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Los Angeles

Source, Distribution, and Removal of
PFAS in Stormwater: Challenges & Opportunity

A thesis submitted in partial satisfaction of the
requirements for the degree Master of Science
in Civil Engineering

by

Swapnil Banerjee

2023

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2023

ABSTRACT OF THE THESIS

Source, Distribution, and Removal of
PFAS in Stormwater: Challenges & Opportunity

by

Swapnil Banerjee

Master of Science in Civil Engineering

University of California, Los Angeles, 2023

Professor Sanjay K. Mohanty, Chair

PFAS site remediation studies often overlook stormwater as a potential source of PFAS contamination. This review article looks at the transport and distribution of these anthropogenic chemicals in stormwater, to identify the species and extent of distribution of these PFAS molecules, and then brings a comparison of different adsorbents (Biochar, Granulated Activated Carbon, Ion-Exchange Resins) in stormwater biofilters as a remediation technique. We found biochar and GAC to have an extremely variable adsorption capacity (over 3 orders of magnitude) and IX Resins to have the highest PFAS adsorption. These were

attributed to several factors including soil chemistry, PFAS species present, and weather conditions. However, from a cost-benefit analysis perspective IX Resins were found to be almost 9x more expensive than traditional adsorbents. Hence, either a particular type of adsorbent or a combination of sorts has been suggested, and different factors that affect the adsorption of each of these amendments has been discussed to make an informed decision.

The thesis of Swapnil Banerjee is approved.

Jennifer A. Jay

Shaily Mahendra

Sanjay K. Mohanty, Committee Chair

University of California, Los Angeles

2023

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List of Acronyms

PFAS: Poly- and perfluoroalkyl Substances

POP: Persistent Organic Pollutant

GAC: Granular Activated Carbon

PFAA: Perfluoroalkyl Acids

PFOA: Perfluoroalkyl Octanoic Acid

PFOS: Perfluorooctane Sulfonate

PFBS: Perfluorobutane Sulfonate

PFBA: Perfluorobutanoic Acid

PFHxA: Perfluorohexanoic Acid

STS: Stormwater Treatment System

PFCA: Perfluorocarboxylate Acid

PFSA: Perfluorosulfonic Acid

EPA: Environmental Protection Agency

IX: Ion-Exchange

BMP: Best Management Practice

Acknowledgements

I want to express my sincere gratitude, starting with my committee chair, Dr. Sanjay Mohanty, whose unwavering guidance has been indispensable throughout the thesis writing journey. I'd also like to extend my heartfelt thanks to my parents and my sister, without whose unwavering support this task might have been insurmountable. Finally, I'm deeply appreciative of my friends, who believed in me and provided steadfast support through the ups and downs.

1. Introduction

Per- and polyfluoroalkyl substances (PFAS) are a class of fluorinated aliphatic compounds that has been classified as a Persistent Organic Pollutant (POP) ¹ because of its adverse health effects causing liver and autoimmune conditions, enhanced risk of kidney or testicular cancer, and decrease in infant birth weights ². Subsurface soil and stormwater treatment systems play a crucial role in filtering surface runoff pollutants and safeguarding groundwater ³. Nonetheless, there is a growing concern that emerging contaminants, such as per- and polyfluoroalkyl substances (PFAS), may not be effectively removed by these traditional systems ⁴ and could potentially contaminate groundwater ⁵. This concern is valid as recent studies have revealed that up to 72% of drinking water treatment facilities using groundwater have been found to contain PFAS ⁶. The concern that stormwater is a significant pathway for PFAS to enter the environment, particularly surface and groundwater, which can be used as a source of drinking water makes it critical to understand the source, distribution, and removal technology for pfas in stormwater.

PFAS regulation in stormwater can be heavily influenced by source, release, and climate. Studies have shown that stormwater, originating from contaminated sites like airports, landfills, and industries, can transport PFAS through subsurface infiltration to surface water and groundwater, further exacerbating the problem ⁷⁻⁹. Landfill leaching and discharges have been found to be another source of PFAS release in stormwater ^{10,11}. Finally, climate can also play a role in the behavior of PFAS in stormwater. Heavy rainfall or flooding can cause PFAS to be mobilized and transported from contaminated areas, resulting in higher concentrations in

stormwater runoff ¹². However, limited studies have examined the distribution of PFAS in stormwater and the factors that affect it.

Active treatment involves the use of a specific treatment technology that actively removes or destroys PFAS from stormwater. Some common active treatment technologies for PFAS removal include granular activated carbon (GAC), ion exchange, and membrane filtration. GAC and ion exchange are effective at removing PFAS from water by adsorbing or exchanging the contaminants onto the treatment media. Membrane filtration technologies use ultrafiltration, nanofiltration, or reverse osmosis to physically remove PFAS from the water. Active treatment methods can be highly effective at removing PFAS, but they can be costly and require ongoing maintenance ¹³.

Passive treatment, on the other hand, involves the use of natural or engineered systems that rely on physical, chemical, or biological processes to remove contaminants from stormwater over time. Passive treatment systems can be highly effective at removing PFAS from stormwater and can be more cost-effective than active treatment methods. Examples of passive treatment systems for PFAS removal include constructed wetlands, stormwater biofilters, and natural sorbents ¹⁴.

This study focuses on understanding the fate and transport of PFAS in stormwater and identify the major PFAS species contaminating these waters. Our second goal is to compare passive treatment techniques to remediate these dominant PFAS species because of their low cost and easy availability, where we compare various adsorbents to understand what factors affect their adsorption capacity and what are some basic factors to consider making some

informed decisions. Finally, a cost-benefit analysis for choosing the appropriate amendment has been provided to understand which adsorbents would be the most sustainable and economical. Previous reviews have compared adsorption capacity of different media ¹³⁻¹⁸, source of PFAS in surface water ^{9,19-24} or groundwater ²⁵⁻²⁸, and PFAS removal processes in subsurface ²⁹⁻³³. However, no reviews to date have analyzed PFAS source, removal, and transport processes in stormwater system. Stormwater systems are unique because unlike wastewater treatment plant, they are subjected to transient weather conditions with intermittent flow of stormwater. These processes are known to affect the PFAS transport ³⁴. The current work aims to address the gap between adsorbent based remediation techniques for PFAS in stormwater systems.

1 **2. Data collection and analysis**

2 We examined the Web of Science database (<https://www.webofknowledge.com/>) in
3 January 2023, to collect research articles using keyword combinations: “PFAS” with
4 “adsorption”, and “amendment name”. Our goal was to quantify the distribution of PFAS in
5 surface water and rainwater, considering the source in these waters to be surface runoff. We
6 found 7 articles reporting PFAS concentrations in surface water over 23 sites and 8 studies
7 reporting rainwater PFAS concentrations over 29 sites. Median concentrations were reported
8 and found that short-chain anionic PFAS ($C \geq 8$) dominated the distribution, which allowed us to
9 do the next part of the survey, that was to find the most effective adsorbents for removing
10 these dominant PFAS species. Adsorbents were only considered that would not clog
11 stormwater filter systems, so the ones considered were searched with keywords: “GAC”,
12 “Biochar”, and “Ion Exchange Resin”. To examine adsorbent efficiency in PFAS removal, only
13 studies reporting pseudo-second order kinetics were able to compare the true adsorption
14 capacity of the listed amendments, and mainly focused on removal capacities of PFBA, PFBS,
15 PFOA, and PFOS as it corresponds to the highest occurrence in surface and rainwater from our
16 analysis. 19 articles were selected to examine adsorption data, and then compared. It must be
17 noted that the variability caused in the analysis of adsorption data can be associated with
18 different processing conditions and modification in certain adsorbents, for which no
19 classification has been included in this study. RStudio (Version 2022.12.0+353) has been used
20 for all data analysis and plotting of graphs, and all statistical analysis has been carried out using
21 Tukey Test. The list of studies in the analysis has been provided in the supplementary material.

