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BRIEF REPORT

Disseminated Coccidioidomycosis Treated with Interferon- γ and Dupilumab

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SUMMARY

We describe a case of life-threatening disseminated coccidioidomycosis in a previously healthy child. Like most patients with disseminated coccidioidomycosis, this child had no genomic evidence of any known, rare immune disease. However, comprehensive immunologic testing showed exaggerated production of interleukin-4 and reduced production of interferon- γ . Supplementation of antifungal agents with interferon- γ treatment slowed disease progression, and the addition of interleukin-4 and interleukin-13 blockade with dupilumab resulted in rapid resolution of the patient's clinical symptoms. This report shows that blocking of type 2 immune responses can treat infection. This immunomodulatory approach could be used to enhance immune clearance of refractory fungal, mycobacterial, and viral infections. (Supported by the Jeffrey Modell Foundation and the National Institutes of Health.)

NFECTION WITH COCCIDIOIDES FUNGI IS ENDEMIC IN THE SOUTHWESTERN United States, with an estimated incidence of more than 20,000 reported cases per year.¹ Most infections are asymptomatic or cause minor respiratory disease ("Valley fever"). However, approximately 1% of infections progress to disseminated coccidioidomycosis, defined as spread beyond the lungs and often involving the bones, central nervous system, and skin. Disseminated coccidioidomycosis causes serious illness with a prolonged disease course, permanent tissue damage, and a fatality rate exceeding 40% despite modern medical and surgical treatments.² Treatment of disseminated coccidioidomycosis often requires lifelong receipt of antifungal agents, since infections may be chronic or incompletely cleared.^{3,4} Therefore, there is an urgent need for new treatments.

Disease outcomes in coccidioidomycosis depend on cellular immunity, but the precise elements of that response have not been fully characterized. Resolution of infection is associated with robust interferon- γ -mediated, type 1 immune responses, which require the cytokine interleukin-12 for initiation. Accordingly, patients with monogenic defects along the interleukin-12–interferon- γ axis are susceptible to disseminated coccidioidomycosis.² On the other hand, type 2 immune responses may be deleterious in disseminated coccidioidomycosis, since eosinophilia and high IgE levels are associated with a worse prognosis.⁵ The evidence is less conclusive regarding the role of other types of helper T-cell immunity in protection against disease. Studies have suggested that type 17 helper T (Th17)

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cells and regulatory T cells may also be important for promoting and hindering, respectively, resistance to coccidioides in mice and humans.^{6,7}

CASE PRESENTATION

A previously healthy 4-year-old boy presented with fever and a 3-week history of enlarging subcutaneous nodules on his forehead. The physical examination was notable for three tender masses, each 3 to 5 cm in diameter, on the forehead and scalp, a scaly plaque on the posterior neck, and tenderness in the right wrist and ankle. He had no history of recurrent or severe infections and no family history of immune deficiency or autoimmunity. He lived in a coccidioides-endemic region in California.

Imaging showed a focal consolidation in the right lung, lymphadenopathy, and multiple osteolytic lesions in his skull, vertebral bodies, ribs, right radius, and right tibia (Fig. 1A). Examination of surgical specimens from the skull lesions revealed fungal spherules (Fig. 1B) that were confirmed by polymerase chain reaction (PCR) to be coccidioides. Serologic tests showed coccidioides-specific IgG and IgM, which were absent from the cerebrospinal fluid. Coccidioides complement-fixation titers were suggestive of disseminated disease, with activity detectable at a 1:32 dilution. The patient was treated with fluconazole and liposomal amphotericin B and underwent surgical débridement of the most prominent osseous lesions (Fig. 1C). The spinal and radial lesions worsened as new soft-tissue lesions developed, which prompted additional débridement and escalation of antifungal therapy to posaconazole and high-dose liposomal amphotericin B (7.5 mg per kilogram of body weight). Sertraline was also added to the treatment regimen because of its putative antifungal activity.8 Despite these treatments, complementfixation titers remained elevated, with activity detectable at 1:256.

