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Critical Role of the Hippocampus in Memory for Elapsed Time

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Episodic memory includes information about how long ago specific events occurred. Since most of our experiences have overlapping elements, remembering this temporal context is crucial for distinguishing individual episodes. The discovery of timing signals in hippocampal neurons, including evidence of “time cells” and of gradual changes in ensemble activity over long timescales, strongly suggests that the hippocampus is important for this capacity. However, behavioral evidence that the hippocampus is critical for the memory of elapsed time is lacking. This is possibly because previous studies have used time durations in the range of seconds when assessing hippocampal dependence, a timescale known to require corticostriatal circuits.

Here we developed a nonspatial paradigm to test the hypothesis that the hippocampus is critical for keeping track of elapsed time over several minutes. We report that rats have a robust ability to remember durations at this timescale. We then determined the role of the hippocampus using infusions of fluorophore-conjugated muscimol, a GABA<sub>A</sub> agonist. We found that the hippocampus was essential for discriminating smaller, but not larger, temporal differences (measured in log units), consistent with a role in temporal pattern separation. Importantly, this effect was observed at long (minutes) but not short (seconds) timescales, suggesting an interplay of temporal resolution and timescale in determining hippocampal dependence. These results offer compelling evidence that the hippocampus plays a critical role in remembering how long ago events occurred.

Introduction

Different episodic memories typically have many overlapping elements, including specific items and locations, but each experience occurs at a unique time. Therefore, our capacity to distinguish episodic memories critically depends on our ability to remember information about the timing of specific events (Tulving, 1972). Although considerable evidence indicates that the hippocampus is important for remembering the order in which events occurred (Eichenbaum et al., 2005; Kesner, 2013), and for associating events across temporal gaps (Wallenstein et al., 1998), its specific contribution to memory for the temporal context of events remains poorly understood. Recent electrophysiological studies have provided new insights into potential mechanisms.

Individual hippocampal neurons show robust timing signals during stimulus-free intervals (“time cells”; Pastalkova et al., 2008; MacDonald et al., 2011) and during the presentation of a series of events (Naya and Suzuki, 2011). Additionally, the pattern of activity in hippocampal ensembles changes gradually with time (Manns et al., 2007; Mankin et al., 2012). Collectively, these findings suggest that a fundamental role of the hippocampus is to provide an internal representation of elapsed time, which may support our capacity to remember the timing of individual events (Itskov et al., 2011; Shapiro, 2011). However, this crucial link has yet to be demonstrated.

Timing abilities have been studied extensively in humans and animals (Buhusi and Meck, 2005), but the evidence regarding the role of the hippocampus is inconclusive. While timing impairments have been reported in patients with medial temporal lobe damage (Richards, 1973; Noulhiane et al., 2007) and in rats with fornix lesions (Meck et al., 1984), the affected regions were not restricted to the hippocampus. In addition, recent evidence suggests that impairments in traditional timing paradigms may result from a deficit in processing task demands rather than a timing deficiency (Kyd et al., 2008). In fact, basic timing ability is either normal or only mildly impaired with hippocampal dysfunction, though more pronounced deficits are observed when timing must be used flexibly (Meck et al., 1984; Dietrich et al., 1997; Jackson et al., 1998; Kyd et al., 2008). Notably, these studies examined short durations (40 s), a scale at which timing is thought to be supported by corticostriatal circuits (Buhusi and Meck, 2005; Meck, 2005), suggesting that uncovering the role of the hippocampus will require the use of longer timescales.

Here we developed a novel behavioral paradigm to test the hypothesis that the hippocampus is critical for keeping track of elapsed time over several minutes. We trained rats to use odor–interval associations to indicate how much time had elapsed since a specific event occurred (i.e., since the previous trial). We determined the contribution of the hippocampus across different time durations using localized infusions of fluorophore-conjugated...
muscimol (FCM; Allen et al., 2008) to temporarily inactivate the hippocampus and verify anatomical spread.

