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Pharmacokinetics, pharmacodynamics, and pharmacogenomics of immunosuppressants in allogeneic hematopoietic cell transplantation: Part II

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Abstract

Part I of this article included a pertinent review of allogeneic hematopoietic cell transplantation (alloHCT), the role of postgraft immunosuppression in alloHCT, and the pharmacokinetics, pharmacodynamics, and pharmacogenomics of the calcineurin inhibitors and methotrexate. In this article, part II, we review the pharmacokinetics, pharmacodynamics, and pharmacogenomics of mycophenolic acid (MPA), sirolimus, and the antithymocyte globulins (ATG). We then discuss target concentration intervention (TCI) of these postgraft immunosuppressants in alloHCT patients, with a focus on current evidence for TCI and on how TCI may improve clinical management in these patients. Currently, TCI using trough concentrations is conducted for sirolimus in alloHCT patients. There are several studies demonstrating that MPA plasma exposure is associated with clinical outcomes, with an increasing number of alloHCT patients needing TCI of MPA. Compared to MPA, there are fewer pharmacokinetic/dynamic studies of rabbit ATG and horse ATG in alloHCT patients. Future pharmacokinetic/dynamic research of postgraft immunosuppressants should include “-omics” based tools: pharmacogenomics may be used to gain an improved understanding of the covariates influencing pharmacokinetics and proteomics and metabolomics as novel methods to elucidate pharmacodynamic responses.

1. Introduction

In part I of this article, we reviewed allogeneic hematopoietic cell transplantation (alloHCT), the role of postgraft immunosuppressants in alloHCT, and the unique considerations alloHCT presents for the conduct of pharmacokinetic, pharmacodynamic, and pharmacogenetic studies of these drugs. We additionally discussed the pharmacokinetics, pharmacodynamics, and target concentration intervention (TCI) of the calcineurin inhibitors (CNIs) – cyclosporine and tacrolimus – and methotrexate. In this article, part II, we review the pharmacokinetics, pharmacodynamics, and pharmacogenomics of mycophenolic acid

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(MPA), sirolimus, and the antithymocyte globulins (ATG). We then discuss TCI of these compounds as postgraft immunosuppression in alloHCT patients, focusing on current evidence for TCI and on how TCI may improve clinical management in these patients. We conclude with perspectives on future research.

2. Mycophenolic Acid

MPA is a selective and reversible inhibitor of inosine monophosphate dehydrogenase (IMPDH), a key enzyme involved in the *de novo* pathway of purine synthesis. Inhibition of IMPDH by MPA effectively results in decreased B- and T-lymphocyte proliferation and clonal expansion. Administered as a prodrug, mycophenolate mofetil (MMF), to enhance oral bioavailability, MPA is formed when MMF is rapidly and extensively hydrolyzed by esterases in the blood, gut wall, liver, and tissues. MMF doses should be multiplied by 0.739 to obtain the equivalent MPA dose. MMF, in combination with a CNI, is commonly part of postgraft immunosuppression in reduced-intensity conditioning (RIC) alloHCT (an overview of the alloHCT process is presented in Part I, Figure 1). In this setting, the postgraft immunosuppression enhances stem cell engraftment and controls graft-versus-host disease (GVHD).¹⁻⁹

MMF is usually administered at a fixed dose of 2–3 g/day in adults, given every 12 hours (h) or every 8 h, and 15mg/kg every 8 h in children. The timing of MMF administration relative to the day of graft infusion varies among alloHCT centers.^{10,11} Most protocols initiate the first dose of MMF three days prior to stem cell infusion with the hope of achieving steady-state concentrations at the time of stem cell infusion. Alternatively, some centers give the first dose of MMF on day 0 at least 2 h after completion of the stem cell infusion. Similarly, the route of administration differs between institutions. Many centers elect to initiate oral MMF therapy, reserving intravenous administration for patients who are unable to tolerate oral medications. Because of the concern regarding gastrointestinal toxicity of myeloablative conditioning regimens, however, some centers give intravenous MMF therapy until day +7 post-transplant. Patients are then converted to oral MMF as tolerated, using a 1:1 ratio of intravenous to oral MMF. Currently, there are two forms of MMF available for oral administration: immediate release (CellCept[®] or generic) and enteric-coated (Myfortic[®] or generic). This review will focus on the pharmacokinetics of immediate-release MMF, since there are currently no published reports of enteric-coated MPA pharmacokinetics in the alloHCT population.

2.1. Pharmacokinetics

There have been numerous MPA pharmacokinetic studies in the setting of postgraft immunosuppression.¹⁰⁻³⁰ These studies had between 14 and 408 subjects, and 16 out of the 21 studies (71%) included fewer than 50 subjects. Overall, pharmacokinetic studies in alloHCT recipients demonstrate wide inter- and intra-patient variability in the plasma concentrations of total MPA, unbound MPA, and MPA 7-O-glucuronide (MPAG).^{10-17,19,21-24,31} The interpatient variability in MPA pharmacokinetics has largely remained unexplained by patient-specific covariates, providing another example of the complexity of drug disposition in the alloHCT population. A limitation of these covariate analyses include small sample sizes, which could be overcome by multi-center

pharmacokinetic/pharmacodynamic studies. In addition, to be able to tolerate the substantive toxicity of myeloablative conditioning, alloHCT recipients are often healthy and have few comorbidities. Therefore, there is often minimal variability in clinical covariates such as renal or liver function, which can further hinder covariate analyses and restrict the extent to which research findings can be generalized to patient populations outside alloHCT.

Quantification of MPA may be performed by either reverse-phase high-performance liquid chromatography (HPLC) with ultraviolet detection, LC-mass spectrometry (LC/MS)³⁰ or a commercially available, automated enzyme multiplied immunoassay technique (EMIT) - based assay. The acceptability of the EMIT assay is debatable, with some reports suggesting that plasma MPA concentrations measured by EMIT are higher than those determined by HPLC.^{32,33} This overestimation is most likely attributable to the cross-reactivity of the acyl glucuronide with MPA antibodies.³² Recent data, however, suggest that a modified EMIT assay can be used for TCI of unbound MPA plasma concentrations.^{34,35}

2.1.1. Absorption, distribution, metabolism and excretion

2.1.1.1. Absorption: In alloHCT recipients, mean total MPA plasma area under the concentration-time curve (AUC), concentration at steady-state (C_{ss} , AUC divided by dosing interval), and maximum plasma concentration (C_{max}) are associated with the administered dose of MMF.^{10,15,19,20} Following intravenous administration, MMF is extensively hydrolyzed by esterases in the blood, gut wall, liver, and tissues to form MPA. The oral bioavailability of total MPA in alloHCT patients has a mean value of 67% (range 13–172%),^{16,20} which is lower than in healthy volunteers.³⁶

2.1.1.2. Distribution: MPA distributes extensively into tissues, as reflected by its large volume of distribution. For non-compartmental analysis, volume of distribution (V_d/F) is most commonly estimated by the terminal phase of elimination (K_e), taking into account the fraction of drug absorbed following oral administration. Only one study reported V_d/F using noncompartmental methods, finding a V_d/F for total MPA of 184 L (range 74–363).²¹ Using population pharmacokinetic (popPK) methods, the average estimated values for total MPA volume of the central compartment (V_c) and volume of the peripheral compartment (V_p), allometrically scaled to a 70 kg adult, were 43 L and 244 L, respectively.^{25,27,30} In a single study, the V_c and V_p of unbound MPA, adjusted by weight (precise weight not specified), were reported at 1230 L and 6140 L, respectively.²⁶

In subjects with normal renal and hepatic function, MPA and MPAG are approximately 97% and 82% bound to serum albumin, respectively.³⁷ In alloHCT recipients, there have been contradictory reports regarding the effects of low serum albumin on MPA pharmacokinetics.^{25,26,29,30} In two studies, lower plasma albumin concentrations were associated with increased total MPA clearance and lower AUC.^{25,38} Modeling both intravenous and oral data, Li *et al.* found total MPA clearance negatively correlated with albumin concentrations in 408 alloHCT recipients.³⁰ Inclusion of albumin concentration in the final model reduced the objective function value by more than 6.6 units ($p < 0.01$) and decreased between-subject variability (BSV) from 36.1% to 31.1% (Figure 1). In an analysis including several different patient populations, total MPA clearance was highest among

alloHCT recipients compared to renal transplant recipients and subjects with autoimmune disorders. Specifically, after oral MMF administration, alloHCT recipients had a 50% higher median clearance of total MPA (45.6 L/h) compared to renal transplant patients (30.2 L/h).²⁵ These differences in MPA clearance could be explained, in part, by differences in albumin concentrations between these three groups.²⁵ Concomitant cyclosporine could also account for the differences in MPA clearance.

Lower total MPA AUC may not, however, correspond to a low unbound MPA AUC,³⁹ so factors influencing unbound MPA clearance should be evaluated as well. Serum albumin was not associated with unbound MPA AUC in two smaller studies.^{26,29} This agrees with previous studies in renal transplant patients that have shown serum albumin alters total MPA clearance but not unbound MPA clearance.⁴⁰⁻⁴²

2.1.1.3. Metabolism and Elimination: The uridine diphosphate glucosyltransferase (UGT) enzymes responsible for MPA metabolism are well described.⁴³ UGT1A9 is considered the main enzyme involved in MPAG formation and is expressed in multiple tissues including the liver, kidneys, and intestinal mucosa.⁴³ UGT1A8 and UGT1A10, expressed in the gastrointestinal tract, are also involved in the formation of MPAG.⁴³⁻⁴⁵ The minor acyl glucuronide metabolite is formed by UGT2B7, located in the liver and kidneys, and constitutes approximately 5% of the total MPA metabolic pathway.⁴³ Transport of MPAG into the urine and bile is mediated primarily by the efflux transporter multidrug resistance-associated protein (MRP) 2.^{46,47} In the intestine, MPAG may be converted back into MPA and reabsorbed into systemic circulation through enterohepatic recirculation, enhancing oral bioavailability.⁴⁸ Enterohepatic recirculation is initiated by β -glucuronidase, which cleaves glucuronide conjugates in the intestine, releasing MPA and making it available for reabsorption. This enzyme is produced by gram-negative aerobic and anaerobic bacteria, which are part of the normal human intestinal flora.⁴⁹ In alloHCT recipients, however, enterohepatic recirculation appears to make a minimal contribution: in the studies discussed here, 0 to 39% percent of subjects experienced a secondary peak in their MPA concentration-time profiles.^{16,20,30} Co-administration of cyclosporine may largely account for the lack of enterohepatic recirculation seen in alloHCT recipients compared to other populations.^{25,30}

Using non-compartmental analysis, the apparent oral clearances (CL/F) for total MPA after oral MMF administration range from 30.6 L/h (range 3.5–73.7)¹¹ or 0.66 L/h \times kg (range: 0.62–3.6) in adult alloHCT.²⁰ The interdose (within-patient) variability is substantive, with 47% (i.e., 17 of 36) of patients having a greater than 30% change in their clearance of total MPA over days 0 to +27.²⁰ There have been no studies to report clearance estimates for unbound MPA using noncompartmental methods. Various popPK models have been built for MPA disposition in alloHCT recipients: five were built with total MPA concentration-time data and two with unbound MPA plasma concentration-time data.

Li *et al.* reported a popPK model in 77 alloHCT recipients receiving intravenous MMF that estimated the total MPA clearance for a typical adult patient weighing 70kg to be 36.9 L/h (relative standard error (RSE) 5.4%).²⁷ The results of covariate analyses evaluating the effect of clinical factors such as renal or hepatic function on MPA clearance have been mixed. In

the largest study to date, total MPA pharmacokinetic concentration-time data was analyzed in 408 alloHCT recipients receiving intravenous or oral MMF.³⁰ MPA pharmacokinetics were characterized with a two-compartment model with first-order elimination and a time-lagged first-order absorption approach. The typical clearance for a reference patient weighing 70kg and receiving oral MMF was 24.2 L/h (RSE 3.2%). Covariates retained in the final model for clearance included serum albumin and concomitant use of cyclosporine (vs. tacrolimus). Total MPA clearance was negatively correlated with albumin concentration. Concomitant cyclosporine administration was associated with a 34% increase in total MPA clearance compared to tacrolimus. BSV and inter-occasion variability (IOV) for pharmacokinetic parameters were modeled using an exponential error model. The IOV was less than the BSV for clearance (coefficient of variation (CV) 14.1% vs. 28.1%). Residual unexplained variability (RUV) remained high at 49%. The first-order absorption rate (k_a) for alloHCT patients (0.602 h^{-1}) is slower than that for renal transplant recipients ($0.64\text{--}4.1 \text{ h}^{-1}$).^{50–55} Additionally, k_a for alloHCT recipients is highly variable, with an IOV of 49.3%. There are several potential sources of this variability, including ongoing recovery of the gastrointestinal epithelium after conditioning, inconsistent food intake at the time of MMF administration, concomitant antibiotics, or gastrointestinal GVHD. Conditioning regimen was not found to be a significant covariate, although only 15% of patients received myeloablative conditioning.

For unbound MPA, a two-compartment model with first-order absorption and linear elimination described unbound MPA pharmacokinetics in 132 adult alloHCT recipients who received intravenous or oral MMF with cyclosporine.²⁶ For the typical patient (52 years of age, Cockcroft-Gault creatinine clearance (CL_{CR}) of 86mL/min) systemic unbound MPA clearance was 1,610 L/h (RSE 5.8%). The only independent predictor of unbound MPA clearance was CL_{CR} : unbound MPA exposure (AUC_{0-24h}) increased as renal function declined. In the final pharmacokinetic model, however, the BSV in unbound MPA clearance remained high (CV 37.4%), even after accounting for CL_{CR} , and residual variability remained large (CV 42.3%).

De Winter *et al.* analyzed data and developed a popPK model from patients receiving MMF as part of alloHCT (N=38), renal transplantation (N=36), and treatment for autoimmune diseases (N=36).²⁵ A two-compartment model with time-lagged first-order absorption and first-order elimination was used to describe the data. When disease status was added to the base model, the BSV for clearance decreased from 78% to 43%. Significant differences in MPA clearance were observed among the three disease groups. Median total MPA clearance was 10.7 L/h in autoimmune disease patients, 30.2 L/h in renal transplant recipients, and 45.6 L/h in alloHCT subjects. Notably, albumin concentrations were lowest and concomitant use of cyclosporine highest among the alloHCT recipients; these may contribute to the differences in clearance between the groups.

2.1.2. Drug-drug interactions—Studies predominantly in healthy volunteers or solid organ transplant recipients have identified drug-drug interactions (DDI) affecting MPA pharmacokinetics. Recipients of nonmyeloablative alloHCT, however, have an increased burden of comorbidities, potentially increasing the number of concomitant medications and potential drug interactions (PDI) affecting MPA pharmacokinetics. In 84 nonmyeloablative

alloHCT recipients, 87% had at least one PDI over the first 21 days after allogeneic graft infusion, with a median cumulative PDI burden of 2 (range: 0 to 4). The most common PDI, in descending order, were cyclosporine, omeprazole, and pantoprazole.⁵⁶

Covariate analysis in the construction of popPK models revealed that the concomitant CNI influences MPA pharmacokinetics in alloHCT. In a popPK model built after intravenous and oral MMF administration in 408 alloHCT recipients, concomitant cyclosporine (N=327) was shown to be associated with a 34% increase in total MPA clearance compared to concomitant tacrolimus (N=81).³⁰ MRP2 is expressed at the apical (canalicular) surface of hepatocytes, where they excrete MPAG into the bile.⁴⁸ *In vitro* data and clinical studies in solid organ transplantation have demonstrated that cyclosporine is a potent inhibitor of MRP2.⁴⁸ The effect of cyclosporine on total MPA clearance most likely results from inhibition of MRP2, resulting in decreased biliary excretion and enterohepatic recycling of MPAG, and thus more rapid clearance of total MPA. In contrast, tacrolimus has not been shown to have any inhibitory effects on MRP2. A total MPA popPK model built after intravenous MMF administration did not find an effect of concomitant cyclosporine, although the total number of subjects was much smaller.²⁷

In two other analyses, all subjects received therapy with cyclosporine and MMF.^{26,29} Cyclosporine trough concentrations obtained on the day of MPA pharmacokinetic sampling were evaluated and were found to have no effect on unbound MPA clearance. No relationships were identified between unbound MPA pharmacokinetic parameters and several other concomitant medications, including known inhibitors and inducers of UGT drug metabolizing enzymes and MRP2 transporters.

Antibiotics were also evaluated for PDI, although in other patient populations the evidence for antibiotics' effect on MPA pharmacokinetics is contradictory. In a two-patient case series, Ratna *et al.* reported decreased MPA AUC with concomitant amoxicillin and clavulanic acid.⁵⁷ In a healthy volunteer cross-over study with 11 participants, Naderer *et al.* found that when MMF was co-administered with norfloxacin, metronidazole, or norfloxacin and metronidazole combined, MPA AUC decreased by 10%, 19%, or 33%, respectively.⁴⁹ Finally, in a prospective study of 64 patients receiving MMF and tacrolimus after renal transplantation, Borrows *et al.* found that concentrations of samples taken 12 h post-dose (i.e., before the next dose or trough concentrations) decreased by 46% within three days of initiation of oral ciprofloxacin or amoxicillin with clavulanic acid.⁵⁸ The discrepant results regarding the effect of antibiotics upon MPA pharmacokinetics could be due to the substantive intersubject variability in MPA pharmacokinetics, which could essentially 'mask' the MPA-antibiotic PDI. The different antibacterial spectra of the antibiotics may also have varying effects upon enterohepatic recirculation.

