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A preliminary study of cerebral blood flow, aging and dementia in people with Down syndrome

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Abstract

Background—People with Down syndrome (DS) develop Alzheimer's disease (AD) at an earlier age of onset than those with sporadic AD. AD neuropathology is typically present in DS by 40 years of age with an onset of dementia approximately 10 years later. This early onset is due to the overexpression of amyloid precursor protein from the third copy of chromosome 21. Cerebrovascular neuropathology is thought to contribute in 40–60% of cases sporadic AD. However, the vascular contribution to dementia in people with DS has been relatively unexplored. We hypothesised that vascular perfusion is compromised in older adults with DS relative to younger individuals and is further exacerbated in those with dementia.

Method—Cerebral blood flow (CBF) was measured using pulsed arterial spin labelling in 35 cognitively characterised adults with DS (26–65 years). DS participants were also compared with 15 control subjects without DS or dementia (26–65 years). Linear regression evaluated the difference in CBF across groups and diagnosis along with assessing the association between CBF and cognitive measures within the DS cohort.

Results—Cerebral blood flow was significantly lower among DS participants with probable AD compared with controls (P = 0.02) and DS participants with no dementia (P = 0.01). Within the DS cohort, CBF was significantly associated with the Severe Impairment Battery (SIB) measure and the Dementia Questionnaire for People with Learning Disabilities (DLD) rating ($F_{3,25} = 5.13$; P =

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Conflict of Interest

No conflicts of interest have been declared.

0.007). Both the SIB ($\beta = 0.74$; t = 2.71; P = 0.01) and DLD ($\beta = -0.96$; t = -3.87; P < 0.001) indicated greater impairment as global CBF decreased. Age was significantly associated with CBF among participants with DS. There was a non-linear effect of age, whereby CBF declined more rapidly after 45 years of age.

Conclusions—This preliminary study of CBF in DS indicates that cerebrovascular pathology may be a significant contributor to dementia in DS. CBF was associated with diagnosis, cognition and age. Notably, CBF decreases at a greater rate after age 45 and may represent a significant prodromal event in AD progression.

Keywords

aging; Alzheimer's disease; cerebral blood flow; Down syndrome; neuroimaging

1. Background

Down syndrome (DS) occurs in 1 in 700 live births in the United States (Parker *et al.* 2010) with 95% of infants born with an extra copy of chromosome 21 (Mutton *et al.* 1996). The amyloid precursor protein is located on chromosome 21 (Tanzi *et al.* 1987). Triplication of chromosome 21 yields a 1.5-fold increase in amyloid-beta (A β) protein (Oyama *et al.* 1994; Prasher *et al.* 1998). Increased expression of amyloid precursor protein is thought to cause the accumulation of neurofibrillary tangles and neurotic plaques (Citron *et al.* 1992; Selkoe 1994), the characteristic neuropathology observed in Alzheimer's disease (AD).

Due to improved life expectancy, AD is a concern for individuals with DS and their caregivers. Life expectancy for individuals with DS has increased dramatically over the last few decades (Yang *et al.* 2002; Glasson *et al.* 2003; Presson *et al.* 2013). Through the 1970s, the average age of death was 10 years, but over the past four decades, life expectancy for a person with DS had increased to 50 years (Presson *et al.* 2013). Now that individuals with DS are living longer, dementia and AD are a new concern.

Researchers have observed that by age 40 years individuals with DS have significant ADrelated neuropathology (Wisniewski *et al.* 1985; Lemere *et al.* 1996). Despite significant AD pathology by age 40, most individuals with DS are not diagnosed with AD until the age of 55 (Sinai *et al.* 2018). Moreover, despite AD-related pathology not everyone with DS had a dementia diagnosis (Castro *et al.* 2017). Early identification of AD pathology in DS has the potential to elucidate possible targets for intervention and shorten the delay between pathology and clinical diagnosis. Furthermore, identifying factors associated with dementia in DS may help determine why some individuals do not develop dementia.

One such factor might be cerebrovascular disease. Cerebrovascular disease is a comorbidity that could accelerate disease progression and emergence of clinical symptoms (Snyder *et al.* 2015). In individuals without DS, 5.7–45% exhibited AD with cerebrovascular disease (Jellinger 2013). Additionally, decreased cerebral blood flow (CBF) has been observed prior to A β accumulation in mouse models (Koike *et al.* 2010; Garcia-Alloza *et al.* 2011). However, it is unclear if hypoperfusion is a cause or consequence of AD (Mazza *et al.* 2011).

