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Wang, Lei Yu, Jin-Yi

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8	Lei Wang ^{1,2} and Jin-Yi Yu ²
9	Cuanadana Dravinas Kay Laboratory for Coastal Ocean Variation of Disaster
10	Prediction College of Ocean and Meteorology Guangdong Ocean University
12	Zhanjiang 524088, China (leiwangocean@yahoo.com)
13	² Department of Earth System Science, University of California, Irvine, California
14	92697, USA (jyyu@uci.edu)
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Abstract

33 The tropospheric biennial oscillation (TBO) is conventionally considered to involve 34 transitions between the Indian and Australian summer monsoons and the interactions 35 between these two monsoons and the underlying Indo-Pacific Oceans. Here we show that, since the early 1990s, the TBO has evolved to mainly involve the transitions 36 37 between the western North Pacific (WNP) and Australian monsoons. In this 38 framework, the WNP monsoon replaces the Indian monsoon as the active northern 39 hemisphere TBO monsoon center during recent decades. This change is found to be 40 caused by stronger Pacific-Atlantic coupling and an increased influence of the tropical 41 Atlantic Ocean on the Indian and WNP monsoons. The increased Atlantic Ocean 42 influence damps the Pacific Ocean influence on the Indian summer monsoon (leading 43 to a decrease in its variability) but amplifies the Pacific Ocean influence on the WNP 44 summer monsoon (leading to an increase in its variability). These results suggest that 45 the Pacific-Atlantic interactions have become more important to the TBO dynamics 46 during recent decades.

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51 1. Introduction

52 The tropical Indo-Pacific sector encompasses two of the most active monsoons 53 in our climate system: the Indian monsoon located in the northern part of the sector 54 and the Australian monsoon in the southern part. The tropospheric biennial oscillation 55 (TBO) is a major variation of the Indian-Australian monsoon system, with years of 56 strong summer rainfall more likely to be followed by years of weak rainfall and vice 57 versa (Meehl 1987, 1994, 1997; Meehl and Arblaster 2002a). Previous studies have 58 already revealed that the biennial variations in the Indian summer monsoon and the 59 Australian summer monsoon tend to be related to each other (e.g., Matsumoto 1992; Yu et al. 2003; Hung et al. 2004). This relation is manifested as an in-phase transition 60 61 from the Indian summer monsoon to the Australian summer monsoon (i.e., a strong 62 Indian monsoon in boreal summer is followed by a strong Australian summer 63 monsoon in the following austral summer and vice versa) and an out-of-phase 64 transition from the Australian summer monsoon back to the Indian summer monsoon 65 in the next year (i.e., a strong Australian summer monsoon is followed by a weak 66 Indian summer monsoon and vice versa). These in-phase and out-of-phase transitions 67 between the Indian and Australian monsoons are two key features of the TBO (Yu et 68 al. 2003) and are referred to as the biennial monsoon transitions in this study.

Much effort has been expended trying to understand TBO dynamics and the associated monsoon transitions, resulting in substantial advances in our understanding of this important climate phenomenon. It is generally agreed that the interactions between the monsoons and the tropical Indian and Pacific Oceans play a central role in the TBO dynamics (e.g., *Nicholls 1978, 1979, 1984; Meehl 1987, 1993; Clarke et al. 1998; Chang and Li 2000; Meehl et al. 2003; Li et al. 2006; Zheng et al. 2008*). This is based on the observational finding that the biennial variations in monsoon

76 rainfall are associated with significant variations at similar timescales in the sea 77 surface temperatures (SSTs) of the tropical Indian and Pacific Oceans (Rasmusson and Carpenter 1983; Meehl 1987; Kiladis and van Loon 1988; Ropelewski et al. 78 79 1992; Lau and Yang 1996; Meehl and Arblaster 2002b; Yu et al. 2003). The 80 associated SST anomalies are characterized by an El Niño-Southern Oscillation 81 (ENSO)-type pattern in the Pacific Ocean and a basin-scale warming or cooling in the 82 Indian Ocean, or an east-west dipole along the equatorial Indian Ocean that is known 83 as the Indian Ocean Dipole (IOD) or Indian Ocean Zonal Mode (Webster et al. 1999; 84 Saji et al. 1999).

85 *Meehl* (1993) proposed that the in-phase monsoon transition is produced by 86 local monsoon-ocean interactions in the Indian and western Pacific Oceans associated 87 with the southeastward migration of convection during the annual cycle. The Indian 88 summer monsoon winds force SST anomalies around Australian (via ocean 89 upwelling/downwelling and mixing) that persist into the following boreal winter and 90 affect the strength of the Australian summer monsoon. For the out-of-phase monsoon 91 transition, the Australian summer monsoon wind forces oceanic waves in the western 92 Pacific Ocean that propagate into the eastern Pacific to influence SST anomalies 93 there. These SST anomalies later influence the strength of the Indian summer 94 monsoon through the large-scale east-west atmospheric circulation. In this theory, it is 95 the interaction between the monsoons and the eastern Pacific Ocean that provides the 96 phase-reversal mechanism for the TBO. Chang and Li (2000) also related the 97 monsoon-ocean interactions to the TBO but did not emphasize the interaction between 98 the Australian monsoon and the eastern Pacific. Instead, they suggested that a strong 99 Australian summer monsoon enhances the Walker circulation over the Indian Ocean 100 and produces strong westerly anomalies in the central Indian Ocean. These wind 101 anomalies help to cool Indian Ocean SSTs through processes such as wind and latent 102 and sensible heat fluxes. The cold SST anomalies persist into the following boreal 103 summer to produce a weak Indian summer monsoon by reducing the moisture 104 available. Regardless of the differences, these theories emphasize the interactions 105 between Indian-Australian summer monsoons and the Indo-Pacific Oceans to explain 106 how the TBO and the monsoon transitions can be produced.

