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Membrane constriction and thinning by sequential ESCRT-III polymerization

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Abstract

The Endosomal Sorting Complexes Required for Transport (ESCRTs) mediate diverse membrane remodeling events. These typically require ESCRT-III proteins to stabilize negatively-curved membranes, although recent work has indicated that certain ESCRT-IIIs also participate in positive-curvature membrane shaping reactions. ESCRT-IIIs polymerize into membrane-binding filaments, but the structural basis for negative versus positive membrane remodeling by these proteins remains poorly understood. To learn how certain ESCRT-IIIs shape positively-curved membranes, we determined structures of human membrane-bound CHMP1B-only, membrane-bound CHMP1B+IST1, and IST1-only filaments by electron cryomicroscopy. Our structures show how CHMP1B first polymerizes into a single-stranded helical filament, shaping membranes into moderate-curvature tubules. Subsequently, IST1 assembles a second strand upon CHMP1B, further constricting the membrane tube and reducing its diameter nearly to the fission point. Each

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Author Contributions

H.C.N. performed biochemical and cryoEM experiments and analysis. N.T. assisted with cryoEM experiments and analysis. J.M. contributed to experiments and discussions. A.S. performed optical trap experiments and analysis. F.R.M. performed SAXS experiments and analysis. J.H.I. contributed illustrations and animations as well as discussions. M. D. V., W.I.S., and A.F. supervised all work. H.C.N., W.I.S., and A.F. prepared the manuscript with input from all authors.

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Data Availability

CryoEM maps and models were deposited to the PDB and EMDB with the following codes: membrane-bound CHMP1B-only filament (PDB ID: 6TZ9, EMD-20590), membrane-bound right handed CHMP1B+IST1 filament (PDB ID: 6TZ4, EMD-20588), membrane-bound left handed CHMP1B+IST1 filament (PDB ID: 6TZ5, EMD-20589), IST1_{NTD}^{R16E/K27E} filament (PDB ID: 6TZA, EMD-20591).

Competing Interests

The authors declare no competing interests.

step of constriction, thins the underlying bilayer, lowering the barrier to membrane fission. Our structures reveal how a two-component, sequential polymerization mechanism drives membrane tubulation, constriction, and bilayer thinning.

Abstract

Report Summary statement

Further information on experimental design is available in the Nature Research Reporting Summary linked to this article.

Introduction

The Endosomal Sorting Complexes Required for Transport (ESCRT) belong to an evolutionarily conserved pathway that mediates membrane remodeling and fission events throughout the cell. The ESCRT machinery comprises staged complexes, including the early-acting ALIX, ESCRT-I, and -II factors and the late-acting ESCRT-III factors and VPS4 family of AAA ATPases. Early-acting factors bind to site-specific adaptors and then recruit the late-acting factors that constrict and sever the target membrane. First discovered for their role in the formation of multivesicular bodies (MVBs), ESCRT proteins serve essential functions in a range of cellular processes. Beyond MVBs, these processes include: cytokinetic abscission; egress of enveloped viruses; sealing holes in nuclear, endosomal, and plasma membranes^{1–8}; and in peroxisome biogenesis and function^{9,10}. ESCRT-III proteins primarily shape negatively-curved membranes, such as the necks of budding viruses or intraluminal vesicles, but we and others have shown that some ESCRT-III proteins can also stabilize positively-curved membranes^{11–14}. Despite their importance to the cell, the mechanisms that govern how ESCRT-III proteins assemble and catalyze membrane remodeling reactions—of either positive or negative membrane curvature—remain unclear.

Humans have 12 different ESCRT-III proteins that share a conserved secondary structure core, including helices $\alpha 1$ – $\alpha 5$. X-ray crystal structures of IST1 and CHMP3 revealed how these helices fold into a compact conformation referred to as a “closed” state^{15–17}. Other ESCRT-III proteins can adopt more elongated “open” states that can also polymerize^{15,18–20}. Structures of such open, elongated and assembled states are available for human CHMP1B¹³, *S. cerevisiae* Snf7²¹, and *D. melanogaster* Shrub²². ESCRT-III polymerization may be regulated by reversible switching between closed and open conformations. Such conformational transitions could be regulated by protein-protein interactions with nucleating factors like the early-acting ALIX or ESCRT-II factors, by membrane curvature²³, or by post-translation modifications, such as ubiquitination, which can sterically hinder membrane-binding or polymerization²⁴.

We previously reported a ~4 Å resolution electron cryomicroscopy (cryoEM) structure of a helical filament containing CHMP1B and IST1¹³. This copolymer structure was surprising as it consisted of two distinct strands: an inner strand of CHMP1B in an open conformation and an outer strand of IST1 in a closed conformation. The IST1 strand was tightly associated with the CHMP1B strand with 1:1 stoichiometry. The luminal cavity of the copolymer was strongly positively charged and capable of shaping negatively charged membranes into

positive-curvature membrane tubes in vitro and in vivo. Moreover, in vivo studies have shown that CHMP1B and IST1 co-localize with the VPS4 family member SPASTIN along positive membrane curvature surfaces at contact sites between lipid droplets and peroxisomes⁹ and along the surface of endosomal tubules^{12–14,25}. Knockdown of CHMP1B, IST1, or SPASTIN results in elongated endosomal tubules, altered endosomal trafficking, and downstream cellular protrusion phenotypes²⁶. Together, this growing literature supports the functional significance of positive membrane remodeling activities by these ESCRT-III proteins. To understand these new properties and roles for CHMP1B and IST1 better, and to define the still unknown structural mechanism by which any ESCRT-III protein interacts with lipid bilayers, we sought to understand how CHMP1B and IST1 work together to bind and constrict membranes.

Results

Structure of the membrane-bound CHMP1B filament

To learn how CHMP1B and IST1 remodel positively curved membranes, we sought to capture stable membrane-bound polymers composed of these proteins. We previously showed that incubating liposomes with CHMP1B led to the formation of membrane tubules coated with protein filaments¹³. To increase the yield and stability of these membrane tubules, we optimized the lipid composition and found that CHMP1B could remodel a variety of different liposome compositions into tubules. Two factors, in particular, enhanced the prevalence and stability of membrane-bound filaments for cryoEM analysis (Fig. 1a,d): 1) incorporation of polyunsaturated lipids (16:0–22:6 phosphocholine, SDPC) to increase membrane malleability^{27,28}; and 2) increasing the concentration of negatively charged phospholipids such as PI(3)P (phosphatidylinositol 3-phosphate), PI(3,5)P₂, or PI(4,5)P₂ to complement the highly basic charge of the CHMP1B lumen¹³. For our in-depth studies, we settled on liposomes containing 58 mol% SDPC / 18 mol% POPS / 18 mol% cholesterol / 6 mol% PI(3,5)P₂.

From this optimized lipid mixture, we first analyzed CHMP1B-only membrane tubes and found that they exhibited a range of diameters (~26–30 nm). This heterogeneity precluded high-resolution studies, but by sorting the tubes based on diameter, we were able to reconstruct a 28 nm diameter tube to ~6 Å resolution. This reconstruction unambiguously showed the open-state conformation of CHMP1B and the interconnected network of protomers within the single-stranded, right-handed filament (Fig. 1b,c, Extended Data Fig. 1, Table 1). Upon membrane tubulation, the membrane tube diameter, the distance between outer leaflet phosphate headgroups, narrows from >50 nm in the starting, spherical liposomes down to ~18 nm in the CHMP1B-constricted cylindrical state. The inner leaflet headgroups are separated by ~12 nm. Thus, the energy of CHMP1B self-assembly upon the membrane is sufficient to remodel low-curvature membrane spheres into moderate-curvature membrane cylinders.

Structures of left- and right-handed membrane-bound CHMP1B+IST1 filaments reveal highly constricted bilayers and filament flexibility

We next investigated the effect of sequentially adding IST1 to these filaments by cryoEM. Interestingly, from the same sample we were able to determine two 3D reconstructions of membrane-bound CHMP1B+IST1 filaments, corresponding to approximately equal populations of right- and left-handed helical filaments, to 3.2 Å and to 3.1 Å resolution, respectively (Fig. 1e,f, Extended Data Figs. 2,3, Table 1). The right-handed CHMP1B+IST1 copolymer is a one-start, double-stranded filament. The outer strand comprises IST1 in the closed conformation, and the inner strand comprises CHMP1B again in the open conformation¹³. The reconstruction also reveals a continuous and highly constricted bilayer within the lumen. The overall outer diameter of the double-stranded filament is 25 nm, slightly narrower than the membrane-bound CHMP1B-only filament. However, due to the presence of two protein strands, the distance between outer leaflet phosphate headgroups is reduced to 10.6 nm, and the distance between inner leaflet headgroups is just 4.8 nm (Fig. 1e). Thus, the sequential addition of IST1 was sufficient to drive constriction of the CHMP1B strand and the internal membrane, narrowing the luminal inner leaflet diameter from 12 nm down to 4.8 nm. The left-handed helical filament of the membrane-bound CHMP1B+IST1 copolymer is also a one-start, double-stranded filament. The left-handed copolymer is slightly more constricted, with an outer diameter of 24 nm and an inner leaflet distance of 4.4 nm (Extended Data Fig. 2a).

