

UC San Diego

UC San Diego Electronic Theses and Dissertations

Title

The Ablation of Gnas in CD11c+ Immune cells, Protects Mice from Obesity-mediated Inflammation and Metabolic Disorders

Permalink

<https://escholarship.org/uc/item/54p8z8g8>

Author

Lee, Sung Min

Publication Date

2022

Peer reviewed|Thesis/dissertation

UNIVERSITY OF CALIFORNIA SAN DIEGO

The Ablation of *Gnas* in CD11c⁺ Immune Cells, Protects Mice from Obesity-mediated
Inflammation and Metabolic Disorders

A thesis submitted in partial satisfaction of the requirements
for the degree of Master of Science

in

Biology

by

Sung Min Lee

The committee in charge:

Professor Eyal Raz, Chair

Professor Li-Fan Lu, Co-Chair

Professor Fabian Rivera-Chavez

2022

Copyright

Sung Min Lee, 2022

All rights reserved

The Thesis of Sung Min Lee is approved, and it is acceptable in quality and form for publication on microfilm and electronically.

University of California San Diego

2022

iii

DEDICATION

I dedicate this thesis paper to my loving family and members of the Raz lab.

TABLE OF CONTENTS

THESIS APPROVAL PAGE	<i>iii</i>
DEDICATION.....	<i>iv</i>
LIST OF FIGURES	<i>vi</i>
ACKNOWLEDGEMENTS.....	<i>vii</i>
ABSTRACT OF THE THESIS	<i>viii</i>
INTRODUCTION	<i>1</i>
RESULTS.....	<i>7</i>
DISCUSSION.....	<i>21</i>
DISCUSSION.....	<i>21</i>
MATERIALS AND METHODS.....	<i>28</i>
REFERENCES	<i>32</i>

LIST OF FIGURES

Figure 1. Schematic overview of diet challenge on $Gnas^{fl/fl}$ and $Gnas^{\Delta CD11c}$ mice.....	13
Figure 2. $Gnas^{\Delta CD11c}$ mice are resistant to change in body weight..	13
Figure 3. Effects of NCD and HFD challenge on tissues of $Gnas$ mice	14
Figure 4. $Gnas^{\Delta CD11c}$ mice are protected from glucose intolerance and insulin resistance	15
Figure 5. $Gnas^{\Delta CD11c}$ KO mice displayed reduced macrophage infiltration and adipose tissue inflammation.....	16
Figure 6. $Gnas^{\Delta CD11c}$ KO exhibit reduced inflammation and NLRP3 expression in adipose tissue and bone marrow-derived macrophages	17
Figure 7. $Gnas$ ablation led to reduced NLRP3 activation and macrophage-mediated inflammatory response.	18
Figure 8. Reduced NF- κ B signaling in bone marrow-derived macrophages of $Gnas^{\Delta CD11c}$ KO mice.....	19
Figure 9. Re-establishment of intracellular cAMP concentration in BMDM of Flox and KO mice reverses NLRP3 and PPAR γ expression.....	20

ACKNOWLEDGEMENTS

First and foremost, I would like to thank my PI, Eyal Raz, M.D. His wisdom and passion for science were a motivation to further my studies in immunology and to pursue a future in this field.

I would like to express my deepest appreciation to my project mentor Liping Zeng, Ph. D. She has guided me throughout my master's program and has never doubted my abilities. This thesis will not have been possible without her.

I would also like to acknowledge Samuel Bertin Ph. D., Scott Herdman, and Han Chang for their assistance and companionship since my arrival at the Raz lab.

Last but not least, I would like to thank my parents for their unconditional love and for always having belief in me.

Thank you, I will be forever grateful.

Figures 2-9 and Methods section are currently being prepared for submission for publication of the material. Liping Zeng, D. Scott Herdman, Sung Min Lee, Ailin Tao, Manasi Das, Samuel Bertin, Lars Eckmann, Sushil Mahata, Shwetha Devulapalli, Hemal H. Patel, Anthony J.A. Molina, Olivia Osborn, Maripat Corr, Eyal Raz, and Nicholas J.G. Webster "Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis and obesity" The thesis author is a co-author.

ABSTRACT OF THE THESIS

The Ablation of *Gnas* in CD11c⁺ Immune Cells, Protects Mice from Obesity-mediated
Inflammation and Metabolic Disorders

by

Sung Min Lee

Master of Science in Biology

University of California San Diego, 2022

Professor Eyal Raz, Chair

Professor Li-Fan Lu, Co-Chair

Obesity is a common condition characterized by low-grade systemic inflammation that leads to comorbidities such as insulin resistance. Overnutrition causes disturbance in metabolic homeostasis and causes gradual accumulation of CD11c⁺ cells to create an inflammatory state in adipose tissue. Our studies identified the ablation of the *Gnas* gene, which encodes for the

stimulatory G-protein alpha subunit (*Gαs*) responsible for the generation of cyclic AMP (cAMP), in CD11c⁺ cells protected mice from obesity-mediated inflammation and insulin resistance. The *Gnas*^{ΔCD11c} mice (KO) maintained a lean phenotype when stressed with a high-fat diet (HFD) and results showed improved insulin sensitivity and glucose tolerance. Histological analysis of white adipose tissue (eWAT) of KO mice on HFD showed reduced crown-like structures (CLS) whose formation is often associated with inflammasome activation in macrophages. To further investigate the reduced inflammatory status of KO mice, we cultured and stimulated CD11c⁺ bone-marrow-derived macrophages (BMDM) to induce inflammasome activation. Notably, the inflammasome gene expression and pro-inflammatory cytokine secretion were significantly blunted. In addition, we found treating KO BMDM with cell-permeable cAMP analog restored the inflammasome-mediated inflammatory response. Collectively, our results demonstrate that *Gαs*-cAMP signaling in CD11c⁺ cells play an important role in regulating high fat diet-induced immune responses in mice.

INTRODUCTION

Obesity is a chronic inflammatory disease that has emerged as a leading promotor of various comorbidities¹. Some of these comorbidities include diseases such as type 2 diabetes (T2D), non-alcoholic fatty liver disease (NAFLD), cancer and insulin resistance which contribute to the increasing mortality rates around the world^{1,2,3,4}. Obesity is often associated with the accumulation of immune cells in adipose tissue (AT) in response to overnutrition by which inflammatory cytokines are released, leading to chronic low-grade inflammation and insulin-resistant states^{5,6}. For example under metabolic stress, the white adipose tissue (WAT) secretes chemokines such as monocyte chemoattractant protein-1 (MCP-1/CCL2) molecules to recruit circulating monocytes to the site of inflammation^{7,8}. The heterogeneous characteristic of monocytes provokes their differentiation into adipose tissue macrophages (ATM) under exposure to growth factors and pro-inflammatory cytokines⁹.

The pro-inflammatory M1-like macrophages that reside in the WAT can be characterized by the expression of CD11c (*Itgax*)^{10,11}. The CD11c marker, a type I transmembrane protein, is mainly expressed in immune cells including monocytes, dendritic cells (DCs), macrophages and neutrophils¹². The exposure to inflammatory cytokines and metabolic stress polarizes these CD11c⁺ macrophages to a classical M1 state that is associated with a pro-inflammatory profile¹³. The M1 macrophages secrete inflammatory cytokines including tumor necrosis factor (TNF)- α , interleukin (IL)-6, and interleukin (IL)-1 β that play important roles in mediating inflammation in the WAT. Recent studies suggest CD11c⁺ cells also play an important role in T-cell accumulation and activation in AT, which contribute to insulin resistance¹⁴. And the ablation of CD11c⁺ cells is associated with decreased adipose tissue inflammation and reduction in insulin resistance¹⁵.

Therefore, further studies on the mechanisms by which CD11c⁺ immune cells regulate inflammation seem to be an attractive area of research.

Gαs protein and cAMP

Immune cells, including CD11c⁺ macrophages, utilize surface molecules to sense and recognize pathogens in their environment to shape their immune responses¹⁶. G-protein coupled receptors (GPCR) are one of the largest and most diverse cell surface receptors that mediate signal transmission in macrophages¹⁷. Studies have suggested that the GPCR and agonist interactions regulate macrophage functions and lead to modulation of signaling pathways to activate inflammatory mediators in metabolic tissues (e.g. cytokines and chemokines), clearance of cellular debris, and tissue repair mechanisms^{18,19}. The activation of GPCR has also been shown to be involved in the maintenance of metabolic homeostasis. β-adrenergic receptors (β-ARs) are a class of Gαs-linked GPCRs that facilitate lipolysis in both brown and white adipose tissue. The catecholamine norepinephrine (NE) and epinephrine released from the sympathetic nervous system, activate the β-AR and subsequent activation of PKA, promoting the hydrolysis of triglyceride in adipocytes by the phosphorylation of hormone-sensitive lipases (HSL) and adipose triglyceride lipases (ATGL)^{20,21,22}.

The GPCR coupled G proteins are heterotrimeric proteins meaning they consist of three subunits: alpha (Gα), Beta (Gβ), and Gamma (Gγ). The binding of extracellular ligands, such as neurotransmitters, hormones, growth factors, or lipids²³ to a GPCR leads to the conformational change and activation of intracellular G proteins such as the stimulatory Gα proteins (Gαs)²⁴. The activated Gαs exchanges the bound guanosine diphosphate (GDP) for guanosine triphosphate (GTP) through its GTPase activity. The GDP-GTP exchange induces the dissociation of Gα protein

from the G β and G γ subunits and stimulates the effector molecules, such as adenylyl cyclase (AC)^{17,25}. The stimulated AC can relay signal transduction by catalyzing the production of important intracellular second messenger such as cyclic adenosine monophosphate (cAMP) from ATP. Intracellular cAMP signaling plays an important role in activating downstream pathways including PKA and EPAC to mediate cell proliferation and metabolic lipid metabolism such as catabolic lipolysis²⁶. Although cAMP involvement as a second messenger in numerous signal transduction pathways is extensively studied, little is known about its role in shaping immunity. Previous studies have suggested that disrupting or enhancing the cAMP production in immune cells may have immunoregulatory importance in inflammatory disorders²⁷. Decreased cAMP levels showed a tendency to have pro-inflammatory effects on immune cells while increasing cAMP concentrations were correlated with anti-inflammatory effects by inhibiting the NF-kB activity^{28,29}. However other studies have also suggested the positive effects of cAMP on NF-kB activation upon stimulation by β -AR agonists such as thrombin and high glucose³⁰. Hence the relationship between cAMP and its role in mediating inflammatory response via the NF-kB pathway remains conflicting. Therefore, further studies are necessary to determine the potential involvement of cAMP in the induction of inflammation and insulin resistance in obesity.

NLRP3-inflammasome and Gas-cAMP

Inflammasome activity in adipose tissue has been proposed as a major mediator of low-chronic inflammation and insulin resistance in obesity^{31,32}. The NOD, leucine-rich repeat-containing pyrin (NLRP)-3 inflammasome is a multi-component cytosolic complex that induces the cleavage of the proinflammatory cytokine IL-1 β ³³. These NOD-like receptors, as well as toll-like receptors (TLRs), allows the macrophage to sense pathogen-associated molecular patterns

(PAMPs) and damage-associated molecular patterns (DAMPs) to initiate cellular signaling for appropriate cellular responses³⁴. The activation of NLRP3 requires a two-signal process; the first is a priming signal followed by a second activating signal for the subsequent assembly and activation of the NLRP3 inflammasome components^{35,32}. The initial priming step is mediated upon recognition of PAMPs or stress signals by pattern recognition receptors (PRRs) such as TLRs known to activate the NF- κ B signaling pathway³⁶. The activation of the NF- κ B transcription factor causes the binding to the NLRP3 promoter site and upregulates the expression of both NLRP3 and pro-IL-1 β ^{36,37}. A second activating signal is facilitated through the response to various PAMPs and DAMPs including adenosine triphosphate (ATP), uric acid, and fatty acids³⁸. Upon activation, the NLRP3 inflammasome recruits the adaptor protein ASC which results in the self-cleavage of pro-caspase-1 to its active effector form caspase-1^{39,40}. The activated caspase-1 in turn cleaves cytosolic pro-IL-1 β to mature IL-1 β ⁴¹. It is well documented that the release of pro-inflammatory cytokines such as IL-1 β in macrophages is involved in instigating chronic low-grade inflammation in adipose tissue and disrupting insulin signaling^{42,43}. Recent studies have proposed that increased NLRP3 inflammasome activity in adipose tissue and the lack of *Nlrp3* expression in mice lead to the resistance of HFD-induced obesity and protection against insulin resistance³². We, therefore, hypothesized the pro-inflammatory states and insulin resistance observed in obesity were instigated by NLRP3 activation and successive release of IL-1 β by CD11c⁺ macrophages. In addition, the crosstalk between cAMP and NLRP3 induction remains conflicting as cAMP is said to have an inhibitory effect on inflammasome assembly by direct binding⁴⁴. Thus, in our study, we will explore the potential mediators that lead to NLRP3 inhibition as a result of cAMP ablation in CD11c⁺ cells.

