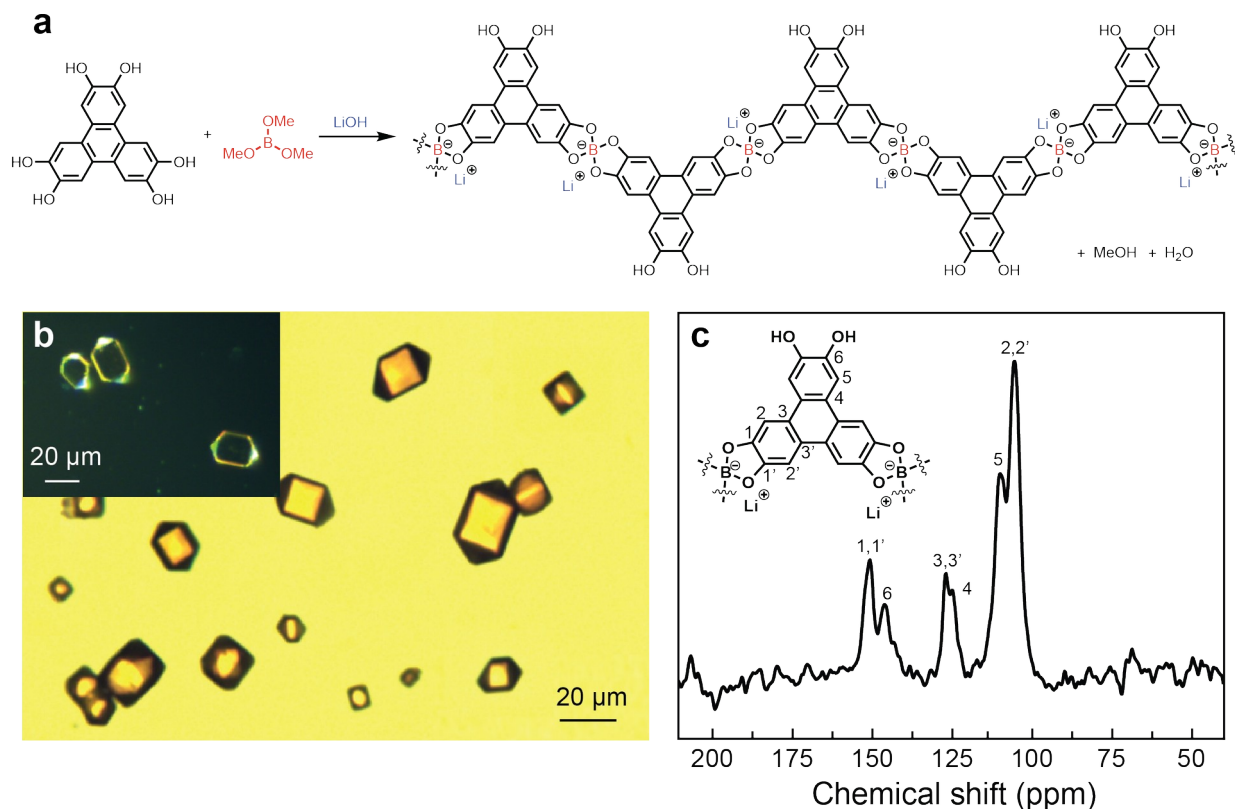
1 crystal X-ray diffraction analyses, providing valuable insights into the fundamental structure properties of
2 double helices. High molecular weight synthetic polymers that form long double helices are very rare and
3 single crystal structures of such polymers have never been obtained^{19,20}. As a result, the direct observation
4 of precise atomic positions and bond lengths and angles in double helical polymers has been impossible,
5 and folding, winding, and further self-assembly mechanisms remain elusive. Moreover, the only strategy
6 of forming double helices over the past three decades has been maneuvering secondary attractive
7 interactions between the two single-stranded subunits.