Previous work has documented that ESCRT-III filaments²⁹, like bacterial flagella³⁰, can adopt both left- and right-handed helical structures in cells. To understand the structural basis of this flexibility, we compared CHMP1B protomer conformations within the left-versus right-handed copolymers (Extended Data Fig. 2b,c). The overall root mean square deviation of the C α backbone (RMSD) between helices α 1- α 5 of CHMP1B protomers in the two filaments is 1.2 Å. However, the RMSD is smaller when only aligning either the N-terminal helices α 1- α 2 (~0.7 Å) or the C-terminal helices α 4- α 5 (~0.6 Å) (Extended Data Fig. 2b,c). Therefore, switching between a left- or right-handed filament can be achieved simply by a small change in the joint between helices α 2 and α 3 (Extended Data Fig. 2b,c).

The sequential assembly of the IST1 strand does not discriminate between the left- and right-handed filaments as IST1 mainly interacts with the C-terminal region of CHMP1B (Extended Data Fig. 4)³¹. Alignment of CHMP1B and IST1 heteroprotomers from the two reconstructions reveals an RMSD of 1.7 Å (Extended Data Fig. 4b), but if the alignment of IST1 is limited to the CHMP1B C-terminal region that constitutes the IST1 binding site (helices α 4- α 6), the RMSD falls to 0.7 Å (Extended Data Fig. 4c). Furthermore, the RMSD of single IST1 protomers or between “j” and “j+1” subunits between the two copolymers are only 0.5 Å and 0.6 Å, respectively (Extended Data Fig. 4d). Together, these reveal that there are no significant differences in how IST1 assembles around either the left- or right-handed filaments. The relative orientation of this CHMP1B C-terminal region is either pitched ‘up’ or ‘down’ based on the hinge between helices α 2- α 3, but these regions do not contribute to IST1 binding. We envision that as one turn of CHMP1B finishes a revolution, it will either continue polymerizing ‘above’ or ‘below’ the initiating subunit, and this choice will define the helical hand. Thus, it appears that a stochastic flexing between helices α 2- α 3 allows

either handedness to propagate. We did not observe left-handed helical polymers in our prior work on the lipid-free or the nucleic-acid templated copolymer structures, perhaps due to the different solution and nucleation conditions that promoted lipid-free polymerization^{13,31}. We also did not reconstruct a left-handed membrane-bound CHMP1B-only filament, but this likely reflects the limited dataset size and diameter variability.

The joint between CHMP1B helices $\alpha 3$ and $\alpha 4$ accommodates different curvatures

To understand how CHMP1B polymers adopt different curvatures, we examined how the CHMP1B conformation changes between the “moderate” constriction CHMP1B-only and the “high” constriction CHMP1B+IST1 filaments. In all reconstructions, a single CHMP1B protomer (“i”) interacts with eight other protomers in an interconnected network. Among these, helix $\alpha 5$ of the “i” subunit passes behind three neighboring subunits and binds the closed end of the $\alpha 1$ - $\alpha 2$ hairpin of the “i+4” subunit (Fig. 2a). Thus, CHMP1B subunits always interweave with the same protomers, regardless of the filament’s overall degree of curvature. There is little contact between neighboring turns of the CHMP1B filament in either state, suggesting that turns can slide past one another during constriction (Fig. 2b, Supplementary Videos 1–2).

We next compared the conformation of a CHMP1B protomer between the CHMP1B-only and the right-handed CHMP1B+IST1 membrane-bound structures (Fig. 2c). The RMSD of helices $\alpha 1$ - $\alpha 5$ is 2.4 Å between the two states. However, the RMSD drops to 1.1 Å when comparing only the N-terminal helices $\alpha 1$ - $\alpha 2$. Similarly, comparing just the C-terminal helices $\alpha 4$ - $\alpha 5$ lowers the RMSD to 1.5 Å. While there is again a small change in the angle between helices $\alpha 2$ - $\alpha 3$, the largest conformation difference is at the “elbow” between helices $\alpha 3$ - $\alpha 4$ (Fig. 2b,c). This flex in the elbow joint, when propagated across an entire turn of the helical assembly, leads to membrane constriction and also tubule elongation (Fig. 2d, Supplementary Videos 1–2). To confirm this tube elongation, we used holographic optical tweezers to hold traptavidin-coated beads and pull membrane tubes from giant unilamellar vesicles (GUVs), and then visualized changes in membrane tube lengths as a function of ESCRT-III addition. CHMP1B addition elongated the tubes slightly, and subsequent incorporation of IST1 produced even longer tubes (Extended Data Fig. 5, Supplementary Video 3). In agreement with our structural studies, tube elongation was dependent on CHMP1B, as the addition of IST1 alone did not induce membrane elongation (Supplementary Video 4).

Previous work has shown that other ESCRT-IIIs like CHMP2, CHMP3, and CHMP4 also form filaments with a wide range of curvatures^{32–34}. Owing to the high homology of the ESCRT-III core, we suggest that these proteins also have dynamic elbow joints that will accommodate changes in filament curvature. As noted above, there are minimal contacts between turns of CHMP1B to stabilize inter-turn interactions (Supplementary Video 2). Indeed, *in vivo* images of ESCRT-IIIs at different sites of action reveal conical spirals with significant gaps between turns^{34–36}. Thus, the inherent flexibility of ESCRT-III subunits could allow such loosely packed filaments to form with a range of diameters and helical pitches, and to slide past one another upon constriction.

IST1 polymerization drives constriction

To understand how IST1 induces constriction of CHMP1B-membrane filaments, we first docked two IST1 subunits (j and $j+1$) onto sequential CHMP1B protomers (i and $i+1$) of the moderate-curvature CHMP1B-only membrane, based on the CHMP1B-IST1 intersubunit interactions observed in the copolymer filaments (Fig. 3a). We then compared how the interactions between IST1 subunits would change between this ‘initial IST1 binding’ state and those observed in the CHMP1B+IST1 filaments (Fig. 3b,c). The IST1 $j+1$ subunit from the copolymer subunit swings closer ($\sim 8 \text{ \AA}$) to the j subunit when compared to the $j+1$ subunit from the initial IST1 binding state, adding 480 \AA^2 of buried surface area (BSA) (Supplementary Videos 5–6). This swing enables the formation of hydrogen bonds between IST1 residues D77 and R82 on helix $\alpha 3$ of the j subunit with R55 and E57 on helix $\alpha 2$ of the $j+1$ subunit (Fig. 3c). In contrast, IST1 subunits make only minimal contacts between adjacent turns (15 \AA^2 of BSA between the j and $j+18$ subunits and no contacts between the $j+1$ and $j+18$ subunits). Thus, interactions between the j and $j+1$ subunits along the IST1 strand provide the force that flexes the CHMP1B elbow and consequently constricts and elongates the filament. These sliding, lateral interactions to promote changes in filament architecture have also been observed for the yeast ESCRT-III proteins Snf7 and Vps24³⁷.

IST1 has recently been reported to induce constriction of ESCRT-III assemblies *in vitro*³⁸. To understand how IST1 polymerization could drive constriction, we determined a 3D reconstruction of a protein-only IST1 filament (Fig. 3d). We previously showed that an N-terminal construct of IST1 (residues 1–189) harboring R16E and K27E mutations (IST1_{NTD}^{R16E/K27E}) cannot co-assemble with CHMP1B as the mutations destabilize the CHMP1B-IST1 interface, but can still form tightly-packed homopolymeric helical tubes¹³. The IST1-only filaments were heterogeneous in diameter (~ 18 – 28 nm), with the majority of filaments narrower than the CHMP1B+IST1 copolymers (24 – 25 nm). We identified a major subset of IST1_{NTD}^{R16E/K27E} tubes that were $\sim 20 \text{ nm}$ wide and reconstructed this class to moderate resolution, revealing the secondary structure elements of closed-conformation IST1_{NTD} subunits (Extended Data Fig. 6). IST1_{NTD}^{R16E/K27E} forms a single-stranded, right-handed filament (Fig. 3d). In the absence of a membrane or CHMP1B, therefore, IST1 alone polymerizes into an even narrower helical assembly than either of the copolymers. Interestingly, the reconstruction of these IST1-only filaments revealed that IST1 always adopted the closed conformation, suggesting that IST1 may function exclusively in the closed state.

To understand how the arrangement of IST1 subunits between IST1-only and CHMP1B+IST1 filaments differ, we compared the interactions of IST1 subunits at the inter-turn interface between the copolymer (j , $j+1$, and $j+18$ subunits) and the IST1_{NTD}^{R16E/K27E} (j , $j+1$, and $j+14$ subunits) filaments. The RMSD between a protomer from the IST1_{NTD}^{R16E/K27E} filament and an IST1 protomer from the copolymer filament is $\sim 1 \text{ \AA}$, with minimal changes in the C α backbone. The j and $j+1$ contact that defines nearest-neighbor IST1-IST1 interactions is conserved in both structures, but the IST1 j and $j+1$ subunits swing slightly closer together ($\sim 2 \text{ \AA}$) in the IST1_{NTD}^{R16E/K27E} filaments (Fig. 3e). Propagation of this subtle change actually decreases the BSA between the j and $j+1$ subunits (from 480 \AA^2 to 340 \AA^2), but increases inter-turn contacts, which are predominantly made

by helix $\alpha 5$ of the $j+1$ subunit contacting helix αA of the $j+14$ subunit (220 \AA^2) and additional packing between the $j+1$ and $j+14$ subunits (100 \AA^2). This results in an overall increase of 165 \AA^2 of BSA at the inter-turn interface for the $\text{IST1}_{\text{NTD}}^{\text{R16E/K27E}}$ filament (Fig. 3e). Thus, unlike the constriction seen upon addition of IST1 to the CHMP1B filament, this second constriction step appears to be driven by inter-turn contacts.

