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Deuterium magnetic resonance spectroscopy enables noninvasive metabolic imaging of tumor burden and response to therapy in low-grade gliomas

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Abstract

Background. The alternative lengthening of telomeres (ALT) pathway is essential for tumor proliferation in astrocytomas. The goal of this study was to identify metabolic alterations linked to the ALT pathway that can be exploited for noninvasive magnetic resonance spectroscopy (MRS)-based imaging of astrocytomas in vivo.

Methods. Genetic and pharmacological methods were used to dissect the association between the ALT pathway and glucose metabolism in genetically engineered and patient-derived astrocytoma models. ²H-MRS was used for noninvasive imaging of ALT-linked modulation of glycolytic flux in mice bearing orthotopic astrocytomas in vivo.

Results. The ALT pathway was associated with higher activity of the rate-limiting glycolytic enzyme phosphofruktokinase-1 and concomitantly elevated flux of glucose to lactate in astrocytoma cells. Silencing the ALT pathway or treating with the poly(ADP-ribose) polymerase inhibitor niraparib that induces telomeric fusion in ALT-dependent astrocytoma cells abrogated glycolytic flux. Importantly, this metabolic reprogramming could be non-invasively visualized by ²H-MRS. Lactate production from [6,6'-²H]-glucose was higher in ALT-dependent astrocytoma tumors relative to the normal brain in vivo. Furthermore, treatment of orthotopic astrocytoma-bearing mice with niraparib reduced lactate production from [6,6'-²H]-glucose at early timepoints when alterations in tumor volume could not be detected by anatomical imaging, pointing to the ability of [6,6'-²H]-glucose to report on pseudoprogession in vivo.

Conclusions. We have mechanistically linked the ALT pathway to elevated glycolytic flux and demonstrated the ability of [6,6'-²H]-glucose to non-invasively assess tumor burden and response to therapy in astrocytomas. Our findings point to a novel, clinically translatable method for metabolic imaging of astrocytoma patients.

Key Points

- The ALT pathway increases glycolytic flux in astrocytomas via elevated activity of the rate-limiting glycolytic enzyme phosphofruktokinase-1.
- Deuterium MRS-based imaging of ALT status can report on tumor burden and response to therapy in astrocytomas in vivo.

Importance of the Study

Glioma patient management is heavily dependent on MRI. However, astrocytomas can be difficult to visualize by MRI and, importantly, MRI does not reliably distinguish tumor progression from pseudoprogression. In this study, we show that metabolic reprogramming associated with telomere maintenance via the ALT pathway, which is a fundamental hallmark of tumor proliferation, can be leveraged for astrocytoma imaging in vivo. Our results indicate that the ALT pathway is associated with enhanced glycolytic flux, an effect that can be non-invasively visualized

using [6,6'-²H]-glucose in mice bearing orthotopic astrocytomas in vivo. Importantly, [6,6'-²H]-glucose reports on response to therapy at early timepoints that precede MRI-detectable alterations in tumor volume, suggesting that [6,6'-²H]-glucose can assess pseudoprogression in vivo. Collectively, our study identifies deuterium metabolic imaging following administration of [6,6'-²H]-glucose as a novel method of imaging the ALT pathway that has the potential to improve tumor imaging and treatment response assessment for astrocytoma patients.

Telomeres are cap-like structures that protect the ends of linear chromosomes from damage.¹ Cell proliferation is accompanied by telomere shortening and, therefore, cancer cells need a mechanism of maintaining telomere length to sustain uncontrolled proliferation.¹ ~85% of human tumors maintain telomeres via reactivation of the expression of telomerase reverse transcriptase.¹ However, ~15% of tumors, including mutant isocitrate dehydrogenase (IDHmut)-positive astrocytomas, utilize the alternative lengthening of telomeres (ALT) pathway, which is a telomerase-independent, homologous recombination-based method of telomere maintenance.² Loss-of-function mutations in the tumor suppressor gene alpha-thalassemia/mental retardation syndrome X-linked (*ATRX*) are necessary for activation of the ALT pathway³⁻⁵ and *ATRX* re-expression in astrocytoma cells abrogates the ALT pathway.⁶⁻⁸ *ATRX* is a chromatin remodeling protein that maintains genome stability by regulating deposition of the histone variant H3.3 at telomeres and pericentric heterochromatin.⁹

Assessment of ALT status has diagnostic, prognostic, and therapeutic significance for glioma patients. According to 2021 WHO guidelines, the occurrence of *ATRX* mutations is a diagnostic feature of IDHmut astrocytomas, which have been recognized as a distinct entity for the first time.¹⁰ In contrast, IDHmut tumors that are *ATRX*-positive and carry 1p/19q codeletions are classified as oligodendroglioma, IDHmut¹⁰ and these tumors maintain telomeres via telomerase reverse transcriptase.^{1,5} Although the full prognostic significance of *ATRX* mutations and the ALT pathway remains to be determined, astrocytomas patients have worse prognosis compared to oligodendroglioma patients.^{8,11,12} From a therapeutic perspective, targeting the ALT pathway is promising since ALT is not used by normal cells and is critical for tumor proliferation.^{2,13-15} The *ATR* kinase inhibitor berzosertib and poly(ADP-ribose) polymerase inhibitors (PARPi) such as olaparib and niraparib inhibit proliferation of ALT tumors, including astrocytomas.¹³⁻¹⁶ Importantly, while PARPi cause DNA damage in a variety of tumors,¹⁷ cells using the ALT mechanism undergo telomeric fusion-mediated cell death, rendering them hypersensitive to PARPi, which are in clinical trials for astrocytoma patients.^{13,16,17}

Currently, the ALT status of tumors is inferred from phenotypic features of the ALT pathway. Since *ATRX* mutations are widely considered a surrogate marker for the ALT phenotype,³⁻⁵ assessment of ALT status can be done via

immunohistochemical detection of *ATRX* loss.¹² Robust, quantitative detection of the ALT pathway can also be achieved via PCR-based assays for extra-chromosomal telomeric repeats known as c-circles that are exclusively present in ALT cells.^{18,19} Another method is quantification of ALT-associated promyelocytic leukemia nuclear bodies by telomeric fluorescence in situ hybridization.^{2,18,19} However, these methods are invasive, which precludes longitudinal assessment of ALT status in glioma patients wherein the anatomical location of the tumor restricts repeated biopsy sampling.

Magnetic resonance spectroscopy (MRS) is a noninvasive, non-radioactive method of imaging metabolism.²⁰ Thermally polarized ¹³C-MRS following administration of ¹³C-labeled substrates reports on specific metabolic pathways,²⁰ but its low sensitivity has hindered clinical application.²¹ The advent of hyperpolarized ¹³C-MRS has improved the signal-to-noise ratio (SNR) and provided an in vivo, albeit technically demanding, method of assessing metabolic fluxes.²² Recently, ²H-MRS following delivery of ²H-labeled substrates emerged as a novel, complementary, easy-to-implement method of imaging metabolic fluxes in vivo.²³ [6,6'-²H]-glucose has been used to monitor flux to lactate in preclinical glioblastoma and lymphoma models^{23,24} and to glx (sum of glutamate and glutamine, since these resonances cannot be resolved in vivo) in the normal brain.²³⁻²⁵ Importantly, clinical studies indicate that [6,6'-²H]-glucose can be used to visualize tumor burden in glioblastoma patients.²³

Since the ALT pathway is intrinsically linked to tumor proliferation and is a therapeutic target, noninvasive methods of imaging ALT have the potential to report on tumor burden and treatment response in astrocytomas. We previously showed that the ALT pathway is associated with elevated hyperpolarized ¹³C-glucose flux to lactate in a genetically engineered astrocytoma model.²⁶ However, that study did not examine the mechanistic link between the ALT pathway and glycolysis nor did it assess clinically relevant astrocytoma models.²⁶ The goal of the current study was to mechanistically dissect the link between the ALT pathway and glucose metabolism in genetically engineered and patient-derived astrocytoma models and assess the utility of [6,6'-²H]-glucose for noninvasive imaging of the ALT pathway. Our results indicate that the ALT pathway is associated with elevated activity of the rate-limiting glycolytic enzyme phosphofructokinase-1 (PFK1).

