

A Message From the CSPS President

What a Year!

Michael S. Wong, MD

Dear Plastic Surgery Family,
Reflecting on all that is happened since I was handed the gavel from William Umanksy on May 19, 2018, in San Diego, I continue to be honored and humbled to serve as your California Society of Plastic Surgeons (CSPS) President. I am here because I stand on the shoulders of those who paved the way before me (Fig. 1).

As I shared in my first monthly Presidential Message in June, I wanted to build on the great work of the past in the areas of advocacy and education on behalf of our patients and members. I wanted to remind all of the amazing activities our members do to support, educate, and care for the patients and families in our communities. I also wanted to welcome and bring more attention to our newest members and leaders, introducing them to the rest of our society. I proposed doing all this through expanding our social media and web presence. With nearly 3 quarters of my term completed, I am pleased to say we have made great progress in spreading the word.

ADVOCACY

American Society of Plastic Surgeons Advocacy Summit 2018

While having attended a couple of Legislative Days in Sacramento over the years, I still considered myself a novice in the area of advocacy. Thus, I wanted to take a crash course to prepare for my term as president. I was honored and privileged to be able to join the delegation from CSPS representing our state at the American Society of Plastic Surgeons (ASPS) Advocacy Summit held June 26 to 28, 2018 (Fig. 2). It was a wonderful experience learning from our society's most seasoned and active advocate, Debra Johnson, Past President of ASPS and CSPS, as she led our California Delegation on Capitol Hill, as well as Terry Zimmerman, CSPS PAC President and CSPS Vice President. Danielle Rochlin, Stanford Plastic Surgery Resident and Health Policy Fellow and I rounded out our team. We were able to actively engage our national representatives at the capitol, championing on behalf of our patients, our members, and specialty. It was a special pleasure to be able to meet with our California Congresswomen, Anna Eshoo and Doris Matsui, both friends of patients and plastic surgeons. We were also able to personally thank Congresswoman Eshoo for her role in supporting the Breast Cancer Patient Education Act and hear her regale all that was required to ultimately get it passed in 2015. The highlight came in our meeting with Congresswoman Matsui who agreed to become an Original Cosponsor of our Ensuring Lasting Smiles Act that provides coverage for reconstructive surgeries deemed medically necessary as a result of congenital anomalies, something that California has had the benefit of for more than 20 years.

The American Board of Cosmetic Surgery

Our Legislative and Advocacy Committee was extremely busy as the American Board of Cosmetic Surgery (ABCS) brought their third application to the Medical Board of California (MBC) to be deemed equivalent to other American Board of Medical Specialty (ABMS) boards in the state of California. This ABCS application, if approved, would have allowed their members to legally advertise themselves as "board certified" by the ABCS in California. This committee spent countless hours working in coordination with the ASPS and the American Board of Plastic Surgery (ABPS), culminating in our CSPS Delegation presenting to the MBC meeting in San Diego on October 18, 2018 (Fig. 3). After more than 2 hours of testimony and deliberation, the MBC ultimately voted to have a special meeting to allow for additional information to be gathered for MBC members. The committee also submitted 26 complaints of illegal advertising by ABCS members in California to the MBC.

The MBC called their special meeting December 18 to specifically address lingering questions board members had regarding the ABCS application. After all the preparation and this special 2.5-hour board meeting, the final vote was almost anticlimactic. However, the implications of this decision will be felt in other states facing this same issue for years to come. The MBC ruled unanimously that ABCS is not equivalent to ABMS boards and ABCS members are not legally allowed to advertise themselves as board certified by ABCS. I would like to extend my personal thanks to the Legislative and Advocacy Committees who tirelessly worked countless hours to ensure that the value of your ABPS certification is maintained. It was truly an incredible team effort. As our Past-President Jack Fischer reminded

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FIGURE 1. President's Reception 2018 in San Diego pictured with past presidents Dan Smith, Marie Pletsch, John Osborn, Jane Weston, Robert Hardesty, William Umansky, Daniel Mills, Jeffrey Rosenberg, and James Wells.

in his Brody Family Lectureship at our last San Diego meeting, our society brings together and brings out the best of both “town and gown.” Our organization is built on the strength of community and academic



FIGURE 2. California Delegation on the Washington DC Capital steps at the ASPS Advocacy Summit 2018: Terry Zimmerman, Debra Johnson, Danielle Rochlin, and Michael Wong.