Inhibiting Effects of PPAR γ on NLRP3 Expression

The Peroxisome proliferator-activated receptor-gamma (PPAR γ), a member of the nuclear receptor superfamily, is a lipid-sensing ligand-inducible transcription factor⁴⁵. It is a major regulator of adipogenesis and obesity-induced inflammation in adipose tissue⁴⁶. Activated PPAR γ functions to maintain the lipid homeostasis by regulating adiponectin secretion which in turn improves overall whole-body insulin resistance^{47,48}. PPAR γ is mainly expressed in the WAT and implements anti-inflammatory effects by reversing macrophage infiltration and functions^{49,50}. The PPAR γ structure has a three-dimensional structure that consists of a DNA binding domain (DBD) and a ligand-binding domain (LBD). Upon ligand binding, PPAR γ translocate to the nucleus and forms a heterodimer with the retinoid X receptors (RXR) to initiate transcriptional activity⁵¹. The PPAR-RXR heterodimers can interact with DNA sequences known as peroxisome proliferator hormone response elements (PPREs) to repress or activate the transcription of target genes⁵².

The NF- κ B pathway is one of the known targets of transrepression by PPAR γ and which leads to the subsequent inhibition of NLRP3⁵³. Previous studies have shown the presence of PPAR γ induction antagonizes the NF- κ B transcription factor activity thus affecting NLRP3 expression which indicates an inverse relationship⁵⁴. Since papers have also suggested PPAR γ expression induces the macrophage to an M2-like polarization state⁵⁵, we hypothesized the anti-inflammatory phenotype observed in adipose tissue of *Gnas* ablated mice could be influenced by PPAR γ expression in macrophages and its subsequent inhibitory effect on the NF- κ B pathway.

Working Hypothesis

In this study, we hypothesized the deletion of the *Gnas* gene in CD11c⁺ cells, protects against diet-induced tissue inflammation and metabolic disorders in mice by inhibiting M1-inflammatory mediators associated with obesity.

RESULTS

Gnas^{ΔCD11c} KO mice are protected from obesity and insulin resistance

We first used the Cre-loxP system to generate Gnas^{ΔCD11c} KO mice (C57BL/6 background) with *Gnas* deletion in CD11c⁺ cells (hereafter referred to as KO mice)⁵⁶. These mice have ablation of cAMP signaling in CD11c⁺ cells and exhibit a unique metabolic phenotype (**Fig. 2a**). The Gnas^{fl/fl} (Flox) control mice and the KO mice were challenged with a normal chow diet (NCD) or with a 60% kcal high-fat diet (HFD) and body weights (BW) were evaluated from the ages of 8 weeks until 16 weeks (**Fig. 1**). While the male Flox mice showed a gradual increase in BW, the female Flox mice showed a slower rate in change of BW. Sex differences have been reported to affect the susceptibility to diet-induced obesity due to. Levels in estrogen, the major sex hormone in females, have been suggested as the major reason for their protection against obesity and other metabolic syndromes⁵⁷. Both the male and female KO mice showed resistance to change in BW under NCD (**Fig. 2b**).

Mice groups challenged with HFD also showed a similar trend in which the KO mice showed resistance to BW change despite the high-calorie intake (**Fig. 2c**). The tissue weights of the liver and brown, epididymal and inguinal white adipose tissue (BAT, eWAT, and iWAT) were measured. In NCD challenged mice, results showed that the tissue weights were similar in both mice groups except for the eWAT, which was lighter in the KO mice (**Fig. 2b**). In line with this finding, the tissue histologies and the size distribution of eWAT, and iWAT in mice under NCD showed no significant differences between genotypes (**Fig. 3a and b**). However, mice challenged with HFD showed that the iWAT, eWAT, and BAT were significantly lighter in the KO mice (**Fig. 2c**). The histologies of the tissues showed whitening of the BAT, and enlargement of eWAT

and iWAT in the HFD-Flox mice, however, the KO mice did not exhibit any of these changes (**Fig. 3c**).

HFD-induced obese mice often display glucose intolerance and insulin resistance^{58,59}. To further characterize the metabolic changes in mice with *Gnas* deficiency in CD11c⁺ cells we compared the insulin sensitivity of Flox and KO mice challenged with NCD or HFD using the glucose and insulin tolerance tests (GTT and ITT) (**Fig. 4a-d**). After i.p injection of D-glucose, the NCD-KO mice exhibited a slight improvement in glucose tolerance and insulin sensitivity compared to the Flox (**Fig 4a and b**). Under HFD, the KO mice were significantly less hyperglycemic at various time points compared to obese Flox mice (**Fig. 4c**). Consistent with this data, the KO mice also displayed higher insulin sensitivity than obese Flox mice (**Fig. 4d**). In further support of this, KO mice on NCD at 5 months of age showed lower fasting insulin and glucose levels, and consequently lower HOMA-IR compared to Flox (**Fig. 4e-g**). Collectively, these findings suggest that the ablation of *Gnas* and cAMP signaling in CD11c⁺ cells protected mice from diet-induced obesity and improved glucose and insulin tolerance.

***Gnas*^{ΔCD11c} KO mice have reduced adipose tissue inflammation**

Obesity is often associated with low-grade inflammation characterized by immune cell accumulation and NLRP3 activation in adipose tissue^{60,61}. We thus examined the mRNA expression of various immune cell markers and proinflammatory cytokine genes in the eWAT of Flox and KO mice fed a NCD or HFD by qPCR analysis. In mice challenged with NCD, no significant differences in expression of immune cell markers were detected (**Fig. 5a**). In contrast, HFD-induced obesity in Flox mice led to increased expression of macrophage markers *Itgax* (CD11c), and *Adgre1* (F4/80) (**Fig. 5a**). The increase was also seen in the expression of

inflammatory cytokines *Il6* and *Ccl2* (**Fig. 5a and b**). However, the expressions of these macrophage markers and inflammatory cytokines were decreased in the KO mice fed the same HFD (**Fig. 5a and b**). Markedly, the expression of anti-inflammatory cytokine *Il10* was greater in the NCD-KO mice in comparison to Flox mice and increased to a greater extent under HFD (**Fig. 5b**). In line with this result, ELISA analysis showed a 50-fold increase of anti-inflammatory cytokine IL-10 in the KO compared to Flox mice on HFD (**Fig. 5c**). The circulating IL-6 was also increased in the KO mice as compared to Flox on HFD. However, mRNA expression did not exhibit these changes (**Fig. 5b**). In addition, plasma levels of TNF α , IL-1 β , and CCL2 showed no significant differences between groups. In line with the increased macrophage markers, the histology of eWAT tissues showed more presence of Crown-like structures (CLS) in the Flox mice under HFD, which is a histologic characteristic of macrophage-induced inflammatory response occurring in adipose tissue (**Fig. 6a and b**)⁶².

Studies have suggested there is a strong co-localization of NLRP3 with macrophage markers in CLS of adipose tissue³¹. We, therefore, examined the mRNA expression of activated inflammasome complex components *caspase-1* and adaptor protein, apoptosis-associated speck-like protein containing a caspase-recruitment domain (ASC)(*Pycard*) in the eWAT of Flox and KO mice under HFD. As expected, the HFD-challenged Flox mice had increased expression of both *Caspase-1* and *Pycard* in the eWATs, but the increases were blunted in the KO (**Fig. 6d**). No significant differences in mRNA expression of *Nlrp3* and *Il1b* were observed between groups (**Fig. 5b and 6d**). Next, we measured protein levels of NLRP3 and IL-1 β expression in homogenized eWAT by western blotting. Analysis showed low NLRP3 expression in mice on NCD but showed a significant increase in Flox mice challenged with HFD (**Fig. 6c**). However, the NLRP3 expression was significantly blunted in the KO. The pro-IL-1 β expression was detected in

both mice groups on NCD, but the expression of mature IL-1 β was low in this condition (**Fig. 6c**). Under HFD challenge, the pro-IL-1 β was reduced in Flox mice however the KO did not exhibit any reduction (**Fig. 6c**). This suggests that the presence of Caspase-1 and ASC in Flox mice led to successful cleavage of pro-IL-1 β into its bioactive form^{63,64}.

cAMP promotes inflammatory phenotype in the BMDM

The NLRP3 is induced in innate immune cells and mainly expressed in monocytes including macrophages⁶⁵. As we detected decreased level of NLRP3 in the eWAT of KO mice on HFD, we suspected that the NLRP3 detected in eWAT was likely from tissue macrophages. We, therefore, looked at NLRP3 in bone marrow-derived macrophages (BMDM) from the Flox and KO mice. We treated BMDM of Flox and KO mice with LPS to induce an inflammatory response. The mRNA expression by qPCR analysis showed that LPS treatment increased the expression of *Il1 β* , *Il6*, and *Nlrp3* in the BMDM of Flox mice (**Fig. 7a**). However, the increase was dampened in the BMDM of KO mice.

Consistently, the western blot analysis of BMDM with LPS treatment showed significantly increased NLRP3 and Pro-IL-1 β level in the BMDM of both groups while the increases were less dramatic in the BMDM of KO compared to that of the Flox (**Fig. 7c**). LPS treatment alone did not provoke the secretion of IL-1 β . Therefore, we treated BMDM with both LPS and ATP for complete inflammasome activation and successful pro-IL-1 β cleavage. The addition of both priming and activating signals led to reduced expressions of NLRP3 and Pro-IL-1 β compared to LPS-only treatment at the protein level (**Fig. 7c**). There is degradation of NLRP3 after ATP treatment at the protein level in both Flox and KO BMDM (**Fig. 7c**), however the IL-1 β secretion was not influenced (**Fig. 7b**). Markedly, the IL-1 β secretion in KO was significantly lower than in the Flox

(Fig. 7b). Consistently, we detected a lower level of the inflammatory cytokine IL-6 secretion in the KO regardless of with or without ATP since the IL-6 is independent of inflammasome processing.

Recent studies suggest that PPAR γ (labeled as PPARG in figures) induction leads to the degradation of NF- κ B/P65 thereby attenuating the NLRP3-induced inflammatory response^{53,66}. We, therefore, examined the protein expression of PPAR γ in BMDM of Flox and KO groups. Interestingly, the KO-BMDM exhibited higher PPAR γ expression than the Flox-BMDM (Fig. 7c). However, when challenged with LPS, the expression of PPAR γ was reduced and led to increased expression of NLRP3 which suggests PPAR γ and NLRP3 induction may be inversely correlated (Fig. 7c).

To investigate whether the reduced NLRP3 inflammasome activity we observed in the KO BMDM is due to defective TLR signaling, we checked the mRNA expression of *Tlrs*, and the TLR adaptor proteins *Trif* and *MyD88*. The expression remained unchanged however a slight increase in *Trif* expression was observed in the KO-BMDM (Fig. 7d). Stimulation with LPS also showed that p38, ERK, and JNK pathway induction was also protected (Fig. 8a). In contrast, the degradation of I κ B and phosphorylation of p65 were reduced in the KO-BMDM (Fig. 8b). This data indicates the reduction of NF- κ B activation and transrepression in KO mice is mediated by the increased PPAR γ expression.

Gas dependent cAMP signaling regulates the inflammasome-mediated inflammatory response.

Our previous data showed that the NLRP3 is downregulated in the *Gas*-deficient BMDM, therefore we reasoned that increasing the intracellular cAMP concentration in CD11c⁺ BMDM

deficient in *Gnas* will re-establish the NF- κ B-induced pro-inflammatory response. To test this hypothesis, we incubated CD11c⁺ BMDM with Long-Acting Beta Agonists (LABA) or with cell-permeable cAMP analog, 8-CPT-cAMP (CPT). We analyzed the protein expression of NLRP3, Pro-IL-1 β , and PPAR γ in Flox and KO-BMDM under LABA or CPT treatment to activate GPCR signaling. Analysis showed an overall higher baseline-level expression of NLRP3 and Pro-IL-1 β in Flox-BMDM compared to KO-BMDM (**Fig. 9c**). The presence of CPT led to increased induction of NLRP3 and pro-IL-1 β in Flox BMDM however the effect was reduced in KO BMDM (**Fig. 9c**). LABA induced NLRP3 and pro-IL-1 β in the Flox BMDM but did not affect KO-BMDM. Consistent with our previous data, the LABA treated KO BMDM had higher *Ppar γ* expression while the expression was reduced by CPT in Flox and KO BMDM (**Fig. 9a and b**). Moreover, incubation with CPT re-established the expression of NLRP3 and reduced the expression of *Ppar γ* in KO BMDM (**Fig. 9a**).