We note that the inter-turn interactions involving the j and $j+14$ subunit in the IST1-only filament are unattainable in the CHMP1B+IST1 filament, as the presence of the CHMP1B helix $\alpha 6$, the MIT interacting motif (MIM), sterically blocks the IST1 j and $j+14$ packing (Extended Data Fig. 7). Intriguingly, the interaction between IST1 helix $\alpha 5$ and the CHMP1B MIM supports efficient assembly of the copolymer³¹. We speculate that modulation of this interface by the VPS4 family of ATPases could, in principle, regulate the degree of constriction achieved by the CHMP1B+IST1 filament.

The membrane bilayer thins and the inner leaflet compresses at high curvature

We also examined the consequences to the membrane as a function of increasing curvature stress (Fig. 4). In both copolymer reconstructions, helix $\alpha 1$ of CHMP1B faced the membrane, and the surface of the bilayer appeared to be “dimpled” by specific amino acids at this high curvature (Fig. 4a), to a much greater degree than seen in the CHMP1B-only reconstruction (Extended Data Fig. 8). Specifically, the conserved CHMP1B residues F9, F13, K16, and R20, which contribute to the membrane-facing surface of helix $\alpha 1$, comprise the closest protein-membrane interaction (Fig. 4b). Surprisingly, no residues appeared to insert deeply into the membrane. The mixed aromatic and cationic character of the CHMP1B region that most closely approaches the membrane does not suggest any lipid recognition specificity beyond net anionic charge, with the basic residues complementing the negatively charged membrane. It is somewhat surprising that the hydrophobic residues appear to remain hydrated at this degree of constriction, but we speculate that they may be poised to insert into the membrane (see below).

By measuring the peak-to-peak distances between the outer leaflet and inner leaflet phosphate headgroups, we observed a correlation between bilayer thinning and the degree of membrane constriction by CHMP1B and by CHMP1B+IST1. To determine the bilayer thickness of our initial, unconstricted bilayers, we performed small-angle X-ray scattering (SAXS) of our relaxed liposomes. This experiment yielded a thickness estimate of $38.6 \pm 0.6 \text{ \AA}$ (mean \pm s.d., Extended Data Fig. 9), consistent with previously published SAXS measurements of membranes composed primarily of SDPC³⁹. We compared this measurement with bilayer profiles from cryoEM 2D averages of segments of our liposomes, which yielded a thickness of $36.9 \pm 1.8 \text{ \AA}$, which is within the experimental uncertainty of the SAXS measurement (Fig. 4c,d). Upon constriction by CHMP1B alone, the bilayer compressed to $29.9 \pm 0.0 \text{ \AA}$. The sequential addition of IST1 led to further compression of the membrane to $28.6 \pm 0.1 \text{ \AA}$ and $28.4 \pm 0.1 \text{ \AA}$ for the right- and left-handed copolymers, respectively (Fig. 4c,d). In addition, the intensity of the inner leaflet increased as a function of constriction, with the ratio of inner to outer leaflet peak intensities of 1.08 ± 0.03 , 1.12 ± 0.01 , 1.40 ± 0.01 , and 1.46 ± 0.03 for the liposomes, moderate-constriction CHMP1B filaments, and the high-constriction right-handed and left-handed CHMP1B+IST1 filaments,

respectively (Fig. 4e). Thus, the lipid density in the inner leaflet increases significantly as the membrane tubule constricts towards the fission point.

In agreement with physical models of membrane behavior^{40,41}, our reconstructions indicate that the bilayer thins as the membrane is constricted (Fig. 4c,d) and that the outer leaflet headgroups separate while the inner leaflet headgroups become more crowded (Fig. 4e). To accommodate this thinning, the acyl chains from both leaflets likely become more disordered and less extended (Fig. 4f). It has also been suggested that curvature stress causes local lipid composition changes that increase the membrane line tension and promote fission^{42,43}. We speculate that these changes may lower the activation barrier for fission. With this specific lipid composition, however, the tubes remain stable with only a 4.2 nm gap between the inner leaflet headgroups across the lumen.

Discussion

A remaining central question is how ESCRT-III proteins work with their associated AAA ATPases to catalyze membrane constriction and, ultimately, membrane fission^{11,32,33,44–51}. Here, we show how CHMP1B and IST1 function sequentially to squeeze and thin the membrane, bringing it nearly to the fission point (Supplementary Video 7). Specifically, CHMP1B first binds and assembles into a flexible filament that wraps the target membrane into a moderate curvature tubule. CHMP1B flexibility allows for many degrees of filament curvature and handedness, which may explain how it and other ESCRT-III proteins can adopt a wide range of architectures. IST1 binding then drives CHMP1B to constrict the membrane even further, exploiting IST1-intersubunit interactions to form tighter and tighter turns. Lipid composition is also expected to play a role in this process, although our work does not address that issue directly.

Recent studies with yeast and human ESCRT-III proteins have explored the roles of staged or sequential ESCRT-III assembly and ATP-dependent forces. Subunit exchange by VPS4 can alter the filament geometry^{34,38} and may subsequently drive membrane fission⁵². Consistently, a simulation study also suggested that changes in ESCRT-III filament geometry drive membrane remodeling⁵¹. Our work reveals mechanistically how one filament architecture, CHMP1B, changes as the consequence of the assembly of an additional ESCRT-III filament, IST1. Binding of the second ESCRT-III onto an already polymerized strand induces conformational changes that alter the overall polymer. While VPS4 is not required for IST1 to further constrict CHMP1B filaments in our situation, ATP hydrolysis energy will be required for subunit exchange and may be necessary in other contexts and with other ESCRT-III family members³⁸. We note that in mammalian cells, depletion of SPASTIN, a microtubule severing enzyme within the meiotic clade of AAA ATPases (which also includes VPS4), has been shown to phenocopy loss-of-function perturbations of CHMP1B and IST1 by inducing formation of elongated endosomal tubules^{12,14,26}, suggesting it may also act on CHMP1B and IST1.

As part of this staged assembly mechanism, our reconstructions suggest that IST1 may drive CHMP1B into an even narrower constriction state during the fission step, and that this process could be regulated by meiotic clade AAA ATPases. Comparison of the CHMP1B

+IST1 and IST1-only filaments suggests that CHMP1B helix α 6 (MIM) may sterically limit the full potential of IST1 constriction. We therefore speculate that unfolding or displacement of the CHMP1B MIM could trigger further tightening of the double-stranded filament. Importantly, the CHMP1B MIM forms the binding site for the MIT domains of meiotic clade AAA ATPases^{53–55}, and MIT domain binding could therefore provide a mechanism for displacing this helix^{33,34,38,47}. Further constriction of the CHMP1B+IST1 filament might also push the two aromatic residues of CHMP1B helix α 1 (F9 and F13) from the hydrated surface layer, as seen in our structure, into the hydrophobic interior of the outer membrane leaflet, thereby further destabilizing the membrane, helping to drive lipid mixing, and promoting fission^{56,57}.

Recent *in vitro* studies of the yeast ESCRT-III proteins Vps2–Vps24–Snf7⁵⁰ and their human homologs⁵⁸ have also demonstrated positive curvature membrane remodeling activity – the same membrane orientation seen in our structures – despite their well-characterized negative membrane curvature deformation activity *in vivo*. While the significance of those *in vitro* observations remains to be fully elucidated, it appears that ESCRT-III assemblies are more versatile than previously realized. In support of this idea, IST1 is involved in both positive membrane curvature shaping reactions, as seen at lipid droplet-peroxisome contact sites⁹ and endosomal tubules^{12,14,26}, as well as negative membrane curvature reactions, such as cytokinetic abscission^{35,59,60}. Such curvature pliability may emerge from secondary membrane binding sites⁵⁰ that are either occluded or revealed upon co-assembly with different ESCRT-III partners. Alternatively, the membrane-binding interface for a given ESCRT-III could be invariant, but their ability to invaginate versus protrude a target membrane, to drive negative or positive membrane remodeling, could be dictated by the flexibility in their hinge regions, as we have observed for CHMP1B.

