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Analysis of Senate Bill 1223: Hearing Aids for Children

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CALIFORNIA
HEALTH BENEFITS REVIEW PROGRAM

Analysis of Senate Bill 1223: Hearing Aids for Children

A Report to the 2006–2007 California Legislature
April 3, 2006



Established in 2002 to implement the provisions of Assembly Bill 1996 (*California Health and Safety Code*, Section 127660, et seq.), the California Health Benefits Review Program (CHBRP) responds to requests from the State Legislature to provide independent analysis of the medical, financial, and public health impacts of proposed health insurance benefit mandates. The

A Report to the 2006–2007 California State Legislature

Analysis of Senate Bill 1223 Hearing Aids for Children

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PREFACE

This report provides an analysis of the medical, financial, and public health impacts of Senate Bill 1223, a bill that would require health care service plan contracts sold in the group market, and insurance policies sold in the group and individual market to provide up to \$1,000 coverage every 36 months for hearing aids to all enrollees younger than 18 years of age. In response to a request from the California Senate Committee on Banking, Finance and Insurance on February 2, 2006, CHBRP undertook this analysis pursuant to the provisions of Assembly Bill 1996 (2002) as chaptered in Section 127600, et seq., of the California Health and Safety Code.

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EXECUTIVE SUMMARY

California Health Benefits Review Program Analysis of Senate Bill 1223: Hearing Aids for Children

The California Legislature has asked the California Health Benefits Review Program (CHBRP) to conduct an evidence-based assessment of the medical, financial, and public health impacts of Senate Bill 1223. In response to a request from the California Senate Committee on Banking, Finance and Insurance on February 2, 2006, CHBRP undertook this analysis pursuant to the provisions of Assembly Bill 1996 (2002) as chaptered in Section 12

- Studies of children with hearing loss indicate a pattern toward favorable effects of early diagnosis and treatment, but improvements in outcomes cannot be attributed solely to hearing aids.
 - Children whose hearing loss is diagnosed and treated prior to 6 months of age have more intelligible speech, larger vocabularies, stronger verbal reasoning skills, and greater comprehension of other persons' speech compared to children who receive intervention after six months of age.
 - The speech and language development of children whose hearing loss is diagnosed and treated prior to 6 months of age parallels that of children with normal hearing.
 - Children whose hearing loss is diagnosed and treated at an earlier age also score higher on tests of non-verbal interaction.
 - Evidence of the effects of early diagnosis and treatment on personal and social development is ambiguous.
 - Effects on speech, language, non-verbal interaction,

Up organization found that approximately 1% of respondents cited cost as a barrier to obtaining a hearing aid for a hearing impaired child. Because cost barriers are more likely to affect those without coverage, this translates into a 2% reduction in utilization for this group from the state average. As a result, CHBRP estimates a 58% rate of utilization for children *with coverage* for hearing aids and a 54% rate for children *without coverage*. Utilization of hearing aids by children without coverage is expected to increase by approximately four percentage points under the mandate to equal the same level of utilization by children with coverage. The utilization rate among those with coverage is expected to remain the same.

- The mandate is estimated to increase total net annual expenditures by \$3.383 million or 0.01%. The mandate will increase premiums by \$7

Table 1. Summary of Coverage, Utilization, and Cost Impacts of SB 1223

	Before Mandate	After Mandate	Increase/ Decrease	% Change After Mandate
<u>Coverage</u>				
Number of insured children with hearing impairments aged 0–17 yrs in California with coverage and subject to the mandate	109,000	109,000	0.0%	0.0

III. Public Health Impacts

- An estimated 1.7% of children in the United States are affected by hearing loss.
- It is projected that approximately 400 additional children will receive hearing aids each year as a result of SB 1223. These children are new users of hearing aids and are subsequently expected to have improved hearing following the mandate.
- In addition to improved hearing, the use of hearing aids in conjunction with educational interventions can also result in improved speech and language development. Although the interventions that aim to improve speech and language development have been found to be effective, they tend to include the use of hearing aids in conjunction with other educational components not specified in SB 1223. Therefore, although the passage of SB 1223 would likely contribute to better speech and language outcomes, improvements in these areas cannot be attributed

INTRODUCTION

According to the National Institute on Deafness and Other Communication Disorders, hearing loss affects approximately 28 million individuals across the United States. Approximately 17 in 1,000 children have a hearing impairment (NIDCD, 2006). SB 1223 would require Knox-Keene licensed health care service plan contracts sold in the group market, and health insurance policies sold in the group and individual market to cover up to \$1,000 in costs for hearing aids to all enrollees younger than 18 years of age.³ In California, approximately 109,000 children who are enrolled in plans and policies subject to the mandate have hearing impairments

Hearing Loss and Early Detection

Hearing loss may be conductive or sensorineural. Conductive hearing loss (usually affecting low-frequency hearing) may be caused by a foreign body, edema of the auditory canal,⁵ or otitis media.⁶ Sensorineural hearing loss occurs when there is damage to the inner ear hair cells or a damaged hearing nerve. Sensorineural hearing loss can be caused by noise, injury, certain medications, tumors, genetic causes, jaundice, meningitis, or problems with blood circulation. The most common cause of conductive hearing loss among children is ear infections. Sensorineural hearing loss in children is most commonly congenital of unknown etiology.

