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## Developmental progression to early adult binge drinking and marijuana use from worsening versus stable trajectories of adolescent ADHD and delinquency

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### Abstract

**Aims**—To examine the association between developmental trajectories of inattention, hyperactivity-impulsivity, and delinquency through childhood and adolescence (ages 8-16) and subsequent binge drinking and marijuana use in early adulthood (age 21).

**Design**—Prospective naturalistic follow-up of children with attention-deficit/hyperactivity disorder (ADHD) previously enrolled in a randomized controlled trial (RCT). Treatment-phase assessments occurred at 3, 9, and 14 months after randomization; follow-up assessments occurred at 24 months, 36 months, and 6, 8, and 12 years after randomization.

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Declarations of Interest

The remaining authors have no conflicts to disclose.

**Setting**—Secondary analysis of data from the Multimodal Treatment Study of ADHD (MTA), a multi-site RCT comparing the effects of careful medication management, intensive behavior therapy, their combination, and referral to usual community care.

**Participants**—579 children with DSM-IV ADHD combined type, aged 7.0 and 9.9 years old at baseline (M=8.5, SD=.80).

**Measurements**—Ratings of inattention, hyperactivity-impulsivity, and delinquency were collected from multiple informants at baseline and through the 8-year follow-up. Self-reports of binge drinking and marijuana use were collected at the 12-year follow-up (M age 21).

**Findings**—Trajectories of worsening inattention symptoms and delinquency (and less apparent improvement in hyperactivity-impulsivity) were associated with higher rates of early adult binge drinking and marijuana use, compared with trajectories of stable or improving symptoms and delinquency (of 24 comparisons, 22 p-values <.05), even when symptom levels in stable trajectories were high.

**Conclusions**—Worsening inattention symptoms and delinquency during adolescence are associated with increased-levels of early adult substance use; this pattern may reflect a developmental course of vulnerability to elevated substance use in early adulthood.

Childhood attention-deficit/hyperactivity disorder (ADHD) is associated with increased risk for later substance use and disorder (1-6), especially among children who exhibit disruptive behavior (7,8). Recent meta-analyses show that childhood ADHD is associated with a higher probability of marijuana but not alcohol use in adolescence, and with increased risk for an alcohol or substance use disorder in early adulthood (9,10). However, modest effect sizes across studies suggest there may be substantial heterogeneity in substance use risk. In the current study, we explore whether risk for early adult substance use is explained in part by individual differences in the developmental course of ADHD and delinquency.

Children with diagnosed ADHD often persist with significant symptoms of the disorder; approximately two-thirds continue to meet DSM-IV diagnostic criteria in adolescence (11,12), although symptoms of hyperactivity-impulsivity often decrease. Children whose ADHD symptoms persist may have greater risk for later substance use compared to children whose symptoms diminish (2,13). In the *Fast Track Project*, a school-based sample of children with disruptive behavior, children whose symptoms initially declined but subsequently increased had the earliest onset of illicit drug use in adolescence (15). Additionally, in the *Pittsburgh ADHD Longitudinal Study*, higher symptom scores in adolescence related to higher frequency of drinking alcohol in adolescence (16), but individual differences in symptom trajectories were not examined. Studies examining differential patterns of ADHD symptoms over several years are needed to determine whether substance use risk in early adulthood depends on individual differences in the progression of ADHD symptomatology through adolescence. Examining patterns of change during such crucial windows of development may identify key periods of vulnerability.

A 3-year follow-up of children with ADHD in the present sample (17) found three trajectories of change in ADHD symptoms (18). Half (52%) of the sample showed large symptom improvements through the study's 14-month treatment phase that were maintained

through the 36-month assessment. One third (34%) showed gradual decline in symptoms over 36 months, and 14% showed large initial declines followed by a return to baseline symptom levels. These patterns predicted adolescent functioning for most measures (e.g., academic performance, social skills, police contacts (19)), providing evidence that patterns of symptom change can identify children who struggle with impairments and behavioral problems in adolescence. Whether such individual differences herald vulnerability to later substance use is unknown.

Nearly all studies of childhood ADHD implicate comorbid conduct problems as a major risk factor for later substance use (2,3,5,11,20). In several studies, risk for adult substance use was highest among children with comorbid psychopathology (7,8,21-23). Still, it may be the developmental progression of disruptive and delinquent behavior, rather than their presence at any given point in time, that determines risk for later substance use. Temporary delinquency is common in adolescence (24), but early-onset, persistent delinquency occurs in only a minority of the population (25). Although children with ADHD exhibit high rates of delinquency (2,26), it is persistent and escalating delinquency that may carry the greatest risk for problematic substance use in adulthood.

Prospective assessments of the Multimodal Treatment Study of ADHD (MTA) sample provide an opportunity to evaluate developmental progression to early adult substance use. The MTA began as a multi-site, 14-month randomized controlled trial comparing the effectiveness of intensive multicomponent behavioral treatment (Beh), systematic medication management (MedMgt), a combined behavioral and medication protocol (Comb), and referral to usual community care (CC). Children who received study medication (MedMgt, Comb) showed stronger improvements in ADHD symptoms compared to children in other treatments (17). However, group differences dissipated two years after study treatments ended (27), a pattern that persisted through the 8-year follow-up (19). Study-assigned and prospectively-tracked ADHD medication use were also unrelated to substance use at the 8-year follow-up (28). This loss of treatment group differences suggests that heterogeneity in the developmental course of ADHD takes hold at an early age, and a focus on patterns of change (not necessarily treatment-related) may reveal windows of opportunity for intervention to deflect vulnerable trajectories away from addiction endpoints.

In the current study, we tested whether children followed distinct trajectories of ADHD symptoms and delinquency, beginning prior to study randomization and ending in adolescence. Our goal was to identify trajectories of change associated with the highest levels of early adult binge drinking and marijuana use (the most common substance use behaviors in the early twenties (29)), controlling for childhood risk and protective factors previously associated with symptom trajectories (18). Based on that previous analysis, we anticipated three trajectories of ADHD symptoms reaching into adolescence: children whose symptoms diminished and remained at low levels; children whose symptoms declined gradually over time; and children whose symptoms rebounded after reaching low levels during the treatment phase. We anticipated that worsening ADHD symptoms and increasing delinquency would be associated with the highest substance use rates in early adulthood.