FIGURE 3. The CSPS Delegation at the San Diego MBC meeting: Scott Bartellbort, Patrick Hermes, Michael Wong, Debra Johnson, and Tim Madden.

plastic surgeons up and down our state. This strength was fully brought to bear and resulted in this important MBC decision. I especially want to thank Steve Teitelbaum, Debra Johnson, and Tim Madden for their tremendous leadership on this issue, culminating in this huge victory, not just for California, but the country. With the meeting held in 2 sites, our Northern and Southern California delegations represented our society well through strong in-person and on-the-phone testimony. I am particularly proud of and appreciative of the significant contributions our residents and fellow made. Special thanks to the leaders of our Northern and Southern California resident and fellow delegations, Katherine Hinchcliff (University of California Davis (UCD) Chief Resident) and Tyler Frew (Loma Linda University postgraduate year -5 resident). We can rest assured the future of plastic surgery is bright and will be protected by them (Figs. 4, 5).



FIGURE 4. Northern California Delegation in Sacramento for the special MBC meeting: Suzanne Inchauste (Stanford), Matthew Zeiderman (UCD), Jay Xue (UCD), Katherine Hinchcliff (UCD), Terry Zimmerman, Michael Wong, Charleston Chua (UCD), Doug Free, Sola Fasusi (UCD), and Tim Madden. Not pictured: Jack Brunner.



FIGURE 5. Southern California Delegation in Los Angeles: Scott Bartellbort, Jeffrey Rosenberg, Tyler Frew (Loma Linda), and Geoff Keyes. Not pictured: Patrick Hermes, Robert Singer, Steve Teitelbaum, and Saba Motakef.

MEMBER ACTIVITIES

American Council of Academic Plastic Surgeons Bootcamp

Our members are actively involved in the training and education of future plastic surgeons. Ten faculty from 5 of our California training

programs (Loma Linda: Michael Hill, Dan Mills; UCD: Michael Wong; University of California Irvine: Amber Leis; University of California San Diego (UCSD): Marek Dobke, Amanda Gosman, Sam Lance, Mark Rechnic, Ahmed Suliman; Stanford: Gordon Lee) taught at the 2nd Annual West ACAPS Boot Camp hosted by the UCSD Plastic Surgery Program. Open to interns and first-year independent residents, the boot camp was a weekend crash course introduction to plastic surgery using both lectures and practical hands-on workshops to provide a framework for which to build on during residency. It was also an opportunity for residents to build relations with their colleagues that will continue on into their future careers (Fig. 6).

ABPS Oral Board Examinations

We all understand the importance of board certification; thus, I was especially pleased to see 11 CSPS members (Rudy Buntic, Steven Garner, Heather Furnas, Amanda Gosman, Bill Hoffman, Debra Johnson, Gabriel Kind, Gordon Lee, Mary McGrath, Michael Wong, Mark Urata) in Phoenix as oral board examiners on November 8 to 10 (Fig. 7). Among our CSPS contingent, we can pride ourselves for having the distinguished oral examiner, Mary McGrath, recognized by all as the examiner with the most years of experience as an oral examiner for ABPS. She reminisced on her experience with me, sharing how the location has moved and the examination has evolved over time, with it becoming a much more consistent and fair examination. All agree that this is one of the most important activities we are involved in because it has a direct impact on who may carry the seal of quality, “board-certified by the American Board of Plastic Surgery.”

ConnectMed

Our members are involved in helping the underserved here and abroad. ConnectMed International, a San Diego nonprofit led by President Amanda Gosman and Chief of UCSD Plastic Surgery, is



FIGURE 6. The 2nd Annual ACAPS West Coast Boot Camp held at UCSD.



FIGURE 7. The American Board of Plastic Surgery 2018 Oral Examiners in Phoenix, Arizona. Photograph used with permission from the American Board of Plastic Surgery. Photograph credit to Peter Jordan Photography.

dedicated to bringing gold standard healthcare to underserved parts of the world to improve access to comprehensive surgical care in the underserved communities and support sustainable health care through education, partnerships, and telemedicine. As you know, in many low-income communities, up to 90% of the population lacks access to safe specialty medical care. ConnectMed believes that every child and young adult deserves the chance to live a normal and productive life, instead of the social isolation and exclusion from school or jobs that many with congenital or acquired abnormalities face.