Importantly, we show that [6,6'-²H]-glucose can be used to non-invasively visualize the ALT pathway and response to therapy in astrocytomas in vivo.

Materials and Methods

Detailed experimental procedures are provided in the [Supplementary material](#).

Cell Models

Immortalized normal human astrocytes expressing IDHmut (NHA_{CONTROL}) have been previously described.²⁷ NHA_{ALT} cells were generated by the knockout of ATRX in NHA_{CONTROL} cells.⁶ NHA_{CONTROL} and NHA_{ALT} cells produce similar levels of 2-hydroxyglutarate (2-HG, the product of the IDHmut enzyme; see reference²⁸ and [Supplementary Figure S1A](#)). BT142 and BT257 neurospheres were established from patients with IDHmut-positive, ATRX-deficient astrocytomas and grown in a serum-free medium.²⁹⁻³¹ The IDHmut status of these lines has been previously confirmed.²⁹⁻³¹ BT142 neurospheres lack 2-HG^{29,30} while BT257 neurospheres produce 2-HG³¹ ([Supplementary Figure S1A and B](#)). The ALT status of our models has been verified by confirming loss of ATRX and the presence of c-circles (as detailed in references^{6,28} and [Supplementary Figure S1C and D](#)). c-circles were quantified by telomeric qPCR with and without amplification by ϕ 29 polymerase.^{2,28} Telomeric sister chromatid exchange, which is also a phenotypic hallmark of ALT, has previously been confirmed in these models.^{16,27,28} ALT silencing was achieved by transiently restoring ATRX expression in BT142 and BT257 neurospheres by transfection with the plasmid IF-GFP-ATRX.^{3,27,28} PFKP silencing was achieved by RNA interference using 2 non-overlapping siRNA pools (Dharmacon). For PFKP overexpression, BT257 neurospheres were first transfected with IF-GFP-ATRX followed by transfection with human PFKP (Genecopoeia). Pharmacological inhibition of ALT cells was achieved by treatment with niraparib (1 μ M)^{13,16} and verified by assessment of telomeric fusion by fluorescence in situ hybridization.¹⁶ Cell lines were routinely tested for mycoplasma contamination, authenticated by fingerprinting, and assayed within 6 months.

Neurosphere Assays

For assessment of viability, neurospheres were seeded at 1000 cells/well in 96-well plates, and viability was quantified at 14 days using a cytotoxicity kit (Abcam, ab112118).³² For quantification of growth, the number of neurospheres/well was quantified after 21 days.³²

Chromatin Immunoprecipitation-Quantitative Reverse Transcription Polymerase Chain Reaction (ChIP-qRT-PCR)

ChIP was performed using a kit (Abcam) with antibodies against histone H3K27me3 and total histone H3. Rabbit

IgG was used as isotype control. PFKP promoter fragments were amplified by qRT-PCR. Data were expressed as fold enrichment relative to IgG control.

Patient Biopsies

Astrocytoma or non-neoplastic gliosis biopsies were obtained from the UCSF Brain Tumor Center Biorepository in compliance with the informed consent policy.^{26,28,33,34}

Gene Expression and Activity

PFK1 activity was measured using a kit (Abcam). PFKP (platelet-specific isoform of PFK) and ATRX expression was assessed by qRT-PCR.

MRS of Cell Extracts

Metabolites were extracted by methanol-chloroform extraction.^{26,33,34} For ¹³C-MRS, cells were cultured in a medium containing 5 mM [1-¹³C]-glucose for 48 hours. ¹H- and ¹³C-MR spectra were obtained using a 11.7T spectrometer. Peak integrals were quantified and normalized to an external reference and to cell number.^{26,33,34}

MRI

Animal studies were conducted in accordance with UCSF Institutional Animal Care and Use Committee guidelines. NHA_{ALT} or BT257 cells were intracranially injected into female SCID mice.^{33,34} Tumor volume was determined by T2-weighted MRI using a 14.1T scanner and a spin-echo multi-slice sequence.^{33,34} Once tumors were ~20 mm³, animals were randomized and treated with vehicle-control (saline) or niraparib (100 mg/kg for the BT257 model and 200 mg/kg for NHA_{ALT}) daily via intraperitoneal injection.¹⁶ Animal survival was assessed by Kaplan-Meier analysis.

²H-MRS In Vivo

Studies were performed on a 14.1T spectrometer using a 16 mm ²H surface coil. Following intravenous injection of a bolus of [6,6'-²H]-glucose (1 g/kg), non-localized ²H-MR spectra were acquired. Metabolites were referenced to semi-heavy water (HDO; 4.75 ppm). Absolute concentrations were determined by correcting peak integrals for number of deuterons, saturation and normalizing to pre-injection HDO (estimated to be 10.12 mM²³⁻²⁵). Since [6,6'-²H]-glucose metabolism results in release of HDO (as evidenced by higher HDO in post-injection spectra relative to pre-injection, see [Figure 4A](#)), metabolite peak integrals were also normalized to peak integrals for [6,6'-²H]-glucose, post-injection HDO and pre-injection HDO (henceforth referred to as normalized lactate) as described previously.³⁵ For spatial localization, a 2D chemical shift imaging (CSI) sequence was used. Data were analyzed in Matlab, and the SNR of lactate was calculated in voxels from the tumor and contralateral normal brain.

Statistical Analysis

All experiments were performed on a minimum of 3 samples ($n \geq 3$), and results were presented as mean \pm standard deviation. Statistical significance was assessed in GraphPad Prism 9 using a Welch's *t* test, ordinary 1-way or 2-way ANOVA with $P < .05$ considered significant. Analyses were corrected for multiple comparisons using Tukey's method, wherever applicable. * $P < .05$, ** $P < .01$, *** $P < .005$, **** $P < .0001$, ns, not significant.

Results

The ALT Pathway Is Associated With Higher Glycolytic Flux in Astrocytoma Cells

We examined IDHmut-expressing normal human astrocytes that have been immortalized via knockdown of p53

and pRb and genetically engineered to use the ALT pathway via CRISPR-mediated knockout of ATRX (NHA_{ALT}).^{6,16,26-28} NHA_{ALT} cells serve as a model of astrocytomas which are characterized by the presence of IDHmut and loss of ATRX and p53.¹⁰ As controls, we examined isogenic cells that retain ATRX and lack a telomere maintenance mechanism (NHA_{CONTROL}).^{6,26-28} The ALT status of these cell lines has previously been verified by quantification of c-circles, ALT-associated promyelocytic leukemia nuclear bodies, and telomere sister chromatid exchange.^{6,16,26,28} Here, we confirmed loss of ATRX and the presence of c-circles in NHA_{ALT} cells relative to NHA_{CONTROL} (Supplementary Figure S1C and D).