## Method

### Sample and Procedure

The MTA recruited 579 participants, aged 7 to 9.9 ( $M=8.5$ ,  $SD=.80$ ), diagnosed in childhood with *DSM-IV* ADHD combined type. Children with comorbid diagnoses participated, and exclusion criteria were limited to conditions requiring study-incompatible treatments or those that would prevent families' full participation. At each of six sites, 95-98 children were randomly assigned to Beh, MedMgt, Comb, or CC treatments. Recruitment strategy, detailed inclusion/exclusion criteria, diagnostic procedures, treatment protocol, and sample demographics appear elsewhere (17,30).

The treatment phase included baseline assessments at baseline (prior to treatment randomization), 3 and 9 months following randomization, and at the conclusion of the treatment phase (14 months following randomization;  $M_{age}=9.57$ ,  $SD=.85$ ). Follow-up assessments occurred at 24 months ( $M_{age}=10.43$ ,  $SD=.86$ ), 36 months ( $M_{age}=11.72$ ,  $SD=.92$ ), 6 years ( $M_{age}=14.90$ ,  $SD=1.0$ ), 8 years ( $M_{age}=16.80$ ,  $SD=1.0$ ), and 12 years ( $M_{age}=21.05$ ,  $SD=1.08$ ) following randomization. Participation rates were 97%, 93%, 84%, 78%, 75%, and 74% for the 14-month through 12-year follow-ups, respectively (a 10-year follow-up was also administered but these data were not included). There were no significant differences in baseline characteristics between participants and nonparticipants at the 36-month assessment, but differences were present in subsequent waves (19). Comparisons between participants retained and lost to the 12-year follow-up are shown in Table S1.

### Measures

**ADHD symptoms**—Symptoms of inattention and hyperactivity-impulsivity were measured with combined parent and teacher ratings from the Swanson, Nolan, and Pelham Rating Scale (SNAP (31)). Scores were first rescaled by standardizing these baseline scores ( $M=0$ ,  $SD=1$ ) and centering parents' and teachers' scores at subsequent assessments around their respective raw baseline means and standard deviations. Rescaled scores within each assessment were then averaged to create composite parent-teacher ratings of inattention and hyperactivity-impulsivity at baseline through 8 years (H. Kraemer, personal communication).

**Delinquency**—Following procedures developed elsewhere (32,33) and used in prior MTA analyses (3,19), children were assigned a delinquency classification code based on parent- and self-report measures of delinquency and antisocial behavior at baseline, 14, 24, and 36 months, and at 6 and 8 years. Delinquency was coded on a 5-point scale based on the most serious act committed in the preceding 6 months, from 0 (*no delinquency*) to 4 (*serious delinquency*). Examples of minor delinquency are theft of less than \$5 at home and minor vandalism outside of the home; examples of serious delinquency are breaking/entering and attacking someone with intent to harm.

**Substance use outcomes**—At the 12-year assessment, substance use was assessed by the self-report Substance Use Questionnaire (2) adapted for the MTA. Outcomes were *binge*

*drinking*, the frequency of consuming five or more drinks at a time during the past year (applying the SAMHSA sex-invariant definition), and *marijuana use*, the frequency of using marijuana during the past year. Both items were rated from 0 (*not at all*) to 11 (*several times a day or more*). Mean binge drinking was 2.55 ( $SD = 2.72$ ), and mean marijuana use was 2.90 ( $SD = 4.01$ ), both corresponding to use at a rate of 6-10 times per year.

**Baseline covariates**—We selected 13 covariates as control variables that were relevant in previous MTA publications and had minimal conceptual and statistical overlap: children's *demographic characteristics* (sex, race/ethnicity, family marital status, family income from public assistance/welfare/social security); history of *medication use* for ADHD prior to study enrollment; original *randomized treatment assignment* (Beh, MedMgt, Comb, CC); Wechsler Intelligence Scale for Children (WISC-III) *full scale IQ*; Wechsler Individual Achievement Test (WIAT (34)) *mathematics reasoning* score; teacher ratings of *ODD symptoms* with the SNAP (35); self-reported *anxiety symptoms* (MASC); parent ratings of *aggressive conduct* based on DSM-IV symptoms of conduct disorder; and parent and teacher ratings of *social competence* from the Social Skills Rating System (SSRS (36)).

### Analytic Strategy

Growth mixture models (GMM) in *Mplus* 6.1 (37) examined trajectories of ADHD symptoms and delinquency in relation to early adult binge drinking and marijuana use. GMM analyses sort individuals with similar profiles of change into latent trajectory *classes*, resulting in a distinct trajectory for each class identified in the sample (38,39). Each person has a probability of membership in each class. GMMs included baseline covariates predicting class membership and levels of 12-year substance use. Trajectory classes predicted levels of 12-year binge drinking and marijuana use, producing estimates of different average levels of use in each class. We tested separate models for inattention, hyperactivity-impulsivity, and delinquency, because of the small sample size in relation to the analytical complexity of testing a multivariate GMM. This approach precluded direct tests of covariation between ADHD symptoms and delinquency, but in a supplemental analysis we compared participants' class memberships across variables.

Data from all 579 participants were used in this study. Although participants lost to follow-up may have been at higher risk for heavy substance use in early adulthood (see Table S1), we included covariates known to predict substance use (satisfying assumptions of *missingness at random*) and retained all participants using multiple imputation (20 imputations analyzed in *Mplus* 6.1). Thus, our analyses should produce largely unbiased results (40).