8 Herein, we report an unprecedented chiral single crystal structure of a linear covalent polymer (number of
9 repeating units = 4×10^4) taking a double helix conformation. The single crystal structure analysis shows
10 that, unlike any natural biopolymers, the two strands of the double helix are mechanically entwined
11 without noticeable non-covalent interactions between them. Rather, each helical strand is stabilized by the
12 hydrogen-bonding interactions with a neighboring double helix, forming an extended network of double
13 helices. Such previously unrevealed topology and intertwining mechanism of a helical polymer somewhat
14 reminds us of the famous allegory of the Long Spoons, showing enthralling interdependence between
15 double helices. We propose that our system may offer an alternative working model to study the
16 relationship between the structures of linear polymers and their potential to arrange into a double helix.
17 Moreover, the chemical-mechanical hybrid bonding approach reported herein would open many new
18 possibilities for the design and synthesis of higher order functional polymeric architectures, including
19 double helix polymers and their assemblies.

20 **Results and discussion**

21 We synthesized the helical covalent polymer (**HCP**) through condensation reaction of 2,3,6,7,10,11-
22 hexahydroxytriphenylene (HHTP) with B(OMe)₃ in the presence of LiOH (Fig. 1a). Initially, we tried the
23 well-known condensation of HHTP with B(OH)₃ in DMF to form spiroborate linked polymers. However,
24 even after heating at 120 °C for 3 days, we only obtained a gel-like material that is soluble in acetone.

1 Presumably, low molecular weight oligomers were formed. We then screened various reaction conditions,
2 such as solvents (MeOH, H₂O, *o*-dichlorobenzene, THF, pyridine, DMF, DMSO, and nitrobenzene),
3 boronic acid derivatives (B(OH)₃ and B(OMe)₃), and bases (LiOH, NaOH, DMF). We found the
4 crystalline product can be obtained when HHTP was reacted with B(OMe)₃ in nitrobenzene in the
5 presence of LiOH. Large single crystals were obtained in elongated square bipyramid shape with an
6 average size of 20 to 30 μm (the distance between the two pyramid apexes) as shown in optical
7 microscopy (Fig. 1b) and Scanning Electron Microscopy (SEM) images. The structure of the product was
8 characterized by FT-IR, ¹³C, ¹¹B, ⁷Li solid-state nuclear magnetic resonance (NMR) spectroscopy, and
9 single-crystal X-ray diffraction analysis. Surprisingly, although theoretically 2D covalent organic
10 framework (COF) structure can be formed from 2:3 molar ratio of HHTP and B(OMe)₃ by fully
11 converting all the diols to spiroborate linkages under the applied solvothermal conditions, only two pairs
12 of diols of HHTP reacted, forming the zig-zag shaped polymer chains with one unreacted diol group. The
13 formation of the unusual helical backbone can be attributed to the multitude hydrogen bond interactions
14 found between the unreacted diols and spiroborate units, which provide energy gain and stabilization. The
15 reduced symmetry of the HHTP monomer units leads to nonequivalent aromatic carbons, which is
16 consistent with the resonance peaks observed in the ¹³C NMR spectrum (Fig. 1c).



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2 **Figure 1 | Helical Covalent Polymer (HCP).** a, Synthesis of the helical polymer through spiroborate

3 formation. b, Optical images of the large single crystals of the **HCP**. The **HCP** grew in elongated square

4 bipyramid shapes. Inset in b, a dark-field optical microscope image with high contrast at edges. c, Solid-

5 state ^{13}C NMR spectrum of the **HCP**. Two sets of resonance peaks were observed, corresponding to non-

6 equivalent aromatic carbons in the polymer structure.