The mRNA expression of *Il1 β* , *Nlrp3*, and *Ppar γ* was analyzed to confirm the negative relationship. CPT induced an increase in the mRNA expression of cAMP-dependent gene *Crem* in Flox BMDM stimulated with CPT and LABA (**Fig. 9a and b**). This confirmed the activation of cAMP signaling. Incubation with CPT increased the *Il1 β* and *Nlrp3* expression in KO-BMDM to similar expression levels of Flox-BMDM (**Fig. 9a**). As expected, the CPT treatment in KO-BMDM led to reduced expression of *Ppar γ* . In contrast, LABA treatment induced the expression of *Il1 β* and *Nlrp3* in the Flox BMDM but not in KO BMDM (**Fig. 9b**). Consistent with previous results, the KO BMDMs exhibited higher *Ppar γ* expression under LABA treatment. In summary, these data signify that the *G α s*-cAMP-dependent signaling is required for an inflammasome-mediated inflammatory response.

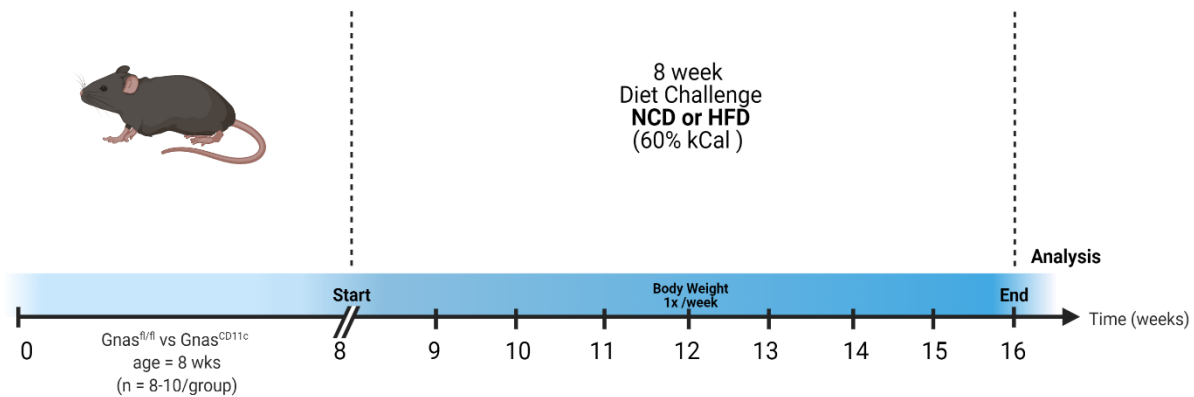


Figure 1. Schematic overview of diet challenge on Gnas^{fl/fl} and Gnas^{ACD11c} mice.

Gnas^{fl/fl} (Flox) and the Gnas^{ACD11c} (KO) mice were challenged with a normal chow diet (NCD) or with a 60% kcal high-fat diet (HFD) and body weights (BW) were evaluated from the ages of 8 weeks until 16 weeks (n= 8-10/group)

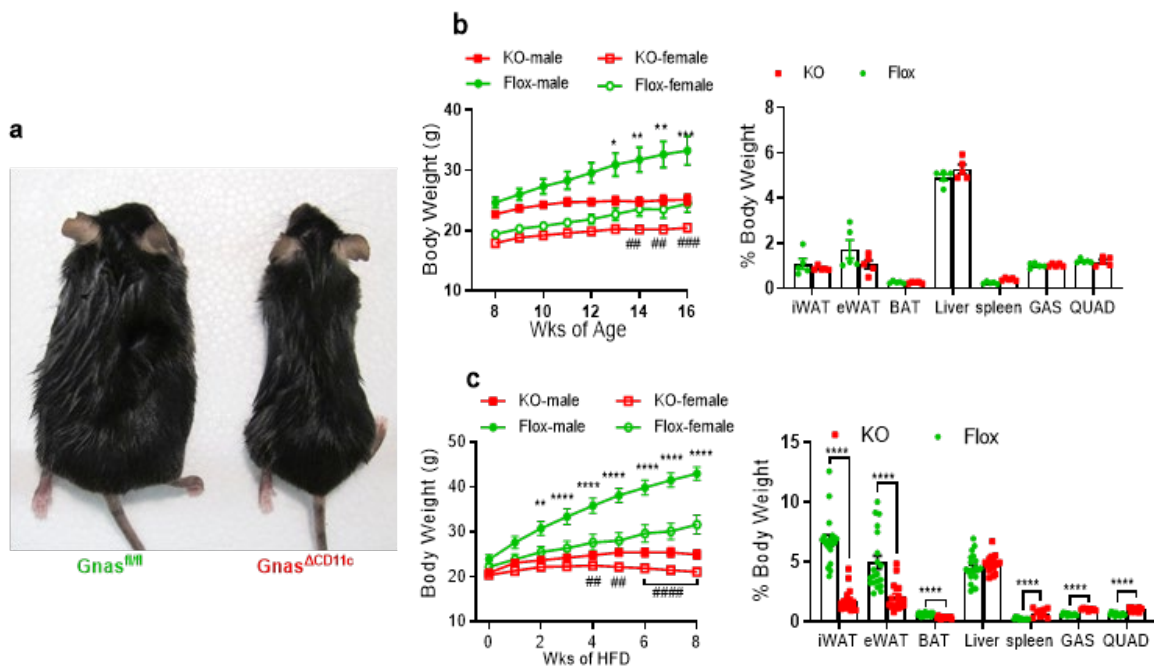


Figure 2. Gnas^{ACD11c} mice are resistant to changes in body weight

For all panels, Gnas^{fl/fl} (Flox) mice are presented in green and Gnas^{ACD11c} (KO) mice in red. **(a)** Body phenotype of Flox and KO mice on HFD. **(b)** Body weights (left), and tissue weights (right) of male and female littermates on normal chow diet (NCD) from age 8 to 16 weeks (n=8-10/group). **(c)** Body weights (left), and tissue weights (right) of male and female littermates on a normal chow diet (HFD) from age 8 to 16 weeks (n=8-10/group). iWAT, eWAT, brown adipose tissue (BAT), liver, spleen, gastrocnemius muscle (GAS), and quadriceps muscle (QUAD). Data are presented as mean ± SEM and asterisks indicate Statistical significance by 2-way repeated-measures ANOVA or unpaired student's t-test as appropriate; *p < 0.05; **p < 0.01; ***p < 0.001; ****p < 0.0001. For all panels, Flox mice are presented in green and KO mice in red. Figure 2 has been submitted for publication. Zeng, Liping; Lee, Sung Min "Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis, and obesity" The thesis author is a co-author.

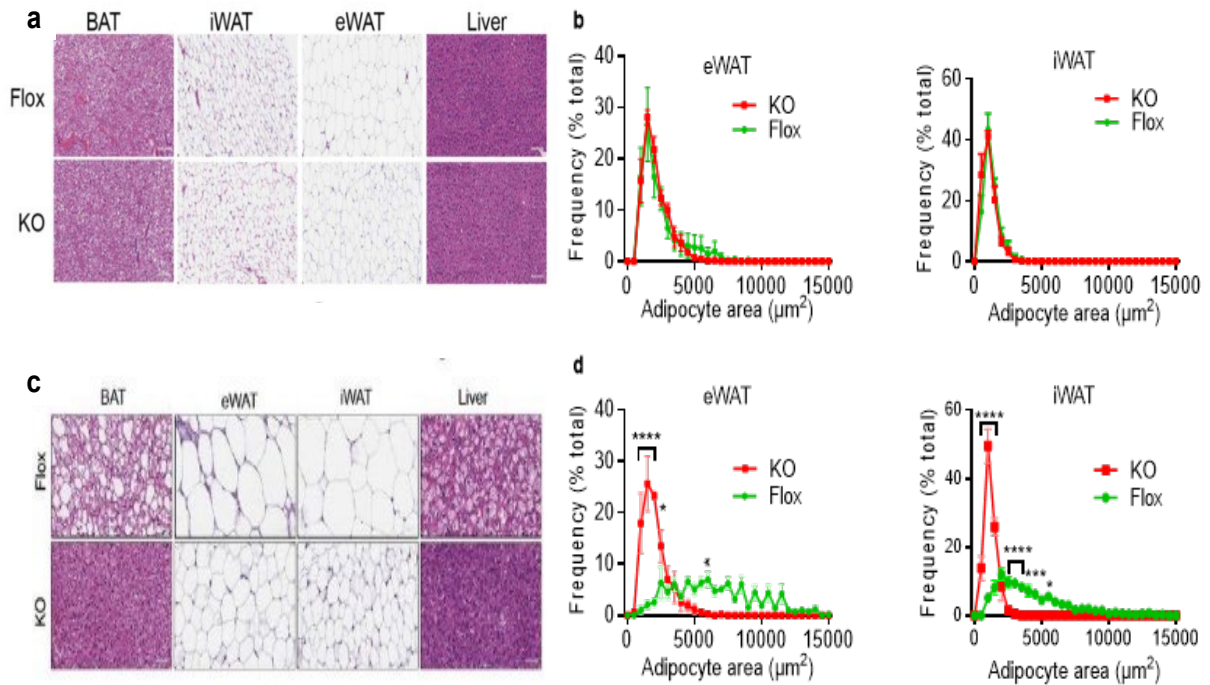


Figure 3. Effects of NCD and HFD challenge on tissues of *Gnas* mice.

(a) Representative H&E staining of BAT, eWAT, iWAT, and liver of NCD-fed Flox and KO mice. Scale bar=100 μm . (b) Adipocyte area distribution (μm^2) in eWAT (left) and iWAT (right) from male Flox and KO mice on NCD. (c) Representative H&E staining of BAT, eWAT, iWAT, and liver of HFD-fed Flox and KO mice. Scale bar=100 μm . (d) Adipocyte area distribution in eWAT (left) and iWAT (right) from male Flox and KO mice on HFD. For all panels, Flox mice are presented in green and KO mice in red. Figure 3 has been submitted for publication. Zeng, Liping; Lee, Sung Min “Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis, and obesity” The thesis author is a co-author.

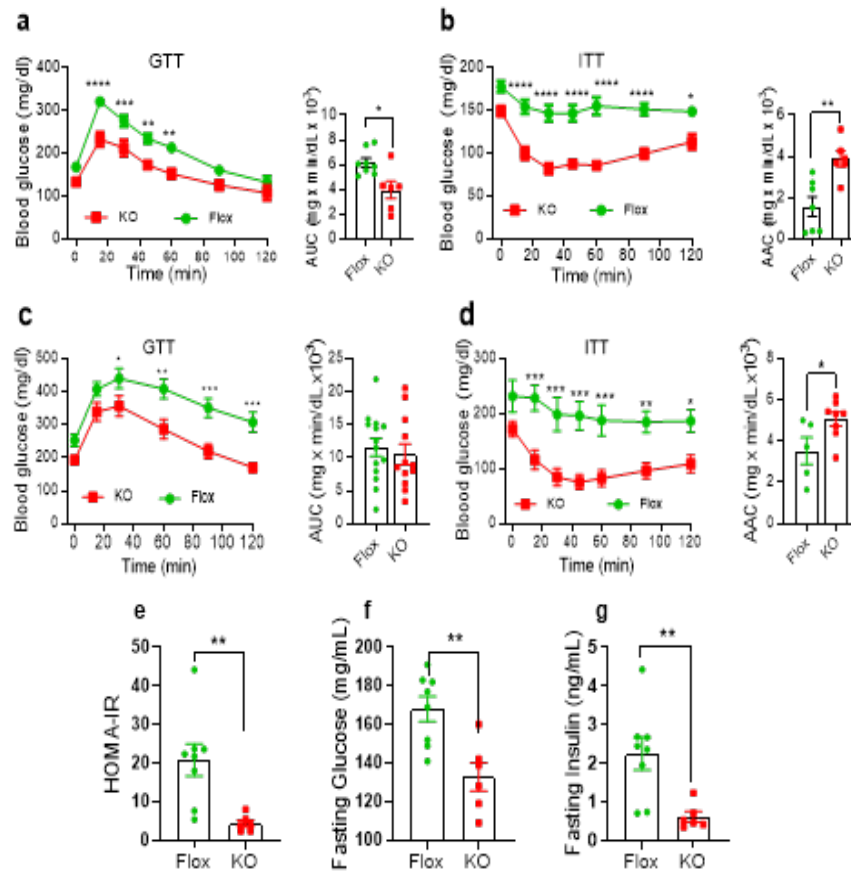


Figure 4. $Gnas^{ACD11c}$ mice are protected from glucose intolerance and insulin resistance

(a) Glucose tolerance tests (GTT) of mice on NCD. Bar graph presents area under the curve (AUC). (b) Insulin tolerance tests (ITT) of mice challenged with NCD. Bar graph shows area above the curve (AAC). (c) GTT for mice on HFD and area under the curve (AUC). Time ($p < 0.0001$), genotype ($p = 0.0029$), and interaction ($p = 0.055$) by repeated measures 2-way ANOVA. (d) ITT for mice challenged with HFD and area above the curve (AAC). (e, f and g) Fasting insulin, glucose levels and HOMA-IR of Flox and KO on NCD for 20 weeks. Data are presented as mean \pm SEM and asterisks indicate Statistical significance by 2-way repeated measures ANOVA or unpaired student's t-test as appropriate; * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$. For all panels Flox mice are presented in green, KO mice in red. Figure 4 has been submitted for publication. Zeng, Liping; Lee, Sung Min "Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis and obesity" The thesis author is a co-author.

