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Preparation of Stable Amyloid β -Protein Oligomers of Defined Assembly Order

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Abstract

Oligomeric assemblies of the amyloid β -protein, A β , are thought to be the proximate neurotoxic agents in Alzheimer's disease (AD). Oligomer formation is a complex process that produces a polydisperse population of metastable structures. For this reason, formal structure–activity correlations, both in vitro and in vivo, have been difficult to accomplish. An analytical solution to this problem was provided by the application of a photochemical cross-linking method to the A β assembly system. This method, photo-induced cross-linking of unmodified proteins (PICUP), enabled the quantitative determination of the oligomer size distribution. We report here the integration of PICUP with SDS-PAGE and alkaline extraction procedures to create a method for the isolation of pure populations of oligomers of defined order. This method has been used successfully to provide material for formal structure–activity studies of A β oligomers.

Key words: Amyloid β -protein, Oligomers, PICUP, Purification

1. Introduction

Alzheimer's disease (AD) is a neurodegenerative disorder characterized by the formation of extracellular amyloid deposits in the brain parenchyma and vasculature and within neuronal cells (1). These deposits are composed of the amyloid β -protein, A β , and the microtubule-associated protein, tau, respectively (1, 2). An important current working hypothesis of AD causation posits that A β oligomers are the proximate pathologic agents (3–5). In vivo and in vitro studies have revealed a diversity of such assemblies (6), including dimers (7), A β *56 (8), A β -derived diffusible ligands (ADDLs) (9), paranuclei (10), protofibrils (11, 12), globulomers (13), and amylospheroids (14). To establish how each of these assemblies is involved in disease causation, structure–activity

correlations must be established. However, achievement of this goal has been difficult due to the complexity of A β assembly, the metastability of A β oligomers, and the polydispersity of the oligomer population (6, 15).

Bitan et al. (16) applied the method of photo-induced cross-linking of unmodified proteins (PICUP) (17, 18) to “freeze” the oligomer equilibria and allow analytical studies of A β oligomerization. PICUP is a highly efficient, zero-length cross-linking method that can be applied to native (no *pre facto* protein modification is required) A β populations. Following cross-linking, monomer interchange among cross-linked oligomer species does not occur because the monomers are covalently bound to each other. This eliminates the metastability problem discussed above and allows quantitative determination of the polydispersity of the population. Bitan et al. observed that the shorter isoform of A β , A β 40, and the longer isoform, A β 42, each produced a distinct oligomer distribution when studied by SDS-PAGE (10). This distinction is correlated with the strong disease linkage of A β 42.

The successful application of PICUP to the problem of quantitatively determining the A β oligomer size distribution suggested that PICUP might be incorporated into a protocol for the production of A β oligomers of defined order. Initial work in this area focused on coupling PICUP with size exclusion chromatography (SEC). SEC is a useful method for the separation of soluble proteins on the basis of Stokes radius. SEC has the advantage of being carried out in the solution phase, which results in sample fractions that can be used immediately in other experiments. Unfortunately, preliminary experiments showed that the molecular weight resolution of SEC was insufficient to produce pure populations of oligomers larger than dimers (unpublished results). For this reason, we attempted to combine PICUP with SDS-PAGE, which has very high molecular weight resolution. To do so, an efficient method of extraction of the oligomer populations from the gel matrix had to be developed. This goal was achieved through modification of an alkaline extraction protocol originally reported by Jin and Manabe (19). The ability to produce pure populations of oligomers of specific order enabled formal structure–activity studies of A β 40 oligomers (20). We communicate here details of the method used in this study.

2. Materials

All solutions were prepared using water provided by a Milli-Q system (18 M Ω /cm, Millipore Corp., Bedford, MA). All reagents were of the highest purity available and were purchased from Sigma-Aldrich, unless otherwise noted.

