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Internal Medicine

Title

Availability of Intrauterine and Subdermal Contraception at Family Planning Clinics in Sacramento

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Authors

Nickols, Savanna

Castro, Astred

Franco, Carina

et al.

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INTRODUCTION

- The state of California has a vested interest in preventing unintended pregnancy due to the known adverse effects on maternal and child health.
- California's Family PACT program offers free contraception to uninsured individuals living at or below 200% of the Federal Poverty level.
- 15.8% of Sacramento County residents live at or below the Federal Poverty Level.
- 6.1% of Sacramento County residents under the age of 65 are uninsured.

Objective: To estimate the accessibility of state-funded intrauterine and subdermal contraception for low-income families in Sacramento County.

METHODS

- "Secret shopper" study of clinics listed on the Family PACT website within a 25-mile radius of Sacramento (95817)
- Each clinic was called at least twice
- 48 clinics identified, 40 provided relevant data

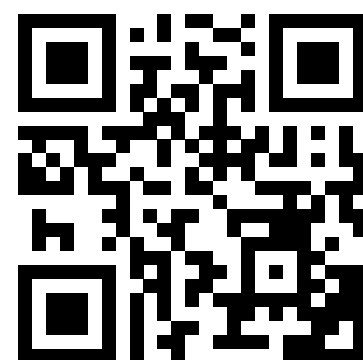


FIGURE 1 – STATE-FUNDED FAMILY PACT CLINICS IN SACRAMENTO COUNTY OFFERING INTRAUTERINE OR SUBDERMAL CONTRACEPTION, APRIL – JUNE 2020

