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Clinical, radiologic, and genetic characteristics of histone H3 K27M-mutant diffuse midline gliomas in adults

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Abstract

Background. "Diffuse midline glioma (DMG), H3 K27M-mutant" is a new tumor entity established in the 2016 WHO classification of Tumors of the Central Nervous System that comprises a set of diffuse gliomas arising in midline structures and is molecularly defined by a K27M mutation in genes encoding the histone 3 variants H3.3 or H3.1. While this tumor entity is associated with poor prognosis in children, clinical experience in adults remains limited. **Methods.** Patient demographics, radiologic and pathologic characteristics, treatment course, progression, and patient survival were collected for 60 adult patients with DMG, H3 K27M-mutant. A subset of tumors also underwent next-generation sequencing. Analysis of progression-free survival and overall survival was conducted using Kaplan–Meier modeling, and univariate and multivariate analysis.

Results. Median patient age was 32 years (range 18–71 years). Tumors were centered in the thalamus (n = 34), spinal cord (10), brainstem (5), cerebellum (4), or other midline sites (4), or were multifocal (3). Genomic profiling revealed p.K27M mutations exclusively in the *H3F3A* gene and an absence of mutations in *HIST1H3B* or *HIST1H3C*, which are present in approximately one-third of pediatric DMGs. Accompanying mutations in *TP53*, *PPM1D*, *FGFR1*, *NF1*, and *ATRX* were frequently found. The overall survival of this adult cohort was 27.6 months, longer than historical averages for both H3 K27M-mutant DMG in children and IDH-wildtype glioblastoma in adults.

Conclusions. Together, these findings indicate that H3 K27M-mutant DMG represents a heterogeneous disease with regard to outcomes, sites of origin, and molecular pathogenesis in adults versus children.

Key Points

- H3 K27M-mutant DMG has divergent genetic profiles in adults versus children.
- Overall survival of the adult cohort reported here is longer than historical averages for H3 K27M-mutant DMG in children and IDH-wildtype glioblastoma in adults.

[†]These authors contributed equally to this work.

Importance of the Study

We now recognize that glioblastoma (GBM) is not one disease, but rather a conglomerate of many different tumor entities with similar histologic features, each with their own distinct genetic drivers, anatomic site of origin, typical age of onset, and clinical outcomes. Here we provide evidence that DMG, H3 K27M-mutant has divergent clinical outcomes, genetic drivers, and anatomic site of origin in adults versus children. These findings have important ramifications for the clinical management of adults with this

diagnosis. It is not simply the adult equivalent of the childhood disease diffuse intrinsic pontine glioma, nor directly analogous to IDH-wildtype GBM, but rather may be a distinct neoplasm in adults that is associated with more favorable survival and more frequent occurrence in the thalamus or spinal cord. In addition, this is the largest cohort to date detailing the genetic profile of these tumors, which differs from that of pediatric H3 K27M-mutant DMG and provides distinct therapeutic targets.

Recently, there is an increasing emphasis on specific genetic mutations in the pathological diagnosis of primary brain tumors. In the 2016 World Health Organization (WHO) classification system, "diffuse midline glioma (DMG), H3 K27Mmutant" replaced the prior entity of diffuse intrinsic pontine glioma (DIPG) and incorporated all diffuse gliomas of any midline structure in the brain and spinal cord harboring a lysine to methionine mutation at codon 27 in genes that encode histone 3 isoforms. H3F3A encodes for the H3.3 variant that is mutated in approximately 70% of H3 K27M-mutant DMGs in children, whereas HIST1H3B or HIST1H3C both encode for the H3.1 variant that is mutated in the remaining 30% of H3 K27M-mutant DMGs in children. This K27M amino acid substitution prevents the polycomb repressive methyltransferase complex 2 (PRC2) from modifying the lysine residue at codon 27 on the histone 3 tail, resulting in decreased trimethylation of H3 proteins, both mutated and wildtype.1 Decreased trimethylation at this critical residue on the histone H3 tail disrupts gene expression responsible for glial differentiation leading to a stem cell-like, oncogenic state.1

While H3 K27M mutations were initially discovered in pediatric DIPG, subsequent studies identified H3 K27M mutations in diffusely infiltrative astrocytomas arising in other midline structures of the central nervous system (CNS) including the diencephalon, cerebellum, and spinal cord, in both children and adults.^{2,3} The incidence of H3 K27M mutations in diffuse gliomas involving midline structures is estimated to be 80% in pediatric and 15-60% in adult patients.4-7 In children, these mutations often occur early in the oncogenic cascade during embryogenesis or the early postnatal period.^{8,9} Pediatric patients with H3 K27M-mutant DMGs have a poor prognosis, with a median overall survival (mOS) of 10-14 months, 10-14 hence the rationale for the 2016 WHO Classification of Tumors of the CNS to designate these tumors as grade IV tumors, irrespective of histologic features such as necrosis or microvascular proliferation.¹⁵ Prognosis is less clear in adult DMG harboring the H3 K27M mutation^{16,17}; this may in part depend on differences in location and spatially regulated gene expression.