Methods

Protein Expression and Purification

The purification of the N-terminal domain of IST1 containing residues 1–189 (IST1_{NTD}) and the N-terminal IST1 R16E/K27E mutant (IST1_{NTD}^{R16E/K27E}) have been described previously¹³. CHMP1B residues 1–199 were cloned into an N-terminal 6xHis-SUMO fusion to yield a native N-terminus after removal of the purification tag. Two alleles of CHMP1B have been reported, 37K or 37E, and we saw that both alleles remodeled membranes and copolymerized with IST1 with indistinguishable activity. The CHMP1B 37E allele was used for subsequent studies and was expressed in LOBSTR-BL21 (DE3) cells⁶¹ in ZYP-5052 auto-induction media⁶². Cells were harvested and frozen at -80°C . All subsequent steps were performed at 4°C unless otherwise noted. Thawed cells were suspended in lysis buffer (50 mM Tris, pH 8, 500 mM NaCl, 10 mM Imidazole, 1 mM DTT, 5% (v/v) glycerol) and supplemented with lysozyme. Cells were lysed by sonication. Lysate was centrifuged at $30,000 \times g$ for 1 h, and the supernatant was filtered using a $0.45 \mu\text{m}$ membrane. Clarified lysate was loaded onto a gravity flow column with Ni-NTA resin (Qiagen), incubated for 1 hour, and washed extensively with lysis buffer. The fusion protein was eluted in lysis buffer supplemented with 400 mM imidazole. His-tagged ULP1 protease was added and then dialyzed into cleavage buffer (20 mM Tris pH 8.0, 150 mM NaCl, 1 mM DTT, 10 mM

imidazole) at room temperature overnight. The cleaved product was then applied again to Ni-NTA resin to remove the purification tag, uncleaved fusion protein, and the protease. CHMP1B was further purified by Superdex-75 16/60 size exclusion chromatography (GE Healthcare Life Sciences, USA) in size exclusion buffer (20 mM Tris, pH 7.4, 150 mM NaCl, 1 mM DTT).

Liposome Preparation

Stock lipid solutions (Avanti Polar Lipids) were resuspended in chloroform. To produce the liposomes, (18 mole% 16:0–18:1 phosphatidylserine (POPS), 58% 16:0–22:6 phosphatidylcholine (SDPC), 18% cholesterol, 6% PI(3,5)P₂ or equivalent phosphoinositide), 2 mg total lipid were dried in a glass vial at room temperature under streaming nitrogen with vortexing. The lipids were again re-dissolved in chloroform, dried under streaming nitrogen, and desiccated under house vacuum (at least 4 hours in darkness). The lipid films were dispersed in 1 ml buffer (25 mM Tris, pH 7.4, 150 mM NaCl, 2 mg/ml final concentration, 4 °C overnight with gentle rocking). Liposomes were freeze-thawed 10 times and then stored at –80 °C.

Membrane Remodeling Reactions

Membrane remodeling reactions were performed at room temperature with protein concentrations ranging from 5 – 15 μM and liposome concentrations ranging from 0.5 – 1 mg/ml in reaction buffer (20 mM Tris, pH 7.4, 150 mM NaCl). CHMP1B was incubated with liposomes overnight at room temperature. For membrane-bound CHMP1B reactions, these were then directly used for EM sample preparation. For samples including IST1, the sample was pelleted (13,000 × g, 5 mins), the supernatant was decanted to remove unbound CHMP1B, and the pellet was resuspended in reaction buffer with equimolar IST1_{NTD}. This was incubated for 10 mins and then subjected to EM sample preparation.

CryoEM Sample Preparation and Data Collection

3.5 μL of the membrane remodeling reactions were applied to glow-discharged R1.2/1.3 Quantifoil 200 Cu mesh grids (Quantifoil) in a Mark III Vitrobot (FEI). Grids were blotted with Whatman #1 filter paper (Whatman) for 4–8 seconds with a 0 mm offset at 19 °C and 100 % humidity before plunging into liquid ethane. Grids were stored under liquid nitrogen until samples were imaged for structural determination. Datasets were collected either on a 300 kV Technai Polara (membrane-bound CHMP1B+IST1 filaments), a 300 kV Titan Krios operating with an energy filter with a 20 eV slit (membrane-bound CHMP1B-only filaments), or a 200 kV Technai F20 (IST1-only filaments), all using a K2 Summit detector operated in super-resolution mode and binned by a factor of 2 for subsequent processing. Data collection parameters are summarized in Table 1.

EM Image Analysis and 3D Reconstructions

Structural biology applications used in this project were compiled and configured by SBGrid⁶³. All dose-fractionated image stacks were corrected for motion artifacts, 2x binned in the Fourier domain, and dose-weighted using MotionCor2⁶⁴. GCTF-v1.06⁶⁵ was used for contrast transfer function (CTF) estimation. Particles were selected manually using

RELION3 with helical processing⁶⁶, and subsequent steps were performed in RELION3 unless otherwise stated. Segments were extracted with ~90% overlap between boxes. Multiple rounds of 2D classification were performed to remove poor particles and to yield particles with a largely uniform diameter. For determination of the helical parameters for the CHMP1B-only or IST1_{NTD}^{R16E/K27E} filaments, SPRING⁶⁷ and the iterative helical real space refinement (IHRSR) algorithm⁶⁸ as implemented in SPIDER⁶⁹ were used. For the membrane-bound CHMP1B-only and IST1-only filaments, more than 15 helical symmetries were tested, but further processing revealed that only one set of helical parameters for each sample yielded interpretable secondary structure features. For the CHMP1B+IST1 filaments, the previously determined helical parameters were used as the initial values¹³. For all reconstructions, hollow, smooth cylinders were used as initial models for 3D auto-refine reconstructions with refinement of helical parameters and a central Z length of 40% of the particle box and the 'ignore CTFs until first peak' flag for CTF estimation was used. These particles then went through multiple rounds of 3D classification without alignment with 3–4 classes and T values varying from 2–10 and a protein-membrane mask. Selected particles then were subject to another 3D auto-refine reconstruction with per-particle CTF estimation correction within RELION3, followed by a final 3D auto-refine reconstruction. For the membrane-bound left-handed CHMP1B+IST1 reconstruction, initial 3D classification without alignment yielded a class with no discernable features. 2D classification of these particles still yielded class averages with secondary structure features. Refinement of the helical parameters by switching the sign of the twist was then able to generate a good initial 3D reconstruction that was further refined as above. Post-processing was performed using the masks from refinement with ad hoc B-factors applied. Refinement parameters are listed in Table 1.

Atomic Modeling and Validation

For the high-resolution CHMP1B+IST1 filaments, a single protomer of CHMP1B and IST1 from the previously determined structure were initially docked into the density with UCSF Chimera⁷⁰. The protomers were manually adjusted and rebuilt in *Coot*⁷¹ and then refined in phenix.real_space_refine⁷² using global minimization, morphing, secondary structure restraints, and local grid search. The refined protomers were then used to generate roughly two full turns manually in real space using UCSF Chimera. Noncrystallographic symmetry (NCS) constraints were then used through refinement in phenix.real_space_refine. Iterative cycles of manually rebuilding in *Coot* and phenix.real_space_refine, with previous strategies and additionally B-factor refinement, were performed. For the low resolution CHMP1B-only or IST1_{NTD} filaments, a similar procedure was performed but only roughly one turn was built and no B-factor refinement was performed in phenix.real_space_refine.

All final model statistics were tabulated using Molprobit⁷³ and summarized in Table 1. Map versus atomic model FSC plots and d99 scores were computed in PHENIX⁷⁴. All structural figures were generated with UCSF Chimera and PyMOL (<http://www.pymol.org>).

Real-time Imaging of Membrane Constriction

Lipid tube pulling and imaging were performed using a previously described holographic optical trapping setup possessing an independent fluorescent imaging capability⁷⁵. Briefly,

the setup included a custom-modified Eclipse Ti microscope (Nikon Instruments; Melville, NY), with a Nikon 100X, 1.49NA oil immersion objective, Sapphire 488 excitation laser (Coherent, Santa Clara, CA), and a DU897 camera (Andor Technology, Oxford Instruments, USA). All videos were recorded at 20 fps. Biotinylated giant unilamellar vesicles (GUVs) in Flow Buffer (50 mM Tris pH 8.0, 150 mM NaCl, 1 mM DTT,) were synthesized as previously described⁷⁶. Biotinylated silica beads (5 μm diameter, Si5u-BN-1, Nanocs, USA) were incubated with 10 μM traptavidin (Kerafast, USA) in PMEE buffer (35 mM PIPES, 5 mM MgSO₄, 1 mM EGTA, 0.5 mM EDTA, pH 7.2) for 30 min followed by two rounds of washing (centrifugation at 12,000 \times g for 2 minutes followed by supernatant removal and re-suspension of the pellet in 50 mM Tris buffer) to remove excess traptavidin. The beads were then mixed with GUVs and diluted as necessary to limit bead density to 1–3 beads in each 50 μm \times 50 μm field of view. The mixture was then applied to a flow cell and immediately subjected to experiments.

Membrane tubules were formed by capturing a bead in an optical trap, moving the trapped bead into contact with a GUV, and finally, upon attachment, moving the bead away from the GUV. The presence of a tubule was then assessed visually in real time. The GUVs were stabilized in place via other beads attached to their surface and held in independent holographically defined traps or via non-specific surface attachment. Proteins were introduced into the flow cell in a sequential manner: first 0.5 μM CHMP1B and then 0.5 μM IST1 (both in Flow Buffer). Lipids tubules were held perpendicular to flow direction during these buffer exchanges and the resulting tubule constrictions were recorded. Experiments with CHMP1B and IST1 in slightly different buffers (0.5 μM CHMP1B in 10 mM Tris pH 8.0, 100 mM NaCl 1 mM DTT or 0.5 μM IST1 in 50 mM Tris pH7.0, 350 mM NaCl, 5% (v/v) glycerol, 5 mM 2-mercaptoethanol) yielded similar results.