Other health conditions are common risk factors for cerebrovascular disease and AD. Epidemiological studies show that risk factors for vascular diseases, including hypertension, diabetes, hypercholesterolemia, hyperhomocysteinemia and the apolipoprotein-003*B*54 genotype, are also risk factors for AD (de la Torre 2002). In an autopsy study of AD and non-AD cases, atherosclerosis-induced hypoperfusion was significantly associated with AD pathology (Roher *et al.* 2003). Shared risk factors could yield shared pathophysiological mechanisms.

Down syndrome is a unique population in which to study the relationship between CBF and AD. First, AD pathology in DS is age dependent. Thus, within cohorts of people with DS age is a strong surrogate indicator of disease progression. Second, individuals with DS are protected against many of the vascular risk factors that are associated with CBF and AD. Specifically, individuals with DS do not exhibit atheroma and have lower blood pressure than similarly aged adults without DS (Murdoch *et al.* 1977; Brattström *et al.* 1987; van de Louw *et al.* 2009). Thus, measuring CBF in individuals with fewer vascular risk factors may help elucidate the relationship between global CBF and AD.

The objective of the current study is to determine the association between age and CBF in individuals with DS. Age and CBF were of primary interest due to previously reported relationships in AD. To this end, the relationship between CBF and clinical diagnosis was first determined in people with and without DS. Next, we determined the degree of association between age, clinical scores and CBF within the DS cohort.

The first aim assessed the relationship between CBF and diagnosis in people with DS, with and without AD, and compared these results to those of typically developing controls without AD. We hypothesised that CBF will be lower overall among people with DS compared with controls and further decrease with AD diagnosis. Secondarily, we measured the degree of association between clinical scores and CBF within the DS cohort. We hypothesised that clinical scores will show increasing impairment with decreasing CBF, indicating greater cognitive dysfunction. The final aim addressed how CBF changes with age. Specifically, linear and non-linear models assessed whether CBF decreases constantly with increasing age.

2. Methods

2.1. Participants

Arterial spin labelling (ASL) measures were collected from a single visit during an ongoing longitudinal study of aging in DS (Powell *et al.* 2014). We recruited participants older than 25 years through local DS support groups and residential facilities primarily in Kentucky, Indiana and southern Ohio. Non-DS control participants were recruited from the general population through flyers and personal contacts. These controls were free of neurological and psychiatric medical conditions. Selection of these participants was first based on the age distribution of the participants with DS such that controls ranged in age from 25 to 59 and were ± 3 years of age from a DS participant. After age frequency matching, they were then selected based on the gender distribution of the DS sample. The study was approved by a university Institutional Review Board.

Because thyroid dysfunction is common in individuals with DS, we included these participants if their thyroid hormone levels were medically controlled. People with DS who were demented and may have been prescribed AD medications, and these individuals were also included in the study. Participants were excluded from the current analysis if they had active and unstable medical conditions (e.g., cardiovascular complications).

Dementia diagnosis was determined through a consensus review of each participant. Medical records were also reviewed to identify medical conditions and level of intellectual disability. The expert panel consisted of two neurologists and two psychologists using NINCDS-ADRDA criteria for dementia (McKhann *et al.* 2011). DS participants were classified as having no dementia, indeterminate dementia or dementia. Those with indeterminate dementia were individuals who were demonstrating cognitive and/or functional declines that were not sufficiently severe enough reach the probable dementia level or had other contributing factors (e.g. life event and medical condition). The study cohort included 35 adults with DS with 7 people meeting criteria for dementia (DSAD+) (Table 1). Upon request, 13 (37%) participants were provided with lorazepam (1 or 2 mg) to manage claustrophobia during magnetic resonance imaging scanning. Because lorazepam has been shown to decrease global CBF (Matthew *et al.* 1995), we evaluated whether there was any difference in lorazepam use across DS groups or any association with age. There was no association between lorazepam usage with DS groups or age. Thus, lorazepam was not included as a covariate in the analyses.