This study elucidates a single institution's experience with a series of 60 adults with pathologically confirmed DMG, H3 K27M-mutant. Herein, we describe the

histopathology and concomitant genetic aberrations, radiologic features, and clinical outcomes of these patients.

Materials and Methods

Patient Population

The institutional review board at the University of California, San Francisco (UCSF) approved this study (UCSF IRB 10-03204). Patients included were 18 years or older at initial diagnosis and had pathological confirmation of DMG with H3 K27M mutation, during the period of 2014-2019 at UCSF. Cases were identified using immunohistochemistry (IHC) with a histone H3 K27M-mutant specific antibody and/or through next-generation sequencing (NGS) of the histone 3 genes (H3F3A, HIST1H3B, and HIST1H3C). Sixtyfour adult patients were initially identified with gliomas harboring H3 K27M mutation. Four of these patients were excluded from analysis: 2 tumors were non-midline, located in the cerebral hemispheres, and 2 others were not diffuse glioma subtypes (ganglioglioma and pilocytic astrocytoma). Other histopathological markers for these cases were annotated if available, including IDH1 R132Hmutant protein status, ATRX protein expression, p53 protein expression, and BRAF V600E-mutant protein expression by IHC, EGFR copy number assessment by fluorescent in situ hybridization (FISH), and MGMT promoter methylation by bisulfite PCR sequencing.

UCSF500 Targeted NGS Panel

Targeted NGS for a subset of the tumors was performed using the institutional UCSF500 Cancer Panel as previously described and detailed here. ¹⁸ Genomic DNA was extracted from formalin-fixed, paraffin-embedded blocks of tumor tissue using the QIAamp DNA FFPE Tissue Kit (Qiagen). Genomic DNA was also extracted from peripheral blood or buccal swab sample for a subset of the patients using the QIAamp DNA Blood Midi Kit (Qiagen). Capture-based next-generation DNA sequencing was performed using an assay that targets all coding exons of 479 cancer-related genes, select introns, and upstream regulatory regions

of 47 genes to enable detection of structural variants including gene fusions, and DNA segments at regular intervals along each chromosome to enable genome-wide copy number and zygosity analysis, with a total sequencing footprint of 2.8 Mb (UCSF500 Cancer Panel). Multiplex library preparation was performed using the KAPA Hyper Prep Kit (Roche) according to the manufacturer's specifications using 250 ng of sample DNA. Hybrid capture of pooled libraries was performed using a custom oligonucleotide library (Nimblegen SegCap EZ Choice). Captured libraries were sequenced as paired-end 100 bp reads on an Illumina HiSeq 2500 instrument. Sequence reads were mapped to the reference human genome build GRCh37 (hg19) using the Burrows-Wheeler aligner. Recalibration and deduplication of reads were performed using the Genome Analysis Toolkit. Coverage and sequencing statistics were determined using Picard CalculateHsMetrics and Picard CollectInsertSizeMetrics. Single nucleotide variant and insertion/deletion mutation calling was performed with FreeBayes and PinDel. Structural variant calling was performed with Delly. Variant annotation was performed with ANNOVAR. Single nucleotide variants, insertions/deletions, and structural variants were visualized and verified using Integrative Genome Viewer. Genome-wide copy number analysis based on on-target and off-target reads was performed by CNVkit and visualized using Nexus Copy Number (Biodiscovery). Methods for external commercial NGS panels (Tempus, Foundation One, Caris) and the Stanford Solid Tumor Actionable Mutational Panel are published elsewhere. 19-22

Magnetic Resonance Imaging

Neuro-imaging studies were analyzed by a neuroradiologist (J.E.V-M.) to characterize the anatomic location of tumor, tumor size, presence and patterns of contrast enhancement, and radiologic extent of resection. Tumor locations were classified based on either the largest site of disease or location of dominant enhancing focus in cases where there was an extension into or involvement of multiple sites. Tumor locations were designated as follows: "diencephalon" included thalamus, hypothalamus, midbrain, or the pineal region; "posterior fossa" included the pons, medulla, or cerebellum; "spinal cord" comprised the entire spinal cord.

Survival Analysis

Demographic and clinical course including the extent of surgical resection, radiation therapy type and dose, Karnofsky performance status (KPS) at time of diagnosis, time to tumor progression and number of tumor progressions, and treatments administered to each patient were collected as available and reviewed by a neuro-oncologist (R.A.B., S.L., and J.D.S.). Progression was defined on magnetic resonance imaging (MRI) using the modified Response Assessment in Neuro-oncology criteria, ²³ and/or clinical deterioration that was sufficient to trigger treatment modification (including discontinuing disease-modifying therapy and/or starting hospice).