Thermally polarized ¹³C-MRS is the gold standard for measuring glycolytic flux.^{20,21} Following incubation with [1-¹³C]-glucose, [3-¹³C]-lactate production was significantly higher in NHA_{ALT} cells relative to NHA_{CONTROL} (Figure 1A and B). Importantly, elevated glycolytic flux was associated with the ALT pathway in clinically relevant

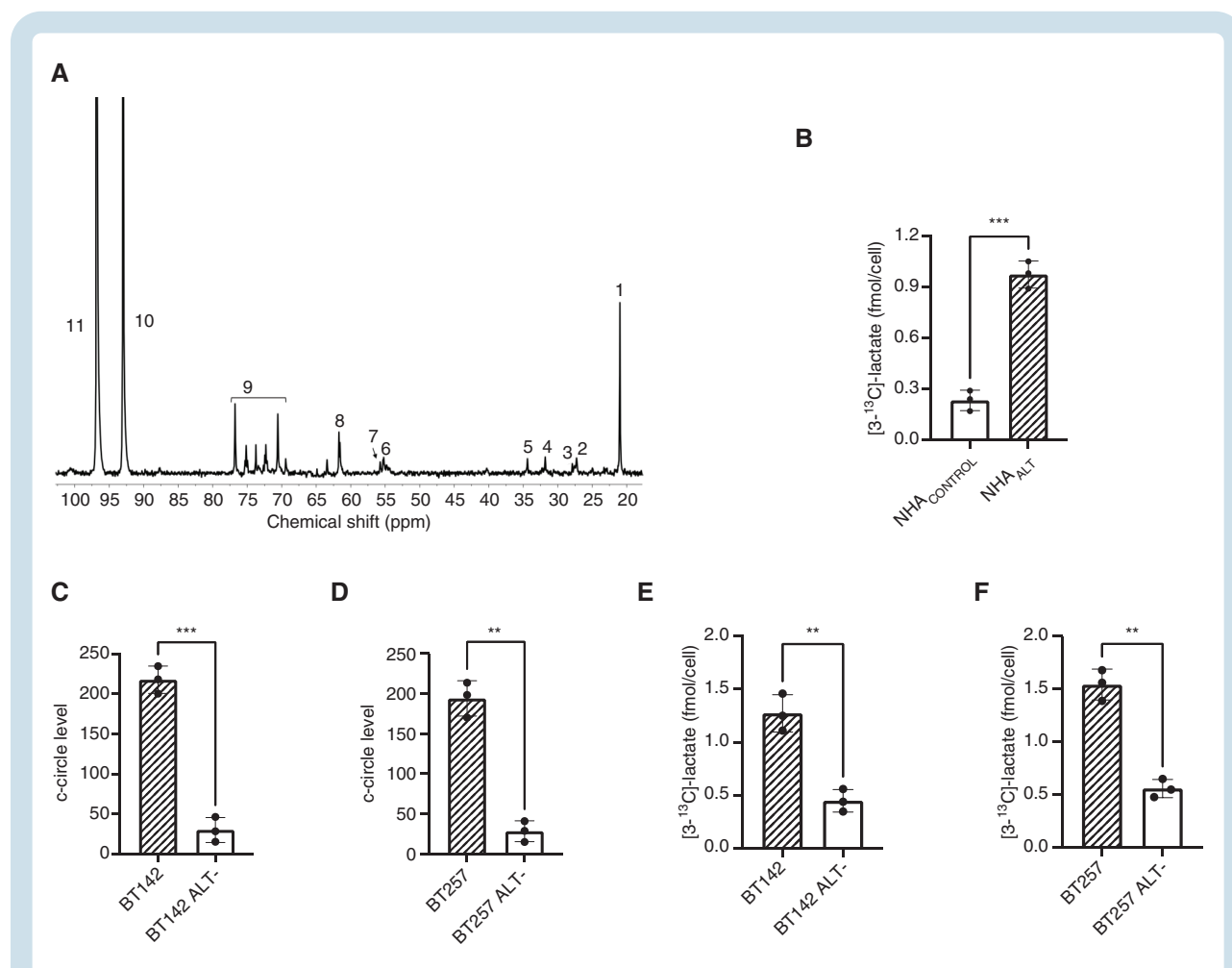


Fig. 1 The ALT pathway is associated with elevated glycolytic flux in astrocytoma cells. (A) Representative ¹³C-MR spectrum from NHA_{ALT} cells incubated with [1-¹³C]-glucose. Peaks correspond to 1 = [3-¹³C]-lactate; 2 = [3-¹³C]-glutamine; 3 = [3-¹³C]-glutamate; 4 = [4-¹³C]-glutamine; 5 = [4-¹³C]-glutamate; 6 = [5-¹³C]-glutamine; 7 = [5-¹³C]-glutamate; 8 = [6-¹³C]-glucose; 9 = [2-¹³C]-glucose, [3-¹³C]-glucose, [4-¹³C]-glucose, [5-¹³C]-glucose; 10 = α -[1-¹³C]-glucose; 11 = β -[1-¹³C]-glucose. (B) [3-¹³C]-lactate in NHA_{CONTROL} and NHA_{ALT} cells. Effect of ALT silencing on c-circles in the BT142 (C) and BT257 (D) models. Effect of ALT silencing on [3-¹³C]-lactate production in the BT142 (E) and BT257 (F) models. Statistical significance was assessed using a Welch's *t* test with $P < .05$ considered significant. ** $P < .01$, *** $P < .005$.

patient-derived astrocytoma models. We silenced the ALT pathway in BT142 and BT257 neurospheres by transient re-expression of ATRX (Supplementary Figure S2A and B) as described previously.^{6,28} We previously confirmed that ATRX re-expression results in loss of ALT-associated telomere sister chromatid exchange in these models.^{6,28} Here, we verified inhibition of the ALT pathway in BT142 ALT- and BT257 ALT- neurospheres by confirming loss of c-circles (Figure 1C and D). ALT silencing did not significantly alter growth or neurosphere formation (Supplementary Figure S2C–F), consistent with prior studies indicating that ALT silencing via ATRX re-expression does not induce pronounced growth defects.^{4,6} In line with these results, ALT silencing did not alter levels of phosphocholine, an intermediate in phospholipid biosynthesis which is considered a marker of tumor proliferation³⁶ (Supplementary Figure S2G and H). Importantly, ALT silencing significantly reduced [$3\text{-}^{13}\text{C}$]-lactate production from [$1\text{-}^{13}\text{C}$]-glucose in BT142 and BT257 neurospheres (Figure 1E and F). Collectively, these results point to a causal link between the ALT pathway and glycolysis in astrocytomas.

ALT-Linked Increase in Glycolytic Flux in Astrocytoma Cells Is Mediated via PFK

PFK1 catalyzes the irreversible conversion of fructose-6-phosphate to fructose-1,6-bisphosphate, which is the first committed and rate-limiting step in glycolysis³⁷ (see schematic in Figure 2A). PFKP is the predominant PFK1 isoform in the brain and its expression is upregulated in many cancers, including gliomas.³⁸ PFKP expression (Supplementary Figure S3A) and activity (Figure 2B) were significantly elevated in NHA_{ALT} cells relative to $\text{NHA}_{\text{CONTROL}}$. Silencing ALT significantly reduced PFKP expression (Supplementary Figure S3B and C) and PFK activity (Figure 2C and D) in BT142 and BT257 neurospheres. Importantly, silencing PFKP (Supplementary Figure S3D and E) significantly reduced [$3\text{-}^{13}\text{C}$]-lactate production from [$1\text{-}^{13}\text{C}$]-glucose in BT257 neurospheres (Figure 2E). Conversely, PFKP overexpression in BT257 ALT- neurospheres (Supplementary Figure S3F and G) rescued the reduction in [$3\text{-}^{13}\text{C}$]-lactate production from [$1\text{-}^{13}\text{C}$]-glucose caused by ALT silencing (Figure 2F).