### Results

Growth mixture models were implemented in two stages. First, we fit unconditional growth curve models to establish appropriate functional forms of change, and considered polynomial, piecewise, and freed-loading methods for modeling change. Trajectories of inattention and hyperactivity-impulsivity showed sharp symptom declines through the 14-month treatment phase, followed by linear trends. Piecewise models best captured this pattern, with freed loadings from baseline to 14 months, and linear change from 14 months

to 8 years. A quadratic trajectory best captured the pattern of change in delinquency. Second, we tested a series of models permitting between 1 and 5 latent classes (Table 1 shows indices of model fit). The best-fitting models were those with the lowest BIC and AIC values (41,42), provided that entropy exceeded .80 (43,44) and that model results were stable across random start values (45). For all measures, 4-class solutions provided the best fit. We investigated possible heterogeneity across study sites, but found that between-site differences were negligible (intraclass correlations ranged from .015 to .052), and unconditional models for inattention, hyperactivity-impulsivity, and delinquency showed no significant random effects of site. Models were thus reduced for parsimony by excluding study site.

Overall, the final models showed two primary patterns of change that also corresponded with substance use outcomes. First, trajectories of *worsening symptoms and delinquency* during adolescence predicted higher levels of early adult substance use. On average, these substance use rates were binge drinking about once a month and marijuana use once a week (class 3 in all models) to multiple times a day (class 4 in all models). Second, trajectories of *stable or improving symptoms and delinquency* predicted lower levels of early adult substance use. On average, these substance use rates were binge drinking up to 7 times per year and marijuana use up to 3 times per year.

ADHD symptoms improved in all classes during the treatment phase. In the model for inattention (Figure 1; Table 2), symptoms in classes 1 and 2 remained stable in adolescence (class 1:  $B=-.01$ ,  $SE=.02$ ; class 2:  $B=.01$ ,  $SE=.05$ ), whereas symptoms in classes 3 and 4 worsened (class 3:  $B=.05$ ,  $SE=.02$ ; class 4:  $B=.07$ ,  $SE=.02$ ). In the model for hyperactivity-impulsivity (Figure 2; Table 3), symptoms in all classes improved even further in adolescence (class 1:  $B=-.08$ ,  $SE=.04$ ; class 2:  $B=-.08$ ,  $SE=.03$ ), although classes 3 and 4 appeared to improve at slower rates (class 3:  $B=-.05$ ,  $SE=.02$ ; class 4:  $B=-.05$ ,  $SE=.02$ ). In both models, binge drinking and marijuana use were highest in classes 3 and 4 (predicted mean levels of use reported in Tables 2 and 3).

Delinquency initially improved in all classes (Figure 3; Table 4). Thereafter, delinquency in classes 3 and 4 worsened (quadratic acceleration in classes 3 and 4:  $B=.04$ ,  $SE=.01$ ), whereas delinquency in class 2 remained at low and stable levels through adolescence (quadratic acceleration:  $B=.02$ ,  $SE=.01$ ). The apparent decline in class 1 was not significant (linear trend:  $B=-.13$ ,  $SE=.11$ ), indicating higher but stable levels of delinquency through adolescence. Binge drinking and marijuana use were highest in classes 3 and 4 (predicted mean levels of use reported in Table 4).

Tables 2 to 4 show differences between classes on baseline covariates from individual  $t$ -tests and  $\chi^2$  tests. When tested simultaneously in the full models, few of these differences remained significant in the presence of other covariates. Children in class 2 (stable/improving ADHD symptoms and delinquency; lower substance use) had lower levels of baseline aggression in all models. Children in class 1 (higher symptoms/delinquency; lower substance use) had higher ODD symptoms at baseline and came from families who received welfare income (hyperactivity-impulsivity model only), and more often came from two-parent families (delinquency model only). Children in class 4 (steepest increases in

symptoms/delinquency; highest substance use) were more often boys and had no reported ADHD medication history prior to study entry (hyperactivity-impulsivity model only).

There were few direct effects of baseline covariates on substance use. Binge drinking was more frequent among boys ( $B=.78$ ,  $SE=.30$  in each model) and children with higher teacher-rated social skills ( $B=1.05$ ,  $SE=.53$ ). Binge drinking was less frequent among African-American participants ( $B=-1.28$ ,  $SE=.37$  for inattention;  $B=-1.17$ ,  $SE=.38$  for hyperactivity-impulsivity;  $B=-1.44$ ,  $SE=.36$  for delinquency) and other minority participants ( $B=-.80$ ,  $SE=.40$  for inattention;  $B=-.86$ ,  $SE=.36$  for delinquency); all  $p < .05$ . No covariates predicted marijuana use.

### Supplementary analysis: Convergence across classes

In each of the models for inattention, hyperactivity-impulsivity, and delinquency, participants were assigned to the class for which they had the highest probability of membership. Across all three variables, 83% ( $n=478$  of 579) of participants were consistently assigned to the same type of trajectory class, either worsening or stable/improving (for hyperactivity-impulsivity, less decline). For example, among participants whose most likely class for inattention symptoms was a worsening trajectory, most were also assigned to worsening delinquency classes and to hyperactivity-impulsivity classes with less apparent improvement (i.e., classes 3 and 4). Tables S2 and S3 show two-way correspondence between inattention and delinquency and between hyperactivity-impulsivity and delinquency.

### Supplementary analysis: Substance use during adolescence

Because heavy young adult substance use often begins in adolescence, as in the present sample (28), we examined mean differences in participants' binge drinking and marijuana use at adolescent waves of assessment across trajectory classes (see Tables 5 and 6). In all three models, there was significantly greater binge drinking at the 8-year follow-up assessment in classes 3 and 4 (classes with high use at the 12-year follow-up). For delinquency, class 4 also showed significantly greater binge drinking at the 6-year follow-up. In all three models, there was significantly greater marijuana use in class 4 at the 6- and 8-year follow-up assessments.

## Discussion

This study is the first to identify distinct developmental pathways of ADHD symptoms and delinquency that forecast early adult substance use outcomes at the age of peak prevalence for alcohol and marijuana use in the United States (29). Our results support the hypothesis that patterns of increasingly severe ADHD symptoms and delinquency through adolescence predict regular binge drinking and marijuana use in early adulthood. At the same time, patterns of improvement and even stability in inattentive symptoms and delinquency (and greater improvement in hyperactivity-impulsivity) were associated with less substance use. Thus, individual differences in patterns of progression may be just as, if not more, important than absolute symptom or delinquency levels at a given point in time. In general, adolescents who were best characterized by a trajectory at high risk for adult substance use



for one variable (e.g., inattention) were usually also characterized by high risk trajectories for other variables (e.g., delinquency).