Progression-free survival (PFS) was defined as the time from diagnosis until the date of first documentation of progression, or death due to any cause in the absence of documented progression,²³ whichever occurred first. Patients known to be without progression and alive were censored at the date of last contact, Overall survival (OS) was defined as the time from diagnosis to the date of death. Patients known to be alive were censored at the date of last contact. The Kaplan-Meier method was used to estimate median PFS and OS with corresponding 2-sided 95% confidence intervals (CIs) and to draw survival curves. Median follow-up time was calculated with the reverse Kaplan-Meier estimator. Univariate and multivariate analysis was performed using Cox proportional hazards regression models. Association of common genetic features and presence or absence of enhancement were tested using Fisher's exact test. All analyses were performed in R (version 3.6.1).

Results

Patient and Tumor Characteristics

This study examined 60 adult patients with pathologically confirmed DMGs harboring H3 K27M mutation. The cohort was mostly in their third decade at the time of initial diagnosis with a median age of 32 years (interquartile range 25–41; Figure 1A). These patients were nearly all independently functioning at diagnosis (87% KPS ≥70) and there was a slight preponderance of males (55%; Figure 1B). Most tumors (63%) were supratentorial and located in the diencephalic region, with most originating in the thalamus (57% of all tumors). Of the 10 tumors located in the spinal cord, most were thoracic (50%) and 2 were in the conus medullaris (Figure 1C). Three cases were multifocal with both midline and non-midline sites of disease (2 patients) or diffuse craniospinal dissemination (1 patient).

Radiologic Features

On MRI, tumors were principally contrast-enhancing (79%) on T1 post-gadolinium sequences, of which the most frequently observed enhancement pattern was heterogeneous, followed by diffuse/solidly enhancing (homogeneous) or rim-only enhancing patterns (Figure 2). The imaging characteristics of these H3 K27M-mutant DMGs were similar to those published elsewhere in both adult and pediatric patients.^{24,25} There was no association with the presence or absence of enhancement on MRI, and OS or PFS based on Kaplan–Meier and univariate Cox proportional hazards analysis (data not shown).

Treatment

Of the 60 patients, most underwent biopsy only, but a subset received surgical resection (27%; Table 1). After surgery, most patients had external beam radiation (XRT, 98%) in combination with some other type of treatment, most commonly a regimen of temozolomide (TMZ) given concurrently with XRT, followed by TMZ alone in

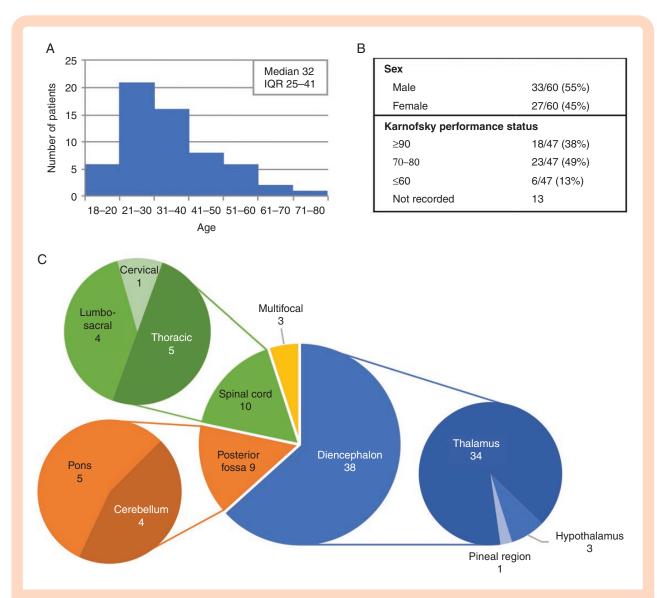


Figure 1. Patient demographics and tumor location for the 60 adults with DMG, H3 K27M-mutant: (A) Histogram shows the distribution of patient age at diagnosis, (B) sex and Karnofsky performance status at diagnosis, and (C) location of tumors.

an adjuvant setting (74%). Median follow-up time was 59.2 months (95% CI: 23.8–NA). Of the patient cohort, 66% had known progression prior to death, and 91% had known tumor progression or known death (Table 1). At the time of progression, almost half of the patients were treated with bevacizumab, a monoclonal antibody directed at vascular endothelial growth factor (VEGF), and 26% underwent repeat XRT. These therapies were often given in combination with other treatments, including TMZ, lomustine/carmustine, and/or investigational drugs (Table 1). Of note, 16% of patients received no additional treatment beyond the initial treatment course.

