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Isotope Fractionation from In Vivo Methylmercury Detoxification in Waterbirds

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# 27 Abstract

- 28 The robust application of stable mercury (Hg) isotopes for mercury source apportionment and risk
- 29 assessment necessitates the understanding of mass-dependent fractionation (MDF) due to internal
- 30 transformations within organisms. Here, we used high energy-resolution XANES spectroscopy and
- 31 isotope ratios of total mercury ( $\delta^{202}$ THg) and methylmercury ( $\delta^{202}$ MeHg) to elucidate the chemical
- 32 speciation of Hg and the resultant MDF due to internal MeHg demethylation in waterbirds. In three
- 33 waterbirds (Clark's grebe, Forster's tern, south polar skua), between 17-86% of the MeHg was
- 34 demethylated to inorganic mercury (iHg) species primarily in the liver and kidneys as Hg-tetraselenolate
- 35 (Hg(Sec)<sub>4</sub>) and minor Hg-dithiolate (Hg(SR)<sub>2</sub>) complexes. Tissular differences between  $\delta^{202}$ THg and
- 36  $\delta^{202}$ MeHg correlated linearly with %iHg (Hg(Sec)<sub>4</sub> + Hg(SR)<sub>2</sub>), and were interpreted to reflect a kinetic

| 37 | isotope effect during <i>in vivo</i> MeHg demethylation. The product-reactant isotopic enrichment factor ( $\epsilon_{p/r}$ )                          |
|----|--|
| 38 | for the demethylation of MeHg $\rightarrow$ Hg(Sec) <sub>4</sub> was –2.2 ± 0.1‰. $\delta^{202}$ MeHg values were unvarying within                     |
| 39 | each bird regardless of Hg(Sec)₄ abundance, indicating fast internal cycling or replenishment of MeHg  |
| 40 | relative to demethylation. Our findings document a universal selenium-dependent demethylation  |
| 41 | reaction in birds, provide new insights on the internal transformations and cycling of MeHg and  |
| 42 | Hg(Sec) <sub>4</sub> , and allow for mathematical correction of $\delta^{202}$ THg values due to the MeHg $\rightarrow$ Hg(Sec) <sub>4</sub> reaction. |
| 43 |  |
| 44 | Keywords: Mercury, demethylation, isotopes, MDF, birds   |
|    |  |

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## 46 Introduction

Mercury (Hg) is a neurotoxin that impacts the health of aquatic and terrestrial animals worldwide.<sup>1</sup> 47 48 Higher trophic level organisms (e.g., birds, fish, mammals) are exposed to methylmercury (MeHg) through dietary sources, which is assimilated in the digestive tract, circulated in the bloodstream, and 49 retained in the protein of tissues as a MeHg-cysteine complex (MeHg-Cys).<sup>2-4</sup> The toxicological risks of 50 51 MeHg to aquatic and terrestrial organisms are governed by in vivo transformations, inter-tissular 52 exchanges, and depuration rates and pathways of MeHg and other biologically-relevant forms of mercury.<sup>1</sup> In birds, MeHg can be demethylated in the liver,<sup>5,6</sup> depurated into feathers during molt or to 53 54 offspring by maternal transfer,<sup>7</sup> and excreted.<sup>1</sup> Stable isotope ratios of mercury are a central tool for ecologic risk assessment and mercury source apportionment to organisms,<sup>8–14</sup> yet critical questions 55 remain on the isotopic fractionation of mercury by in vivo transformations. 56

57 The *in vivo* demethylation of MeHg induces mass-dependent fractionation (MDF) of mercury 58 isotopes (denoted by  $\delta^{202}$ Hg) as reported in birds,<sup>6</sup> fish,<sup>15</sup> and mammals.<sup>9,16–18</sup> The development<sup>19,20</sup> and