Small Angle X-ray Scattering

For small-angle X-ray scattering (SAXS) analysis, liposomes were formed by vortexing a dry lipid film (similar to liposome preparation as stated above) in water to yield a final lipid concentration of 15 mg/ml. Liposomes were extruded through a 100 nm-pore polycarbonate membrane, followed by extrusion through a 50 nm-pore polycarbonate membrane. Synchrotron SAXS data were collected at beamline 4–2 of the Stanford Synchrotron Radiation Lightsource (SSRL), Menlo Park, CA⁷⁷. The sample to detector distance was set to 1.1 m, and the X-ray wavelength used was $\lambda = 1.127 \text{ \AA}$ (11 keV). Using a Pilatus 3 \times 1M detector (Dectris Ltd, Switzerland) the setup covered a range of momentum transfer of $q \approx 0.017 - 1.17 \text{ \AA}^{-1}$ where q is the magnitude of the scattering vector, defined as $q = 4\pi \sin\theta / \lambda$, where θ is the scattering angle, and λ is the wavelength of the X-rays. Aliquots of 32 μl of freshly extruded vesicles were loaded onto the automated sample loader at the beamline. Consecutive series of thirty 2 s exposures were collected first from the buffer blank followed by the vesicle samples. Solutions were oscillated in a stationary quartz capillary cell during data collection to reduce the radiation dose per exposed sample volume. The collected data were radially integrated, analyzed for radiation damage and buffer subtracted using the automated data reduction pipeline at the beam line. To improve statistics and check for reproducibility, the measurements were repeated with different aliquots four times. As no

significant differences were found between the repeat measurements, the different data sets were averaged together.

The buffer-subtracted and averaged data were fit using a model for unilamellar vesicles⁷⁸ as previously described⁷⁹. The electron density profile of the bilayer is approximated by three Gaussian peaks corresponding to the inner and outer phosphate peaks and a negative peak at the center for the hydrocarbon region. The following Equation 1 was used to fit the data:

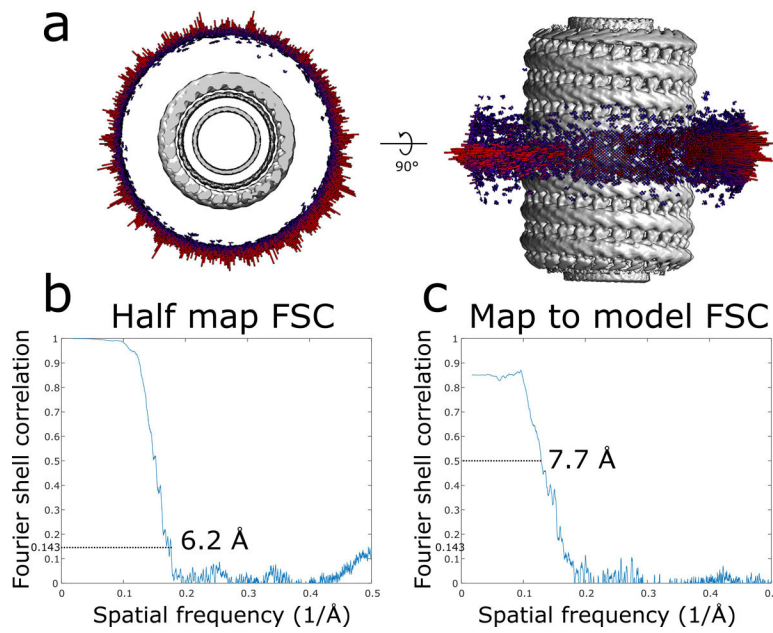
$$I(q) = I_0 q^{-2} \sum_{i,j}^{n=3} (R_0 + \epsilon_i)(R_0 + \epsilon_j) \rho_i \rho_j \sigma_i \sigma_j \exp[-q^2(\sigma_i^2 + \sigma_j^2)/2] \cos[q(\epsilon_i - \epsilon_j)] + a_0 + a_1 q \quad (1)$$

where R_0 is the mean radius of the vesicle measured from the center of the bilayer, ϵ is the peak displacement from the bilayer center, σ the Gaussian width of the peak and ρ is its amplitude. I_0 is the overall intensity of the measured profile. A background term was added, consisting of a constant a_0 and a linear term a_1 , to take into account the contribution from possible lateral correlations between the lipids. The measured data were fit in the q -region between $q = 0.02 - 0.6 \text{ \AA}^{-1}$ (depicted as blue colored points in Extended Data Fig. 9). First, the data were fit using a simulated annealing routine, and the results were then further optimized using a non-linear least square algorithm, both by using code from the open source GNU scientific library project (<https://www.gnu.org/software/gsl/>). The final fit parameters including the final χ^2 value of the fits and the resulting bilayer thickness (measured as distance between the inner and outer leaflet peak positions) are summarized in Extended Data Fig. 9.

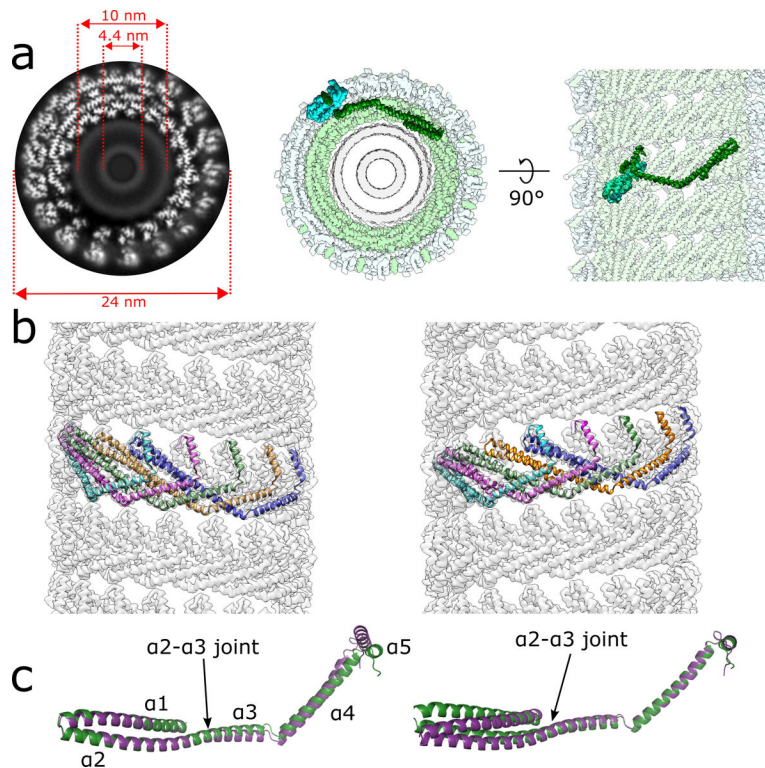
Image Analysis of Membrane Bilayer

To determine the bilayer thickness and relative intensity of inner and outer leaflets, Fiji⁸⁰ was used. The cryoEM half maps from the C1 reconstructions were each low-pass filtered to 8 \AA , summed along the central 40% along the Z-axis, and the maps were radially averaged using the Radial Profile Extended plugin (Carl, P., <http://questpharma.u-strasbg.fr/html/radial-profile-ext.html>) to determine the intensities as a function of radius, resulting in two measurements per reconstruction. 2D averages of liposomes ($n=6$) were low pass filtered to 20 \AA , parameters for a circle that defined the 2D average were determined, and a wedge that best covered the image was then used to calculate the intensities. For all resulting plots, the radial intensities were normalized to the peak intensity of the inner leaflet peak and then fit to a three Gaussian model (O'Haver, T. [https://terpconnect.umd.edu/~7Etoh/spectrum/ CurveFittingC.html](https://terpconnect.umd.edu/~7Etoh/spectrum/CurveFittingC.html)) similar to the SAXS measurements. The model was minimized by a non-linear least square algorithm and the fit errors between the data and models ranged from 1.45%–3.30% with R^2 values from 0.996–0.999. The local maxima for the headgroups were used to determine the bilayer thickness and inner/outer leaflet intensity ratios.

Extended Data

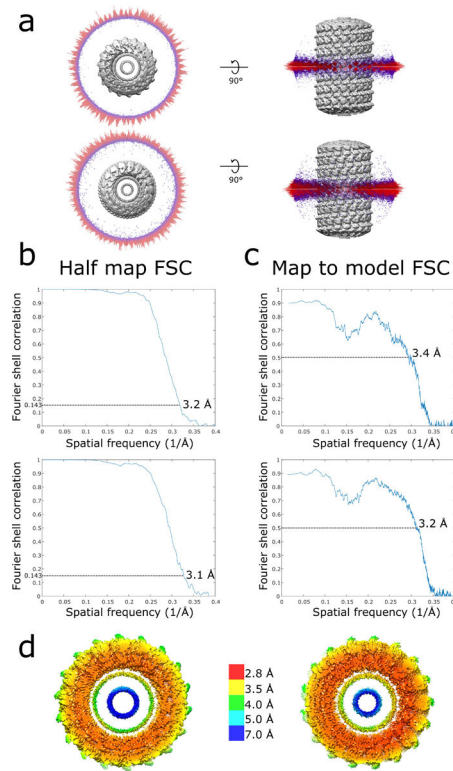


Extended Data Fig. 1. CryoEM validation of membrane-bound CHMP1B-only filament.
a, Angular distribution of the membrane-bound CHMP1B filament. **b**, Half map Fourier shell correlation (FSC) of the membrane-bound CHMP1B filament. **c**, Map to model FSC of the membrane-bound CHMP1B filament.



