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Laser-Ablation Sampling for Accurate Analysis of Sulfur in Edible Salts

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Abstract

We evaluated the performance of laser-ablation analysis techniques such as LIBS, LA-ICP-OES and LA-ICP-MS, in comparison with that of ICP-OES using aqueous solutions for the quantification of sulfur in edible salts from different geographical origins. We found that the laser ablation based sampling techniques were not influenced by loss of sulfur, which was observed in ICP-OES with aqueous solutions for a certain salt upon their dissolution in aqueous solutions, originating from the formation of volatile species and precipitates upon their dilution in water. Although detection of sulfur using direct laser sampling with LA-ICP-MS has well-known isobaric and polyatomic interferences, LIBS and LA-ICP-OES showed good accuracy in the detection of sulfur for all salts. LIBS also provided the ability to identify the dominant chemical form in which sulfur is present in salts. Correlation between sulfur and oxygen, observed in LIBS spectra, provided chemical information about the presence of S^{2-} or SO_4^{2-} , which are associated with the origin and quality of edible salts.

Keywords Edible salt, Sulfur, Laser-Ablation Sampling, LIBS, LA-ICP-OES, ICP-OES

28 **Introduction**

29 Salt is a ubiquitously used food additive. Typically, a few to ten grams of salt is consumed by an
30 average person per day.^{1,2} According to the source from which salt is extracted, it can be generally
31 classified into two categories; sea and rock salt.³ Sea salt is produced by evaporating seawater on
32 saltpans nearby sea shores whereas rock salts are collected from underground caverns. The as-extracted
33 sea and rock salts (unrefined salts) are either refined for table salts or can be used for further processed
34 salt products.

35 The elemental composition of salts depends on their sources and production methods. Sodium
36 chloride (NaCl) is a common matrix for salts. Major metallic elements in salt are magnesium (Mg),
37 calcium (Ca), and potassium (K), contained up to a few wt.%.⁴⁻⁷ Minor metallic elements are strontium
38 (Sr), lithium (Li), aluminum (Al), silicon (Si), titanium (Ti), and iron (Fe).^{4,6,8-9} Their concentrations are
39 typically less than a few hundred parts-per-million (ppm). Sulfur (S), oxygen (O), hydrogen (H), and
40 carbon (C) are major non-metallic elements in salts. Most of S and O in salts come from sulfates (SO_4^{2-})
41 that were originally dissolved in seawater.¹⁰ SO_4^{2-} is typically the most abundant ion in sea salts
42 excluding the matrix ions, Cl^- and Na^+ . O also may be included in forms of carbonates (CO_3^{2-}),
43 bicarbonates (HCO_3^-), other oxyanions and water (H_2O) that was absorbed by hygroscopic compounds
44 in salts such as MgSO_4 and MgCl_2 .^{7,11}

45 Chemical analysis of edible salts is necessary for evaluating their quality, distinguishing their
46 geographical origin or production method, and monitoring toxic chemical species. To date, the majority
47 of the studies on quantitative analysis of salts have used inductively coupled plasma optical emission
48 spectroscopy (ICP-OES) and atomic absorption spectroscopy (AAS).^{4,5,12-14} Other techniques used for
49 quantitative analysis of salt are ICP-MS,¹⁵ instrumental neutron activation analysis (INAA),¹⁶⁻¹⁹
50 combination of chromatography and spectrophotometry,^{8,20-22} and gas chromatography-mass spectrometry
51 (GC-MS).²⁵ Fourier-transform near-infrared (FT-NIR) spectroscopy,⁵ LIBS,^{6,7,9,23} and combination of laser-

52 ablation inductively coupled plasma mass spectroscopy (LA-ICP-MS) and LIBS²⁴ have been use for
53 classification of salts.

54 Among the various elements contained in edible salts, analysis of S is particularly important. S is
55 an essential nutritional element involved in forming important amino acids such as methionine and
56 cysteine which play an important role in maintaining and supporting human immune function.²⁶ In most
57 unrefined salts, S is contained in the form of SO_4^{2-} . However, some particular salts, such as the
58 Himalayan black salt produced in India and the Korean bamboo salt, contain S in the form of sulfide
59 (S^{2-}), not SO_4^{2-} . These salts are widely marketed for their health benefits. For example, the presence of S^{2-}
60 in bamboo salt was identified as a potential agent to cure allergic inflammation.²⁹ Therefore, accurate
61 analysis of S in various types of edible salts is important for their quality evaluation and also useful for
62 selecting better raw unrefined salts for processed products.