Materials and Methods

Subjects. Eleven male, 4-month-old Long–Evans rats were used in this study. Rats were experimentally naive and housed individually. Rats were maintained on an inverse 12 h light/dark cycle and had free access to water. Food was mildly restricted and adjusted for each rat to maintain consistent approach latencies (0–2 s) during testing. All procedures complied with the Institutional Animal Care and Use Committee.

Behavior. Rats were tested on three conditions, each involving the presentation of three interval durations: (1) 1–3–12 min, (2) 1–8–12 min, or (3) 1–1.5–12 min. Only one condition was tested per session, and one session conducted per day. For a cereal reward, rats were required to determine how much time had elapsed since the previous trial and to select the odor associated with that interval duration, as follows: Odor A for a 1 min interval, Odor C for a 12 min interval, and Odor B for the variable-length intermediate interval. The correct odor cup contained a cereal reward buried in the sand.

Figure 1. Task and infusion protocol. A. Odor–interval associations. Rats were trained to indicate how much time had elapsed since the previous trial by selecting the odor associated with that specific time interval: Odor A for a 1 min interval, Odor C for a 12 min interval, and Odor B for the variable-length intermediate interval. The correct odor cup contained a cereal reward buried in the sand. B. Example session testing intervals of 1, 3, and 12 min. In the depicted example, the rat is offered a choice between Odors A and C (i.e., 1 vs 12 min comparison), while Odor B is covered. Odor C is rewarded since the previous trial occurred 12 min before. C. Sample behavioral schedule for one rat. Rats were tested on each condition for four daily sessions, counterbalancing infusions of saline (SAL) and fluorophore-conjugated muscimol (FCM) over consecutive days.
Statistics. Performance in each condition \((n = 6)\) was analyzed separately using repeated-measures ANOVAs with two repeated factors: infusion (SAL, FCM) and interval comparison (e.g., 1 vs 12 min, 1 vs 3 min, and 3 vs 12 min). When significant main or interaction effects were observed, post hoc dependent-sample \(t\) tests and one-sample \(t\) tests (chance = 50%) were used to explore the source of the effect. Effects were considered significant at \(p < 0.05\).

Results

Localized hippocampal inactivations

Fluorescence imaging confirmed that a large portion of the rostrocaudal extent of the hippocampus was infused with FCM, and very little FCM spread to other structures (Fig. 2). Fluorescence imaging was performed on eight of the nine behavioral rats; one rat could not be imaged, but his cannulae placements were equivalent to the rats with confirmed hippocampal inactivations. FCM was observed at all four sites in each rat (mean infusion radius, 0.618 mm; SEM, 0.0318 mm; range, 0.434 – 0.656 mm), with comparable spread in the two rats used for immunohistochemistry. Importantly, FCM was colocalized with large reductions in Arc protein expression, verifying the suppression of neural activity (Fig. 2C, D). No statistically significant correlation between infusion extent and task performance was observed.

Discriminating intervals with large temporal differences (1-3-12 min condition)

Before surgery, rats learned to discriminate three interval durations separated by large temporal differences (1, 3, and 12 min; log differences, \(\approx 0.5\)), reaching criterion in (mean \(\pm\) SD) 21 \(\pm\) 7.9 sessions. Postoperatively, rats continued to perform well following infusions of SAL and FCM (Fig. 3A). Repeated-measures ANOVAs revealed no effect of infusion \((F_{1,5} = 3.890; p = 0.106)\), interval \((F_{2,10} = 0.416; p = 0.671)\), or infusion \(\times\) interval interaction \((F_{2,10} = 0.440; p = 0.656)\). Performance was better than chance on all interval comparisons (SAL vs FCM, all \(p\) values \(\approx 0.05\)). These findings demonstrate that general task demands, including the ability to discriminate intervals separated by large temporal differences, do not depend on the hippocampus.