Pathology and Genetic Features

With regard to the pathological features, 62% of tumors had necrosis and/or microvascular proliferation, while 38% lacked both of these features (Table 2). There was no

difference in the survival of patients based on these histologic features (data not shown). In addition to the H3 K27M mutation, these tumors were universally negative for alterations in the *IDH1* and *IDH2* genes, either by IHC or by NGS (Table 2, Figure 3). Most tumors were *MGMT* promoter unmethylated (20 of 22 tested, or 91% patients; Table 2). No tumors demonstrated *EGFR* amplification by FISH or NGS (Table 2, Figure 3).

Targeted NGS was performed on tumors from 21 patients, utilizing either the described institutional panel at UCSF or a variety of commercial sources (Figure 3, Supplementary Tables 1–3). All 20 of the assessed tumors harbored K27M mutation in the *H3F3A* gene, which encodes the histone variant H3.3 (one tumor was interrogated by a targeted NGS panel that did not include the histone H3 genes). In contrast to brainstem DMGs in children, no tumors had mutations in the histone H3.1 genes *HIST1H3B* or *HIST1H3C*.

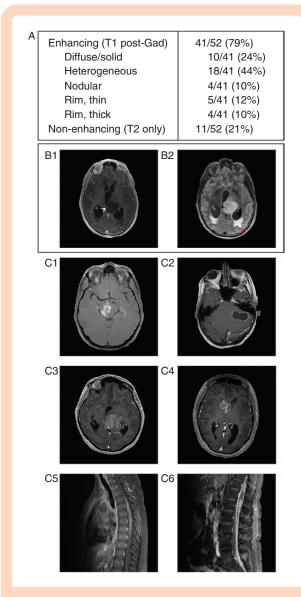


Figure 2. MRI radiologic features of H3 K27M-mutant DMGs in adults at the time of initial diagnosis. (A) Description of gadolinium enhancement on MRI of the 60 patients. (B) Post-gadolinium (B1) and FLAIR (B2) images from a non-enhancing tumor. A blood vessel courses through the left thalamic tumor (white arrowhead), and periventricular FLAIR hyperintensity indicates transependymal flow secondary to acute obstructive hydrocephalus (red arrowhead). (C) Several examples of DMGs with H3 K27M mutation with different enhancement patterns: nodular (C1), thin rim (C2), heterogeneous (C3), thick rim (C4), diffuse/solid enhancement (C5), and disseminated disease with a conus lesion and leptomeningeal spread (C6).

In addition to *H3F3A* K27M mutation, the most common additional alterations involved the *TP53*, *PPM1D*, *FGFR1*, *NF1*, and *ATRX* genes (Figure 3). Seven tumors (33%) harbored inactivating *TP53* mutations. Of the 14 tumors lacking *TP53* mutation, 5 harbored truncating mutations in exon 6 of *PPM1D* and 2 harbored focal amplification of *MDM2*; both genes encode p53 regulatory proteins. In total, 14 tumors (67%) demonstrated genetic alterations predicted to disrupt p53 function. Activating missense mutations in the kinase domain of *FGFR1*