7 The linear polymer has a high degree of polymerization ($n = 4 \times 10^4$) and a molecular weight of 1.3×10^7

8 Da. for a single strand, which, to the best of our knowledge, represents the largest crystalline purely

9 covalent helical polymer reported thus far. The double helical structure of the **HCP** was unambiguously

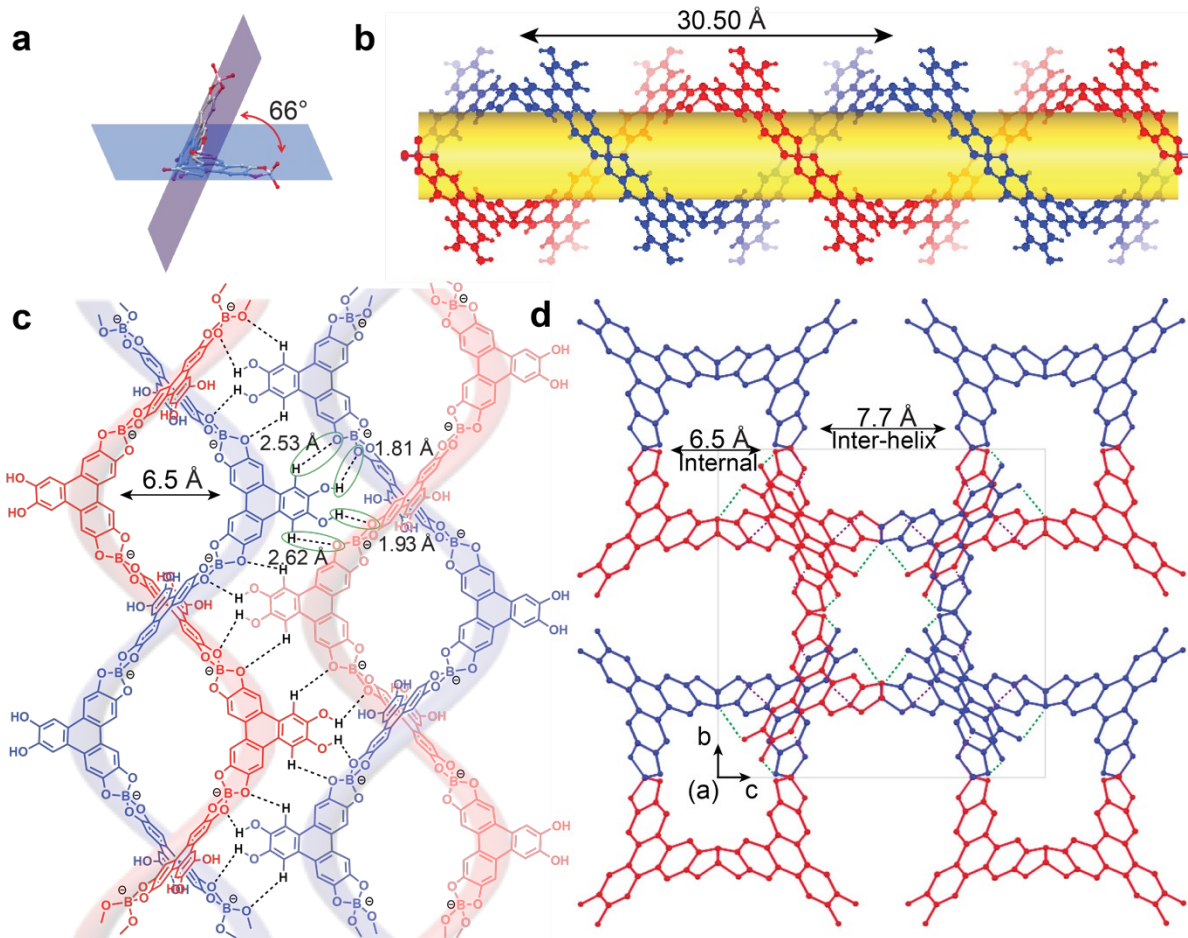
10 determined by single-crystal X-ray diffraction with discrepancy factor **R of 7.80%**. Previously unresolved

11 structural information regarding to polymer helicity, such as exact atomic positions and geometric

12 parameters (bond lengths and angles), helical pitch, helical conformation, and 3D packing are clearly