Cognitive impairment was measured using informant and cognitive assessments. Dementia Questionnaire for People with Learning Disabilities (DLD) was collected as an informant rating of dementia (Evenhuis 1996). Two primary cognitive measures were also conducted during the study visit: the Severe Impairment Battery (SIB) (Panisset *et al.* 1994) and Brief Praxis Test (BPT) (Dalton 2008).

We also recruited 15 age-matched and gender-matched (by frequency matching) non-DS control participants (CTL). CTLs reported no history of significant neurologic, cardiovascular or psychiatric disorders and had no evidence of dementia. All participants completed informed written consent or assent with guardian consent for the DS participants. The study and research procedures were approved by the University of Kentucky Institutional Review Board.

2.2. Neuroimaging

Magnetic resonance imaging experiments were performed using a 3 T TIM Siemens MR scanner at the Magnetic Resonance Imaging and Spectroscopy Center at the University of Kentucky. A three-dimensional (3D) pulsed ASL (PASL) sequence with a gradient and spin echo readout was used for CBF measurement (Alsop *et al.* 2015). The parameters were as follows: TR/TE/TI (inflow time)/TS (clipping saturation time) = 4500/13.04/1900/500 ms, slab thickness = 154 mm, slice-selective labelling gradient = 10 mT/m, matrix = $64 \times 64 \times 44$, field of view (FOV) = $224 \times 224 \times 154$ mm. Nine tagged and untagged data sets were acquired. Five additional M0 images were acquired with no labelling for CBF quantification. DS participants were more likely to move while in the scanner than the control participants; therefore, a minimum number of non-motion corrupted data sets were set in order for the

participant to be included in the analysis. To be included in the analysis, participants were required to have at least six tagged and untagged datasets and three M0 data sets not corrupted by motion artefact. A total of 10 participants did have at least one data set excluded; however, all participants met the minimum criteria to be included in the analysis.

Selected data sets were coregistered using an intensity-based registration algorithm in MATLAB (Mathworks, Natick, MA, USA) before being averaged to yield a tagged, an untagged and an M0 volume for each subject. Quantitative CBF maps (in mL/100 g/min) were calculated using in-house MATLAB software applying the equation (Alsop *et al.* 2015)

 $CBF = \frac{6000 \cdot \lambda \cdot (SI_{untag} - SI_{tag}) \cdot e^{\frac{11}{T_1, blood}}}{2 \cdot \alpha \cdot TS \cdot SI_{M0}},$

where λ is the blood-brain partition coefficient (assumed to be 0.9 mL/g) (Herscovitch and Raichle 1985), SI_{untag} and SI_{tag} are the average signal intensity of the untagged and tagged volumes, respectively, T_{1blood} is the longitudinal relaxation time of the blood (assumed to be 1.65 s at 3.0 T) (Lu *et al.* 2004). SI_{M0} is the average signal intensity of the M0 volumes, and α is the labelling efficiency (assumed to be 0.98 for PASL) (Wong *et al.* 1998).

For CBF analysis, a single return on investment (ROI) encompassing the entire brain volume was drawn manually with the assistance of the in-house MATLAB software. This ROI was drawn using the M0 image for its higher contrast to noise ratio and included grey and white matter (WM) regions, ventricles and cerebellum. Global CBF was calculated as the average of all voxels in the ROI.

2.3. Residual arterial signal scoring

Preliminary observation of the CBF maps revealed that in some subjects a portion of the ASL signal is retained in the large arteries of the brain. The large ASL signal in the arteries gives the appearance of a low-resolution angiogram. An example of minimal, moderate and severe residual arterial signal (RAS) is shown in Fig. 1. To quantify the effect of this RAS, two expert reviewers who were blinded to participant information reviewed the same axial slice from each subject to determine if RAS was severe or not. A third blinded reviewer was consulted in the case of disagreement. The Cohen kappa statistic for inter-observer agreement was $\kappa = 0.79$ (P < 0.001).

2.4. Statistics

Cohen's kappa (Cohen 1960) was used to determine the level of agreement between raters of RAS. The strength of agreement for the kappa statistic are as follows: <0 poor, 0–2 slight, 0.21–0.40 fair, 0.41–0.60 moderate, 0.61–0.80 substantial and 0.81–1.00 almost perfect agreement (Landis and Koch 1977). Chi-squared and one-way analysis of variance (ANOVA) tests evaluated differences in participant demographics. *Post hoc t*-tests with Tukey correction evaluated group differences if ANOVA was significant.