Surgical intervention Any resection Gross total Subtotal Biopsy only Initial treatment at diagnosis Known treatment course at diagnosis XRT only XRT/TMZ XRT/TMZ + adjTMZ XRT/TMZ + adjTMZ + TTF XRT/TMZ + adjTMZ + investigational chemo XRT + adjTMZ No treatmenta Tumor progression prior to death Known clinical course No Yes (median number of progression events per patient: 1) Unknown Second-line treatmentsb Known treatment course after initial therapy BEV (monotherapy or with other chemo) Re-XRT (including SRS) Re-resection TMZ (initial therapy) TMZ (retrial) CCNU/BCNU Other chemo including investigational Tumor treating fields	16/60 (27%) 4/60 (7%) 12/60 (20%) 44/60 (73%) 50 5/50 (10%) 7/50 (14%) 29/50 (58%) 4/50 (8%) 3/50 (6%) 1/50 (2%) 1/50 (2%) 44 4/44 (9%) 40/44 (91%)
Gross total Subtotal Biopsy only Initial treatment at diagnosis Known treatment course at diagnosis XRT only XRT/TMZ XRT/TMZ + adjTMZ XRT/TMZ + adjTMZ + TTF XRT/TMZ + adjTMZ + investigational chemo XRT + adjTMZ No treatmenta Tumor progression prior to death Known clinical course No Yes (median number of progression events per patient: 1) Unknown Second-line treatmentsb Known treatment course after initial therapy BEV (monotherapy or with other chemo) Re-XRT (including SRS) Re-resection TMZ (initial therapy) TMZ (retrial) CCNU/BCNU Other chemo including investigational	4/60 (7%) 12/60 (20%) 44/60 (73%) 50 5/50 (10%) 7/50 (14%) 29/50 (58%) 4/50 (8%) 3/50 (6%) 1/50 (2%) 1/50 (2%) 44 4/44 (9%) 40/44 (91%)
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No treatment ^a Tumor progression prior to death Known clinical course No Yes (median number of progression events per patient: 1) Unknown Second-line treatments ^b Known treatment course after initial therapy BEV (monotherapy or with other chemo) Re-XRT (including SRS) Re-resection TMZ (initial therapy) TMZ (retrial) CCNU/BCNU Other chemo including investigational	1/50 (2%) 44 4/44 (9%) 40/44 (91%)
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Known clinical course No Yes (median number of progression events per patient: 1) Unknown Second-line treatments ^b Known treatment course after initial therapy BEV (monotherapy or with other chemo) Re-XRT (including SRS) Re-resection TMZ (initial therapy) TMZ (retrial) CCNU/BCNU Other chemo including investigational	4/44 (9%) 40/44 (91%)
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BEV (monotherapy or with other chemo) Re-XRT (including SRS) Re-resection TMZ (initial therapy) TMZ (retrial) CCNU/BCNU Other chemo including investigational	
Re-XRT (including SRS) Re-resection TMZ (initial therapy) TMZ (retrial) CCNU/BCNU Other chemo including investigational	43
Re-resection TMZ (initial therapy) TMZ (retrial) CCNU/BCNU Other chemo including investigational	20/43 (47%)
TMZ (initial therapy) TMZ (retrial) CCNU/BCNU Other chemo including investigational	11/43 (26%)
TMZ (retrial) CCNU/BCNU Other chemo including investigational	2/43 (5%)
CCNU/BCNU Other chemo including investigational	1/43 (2%)
Other chemo including investigational	8/43 (19%)
	8/43 (19%)
Tumor treating fields	8/43 (19%)
-	1/43 (2%)
No treatment	7/43 (16%)
Unknown	17
Survival status	
Alive	
Deceased	14/60 (23%)
Unknown	14/60 (23%) 38/60 (63%)
Median follow-up (95% CI), months	

The table describes any surgical intervention, initial treatment, treatment at progression, time to progression, and length of survival. If the denominator is less than 60, it indicates the number of patients for whom the information is available and documented. adj, adjuvant; Bev, Bevacizumab; CI, confidence interval; CCNU/BCNU; lomustine/carmustine; SRS, stereotactic radiosurgery; TMZ, temozolomide; TTF, tumor treating fields; XRT, radiation therapy.

^aPatient died 3 weeks after surgery.

27.6 (19.1-36.7)

Median overall survival (95% CI), months^d

^bPatients may have received more than one treatment, so categories are not mutually exclusive, and do not sum to 100%.

^eProgression and death without known progression are recorded events. ^dEstimated from Kaplan–Meier analysis.

Table 2. Histopathological Features of Adult H3 H	(27M-Mutant DMG
Presence of necrosis and/or microvascular proliferation	
Absent	22/58 (38%)
Present	36/58 (62%)
Not reported	2
Immunohistochemical testing	
H3 K27M mutation	59/59 (100%)
H3 K27 trimethylation complete loss	15/16 (94%)
H3 K27 trimethylation mosaicism	1/16 (6%)
IDH1 R132H mutation	0/55 (0%)
p53 expression >10%	32/47 (68%)
ATRX loss	21/55 (38%)
BRAFV600E mutation	0/20 (0%)
Molecular analysis	
MGMT promoter methylation	2/22 (9%)
EGFR amplification (FISH)	0/25 (0%)
Summary table for histologic features, immunohist MGMT promoter analysis, and EGFR amplification	

(either p.N546 and p.K656) were identified in 7 tumors (33%). Inactivating mutations or focal deletions of the *NF1* tumor-suppressor gene were also common, being present in 7 cases, 4 of which harbored multiple mutations in *NF1*. Mutations and/or focal high-level amplifications of *PDGFRA* were seen in 3 cases, including 2 that harbored amplification of a mutant allele (Figure 3). Six out of 20 tumors sequenced showed mutations in *ATRX* (30%), with 2 additional patients showing loss of ATRX by IHC without *ATRX* mutation identified, suggesting either cryptic alterations not detected by sequencing or alternative methods of protein expression regulation (Table 2, Figure 3).

Denominator indicates the number of patients tested.