Discriminating intervals with small temporal differences

1-8-12 min condition

To further examine the rats’ temporal resolution, we lengthened the duration of the intermediate interval from 3 to 8 min, while the shorter (1 min) and longer (12 min) intervals were held constant (Fig. 3B). This allowed a comparison of performance on intervals separated by a small temporal difference at a minutes-long scale (8 vs 12 min; log difference, 0.2), with intervals separated by a large temporal difference (1 vs 8 min, 1 vs 12 min; log difference, \(\approx 0.9\)). Rats continued to perform well on the task after SAL infusions; however, FCM infusions significantly impaired performance. A repeated-measures ANOVA re-
vealed a significant effect of infusion ($F_{(1,5)} = 53.500, p < 0.001$) and interval ($F_{(2,10)} = 35.829, p < 0.001$), but no infusion × interval interaction ($F_{(2,10)} = 2.426, p < 0.138$).

Post hoc tests showed that FCM infusions impaired the rats’ ability to choose the correct odor cup in 8 vs 12 min trials ($t_{SALvsFCM(5)} = 12.448, p < 0.001$; $t_{FCMvsChance(5)} = -0.135, p = 0.898$), with similar deficits found on 8 and 12 min intervals ($SAL_{12 min} = 77\%$ correct, $SAL_{12 min} = 70\%$ correct, $t_{(5)} = 1.195, p = 0.286; FCM_{12 min} = 54\%$ correct, $FAM_{12 min} = 45\%$ correct, $t_{(5)} = 1.282, p = 0.256$). FCM infusions did not impair performance on 1 vs 8 min and 1 vs 12 min comparisons (1 vs 8 min: $t_{SALvsFCM(5)} = 0.572, p = 0.592; t_{FCMvsChance(5)} = 7.307, p = 0.001; 1 vs 12 min: $t_{SALvsFCM(5)} = 1.371, p = 0.229; t_{FCMvsChance(5)} = 7.238, p = 0.001$), suggesting that the deficit was caused by reduced temporal resolution rather than a general performance effect. Thus, the hippocampus is critical for discriminating small, but not large, temporal differences, consistent with a role in temporal pattern separation (Kesner, 2013).

1-1.5-12 min condition

To determine whether FCM infusions would produce the same pattern of results at short timescales, we reduced the duration of the intermediate interval to 1.5 min (Fig. 3C). Again, this allowed direct comparison of performance on intervals separated by a small temporal difference, but now at a seconds-long scale (1 vs 1.5 min; log difference, 0.2), with intervals separated by a large temporal difference (1 vs 12 min, 1.5 vs 12 min; log difference, ≥0.9). Note that the log temporal difference is identical for 1 vs 1.5 min and 8 vs 12 min comparisons. A repeated-measures ANOVA showed a significant effect of infusion ($F_{(1,5)} = 20.201, p = 0.006$), but no significant effects of interval ($F_{(2,10)} = 2.017, p = 0.184$), nor any infusion × interval interaction ($F_{(2,10)} = 1.239, p = 0.331$). Post hoc tests revealed that the effect was specific to the 1 vs 1.5 min comparison (1 vs 1.5 min: $t_{SALvsFCM(5)} = -3.651, p = 0.015; 1 vs 12 min: $t_{SALvsFCM(5)} = -0.069, p = 0.948; 1.5 vs 12 min: $t_{SALvsFCM(5)} = -0.786, p = 0.467$).

Interestingly, the 1 vs 1.5 min effect was better performance in FCM sessions ($t_{FCMvsChance(5)} = 4.135, p = 0.009$) compared with SAL sessions ($t_{SALvsChance(5)} = 0.131, p = 0.901$), with similar improvements found on 1 and 1.5 min intervals ($SAL_{1 min} = 54\%$ correct, $SAL_{1.5 min} = 55\%$ correct, $t_{(5)} = 0.631, p = 0.505; FCM_{1 min} = 66\%$ correct, $FCM_{1.5 min} = 74\%$ correct, $t_{(5)} = 0.690, p = 0.521$). This effect was remarkably consistent across rats and of comparable magnitude to the 8 vs 12 min impairment mentioned earlier (20.0% and 21.5%, respectively). Similar facilitation effects following hippocampal damage have been reported previously (Poldrack and Packard, 2003). These findings suggest that hippocampal processing may be detrimental to the performance of fine temporal discriminations at seconds-long timescales. This is consistent with the hypothesis that timing ability at short timescales primarily depends on regions outside the hippocampus, such as corticostriatal circuits (Buhusi and Meck, 2005; Meck, 2005). Importantly, the data also suggest that the impairment on the 8 vs 12 min comparison described above (Fig. 3B) cannot simply be attributed to task difficulty.