2.1.3. Special populations

2.1.3.1. Renal and hepatic impairment: To date, no studies have demonstrated a significant effect of renal function on total MPA pharmacokinetics in the setting of alloHCT. Two retrospective studies found CL_{CR} to be an independent predictor of unbound MPA clearance.^{26,29} In adults, the effect of CL_{CR} was relatively modest and was expected to be most prominent in patients receiving intravenous MMF who had moderate to severe renal

impairment (CL_{CR} of 10–50 mL/min).²⁶ Similarly, in pediatric alloHCT patients, unbound MPA clearance was reduced and AUC_{0-8h} increased as renal function declined.²⁹ Approximately a two-fold increase in unbound MPA AUC_{0-8h} was predicted when CL_{CR} decreased from above 80 mL/min (normal renal function) to 30 mL/min (severe renal impairment). This is consistent with several previously published studies in solid organ transplant that reported elevated unbound MPA concentrations in patients with significant renal dysfunction.^{59–63} In alloHCT recipients with severe renal dysfunction, there are two case reports of neutropenia or engraftment failure, both with a total MPA AUC_{0-12h} and trough concentration within normal limits but high unbound MPA trough and AUC_{0-12h} .^{18,64} Dose reduction of MMF may be warranted based on the association of increased risk of leukopenia in pediatric renal transplant recipients who have an unbound MPA AUC_{0-12h} greater than 400 ng×h/mL.⁶⁵ No formal clinical pharmacokinetic/pharmacodynamic studies have tested this directly; therefore whether dose modification of MMF is warranted in the presence of renal dysfunction in alloHCT recipients remains unclear.

A single study conducted in 36 children and young adult alloHCT recipients concluded that severe hepatic dysfunction may lead to decreased unbound MPA clearance and elevated AUC .²⁹ In six patients with total bilirubin > 10 mg/dL, unbound MPA clearance was approximately three-fold lower than in children with total bilirubin < 10 mg/dL.

2.1.3.2. Pediatrics: There have been four published reports investigating the pharmacokinetics of MPA as postgraft immunosuppression in children.^{14,17,22,29} For younger children, pharmacokinetic data indicate that higher and more frequent MMF dosing may be required to achieve an AUC similar to that in adults. Based on popPK analysis, body weight was found to be a significant covariate affecting unbound MPA clearance.²⁹ The median age of subjects in this study was 5 years (range 0.17–36); only 13 of the 36 subjects (36%) were less than 2 years of age.²⁹

2.1.3.3. Obese: The impact of increased body mass index (BMI) upon total or unbound MPA pharmacokinetics has not been systematically evaluated. The American Society for Blood and Marrow Transplantation (ASBMT) guidelines do not address MMF dosing in obese patients.⁶⁶ The MMF dose for obese alloHCT patients should be based on adjusted ideal body weight ($AIBW = 0.25 \times (\text{actual weight} - \text{ideal weight}) + \text{ideal weight}$), based on the data from Li *et al.* in which 25% of the population had a body mass index > 30 kg/m².³⁰

2.1.4. Pharmacodynamic measurements: IMPDH—IMPDH is reversibly inhibited by MPA, resulting in decreased B- and T- lymphocyte proliferation and clonal expansion. IMPDH is the rate-limiting enzyme in the *de novo* synthesis of guanosine nucleotides. IMPDH catalyzes the oxidation of inosine 5'-monophosphate (IMP) to xanthosine 5'-monophosphate (XMP) by a nicotinamide adenine dinucleotide (NAD)⁺-dependent pathway.⁶⁷ Obtaining adequate sensitivity to quantitate XMP can be challenging.^{67,68} These difficulties are heightened by the decreased number of peripheral blood mononuclear cells (PMNC) available, due to the conditioning regimen, to determine IMPDH activity in alloHCT recipients.⁶⁹ Various nonradioactive methods using chromatographic separations have been used to quantify XMP, the catalytic product of the enzyme, to indirectly evaluate

IMPDH activity. Mass spectrometry (MS)-based detection methods for XMP quantification, which provide more specificity and sensitivity, were recently developed.^{67,69} PMNC cells are isolated and incubated *ex vivo* with IMP, and the XMP formation rate is used to measure IMPDH activity based on the quantification of XMP formation normalized by cell count. In nonmyeloablative alloHCT recipients, Bemer *et al.* reported that low recipient pretransplant IMPDH activity was associated with increased day +28 donor T-cell chimerism, more acute GVHD, lower neutrophil nadirs, and more cytomegalovirus reactivation.⁶⁹ Further confirmatory studies are needed, but IMPDH activity in PMNC lysate could provide a useful biomarker to evaluate a recipient's sensitivity to MMF. Using a LC-MS method, Laverdière *et al.*⁶⁷ reported a 5.3-fold variability in IMPDH activity after MMF in 19 alloHCT recipients whose conditioning regimen, graft source, and MMF regimen were not detailed.⁶⁷ Also using a LC-MS method, Li *et al.* found a 10-fold variability in IMPDH activity and 6-fold variability in IMPDH area under the effect curve (AUEC) after oral MMF 15 mg/kg every 12 h (related donors) or every 8 h (unrelated donors) on alloHCT day +21.³¹ Li *et al.* created a pharmacokinetic/pharmacodynamic model with total MPA, unbound MPA, and total MPAG plasma concentrations and IMPDH activity in PMNC using data from 56 nonmyeloablative alloHCT recipients after the morning dose of oral MMF on day +21.³¹ The overall relationship between MPA concentration and IMPDH activity was described by a direct inhibitory E_{\max} model with an IC_{50} of 3.23 mg/L total MPA and 57.3 ng/mL unbound MPA. The day +21 IMPDH AUEC was associated with cytomegalovirus reactivation, non-relapse mortality (NRM), and overall mortality. In renal transplant patients, high recipient IMPDH activity is associated with rejection.⁷⁰ Graft rejection occurs too rarely in alloHCT recipients to have enough events for a meaningful statistical analysis.

2.2. TCI

In the majority of alloHCT recipients, the initial MMF dose should be 3 grams per day (i.e., 1 gram every 8 h), dosed either intravenously or orally.^{71–73} The notable exception to this guideline is nonmyeloablative alloHCT recipients of a related donor graft, who should receive 15 mg/kg orally every 12 h.⁷⁴ Currently, some alloHCT centers personalize MMF via TCI using either trough concentrations,^{12,22} AUC,¹³ or Bayesian estimates of AUC.⁷⁵ The conflicting results on the benefit of MPA TCI in renal transplant recipients^{48,76} and heterogeneous results of MPA pharmacodynamics in alloHCT (Table 1) may have diminished enthusiasm for such an approach in alloHCT patients. The therapeutic targets for total MPA differ based on the graft source; a total MPA $C_{ss} > 2.96 \mu\text{g/mL}$ (where $C_{ss} = \text{AUC}$ divided by the dosing interval) is the target exposure for nonmyeloablative alloHCT recipients of an unrelated donor to lower the risk of grades III–IV acute GVHD.^{10,77} A total MPA $\text{AUC}_{0-24\text{h}}$ less than $40 \mu\text{g}\times\text{h/mL}$ is associated with a higher cumulative incidence of grades II–IV acute GVHD in single UCB graft alloHCT recipients.⁷⁸ Monitoring trough concentrations is appealing in terms of patient convenience, but total MPA trough concentrations correlate poorly with $\text{AUC}_{0-\tau}$ at steady-state in alloHCT recipients.¹⁰ A weak correlation exists between total and unbound MPA concentrations,^{11,19} but quantification of unbound MPA concentrations is not routinely available. If TCI of unbound MPA is desired, MMF doses can be modified to maintain an unbound MPA $\text{AUC}_{0-12\text{h}} > 300 \text{ ng}\times\text{h/mL}$ ¹¹ for myeloablative conditioning before a variety of allografts (predominantly umbilical cord blood grafts).

Using limited sampling schedules (LSS) can help facilitate the TCI of MPA by reducing the need for intensive, invasive sample collection, improving convenience, and lowering costs. Four studies have been published describing LSS to estimate total MPA AUC_{0–12h} and MPA AUC_{0–8h} following intravenous and oral administration.^{27,28,30,79} The majority of these studies require measurement of MPA concentrations within the first 4 h following a dose using a maximum *a posteriori* (MAP) Bayesian procedures to estimate MPA AUC. For both intravenous and oral MMF, an LSS of three to five samples can estimate MPA AUC_{0–12h} or AUC_{0–8h} with satisfactory accuracy (low bias and precision) relative to intensive pharmacokinetic sampling.

2.2.1. MPA TCI and Impact on Clinical Outcomes—Various investigators have reported pharmacodynamic associations between MPA pharmacokinetics and clinical outcomes in alloHCT recipients (Table 1).^{10–12,14,19,22,77} There was variability in how these studies reported plasma exposure – using either AUC, C_{ss}, or trough concentration – and in whether total or unbound MPA concentrations were evaluated. Many of these studies, however, are limited in sample size and include heterogeneous patient populations that vary in both donor source and type. Early in the development of the nonmyeloablative conditioning regimen, a shorter half-life of MPA combined with graft rejection after receipt of an unrelated donor graft led every 8 h administration of MMF in these alloHCT recipients only.⁷¹ Because MMF is administered every 12 h or every 8 h, the MPA exposure is often expressed as C_{ss}, which is AUC divided by dosing interval.¹⁰ Identifying potential pharmacodynamic associations is particularly complex for MPA, as both total and unbound MPA AUCs may be associated with clinical outcomes. Additional prospective studies conducted in larger, more homogeneous groups of alloHCT recipients are essential to elucidate significant MPA pharmacokinetic/pharmacodynamic relationships.

Total MPA exposure is associated with clinical outcomes in nonmyeloablative conditioned alloHCT recipients of an unrelated donor graft. Giaccone *et al.*¹⁰ found no relationship between total MPA concentrations and acute GVHD but did demonstrate reduced donor T-cell chimerism and higher rates of graft rejection in patients with a total MPA C_{ss} < 2.5 µg/mL. No statistically significant associations were found between total or unbound MPA exposure and grades II–IV acute GVHD, but this may have been confounded by the overall high incidence of grades II–IV acute GVHD (71% of patients). Both total and unbound MPA C_{ss} were shown to influence the degree of donor T-cell chimerism. All subjects with a total C_{ss} < 3 µg/mL (N=16) had donor chimerism values below 50% after alloHCT, and all patients who subsequently rejected their grafts (N=6) had a total MPA C_{ss} < 2.5µg/mL. In the largest MPA pharmacokinetic/pharmacodynamic study in alloHCT to date, total and unbound MPA pharmacokinetics/pharmacodynamics were retrospectively analyzed from two cohorts of alloHCT patients receiving fludarabine/total body irradiation conditioning before related or unrelated donor grafts.⁷⁷ Patients received postgraft immunosuppression that included a CNI and MMF given either every 12 h (N=167) or every 8 h (N=141). The pharmacodynamic analysis was conducted with total MPA C_{ss}, using the average of all values from days 0 through +25. Total MPA C_{ss} values were divided into the lower quartile (0.61 to 1.76 µg/mL), interquartile range (1.77 to 2.96 µg/mL), and upper quartile (2.97 to 4.6 µg/mL). In patients receiving a related donor graft, MPA C_{ss} (total or unbound) was not

associated with clinical outcomes. In patients receiving an unrelated donor graft, a total MPA $C_{ss} < 2.96 \mu\text{g/mL}$ was associated with increased grades III–IV acute GVHD and increased NRM but not with day +28 T-cell chimerism, disease relapse, cytomegalovirus reactivation, or overall survival. Rejection occurred in nine patients, eight of whom had a total MPA $C_{ss} < 3 \mu\text{g/mL}$. The authors concluded that higher initial oral MMF doses and subsequent targeting of total MPA C_{ss} to $> 2.96 \mu\text{g/mL}$ could lower grades III–IV acute GVHD and NRM in patients receiving unrelated donor grafts.

The Minnesota group has also reported two MPA pharmacokinetic/pharmacodynamic studies following RIC in recipients of related or unrelated donor grafts. In a prospective study, Jacobson *et al.*¹¹ evaluated the pharmacokinetics/pharmacodynamics of MPA in 87 adult subjects undergoing RIC receiving related peripheral blood stem cells (PBSC, N=33), unrelated bone marrow (N=4), or unrelated umbilical cord blood (UCB, N=50) grafts for a variety of malignancies. Exposure-response relationships were evaluated using both univariate and multiple regression models. An unbound MPA $\text{AUC}_{0-12\text{h}} < 300 \text{ ng}\times\text{h/mL}$ within one week of transplant was associated with more frequent grades II–IV acute GVHD (58% versus 35%, $p=0.05$). A post-transplant total MPA trough concentration $> 1 \mu\text{g/mL}$ was associated with a higher cumulative incidence of engraftment at day +42 (85% versus 100%, $p<0.01$). In multivariate analysis, each $1 \mu\text{g/mL}$ increase in total MPA trough concentration increased the likelihood of engraftment by 58%. For each $100 \text{ ng}\times\text{h/mL}$ increase in unbound $\text{AUC}_{0-12\text{h}}$, the risk of developing grades II–IV acute GVHD was reduced by 25%. No other pharmacokinetic parameters were associated with engraftment or acute GVHD. In a subsequent analysis, Frymoyer *et al.*²⁶ conducted a retrospective popPK meta-analysis using unbound MPA pharmacokinetic data from 132 adult alloHCT recipients from three previously published pharmacokinetic or pharmacodynamic studies.^{11,15,16} The average daily unbound MPA AUC ($\text{AUC}_{0-24\text{h}}$) from the first 30 days post-transplant was used as a measure of drug exposure, taking into consideration differences in AUC due to oral bioavailability after intravenous or oral dosing. For every $200 \text{ ng}\times\text{h/mL}$ increase in $\text{AUC}_{0-24\text{h}}$, the risk of grades II–IV acute GVHD decreased 16% ($p=0.026$). For subjects in the 25th percentile for unbound MPA $\text{AUC}_{0-24\text{h}}$, the risk of grades II–IV acute GVHD was 37% higher than for patients in the 75th percentile. Unbound MPA $\text{AUC}_{0-24\text{h}}$ was not predictive of grades III–IV acute GVHD. No relationship was found between unbound MPA $\text{AUC}_{0-24\text{h}}$ and neutrophil engraftment. The Memorial Sloan-Kettering group intensified oral MMF dosing, in combination with cyclosporine or tacrolimus, from every 12 h to every 8 h in 174 double cord blood transplant (dCBT) recipients.⁷² A subset analysis of 83 patients evaluated the mean week 1 and 2 total MPA trough concentrations; patients with a trough concentration $< 0.5 \mu\text{g/mL}$ had an increased incidence of day +100 grades III and IV acute GVHD compared to patients with trough concentrations $> 0.5 \mu\text{g/mL}$ (26% versus 9%, $p = 0.063$). Patients whose MMF dose was below the group median ($< 43 \text{ mg/kg/day}$) and had low mean week 1 and 2 MPA trough concentrations ($0.05 \mu\text{g/mL}$) had a 40% incidence of grades III–IV acute GVHD at day +100 ($p = 0.008$), compared to a 10% incidence in patients with other dose and trough concentration combinations (i.e., high MMF dose regardless of trough concentration or trough $> 0.5 \mu\text{g/mL}$ regardless of MMF dose). This analysis supports every 8 h oral MMF dosing and total MPA trough concentration monitoring early after alloHCT in dCBT recipients.⁷²

To summarize, TCI of MPA is conducted at some alloHCT centers using either trough concentrations,^{12,22} AUC,¹³ or Bayesian estimates of AUC.⁷⁵ Tacrolimus is the preferred CNI to be administered with MPA, because of the findings of Li *et al.* that concomitant cyclosporine was associated with a 34% increase in total MPA clearance compared to concomitant tacrolimus.³⁰ This postgraft immunosuppressant regimen, however, needs further optimization.⁸⁰ TCI should be considered in pediatric patients or those with end-organ dysfunction.²⁹ Based on the current literature, the conditioning regimen and graft type influence the pharmacodynamics of MPA and thus, the MPA target. A target total MPA C_{ss} > 2.96 µg/mL is appropriate in nonmyeloablative-conditioned patients receiving unrelated donor grafts.⁷⁷ If TCI is desired in UCB alloHCT recipients, then either total MPA trough concentrations or unbound MPA AUC should be monitored based on pharmacodynamic findings. However, given that only the association of total MPA AUC with acute GVHD in alloHCT recipients of UCB grafts has been replicated,^{11,72} further pharmacodynamic findings are needed in homogenous populations with similar conditioning regimens, graft sources, and postgraft immunosuppression.