Children who followed worsening trajectories did not necessarily have the highest ADHD symptom and delinquency scores at all times. For instance, classes 1 and 3 for inattention reached similar symptom levels by the 8-year follow-up, but class 1 maintained this level after study treatments ended, whereas class 3 deteriorated. Reaching similar symptom levels via distinct pathways may reflect variability in how children and their families adapt and function in the face of changing situational demands. Adolescence brings on a host of novel, stressful circumstances such as puberty (46), changing schools (47), and reductions in family time (48) relative to time with peers (49). Adolescents who adapt to uncertainty and changing demands show more success in school, fewer externalizing problems, and less emotional instability (50,51). A stable profile of symptoms and behaviors, even at higher levels, may occur when adolescents and their families face fewer demands for adaptation or accommodate them successfully. If so, it is especially encouraging that two-thirds of the current sample followed stable or improving trajectories. Whether these trajectories portend healthy adjustment in other domains, such as educational and vocational functioning, remains to be tested.

Profiles of worsening ADHD symptoms and delinquency may reflect in part a *cascading pattern of vulnerability* (52) as earlier symptoms escalate to serious behavior problems, experimentation with drugs and alcohol in adolescence, and heavy substance use in adulthood. We observed that inattention started worsening *before* delinquency began to escalate—an apparent temporal precedence consistent with prior research (11,53,54). It is common to find that ADHD doesn't predict substance use after controlling for conduct disorder (7,55), but our results are consistent with the possibility that conduct problems (including delinquency) emerge as children progress along an externalizing developmental pathway beginning with ADHD and leading to substance use (56). Our supplemental findings of synchronous trajectory membership and higher adolescent substance use among those in higher-risk trajectories provide evidence that developmental vulnerability manifests in multiple domains, suggesting a possible shared predisposition toward worsening ADHD, increasing delinquency, and problematic substance use. Conduct problems, delinquency, and early experimentation with substances are prominent adolescent indicators of an externalizing pathway to substance use (57,58), but bidirectional relations between multiple domains likely propel children toward problematic substance use in early adulthood. Direct tests of these relations may be fruitful goals for future ADHD research.

In all classes, adolescent symptoms of hyperactivity-impulsivity, on average, fell below levels considered clinically significant (59), consistent with the widely observed maturational decrease in hyperactivity (60). In addition, many childhood symptoms are endorsed less frequently in adolescence (12). A limitation of our measurement of impulsivity is that it was restricted to three items and diluted by 6 hyperactivity items (61,62). Our single-item, single time-point measurement of binge drinking and marijuana use is another limitation. It would be valuable to know for whom the heaviest levels of use continue into later adulthood. We also excluded tobacco use from the present study because of its distinct pharmacologic properties (63). Improved and comprehensive measurement of

these variables, including replication of the current study findings, would further increase confidence in our results. Indeed, an important caveat to the use of GMM is that replication is essential to confirm that patterns found in single studies accurately represent behavior trends in the population (64).

In an effort to understand how ADHD symptom/delinquency trajectories relate to substance use outcomes net the influence of baseline characteristics, we selected a large, but not exhaustive, set of 13 covariates for use as controls. This strategy piques curiosity about other variables not included here. For example, parents' knowledge of their adolescents' activities and whereabouts is more strongly associated with reduced alcohol use for adolescents with ADHD histories (65). In the MTA sample, no protective or predisposing effects of study-assigned treatment or prospectively-tracked medication use have been found with respect to adolescent substance use (28). Other candidate variables identified in comprehensive models of addiction vulnerability (57,58) suggest opportunities for future investigation of mediators and moderators (52).