2.1. PICUP

1. Ammonium persulfate (APS): 60 mM solution in water (13.7 mg/ml). Vortex until the APS has dissolved, place on ice, and then use immediately thereafter.
2. Tris (2,2'-bipyridyl)dichlororuthenium (II) hexahydrate (Ru (Bpy))₃: 3 mM solution in water (2.24 mg/ml). Vortex the solution until the solid is dissolved and then place on ice, wrapped in aluminum foil, to protect from light. Use immediately.
3. Sodium hydroxide (NaOH): 60 mM (2.4 g/l) in water, pH 11.
4. Sodium phosphate, dibasic buffer (Na₂HPO₄): 20 mM (2.84 g/l) in water, pH 7.4. Prepare and store at room temperature.
5. β -Mercaptoethanol: 5% (v/v) solution in 2 \times sample buffer (Cat. Num. LCI676, Invitrogen, Carlsbad, CA).
6. 200-W incandescent lamp: model 170-D (Dolan-Jenner, Lawrence, MA) (see Note 1, Fig. 1).
7. 35-mm Pentax camera body with bellows (see Note 1, Fig. 1).
8. Sonicator (model 1510R-DTH; Branson Ultrasonics).

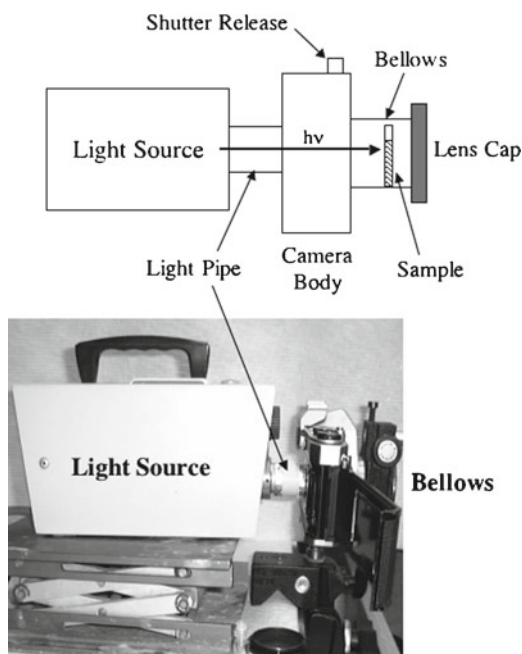


Fig. 1. The irradiation system. A light source is linked to the shutter side (*back*) of a 35-mm SLR camera body through a cylindrical tube (*light pipe*). The sample is placed within a bellows attached to the lens opening, after which a lens cap closes the open end of the bellows. Irradiation then occurs by actuation of the shutter release, with the time adjusted using the shutter speed control of the camera.

**2.2. SDS-PAGE
and Gel Staining**

1. 10–20% Tricine gels, 1-mm thick, 10 wells (Cat. Num. EC6625BOX, Invitrogen, Carlsbad, CA) (Note 2). Store at 4°C.
2. Tricine SDS Running Buffer (10×) (Cat. Num. LC1675, Invitrogen, Carlsbad, CA). Dilute 50 ml of 10× buffer in 450 ml water. Mix thoroughly. Store at room temperature.
3. Mark12 unstained standard: protein standard (Cat. Num. LC5677, Invitrogen, Carlsbad, CA). 2.5–200 kDa standard. Store at 4°C.
4. Coomassie Blue: SimplyBlue™ (Cat. Num. LC6060, Invitrogen, Carlsbad, CA).
5. Orbital shaker, model ZD-9556 (Madell Technology Corporation, Ontario, CA).

**2.3. Alkaline
Extraction**

1. 1.5-ml Disposable pellet pestle (Cat. Num. K749521-1590, Fisher Scientific, Rockford, IL).
2. Ammonium hydroxide (NH₄OH): 0.1 M (0.35% w/v) in water.
3. Rotator (Mini LabRoller, Labnet International, Inc., Woodbridge, NJ) (8.4" × 4" × 5", 20–24 rpm).