The rapid dissemination of the patient's infection and his young age prompted further investigation for an underlying immune defect. An initial workup ruled out human immunodeficiency virus (HIV) infection and showed appropriate lymphocyte numbers, normal mitogeninduced lymphocyte proliferation, a normal level of IgM, and elevated levels of IgG, IgA, and IgE (Table S1 in the Supplementary Appendix, available with the full text of this article at NEJM.org). We considered that cases of interferon- γ receptor deficiency, STAT1 gain of function, STAT3 deficiency, and interleukin-12 receptor deficiency have been described as contributing to monogenic susceptibility to coccidioidomycosis.² To evaluate these possibilities, we stimulated monocytes and T cells with interferon- α and interferon- γ , which showed normal phosphorylation and, over time, dephosphorylation of STAT1 (Fig. S1A). STAT3 phosphorylation in response to interleukin-21 stimulation was also intact (Fig. S1B). These results ruled out defects in the interferon- γ receptor, STAT1, or STAT3.

To test interleukin-12 receptor function, we stimulated CD4+ T cells from the patient with interleukin-12. As compared with the response in a healthy control, very low numbers of cells were observed to respond to interleukin-12 with STAT4 phosphorylation (83% responding cells in the control, vs. 12% in the patient) (Fig. 1D). This result was not attributable to the absence of the receptor, since staining for interleukin-12 receptor β 1 (CD212) was similar to that in a healthy control (Fig. S1C). When CD4+ T cells were cultured under neutral conditions, their in vitro differentiation into interferon- γ -producing type 1 helper T (Th1) cells was severely impaired, and the proportion of interleukin-4-producing type 2 helper T (Th2) cells was much higher than in healthy controls (Fig. 1E). However, culturing under Th1 conditions (with exogenous interleukin-12) increased the proportion of interferon- γ -producing cells by a factor of 3 (Fig. 1E), indicating that the interleukin-12 signaling defect could be overcome. We saw a similar excess of Th2 cells in specific responses to the coccidioides antigen T27K (Fig. 1F) (Th1:Th2 ratio of 0.41, with the background subtracted). In contrast, when stimulated with coccidioides antigen, cells from a patient with a resolved case of Valley fever showed an almost exclusive Th1 response, as expected (Fig. S2).

We next examined the possibility that a previously described monogenic immunodeficiency was the cause of the observed defect in interleukin-12 receptor signaling. Whole-genome sequencing revealed no plausible rare variants in or near *IL12RB1*, *IL12RB2*, or *TYK2* or in any primary immunodeficiency gene. No relevant structural variation was detected across the genome. Our patient did not have any of the polymorphic

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interleukin-4 (type 2 helper T [Th2] cells) (left) and their ratio (center) over time. The ratio does not include doublepositive (i.e., positive for interferon- γ and interleukin-4) cells. The first dashed line represents the initiation of interferon- γ treatment, and the second dashed line represents the initiation of dupilumab treatment. Shading indicates the 95% confidence interval. For comparison, the Th1:Th2 ratio for 15 healthy controls is shown on the right. The horizontal line indicates the bootstrapped mean, and the I bar indicates the 95% confidence interval.

"RTR" variants (low-functioning interleukin-12 receptor β alleles) that confer susceptibility to infection.⁹ Because genome sequencing revealed no plausible rare exonic variants, RNA sequencing was used to look for aberrant splicing as a cause of disease.¹⁰ Using this method, we identified the well-known short and long transcriptional isoforms of *IL12RB1*.¹¹ Surprisingly, we found that 94% of our patient's transcripts (61 of 65 reads across the exon–exon junctions) were the short isoform, as compared with an average of 67% of the transcripts among healthy con-

trols (Fig. S3A and S3B). We found no variants in or near the five poly-G tracts that promote splicing of the short isoform.¹² Our patient thus produced aberrantly high levels of the short, nonfunctional isoform of *IL12RB1*, leading to impaired interleukin-12 signaling and type 1 immunity.