Supporting care for the whole patient, including their emotional and mental health, has been a part of the ConnectMed vision since its inception. Thus, it was a dream fulfilled when they hosted Camp Cosmos, the county's first free therapeutic and recreational day camp for children with craniofacial differences and their families on Sunday, July 22. With the goal of fostering joy and self-confidence, and building relationships among kids, families, and local care providers in the Southern California craniofacial communities, Amanda shared, "Camp Cosmos was designed for families to come together and connect with their peers in a fun, safe environment where they can feel comfortable and confident in their own skin," and "It was an unforgettable, joyful day" that was brought about by the support of many community partners, including Rady's Cleft and Craniofacial Team, The Donegan Burns Foundation, and many camp volunteers. CSPS was privileged to help promote this camp (Fig. 8).

Last year, ConnectMed was able to provide care for 132 low-income patients, support 17 scholarships for nursing students and

medical specialists from underserved communities, and 4 research projects with Latin American partners. I was pleased to be able to join in the ConnectMed fund raising event, Noche Cubana, September 15. More than US \$73,000 was raised (Fig. 9) to help support the long-term

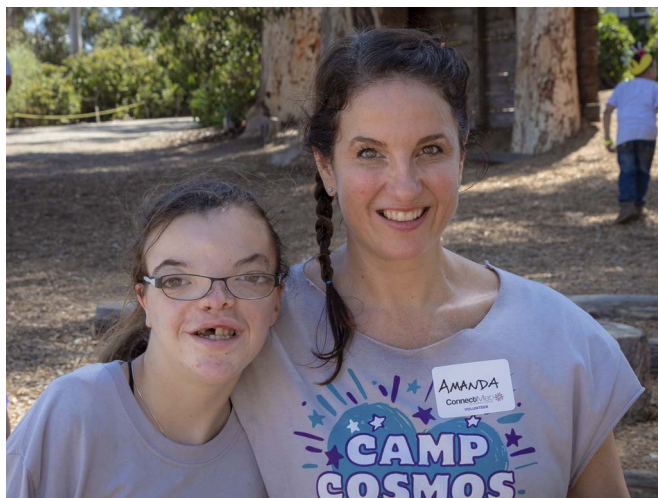


FIGURE 8. ConnectMed President Amanda Gosman and Camp Cosmos participant.



FIGURE 9. ConnectMed 2018 Gala – Noche Cubana at the El Cortez in San Diego: Amanda Gosman, Tiffany Wong, Michael Wong, and Rachel Chou.

partnerships and educational opportunities that strengthen local health-care systems as well as other future camps. For nearly a decade, ConnectMed has worked alongside local health care professionals practicing in low-income communities in the United States, Latin American, Vietnam, India, and Malawi, providing opportunities for educational and professional development. I was privileged to be able to meet Dr. Phuc Le, International Fellow of Hue University Hospital in Vietnam and a beneficiary of ConnectMed, as he made his way through Duke University to UCSD, learning surgical approaches and techniques for structuring a plastic surgery training conference and department at his hospital in central Vietnam (Fig. 10).

Breast Reconstruction Awareness Day

Our members are active in their communities, helping increase awareness of breast reconstruction as an option for patients with breast cancer and their families through special Breast Reconstruction Awareness Day (BRA Day) events and social media.

Loma Linda Pink Runway

I had the privilege of joining in Loma Linda University’s 10th Annual Pink Runway Event. Led by Subhas Gupta and the Faculty, the event was both fun and educational for all. Dr. Gupta, Professor and Chairman of the department, shared, “This is a very important event for my department and for our family personally. We started this annual charity gala as a tribute to our breast cancer survivors. These include my mother-in-law who passed away from breast cancer in 2008 after a wonderful life of philanthropy, and we give an annual award in her honor, The Sunshine Award, to researchers who work

diligently to shine light on the lives and survivorship of our breast cancer patients.” Community and industry partners came out in force to show their support for patients and their families affected by breast cancer. The Fact or Fiction Panel addressed 10 common breast cancer reconstruction myths and highlighted the multidisciplinary team involved in the care of patients with breast cancer. Kara Adams, author of Hidden Treasure and special guest speaker, shared about her personal experience with breast cancer in her talk The Roadmap to Finding Your Purpose After Cancer. Dr. and Mrs. Gupta’s children, Shayle and Saira, presented the Geeta Sugangh Sunshine Award, honoring their grandmother. All this culminated in the fashion show where the strength, courage, and beauty of all the models lit up the room as they strutted their stuff down the Pink Runway (Fig. 11; Supplemental digital content 1: <https://www.youtube.com/watch?v=LS5sCPiJjSw&feature=youtu.be>). Suby proudly states that the Pink Runway has grown from 200 to 700 attendees for the last several years and “truly serves an unmet need for promoting wholeness during breast cancer survivorship.”