22 **3. Source and occurrence of PFAS in stormwater and rainwater**

23 It is challenging to attribute the source of PFAS contamination for remediation action, as
24 both rainwater and runoff may contain PFAS. In the absence of rainwater monitoring, land use
25 is often assumed to be the source of PFAS contamination, rendering any land-based treatment
26 ineffective. However, if rainwater is clean, the stormwater can pick up PFAS from the land
27 surface, which can be mitigated by changing land use. Regardless of the source attribution,
28 polluted stormwater must be treated using Best Management Practices (BMP). The objective of
29 this section is twofold: firstly, to compare whether rainwater may contain higher
30 concentrations of PFAS than typically found in surface or stormwater, and if so, to identify
31 those PFAS. Secondly, to evaluate the dominant PFAS found in surface water or stormwater and
32 highlight the sources that could have contributed to that pollution.

33 **3.1. Source**

34 Source of PFAS can originate from sites including fluorochemical industrial sites ^{35,36},
35 firefighting training areas ^{8,37}, airports ^{38,39}, accidental spill sites ^{40,41} and poorly managed
36 landfills ^{5,42,43}. Nontraditional sources of PFAS in stormwater can also be attributed to biosolid
37 application for land-use that transports PFAS during runoff ^{9,44}, which are often derived from
38 sewage sludge discharge of wastewater treatment plants ⁴⁵.

39 PFAS in stormwater can be introduced through secondary sources, such as
40 contaminated soil, where the release of colloids contributes to a high concentration of PFAS in
41 surface water ⁴⁶. During a storm event, all these sources contribute to the presence of PFAS in

42 runoff, which ultimately ends up in stormwater. Rainfall is another source that not only
43 introduces PFAS into stormwater, but also amplifies its presence in the environment ⁴⁷.

44 Regardless of the source, PFAS concentrations can vary based on multiple factors.
45 Several studies ^{48,49} have demonstrated that proximity to a PFAS source could be an indicator of
46 elevated concentration in neighboring areas. Climatic and temporal factors also affect PFAS
47 concentrations, which can reintroduce PFAS into stormwater. The natural dry-wet and freeze-
48 thaw cycle in subsurface soil can alter the leaching behavior of previously adsorbed pollutants,
49 resulting in PFAS being released at a slow rate from PFAS-impacted subsurface soil. This
50 diffused source of contamination persists over time ⁵⁰.

51 3.2. Rainwater

52 Despite limited available data, there is an increasing body of evidence indicating the
53 presence of PFAS in rainwater ^{9,12,51}. Previously, it was widely believed that Per- and
54 Polyfluoroalkyl Substances (PFAAs) would eventually be washed off into the oceans, where they
55 would undergo dilution over an extended period. However, it is now suggested that certain
56 types of PFAS can become highly concentrated and transported through wet atmospheric
57 deposition ⁵². Once these PFAS reach the land, they can settle and contaminate freshwater
58 bodies, soil, and even drinking water sources.

59 Although comprehensive data on PFAS concentrations in rainwater is limited, our
60 analysis of four studies presented in Fig. 1.A. reveals a wide range of global PFAS concentrations
61 spanning over five orders of magnitude. Interestingly, in rainwater, there is a higher percentage
62 of long-chain PFAS (64%) compared to short-chain PFAS (36%) (Fig. 1.B.). This observation aligns
63 with previous findings suggesting that long-chain PFAS exhibit greater hydrophobicity and lower
64 solubility in water compared to short-chain PFAS ⁵³. The hydrophobic nature of long-chain PFAS
65 can result in their adsorption onto atmospheric particles, such as dust or soot, which can then
66 be transported by wind ⁵⁴. Consequently, these particles may remain suspended in the air and
67 subsequently deposit onto various surfaces during rainfall events. Interestingly, the studies we
68 referred to report extremely low levels of PFSA in rainwater. From this, we can hypothesize that
69 PFSA are not typically present in rainwater at high concentrations. This can be attributed to
70 their low volatility, which makes them less prone to long-distance atmospheric transport.
71 Instead, PFSA are more likely to be deposited onto surfaces, such as soil or water, near their
72 emission sources ⁵⁵. However, volatile precursors have been studied to undergo atmospheric

73 oxidation and contribute to the formation of long-chain PFCA⁵⁶. In the context of stormwater, a
74 few studies have reported PFAS concentrations. For instance,⁵⁷ highlights the importance of
75 utilizing proper instrumentation, such as high-resolution mass spectrometry, for routine testing.
76 This is necessary to detect highly branched isomeric PFAS that may otherwise go undetected.⁵⁸
77 draws an interesting analogy to emphasize the ubiquity of PFAS and how these chemicals have
78 surpassed our planetary boundary. These findings shed light on the complexities associated
79 with PFAS presence in rainwater and stormwater, highlighting the need for advanced analytical
80 techniques and the pervasive nature of PFAS contamination.⁵⁹ provides valuable insights into
81 the contamination of PFAS in the Maltese Islands, which are geographically isolated and not
82 connected by any borders. Despite their pristine nature, the islands exhibit high levels of PFAS
83 contamination in surface and rainwater. This indicates that ocean currents and rainfall can
84 serve as pathways for the introduction of PFAS into even seemingly unaffected environments.
85 On the other hand,⁵² contributes a significant dataset of PFAS concentrations in wet deposition
86 specifically in the Midwest region. This dataset aids in assessing PFAS fluxes to rural landscapes
87 and provides valuable information to improve models of environmental cycling of these
88 chemicals. By better understanding the behavior and distribution of PFAS in wet deposition, we
89 can enhance our understanding of the environmental fate and transport of these contaminants.

90 The origin and path of clouds are significant factors to consider when tracking the
91 source of contaminants in precipitation⁶⁰. This is because clouds can transport these PFAS over
92 great distances as they move through the atmosphere. On a regional level,⁶¹ suggests that jet
93 streams and cloud movements play a critical role in transporting PFAS. The major mechanisms

94 by which PFAS is transported by wet deposition are in-cloud scavenging and below cloud
95 scavenging ⁵⁹.

96 The concentration of PFAS in rainwater is primarily influenced by atmospheric
97 conditions, including wind direction and speed, temperature, and humidity ^{61,62}. Furthermore,
98 ⁶³ suggest that the dry-wet cycle can contribute to the release of PFAS, which may subsequently
99 become part of the cycling process and increase PFAS concentration in rainwater. However,
100 several important questions remain unanswered when studying the transport of PFAS in
101 rainwater. For instance, it is crucial to understand the relationship between the proximity and
102 intensity of PFAS sources, such as industrial facilities or landfills, and the concentration of PFAS
103 in rainwater. Additionally, further research is needed to elucidate the transport mechanisms of
104 PFAS in rainwater based on their chain length. It is known that chain length plays a critical role
105 in wind transport ⁴⁹.

106 The cycling process of PFAS presents a significant challenge in our efforts to reduce
107 global PFAS concentrations. This is evidenced by the widespread distribution of PFAAs in
108 remote regions such as Antarctica and the Arctic, ^{64,65}. PFAS concentrations have been detected
109 in ice cores and surface water in these regions, with sea-spray aerosol transport hypothesized
110 as a potential contributing factor. ⁶⁶ suggests that the atmospheric transport of volatile
111 precursors and their eventual degradation into PFCA, especially for shorter chain C₂-C₄ plays a
112 major role in the global distribution.