2.4. Purification

1. SDS Removal: SDSOut (Pierce, Rockford, IL).
2. Dialysis membrane: Spectra/Por Biotech CE Dialysis Membranes; 2,000 MWCO (molecular weight cutoff); 7.5-mm diameter (Spectrum Laboratories, Rancho Dominguez, CA).
3. Urea: 10 M (60% w/v) in water.
4. Silver staining kit: SilverXpress (Cat. Num. LC6100, Invitrogen, Carlsbad, CA).

3. Methods

The method described involves the production of multiple samples of cross-linked peptide, followed by the pooling of the samples, their fractionation by SDS-PAGE, and their extraction from the resultant gel (Fig. 2).

3.1. PICUP

1. Dissolve Aβ40 (see Note 3) to a concentration of 90 μM in a solution of 6 mM NaOH/9 mM Na₂HPO₄. First, dissolve 195 μg of the peptide in 50 μl of 60 mM NaOH gently agitating the tube to aid in dissolution. Add 225 μl water, continuing to gently agitate, until the solution is clear. Finally, add 225 μl of 20 mM Na₂HPO₄, pH 7.4 (see Notes 4 and 5).
2. Sonicate the Aβ40 solution for 1 min.

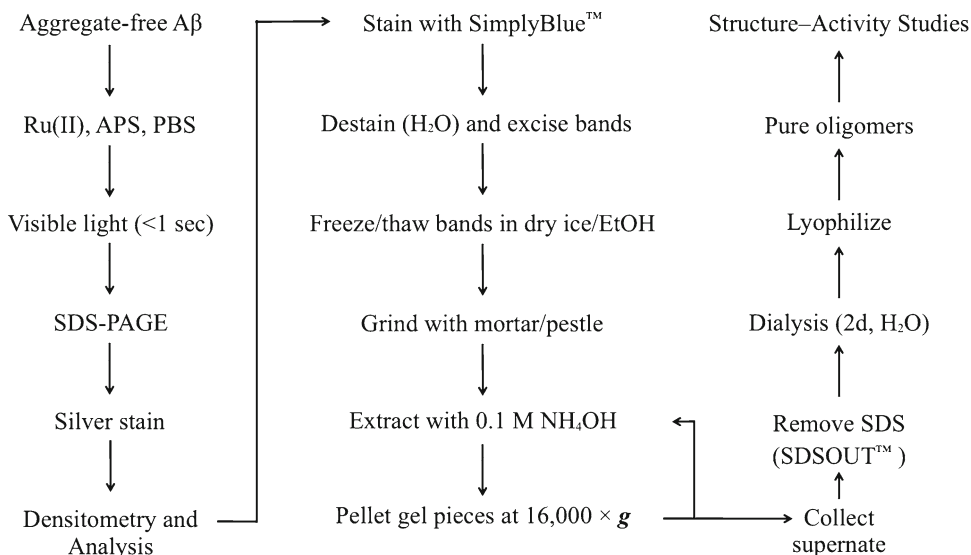


Fig. 2. Outline of the method.

3. Centrifuge the solution at $16,000 \times g$ for 10 min, then aliquot the supernate into 0.2-ml clear, thin-walled PCR tubes (18 μ l/tube).
4. Add 1 μ l of APS and 1 μ l Ru(Bpy) into one reaction tube. Place the tube into the camera bellows in the irradiation system (Fig. 2), cap the end, and then irradiate the tube for 1 s. Immediately quench the reaction with 20 μ l of β -mercaptoethanol/sample buffer.
5. Multiple reactions may be done to produce larger amounts of cross-linked peptide (see Note 6). These reactions may be pooled and stored at -20°C if subsequent experiments are not to be done immediately (see Note 7).