Other BRA Day Member Events

Did you see Anne Peled’s Instagram @drannepeled every day during the month of October for #breastcancer and #breastcare tips, information, and stories that inspire? I thoroughly enjoyed her daily posts and became one of her more than 1000 followers. Anne, also the Co-Director California Pacific Medical Center’s Breast Program and her Breast Health Center Team, held a special BRA Day event on October 17 for that featured presentations from CSPA member Gabriel Kind and others, focusing on advances and innovations in breast surgery and reconstruction. Anne has also pioneered work with her husband Ziv and CSPA member to preserve sensation to mastectomy flaps. See their abstract in this supplement.

Karen Horton held her 7th Annual San Francisco Bay Area BRA Day USA event on October 17 at The Gazebo, Davies Campus of California Pacific Medical Center. There was an opportunity to relax and unwind during a wine tasting event with vendors and community businesses supporting breast cancer care with the event culminating in a fashion show featuring Karen’s breast reconstruction patients modeling Everviolet, a new line of comfortable and beautiful garments to wear throughout the healing process.

In addition, Lynn Jeffers had her 9th Annual St. Johns Breast Symposium on October 27 where attendees had the opportunity to learn



FIGURE 10. ConnectMed International Fellow Dr. Phuc Le pictured with Michael Wong, Tiffany Wong, and Amanda Gosman.



FIGURE 11. The finale at Loma Linda University's 10th Annual Pink Runway Event held at the Riverside Convention Center.

about the latest hot topics in breast health through a multidisciplinary panel of medical experts in addition to enjoying specialized clothing, skin care consultants and jewelry from local vendors.

UC Davis' BRA Day Video

I had the personal privilege of sitting down with one of my breast reconstruction patients who was gracious enough to share about her experience. I am especially appreciative of Ella allowing me to interview her and my UC Davis video team who captured it all (Fig. 12). Like the many events and posts of our CSPS members, it was my hope that "Taking the Journey – Ella's Story" could help inform, educate, and inspire other breast reconstruction patients and those considering

reconstructive surgery. In the words of Ella, "Never give up hope, because hope is what sustains us." (Supplemental digital content 2: <https://www.youtube.com/watch?v=IBWvAq5APCc>).

CSPS PROGRAMS

The CSPS Education and Research Foundation

As part of highlighting the good things CSPS is doing, I wanted to provide an update on the CSPS Education and Research Foundation (CSPSERF), our nonprofit 501(c)(3) aimed at identifying and pursuing, through directed research, education, and charitable contributions, various issues relevant to the advancement, effectiveness, and safety of plastic surgery. Our initial focus has been on the charitable contributions arm, with our initial effort on providing reconstructive surgery to California's uninsured and underinsured children, 18 years and younger. Participation is open to the public, and there is no fee for participation. To date, we have received 4 applications for services and have provided services to one. I wanted to share his story to demonstrate the incredible impact our society and members are having on children in our community.

A hospitalization in the pediatric intensive care unit requiring high dose steroids and his protracted recovery was the beginning of EA's battle with weight, maxing out at 338 pounds. At 16 years old, he had the signs of metabolic syndrome, painful joints, and he spiraled into depression. After a health scare, he committed to a diet and exercise program that resulted in him losing over 170 pounds. While he felt better about himself and his depression improved, unfortunately he had significant skin excess, a constant reminder of his former self. CSPS learned of his story through his GoFundMe page, something he set up after 2 years of insurance denials in an effort to raise the money for his surgery; and CSPS reached out to him. He met CSPSERF guidelines, was approved by the Sub-Review Committee, and was connected to CSPS member Susan Downey who performed his gynecomastia surgery. Dr. Downey donated her services and CSPSERF covered the facility and anesthesia fees. His aunt writes of the dramatic change this procedure has had on his life with him walking around shirtless for the first time four months after his surgery, "He looks and feels better than he has ever felt.... His confidence is at an all time high, he's ambitious, adventurous and has become more social."—an excerpt of the letter from EA's aunt



FIGURE 12. Shooting BRA Day video of UC Davis breast reconstruction patient.



FIGURE 13. President-Elect Scott Barttelbort and his grateful patient Susan Mollenkopf. She and her husband Steve established the Mollenkopf Breast Reconstruction Fund.