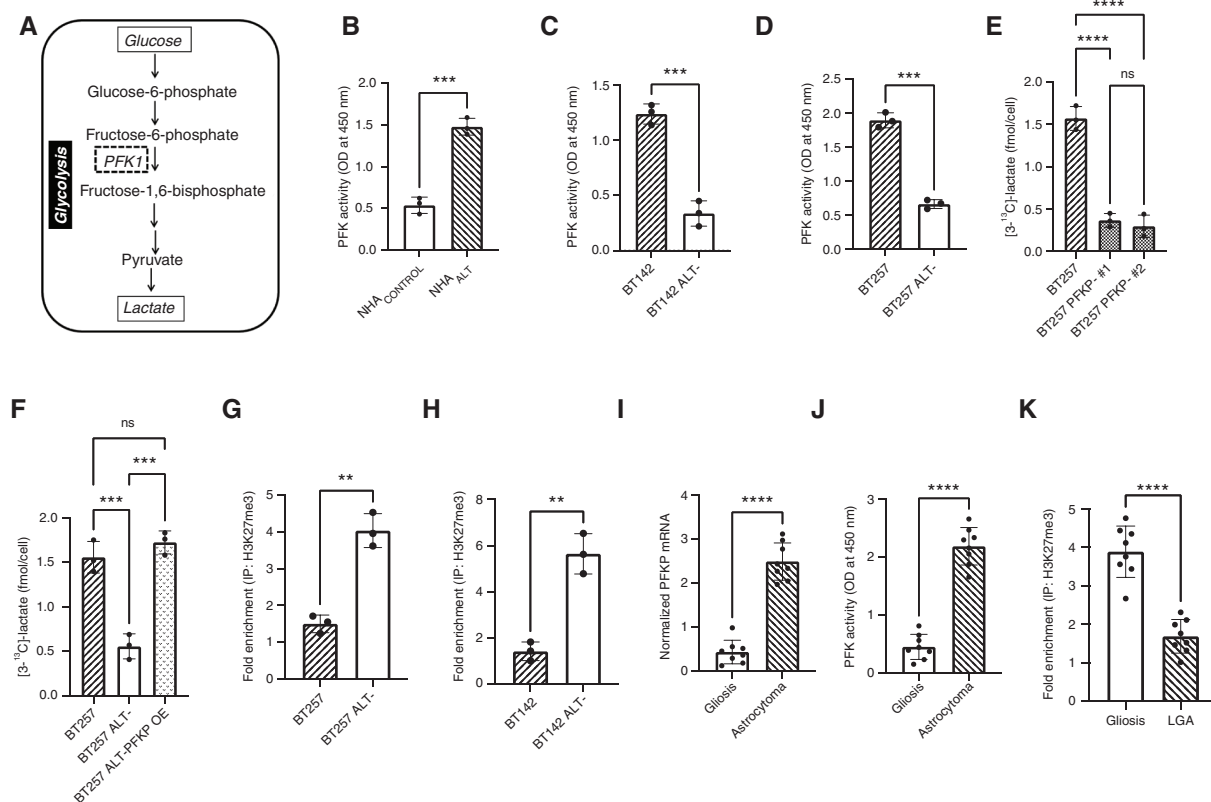


Fig. 2 The ALT pathway is associated with elevated PFK activity in astrocytoma cells. (A) Schematic representation of glycolysis highlighting the role of PFK1. (B) PFK activity in $\text{NHA}_{\text{CONTROL}}$ and NHA_{ALT} cells. Effect of ALT silencing on PFK activity in the BT142 (C) and BT257 (D) models. Effect of PFKP silencing (E) or PFKP overexpression (F) on [$3\text{-}^{13}\text{C}$]-lactate production from [$1\text{-}^{13}\text{C}$]-glucose in the BT257 model. ChIP-qRT-PCR of the *PFKP* promoter using an antibody against histone H3K27me3 in the BT257 (G) and BT142 (H) models. PFKP mRNA (I), PFK activity (J), and histone H3K27me3 enrichment at the *PFKP* promoter (K) in patient biopsies. Statistical significance was assessed using a Welch's *t* test with $P < .05$ considered significant. An ordinary 1-way ANOVA corrected for multiple comparisons using Tukey's method was used for Figure 2E and F. ** $P < .01$, *** $P < .005$, **** $P < .0001$.

Previous studies indicate that ATRX increases lysine 27 trimethylation of histone H3 (H3K27me3) at gene promoters,⁹ resulting in transcriptional repression of gene expression.³⁹ ChIP-qRT-PCR indicated that ALT silencing via ATRX re-expression significantly increased histone H3K27me3 enrichment at the *PFKP* promoter in both BT257 and BT142 models (Figure 2G and H). In contrast, total histone H3 occupancy at the *PFKP* promoter was unaltered (Supplementary Figure S3H and I). These results suggest that ATRX negatively regulates *PFKP* expression via histone H3K27me3 deposition at the *PFKP* promoter and that ATRX loss in astrocytomas elevates *PFKP* expression and glycolytic flux.

To further confirm the clinical relevance of our findings, we examined biopsies from astrocytoma patients and compared with non-neoplastic gliosis biopsies, since procuring normal brain biopsies is not feasible.^{28,30} We confirmed loss of ATRX and significantly elevated c-circles in astrocytoma biopsies relative to gliosis (Supplementary Figure S4A and B), in line with ALT-mediated telomere maintenance in astrocytomas. Importantly, *PFKP* mRNA and *PFK* activity were significantly higher while histone H3K27me3 enrichment at the *PFKP* promoter was significantly lower in astrocytoma biopsies relative to gliosis

(Figure 2I–K), linking the ALT pathway to elevated *PFK* in clinically relevant patient biopsies.

Glucose Flux to Lactate Is Reduced in ALT-Dependent Astrocytoma Cells Treated With the PARPi Niraparib

PARPi including the brain-penetrant niraparib induce DNA damage and lethal telomeric fusion in cells using the ALT pathway, thereby identifying a therapeutic opportunity for ALT-dependent tumors.^{13,14,16} Since our results suggest that the ALT pathway is linked to higher glycolytic flux, we examined whether lactate production serves as a biomarker of response to niraparib in astrocytomas. First, we confirmed that niraparib significantly reduced cell viability in both NHA_{ALT} and BT257 models (Figure 3A and B). Consistent with previous studies,¹⁶ niraparib induced telomeric fusion as assessed by telomeric fluorescence in situ hybridization in the NHA_{ALT} and BT257 models (Figure 3C–E). Importantly, *PFK* activity (Figure 3F and G) and [3-¹³C]-lactate production from [1-¹³C]-glucose (Figure 3H and I) were significantly reduced by niraparib in both NHA_{ALT} and BT257 models.