113 **3.3. Stormwater or surface water**

114 The concentration of PFAS in stormwater could become diluted when mixed with
115 surface water. Thus, the concentration in surface water could be used as an indicator to
116 examine the link between surface water and stormwater for PFAS pollution. Analyzing PFAS
117 concentration in surface water, rainwater, and stormwater in Fig. 1.A., we observed that the
118 first 5 PFAS species accounted for over 50% of total PFAS present, additionally 39 species of
119 PFAS were detected. This implies that only a select few species (PFOA, PFBA, PFOS, PFBS, and
120 PFHxA) contribute significantly to the overall PFAS concentration, and remediation strategies
121 should be directed more towards these dominant species. Median concentration of all reported
122 PFAS in surface water was observed to be higher than in rainwater. Street dust and vehicle
123 traffic are observed to be also probable sources of PFAS in surface waters^{59,67}. PFOS
124 concentration in rain and surface water was higher by a magnitude of 2 and 3 respectively,
125 which indicates that these runoff contaminants can be a source of PFAS in our drinking water
126 infrastructure, which would be above EPA's advisory limit if not treated. Fig. 1. (B) shows the
127 PFAS classification as Perfluoroalkyl Carboxylate Acids (PFCA) and Perfluoroalkyl Sulfonic Acids
128 (PFSA) in surface and rainwater respectively and their chain length distribution. Contrasting
129 trends were observed, with 93% of PFAS being short chain ($C \leq 8$) and 7% being long chain ($C > 8$)
130 in Fig. 1. (B), inferring that short chain PFAS are more widely detected in aquatic systems. The
131 prevalence of short chain PFAS in surface water can be attributed to their high solubility and
132 mobility in water. Short chain PFAS exhibit greater solubility, which allows them to dissolve
133 readily in water and remain in the aqueous phase. Moreover, their poor capacity for natural
134 adsorption further contributes to their higher concentrations in surface water⁶⁸. This observed

135 trend could also be in part, due to the recent increase in use of short chain PFAS. Where in
136 response to the persistent and bio-accumulative nature of certain PFAS chemicals ⁶⁹, the
137 European Union has included C₈-C₁₄ PFAS and their sodium and ammonium salts on its
138 candidate list of regulatory substances. Furthermore, PFOS has been added to the Stockholm
139 Convention's Persistent Organic Pollutants (POPs) list in 2009 ⁷⁰. To comply with these
140 regulations, manufacturers have shifted towards using alternative chemicals such as short-
141 chain and ultra-short chain PFAS, as well as perfluoro-poly ethers, for commercial production
142 ^{71,72}. Whereas no significant difference was found in the distribution of PFCA and PFSA. In
143 conclusion, it is observed for both surface water and rain water as a source of stormwater,
144 PFCAs are the recurring species ⁷³.

145 Our analysis reveals that stormwater is rarely measured for PFAS concentration
146 compared to surface waters because it is expensive and not required. However, identifying
147 these dominant species in stormwater helps us to plan remediation actions.

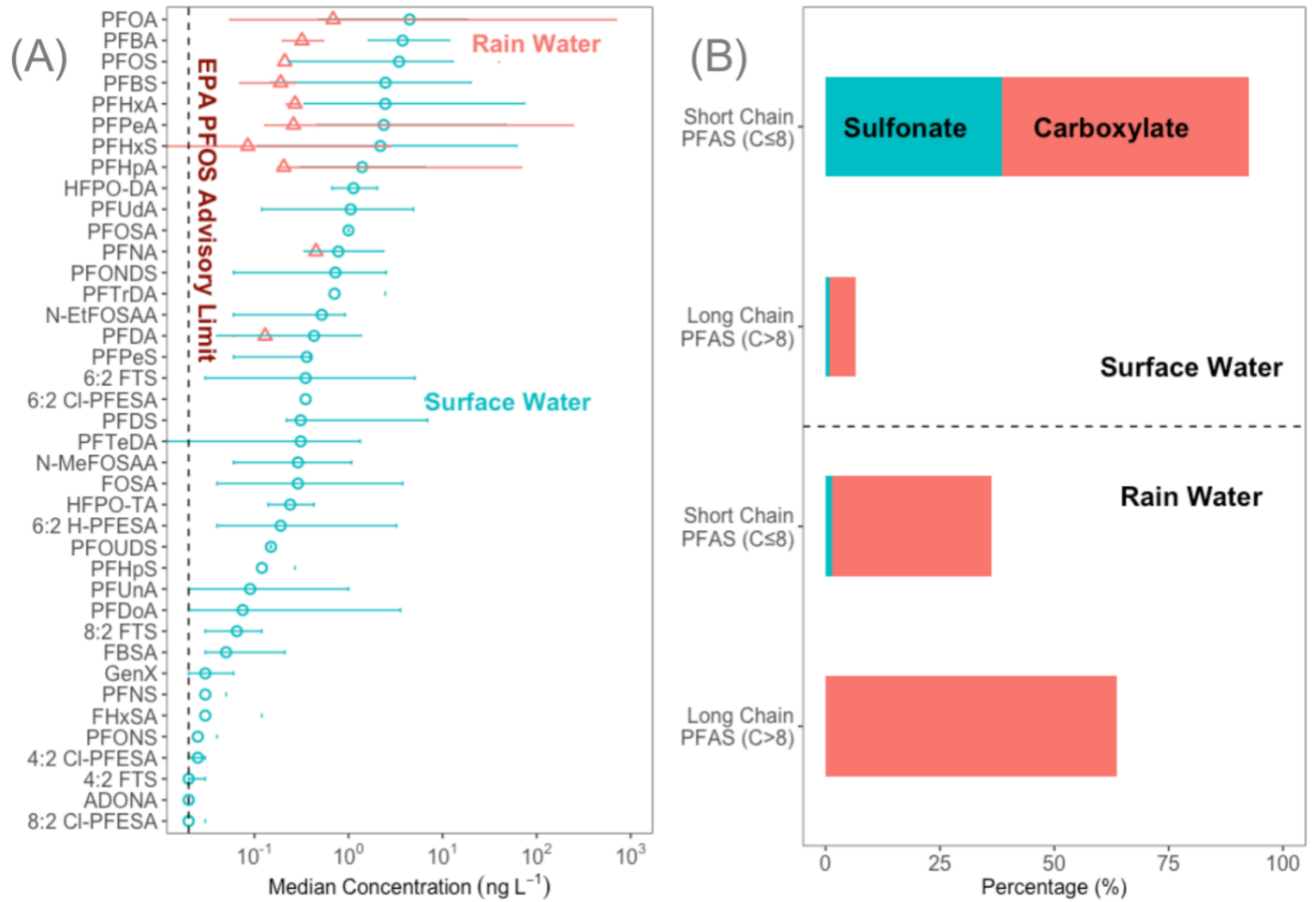


Figure 1 (A) PFAS concentration varying over 5 orders of magnitude. (B) PFAS distribution with functional group

152 **4. PFAS transport and removal mechanism in infiltration-based stormwater**
153 **treatment systems**

154 Stormwater treatment systems (STS) are important in removing various pollutants, but
155 they can also capture PFAS that are present in the runoff from sources like industrial sites,
156 landfills, firefighting training areas, and agricultural areas. PFAS removal can be challenging in
157 stormwater treatment systems. Recent studies have suggested that biofilters may effectively
158 remove PFAS from stormwater ⁷⁴⁻⁷⁶, but the effectiveness depends on the filter media used and
159 the specific type of PFAS compound present.

160 PFAS transport in biofilters depends on media depth, flow rate, and composition ⁷⁷.
161 Stormwater treatment systems transport PFAS via infiltration, advection, and dispersion ⁷⁸.
162 Infiltration refers to the movement of water through soil and into aquifers, carrying PFAS with
163 it. Advection carries PFAS through the treatment system and out through discharge outlets.
164 Intermittent flow affects transport through dispersion, where PFAS mixes in soil due to physical,
165 chemical, and biological processes, creating a more uniform concentration that affects
166 transport rate. Hydraulic conductivity is an important parameter that is studied to understand
167 the infiltration of stormwater in these treatment systems, and they depend on few factors as
168 root system of vegetation and thickness of clogging layer ⁷⁹, that enables us to quantitatively
169 measure the efficacy of the STS.

170 Removal mechanism is primarily governed by volatilization, sorption, and degradation.
171 Volatilization is assumed to occur at the interface of STS and the atmosphere at the surface
172 level, through the exchange of PFAS mass. Whereas sorption and degradation is assumed to be
173 in the submerged zone ⁷⁸.

174

175 **4.1. Environmental conditions affecting transport and removal**

176 The transport and removal of PFAS in stormwater biofilters are not only affected by
177 design conditions but also by environmental conditions. The sorption of organic pollutants is
178 contingent upon the intrinsic properties of PFAS, specifically their hydrophobicity and polarity.
179 Additionally, the sorption process is affected by various physicochemical characteristics of the
180 soil, including pH, cation exchange capacity, ionic strength, surface area, soil organic matter
181 content, and water temperature⁸⁰. Climate is an essential factor that can influence the
182 biofilters' performance. During heavy rainfall events, the flow rate and volume of stormwater
183 runoff can increase significantly, which can reduce the contact time between the water and the
184 filter media, consequently decreasing the PFAS removal efficiency (**Mathieu et al., 2022**).
185 Similarly, long dry periods reduces PFAS removal due to drying of biofilters^{81,82}. Water quality
186 parameters like pH, salt, and dissolved organic carbon (DOC) also play a significant role in the
187 transport and removal of PFAS. For example, the pH can affect the charge of the PFAS
188 molecules and the surface charge of the filter media, altering the adsorption capacity of the
189 filter (**Julie et al., 2023**). A high salt concentration in the stormwater runoff can affect the PFAS
190 adsorption by the filter media (**Song-Thao et al., 2021**). Similarly, the presence of DOC can
191 compete with PFAS for adsorption sites on the filter media, reducing the removal efficiency of
192 PFAS.