Mollenkopf Breast Reconstruction Fund

President-Elect Scott Barttelbort's grateful patient, Susan Mollenkopf, motivated by her own journey with breast cancer and reconstruction, completely understands the impact of reconstructive breast surgery. In response to learning of some patients' financial challenges keeping them from completing their reconstructions, she and her husband Steve established the Mollenkopf Breast Reconstruction Fund (Fig. 13). In addition to their own generous donations, matching funds were donated by The Qualcomm Foundation. A total of US \$300,000 has been contributed to date. The Fund, originally established for patients of American Society for Aesthetic Plastic Surgery/Aesthetic Surgery Education and Research Foundation members in San Diego, is now generously being expanded to include patients of CSPS members throughout California. Each US \$5000 Mollenkopf grant is for breast reconstruction patients who are deferring revisions to complete their reconstructive surgery because of financial difficulties.

Dr. Barttelbort and I had the pleasure of meeting with Susan. Effervescent, she shared, "It saddens me to know that financial considerations or large deductibles might keep a woman from finishing their reconstruction." She continued, "I am thrilled to be able to help the women of California complete their reconstructions and move on with their lives." Dr. Barttelbort added, "We are grateful to Susan and Steve Mollenkopf for generously expanding their commitment to include the patients of CSPS members and giving hope to women of California. The administrative requirements have been kept to a minimum, there is no financial screening, and the benefits to our patients can be life changing."

If you would like more information on CSPSERF or the Mollenkopf Breast Reconstruction Fund, or if you have a patient you believe CSPSERF or the Mollenkopf Breast Reconstruction Fund might be able to help, please contact our office for assistance in the application process.

NEW MEMBER AND LEADER SPOTLIGHTS

I started our New Member Spotlight to highlight new members and welcome them into our plastic surgery family. As the largest state plastic surgery society, I hoped to increase a sense of belonging and inclusion by introducing our newest members to the rest of the CSPS family. I also started the New Leader Spotlight as a way of acknowledging their contributions to our society as well as trying to close the gap between our society's leadership and members. I hope you have enjoyed getting to know some of our newest members and leaders. If you missed them in my monthly messages, let me briefly introduce them to you now. I also encourage you to click their supplemental digital content for more fun facts about them.

Anne Peled

Anne completed her plastic surgery residency training as well as a breast surgical oncology and microsurgical fellowship at University of California San Francisco (UCSF). She is now in private practice in San Francisco specializing in breast, reconstructive, and cosmetic surgery and serves as clinical faculty at UCSF (Fig. 14). To learn more fun facts about Anne, including what things she cannot operate without, click this link (Supplemental Digital Content 3: <https://californiaplasticsurgeons.org/csps-new-member-spotlight/>).

David Boudreault

David, a UC Davis plastic surgery residency alumnus, has a thriving private practice in Palo Alto, Illuminate Plastic Surgery, where he performs both reconstructive and aesthetic surgery. Already having contributed much to our society as a resident, we look forward to his contributions to our society in the future. His lovely wife Molly, a nurse practitioner, runs his practice (Fig. 15). Together, they have a bright and energetic son, Penn. To learn more about David, including his favorite movie and the funniest tattoo he has ever seen, click this link



FIGURE 14. Anne Peled.



FIGURE 15. David Boudreault.

(Supplemental Digital Content 4: <https://californiaplasticsurgeons.org/dr-david-boudreault-csps-new-member-spotlight/>).

Winnie Tong

Winnie, of Kaiser Walnut Creek, completed her plastic surgery residency at the University of North Carolina, Chapel, Hill and a microsurgery fellowship at MD Anderson. She now serves as our Kaiser Liaison to the CSPS Council. We wholeheartedly welcome Winnie and the Kaiser plastic surgeons she represents (Fig. 16). We also thank Winnie for creating new opportunities for our members to interact with our Kaiser colleagues through the February 9, 2019, Kaiser Permanente Annual Plastic Surgery Symposium held in Costa Mesa. To learn more about Winnie, and why she got involved with CSPS as well as her favorite hobby, click this link (Supplemental Digital Content 5: <https://californiaplasticsurgeons.org/csps-new-council-member-dr-winnie-tong/>).