107 However, in addition to the Indian monsoon, there are other sub-components 108 in the Asian monsoon system including the East Asian monsoon and the western 109 North Pacific (WNP) monsoon (e.g., Wang et al. 2001). Lee et al. (2014) examined 110 the interdecadal changes in global monsoon variability and noticed that the 111 interannual variability of the WNP monsoon has increased and become a dominant 112 component of the Asian summer monsoon variability after 1993. They found the WNP 113 summer monsoon variability after 1993 tends to be related to the central-Pacific (CP) 114 type El Nino-Southern Oscillation (ENSO) events (Yu and Kao 2007; Kao and Yu 115 2009), which have also occurred more frequently since the early 1990s (Yu et al. 2012; 116 Yu et al. 2015). These recent changes in ENSO and the monsoons may have modified 117 the characteristics of the TBO in recent decades, particularly the associated biennial 118 monsoon transitions. Furthermore, recent studies on the early-1990s change in ENSO 119 types have suggested that this change may be related to the increased influences of the 120 Atlantic Ocean on the Pacific climate (Yu et al. 2015; Lyu et al. 2017; Wang et al. 121 2017), which is associated with a change of the Atlantic Multi-decadal Oscillation (AMO; Schlesinger and Ramankutty 1994; Kerr 2000) from a negative to a positive 122 123 phase around that time. There is also increasing evidence to support a significant 124 influence of the tropical Atlantic SST on the variability of the Indian summer monsoon (Kucharski et al. 2007, 2008; Cash et al. 2013) and Pacific climate 125

variability (*Rodríguez-Fonseca et al. 2009*; *Keenlyside et al. 2013*; *Hong et al. 2014*; *Yu et al. 2015*; *Li et al. 2016*). Therefore, it is possible that the Atlantic Ocean may
have become important to the TBO dynamics. It is necessary to know how these
Atlantic influences may have modified the biennial monsoon transitions of the TBO
in recent decades.

131 In this study, we perform statistical analyses using observations and reanalysis 132 products to examine the decadal changes in the TBO and its biennial monsoon 133 transitions since 1948. This paper is organized as follows. The data used and the 134 analysis procedures are described in section 2. The changes in the biennial monsoon 135 transitions in the TBO since the early 1990s are presented in Section 3. Section 4 136 illustrates the influences of tropical Atlantic SST anomalies on the recent change in 137 the biennial monsoon transitions. Conclusions and discussion are given in the final 138 section (Section 5).

139

140 **2. Data and methods**

The SST data used here are the monthly extended reconstructed SST (ERSST) analyses (*Smith et al.* 2008). The atmospheric fields are from the National Centers for Environmental Prediction-National Center for Atmospheric Research (NCEP-NCAR) monthly reanalysis (*Kalnay et al.* 1996) that begin in 1948. The monthly rainfall data used is NOAA's Precipitation Reconstruction (PREC) (*Chen et al.* 2002), which also begins in 1948 and was obtained from http://www.esrl.noaa.gov/psd/.

The following dynamic monsoon indices are used in the analysis: (1) the WNP monsoon index is defined, following *Wang and Fan* (1999), as the difference in 850-hPa zonal winds between a southern region $(5^{\circ}-15^{\circ}N,100^{\circ}-130^{\circ}E)$ and a northern region $(20^{\circ}-30^{\circ}N, 110^{\circ}-140^{\circ}E)$; (2) the Indian summer monsoon index is defined as the difference in the 850-hPa zonal winds between a southern region 152 $(5^{\circ}-15^{\circ}N, 40^{\circ}-80^{\circ}E)$ and a northern region $(20^{\circ}-30^{\circ}N, 70^{\circ}-90^{\circ}E)$ (*Wang et al.* 2001); 153 (3) the Australian monsoon index is defined as the 850-hPa zonal wind averaged over 154 the area $(5^{\circ}S-15^{\circ}S, 110^{\circ}E-130^{\circ}E)$, following *Kajikawa et al.* (2000). These dynamic 155 monsoon indices based on 850-hPa winds have been shown to be consistent with 156 monsoon rainfall variability (*Wang et al.* 2001; *Kajikawa et al.* 2000). Following 157 *Kwon et al.* (2005), an East Asian (EA) summer rainfall index is defined as the JJA 158 precipitation anomaly averaged over the area $(30^{\circ}N-50^{\circ}N, 115^{\circ}E-150^{\circ}E)$.

159 The Niño3.4 index is used to represent ENSO intensity and is defined as the 160 SST anomalies averaged over (5°S–5°N, 170°W–120°W). The Indian Ocean Dipole 161 Mode Index (DMI) is defined as the difference between SST anomalies in the western 162 (50°E to 70°E and 10°S to 10°N) and eastern (90°E to 110°E and 10°S to 0°S) 163 equatorial Indian Ocean (Saji et al. 1999). Following Kucharski et al. (2008), a 164 tropical South Atlantic SST index is defined as the SST anomalies averaged over (20°S–0°, 30°W–10°E). Following Hong et al. (2014), a tropical North Atlantic SST 165 166 index is defined as the SST anomalies averaged over (0°-20°N, 80°W-25°E).

Anomalies are calculated by removing long-term trend first and then the mean seasonal cycle for the period 1971–2000. The interannual variability was obtained by applying a 7-yr high-pass filter to the anomalies. The intensity of the interannual variability during a period is measured by the standard deviation of the interannual time series during that period.