Notably, there were no mutations, amplifications, or deletions involving the TERT promoter, EGFR, or PTEN, which are among the most frequently altered genes in IDH-wildtype glioblastomas (GBMs) in adults (Figure 3). In addition, there were no alterations detected in the BRAF oncogene, which commonly demonstrates fusions or mutations in low-grade gliomas such as ganglioglioma, pleomorphic xanthoastrocytoma, and pilocytic astrocytoma (Figure 3). ACVR1, which is commonly mutated in pediatric brainstem gliomas with H3.1 K27M mutation,¹² was uniformly wildtype in the 14 evaluated cases. There were no clear associations of any of the frequently found genetic alterations and OS or PFS as assessed by Kaplan-Meier and Cox proportional hazards univariate analysis or the presence of enhancement as assessed by Fisher's exact test (data not shown).

Two patients (#3 and #6, Figure 3) had repeat sequencing performed on resection specimens at the time of recurrence/progression, enabling assessment of clonal evolution following treatment. The recurrent tumor from patient 3 had acquired focal high-level amplification of *PIK3CA* not observed in the initial tumor

resection, but no longer had the *PDGFRA* amplification found in the initial tumor (Supplementary Table 2). Next-generation sequencing for patient 6 demonstrated identical genetic alterations between the initial and recurrent tumors (Supplementary Tables 1–3). Additional information about the specifics of genetic and cytogenetic alterations for those 13 patients with NGS by the institutional UCSF500 panel is provided (Supplementary Tables 1–3).

Clinical Outcomes

Median PFS in this series was 9.6 months (95% CI 7.4-14.3, Figure 4A) and mOS was 27.6 months (95% CI 19.1-36.7; Figure 4B, "Adult DMG, H3.3 K27M"). Sample size was too limited to determine if the location was predictive of OS (Supplementary Figure 1). For OS, univariate analysis showed factors causing a higher (ie, detrimental) hazard ratio (HR) were initial treatment of radiation only or no treatment at diagnosis compared to standard-ofcare radiation and TMZ (HR 3.61 [CI 1.70–7.65, P = .001]) and no treatment at progression (HR 17.74 [CI 6.29-50.04, P < .001], Supplementary Table 4). Univariate analysis showed that OS was not affected by age (P = .222) or KPS (P = .074). No particular treatment at progression (i.e., bevacizumab, radiation, or lomustine/carmustine) was found to have a specific impact on survival. MGMT methylation was found to have a significant HR, but likely this was artifactual and related to the small sample size of the MGMT methylated group (n = 2, Supplementary Table 4). Multivariate analysis found that any treatment at progression significantly improved OS (P < .001), after accounting for age at diagnosis. For PFS, univariate analysis showed increased HR with age ≥50 (HR 2.51 [Cl 1.18–5.34, P = .017) and KPS ≤ 60 (HR 2.69 [CI 1.03–7.01, P = .043], Supplementary Table 4). Multivariate analysis showed that age at diagnosis had a significant impact on PFS when accounting for KPS \leq 60 (P<.05).

This cohort demonstrated prolonged survival compared to a historical series of adult patients with IDH-wildtype GBM from The Cancer Genome Atlas (TCGA) with unknown H3 K27M status,26 with mOS of 13.9 months (95% CI: 12.2-15.2, P < .001; Figure 4B, "TCGA GBM, IDH-WT"). A recently published metaanalysis of pediatric DMGs included 249 pediatric patients (aged <18 years) with H3F3A K27M mutation.¹² In this meta-analysis, all patients tested for IDH were IDH-wildtype (150 of 150 patients tested; 89 patients not tested), and of those tested, nearly all had unmethylated MGMT promoter (74 of 79 patients tested; 170 patients not tested). 12 For diffuse gliomas with H3.3 K27M mutation in any midline location, the cohort of adult patients reported here had better mOS of 27.6 months compared to this pediatric group with mOS 11.2 months (95% CI: 10.2-12.0, P < .001; Figure 4B, "Pediatric DMG, H3.3 K27M").12 Focusing only on H3.3 K27M-mutant tumors located in the thalamus, there was still a significant difference in the median OS in this adult cohort compared to the pediatric group from the meta-analysis (30.4 months vs 13.0 months, P < .0004, Figure 4C).¹²

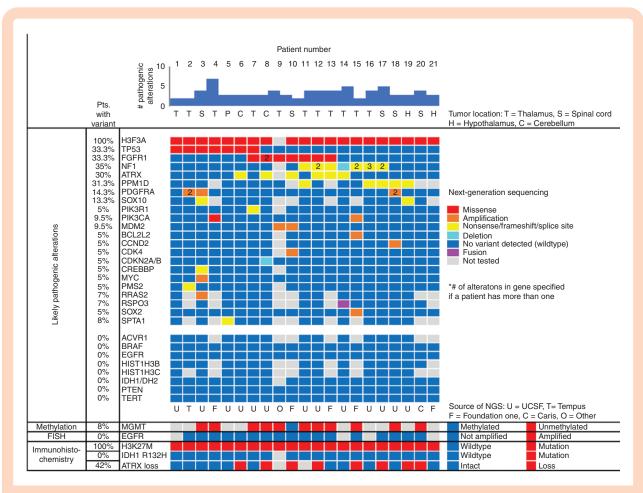


Figure 3. Genetic profile of adult H3 K27M-mutant DMG. Summary plot of the next-generation sequencing results for the 21 evaluated patients, as well as immunohistochemical, FISH, and MGMT promoter methylation data for these tumors.