193 **4.2. Design conditions affecting the transport and removal**

194 To effectively remove PFAS in stormwater biofilters, it is essential to consider design
195 conditions. One significant design factor is the amount of amendment added to the filter

196 media, which can influence the filter's ability to adsorb PFAS. While higher amendment
197 amounts can enhance PFAS removal efficiency, they can also increase costs. The depth of the
198 biofilter media is another crucial factor that can impact PFAS transport and removal. While a
199 deeper media can increase PFAS removal efficiency by extending contact time, it may also
200 increase pressure drop and lead to clogging (**Delhoménie et al., 2003**). The flow rate of
201 stormwater through the biofilter is also a critical design condition affecting PFAS removal
202 efficiency. A higher flow rate can reduce contact time and decrease PFAS removal, while a
203 lower flow rate can lead to clogging⁸³. Catchment area of the STS can influence the PFAS
204 removal capacity, with a larger system relative to the catchment area, those are the systems
205 receiving the smallest volume per m² having a higher K (Hydraulic Conductivity) value⁸⁴.
206 Therefore, optimizing these design conditions is essential to effectively removing PFAS from
207 stormwater runoff in biofilters.

208 **5. Amendments for stormwater treatment**

209 **5.1. Biochar**

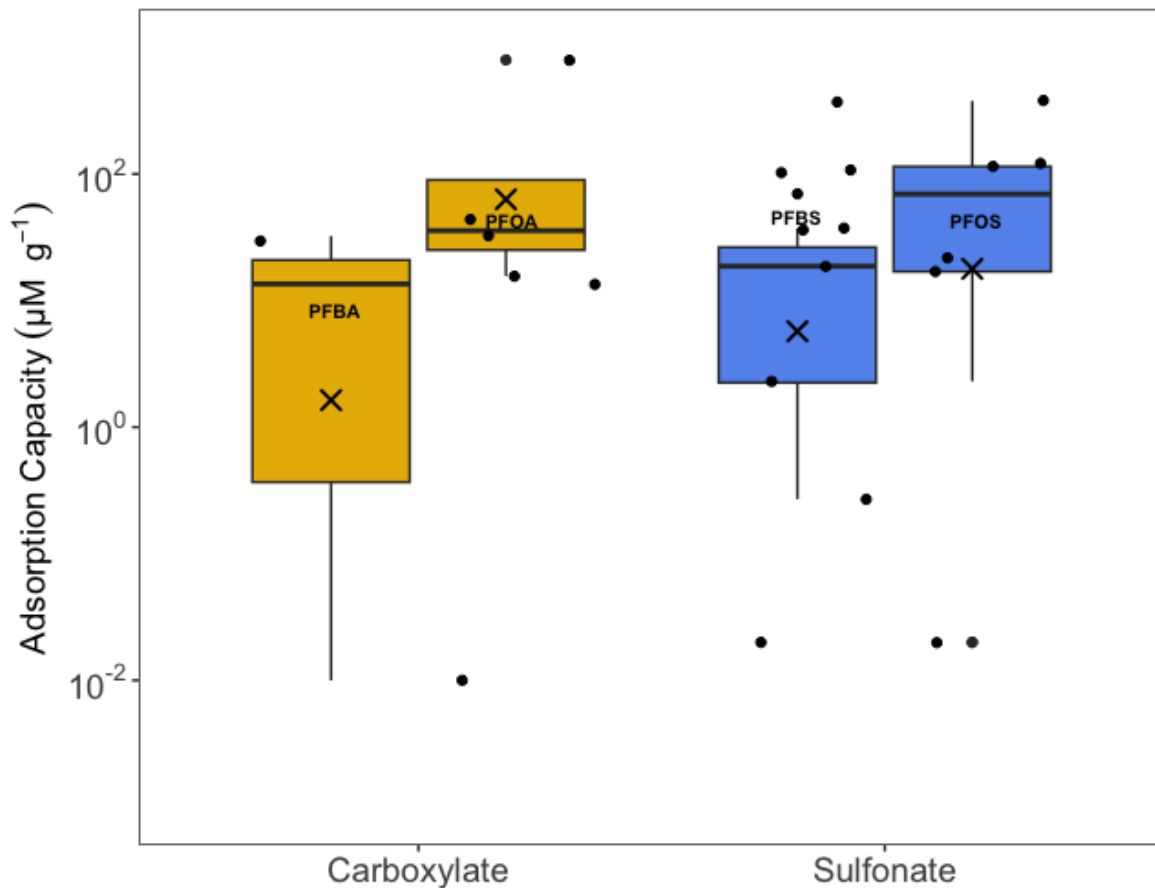
210 Biochar produced at high temperatures and with high surface area has been found to
211 have a greater capacity for PFAS adsorption from stormwater run-off. It is a cheap, natural, and
212 environmentally friendly amendment⁸⁵. The adsorption capacity of biochar for PFAS depends
213 on factors such as the type of biochar, the type of PFAS, and the solution chemistry.

214 Our analysis shows that biochar effectively removed PFAS from stormwater irrespective
215 of PFAS types (Fig. 2) and the removal varied from 3.5×10^{-5} - $795 \mu\text{M}\cdot\text{g}^{-1}$. The data shows that
216 there are higher adsorption (95%) for longer chain (PFOA, PFOS) than short chain (PFBA, PFBS)
217 PFAS in their respective functional groups, which can be attributed to the decreasing polarity
218 with chain length⁸⁶⁻⁸⁸. However, no statistical significance was found between PFCA and PFSA
219 with Tukey test results (p -value 0.72). However, for shorter chains PFSA sorbed more strongly
220 than their PFCA counterpart, because of higher hydrophobicity of PFSA^{89,90}.⁹¹ observed that
221 biochar was more effective in adsorbing short chain PFAS compared to GAC, while the opposite
222 trend was observed for long chain PFAS.

223

224

225



226

227 Figure 2 Adsorption capacity of Biochar based on short chain PFAS as PFBA (C4) and longer
 228 chain PFAS as PFOS(C8) and classified in Perfluorinated Carboxylic acids (PFCA) and
 229 Perfluorinated Alkyl Sulfonates (PFSA)

230 The adsorption of PFAS onto biochar is generally governed by both electrostatic and
 231 hydrophobic interactions^{92,93}. The mechanism of PFAS adsorption onto biochar is thought to be
 232 due to the surface chemistry of biochar, which contains functional groups such as carboxylic
 233 acids and phenols that can interact with PFAS molecules^{94,95}. The high surface area and
 234 porosity of biochar also provide a large surface area for adsorption⁹⁶. Researchers have found
 235 that sorption of organic pollutants increases with an increase in the C-content, as number of
 236 strong sorption sites increases⁹⁷.

237 In practical applications, it has been observed that the adsorption capacities of biochar for PFAS
238 exhibit a significant degree of variability, spanning over two orders of magnitude. Additionally,
239 comparative studies ^{17,91} have indicated that biochar may exhibit relatively lower PFAS
240 adsorption capabilities when compared to alternative adsorbents.