We classified each year during the analysis period to be a strong, weak, or normal monsoon year based on whether the anomalies in the summer monsoon index during that year are, respectively, above, below, or close to a threshold value. Following *Wu and Kirtman* (2004), the 0.43 standard deviation was used as the threshold value to ensure that the three categories (i.e., strong, weak and normal 177 monsoon years) have nearly equal numbers of years. We have also repeated the classification using three other threshold values (i.e., 0.40, 0.45, and 0.50 standard 178 179 deviations) and found similar results. Thus, the results reported in this study are not 180 particularly sensitive to the threshold value used in the classification. Considering that 181 the biennial monsoon transitions are comprised of both in-phase and out-of-phase 182 transitions between monsoons, we then selected the in-phase and out-of-phase monsoon transition years for composite analysis. An "in-phase" transition case is 183 184 identified if a strong (weak) summer monsoon in one hemisphere (such as the Indian 185 and WNP monsoon in the northern hemisphere or the Australian monsoon in the 186 southern hemisphere) is followed by a strong (weak) summer monsoon in the other 187 hemisphere. Similarly, an "out-of-phase" transition case is identified if a strong (weak) 188 summer monsoon in one hemisphere is followed by a weak (strong) summer monsoon 189 in the other hemisphere. For the sake of comparison in the composite analysis, if a transition involves a strong Australian summer monsoon, we refer to it as a "positive" 190 191 in-phase or "positive" out-of-phase transition case. If the transition involves weak 192 Australian summer monsoon, that transition case is referred to as a "negative" in-phase or "negative" out-of-phase transition case. The composites for the in-phase 193 194 transition were then constructed as the means of the "positive" in-phase transition 195 cases minus the means of the "negative" in-phase transition cases. Similarly, the 196 composites for the out-of-phase transitions were constructed as the means of the 197 "positive" out-of-phase transition cases minus the means of the "negative" 198 out-of-phase transition cases. These composites are designed to reveal the 199 atmospheric and oceanic conditions involved in the transition from a strong or weak 200 Indian/WNP summer monsoon to a strong Australian summer monsoon or from a 201 strong Australian summer monsoon back to a strong or weak Indian/WNP summer

202 monsoon.

The analysis methods used in this study include correlation and composite analyses. We determine the statistical significance levels based on the two-tailed *P* values using a Student's *t*-test.

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3. Decadal Changes in the biennial monsoon transitions of the TBO

208 To elucidate possible decadal changes in the biennial monsoon transitions, we 209 first performed a 21-year sliding correlation analysis between the Indian monsoon 210 index during boreal summer (June-July-August; JJA) and the Australian monsoon 211 index during the following austral summer (December-January-February; DJF) for the 212 period 1948-2016 (Fig.1a). As expected, the correlation coefficients are positive 213 throughout the analysis period, which indicates that in-phase transitions from a strong 214 (weak) Indian summer monsoon to a strong (weak) Australian summer monsoon 215 dominate the time series. However, these in-phase transitions are statistically 216 significant at the 95% confidence level only during the early-1960s to the early-1980s. 217 having weakened remarkably afterward. A similar sliding analysis between the DJF 218 Australian monsoon index and the subsequent JJA Indian monsoon index shows negative correlation coefficients throughout the analysis period (Fig.1a), which 219 220 indicates the expected out-of-phase transition from the Australian summer monsoon to 221 the following Indian summer monsoon. The negative correlations are statistically 222 significant at the 90% or 95% confidence levels during the early-1960s to the 223 early-1990s, becoming insignificant after the early-1990s. This analysis indicates that 224 the biennial monsoon transitions between the Indian and Australian monsoons were 225 strong during 1960s-1980s but have weakened in recent two decades.

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We then performed the same 21-year sliding correlation analyses between the

boreal summer WNP monsoon and the austral summer Australian monsoon to 227 228 examine the decadal changes in their relationships. The analysis results (Fig.1b) show 229 two main differences from the relationships found between Indian and Australian 230 summer monsoons. First, the transition from the WNP summer monsoon to the 231 following Australian summer monsoon is out-of-phase (i.e., negative values in their 232 correlation coefficients) while the transition from the Australian summer monsoon to 233 the subsequent WNP summer monsoon is in-phase (i.e., positive correlation 234 coefficients). These monsoon transitions are exactly the opposite of the transitions 235 between the Indian and Australian summer monsoons. This is related to the fact that 236 the interannual variations of the WNP summer monsoon tend to be out of phase with 237 the variations of Indian summer monsoon, which has been documented by Gu et al. 238 (2010). They attributed this phenomenon to the different relationships between these 239 two monsoons and El Niño. During the summer of a developing El Niño, the 240 anomalously warm eastern Pacific tends to induce cyclonic wind shear over the WNP 241 that strengthens the WNP monsoon but suppresses convection over the Indian 242 monsoon region. During the subsequent summer as El Niño decays, a weak WNP 243 monsoon tends to occur due to the persistence of a local anomalous anticyclone, 244 whereas a strong Indian monsoon tends to occur due to the ENSO-induced basin-wide 245 Indian Ocean warming. The other main feature to note in Fig. 1b is that the 246 correlations between the WNP and Australian summer monsoons become stronger 247 after the early 1990s, which is the period when the correlations between Indian and 248 Australian summer monsoons weaken (see Fig.1a). These sliding correlation analyses 249 suggest that the WNP monsoon has replaced the Indian monsoon in the monsoon 250 biennial transitions associated with the TBO after the early 1990s.

251

To quantitatively assess the strength of the biennial monsoon transitions, we

252 define a biennial transition index (BTI) as follows:

BTI= (-1)×Cor1 ×Cor2.

(1)

254 Here, Cor1 is the 21-year sliding correlation coefficient between the JJA Indian or 255 WNP monsoon index and the subsequent DJF Australian monsoon index, while Cor2 is the sliding correlation coefficient between the DJF Australian monsoon index and 256 257 the subsequent JJA Indian or WNP monsoon index. The factor -1 is included in Eq. (1) 258 to reflect the fact that the biennial monsoon transitions are the combination of an 259 in-phase transition (i.e., a positive correlation coefficient) and an out-of-phase 260 transition (i.e., a negative correlation coefficient). Thus, the larger the BTI value the 261 stronger the biennial transitions between the two monsoons. Fig. 1c shows the BTI 262 values calculated from the sliding correlations between the Indian/WNP summer 263 monsoons and the Australian summer monsoon. The most obvious feature in the 264 figure is that the biennial transitions were stronger between the Indian and Australian 265 summer monsoons before the early 1990s but stronger between the WNP and 266 Australian summer monsoons afterward. We also use a regime shift detection method 267 developed by *Rodionov* (2004) to confirm that the shift really occurs during the early 268 1990s. This detection method uses a regime shift index (RSI) to objectively determine 269 the time when a time series undergoes a regime shift. Previous studies have also found 270 an early-1990s shift in the WNP monsoon (e.g., Kwon et al. 2005; Lee et al. 2014) 271 and the WNP subtropical high (e.g., Sui et al. 2007; Paek et al. 2016).

