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### Authors

Yuan, Weihao  
de Almeida Queiroz Ferreira, Luiza  
Khade, Ronit  
et al.

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# Enhanced Osteogenic Differentiation of hMSCs Using BMP@ZIF-8-Loaded GelMA Nanocomposite Hydrogels with Controlled BMP-2 Release

Weihao Yuan,<sup>§</sup> Luiza de Almeida Queiroz Ferreira,<sup>§</sup> Ronit Khade, Ivana Diniz, Sahar Ansari, and Alireza Moshaverinia\*



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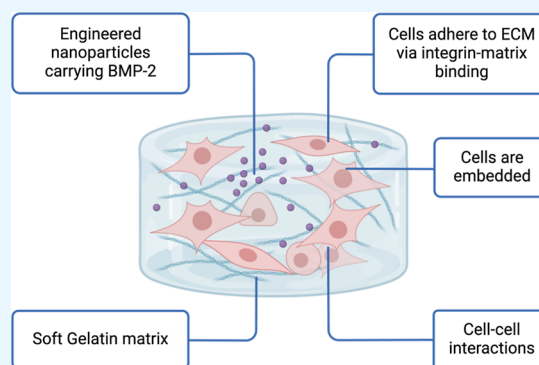
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**ABSTRACT:** Hydrogels are highly versatile materials with immense potential for tissue engineering and regenerative medicine owing to their biocompatibility, tunable mechanical properties, and ability to mimic the natural extracellular matrix. Their 3D porous structure allows for the encapsulation and delivery of bioactive molecules, making them ideal candidates for drug delivery systems. In tissue repair, particularly for bone regeneration, hydrogels can serve as carriers that release therapeutic agents in a controlled manner, thus enhancing the healing process. Zeolitic Imidazolate Framework-8 (ZIF-8) nanoparticles and recombinant human Bone Morphogenetic Protein (rhBMP-2) molecules were incorporated solely (ZIF@GelMA) or in association (BMP@ZIF@GelMA) into gelatin modified by a methacryloyl hydrogel (GelMA) to investigate its physical and osteogenic properties. Hydrogels were characterized by Scanning Electron Microscopy and rheological tests. We analyzed hydrogel degradation and the BSA release profile of BMP@ZIF@GelMA samples throughout 0, 1, 3, 7, 14, and 28 days. Cell adhesion and bone formation markers were analyzed for hydrogel-encapsulated human dental pulp cells by using immunocytochemistry and molecular analysis. ZIF@GelMA and BMP@ZIF@GelMA exhibited a porous and viscoelastic structure with increased storage modulus when rhBMP2 was present. BSA@ZIF@GelMA showed a balanced degradation rate and a controlled release of BSA. The ZIF@GelMA upregulated the expression of cell adhesion and bone formation genes, and when BMP-2 was introduced, the levels of markers were remarkably elevated. BMP@ZIF@GelMA hydrogel presents several favorable factors to promote cellular adhesion and bone regeneration, thus encouraging further prospects for advanced therapeutic applications in tissue repair.



## 1. INTRODUCTION

Craniofacial bone defects resulting from trauma, cancer, or congenital conditions are a clinical challenge because this tissue may not heal independently.<sup>1–5</sup> Besides lowering the quality of life, it also has a socioeconomic problem, with annual healthcare costs above \$600 billion.<sup>6,7</sup> Reconstructive surgeries for repairing bone defects still consist of autograft or allograft techniques.<sup>8,9</sup> The first is considered the gold standard and can be the preferred surgical approach. However, it consists of harvesting tissue from another site, depending on its availability, and the procedure can result in postoperative complications, increasing pain, susceptibility to pathogen infections, and morbidity of the donor.<sup>10–12</sup> On the other side, allografts are directly affected by the immune response of patients.<sup>13–17</sup> These drawbacks enhanced studies of synthetic substitutes of bone grafts. Certainly, grafts can improve clinical parameters and bone loss progression. However, a major challenge in the bone regeneration field is the limited volume and height of bone neof ormation in wider defects.<sup>18–20</sup>

Tissue engineering associated with biological molecules and nanoparticles can help overcome limitations of traditional approaches.<sup>21–23</sup> Synthetic growth factors can lead to functional tissue repair, targeting a clinical application where the damaged tissue is repaired faster.<sup>24–26</sup> Nanofillers or nanoparticles add mechanical strength to a biomaterial, whereas hydrogels may be readily injected into any cavity format.<sup>27–29</sup> Accordingly, hydrogels can mimic the extracellular matrix structure and microenvironment stiffness with sustained release of bioactive molecules, thus supporting cell migration, proliferation, and dedifferentiation followed by tissue regeneration.<sup>30–32</sup> Choosing a particular hydrogel over another is