241 Based on our comprehensive literature survey, we have identified several key factors
242 that contribute to the considerable variability observed in biochar's adsorption of PFAS. These
243 factors include the type of feedstock material used, the pyrolysis temperature applied during
244 biochar production, and the resultant surface area of the biochar. The observed variability in
245 adsorption capacities spans a wide range, from 3.5×10^{-5} $\mu\text{mol/g}$ to 795 $\mu\text{mol/g}$. Generally,
246 biochar derived from feedstocks with higher lignin and cellulose content exhibits larger pores
247 and a greater surface area, which, in turn, enhances its capability for adsorbing PFAS ⁹⁷. We
248 were unable to locate any specific study that directly reported the impact of ash content on the
249 adsorption of PFAS. However, it was observed that feedstocks with high organic matter content
250 tended to yield biochar with relatively low adsorption capacity. This outcome can be attributed
251 to the abundance of organic matter present, which has the potential to bind to the pores of the
252 biochar and impede its adsorption capacity by causing pore clogging ⁹⁷. Raising the pyrolysis
253 temperature can produce biochar with a greater capacity for PFAS adsorption by enhancing
254 surface area and more micropores, which offer a larger surface area for adsorption. Further,
255 the water and volatile organic components in the feedstock are also more completely removed
256 at higher temperatures, which can increase the stability and carbonaceous content of the final
257 biochar product ⁹⁸ and enhance PFAS removal performance. However, extremely high pyrolysis
258 temperatures (>900° C) could limit PFAS sorption by destroying the micropores porosity and

259 eventually the surface area^{99,100}. Moreover, it should be noted that extremely high pyrolysis
260 temperatures can lead to the degradation of organic functional groups within the biochar.
261 These functional groups play a significant role in contributing to the adsorption capacity of the
262 biochar. Therefore, the degradation of these functional groups at excessively high temperatures
263 can lead to a reduction in the biochar's overall adsorption capacity⁹⁵. The pH level of the
264 solution also plays a notable role in the sorption of PFAS onto biochar. It has been generally
265 observed that a decrease in pH corresponds to an increase in sorption, particularly when the
266 adsorption process is not primarily governed by hydrophobic interactions. In such cases, a
267 lower pH environment promotes greater PFAS sorption onto the biochar surface^{91,93}. This can
268 be explained with the electrostatic interaction which is enhanced at low pH resulting in higher
269 sorption onto biochar. It has been generally demonstrated that dissolved organic carbon (DOC)
270 has a negative impact on PFAS adsorption. This effect can be attributed to two potential
271 mechanisms. Firstly, the presence of DOC can competitively sorb onto the biochar surface,
272 limiting the available sorption sites for PFAS. Secondly, DOC may act as a blocking agent,
273 physically obstructing the sorption sites on the biochar surface, thereby hindering the sorption
274 of PFAS molecules^{101,102}.

275 Biochar has the potential to immobilize PFAS in soil, but the degree of immobilization can vary
276 significantly depending on factors such as the type of PFAS, the characteristics of the sorbent
277 material, and the chemical properties of the soil¹⁰³. Based on our findings, it can be concluded
278 that the impact of biochar on PFAS adsorption exhibits a high degree of variability. However,
279 identifying the appropriate biochar type can prove to be extremely beneficial for remediation
280 efforts at PFAS-impacted sites.

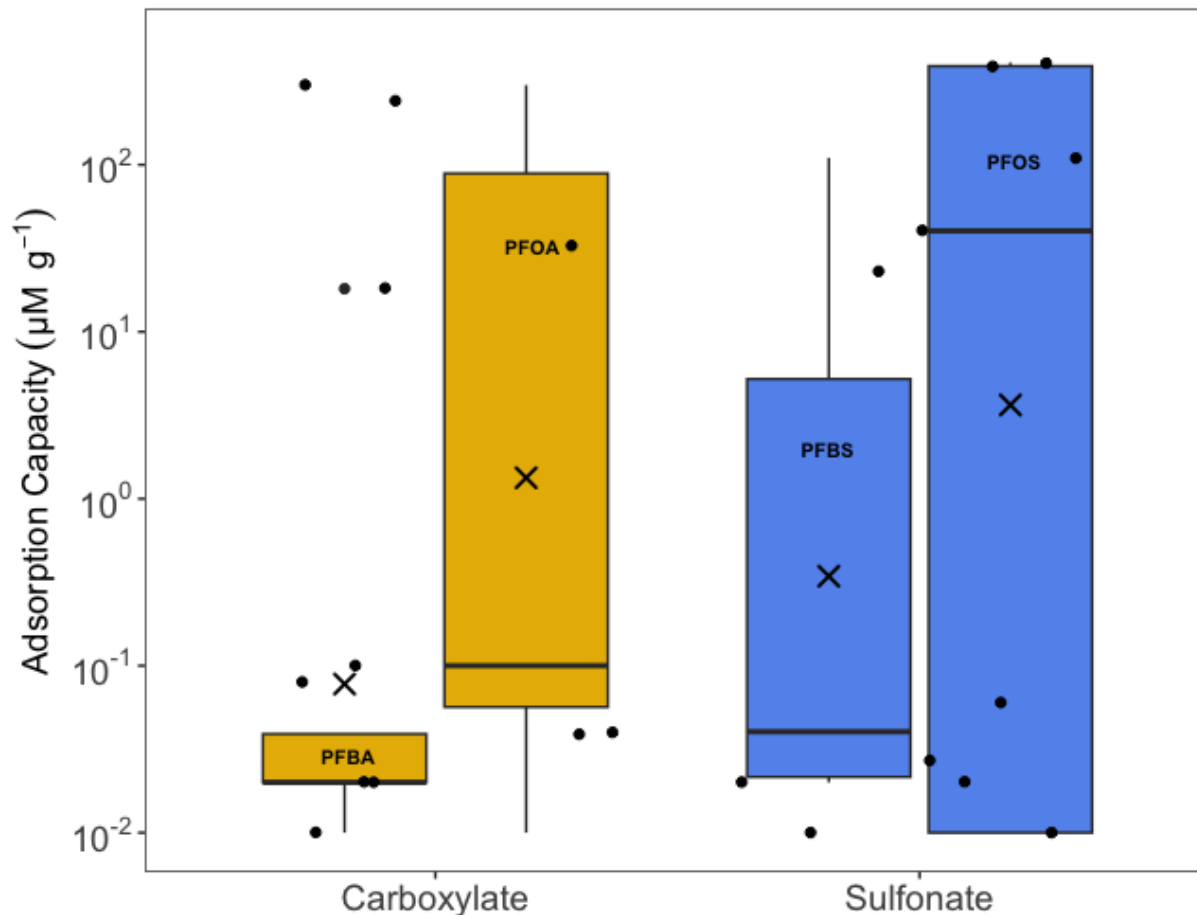
281 Future studies can be directed towards investigating modified biochar, as we see in some cases
282 where lab grade and commercial biochar outperforms GAC in PFAS adsorption efficiency ¹⁷.

283 **5.2. Granular activated carbon**

284 Granular Activated Carbon (GAC) is a highly porous material made from carbon rich organic
285 resources is found to be highly effective in treating certain PFAS species ^{104,105}.

286 Due to its high surface area, porosity, ability to fix surface charge based on manufacturing
287 process, and long-term durability if regularly maintained makes GAC an extremely effective
288 filter media. It can be used in several ways when used as a stormwater biofilter media for
289 removal of PFAS ⁷⁷. GAC can be used as an infiltration media, where the stormwater runoff first
290 passes through a layer of GAC before infiltrating the soil for groundwater recharge ¹⁰⁶. It can
291 also be used as a filtration media where the runoff is passed through layers of GAC and sand to
292 remove PFAS and suspended particles respectively. Next application comes as an amendment
293 to the soil media, to enhance the immobilization of PFAS as well as providing physical filtration
294 ¹⁰⁷.

295 We evaluated 22 studies and found relevant data in 8 studies to determine the
296 adsorption capacity of long and short chain PFAS, that showed varying adsorption capacities.



297
 298 Figure 3 Adsorption capacity of GAC based on short chain PFAS as PFBA (C4) and longer chain
 299 PFAS as PFOS(C8) and classified in Perfluorinated Carboxylic acids (PFCA) and Perfluorinated
 300 Alkyl Sulfonates (PFSA)

301 Fig. 3. illustrates the adsorption capacity of short and long chain PFCA and PFSA. We
 302 notice that GAC exhibits poor performance in the removal of short chain PFAS. This can be
 303 attributed to the fact that shorter-chain PFAS compounds are generally more hydrophilic,
 304 leading to reduced adsorption capacity when interacting with hydrophobic adsorbents such as
 305 GAC ⁶⁸. Even though we observe a high degree of removal in some cases of PFOA and PFOS,
 306 these were mainly attributed to extremely high sorption time, of at least 168 hours ¹⁰⁸ or the
 307 GAC had being modified to a regenerable magnetic AC ¹⁰⁹. A p-value of 0.42 between the PFCA
 308 and PFSA indicates that there is no statistical significance in the removal capacities in these

309 functional groups. Based on our survey, we have observed a wide range of PFOS adsorption
310 capacities, spanning from 0.01 $\mu\text{mol/g}$ to 390 $\mu\text{mol/g}$. This significant variability is hypothesized
311 to be influenced by the manufacturing processes employed for GAC production. Furthermore,
312 the adsorption of PFAS onto GAC is affected by various intrinsic factors. pH levels, ionic
313 strength, and specific properties of the GAC material itself all play important roles in
314 determining the extent of PFAS adsorption.