Data for all 49 participants, controls and DS, were analysed using linear regression models to evaluate the relationship between group and CBF, controlling for proportion of total grey

volume. Only DS participants were used in the analyses of CBF with clinical measures. Of the 34 DS participants, four participants were excluded for missing SIB and BPT scores (n = 3) or DLD scores (n = 1). Thus, 30 DS participants were analysed. Multivariate ANOVA assessed whether CBF was significantly associated with clinical scores. Follow-up ANOVAs assessed specific relationships between CBF and cognitive measures, controlling for proportion of total grey volume.

Finally, linear regression also modelled the linear and polynomial effects of age on CBF. All 34 DS participants were included in the analyses. The linear and polynomial models were compared using Akaike information criterion (AIC) and Bayesian information criterion (BIC), the model with the lowest AIC and BIC was considered the model with superior fit. All statistical tests were two-tailed, and the alpha-level was set at 0.05. All analyses were completed in R 3.6.1.

3. Results

A total of 49 participants (n = 34 with DS) completed the neuroimaging protocol. Of the participants with DS, 20 were classified as no dementia (DSnon), 7 diagnosed with indeterminate dementia (DSi) and 7 with probable AD (DSAD). Full participant characteristics are provided in Table 1. Age was significantly different across groups ($F_{3,45} = 7.05$; P < 0.001). DSnon were significantly younger than controls (Mean Difference = -10.77; 95% Confidence Interval (CI): -19.94 to -1.61; P = 0.015) and DSAD (Mean Difference = -18.41; 95% CI: -30.20 to -6.63; P < 0.001). The proportion of male and female participants was not significantly different across groups ($X_3^2 = 6.34$; P = 0.10). There was no significant effect of group on RAS ($X_3^2 = 13.89$; P = 0.14) or lorazepam use within the DS cohort ($X_2^2 = 0.60$; P = 0.69).

Total CBF ($F_{3,45} = 8.09$; P < 0.001) and total grey matter ($F_{3,45} = 9.05$; P < 0.001) were also significantly different across groups. When controlling for total grey matter, there was still a significant effect of group on CBF ($F_{3,44} = 8.22$; P < 0.001) (Fig. 2). DSAD had significantly lower global CBF compared with controls ($t_{44} = -2.96$; P = 0.025; Mean Difference = -10.41; 95% CI: -17.29 to -3.53) and DSnon ($t_{44} = -3.20$; P = 0.013; Mean Difference = -12.02; 95% CI: -19.39 to -6.65). There was a trend for DSAD to have lower global CBF than DSi ($t_{44} = -2.59$; P = 0.06; Mean Difference = -11.80; 95% CI: -20.73 to -2.86). There were no significant differences between controls, DSnon or DSi groups (all $P_8 > 0.05$).

There was a significant effect of group on DLD ($F_{2,30} = 38.53$; P < 0.001), but no significant effect on SIB or BPT (both $P_8 > 0.05$). DSAD had significantly higher DLD scores compared with DSnon (Mean Difference = 34.84; 95% CI: 25.07 to 44.66; P < 0.001) and DSi (Mean Difference = 26.17; 95% CI: 14.87 to 38.56; P < 0.001). There was no significant difference between DSnon and DSi (P > 0.05).

Within the DS cohort, global CBF was associated with clinical scores ($F_{3,25} = 5.13$; P = 0.007) even when controlling for total grey matter volume. Specifically, there was a significant positive association between global CBF and total SIB ($\beta = 0.74$; t = 2.71; P =

0.01) and a significant negative association between global CBF and total DLD ($\beta = -0.96$; t = -3.87; P < 0.001). The significant associations between global CBF and clinical scores are depicted in Fig. 3. Thus, poorer cognitive test scores were associated with lower CBF.

To evaluate the effect of age on CBF in DS, a linear and polynomial model was fit to the data to determine whether CBF changes at a continuous rate with age. Based on AIC and BIC values, the polynomial model (AIC = 240.46; BIC = 248.09) provided the best fit compared with the linear model (AIC 244.77; BIC = 250.87). The adjusted R^2 for the polynomial model was 37.42%. Results for both models are provided in Table 2. Figure 4 depicts the rapid decline in CBF after age 45.