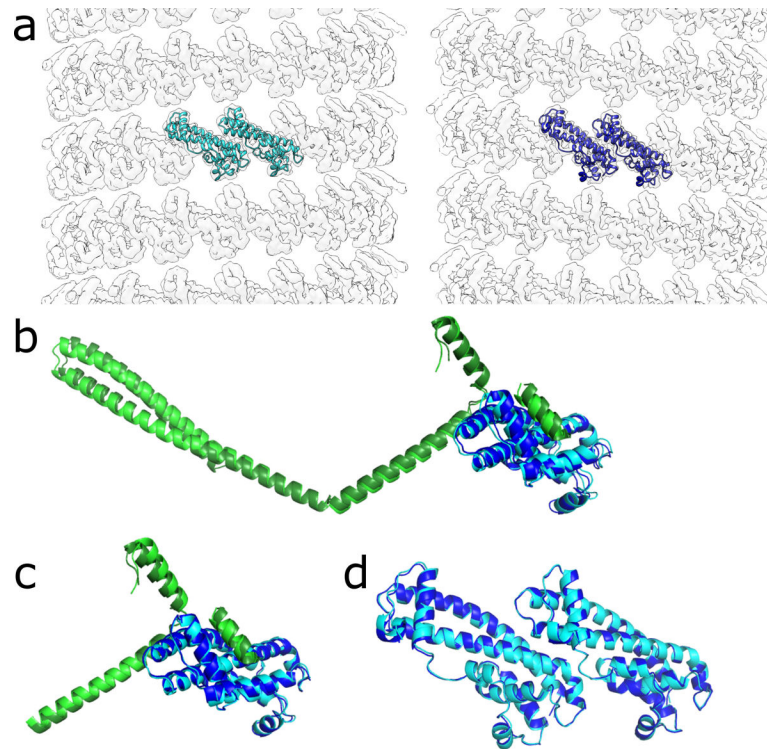
Extended Data Fig. 2. CryoEM reconstruction of the membrane-bound CHMP1B+IST1 filament at higher curvature and comparison of left- and right-handed CHMP1B+IST1 filaments.

a. CryoEM 3D reconstruction of the membrane-bound left-handed CHMP1B+IST1 filament. End-on view down the helical axis in grey-scale (left) or colored (middle). Right, internal view looking outward from the membrane surface along the helical axis. IST1 protomers (cyan) bind to the exterior of CHMP1B (green), leading to constriction of the membrane (grey). IST1 and CHMP1B promoters are highlighted in dark cyan and green, respectively. Diameters of the entire tube and membrane leaflet peak-to-peak distances are annotated. **b.** Electron density maps of CHMP1B from the left-handed (left) or right-handed (right) membrane-bound CHMP1B+IST1 filaments. Five copies of CHMP1B are shown as ribbons. **c.** Superposition of a CHMP1B protomer from the left-handed (purple) and right-handed (green) CHMP1B+IST1 filaments aligned to the CHMP1B N-terminal $\alpha 1$ - $\alpha 2$ helices (left) or C-terminal $\alpha 4$ - $\alpha 5$ helices (right).



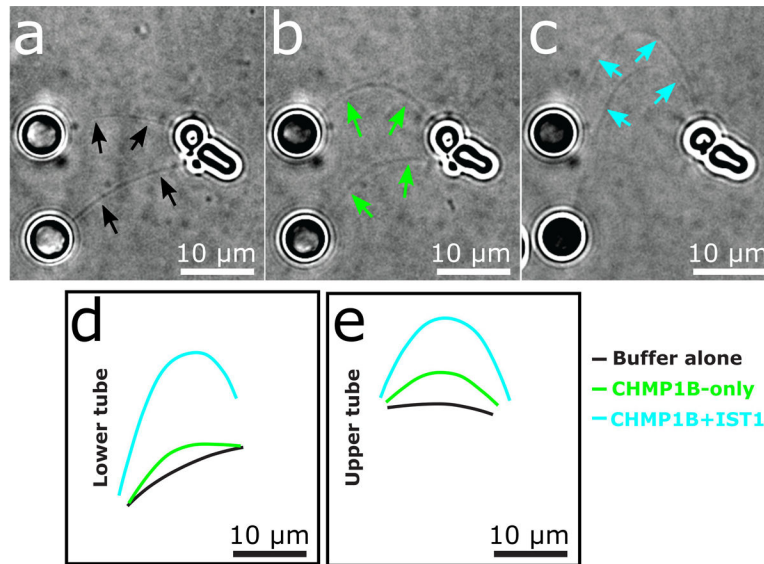
Extended Data Fig. 3. Local resolution estimates and cryoEM validation of membrane-bound CHMP1B+IST1 filaments.

a, Angular distribution of right-handed (top) and left-handed (bottom) membrane-bound CHMP1B+IST1 filaments. **b**, Half map FSCs of right-handed (top) and left-handed (bottom) CHMP1B+IST1 filaments. **c**, Map to model FSCs right-handed (top) and left-handed (bottom) CHMP1B+IST1 filaments. **d**, Local resolution estimates of right-handed (left) and left-handed (right) CHMP1B+IST1 filaments.



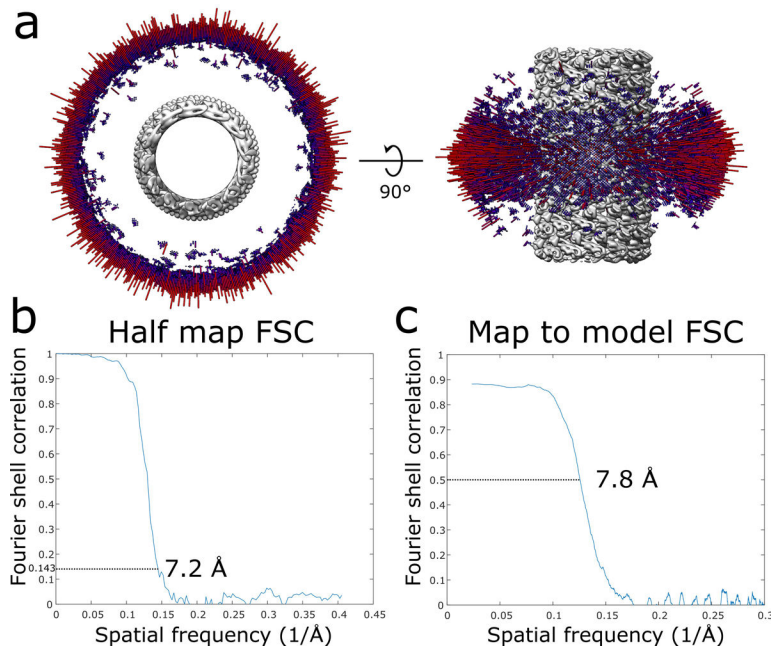
Extended Data Fig. 4. IST1 does not discriminate between left- or right-handed CHMP1B filaments.

a. Electron density maps of the IST1 strands from the right-handed (left) or left-handed (right) membrane-bound CHMP1B+IST1 filaments. Two subunits of IST1 are shown as ribbons. **b.** Superposition of CHMP1B and IST1 protomers from the right-handed (dark green and dark blue, respectively) and left-handed (light green and cyan, respectively) CHMP1B+IST1 filaments. **c.** Superposition as in (b) but only with the C-terminal region of CHMP1B and IST1. **d.** Superposition of two subunits of IST1 from the right- or left-handed copolymers from (a).

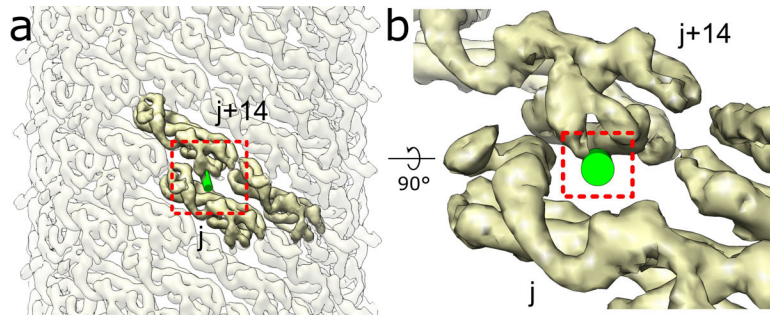


Extended Data Fig. 5. Real-time monitoring of CHMP1B and IST1 membrane constriction and elongation.

a-c, Still images representing deformation of two membrane tubes due to transverse flow of (a) buffer alone, (b) then 0.5 μM CHMP1B, (c) and a final addition of 0.5 μM IST1. Solid arrows in (a-c) highlight tubule locations. **d-e**, Contours of lower (d) and upper (e) membrane tubes extracted from panels (a-c) showing the extension of the tubes upon addition of CHMP1B and IST1.



Extended Data Fig. 6. CryoEM validation of the IST1NTDR16E/K27E filament.
a, Angular distribution of the IST1_{NTD}^{R16E/K27E} filament. **b**, Half map FSC of the IST1_{NTD}^{R16E/K27E} filament. **c**, Map to model FSC of the IST1_{NTD}^{R16E/K27E} filament.



Extended Data Fig. 7. Steric clashing between the CHMP1B MIM and inter-turn IST1 subunits would prevent IST1 from achieving its preferred curvature in the copolymer.

a, External view of the $IST1_{NTD}^{R16E/K27E}$ filament with one CHMP1B MIM (shown as a green cylinder) docked onto the $IST1_{NTD}^{R16E/K27E}$ j subunit. b, Zoomed in view of boxed area in (a) highlighting how the CHMP1B MIM clashes with the $IST1$ j+14 subunit.