Confounding strategies

We tested the possibility that nontemporal strategies could have supported performance in the task, and our analyses confirmed that this is not the case. Performance on control trials, in which no reward was given, was not significantly different than on rewarded trials ($t_{(4)} = 1.327, p = 0.255$), indicating that rats could not detect the hidden reward. In addition, there were no consistent response patterns to specific odors or locations.

Discussion

We developed a behavioral task to investigate the capacity of rats to remember the timing of events, and determined the contribution of the hippocampus at timescales not previously examined (several minutes). We used localized infusions of FCM to temporarily inactivate the hippocampus, confirming specificity using both FCM imaging and a marker of neural activity (Arc protein). While hippocampal inactivations did not affect the ability to discriminate intervals separated by large temporal differences in log units (1, 3, and 12 min; log differences, ≥0.5), they produced significant effects when temporal resolution demands were increased. Specifically, hippocampal inactivations severely im-

Figure 3. Contribution of the hippocampus to memory for elapsed time. A, Hippocampal inactivations did not significantly affect the ability to discriminate intervals separated by large temporal differences (1-3-12 min; log differences, ≥0.5). B, Hippocampal inactivations selectively impaired the ability to perform fine temporal discriminations between long intervals (8 vs 12 min; log difference, 0.2). Insets, Equivalent improvements were observed on 1 and 1.5 min intervals. Accuracy (mean percentage correct ± SEM) for each interval discrimination was calculated using the combined total of correct and incorrect responses over two saline (SAL) and two fluorophore-conjugated muscimol (FCM) sessions. Dotted line indicates chance accuracy. *$p < 0.05$. 

Figure 3.
paired performance on fine temporal discriminations between long intervals (8 vs 12 min; log difference, 0.2). These findings represent a compelling demonstration that the hippocampus is necessary for remembering the time that has elapsed since an event. Interestingly, performance at the same temporal resolution, but a short timescale (1 vs 1.5 min; log difference, 0.2), was facilitated by hippocampal inactivations. These results indicate that hippocampal processing is detrimental to performance at short timescales, consistent with a hypothesis of systems competition between timing mechanisms in the hippocampus and other structures (Meck, 2005). Overall, the data suggest that hippocampal processing is beneficial when the temporal resolution demand is high and the timescale is long, but adverse when the temporal resolution demand is high and the timescale is short (Fig. 4).

This pattern of results could not have been produced by nonspecific effects of the infusions (i.e., unrelated to timing ability). First, FCM infusions led to a very specific pattern of results, not a broad impairment across conditions. Second, the data were collected over four counterbalanced sessions (two SAL sessions, two FCM sessions), so the effects cannot be due to aberrant performance on a single session or by a subset of the rats. Third, rats were trained before infusions commenced, ensuring that task requirements were learned. Finally, the nonspatial nature of the task ensured that the impairments produced by hippocampal inactivations could not be attributed to spatial deficits.

The hippocampus and timing
Our findings are consistent with, and extend, previous studies on the neurobiology of timing. Considerable data suggest that timing ability in the range of seconds critically depends on the striatum (Buhusi and Meck, 2005; Meck, 2005). Our facilitation effect of hippocampal inactivations on the 1 vs 1.5 min comparison not only supports the view that the hippocampus is not critical for timing at this scale (Dietrich et al., 1997; Kyd et al., 2008), it suggests that the hippocampus can competitively interact with another timing system (Meck, 2005). Similar competitive interactions have been shown between the hippocampus and striatum in other paradigms (Poldrack and Packard, 2003).