Overall, the patterns of progression identified in the current study suggest that children follow distinct developmental trajectories, but worsening profiles of inattention and delinquency forecast the highest risk for regular substance use in early adulthood. However, many children maintained the gains accrued during treatment and subsequently reported low levels of early adult substance use. With respect to preventing later substance use, it may be important not to abandon the pursuit of effective treatment for ADHD and its associated difficulties after achieving short-term success, particularly if initial gains are not maintained. If treatment efforts contribute to stability of symptoms and associated risk factors over time, including the impairments and substance-related risks implicated in this population (52), it may be worthwhile to evaluate options for ongoing assistance or "booster" sessions to maintain gains accrued during initial treatment. Targeted follow-up interventions that align with sensitive periods such as the transition to middle school may help to buttress families' treatment efforts during challenging phases of development. Such interventions should be invoked when signs of worsening symptoms and behavior begin to appear. Parents, clinics, and practitioners should view ADHD as a potentially chronic condition and consider periodic but regular monitoring to detect signs of vulnerability to worsening symptoms over time that may indicate a need for further intervention.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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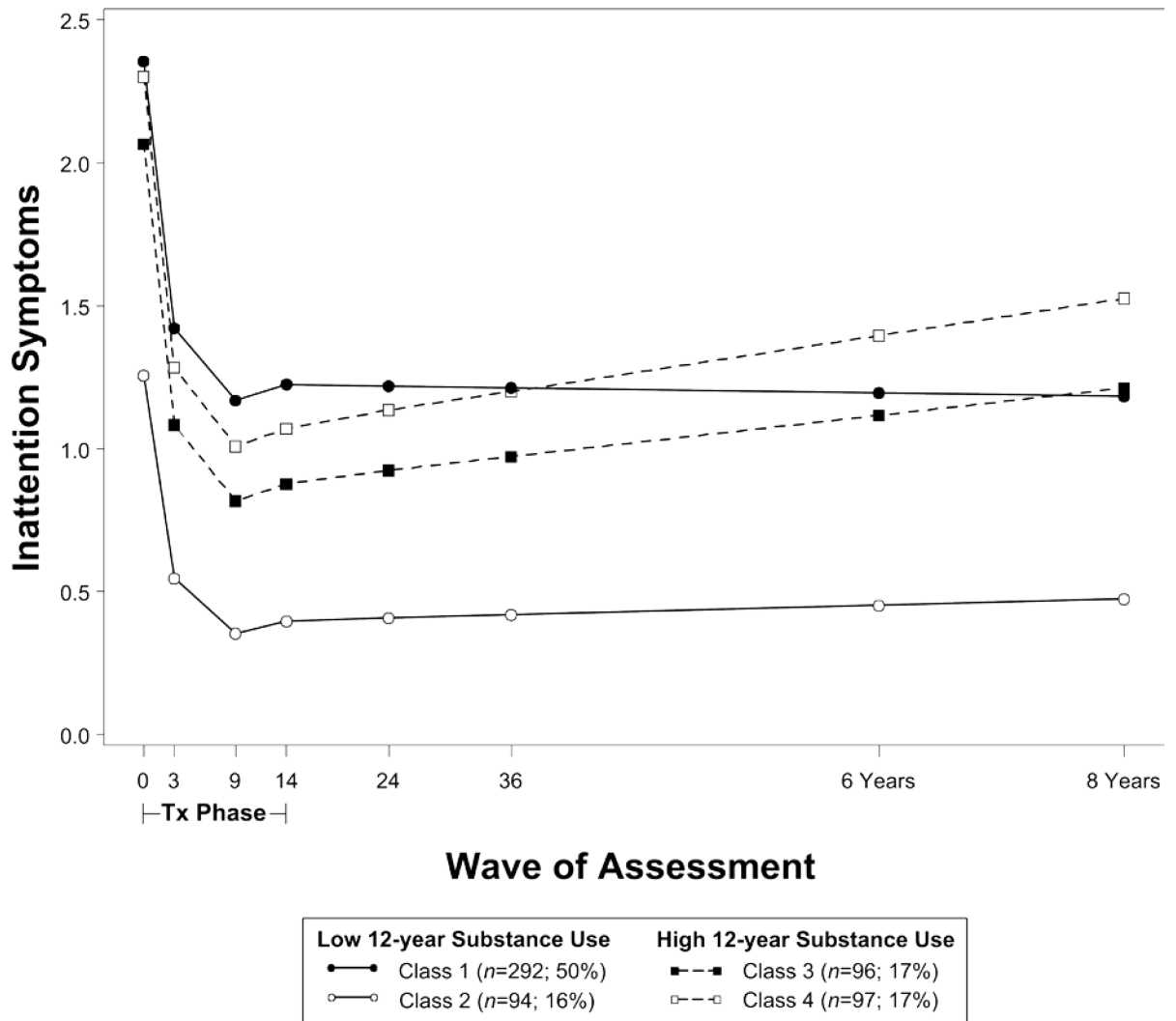
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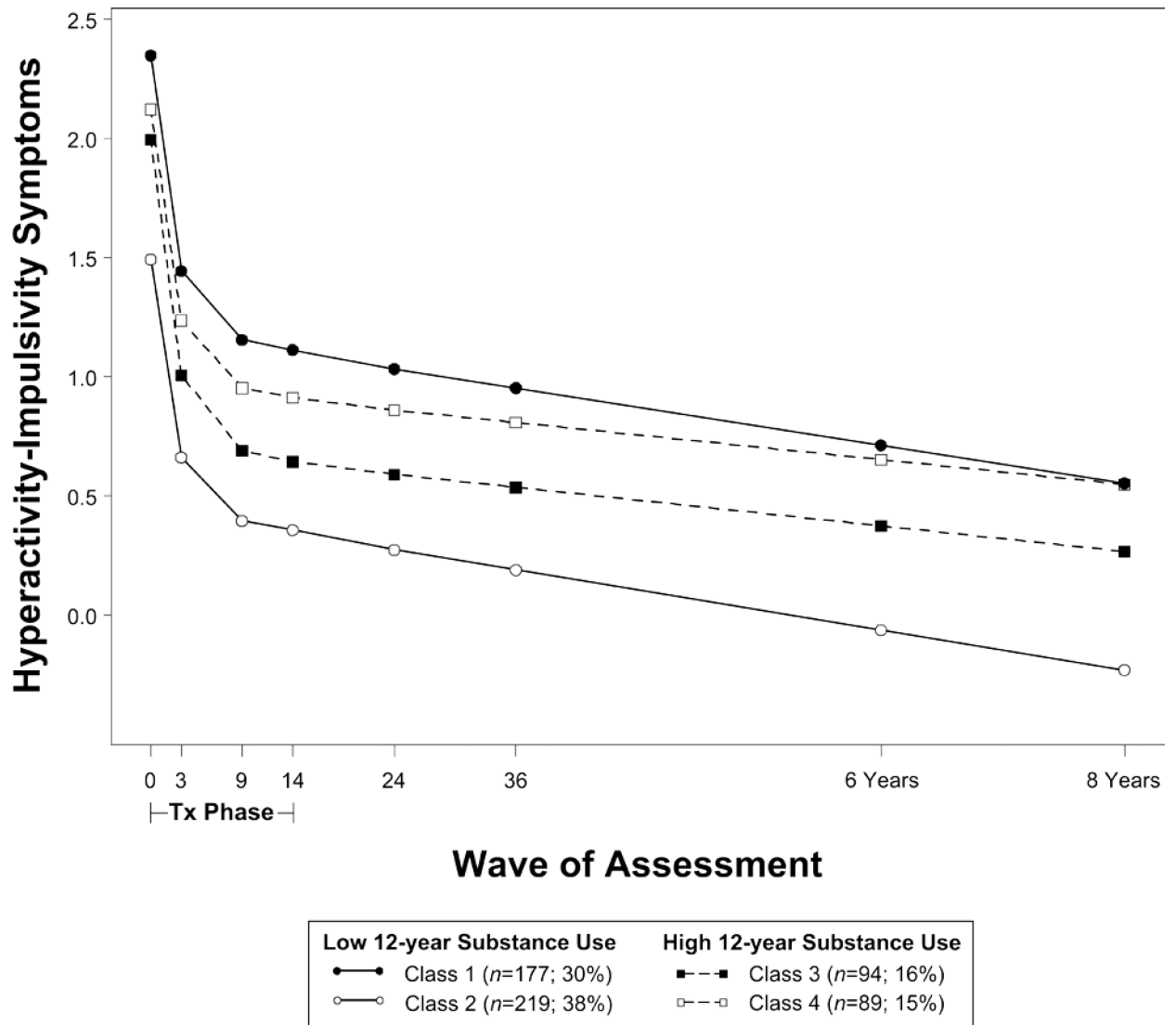
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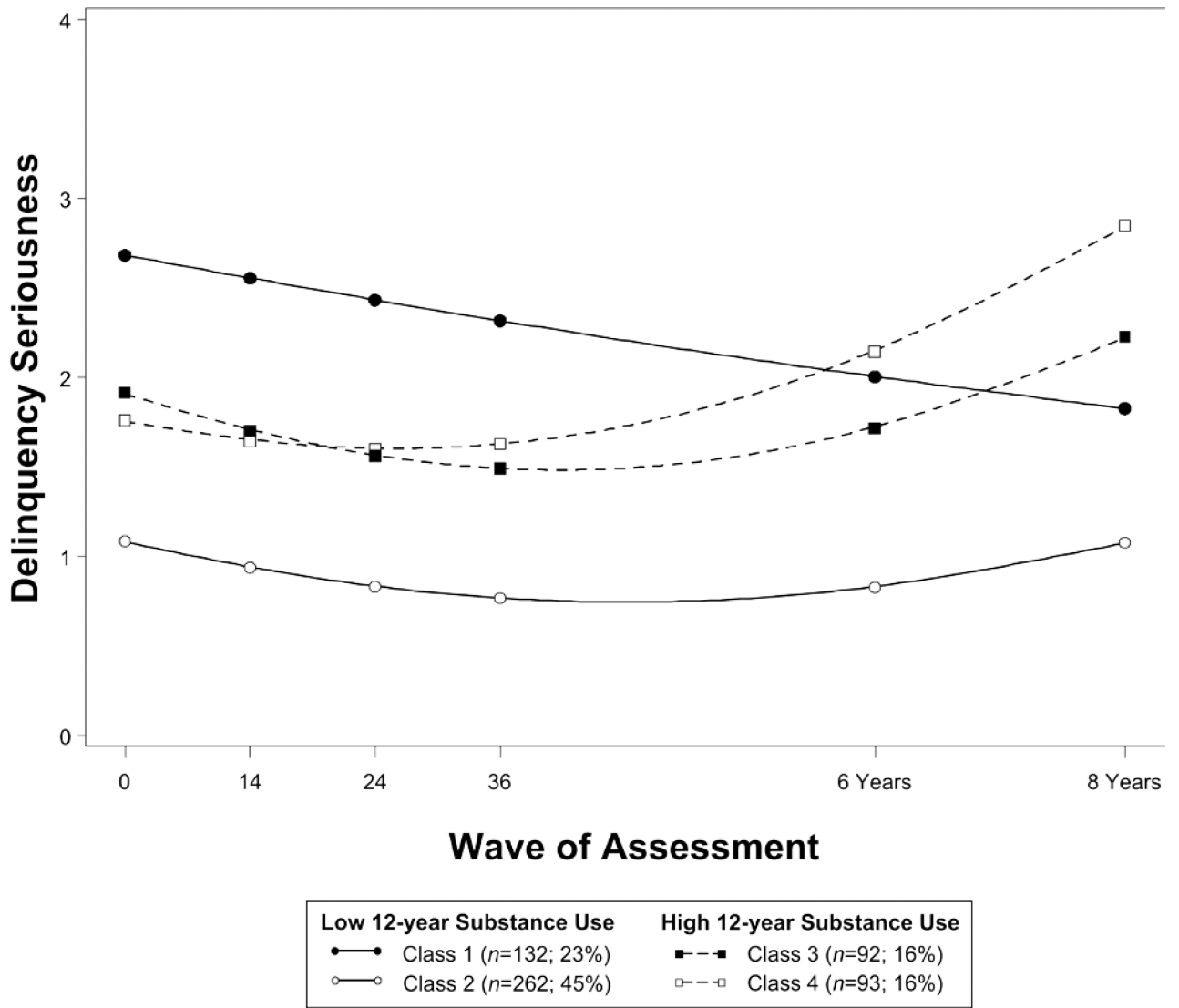