13 revealed for the first time. The **HCP** crystallized in the **Orthorhombic $I222$** space group with lattice

1 constants, $a = 15.2487(11) \text{ \AA}$, $b = 19.3901(11) \text{ \AA}$ and $c = 19.4093(12) \text{ \AA}$ with one whole formula unit in
2 the asymmetric unit. Two adjacent HHTP monomers linked by a spiroborate $[\text{BO}_4]^-$ node are twisted with
3 respect to each other at a dihedral angle of 66° , thus forming an infinite helical chain along the a -axis,
4 which is assembled by spirals along the a direction requiring 2 unit cells and 4 formula units to complete
5 one full rotation (Fig. 2a). Each unit cell is composed of helical strands with the same chirality. The two
6 strands shift 15.2 \AA along the a -axis with respect to each other to form double-stranded helices. Four
7 HHTP monomers make a complete turn (corresponding to 90° rotation per residue) with a helical pitch of
8 30.50 \AA (Fig. 2b). Considerable distortion of the $[\text{BO}_4]^-$ group was observed, where the dihedral angle of
9 $[\text{BO}_4]^-$ changes from more common 90° to 66° (Fig. 2a). These bond deformations provide the optimum
10 geometry of the polymer chain to form a $1/5$ helix, which requires a dihedral angle of 66° between
11 monomers with the internal angle of 120° . We believe the high conformational adaptability of the
12 spiroborate linkage is playing a critical role in forming the observed double helix conformation, which
13 further induces the crystallization in a chiral space group.



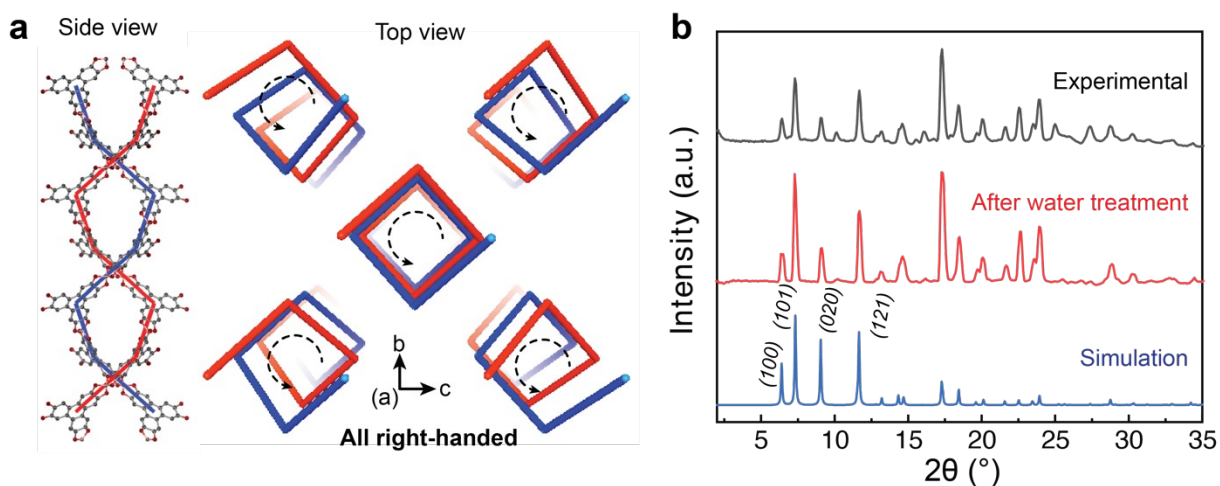
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2 **Figure 2 | Single crystal structures of the HCP showing double helical conformation.** **a**, The
3 backbone twisting geometry to form helical conformation. The $[\text{BO}_4]^-$ linkages are distorted and the
4 dihedral angle between two HHTP monomers is 66° . **b**, The stick representation of a double helix along
5 the ***b* axis**. The two strands are color-coded for clarity. Each helical pitch, the height of one complete turn
6 (360°), is **30.50 \AA** long. Four HHTP monomer units with the internal angle of 120° are needed per turn.
7 No strong interactions are present between the monomer units of the same strand. **c**, Formation of double
8 helices through an array of hydrogen bonding interactions along the *a*-axis. The closest inter-strand
9 distance within one double helix is measured from Ar-H to H-Ar (6.5 \AA). The formation of double-
10 stranded helices is guided by the hydrogen bonding interactions (strong, $\text{OH}\cdots\text{O-B-O}$; weak $\text{Ar-H}\cdots\text{O-B-}$
11 O) with neighboring double helices. **d**, The view along the *a* axis showing the interdependence of double