3. Sirolimus

Sirolimus (also known as rapamycin) is a lipophilic macrocyclic lactone with potent immunosuppressive properties. Although structurally similar to the CNIs, sirolimus binds distinctly to FK binding protein 12 (FKBP12), forming a complex with the mammalian target of rapamycin (mTOR).⁸¹ This sirolimus-FKBP12-mTOR complex inhibits multiple cytokine-stimulated cell cycling pathways through a reduction in DNA transcription, DNA translation, protein synthesis, and cell signaling.⁸² It also inhibits interleukin-2 mediated proliferation signaling, leading to T-cell apoptosis.⁸² Because sirolimus does not interact with calcineurin or its downstream effectors, it works synergistically with CNIs to enhance T-cell immunosuppression.

The role for sirolimus as postgraft immunosuppression for alloHCT is still being defined.⁸³⁻⁹⁰ Sirolimus is often combined with tacrolimus based on *in vitro* data suggesting improved efficacy and less toxicity compared to sirolimus plus cyclosporine.⁹¹⁻⁹³ After myeloablative conditioning for alloHCT, sirolimus with a CNI and methotrexate as triple therapy is not superior to a two-drug regimen with sirolimus and a CNI.⁸⁴ Specifically, compared to sirolimus with a CNI and methotrexate, the CNI/sirolimus regimen had brisk engraftment, similar cumulative incidence of grades II-IV acute GVHD, and no difference in the cumulative incidence of extensive chronic GVHD, NRM, disease relapse, or survival. In children with acute lymphoblastic leukemia undergoing myeloablative alloHCT, adding sirolimus to tacrolimus/methotrexate decreased grades II-IV acute GVHD rates, increased toxicity, and did not improve survival.⁹⁴ After matched related myeloablative alloHCT, patients treated with tacrolimus and sirolimus had similar GVHD-free survival, more rapid engraftment, and less mucositis compared to patients treated with tacrolimus/methotrexate.⁹⁵

Sirolimus is available in both tablet formulation and, in some countries, as a liquid solution. Because sirolimus has a long half-life, in most protocols it is initiated three days prior to stem cell infusion (day -3, Part I, Figure 1) to ensure adequate drug exposure on day 0 and to promote stem cell engraftment.⁹⁶ Sirolimus is usually administered once daily at a fixed

dose in adults (one 6–12mg loading dose, followed by 2–4mg daily) and as a body surface area (BSA)-based dose in children (2.5 mg/m²/day). In adults and children, doses are targeted to whole blood trough concentrations of 3–14 ng/mL.^{84,85,97–99}

3.1. Pharmacokinetics

Large inter- and intra-patient variabilities exist with sirolimus pharmacokinetics, and both have been well-described in solid organ transplantation.^{100,101} Formal pharmacokinetic studies investigating a dose-concentration relationship in alloHCT, however, are lacking. The majority of published reports in alloHCT are descriptive studies with small sample sizes, providing only a range of sirolimus doses and corresponding whole blood trough concentrations. Trough concentrations, however, have been shown to be only modestly correlated with AUC_{0–24h}, with R² values ranging from 0.52 to 0.84.^{102–104}

Sirolimus whole blood concentrations may be measured by either chromatographic or immunoassay methods.^{101,105} Due to cross-reactivity with sirolimus metabolites, immunoassay methods have a positive bias ranging from 14–39% compared to HPLC with tandem mass spectrometry (HPLC-MS/MS) methods.¹⁰⁵ Because sirolimus whole blood concentrations vary by the type of assay used, trough concentrations are not interchangeable between methods. Therefore, sirolimus TCI should be conducted using one bioanalytical method that is consistent within an institution.

3.1.1. Absorption, distribution, metabolism and elimination—The apparent oral bioavailability of sirolimus is poor and estimated to be approximately 15% in subjects receiving concomitant cyclosporine.¹⁰⁰ The low oral bioavailability is attributed to a combination of extensive intestinal and hepatic first pass metabolism by cytochrome P450 (CYP) 3A4 and transport by the efflux pump p-glycoprotein (PgP).¹⁰⁰ Sirolimus is distributed in whole blood in red blood cells (94.5%), whole blood (3.1%), lymphocytes (1.01%) and granulocytes (1.0%).¹⁰⁰ Like tacrolimus, the sequestration of sirolimus in red blood cells is believed to be partially due to their rich content of immunophilins.¹⁰⁰ In the whole blood compartment, sirolimus exhibits concentration-dependent binding to lipoproteins (40%) with a minor fraction (<4%) bound to plasma proteins. Whole blood is considered the most favorable matrix for TCI.¹⁰⁰ Sirolimus has a large volume of distribution (5.6–16.7 L/kg).¹⁰⁰ The primary route of elimination occurs via fecal/biliary pathways, with an estimated terminal elimination half-life of approximately 62 h.¹⁰⁰ The long half-life of sirolimus allows for convenient once-daily dosing, but administration of a loading dose is required to achieve target drug concentrations in the plasma rapidly.

3.1.2. Drug-drug interactions—DDI with concomitant medications that affect CYP3A4 or PgP activity or expression will alter sirolimus clearance and thus its blood concentrations.¹⁰¹ Formal DDI analyses of sirolimus in alloHCT are from small studies, limited to retrospective analyses, and focused only co-administration of known CYP3A4 inhibitors.^{106–109} Azole antifungals given concomitantly with sirolimus were evaluated for an effect on sirolimus trough concentrations.^{106,108,109} In children receiving concomitant prophylactic fluconazole, dose-normalized C_{24h} was significantly higher in children receiving fluconazole (mean ± standard deviation of 4.8 ± 3.3 ng/mL/mg) than in children

who were not (2.5 ± 1.7 ng/mL/mg, $p=0.018$).¹⁰⁴ Marty *et al.* retrospectively evaluated the DDI between concomitant voriconazole and sirolimus in 11 alloHCT recipients.¹⁰⁶ The sirolimus dose was empirically reduced by 90% in eight alloHCT recipients; their median sirolimus trough concentration was 4.2 ng/mL (range 1.9–10.4). In the three patients without empiric sirolimus dose reductions, the median sirolimus trough concentration was 18.9 ng/mL (range 10.0–19.2). The authors concluded that sirolimus and voriconazole may be safely co-administered if there is an empiric 90% sirolimus dose reduction; close TCI of sirolimus trough concentrations is also necessary.

In a single retrospective case series of 85 alloHCT recipients, elevated sirolimus trough concentrations were demonstrated in 14 subjects who received a sirolimus-based immunosuppressive regimen and the anti-emetic drug aprepitant, a moderate CYP3A4 substrate/inhibitor.¹⁰⁷ Sirolimus trough concentrations drawn one to three days after administration of the loading dose were approximately two-fold higher in patients receiving concomitant aprepitant (29.2 vs 13.5 ng/mL, $p = 0.003$).

3.1.3. Special populations

3.1.3.1. Renal and hepatic impairment: There is minimal renal excretion (2%) of sirolimus or its metabolites in healthy volunteers. Thus, sirolimus dose modifications in the presence of renal dysfunction are not required.¹¹⁰ A sirolimus dose, however undergo extensive metabolic conversion in the liver, and thus dose adjustments for hepatic impairment are expected. Indeed, the package insert recommends that the maintenance dose of sirolimus be reduced by approximately one third in patients with mild or moderate hepatic impairment and by one half in patients with severe hepatic dysfunction.¹¹⁰ The pharmacokinetics of sirolimus have been formally evaluated in patients with mild, moderate, and severe hepatic impairment.^{111,112} Compared to 18 healthy controls matched for age, gender, weight, and smoking status, 18 adults with mild to moderate hepatic impairment (Child-Pugh grades A and B) had significantly decreased mean whole-blood sirolimus weight-normalized oral-dose CL/F; patients with mild or moderate hepatic impairment experienced decreased in CL/F of 31.8% and 36.0%, respectively, $p=0.02$.¹¹¹ This data supports the package insert recommendation for a one third dose reduction for mild or moderate hepatic impairment. In nine patients with severe hepatic impairment (Child-Pugh grade C), CL/F was decreased by 67% compared to nine healthy matched controls. Based on these results, the authors recommended a ~60% sirolimus dose reduction in patients with severe hepatic impairment.¹¹² For all patients with hepatic impairment, the initial sirolimus dose should be followed by further dose adjustment using TCI until trough concentrations have stabilized at the sirolimus concentrations existing prior to the onset of acute liver failure.¹¹²

3.1.3.2. Pediatrics: Goyal *et al.* evaluated sirolimus pharmacokinetics in 40 pediatric alloHCT patients treated with daily oral sirolimus and a continuous intravenous infusion of tacrolimus as postgraft immunosuppression. Whole-blood sirolimus concentrations were measured with LC-MS with either non-compartmental or popPK analysis.¹⁰⁴ Sirolimus was given without a loading dose at a starting dose of 2.5 mg/m²/day, and intensive pharmacokinetic samples were collected after the administration of at least four doses. Non-

compartmental analyses showed that sirolimus CL/F, AUC_{0–24h}, and C_{24h} were highly variable (mean ± SD) at 0.19 ± 0.18 L/h/kg, 401 ± 316 ng×h/mL, and 9.5 ± 5.3 ng/mL, respectively. The terminal disposition half-life (T_{1/2}) was 24.5 ± 11.2 h (range, 5.8–53.2). The average apparent oral clearance was three-fold greater (p = 0.001) and the apparent oral volume of distribution was two-fold greater (p = 0.018) in patients age ≤ 12 years compared with those age >12 years.¹⁰⁴ The dose-normalized sirolimus C_{24h} was 1.7-fold higher in Caucasian patients (N=27) than in Hispanic patients (N=9). These data suggest that Hispanic patients may need higher sirolimus doses, but this finding requires validation in independent datasets. The popPK model found no covariates that significantly affected sirolimus pharmacokinetics.¹⁰⁴ Concentration-time data from a total of 333 sirolimus concentrations from 33 subjects were used to build the popPK model.¹⁰⁴ A two-compartment model with first-order absorption and elimination adequately described the data. The authors stated that popPK parameter estimates were consistent with the results from the non-compartmental analysis, but these values were not reported. The BSV in sirolimus clearance was high and estimated to be 78%. RUV was best described by an additive and proportional model, with the proportional term estimated to be 21%.

3.1.3.3. Obese: The effect of obesity on sirolimus pharmacokinetics is unclear.¹¹³ Sirolimus is a highly lipophilic molecule, which makes it likely to have a different volume of distribution in patients with increased fat mass per kg total body weight. At present, there are no data on sirolimus-specific pharmacokinetic characteristics in obese alloHCT patients. Therefore, it is not surprising that the ASBMT guidelines did not address sirolimus dosing in obese patients.⁶⁶ With this paucity of data, the sirolimus dose in obese alloHCT patients should be the same as that administered to normal weight adults (i.e., one 6–12mg loading dose, followed by 2–4mg daily) with subsequent dose adjustments made using TCI.

3.2. TCI

TCI was adopted very quickly into clinical trials of sirolimus as postgraft immunosuppression. Antin *et al.* conducted a phase I/II trial of sirolimus in combination with tacrolimus/ methotrexate in adult alloHCT recipients that included TCI to a trough concentration of 3–12 ng/mL using HPLC.¹¹⁴ These trough concentrations were achieved in 94% of the patients for most of the first month of sirolimus treatment, although 80% of the patients did have at least one concentration that was below the therapeutic range.¹¹⁴ The first goal of this study was to determine if sirolimus trough concentrations could be maintained, since sirolimus was initially only available in an unpalatable liquid form. Once tablets became available, compliance was close to 100%. The trough concentration of 3–12 ng/mL was chosen because trough concentrations above 15 ng/mL have been associated with higher rates of toxicity.¹¹⁴ In adults, initial doses are most often fixed (e.g., 2 mg orally daily); TCI and subsequent dose modifications are used to achieve target sirolimus trough concentrations in whole blood. Sirolimus trough concentrations should be monitored and subsequent dose modifications made to achieve trough concentrations of 3 to 12 ng/mL.⁹⁰ Co-administration of sirolimus with potent inhibitors of CYP3A4 and/or PgP is not recommended and alternative therapy should be considered. If sirolimus is administered in the presence of a potent CYP3A4 inhibitor, dose reductions of up to 90% may be warranted,

after which sirolimus trough concentrations should be followed closely by TCI to avoid toxicity.¹⁰⁶

Various groups have investigated exposure-response relationships of sirolimus in the setting of alloHCT (Table 2).^{78,87,104,115,116} In the largest study to date, sirolimus pharmacokinetics/pharmacodynamics were retrospectively analyzed for associations with development of thrombotic microangiopathy (TMA) in 177 adult patients receiving a sirolimus/tacrolimus regimen as postgraft immunosuppression after reduced-intensity or myeloablative conditioning.¹¹⁶ Patients either received a sibling donor graft (N=82) or a human leukocyte antigen (HLA)-matched unrelated donor graft (N=95). Using multivariate analyses, a sirolimus trough concentration > 9.9 ng/mL on day +14 was found to be an independent predictor of increased risk of TMA (hazard ratio: 2.19, 95% confidence interval: 1.13–4.27). In 59 patients undergoing myeloablative conditioning and receiving a sirolimus/tacrolimus as postgraft immunosuppression mean sirolimus trough concentrations were higher in those who developed sinusoidal obstruction syndrome (SOS) versus those who did not (mean ± standard deviation of 10.5 ± 1.7ng/mL vs. 8.7 ± 1.8ng/mL; p= 0.003). In a phase II trial, sirolimus in combination with MMF was investigated as postgraft immunosuppression in adult patients receiving myeloablative conditioning and grafts from HLA-identical sibling donors.¹¹⁵ Originally designed to recruit a total of 38 patients, this study was closed early when it met its pre-defined stopping rule for toxicity after enrolling only 11 patients. Compared to regimens without sirolimus, sirolimus in combination with MMF did not reduce the risk of acute GVHD. Additionally, the authors reported no statistically significant associations between sirolimus serum trough concentration and the development of acute GVHD or toxicity.¹¹⁵

There has been a single published report investigating pharmacodynamic associations with sirolimus pharmacokinetics for postgraft immunosuppression in children also receiving tacrolimus.¹⁰⁴ Intensive sirolimus pharmacokinetic sampling (samples collected before and 0.5, 1, 2, 4, 6, 12, and 24 h after an oral sirolimus dose) was conducted prospectively in 40 patients undergoing alloHCT for high-risk acute lymphoblastic leukemia. Sirolimus trough concentration values were significantly lower in patients who developed grades III–IV acute GVHD compared to those with grades 0–II acute GVHD (mean ± standard deviation of 6.11 ± 2.89 ng/mL vs 9.42 ± 5.52 ng/mL, p=0.044).¹⁰⁴ Due to insufficient data collection, association between sirolimus drug concentrations and toxicity – specifically sinusoidal obstruction syndrome and TMA – could not be analyzed. With TCI, the majority (79%) of sirolimus trough concentrations could be maintained within the target range of 3–12 ng/mL. This study provides a rationale and support for dose adjustments of sirolimus based on steady-state blood concentrations aimed at achieving a target trough concentration to minimize toxicity and maximize therapeutic benefits in pediatric alloHCT recipients.¹⁰⁴

To summarize, TCI of sirolimus has been ongoing since the creation of postgraft immunosuppression regimens with this mTOR inhibitor. The target trough concentration in whole blood for alloHCT recipients is: 3–10 ng/mL in young adults and adults receiving either myeloablative or reduced intensity conditioning;¹¹⁶ 3–12 ng/mL in children receiving myeloablative conditioning;¹⁰⁴ and 5–15 ng/mL in adults receiving various myeloablative conditioning regimens.¹¹⁷ The finding that sirolimus trough concentrations. > 9.9 ng/mL are

associated with TMA¹¹⁶ is concerning and should be validated in an independent study. Further research should also test the hypothesis that lower sirolimus trough concentrations are associated with grades III–IV acute GVHD, as reported by Goyal *et al.*¹⁰⁴ Although refinement of the target range is still needed, TCI is required for sirolimus since it is a victim drug of numerous DDI mediated by CYP3A4 or P-gP inhibitors, including some often used azoles (e.g., voriconazole and posaconazole).¹⁰⁶

4. Anti-T cell antibodies: Antithymocyte globulins

ATG comprises a group of polyclonal gamma immunoglobulin (IgG) antibodies purified from the serum of rabbits or horses that have been immunized with thymocytes or T-cell lines.¹¹⁸ The Seattle group initially introduced the use of ATG as a treatment for acute GVHD, first in the dog model¹¹⁹ and then in human alloHCT recipients.¹²⁰ Presently, in both myeloablative and RIC alloHCT, ATG is part of various postgraft immunosuppression regimens.^{121,122} Alemtuzumab, the humanized monoclonal antibody directed against the CD52⁺ antigen on the surface of normal and malignant lymphocytes, will not be reviewed here because its manufacturer withdrew it from the US and EU markets in 2012. If it is reintroduced into the market, a summary of its pharmacokinetics/pharmacodynamics in alloHCT will be needed.^{123–125}

Currently, there are two preparations of ATG available for administration in the United States: Thymoglobulin[®] (rabbit ATG, Genzyme) and Atgam[®] (equine ATG, Pfizer). Thymoglobulin[®] is produced from the sera of rabbits immunized with human thymocytes.¹²⁶ Rabbit and horse ATG should not be considered interchangeable as these two drugs are pharmacologically distinct and have significant differences in their pharmacokinetics and *in vivo* immunosuppressive effects.¹²⁷ Thus, results should not be extrapolated from rabbit ATG to horse ATG or vice versa.¹²⁸ Specifically, rabbit ATG has a considerably longer half-life than equine ATG (30 days vs. 5.7 days, respectively), shows activity at lower doses (1.5 mg/kg vs. 15 mg/kg, respectively), and has higher specificity for human T-lymphocytes. Also, rabbit and horse ATG have very different effects on neutrophils, lymphocyte subsets, and cytokine release.¹²⁹ This review will focus on the pharmacokinetics and pharmacodynamics of rabbit ATG, specifically Thymoglobulin[®], since that formulation is predominantly used in alloHCT.