59 application<sup>16,17</sup> of methods for species-specific mercury isotope ratio measurements show promise for 60 determining the effect of *in vivo* transformations on mercury isotope ratios. However, a chief barrier is 61 quantifying the chemical speciation of inorganic Hg (iHg) with high precision in natural tissues. High 62 energy-resolution X-ray absorption near-edge structure (HR-XANES) spectroscopy can identify and 63 quantify mixtures of biologically-relevant mercury species at sub-parts-per-million concentration.<sup>3,4,21-23</sup> 64 Recent application of HR-XANES in terrestrial bird and freshwater fish tissues revealed that MeHg-Cys is detoxified to a Hg-tetraselenolate  $(Hg(Sec)_4)$  complex, likely by selenoprotein P (SelP).<sup>4</sup> Hg(Sec)<sub>4</sub> was 65 shown to be the organic precursor to nanoparticulate  $HgSe_{4}^{4}$  which has been observed with  $Hg(Sec)_{4}$  by 66 HR-XANES in marine birds<sup>22</sup> and by normal resolution XANES in birds and mammals.<sup>24–26</sup> Linking the 67 68 chemical speciation of iHg (that indicate specific internal reactions) and MDF of stable mercury isotopes 69 is needed to inform on the internal transformations and trafficking of mercury.

70 Here, tissues and feathers of piscivorous waterbirds from lacustrine (Clark's grebe, Aechmophorus clarkia),<sup>4,27</sup> estuarine (Forster's tern, Sterna forsteri forsteri),<sup>28</sup> and marine (south polar skua, Stercorarius 71 72 maccormicki) environments were measured for mercury speciation by HR-XANES spectroscopy and 73 species-specific isotope ratios. Previous research indicates internal MeHg demethylation in these birds.<sup>4,5</sup> Study goals were to determine the product-reactant isotopic enrichment factor ( $\varepsilon_{p/r}$ ) for the *in* 74 75 vivo detoxification of MeHg to Hg(Sec)<sub>4</sub> and investigate the internal cycling of biologically-relevant 76 mercury species. The findings are discussed in context of MeHg detoxification in vertebrates and 77 implications of *in vivo* MDF of mercury isotopes on environmental isotope applications.

### 79 Materials and Methods

#### 80 Biologic Tissues

81 Tissues and feathers from three birds were analyzed including a Clark's grebe (A. clarkia; adult male) 82 from Lake Berryessa (California, USA; collected September 11, 2012), a Forster's tern (S. forsteri forsteri; 83 adult female) from the south San Francisco Bay (California, USA; collected June 13, 2018), and a south 84 polar skua (S. maccormicki; adult female) from Cape Hallett located in the northern Victoria Land coast 85 of the Ross Sea (Antarctica; collected November 22, 2016). The Clark's grebe and Forster's tern were 86 necropsied to obtain the following tissues: breast feather, brain, pectoral muscle, kidneys, and liver. The 87 south polar skua was necropsied to obtain the muscle, kidneys, and liver. Tissues were lyophilized and 88 homogenized. Clark's grebe tissues were analyzed previously for mercury speciation by HR-XANES and 89 mercury and selenium association with selenoproteins.<sup>4</sup>

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#### 91 HR-XANES Measurements

HR-XANES spectra of the Clark's grebe tissues are published<sup>4,29</sup> and were measured identically 92 93 during the same experimental session on the Forster's tern and south polar skua samples. The south 94 polar skua kidney tissue was not measured by HR-XANES. Complete details are provided in the SI. 95 Briefly, mercury L₃-edge HR-XANES spectra were measured on freeze-dried samples with highreflectivity analyzer crystals<sup>30</sup> (beamline ID26, European Synchrotron Radiation Facility). Proportions of 96 97 Hg were quantified using least-squares fitting of data with linear combinations of diverse reference spectra.<sup>4,21,22</sup> The reference spectrum of MeHg-Cys was represented using the Clark's grebe breast 98 99 feather spectrum, which was suitable based on a spectral comparison to previously analyzed biological samples with exclusively MeHg-Cys.<sup>4</sup> The spectrum of Hg(Sec)<sub>4</sub> was determined by iterative 100

101 transformation factor analysis.<sup>4</sup> The spectrum of Hg-dithiolate (Hg(SR)<sub>2</sub>) complex in biota<sup>3</sup> was