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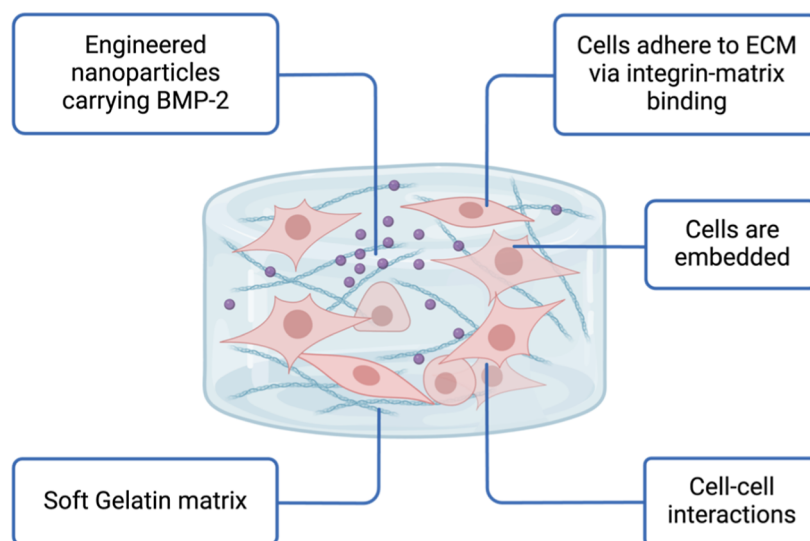
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## Scheme 1. Schematic Illustration of the Engineered Nanocomposite Hydrogel



crucial when it comes to targeting injured tissue. For example, conventional hydrogels may not be adherent and may lack mechanical strength or osteogenic properties.<sup>33–35</sup> Conversely, gelatin modified by methacryloyl (GelMA) is bifunctional, and its mechanical properties are suitable for a 3D platform bioprinting using stem-cell-delivering biomaterials or bioactive molecules.<sup>36–40</sup>

Zeolitic Imidazolate Framework-8 (ZIF-8) is considered a Metal–Organic Framework (MOF).<sup>41</sup> It is a type of material containing metallic ions and presenting physical properties such as high porosity, surface area, diverse structure, and unsaturated metal coordination bonds.<sup>42–44</sup> All those characteristics allow modifications or the incorporation of biological molecules to be used as a therapeutic drug, such as an antimicrobial agent.<sup>45,46</sup> Beyond its chemical adaptability, ZIF-8 is recognized for its inherent stability, ensuring it remains unreactive and intact under extreme conditions, such as pH, pressure, and temperature.<sup>44,47</sup> Ultimately, the multifaceted properties of ZIF-8, ranging from its structural adaptability to its medical applications, underscore its potential and importance in scientific research and medical advancements. While several molecules have been studied for bone repair, bone morphogenetic proteins (BMPs) showed potent osteogenic factors.<sup>48–50</sup> Previously, studies have demonstrated that the ZIF-8 and BMP-2 association increased osteogenic properties and dedifferentiation toward bone repair and might be used as a bone graft material.<sup>51–53</sup> The incorporation of these molecules into hydrogels was also reported as a chitosan model. However, a more stable network can be created by adding methacryloyl (GelMA), resulting in better mechanical properties.

Herein, we aimed to develop a GelMA hydrogel system incorporating ZIF-8 nanoparticles and human recombinant bone morphogenetic protein (rhBMP-2) molecules (Scheme 1). We investigated its mechanical and physical properties and assessed its ability to promote short-term cell adhesion and bone differentiation properties.

## 2. MATERIAL AND METHODS

**2.1. Synthesis of the Biomaterial.** ZIF-8 nanoparticles (NPs) were synthesized by mixing 2-methyl imidazole (2-MeIM; Sigma-Aldrich, St. Louis, MO, USA) and zinc nitrate

( $\text{Zn}^{2+}$ ; Sigma-Aldrich, St. Louis, MO, USA) in aqueous solution. To get the monodispersed nanoscale ZIF NPs, we optimized the ratio of 2-MeIM and  $\text{Zn}^{2+}$  to 70:1 at 3150 and 45 mM concentrations, respectively. rhBMP2 (Thermo Fisher Scientific, Waltham, MA, USA) was added at 100  $\mu\text{g}/\text{mL}$  concentration during the synthesis of BMP@ZIF NPs. The obtained ZIF NPs and BMP@ZIF NPs were collected by centrifugation at 10,000 g for 5 min and washed three times in phosphate-buffered saline (PBS). The obtained ZIF NPs and BMP@ZIF NPs were mixed with GelMA solution with 0.05% photoinitiator (LAP), followed by UV curing for 15 min.