315 Most studies^{91,108,109} reported a negative relation between increase in pH and sorption
316 capacity. This is particularly due to pK_a of certain PFAS and their increase in electrostatic
317 interaction with GAC with a decrease in pH. ¹¹⁰ reports that ionic strength comes into effect,
318 and is enhanced in systems with competing ions, that facilitate aggregation via divalent cation
319 bridging effect and charge neutralization. Predominantly, the ionic strength effect keeps
320 decreasing with an increase in PFAS chain length as the adsorption mechanism is favored by
321 hydrophobic interactions in case long chain PFAS ¹¹¹. One of the most important characteristics
322 for determining the adsorption of PFAS onto GAC is the pore distribution. ^{112,113} report that the
323 presence of meso- and macro- pores, help in the adsorption of long chain PFAS. Presence of
324 organic matter had varying results on the adsorption of PFAS, hence no conclusive inference
325 could be drawn. However, ¹¹⁴ suggests that performance of bituminous based GAC had a
326 reduced influence by varying DOC content. These factors indicate that, even though GAC can be
327 useful at decreasing the concentration of PFOA and PFOS in water, it is quite unreliable for
328 eliminating a wide range of PFAS.

329 It is crucial to address the knowledge gaps pertaining to the use of GAC as a potential
330 adsorbent, particularly considering its relatively low adsorption capacity for short-chain PFAS.
331 Future studies can focus on exploring modification methods aimed at enhancing the adsorption
332 of these PFAS species, given their significant prevalence in stormwater (Fig. 1.B.).

333 **5.3. Ion exchange resin**

334 Ion exchange resins are solid, porous, insoluble substances that are frequently employed
335 in water and wastewater treatment procedures to exchange or remove certain ions from a
336 solution. IX resins can be utilized in the wastewater treatment process to eliminate certain
337 pollutants or trace contaminants including various PFAS from drinking water sources and
338 effluent streams.

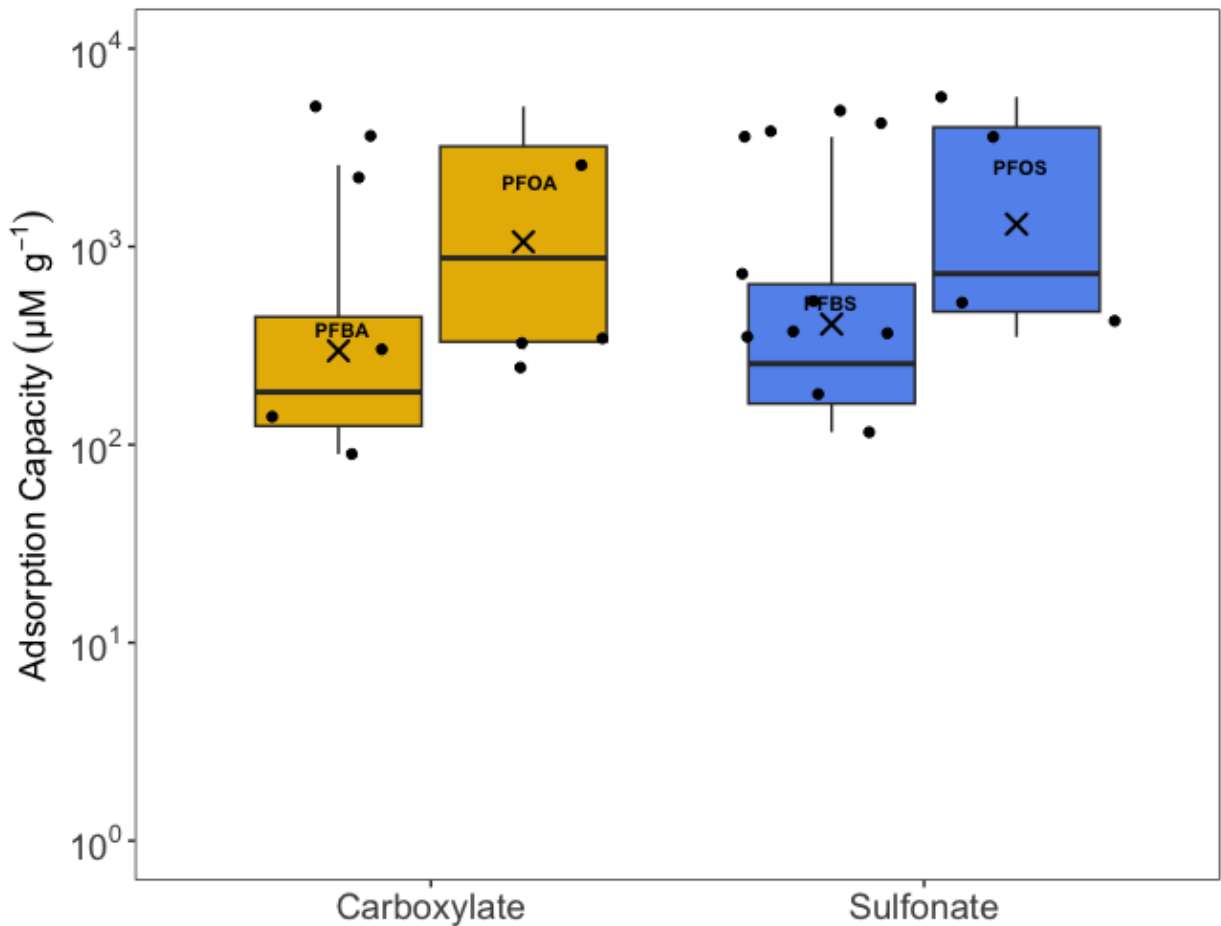
339 Due to the negative charge of anionic PFAS, they may be selectively adsorbed onto the
340 resin, as it has been observed that anion exchange resins are very effective in eliminating PFAS
341 compounds. The utilization of ion exchange (IX) in filter systems offers a notable advantage in
342 the form of the regeneration process. Particularly in the realm of stormwater biofilters, where
343 the dependability of treating runoff assumes significant importance, the ability to regenerate
344 the resins proves highly advantageous ¹¹⁵.

345 The mechanism of PFAS removal from water using ion exchange resins involves a dual
346 mechanism with selective adsorption of PFAS onto the anion exchange resin, mostly governed
347 by hydrophobic and electrostatic interactions ¹¹⁶ and exchange of ion, because of both these
348 mechanism working at play IX resins have an increased PFAS removal ^{117,118}. Aggregation may
349 play an important role in the adsorption of long chain PFAS like PFOA and PFOS at active sites

350 that are favored by hydrophobic interactions ¹¹⁹. Positively charged functional groups found in
351 anion exchange resins enable the attraction and exchange of negatively charged ions. The
352 adsorption process is highly selective, meaning that certain types of PFAS compounds will be
353 preferentially adsorbed over others, depending on the resin chemistry ¹²⁰.

354 Looking at data from 6 studies, we observed the adsorption capacity of AE resins and
355 found very effective removal of PFAS.