102 represented using Hg(L-glutathione)<sub>2</sub> at pH 7.4.<sup>31,32</sup>

103

#### 104 Chemical and Isotope Analyses

105 Details on chemical and isotope measurements are provided in the SI. Briefly, tissues and feathers were measured for total mercury (THg), MeHg, and total selenium concentration.<sup>33</sup> Stable mercury 106 isotope ratios were measured on THg acid digests<sup>11,12</sup> and resin separated MeHg fractions<sup>20</sup> of all 107 108 samples from the Clark's grebe and Forster's tern. For the south polar skua, THg isotope ratios were 109 measured on all tissues (muscle, kidneys, and liver) and on the MeHg fraction of the kidneys. Isotope 110 analyses were performed using a multi-collector inductively coupled plasma mass spectrometer following established protocols<sup>34,35</sup> on material previously exposed to the X-ray beam for HR-XANES 111 112 analysis, which had no effect on mercury isotope ratios (Figure S1). Delta values of MDF and mass independent fractionation (MIF) are expressed as  $\delta^{XXX}$ Hg and  $\Delta^{XXX}$ Hg, respectively, in reference to NIST 113 114 3133. Isotopic data on certified reference materials and standards are provided in the SI (Table S1).

115

### 116 **Results and Discussion**

#### 117 Mercury Speciation in Tissues

The Hg L<sub>3</sub>-edge HR-XANES spectra from the three birds show distinct and consistent shifts among tissues that are diagnostic of differences in mercury speciation (Figure 1). The Clark's grebe tissues exhibit the most dramatic differences with mercury present as 100% MeHg-Cys in the brain (indicated by the sharp near-edge peak at 12,279.8 eV unique to MeHg-Cys)<sup>23,36</sup> and a progressive decrease in the amplitude of the near-edge MeHg-Cys peak in the muscle, kidneys, and liver spectra. As detailed 123 previously,<sup>4</sup> spectral shifts in the Clark's grebe tissues are due to an increasing percentage of mercury as 124 Hg(Sec)<sub>4</sub> (0%, 11%, 59%, and 86% in brain, muscle, kidneys, and liver, respectively; Table 1, Table S2). A 125 minor component of Hg-dithiolate complex  $(Hg(SR)_2)$  is observed in the muscle (23%) and kidneys (12%) 126 (Table 1). In the Forster's tern, mercury is present solely as MeHg-Cys in the brain and muscle (100% 127 MeHg-Cys), and the kidneys and liver exhibit increasing proportions of mercury as Hg(Sec)<sub>4</sub> (85% MeHg-128 Cys + 15% Hg(Sec)<sub>4</sub> and 75% MeHg-Cys + 25% Hg(Sec)<sub>4</sub>, respectively; Table 1). Similarly, the south polar 129 skua shows comparable differences between muscle (100% MeHg-Cys) and liver tissues (83% MeHg-Cys 130 + 17% Hg(Sec)<sub>4</sub>). There is no spectroscopic evidence for nanoparticulate HgSe, as observed in southern giant petrel by HR-XANES.<sup>22</sup> All tissues were modeled with high precision (Table S2) due to excellent 131 132 species resolution of HR-XANES (e.g., see reference spectra in Figure 1). Good agreement is observed 133 between %MeHg-Cys measured by HR-XANES and %MeHg measured by chemical measurements (Figure S2), consistent with a previous comparison.<sup>4</sup> 134

135 The iHg speciation correlates to the THg concentration between bird tissues. For the Clark's grebe 136 and Forster's tern, THg concentrations of tissues (muscle, kidneys, liver) were normalized to that of the 137 brain, which exhibited 100% MeHg-Cys. A robust positive correlation is observed between %Hg(Sec)<sub>4</sub> 138 and the relative THg concentration of each tissue to the brain (Figure S3). Molar concentrations of Se to 139 Hg as Hg(Sec)<sub>4</sub> (Se:Hg(Sec)<sub>4</sub> ratio) are >4 in the Forster's tern kidneys and liver and south polar skua liver, 140 consistent with the spectroscopic evidence that tissues contain  $Hg(Sec)_4$  (Figure S4). The Clark's grebe 141 kidneys and liver tissues exhibit  $1 < \text{Se:Hg(Sec)}_4 < 4$ , suggesting the co-presence of mononuclear Hg(Sec)\_4 142 complexes and disordered Hg<sub>x</sub>(Se,Sec)<sub>v</sub> clusters.<sup>4</sup>

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#### 144 Mass-Dependent Fractionation via Biotic Demethylation