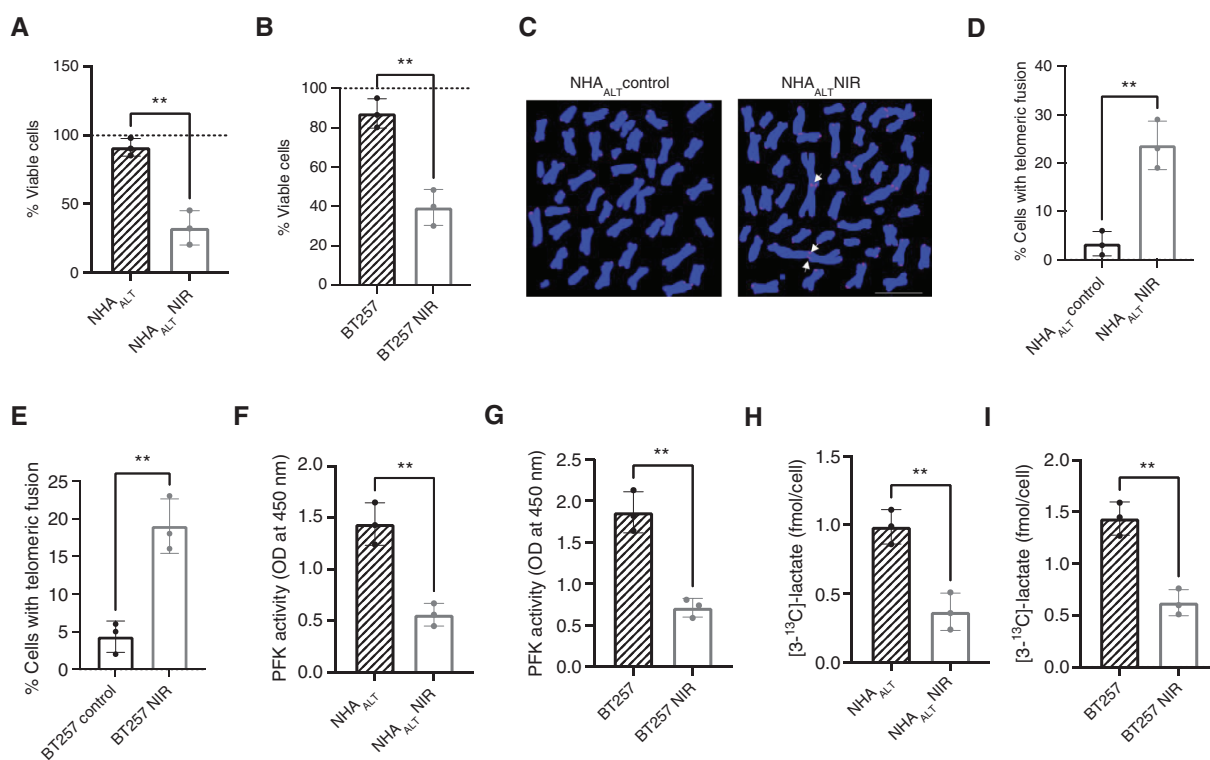


Fig. 3 Niraparib reduces glycolytic flux in astrocytoma cells. Effect of niraparib on cell viability in the NHA_{ALT} (A) and BT257 (B) models. (C) Representative images showing the effect of niraparib on telomeric fusion in the NHA_{ALT} model. Scale bar is 10 μ m. Quantification of the percentage of cells exhibiting telomeric fusion following niraparib treatment in the NHA_{ALT} (D) and BT257 (E) models. Effect of niraparib on *PFK* activity in NHA_{ALT} (F) and BT257 (G) cells. Effect of niraparib on [3-¹³C]-lactate production from [1-¹³C]-glucose in NHA_{ALT} (H) and BT257 (I) cells. Statistical significance was assessed using a Welch's *t* test with $P < .05$ considered significant. ** $P < .01$.

[6,6'-²H]-Glucose Flux to Lactate Can Be Used to Monitor Tumor Burden in Mice-Bearing Orthotopic Astrocytomas In Vivo

²H-MRS following administration of [6,6'-²H]-glucose is a novel, clinically translatable method of imaging glucose metabolism in vivo.^{23,24,35} Given the link between the ALT pathway and glycolysis, we examined whether ²H-MRS-based imaging of glucose metabolism serves to visualize tumor burden in ALT-dependent astrocytomas in vivo. Following intravenous injection of [6,6'-²H]-glucose, non-localized acquisition of ²H-MR spectra showed dynamic production of lactate in mice bearing orthotopic NHA_{ALT} tumors (Figure 4A). Since NHA_{CONTROL} cells lack a telomere maintenance mechanism and do not form tumors in vivo, we examined tumor-free mice as controls. As shown in Supplementary Figure S5A, tumor-free normal brain produced high levels of glx and lower lactate from [6,6'-²H]-glucose, consistent with previous studies.^{23,25,35} These differences between tumor-bearing and tumor-free mice are highlighted in the summed ²H-spectra shown in Figure 4B. Quantification of the data confirmed

significantly higher lactate concentration (Figure 4C) and normalized lactate (Supplementary Figure S5B) in NHA_{ALT} tumor-bearing mice relative to tumor-free controls. Conversely, glx concentration and normalized glx levels were higher in the normal brain of tumor-free controls relative to NHA_{ALT} tumor-bearing mice (Supplementary Figure S5C and D).

We obtained similar results in the patient-derived BT257 model. ²H-MR spectra acquired following [6,6'-²H]-glucose injection into mice bearing orthotopic BT257 tumors showed higher lactate and lower glx relative to tumor-free controls (Figure 4D). Quantification of the results showed higher lactate concentration (Figure 4E) and normalized lactate (Supplementary Figure S5E) in BT257 tumor-bearing mice relative to tumor-free controls. In contrast, glx production was significantly reduced in BT257 tumor-bearing mice relative to tumor-free controls (Supplementary Figure S5F and G).

We then examined the spatial distribution of glucose metabolism in vivo using 2D CSI. Lactate production from [6,6'-²H]-glucose was significantly higher in tumor relative to contralateral normal brain (Supplementary Figure