1 helices and two types of square cavities. The H-bonding interactions of the central helix with the eight
2 strands of the surrounding four double helices are shown. The complete turn of the single strand is
3 supported by 16 strong $\text{OH}\cdots\text{O}-\text{B}-\text{O}$ H-bonding interactions (green dot line) and 16 weak $\text{Ar}-\text{H}\cdots\text{O}-\text{B}-\text{O}$
4 H-bonding interactions (violet dot line) with the four sets of neighboring double helices. The diameters of
5 the internal and inter-duplex cavity are defined as the closest distances between the two ArH hydrogen
6 atoms (6.5 \AA) of the opposite strands for the former and between the two $[\text{BO}_4]^-$ oxygen atoms (7.7 \AA) of
7 the opposite strands for the latter.

8 There are no strong interactions and stabilization within the same strand or between the two strands of the
9 same double helix. The shortest inter-strand distance between the backbones of the two strands of a
10 duplex is 6.5 \AA , which is beyond the effective range (0.6 nm) of common van der Waals interactions.
11 Instead, the conformational stability of the helical strands and their intertwining into double helices are
12 assisted by the hydrogen bonding interactions between adjacent duplexes (Fig. 2c). The unreacted diol
13 groups of each strand orient in a way to induce strong hydrogen bonding interactions ($\text{OH}\cdots\text{O}-\text{B}-\text{O}$
14 distance of $1.81\text{-}1.93 \text{ \AA}$) with the $[\text{BO}_4]^-$ groups of the neighboring double helix. The duplex stability is
15 further enhanced by the weak hydrogen bonding interactions ($\text{Ar}-\text{H}\cdots\text{O}-\text{B}-\text{O}$ distance of $2.53\text{-}2.62 \text{ \AA}$)
16 between Ar-H and the oxygens of the $[\text{BO}_4]^-$ groups at the interface of two duplexes. Each repeating unit
17 provides four oxygens of $[\text{BO}_4]^-$ group as H-bond acceptors and two OH groups and two Ar-H moieties as
18 H-bond donors. Therefore, each complete turn of a single strand is stabilized by 16 strong $\text{OH}\cdots\text{O}-\text{B}-\text{O}$
19 hydrogen-bonding interactions and 16 moderate $\text{Ar}-\text{H}\cdots\text{O}-\text{B}-\text{O}$ hydrogen-bonding interactions with
20 neighboring four sets of double helices.

21 Such interdependence of double helices gives rise to an unusual helical topology, where the double helix
22 formation is mainly guided by neighboring four double helices, resulting in an extended 3D network
23 structure. This type of topology is distinct from DNA-like double helical tertiary structure in which inter-
24 strand H-bonding interactions within a double helix provide the main stabilization. When viewed in

1 projection down the a axis, the helices appear to have a cross section consisting of two types of square
2 channels, one from the internal cavity of a double helix (diameter of 6.5 \AA) and the other from inter-helix
3 cavity (diameter of 7.7 \AA) as shown in Fig. 2d. The stabilization of each double helix by the neighbors is
4 much like the setting in the parable of the long spoons: Survival through Sharing.
5 The double helical conformation of such polymer chains and their compact packing along the a axis result
6 in high-density linear alignment of the charged species along the walls of the channels. One spiroborate
7 anion is located at every 15.2 \AA along the helical axis and $\sim 9.5 \text{ \AA}$ perpendicular to the helical axis at all
8 equivalent positions in the unit cell. The rigid backbone structure and peculiar topology of the double
9 helices in turn provide channels with a highly packed charge distribution. The lithium counter-ions are
10 hosted in the central square tubular cavity surrounded by four double helices. The densely charged
11 columnar channels with a high stiffness could potentially mediate cation migration along the wire with
12 high efficiency.