145 Mercury isotope ratios showed clear evidence for MDF in tissues that have a mixture of MeHg-Cys 146 and iHg species (Hg(Sec)<sub>4</sub>, Hg(SR)<sub>2</sub>) (Figure 2a; Table 1, Tables S3-S4). Tissular differences between 147  $\delta^{202}$ THg and  $\delta^{202}$ MeHg linearly correlated with the %MeHg-Cys (and hence 100-%iHg), as determined by HR-XANES (Figure 2a), suggesting that variation in  $\delta^{202}$ THg is the result of mixing of two isotope 148 endmembers ( $\delta^{202}$ MeHg and  $\delta^{202}$ iHg). For the Clark's grebe and Forster's tern,  $\delta^{202}$ THg and  $\delta^{202}$ MeHg 149 were measured on each tissue (Table 1). For the south polar skua,  $\delta^{202}$ THg was measured on the muscle 150 and liver and both  $\delta^{202}$ THg and  $\delta^{202}$ MeHg were measured on the kidneys. The south polar skua kidneys 151 152  $\delta^{202}$ MeHg (1.25 ± 0.02‰) matched the muscle  $\delta^{202}$ THg ( $\delta^{202}$ THg = 1.25 ± 0.10‰; 100% MeHg-Cys), and therefore was representative of  $\delta^{202}$ MeHg in the muscle and liver. Differences between  $\delta^{202}$ THg and 153  $\delta^{202}$ MeHg were greatest in the Clark's grebe tissues ( $\delta^{202}$ THg -  $\delta^{202}$ MeHg = -1.90‰, -1.55‰, and -0.91‰ 154 for the liver, kidneys, and muscle, respectively) followed by Foster's tern liver and kidneys tissues 155 156 (-0.59‰ and -0.28‰, respectively) and the south polar skua liver (-0.45‰). In the Forster's tern, a modest difference was observed between  $\delta^{202}$ THg and  $\delta^{202}$ MeHg values of the muscle (0.22‰) despite 157 no evidence of demethylation, and the  $\delta^{202}$ MeHg of the liver was within 0.08‰ of the  $\delta^{202}$ THg of the 158 159 muscle. Although the Clark's grebe muscle and kidneys contained varying proportions of Hg(SR)<sub>2</sub> and Hg(Sec)<sub>4</sub>,  $\delta^{202}$ Hg values were consistently light compared to  $\delta^{202}$ MeHg and statistically aligns with the 160 regression line between  $\delta^{202}$ THg–  $\delta^{202}$ MeHg versus %MeHg-Cys (Figure 2a, Figure S5) of tissues where 161 Hg(Sec)<sub>4</sub> is the dominant iHg species. Therefore,  $\delta^{202}$ iHg is considered representative of the dominant 162 163  $Hg(Sec)_4$  species.

Within each bird, variations of Δ<sup>199</sup>Hg values and Δ<sup>199</sup>Hg/Δ<sup>201</sup>Hg ratios for both the THg and the
 MeHg fractions were largely within measurement precision regardless of mercury speciation (Figure 2b;
 Table 1; Figure S6), consistent with previous observations of the absence of MIF during internal
 partitioning and transformations of Hg within organisms.<sup>6,9,17,18</sup> Uniformity in Δ<sup>199</sup>Hg and slope of

168  $\Delta^{199}$ Hg/ $\Delta^{201}$ Hg between the MeHg and iHg species indicates photochemical demethylation occurs within 169 the food web prior to dietary assimilation of MeHg and likely reflect the bird's prey habitat and foraging 170 behavior.<sup>13,14,37,38</sup>