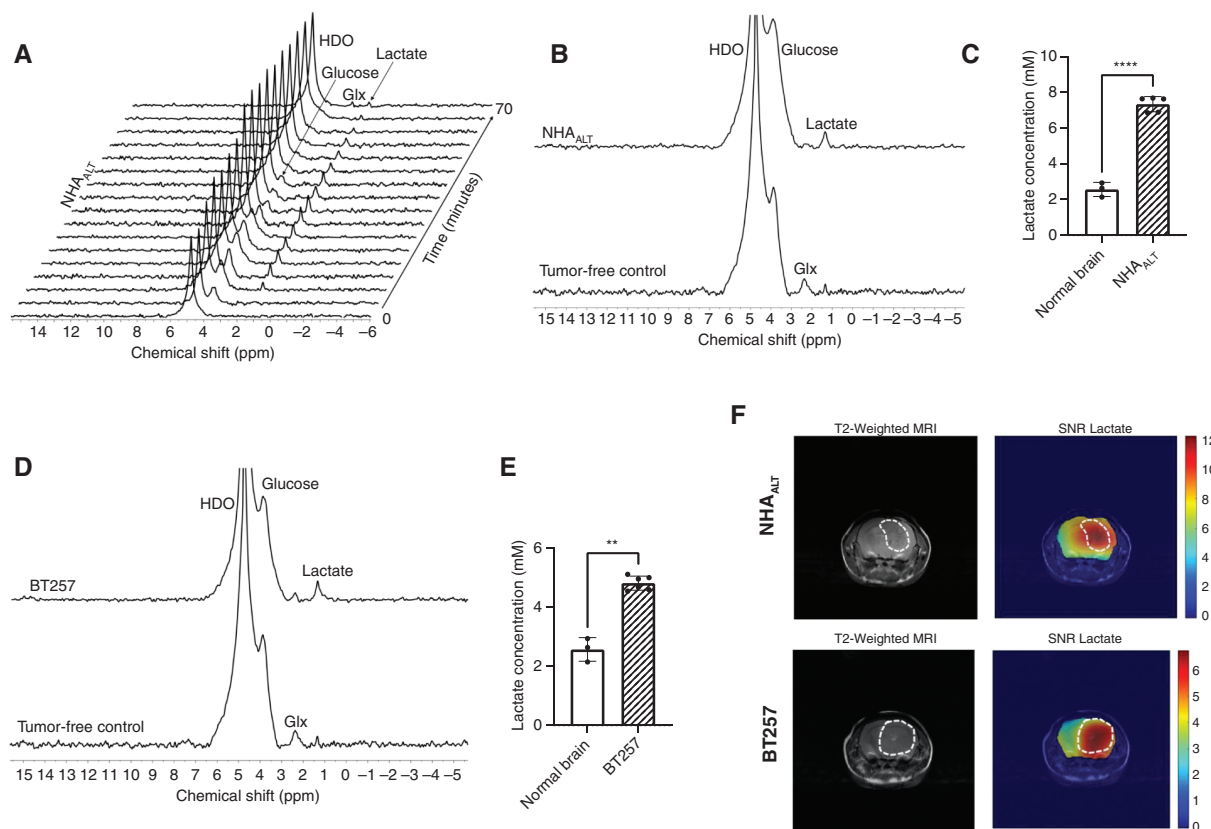


Fig. 4 [6,6'-²H]-glucose non-invasively monitors tumor burden in astrocytomas in vivo. (A) Representative ²H-MR spectral array of [6,6'-²H]-glucose metabolism in a mouse bearing an orthotopic NHA_{ALT} tumor. Peaks for glucose, lactate, glx, and HDO are labeled. Representative summed ²H-MR spectra (B, D) and lactate concentration (C, E) in mice bearing orthotopic NHA_{ALT} or BT257 tumors or tumor-free controls. (F) Representative T2-weighted MRI (left) and heatmap of [3,3'-²H]-lactate (right) from mice bearing NHA_{ALT} (top panel) or BT257 (bottom panel) tumors. Tumor is contoured in white. Statistical significance was assessed using a Welch's *t* test with *P* < .05 considered significant. ***P* < .01, ****P* < .0001.

S6A and B), consistent with the non-localized ^2H -MRS studies. The SNR of glx in the CSI studies was too low to allow reliable quantification (Supplementary Figure S6A). Importantly, visualization of the data as heatmaps showed that the $[3,3'\text{-}^2\text{H}]$ -lactate signal demarcated tumor from contralateral normal brain in mice bearing orthotopic NHA_{ALT} or BT257 tumors (Figure 4F). Collectively, these results indicate that monitoring ALT status using $[6,6'\text{-}^2\text{H}]$ -glucose allows assessment of tumor burden in astrocytomas in vivo.

Lactate Production From $[6,6'\text{-}^2\text{H}]$ -Glucose Is an Early Biomarker of Response to Niraparib in Astrocytomas In Vivo

Next, we examined whether $[6,6'\text{-}^2\text{H}]$ -glucose can be used to monitor astrocytoma response to therapy. Mice bearing orthotopic NHA_{ALT} tumors were treated with vehicle-control or niraparib, and tumor volume was assessed by T2-weighted MRI. As shown in Figure 5A and B, niraparib induced MRI-detectable tumor shrinkage starting day

9 ± 2 , an effect that was associated with significantly higher median survival (9 days for the vehicle-control group vs 75 days for the niraparib-treated group, $P < .005$). We then examined $[6,6'\text{-}^2\text{H}]$ -glucose metabolism in vehicle-control and niraparib-treated mice at timepoints preceding MRI-detectable volumetric alterations (see representative T2-weighted MRI at days 0, 3, and 5 in Figure 5C). As shown in Figure 5D, there was no significant difference in $[3,3'\text{-}^2\text{H}]$ -lactate concentration between vehicle-control and niraparib-treated NHA_{ALT} tumor-bearing mice at day 0 (prior to the start of treatment). $[3,3'\text{-}^2\text{H}]$ -lactate concentration significantly increased in vehicle-treated mice at day 3 and day 5 relative to day 0 (Figure 5D). In contrast, there was a significant reduction in $[3,3'\text{-}^2\text{H}]$ -lactate concentration in niraparib-treated mice at day 3 and day 5 relative to day 0. Quantification of normalized lactate yielded similar results (Supplementary Figure S7A).

We obtained similar results with the patient-derived BT257 model. Niraparib induced tumor shrinkage starting day 18 ± 2 (Figure 6A) and significantly extended median survival (13 days for the vehicle-control group and 52 days