Katerina Gallus

Katerina, a fellow Blue Devil, earned her Bachelor of Science at Duke while on academic and Reserve Officer Training Corps scholarships, and her Doctor of Medicine (MD) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland, where she met and married her husband, a Naval Academy graduate himself. They

both completed general surgery residency at the Naval Medical Center San Diego and have 3 lovely daughters. Katerina additionally completed her plastic surgery training at Indiana University School of Medicine in Indianapolis. She is now practicing in San Diego at Restore Plastic Surgery (Fig. 17). To learn more about Katerina, click this link (Supplemental Digital Content 6: <https://californiaplasticsurgeons.org/csps-new-member-spotlight-dr-katerina-gallus/>).

Rahim Nazerali

Rahim, born and raised in Calgary, Canada, he earned a Bachelor of Science with Honors in Life Sciences with a specialization in neurophysiology from Queen's University, Kingston in Ontario, Canada. He then migrated south to the United States where he earned a Master of Health Science at the John's Hopkins School of Public Health in Health Systems Management followed by his MD in the Dartmouth/Brown Medical Program. He eventually moved west to complete his plastic surgery training at the University of California Davis and furthered his training with a microsurgery fellowship under the tutelage of Gordon Lee at Stanford University. He is now a Clinical Assistant Professor of Surgery in the Division of Plastic & Reconstructive Surgery at Stanford University (Fig. 18). To learn some more personal and fun facts about Rahim, please click this link (Supplemental Digital Content 7: <https://californiaplasticsurgeons.org/csps-new-council-member-dr-rahim-nazerali/>).

Wai-Yee Li

Wai-Yee, born and raised in London, England, she earned her Bachelor of Science in pathology as well as her Bachelor of Medicine and Surgery from the University of Birmingham, England. As a general surgery resident at the Royal Marsden Hospital, she became interested in breast reconstruction and embarked on plastic surgery training at the Queen Victoria Hospital, East Grinstead, followed by a Doctor of Philosophy in wound healing and craniofacial development at the Children's Hospital Los Angeles, granted by the University of Manchester. She then

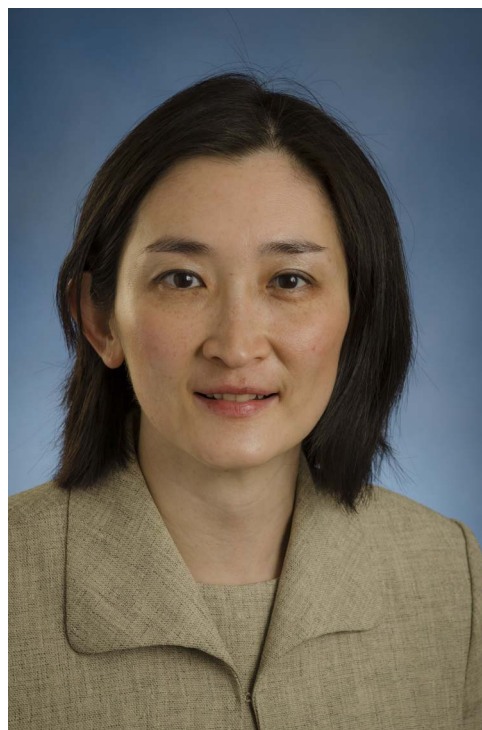


FIGURE 16. Winnie Tong.



FIGURE 17. Katerina Gallus.



FIGURE 19. Wai-Yee Li.

completed her residency in plastic surgery at the University of Southern California, followed by a pediatric plastic surgery fellowship at the University of British Columbia, Canada. She now practices at the City of Hope, concentrating on postcancer reconstruction (Fig. 19). To learn some more personal and fun facts about Wai-Yee, please click this link (Supplemental Digital Content 8: <https://californiaplasticsurgeons.org/csps-new-member-spotlight-dr-wai-yee-li/>).

Trent Douglas

Trent completed his undergraduate degree at the University of Virginia and went on to obtain his medical degree from the Emory



FIGURE 18. Rahim Nazerali.



FIGURE 20. Trent Douglas.



FIGURE 21. Thomas Satterwhite.

University School of Medicine. He performed his general surgery residency at the Naval Medical Center San Diego before returning to Atlanta to complete his plastic surgery residency at the Emory University. He served as plastic surgeon at the Naval Medical Center San Diego from 2006 to 2017, being deployed to Afghanistan as well as numerous humanitarian aid missions in South East Asia. He is now in practice in San Diego at Restore Plastic Surgery (Fig. 20). To learn some more personal and fun facts about Trent, please click this link (Supplemental Digital Content 9: <https://californiaplasticsurgeons.org/csps-spotlight-dr-trent-douglas/>).