Because of the patient's progressive, refractory disease and the reported success of treatment with interferon- γ in a few patients with disseminated coccidioidomycosis,^{13,14} treatment with subcutaneous interferon- γ , at a dose of 50 μ g

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per square meter of body-surface area three times per week, was initiated on week 8 of his hospital stay. The treatment did not have substantial adverse effects other than transient fevers, and the patient had a decline in inflammatory markers (Table S2). However, his complement-fixation titers remained elevated, with activity detectable at 1:256. The dose of interferon- γ was gradually increased to 200 μ g per square meter three times per week. We reexamined interleukin-12 signaling after treatment with interferon- γ and noted a marked improvement in the interleukin-12 receptor-mediated phosphorylation of STAT4 (Fig. S4A). The patient's initially defective response to interleukin-12 stimulation was not absolute, indicating that a latent ability to respond to interleukin-12 was awakened by interferon- γ therapy. The proportion of Th1 cells observed in vitro also increased after treatment with interferon- γ (Fig. 2B). The clinical disease, however, continued to progress, albeit at a slower pace, and the patient underwent additional surgical débridement of his radial lesion. The remaining calvarial lesions and the T3 spinal lesion continued to enlarge despite antifungal and interferon- γ therapies (Fig. 2A).

Dupilumab is a monoclonal antibody that blocks the alpha chain common to the interleukin-4 and interleukin-13 receptors. It is indicated for the treatment of severe asthma and atopic dermatitis and has an excellent safety profile. Dupilumab has not typically been used to promote clearance of infections. In vitro incubation of our patient's T cells with dupilumab resulted in an increase in the ratio of Th1 to Th2 cells (Fig. S4B). In light of this finding and the patient's refractory disease, dupilumab was added on week 16 of his hospital stay (starting at 2 mg per kilogram of body weight per week and increasing gradually to 6 mg per kilogram per week) without adverse effects. Signaling through the interleukin-4 receptor was completely suppressed under this treatment regimen (Fig. S4C). Over time, the proportion of interleukin-4-producing T cells decreased, resulting in a 1:1 ratio of polyclonal Th1 to Th2 cells (Figs. 2B and S4D), and the Th1:Th2 ratio of coccidioidesspecific T cells improved to 0.65 (a 46% increase over baseline). IgE levels also decreased substantially (Table S2). The complement-fixation titers became undetectable, and inflammatory markers normalized. Treatment with dupilumab plus interferon- γ resulted in dramatic clinical improvement, followed by resolution of disease.

Repeat imaging 5 weeks after the addition of dupilumab showed improvement of the calvarial lesions for the first time, with complete resolution 11 weeks later (Fig. 2A). The T3 spinal lesion was found to be resolved 15 weeks after dupilumab was added (Fig. 2A). The patient was discharged and continues to take antifungals plus interferon- γ and dupilumab. The dose of dupilumab was reduced to 4 mg per kilogram per week. At a 1-year follow-up visit, no new foci of infection were discovered. The dose of interferon- γ was decreased to 150 μ g per square meter three times per week. Transcriptional analysis of *IL12RB1* showed that the patient now had a normal splicing pattern (Fig. S3C).

DISCUSSION

Risk factors for disseminated coccidioidomycosis include pregnancy, immunosuppression, HIV and acquired immunodeficiency syndrome, and monogenic defects of the interleukin-12-interferon- γ axis² — all states in which type 2 immunity dominates over type 1 immunity. In this report, we showed that treatment with interferon- γ (augmenting type 1 immunity) in combination with dupilumab (suppressing type 2 immunity) resulted in complete resolution of disease in a patient with life-threatening disseminated coccidioidomycosis who had no known monogenic immunodeficiency. These observations imply that a relative insufficiency of type 1 immunity combined with strong type 2 responses confers susceptibility to disseminated coccidioidomycosis. We propose that restoring the balance between type 1 and type 2 immunity enables clinical improvement and that the relative differentiation state of helper T cells may serve as a useful biomarker in this disease.

Th1 cells produce interferon- γ , which augments microbial killing by macrophages and other innate cells. A direct correlation between disease resolution and production of interferon- γ by lymphocytes in response to coccidioides antigen has been found in patients with disseminated coccidioidomycosis.¹⁵ Consequently, interferon- γ has been used with success as adjunctive therapy in a few cases of disseminated coccidioidomyco-

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sis.^{13,14} In our patient, however, this approach was insufficient to eliminate disease, despite the improvement of interleukin-12 signaling and some restoration of helper T-cell differentiation.