Because RAS could mediate or moderate the relationship between age and global CBF, we examined the relationship between RAS and global CBF. Based on Baron and Kenny's mediation definition (Baron and Kenny 1986), in order for sufficient mediation to be present, three criteria must be met. First, the predictor (e.g. age) must be associated with the mediator (e.g. RAS). Second, the mediator (e.g. RAS) must be associated with the outcome (e.g. global CBF). Finally, the relationship strength between predictor (e.g. age) and outcome (e.g. global CBF) decreases when the mediator (e.g. RAS) is included in the model. To evaluate the relationship between age and RAS, a multinomial regression was used. Both linear and polynomial age were significantly associated with RAS (all $P_s > 0.05$). Overall, with increasing age, the probability of no RAS decreased while mild to severe RAS increased. Global CBF differed across levels of RAS ($F_{3,29} = 3.46$; P = 0.029), controlling for total grey volume. Pairwise comparisons with Tukey correction for multiple comparisons revealed severe RAS had had reduced global CBF compared with mild RAS (t = 2.84; P =0.038; Mean Difference = -11.38; 95% CI: -19.22 to -3.54). While not significant, severe RAS had reduced global CBF compared with no RAS (t = -2.52; P = 0.078; Mean Difference = -11.24%; 95% CI: -19.98 to -2.49). Finally, we evaluated whether the strength of the relationship decreased between age and global CBF when RAS was included in the model. Adding RAS to the model decreased the strength of the relationship between age and CBF, suggesting a partial mediation effect. Results indicated a similar polynomial association between age and global CBF. However, with increasing RAS severity, global CBF was decreased (Table 2; Fig. 5).

4. Conclusions

In this preliminary study, CBF was associated with an AD diagnosis, neuropsychological test scores and age in individuals with DS. The association between global CBF and AD diagnosis supports findings from the typically developing population. For example, a previous study in the typically developing population found lower CBF among those with MCI or AD compared with persons with subjective cognitive complaints (Binnewijzend *et al.* 2013). CBF has also been shown to be lower individuals with AD compared with cognitively normal controls (Schuff *et al.* 2009) (Roher *et al.* 2012). Furthermore, among typically developing individuals, decreased regional CBF was associated with worse clinically relevant outcome measures (Ones *et al.* 2012).

Secondly, the current study found that older individuals with DS demonstrate lower CBF values compared with younger individuals with DS. The age difference in CBF found in the current study supports and extends the existing literature. For example, Puri *et al.* (1994) described a marked decrease in CBF in a 52-year-old person with DS (Puri *et al.* 1994). Further, individuals with DS demonstrate 30% less carotid blood flow and 20% less vascular conductance when compared with individuals without DS (Wee *et al.* 2017). While these prior studies demonstrated reduced CBF in DS, it was unknown whether CBF changes with age in DS. Our findings add to the literature by identifying the non-linear change in CBF with age. Further, this accelerated decline in global CBF after age 45 may represent an early marker of impending dementia.

Previous studies detect region specific decreases in CBF within the precuneus and bilateral parietal cortices (Binnewijzend *et al.* 2013) when comparing individuals with MCI or AD to those with subjective cognitive complaints. Further regional differences were observed when comparing individuals with AD with cognitively normal individuals. The frontal lobe also displays marked decreases in CBF among those with AD compared with controls (Schuff *et al.* 2009). The current investigation found decreases in global CBF among individuals with DS and probable AD. These findings support what has been observed in the non-DS population. Lower CBF is associated with a faster rate of cognitive decline among individuals with AD (Benedictus *et al.* 2017). Importantly, the cross-sectional nature of this study limited our ability to evaluate the rate of cognitive decline. Future longitudinal studies within DS should also evaluate whether lower CBF is not only associated with current diagnosis but rate of conversion.

The current study also found global CBF significantly correlated with clinical measures. Determining the relationship between CBF and cognitive measures adds to the clinical relevance of CBF. Specifically, lower global CBF was associated with greater impairment on a neuropsychological battery (SIB) and informant's report of dementia (DLD). This finding supports previous research in the non-DS population demonstrating associations between CBF and greater cognitive impairment (Roher *et al.* 2012; Okonkwo *et al.* 2014; Wolters *et al.* 2017). Furthermore, the significant association between CBF and clinical measures reinforces the clinical impact of reduced CBF. However, it remains unknown whether the rate of global CBF decrease is a prodromal marker of AD in DS.