ATG improves engraftment by killing recipient lymphocytes that mediate graft rejection and may also remain in circulation at the time of the transplant, killing alloreactive donor T cells that mediate GVHD¹²⁷. The polyclonal nature of ATG is responsible for its numerous effects on the immune system: T-cell inhibition and depletion through complement-dependent cell lysis in the blood and apoptosis in the peripheral lymphoid tissues; modulation of molecules involved in leukocyte-endothelium interactions; induction of apoptosis in B-cell lineages; and interference with dendritic cells.¹¹⁸ ATG can be used in alloHCT conditioning regimens as an *in vivo* form of T-cell depletion (TCD)¹³⁰, potentially decreasing the risks of graft rejection or the development of GVHD.¹³¹

To date, the benefit of including ATG as part of conditioning regimens is debatable in most settings,¹³² although horse ATG with cyclophosphamide is standard of care for patients

receiving an alloHCT for treatment of aplastic anemia.¹³³ ATG is associated with decreased rates of GVHD (both acute and chronic) and increased quality of life, but its effect on relapse-free and overall survival is inconsistent.¹²⁸ Studies of ATG have shown considerable variability in the form of antibody, its dosing, its administration schedule, the type of conditioning regimen, and the stem cell source. ATG dosing is initiated on a dose per body weight basis that is specific to the ATG formulation being used. ATG has a dose-dependent effect (range of 4–10mg/kg) to lower the severity, but not the overall incidence, of grades II–IV acute GVHD.¹³⁴ Several studies have, however, demonstrated a dose-dependent association of infectious complications as well, where increased ATG use correlates with higher rates of herpes simplex virus disease, cytomegalovirus reactivation, and Epstein-Barr virus-associated post transplant lymphoproliferative disorder (PTLD).^{128,135} Increased rates of graft rejection or disease relapse have not been shown with the use of ATG.^{118,128} To date, the reduction in acute GVHD severity has not translated into improved overall survival or reduced regimen-related toxicity.^{118,128,136,137} The optimal dose and regimen for ATG use in alloHCT has not been firmly established and depends on several factors, including the indication for alloHCT and conditioning regimen.. Doses range from 1 to 10mg/kg/day given in a single dose or in divided doses over the course of 1–4 days prior to stem cell infusion.

4.1. Pharmacokinetics

4.1.1. Absorption, distribution, metabolism and elimination—The plasma clearance of ATG occurs mainly through apoptosis, which eliminates the lymphocyte-bound subfraction, antibody-dependent cellular cytotoxicity, and opsonization of the free unspecific subfraction via immunocomplex formation and decay.¹³⁸ Data regarding rabbit ATG pharmacokinetics in the setting of alloHCT is sparse, with a limited number of studies primarily reporting antibody peak plasma concentrations and half-lives. In alloHCT recipients, rabbit ATG clearance can be influenced by the recipient's lymphocyte count at the time of ATG administration, the number of infused donor cells, the development of anti-ATG antibodies, the time of engraftment and individual bio-degradation.¹³⁹ Various ATG, predominantly with rabbit ATG, pharmacokinetic only^{126,131,138,140–143} or pharmacodynamic^{126,134,139,144,145} studies have been conducted in alloHCT recipients. Biphasic elimination has been observed, along with large inter-patient variability in pharmacokinetic parameters.^{138,142} At lower therapeutic doses, rabbit ATG displays dose-independent pharmacokinetics; in cumulative doses over 20mg/kg, however, disproportional increases in total C_{max} , $AUC_{0-\infty}$, and half-life have been reported, demonstrating non-linear clearance with higher doses.¹³⁸

ATG can be detected in a recipient's plasma 25 to 60 days after alloHCT (total doses ranging from 6–10mg/kg, timing of administration variable).^{139,146} Only a single study investigating rabbit ATG pharmacokinetics in pediatric alloHCT recipients was found in our literature search.¹⁴² The children received a total dose of 10 mg/kg and had blood samples drawn before a test dose of 1 mg/kg administered on day –4; before daily 3 mg/kg doses administered on days –3, –2, and –1; and before the infusion of stem cells. After the graft infusion, samples were drawn on days +1, +3, +5, +7 and at weeks 1, 2, 4, 8, 16, and 24. Samples were analyzed for total rabbit ATG by enzyme-linked immunosorbent assay

(ELISA). Active rabbit ATG, the relative amount of ATG available for binding to lymphocytes as determined by flow cytometry, was measured by fluorescein-activated cell sorting (FACS). A two-compartment model with first-order elimination was used to describe total and active rabbit ATG time-concentration data. Typical clearance values for total and active rabbit ATG were 198 mL/day and 4530 mL/day, respectively. Covariate analyses found body weight to be a significant, independent predictor of rabbit ATG clearance. For the final model, BSV (measured as CV) for total and active rabbit ATG clearance were 37% and 50%, respectively. Based on post hoc estimates, the median beta half-lives for total and active rabbit ATG were 27.3 days (range: 25.7–30.4 days) and 12.5 days (range: 5.8–22.4 days), respectively.

4.1.2. Drug interactions—The primary route by which antibodies such as ATG are eliminated is through cellular uptake, followed by proteolytic degradation.¹⁴⁷ Given the negligible involvement of more traditional routes of drug clearance (e.g. renal or hepatic), clinically relevant DDI with ATG are expected to be relatively few. Indeed, no pharmacokinetics-based DDI could be found for the various ATG compounds.¹⁴⁸

4.1.3. Special populations—The pharmacokinetics of rabbit ATG in patients with renal dysfunction, hepatic dysfunction, or obesity could not be found. Call *et al.* observed that no grades III–IV GVHD occurred in 13 children receiving unrelated bone marrow grafts and reported similar pharmacokinetic results to other studies',¹⁴² although some patients had low peak rabbit ATG concentrations. Specifically, these data supported the use of a 10 mg/kg dose of rabbit ATG in children with hematologic malignancies, but no pharmacodynamic analyses were conducted because of the low number of participants.¹⁴²

4.2. TCI

The optimal method for monitoring rabbit ATG exposure is unclear, though a majority of studies evaluating total plasma drug concentrations have used an ELISA-based assay.^{131,134,138–140,142,144,149} More recently, focus has shifted to examining active rabbit ATG.^{131,138,141,142,145,149} In alloHCT patients, total and active ATG concentrations have been shown to be poorly correlated.^{134,150} Given the lack of extensive pharmacokinetic/pharmacodynamic studies to define a therapeutic target, the routine TCI of ATG is not supported in alloHCT at this time.

There has, however, recently been a call to individualize approaches for UCB alloHCT, including using pharmacokinetic modeling to determine optimal ATG doses.^{130,151} This work is being led in the Netherlands,¹⁵¹ where ATG pharmacokinetic/pharmacodynamic studies are being conducted in over 300 pediatric patients using a dosing algorithm based on weight and age.¹⁴⁶ Findings from this work suggest that the frequently-used ATG dose of 10 mg/kg is most likely an overdose, causing severe *in vivo* depletion of the graft and absent or very late immune reconstitution. In this setting, weight, lymphocyte count prior to UCB alloHCT and age influence ATG pharmacokinetics and pharmacodynamics.¹⁵¹ Notably, it has recently been observed that some patients develop IgG anti-ATG antibodies early (before day +22) post-alloHCT; these patients exhibit steep declines in ATG concentration,

rapid T-cell recovery, and an increased risk of acute GVHD.¹⁴⁶ Further data is needed regarding anti-ATG antibody measurement.¹⁴⁶

Table 3 summarizes the literature reporting exposure-response associations for rabbit ATG in alloHCT recipients.^{134,139,142,144,145} In general, both total and active drug concentrations are inversely correlated with the development of grades II–IV acute GVHD. At present, the optimal method for ATG TCI is elusive because the available literature has substantive variability in the pharmacokinetic sampling times and in total and active ATG concentrations.

For recipients of an unrelated donor graft receiving myeloablative conditioning, patients with total rabbit ATG serum concentrations > 70 µg/mL on day 0 had lower risk of developing grades II–IV acute GVHD than patients with concentrations < 70 µg/mL (11% vs 48%, $p=0.0006$).^{134,144} There were no associations between rabbit ATG concentrations and relapse, engraftment, or NRM. In a follow-up analysis conducted by the same group of authors, recipients of an unrelated UCB graft with ATG concentrations < 40 µg/mL on day +11 post-transplant had higher incidence of grades III–IV acute GVHD than patients with concentrations > 40 µg/mL (32% vs 0%, $p < 0.01$).¹³⁹ While this analysis found NRM was higher (69% vs 7%, $p = 0.005$) and relapse lower (17% vs 82%, $p < 0.01$) in patients with rabbit ATG concentrations < 40 µg/mL on day +11 post-transplant compared to patients with ATG concentrations > 40 µg/mL, overall survival was not affected.

Active rabbit ATG concentrations were evaluated for relationships with clinical outcomes in 153 patients undergoing related or unrelated alloHCT.¹⁴⁵ An active rabbit ATG concentration > 1.45 mg/L on day +7 was associated with a 0.35-fold risk of developing grades II–IV acute GVHD compared to concentrations ≤ 1.45 mg/L ($p=0.03$). Active rabbit ATG concentrations > 1.44 mg/L on day +7 were associated with 5.84-fold risk of developing PTLD compared to lower concentrations ($p=0.044$); all patients who developed PTLD had rabbit ATG concentrations > 0.799 mg/L on day +7. The authors found no relationship between ATG concentrations and death, relapse, or non-PLTD infections. Due to the small number of events, the relationship between ATG concentrations and engraftment could not be evaluated.

Chawla *et al.* also evaluated the association of active ATG concentrations on days 0 (immediately before graft infusion), +7, and +28 with the development of acute or chronic GVHD in 180 patients.¹²⁶ Participants were conditioned with busulfan (dosed using TCI), fludarabine, and Thymoglobulin®. In addition, 133 patients received total body irradiation, while the remaining 147 did not. The Thymoglobulin® dose was 4.5 mg/kg total (0.5 mg/kg on day -2, 2 mg/kg on day -1, and 2 mg/kg on day 0). Acute GVHD was not associated with ATG concentrations on day 0, but high ATG concentrations on days +7 and +28 were associated with a lower likelihood of acute GVHD. High ATG concentrations on days 0, +7, or +28 were associated with a low likelihood of chronic GVHD.

To summarize, the majority of the ATG pharmacokinetic and pharmacodynamics literature in alloHCT is using rabbit ATG. Rabbit ATG has larger interpatient variability in its pharmacokinetics. ATG concentrations have been associated with acute GVHD^{126,134} but

with varying threshold concentrations for such associations^{139,145} and conflicting reports which did not find such an association.¹⁴² There are fewer reports, only one or two per endpoint, evaluating the association of ATG concentrations with engraftment,¹³⁴ chronic GVHD,^{126,143} CMV infection,^{126,134} post-transplant lymphoproliferative disorder (PTLD),^{126,145} EBV lymphoma,¹³⁹ and NRM.¹³⁹

5. Discussion

Presently, alloHCT offers the best chance for cures for many hematologic diseases.¹⁵² The success of alloHCT is largely attributable to the development of effective conditioning regimens, improved HLA typing of unrelated donor grafts, and improved postgraft immunosuppression (see Section 2 for full description). Over the past decades, numerous tools – including pharmacokinetic monitoring of the conditioning regimen¹⁵³ – have led to substantially lower toxicity rates. Thus, research focuses upon improving cure rates, either by completely correcting a genetic disorder without GVHD for those with non-cancer diagnoses, or by lowering relapse rates after alloHCT by delicately balancing the graft-versus-tumor (GVT) effect with acceptably low GVHD rates. A substantial improvement in long-term survival after alloHCT may be obtained by adapting the postgraft immunosuppression and its dosing to risk factors for rejection, acute GVHD, and chronic GVHD. Using TCI to dose the postgraft immunosuppression could improve long-term survival, provided well-designed research studies show that TCI improves cure rates. The literature to date regarding the pharmacokinetics and pharmacodynamics of postgraft immunosuppression have considerable heterogeneity in the patient population with small sample sizes, thus making it difficult to demonstrate the benefit of TCI in alloHCT patients. With the presence of rare variants, it is perhaps even more challenging to discover the benefits of pharmacogenomics in alloHCT recipients.

As in solid organ transplant recipients, the pharmacokinetics of immunosuppressive agents in alloHCT recipients are characterized by wide intra- and interindividual variability. With the notable exception of MPA, there is a paucity of data supporting a difference in the pharmacokinetics of immunosuppressants between alloHCT and solid organ transplant patients. In solid organ transplant, TCI derived from pharmacokinetic studies has been shown to be crucial to improving patient outcomes by targeting individualized doses of different immunosuppressants.^{154–156} Until now, a comprehensive overview of the pharmacokinetics and the clinical evidence in favor of TCI of immunosuppressants in alloHCT has been lacking.

There is substantial enthusiasm in the alloHCT literature for novel strategies and treatments.¹³² These novel strategies are based on the growing knowledge of the pathobiologic pathways of acute GVHD. Work is ongoing with medications that target antigen presenting cells (B-cells), T-cell subsets, T-cell signal transduction, costimulatory molecules, or cytokines.¹³² As these novel strategies are moved into clinical trials, it is essential that adequate pharmacokinetic/pharmacodynamic studies are conducted to understand if TCI could improve clinical outcomes.

5.1. Is there clinical evidence for TCI of postgraft immunosuppressants after alloHCT?

For TCI of postgraft immunosuppression, the following conditions should be present: (1) a strong relationship between drug exposure and efficacy and/or toxicity, (2) a large interpatient variability for a fixed dose, (3) a narrow therapeutic window, and (4) a convenient and cost-effective monitoring strategy ideally demonstrated in a properly conducted randomized trial.¹⁵⁷ Over 35 years ago, the Seattle group¹⁵⁸ clearly demonstrated that methotrexate plus calcineurin inhibition with cyclosporine was more effective than methotrexate alone and that the two drugs acted synergistically.¹⁵⁸ Shortly thereafter, the association of cyclosporine trough concentrations with renal dysfunction¹⁵⁹ and GVHD risk were reported.^{160–162} TCI of cyclosporine trough concentrations was rapidly adopted and is still used for both cyclosporine and tacrolimus.^{161,163} Since then, only TCI of the whole blood trough concentrations of sirolimus has been adopted. Routine monitoring of drug concentrations and TCI dosing continue to be common practice for cyclosporine, tacrolimus, and sirolimus in alloHCT recipients. Although there is positive pharmacodynamic data for MPA (Table 1), TCI for MPA has not been adopted for UCB donor grafts after RIC or for unrelated donor grafts after nonmyeloablative conditioning. This is particularly surprising given that TCI of sirolimus is standard practice despite the paucity of data for sirolimus pharmacodynamics in alloHCT (Table 2). It appears that the adoption of TCI by the solid organ transplant community heavily influences alloHCT clinical practice, as the role of TCI for MPA has been heavily debated in the context of renal transplantation.¹⁵⁷ Notably, methotrexate pharmacodynamic data (see Part I, Section 6) have not been collected, while the data from ATG are remarkably heterogeneous. The heterogeneity of the patient population and the small sample sizes of pharmacokinetic/pharmacodynamic studies in alloHCT patients hinders identifying target trough concentrations or C_{ss} specific to alloHCT. Multi-center collaboration and harmonization of pharmacokinetic/pharmacodynamic methods between different alloHCT centers can help overcome these barriers.