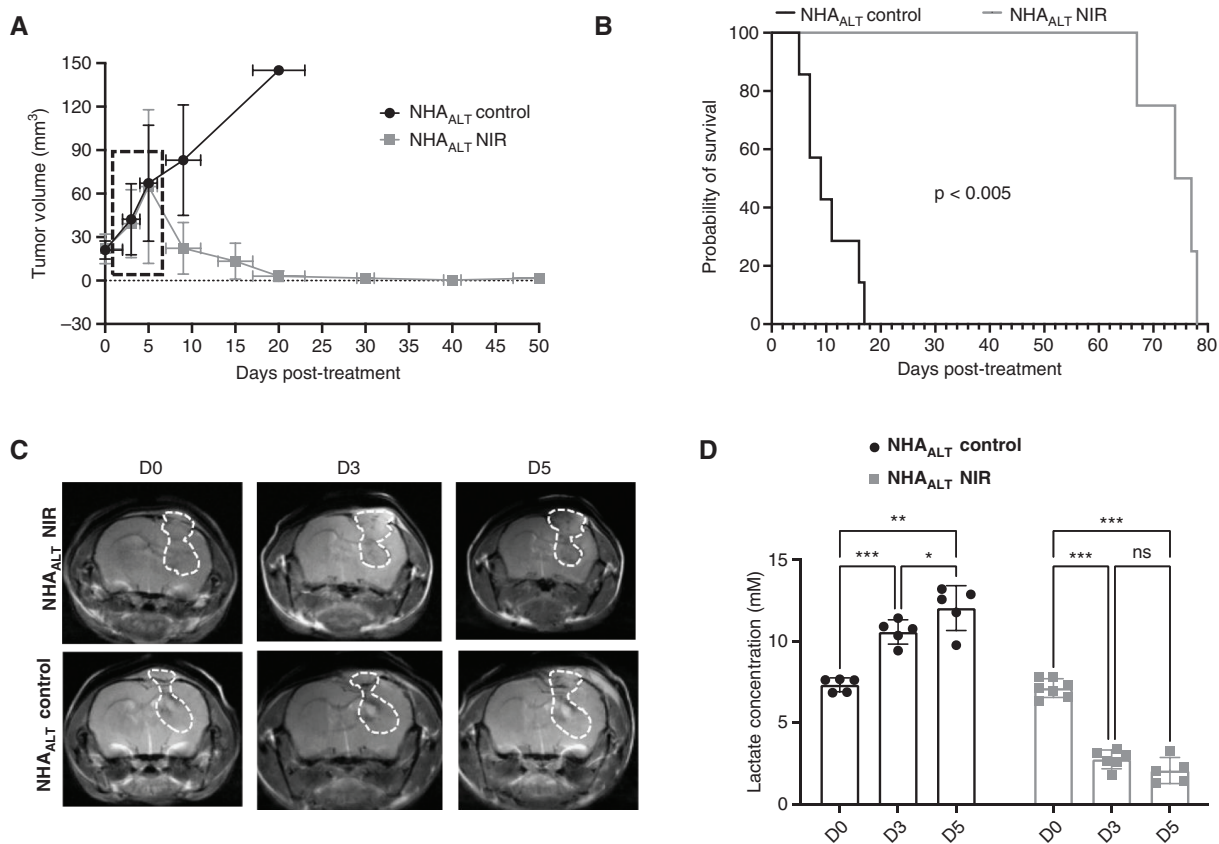


Fig. 5 $[6,6'\text{-}^2\text{H}]$ -glucose flux to lactate provides a readout of response to niraparib in vivo in the NHA_{ALT} model. Tumor volume (A) and animal survival (B) in NHA_{ALT} tumor-bearing mice treated with vehicle-control or niraparib. Dotted box highlights timepoints for ^2H -MRS prior to the onset of tumor shrinkage. (C) Representative T2-weighted MRI at early timepoints (D0, D3, and D5) from vehicle-control or niraparib-treated NHA_{ALT} tumor-bearing mice. (D) Lactate concentration in NHA_{ALT} tumor-bearing mice treated with either vehicle-control or niraparib. Statistical significance was assessed using Kaplan-Meier survival analysis (Figure 2B) or an ordinary 2-way ANOVA corrected for multiple comparisons using Tukey's method (Figure 2D). * $P < .05$, ** $P < .01$, *** $P < .005$, ns, not significant.

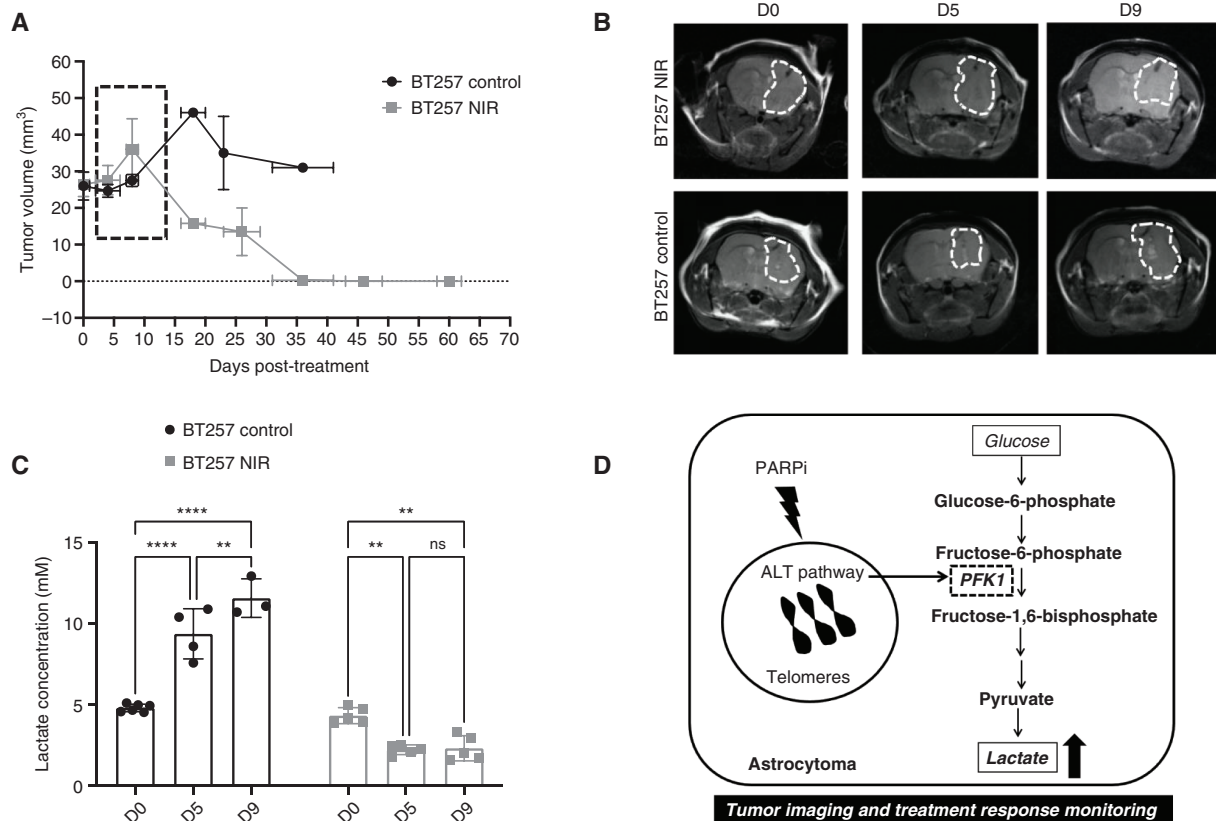


Fig. 6 [6,6'-²H]-glucose reports on early response to niraparib in the patient-derived BT257 model. (A) Tumor volume in BT257 tumor-bearing mice treated with vehicle-control or niraparib. Dotted box highlights timepoints for ²H-MRS prior to tumor shrinkage. (B) Representative T2-weighted MRI at early timepoints (D0, D5, and D9) from vehicle-control or niraparib-treated BT257 tumor-bearing mice. (C) Lactate concentration in mice bearing orthotopic BT257 tumors that were treated with vehicle-control or niraparib. (D) Schematic summary of our findings. The ALT pathway elevates glycolytic flux via PFK1. This metabolic reprogramming and response to PARPi that cause telomeric fusion in ALT cells can be non-invasively monitored via quantification of lactate production from [6,6'-²H]-glucose. Statistical significance was assessed using an ordinary 2-way ANOVA corrected for multiple comparisons using Tukey's method. ** $P < .01$, **** $P < .0001$, ns, not significant.

for the niraparib-treated group, $P < .005$; [Supplementary Figure S7B](#)). Importantly, [3,3'-²H]-lactate concentration significantly dropped in niraparib-treated mice at day 5 and day 9 post-treatment, when tumor volume was unaltered on T2-weighted MRI ([Figure 6B](#) and [C](#)). In contrast, [3,3'-²H]-lactate concentration significantly increased at day 5 and day 9 relative to day 0 in vehicle-treated mice ([Figure 6C](#)). Quantification of normalized lactate provided similar results ([Supplementary Figure S7C](#)). Niraparib did not alter glx production from [6,6'-²H]-glucose for either the NHA_{ALT} or BT257 model ([Supplementary Figure S7D and E](#)), ruling out glx as a biomarker of treatment response. Collectively, these results validate lactate production from [6,6'-²H]-glucose as an early biomarker of response to niraparib and, importantly, point to the potential of [6,6'-²H]-glucose for imaging pseudoprogression in vivo.

Discussion

The ALT pathway plays a key role in tumor proliferation in astrocytomas.^{2,5,7} In this study, we used isogenic pairs

of cell lines that differed only in their ALT status, including both genetically engineered and patient-derived models, to link the ALT pathway to elevated glycolytic flux via PFK1. Importantly, we leveraged this information for noninvasive ²H-MRS-based imaging of tumor burden and response to therapy in vivo (see schematic summary in [Figure 6D](#)).