63 In this work, we compare laser-ablation sampling for accurate analysis of S in edible salts over
64 conventional aqueous solution ICP-OES analysis. LA-ICP-OES, LIBS and LA-ICP-MS analyses were
65 performed on solid pellets of edible salts from different geographical origins. We found that laser-
66 ablation sampling offered more accurate comparison of the total amount of S among various edible salts
67 over aqueous ICP-OES. This was because laser ablation sampling does not suffer from loss of sulfur
68 which occurs for the aqueous solutions of certain types of salts, due to vaporization in the form of
69 hydrogen sulfide (H_2S) or precipitation as insoluble metal sulfides during preparation of the aqueous
70 solution samples. The intensity correlations of the S I and with O I lines observed in LIBS spectra
71 indicate that the rock salt contains a relatively large amount of S in a different chemical form (S^{2-}) than
72 that of the other salts, i.e. SO_4^{2-} . To the best of our knowledge, S in edible salts has been analyzed by
73 turbidimetry assuming that S exists in form of SO_4^{2-} . In this analysis, barium chloride (BaCl_2) is added
74 to aqueous solution of edible salts and makes insoluble particles of barium sulfate (BaSO_4) that scatter
75 light.^{4,15} This method would provide inaccurate results for salt samples containing relatively large
76 amounts of S^{2-} . ICP-OES, ICP-MS, and AAS have been used to analyze metallic elements in edible

77 salts.^{4,5,12-14} For preparing the sample solutions, deionized water or nitric acid solution were used. As we
78 observed, water has the loss problem for S when it is in the S^{2-} form. Moreover, in a nitric acid solution,
79 insoluble metal sulfides can be decomposed more easily to soluble metal nitrate and gaseous H_2S that
80 leads to S loss. Laser-ablation sampling requires no solvents and no chemicals such as acids for
81 digesting insoluble matters. This strength of laser-ablation sampling enables us to use a single
82 spectroscopic analysis technique for most of the important elements (including S) contained in edible
83 salts. Also, our results underscore LIBS as a promising technique for rapid accurate analysis of S in
84 edible salts and indirect establishment of its speciation in salts.

85

86 **Experimental**

87 *Salt samples and ICP-OES analysis of aqueous solution samples*

88 Eight commercially available edible salts of different origin were collected for this work. Three of them
89 are sea salts and the others are rock salts. The geographical origins and types of the salt samples are
90 listed in Table 1 along with the sample code, which will be used from this point as sample identifiers.
91 The S concentrations determined by ICP-OES using aqueous solutions of the sample salts are also listed
92 in Table 1. For the ICP-OES analysis, standard solutions were prepared by dissolving and diluting
93 mixtures of NaCl ($\geq 99.0\%$, VWR, Radnor, Pennsylvania, USA) and $MgSO_4$ ($\geq 99.5\%$, Sigma-Aldrich,
94 St. Louis, MO) powders in distilled water. The mixtures of NaCl and $MgSO_4$ with S concentrations from
95 0 to 3.72 wt.% were dissolved in distilled water by a dilution factor of 1/5000. The S I line intensity at
96 182.034 nm was measured for the standard solutions by an ICP-OES spectrometer (5100 ICP-OES,
97 Agilent Technologies). A power of 1300 W was applied for plasma generation. Argon gas was used for
98 coolant, auxiliary, and nebulizer (cross) flows with flow rates of 12, 1.0, and 0.7 L/min, respectively.
99 The uptake rate of the aqueous solutions was 1.0 mL/min. Figure 1 shows the calibration curve for S
100 obtained by ICP-OES. With a dilution factor of 1/5000, we obtained a good linear correlation of
101 intensity versus concentrations for the whole concentration range studied. Similarly, for the sample salts,

102 their powders were also dissolved and diluted in distilled water by a factor of 1/5000 before measuring
103 the S I line intensity under the same conditions.