5.2. What are the needs to improve the therapeutic management of alloHCT patients?

5.2.1. Development of sophisticated TCI tools—More efficient methods of estimating AUC and clearance (as clearance = dose/AUC) for postgraft immunosuppression are desirable. Variable success in predicting CL/F after oral cyclosporine, tacrolimus, and MMF has been obtained with the use of pretransplant doses^{164–166} or with the use of pharmacogenomics of pharmacokinetic-based candidate genes.^{167–170}

The most promising method to improve TCI of postgraft immunosuppression is popPK modeling, which can identify covariates associated with drugs' pharmacokinetic disposition. For instance, data from Li *et al.* suggest that MPA clearance after oral MMF administration is lower with concomitant cyclosporine (Figure 1).²⁷ Furthermore, dosing in special populations can be improved with popPK modeling since the effects of renal function, liver function, and age can be well-characterized. Proper characterization of age-dependent pharmacokinetics is particularly important to alloHCT as newborn screening techniques are leading to earlier diagnosis of immunodeficiencies and, in turn, younger alloHCT recipients.¹⁷¹ The expression of drug clearance relative to BSA appears to be the most appropriate method for comparing clearance in children of varying ages.¹⁷² The current practice of linearly dividing dose by body weight does not reflect the true nature of the

relationship between clearance and dosing weight.¹⁷³ Dosing by body weight is a known systematic poor dosing practice, which is why many popPK models use allometric (nonlinear) relationships. PopPK models also facilitate development of optimal pharmacokinetic sampling schedules, which can lower the number of samples needed to characterize an individual's clearance of an immunosuppressive agent. PopPK-based approaches have already been applied to TCI of oral busulfan¹⁷⁴ and intravenous cyclophosphamide in alloHCT recipients.¹⁷⁵ Historically, such approaches have been inaccessible due to the paucity of adequately trained clinical pharmacy experts and appropriate software tools.¹⁷⁶ The shortage of clinical pharmacologists with requisite direct patient care experience and pharmacometric expertise is in part due to lack of training programs and generally lower reimbursement for evaluative medical services.¹⁷⁶ The concept of using computer dosing systems to individualize immunosuppressant dosing has been supported for over two decades.¹⁷⁷ Barrett *et al.* expanded on such systems by developing novel decision support systems to improve the efficacy and safety of medications, including methotrexate (see Part I, Section 6 of this review).¹⁷⁸ Such decision support systems incorporate relevant clinical data into a popPK model in a user-friendly interface to clearly communicate the optimal medication dose for each patient. An electronic clinical decision support system to apply consistent methods for TCI of postgraft immunosuppression would be expected to improve clinical outcomes.

5.2.2. Pharmacogenomics—With genomics, single nucleotide polymorphisms (SNPs) in pharmacokinetics-based candidate genes have been investigated and found on the genes encoding PgP, CYPs and UGTs, all of which are involved in the pharmacokinetics of postgraft immunosuppression. Some SNPs were found to be associated with altered protein expression or function and with drug pharmacokinetic variability. A few of the SNPs that have also been reported for IMPDH⁶⁹ are involved in the immunosuppressive response, and some of these are also potentially associated with pharmacodynamic variability. The implications of these findings are important for alloHCT recipients' care, as the efficacy and toxicity of a given drug or the association of multiple drugs may differ depending on a recipient's genotype. Moreover, the combination of multiple substrates for PgP, CYPs, and UGTs can cause competitive inhibition of these proteins or upregulate their function. Therefore, the addition of such agents to an alloHCT recipient's drug regimen may be accompanied by modifications in the drug disposition or effect, which may differ depending on the genotype of the patient.^{179,180} Pharmacogenetic characterization of alloHCT recipients (e.g., assessing ATP-binding cassette (ABC) subfamily B member 1 (*ABCB1*) and *CYP3A5* genotypes for CNIs and *UGT1A9* or *ABCC2* for MMF) may have the potential to optimize postgraft immunosuppression in addition to or instead of a TCI approach. Unfortunately, the current level of evidence is low and analysis further hindered by the heterogeneity in postgraft immunosuppression amongst alloHCT centers.^{121,181} If confirmed, *a priori* pharmacogenetic profiling may become a useful new tool to help select the appropriate drugs and optimal starting doses for an individual patient and thus improve clinical outcomes in alloHCT recipients.

In the context of donor selection, the increased sensitivity of genomics-based approaches has improved outcomes by allowing for better understanding of HLA genetic disparities between

donors and recipients.¹⁸² Genetic variation across the human genome can in turn cause disparities between donors and recipients, modifying gene function and ultimately affecting outcomes of alloHCT.¹⁸³ At least 25–30 polymorphic genes are known to encode functional histocompatibility antigens in mismatched individuals, but their individual contributions to clinical GVHD is unclear.¹⁸³ AlloHCT outcomes may also be affected by polymorphisms in donors or recipients.¹⁸³ Association studies have identified several genes associated with GVHD and mortality; results, however, have been inconsistent, most likely due to limited sample sizes and differences in racial diversity and clinical covariates.¹⁸³ While new technologies using DNA arrays can genotype for a million or more SNPs and promise genome-wide discovery of alloHCT-associated genes, adequate statistical power for these studies requires several thousand patient-donor pairs.¹⁸³ Available data offers strong preliminary support for the impact that genetic variation has on risk of GVHD and mortality following alloHCT. Definitive results, however, await future genome-wide studies of large multicenter alloHCT cohorts.¹⁸³

5.2.3. Hope of proteomics and metabolomics—Increased knowledge and better use of immunosuppressive drugs is of considerable interest. Although TCI based on trough concentrations has been accepted for some immunosuppressants, the use of trough concentrations are limited in that they fail to provide a rich, mechanistic description of the pharmacokinetic/pharmacodynamic relationship¹⁸⁴ that could advance our understanding of why certain alloHCT recipients experience adverse outcomes. PopPK models¹⁸⁵ can be used to address relevant hurdles by accounting for variability and mitigating the resource-intensity of TCI beyond trough concentrations. PopPK models mathematically describe typical drug kinetics while simultaneously accounting for BSV, RUV¹⁸⁶ and the role of demographic covariates responsible for or related to variability, such as age or gender. PopPK models also facilitate development of LSS, which are essential since most postgraft immunosuppression is administered in the outpatient clinic.^{27,30}

It has been suggested that pharmacodynamic monitoring of the cellular targets of immunosuppressant drugs may reflect clinical outcomes better than TCI.^{155,156} For example, recipient pretransplant IMPDH activity has been demonstrated to be associated with clinical outcomes after alloHCT.⁶⁹ Thus, pharmacodynamic monitoring of calcineurin activity or IMPDH activity, either alone or in association with PK monitoring, may address some of the limitations of TCI alone.

Beyond pharmacokinetic/pharmacodynamic studies and TCI, additional approaches are being used to prospectively identify which alloHCT recipients are at higher risk of adverse outcomes. One example is the identification of three plasma biomarkers (suppression of tumorigenesis 2 (ST2), regenerating-islet-derived-3-alpha (REG3a), and elafin) associated with an increased risk of developing acute GVHD in alloHCT recipients of nonmyeloablative (fludarabine/cyclophosphamide) conditioning.¹⁸⁷ In addition to these ELISA-based approaches, there is substantial enthusiasm for the –omics technologies, specifically genomics, proteomics, and metabolomics, to identify patients at higher risk of adverse outcomes. One major challenge for the –omics tools is the interference from confounding factors.^{188,189} Pharmacokinetics can be used to address these confounding factors by identifying factors associated with aberrant metabolism.

There is encouraging data that proteomics-based biomarkers can predict outcomes in alloHCT. An acute GVHD-specific urinary proteome classifier was recently validated in 423 alloHCT recipients; the classifier correctly identified patients developing severe acute GVHD 14 days before any clinical signs and did so with acceptable predictive value (82.4% sensitivity and 77.3% specificity).¹⁹⁰ The classifier, consisting of 17 peptides derived from albumin, β_2 -microglobulin, CD99, fibronectin, and various collagen α -chains, indicated inflammation, T-cell activation, and changes in the extracellular matrix as early signs of GVHD-induced organ damage.¹⁹⁰ Recently, a panel of six protein biomarkers – IL-2 receptor- α ; tumor necrosis factor receptor-1; hepatocyte growth factor; IL-8; elafin, a skin-specific marker; and REG3a, a gastrointestinal tract-specific marker – relevant to GVHD treatment has been identified using proteomics discovery and validation strategies.¹⁹¹ It is hoped that these proteomics-based GVHD panels will be used for early identification of alloHCT recipients at high or low risk for not responding to GVHD treatment or death.¹⁹¹

Metabolomics, which is the study of small molecule metabolite profiles in biological samples, is an additional promising new technology in personalized medicine for alloHCT recipients. Substantial insight regarding drug metabolism pathways has been gained by using metabolomics to profile small molecules in biological fluids, including the identification of new metabolites for older medications.^{192–199} Such tools may improve the treatment of alloHCT depending on the results of ongoing studies.²⁰⁰ Evaluating the metabolomic profile after postgraft immunosuppression administration could provide novel insight into *in vivo* metabolite identification and facilitate our understanding of metabolites' *in vivo* action,²⁰¹ which is critical to the success of alloHCT. Such an approach has recently been taken after renal transplant, elucidating new insights regarding the toxicity of cyclosporine and tacrolimus from their unique changes in the serum metabolomics profiles.²⁰²

5.2.4. Need for systems pharmacology models in alloHCT—Clearly, individual patients have variable responses to drugs, which in part can be attributed to their pharmacokinetics and pharmacodynamics. Our understanding of the pharmacodynamics of postgraft immunosuppression can be improved with the recent advances in -omics approaches (see Part II, Section 5.2.3). Patients may have several genomic, proteomic, and metabolomic characteristics that determine the efficacy of the drug response.²⁰³ It is unclear, however, how best to incorporate this-omic information into predictive models of drug action.²⁰³ It has recently been proposed that maps of cellular regulatory networks can be built as enhanced pharmacodynamic models (Figure 2). These models relate to traditional pharmacokinetic/pharmacodynamic models in that they are data-driven and similar to systems biology models in their mechanism-based representation of cellular processes affected by drugs.²⁰³ Furthermore, popPK models can be used to address confounding factors by identifying covariates associated with aberrant disposition. PopPK models could overcome the major challenge of the-omics tools, specifically the interference from confounding factors.^{188,189} Furthermore, significant immunologic advances in the fields of inflammation, infection, and transplantation tolerance have occurred over the past few decades.²⁰⁴ In addition, recent advances in molecular, flow cytometry, and intravital imaging have provided new insight into the dynamic interactions occurring among bone marrow and immune cells including undifferentiated hematopoietic progenitor cells to fully committed

effector memory cells. These advances will likely have direct clinical and translational applications with the potential to have a lasting influence on the future of immunology and our understanding of alloHCT.²⁰⁴

Mathematical modeling and simulation can characterize the complexity and multiscale nature of the mammalian immune response and provide a mechanistic understanding of the data generated from these novel –omics technologies.²⁰⁵ The recent construction of the Fully-integrated Immune Response Model (FIRM) serves as an example of such modeling and simulation. FIRM represents a multi-organ structure comprised of the target organ, where the immune response takes place, and circulating blood, lymphoid T, and lymphoid B tissue.²⁰⁵ FIRM was successfully used to simulate the immune responses for tuberculosis infection, tumor rejection, response to a blood borne pathogen, and the consequences of accounting for regulatory T-cells.²⁰⁵ FIRM can be expanded to include novel biological findings,²⁰⁵ such as incorporating novel medications that target antigen presenting cells (B-cells), T-cell subsets, T-cell signal transduction, costimulatory molecules, or cytokines,¹³² into postgraft immunosuppression to alloHCT. Future studies should focus upon building such advanced mathematical models and applying them to the choice and personalized dosing (e.g., TCI) of postgraft immunosuppression in alloHCT recipients.

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Key points

- In alloHCT recipients, mycophenolic acid, sirolimus, and rabbit ATG each have substantive pharmacokinetic variability. For each of these drugs, various studies show associations between its plasma concentrations and clinical outcomes.
- TCI of sirolimus is clinically accepted, but the adoption of TCI after mycophenolate mofetil, mycophenolic acid, or rabbit ATG administration may be hindered by conflicting pharmacodynamics studies.
- Multi-center collaborations are encouraged to identify target exposures in adequately sized patient populations that are homogenous in terms of allograft and postgraft immunosuppression.

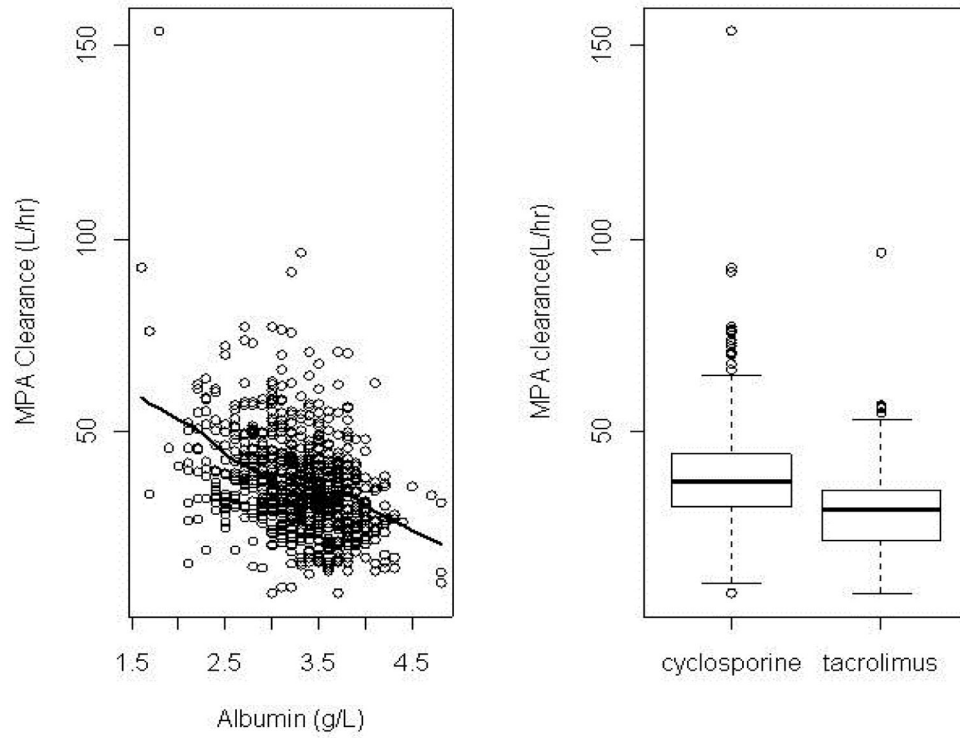


Figure 1. Individual Bayesian estimates of MPA clearance after PO MMF administration as a function of albumin concentration (left panel) and concomitant CNI (right panel)
Solid line in the left panel is the regression line. Reprinted from Li *et al.*³⁰

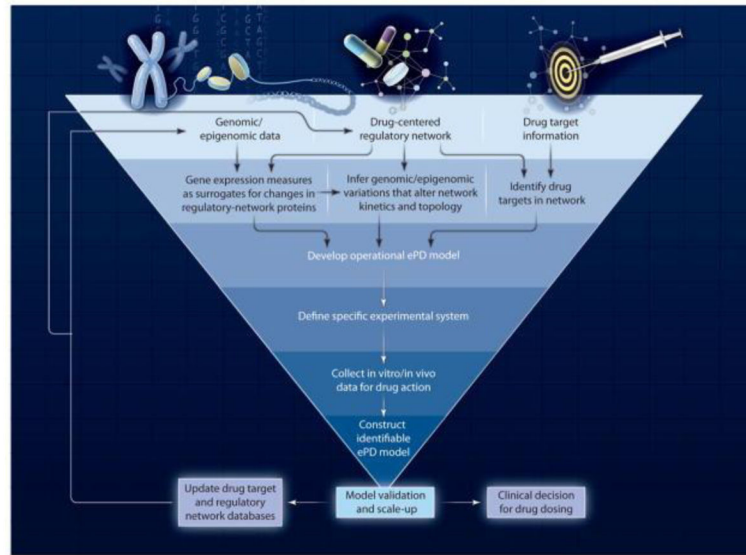


Figure 2. Process diagram for building enhanced pharmacodynamic models
Reprinted from Iyengar *et al.*²⁰³

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Table 1

MPA pharmacodynamic studies in adult alloHCT recipients receiving MMF as postgraft immunosuppression^a

Study	Study population	Immunosuppressant	MPA PK methods	MPA Pharmacodynamic results
Jenke <i>et al.</i> , 2001 ¹⁹	N=15 Ages 26–57 yr Regimens MA: N=15, varied Donors Related: N=9 URD: N=6 Graft sources Marrow: N=3 PBSC: N=12	MMF dose 12.5 to 17 mg/kg IV through day +21, then 1000 mg orally MMF frequency BID: N=15 Other IS CSA 2 mg/kg IV BID, TCI to whole blood C ₀ of 200–300 ng/mL by TDX immunoassay	Total or unbound Total MPA only Sampling days Trough: Daily through day +21 AUC: Days +1, +7, +14, +21 IV: 1, 2, 2.5, 3, 3.5, 4, 5, 6, 8 and 12 h after morning dose Oral: Not collected Administration route for sampling IV Assay LC-Fluorescent detection	Data analysis • Analyzed both AUC and trough concentrations Engraftment • Not evaluated Rejection • Not evaluated Chimerism • Not evaluated Acute GVHD • Average MPA C ₀ between days +1 and +14 did not differ between patients experiencing grades 0–I acute GVHD and grades II–III acute GVHD • Patients with grades II–III acute GVHD <200 ng/mL always had C ₀
Jacobson <i>et al.</i> , 2005 ¹¹	N=87 Ages 19–69 yr Conditioning NMA: N=87, BU or CY + FLU/TBI Donors Related: N=33 URD: N=54 Graft sources Marrow: N=4	MMF dose 1000 mg oral or IV (if could not tolerate oral) MMF frequency BID: N=87 Other IS CSA 2.5 mg/kg IV BID, TCI to whole blood C ₀ of 200–400 ng/mL by HPLC	Total or unbound Total and unbound Sampling days Trough: with AUCs, then weekly until day +30 AUC: Once pre-transplant (between days –9 and –6), once after transplant (between days +3 and +7) AUC sampling times IV: 0, 2, 4, 6, 8, 12h after infusion Oral: 0, 1, 2, 4, 6, 8, 12h after dose	Data analysis • Pre- and post-transplant AUCs Engraftment • All engraftment failures occurred in UCB • Total MPA C ₀ increasing by 1 µg/mL increased likelihood of engraftment by 58% (p=0.05) • Higher engraftment associated with total MPA C ₀ >1 µg/mL (p <0.01) Chronic GVHD • Not evaluated NRM • Not evaluated Relapse • Not evaluated OS • Not evaluated

