UC San Diego

Spring 2017 - UC San Diego Health Journal of Nursing: The Unique Power of Nursing

Title

Front Matter. 2017. Advanced Practice Nursing

Permalink

https://escholarship.org/uc/item/56r5t39w

Journal

UC San Diego Health Journal of Nursing, 10(1)

Author

UC San Diego Image of Nursing Council

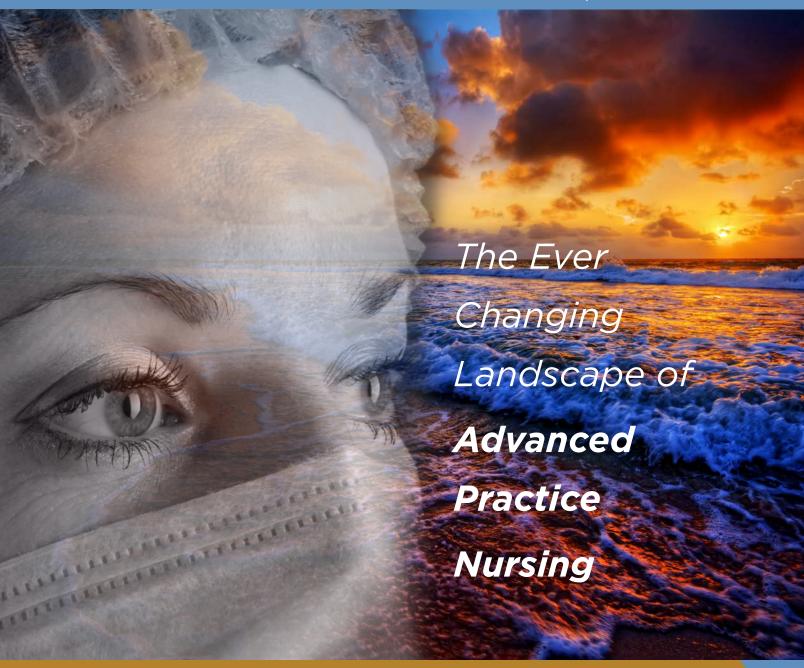
Publication Date

2017-04-01

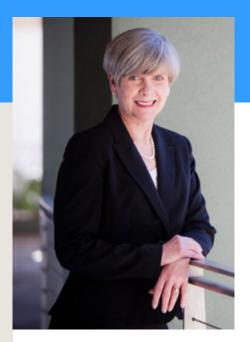
Peer reviewed

UC San Diego Health UC San Diego Health

SPRING 2017 UNIVERSITY OF CALIFORNIA, SAN DIEGO







Message from the The Chief Clinical Officer

elcome to the 14th issue of the UC San Diego Health Nursing Journal. This issue will focus on the many opportunities and experiences of the Advance Practice Nurse (APN).

The road to becoming an Advanced Practice Nurse requires dedication and commitment – typically an additional 2-4 years of education and clinical hours, during which many nurses continue working while pursuing their advanced degree.

This journal will explore the roles included in Advance Practice nursing such

as Nurse Practitioners (NP), Certified Nurse Midwives (CNM), Certified Nurse Educators (CNE), Certified Registered Nurse Anesthetists (CRNA), and Clinical Nurse Specialists (CNS). Many Advanced Practice Nurses are members of UC San Diego Health's Advance Practice Council. This council focuses on improving the health of patients and their families through interdisciplinary participation in clinical, educational, research and administrative activities using evidence based practice. Over the last several years the number of Advanced Practice Nurses employed at UC San Diego Health has grown, and the need for more APNs continues as the Health System expands.

Advanced Practice Nurses work alongside clinical staff nurses and other clinical staff every day to ensure our patients receive the highest level of care, and that family members and caregivers are included in the recovery process. The article "Bridging the Gap" is a great example of how a Nurse Practitioner functions in a Surgical ICU. Many of our APN's have been published, lead lectures or grand rounds, hold patient support groups, present at national conferences and partake in external volunteer excursions.

Nurses Week is a wonderful time to celebrate the dedication and commitment of our entire nursing team, including our Advanced Practice colleagues.

I hope you have a chance to attend one of our many events to celebrate during the week of May 8-11. Activities include Gourmet Food Truck events with free chair massages, Bannister House Fiesta, the PFCC Day of Gratitude symposium for CEU's, and the MAGNET focused 2017 Nursing Excellence Awards at the UCSD Faculty Club where we will announce our Nurses of the year as well as award over 120 scholarships for certification and tuition reimbursement.

Wishing you a wonderful Nurses Week.

Sincerely,
MARGARITA BAGGETT, MSN, RN
CHIEF CLINICAL OFFICER

Five Magnet Componets

Transformational
Leadership Structural
Empowerment
Exemplary
Professional Practice
New Knowledge
and Innovation
Empirical Outcomes

Shared Governance committee membership is a great way to become personally involved in the Magnet journey and to help shape the future of nursing at UCSD. For more information go to our nursing website at http:// medinfo.ucsd.edu/nursing/ committees/ to learn about committee membership opportunities.

JOURNAL OF NURSING

Inside

Message from the Chief Clinical Officer

2

		Margarita Baggett, MSN, RN
	4	The Mindfulness in Advanced Practice Nursing Tara Kelly, DNP, ANP-BC
Publisher UCSD Image of Nursing Council Editor-in-Chief Sal Chiappe BSN, RN ONC Tara Kelly, DNP, ANP-BC	5	The Alphabet Soup of Advanced Practice Dianne Warmuth, MSN, RN, CNS & Jeremy Flowers, DNP, NP, CNS
	8	Showcasing Women's Pelvic Medicine Clinic at UC San Diego Health Laura Aughinbaugh DNP, CNM, WHNP
Editorial Board Jill Deetz BSN, RN, NE-BC Sal Chiappe BSN, RN ONC	11	Pacific Partnership 2016 Humanitarian Mission aboard the USNS Mercy Michele Reynolds UCSD CRNA
Advisors Stacie Macaluso, BS	13	Oh, the Places You Go! Sharing the stories of outstanding UCSD Advanced Practice Nurses
Design Burritt Design Photography Shelby Samonte, RN	16	Rhonda Martin, MS, RN, MLT (ASCP), CCRN, CNS/ACNP-C 10 Questions for the Newbie Nurse Practitioner on the block: Jennifer Dvorak RN, BSN, OCN, MSN Sal Chiappe, RN Case Manager, OCN
	18	Balancing Act: Neremiah Castaño, MS, APRN (NP-C/CNS/PHN) Sal Chiappe, RN Case Manager, OCN
	20	ANOTHER DAY, ANOTHER METASTASIS: Part 1 Cynthia M. Ciaschi, MS, RN, ANP-BC
	21	ANOTHER DAY, ANOTHER METASTASIS: Part 2 "A Palliative Care Success Story" Arlene Cramer FNP, AHPCN
	22	Bridging The Gap: A Nurse Practitioner's Role in The Surgical Intensive Care Unit Samantha Gambles Farr MSN NP-C CCRN RNFA
	24	Announcing: New Guidelines for Family-Centered Care in the ICU Judy E. Davidson DNP RN FCCM FAAN
	26	A Nurse says goodbye

Sal Chiappe, RN Case Manager, OCN

We Proudly Recognize

28

UC San Diego Health