Since the EA monsoon is another important sub-component of the Asian monsoon system, we also examined the biennial relationship between the JJA EA monsoon index and the Australian monsoon index. We find the correlation coefficient is weak and mostly insignificant throughout the analysis period (not shown). The BTI values calculated for the EA-Australian monsoon transitions were much smaller than

those calculated for the Indian-Australian and WNP-Australian monsoon transitions (not shown). These results suggest that there were no significant biennial monsoon transitions between the EA and Australian monsoons during the analysis period. This may be due to the fact that the EA monsoon is located at higher latitudes than the other sub-components of the Asian monsoon system and receives more extratropical influences (such as those associated with mid-latitude jet stream variations) than the other monsoon components.

284 According to these results, the TBO has evolved from mainly involving 285 biennial monsoon transitions between the Indian and Australian monsoons to mainly 286 involving biennial monsoon transitions between the WNP and Australian monsoons 287 since the early 1990s. Since the early 1990s, the relations between the biennial 288 tendencies in the Indian monsoon and the Australian monsoon weakened remarkably; 289 on the contrary, the relations between biennial tendencies in the WNP monsoon and 290 the Australian monsoon were greatly enhanced. To further demonstrate this change, 291 we show in Fig.2a wavelet analysis of the indices of the WNP, Indian, and Australian 292 summer monsoons. The wavelet power spectrum in Fig.2a shows that the quasi-biennial (QB) band (e.g., 2-3 years) of the WNP monsoon variability 293 294 significantly increased after the early 1990s, which is consistent with the observed 295 fact that the leading periodicities of the summer western Pacific subtropical high also 296 shifted from the low-frequency (LF) band (e.g., 3-7 years) to the QB band in the early 297 1990s (Sui et al. 2007; Paek et al. 2016). However, the QB band of the Indian 298 monsoon variability weakened substantially after the 1980s (Fig.2b). For the 299 Australian monsoon, significant power in the QB band is found during nearly the 300 entire analysis period (Fig.2c). No significant changes before and after the early 1990s are found for the QB band of the Australian monsoon, although the LF band of the 301

302 Australian monsoon was found to be suppressed greatly after the early 1990s.

303

304 4. Influences of Atlantic SSTs on the recent TBO changes

Why are different biennial monsoon transitions observed in the TBO before and after the early 1990s? The biennial monsoon transitions before and after the early 1990s are likely to be accompanied by different SST anomalies, whose interactions with the monsoons should be considered to explain the TBO changes (e.g., *Meehl 1987, 1993; Clarke et al. 1998; Chang and Li 2000; Meehl et al. 2003; Li et al. 2006*).

310 To identify the possible differences in SST anomalies involved in the biennial 311 monsoon transitions, we composited SST anomalies for the biennial transitions 312 between the Indian and Australian summer monsoons for the period before the 313 early-1990s (1967–1987, which is referred to as P1 hereafter) and between the WNP 314 and Australian summer monsoons in a period after the early-1990s (1994-2014, 315 which is referred to as P2 hereafter). These two periods correspond, respectively, to 316 the 21-year periods in Fig. 1c that produce the maximum BTI values for the 317 Indian-Australian monsoon transitions (centered around 1977) and the WNP-Australian monsoon transitions (centered around 2004). During P1, the BTI 318 319 value for the Indian-Australian monsoon transitions is 0.347 but is only -0.062 for the WNP-Australian monsoon transitions. In contrast, the BTI value during P2 is only 320 321 0.073 for the Indian-Australian monsoon transitions but 0.483 for the 322 WNP-Australian monsoon transitions. The correlation coefficients (Table 1) confirm that the in-phase and out-of-phase transitions are both strong and significant between 323 324 the Indian and Australian monsoons during P1 and between the WNP and Australian monsoons during P2. During P1, nine cases were selected for the in-phase transition 325 326 from the Indian to Australian summer monsoons (i.e., the I-to-A transition) and eight cases were selected for the out-of-phase transition from the Australian to Indian
summer monsoons (i.e., the A-to-I transition). During P2, eleven cases were selected
for the out-of-phase transition from the WNP to Australian summer monsoons (i.e.,
the W-to-A transition) and eight cases were selected for the in-phase transition from
the Australian to WNP summer monsoons (i.e., the A-to-W transition). The cases
selected for the composite are listed in Table 2.

333 As mentioned previously, the biennial monsoon transitions during P1 mainly 334 consist of an in-phase I-to-A transition and an out-of-phase A-to-I transition. During 335 the I-to-A transitions (Fig. 3a-d), significant SST anomalies in the composite are 336 located mostly in the Pacific and Indian Oceans but not in the Atlantic Ocean. The 337 anomalies are characterized by a developing La Niña event, with the cold anomalies 338 emerging in the central-to-eastern Pacific during boreal spring, spreading westward 339 during boreal summer and autumn, and peaking in the central Pacific during austral 340 summer. In the Indian Ocean, the composite SST anomalies resemble the typical 341 Indian Ocean response to a La Niña event: a negative-phase IOD appears during boreal summer and autumn (September-October-November; SON) that later evolves 342 343 into a basin-wide cooling in boreal winter (i.e., austral summer). These composite 344 anomalies are consistent with those found in previous studies suggesting that the TBO 345 is accompanied by El Niño/La Niña-like anomalies in the Pacific and the IOD and 346 basin-wide warming/cooling in the Indian Ocean (Loschnigg et al. 2003; Meehl et al. 347 2003). A developing La Niña is known to be capable of strengthening the Walker 348 circulation to intensify the Indian monsoon during JJA and the Australian monsoon in 349 DJF (e.g., Chang and Li 2000; Yu et al. 2003; Gu et al. 2010). Therefore, the in-phase 350 I-to-A transition can be maintained by the developing La Niña. The cold anomalies in 351 the Indian Ocean may also contribute to the strong Australian summer monsoon (e.g.,

Taschetto et al. 2011). The composites in atmospheric fields reveal a strong summer Indian monsoon during this transition phase that is characterized by an anomalous low-level cyclonic circulation (Fig.3b) and enhanced rainfall (Fig.4b) around the Indian Peninsula together with anomalous descending motion (represented by negative values of anomalous 850-hPa velocity potential) over the eastern Pacific and anomalous ascending over the Indian monsoon region (Fig.4b).