| 171 | We interpret isotopic differences between MeHg and Hg(Sec) <sub>4</sub> to be the result of a kinetic isotope   |
|-----|---|
| 172 | effect during the <i>in vivo</i> demethylation of MeHg $\rightarrow$ Hg(Sec) <sub>4</sub> . $\delta^{202}$ MeHg exhibited little variation within               |
| 173 | the Clark's grebe (–0.05 $\pm$ 0.18‰, average $\pm$ standard deviation, <i>n</i> =4) and Forster's tern (0.49 $\pm$ 0.14‰,                                      |
| 174 | <i>n</i> =4) regardless of differences in mercury speciation (Table 1, Figure 2b). Therefore, the isotopic  |
| 175 | fractionation of mercury in the birds behaved as an open system with an infinite reservoir of reactant  |
| 176 | (i.e., MeHg). Assuming a unidirectional reaction and instantaneous product, <sup>39</sup> the product-reactant  |
| 177 | isotopic enrichment factor ( $\epsilon_{Hg(Sec)4/MeHg}$ ) was determined as the y-intercept of the linear regression  |
| 178 | between $\delta^{202}$ THg– $\delta^{202}$ MeHg versus %MeHg-Cys ( $\epsilon_{Hg(Sec)4/MeHg}$ = -2.2 ± 0.1‰; slope ± 95% confidence                             |
| 179 | intervals of fit; Figure 2a). The linear regression weighted each data point to measurement   |
| 180 | uncertainties. <sup>40</sup> MDF of mercury likely occurs during demethylation of MeHg to Hg(Sec) <sub>4</sub> , likely by SelP.                                |
| 181 | SelP is rich in selenocysteine residues ( $n \ge 10$ for vertebrates) <sup>4,41</sup> that can facilitate MeHg  |
| 182 | demethylation <sup>42,43</sup> and was associated with Hg(Sec) <sub>4</sub> in the Clark's grebe tissues. <sup>4</sup> Notably, the Clark's                     |
| 183 | grebe kidneys and muscle tissues contained $Hg(SR)_2$ along with $Hg(Sec)_4$ . Consistent MDF of tissues that   |
| 184 | contain Hg(SR) <sub>2</sub> and Hg(Sec) <sub>4</sub> and those with only Hg(Sec) <sub>4</sub> support that Hg(SR) <sub>2</sub> is also a byproduct of <i>in</i> |
| 185 | vivo demethylation of MeHg (Figures 2a, S5), though through an unknown pathway.   |
| 186 | We report the first isotopic enrichment factor for <i>in vivo</i> demethylation of MeHg by selenium in  |
| 187 | vertebrates. The magnitude of $\epsilon_{\text{Hg(Sec)4/MeHg}}$ in birds (–2.2 $\pm$ 0.1‰) is similar to isotopic differences                                   |
| 188 | observed in a range of aquatic mammals (detailed below) but markedly greater than the microbial mer   |
| 189 | pathway ( $\epsilon_{p/r}$ = –0.40 ± 0.20‰). <sup>44</sup> In mammal tissues where species-specific isotopic ratios were  |
| 190 | determined ( $\delta^{202}$ MeHg and $\delta^{202}$ THg), <sup>16,17</sup> differences between $\delta^{202}$ MeHg and $\delta^{202}$ iHg pools were            |

191 estimated to range from -2.1 to ~-3‰ (beluga whale and freshwater seal<sup>16</sup> muscle versus liver, and

pilot whale brain tissues).<sup>17</sup> In a study where only  $\delta^{202}$ THg was measured,<sup>18</sup> the maximum difference in 192  $\delta^{202}$ THg between muscle (~100% MeHg) and liver (~6% MeHg) in juvenile pilot whales was ~-2.3‰. 193 194 Consistent MDF by MeHg demethylation across birds and mammals could be explained by a universal reaction mechanism involving SelP,<sup>4</sup> which is central to selenium homeostasis.<sup>41</sup> A more detailed 195 comparison of  $\epsilon_{Hg(Sec)4/MeHg}$  to isotope measurements of other birds,<sup>6</sup> fish,<sup>15,19,20</sup> or mammals<sup>9,16–18</sup> would 196 197 require species-specific isotope ratios and HR-XANES speciation, and knowledge of possible isotope effects from poorly understood processes (e.g., biomineralization of nanoparticulate HgSe from 198 Hg(Sec)<sub>4</sub>).<sup>22,24</sup> The expression of selenoproteins and insertion efficiency of selenocysteine residues 199 200 during protein translation can vary between organisms, between tissues, and based on selenium availability,<sup>41,45</sup> and may influence the extent of MeHg demethylation across different organisms<sup>6</sup> and 201 202 associated isotopic fractionation in environments that differ in selenium availability. Future research 203 efforts are needed to evaluate the mechanisms and isotopic fractionation for MeHg demethylation by 204 SelP, other selenoproteins,<sup>46</sup> and low molecular weight selenium-containing molecule<sup>47</sup>, and quantify 205 the variation in  $\epsilon_{Hg(Sec)4/MeHg}$  across diverse organisms and environmental settings (e.g., terrestrial versus 206 marine).