Study	Study population	Immunosuppressant	MPA PK methods	MPA Pharmacodynamic results
Frymoyer <i>et al.</i> , 2012 ²⁶	N=132 Ages 19–69 yr Conditioning NMA: N=132, CY/FLU/TBI Donors <i>Related:</i> N=43 <i>URD:</i> N=89 Graft sources <i>Marrow:</i> N=8 <i>PBSC:</i> N=42 <i>UCB:</i> N=82	MMF dose 1000 mg BID or TID or 1500 mg BID MMF frequency <i>BID:</i> N=113 <i>TID:</i> N=19 Other IS CSA 2.5 mg/kg IV BID, TCI to C ₀ of 200–400 ng/mL	<i>Note:</i> additional sample collected at 24h for pre-transplant AUC only Administration route for sampling IV or oral <u>Assay</u> HPLC-UV; assay accuracy 96–117.5%	<u>Rejection</u> <ul style="list-style-type: none"> Not evaluated <u>Chimerism</u> <ul style="list-style-type: none"> Not evaluated <u>Acute GVHD</u> <ul style="list-style-type: none"> Unbound MPA AUC_{0–6h} < 150 ng×h/mL associated with higher cumulative incidence of grades II–IV acute GVHD vs. AUC_{0–6h} > 150 ng×h/mL (68% vs. 40%, p=0.02) Unbound AUC_{0–12h} < 300 ng×h/mL associated with more frequent acute GVHD (58% vs. 35%, p=0.05) No association between GVHD and C₀ (p 0.62) No association between total or unbound C₀ and grades II–IV or grades III–IV acute GVHD (p 0.17) <u>Chronic GVHD</u> <ul style="list-style-type: none"> Not evaluated <u>NRM</u> <ul style="list-style-type: none"> Not evaluated <u>Relapse</u> <ul style="list-style-type: none"> Not evaluated <u>OS</u> <ul style="list-style-type: none"> Not evaluated <u>Data analysis</u> <ul style="list-style-type: none"> PopPK model created with unbound MPA concentrations Two-compartment model with first-order absorption and linear elimination MPA exposure defined by composite of that accounted for average daily AUC_{0–24h} differences in exposure between oral and IV and time patient spent with each dosing route <u>Engraftment</u> <ul style="list-style-type: none"> No relationship was found between unbound MPA and engraftment <u>Rejection</u> <ul style="list-style-type: none"> Not evaluated <u>Chimerism</u> <ul style="list-style-type: none"> Not evaluated

<u>Study</u>	<u>Study population</u>	<u>Immunosuppressant</u>	<u>MPA PK methods</u>	<u>MPA Pharmacodynamic results</u>
Giaccione <i>et al.</i> , 2005 ¹⁰	N=85 Ages 18-70 yr Regimens NMA: N=85, FLU/TBI Donors URD: N=85 Graft sources Marrow: N=6 PBSC: N=79	MMF dose 15 mg/kg PO MMF frequency BID: N=38 TID: N=47 Other IS CSA 6.25 mg PO BID, TCI to C ₀ of 500 ng/mL	<u>Total or unbound</u> Both total and unbound <u>Sampling days</u> <i>Trough:</i> Days +7 and +21 <i>AUC:</i> Days +7 and +21; estimated total and unbound AUC _{0-8h} or AUC _{0-12h} <u>AUC sampling times</u> <i>IV:</i> Not collected <i>Oral:</i> 0, 1, 2, 4, 6, 8, 10h after morning dose <i>Note:</i> 10h sample not collected in T1D patients <u>Administration route for sampling</u> Oral	<u>Acute GVHD</u> <ul style="list-style-type: none"> • Risk of grades II-IV acute GVHD decreased 16% for every 200 ng×h/mL increase in AUC_{0-24h} (p=0.026) • Unbound MPA concentrations were not predictive of grades III-IV acute GVHD <u>Chronic GVHD</u> <ul style="list-style-type: none"> • Not evaluated <u>NRM</u> <ul style="list-style-type: none"> • Not evaluated <u>Relapse</u> <ul style="list-style-type: none"> • Not evaluated <u>OS</u> <ul style="list-style-type: none"> • Not evaluated <u>Other</u> <ul style="list-style-type: none"> • Not evaluated <u>Data analysis</u> <ul style="list-style-type: none"> • All AUC results divided by dosing interval to provide concentration at steady state (C_{ss}) <u>Engraftment</u> <ul style="list-style-type: none"> • Engraftment and rejection worse with marrow compared to PBSC⁷, so recipients of marrow graft excluded from PD analysis <u>Rejection</u> <ul style="list-style-type: none"> • 6 patients with total MPA C_{ss} <2.5 µg/mL had graft rejection (p=0.34) <u>Chimerism</u> <ul style="list-style-type: none"> • 16 patients with a total MPA C_{ss} <3 µg/mL had low (< 50%) donor T-cell chimerism (p=0.03) <u>Acute GVHD</u> <ul style="list-style-type: none"> • No association with total or unbound MPA C_{ss} <u>Chronic GVHD</u> <ul style="list-style-type: none"> • Not evaluated <u>NRM</u> <ul style="list-style-type: none"> • Not evaluated

Study	Study population	Immunosuppressant	MPA PK methods	MPA Pharmacodynamic results
McDermott et al., 2013 ⁷⁷	<p>N=308</p> <p><u>Ages</u> 9.2–74.5 yr</p> <p><u>Regimens</u></p> <p><u>NMA</u>: N=308, TBI alone or FLU/TBI</p> <p><u>Donors</u> <i>Related</i>: N=132 <i>URD</i>: N=176</p> <p><u>Graft sources</u> Not specified</p>	<p>MMF dose 15mg/kg PO</p> <p><u>MMF frequency</u> <i>BID</i>: N=167 <i>TID</i>: N=141</p> <p><u>Other IS</u> <i>CSA</i>: N=251 <i>TAC</i>: N=57</p>	<p>Total or unbound Both total and unbound</p> <p><u>Sampling days</u> <i>Trough</i>: Days +7 and +21</p> <p><u>AUC</u>: Days +7 and +21; estimated</p> <p><u>AUC_{0-8h}</u> or <u>AUC_{0-12h}</u></p> <p><u>IV</u>: Not collected</p> <p><u>Oral</u>: 0, 1, 2, 4, 6, 8, 10h after morning dose</p> <p><u>Note</u>: 10h sample not collected in T1D patients</p> <p><u>Administration route for sampling</u> Oral Assay LC-MS</p>	<p><u>Relapse</u></p> <ul style="list-style-type: none"> No association with total or unbound MPA C_{ss} <p><u>OS</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Other</u></p> <ul style="list-style-type: none"> Elevated unbound MPA C_{ss} associated with CMV reactivation (p=0.03) <p><u>Data analysis</u></p> <ul style="list-style-type: none"> All AUC results divided by dosing interval to provide concentration at steady state (C_{ss}) <p><u>Engraftment</u></p> <ul style="list-style-type: none"> Engraftment and rejection worse with marrow compared to PBSC⁷, so recipients of marrow graft excluded from PD analysis <p><u>Rejection</u></p> <ul style="list-style-type: none"> Occurred in 9 patients, 8 of whom had a total MPA C_{ss} <3 µg/mL (p=0.36) <p><u>Chimerism</u></p> <ul style="list-style-type: none"> Donor T-cell chimerism on day 28 had no association with total or unbound MPA C_{ss} <p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> For recipients with an unrelated donor, risk of grades III–IV acute GVHD was higher with a total MPA C_{ss} <2.96 µg/mL <p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> No association with total or unbound MPA C_{ss} <p><u>Relapse</u></p> <ul style="list-style-type: none"> No association with total or unbound MPA C_{ss} <p><u>OS</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Other</u></p>

<u>Study</u>	<u>Study population</u>	<u>Immunosuppressant</u>	<u>MPA PK methods</u>	<u>MPA Pharmacodynamic results</u>
Hamicar <i>et al.</i> , 2015 ⁷²	N=174 Ages 1–71 yr Regimens MA: N=136, varied NMA: N=38, varied Donors URD: N=174 Graft sources Double UCB: N=174	MMF dose 1000 mg IV in adults, 15–20 mg/kg/dose for children 12 years MMF frequency BID, N=81 TID, N=93 Other IS CSA: Number not provided; CSA TCI to C ₀ of 200–400 ng/mL TAC: Number not provided; TAC TCI to C ₀ of 5–12 ng/mL	Total or unbound Total MPA only Sampling days Trough: Days +1, +8, +15, +22, +29, and +36 (N=85) AUC: Not collected AUC sampling times AUCs not collected Administration route for sampling IV Assay LC-MIS	<ul style="list-style-type: none"> In patients receiving a related donor graft, total MPA C_{ss} unbound MPA C_{ss} and total MPA C₀ were not associated with clinical outcomes <p><u>Data analysis</u></p> <ul style="list-style-type: none"> Subset analysis in 85 patients looking at weekly total MPA C₀ through week 6 after alloHCT <p><u>Engraftment</u></p> <ul style="list-style-type: none"> No difference in the cumulative incidence of day +100 neutrophil engraftment in myeloablated patients with mean week 1 to 2 MPA C₀ of <2 and 2 µg/mL (p=0.422) No differences in platelet engraftment in myeloablated patients <p><u>Rejection</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Chimerism</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> Cumulative incidence of grades II–IV acute GVHD by day +100 was higher in low-dose group than high-dose group (24% vs 8%, p=0.008) No difference in the cumulative incidence of day +100 grades II–IV acute GVHD in MPA C₀ groups of <0.5 (N=19) and 0.5 (N=64) µg/mL (p=0.611) Difference in cumulative incidence of day +100 grades III–IV acute GVHD in MPA C₀ groups of <0.5 (26%) and 0.5 µg/mL (9%, p=0.063) <p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Relapse</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>OS</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Other</u></p>

Study	Study population	Immunosuppressant	MPA PK methods	MPA Pharmacodynamic results
Arai <i>et al.</i> , 2015 ⁷⁸	N=24 Ages: 19–65 yr Regimens MA: N=8, varied RIC: N=16, varied Donors URD: N=24 Graft sources Single UCB: N=24	MMF dose 10 mg/kg PO MMF frequency TID: N=24 Other IS CSA: N=1, CSA TCI not specified TAC: N=23, TAC TCI not specified	Total or unbound Total MPA only Sampling days Trough: Days +7 and +21 AUC: Days +7 and +21, estimated AUC _{0–24h} by multiplying AUC _{0–8h} × 3) AUC sampling times IV: Not collected Oral: 0, 1, 2, 4, 8h after morning dose Administration route for sampling Oral Assay EMIT	<ul style="list-style-type: none"> No difference in duration of TPN in myeloablated patients with mean week 1 to 2 MPA C₀ of <2 or 2 µg/mL <p><u>Data analysis</u></p> <ul style="list-style-type: none"> MPA concentration quantified with EMIT At week one and week three, patients were divided into two groups based on MPA AUC The lower-concentration group defined as was below the patients whose MPA AUC_{0–24h} lower quartile (40µg×h/mL) in week 1 and week 3; remaining patients formed the higher-concentration group <p><u>Engraftment</u></p> <ul style="list-style-type: none"> No difference in cumulative incidence of pre-engraftment syndrome between lower-concentration and higher-concentration groups in the first week after alloHCT (14.3% vs 5.9%, p=0.53) <p><u>Rejection</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Chimerism</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> Cumulative incidence of grades II–IV acute GVHD by day +100 was significantly higher in lower-concentration group in the third week than patients in higher-concentration group in the third week (75% vs 31.2%, p=0.02) Difference between incidence of grades II–IV acute GVHD by day +100 in lower- and higher-concentration groups remained after adjusting for various confounders Relative risk was 8.05 (95% CI: 1.09–59.7, p=0.04) <p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Relapse</u></p> <ul style="list-style-type: none"> No difference in relapse rates between lower-concentration and higher-concentration groups (16.7% vs 22.8%, respectively; p=0.76) <p><u>OS</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Other</u></p>

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Study	Study population	Immunosuppressant	MPA PK methods	MPA Pharmacodynamic results
				<ul style="list-style-type: none"> <li data-bbox="183 537 207 810">• Authors found that a certain level of MPA is necessary to effectively prevent acute GVHD after alloHCT <li data-bbox="240 537 264 810">• Suggested minimal requirement of an AUC_{0-24h} of $40\mu g \cdot h/mL$ in the third week after alloHCT

^aExcludes studies where MMF was used as treatment of GVHD, 206-209 where only PK results were reported, 7,13,20,23,28,115,210, or where MMF doses were personalized to total MPA PK, specifically an AUC_{0-12h} of $35-60 \mu g/mL/h^{13}$, $C_0 < 3.5 \mu g/mL$,¹² or C_0 of $1 - 3.5 \mu g/mL$.²²

Abbreviations: alloHCT: allogeneic hematopoietic cell transplantation; AUC: area under the concentration-time curve; BU: busulfan; C₀: trough concentration; CI: confidence interval; CMV: cytomegalovirus; CSA: cyclosporine; C_{ss}: Concentration at steady state; CY: cyclophosphamide; EMIT: enzyme multiplied immunoassay technique; FLU: fludarabine monophosphate; GVHD: graft-versus-host disease; HPLC: high pressure liquid chromatography; IV: intravenous(y); LC-MS: HPLC with mass spectrometry detection; MA: myeloablative; MMF: mycophenolate mofetil; MPA: mycophenolic acid; NMA: nonmyeloablative; NRM: non-relapse mortality; PBSC: peripheral blood stem cell; PD: pharmacodynamic; PK: pharmacokinetic; PO: oral(y); RIC: reduced intensity conditioning; TBI: total body irradiation; UCB: umbilical cord blood; URD: unrelated donor

Table 2 Sirolimus pharmacodynamic studies in adult alloHCT recipients receiving sirolimus as postgraft immunosuppression ^a

Study	Study population	Immunosuppressant	Sirolimus PK methods	Pharmacodynamic results
Rodriguez <i>et al.</i> , 2010 ⁸⁷	N=85 Ages 10–67 yr Regimens MA: N=85, FLU/Mel, TBI/etoposide, BU/CY Donors Related: N=85 Graft sources Marrow: N=5 PBSC: N=80	Sirolimus loading dose 12mg Sirolimus daily dose 4mg/day Sirolimus starting day Day -3 Other IS <i>Tacrolimus</i> 0.02mg/kg/day continuous infusion on day -3, targeted to 5–10ng/mL	<u>Time points</u> Trough concentrations Frequency At least weekly until day +100 <u>Target concentration</u> 3–12 ng/mL <u>Assay</u> HPLC of serum	<u>Data analysis</u> • Multivariate analysis including median sirolimus C ₀ through day +14 after transplant <u>Pharmacokinetics</u> • Median sirolimus concentration for the first 30 days was 7.2 ng/mL (IQR, 5.9, 8.9) • Significant differences in sirolimus concentrations according to the 3 conditioning regimens <u>Acute GVHD</u> • Not evaluated <u>Sinusoidal obstruction syndrome</u> • Not evaluated <u>Thrombotic microangiopathy</u> • Over the first 30 days, median sirolimus level at onset of TMA was 8.1 ng/mL (range, 5.3–13.3); this was not significantly different from the median level for non-TMA patients, which was 7.2 ng/mL (range, 2.5–18.8, p=0.33) • Examined the effect of sirolimus level on TMA risk using cut points at each quartile. None of the cut-points were significantly associated with TMA risk. <u>NRM</u> • Not evaluated <u>Drug-drug interactions</u> • Not evaluated
Pidala <i>et al.</i> , 2012 ²¹¹	N=37 Ages 25–68 Regimens MA: N=37, FLU/targeted BU; pentostatin/BU, FLU/Mel Donors Related: N=17 URD: N=20 Graft sources PBSC: N=37	Sirolimus loading dose 9 mg Sirolimus daily dose Not provided Sirolimus starting day Day -1 Other IS <i>Tacrolimus</i> 0.02mg/kg/day continuous infusion starting on day -3, targeted to 3–7 ng/mL	<u>Time points</u> Not provided Frequency Not provided <u>Target concentration</u> 5–14 ng/mL <u>Assay</u> Not provided	<u>Data analysis</u> • Time-dependent Cox modeling with sirolimus concentration <u>Pharmacokinetics</u> • Not evaluated <u>Acute GVHD</u> • Using time-dependent Cox modeling, could not detect significant relationships between sirolimus concentration and grades II-IV or grades III-IV acute GVHD