**Figure 1.** Trajectories of inattention symptoms from baseline through 8 years by later substance use risk. Note: Symptom scores are presented in the original metric of the SNAP measure (range = 0 to 3), where scores in each class are centered around the mean of parent and teacher scores at baseline.



**Figure 2.** Trajectories of hyperactivity-impulsivity symptoms from baseline through 8 years by substance use risk. Note: Symptom scores are presented in the original metric of the SNAP measure (range = 0 to 3), where scores in each class are centered around the mean of parent and teacher scores at baseline.





**Figure 3.** Trajectories of delinquency from baseline through 8 years by substance use risk.

**Table 1**

Fit Statistics from Competing Models for Inattention, Hyperactivity-impulsivity, and Delinquency

	<b>AIC</b>	<b>BIC</b>	<b>Entropy</b>
Inattention			
1-Class Solution	17975	18219	-
2-Class Solution	17517	17870	.97
3-Class Solution	17454	17916	.87
4-Class Solution	<b>17236</b>	<b>17808</b>	<b>.89</b>
5-Class Solution <sup>a</sup>	17216	17897	.91
Hyperactivity-Impulsivity			
1-Class Solution	16605	16849	-
2-Class Solution	16431	16784	.68
3-Class Solution	16041	16503	.82
4-Class Solution	<b>15801</b>	<b>16373</b>	<b>.84</b>
5-Class Solution <sup>a</sup>	15756	16436	.89
Delinquency			
1-Class Solution	17645	17859	-
2-Class Solution	17139	17445	.97
3-Class Solution	16986	17391	.86
4-Class Solution	<b>16734</b>	<b>17240</b>	<b>.91</b>
5-Class Solution <sup>a</sup>	16567	17173	.91

*Note.* AIC = Akaike Information Criterion; BIC = Bayesian Information Criterion. Criteria for model selection included lower values for the Akaike Information Criterion (AIC) and Bayesian Information Criterion (BIC), entropy values greater than .80 (indicating model confidence in assigning cases to latent trajectory classes), and model stability across randomly-assigned starting values. Estimates in **bold** are the fit statistics of the chosen solution.