207 Complementary spectroscopic and isotopic findings shed new light on the toxicokinetics of mercury 208 in birds. Regarding MeHg, tissular  $\delta^{202}$ MeHg values were not influenced by the local kinetic isotopic 209 effect for the MeHg  $\rightarrow$  Hg(Sec)<sub>4</sub> reaction (Figure 2b, Table 1) as would be predicted in a closed system. 210 This observation likely reflects the fast internal cycling of MeHg relative to the demethylation reaction, consistent with observations in birds<sup>6</sup> and marine mammals,<sup>16,17</sup> and dilution of residual heavy  $\delta^{202}$ MeHg 211 with new dietary MeHg. The  $\delta^{202}$ MeHg values of the Clark's grebe and Forster's tern feathers, which 212 fingerprint blood mercury isotope ratios during feather growth,<sup>48</sup> were within the narrow range of 213 tissular  $\delta^{202}$ MeHg values (Table 1). Internal exchange of MeHg leading to uniform  $\delta^{202}$ MeHg in the birds 214

is consistent with the dynamic nature of MeHg levels in birds due to physiological (e.g., molting, age)
and environmental factors (e.g., dietary exposure).<sup>10,27,28,49</sup>

217 Regarding the toxicokinetics of Hg(Sec)<sub>4</sub>, correlation between tissular concentrations of THg and 218 %Hg(Sec)<sub>4</sub> (Figure S3) indicates that Hg(Sec)<sub>4</sub> is depurated considerably slower than MeHg, consistent with observations between fish muscle versus liver.<sup>4</sup> It is unclear if Hg(Sec)<sub>4</sub> and Hg(SR)<sub>2</sub> in non-hepatic 219 220 tissues were demethylated locally or are the result of inter-tissular exchange. Inter-tissular exchange of Hg(Sec)<sub>4</sub> or Hg(SR)<sub>2</sub> cannot be discounted, has been proposed in birds<sup>6,22</sup> and mammals,<sup>16–18</sup> and is 221 represented in toxicokinetic models,<sup>50</sup> but there is a lack of mechanistic studies in nature. More broadly, 222 223 in vivo demethylation of MeHg has been attributed to positive MDF between dietary MeHg and organism MeHg.<sup>9,17,38,51,52</sup> Quantifying the contribution of MeHg  $\rightarrow$  Hg(Sec)<sub>4</sub> or Hg(SR)<sub>2</sub> on MDF between 224 225 dietary and organism MeHg cannot be carried out here and necessitates an improved mechanistic understanding of isotopic fractionation from additional processes (e.g., ligand exchange, <sup>53</sup> Hg(Sec)<sub>4</sub>  $\rightarrow$ 226 nanoparticulate HgSe biomineralization).<sup>22</sup> Toxicokinetic models for mercury in birds<sup>54</sup> and mammals<sup>50</sup> 227 will benefit from advancements from emerging techniques described here and elsewhere<sup>4,20,22</sup> that 228 229 provide a foundation to understand the transformations and redistribution of biologically-relevant 230 mercury species (MeHg, Hg(SR)<sub>2</sub>, Hg(Sec)<sub>4</sub>, nanoparticulate HgSe).

231

### 232 Implications on Environmental Applications of Stable Mercury Isotope Ratios

This study demonstrates significant MDF of mercury in bird tissues due to the demethylation of MeHg to primarily Hg(Sec)<sub>4</sub>.<sup>4</sup>  $\delta^{202}$ MeHg values were relatively unaffected by MeHg demethylation and therefore direct measurement of  $\delta^{202}$ MeHg on tissues<sup>20</sup> is recommended for use of  $\delta^{202}$ Hg for contaminant source apportionment<sup>8–11</sup> in higher-trophic level organisms and on liver or kidney tissues that are not predominantly MeHg.<sup>1,6,9,17,18</sup> It is unknown if isotopically light products of *in vivo* 