Discussion

Since the incorporation of DMG, H3 K27M-mutant in the 2016 WHO Classification of Tumors of the CNS, 15 there is ever-increasing recognition and diagnosis of this entity. Though there is substantial molecular and phenotypic overlap with DIPG in children, much less was known about the natural history, molecular features, response to treatment, and clinical outcomes in adults.

Compared to pediatric cases, tumors in this adult cohort were more commonly located in the diencephalon (57% in the thalamus) and spinal cord and uncommonly located in the brainstem. A small number of tumors in our cohort were multifocal. While rare cases of non-midline H3 K27M-mutant gliomas have been reported, the diagnostic and prognostic ramifications of H3 K27M mutation are not well established outside midline locations. ^{15,27} Median OS for our cohort was 27.6 months, substantially longer than previously published series of (1) adult patients with DMG, H3 K27M-mutant (8.4–19.6 months mOS), ^{2,28,29} (2) adult patients with IDH-wildtype GBM (13–15 months mOS), ^{26,30,31} and (3) children with DMG, H3.3 K27M-mutant (10–14 months mOS). ^{10–14} Multivariate analysis shows that lack

of treatment at progression had a significant impact on OS (P < .001), after accounting for age at diagnosis. Older age at diagnosis had a significant impact on PFS, even when accounting for poor KPS (KPS <60, P < .05).

Given that our cohort was pathologically confirmed, there may be an overrepresentation of tumors that were surgically accessible to biopsy and even accessible to some degree of resection (27% of patients). Furthermore, 72% of patients received upfront therapy that is standard of care for GBM (concurrent TMZ and radiation, followed by adjuvant TMZ). Of those that progressed, 83% of the patients received additional treatment, representing a potentially aggressive approach. It has been suggested that tumor location may account for better OS in adults, who have predominantly thalamic DMG, compared to children who have predominantly pontine DMG. However, this study shows that even when limiting analysis to H3 K27M-mutant DMG located in the thalamus, adult patients have significantly better survival than pediatric patients (30.4 months vs 13.0 months, P < .0004). This suggests that the difference in survival between adult and pediatric patients goes beyond location and may involve other factors including differences in concomitant genetic alterations. All these factors in concert may have potentially contributed to the longer OS demonstrated in this series.

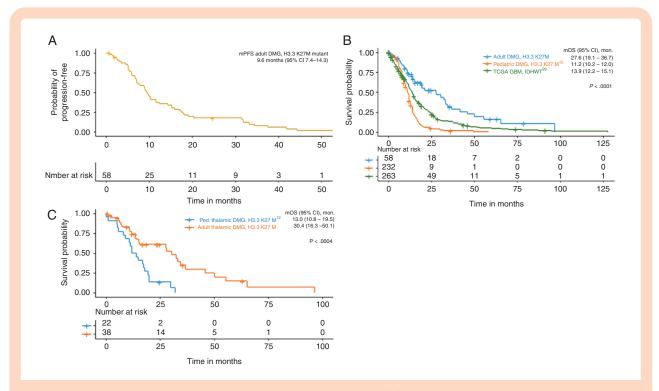


Figure 4. Progression-free and overall survival in adults with DMG, H3 K27M-mutant. (A) Kaplan–Meier plot progression-free survival for all adult patients in this study. (B) Kaplan–Meier analysis of overall survival for adult patients in this study ("Adult DMG, H3.3 K27M"), compared to a previously published cohort of pediatric patients with diffuse gliomas with H3.3 K27M mutation located in any midline structure ("Pediatric DMG, H3.3 K27M") and adult patients with IDH-wildtype GBM included in the TCGA study ("TCGA GBM IDH-WT"). (C) Kaplan–Meier analysis of overall survival of patients with thalamic H3.3 K27M-mutant diffuse gliomas, comparing adults in this study cohort to a previously published cohort of pediatric patients. (12)

Compared to published series of IDH-wildtype GBMs, this study suggests that H3 K27M-mutant DMG represents a tumor entity in adults with a more favorable prognosis. This corroborates findings from a recent publication comparing subgroups of midline high-grade gliomas, wherein survival of adults with H3 K27M-mutant DMG (n = 18, 17.6 months) was longer than H3-wildtype high-grade midline gliomas (n = 74, 7.7 months, P = .03).⁵ Improved survival in these tumors may be related to comparison of different biologic tumor entities or alternatively the concurrent genetic aberrations or poorly characterized epigenetic factors. Like other series of H3 K27M-mutant DMGs, our cohort was universally IDH-wildtype and lacked TERT promoter mutations, genetically distinguishing this tumor entity from diffuse lower-grade gliomas in adults as well as the majority of IDH-wildtype GBMs in adults.

