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# An Entropic Proof of Chang’s Inequality

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## Abstract

Chang’s lemma is a useful tool in additive combinatorics and the analysis of Boolean functions. Here we give an elementary proof using entropy. The constant we obtain is tight, and we give a slight improvement in the case where the variables are highly biased.

## 1 The lemma

For  $S \subseteq \{0, 1\}^n$ , let  $\chi_S : \{\pm 1\}^n \rightarrow \mathbb{R}$  denote the character

$$\chi_S(x) = \prod_{i \in S} x_i.$$

For any function  $f : \{\pm 1\}^n \rightarrow \mathbb{R}$ , we can then define its Fourier transform  $\widehat{f} : \{0, 1\}^n \rightarrow \mathbb{R}$  as

$$\widehat{f}(S) = \mathbb{E}_x f(x) \chi_S(x) = \frac{1}{2^n} \sum_x f(x) \chi_S(x).$$

For characters of Hamming weight 1, we will abuse notation by writing  $\widehat{f}(i)$  instead of  $\widehat{f}(\{i\})$ .

Chang’s lemma [1, 2] places an upper bound on the total Fourier weight, i.e., the sum of  $\widehat{f}^2$ , of the characteristic function of a small set on the characters with Hamming weight one.

**Lemma 1.** *Let  $A \subseteq \{\pm 1\}^n$  such that  $|A| = 2^n \alpha$ , and let  $f = \mathbb{1}_A$  be its characteristic function. Then*

$$\sum_{i=1}^n \widehat{f}(i)^2 \leq 2\alpha^2 \ln \frac{1}{\alpha}.$$

*Proof.* Suppose that we sample  $x$  according to the uniform distribution on  $A$ . Since the mutual information is nonnegative, the entropy  $H(x)$  is at most the sum of the entropies of the individual bits,

$$H(x) \leq \sum_{i=1}^n H(x_i).$$

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This gives

$$n \ln 2 + \ln \alpha \leq \sum_{i=1}^n h(p_i^+) \quad (1)$$

where  $p_i^+$  denotes the probability that  $x_i = +1$ ,

$$p_i^+ = \frac{1}{2} \left( 1 + \mathbb{E}_{x \in A} x_i \right) = \frac{1}{2} \left( 1 + \frac{\widehat{f}(i)}{\alpha} \right).$$

and where  $h$  denotes the entropy function

$$h(p) = -p \ln p - (1-p) \ln(1-p).$$

The Taylor series around  $p = 1/2$  gives

$$h\left(\frac{1+x}{2}\right) = \ln 2 - \sum_{t=2,4,6,\dots} \frac{x^t}{t(t-1)} \leq \ln 2 - \frac{x^2}{2}, \quad (2)$$

so (1) becomes

$$\ln \alpha \leq -\frac{1}{2} \sum_{i=1}^n \frac{\widehat{f}(i)^2}{\alpha^2},$$

Rearranging completes the proof.  $\square$

## 2 Variations

The lemma (and our proof) apply equally well to the Fourier weight  $\sum_{S \in B} \widehat{f}(S)^2$  of any basis  $B$  of  $\mathbb{F}_2^n$ , since the set of parities  $\{\prod_{i \in S} x_i \mid S \in B\}$  determines  $x$ . This gives the following commonly-quoted form of Chang's lemma.

**Lemma 2.** *Let  $A \subseteq \{\pm 1\}^n$  such that  $|A| = 2^n \alpha$ , and let  $f = \mathbb{1}_A$  be its characteristic function. Fix  $\rho > 0$  and let  $R \subset \mathbb{F}_2^n$  be the set  $\{S : |\widehat{f}(S)| > \rho \alpha\}$ . Then  $R$  spans a space of dimension less than  $d = 2\rho^{-2} \ln(1/\alpha)$ .*

*Proof.* If  $R$  spans a space of dimension  $d$  or greater, there is a set of  $d$  linearly independent vectors in  $R$ . Completing to form a basis  $B$  gives  $\sum_{S \in B} \widehat{f}(S)^2 > 2\alpha^2 \ln(1/\alpha)$ , violating Lemma 1.  $\square$

For any integer  $k \geq 1$ , there are bases consisting entirely of vectors of Hamming weight  $k$ . Fixing  $k$  and averaging over all such bases gives

$$\sum_{S:|S|=k} \widehat{f}(S)^2 \leq \frac{2}{n} \binom{n}{k} \alpha^2 \ln \frac{1}{\alpha} \leq \frac{2n^{k-1}}{k!} \alpha^2 \log(1/\alpha).$$

This also follows immediately from Shearer's lemma. However, this is noticeably weaker than the "weight  $k$  bound"

$$\sum_{S:|S|=k} \widehat{f}(S)^2 = O(\alpha^2 \log^k(1/\alpha)).$$

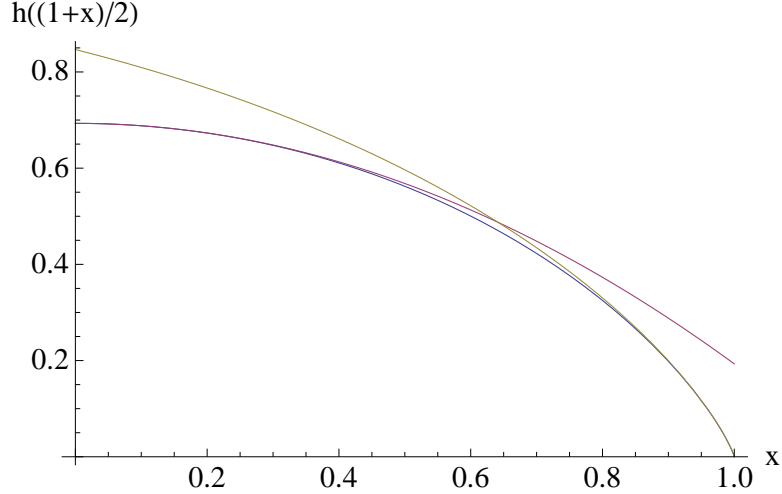


Figure 1: The entropy function  $h(p)$  where  $p = (1+x)/2$  and  $x \leq 0 \leq 1$ , with the upper bounds (2) (which is tight when  $|x|$  is small) and (3) (which is tight when  $|x|$  is close to 1).

Finally, we note that if some bits are highly biased, i.e., if  $|\widehat{f}(i)|/\alpha$  is close to 1, we can replace (2) with the bound

$$h(p) \leq p(1 - \ln p), \quad (3)$$

which is tight when  $p$  is small. Combining this with the corresponding bound for  $p$  close to 1 gives

$$h\left(\frac{1+x}{2}\right) \leq \frac{1-|x|}{2} \left(1 - \ln \frac{1-|x|}{2}\right).$$

We compare this bound with (2) in Figure 1. This gives another version of Lemma 1:

**Lemma 3.** *Let  $A \subseteq \{\pm 1\}^n$ , let  $f = \mathbf{1}_A$  be its characteristic function, and let*

$$\delta_i = \frac{1}{2} \left(1 - \frac{|\widehat{f}(i)|}{\alpha}\right) = \min(p_i^+, 1 - p_i^+).$$

Then

$$\sum_{i=1}^n \delta_i (1 - \ln \delta_i) \geq \ln |A|. \quad (4)$$

This is nearly tight, for instance, if  $A$  is the set of vectors with Hamming weight 1. Then  $|A| = n$ ,  $\delta_i = 1/n$ , and (4) reads  $1 + \ln n \geq \ln n$ .

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