358 As for the out-of-phase A-to-I transitions during P1 (Figs.5a-d), the composite 359 SST anomalies are most prominent in the Pacific Ocean. The anomalies are 360 characterized by a phase reversal from a decaying La Niña in DJF to an El Niño in 361 JJA that continues to develop thereafter. The decaying La Niña in DJF supports a 362 strong Australian summer monsoon, whereas the developing El Niño in JJA results in 363 a weak Indian summer monsoon. Therefore, the out-of-phase A-to-I transition can be 364 explained reasonably by this SST evolution pattern. Cold SST anomalies in the Indian 365 Ocean are large only during DJF when they may strengthen the Australian summer 366 monsoon through a Gill-type atmospheric response and by inducing anomalous ascending motions over Australia (Taschetto et al. 2011; Cai and van Rensch 2013). 367 The composited atmospheric fields are also characterized by a weakened summer 368 369 Indian monsoon, with an anomalous low-level anti-cyclonic circulation (Fig.5c), 370 suppressed rainfall (Fig.6c), and anomalous descending motion over the Indian 371 monsoon region (Fig.6c). Therefore, the biennial monsoon transitions between the 372 Indian and Australian summer monsoons during P1 can be established by the biennial 373 component of the ENSO with some contributions from Indian Ocean SSTs. SST 374 anomalies in the Atlantic Ocean are not involved in these Indian-Australian monsoon 375 transitions.

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As for the biennial monsoon transition during P2, it consists of an

377 out-of-phase W-to-A transition and an in-phase A-to-W transition. The SST anomalies 378 composited for the W-to-A transition (Figs. 3e-h) are characterized by a developing 379 La Niña in the Pacific, an IOD and a basin-wide cooling in the Indian Ocean, and a 380 warming in the tropical Atlantic. The SST anomalies in the Pacific and Indian sectors 381 are mostly similar to the anomalies composited for the I-to-A transition during P1 but 382 are very different in the Atlantic sector. The 850-hPa velocity potential anomalies 383 (Figs.4e-h) indicate that there are significant differences between the 384 ascending/descending anomalies associated with the Walker circulations during P2 385 and P1. Anomalous ascent occurred over the tropical Atlantic during the summer of 386 P2 (Fig.4f) that was not observed during P1 (Fig.4b). The ascending anomalies above 387 the Indian region during P1 are displace southeastward during P2 (Fig.4f), as a result 388 the rainfall anomalies in the Indian monsoon region became weaker (Fig.4f). In the 389 Pacific, the descending anomalies extend further westward during P2 (Fig.4f), 390 inducing low-level anticyclonic circulation anomalies (Fig.3f) that suppress the WNP 391 monsoon rainfall (Fig.4f).

392 Previous studies (Kucharski et al. 2007, 2008; Wang et al. 2009; Cash et al. 393 2013) have shown that warm tropical Atlantic SST anomalies can excite atmospheric 394 wave responses over the Indian Ocean that can weaken the Indian summer monsoon. 395 This weakening effect from the tropical Atlantic can cancel out the strengthening 396 effect produced by the developing La Niña. This cancelling has been verified in 397 numerical modeling experiments by Kucharski et al. (2007). This cancelling should 398 also reduce the interannual variability of Indian monsoon during P2, which is 399 confirmed by a running variance analysis (see Fig.7). Thus, the increased influence of 400 the tropical Atlantic SST anomalies seems to be the reason why similar Indo-Pacific SST anomalies can support a strong I-to-A transition during P1 but not during P2. 401

402 While they cancel out the La Niña influences on the Indian summer monsoon 403 variability, the tropical Atlantic SST anomalies can at the same time reinforce the La 404 Niña influence on the WNP summer monsoon variability. Hong et al. (2014) have 405 shown that warm tropical Atlantic SST anomalies can intensify the WNP subtropical 406 high and weaken the WNP summer monsoon via an anomalous zonally overturning 407 circulation, which ascends over the tropical Atlantic and descends over the equatorial 408 central Pacific. This anomalous descending motion can then excite a low-level 409 anticyclonic anomaly to the west and therefore weaken the WNP monsoon. Also, it is 410 known that negative SST anomalies in the tropical central Pacific associated with the 411 La Niña can weaken the WNP monsoon during boreal summer by inducing 412 anticyclonic circulation anomalies through a Gill-type response (Gill 1980; Gu et al. 413 2010). Thus, the tropical Atlantic SSTs and Pacific La Niña reinforce each other to 414 produce large negative anomalies in the WNP summer monsoon. Due to this 415 reinforcing effect, the intensity of the interannual variability in the WNP monsoon 416 was observed to increase markedly (Fig.7) during the P2 period. During DJF, Figs. 417 3g-h show that the tropical Atlantic SST anomalies decay while the Pacific La Niña 418 continues to grow and support a strong Australian summer monsoon. Therefore, the 419 Pacific La Niña and tropical Atlantic SST anomalies together support a transition 420 from a weak WNP summer monsoon in JJA to a strong Australian summer monsoon 421 in DJF (i.e., an out-of-phase W-to-A transition) during P2.

For the in-phase A-to-W transition during P2, the composite SST anomalies (Figs. 5e-h) evolve from a decaying La Niña in DJF to a developing El Niño in JJA, which is similar to the composite SST anomalies observed for the out-of-phase A-to-I transition (see Figs. 5a-d). However, the A-to-W transition during P2 is associated with significant SST anomalies in the tropical Atlantic during the transition seasons 427 (i.e., from DJF to the subsequent JJA). The tropical Atlantic cold SST anomalies again 428 act to cancel out the effect of the Pacific El Niño on the Indian monsoon (Kucharski et 429 al. 2007) but reinforce the El Niño influence on the WNP monsoon (Hong et al. 2014). 430 The 850-hPa circulation (Fig.5g) and rainfall anomalies (Fig.6g) also confirm that the 431 most active summer monsoon center during P2 is the WNP monsoon rather than the 432 Indian monsoon. Notable anomalous descent occurred over the tropical Atlantic 433 during the JJA of P2 (Fig.6g), in association with cold SST anomalies in the tropical 434 Atlantic (Fig.5g). These anomalies were not observed during P1 (Fig.6c). The region 435 of anomalous descent over the Indian Ocean moved off the Indian Peninsula during 436 P2 (Fig.6g). In the Pacific, anomalous ascent expanded westward greatly during P2 437 (Fig. 6g). These changes in ascending/descending anomalies lead to a shift of the 438 monsoon anomaly center from the Indian summer monsoon to the WNP monsoon. 439 These analyses indicate that Pacific and Atlantic SST anomalies together support a 440 transition from a strong Australian summer monsoon to a strong WNP summer 441 monsoons (i.e., an in-phase A-to-W transition) during P2.