356



357

358 Figure 4 Adsorption capacity of Ion Exchange Resin based on short chain PFAS as PFBA (C4) and
359 longer chain PFAS as PFOS(C8) and classified in Perfluorinated Carboxylic acids (PFCA) and
360 Perfluorinated Alkyl Sulfonates (PFSA)

361 The sorption capacity of ion exchange resin in the adsorption PFAS is depicted in Fig. 4.
362 Upon initial examination, it is evident that the adsorption capacity of the IX resin is notably
363 superior to that of any other adsorbents studied. One of the main takeaways from this data is
364 the extent of removal of short chain PFAS, that other carbon-based adsorbents are unable to
365 do. No statistical significance was observed between the removal of PFCA and PFSA with a p-
366 value of 0.56 between the two groups and no significant difference was found with the
367 functional group associated with the resin. However, IX resins showed the least variability when
368 compared with other adsorbents. The utilization of quaternary ammonium functional groups as
369 the preferred choice of resin functional group for PFAS adsorption has been consistently
370 observed across various studies. Several significant reasons can be hypothesized to support this
371 choice. Firstly, quaternary ammonium functional groups possess a positive charge, enabling
372 them to form strong interactions with the negatively charged PFAS molecules. Furthermore,
373 these functional groups exhibit high stability, allowing them to withstand harsh conditions
374 including elevated temperatures, extreme pH levels, and exposure to organic solvents ¹²¹. This
375 allows for repeated use and regeneration of the resin ¹¹⁸, resulting in lower costs and
376 environmental impact, which makes it a sustainable choice for incorporating IX resins in green
377 infrastructure for treating surface runoff. In addition, quaternary ammonium functional groups
378 exhibit significant hydrophobicity, implying a low affinity for water and a high affinity for non-
379 polar compounds ¹²². This allows for efficient adsorption of the highly hydrophobic PFAS
380 molecules. Finally, quaternary ammonium functional groups being a strong exchange group
381 have a low tendency to leach out from the resin, resulting in lower potential for secondary
382 contamination of the water ¹²³. This is important for the removal of PFAS, which are persistent

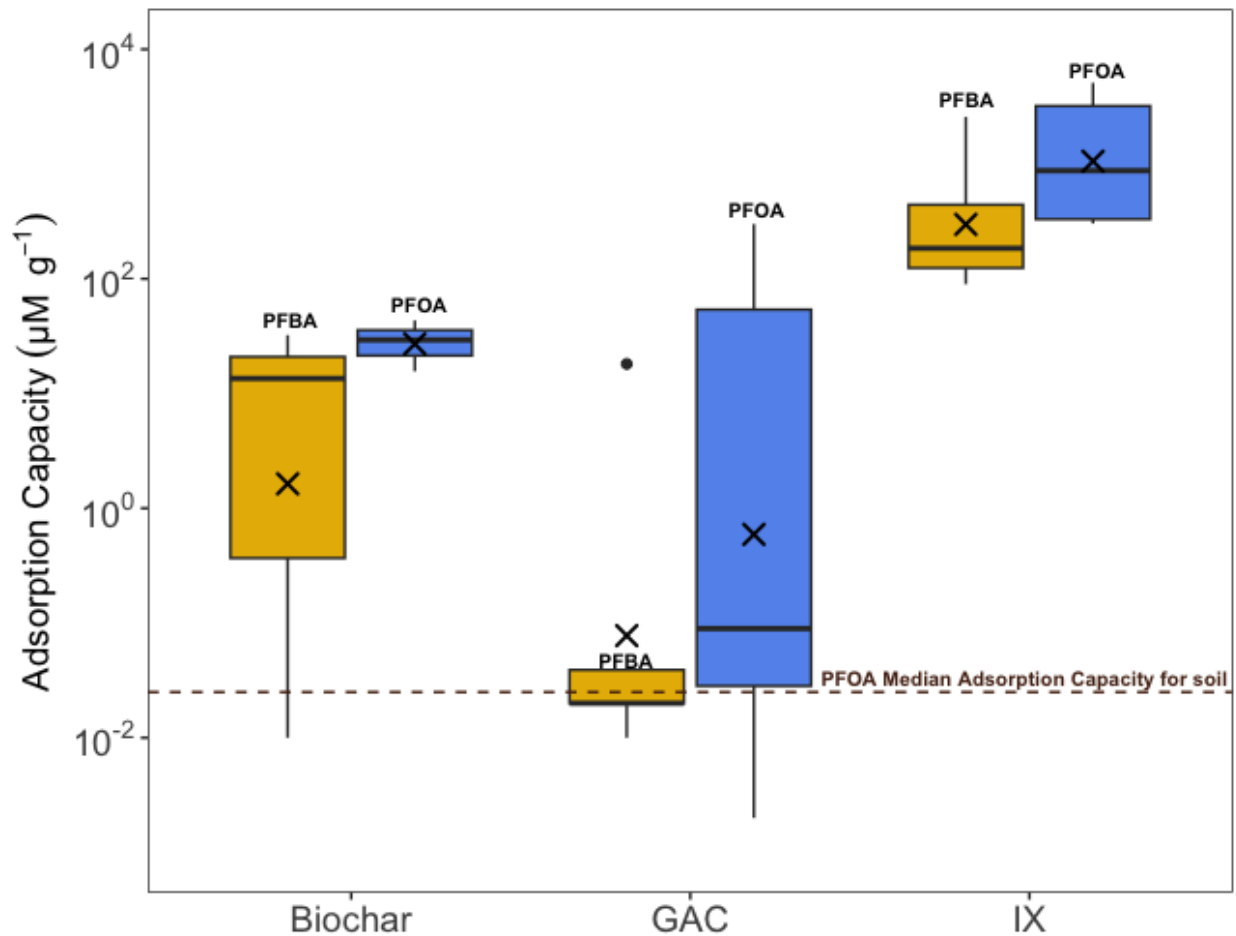
383 and bio-accumulative in the environment ^{124–126}. ¹²⁷ shows how resin matrix has significant
384 effect on the sorption of PFAS. Resins with a hydrophilic matrix showed higher sorption kinetics
385 for long chain PFOS. The high removal capacity for IX resins can be attributed to several factors.
386 Firstly, anion exchange resins are highly selective for anionic PFAS compounds and can
387 specifically attract and exchange these ions resulting in high removal efficiency ¹²⁸. Secondly,
388 ion exchange resins have a high adsorption capacity for PFAS compounds, which allows them to
389 adsorb a significant amount of PFAS from water before reaching saturation ^{15,17}. This enables
390 for enhanced efficient and cost-effective treatment, as the resin can be used for a longer period
391 before requiring regeneration. Hydrophobicity plays a crucial role in determining the sorption
392 of PFAS onto resins. ¹¹⁹ highlights that highly hydrophobic resins performed much better than
393 low or no hydrophobic resins, which may depend on the species of PFAS present. The
394 decreased solubility of highly hydrophobic PFAS compounds in water can result in the
395 formation of PFAS aggregates or clusters. These clusters can adversely affect the effectiveness
396 of adsorption by resin-based systems. The presence of PFAS aggregates can hinder the access of
397 the resin to individual PFAS molecules, reducing their availability for sorption onto the resin
398 surface. As a result, the adsorption capacity of the resin may be impacted, potentially leading to
399 decreased efficiency in removing PFAS contaminants from water.

400 One of the key factors that makes ion exchange resins highly advantageous is their
401 regenerability. Once saturated with PFAS compounds, IX resins can be effectively regenerated
402 ¹¹⁵, enabling their reuse and minimizing waste generation. This regenerative capability not only
403 ensures a more sustainable and cost-effective approach but also contributes to environmental
404 conservation by reducing the overall disposal of used resins. In addition, as per life cycle

405 analysis (LCA) studies, the production process of IX resin has been identified as a crucial step
406 with significant environmental impacts. It has been found to contribute to various
407 environmental factors, including global warming potential, carcinogenicity, ecotoxicity,
408 eutrophication, and acidification ²⁶. Regeneration is typically achieved using a concentrated salt
409 solution or other strong anion, which displaces the PFAS molecules from the resin and releases
410 them into the regeneration solution ¹¹⁶. These make AE resins much more suitable, both
411 functionally and economically for treating PFAS from stormwater runoff. Future studies can
412 look at advanced adsorbent regeneration methods, as traditional techniques require great
413 amount of organic solvents, which becomes a challenge from both, an economic and
414 environmental perspective ¹⁷.

415 **5.4. Feasibility and application of the amendments**

416 Comparing all amendments, Fig. (5) highlights ion-exchange resins to have the highest
417 adsorption capacity. However, practical application necessitates considering a multitude of
418 factors that impact not only PFAS removal but also the development of an economical and
419 reliable system.



420
 421 Figure 5 Adsorption capacity of PFCA (PFOA and PFBA) by different adsorbents- Biochar, GAC,
 422 and Ion-Exchange Resin. The brown dashed line represents the median PFOA adsorption
 423 capacity for soil without any amendments.