**2.2. Scanning Electron Microscopy.** For scanning electron microscopy (SEM) analysis, the samples were flash-frozen by liquid nitrogen and dehydrated under lyophilization for 3 days. Small hydrogel pieces were sputtered with a thin layer of gold (15 mA for 60 s). Image acquisition was performed by using a Zeiss VP40 scanning electron microscope (Zeiss, Mannheim, Germany).

**2.3. Rheological Analysis.** The rheological analysis and the compressive strength of the samples were conducted in Anton Paar equipment (Graz, Australia) with the following settings: frequency sweep range from 0.01 to 10 Hz; strain sweep from 0.1% to 1000%. Optical measurements were conducted at a 0.5 mm distance between the rotor and the plate.

**2.4. Degradation of the Material.** The samples previously prepared ( $n = 6$ ) were immersed in PBS containing 0.1% (w/v) sodium azide ( $\text{NaN}_3$ ) (Sigma-Aldrich). After cautiously removing hydrogels from the solution, the samples were rinsed three times with deionized water, eliminating salt adhesive. Then, samples were kept for 5 min under liquid nitrogen and freeze-dried for 3 days. The dry mass of each sample was assessed at 0, 1, 3, 7, 14, and 28 days, and the weight loss percentage was calculated with the following equation

$$\begin{aligned} \text{Weight percentage (\%)} \text{ at day } t \\ = \frac{\text{dry mass on day } t}{\text{dry mass on day } 0} \times 100\% \end{aligned}$$

**2.5. Bovine Serum Albumin Release.** A time-dependent curve was performed by using bovine serum albumin (BSA) to

simulate the controlled release of rhBMP2 by the BMP@ZIF hydrogel. Before gelation, 100 mg of BSA was incorporated into the hydrogel precursor solution. Initially, the samples were immersed in 1 mL of PBS solution containing 0.1% (v/w) sodium azide (NaN<sub>3</sub>) (Sigma–Aldrich). BSA released from hydrogels was assessed in 50  $\mu$ L of the PBS collected from each sample's supernatant at days 0, 1, 3, 7, 14, and 28. A protein quantification kit calculated the amount of BSA released at each time interval according to the manufacturer's instructions (Thermo Fisher Scientific). The following equation was used to obtain the BSA percentage release

$$\text{Releasing percentage (\%)} \text{ at day } t = \frac{\text{BSA content on day } t}{\text{Initial BSA content}} \times 100\%$$

**2.6. Cell Culture.** Human Dental Pulp stemcells (DPSCs) were isolated as previously described. Cells were expanded in  $\alpha$ -MEM supplemented with 15% of Fetal Bovine Serum (FBS), 4 mM of L-Glutamine, and 50 IU/mL of penicillin/streptomycin at 37 °C in a humid atmosphere containing 5% CO<sub>2</sub>. DPCs from the fourth passage were used for hydrogel encapsulation at a density of  $5 \times 10^6$ /mL. All hydrogels were cultured with osteogenic media containing 10 mM  $\beta$ -glycerophosphate disodium, 50 mg/mL L-ascorbic acid 2-phosphate magnesium salt hydrate, and 100 nM dexamethasone for 7 days. Osteogenic media were changed every other day. To assess the osteogenic differentiation, samples were analyzed by the relative expression and immunofluorescence staining of osteogenic markers.

**2.7. Immunofluorescence Staining.** At day 3, immunofluorescence staining was performed to assess the expression of encapsulated cells for cell adhesion and osteogenic markers. First, the hydrogels were fixed in 4% (w/v) paraformaldehyde solution (PFA) for 15 min. The samples were rinsed with PBS solution, permeabilized with 0.25% Triton-X100 PBS, and incubated in a blocking buffer containing 1% BSA PBS for 45 min. The hydrogels were incubated overnight, at 4 °C, in a blocking buffer containing the following primary antibodies: integrin- $\beta$ 1 (1:100) and osteocalcin (1:100) (Abcam). The next day, samples were rinsed with 0.5% Tween 20 in PBS and incubated in blocking buffer containing secondary antibodies (1:400, Thermo Fisher). After washing with 0.5% Tween 20 PBS, the nuclei were counterstained with DAPI (1:1000; Molecular Probes, Eugene, OR, USA). Image acquisition was performed using a Leica SP8 confocal microscope (Wetzlar, German). The same exposure conditions were applied to all of the experimental groups.