Types of Hearing Aids Available in the Market

There are four different styles of hearing aids for people with hearing loss.

- In-the-Ear (ITE) hearing aids are used for mild-to-severe hearing loss. A tough plastic case holds the components of the hearing aid. ITE aids accommodate technical mechanisms such as a telecoil, which is a small magnetic coil used in hearing aids that can improve hearing during telephone calls. ITE hearing aids can be damaged by earwax and ear drainage. Because they are small, they can also cause problems resulting from growth changes and unwanted feedback. ITE aids are not usually worn by children

- Analog/programmable aids allow the audiologist to use a computer to program the hearing aid. The mechanisms behind analog/programmable hearing aids accommodate more than one environmental setting. If the aid is equipped with a remote control device, the wearer can change the program to accommodate a given listening environment. Analog/programmable circuitry can be used in all styles of hearing aids.
- Digital/programmable aids use a microphone, receiver, battery, and computer chip. The audiologist programs digital hearing aids with a computer. The sound quality and response time can be adjusted on an individual basis. Digital hearing aids allow the audiologist to be flexible in making adjustments to the hearing aids. Digital circuitry can be used in all styles of hearing aids and are the most expensive (NIDCD 2006).

I. MEDICAL EFFECTIVENESS

Interventions to treat hearing loss in children involve fitting children with hearing aids and providing educational interventions for children and their caregivers. Hearing aids help children with hearing loss by amplifying sounds. In the United States, the federal Individuals with Disabilities Education Act (IDEA) requires local school districts to provide educational interventions to children with hearing loss. These interventions include training in the use of hearing aids, auditory development, speech development, and language development. Families of children with hearing loss are often given counseling and training in stimulation of speech and effective communication. Interventions may also include sign language if a child has profound hearing loss. Most intervention programs for hearing loss among young children provide a combination of home- and school-based services (

It is generally accepted that the use of hearing aids in children with hearing loss improves their ability to hear. As a result, there have been few recent studies on the impact of hearing aids on hearing in children. This review examined the two major categories of recent studies on children with hearing loss: 1) studies of the relationship between age at initial diagnosis and treatment of hearing loss, and children's speech, language, and social development, and 2) studies of the relative effectiveness of hearing aids that differ with respect to the type of circuitry and various other technologies.

Studies of the relationship between age at diagnosis and treatment examined the following outcomes.

- Speech development outcomes
-

standard of care for children with hearing loss for so long that some researchers believe it is unethical to deny or delay access to these devices and services (Downs and Yoshinaga-Itano, 1999). Parents and other caregivers may refuse to enroll children in studies in which they might not receive standard treatments for hearing loss (Yoshinaga-Itano et al., 1998). In addition, as a result of the federal IDEA, children whose caregivers suspect hearing loss are entitled to receive a timely evaluation and intervention. This requirement has been interpreted to forbid enrollment of children with hearing loss in randomized trials (Yoshinaga-Itano, 2003, Yoshinaga-Itano, 2004). The barriers to conducting randomized controlled trials of hearing loss treatments for children are formidable and perhaps insurmountable. These barriers result in a research base that is not as rigorous as that available for many other diseases and conditions, which limits the certainty of conclusions drawn from this

at a younger age had better speech production. Markides (1986) examined teachers' ratings of speech produced by school-aged children with hearing loss. The children were divided into four groups according to the age at which they were first fitted with hearing aids: 6 months or younger, 7 to 12 months, 1 to 2 years, and 2 to 3 years. Teachers rated a significantly higher proportion of children who were first fitted with hearing aids within the first 6 months of life as having speech that was very easy or fairly easy to understand compared with children who were first fitted with hearing aids after they were 6 months old. There were no statistically significant differences in ratings of speech produced by children in the three age groups who were first fitted with hearing aids after 6 months of age. Thus, the evidence suggests that early diagnosis and treatment of hearing loss decreases the age at which children begin to form syllables and improves the intelligibility of their speech.</

with normal hearing. Thus, despite a few non-significant findings, overall the evidence suggests a pattern toward favorable effects of early diagnosis and treatment on receptive language.

Six studies examined the effects of age at intervention on children's expressive vocabularies (i.e., the vocabularies they use when communicating with others). Four studies reported that children whose hearing loss was diagnosed by age 6 months had significantly higher scores on tests of expressive vocabulary than children whose hearing loss was diagnosed after age 6 months (Apuzzo and Yoshinaga-Itano, 1995; Yoshinaga-Itano and Apuzzo, 1998a; Yoshinaga-Itano and Apuzzo, 1998b; and Yoshinaga-Itano et al., 1

favorable effect of early intervention on non-verbal comprehension and interaction.