Notably, little is known about the neurobiology of timing intervals in the range of minutes. Evidence from neurological patients suggests a duration-dependent involvement of the medial temporal lobe in timing ability, with normal performance at short intervals (<20 s; Richards, 1973), but progressively more pronounced deficits as the interval duration increases (1–8 min; Richards, 1973; Noulhiane et al., 2007). Our findings further suggest that the hippocampus itself plays a key role.

**Figure 4.** Theoretical interaction of temporal resolution and timescale characterizing the involvement of the hippocampus in memory for elapsed time. Each interval discrimination tested is plotted according to its corresponding temporal difference (y-axis) and timescale (x-axis). Areas of the graph thought to engage the hippocampus (high temporal resolution) or corticostriatal circuits (short timescales) are shaded in red and blue, respectively (purple shading denotes overlap). Our data suggest that the hippocampus is critical when the temporal resolution demand is high and the timescale is long (red quadrant, lower right). However, hippocampal involvement at short timescales is thought to interfere with the corticostriatal system; thus, inactivating the hippocampus leads to an improvement in performance (purple quadrant, lower left). Disrupting the hippocampus does not affect performance on discriminations involving large temporal differences at long timescales (white quadrant, top right).

Timing, time cells, and temporal context coding
The discovery of time cells, neurons in the hippocampus that are active during specific time segments (Pastalkova et al., 2008; MacDonald et al., 2011), has provided new insight into temporal information processing. Although the paradigms in which time cells have been reported do not have explicit timing requirements, a recent computational model proposes that time cells could serve a time-keeping function that would be accurate for tens of seconds (Itskov et al., 2011). Our findings suggest that time cell activity, and hippocampal activity in general, is not critical for the ability to time intervals at that timescale. Instead, time cell coding may be more important for temporally segregating individual events within the context of an unfolding sequence of events (Wallenstein et al., 1998). This hypothesis is consistent with the recent demonstration of sequence position coding in hippocampal neurons (Naya and Suzuki, 2011) and the critical role of the hippocampus in remembering sequences of events (Fortin et al., 2002; Kesner et al., 2002).

Our observation that hippocampal inactivations impair the ability to perform fine temporal discriminations between longer intervals (minutes) suggests that another form of temporal coding in the hippocampus must support performance at these timescales. One possibility is that the pattern of activity in populations of hippocampal neurons, which has been shown to gradually change over time (Manns et al., 2007; Mankin et al., 2012), could serve as a representation of the time of occurrence of individual episodes. Consistent with our findings, the sensitivity of this computation increases with time, indicating it could be particularly useful when timing intervals in the range of minutes, not seconds. Interestingly, the involvement of the hippocampus at a timescale of minutes may be related to the time it takes to form strong contextual representations (Fanselow, 1990). Theoretically, spatial contextual representations in the hippocampus could selectively contribute to temporal coding at long timescales, while elemental (noncontextual) representations supported by structures outside the hippocampus might contribute to coding short timescales.

**Conclusions**
A fundamental feature of episodic memory is that the memory of individual events is tied to their spatial and temporal contexts (Tulving, 1972; Clayton and Dickinson, 1998; Eichenbaum et al., 2005). While it is well established that the hippocampus is critical for the memory of the spatial context of events, the present findings add to a growing body of research showing that the hippocampus is critical for the temporal context as well. More
specifically, the present study provides convincing evidence that its contribution extends to remembering how long ago specific events occurred, particularly when performing high-resolution temporal discriminations. This temporal resolution hypothesis parallels recent findings that the hippocampus is important for discriminating spatial contexts, but only when the contexts are highly similar (Wiltgen et al., 2010). In summary, we show that the hippocampus plays a critical role in remembering how long ago specific events occurred.

References