238 demethylation ( $Hg(Sec)_4$  and  $Hg(SR)_2$ ) are transferred within foodwebs (e.g., scavenging of high trophic level organisms at the base of foodwebs).<sup>13,20</sup> Where direct isotopic analysis of the MeHg pool is not 239 240 feasible, mathematical correction of  $\delta^{202}$ THg using  $\epsilon_{\text{Hg(Sec)4/MeHg}}$  may be warranted in determining the 241 isotopic composition of dietary MeHg sources prior to in vivo demethylation. When applying the 242  $\epsilon_{Hg(Sec)4/MeHg}$  (-2.2 ± 0.1‰), spectroscopic characterization of tissues is encouraged under two scenarios. 243 First, in tissues with high %MeHg (e.g., >80%), HR-XANES analysis should be used to accurately quantify 244 %MeHg due to incomplete recovery of MeHg using traditional chemical techniques (Figure S2 in SI, Figure S4 in Manceau et al. 2021,<sup>4</sup> Figure S2 in Bolea-Fernandez et al. 2019).<sup>18</sup> Second, in tissues with 245 246 low %MeHg (e.g., <30%), HR-XANES analysis is necessary to detect co-occurrence of Hg(Sec)<sub>4</sub> and nanoparticulate HgSe.<sup>22</sup> It remains unknown if the biomineralization of nanoparticulate HgSe from 247 Hg(Sec)<sub>4</sub> induces positive or negative MDF based on observation in marine bird<sup>6</sup> and mammal tissues 248 with very low %MeHg.<sup>16–18,24</sup> 249

250

### 251 Supporting Information

Descriptions of measurements; mercury isotope ratios for CRMs, standards, and samples (Table S1,
S3, and S4; Figure S1 and S6); HR-XANES spectra fit results (Table S2); comparison of %MeHg by HRXANES and chemical analysis (Figure S2); correlations between THg concentration and iHg speciation
(Figure S3); ratios of Se to Hg (Figure S4); comparison of isotope versus %Hg(Sec)<sub>4</sub> by HR-XANES results
(Figure S5) (PDF). HR-XANES spectra (XLXS).

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- 272 names is for descriptive purposes only and does not imply endorsement by the U.S. Government.