**2.8. Real-Time Quantitative Polymerase Chain Reaction.** We used real-time quantitative polymerase chain reaction (RTq-PCR) to analyze the gene expression of encapsulated DPCs on the seventh day. Total RNA was with the TRIzol reagent (Invitrogen, Carlsbad, CA, USA) following the manufacturer's instructions. For each sample, 100 ng of mRNA was transcribed into cDNA using the RevertAid First Strand cDNA synthesis kit following the manufacturer's instructions (Thermo Fisher). For each condition, quantitative gene expression was obtained by combining SYBR Green master mix (Thermo Fisher) and the following primers (Table 1) for osteogenic genes: mitogen-activated protein kinase (MAPK), alkaline phosphatase (ALP), collagen type I (Col1), osteocalcin (OCN), runt-related transcription factor 2 (RUNX 2), and glyceraldehyde-3-phosphate dehydrogenase (GAPDH)

**Table 1. Human Primer Sequences Used for RT-qPCR Analysis**

gene	primers
MAPK	forward: TACACCAACCTCTCGTACATCG reverse: CATGTCTGAAGCGCAGTAAGATT
ALP	forward: ACCACCACGAGAGTGAACCA reverse: CGTTGTCTGAGTACCAGTCCC
Col 1	forward: GAGGGCCAAGACGAAGACATC reverse: CAGATCACGTTCATCGACAAC
OCN	forward: CACTCCTCGCCCTATTGGC reverse: CCCTCCTGCTTGGACACAAAG
RUNX2	forward: TGGTTACTGTCTGCGGGGTA reverse: TCTCAGATCGTTGAACCTTGCTA
GAPDH	forward: GGAGCGAGATCCCTCCAAAAT reverse: GGCTGTGTGCATACTTCTCATGG

(all from Thermo Fisher Scientific). The  $2^{-\Delta\Delta CT}$  method was used to assess the relative gene expression fold change. The GelMA group was used as the reference control (1-fold).

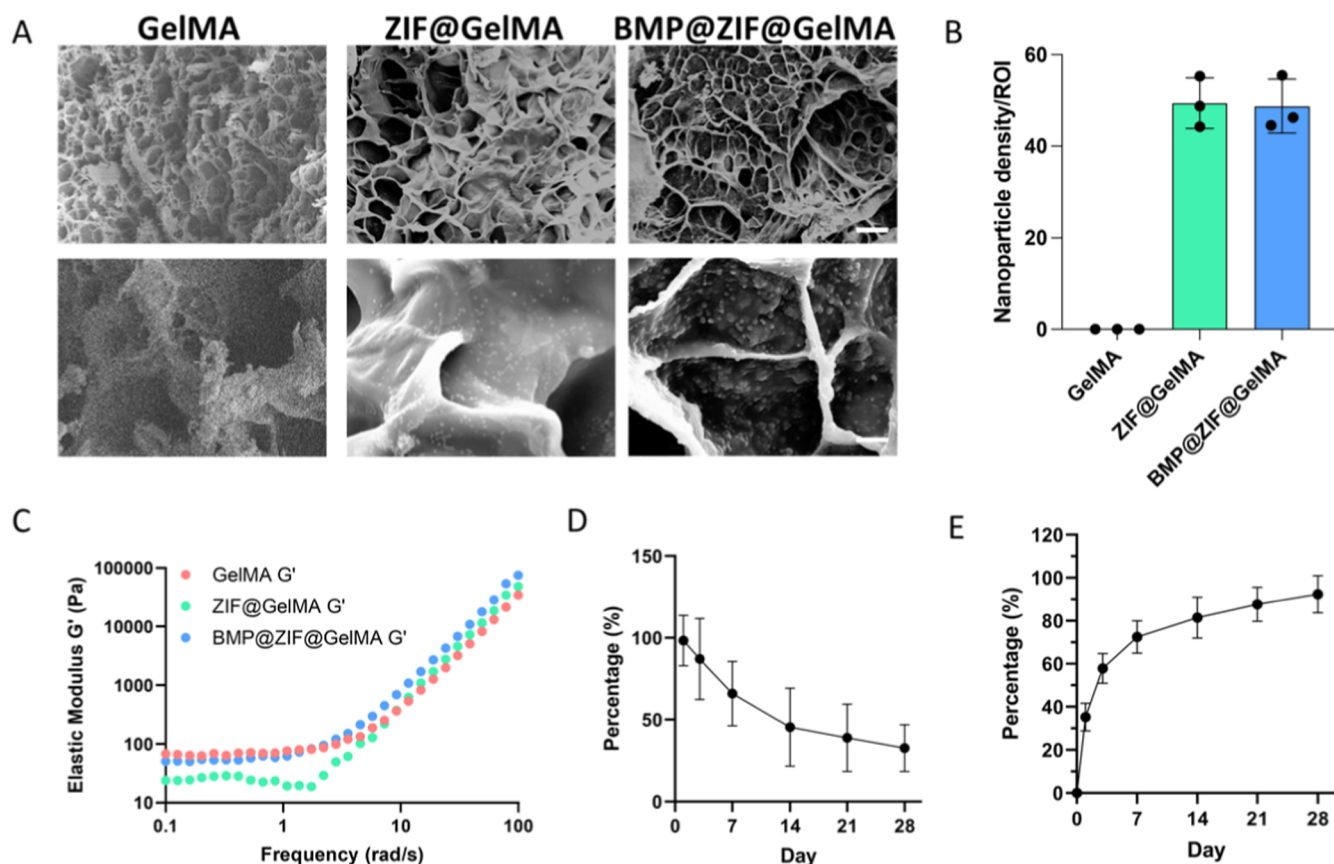
**2.9. Statistical Analysis.** The comparison of fits of each curve of storage modulus was compared by nonlinear regression (Extra sum-of-squares F Test). The Shapiro–Wilk test was performed to evaluate the data distribution. RT-qPCR was analyzed by ANOVA, followed by Tukey's multiple comparison tests for comparison among groups. All data was analyzed at a level of significance of 5%. The software used for this analysis was GraphPad Prism 9 (GraphPad Software Inc., La Jolla, CA, USA).