442 One important feature to note from the SST composite analyses is that the 443 Pacific Ocean SST anomalies during the TBO monsoon transitions tend to be 444 accompanied by Indian Ocean SST anomalies of the same sign during P1 but with 445 Atlantic Ocean SST anomalies of the opposite sign during P2. To further confirm this 446 impression, we performed a correlation analysis of the tropical SST anomalies with the JJA Niño3.4 index. As shown in Fig. 8a, the significant correlation coefficients are 447 characterized by an El Niño in the Pacific and an IOD in the Indian Ocean during P1. 448 449 El Niño during this period has little correlation with Atlantic SST anomalies. In 450 contrast, the significant correlation coefficients during P2 show that the El Niño in the Pacific is accompanied by cold tropical Atlantic SST anomalies (Fig.8b). The 451

452 correlation with the Indian Ocean SST is very small. A sliding correlation analysis 453 also indicates a weakened correlation between the Niño3.4 index and the Indian DMI 454 index after the early 1990s (Fig.9a) but enhanced correlations between the Niño3.4 455 index and North and South Atlantic SST indices (Figs.9b,c). These results suggest that there was a stronger Pacific-Indian Ocean coherence/coupling during P1 and a 456 457 stronger Pacific-Atlantic coherence/coupling during P2. Associated with the changes in the inter-basin SST correlations, differences were observed in the ascending and 458 459 descending branches of the Walker circulations between these two periods (Fig.8). 460 Anomalous ascent and descent were confined within the Indo-Pacific regions during P1 (Fig.8a) but extended into the Atlantic during P2 (Fig.8b). During the latter period, 461 462 anomalous descent developed over the tropical Atlantic where cold anomalies 463 occurred. At the same time, the descent anomalies over the Indian Ocean moved 464 southwestward leading to a decrease in their influence on the Indian summer monsoon, 465 whereas the ascent anomalies in the Pacific expanded westward leading to an increase 466 in their influence on the WNP summer monsoon. Therefore, the shift from the strong 467 Pacific-Indian Ocean coupling to the strong Pacific-Atlantic coupling may support the 468 shift of biennial monsoon transitions from the Indian-Australian monsoon transitions to the WNP-Australian monsoon transitions. The stronger Pacific-Atlantic coupling 469 470 during recent decades is the primary reason why we observe a shift in the monsoon 471 centers in the biennial monsoon transitions associated with the TBO.

472 Consistent with the shift in biennial monsoon transitions from the
473 Indian-Australian monsoons during P1 to the WNP-Australian monsoons during P2,
474 stronger biennial variability is observed in the power spectrum of the Indian monsoon
475 during P1 but in the power spectrum of the WNP monsoon during P2 (Figs. 10a,b).
476 For the Australian monsoon, relatively strong biennial variability is found during both

477 P1 and P2 (Fig. 10c).

478

479 **5. Summary and discussion**

480 In this study, we performed statistical analyses using observations and 481 reanalysis products to show that two important changes to the TBO have occurred 482 since the early 1990s: (1) the biennial monsoon transitions associated with the TBO 483 have shifted from involving the Indian-Australian summer monsoons to involving the 484 WNP-Australian summer monsoons, and (2) tropical Atlantic SST anomalies have 485 become an important part of the monsoon-ocean interactions associated with the TBO. 486 Figure 11 illustrates how the different SST anomaly patterns before and after the early 487 1990s can induce the shift of the summertime monsoon centers. During the period 488 before the early-1990s, strong Pacific-Indian SST coupling/coherence confined most 489 of the anomalous ascent/descent to the Indo-Pacific region (Fig.11a), with one of the 490 anomaly centers located right over the Indian monsoon region. During the period after 491 the early-1990s, strong Pacific-Atlantic SST coupling/coherence displaced the 492 locations of the anomalous ascent/descent centers and shifted one center to the WNP 493 monsoon region (Fig.11b). Therefore, the changes in the monsoon centers associated 494 with the TBO are related to an increased influence of tropical Atlantic SST anomalies 495 on the Indian and WNP summer monsoons. The increased Atlantic SST influence acts 496 to weaken the ENSO influence on the Indian summer monsoon leading to a decrease 497 in its variability but enhances the ENSO influence on the WNP summer monsoon to 498 increase its variability (Fig.11c). As a result, during the last two decades the WNP 499 monsoon has replaced the Indian monsoon to become a major component in the 500 biennial monsoon transitions associated with the TBO. These results highlight the 501 important roles of Pacific-Atlantic interactions in the TBO dynamics in recent 502 decades.

503 Much effort has been expended attempting to understand the TBO dynamics, 504 most of which involve interactions between the Indian-Australian summer monsoons and SST anomalies in the Indo-Pacific sector (e.g., Meehl, 1987, 1993; Chang and Li 505 506 2000; Loschnigg et al. 2003; Yu et al. 2003; Meehl et al. 2003). Our results suggest that the Pacific-Atlantic Ocean sector may have become involved in the TBO 507 508 dynamics after the early-1990s, in contrast to the pre-1990s TBO dynamics that 509 mainly involved the Pacific-Indian Ocean sector (e.g., Chang and Li 2000; Meehl et 510 al. 2003; Yu et al. 2003; Loschnigg et al. 2003). This shift in the TBO dynamics may 511 be part of the early-1990s climate shift (Oian et al. 2014; Yu et al. 2015; Paek et al. 512 2016; Lyu et al. 2017; Wang et al. 2017) that has been linked to a phase change of the 513 AMO and global warming trends. The main message of this study is that the TBO and 514 its underlying dynamics may have to be studied separately for the periods before and 515 after the early-1990s.

