

UC Merced
Bobcat Comics

Title

Attention and the Mind

Permalink

<https://escholarship.org/uc/item/5b14x0t4>

Authors

Cao, Pino
Jennings, Carolyn Dicey

Publication Date

2022-11-02

ATTENTION AND THE MIND

PRODUCED BY CENTER FOR THE HUMANITIES © UC MERCED

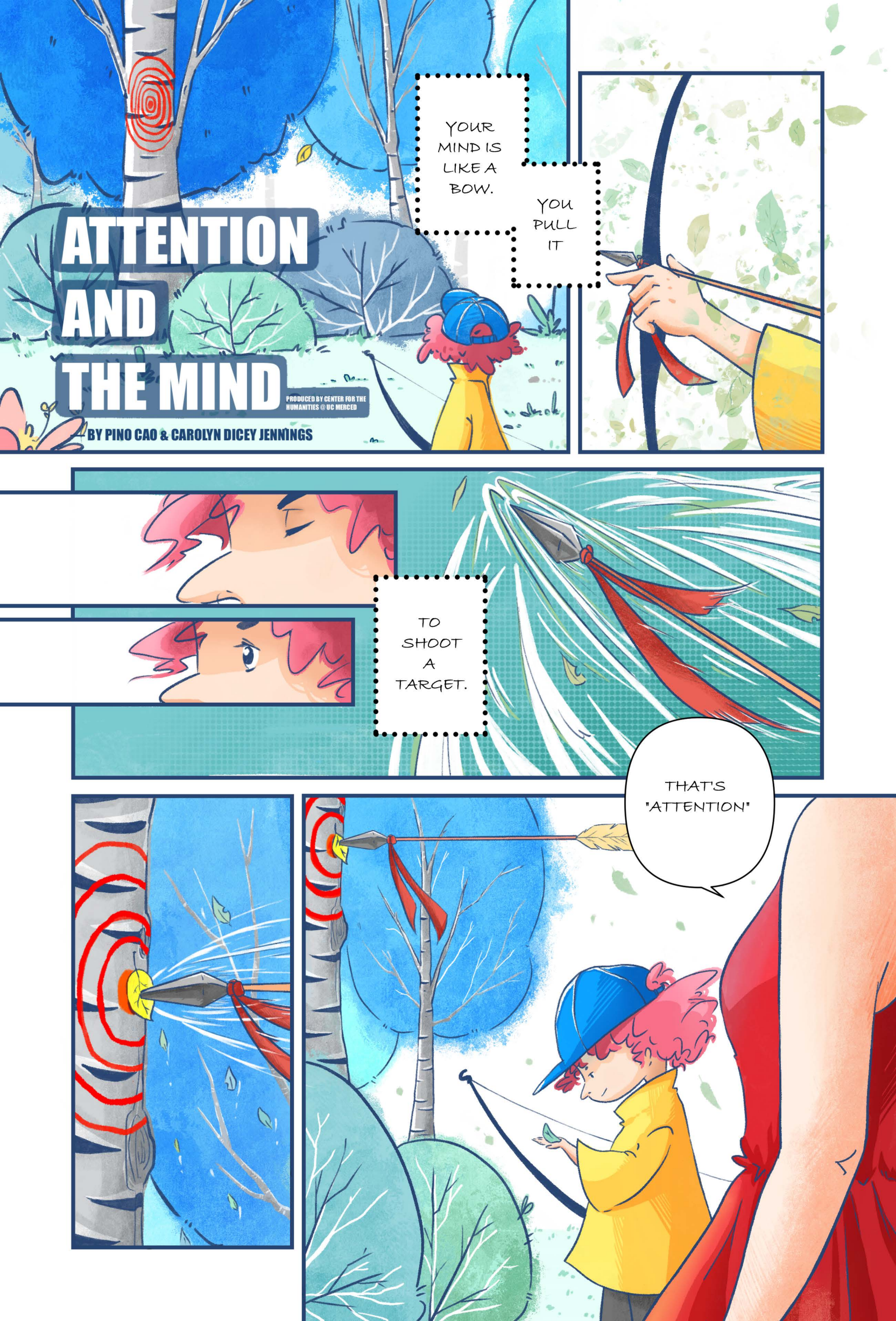
BY PINO CAO & CAROLYN DICEY JENNINGS

YOUR
MIND IS
LIKE A
BOW.

YOU
PULL
IT

TO
SHOOT
A
TARGET.