Thomas Satterwhite

Thomas is a Stanford University alum times three having completed his bachelor's degree, his medical degree, and his plastic surgery residency all at Stanford. He went onto complete a craniofacial fellowship at the University of Miami under the direction of Anthony Wolfe and ultimately returned to San Francisco focusing on all aspects of gender confirmation surgery. He recently joined Dr. Curtis Crane to provide comprehensive care to the transgender and LGBT community (Fig. 21). To learn some more personal and fun facts about Thomas, please click this link (Supplemental Digital Content 10: <https://californiaplasticsurgeons.org/csps-new-member-spotlight-dr-thomas-satterwhite/>).

VISITING PROFESSORSHIPS

As President, one of the privileges of the office is the opportunity to serve as the CSPS Visiting Professor. I had the honor of representing CSPS, sharing about the incredible things this society does for patients and members. I had the special chance to see the amazing training programs we have in California and meet all their incredibly bright, motivated, and eager residents. After each visit, I was reassured that the future of plastic surgery is bright in the hands of our trainees. I also had the opportunity to visit with some of our local societies as well as participate as faculty at the Kaiser Permanente Plastic Surgery Symposium, spreading the word about CSPS as well as learning from colleagues.

UCSD

Under the leadership of Amanda Gosman, UCSD is an incredible program with great faculty and impressive residents. The health campus is truly impressive with a new state-of-the-art hospital, UCSD Jacobs Medical Center, and other incredible resources. One unique learning resource is the Center for the Future of Surgery, where the residents and I performed autoaugmentations of the buttock and breast, a prelude to one of my lectures on postbariatric body contouring (Fig. 22). Later, second-year independent resident Adam Hauch presented an interesting case



FIGURE 22. Wong visiting UC San Diego pictured with residents in the Center for the Future of Surgery where he performed autoaugmentations of the buttock and breast as a prelude to lectures on postbariatric body contouring.



FIGURE 23. Wong visiting Loma Linda University pictured with residents and faculty.

of a massive weight loss patient who had a previous open cholecystectomy and a history of pelvic irradiation for gynecologic pathology, with plastic surgery now being asked to perform a panniculectomy to provide access for an abdominal hysterectomy for recurrent disease. The lively discussion and interaction with the residents in the laboratory and the classroom demonstrated inquisitive minds and a thirst for knowledge, reassuring me that the future continues to be bright for plastic surgery.

Loma Linda University

Under the Chair, Subhas Gupta and Program Director, Michael Hill (Fig. 23), the residents impressed me with their case presentations

on smile restoration, a bypass for multidigit revascularization, and lower lid reconstruction after tumor recurrence after previous resection, reconstruction, and radiation. My first grand rounds talk on sternal plating prompted additional discussion surrounding a case presentation of mediastinitis. The Loma Linda University faculty and residents do a fair amount of postbariatric body contouring, so I was privileged to be able to share about my approach to this challenging group of patients. Finally, I was honored to share about my journey to the presidency of the CSPS, highlighting the many people in this amazing organization who have mentored, supported, and encouraged me from my first meeting in Sonoma in 2004 through today. It was here that I met the passion of Tyler Frew and Saba Motakef for truth in advertising and patient safety. Both eloquently made public comments at the special meeting of the MBC regarding their concerns with the ABCS, contributing greatly to the unanimous vote by the MBC denying ABMS equivalency.

UCSF

Under the leadership of Division Chief William Hoffman and Program Director Scott Hansen, I was extremely impressed by the resources and facilities of the new Mission Bay Campus that did not exist when I was a surgery resident living in San Francisco. Even more impressive was the energy and enthusiasm of the residents and the great diversity and complexity of their cases. One obvious unique strength of the UCSF program is their vast experience in the area of gender-affirming surgeries. The UCSF is poised to be a leader in this increasingly popular new area of our specialty. I enjoyed sharing about my journey to the CSPS Presidency, especially because it encouraged Audrey Nguyen to seek out a CSPS committee service opportunity. She is now a resident member on our scientific committee. As I shared, committee service is not only a way to give back but also an entrée into the inner workings of organized plastic surgery (Fig. 24).



FIGURE 24. Wong visiting UC San Francisco pictured with residents and faculty.



FIGURE 25. Wong visiting the Greater Sacramento Society of Plastic Surgeons pictured with residents and members.