### 3. RESULTS

**3.1. BMP@ZIF@GelMA Showed Sustained Release of BMP.** We loaded 1  $\mu$ g of BMP-2 into ZIF-8 nanoparticles, which were subsequently encapsulated within the hydrogels. The morphology and size of the BMP-2-loaded nanoparticles, ranging from 40 to 60 nm, were characterized using TEM (Figure S1), while their crystalline structure was confirmed through XRD analysis (Figure S2). Upon examination of the structural morphology of hydrogels, it became evident that both ZIF@GelMA and BMP@ZIF@GelMA exhibited a porous structure that closely resembled that of GelMA (Figure 1A,B). This porous nature was indicative of spaces or voids within the material, allowing for a range of biological applications and functionalities. Furthermore, the distribution of BSA-FITC@ZIF nanoparticles within the GelMA hydrogels (Figure S3) demonstrates a uniform dispersion of protein-loaded nanoparticles throughout the hydrogel matrix. This even distribution is critical for ensuring consistent delivery and release of the encapsulated proteins, thereby enhancing the hydrogel's functionality for potential therapeutic applications.

The behavior of the modified hydrogels tended to align closely with that of the control sample, suggesting consistent viscoelastic characteristics across the samples (Figure 1C). Notably, the BMP@ZIF@GelMA sample stood out, as its  $G'$  value, which represented the elastic modulus, was higher when the curves were compared ( $p < 0.001$ ). This indicated that the BMP@ZIF@GelMA hydrogel had an enhanced ability to store energy elastically in higher frequency zones (10 to 100 rads/s), making it more deformation resistant than the other samples. At low frequency, all samples performed similarly and corresponded to the expect molecular conformation of general hydrogels.

BSA was used as a model protein to study the degradation and release pattern of the BSA@ZIF@GelMA hydrogel over 28 days (Figure 1D,E). The BSA@ZIF@GelMA hydrogel



**Figure 1.** (A) SEM images of GelMA, ZIF@GelMA, and BMP@ZIF@GelMA obtained at 1000 (upper images) and 5000 (lower images) magnifications. Scale bar: 100  $\mu\text{m}$  (top); 20  $\mu\text{m}$  (bottom). (B) Quantification of nanoparticle density in ROI. (C) Rheological test of GelMA, ZIF@GelMA, and BMP@ZIF@GelMA. (D) Degradation and (E) release percentage of BSA from BMP@ZIF@GelMA samples over 28 days.

demonstrated a balanced degradation rate. Accordingly, by the 14th day, approximately half of the hydrogel had degraded, indicating a degradation percentage of around 50%. Following this, the degradation pace moderated, ensuring the hydrogel's continued presence to support eventual bone regeneration. We also evaluated the release pattern of BSA from the BSA@ZIF@GelMA hydrogel over the same period (Figure 3B). The data suggest a sustained and controlled release of BSA, with a gradual and progressive release as time progressed.