424 Stormwater Treatment Systems (STS) should be designed keeping several factors in
 425 consideration. Use of adsorbents in the treatment system depends on adsorption capacity,
 426 variability, leaching behavior, material cost, availability, and reusability. While designing BMP
 427 for STS, it is important to understand the soil chemistry and presence of co-existing ions, as
 428 they can highly influence in the adsorption of not only PFAS but other pollutants of interest ¹²⁹.

429 Considering the poor removal of PFAS by soil (Fig. 5.), we propose amending the soil,
 430 while establishing green infrastructure such as stormwater biofilters with either one or a

431 combination of adsorbents specific to the site. For example, if a site has a contamination of a
432 relatively higher concentration of shorter chain PFAS, it would be cognizant to consider using
433 IX-Resin despite the cost, as other adsorbents governed by hydrophobic interaction would fail
434 to remove short chain PFAS. Comparing different adsorbents, we can see that biochar and GAC
435 has a wide variability for its adsorption capacity (Fig. 5.). Even though, they have sufficient
436 removal capability for long chain PFAS, they fail to remediate short chain PFAS. Hence, it is
437 crucial to consider the target PFAS before considering these amendments for the STS.

438 Desorption of PFAS from the adsorbents is another factor that must be considered, as
439 they can serve as secondary sources of contamination. There are two scenarios in which
440 leaching should be considered for adsorbents: during service to prevent degradation of runoff
441 quality and after disposal in landfills. Adsorbents with low leaching potential should be
442 preferred for practical use ¹²⁹. Long-term studies to determine leaching potential are rarely
443 used due to lengthy experiment durations. Hence, evaluating chemical leaching during disposal
444 is crucial to prevent secondary pollution. Leaching tests ¹³⁰ can rapidly assess chemical leaching
445 in different situations. Once adsorption and leaching evaluations are passed, the adsorbents
446 can be recommended for use in stormwater treatment.

447 When selecting amendments, it is important to consider the proximity of local sources
448 as it can affect the delivery and shipping costs. To avoid prohibitive costs, it is recommended to
449 opt for more cost-effective options that can still deliver the desired level of treatment for the
450 targeted PFAS.

451 However, to our knowledge there is no guidance to use of amendments in STS for PFAS
452 treatment, hence we have tried to summarize some critical information (Table 1.) to help BMP
453 designers make a more informed decision for remediation.

Table 1. Cost, availability, and feasibility of different adsorbents for PFAS removal in Stormwater treatment systems.

Adsorbent	PFAS adsorption capacity ($\mu\text{mol/g}$)	Material Cost (USD/Ton)	Accessibility	Advantage	Challenges
Biochar	0.00008-795.73	350-1,200 ^a	Locally produced; Easy to obtain	Cheap, easily available, environmentally friendly	Biochar feedstock and pyrolysis temperature can greatly impact adsorption capacity, hence quality control is difficult
GAC	0.01-300	2,750 ^b	Widely available, can be easily sourced	Industry standard, hence quality control is maintained	Very poor removal for short chain PFAS
IX-Resin	89.7-5100	17,600 ^b	Sophisticated infrastructure required for manufacturing	High removal capacity, regenerable	Expensive to manufacture and operate. Regeneration becomes a recurring cost

a131

b132

6. Challenges and opportunity

6.1. Variability in adsorption capacity

Although amendments show suitable performance in removing PFAS compared to a control of just sand or soil, their efficacy can be unpredictable (**Fig. 5**). The ability of amendments to remove PFAS can vary significantly depending on the specific type of PFAS, the amendment used, and the environmental conditions of the biofilter system ¹³³. Consequently, when designing best management practices (BMPs), a combination of amendments tailored to the PFAS type at the site may be necessary ¹³⁴. Moreover, the removal capacity of each amendment may vary widely due to differences in preparation and the amount of amendment added to the biofilter ¹³⁵.

6.2. Lack of guidance for amendment use

To our knowledge, there are no guidance for amendment use, when it comes to designing STS for remediation of PFAS, and we have considered multiple factors, such as site assessment to identify target PFAS, possible transport mechanisms to identify source, and suggested remediation techniques.

Our guide also gives an insight to pragmatic factors that are important to consider, such as recurring costs, availability, and regeneration capability, for designing cost prohibitive STS. On selection on amendment, it can be incorporated in the design to meet local design factors and regulations, before installation.

6.3. Disconnect between lab and field studies or lack of testing in field

In laboratory studies, amendments are often evaluated based on their ability to adsorb PFAS, which is measured as the maximum amount of pollutant that can be removed per unit mass of amendment before it is saturated. However, while this adsorption capacity can be used to compare different amendments, it may not accurately reflect their performance in bioretention systems, as the actual removal of contaminants can be influenced by factors such as hydraulic residence time and other constituents present in the stormwater¹³⁶. If the hydraulic retention time is reduced or the infiltration rate of stormwater is increased, the ability of pollutants to be adsorbed may be significantly impaired, regardless of their adsorption capacity¹³⁷. Along with that, amendments may experience reduced adsorption of PFAS and other contaminants in the presence of dissolved organic carbon and salts that are in a dissolved state¹³⁸. Hence, it is important for laboratory experiments to take such factors into consideration, to replicate a practical functioning of the amendments to adsorb PFAS.

These factors make it important to have field conditioning for laboratory experimenting while designing BMP of STS amendments. For future studies, we recommend looking at pilot scale studies with standardized testing procedures.

6.4. Cost benefit analysis

The cost of amendments plays a critical role in their practical use for stormwater treatment systems, regardless of their effectiveness. Waste biomass-derived materials like compost or biochar are generally less expensive than surface-functionalized amendments such as IX resins (Table 1). Therefore, even if a novel amendment can efficiently remove

contaminants, it may not be suitable for field applications if it is not cost-effective. Shipping costs also impact the overall cost of amendments, and using a local source for a specific amendment can considerably reduce its application costs ¹³⁹. Thus, conducting cost-benefit and life-cycle analyses is essential to inform regulatory agencies of the potential benefits that can be realized by using these amendments in stormwater management.

6.5. Future Studies

This review has looked at existing adsorbents available and tried to draw a comparison to choose the best option. Future studies can focus on new engineered materials such as Zeolite and try studying the sorption kinetics of PFAS onto them. Recommendations for frameworks to be set up based on soil chemistry, PFAS species, and adsorbent availability can also be suggested as we see from this study that PFAS adsorption can be highly variable based on certain factors, and finding correlations between the variables could be considered BMP for setting up stormwater biofilters. They should also investigate interfacial properties of PFAS, in stormwater infrastructure and desorption of PFAS species from the adsorbents, to prevent secondary sources of contamination. Another vital challenge we face in this area is, adsorption selectivity. NOM in water competes with adsorption of PFAS onto adsorbents ¹⁴⁰, along with presence of other salts and other anions that reduce the adsorption capacity of the amendments. To maximize removal of PFAS and other contaminants from stormwater runoff, conventional standalone media might not be enough to achieve high contaminant removal. Hence, more studies should be looked into composite engineered media, that utilizes coating, doping, or other surface enhancements to take advantage of not only hydrophobic interactions,

but electrostatic interactions as well ¹⁴¹. This may enhance the treatment life of the system as well, by requiring less replacement of amendment, once the adsorbent is oversaturated. The implementation of this new approach has the potential to convert conventional STS into a feasible and cost-effective solution for stormwater treatment.

7. Conclusion

The occurrence of PFAS in stormwater can be attributed to multiple factors, and its transport makes it ubiquitous and essential to be treated to prevent contamination. Current soil stormwater treatment system is ineffective in removing the PFAS species, especially short chain PFAS. Biochar, GAC, and IX Resins are investigated as potential amendments to add to STS, that significantly improves the removal of several PFAS species. Biochar is an inexpensive method that improves long chain PFAS removal but fails to remove short chain, whereas GAC shows high variability for removal which makes it unreliable. Ion-Exchange resins on the other hand shows high removal of PFAS for both short and long chains but is significantly more expensive to implement. These factors make it necessary for sites contaminated with PFAS to carry accurate investigation, which could help choosing any or few of these amendments in combination to treat PFAS in stormwater.

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