To the best of our knowledge, our study is the first to link the ALT pathway to elevated glycolytic flux via PFK1. ALT silencing via ATRX re-expression downregulates PFKP expression and activity as well as glucose flux to lactate in patient-derived astrocytoma models. Conversely, PFKP overexpression in ALT- neurospheres rescues glycolytic flux, pointing to the causal role of PFK1 in the ALT-linked upregulation of glycolytic flux in astrocytomas. Mechanistically, ATRX re-expression downregulates PFKP by increasing histone H3K27me3 enrichment, which is associated with repression of gene transcription,³⁹ at the PFKP promoter. Importantly, histone H3K27me3 deposition at the PFKP promoter is reduced and PFKP expression concomitantly elevated in astrocytoma biopsies relative to non-neoplastic gliosis biopsies, pointing to the clinical relevance of our results. In essence, our study suggests that ATRX loss simultaneously drives the development of the ALT pathway and

the elevation of glycolytic flux via PFK1, thereby identifying a mechanistic link between telomere maintenance and elevated glycolysis.

We previously showed that ^1H -MRS-detectable α -ketoglutarate is elevated in ALT cells.²⁸ Since α -ketoglutarate plays a role in the conversion of alanine to pyruvate, we leveraged this metabolic reprogramming for noninvasive imaging of astrocytomas using hyperpolarized [$1\text{-}^{13}\text{C}$]-alanine.²⁸ In a separate study focused on imaging telomerase reverse transcriptase, which is the telomere maintenance mechanism in IDHmut oligodendrogliomas, we examined the NHA_{ALT} model as a negative control and showed that hyperpolarized [$\text{U-}^{13}\text{C}$, $\text{U-}^2\text{H}$]-glucose is metabolized to lactate in NHA_{ALT} cells.²⁶ In the current study, we have established that glycolytic flux is, indeed, elevated in ALT cells and mechanistically validated [$6,6\text{'-}^2\text{H}$]-glucose as a complementary probe for imaging the ALT pathway. To date, ^2H -MRS studies of [$6,6\text{'-}^2\text{H}$]-glucose have focused on glioblastomas and lymphomas.^{23,24} Our study, for the first time, highlights the utility of [$6,6\text{'-}^2\text{H}$]-glucose for imaging IDHmut astrocytomas. Importantly, our results can be rapidly translated to the clinic since the feasibility of imaging tumor burden using [$6,6\text{'-}^2\text{H}$]-glucose has been established in glioblastoma patients.²³ Furthermore, although our studies were conducted at 14.1T, ^2H -MRS has been performed at the clinically relevant field strength of 4T in glioblastoma patients,²³ underscoring the clinical translatability of our results.

Previous studies suggest that promoter hypermethylation downregulates expression of lactate dehydrogenase A (LDHA), the enzyme that converts pyruvate to lactate, resulting in a lack of difference in LDHA expression^{40,41} and steady-state lactate⁴² between IDHmut gliomas and normal brain in preclinical models. As a result, IDHmut gliomas are considered non-glycolytic tumors.^{40–42} However, our studies indicate that elevated PFK activity, which is upstream of LDHA, increases glucose flux to lactate to levels sufficient to discriminate astrocytoma cells from normal astrocytes and, importantly, to levels that enable noninvasive [$6,6\text{'-}^2\text{H}$]-glucose-based discrimination of astrocytoma tumors from the normal brain. These results are consistent with recent studies indicating that glycolytic flux is controlled at a few steps whose upregulation underlies the Warburg effect, including hexokinase and PFK1, but not LDHA.³⁷ Our study also highlights the utility of monitoring glucose flux to lactate, as opposed to assessing steady-state lactate, for astrocytoma imaging.

^2H -MRS provides information that is complementary to hyperpolarized ^{13}C -MRS. Previous studies have established the ability of hyperpolarized ^{13}C -MRS to report on dynamic lactate production in vivo.²² Depending on the design of the study, lactate production from [$6,6\text{'-}^2\text{H}$]-glucose can be examined at isotopic steady-state²³ or in a dynamic manner as shown previously²⁵ and in our studies with the NHA_{ALT} model. Importantly, by tracing flux through metabolic pathways such as glycolysis in vivo, both ^2H - and hyperpolarized ^{13}C -MRS provide information on metabolic pathway activity that has hitherto been inaccessible in a noninvasive manner. One point of difference between the 2 methods is the timing

of information capture. Unlike hyperpolarized ^{13}C -MRS which assesses metabolic fluxes within a short time (<5 minutes),²² ^2H -MRS provides a readout of metabolic flux over a longer window (30–60 minutes). One possible consequence of this difference is the ability to observe tricarboxylic acid cycle-mediated flux of [$6,6\text{'-}^2\text{H}$]-glucose to glx, while we²⁶ and others^{43–45} have been unable to observe glx production from hyperpolarized [$\text{U-}^{13}\text{C}$, $\text{U-}^2\text{H}$]-glucose. Another difference is the higher concentration of [$6,6\text{'-}^2\text{H}$]-glucose used in our study (1 g/kg), which is twice the hyperpolarized [$\text{U-}^{13}\text{C}$, $\text{U-}^2\text{H}$]-glucose concentration used previously.²⁶ Nevertheless, the concentration of 1 g/kg for [$6,6\text{'-}^2\text{H}$]-glucose is lower than the concentration used in previous ^2H -MRS studies^{23–25,35} and, importantly, did not lead to any adverse events. Finally, with regard to clinical translation, ^2H -MRS provides a technically simpler and lower-cost method of imaging the ALT pathway, requiring primarily the acquisition of a radiofrequency coil as opposed to a hyperpolarizer, which could aid in dissemination and widespread application to astrocytoma imaging.²³

Our study, to the best of our knowledge for the first time, demonstrates the utility of [$6,6\text{'-}^2\text{H}$]-glucose for imaging pseudoprogression in astrocytomas in vivo. Pseudoprogression occurs following treatment with chemotherapy, radiotherapy, or targeted inhibitors and manifests as a lesion that cannot be distinguished from tumor by conventional MRI.⁴⁶ The inability to assess pseudoprogression results in incorrect treatment with devastating consequences and hampers evaluation of the efficacy of inhibitors in clinical trials. Our results show that, following niraparib treatment, [$6,6\text{'-}^2\text{H}$]-glucose flux to lactate is reduced at early timepoints preceding MRI-detectable alterations, thereby enabling visualization of pseudoprogression in vivo. By allowing assessment of early response, ^2H -MRS-based imaging of the ALT pathway can also aid in clinical translation of PARPi. Further studies are needed to determine whether [$6,6\text{'-}^2\text{H}$]-glucose reports on response to other ALT inhibitors such as berzosertib¹⁵ and to standard of care radiochemotherapy.

In summary, we have linked the ALT pathway to elevated glycolytic flux via PFK1 and identified [$6,6\text{'-}^2\text{H}$]-glucose as a novel agent for metabolic imaging of the ALT pathway in astrocytomas in vivo. Our study has the potential to significantly impact the longitudinal imaging of tumor burden and response to therapy in astrocytoma patients.

Supplementary Material

Supplementary material is available at *Neuro-Oncology* online.

Keywords

alternative lengthening of telomeres | astrocytomas | deuterium metabolic imaging | gliomas | isocitrate dehydrogenase mutation

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