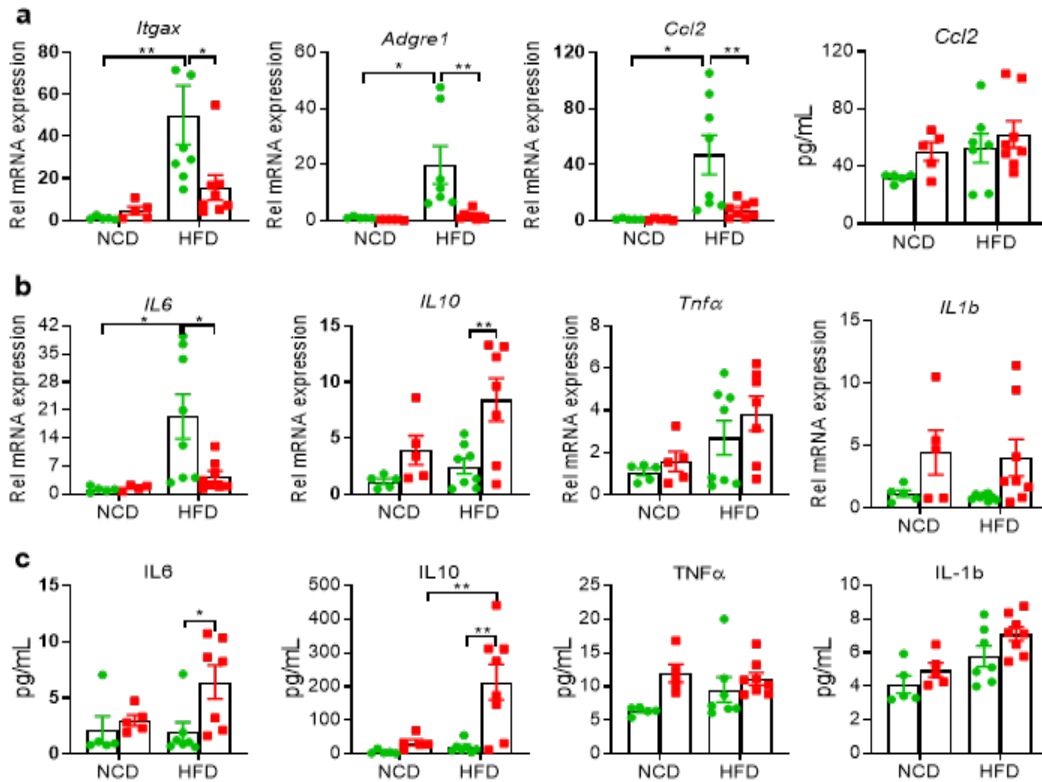


Figure 5. *Gnas^{ACD11c}* KO mice displayed reduced macrophage infiltration and adipose tissue inflammation. (a) qPCR analysis showing mRNA gene expression of *Itgax* (CD11c), *Ccl2* (MCP-1), and *Adgre1* (F4/80) in eWAT from KO and Flox mice challenged with NCD or HFD for 8 weeks. Asterisks indicate significance by 2-way ANOVA (n=5-8/group). (b and c) *Il6* (interleukin-6), *Il10* (interleukin-10), *Tnfα* (Tumor necrosis factor-α), and *Il1β* (interleukin-1β) gene expression and plasma protein levels for Flox and KO mice (n=5-8/group). Asterisks indicate statistical significance by unpaired Student's t-test or 2-way ANOVA as appropriate; *p<0.05, **p<0.01, ***p<0.001, ****p<0.0001. For all panels, Flox mice are presented in green and KO mice in red. Figure 5 has been submitted for publication. Zeng, Liping; Lee, Sung Min “Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis, and obesity” The thesis author is a co-author.

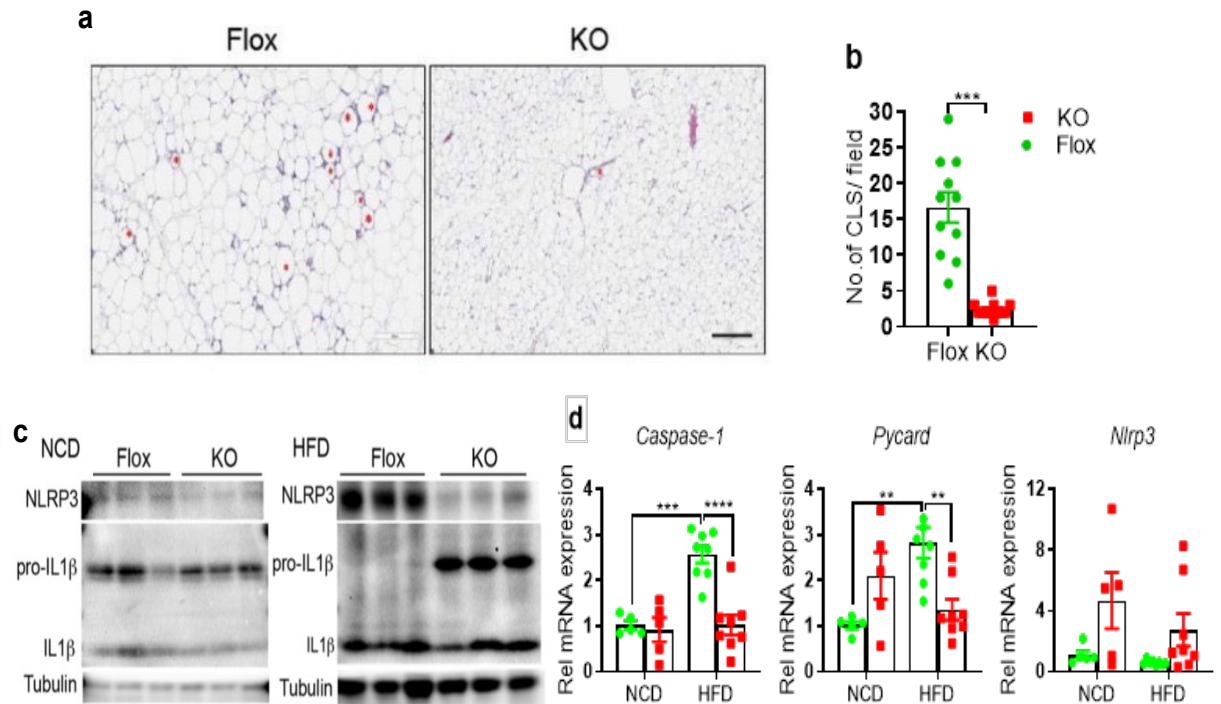


Figure 6. *Gnas*^{ACD11c} KO exhibit reduced inflammation and NLRP3 expression in adipose tissue and bone marrow-derived macrophages.

(a) Representative H&E staining images of eWAT tissue sections in Flox and KO mice. Crown-like structures (CLS) are indicated with red asterisks. **(b)** Quantification bar graph of CLS density of the H&E-stained sections (n=4/group). **(c)** Western blot analysis showing expression of NLRP3, pro-IL-1 β , and β -tubulin as a loading control in eWAT extracts from Flox and KO mice fed with NCD (left) or HFD(right). **(d)** qPCR analysis showing gene expression of *Caspase-1* (Casp1) and *ASC* (Pycard) and *Nlrp3* in eWAT from Flox and KO mice fed with NCD or HFD. Data are presented as mean \pm SEM and asterisks indicate Statistical significance by 2-way repeated-measures ANOVA or unpaired student's t-test as appropriate; *p < 0.05; **p < 0.01; ***p < 0.001; ****p < 0.0001. For all panels, Flox mice are presented in green and KO mice in red. Figure 6 has been submitted for publication. Zeng, Liping; Lee, Sung Min "Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis, and obesity" The thesis author is a co-author.

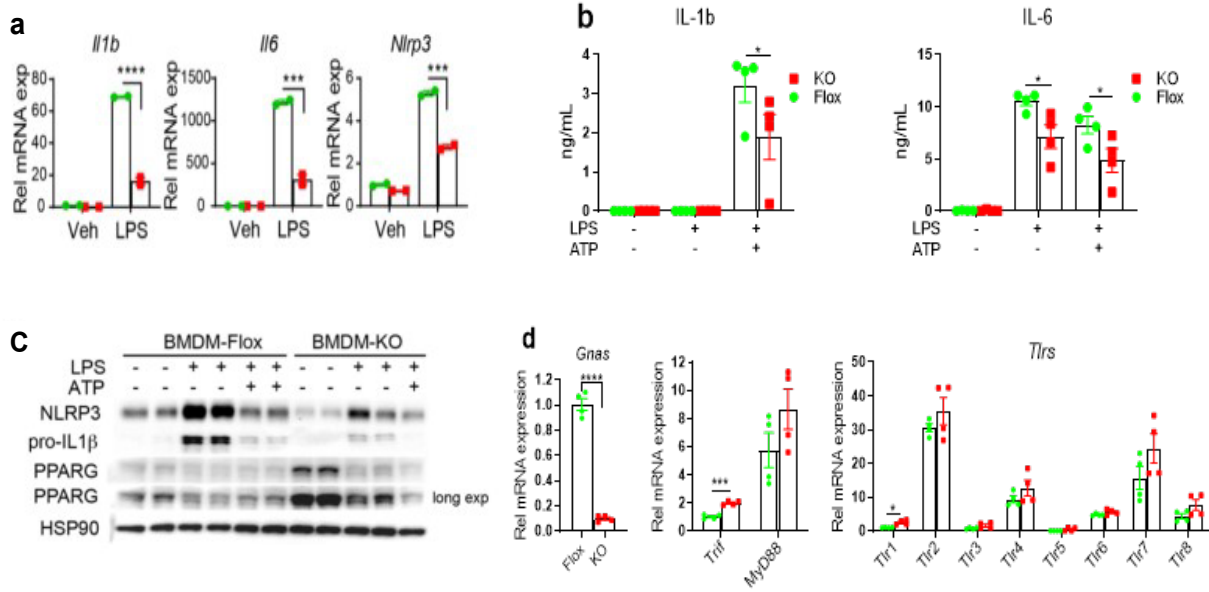


Figure 7. *Gnas* ablation led to reduced NLRP3 activation and macrophage-mediated inflammatory response. (a) qPCR analysis showing gene expression of *Il1β*, *Il6*, and *Nlrp3* in BMDM from Flox and KO mice treated with LPS (100 ng/mL) for 18 h. (b) ELISA analysis showed IL-1β and IL-6 levels in the supernatants from BMDM cells from Flox or KO mice treated with LPS +/- ATP (5 mM, 1 h). (c) Immunoblot analysis of BMDM cells in (b) for NLRP3, pro-IL-1β, PPARG, and β-Actin. Longer exposure of the PPARG blot is provided. (d) Relative mRNA expression of *Gnas*, *Trif*, *MyD88*, and *Tlr1-8* in BMDM from Flox and KO mice. Data are presented as mean ± SEM and asterisks indicate Statistical significance by 2-way repeated-measures ANOVA or unpaired student's t-test as appropriate; *p < 0.05; **p < 0.01; ***p < 0.001; ****p < 0.0001. For all panels, Flox mice are presented in green and KO mice in red. Figure 7 has been submitted for publication. Zeng, Liping; Lee, Sung Min "Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis, and obesity" The thesis author is a co-author.