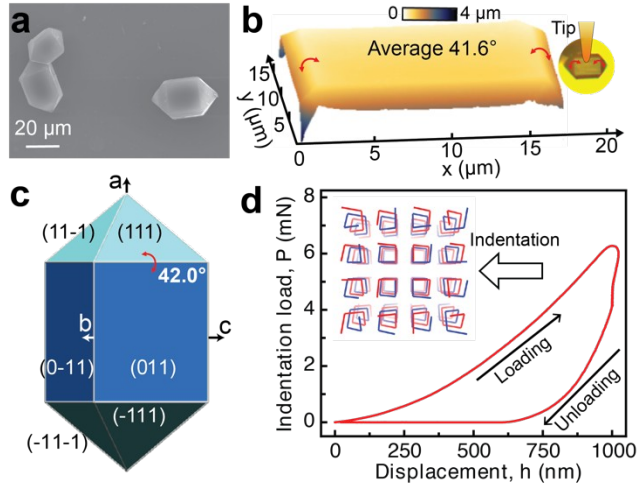
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14 **Figure 3 | HCP helical chirality and PXRD patterns.** a, left, side view of one double helix unit, the
15 backbone was colored for visualization; right, top view along a axis of HCP double helix structure. All
16 double helices show the same right-handed chirality²¹. b, The simulated PXRD patterns from the single
17 crystal diffraction data match well with the experimental results of the bulk sample. The crystals of HCP

1 have high water stability. The PXRD patterns of the water treated sample (soaking in water for 48 h)
2 remain identical to those of the pristine sample.

3 We examined the X-ray diffraction patterns of multiple single crystals and found only single-handed
4 helical polymers are present in one crystal domain (Fig. 3a). Our observation is in great contrast to the
5 isotactic poly(methyl methacrylate) double helices, where the double stranded helices of right-handed and
6 left-handed senses pack together in the unit cell to form hexagonal-like closest packing mode²⁰. In a more
7 recent example, Yaghi and coworkers also reported the synthesis of overall racemic three-dimensional
8 covalent organic framework (COF-505), where achiral monomers form helical organic threads of
9 opposite chirality in one crystalline domain²². While optically active double helices are common in nature,
10 they are rarely observed in achiral synthetic macromolecules. We attribute the formation of
11 enantiomorphic crystals from the achiral HHTP monomers to the combined effect of the following
12 factors: (i) Initial generation of chirality by helical arrangement of the monomers. The helical chirality
13 evolves when 4-mer makes a complete turn. (ii) The single strand chiral oligomers bundle with other
14 geometry matching helices to form stable nuclei. This process involves stabilization of the single strands
15 through cooperative supramolecular hydrogen bonding interactions with helices that have matching
16 geometry (i.e. the same helicity)²³. Each helical strand interacts with four neighboring helices (two sets of
17 double helices) through multiple hydrogen bonding interactions (total eight hydrogen bonds per monomer
18 unit), forming double helices and their supramolecular aggregates. As there are no close interactions
19 between two strands of the same double helix, it is unlikely that double helices form before nucleation.
20 (iii) Subsequent growth of the nuclei into 3D crystal structures occurs through continuous addition of the
21 monomers in crystallographically aligned direction. The positioning of the monomers, crystal growth
22 direction, and chirality are likely controlled by the energy landscape at the interface of the monomers and
23 crystalizing nuclei. Geometry mismatch between the monomers and the nucleus would cause energy
24 penalties due to the difference in hydrogen bonding stabilization and a strain-energy contribution. In this