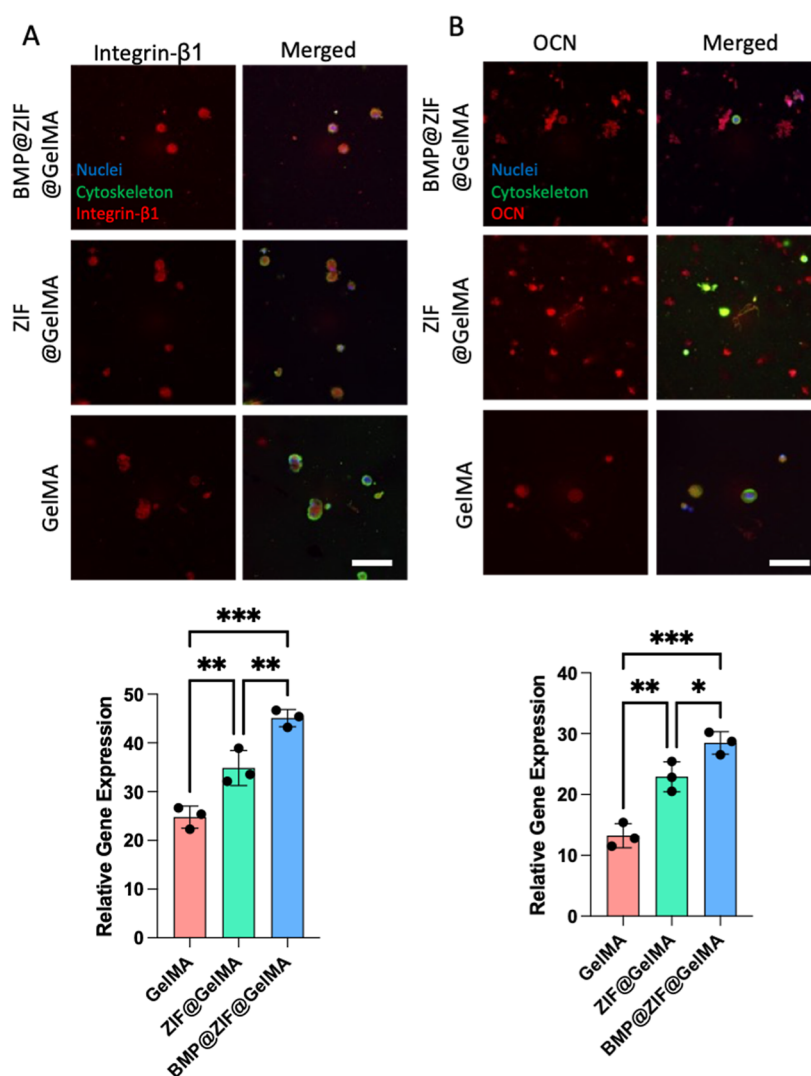
**3.2. Encapsulated hMSCs in BMP@ZIF@GelMA Show More Significant Expression of Integrin  $\beta$ -1 and Osteocalcin.** We provided a comprehensive visualization of Figure 2 depicting the expression levels of two reparative markers, Integrin  $\beta$ -1 and Osteocalcin, in cells encapsulated within the hydrogels. When examining the ZIF@GelMA hydrogel, there's a noticeable upregulation in the expression of both Integrin  $\beta$ -1 and Osteocalcin compared to the control group, which utilized the GelMA hydrogel. This heightened expression suggests that the ZIF@GelMA hydrogel might offer a more conducive environment for cellular activities related to bone formation and cell adhesion, as indicated by the elevated levels of these markers. Furthermore, when BMP-2 was introduced into the ZIF@GelMA hydrogel, the expression levels of the markers were further upregulated. This indicates that the addition of BMP-2 significantly promoted the expression of Integrin  $\beta$ -1 and Osteocalcin.

**3.3. BMP@ZIF@GelMA Showed Greater Biomineral Deposition and Expression of Osteogenic Markers.** We further provided an in-depth representation of the relative gene

expression associated with osteogenic markers and cell adhesion. Both ALP activity assay and alizarin red staining showed that the BMP@ZIF@GelMA group showed the highest expression level and deposition of biominerals (Figure 3A,B). Within the BMP@ZIF@GelMA hydrogel samples, DPCs exhibited a pronounced expression of several pivotal markers for osteogenesis, such as MAPK, ALP, Col1, OCN, and RUNX 2, when compared to GelMA ( $p < 0.001$  or lower) and ZIF NP ( $p < 0.01$  or lower) groups (Figure 3C). These genes play crucial roles in various cellular processes, including bone mineralization, matrix formation, and cellular differentiation, underscoring the potential efficacy of BMP@ZIF@GelMA hydrogels in promoting osteogenesis. Conversely, hydrogels that incorporated only ZIF NPs without adding BMP exhibited gene expression levels mostly similar to those observed in the control group ( $p > 0.05$ ). ALP, Col 1, and OCN mRNA were unregulated for ZIF NPs compared to GelMA (control) ( $p < 0.01$  or lower). This suggests that while ZIF incorporation provides a scaffold and structure to the hydrogel, it might not inherently enhance or stimulate the expression of osteogenic and adhesion-related genes to the same extent as when BMP is also present.