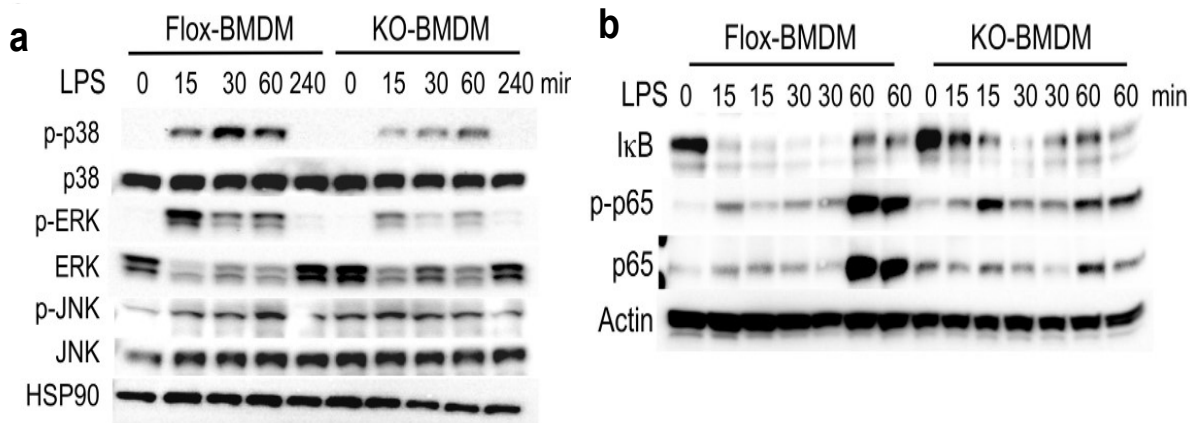


Figure 8. Reduced NF- κ B signaling in bone marrow-derived macrophages of *Gnas*^{ACD11c} KO mice. (a) Western blot analysis of phospho-p38MAPK, -JNK, and -ERK signaling in BMDM from Flox and KO mice treated with LPS (0, 15, 30, 60, 240 min). (b) Western blot analysis of I κ B and phospho-p65 RelA (NF- κ B) signaling in BMDM from Flox and KO mice treated with LPS (0, 15, 30, 60, 240 min). Figure 8 has been submitted for publication. Zeng, Liping; Lee, Sung Min “Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis, and obesity” The thesis author is a co-author.

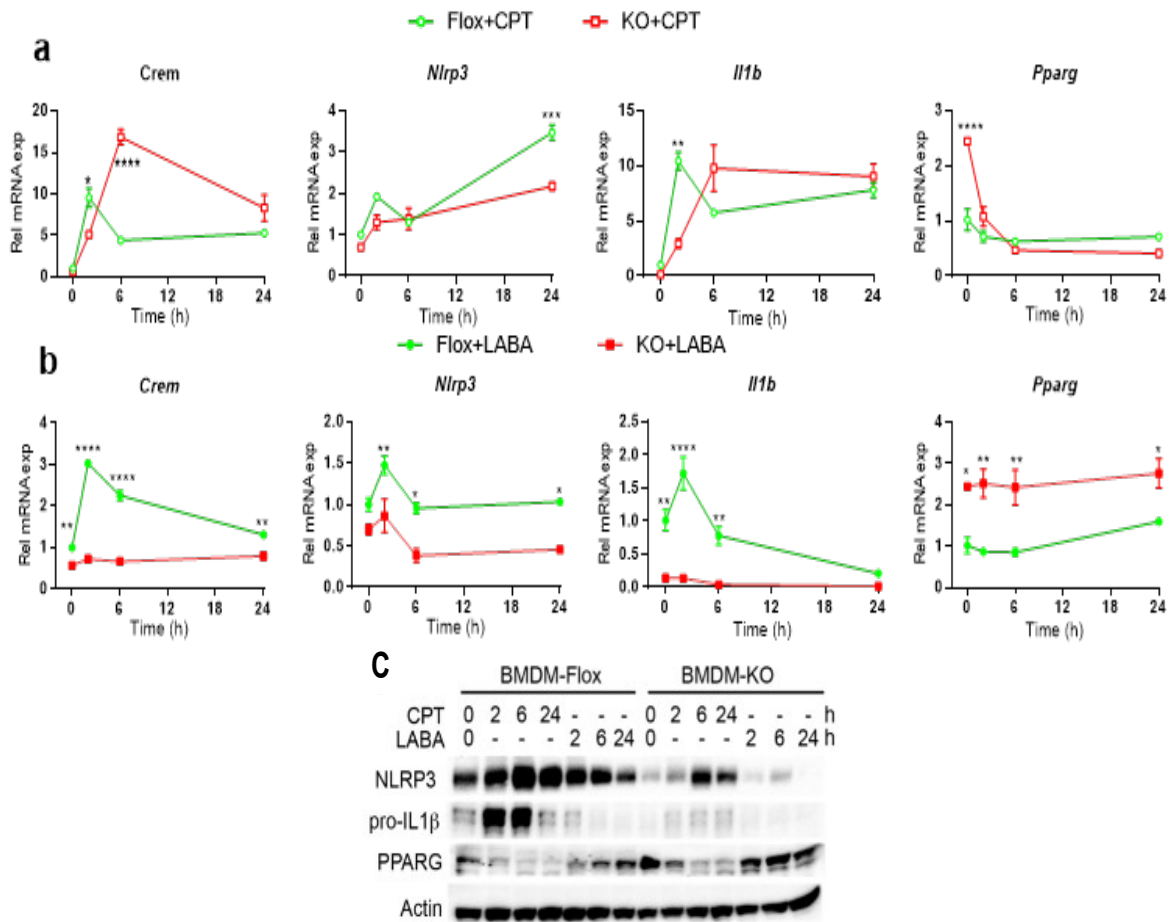


Figure 9 Re-establishment of intracellular cAMP concentration in BMDM of Flox and KO mice, reverses NLRP3 and PPAR γ expression.

(a) Time course relative mRNA expression of *Crem*, *Il1b*, *Nlrp3*, and *Pparg* gene expression in Flox or KO BMDM treated with cell-permeable cAMP analog (CPT, 50 μ M) by qPCR. **(b)** Time course relative mRNA expression of *Crem*, *Il1b*, *Nlrp3*, and *Pparg* gene expression in Flox or KO BMDM treated with long-acting b2-agonist formoterol (LABA, 1 μ M). **(c)** Western Blot analysis of BMDM from Flox or KO mice treated with CPT or LABA over increasing time immunoblotted against NLRP3, pro-IL1 β , PPARG, and β -Actin. Data are presented as mean \pm SEM and asterisks indicate Statistical significance by 2-way repeated-measures ANOVA or unpaired student's t-test as appropriate; * p < 0.05; ** p < 0.01; *** p < 0.001; **** p < 0.0001. For all panels, Flox mice are presented in green and KO mice in red. Figure 9 has been submitted for publication. Zeng, Liping; Lee, Sung Min "Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis, and obesity" The thesis author is a co-author.

DISCUSSION

The cAMP signaling pathway is a key player in the underlying pathogenesis of inflammatory metabolic disorders including obesity²⁷. Efforts have been made to therapeutically target the cAMP signaling axis to disrupt cAMP production. Studies on the effects of cAMP signaling remain conflicting as increased intracellular cAMP led to different downstream effects depending on cell and tissue type^{67,68}. Therefore, the mechanism by which cAMP plays a role in diet-induced tissue inflammation is still unclear. To fill this knowledge gap, we ablated the *Gnas* gene in CD11c⁺ cells of mice and observed the impact on its metabolism. We challenged Flox and *Gnas*^{ΔCD11c} KO mice with HFD to induce obesity and through this, we identified a tendency for a lean phenotype in the KO mice while displaying improved insulin resistance. In both groups challenged with NCD or HFD, the female mice showed a tendency to be more resistant in gaining BW (**Fig. 2b and c**). Sex differences have been reported to affect the susceptibility to diet-induced obesity however the mechanism is yet unclear. Levels in ovarian hormones have been suggested as the major reason for their protection against obesity and other metabolic syndromes⁵⁷. It was shown that an ovariectomized female mice eliminated the protection against body weight gain⁶⁹. In this study, it was revealed that macrophage markers and inflammatory cytokines were decreased in the eWAT of KO mice challenged with HFD. In addition, there was lower NLRP3-associated gene expression and cytokine release indicating a reduced pro-inflammatory response. To further explore why this phenomenon is observed, we harvested and isolated CD11c⁺ BMDM of KO mice and challenged cells with NLRP3 activating signals using LPS and ATP. The KO BMDM displayed reduced expression of NLRP3 while there was an increase in PPAR γ expression, suggesting a potential inverse relationship. The data presented here, indicate a potential role of PPAR γ in the trans-repression of the NF- κ B pathway thereby inhibiting the NLRP3-mediated

inflammatory response in CD11c⁺ BMDM of KO mice. These results define the role of cAMP signaling in CD11c⁺ macrophages in modulating diet-induced tissue inflammation and insulin sensitivity.

First, our data indicate that ablation of *Gαs* decreased the inflammatory signaling and expression of macrophage markers in the adipose tissue of KO mice. Macrophages respond to the surrounding microenvironment by altering their phenotype to an M1-like (pro-inflammatory) or M2-like (anti-inflammatory) polarization state. In response to stress factors such as fat accumulation, macrophages are classically activated to a M1 state and produce pro-inflammatory cytokines such as IL-1β, IL-6, and TNF-α⁷⁰. In contrast, M2 macrophages produce anti-inflammatory cytokines IL-10 to exploit protection against disease progression in obesity⁷¹. Adipose tissue macrophages (ATMs) of lean mice are known to highly express M2 macrophage markers including *Ill10*⁷². The lean phenotype and reduced adipocyte distribution observed in the *Gnas*^{ΔCD11c} KO mice may contribute to and support the polarization of CD11c⁺ ATMs to a more M2-directed state (**Fig. 2a**) As our data indicate, the mRNA expression of anti-inflammatory cytokine *Ill10* in eWAT and plasma IL-10 level was significantly greater in the KO mice and increased to a greater extent under HFD suggesting a potential increase in presence of M2 macrophages. Another hypothesis for the increase in IL-10 secretion may be a result of suppression of *Gαs* signaling of CD11c⁺ dendritic cells²⁹. Previous studies have shown *Gαs* signaling of CD11c⁺ BMDC promoted a Th17 biased inflammatory response by the production of pro-inflammatory cytokines IL-1β and IL-6. However the effects were reversed by the suppression of *Gαs* signaling in *Gnas*^{ΔCD11c} BMDC which promoted a Th2 biased response through increased production of IL-4 and IL-10^{29,73}. The increased IL-10 secretion has been reported to modulate macrophages to transcriptionally suppress pro-IL-1β production as well as causing inhibition of

caspase-1 activity⁷⁴. Thus, the increased IL-10 secretion from $Gnas^{\Delta CD11c}$ dendritic cells may potentially contribute to the decreased pro-IL-1 β cleavage and *Caspase1* expression in eWAT of HFD-KO mice as shown in our results (**Fig 6c and d**). However, the exact molecular mechanism of how the ablation of *Gas* signaling in CD11c⁺ cells promote a more anti-inflammatory status needs further research.

In addition to their immunoregulatory role, macrophages that reside in the adipose tissue are known to be recruited to WAT in response to adipocyte stress⁷⁵. Here, ATMs act as scavengers to phagocytose adipocyte debris and consequently produce CLS in the adipose tissue⁷⁶. In a study on macrophage-adipocyte interaction, the cell to cell interaction led to the increase in macrophage-mediated IL-6 secretion in a phagocytosis-dependent manner⁷⁷. In line with this, our results show an upregulation of macrophage markers in the eWAT as well as an increase in CLS structures and higher mRNA expression of *Il6* in the Flox mice (**Fig 5 and 6**). However, the opposite trend is observed in the KO mice, showing blunted *Il6* expression and significantly less CLS formation. This may be a result of reduced *Ccl2*, and *Adgre1* expression in the eWAT indicating decreased macrophage infiltration and recruitment. Fewer macrophages recruited to the WAT may lead to decreased macrophage-adipocyte interactions, therefore, contributing to the reduction of CLS formation and reduced *Il6* expression as observed in the eWAT of KO mice.

The cause of reduced *Il6* expression may be due to attenuated NF- κ B activation in ATM. Studies have shown HFD is an inducer of the IKK β /NF- κ B pathway in adipocytes and macrophages⁷⁸. Upon activation, the transcription factor NF- κ B is translocated to the nucleus and regulates the expression of *Il6* and *Il1 β* . Our results show NF- κ B activation through western blotting of CD11c⁺ BMDM of Flox mice. However, in KO cells, we observed decreased NF- κ B transcriptional activity which may have contributed to the decreased transcription and expression

of *Il6*. Inconsistent with our results, previous studies have demonstrated an increase in intracellular cAMP acting as inhibitors of NF- κ B pathway⁷⁹. Therefore, based on our results we propose that the effects of cAMP signaling vary depending on the specificity of cell type and further emphasize the presence of other factors that contribute to the attenuation of NF- κ B activation.