Greater Sacramento Society of Plastic Surgeons

Led by President Lynn Hackert, I had the enjoyable opportunity to share with my Sacramento Plastic Surgery Family, the Greater Sacramento Society of Plastic Surgeons (Fig. 25). It was great to be able to personally update all about the important decision of the MBC, who unanimously declared the American Board of Cosmetic Surgery not equivalent to American Board of Medical Specialty boards, thus denying ABCS the right to legally advertise as “board certified in cosmetic surgery.” I also had a chance to share and to thank so many of them who supported, encouraged, and mentored me in my talk, Journey to the CSPS Presidency.

Southern California Kaiser Symposium

I was especially pleased to be invited to join in the Southern California Kaiser Symposium by Chair Dong-Joon Lee and Chief of Kaiser West Los Angeles after an introduction by Winnie Tong, our Kaiser Liason. It was also great to join other CSPS members, Jordan DesChamps-Braly and Alex Wong, at this annual Kaiser plastic surgery meeting. Kaiser plays a huge role in the care of our patients and an important role in the training of our residents. I hope that this collaboration opens more doors for greater interaction between the CSPS and Kaiser Permanente (Fig. 26).



FIGURE 26. Wong visiting Costa Mesa for the Kaiser Permanente Plastic Surgery Symposium pictured with faculty Jordan Deschamps-Braly (Director, Deschamps-Braly Clinic), Melissa Poh (West Los Angeles Southern California Permanente Medical Group), Andrew Wexler (Emeritus Per Diem KP and Clinical Professor, USC), Cori Agarwal (Associate Professor, University of Utah), Alex Wong (Associate Professor, USC), Cissy Tan (Regional Chief, Southern California Permanente Medical Group), and Dong-Joon Lee (Chief, West Los Angeles Southern California Permanente Medical Group).



FIGURE 27. Wong's Family pictured at the Presidential Award's Dinner in San Diego: Jeremy, Tiffany, Rachel, Merrily, and Gordon.

I look forward to my other visits to Stanford, University of California Irvine, and the Orange County Society of Plastic Surgeons on the schedule for after the submission of this message.

ANNUAL MEETING

I am extremely excited to bring the 69th CSPA Annual Meeting back to Sacramento, May 30 through June 2! The meeting has not been held here since 2003! So much has changed since then! With the completion of the Golden 1 Center and Downtown Commons as well as the growth of the food scene with Sacramento being America's Farm-to-Fork Capital, you may not recognize our city! (Supplemental Digital Content 11: <https://www.youtube.com/watch?v=h-6nxNEvPxE&feature=youtu.be>). The many Sacramento plastic surgeons and I are eager to host you and your families!

Thank you to the Scientific Program Committee led by Co-Chairs Amanda Gosman and Rahim Nazerali for putting together an amazing program! They certainly had their hands full with the record number of submitted abstracts! I also would like to thank the CSPA Office led by

Christine Pahl and Jenny BlackDeer who helped make the new addition of abstracts to our supplement a reality!

FINAL THANKS

Thank you to our new members and new leaders of CSPA! I appreciate the energy and enthusiasm each of you brings to our organization! I am also reassured that the future of our society is in good hands!

A big thank you for the kind hospitality extended to me by so many programs and regional societies as your CSPA Visiting Professor! I was impressed with all the training programs in California and convinced that we have the brightest training in plastic surgery!

And special thanks to the CSPA family for allowing me the true honor and privilege of serving as your CSPA President! It has been an incredible year! The CSPA is such a special organization that does truly amazing work! I greatly enjoyed being able to boast about all the wonderful things CSPA does for patients and their families as well as for the House of Plastic Surgery in our state and beyond! I am proud of the work we accomplished in the area of advocacy with our win against ABCS! I am proud of our members who are involved in the education and training of our residents all the way through the board certification process of our surgeons! This ensures that our specialty puts out safe, ethical, and efficacious plastic surgeons. I am proud of our many members who are committed to serving the underserved here and abroad! I am proud of our many members who are involved in increasing public awareness of the important role plastic surgeons play in restoring wholeness to patients with breast cancer! I am proud of our CSPSERF and the Mollenkopf Breast Reconstruction Fund and hope that we can expand on the use of both of these for the benefit of our patients!

And finally, I would like to end where it started, by thanking God and my family! I am the person I am for your unending love, support, and encouragement of me all these years! Thank you for your patience and kind understanding of my schedule this year, with my additional travel and numerous conference calls! All this would have been impossible without you! (Fig. 27).

With my deepest gratitude and thanks,

Michael Wong

Michael S. Wong, MD
President, California Society of Plastic Surgeons