Type 2 immune responses have been shown to be deleterious in animal models of coccidioidomycosis.¹⁶ Interleukin-4 suppresses Th1 development and reduces the antifungal activity of phagocytes and neutrophils.¹⁷ We therefore reasoned that inhibiting the Th2 milieu could halt the relentless dissemination of the disease in this patient. Indeed, the addition of dupilumab accelerated clinical improvement, with resolution of bone and soft-tissue lesions. Whether dupilumab exerts disease control by altering T-cell differentiation and function, phagocyte microbicidal activity, or both remains to be determined.

In our patient, genome sequencing did not identify any plausible rare variants that could explain a susceptibility to disseminated coccidioidomycosis. Pathogenic variants are expected to be rare, because genes required for fitness usually fall under purifying selection, but only when selective pressures are universal. Outside the narrow geographic region in which coccidioides is endemic, selective pressures on genes that confer susceptibility to disseminated coccidioidomycosis may be minimal. Thus, a not-so-rare variant may be pathogenic for persons who are exposed to coccidioides.¹⁸ Similarly, we know that not-so-rare variants explain susceptibility to tuberculosis,¹⁹ another "Th1 disease."

RNA sequencing from whole blood picked up

both the short and the long transcriptional isoforms of *IL12RB1*. The short isoform cannot respond to cytokines because it lacks its signaling domain and localizes in an intracellular compartment.²⁰ In our patient, the ratio of short to long isoforms was 25:1, whereas in healthy humans the mean ratio is approximately 2:1. We speculate in this case that a nonrare genomic variant, a noncoding or epigenetic change, or a novel immunodeficiency drove aberrant splicing, which was rescued by activation through interferon- γ -STAT1 signaling and thereby promoted expression of the longer isoform.

We found that the combination of interferon- γ and dupilumab successfully controlled a severe case of disseminated coccidioidomycosis. We propose that this immunomodulatory approach may have therapeutic potential for other severe fungal infections, and we speculate it may also be useful in other infections where type 1 immunity is important, including viral and mycobacterial infections.

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Disclosure forms provided by the authors are available with the full text of this article at NEJM.org.

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Disseminated coccidioidomycosis treated with IFN-γ and blockade of IL-4/IL-13

Supplemental Material

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Methods

Approvals. Written informed consent was obtained for human subjects research, as approved by the UCLA Institutional Review Board. Healthy donors were drawn from the donor pool of the UCLA Blood Bank, utterly deidentified, and purchased as whole blood through a service offered by the UCLA Virology Core.

Reagents and antibodies. Cells were grown and assayed in complete T-cell media, consisting of RPMI 1640 with L-glutamine (Gibco #11875) supplemented with 10% fetal bovine serum (Gibco #26140), 10 mM HEPES (Gibco #15630), 1X Pen/Strep (Gibco #15140), 1 mM sodium pyruvate (Gibco #11360) and 55 μ M 2-mercaptoethanol (Gibco #21985). FACS buffer consisted of 1X DPBS (Gibco #14901) supplemented with 2% fetal bovine serum and 1 mM EDTA (ThermoFisher #15575). The following antibodies were used: anti-CD3c (clone OKT3), anti-CD28 (clone CD28.2), anti-CD4 Brilliant Violet 421 and Alexa Fluor 647 (clone RPA-T4), anti-CD14 Brilliant Violet 421 (clone HCD14), anti-IFN-y PE (clone 4S.B3), and Human TruStain FcX (Cat# 422302) from Biolegend; anti-CD20 Brilliant Violet 421 (clone H1), anti-phospho-Stat1 (Tyr701) Alexa Fluor 488 (clone 4a), anti-phospho-Stat3 (Tyr705) Alexaxf Fluor 647 (clone 4/P-Stat3), anti-phospho-Stat4 (Tyr693) Alexa Fluor 647 (clone 38/P-Stat4), Mouse IgG2a Isotype Control Alexa Fluor 488 and Alexa Fluor 647 (clone MOPC-173), and anti-IL-4 PE-Cy7 (clone 8D4-8) from BD Biosciences. All antibodies were used at manufacturerrecommended dilutions in FACS experiments. Recombinant human IL-12 p70 (Cat# 200-12), IL-21 (Cat# 200-21) and IFN-y (Cat# 300-02) were from Peprotech. Recombinant human IFN-α1 was from Cell Signaling Technology (Cat# 8927). Anti-IL-4Ra (Dupilumab) for *in vitro* testing was obtained from the UCLA hospital pharmacy. Phorbol 12-myristate 13-acetate (PMA; Cat# P1585) and lipopolysaccharide (LPS; Cat# L4391) were from Sigma Aldrich. Ionomycin was from EMD Millipore (Cat# 407953).