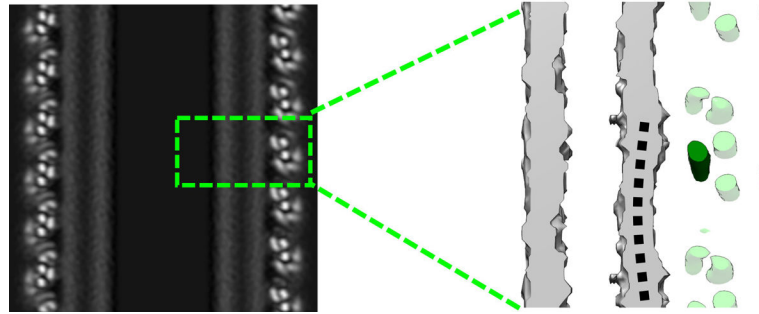
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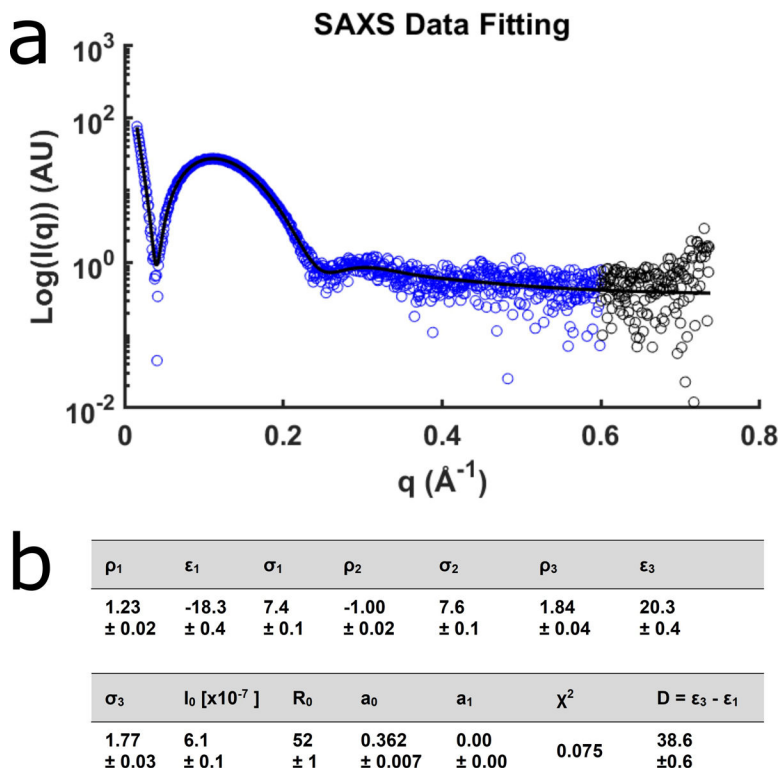
CHMP1B-only



Extended Data Fig. 8. Subtle deformations in the outer leaflet observed in the moderately constricted CHMP1B-only filaments.

Left, central slice along the helical axis of the membrane-bound CHMP1B-only tubule.

Right, zoomed view of boxed area in left showing very little dimpling in the outer leaflet (black dashed curved line) of the bilayer. A CHMP1B helix $\alpha 1$, which sits against the membrane, is highlighted in dark green.



Extended Data Fig. 9. SAXS analysis of liposomes and calculation of bilayer thickness.
a, The small angle scattering intensities for protein-free unilamellar vesicles used in this study. The black line represents the fit to the model. The blue data points were used for fitting. **b**, Fit results for the liposomes and the resulting thickness, D (Å). The bilayer center, ϵ_2 , was fixed at 0, and the magnitude of the central peak, ρ_2 , was fixed at -1 . Data are mean \pm s.d.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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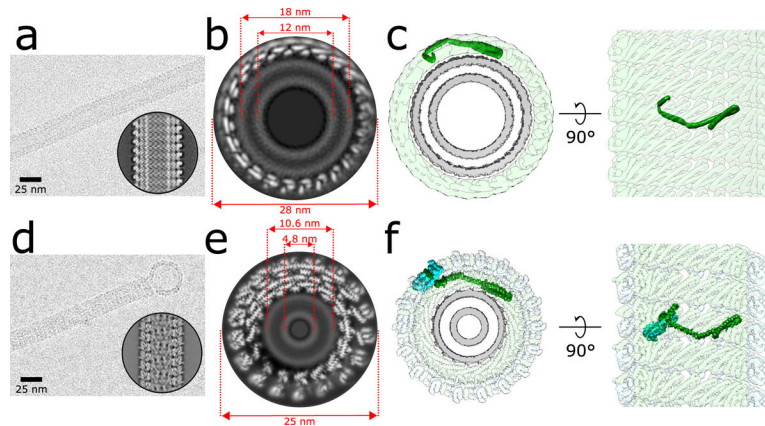


Fig. 1. CHMP1B and IST1 sequentially constrict membrane tubes.

a, CryoEM micrograph of a membrane-bound CHMP1B tubule. Scale bar: 25 nm. Inset, representative 2D class average. **b**, A grey-scale slice looking down the helical axis of the 3D cryoEM reconstruction of the membrane-bound CHMP1B filament. Diameters of the entire tube and the membrane leaflet peak-to-peak distances are annotated. **c**, Left, surface representation of the same end-on view as in (b) down the helical axis. CHMP1B (green) coats the exterior of the membrane bilayer (grey). A CHMP1B protomer is highlighted in dark green. Right, internal view looking outward from the surface of the membrane. **d**, IST1 further constricts the CHMP1B-membrane filament nearly to the hemifission point. CryoEM micrograph of a membrane-bound CHMP1B+IST1 filament with a vesicle protruding from the end. Scale bar: 25 nm. Inset, representative 2D average. **e**, A grey-scale slice looking down the helical axis of the 3D cryoEM reconstruction of the membrane-bound, right-handed CHMP1B+IST1 filament. Diameters of the entire tube and membrane leaflet peak-to-peak distances are annotated. **f**, Left, surface representation of the same end-on view as in (e) down the helical axis. Right, internal view looking outward from the surface of the membrane. IST1 protomers (cyan) bind to the exterior of CHMP1B (green), leading to constriction of the membrane (grey). IST1 and CHMP1B promoters are highlighted in dark cyan and dark green, respectively.

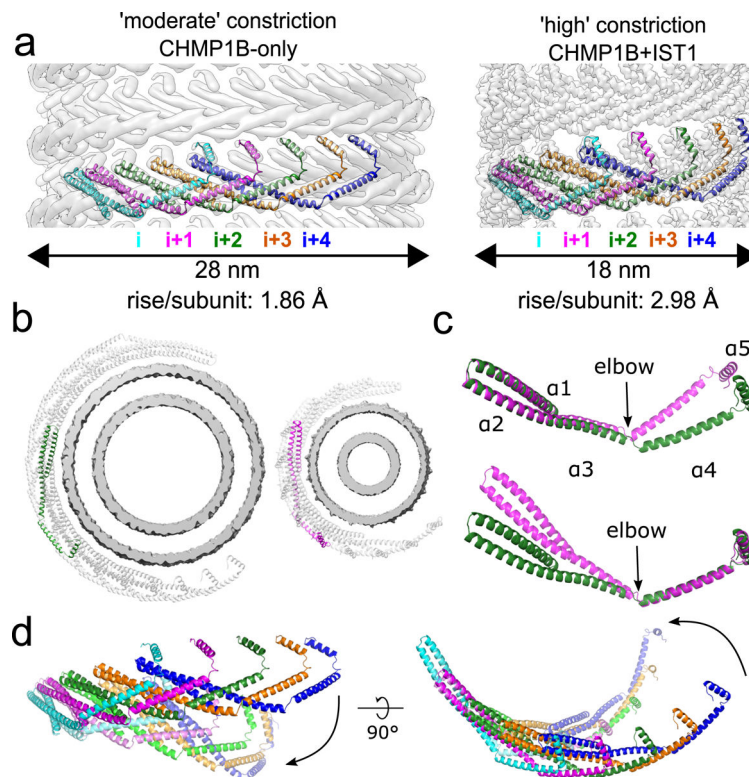


Fig. 2. CHMP1B interlocks in the same arrangement in all structures and flexes at the $\alpha 3$ - $\alpha 4$ elbow to accommodate different curvatures.
a. CryoEM density maps of CHMP1B from the membrane-bound CHMP1B (left) or right-handed CHMP1B+IST1 (right) filaments. Five interlocked copies of CHMP1B are shown as ribbons. The C-terminal helix $\alpha 5$ of the i protomer always engages helices $\alpha 1$ - $\alpha 2$ of the $i+4$ protomer. The rise per subunit for each helical filament is denoted. **b.** Comparison of arc curvatures of CHMP1B across the two filaments. Top-down views of half a turn of CHMP1B subunits are shown for either the CHMP1B (left) or CHMP1B+IST1 (right) membrane filaments. The membrane bilayers are shown in grey and the central promoters are shown in green and magenta for the respective filaments. **c.** Superposition of a CHMP1B protomer from the CHMP1B (green) and CHMP1B+IST1 (magenta) filaments aligned to the CHMP1B N-terminal helices $\alpha 1$ - $\alpha 2$ (top) or C-terminal helices $\alpha 4$ - $\alpha 5$ (bottom). The biggest conformational change occurs at the elbow joint. **d.** Superposition of 5 consecutive subunits (colored from left to right in cyan, magenta, green, orange, and blue) of CHMP1B from the CHMP1B (opaque) and the CHMP1B+IST1 (semi-transparent) filament. The respective first protomers from each are aligned as in (c).