Personal/social development outcomes

Five studies investigated the effects of age at intervention to treat hearing loss on children's personal and social development. One study compared children with a mean age of 40 months (3.3 years) whose hearing losses were identified by six months of age to children whose hearing losses were identified after 6 months of age (Yoshinaga-Itano and Apuzzo, 1998a). That study found that children whose hearing loss was diagnosed by age six months had significantly higher levels

automatically reduces volume when an amplified signal reaches a fixed level and then returns the volume to a normal level as soon as the intense sound is over. Compression amplification can help persons hear high and low intensity sounds within a word or syllable more clearly (Boothroyd et al., 1988). Hearing aids with wide dynamic range compression automatically adjust the level of gain in hearing depending on the level of sound, increasing the gain for soft sounds and decreasing it for loud sounds (Gabbard and Schryer, 2003, p. 238; Palmer and Ortmann, 2005, p. 910). Use of digital signal processing enables hearing aids to have a lower threshold for automatic compression than possible with analog technology (Gabbard and Schryer, 2003, p. 238).

compression, but the difference was not statistically significant. Children with profound hearing loss also achieved higher scores on three other speech recognition tests when using hearing aids with wide-dynamic range compression, but the differences were not statistically significant.

Thus, these studies suggest single-channel and two-channel compression amplification have patterns toward favorable effects on speech recognition and children's satisfaction with hearing aids. There is a pattern toward favorable effects of wide-dynamic range compression on the speech recognition among children with profound hearing loss, but a pattern toward unfavorable effects for children with severe hearing loss. The single study of the effects of combining output limiting and compression suggests that combining these technologies reduces speech recognition.

children's right ears, but the increase in gain was statistically significant only at 2k. There were no statistically significant differences in hearing gain at low frequencies. This study suggests that feedback suppression technology has favorable effects on children's ability to hear high-frequency sounds.

Frequency transpositioning

Many children with severe-to-profound hearing loss are not helped by traditional amplification because they have such limited residual hearing at high frequencies that traditional amplification cannot make these sounds audible to them. Frequency transpositioning hearing aids are intended to help these children by converting high-frequency sounds to lower-frequency sounds (Kopun, 19

Studies of the effects of early diagnosis and intervention

Studies of children with hearing loss indicate a pattern toward favorable effects of early diagnosis and treatment, but the improvements reported cannot be attributed solely to hearing aids.

- Children whose hearing loss is diagnosed and treated at an earlier age have more intelligible speech, larger vocabularies, stronger verbal reasoning skills, and greater comprehension of other persons' speech.
- Children whose hearing loss is diagnosed at an earlier age have receptive and expressive vocabularies that are within the average range for children of the same age whose hearing is normal

II. UTILIZATION, COST, AND COVERAGE IMPACTS

SB 1223 would require Knox-Keene licensed health care service plan contracts sold in the group market, and insurance policies sold in the group and individual market to cover up to \$1,000 in costs for hearing aids to all enrollees younger than 18 years of age. Coverage may be restricted to “one claim during a 36-month period.” This section will present first the current, or baseline, costs and coverage related to hearing aids for children, and then detail the estimated utilization, cost, and coverage impacts

Listen Up organization found that approximately 1% of respondents cited cost as a barrier to obtaining a hearing aid for a hearing impaired child (Bender et al., 2003). Based on these data, CHBRP estimates that currently about 1,090 children with hearing impairments may experience cost as a barrier in obtaining hearing aids. Cost barriers are more likely to affect individuals without coverage since those individuals will face higher out-of-pocket payments. Therefore, this translates to a 2% reduction in utilization of hearing aids as a result of lack of coverage ($1,090/51,000 = 2\%$). CHBRP then estimates that the difference between the utilization rate for hearing-impaired children with and without insurance coverage for hearing aids would be four percentage points. As

- **Health plans and insurers provide discounts to members or subscribers.** Although health plans and insurers generally do not cover hearing aids, some have relationships with vendors to provide a discount to their members or subscribers.

Current coverage of the mandated benefit

Current law does not specifically contain coverage requirements for hearing aids. Private health plans and insurers in California do not generally cover hearing aids themselves, although they do cover

with the largest collective bargaining agents in California, no evidence exists that unions currently include such detailed provisions (specific to medical devices such as hearing aids) during the negotiations of their health insurance policies. In general, unions tend to negotiate for broader contract provisions such as coverage for dependents, premiums, deductibles, and coinsurance levels. In order to determine whether any local unions engage in negotiations at such detail, they would need to be surveyed individually.

Impacts of Mandated Coverage

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To what extent does the mandate affect administrative and other expenses?

Administrative expenses may include the cost of setting up contracts with hearing aid dispensers or building financial arrangements for currently contracted hearing aid dispensers. Some health plans currently have existing arrangements with hearing aid dispensers to provide a discount to Medicare members.

Because SB 1223 would mandate that health plans and insurers provide

These estimates represent the overall cost for those markets affected by the mandate. It is possible that since the benefit only affects children, premiums associated with family or parent-child policies may face the premium impact whereas single (no child) policies face no premium increases for group contracts. However, because the impact of SB 1223 represents a small premium

No cost shifting is expected to occur from the public programs to the privately insured market if the benefit is mandated. SB 1223 would apply to health plans and insurers who provide coverage to Healthy Families and Medi

III. PUBLIC HEALTH IMPACTS