3.2. SDS-PAGE

1. Prepare the gel for electrophoresis by creating a two-lane gel, one lane being an outermost lane and the other being the remaining lanes in the gel from which you have removed the intervening polyacrylamide teeth between the sample wells. This can be done using a small scalpel. Wash the two sample wells with running buffer and assemble the gel system.
2. Heat the cross-linked oligomers at 100°C for 10 min. This can be done in a boiling-water bath or a heating block. Centrifuge the pooled oligomers briefly in a microcentrifuge ($16,000 \times g$).
3. Load molecular weight markers (10 μ l) in the small well and the supernate of the cross-linked oligomers in the large well (up to 400 μ l).
4. Electrophorese at 100 V, constant voltage, until the sample has stacked at the interface between the stacking and separating gels.

Electrophorese the samples at 120 V, constant voltage, until the dye front has reached the bottom of the gel.

5. After electrophoresis, open the gel cartridge by prying it open with a spatula, knife, or other thin, flat implement. Carefully detach the gel from the bottom plate of the cartridge into a staining tray filled with water.
6. Add enough water to cover the gel by a few centimeters and gently agitate on an orbital shaker for 5 min. Discard the water and replace it with fresh water. Repeat wash three times.
7. Pour out the last water wash and add sufficient SimplyBlue™ stain solution to cover the gel. Place the gel on the orbital shaker for 1 h. After staining, pour out the staining solution and replace it with water. Place the gel on the orbital shaker for 1 h to destain the gel and to reveal the protein bands.

3.3. Alkaline Extraction

1. Place the stained gel on a glass plate (scrupulously cleaned with soap and water, then water, and finally with methanol or ethanol) and excise the oligomer bands with a scalpel or razor blade (see Note 8).
2. Dice each band into small (1 mm) cubes and place the cubes into a 1.5-ml microcentrifuge tube (see Note 9). Wash the gel cubes with 1 ml of water three times. Briefly centrifuge ($16,000\times g$) and remove the supernatant water each time.
3. Pre-heat a water bath to 70°C and prepare a small vessel (of geometry appropriate for immersing 1.5-ml microcentrifuge tubes) containing dry ice and ethanol. Subject the gel cubes to three cycles of rapid freezing and thawing by alternately placing the tubes in the water and dry ice/ethanol baths. The cubes will become brittle during this process, after which they are crushed into a homogeneous state using a 1.5-ml pellet pestle.
4. Extract the crushed gel pieces in 1 ml of 0.1 M NH_4OH for 10 min at room temperature while rotating at 24 rpm. Centrifuge at $16,000\times g$ for 5 min and collect the supernate. Repeat the extraction, rotation, and centrifugation twice more.

3.4. Purification

1. Pool the final supernates of the extracted gel pieces and treat with SDS-Out™ to remove SDS. Transfer the protein sample to one of the microcentrifuge tubes provided with the kit. Add the SDS-Out Precipitation Reagent to the protein sample (1:20, v/v) and vortex to mix. Incubate on ice for 20 min, then centrifuge at $16,000\times g$ for 10 min. Transfer up to 500 μl of the supernate to one of the spin cup columns provided with the kit and centrifuge at $16,000\times g$ for 1 min.
2. Prepare dialysis membrane by cutting into short lengths (suitable for up to 1 ml of sample) and soaking in enough water to fully immerse the membrane for 30 min at room temperature

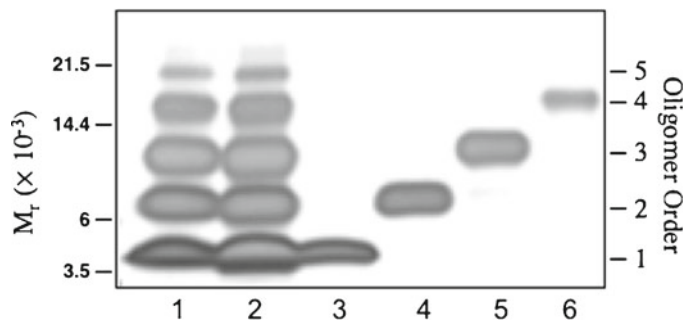


Fig. 3. Evaluation of the method by SDS-PAGE and silver staining. *Lanes:* 1, cross-linked A β 40 prior to purification; 2, cross-linked A β 40, for which the entire lane from the first Coomassie-stained gel was subjected to the purification procedure; 3, final product from the monomer band of the first gel; 4, final product from the dimer band; 5, final product from the trimer band; and 6, final product from the tetramer band.