In this series, there were frequent mutations in the p53 pathway, similar to that found in pediatric H3 K27M-mutant DMG.³² Our cohort also had frequent alterations in *ATRX* (38% ATRX loss by IHC and 30% mutation by NGS), which is more prevalent than the less than 1% incidence seen in IDH-wildtype GBMs in adults²⁶ and 11% of pediatric H3 K27M-mutant DMGs.³³ *ATRX* encodes a regulator of chromatin remodeling and transcription and directly interacts with the histone H3.3 variant at telomeres to facilitate alternative lengthening of telomeres.³⁴There were also frequent kinase domain hotspot mutations in *FGFR1*, which have been observed in pediatric H3 K27M-mutant DMGs

located in the thalamus.³⁵ In our cohort, these *FGFR1* mutations were also primarily found in thalamic tumors (5 of the 11 thalamic cases studied by NGS). Three of 19 patients demonstrated mutations in the PI3-kinase pathway, including the *PIK3CA* catalytic subunit and the *PIK3R1* negative regulatory subunit.

In this study, only 5% of tumors had *CDKN2A/CDKN2B* homozygous deletion, compared to approximately 60% of IDH-wildtype GBMs in adults.²⁶ In contrast to IDH-wildtype GBMs in adults where approximately 40% of tumors harbor *PTEN*-inactivating mutations or homozygous deletion,^{26,36} this was absent in our cohort. *EGFR* alterations, also common in IDH-wildtype GBMs in adults, were absent in our cohort. Some recurrent molecular findings noted in pediatric gliomas were also absent from our cohort, including *ACVR1* mutation (most often seen in pontine pediatric H3.1 K27M-mutant tumors^{12,34}), *MYCN* amplification, *MYB* or *MYBL1* fusion, and *BRAF* mutation or fusion.

This study emphasizes the importance of tissue biopsy both to confirm H3 status for its prognostic significance, and to obtain tissue for broad NGS, allowing further genetic characterization and identification of potential targets for treatment. In pediatric patients, there are a few clinical trials targeting DMG. GDC-0084, an inhibitor of Pl3 kinase and mTOR, is under study in a phase I trial (Clinical Trials ID# NCT03696355). Histone deacetylase inhibitors panobinostat and fimepinostat (the latter also targets Pl3 kinase) are also in phase

I trials (NCT02717455 and NCT03893487). There is a phase I trial of a peptide vaccine targeting H3.3 K27Mmutant protein together with the PD-1 checkpoint inhibitor nivolumab (NCT02960230) and also a phase I trial in development using autologous chimeric antigen receptorT cells that express disialoganglioside GD2, which is overexpressed in H3 K27M-mutant DMGs.37 While this study illustrates genetic differences between adult and pediatric H3 K27M-mutant DMG, it is possible that therapies specifically targeting the H3 K27M mutation in children may be efficacious in adults. For both adult and pediatric patients, ONC201, an inhibitor of the dopamine receptor D2 that drives tumorigenic pathways including Akt and ERK, is currently undergoing phase I/II trial testing (NCT02525692). In addition to these targeted treatments, this study also identifies ATRX, NF1, and FGFR1 as potential therapeutic targets in adults with H3 K27M-mutant DMG harboring these mutations.

This retrospective analysis has limitations including a relatively small sample size and lack of a contemporaneous control cohort to compare clinical outcomes. There may be selection bias in defining the cohort by tumors that are accessible to surgical biopsy or resection and thus pathologic confirmation. Testing for H3 K27M was sometimes performed on archival tissue, generally for patients who were still alive, creating a longevity bias. In addition, some treatment and clinical follow-up information were missing for a subset of patients.

In summary, this series describes the clinical, radiologic, and genetic features of H3 K27M-mutant DMGs in adults. The patients described here lived longer compared to historical averages for IDH-wildtype GBMs in adults and H3.3 K27M-mutant DMGs in children. Thus, H3 K27M-mutant DMGs in adults may have a different prognosis and necessitate different strategies for optimal treatment compared to both their pediatric counterparts as well as other diffuse gliomas in adults. We suggest IHC and/or genetic testing for histone H3 K27M mutation in all midline gliomas in adults when feasible, as it may be important in determining patient prognosis and in guiding treatment decisions.

Supplementary Material

Supplementary material is available at *Neuro-Oncology Advances* online.

Keywords

adult | diffuse midline glioma | genetics | H3 K27M | survival

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