<sup>a</sup>Best loglikelihood was not replicated over random starts.

Table 2

Class Differences in Baseline Covariates and Predicted Levels of Substance Use at 12-Year Follow-up for Latent Classes Modeling Inattention Trajectories.

Inattention	Class 1	Class 2	Class 3	Class 4	P
Baseline covariates					
Sex (% male)	80	69	81	91	.002*
Ethnicity					
% African-American	20	11	17	32	.003*
% Other minority	17	24	15	25	.174
Prior medication use (%)	45	34	36	24	.003*
Family intactness (% married)	66	72	67	53	.034
Family income (% on welfare)	17	20	14	27	.103
Treatment group					
% Comb	22	33	34	18	
% MedMgt	23	23	30	27	
% Beh	26	18	24	28	
% CC	28	26	12	28	.011
WISC mean full scale IQ (SD)	98.01 (13.41)	109.86 (15.23)	102.90 (15.75)	99.56 (13.14)	<.001*
WIAT mean mathematics (SD)	95.59 (13.49)	104.06 (14.09)	98.95 (12.71)	97.35 (13.14)	<.001*
SNAP mean ODD (SD)	1.47 (.91)	1.32 (.88)	1.46 (.92)	1.50 (.85)	.467
MASC mean total score (SD)	2.57 (.53)	2.43 (.52)	2.39 (.45)	2.47 (.58)	.008
Mean aggression conduct (SD)	1.26 (.25)	1.16 (.16)	1.26 (.20)	1.27 (.24)	.001*
Mean social support, parent-rated (SD)	.99 (.22)	1.14 (.22)	1.01 (.23)	.97 (.25)	<.001*
Mean social support, teacher-rated (SD)	.76 (.25)	1.03 (.26)	.86 (.28)	.80 (.30)	<.001*
Predicted substance use (SE), early adult					
Binge drinking	1.65 <sup>a</sup> (.42)	2.30 <sup>a,b</sup> (.88)	3.65 <sup>b</sup> (.56)	3.64 <sup>b</sup> (.60)	
Marijuana	.44 <sup>a</sup> (.24)	.35 <sup>a</sup> (.47)	6.33 <sup>c</sup> (.38)	10.33 <sup>b</sup> (.30)	
Class sample size (%)	292 (50)	94 (16)	96 (17)	97 (17)	

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Note. Substance use was coded on a 12-point scale, ranging from 0 (*not at all*) to 4 (*once a month*) to 6 (*once a week*) to 9 (*once a day*) to 11 (*several times a day or more*). Substance use means designated with different superscripts (a,b,c) are significantly different within the GMM.

Bonferroni correction for 15 comparisons. The intraclass correlation for study site showed negligible between-site differences in inattention (ICC=.015).

\* *p* .003

**Table 3**  
 Class Differences in Baseline Covariates and Predicted Levels of Substance Use at 12-Year Follow-up for Latent Classes Modeling Hyperactivity-Impulsivity Trajectories.

Hyperactivity-impulsivity	Class 1	Class 2	Class 3	Class 4	<i>p</i>
Baseline covariates					
Sex (% male)	86	72	81	89	<.001*
Ethnicity					
% African-American	29	11	16	28	<.001*
% Other minority	20	20	10	28	.017
Prior medication use (%)	34	48	36	26	.002*
Family intactness (% married)	55	73	70	58	.002*
Family income (% on welfare)	37	6	12	21	<.001*
Treatment group					
% Comb	17	30	32	21	.021
% MedMgt	25	23	30	24	
% Beh	29	20	21	31	
% CC	29	26	17	24	.021
WISC mean full scale IQ ( <i>SD</i> )	99.06 (15.30)	101.38 (14.83)	104.65 (14.38)	100.08 (12.75)	.025
WIAT mean mathematics ( <i>SD</i> )	98.10 (14.04)	97.12 (13.91)	101.07 (12.81)	95.64 (13.07)	.042
SNAP mean ODD ( <i>SD</i> )	2.05 (.74)	.99 (.72)	1.38 (.90)	1.46 (.89)	<.001*
MAASC mean total score ( <i>SD</i> )	2.51 (.53)	2.52 (.52)	2.43 (.52)	2.50 (.56)	.503
Mean aggression conduct ( <i>SD</i> )	1.34 (.28)	1.15 (.14)	1.26 (.20)	1.27 (.24)	<.001*
Mean social support, parent-rated ( <i>SD</i> )	.98 (.22)	1.06 (.22)	1.00 (.26)	.99 (.24)	.002*
Mean social support, teacher-rated ( <i>SD</i> )	.76 (.29)	.87 (.27)	.88 (.26)	.82 (.29)	<.001*
Predicted substance use ( <i>SE</i> ), early adult					
Binge drinking	1.99 <sup>a</sup> (.49)	1.56 <sup>a</sup> (.41)	3.62 <sup>b</sup> (.48)	3.69 <sup>b</sup> (.88)	
Marijuana	.47 <sup>a</sup> (.26)	.37 <sup>a</sup> (.21)	6.32 <sup>b</sup> (.42)	10.37 <sup>c</sup> (.34)	
Class sample size (%)	177 (30)	219 (38)	94 (16)	89 (15)	

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Note. Substance use was coded on a 12-point scale, ranging from 0 (*not at all*) to 4 (*once a month*) to 6 (*once a week*) to 9 (*once a day*) to 11 (*several times a day or more*). Substance use means designated with different superscripts (a,b,c) are significantly different within the GMM.

Bonferroni correction for 15 comparisons. The intraclass correlation for study site showed negligible between-site differences in hyperactivity-impulsivity (ICC=.052).

\*  $p$  .003

**Table 4**  
Class Differences in Baseline Covariates and Predicted Levels of Substance Use at 12-Year Follow-up for Latent Classes Modeling Delinquency Trajectories.