T-cell purification, activation and differentiation. CD4+ cells were purified from heparinized whole blood with the EasySep Direct Human CD4+ T Cell Isolation Kit (StemCell, Cat# 19662). Twelve well plates were pre-coated with 1 μ g/mL anti-CD3 ϵ in PBS for 2 hr at 37 °C. Cells were plated at 1 million per well in 1 mL complete T cell

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media supplemented with 2 μ g/mL anti-CD28. For Th1 differentiation, 10 ng/mL IL-12 p70 was included in the culture. On day 3, CD4+ cells were removed from the anti-CD3 ϵ coated wells and transferred to 6 well plates. Additional media supplemented with 100 U/mL IL-2 (and 10 ng/mL IL-12 p70 for the Th1 condition) was added to the wells. In some experiments, 50 μ g/mL anti-IL-4R α (dupilumab) was included in the cultures. On day 7, cells were harvested and assayed for cytokine production and pSTAT4 induction.

Phospho-Stat assays. For whole blood: 20 μ L of 10X IL-21, IFN-y, or IFN- α 1 in PBS (or PBS only control) was added to 180 μ L of blood in a 5 mL FACS tube to achieve a final concentration of 10 ng/mL. Tubes were incubated at 37 °C for 20 min, at which point 4 mL of pre-warmed 1X Lyse/Fix buffer (BD, Cat# 558049) was added. Cells were fixed for 10 min at 37 °C, centrifuged and washed twice with FACS buffer. For cultured cells: 50 μ L of 10X IL-12 p70 in media (or media only control) was added to 1 million cells in 450 μ L of complete T cell media to achieve a final concentration of 10 ng/mL. The cells were incubated at 37 °C for 20 min, and then an equal volume of prewarmed Cytofix buffer (BD, Cat# 554655) was added. Cells were fixed for 12 min at 37 °C, centrifuged and washed twice with FACS buffer. Staining and permeabilization: Fc receptors were blocked for 5 min at RT, followed by a 20 min stain on ice with anti-CD4, anti-CD14 or anti-CD19. Cells were washed with FACS buffer and permeabilized for 30 min on ice with 1 mL Phosflow Perm Buffer III (BD, Cat# 558050) that had been precooled to -20 °C. After permeabilization, two mL FACS buffer was added and the samples were centrifuged. After three additional washes, the cells were stained with anti-pStat4 or an isotype control for 30 min at RT. Samples were washed three times and data were collected on a Cytek DxP10 flow cytometer. Data were analyzed with FlowJo software.

Stimulation and intracellular cytokine staining. To stimulate cytokine production, 1 million CD4+ T cells were incubated in 1 mL complete T-cell media with or without 40 ng/mL PMA and 1 μ M ionomycin for 5 hr at 37 °C. For the final 4 hours, 1X Golgiplug (BD, Cat# 555029) was added to all wells. Cells were harvested from the wells, washed with FACS buffer and fixed in 1 mL PBS/2% paraformaldehyde for 30

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min at RT. After washing with FACS buffer, cells were permeabilized with FACS buffer containing 0.5% saponin. After blocking Fc receptors, the cells were stained with anticytokine antibodies for 30 min at RT and washed three times, all in the presence of saponin. Data were collected and analyzed as above.

For stimulation with Cocci antigen, frozen aliquots of PBMC were thawed and incubated for 24 hrs with 100 ng/mL LPS and 10 μ g/mL T27K Cocci antigen. Golgiplug was included for the final 4 hrs of culture. Cells were harvested from the wells, stained for CD4, and then processed as above.

RNA sequencing. RNA was extracted from whole blood using the PAXgene Blood RNA Kit (Qiagen). Quantification and quality were assessed using Qubit 3.0 Fluorometer and Agilent bioanalyzer. 1 µg of total RNA was submitted to the UCLA Neuroscience Genomics Core (UNGC) for library construction and RNA sequencing. Sequencing libraries were generated using Illumina TruSeq Stranded Total RNA with Ribo-Zero Globin. Sequencing was performed to generate >65 million 120 base pairedend reads on the Illumina HiSeq 4000. FASTQ files were aligned to GRCh37 using STAR-2.5.2b with Gencode v19 annotation. Quality was assessed using RNA-SeQC v1.1.8. BAM files were analyzed in IGV to generate a sashimi plot of splice alterations.