In our study, we identified that deletion of *Gnas* in CD11c⁺ cells resulted in downregulation of NLRP3 expression and secretion of IL-1 β . M1-like macrophages and other immune cells infiltrate the adipose tissue and were shown to induce tissue inflammation by increased secretion of pro-inflammatory cytokines such as IL-1 β , IL-6 and TNF α ⁶¹. ATMs upon activation by PAMPs or DAMPS such as overnutrition, mediate the activation of the NF- κ B pathway through PRRs⁸⁰. Consequently, this initiates the transcription of NLRP3 and pro-IL-1 β to prepare for a pro-inflammatory response³¹. The addition of a secondary signal triggers the activation and assembly of the inflammasome, leading to the caspase-1 dependent cleavage of pro-IL-1 β to mature IL-1 β . In agreement with this, the western blot analysis showed that HFD induced an increase in NLRP3 expression in the eWAT of Flox mice along with increased expression of *Caspase-1* and *Pycard* (**Fig. 6**). In addition, CD11c⁺ BMDM from Flox mice challenged with LPS and ATP showed increased secretion of IL-1 β (**Fig. 7b**). However, ablation of *Gas* signaling in CD11c⁺ BMDM led to reduced NLRP3-associated gene expression and IL-1 β secretion. The reduction of NLRP3 activation could be caused by the induction of PPAR γ as studies suggest PPAR γ functions to regulate metabolic pathways by suppression of NLRP3 activation^{81,82,83}. In line with this, our results showed an increase in PPAR γ induction in CD11c⁺ BMDM of KO while exhibiting reduced NLRP3 activation (**Fig. 7c**). Based on our previously mentioned data, NF- κ B activation was shown to be reduced in the CD11c⁺ BMDM of KO mice (**Fig 8**). This may be an indication of PPAR γ possessing inhibitory effects on NF- κ B activation as results showed reduced degradation of I κ B

and phosphorylation of p65. In support of our results, studies have suggested that PPAR γ act as an E3 ubiquitin ligase by utilizing Lys48-linked polyubiquitin bound to the LBD to induce p65 degradation⁶⁶. Since suppression of NF- κ B activity could lead to reduced transcription of NLRP3 and related pro-inflammatory cytokines, the E3 ligase activity may play important role in attenuating obesity-mediated tissue inflammation. The potential role of PPAR γ to act as an E3 ligase to inhibit NF- κ B activity could be critical in suppressing NLRP3-mediated inflammatory response, nevertheless, further research is needed to validate this hypothesis.

The deletion of *Gnas* gene in CD11c⁺ BMDM ablated the cAMP signaling pathway, but our study revealed that CPT treatment re-established the NLRP3-mediated inflammatory response (**Fig. 9**). Collectively, our results indicate that *Gas*-mediated cAMP signaling is essential for NLRP3 expression and activity. Consistent with the aforementioned result, increasing cAMP signaling via CPT treatment downregulated the expression of PPAR γ in Flox and KO BMDM which underlines the potential role of cAMP in establishing a contrary relationship between PPAR γ and NLRP3. This opposing relationship could be explained by the cross-talk between cAMP and cyclic guanosine monophosphate (cGMP)⁸⁴.

Intracellular cGMP is synthesized by guanyl cyclases (GCs) in response to nitric oxide (NO) and natriuretic peptides and mediates the modulation of metabolic pathways⁸⁵. cGMP production results in downstream activation of cGMP-dependent protein kinase-G (PKG) which exerts opposing effects to PKA activation and vice versa⁸⁶. The cAMP and cGMP signaling pathway leads to activation of phosphodiesterases (PDEs) that hydrolyze these secondary messengers, such that an increase in intracellular cGMP results in decreased cAMP concentration⁸⁷. PDE2 and PDE3 were shown to be the main cGMP-regulated isoforms in macrophages⁸⁸. Therefore, it is possible the ablated cAMP signaling in CD11c⁺ BMDM of KO mice may result in

increased cGMP signaling. In support of this, a recent study on the role of cGMP in WAT showed that cGMP/PKG signaling caused an increase in PPAR γ expression⁸⁹. The study also revealed PKG activation had anti-inflammatory effects by lowering pro-inflammatory adipokine production as well as triggering the browning of WAT which indicates anti-obesity effects. Thus, the deletion of *Gnas* in CD11c⁺ cells and subsequent ablation of cAMP signaling may be a result of increased intracellular cGMP production that led to reduced diet-induced inflammation. In conclusion, future studies exploring cGMP signaling in *Gnas* ^{Δ CD11c} KO mice may serve as potential therapeutic targets in improving tissue inflammation in metabolic disorders.

Future Directions

Unfortunately, our study did not explore the possible role of other CD11c⁺ immune cells such as dendritic cells in the *Gnas*^{ΔCD11c} KO mice under HFD conditions. Due to overlapping markers and CD11c⁺ being widely expressed in different cell types, the distinguishment between ATMs and adipose tissue dendritic cells (ATDCs) has been unclear. It is difficult to know whether only one specific cell type or a variety of cell types are contributing to the lean phenotype in KO mice. However a recent study has suggested Flow Cytometry analysis on adipose tissue cells revealed CD11c⁺ CD64⁺ markers were specific for ATMs while ATDCs were enriched in CD11c⁺ CD64⁻ cells⁹⁰. It is known that ATMs and ATDCs both contribute to obesity-induced inflammation and insulin resistance⁹¹. Therefore, exploring the possible role of ATDCs could further unravel the underlying mechanisms that are responsible for the phenotype observed in the *Gnas*^{ΔCD11c} KO mice. Also, future experiments should be directed towards single-cell sequencing on CD11c⁺ stromal vascular cells (SVCs) to uncover the different cell types and difference in the transcription profiling caused by the *Gnas* deletion. Through this we can discrete the CD11c⁺ cell populations that contribute to obesity-induced inflammation.

Further investigation on intracellular cGMP is also necessary to demystify the molecular mechanisms that led to inhibition of M1-like inflammatory mediators in the KO mouse model. Exploring the PKG-cGMP signaling pathway could unravel the exact mechanisms that led to PPAR γ induction and the subsequent transrepression of NLRP3 in the KO BMDM. The potential upregulation of cGMP generation caused by ablation of intracellular cAMP could be the major influencer of reduced tissue inflammation in *Gnas*^{ΔCD11c} KO mice.

MATERIALS AND METHODS

Mice

Young WT C57BL/6 (B6) mice (ages 2 - 4 months) were purchased from Jackson Laboratories. The $Gnas^{\Delta CD11c}$ ($Gnas^{tm5.1Lsw/tm5.1Lsw}/Tg(Itgax-cre)1-1Reiz$) mice were generated as described in a previous study from the Raz Lab⁵⁶. To generate the $Gnas^{\Delta CD11c}$ mice, the floxed $Gnas^{fl/fl}$ ($Gnas^{tm5.1Lsw/tm5.1Lsw}$) mice were crossed with CD11c-Cre mice. Here, the floxed mice were used as littermate controls. In this paper, mice used in experiments were challenged with a high-fat diet (HFD, D12492, 60% kcal from fat; 5.24 kcal/g, Research Diets Inc, New Brunswick, NJ) for 8-10 weeks to induce obesity. Control mice were fed a normal chow diet (NCD, rodent 5001). All mice were bred in the vivarium under standard conditions (24 ± 2 °C on a 12 h light/12 h dark cycle, light on at 6 am) and all animals had free access to food and water before being placed in the study groups. All procedures were approved by the Animal Care Committee of the University of California San Diego, School of Medicine.

Glucose and insulin tolerance tests

The glucose tolerance test (GTT) was performed on mice, after fasting for 8h. Mice were injected intraperitoneally (i.p) with D-glucose (2g/kg). The tail bleed was used to measure blood glucose levels at 0 min and monitored at intervals until 12 mins using a glucose meter (Easy Step Blood Glucose Monitoring System, Home Aide Diagnostics, Inc., Deerfield Beach, FL). The insulin tolerance test (ITT) was measured after mice were fasted for 6 h and injected i.p with recombinant human insulin (0.4 U/kg). Terminal fasting glucose was measured after 6 h fasting. Terminal fasting plasma insulin was measured by a mouse insulin kit (Meso Scale Diagnostics, Rockville, MD). The homeostatic model of insulin resistance (HOMA-IR) was calculated as

follows: (fasting serum insulin concentration (mU/ml)) x (fasting blood glucose levels (mg/dl))/(405).

Histopathological Study

Mouse tissues were fixed in 10% neutral buffered formalin and embedded in paraffin. For histopathological evaluation, sections of 5-mm-thick were stained with haematoxylin and eosin according to standard protocols. For adipose tissue, pictures of representative areas from each section in $\times 100$ magnification were taken, and Adiposoft software was used to calculate cell size of 3 images/section/mouse. Minimal 20 mm and maximum 100 mm thresholds were set for automated measurement of adipocyte diameter followed by manual correction. A frequency distribution was calculated for each group. Total adipocyte number within the distribution was subsequently calculated, and the frequency was converted to a percentage of total adipocytes counted.

RNA isolation and real-time PCR

RNA was extracted from cells or tissues using an PureLink™ RNA Mini Kit (ThermoFisher Scientific) in accordance with protocol provided by the manufacturer. 0.5-1 μg RNA was transcribed to cDNA with the reverse transcription system (Invitrogen). Real-time PCR was performed on a Bio-Rad CFX384™ real-time PCR detection system using iTaq™ Universal SYBR® Green Super mix (BioRad).

Enzyme-linked immunosorbent analysis (ELISA)

Cytokine and chemokine levels in serum were obtained using ELISA kits (eBioscience) and UPLEX Adipokine assays (Meso Scale Discovery, Millipore).following the manufacturer's protocol.

Western Blotting and preparation

For western blot sample preparations, the proteins of cells or tissues were lysed using RIPA buffer (Thermo Fisher Scientific) containing protease and phosphatase inhibitors. The lysed samples were incubated on ice (30 min) and centrifuged for 15 min at 10,000 rpm at 4°C. Protein lysate samples were quantified using the micro-BCA protein assay kit (23225, Thermo Fisher Scientific, New York, NY) using BSA as standard. Total protein lysates (10-20 µg) were separated on 10-15% polyacrylamide gels and transferred onto the Polyvinylidene difluoride (PVDF) membrane (IPVH00010, Millipore Sigma). Membranes were blocked in 5% non-fat milk or BSA in PBS with 0.1% Tween 20 (PBST) for 1 h at RT and then incubated at 4°C overnight with the primary antibody at the indicated concentration. Next, the membranes were washed for 5 min X 4 times with PBST and incubated with HRP-conjugated secondary antibodies (Santa Cruz Biotechnology, Santa Cruz, CA) for 1 hour. The membranes were visualized on X-ray films or ChemiDoc Imaging System (BioRad, Hercules, CA) following the reaction with the enhanced chemiluminescence substrate (SuperSignal™ West Pico PLUS Chemiluminescent Substrate, ThermoFisher Scientific).

Cell Culture

Bone marrow cells from mice were isolated by flushing femurs and tibias with PBS, supplemented with 2% FBS. The cells were centrifuged and then filtered through a 70 μ m cell strainer before being re-suspended in RPMI-1640 containing 100 U/mL penicillin, and 100 μ g/mL streptomycin and supplemented with 10% FBS and differentiated for 7 days in the presence of 10 ng/mL mouse recombinant GM-CSF (BioLegend; 576302). On day 3, an additional 50% of the culture medium with 20 ng/ml GM-CSF was added, and on day 6, half of the medium was removed and supplemented with 10 ng/ml GM-CSF culture medium. Adherent cells were collected on day 7 and CD11c⁺ BMDM were selected by anti-CD11c linked magnetic beads (Stemcell; 18780). CD11c⁺BMDM Cells were primed by 3 h treatment with ultrapure LPS (100 ng/ml; Invivogen) alone; inflammasome stimulation was provided by treatment with ATP (5 mM; 1h).

Statistics

were analyzed using Prism (Graphpad) and are presented as mean \pm SEM or mean \pm SD. Statistical significance was determined using the unpaired two-tailed Student's t-test or 1-way or 2-way ANOVA followed by Tukey post-tests for multiple variables. A p-value of < 0.05 was considered significant and is presented as * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, or **** $p < 0.0001$.