1 context, the dynamic nature of spiroborate linkages and hydrogen bonding is critical, which enables error
2 correction. Enantiomorphic single crystals are formed through the strong cooperative response (inter-
3 helical hydrogen bonding) between single strands and balancing the rate of polymerization and
4 crystallization. Such chiral polymer growth mechanism is similar to nucleation and growth mechanism of
5 crystalline covalent organic frameworks (COFs), where monomers polymerize and crystallize in specific
6 favored orientations through reversible self-addition polymerization to form highly periodic networks²⁴⁻²⁶.
7 Although individual crystals contain only one type of chiral helices, the CD characterization of the bulk
8 crystal sample shows racemic conglomerate, indicating an equal amount of right-handed and left-handed
9 crystals are present. Therefore, there is no initial preference on the formation of left-handed and right-
10 handed oligomers, and the symmetry breaking likely occurs during the crystallization process.

11 To confirm the phase purity of the **HCP** single crystals, powder X-ray diffraction (PXRD) measurement
12 was conducted with the bulk sample (Fig. 3b). The experimental PXRD patterns of the bulk sample
13 closely match the calculated powder diffraction patterns of the single crystal structure, indicating only a
14 single phase is present. The crystalline structure of the **HCP** is highly stable in water, remaining intact
15 even after soaking in water for 48 hours at room temperature. The PXRD diffraction of the sample after
16 water treatment is almost identical to the fresh sample, confirming that the crystallinity of the helical
17 polymer fully retains under the hydrolysis condition. The crystallinity of the sample retains even after
18 removal of the solvent under high vacuum at 80 °C (Supplementary Fig. 11, and 12). The high stability of
19 the double helices and their packing structure is attributed to the stability of the spiroborate groups and a
20 collection of H-bonding interactions acting between the neighboring double helices, reminiscent of DNA
21 base-pairing.



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2 **Figure 4 | HCP morphology and mechanical property.** a, SEM image of the single crystal HCP. b,

3 AFM image of HCP. Inset: optical microscopy of the measured crystal surface. c, Proposed model of

4 single crystal HCP. d, The typical load-displacement curve ($P-h$) of the cubic face of the single crystal.

5 The average elastic modulus was measured to be $E = 5.5$ GPa. Inset: the indentation direction toward $\{0,$

6 $1, 1\}$ facet.

7 According to the unit cell, the crystal adopts an **orthorhombic crystal system** with very close cell-edge

8 lengths along the b and c axes ($b = 19.3901$ Å and $c = 19.4093$ Å). Therefore, a **near square projection**

9 was expected in the bc plane, perpendicular to the a axis. In the SEM figure (Fig. 4a) and optical

10 microscopy, all the crystals show similar morphology, a cuboid covered with two pyramids on the

11 opposite faces. For some of the crystals, a near square projection can be observed. Based on these

12 observations and unit cell parameters, the morphology model was proposed as shown in fig. 4c, where the

13 $\{1, 1, 1\}$, $\{-1, 1, 1\}$ and $\{0, 1, 1\}$ facets were applied to build a closed polyhedron. Interfacial angles are

14 of crucial importance to studying a crystal with a definite geometric shape. Thus, the angle between two

15 major faces, the triangle and rectangle, was measured by AFM. The AFM images clearly show the

16 multiple planes of each crystal and the interfacial angles between the neighboring planes. It should be

17 noted that the residue left after the solvent drying caused the roughness in the AFM topography. We

18 extracted all the angles between $\{0, 1, 1\}$ facets and $\{1, 1, 1\}$ as well as $\{-1, 1, 1\}$ (Supplementary Fig. 5

1 and Supplementary Fig. 6) and found that the average interfacial angles value of 41.6° agrees well with
2 the simulated value of 42.0° .