#### 4. DISCUSSION

Tissue engineering shifts the research directions to create therapeutical approaches able to substitute or regenerate functional bone-lost tissue, particularly in craniofacial injuries.<sup>54–56</sup> We demonstrated that the ZIF-modified hydrogels without or in association with BMP-2 can upregulate bone



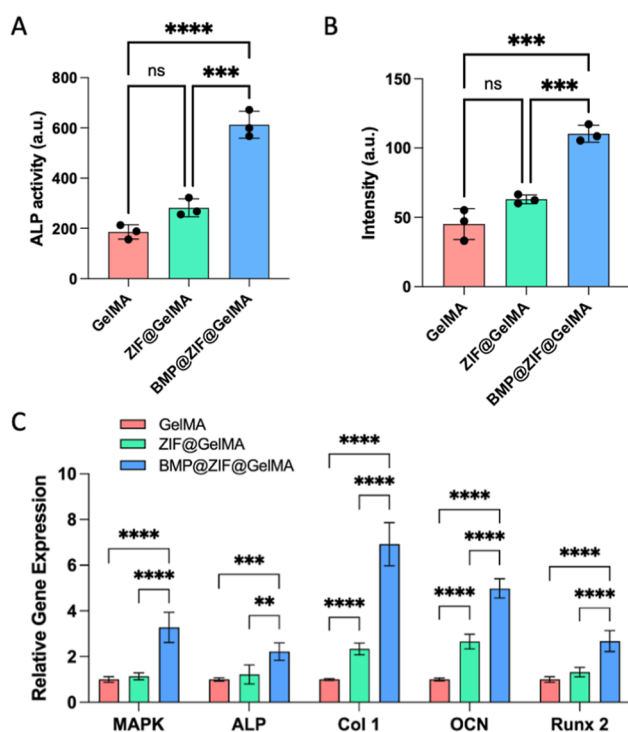
**Figure 2.** Immunofluorescence staining of encapsulated hMSCs of (A) Integrin  $\beta$ -1 and (B) OCN. Blue: Nuclei. Green: cytoskeleton. Red: Integrin- $\beta$ 1/OCN. Scale bar: 10  $\mu$ m.

formation genes and release molecules sustainably while being slowly degraded. Previous reports showed that the  $Zn^{2+}$  ion is involved in activating MAPK and AKT pathways, in addition to promote angiogenesis, osteogenesis, and antibacterial properties.<sup>57,58</sup>

Hydrogel viscoelastic properties are crucial for mimicking the extracellular matrix (ECM). We observed a significant storage modulus increase for the BMP@ZIF@GelMA nanocomposite hydrogels, suggesting potential advantages in resilience and structural integrity demands. Porous structures are one of the requirements for bone tissue engineering scaffolds, making them ideal carriers. Furthermore, slow and controlled degradation of hydrogels is critical due to the required time for physiological and repairing processes. A moderate degradation rate ensures that the hydrogel remains in the targeted area for an optimal duration, providing a scaffold for the growth and maturation of new bone cells to grow and mature. A balanced degradation rate is primordial, because if the hydrogel degrades too quickly, it may not provide adequate support for bone growth. At the same time, if it degrades too slowly, it might hinder the natural bone remodeling process. Gelatin hydrogels are biodegradable and present a sustained release of drugs. Our results demonstrated

that our modified hydrogel property, therefore, is advantageous as it ensures consistent availability of therapeutic agents or proteins, like rhBMP-2, which may guide the bone regeneration process and enhance the success rate of the treatment.

In dealing with bone tissue engineering, hydrogels must have the following properties: biocompatibility and osteoinductive and osteoconductive properties. Previous work reported modifying a catechol-chitosan hydrogel incorporating ZIF-8 to promote osteogenesis and accelerate bone repair.<sup>59</sup> According to our findings, the release of BMP-2 from ZIF-8 nanoparticles upregulated the production of osteogenic markers, such as alkaline phosphatase, collagen 1, and osteocalcin. More recently, a bioactive glass loaded with ZIF-8 and BMP-2 association showed a sustained release of the bioactive molecules and, at the same time, enhanced osteoblast in vitro adhesion and proliferation and osteogenic differentiation toward bone repair in vivo.<sup>60,61</sup> Besides bone repair, it was already demonstrated in vitro the ability of these nanoparticles to activate an acute inflammatory response and macrophage polarization toward the M2 type, suggesting an application for wound repair.



**Figure 3.** (A) ALP activity assay. (B) Intensity of biominerals stained by alizarin red. (C) Bar graphs showing RT-qPCR analysis for selected osteogenic markers. All groups were compared by ANOVA followed by Tukey's posthoc test (\* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ ; \*\*\*\* $p < 0.0001$ ). GelMA = 1-fold change.

Previous reports demonstrated that ZIF-8 addition improved the interface between a catechol-functionalized chitosan (CA-CS) polymer matrix, increasing its mechanical properties.<sup>59</sup> Within the ZIF groups, there was a noticeable presence of nanoparticles embedded in the hydrogel matrix. These nanoparticles were not merely dispersed but were intricately incorporated into the hydrogel network. This suggested a deliberate design choice to enhance the hydrogel properties or functionalities. Such nanoparticle incorporation could have influenced the mechanical strength, responsiveness, or possibly other vital physicochemical properties of hydrogels, warranting further investigation.