<u>Study</u>	<u>Study population</u>	<u>Immunosuppressant</u>	<u>Sirolimus PK methods</u>	<u>Pharmacodynamic results</u>
<u>Johnston et al., 2012</u> ¹¹⁵	N=11 Ages 26–59 Regimens MA: N=11, varied Donors Related: N=11 Graft sources PBSC: N=11	<u>Sirolimus loading dose</u> 12 mg <u>Sirolimus daily dose</u> 4 mg <u>Sirolimus starting day</u> Day -3 Other IS MMF: 15mg/kg twice daily IV, starting day 0 at least 2 h after end of donor cell infusion	<u>Time points</u> Not provided Frequency Not provided Target concentration 3–12 ng/mL, serum trough concentration Assay Not provided	<u>Acute GVHD</u> <ul style="list-style-type: none"> No correlation between maximum or median sirolimus trough concentrations and the diagnosis of acute GVHD <u>Sinusoidal obstruction syndrome</u> <ul style="list-style-type: none"> Not evaluated <u>Thrombotic microangiopathy</u> <ul style="list-style-type: none"> Not evaluated <u>NRM</u> <ul style="list-style-type: none"> Not evaluated <u>Drug-drug interactions</u> <ul style="list-style-type: none"> Not evaluated
<u>Kiel et al., 2012</u> ¹¹⁷	N=59 Ages 23–59 yr Regimens MA: N=59, TBI/CY, TBI/etoposide, BU/fludarabine, BU/clofarabine, CY/thiotepa Donors Related: N=25 URD: N=34 Graft sources Marrow: N=12 PBSC: N=47	<u>Sirolimus loading dose</u> 12mg <u>Sirolimus daily dose</u> 4mg/day <u>Sirolimus starting day</u> Day -3 Other IS <u>Tacrolimus:</u> 0.02mg/kg/day continuous infusion, targeted to whole blood C ₀ of 5–10ng/mL ^C using microparticle enzyme immunoassay	<u>Time points</u> Trough concentrations, obtained 30–60 min before morning dose Frequency At least 3 times/week, between days 0–35 Target concentration 5–15 ng/mL Assay Microparticle enzyme immunoassay of whole blood	<u>Data analysis</u> <ul style="list-style-type: none"> 2-sided Fisher's exact test analysis comparing mean and mean summative sirolimus C₀ in patients with sinusoidal obstruction syndrome (N=12) and those without (N=47) <u>Pharmacokinetics</u> <ul style="list-style-type: none"> Not evaluated <u>Acute GVHD</u> <ul style="list-style-type: none"> Not evaluated <u>Sinusoidal obstruction syndrome (SOS)</u>

<u>Study</u>	<u>Study population</u>	<u>Immunosuppressant</u>	<u>Sirolimus PK methods</u>	<u>Pharmacodynamic results</u>
Goyal et al., 2013 ¹⁰⁴	N=40 Ages 4-22 yr Regimens MA: N=40 CY/TBI/thiotepa Donors Related: N=16 URD: N=24 Graft sources Marrow: N=18 PBSC: N=1 LCB: N=23 Two patients received both marrow and UCB	Sirolimus loading dose None Sirolimus dose 2.5mg/m ² /day Sirolimus starting day Day 0: N=38 Day +1: N=1 Day +2: N=1 Other IS Tacrolimus: 0.03mg/kg/day continuous infusion starting on day +2, targeted to 5-10 ng/mL Methotrexate: 5 mg/m ² IV for four or five doses	<u>Time points</u> <i>Trough</i> : Through concentrations AUC: 0, 0.5, 1, 2, 4, 6, 12, and 24h after oral dose after patient was at steady-state (had received minimum of 4 doses) Frequency <i>Trough</i> : Determined by clinical care <i>AUC</i> : Once; blood samples obtained after patient had received median of 6 doses (range: 4-10) <u>Target concentration</u> 3-12 ng/mL Assay HPLC/MS of whole blood	<ul style="list-style-type: none"> • Mean sirolimus C₀ significantly higher in patients with SOS versus those without (mean ± SD: 10.5 ± 1.7 ng/mL vs. 8.7 ± 1.8 ng/mL; p=0.003) • Mean summative sirolimus C₀ significantly higher in patients with SOS versus those without (mean ± SD: 19.7 ± 3.3 ng/mL vs. 17.1 ± 2.3 ng/mL; p=0.003) <p><u>Thrombotic microangiopathy</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Drug-drug interactions</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Data analysis</u></p> <ul style="list-style-type: none"> • Created population pharmacokinetic (popPK) model • Covariates: Age. The average Cl/F of sirolimus was 3-fold greater and V_d/F was 2-fold greater in patients 12 years old than in those >12 years. • Not covariates: sex, body weight, hemoglobin, bilirubin, aspartate aminotransferase, alanine aminotransferase, albumin, blood urea nitrogen, and serum creatinine) <p><u>Pharmacokinetics</u></p> <ul style="list-style-type: none"> • Non-compartmental analysis in 33 patients • C₀ before dose (mean ± SD) was 8.0 ± 4.6 ng/mL • AUC_{0-24h} (mean ± SD) was 401.1 ± 316.3 ng×h/mL <p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> • Sirolimus C₀ concentration(mean ± SD) were significantly lower in patients (N=10) who developed grades III-IV acute GVHD compared to those (N=22) who developed grades 0-II acute GVHD (6.1±2.9 ng/ mL vs. 9.4±5.5 ng/mL; p=0.044) <p><u>Sinusoidal obstruction syndrome^b</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Thrombotic microangiopathy</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> • Not evaluated

<u>Study</u>	<u>Study population</u>	<u>Immunosuppressant</u>	<u>Sirolimus PK methods</u>	<u>Pharmacodynamic results</u>
Shayani <i>et al.</i> , 2013 ¹¹⁶	N=177 Ages 10–70 yr Regimens MA: N=71, TBI/CY, TBI/etoposide, BU/CY RIC: N=106, FLU/Mel Donors Related: N=82 URD: N=95 Graft sources Marrow: N=23 PBSC: N=154	Sirolimus loading dose 12mg Sirolimus daily dose 4mg/day Sirolimus starting day Day -3 Other IS Tacrolimus: 0.02mg/kg/day continuous infusion starting on day -3, targeted to 5–10 ng/mL Methotrexate: 5 mg/m ² IV on days +1, +3, and +6 if unrelated donor ^d	Time points Trough concentrations Frequency At least weekly Target concentration 3–12 ng/mL Assay Not provided	<p><u>Drug-drug interactions</u></p> <ul style="list-style-type: none"> Dose-normalized sirolimus trough concentrations significantly higher in patients (N=15) receiving concomitant fluconazole (p=0.018) <p><u>Data analysis</u></p> <ul style="list-style-type: none"> Multivariate analysis including median sirolimus C₀ through day +14 after transplant <p><u>Pharmacokinetics</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Sinusoidal obstruction syndrome</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Thrombotic microangiopathy</u></p> <ul style="list-style-type: none"> Highest quartile of median serum sirolimus C₀ through day +14 (9.9 ng/mL) was associated with an increased risk of TMA (HR=2.19, 95% CI: 1.13–4.27, p=0.02) Based on these results, investigators changed therapeutic sirolimus C₀ range from 3–12 ng/mL to 5–10 ng/mL <p><u>NRM</u></p> <ul style="list-style-type: none"> Highest quartile of median serum sirolimus C₀ through day +14 (9.9 ng/mL) was not associated with an increased risk of non-relapse mortality (HR=1.67, 95% CI: 0.79–3.51, p=0.18) <p><u>Drug-drug interactions</u></p> <ul style="list-style-type: none"> Not evaluated

^aExcludes studies in alloHCT recipients where sirolimus was used as treatment of GVHD^{212–214}, or where sirolimus doses were personalized to a trough concentration of 3–12 ng/mL without a pharmacodynamic analysis^{83–85,90,94,95,97,99,114,215,216, 5–10 ng/mL^{86,88,89}, 5–12 ng/mL²¹⁷, 5–15 ng/mL²¹⁸, 6–14 ng/mL⁹⁸, 10–15 ng/mL²¹⁹, or where a short course of sirolimus was given without dose personalization²²⁰.}

^b Authors did not conduct these pharmacodynamic analyses because they determined that they had insufficient sirolimus pharmacokinetic data.

^c Tacrolimus start day and methods for calculating summative sirolimus concentrations were not included in the manuscript.

^d One patient also received ATG.

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Abbreviations: alloHCT: allogeneic hematopoietic cell transplantation; BU: busulfan; C₀: trough plasma concentration; CI: confidence interval; CI/F: apparent oral clearance; CY: cyclophosphamide; FLU: fludarabine monophosphate; GVHD: graft-versus-host disease; HPLC: high-performance liquid chromatography; HR: hazard ratio; IQR: inter-quartile range; IS: immunosuppression; IV: intravenous(y); MA: melphalan; Mel: melphalan; MS: mass spectrometry; PBSC: peripheral blood stem cell; RIC: Reduced-intensity conditioning; TBI: total body irradiation; TMA: Thrombotic microangiopathy; UCB: umbilical cord blood; URD: unrelated donor; V_d/F: volume of distribution

Table 3

Rabbit and horse ATG pharmacokinetic/pharmacodynamic studies in alloHCT

<u>Study</u>	<u>Patient & alloHCT characteristics</u>	<u>ATG Dosing, PK Sampling & Analytes</u>	<u>Pharmacokinetic and -dynamic results</u>
Waller, <i>et al.</i> , 2003 ^{1,31}	<p>N=28</p> <p>Age 21–56 yr</p> <p>Regimens M/A: N=28, varied</p> <p>Donors</p> <p><i>Related</i>: N=28, all partially mismatched</p> <p>Graft sources</p> <p>PBSC: N=28</p> <p>Diagnoses</p> <p><i>Malignant</i>: N=28</p> <p>Additional IS</p> <p>None</p>	<p>Rabbit or horse ATG</p> <p>Both rabbit and horse ATG dosing</p> <p><i>Horse</i>: 60 mg/kg total dose horse ATG, given as 20 mg/kg/day over last 3 days of conditioning regimen</p> <p><i>Rabbit</i>: 6–10 mg/kg total dose rabbit ATG, given as 1.5 mg/kg/day or 2.5 mg/kg/day over last 4 days of conditioning</p> <p>PK sampling</p> <p>Days +1, +2, +3, +4, +7, +14, +28, +45, +60, +75, +100</p> <p>Total or active ATG</p> <p>Both total and active</p>	<p><u>Data analysis</u></p> <ul style="list-style-type: none"> Pharmacokinetic samples collected in a subset of 21 patients, evaluable in 19 patients Pharmacokinetic samples collected in recipients of rabbit ATG only <p><u>Pharmacokinetics</u></p> <ul style="list-style-type: none"> Biphasic elimination for both total and active <1 µg/mL of active rabbit ATG is subtherapeutic After administration of 6 mg/kg rabbit ATG, total C_{max} was 64±20 µg/mL and active C_{max} was 9.2±5.8 µg/mL Clearance of active rabbit ATG (t_{1/2}=6 days) to sub-therapeutic concentrations (<1 µg/mL) by a median (range) of 15 days (8–38) after transplantation <p><u>Engraftment</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Rejection</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Chimerism</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> All 3 patients who received horse ATG had acute GVHD One of 25 patients who received rabbit ATG had acute GVHD <p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Relapse</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>OS</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Other</u></p>

Study	Patient & alloHCT characteristics	ATG Dosing, PK Sampling & Analytes	Pharmacokinetic and -dynamic results
Eiermann <i>et al.</i> , 1999 ¹⁴⁰	N=12 Age: 21–55 yr Regimens: MA: N=12, CY/TBI or BU/CY/etoposide Donors: <i>Related</i> : N=6 <i>URD</i> : N=6 Graft sources: <i>Marrow</i> : N=12 Diagnoses: <i>Malignant</i> : N=12 Additional IS: CSA/MTX; CSA TCI not specified	Rabbit or horse ATG Rabbit only (Fresenius) ATG dosing: 30mg/kg total dose, given from day -3 to day -1 PK sampling: Various time points between days -1 and +22 Total or active ATG	<ul style="list-style-type: none"> Not evaluated concentration <p>Data analysis</p> <ul style="list-style-type: none"> No PK modeling <p>Pharmacokinetics</p> <ul style="list-style-type: none"> At 10 mg/mL ATG-F, ³H-labeled thymidine incorporation was effectively blocked. This effect was lost at an ATG-F concentration of 10 ng/mL <p>Pharmacodynamics</p> <ul style="list-style-type: none"> Not evaluated
Kakhniashvili <i>et al.</i> , 2005 ¹⁴¹	N=30 Age: 18–66 yr Regimens: MA: N=30, FLU/cytarabine/melphalan Donors: <i>Related</i> : N=21, some partially mismatched <i>URD</i> : N=9, some partially mismatched Graft sources: <i>PBSC</i> : N=30 Diagnoses: <i>Malignant</i> : N=30 Additional IS: Not specified	Rabbit or horse ATG Rabbit only ATG dosing: 20 mg/kg total, given as 4 mg/kg/day on days -3, -2, +2, +4, +6 for first 14 patients 16 mg/kg total, given as 4 mg/kg/day on days -3, -2, +2, +4 for remaining 16 patients PK sampling: Days -3, 0, +7, and approximately weekly thereafter Total or active ATG Active only	<p>Data analysis</p> <ul style="list-style-type: none"> PK sampling evaluable in 24 patients <p>Pharmacokinetics</p> <ul style="list-style-type: none"> All values mean ± standard deviation ATG clearance was 3.41 ± 1.72 L/day Overall ATG half-life was 6.8 ± 2.9 days ATG Volume of distribution was 47.2 ± 24.9 L Fourteen patients' data best described by biexponential model Ten patients with sparser data best described by monoexponential, one-compartmental model <p>Pharmacodynamics</p> <ul style="list-style-type: none"> Not evaluated
Seidel <i>et al.</i> , 2005 ¹³⁸	N=32 Age: 0.34–18 yr Regimens: MA: N=18, varied AMA: N=14, varied Donors: <i>Related</i> : N=5, some partially mismatched <i>URD</i> : N=27, some partially mismatched Graft sources: <i>Marrow</i> : N=11 <i>PBSC</i> : N=21 Diagnoses:	Rabbit or horse ATG Rabbit only ATG dosing: 7.5 to 40 mg/kg total, given as 2.5–10mg/kg/day from day -4 or day -3 to day -1 PK sampling: Days -4 to +30, initially daily and later every other day or three times a week At least 20 samples collected in total Total or active ATG Both total and active	<p>Data analysis</p> <ul style="list-style-type: none"> For pharmacodynamic studies, patients divided into low-dose group (cumulative dose of 7.5–10mg/kg) and high-dose group (cumulative dose of 15mg/kg or more) <p>Pharmacokinetics</p> <ul style="list-style-type: none"> PK of active rabbit ATG in children was similar to that of adults when total dose < 20mg/kg; non-linear PK when total dose > 20 mg/kg Average half-life ranged from 2.04–3.5 h with total dose of 7.5–20 mg/kg (N=27) and from 6.32–7.92 h with total dose of 30–40 mg/kg (N=5) <p>Engraftment</p> <ul style="list-style-type: none"> Not evaluated

Study	Patient & alloHCT characteristics	ATG Dosing, PK Sampling & Analytes	Pharmacokinetic and -dynamic results
Remberger <i>et al.</i> , 2005 ¹³⁴	<p><i>Malignant</i>: N=18 <i>Non-malignant</i>: N=14 Additional IS None in patients with leukemia who received TCD grafts; all others received CSA/MTX, CSA TCI not specified</p>	<p>Rabbit or horse ATG Rabbit only ATG dosing 4–10mg/kg total dose, given at 2mg/kg/day over 2–5 days (last dose always on day -1) PK sampling Weekly through week 5 Total or active Total only in serum</p>	<p><u>Rejection</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Chimerism</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> Acute GVHD <10% in both low-dose and high-dose groups <p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Relapse</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>OS</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Other</u></p> <ul style="list-style-type: none"> Higher one-year cumulative incidence of EBV in high-dose group than in low-dose group (0.56±0.12 in high-dose group, 0.19±0.10 in low-dose group, p=0.018)
	<p>N=61 Ages 1–61 yr Regimens MA: N=52, BU/CY or CY/TBI RIC: N=9, FLU/TBI Donors URD: N=61 Graft sources Marrow: N=28 PBSC: N=33 Diagnoses <i>Malignant</i>: N=53 <i>Non-malignant</i>: N=8 Additional IS CSA/MTX for 53 patients, CSA/prednisolone for 3 patients, CSA/MMF for 3 patients; all CSA with TCI to C₀ of 200–300ng/mL. Tacrolimus/sirolimus for 2 patients, tacrolimus or sirolimus TCI not specified</p>	<p><u>Data analysis</u></p> <ul style="list-style-type: none"> Pharmacodynamic analysis only <p><u>Pharmacokinetics</u></p> <ul style="list-style-type: none"> No pharmacokinetic modeling <p><u>Engraftment</u></p> <ul style="list-style-type: none"> No correlation between ATG concentrations and engraftment <p><u>Rejection</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Chimerism</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> Incidence of acute GVHD was inversely correlated with dose (lower dose, more acute GVHD) 	