(this removes sodium azide and other chemical contaminants). Without letting the membrane dry out, fold one end of the tubing back onto itself and clamp the tubing closed across the double-thickness region using a dialysis tube clamp. Introduce up to 1 ml of the SDS-OutTM-treated mixture into each piece of dialysis tubing and then clamp this end as specified above. When this end of the membrane is folded, ensure that as little air as possible is left inside the bag.

3. Dialyze the 1 ml samples in dialysis membranes against 5 L of 10 M urea at 4°C for 12 h. Remove the urea by dialysis twice with 5 L of water for 12 h at 4°C each time.
4. After dialysis, open one end of the bag, collect the solution, and lyophilize. Store the lyophilizate at -20°C (see Note 10).
5. Lyophilizates can be reconstituted in a variety of solvents. We routinely evaluate protein amount and purity by reconstitution of the lyophilizate in 200 μ l of 50 mM sodium bicarbonate, after which 5 μ l of this solution is mixed with 5 μ l of 2 \times sample buffer/5% 2-mercaptoethanol, boiled for 10 min, and then analyzed by SDS-PAGE and silver staining (Fig. 3).

4. Notes

1. The camera body/bellows system is a convenient means of precisely irradiating samples for chosen amounts of time. Any system that can accomplish the same thing can be used. The incandescent lamp provides visible light to photooxidize the Ru^{II} in the Ru(Bpy) complex. The critical considerations here are the wavelength distribution of the light source and the photon flux. Adjustments to these parameters generally are not

possible, but the modification of irradiation time is a simple and effective method for optimizing cross-linking efficiency and minimizing radical damage to the protein to be cross-linked (see (16) for a complete discussion of these points).

2. 10–20% Gradient gels also can be prepared manually. We have chosen to purchase pre-cast gels for convenience.
3. The A β used in our experiments is synthesized “in house,” as described (20). The method of synthesis and the source of A β is not critical, *as long as the peptide is chemically pure*. Our peptides are characterized by HPLC, amino acid analysis, and mass spectrometry. Peptide purity is >90%, as determined by HPLC. The protein content of our peptide lyophilizates generally is >85%.
4. The calculation used here should provide enough material to run two gels of cross-linked material, but it can be scaled up or down to fit the needs of the user. The volume of NaOH used should be 10% of the final solution volume. Add water to 55% of the final volume. Add the final 45% solution volume as 20 mM Na₂HPO₄, pH 7.4.
5. Any remaining unsolubilized peptide should be solubilized following addition of the water. After addition of the phosphate buffer, the pH should change to 7.6. Any unsolubilized peptide should be removed at this point by centrifugation for 15 min at 16,000 $\times g$ at room temperature.
6. It is important to do one reaction at a time. Do not add the APS and Ru(Bpy) reagents to all the tubes and then irradiate them one at a time. Only add reagents to a tube once the irradiation and quenching of the prior tube has been completed.
7. The -20°C freezer should not have an auto-defrost function because this function produces freeze–thaw cycles that can affect peptide structure.
8. Place a plain white sheet of paper under the glass plate to enhance contrast and make the oligomer bands easier to distinguish.
9. Diced gel pieces can be stored at -20°C for several weeks prior to use.
10. Oligomers should be stable indefinitely in an anhydrous state at -20°C under N₂ or Ar gas.

Acknowledgments

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