Hypoperfusion produces cognitive decline as a result of neurovascular decoupling (Ogoh 2017) and WM compromise (Ota *et al.* 2009). Previous imaging studies demonstrate the effects of vascular compromise on WM health (Pantoni 2002; Wakita *et al.* 2002; Yin *et al.* 2018). Periventricular WM is particularly susceptible to compromised CBF (Pantoni 2002). Chronically reduced CBF generates changes in WM that are detectable via magnetic resonance imaging in the form of WM hyperintensities (Yata and Tomimoto 2014). Periventricular WM hyperintensities occur in sporadic AD (Holland *et al.* 2008) and predict the rate of progression of cognitive symptoms among individuals with AD (Brickman 2013). Thus, WM damage may contribute to impaired cognition in sporadic AD and AD in DS. For example, our previous work demonstrates that periventricular WM microstructure is compromised in individuals with DS with AD compared with individuals with DS without

AD (Powell *et al.* 2014). Future longitudinal studies involving this cohort will be important to establish the sequence of perfusion and WM changes related to dementia evolution.

4.1. Limitations

The present study has some caveats that highlight areas that need further investigation. First, the PASL sequence used in this study may be sensitive to prolonged arterial transit times, which may manifest as RAS. For example, the 3D gradient and spin echo readout of our PASL sequence is known to suppress the signal intensity of faster moving arterial blood with the rapid and repeated application of gradients. This is similar to the signal suppression observed in diffusion weighted imaging (Petcharunpaisan et al. 2010). Thus, extreme delays in perfusion can lead to an apparent suppression of the measured signal intensity. Zaharchuk et al. (2009) observed a similarly effect in watershed regions, which are last to perfuse. However, to determine the role of RAS in our findings, we evaluated whether more severe RAS mediated the relationship between age and CBF. The mediation analysis indicated that RAS does partially mediate the relationship between age and CBF. Thus, more objective and direct measures of arterial transit time may better elucidate the relationships between age, CBF and arterial transit time. Differences in blood flow velocities could be a result of stenosis due to atherosclerosis. However, given that our DS volunteers typically do not have atherosclerosis or hypertension, it is unlikely that this is an underlying factor for DS. Another limitation is the frequency matching, ideally each DS participant would have had an age and sex matched control. Future studies should consider larger sample sizes and one to one matching. Finally, because cortical grey matter was significantly lower in the DSAD group and cortical grey matter is associated with perfusion, grey matter atrophy could cause a decrease in global CBF. However, because we controlled for total grey matter in our analyses, we believe that age and diagnosis provide added information and contribute to decreased global CBF above and beyond decreased grey matter.

The current investigation identified significant and clinically relevant relationships between CBF and diagnosis, cognitive measures and age. Global CBF is decreased among DS individuals with probable AD. Moreover, global CBF appears to decrease more rapidly after age 45. Identifying the significant "tipping point" for reduced CBF may help design future clinical trials and interventions.

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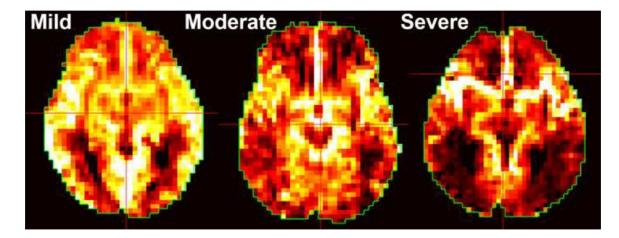


Figure 1.

Examples of residual arterial signal scores. Examples of residual arterial sign severity when present.