Figures 2-9 and Methods section are currently being prepared for submission for publication of the material. Liping Zeng, D. Scott Herdman, Sung Min Lee, Ailin Tao, Manasi Das, Samuel Bertin, Lars Eckmann, Sushil Mahata, Shwetha Devulapalli, Hemal H. Patel, Anthony J.A. Molina, Olivia Osborn, Maripat Corr, Eyal Raz, and Nicholas J.G. Webster "Reciprocal regulation of cAMP signaling in immune cells and adipocytes controls lipolysis, thermogenesis and obesity" The thesis author is a co-author.

REFERENCES

1. Smith, K. B. & Smith, M. S. Obesity Statistics. *Prim. Care Clin. Off. Pract.* **43**, 121–135 (2016).
2. Leitner, D. R., Frühbeck, G., Yumuk, V., Schindler, K., Micic, D., Woodward, E. & Toplak, H. Obesity and Type 2 Diabetes: Two Diseases with a Need for Combined Treatment Strategies - EASO Can Lead the Way. *Obes. Facts* **10**, 483–492 (2017).
3. Al-Goblan, A. S., Al-Alfi, M. A. & Khan, M. Z. Mechanism linking diabetes mellitus and obesity. *Diabetes. Metab. Syndr. Obes.* **7**, 587–591 (2014).
4. Maggio, C. A. & Pi-Sunyer, F. X. Obesity and type 2 diabetes. *Endocrinol. Metab. Clin. North Am.* **32**, 805–22, viii (2003).
5. Kawai, T., Autieri, M. V & Scalia, R. Adipose tissue inflammation and metabolic dysfunction in obesity. *Am. J. Physiol. Physiol.* **320**, C375–C391 (2020).
6. Ferrante Jr, A. W. The immune cells in adipose tissue. *Diabetes, Obes. Metab.* **15**, 34–38 (2013).
7. Gschwandtner, M., Derler, R. & Midwood, K. S. More Than Just Attractive: How CCL2 Influences Myeloid Cell Behavior Beyond Chemotaxis . *Frontiers in Immunology* vol. 10 (2019).
8. Singh, S., Anshita, D. & Ravichandiran, V. MCP-1: Function, regulation, and involvement in disease. *Int. Immunopharmacol.* **101**, 107598 (2021).
9. Shapouri-Moghaddam, A., Mohammadian, S., Vazini, H., Taghadosi, M., Esmaeili, S.-A., Mardani, F., Seifi, B., Mohammadi, A., Afshari, J. T. & Sahebkar, A. Macrophage plasticity, polarization, and function in health and disease. *J. Cell. Physiol.* **233**, 6425–6440 (2018).
10. Wentworth, J. M., Naselli, G., Brown, W. A., Doyle, L., Phipson, B., Smyth, G. K., Wabitsch, M., O'Brien, P. E. & Harrison, L. C. Pro-inflammatory CD11c+CD206+ adipose tissue macrophages are associated with insulin resistance in human obesity. *Diabetes* **59**, 1648–1656 (2010).
11. Li, P., Lu, M., Nguyen, M. T. A., Bae, E. J., Chapman, J., Feng, D., Hawkins, M., Pessin, J. E., Sears, D. D., Nguyen, A.-K., Amidi, A., Watkins, S. M., Nguyen, U. & Olefsky, J. M. Functional heterogeneity of CD11c-positive adipose tissue macrophages in diet-induced obese mice. *J. Biol. Chem.* **285**, 15333–15345 (2010).
12. Helft, J., Böttcher, J., Chakravarty, P., Zelenay, S., Huotari, J., Schraml, B. U., Goubau, D. & Reis e Sousa, C. GM-CSF Mouse Bone Marrow Cultures Comprise a Heterogeneous

- Population of CD11c(+)MHCII(+) Macrophages and Dendritic Cells. *Immunity* **42**, 1197–1211 (2015).
13. Castoldi, A., Naffah de Souza, C., Câmara, N. O. S. & Moraes-Vieira, P. M. The Macrophage Switch in Obesity Development . *Frontiers in Immunology* vol. 6 (2016).
 14. Wu, H., Perrard, X. D., Wang, Q., Perrard, J. L., Polsani, V. R., Jones, P. H., Smith, C. W. & Ballantyne, C. M. CD11c expression in adipose tissue and blood and its role in diet-induced obesity. *Arterioscler. Thromb. Vasc. Biol.* **30**, 186–192 (2010).
 15. Patsouris, D., Li, P.-P., Thapar, D., Chapman, J., Olefsky, J. M. & Neels, J. G. Ablation of CD11c-positive cells normalizes insulin sensitivity in obese insulin resistant animals. *Cell Metab.* **8**, 301–309 (2008).
 16. Wang, X., Iyer, A., Lyons, A. B., Körner, H. & Wei, W. Emerging Roles for G-protein Coupled Receptors in Development and Activation of Macrophages . *Frontiers in Immunology* vol. 10 (2019).
 17. Marinissen, M. J. & Gutkind, J. S. G-protein-coupled receptors and signaling networks: emerging paradigms. *Trends Pharmacol. Sci.* **22**, 368–376 (2001).
 18. Oliveira de Souza, C., Sun, X. & Oh, D. Metabolic Functions of G Protein-Coupled Receptors and β -Arrestin-Mediated Signaling Pathways in the Pathophysiology of Type 2 Diabetes and Obesity . *Frontiers in Endocrinology* vol. 12 (2021).
 19. Zhang, C., Yang, M. & Ericsson, A. C. Function of Macrophages in Disease: Current Understanding on Molecular Mechanisms . *Frontiers in Immunology* vol. 12 (2021).
 20. Im, H., Park, J.-H., Im, S., Han, J., Kim, K. & Lee, Y.-H. Regulatory roles of G-protein coupled receptors in adipose tissue metabolism and their therapeutic potential. *Arch. Pharm. Res.* **44**, 133–145 (2021).
 21. Collins, S. β -Adrenoceptor Signaling Networks in Adipocytes for Recruiting Stored Fat and Energy Expenditure . *Frontiers in Endocrinology* vol. 2 (2012).
 22. Shin, J. H., Lee, S. H., Kim, Y. N., Kim, I. Y., Kim, Y. J., Kyeong, D. S., Lim, H. J., Cho, S. Y., Choi, J., Wi, Y. J., Choi, J.-H., Yoon, Y. S., Bae, Y. S. & Seong, J. K. AHNAK deficiency promotes browning and lipolysis in mice via increased responsiveness to β -adrenergic signalling. *Sci. Rep.* **6**, 23426 (2016).
 23. Neer, E. J. & Clapham, D. E. Roles of G protein subunits in transmembrane signalling. *Nature* **333**, 129–134 (1988).
 24. Rosenbaum, D. M., Rasmussen, S. G. F. & Kobilka, B. K. The structure and function of G-protein-coupled receptors. *Nature* **459**, 356–363 (2009).

25. Wedegaertner, P. B., Wilson, P. T. & Bourne, H. R. Lipid Modifications of Trimeric G Proteins (*). *J. Biol. Chem.* **270**, 503–506 (1995).
26. Omar, B., Zmuda-Trzebiatowska, E., Manganiello, V., Göransson, O. & Degerman, E. Regulation of AMP-activated protein kinase by cAMP in adipocytes: roles for phosphodiesterases, protein kinase B, protein kinase A, Epac and lipolysis. *Cell. Signal.* **21**, 760–766 (2009).
27. Raker, V. K., Becker, C. & Steinbrink, K. The cAMP Pathway as Therapeutic Target in Autoimmune and Inflammatory Diseases. *Front. Immunol.* **7**, 123 (2016).
28. Bariagaber, A. K. & Whalen, M. M. Decreased adenylyl cyclase and cAMP-Dependent protein kinase activities inhibit the cytotoxic function of human natural killer cells. *Hum. Immunol.* **64**, 866–873 (2003).
29. Jihyung, L., Hoon, K. T., Fiona, M., Xiangli, L., S., C. S., H., B. D., Maripat, C., Jongdae, L., G., W. N. J., A., I. P. & Eyal, R. Cyclic AMP concentrations in dendritic cells induce and regulate Th2 immunity and allergic asthma. *Proc. Natl. Acad. Sci.* **112**, 1529–1534 (2015).
30. Wu, X., Mahadev, K., Fuchsel, L., Ouedraogo, R., Xu, S. & Goldstein, B. J. Adiponectin suppresses I κ B kinase activation induced by tumor necrosis factor- α or high glucose in endothelial cells: role of cAMP and AMP kinase signaling. *Am. J. Physiol. Metab.* **293**, E1836–E1844 (2007).
31. Vandanmagsar, B., Youm, Y.-H., Ravussin, A., Galgani, J. E., Stadler, K., Mynatt, R. L., Ravussin, E., Stephens, J. M. & Dixit, V. D. The NLRP3 inflammasome instigates obesity-induced inflammation and insulin resistance. *Nat. Med.* **17**, 179–188 (2011).
32. Stienstra, R., Joosten, L. A. B., Koenen, T., van Tits, B., van Diepen, J. A., van den Berg, S. A. A., Rensen, P. C. N., Voshol, P. J., Fantuzzi, G., Hijmans, A., Kersten, S., Müller, M., van den Berg, W. B., van Rooijen, N., Wabitsch, M., Kullberg, B.-J., van der Meer, J. W. M., Kanneganti, T., Tack, C. J., *et al.* The Inflammasome-Mediated Caspase-1 Activation Controls Adipocyte Differentiation and Insulin Sensitivity. *Cell Metab.* **12**, 593–605 (2010).
33. Mankan, A. K., Dau, T., Jenne, D. & Hornung, V. The NLRP3/ASC/Caspase-1 axis regulates IL-1 β processing in neutrophils. *Eur. J. Immunol.* **42**, 710–715 (2012).
34. Kawasaki, T. & Kawai, T. Toll-Like Receptor Signaling Pathways . *Frontiers in Immunology* vol. 5 (2014).
35. Ahechu, P., Zozaya, G., Martí, P., Hernández-Lizoáin, J. L., Baixauli, J., Unamuno, X., Frühbeck, G. & Catalán, V. NLRP3 Inflammasome: A Possible Link Between Obesity-Associated Low-Grade Chronic Inflammation and Colorectal Cancer Development . *Frontiers in Immunology* vol. 9 (2018).

36. Bauernfeind, F. G., Horvath, G., Stutz, A., Alnemri, E. S., MacDonald, K., Speert, D., Fernandes-Alnemri, T., Wu, J., Monks, B. G., Fitzgerald, K. A., Hornung, V. & Latz, E. Cutting Edge: NF- κ B Activating Pattern Recognition and Cytokine Receptors License NLRP3 Inflammasome Activation by Regulating NLRP3 Expression. *J. Immunol.* **183**, 787 LP – 791 (2009).
37. Boaru, S. G., Borkham-Kamphorst, E., Van de Leur, E., Lehnen, E., Liedtke, C. & Weiskirchen, R. NLRP3 inflammasome expression is driven by NF- κ B in cultured hepatocytes. *Biochem. Biophys. Res. Commun.* **458**, 700–706 (2015).
38. Catherine, D., Virginie, P., Robin, V. B., Chad, S., T., M. B. & Jürg, T. Innate Immune Activation Through Nalp3 Inflammasome Sensing of Asbestos and Silica. *Science (80-.)*. **320**, 674–677 (2008).
39. Stutz, A., Kolbe, C.-C., Stahl, R., Horvath, G. L., Franklin, B. S., van Ray, O., Brinkschulte, R., Geyer, M., Meissner, F. & Latz, E. NLRP3 inflammasome assembly is regulated by phosphorylation of the pyrin domain. *J. Exp. Med.* **214**, 1725–1736 (2017).
40. Swanson, K. V, Deng, M. & Ting, J. P.-Y. The NLRP3 inflammasome: molecular activation and regulation to therapeutics. *Nat. Rev. Immunol.* **19**, 477–489 (2019).
41. Pétrilli, V., Dostert, C., Muruve, D. A. & Tschopp, J. The inflammasome: a danger sensing complex triggering innate immunity. *Curr. Opin. Immunol.* **19**, 615–622 (2007).
42. Rehman, K. & Akash, M. S. H. Mechanisms of inflammatory responses and development of insulin resistance: how are they interlinked? *J. Biomed. Sci.* **23**, 87 (2016).
43. Jager, J., Grémeaux, T., Cormont, M., Le Marchand-Brustel, Y. & Tanti, J.-F. Interleukin-1 β -induced insulin resistance in adipocytes through down-regulation of insulin receptor substrate-1 expression. *Endocrinology* **148**, 241–251 (2007).
44. Lee, G.-S., Subramanian, N., Kim, A. I., Aksentijevich, I., Goldbach-Mansky, R., Sacks, D. B., Germain, R. N., Kastner, D. L. & Chae, J. J. The calcium-sensing receptor regulates the NLRP3 inflammasome through Ca²⁺ and cAMP. *Nature* **492**, 123–127 (2012).
45. Ahmadian, M., Suh, J. M., Hah, N., Liddle, C., Atkins, A. R., Downes, M. & Evans, R. M. PPAR γ signaling and metabolism: the good, the bad and the future. *Nat. Med.* **19**, 557–566 (2013).
46. Stienstra, R., Duval, C., Müller, M. & Kersten, S. PPARs, Obesity, and Inflammation. *PPAR Res.* **2007**, 95974 (2007).
47. Astapova, O. & Leff, T. Adiponectin and PPAR γ : cooperative and interdependent actions of two key regulators of metabolism. *Vitam. Horm.* **90**, 143–162 (2012).
48. Kintscher, U. & Law, R. E. PPAR γ -mediated insulin sensitization: the importance of fat versus muscle. *Am. J. Physiol. Metab.* **288**, E287–E291 (2005).