Study	Patient & alloHCT characteristics	ATG Dosing, PK Sampling & Analytes	Pharmacokinetic and -dynamic results
Remberger <i>et al.</i> , 2009 ¹⁴⁴	<p>N=76 Ages: 1.5–67 yr Regimen: MA; N=37, BU/CY or CY/TBI RIC: N=29, varied Donors: URD; N=76 Graft sources: Marrow; N=16 PBSC; N=60 Diagnoses: Malignant; N=64 Non-malignant; N=12 Additional IS CSA/MTX for 60 patients, CSA TCI to C₀ of 200–300 ng/mL Tacrolimus/sirolimus in 16 patients, tacrolimus or sirolimus TCI not specified</p>	<p>Rabbit or horse ATG Rabbit only ATG dosing: 4–8mg/kg total dose, given as 2mg/kg/day over 2–4 doses with last dose on day –1 PK sampling: Days 0, +1, and +7 Total or active: Total only</p>	<ul style="list-style-type: none"> Patients with concentrations >70 µg/mL on day 0 had lower risk of developing moderate to severe acute GVHD than those with concentrations <70 µg/mL (p=0.006) Patients with week 1 concentrations <45 µg/mL had more grades II–IV acute GVHD (p=0.01)
			<p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Not evaluated
			<p><u>NRM</u></p> <ul style="list-style-type: none"> Not evaluated
			<p><u>Relapse</u></p> <ul style="list-style-type: none"> Not evaluated
			<p><u>OS</u></p> <ul style="list-style-type: none"> Not evaluated
			<p><u>Other</u></p> <ul style="list-style-type: none"> Rate of CMV infection higher in patients with day 0 rabbit ATG level >150 µg/mL (70% vs 52%, p=ns)
			<p><u>Data analysis</u></p> <ul style="list-style-type: none"> Pharmacodynamic studies only No pharmacokinetic modeling
			<p><u>Pharmacokinetics</u></p> <ul style="list-style-type: none"> Estimated half-life of 9 days
			<p><u>Engraftment</u></p> <ul style="list-style-type: none"> Not evaluated
			<p><u>Rejection</u></p> <ul style="list-style-type: none"> No correlation between total concentrations and rejection
			<p><u>Chimerism</u></p> <ul style="list-style-type: none"> Not evaluated
			<p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> Total dose was inversely correlated with grades II–IV acute GVHD Patients with concentrations >70 µg/mL on day 0 had significantly higher cumulative incidence of acute GVHD compared to patients with concentrations <70 µg/mL (33% vs 6%, p=0.023)
			<p><u>Chronic GVHD</u></p>

Study	Patient & alloHCT characteristics	ATG Dosing, PK Sampling & Analytes	Pharmacokinetic and -dynamic results
Call et al., 2009 ¹⁴²	<p>N=13 Ages 2–16 yr Regimens MA: N=13, TBI/thiotepa/CY Donors URD: N=13 with 7 of 8 allele match Graft sources Marrow: N=13, non-TCD Diagnoses Malignant: N=13 Additional IS CSA/MTX; CSA TCI to C₀ of 170–250 ng/mL by EMIT</p>	<p>Rabbit or horse ATG Rabbit only ATG dosing 10 mg/kg total, given as 1mg/kg on dayminus;4, then 3mg/kg/day on days -3 to -1 PK sampling Days -4, -3, -2, -1, 0, +1, +3, +5, +7; weeks 1, 2, 4, 8, 16, and 24 Total or active Both total and active</p>	<ul style="list-style-type: none"> • Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Relapse</u></p> <ul style="list-style-type: none"> • No correlation between total concentrations and relapse <p><u>OS</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Other</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Data analysis</u></p> <ul style="list-style-type: none"> • Samples analyzed by FACS for both total (LOQ 3.9 µg/mL) and active plasma ATG (LOQ 0.2 µg/mL) • Pharmacokinetic data modeled with NONMEM • No pharmacodynamic analysis <p><u>Pharmacokinetics</u></p> <ul style="list-style-type: none"> • Biphasic elimination and large interpatient variability • Mean CL for total rabbit ATG was 198 mL/day (CV of 47%) and for active rabbit ATG was 4530mL/day (CV of 61%) • Median (range) beta half-life for total ATG was 27.3 days (25.7–30.4) and for active ATG was 12.5 days (5.8–22.4) • Mean (range) actual C_{max} for total ATG was 57.7 µg/mL (23.7–80.7) and for active ATG was 4.0 µg/mL (1.6–8.0) • Day 0 mean (range) total ATG was 53 µg/mL (23.7–80.7) and active ATG was 4.0 µg/mL (1.6–8.0) • Day +28 mean (range) total ATG was 15.9 µg/mL (5.1–20.6) and active ATG was 1.13 µg/mL (<0.2–4.64) <p><u>Engraftment</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Rejection</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Chimerism</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Acute GVHD</u></p>

Study	Patient & alloHCT characteristics	ATG Dosing, PK Sampling & Analytes	Pharmacokinetic and -dynamic results
Podgorny <i>et al.</i> , 2010 ⁴⁵	<p>N=153 Ages 19-66 yr Regimens MA: N=153, FLU/BU or FLU/BU/TBI Donors <i>Mismatched</i>: N=26, related or unrelated not specified <i>Related</i>: N=76 URD: N=51 Graft sources Marrow: N=10 PBSC: N=143 Diagnoses <i>Malignant</i>: N=147 <i>Non-malignant</i>: N=3 <i>Unknown</i>: N=3 Additional IS CSA/MTX: CSA TCI not specified</p>	<p>Rabbit or horse ATG Rabbit only ATG dosing 4.5 mg/kg total, given as 0.5mg/kg on day -2, then 2mg/kg/day on days -1 and 0 PK sampling Days +7 and +28 Total or active Active only</p>	<ul style="list-style-type: none"> No occurrences of grades III-IV acute GVHD despite the majority of patients having day 0 concentrations <70 µg/mL <p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Relapse</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>OS</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Other</u></p> <ul style="list-style-type: none"> Not evaluated
		<p><u>Data analysis</u></p> <ul style="list-style-type: none"> Pharmacodynamic studies only No pharmacokinetic modeling <p><u>Pharmacokinetics</u></p> <ul style="list-style-type: none"> Large interpatient variability in drug concentrations Median (range) day +7 ATG concentrations were 1.109 mg/L (undetectable to 4.401 mg/L) Median (range) day +28 concentrations were 0.053 mg/L (undetectable to 0.733 mg/L) 	
		<p><u>Engraftment</u></p>	<ul style="list-style-type: none"> Not evaluated
		<p><u>Rejection</u></p>	<ul style="list-style-type: none"> Not evaluated
		<p><u>Chimerism</u></p>	<ul style="list-style-type: none"> Not evaluated
		<p><u>Acute GVHD</u></p>	<ul style="list-style-type: none"> At low doses ATG has anti-GVHD effects ATG concentrations >1.45 mg/L on day +7 were associated with a 0.35-fold risk of developing grades II-IV acute GVHD (p=0.030) ATG concentrations >0.029 mg/L on day +28 were associated with 0.52-fold risk of developing grades II-IV acute GVHD (p=0.035)

Study	Patient & alloHCT characteristics	ATG Dosing, PK Sampling & Analytes	Pharmacokinetic and -dynamic results
Remberger <i>et al.</i> , 2012 ¹⁵⁹	<p>N=43 Ages: 0.4–65 yr Regimens: MA; N=27, BU/CY or CY/TBI RTC; N=16, varied Donors: URD; N=43 Graft sources: UCB; N=43 Diagnoses: Malignant; N=27 Non-malignant; N=16 Additional IS: CSA/prednisolone for 38 patients, CSA TCI to C₀ of 200–300 ng/mL Other for 5 patients, regimen or TCI not specified</p>	<p><u>Rabbit or horse ATG</u> Rabbit only ATG dosing: 6 or 8mg/kg total dose, given as 2mg/kg/day for 3–4 days, last dose on day –1 PK sampling: Days 0, +11, +25 Total or active: Total only</p>	<p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>NRM</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Relapse</u></p> <ul style="list-style-type: none"> Observed no effect of ATG concentrations on relapse <p><u>OS</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Other</u></p> <ul style="list-style-type: none"> Patients who developed PTLD had higher ATG concentrations than those who did not; association observed with both day +7 concentrations (p=0.039) and day +28 concentrations (p=0.014) Observed no effect of ATG concentrations on non-PTLD infections
		<p><u>Data analysis</u></p> <ul style="list-style-type: none"> Pharmacodynamic studies only Reported outcomes in patients with low ATG concentrations (< 40 µg/mL) to those with high ATG concentrations (> 40 µg/mL) on day +11 Stated that similar but weaker correlations were found between day +25 concentrations and outcomes, but data not shown <p><u>Pharmacokinetics</u></p> <ul style="list-style-type: none"> No pharmacokinetic modeling <p><u>Engraftment</u></p> <ul style="list-style-type: none"> No relationship between ATG concentrations and platelet or neutrophil engraftment <p><u>Rejection</u></p> <ul style="list-style-type: none"> No relationship between ATG concentrations and rejection <p><u>Chimerism</u></p> <ul style="list-style-type: none"> Not evaluated <p><u>Acute GHVD</u></p> <ul style="list-style-type: none"> Patients with low ATG concentrations had higher incidence of grades III–IV acute GVHD than those with high ATG concentrations (32% vs 0%, p<0.01) <p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Similar incidence in those with low and high ATG concentrations (p=ns) <p><u>NRM</u></p>	

Study	Patient & alloHCT characteristics	ATG Dosing, PK Sampling & Analytes	Pharmacokinetic and -dynamic results
Chawla <i>et al.</i> , 2014 ¹²⁶	<p>N=180</p> <p><u>Ages</u>: 18–66 yr</p> <p><u>Regimens</u></p> <p><u>MA</u>: N=180, varied</p> <p><u>Donors</u></p> <p><u>Related</u>: N=67, all HLA-matched</p> <p><u>Other</u>: N=113, at least 8 of 10 alleles matched</p> <p><u>Graft sources</u></p> <p><u>PBSC</u>: N=180, non-TCD</p> <p><u>Diagnoses</u></p> <p><u>Malignant</u>: N=180</p> <p><u>Additional IS</u></p> <p><u>CSA/MTX</u>: CSA TCI to C₀ of 200–400 µg/L</p>	<p><u>Rabbit or horse ATG</u></p> <p><u>Rabbit only</u></p> <p><u>ATG dosing</u></p> <p>4.5 mg/kg total, given as 0.5mg/kg on day -2, 2mg/kg/day on days -1 and 0</p> <p><u>PK sampling</u></p> <p>Day 0, +7, +28</p> <p><u>Total or active</u></p> <p>Total only</p>	<p><u>Pharmacokinetic and -dynamic results</u></p> <ul style="list-style-type: none"> Patients with low concentrations had higher than those with high concentration (69% vs 7%, p=0.005) <p><u>Relapse</u></p> <ul style="list-style-type: none"> Patients with low concentration had lower relapse than those with high concentration (17% vs 82%, p<0.01) <p><u>OS</u></p> <ul style="list-style-type: none"> Similar incidence in those with low and high concentrations <p><u>Other</u></p> <ul style="list-style-type: none"> No relationship between ATG concentration and EBV lymphoma or relapse-free survival
		<p><u>Data analysis</u></p> <ul style="list-style-type: none"> Study originally enrolled N=185, but patients who did not engraft, relapsed, or died before day +30 were excluded from subsequent analysis Measured serum by using flow cytometry-based assay of Kakhiashvili¹⁴¹ <p><u>Pharmacokinetics</u></p> <ul style="list-style-type: none"> Median (range) clearance of 0.023 L/kg/day (0.005–0.26) Median (range) half-life of 5 days (2.2–16.2) 	
		<p><u>Engraftment</u></p> <ul style="list-style-type: none"> Not evaluated 	
		<p><u>Rejection</u></p> <ul style="list-style-type: none"> Not evaluated 	
		<p><u>Chimerism</u></p> <ul style="list-style-type: none"> Not evaluated 	
		<p><u>Acute GVHD</u></p> <ul style="list-style-type: none"> ATG concentrations on day 0 were not associated with acute GVHD High ATG concentrations on days +7 and +28 were associated with a lower likelihood of acute GVHD 	
		<p><u>Chronic GVHD</u></p> <ul style="list-style-type: none"> Patients with an ATG level >8.12 mg/L on day 0 were less likely to have chronic GVHD than patients with an ATG level <8.12mg/L (p<0.001) Patients with an ATG level >1.26 mg/L on day +7 were less likely to have chronic GVHD than patients with an ATG level <1.26 mg/L (p<0.001) Patients with an ATG level >0.14 mg/L on day +28 were less likely to have chronic GVHD than patients with an ATG level <0.14 mg/L (p=0.008) 	

Study	Patient & alloHCT characteristics	ATG Dosing, PK Sampling & Analytes	Pharmacokinetic and -dynamic results
Hannon <i>et al.</i> , 2015 ¹⁴³	<p>N=25 Ages 45-71 yr Regimens NMA: N=25, TLI/ATG Donors Related: N=14 URD: N=11 Graft sources PBSC: N=25 Diagnoses Malignant: N=25 Additional IS Tacrolimus/MIMF; tacrolimus TCI to C₀ of 15-20 ng/mL through day +28 and 10-15 ng/mL after day +28</p>	<p>Rabbit or horse ATG Rabbit only ATG dosing 7.5 mg/kg total, given as 1.5 mg/kg/day on days -11 through -7 PK sampling Days -7, -4, 0, +3, +7, +10, +14, +17, +20 Total or active Active only</p>	<p><u>NRM</u></p> <ul style="list-style-type: none"> • NRM not associated with ATG concentrations <p><u>Relapse</u></p> <ul style="list-style-type: none"> • Relapse not associated with ATG concentrations <p><u>OS</u></p> <ul style="list-style-type: none"> • Not evaluated <p><u>Other</u></p> <ul style="list-style-type: none"> • Low day +28 ATG concentration were associated with CMV reactivation in univariate analysis but not in multivariate analysis • Day 0 ATG concentration were not associated with PTLD • High ATG concentrations on days +7 and +28 were associated with PTLD
		<p><u>Rabbit or horse ATG</u></p>	<p><u>Data analysis</u></p>
		<p><u>Rabbit only</u></p>	<ul style="list-style-type: none"> • Pharmacokinetic data available from 15 of the 25 patients
		<p><u>ATG dosing</u></p>	<p><u>Pharmacokinetics</u></p>
		<p>7.5 mg/kg total, given as 1.5 mg/kg/day on days -11 through -7</p>	<ul style="list-style-type: none"> • Median functional ATG concentration were 4.0 mg/L (range, 3.2-5.6) on day 0, 2.2 mg/L (range, 0.6-3.9) on day +3, and 0.95 mg/L (range, 0.34-1.49) on day +10
		<p><u>PK sampling</u></p>	<p><u>Engraftment</u></p>
		<p>Days -7, -4, 0, +3, +7, +10, +14, +17, +20</p>	<ul style="list-style-type: none"> • Not evaluated
		<p><u>Total or active</u></p>	<p><u>Rejection</u></p>
		<p><u>Active only</u></p>	<ul style="list-style-type: none"> • Not evaluated
			<p><u>Chimerism</u></p>
			<ul style="list-style-type: none"> • Not evaluated
			<p><u>Acute GVHD</u></p>
			<ul style="list-style-type: none"> • Not evaluated
			<p><u>Chronic GVHD</u></p>
			<ul style="list-style-type: none"> • Authors note that day 0 concentration were below 8.12 mg/L, the threshold of ATG concentration associated with a lower incidence of chronic GVHD as reported by Chawla <i>et al.</i>
			<p><u>NRM</u></p>
			<ul style="list-style-type: none"> • Not evaluated
			<p><u>Relapse</u></p>
			<ul style="list-style-type: none"> • Not evaluated

Study	Patient & alloHCT characteristics	ATG Dosing, PK Sampling & Analytes	Pharmacokinetic and -dynamic results
Yamane <i>et al.</i> , 2011 ¹⁴⁹	reported day 0 total and unbound ATG concentrations were not correlated in two adults		<p>OS</p> <p>Other</p> <ul style="list-style-type: none"> • Not evaluated • Not evaluated

Abbreviations: alloHCT: allogeneic hematopoietic cell transplantation; ATG: antithymocyte globulins; ATG-F: Fresenius ATG; BU: busulfan; C₀: trough concentration; CL: clearance; C_{max}: maximum plasma concentration; CMV: cytomegalovirus; CSA: cyclosporine; CV: coefficient of variation (expressed as mean/standard deviation *100); CY: cyclophosphamide; EBV: Epstein-Barr virus; EMIT: enzyme multiplied immunoassay technique; FACS: fluorescein-activated cell sorting; GVHD: graft-versus-host disease; HLA: human leukocyte antigen; IS: immunosuppression; LOQ: limit of quantitation; MA: myeloablative; MTX: methotrexate; NMA: nonmyeloablative; NRM: non-relapse mortality; PBSC: peripheral blood stem cells; PD: pharmacodynamics; PK: pharmacokinetics; PTLD: post-transplant lymphoproliferative disorder; RIC: reduced-intensity conditioning; TBI: total body irradiation; TCD: T-cell depletion; TCI: target concentration intervention; TLI: total lymphoid irradiation; URD: unrelated donor