While we conducted preliminary short-term in vitro analyses focused on the physical properties of hydrogels and osteoinductive potential, the study has some limitations, particularly the lack of long-term data on protein interactions and cell differentiation. Future studies will need to address these limitations by conducting in vivo experiments, where the long-term therapeutic potential and biodegradability of the hydrogels can be fully assessed. Additionally, more detailed physicochemical characterization of the rhBMP-2 functionalization and its sustained release profile could optimize the biomaterial's therapeutic efficacy. Looking ahead, BMP@ZIF@GelMA hydrogels offer exciting prospects for advanced therapeutic applications, particularly in promoting angiogenesis and modulating the immune response in inflammatory environments. Future research will explore the use of this hydrogel in animal models with critical bone defects as well as the delivery of other bioactive molecules to further enhance the overall regenerative outcome. These studies will provide a deeper understanding of the long-term effects of hydrogels and

pave the way for clinical applications in bone tissue engineering and regenerative medicine.

## 5. CONCLUSIONS

The integration of ZIF NPs into GelMA hydrogels demonstrated significant potential for bone tissue engineering by supporting the controlled protein release and promoting osteogenic differentiation. The BMP@ZIF@GelMA hydrogel, in particular, exhibited a balanced degradation rate and sustained release of rhBMP-2, which were critical for driving cellular adhesion and osteogenic differentiation. Short-term analyses revealed that dental pulp cells encapsulated within the BMP@ZIF@GelMA hydrogel showed a marked upregulation of key osteogenic markers, underscoring its ability to create a favorable microenvironment for bone regeneration. These findings highlight the potential of the BMP@ZIF@GelMA hydrogel to support sustained tissue repair and regeneration by delivering therapeutic molecules effectively while maintaining structural integrity. Future studies are needed to evaluate the long-term in vivo performance and explore the incorporation of additional bioactive molecules to further enhance the therapeutic versatility. The BMP@ZIF@GelMA hydrogel offers an innovative approach to addressing complex bone defects, making it a promising candidate for advanced applications in regenerative medicine and tissue engineering.

## ■ ASSOCIATED CONTENT

### Data Availability Statement

The data supporting the findings of this study are fully disclosed in this manuscript.

### Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsomega.4c06577>.

Details of ZIF-8 nanoparticle design, TEM results of nanoparticle morphology, XRD analysis confirming crystalline structure, distribution analysis of BSA-FITC@ZIF nanoparticles in GelMA hydrogels, and comparative analysis of ZIF-8-based nanocomposites in bone tissue engineering (PDF)

## ■ AUTHOR INFORMATION

### Corresponding Author

**Alireza Moshaverinia** – Weintraub Center for Reconstructive Biotechnology, Section of Prosthodontics, School of Dentistry, University of California, Los Angeles, California 90095, United States; [orcid.org/0000-0002-1542-6202](https://orcid.org/0000-0002-1542-6202); Phone: (310) 794-6324; Email: [amoshaverinia@ucla.edu](mailto:amoshaverinia@ucla.edu)

### Authors

**Weihao Yuan** – Weintraub Center for Reconstructive Biotechnology, Section of Prosthodontics, School of Dentistry, University of California, Los Angeles, California 90095, United States

**Luiza de Almeida Queiroz Ferreira** – Weintraub Center for Reconstructive Biotechnology, Section of Prosthodontics, School of Dentistry, University of California, Los Angeles, California 90095, United States; Department of Restorative Dentistry, School of Dentistry, Universidade Federal de Minas Gerais, Belo Horizonte, Minas Gerais 31270-901, Brazil

**Ronit Khade** – Weintraub Center for Reconstructive Biotechnology, Section of Prosthodontics, School of Dentistry,

University of California, Los Angeles, California 90095, United States

Ivana Diniz – Weintraub Center for Reconstructive Biotechnology, Section of Prosthodontics, School of Dentistry, University of California, Los Angeles, California 90095, United States; Department of Restorative Dentistry, School of Dentistry, Universidade Federal de Minas Gerais, Belo Horizonte, Minas Gerais 31270-901, Brazil

Sahar Ansari – Weintraub Center for Reconstructive Biotechnology, Section of Prosthodontics, School of Dentistry, University of California, Los Angeles, California 90095, United States

Complete contact information is available at:

<https://pubs.acs.org/10.1021/acsomega.4c06577>

## Author Contributions

§Weihao Yuan and Luiza de Almeida Querioz Ferraira contributed equally to the study.

## Notes

The authors declare no competing financial interest.

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