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Family life on the prairie

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A commentary on

The impact of early life family structure on adult social attachment, alloparental behavior, and the neuropeptide systems regulating affiliative behaviors in the monogamous prairie vole (*Microtus ochrogaster*)

by Todd H. Ahern and Larry J. Young. (2009) Front. Behav. Neurosci. 3:17.

The prairie vole has become a flagship species for the biomedical exploration of the neurobiology of social bonding (Carter et al., 1995; Young et al., 2005). It is a species native to the prairies of Midwest North America, and adults show social "monogamy" - a suite of behaviors including the formation of an emotional pair-bond with an adult partner; shared care of offspring including male care, and in this case, care by older offspring as well; and maintenance of territories (Carter and Getz, 1993). Research on prairie voles and closely related polygynous species such as meadow and montane voles has illuminated the role of oxytocin and vasopressin as key neuropeptides regulating social behavior, and particularly their role in the formation of selective social bonds (Witt et al., 1990; Winslow et al., 1993; Insel and Hulihan, 1995; Young et al., 2005).

Early experiences of various kinds (early handling, separation from the mother, early abuse, etc.) have long been studied by psychobiologists, most famously by Levine (Levine, 1957; Levine and Lewis, 1959) and Denenberg (Denenberg et al., 1962; Denenberg and Whimbey, 1963). It was something of a revelation when Meaney and colleagues, rather than manipulating early experience, began examining natural variation in maternal behavior of rat mothers, and showing long-lasting effects of this early experience on behavior, stress regulation, and neuropeptide systems (Francis et al., 1999; Meaney, 2001; Meaney and Szyf, 2005).

Ahern and Young (2009) take this research one step farther by exploring the long-term consequences of ethologically relevant variations in family structure in prairie voles. Wild prairie voles display several types of family structure in which young voles are reared, including single mother families, biparental families, and cooperative groups in which older offspring help rear the pups (Carter and Getz, 1993). In a very thorough series of experiments, Ahern and Young compare offspring of single mothers to those of biparental pairs on many outcome measures. Offspring raised by single mothers received less licking from their parent, were left alone in the nest more often, and weighed less upon weaning. Females raised by single mothers showed lower levels of interest in infants, were more exploratory, and took longer to form a pair-bond than daughters raised by both parents. On the other hand, males raised by single mothers took longer to form a pair-bond but showed no changes in alloparenting or anxiety/ exploratory behavior. While females raised by single mothers had higher oxytocin gene expression in the paraventricular nucleus, there were few other changes in neuropeptides or in their receptors.

These sets of results are fascinating for a number of reasons. First and most obvious are the sex differences in response to early environment, in which females appear to be more sensitive to the absence of their father during development. Prairie voles have often been shown to be very responsive to changes in early environment, with single injections of neuropeptides (Bales and Carter, 2003; Bales et al., 2004c) or even differences in husbandry (Bales et al., 2007) having longterm effects on social behavior. However, in most of these studies (as in some adult studies as well) males were the more sensitive sex (Bales et al., 2004a, 2006). The results of this study may suggest either that the behaviors measured here are dependent on redundant systems in males (Bales et al., 2004b) but not females, or alternatively, suggest that being reared by a single mother is not producing early adversity for male offspring in the same way that it is for females.

This leads us to another important question – what exactly does being raised by a single mother signal to a young prairie vole? Can this be viewed as a model of early adversity, or is this rather signaling that habitat conditions are favorable enough for a single mother to be able to raise offspring by herself? If cooperative groups were to be studied, would we expect extra care by alloparents to lead to increased pairbonding – or would it signal that habitat is saturated and pups should be more anxious and less likely to form a pair-bond?

Finally, this leads us to think about our interpretations of behavioral outcomes for this species. The authors suggest that some of the behavioral characteristics displayed by offspring raised by single mothers (slower formation of pair-bonds, etc.) show some parallels to human psychopathology, particularly borderline personality disorder. At first glance this is a somewhat curious comparison. Since single mother families are a natural (and common) variation in family structure in voles, would not offspring produced by these mothers be both within the "normal" realm of variation, as well as potentially adapted to certain types of environment? What is "good" social behavior for a prairie vole vs. "poor" social behavior, and would not those vary depending on circumstances? Is borderline personality disorder itself merely a variation on human social behavior that is sometimes maladaptive in modern Western society? All of these questions might be relevant in considering interpretation of these behavioral changes.

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