49. Bassaganya-Riera, J., Misyak, S., Guri, A. J. & Hontecillas, R. PPAR γ is highly expressed in F4/80hi adipose tissue macrophages and dampens adipose-tissue inflammation. *Cell. Immunol.* **258**, 138–146 (2009).
50. Xu, H., Barnes, G. T., Yang, Q., Tan, G., Yang, D., Chou, C. J., Sole, J., Nichols, A., Ross, J. S., Tartaglia, L. A. & Chen, H. Chronic inflammation in fat plays a crucial role in the development of obesity-related insulin resistance. *J. Clin. Invest.* **112**, 1821–1830 (2003).
51. Grygiel-Górniak, B. Peroxisome proliferator-activated receptors and their ligands: nutritional and clinical implications - a review. *Nutr. J.* **13**, 17 (2014).
52. Tyagi, S., Gupta, P., Saini, A. S., Kaushal, C. & Sharma, S. The peroxisome proliferator-activated receptor: A family of nuclear receptors role in various diseases. *J. Adv. Pharm. Technol. Res.* **2**, 236–240 (2011).
53. Yang, C.-C., Wu, C.-H., Lin, T.-C., Cheng, Y.-N., Chang, C.-S., Lee, K.-T., Tsai, P.-J. & Tsai, Y.-S. Inhibitory effect of PPAR γ on NLRP3 inflammasome activation. *Theranostics* **11**, 2424–2441 (2021).
54. Ricote, M., Li, A. C., Willson, T. M., Kelly, C. J. & Glass, C. K. The peroxisome proliferator-activated receptor- γ is a negative regulator of macrophage activation. *Nature* **391**, 79–82 (1998).
55. Tian, Y., Yang, C., Yao, Q., Qian, L., Liu, J., Xie, X., Ma, W., Nie, X., Lai, B., Xiao, L. & Wang, N. Procyanidin B2 Activates PPAR γ to Induce M2 Polarization in Mouse Macrophages . *Frontiers in Immunology* vol. 10 (2019).
56. Lee, J., Kim, T. H., Murray, F., Li, X., Choi, S. S., Broide, D. H., Corr, M., Lee, J., Webster, N. J. G., Insel, P. A. & Raz, E. Cyclic AMP concentrations in dendritic cells induce and regulate Th2 immunity and allergic asthma. *Proc. Natl. Acad. Sci. U. S. A.* **112**, 1529–1534 (2015).
57. Pettersson, U. S., Waldén, T. B., Carlsson, P.-O., Jansson, L. & Phillipson, M. Female Mice are Protected against High-Fat Diet Induced Metabolic Syndrome and Increase the Regulatory T Cell Population in Adipose Tissue. *PLoS One* **7**, e46057 (2012).
58. von Frankenberg, A. D., Marina, A., Song, X., Callahan, H. S., Kratz, M. & Utzschneider, K. M. A high-fat, high-saturated fat diet decreases insulin sensitivity without changing intra-abdominal fat in weight-stable overweight and obese adults. *Eur. J. Nutr.* **56**, 431–443 (2017).
59. McGillicuddy, F. C., Reynolds, C. M., Finucane, O., Coleman, E., Harford, K. A., Grant, C., Sergi, D., Williams, L. M., Mills, K. H. G. & Roche, H. M. Long-term exposure to a high-fat diet results in the development of glucose intolerance and insulin resistance in interleukin-1 receptor I-deficient mice. *Am. J. Physiol. Endocrinol. Metab.* **305**, E834–44 (2013).

60. Lee, H., Lee, I. S. & Choue, R. Obesity, inflammation and diet. *Pediatr. Gastroenterol. Hepatol. Nutr.* **16**, 143–152 (2013).
61. Rheinheimer, J., de Souza, B. M., Cardoso, N. S., Bauer, A. C. & Crispim, D. Current role of the NLRP3 inflammasome on obesity and insulin resistance: A systematic review. *Metabolism.* **74**, 1–9 (2017).
62. Wang, L., Zhao, R., Song, X. & Wu, W. Targeting ER β in Macrophage Reduces Crown-like Structures in Adipose Tissue by Inhibiting Osteopontin and HIF-1 α . *Sci. Rep.* **9**, 15762 (2019).
63. Manji, G. A., Wang, L., Geddes, B. J., Brown, M., Merriam, S., Al-Garawi, A., Mak, S., Lora, J. M., Briskin, M., Jurman, M., Cao, J., DiStefano, P. S. & Bertin, J. PYPAF1, a PYRIN-containing Apaf1-like protein that assembles with ASC and regulates activation of NF-kappa B. *J. Biol. Chem.* **277**, 11570–11575 (2002).
64. Martinon, F., Burns, K. & Tschopp, J. The inflammasome: a molecular platform triggering activation of inflammatory caspases and processing of proIL-beta. *Mol. Cell* **10**, 417–426 (2002).
65. Lebreton, F., Berishvili, E., Parnaud, G., Rouget, C., Bosco, D., Berney, T. & Lavallard, V. NLRP3 inflammasome is expressed and regulated in human islets. *Cell Death Dis.* **9**, 726 (2018).
66. Hou, Y., Moreau, F. & Chadee, K. PPAR γ is an E3 ligase that induces the degradation of NF κ B/p65. *Nat. Commun.* **3**, 1300 (2012).
67. Tavares, L. P., Negreiros-Lima, G. L., Lima, K. M., E Silva, P. M. R., Pinho, V., Teixeira, M. M. & Sousa, L. P. Blame the signaling: Role of cAMP for the resolution of inflammation. *Pharmacol. Res.* **159**, 105030 (2020).
68. Shirakawa, F., Chedid, M., Suttles, J., Pollok, B. A. & Mizel, S. B. Interleukin 1 and cyclic AMP induce kappa immunoglobulin light-chain expression via activation of an NF-kappa B-like DNA-binding protein. *Mol. Cell. Biol.* **9**, 959–964 (1989).
69. Hong, J., Stubbins, R. E., Smith, R. R., Harvey, A. E. & Núñez, N. P. Differential susceptibility to obesity between male, female and ovariectomized female mice. *Nutr. J.* **8**, 11 (2009).
70. Cortez, M., Carmo, L. S., Rogero, M. M., Borelli, P. & Fock, R. A. A High-Fat Diet Increases IL-1, IL-6, and TNF- α Production by Increasing NF- κ B and Attenuating PPAR- γ Expression in Bone Marrow Mesenchymal Stem Cells. *Inflammation* **36**, 379–386 (2013).
71. Gordon, S. & Martinez-Pomares, L. Physiological roles of macrophages. *Pflügers Arch. - Eur. J. Physiol.* **469**, 365–374 (2017).

72. Lumeng, C. N., Bodzin, J. L. & Saltiel, A. R. Obesity induces a phenotypic switch in adipose tissue macrophage polarization. *J. Clin. Invest.* **117**, 175–184 (2007).
73. Guo, B. IL-10 Modulates Th17 Pathogenicity during Autoimmune Diseases. *J. Clin. Cell. Immunol.* **7**, 400 (2016).
74. Li, B., Gurung, P., Malireddi, R. K. S., Vogel, P., Kanneganti, T.-D. & Geiger, T. L. IL-10 engages macrophages to shift Th17 cytokine dependency and pathogenicity during T-cell-mediated colitis. *Nat. Commun.* **6**, 6131 (2015).
75. Russo, L. & Lumeng, C. N. Properties and functions of adipose tissue macrophages in obesity. *Immunology* **155**, 407–417 (2018).
76. Cinti, S., Mitchell, G., Barbatelli, G., Murano, I., Ceresi, E., Faloia, E., Wang, S., Fortier, M., Greenberg, A. S. & Obin, M. S. Adipocyte death defines macrophage localization and function in adipose tissue of obese mice and humans. *J. Lipid Res.* **46**, 2347–2355 (2005).
77. Sárvári, A. K., Doan-Xuan, Q.-M., Bacsó, Z., Csomós, I., Balajthy, Z. & Fésüs, L. Interaction of differentiated human adipocytes with macrophages leads to trogocytosis and selective IL-6 secretion. *Cell Death Dis.* **6**, e1613–e1613 (2015).
78. Carlsen, H., Haugen, F., Zadelaar, S., Kleemann, R., Kooistra, T., Drevon, C. A. & Blomhoff, R. Diet-induced obesity increases NF-kappaB signaling in reporter mice. *Genes Nutr.* **4**, 215–222 (2009).
79. Minguet, S., Huber, M., Rosenkranz, L., Schamel, W. W. A., Reth, M. & Brummer, T. Adenosine and cAMP are potent inhibitors of the NF-kappa B pathway downstream of immunoreceptors. *Eur. J. Immunol.* **35**, 31–41 (2005).
80. Moran, O. The biophysics, biochemistry and physiology of CFTR. *Cell. Mol. Life Sci.* **74**, 1–2 (2017).
81. Jiang, C., Ting, A. T. & Seed, B. PPAR-gamma agonists inhibit production of monocyte inflammatory cytokines. *Nature* **391**, 82–86 (1998).
82. Glass, C. K. & Saijo, K. Nuclear receptor transrepression pathways that regulate inflammation in macrophages and T cells. *Nat. Rev. Immunol.* **10**, 365–376 (2010).
83. Meng, Q.-Q., Feng, Z.-C., Zhang, X.-L., Hu, L.-Q., Wang, M., Zhang, H.-F. & Li, S.-M. PPAR- γ Activation Exerts an Anti-inflammatory Effect by Suppressing the NLRP3 Inflammasome in Spinal Cord-Derived Neurons. *Mediators Inflamm.* **2019**, 6386729 (2019).
84. Zaccolo, M. & Movsesian, M. A. cAMP and cGMP Signaling Cross-Talk. *Circ. Res.* **100**, 1569–1578 (2007).

85. Ghalayini, I. F. Nitric oxide–cyclic GMP pathway with some emphasis on cavernosal contractility. *Int. J. Impot. Res.* **16**, 459–469 (2004).
86. Shah, A. M. & MacCarthy, P. A. Paracrine and autocrine effects of nitric oxide on myocardial function. *Pharmacol. Ther.* **86**, 49–86 (2000).
87. Asano, T., Kawamura, S. & Tachibanaki, S. Transducin activates cGMP phosphodiesterase by trapping inhibitory γ subunit freed reversibly from the catalytic subunit in solution. *Sci. Rep.* **9**, 7245 (2019).
88. Witwicka, H., Kobińska, M., Siednienko, J., Mitkiewicz, M. & Gorczyca, W. A. Expression and activity of cGMP-dependent phosphodiesterases is up-regulated by lipopolysaccharide (LPS) in rat peritoneal macrophages. *Biochim. Biophys. Acta - Mol. Cell Res.* **1773**, 209–218 (2007).
89. Mitschke, M. M., Hoffmann, L. S., Gnad, T., Scholz, D., Kruithoff, K., Mayer, P., Haas, B., Sassmann, A., Pfeifer, A. & Kilic, A. Increased cGMP promotes healthy expansion and browning of white adipose tissue. *FASEB J. Off. Publ. Fed. Am. Soc. Exp. Biol.* **27**, 1621–1630 (2013).
90. Cho, K. W., Zamarron, B. F., Muir, L. A., Singer, K., Porsche, C. E., DelProposto, J. B., Geletka, L., Meyer, K. A., O'Rourke, R. W. & Lumeng, C. N. Adipose Tissue Dendritic Cells Are Independent Contributors to Obesity-Induced Inflammation and Insulin Resistance. *J. Immunol.* **197**, 3650–3661 (2016).
91. Soedono, S. & Cho, K. W. Adipose Tissue Dendritic Cells: Critical Regulators of Obesity-Induced Inflammation and Insulin Resistance. *Int. J. Mol. Sci.* **22**, 8666 (2021).