THAT'S
"ATTENTION"

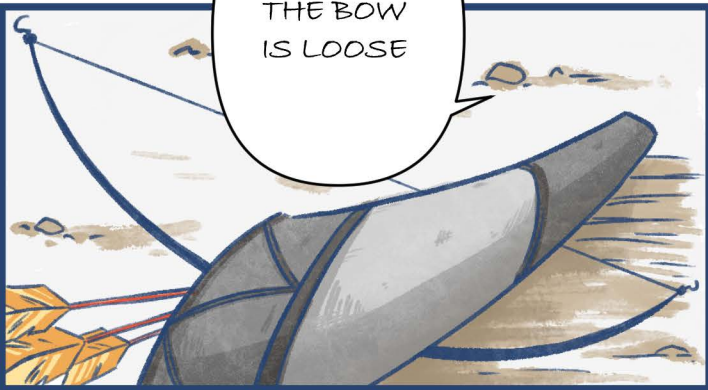




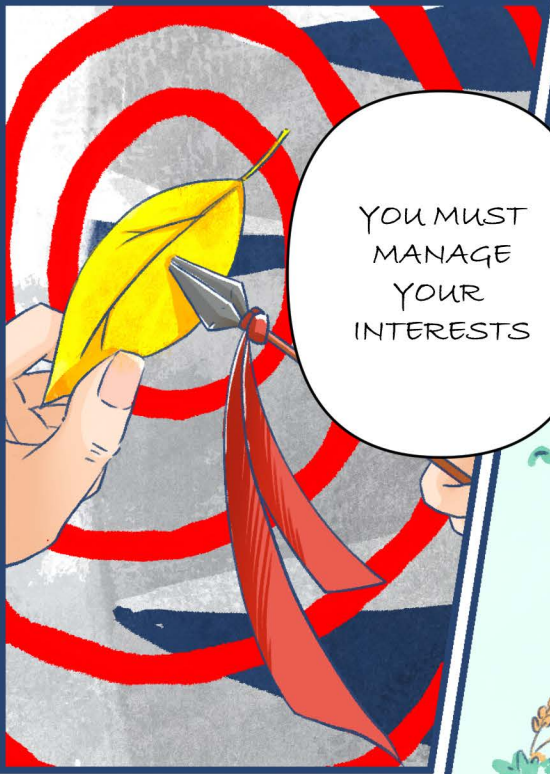
LOOK AT ALL THAT SWIRLS AROUND US.

WITHOUT ATTENTION

THE BOW IS LOOSE



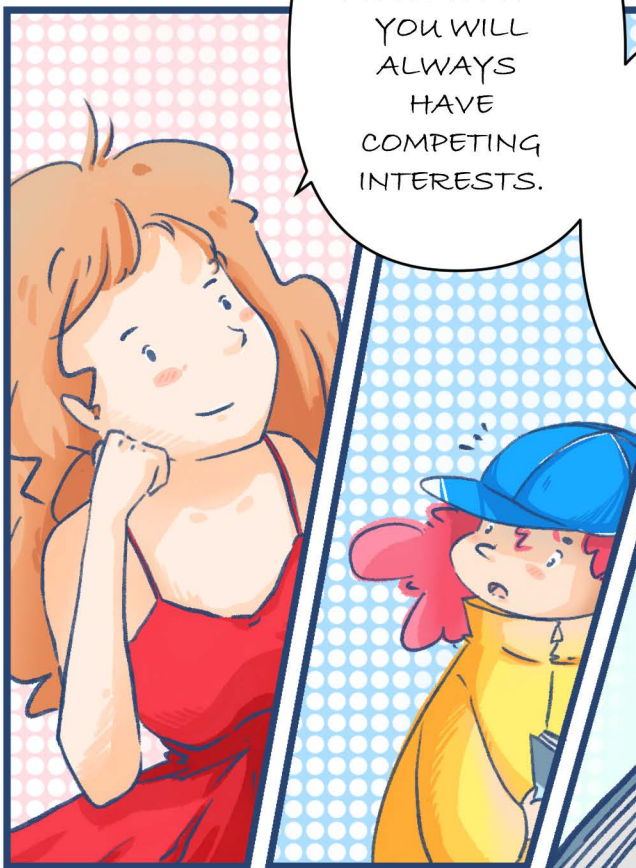
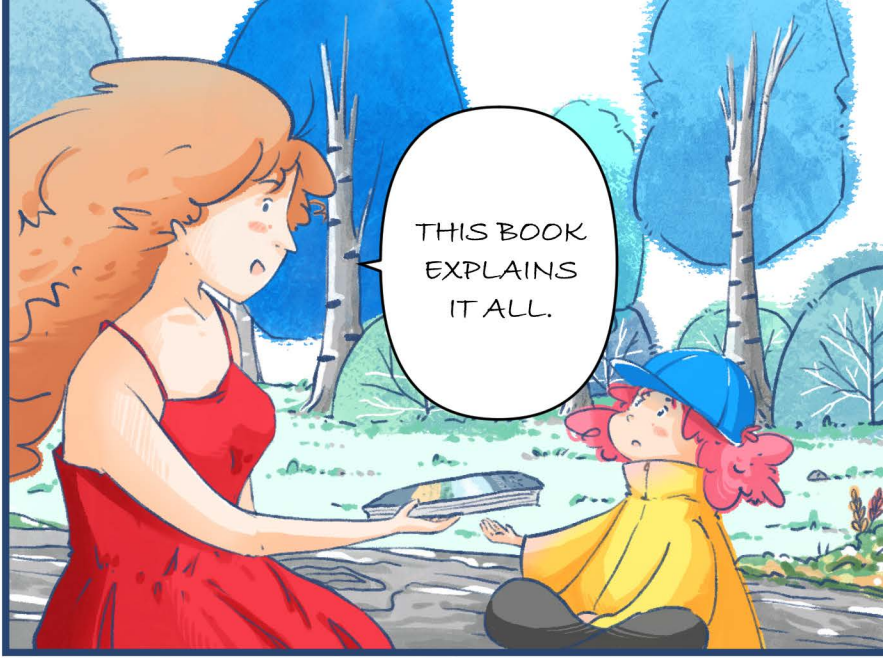
THE TARGET SLIPS AWAY.