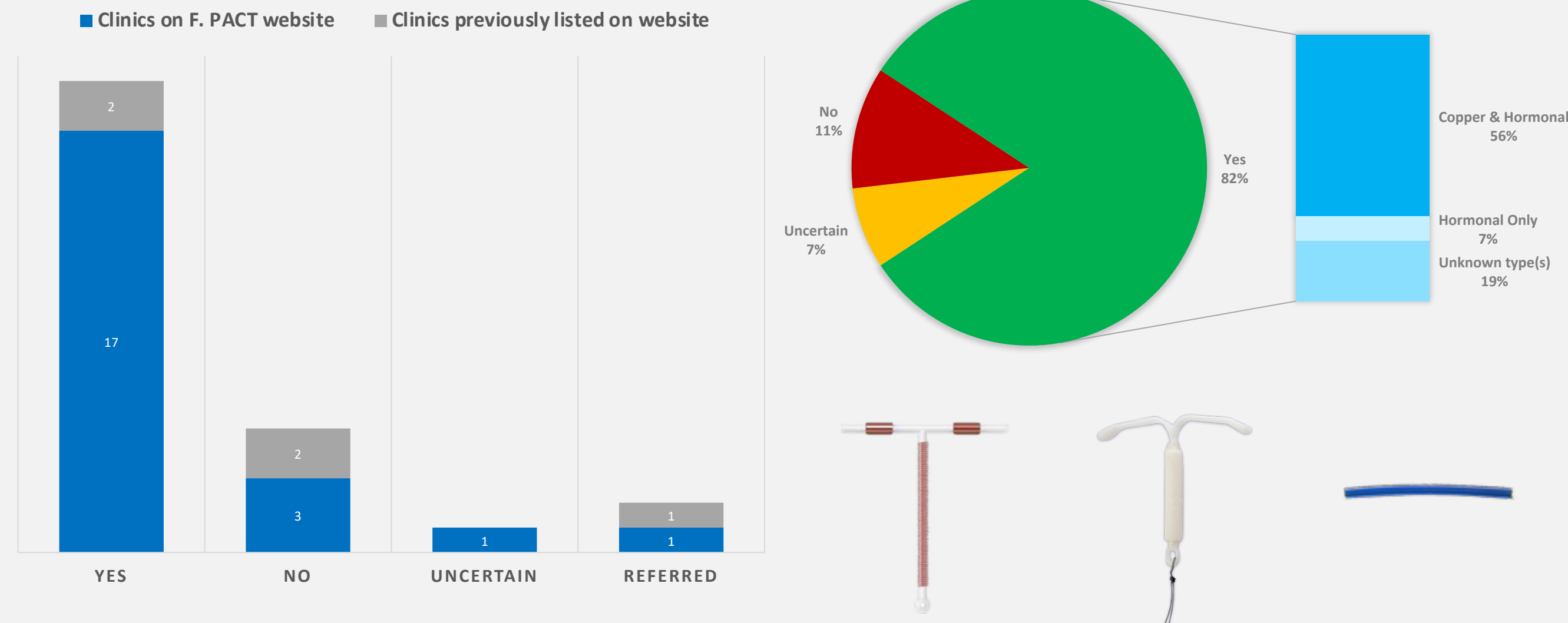
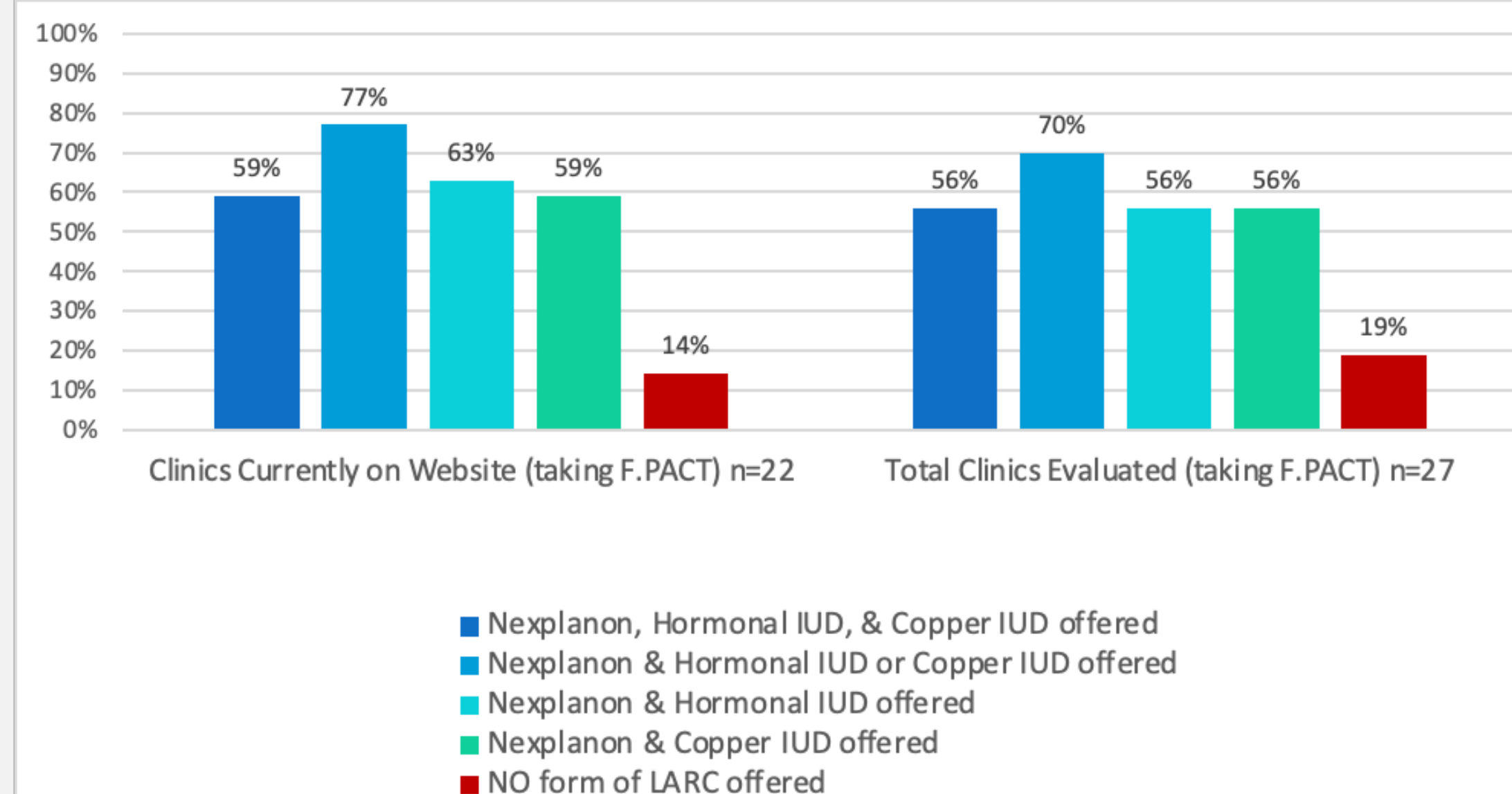


FIGURE 2 – AVAILABILITY OF INTRAUTERINE AND SUBDERMAL CONTRACEPTION UNDER FAMILY PACT, APRIL - JUNE 2020



RESULTS

- 5 clinics (5/27, 19%) were NOT offering any form of intrauterine or subdermal contraception despite reporting they provide Family PACT services.
- Clinics removed from the website often still reported offering Family PACT services (5/15, 33%) and highly effective reversible contraception
- 13 (59%) of the 22 clinics that remained listed on the Family PACT website and confirmed taking Family PACT and 15 (56%) the 27 total clinics that reported offering Family PACT regardless of whether they were listed on the website, reported offering three forms of intrauterine and subdermal contraceptive.

LIMITATIONS

- Front desk staff may be misinformed about clinical service provision.

DISCUSSION

Conclusions: Intrauterine and subdermal contraception is not consistently available at clinics participating in the Family PACT program in Sacramento County.

Implications: Sacramento clinicians have continuing need for training in family planning.

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