273

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# **TOC Art**



# 462 Figures and Tables

|  | Chemical Meas <sup>a</sup> |             |         | HR-XANES fit results <sup>b</sup> |           |                      | Species-specific isotope ratios |                      |                       |                       |
|--|----------------------------|-------------|---------|-----------------------------------|-----------|----------------------|---------------------------------|----------------------|-----------------------|-----------------------|
| Tissue   | THg                        | MeHg        | Se      | %MeHg-Cys                         | %Hg(Sec)₄ | %Hg(SR) <sub>2</sub> | δ <sup>202</sup> THg            | Δ <sup>199</sup> THg | δ <sup>202</sup> MeHg | Δ <sup>199</sup> MeHg |
|  | (mg/kg)                    | (mg/kg)     | (mg/kg) |                                   |           |                      | (±1SD)                          | (±1SD)               | (±1SD)                | (±1SD)                |
| Clark's grebe (A. <i>clarkii</i> )   |                            |             |         |                                   |           |                      |                                 |                      |                       |                       |
| Brain  | 3.18                       | 2.98        | 1.55    | 100                               | 0         | 0                    | 0.07 (0.03)                     | 1.51                 | 0.06                  | 1.49                  |
|  |                            |             |         |                                   |           |                      |                                 | (0.03)               | (0.04)                | (0.02)                |
| Muscle   | 7.10                       | 3.71        | 2.31    | 66                                | 11        | 23                   | -1.13 (0.04)                    | 1.46                 | -0.22                 | 1.43                  |
|  |                            |             |         |                                   |           |                      |                                 | (0.04)               | (0.03)                | (0.02)                |
| Kidneys  | 21.6                       | 6.38        | 10.6    | 28                                | 59        | 12                   | -1.41 (0.03)                    | 1.42                 | 0.14                  | 1.45                  |
|  |                            |             |         |                                   |           |                      |                                 | (0.04)               | (0.02)                | (0.03)                |
| Liver  | 43.1                       | 7.86        | 19.3    | 14                                | 86        | 0                    | -2.07 (0.04)                    | 1.49                 | -0.17                 | 1.42                  |
|  |                            |             |         |                                   |           |                      |                                 | (0.04)               | (0.02)                | (0.02)                |
| Breast   | 41.4                       | 32.7        | 1.04    | 100                               | 0         | 0                    | 0.15                            | 1.77                 | 0.13                  | 2.04                  |
| Feather  |                            |             |         |                                   |           |                      | (0.03)                          | (0.02)               | (0.05)                | (0.03)                |
| Forster's t  | ern (S. forste             | ri)         |         |                                   |           |                      |                                 | 1                    |                       |                       |
| Brain  | 5.28                       | 4.48        | 3.31    | 100                               | 0         | 0                    | 0.51                            | 0.68                 | 0.57                  | 0.81                  |
|  |                            |             |         |                                   |           |                      | (0.02)                          | (0.02)               | (0.01)                | (0.02)                |
| Muscle   | 6.39                       | 5.65        | 3.33    | 100                               | 0         | 0                    | 0.53                            | 0.72                 | 0.31                  | 0.79                  |
|  |                            |             |         |                                   |           |                      | (0.03)                          | (0.03)               | (0.02)                | (0.02)                |
| Kidneys  | 12.6                       | 9.21        | 9.64    | 85                                | 15        | 0                    | 0.34                            | 0.70                 | 0.62                  | 0.66                  |
|  |                            |             |         |                                   |           |                      | (0.02)                          | (0.03)               | (0.03)                | (0.02)                |
| Liver  | 13.8                       | 9.22        | 6.21    | 75                                | 25        | 0                    | -0.14 (0.02)                    | 0.67                 | 0.45                  | 0.71                  |
|  |                            |             |         |                                   |           |                      |                                 | (0.03)               | (0.04)                | (0.08)                |
| Breast   | 28.6                       | 18.2        | 1.41    | 100                               | 0         | 0                    | 0.70                            | 1.65                 | 0.72                  | 1.81                  |
| Feather  |                            |             |         |                                   |           |                      | (0.03)                          | (0.04)               | (0.02)                | (0.04)                |
| south pola   | ir skua (S. mo             | accormicki) |         |                                   |           |                      |                                 |                      |                       |                       |
| Muscle   | 1.75                       | 1.39        | 19.4    | 100                               | 0         | 0                    | 1.25                            | 1.99                 |                       |                       |
|  |                            |             |         |                                   |           |                      | (0.05)                          | (0.03)               |                       |                       |
| Kidneys  | 8.61                       | 4.56        |         |                                   |           |                      | 0.17                            | 2.00                 | 1.25                  | 1.92                  |
|  |                            |             |         |                                   |           |                      | (0.03)                          | (0.05)               | (0.01)                | (0.01)                |
| Liver  | 8.19                       | 6.39        | 29.7    | 83                                | 17        | 0                    | 0.80                            | 2.02                 |                       |                       |
|  | L                          |             |         |                                   |           |                      | (0.01)                          | (0.04)               |                       |                       |
| <sup>a</sup> reported  | on a dry weig              | ht basis.   |         |                                   |           |                      |                                 |                      |                       |                       |
| <sup>a</sup> precision of fit results are 5% for the Clark's grebe tissues <sup>a</sup> and 10% for Forster's tern and south polar skua tissues (see SI Table S2). |                            |             |         |                                   |           |                      |                                 |                      |                       |                       |

# **Table 1**. Chemical, spectroscopic, and isotopic data of bird tissue and feather samples.



Energy (eV)

Figure 1. Hg L<sub>3</sub>-edge HR-XANES spectra of tissues from a Clark's grebe, Forster's tern, and south polar skua (brain, black; muscle, green; kidneys, blue; liver, orange). Black arrows identify regions of the spectra that differ with shifts in mercury speciation primarily in the proportion of MeHg-Cys and Hg(Sec)<sub>4</sub>. References spectra are shown

- for the three species observed in the tissues (MeHg-Cys; Hg(SR)<sub>2</sub>; Hg(Sec)<sub>4</sub>).



**Figure 2.** (a) Relationship between the difference in  $\delta^{202}$ Hg values of total mercury minus methylmercury ( $\delta^{202}$ THg -  $\delta^{202}$ MeHg; Table 1) and the speciation of mercury as determined by HR-XANES of bird tissues; data are weighted to uncertainties of both X and Y variables. (b) Biplot of  $\Delta^{199}$ Hg versus  $\delta^{202}$ Hg of total mercury (THg; color-filled symbols) and methylmercury (MeHg; gray-filled symbols) for bird tissues. Single letters abbreviations identify the tissue type (B, brain; K, kidneys; L, liver; M, muscle). Generic error bars present uncertainties of isotope measurements (2SD) and HR-XANES fits (Table S2). In plot **a** the dashed gray and black lines present the fit of data and 95% confidence interval of the fit, respectively.