104

105 *LA-ICP-OES*

106 For LA-ICP-OES analysis, the salt samples were milled and homogenized into a fine powder using a
107 ball mill (8000M Mixer/Mill®, SPEX Sample Prep). Five grams of each salt was put in an agate vial with
108 an agate ball and then rotated at 1450 rpm for 10 min. A 0.5 g of the milled powder was pelletized into a
109 13-mm diameter disc using an automated press (3630 X-PRESS®, SPEX Sample Prep) under 7 ton
110 pressure for 10 min. The same ICP-OES spectrometer that was used for the analysis of aqueous solution
111 samples was employed for the analysis of solid sample pellets; the nebulizer and spray chamber were
112 exchanged with a laser-ablation instrument (J200 LA Instrument, Applied Spectra, Inc.). A Q-switched
113 Nd:YAG laser beam was focused on the surface of the pellet sample (5× magnification, 35 mm working
114 distance) placed in the laser-ablation chamber. The wavelength, pulse duration, pulse energy, repetition
115 rate and spot size on the sample surface were 213 nm, 10 ns, 5 mJ/pulse, 10 Hz, and 150 μm in diameter,
116 respectively. For each sample pellet, a 2-mm length line scan composed of 200 laser shots was
117 performed five times. Helium was used to transport ablated particles to the ICP-OES spectrometer. A
118 power of 1500 W was applied for plasma generation. Argon gas was used for coolant, auxiliary, and
119 nebulizer (cross) flows with flow rates of 18, 1.8, and 1.0 L/min, respectively.

120

121 *LIBS*

122 For LIBS analysis, sample pellets were prepared using the same process as for the LA-ICP-OES
123 analysis. The LIBS spectra of the ten salt pellet samples were obtained using a commercial instrument
124 (J200 LIBS Instrument, Applied Spectra, Inc.). The sample pellet was enclosed in a sampling chamber.
125 A Q-switched Nd:YAG laser beam was focused on the surface of salt pellets by an objective lens (5×
126 magnification, 35 mm working distance) through a quartz window. The wavelength, pulse duration,

127 pulse energy, repetition rate, and spot size in diameter on the sample surface were 266 nm, 10 ns, 20
128 mJ/pulse, 10 Hz, and 150 μm , respectively. For sulfur analysis using LIBS, three spectral regions are
129 generally considered; (i) vacuum ultraviolet,^{30,31} (ii) visible,^{31,32} and (iii) near-infrared spectral regions.^{31,33–35}
130 Herein, the near-infrared region, where the three S I lines are located at 921.287, 922.809, and 923.754
131 nm, was selected. Helium ambient gas was used to enhance the S I line intensity.^{33,34} The optical emission
132 from the laser-induced plasma was collected by a lens doublet through the sample chamber top quartz
133 window and sent to a 6-channel charge-coupled device (CCD) spectrometer with ~ 0.1 nm spectral
134 resolution and wavelength coverage between 190 and 1040 nm through an optical fiber bundle. The
135 CCD detection gate width was 1.05 ms and delayed from the laser pulse by 500 ns to optimize the
136 signal-to-background ratio. For each sample, a 110-mm raster scan composed of 5600 laser shots was
137 performed on the pellet surface. The 5600 single-shot LIBS spectra were divided into 5 groups
138 sequentially and accumulated to 5 spectra to be analyzed.

139

140 *LA-ICP-MS*

141 For LA-ICP-MS analysis, pellet samples were prepared in the same process as for the LA-ICP-OES
142 analysis. A Q-switched Nd:YAG laser beam was focused on the sample surface by an objective lens (5 $\times$
143 magnification, 35 mm working distance). The wavelength, pulse duration, pulse energy, repetition rate,
144 and spot size on the sample surface were 213 nm, 10 ns, 5 mJ/pulse, 10 Hz, and 150 μm in diameter,
145 respectively. The particles ablated in the laser-ablation sampling system were transported to a
146 quadrupole mass spectrometer (Plasma Quant MS Elite, Analytik Jena) by using helium as a carrier gas
147 flowing at a rate of 0.3 L/min. The forward power was set to 1400 W with 18.0 L/min Ar gas, auxiliary
148 flow rate of 18 L/min, and sheath gas flow rates of 0.8 L/min. The mass spectra were recorded in the
149 region of $m/z = 31.5 - 35.5$.