IL12RB1 Isoforms. Splice junction data were downloaded from GTEx V7 (GTEx_Analysis_2016-01-15_v7_STARv2.4.2a_junctions.gct) or from an internal dataset of the IPH. Counts of the exon-exon junctions corresponding to both the long and short isoform for IL12RB1 were extracted (Junction IDs 19_18180524_18182921 and 19_18182144_18182921, respectively) for all whole blood samples (n = 407). Twenty samples with a total read count of less than 10 across both junctions were excluded.

Figure S1



Fig. S1. Normal responses of STAT1 and STAT3 in the proband. (A) Peripheral blood cells were stimulated with IFN- α and IFN- γ and phosphorylation of STAT1 evaluated by flow cytometry as a function of time. (B) Peripheral blood B cells from the patient or a healthy control were stimulated with IL-21 and phosphorylation of STAT3 evaluated by flow cytometry. (C) Expression of CD212 (IL12RB1) by flow cytometry. (D) Patient's absolute eosinophil counts over time.



Fig. S2. Control Valley Fever patient produces a Th1 response to stimulation with Coccidioides antigen. (A) Gating strategy for experiments where PBMC were stimulated with Coccidioides antigen (see Fig. 1F). **(B)** Stimulation of PBMC from a patient who had recovered from Valley Fever with T27K Coccidioides antigen revealed an exclusively Th1 response.





Fig. S3. Transcriptional differences in the proband. (A) Sashimi plot showing the two transcripts of the *IL12RB1* gene (short and long). Reads of the proband are shown spanning the exon-exon junctions that form the short or long isoforms. **(B)** Gray dots show the proportion of the *IL12RB1* transcripts of the short isoform compared to total *IL12RB1* transcripts from RNA-sequencing of whole blood cells from 387 non-immunodeficient individuals. Superimposed on the plot is the percentage of short transcripts for the proband. The healthy controls had an average of 67.4% ± 12.8% short isoform (mean ± SD, dashed line), giving the proband's transcripts of *IL12RB1* one year after treatment with IFN- γ and dupilumab, including reads spanning the exon-exon junctions of the short and long isoforms.

Figure S4



Fig. S4. Immunological responses to treatment. (A) Improved response to IL-12 stimulation in CD4+ T cell effectors after initiation of treatment with IFN- γ . (B) Enhanced IFN- γ production and decreased IL-4 production in CD4+ T cell effectors cultured with dupilumab *ex vivo*. (C) Peripheral blood CD4+ T cells from the patient while on dupilumab or a healthy, untreated control subject were stimulated with IL-4 and phosphorylation of STAT6 shown. (D) Normalization of Th1 and Th2 cells after treatment with IFN- γ and dupilumab.

Table S1. Laboratory data.

	Baseline (admission)	Reference Ranges
Lymphocyte Counts		
CD3+ T lymphocytes	2,193 (75%)	1,400-3,700 (56-75%)
CD4+ T-cell helper subset	1,235 (43%)	700-2,200 (28-47%)
CD8+ Cytotoxic T cell subset	842 (29%)	490-1,300 (16-30%)
CD19+ B lymphocytes	545 (19%)	390-1,400(14-33%)
NK lymphocytes	141 (5%)	130-720 (4-17%)
Immunoglobulins		
lgG	2,060 mg/dL	540-1,330 mg/dL
lgA	257 mg/dL	30-160 mg/dL
lgM	89 mg/dL	40-140 mg/dL
lgE	2,396 kIU/L	<20 kIU/L
Neutrophil oxidative burst	96% positive	>90% positive

Table S2. Responses to treatment

	Baseline (admission)	Antifungals +IFN-γ	Antifungals + IFN-γ + Dupilumab
lgE (kIU/L)	2,396	354	109
lgG (mg/dL)	2,190	2,060	1,350
CRP	9.5	3.0 (wk 10)	1.0 (wk 20)