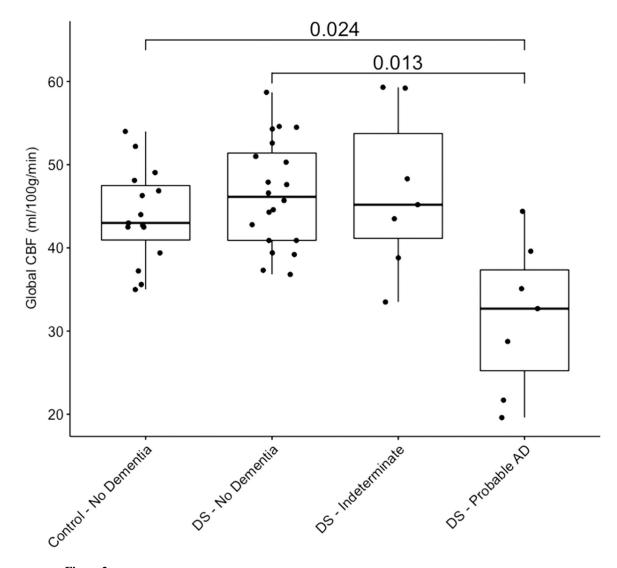


Figure 2.

Effect of group global cerebral blood flow. Individual data points for cerebral blood flow by group are plotted along with summary boxplots and significant pairwise comparisons and associated *P* values. DS, Down syndrome.

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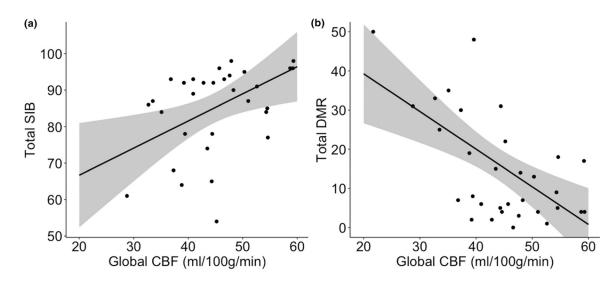


Figure 3.

Association between global cerebral blood flow and clinical scores in Down syndrome. Model predicted results and 95% confidence interval for depicting relationship between (A) Severe Impairment Battery or (B) Dementia Questionnaire for People with Learning Disabilities total score and global cerebral blood flow. CBF, cerebral blood flow.

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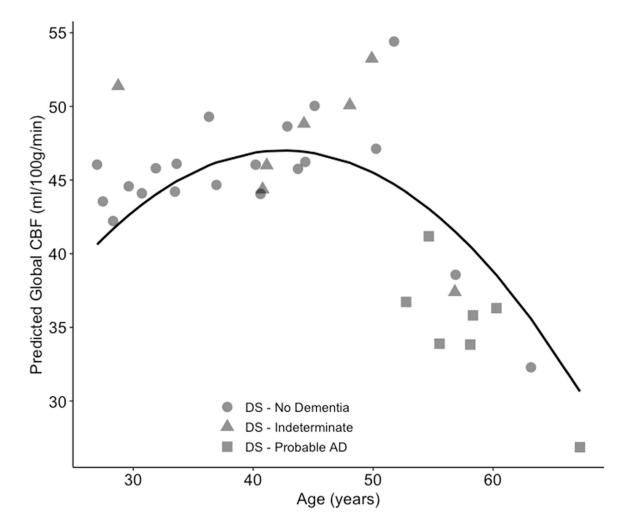


Figure 4.

Rapid decline in global cerebral blood flow with increasing age in Down syndrome. Individual data points are plotted along with the model predicted result depicting the nonlinear relationship between age and global cerebral blood flow. CBF, cerebral blood flow.

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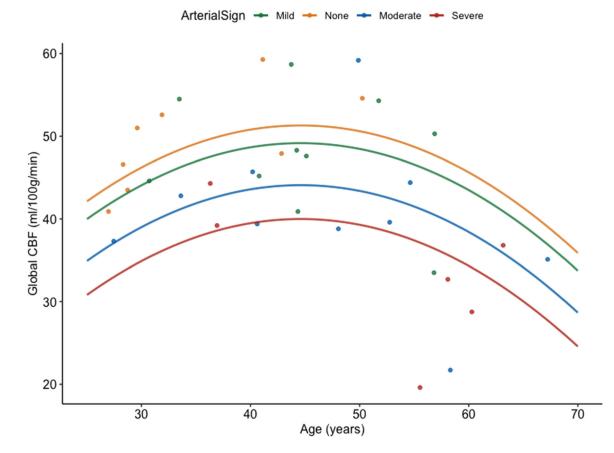


Figure 5.