3 The preliminary investigation of mechanical properties of the **HCP** single crystal was conducted using
4 three-sided pyramid indenters to measure the modulus of elasticity and hardness of a selected
5 crystallographic plane. We were able to perform nanoindentation with a Berkovich indenter on the large
6 rectangular surface, which was identified as $\{0, 1, 1\}$ facet. The surface profile of the $\{0, 1, 1\}$ facet was
7 obtained using AFM, which shows the uniform thickness and smoothness (Fig. 4b). From load–
8 displacement relationships (P – h curves), the average elastic modulus was estimated to be 5.5 GPa. It
9 should be emphasized that the external force was applied on $\{0, 1, 1\}$ facet, and the measured mechanical
10 strength primarily results from the inter-helical H-bonding interactions without any covalent bonding.

11 **Conclusion**

12 We demonstrated how a simple achiral monomer can self-organize into chiral single crystals of double-
13 helical polymers by harnessing distinct covalent and supramolecular interactions. The chemical-
14 mechanical hybrid bonding approach reported herein would open many new possibilities for the design
15 and synthesis of well-defined functional molecular and polymeric architectures, and also suggests novel
16 platforms for linear polymer folding, supramolecular intertwining, and chirality propagation. Moreover,
17 the anisotropy of electric and mechanical properties of the highly-charged, infinitely long helical polymer
18 crystals could be exploited for the future development of novel materials and nanosystems with functions
19 beyond native biopolymers and biosystems.

20 **Methods:**

21 **Synthesis and crystallization of HCP**

22 The helical covalent polymer was prepared by tetraborate condensation reaction of HHTP, LiOH and
23 $B(OMe)_3$ in nitrobenzene in ampoules tube. A 5 mL tube was charged with HHTP (32.4 mg, 0.1 mmol),

1 LiOH (power form, 3.6 mg, 0.15 mmol) and a tiny stir bar (Size: 10 x 3 mm), then B(OMe)₃ (17 μL, 0.15
2 mmol) dissolved in nitrobenzene (3 mL) were added. The tube was frozen at 77 K in the liquid nitrogen
3 bath for 2 min, then evacuated and refilled with N₂ for 3 cycles, and finally sealed with open flame at a
4 pressure around 100 mTorr. The sealed tube was warmed up at room temperature and then placed at the
5 center of the stir plate with a stirring speed at 100 rpm at 80 °C for 12 hours. The tube was then placed in
6 the oven (120 °C) for 30 days without disturbance. It is necessary to stir the mixture initially to dissolve
7 all LiOH powder. When the mixture was directly heated at 120 °C without stirring at the beginning of the
8 reaction, we observed a large amount of unreacted LiOH crystals covered by the product, leading to the
9 low conversion. After the reaction, the crystals (20 to 30 μm) were collected by vacuum filtration, washed
10 with acetone, methanol and dried under vacuum. The product was further washed with THF through
11 Soxhlet extraction method (24 h) to provide helical covalent polymer (15.5 mg, 46%). The optical
12 microscopy, SEM, Single-crystal XRD, and nano-indentation were carried out with crude suspension
13 after gentle sonication.

14 **Crystallographic data deposition**

15 **Crystal data for the two HCP crystals (tentatively assigned to right-handed) are available from the**
16 **Cambridge Crystallographic Data Centre via www.ccdc.cam.ac.uk (CCDC 2017159, 2034057).**

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1 21 Due to the wavelength of the data collections and all light element compositions of HCP, the
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24 **Author contributions**

25 Y.H., Y.J., and W.Z. conceived the idea and lead the project. Y.H., H.C., and J.W. conducted the
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27 refinement. Z.Z., T.J., and X.C. performed AFM test and IR s SNOM measurements. Y.J. and W.Z. wrote
28 the manuscript with help from Y.H. and Y.C. All the authors discussed and revised the manuscript.

29 **Competing interests**

30 The authors declare no competing interests.

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