Delinquency	Class 1	Class 2	Class 3	Class 4	<i>p</i>
Baseline covariates					
Sex (% male)	87	72	84	90	<.001*
Ethnicity					
% African-American	25	15	16	30	.004
% Other minority	20	19	12	26	.121
Prior medication use (%)	39	42	38	27	.076
Family intactness (% married)	74	63	66	56	.033
Family income (% on welfare)	27	14	16	24	.010
Treatment group					
% Comb	19	25	34	26	
% MedMgt	27	23	28	26	
% Beh	27	26	21	24	
% CC	27	27	17	25	.365
WISC mean full scale IQ ( <i>SD</i> )	97.87(13.75)	101.87(15.59)	104.53(13.89)	99.54(13.18)	.005
WIAT mean mathematics ( <i>SD</i> )	97.05(13.77)	98.26(14.29)	98.73(12.27)	96.85(13.46)	.671
SNAP mean ODD ( <i>SD</i> )	1.87 (.85)	1.23 (.85)	1.39 (.91)	1.56 (.85)	<.001*
MASC mean total score ( <i>SD</i> )	2.50 (.53)	2.53 (.54)	2.42 (.46)	2.51 (.58)	.411
Mean aggression conduct ( <i>SD</i> )	1.45 (.28)	1.13 (.11)	1.27 (.21)	1.24 (.22)	<.001*
Mean social support, parent-rated ( <i>SD</i> )	.92 (.21)	1.07 (.23)	1.01 (.23)	1.02 (.24)	<.001*
Mean social support, teacher-rated ( <i>SD</i> )	.76 (.27)	.86 (.27)	.86 (.29)	.81 (.28)	.008
Predicted substance use ( <i>SE</i> ), early adult					
Binge drinking	2.13 <sup>a</sup> (.68)	1.80 <sup>b</sup> (.37)	3.70 <sup>b</sup> (.49)	3.69 <sup>b</sup> (.56)	
Marijuana	.32 <sup>a</sup> (.23)	.43 <sup>a</sup> (.20)	6.21 <sup>c</sup> (.39)	10.35 <sup>b</sup> (.30)	
Class sample size (%)	132 (23)	262 (45)	92 (16)	93 (16)	

*Note.* Substance use was coded on a 12-point scale, ranging from 0 (*not at all*) to 4 (*once a month*) to 6 (*once a week*) to 9 (*once a day*) to 11 (*several times a day or more*). Substance use means designated with different superscripts (a,b,c) are significantly different within the GMM.

Bonferroni correction for 15 comparisons. The intraclass correlation for study site showed negligible differences in delinquency ( $ICC = .035$ ).

\*  $p < .003$

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**Table 5**

Mean (SD) Differences Across Classes in Binge Drinking at Adolescent Waves of Assessment

	Class 1	Class 2	Class 3	Class 4	<i>N</i>	<i>F</i>
Inattention						
6 years	0.24 (.94)	0.41 (1.40)	0.41 (1.24)	0.41 (1.17)	443	.88, <i>p</i> =.4493
8 years	0.60 <sup>a</sup> (1.58)	0.75 <sup>a,b</sup> (1.53)	1.26 <sup>b</sup> (2.03)	1.29 <sup>b</sup> (2.06)	421	4.35, <i>p</i> =.0049
Hyperactivity-impulsivity						
6 years	0.24 (.98)	0.32 (1.19)	0.33 (1.03)	0.46 (1.24)	443	.58, <i>p</i> =.6264
8 years	0.64 <sup>a,b</sup> (1.68)	0.60 <sup>b</sup> (1.44)	1.46 <sup>c</sup> (2.13)	1.27 <sup>a,c</sup> (2.04)	421	5.56, <i>p</i> =.0009
Delinquency						
6 years	0.33 <sup>a,b</sup> (1.11)	0.19 <sup>a</sup> (.87)	0.31 <sup>a,b</sup> (.98)	0.69 <sup>b</sup> (1.69)	443	3.44, <i>p</i> =.0168
8 years	0.80 <sup>a,b</sup> (1.90)	0.46 <sup>a</sup> (1.23)	1.39 <sup>b</sup> (2.09)	1.47 <sup>b</sup> (2.14)	421	8.58, <i>p</i> <.0001

*Note.* All means within rows with different superscripts correspond to significant pairwise differences (Tukey). Higher scores indicate more binge drinking.

**Table 6**

Mean (SD) Differences Across Classes in Marijuana Use at Adolescent Waves of Assessment

	Class 1	Class 2	Class 3	Class 4	<i>N</i>	<i>F</i>
<b>Inattention</b>						
6 years	0.42 <sup>a</sup> (1.45)	0.37 <sup>a</sup> (1.47)	0.54 <sup>a</sup> (1.69)	1.54 <sup>b</sup> (2.70)	443	7.88, p<.0001
8 years	0.65 <sup>a</sup> (1.81)	0.68 <sup>a</sup> (1.51)	1.68 <sup>b</sup> (2.61)	3.03 <sup>c</sup> (3.46)	422	21.14, p<.0001
<b>Hyperactivity-impulsivity</b>						
6 years	0.55 <sup>a</sup> (1.74)	0.37 <sup>a</sup> (1.47)	0.54 <sup>a</sup> (1.69)	1.54 <sup>b</sup> (2.70)	443	8.38, p<.0001
8 years	0.77 <sup>a</sup> (1.88)	0.61 <sup>a</sup> (1.73)	1.70 <sup>b</sup> (2.64)	3.01 <sup>c</sup> (3.37)	422	20.98, p<.0001
<b>Delinquency</b>						
6 years	0.52 <sup>a</sup> (1.56)	0.31 <sup>a</sup> (1.26)	0.41 <sup>a</sup> (1.44)	1.81 <sup>b</sup> (2.89)	443	14.20, p<.0001
8 years	0.52 <sup>a</sup> (1.49)	0.53 <sup>a</sup> (1.53)	1.91 <sup>b</sup> (2.76)	3.34 <sup>c</sup> (3.44)	422	33.94, p<.0001

*Note.* All means within rows with different superscripts correspond to significant pairwise differences (Tukey). Higher scores indicate more marijuana use.