516 The change in the biennial monsoon transitions associated with the TBO 517 during the recent two decades may affect the strategies used for seasonal climate 518 predictions in the Asian-Australian monsoonal regions. For example, tropical Atlantic 519 SSTs may need to be considered and incorporated more than previously when 520 predicting the Asian-Australian monsoon. Also, the characteristics of the Australian 521 summer monsoon may become more useful for predicting the WNP summer monsoon 522 during the following boreal summer. Since the intensity of the EA summer monsoon 523 generally has a negative correlation with that of the WNP summer monsoon (e.g., Kwon et al. 2005), a better prediction of the WNP summer can also benefit predictions 524 525 of the EA summer monsoon that is closely associated with the Chinese Mei-yu, the Korean Changma, and the Japanese Baiu. 526

527

Our results suggest an increase in the importance of Pacific-Atlantic

interactions to the TBO dynamics in recent decades, at around the time when the 528 529 AMO changed from a negative to a positive phase (in the early-1990s). The phase of 530 the AMO may be playing a role in the increased influence of the Atlantic during some 531 decades but not others. Different phases of the AMO may produce different inter-basin SST gradients between the Pacific and Atlantic and different impacts on 532 533 the strengths of Walker circulations above the basins (Wang 2006; Chikamoto et al. 2015; Zhang and Karnauskas 2017), which may separately or together affect the role 534 535 of the Atlantic Ocean in the TBO dynamics. Further studies are needed to better understand these inter-basin interaction processes. 536

537

538

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716 **Table caption**

Table 1.Comparison of the correlations between the Indian/WNP and Australian
monsoon indices during P1 and P2. Correlations that are significant at the 95%
confidence level are shown in boldface.

720

Table 2. Selected cases of monsoon transitions during P1 (I-to-A and A-to-I transitions) and P2 (W-to-A and A-to-W transitions). The years are shown are the years of the JJA Indian monsoon or the JJA WNP monsoon involved in the transitions.

724

725 Figure captions

Figure 1.(a) The 21-year sliding correlation coefficients (e.g., the correlation coefficient in 2000 represents the period1990–2010) between the JJA Indian monsoon index and the DJF Australian monsoon index for the period1948-2016. (b) Same as (a) but for the JJA WNP monsoon index and the DJF Australian monsoon index. The red (yellow) dots in (a) and (b) represent correlations that are significant at the 95% (90%) confidence level. (c) The BTI between the JJA Indian/WNP monsoon and the DJF Australian monsoon.

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Figure 2.Wavelet power spectrum of the summer monsoon indices for (a) WNP
monsoon, (b) Indian monsoon and (c) Australian monsoon. The regions exceeding the
95% confidence level against red noise are dotted.

737

Figure 3.Differences in SSTs (shading) and 850-hPa winds (vectors) between the "positive" and "negative" monsoon composites from MAM to the following DJF for the I-to-A transitions during P1 (a-d) and the W-to-A transitions during P2 (e-h).Only the values at the 90% confidence level or higher are shown. The read circles in (b) and (f) represent the summertime low-level circulation anomalies over the Indian/WNP monsoon region, with A (C) denoting anticyclone (cyclone).

744

Figure 4.Same as Figure.3 but for the rainfall (shading) and 850-hPa velocity potential (contours, $10^6 \text{ m}^2 \text{ s}^{-1}$, solid for positive and dashed for negative values). The green boxes in (b) and (f) encompass the core regions of the Indian and WNP monsoon according to Wang et al. (2001).

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Figure 5.Differences in SSTs (shading) and 850-hPa winds (vectors) between the "positive" and "negative" monsoon composites from DJF to the following SON for the A-to-I transitions during P1 (a-d) and the A-to-W transitions during P2 (e-h). Only the values at the 90% confidence level or higher are shown. The red circles in (c) and (g) represent the summertime low-level circulation anomalies over the Indian/WNP monsoon region, with A (C) denoting anticyclone (cyclone). 756

Figure 6.Same as Figure.5 but for the rainfall (shading) and 850-hPa velocity potential (contours, 10^6 m² s⁻¹, solid for positive and dashed for negative values). The green boxes in (b) and (f) encompass the core regions of the Indian and WNP monsoon according to Wang et al. (2001).

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Figure 7.Time series of anomalies in the intensity of the interannual variations in the three monsoon indices. The intensity of the interannual variations is defined as the 21-year running standard deviation of the interannual monsoon indices. The anomalies are then calculated by subtracting the long-term mean intensity of the interannual variations during the entire analysis period.

768

Figure 8.The correlations of the JJA Niño3.4 index with JJA SST (shading) and
850-hPa velocity potential (contours, solid for positive and dashed for negative
values) at each grid point (a) during P1 and (b) during P2. Only the values at the 90%
confidence level or higher are shown.

773

774 Figure 9.(a) The 21-year sliding correlation coefficients (e.g., the correlation 775 coefficient in 2000 represents the period1990-2010) between the JJA Niño3.4 and 776 Indian DMI during 1948-2016. (b) Same as (a) but for the JJA Niño3.4 and tropical 777 South Atlantic SSTs. According to *Kucharski et al.*(2008), the warm tropical South 778 Atlantic SSTs could weaken the summer Indian monsoon. (c) Same as (a) but for the 779 JJA Niño3.4 and tropical North Atlantic SSTs. According to Hong et al. (2014), the 780 warm tropical North Atlantic SSTs could enhance the WNP subtropical high and 781 weaken the summer WNP monsoon. The red dots represent correlations that are 782 significant at the 95% confidence level.

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Figure 10.Comparison of power spectrum for the monsoon indices before and after the early 1990s. Distribution of power spectrum for (a) WNP monsoon, (b) Indian monsoon and (c) Australian monsoon. The dashed line denotes the 95% confidence interval against red noise.