More severe residual arterial sign and increased age associated with decreased global cerebral blood flow. Individual data points are plotted along with the model predicted result depicting the effect of residual arterial sign severity on global cerebral blood flow across age. CBF, cerebral blood flow.

Table 1

Participant demographics

Characteristic	Control $(n = 15)$	Control $(n = 15)$ DS – No Dementia $(n = 20)$	DS – Indeterminate $(n = 7)$	DS – Indeterminate $(n = 7)$ DS – Probable AD $(n = 7)$	P value
Age	50.48 (11.92)	39.71 (10.15)	44.23 (8.82)	58.12 (4.75)	<0.001
Female	73.33% (11)	40.00% (8)	85.71% (6)	57.14% (4)	0.096
Global CBF	43.90 (5.66)	46.50 (6.42)	46.83 (9.72)	31.69 (9.05)	< 0.001
RAS					
None	26.67% (4)	30.00% (6)	28.57% (2)	0.00% (0)	0.126
Mild	46.67% (7)	35.00% (7)	42.86% (3)	0.00% (0)	
Moderate	20.00% (3)	20.00% (4)	28.57% (2)	57.14% (4)	
Severe	6.67% (1)	15.00% (3)	0.00% (0)	42.86% (3)	
Total grey volume	0.29 (0.01)	0.31 (0.03)	0.33 (0.06)	0.25 (0.03)	<0.001
Lorazepam used	I	30.00% (6)	42.85% (3)	42.85% (3)	0.691
BPT	I	72.65 (5.32)	65.14 (11.89)	69.00 (7.44)	0.083
SIB	I	87.90 (9.24)	80.43(16.81)	77.25 (11.35)	0.142
DLD	I	7.42 (7.17)	15.57 (7.66)	42.29 (13.83)	< 0.001

Down syndrome; RAS, residual arterial signal; SIB, AD, Alzheimer's disease; BP'I, Severe Impairment Battery.

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Characteristic	Linear	Polynomial	Mediation
Age	$\beta = -0.13 \ (95\% \ \text{CI}: -0.41 \ \text{to} \ 0.16)$	β = 2.26 (95% CI: 0.98 to 4.17)	β = 2.13 (95% CI: 0.26 to 4.01)
	t = -0.88; P = 0.39	t = 2.32; P = 0.03	t = 2.23; P = 0.03
Age ²		$\beta = -0.03 (95\% \text{ CI:} -0.05 \text{ to } -0.01)$	$\beta = -0.02 \ (95\% \ \text{CI}: -0.04 \ \text{to} -0.01)$
		t = -2.47; P = 0.02	t = -2.28; P = 0.03
Total grey volume	β = 94.97 (95% CI: 26.84 to 163.09)	β = 89.77 (95% CI: 26.52 to 153.02)	$\beta = 67.02 \ (95\% \ \text{CI:} 6.57 \ \text{to} \ 127.47)$
	t = 2.73; P = 0.02	t = 2.78; P = 0.01	t = 2.17; $P = 0.04$
Residual arterial sign: severe vs. mild	I	1	$\beta = -9.18 \ (95\% \ \text{CI}: -16.89 \ \text{to} -1.46)$
			t = -2.33; P = 0.03
Residual arterial sign: moderat vs. mild	I	I	$\beta = -5.07 \ (95\% \ \text{CI}: -11.40 \ \text{to} \ 1.26)$
			t = -1.57; P = 0.13
Residual arterial sign: none vs. mild	I	I	β = 2.15 (95% CI: -5.15 to 9.45)
			t = 0.58; P = 0.57
Intercept	$\beta = 20.33 (95\% \text{ CI:} -8.98 \text{ to } 49.63)$	$\beta = -28.29 \ (95\% \ \text{CI}: -75.43 \ \text{to} \ 18.84)$	$\beta = -18.77$ (95% CI: -65.98 to 28.43)
	t = 1.36; P = 0.19	t = 1.18; P = 0.25	t = -0.78; P = 0.44
Observations	34	34	34
R^2	0.32	0.43	0.57
Adjusted R^2	0.27	0.37	0.47
AIC	244.77	240.46	237.17
BIC	250.87	248.09	249.38
F statistic	$7.13_{2,31}$; $P = 0.003$	$7.58_{3,30}$; $P < 0.001$	$7.02_{6,27}; P < 0.001$