150

151 **Results and Discussion**

153 Figure 2 shows the calibration curves for S acquired by LA-ICP-OES (a) and LIBS (b), and the LIBS
154 spectra of eight salt samples in the wavelength region between 918 and 932 nm (c). In the LA-ICP-OES
155 analysis, the intensities of the two emission lines, S I and Cl I lines at 181.972 and 774.497 nm,
156 respectively, were measured. The intensity ratio of the S I line to the Cl I line was used for the
157 calibration curve. In the near-infrared wavelength region of the LIBS spectra, three strong S I lines were
158 observed at 921.287, 922.809, and 923.754 nm along with Cl I, Mg II, and O I lines as shown in Figure
159 2c.³⁶ In the case of LIBS, the intensity normalization, i.e. the ratio of the S I line intensity to the Cl I line
160 intensity, did not improve significantly the linearity of the calibration curve or analysis precision as
161 much as it did in the case of LA-ICP-OES. However, the direct use of the S I line intensity was enough
162 to obtain a linear calibration curve. For the LIBS calibration curve, the peak areas at 922.809 and
163 923.754 nm were integrated and their sum was used for the calibration. As can be seen in Figure 2c, the
164 strongest S I line at 921.287 nm partially overlaps the nearby Mg II line at 921.825 nm and was
165 therefore excluded. As was mentioned in the experimental section, the true S concentrations in the salt
166 samples were assumed to be that measured from the ICP-OES analysis of the aqueous solutions of salts.
167 In both the analyses of LA-ICP-OES and LIBS, the seven salt samples excluding the HI sample show
168 strong positive correlations of their signal intensities with the concentrations of S, and provide linear
169 calibration curves in the 0.15 to 1.3 wt.%, range (R^2 values: 0.9964 for LA-ICP-OES and 0.9987 for
170 LIBS). However, the S I lines chosen for LIBS analysis result from the emission between high-lying
171 excited levels with the lower-level energy of 52623.64 cm^{-1} so as to minimize self-absorption. The
172 spectroscopic parameters of these S I lines are listed in Table 2. The limits of detection (LODs) for S
173 were estimated for the LA-ICP-OES and LIBS analyses using the following equation.

174
$$\text{LOD} = \frac{3\sigma}{s} \quad (1)$$

For each analysis, σ is the standard deviation from five measurements for the salt sample from Poland (PL) that contains the least amount of S. s is the slope of each calibration curve. The LODs for S were 0.074 wt.% for LA-ICP-OES, and 0.12 wt.% for LIBS analysis.

The HI sample consistently shows a deviation from linearity in the calibration curves of LA-ICP-OES and LIBS in Figures 2a and 2b, respectively. In contrast to these correlations, the LA-ICP-OES and LIBS signals (Figure 3) show a linear relationship ($R^2 = 0.9935$ of the linear fit) and also strong positive correlation (Pearson's correlation coefficient $\rho = 0.9972$), including the HI sample,

LA-ICP-MS analysis of ^{34}S

In order to understand the deviation of certain samples from linearity in the calibration curves (Figures 2a and 2b), another laser ablation sampling technique, LA-ICP-MS, was used for the five salt samples (JD, HI, HJ, HP, and MG) to compare and correlate the S mass signal to the results obtained by LIBS with solid pellets and ICP-OES with aqueous solutions. S is one of the difficult elements to analyze with ICP-MS due to well-known isobaric and polyatomic interferences.^{37,38} S has four stable isotopes, ^{32}S (95.02%), ^{33}S (0.75%), ^{34}S (4.21%), and ^{36}S (0.02%).³⁹ Among these, ^{34}S was chosen for this analysis, to avoid the interference of $^{32}\text{S}^+$ with $^{16}\text{O}_2^+$. A background spectrum was recorded without firing the ablation laser and was subsequently subtracted from the LA-ICP-MS spectrum of each salt sample. The LA-ICP-MS spectrum of the HI sample and the corresponding background spectrum are provided in the Supplemental material (Figure S1). To confirm that the mass peak intensity at $m/z = 34$ originated from ^{34}S , and not molecules or other isobaric isotopes, the mass peak intensity ratios of $^{34}\text{S}/^{33}\text{S}$ for the salt samples were compared with the corresponding natural abundance ratio (5.61) (see Figure S2 in the Supplemental material).