788

789 Figure 11.A schematic diagram showing the physical processes to induce the recent 790 shift in the monsoon centers of the TBO. (a) The Pacific-Indian Ocean 791 coherence/coupling before the early 1990s supports the Indian summer monsoon to be 792 the monsoon center involved in the TBO. (b) The Pacific-Atlantic Ocean 793 coherence/coupling after the early 1990s supports the WNP summer monsoon to be 794 the monsoon center involved in the TBO. (c) The schematic summarizing the possible 795 influences of the Atlantic Ocean on the shift of the summertime monsoon centers 796 involved in the TBO.

797

Table 1.Comparison of the correlations between the Indian/WNP and Australian monsoon indices during P1 and P2. Correlations that are significant at the 95% confidence level are shown in boldface.

	P1 (1967-1987)	P2 (1994-2014)
JJA Indian monsoon and following DJF	0.65	0.39
Australian monsoon		
DJF Australian monsoon and subsequent JJA	-0.54	-0.19
Indian monsoon		
JJA WNP monsoon and following DJF	0.15	-0.75
Australian monsoon		
DJF Australian monsoon and subsequent JJA	0.38	0.64
WNP monsoon		

Table 2.Selected cases of monsoon transitions during P1 (I-to-A and A-to-I transitions) and P2 (W-to-A and A-to-W transitions). The years are shown are the years of the JJA Indian monsoon or the JJA WNP monsoon involved in the transitions.

	"Positive"	"Negative"
I-to-A (P1)	1967,1970,1973,1975,1980	1969,1972,1974,1987
A-to-I(P1)	1974,1981,1987	1970,1973,1975,1978,1983
W-to-A (P2)	1996,1998,2003,2007,2008,2010	1997,2004,2006,2009,2012
A-to-W (P2)	1997,2001,2004,2009	1998,2003,2007,2010



Figure 1.(a)The 21-year sliding correlation coefficients (e.g., the correlation coefficient in 2000 represents the period1990–2010) between the JJA Indian monsoon index and the DJF Australian monsoon index for the period1948-2016. (b) Same as (a) but for the JJA WNP monsoon index and the DJF Australian monsoon index. The red (yellow) dots in (a) and (b) represent correlations that are significant at the 95% (90%) confidence level. (c) The BTI between the JJA Indian/WNP monsoon and the DJF Australian monsoon.



Figure 2.Wavelet power spectrum of the summer monsoon indices for (a) WNP monsoon, (b) Indian monsoon and (c) Australian monsoon. The regions exceeding the 95% confidence level against red noise are dotted.



Figure 3.Differences in SSTs (shading) and 850-hPa winds (vectors) between the "positive" and "negative" monsoon composites from MAM to the following DJF for the I-to-A transitions during P1 (a-d) and the W-to-A transitions during P2 (e-h).Only the values at the 90% confidence level or higher are shown. The read circles in (b) and (f) represent the summertime low-level circulation anomalies over the Indian/WNP monsoon region, with A (C) denoting anticyclone (cyclone).



Figure 4.Same as Figure.3 but for the rainfall (shading) and 850-hPa velocity potential (contours, $10^6 \text{ m}^2 \text{ s}^{-1}$, solid for positive and dashed for negative values). The green boxes in (b) and (f) encompass the core regions of the Indian and WNP monsoon according to Wang et al. (2001).



Figure 5.Differences in SSTs (shading) and 850-hPa winds (vectors) between the "positive" and "negative" monsoon composites from DJF to the following SON for the A-to-I transitions during P1 (a-d) and the A-to-W transitions during P2 (e-h). Only the values at the 90% confidence level or higher are shown. The red circles in (c) and (g) represent the summertime low-level circulation anomalies over the Indian/WNP monsoon region, with A (C) denoting anticyclone (cyclone).



Figure 6.Same as Figure.5 but for the rainfall (shading) and 850-hPa velocity potential (contours, $10^6 \text{ m}^2 \text{ s}^{-1}$, solid for positive and dashed for negative values). The green boxes in (b) and (f) encompass the core regions of the Indian and WNP monsoon according to Wang et al. (2001).



Figure 7.Time series of anomalies in the intensity of the interannual variations in the three monsoon indices. The intensity of the interannual variations is defined as the 21-year running standard deviation of the interannual monsoon indices. The anomalies are then calculated by subtracting the long-term mean intensity of the interannual variations during the entire analysis period.



Figure 8. The correlations of the JJA Niño3.4 index with JJA SST (shading) and 850-hPa velocity potential (contours, solid for positive and dashed for negative values) at each grid point (a) during P1 and (b) during P2. Only the values at the 90% confidence level or higher are shown.



Figure 9. (a) The 21-year sliding correlation coefficients (e.g., the correlation coefficient in 2000represents the period1990–2010) between the JJA Niño3.4 and Indian DMI during 1948-2016. (b) Same as (a) but for the JJA Niño3.4 and tropical South Atlantic SSTs. According to *Kucharski et al.* (2008), the warm tropical South Atlantic SSTs could weaken the summer Indian monsoon. (c) Same as (a) but for the JJA Niño3.4 and tropical North Atlantic SSTs. According to *Hong et al.* (2014), the warm tropical North Atlantic SSTs could enhance the WNP subtropical high and weaken the summer WNP monsoon. The red dots represent correlations that are significant at the 95% confidence level.



Figure 10.Comparison of power spectrum for the monsoon indices before and after the early 1990s. Distribution of power spectrum for (a) WNP monsoon, (b) Indian monsoon and (c) Australian monsoon. The dashed line denotes the 95% confidence interval against red noise.



Figure 11. A schematic diagram showing the physical processes to induce the recent shift in the monsoon centers of the TBO. (a) The Pacific-Indian Ocean coherence/coupling before the early 1990s supports the Indian summer monsoon to be the monsoon center involved in the TBO. (b) The Pacific-Atlantic Ocean coherence/coupling after the early 1990s supports the WNP summer monsoon to be the monsoon center involved in the TBO. (c) The schematic summarizing the possible influences of the Atlantic Ocean on the shift of the summertime monsoon centers involved in the TBO.