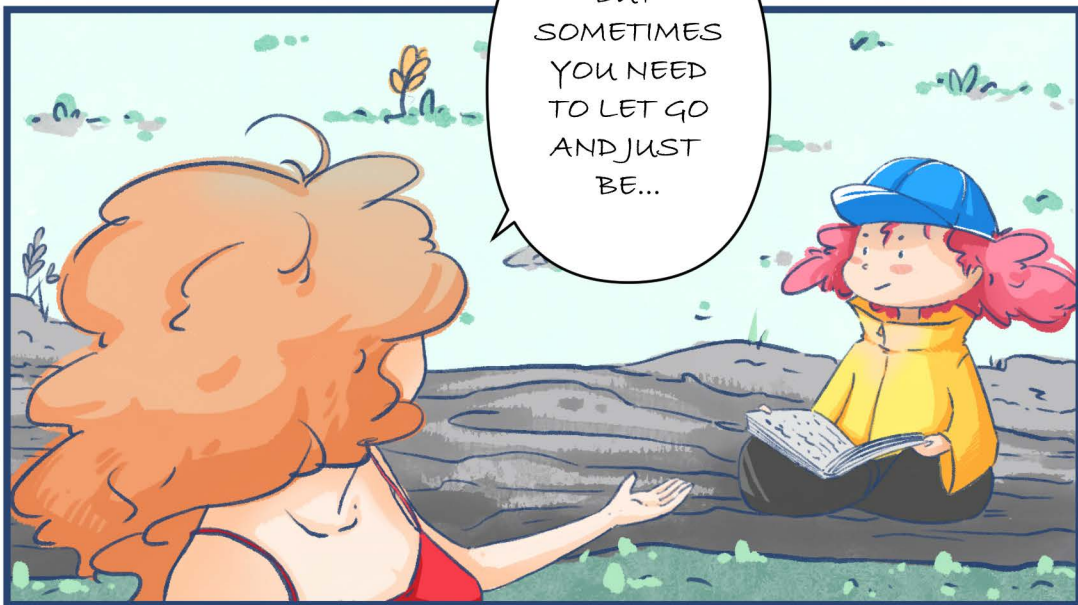
YOU MUST MANAGE YOUR INTERESTS

TO GAIN POWER OVER YOUR MIND.





Thus, this book focuses on the attending subject - someone capable of behavioral change through mental direction.



BUT SOMETIMES YOU NEED TO LET GO AND JUST BE...



IN THE WORLD



LIKE A BUTTERFLY SURROUNDED BY FLOWERS.