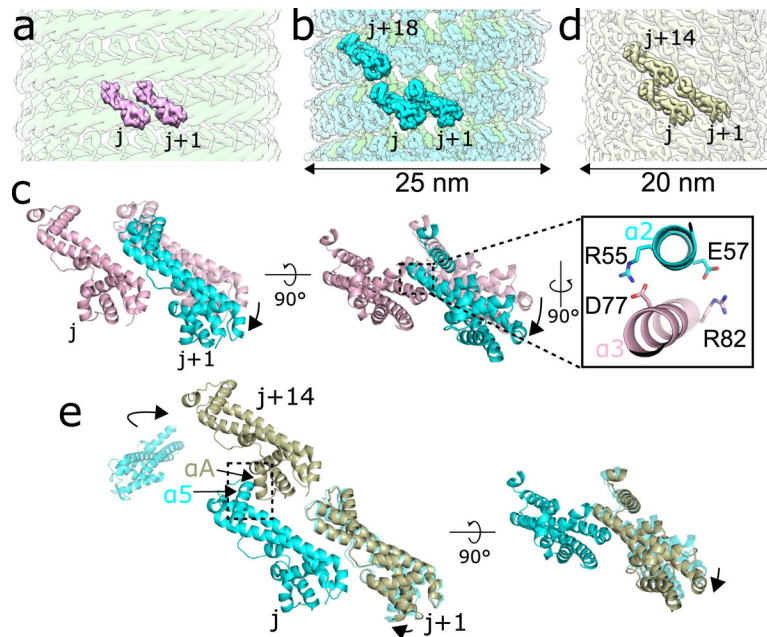


Fig. 3. IST1 polymerization drives constriction of the CHMP1B+IST1 filament.
a, Model of two IST1 subunits (j, j+1), colored pink, initially binding onto the CHMP1B filament (green). **b**, CryoEM reconstruction of the right-handed CHMP1B+IST1 filament, with CHMP1B and IST1 in green and cyan, respectively. Three IST1 subunits (j, j+1, j+18) are highlighted. **c**, Superposition of the j and j+1 IST1 subunits from (a) and (b), with the j subunits used for alignment. (Inset), new electrostatic interactions between helix $\alpha 3$ (pink) from the j subunit and helix $\alpha 2$ (cyan) from the j+1 subunit help stabilize intra-IST1 contacts to drive constriction. **d**, CryoEM 3D reconstruction of the $IST1_{NTD}^{R16E/K27E}$ filament (bronze). Three IST1 subunits (j, j+1, j+14) are highlighted. **e**, Superposition of the j, j+1, and j+14 subunits from the $IST1_{NTD}^{R16E/K27E}$ filament in (d) with IST1 subunits from the CHMP1B+IST1 filament in (b). Protomers were aligned by the j subunit. The boxed area highlights helix $\alpha 5$ of the j subunit and helix αA from the j+14 subunit driving inter-turn interactions.

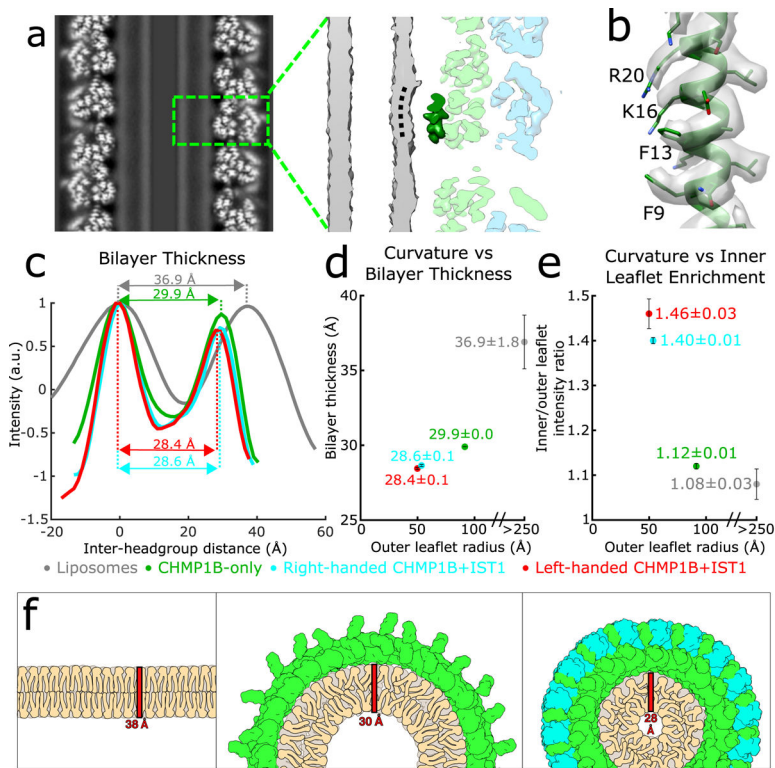


Fig. 4. The bilayer thins and the inner leaflet crowds under high curvature in the CHMP1B +IST1 filament.

a, The outer leaflet dimples under extreme curvature in the membrane-bound CHMP1B +IST1 filament. Left, central slice along the helical axis of the CHMP1B+IST1 tubule. Right, zoomed view of boxed area in left showing CHMP1B dimpling (black dashed curved line) in the outer leaflet of the bilayer. A CHMP1B helix $\alpha 1$ sitting at the membrane is highlighted in dark green. **b**, CryoEM density map and model of CHMP1B helix $\alpha 1$ from (a). The residues involved in membrane binding are labeled. **c**, Intensity plots of membrane bilayer thickness for liposomes only (from 2D class averages, colored in grey), membrane-bound CHMP1B (green), and right- or left-handed membrane-bound CHMP1B+IST1 filaments (cyan and red respectively) as determined by cryoEM. The bilayer thickness is labeled for each. Intensities were normalized to the peak intensity of the inner leaflet. **d**, Plot of membrane thickness as a function of radius of the outer leaflet. The dots are colored as in (left). **e**, The inner membrane density increases as a function of curvature. Plot of ratio of inner leaflet to outer leaflet peak intensity as a function of radius of the outer leaflet. Dots are labeled as in (c). For (c-e), data are mean \pm s.d. and the liposome values were determined from 2D averages ($n=6$) while the others were determined from half maps from each 3D reconstruction ($n=2$). **f**, Schematic illustration of lipid behavior as the bilayer is remodeled from planar (left), to moderate curvature by CHMP1B (middle), to high curvature by CHMP1B+IST1 (right). The outer leaflet headgroups spread out, while the inner leaflet headgroups crowd and the aliphatic tails become more disordered and therefore less extended.

Table 1.

CryoEM data collection, refinement and validation statistics

	Membrane-bound CHMP1B-only (EMD-20590, PDB 6TZ9)	Membrane-bound CHMP1B+IST1, right handed (EMD-20588, PDB 6TZ4)	Membrane-bound CHMP1B+IST1, left handed (EMD-20589, PDB 6TZ5)	IST1-only (EMD-20591, PDB 6TZA)
Data collection and processing				
Magnification	105,000	31,000	31,000	29,000
Voltage (kV)	300	300	300	200
Electron exposure (e ⁻ /Å ²)	45	44	44	53
Defocus range (µm)	-0.2 to -1.9	-0.5 to -3.0	-0.5 to -3.0	-1.0 to -3.2
Pixel size (Å)	1.345	1.2156	1.2156	1.234
Refined helical symmetry	13.86°, 1.86 Å	20.02°, 2.96 Å	-20.77°, 3.06 Å	26.85°, 3.0 Å
Point group symmetry	C1	C1	C1	C1
Initial particle images (no.)	160,258	388,115	388,115	120,165
Final particle images (no.)	9,661	66,149	57,915	4,556
Map resolution (Å)	6.2	3.2	3.1	7.2
FSC threshold	0.143	0.143	0.143	0.143
Map resolution range (Å)		2.8 to 7	2.8 to 7	
Refinement				
Initial model used (PDB code)	De novo	De novo	De novo	De novo
Model resolution (Å)	7.7	3.4	3.2	7.8
FSC threshold	0.5	0.5	0.5	0.5
Map sharpening <i>B</i> factor (Å ²)	-50	-25	-25	-50
Model composition				
Nonhydrogen atoms	32,890	99,216	93,500	19,432
Protein residues	4,238	12,852	12,104	2,534
<i>B</i> factors (Å²)				
Protein	N/A *	68	60	N/A *
R.m.s. deviations				
Bond lengths (Å)	0.006	0.011	0.005	0.007
Bond angles (°)	0/816	0.828	0.863	1.15
Validation				
MolProbity score	1.55	1.17	1.14	1.61
Clashscore	10.73	3.82	7.29	5.48
Poor rotamers (%)				
Ramachandran plot				
Favored (%)	98.76	98.58	98.86	95.53
Allowed (%)	1.24	1.42	1.14	4.47
Disallowed (%)	0	0	0	0

* The resolutions of the maps are insufficient to determine these values