In Figure 4a, the ^{34}S isotope signal intensities are plotted versus the S concentration determined by the ICP-OES analysis for the aqueous solutions. The poor precision of the LA-ICP-MS analysis is mainly due to the weak mass signal intensity of ^{34}S . However, similarly to the LA-ICP-OES and LIBS

analyses, LA-ICP-MS provided a linear calibration with the exception of the HI sample. However, the ^{34}S mass signal intensity showed a linear relation with the S I line intensity of LIBS including the HI sample (see Figure 4b). The same was observed for LA-ICP-OES and LA-ICP-MS signal intensities. This LA-ICP-MS analysis result confirmed that the S concentration in the HI sample was greater than that determined by the ICP-OES analysis for its aqueous solution.

205

S loss mechanism

The S concentration of the HI sample calculated from the LA-ICP-OES (Figure 2a), LIBS (Figure 2b), and LA-ICP-MS (Figure 4a) calibration curves are plotted in Figure 5, along with the S concentration directly measured from the aqueous ICP-OES analysis. The concentrations calculated from the laser-ablation sampling techniques, agree well with one another within their 1σ error bars (LA-ICP-OES: 0.804 ± 0.093 wt.%, LIBS: 0.823 ± 0.068 wt.%, LA-ICP-MS: 0.76 ± 0.17 wt.%). These concentrations are consistently greater than that resulting from the aqueous ICP-OES analysis of the HI sample (0.470 ± 0.010 wt.%).

The dissolution of the HI sample in water to prepare its aqueous solution for ICP-OES analysis generated both a very strong odor associated with the presence of H_2S and a relatively large amount of insoluble precipitates. The most common sulfur species in most edible salts, SO_4^{2-} , is not prone to vaporization and precipitation when dissolved in water. Although clear identification of the chemical forms of S^{2-} in the HI sample, based on instrumental analyses, has not been reported so far, the significant amount of S^{2-} may exist in the forms of sulfides of Na, K, Mg, and Ca that are abundant in edible salts. MgS and CaS decompose into their hydroxides and generate H_2S in water. Na_2S primarily produces bisulfide ion (HS^-) in its aqueous solution, but generates H_2S even in contact with moist air following the reaction of $\text{Na}_2\text{S} + \text{H}_2\text{O} + \text{CO}_2 \rightarrow \text{Na}_2\text{CO}_3 + \text{H}_2\text{S}$.⁴⁰ All of the sulfides, Na_2S , K_2S , MgS , and CaS make the aqueous solution basic. The alkaline nature of the HI aqueous solution was verified (see the images of pH papers in Figure S3 of the Supplementary material) supporting the presence of

225 these alkali or alkaline earth metal sulfides. Also, the insolubility of transition metal sulfides such as
226 iron sulfide can be suggested as the other possible S loss mechanism through precipitation. Of the 3.343
227 g of HI sample dissolved in distilled water, 0.031 g of insoluble particles were filtered and collected,
228 amounting to a percentage of 0.92 wt.%.

229 The intensity correlation between the S I and O I LIBS lines in Figure 6 provides a means
230 discriminating between chemical forms of S in the salt samples. To obtain the intensity values, baseline-
231 subtracted integrated peak areas were taken for the three overlapping O I lines at 777.194, 777.417, and
232 777.539 nm, and the two S I lines at 922.809 and 923.754 nm. The LIBS spectra for O I lines are shown
233 as the inset of Figure 6. All salts, excluding the HI sample, form a trend of positive correlation between
234 the S I and O I line intensities. This observation is consistent with SO_4^{2-} as the most prevalent form of S
235 in most edible salts. For the HI sample, the O I intensity is relatively low as compared to the rest of the
236 salts with similar S I emission intensity, and again is consistent with the presence of S^{2-} rather than SO_4^{2-} .

237 Finally, the following three facts exclude the possibility of strong matrix effects enhancing the S I
238 line intensity particularly for the LIBS spectrum of the HI sample:

239 (i) Our samples have a common matrix, NaCl.

