UC Agriculture & Natural Resources
4-H, Youth and Family (includes home livestock)

Title
4-H Leadership Development Project

Permalink
https://escholarship.org/uc/item/5964w1b3

Authors
Borba, John
Diaz, Claudia
Horowitz, Marcel
et al.

Publication Date
2018-04-01

DOI
10.3733/ucanr.8615

Peer reviewed
A leader is a person who inspires groups and identifies and achieves goals in a positive manner. In a 4-H leadership development project, members learn about leadership skills including teamwork, communication, organization, goal management, decision-making, and problem solving. In addition, 4-H members can serve in authentic leadership roles in 4-H, such as club officer, a junior or teen leader, 4-H State Ambassador, or county All Star, and leading activities in the local community.

- Learn about different types of situation-dependent leadership styles.
- Experience serving in leadership roles as well as member roles.
- Practice a variety of skills needed for positive leadership, including public speaking, organization, goal management, and decision making.

### Starting Out

**Beginner**

- Assist in hosting and serving refreshments at a 4-H activity.
- Help a new member learn the 4-H Pledge.
- Help plan and implement a project or 4-H Club program.
- Describe a decision you have made and how you arrived at the answer.
- Make a ‘things to do’ list and prioritize it. Select one item from the list and write a personal goal for it including what, how, when.
- Create a poster that teaches something to someone else.
- Prepare and give a talk about a 4-H activity at a club or project meeting.

### Learning More

**Intermediate**

- Teach other members in your club or project how to properly give a demonstration.
- Participate on a county 4-H council committee/ VMO.
- Help officers in your project, club or county to understand and perform correct parliamentary procedure.
- Plan a project lesson.
- Choose a problem and use the decision-making process to come up with a realistic solution.
- Attend a leadership training workshop or conference.

### Exploring Depth

**Advanced**

- Serve as junior or teen leader in a project or as an active County Ambassador.
- Volunteer for a county youth leadership role, or participate in a regional or state leadership event.
- Prepare teaching materials for use at a project meeting.
- Attend a youth-adult partnership training.
- Serve as a State Ambassador.
- Become a Teen Teacher.

The activities above are ideas to inspire further project development. This is not a complete list.
Expand Your Experiences!

Citizenship

- Plan and implement a service learning project in your community (See: http://4h.ucanr.edu/Projects/Citizenship/service_learning/).
- Create and give a presentation about a community member that exhibits leadership qualities.

Healthy Living

- Become a Healthy Living Officer (See: http://4h.ucanr.edu/Projects/HealthyLiving/Become_a_Healthy_Living_Officer/).
- Plan and implement a Color Me Green Run in your county (See: http://4h.ucanr.edu/Projects/HealthyLiving/Color_Me_Green_5K_Run).

Science, Technology, Engineering, and Mathematics

- Lead a 4-H National Youth Science Day event in your community: www.4-H.org/NYSN.
- Serve as a Teen Teacher in a 4-H Youth Experiences in Science curriculum project in your county (see: http://cesacramento.ucanr.edu/4H/Youth_Experiences_in_Science/).

Leadership

- Become a Junior or Teen Leader.
- Become a club officer.
- Attend State Leadership Conference.
- Apply for statewide advisory committees.

<table>
<thead>
<tr>
<th>Connections &amp; Events</th>
<th>Curriculum</th>
<th>4-H Record Book</th>
</tr>
</thead>
</table>
| 4-H State Leadership Conference  Youth delegates gain exposure to college life by living in the residence halls, eating in the dining commons, and participating in educational sessions. | iSprout, iGrow, and iThrive http://4h.ucanr.edu/About/Framework/PYD/Thrive/4-H_Thrive_Educational_Series_Resources/ | 4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development. 4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.  
To access the 4-H Record Book online, visit http://ucanr.edu/orb/ |
| Leadership Washington Focus Develop an understanding of your personal leadership style, create and accomplish goals, practice effective communication with others through discussion and public speaking. | Step Up to Leadership http://www.4-hmall.org/Category/bus-cit-leadership.aspx | |

The UC 4-H Youth Development Program does not endorse, warrant, or otherwise take responsibility for the contents of unofficial sites.
FOR FURTHER INFORMATION

To order or obtain ANR publications and other products, visit the ANR Communication Services online catalog at http://anrcatalog.ucanr.edu/ or phone 1-800-994-8849. You can also place orders by mail or request a printed catalog of our products from

University of California
Agriculture and Natural Resources
Communication Services
2801 Second Street
Davis, CA 95618
Telephone 1-800-994-8849
E-mail: anrcatalog@ucanr.edu

©2018 The Regents of the University of California. This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License. To view a copy of this license, visit http://creativecommons.org/licenses/by-nc-nd/4.0/ or send a letter to Creative Commons, PO Box 1866, Mountain View, CA 94042, USA.

Publication 8615

The University of California, Division of Agriculture and Natural Resources (UC ANR) prohibits discrimination against or harassment of any person in any of its programs or activities on the basis of race, color, national origin, religion, sex, gender, gender expression, gender identity, pregnancy (which includes pregnancy, childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), genetic information (including family medical history), ancestry, marital status, age, sexual orientation, citizenship, status as a protected veteran or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994 [USERRA]), as well as state military and naval service.

UC ANR policy prohibits retaliation against any employee or person in any of its programs or activities for bringing a complaint of discrimination or harassment. UC ANR policy also prohibits retaliation against a person who assists someone with a complaint of discrimination or harassment, or participates in any manner in an investigation or resolution of a complaint of discrimination or harassment. Retaliation includes threats, intimidation, reprisals, and/or adverse actions related to any of its programs or activities.

UC ANR is an Equal Opportunity/Affirmative Action Employer. All qualified applicants will receive consideration for employment and/or participation in any of its programs or activities without regard to race, color, religion, sex, national origin, disability, age or protected veteran status.

University policy is intended to be consistent with the provisions of applicable State and Federal laws.

Inquiries regarding the University's equal employment opportunity policies may be directed to: John Sims, Affirmative Action Contact and Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397. Email: jsims@ucanr.edu. Website: http://ucanr.edu/sites/anrstaff/Diversity/Affirmative_Action/.

To simplify information, trade names of products have been used. No endorsement of named or illustrated products is intended, nor is criticism implied of similar products that are not mentioned or illustrated.

An electronic copy of this publication can be found at the ANR Communication Services catalog website, http://anrcatalog.ucanr.edu/.

This publication has been anonymously peer reviewed for technical accuracy by University of California scientists and other qualified professionals. This review process was managed by ANR Associate Editor for Human and Community—Youth Development Lynn Schmitt-McQuitty.

California 4-H Project Sheet Series Authors
JOHN BORBA, 4-H Youth Development Advisor, UC Cooperative Extension, Kern County; CLAUDIA DIAZ, 4-H Youth Development Advisor, UC Cooperative Extension, Riverside and San Bernardino counties; MARCELO HORIZON, Healthy Youth, Families, and Communities Advisor, UC Cooperative Extension, Yolo County; ANNE IACCOPOCCI, 4-H Healthy Living Academic Coordinator, California State 4-H Office; SHANNON KLISCH, UC CalFresh Community Education Supervisor, UC Cooperative Extension, San Luis Obispo County; KENDRA LEWIS, 4-H Evaluation Academic Coordinator, California State 4-H Office; KATHERINE SOULE, Youth, Families, and Communities Advisor and Director of UC Cooperative Extension, San Luis Obispo and Santa Barbara Counties; and STEVEN WORKER, 4-H Youth Development Advisor, UC Cooperative Extension, Marin, Napa, and Sonoma counties.