240 (ii) The optical emission spectroscopic techniques (LIBS and LA-ICP-OES) and the mass
241 spectrometry (LA-ICP-MS) showed consistent results. This indicates that the S I line intensity in the
242 LIBS spectra reflect the mass of S ablated from the samples and the S I line intensity of the HI sample
243 was not enhanced by any matrix effects further heating the laser-induced plasma.

244 (iii) A plot of the Mg I line intensity observed in the LIBS spectra versus the Mg concentrations
245 obtained from the aqueous-solution ICP-OES analysis shows no significant deviation for the HI sample.
246 This excludes the possibility of a particularly large amount of ablated mass for the HI sample (see
247 Figure S4 in the Supplementary material).

248

249 **Conclusions**

250 Three laser ablation sampling techniques, LA-ICP-OES, LIBS and LA-ICP-MS were used for the
251 analysis of S in edible salts from different geographical origin. These techniques provided reliable
252 calibrations to the concentrations of S determined by ICP-OES using aqueous solution samples.
253 However, for the Himalayan rock salt from India, all laser ablation sampling techniques measured a
254 concentration significantly higher than the corresponding values predicted by ICP-OES for the aqueous
255 solution samples. This effect was traced to ample loss of sulfur in the rock salt when it was dissolved in
256 water for ICP-OES analysis through vaporizing as H₂S or precipitating as insoluble metal sulfides. For
257 these samples, all laser ablation techniques provided good results for accuracy and sensitivity. In
258 addition, LIBS stands out for the analysis of S in salts due to its simplicity and ability to provide
259 information about speciation. The intensity correlations of the S I and O I LIBS lines indicate that the
260 rock salt contains relatively large amount of S in a different chemical form (S²⁻) from that of the other
261 salt samples (SO₄²⁻).

262

263 **Conflict of Interest**

264 The authors report there are no conflicts of interest.

265

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271 **Supplemental Material**

272 All supplemental material mentioned in the text, which includes three figures, is available in the online
273 version of the journal, at <http://s-a-s.org>.

274

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Table 1. Sample list and S concentrations analyzed by ICP-OES for aqueous solution samples.

Sample code	Geographical origin	Type	S conc. (mg/Kg)
HJ	Hokkaido Japan	Sea salt	4700 ± 100
HI	Himalaya, India	Rock salt	5750 ± 120
HP	Himalaya, Pakistan	Rock salt	3259 ± 70
JD	Jeung-Do, South Korea	Sea salt	9200 ± 200
MAB	Mt. Andes, Bolivia	Rock salt	1811 ± 39
MG	Mongolia	Rock salt	1900 ± 41
OJ	Okinawa, Japan	Sea salt	13098 ± 290
PL	Poland	Rock salt	1549 ± 32

Table 2. Spectroscopic parameters of S I lines observed in LIBS spectra.

Observed wavelength (nm)	Transition probability (s^{-1})	Lower-level energy (cm^{-1})	Upper-level energy (cm^{-1})	Lower-level statistical weight	Upper-level statistical weight
912.287	2.79×10^7	52623.640	63475.051	5	7
922.809	2.77×10^7	52623.640	63457.142	5	5
923.754	2.77×10^7	52623.640	63446.065	5	3

Figure 1. Calibration curve of S obtained by ICP-OES analysis for standard solutions of NaCl-MgSO₄ mixtures.

Figure 2. Calibration curves of S developed by LA-ICP-OES (a) and LIBS (b), and the LIBS spectra of eight salt samples in the wavelength region between 918 and 932 nm (c).

Figure 3. The plot of the signal intensities from LIBS with respect to those from LA-ICP-OES.

Figure 4. Plots of ^{34}S isotope signal intensities with respect to the S concentrations determined by the ICP-OES analysis for aqueous solution samples (a) and the S I line intensities observe in LIBS spectra (b).

Figure 5. S concentrations in the HI sample estimated by LA-ICP-OES, LIBS, LA-ICP-MS, and ICP-OES analysis for the aqueous solution samples.

Figure 6. Plot of the O I line intensities observed in the LIBS spectra of the eight salt samples with respect to the corresponding S I line intensities.