

UCSF

UC San Francisco Previously Published Works

Title

Accuracy of carboxyhemoglobin detection by pulse CO-oximetry during hypoxemia.

Permalink

<https://escholarship.org/uc/item/5vr303bj>

Journal

Anesthesia & Analgesia, 117(4)

Authors

Au, Paul

Eilers, Helge

Bickler, Phil

et al.

Publication Date

2013-10-01

DOI

10.1213/ANE.0b013e31828610a0

Peer reviewed



HHS Public Access

Author manuscript

Anesth Analg. Author manuscript; available in PMC 2015 June 22.

Published in final edited form as:

Anesth Analg. 2013 October ; 117(4): 847–858. doi:10.1213/ANE.0b013e31828610a0.

Accuracy of Carboxyhemoglobin Detection by Pulse CO-Oximetry During Hypoxemia

John R. Feiner, MD [Professor],

Department of Anesthesia and Perioperative Care, University of California, San Francisco, California. Contribution: Participated in designing and conducting the studies. Recorded and analyzed the data. Prepared the manuscript. Attestation: John Feiner approved the final manuscript. John Feiner attests to the integrity of the original data and the analysis reported. John Feiner is the archival author

Mark D. Rollins, MD, PhD [Associate Professor],

Department of Anesthesia and Perioperative Care, University of California, San Francisco, California. Contribution: Participated in performing studies and revision of manuscript. Attestation: Mark Rollins read and approved the final manuscript

Jeffrey Sall, MD, PhD [Assistant Professor],

Department of Anesthesia and Perioperative Care, University of California, San Francisco, California. Contribution: Participate in performing studies and revision of manuscript. Attestation: Jeffrey Sall read and approved the final manuscript

Helge Eilers, MD [Associate Professor],

Department of Anesthesia and Perioperative Care, University of California, San Francisco, California. Contribution: Participate in performing studies and revision of manuscript. Attestation: Helge Eilers read and approved the final manuscript

Paul Au, BS [Study Coordinator], and

Department of Anesthesia and Perioperative Care, University of California, San Francisco, California. Contribution: Recruited study subjects, participated in data collection. Attestation: Paul Au read and approved the final manuscript

Philip E. Bickler, MD, PhD [Professor]

Department of Anesthesia and Perioperative Care, University of California, San Francisco, California. Contribution: Participated in designing and conducting the studies, and revising manuscript. Attestation: Philip Bickler read and approved the final manuscript. Philip Bickler attests to the integrity of the original data and the analysis reported

John R. Feiner: feinerj@anesthesia.ucsf.edu; Mark D. Rollins: rollinsm@anesthesia.ucsf.edu; Jeffrey Sall: sallj@anesthesia.ucsf.edu; Helge Eilers: eilersh@anesthesia.ucsf.edu; Paul Au: aup@anesthesia.ucsf.edu; Philip E. Bickler: bicklerp@anesthesia.ucsf.edu

Corresponding Author: John R. Feiner, MD, Department of Anesthesia and Perioperative Care, University of California, San Francisco, California, 521 Parnassus, San Francisco, CA 94143-0648, 415-476-8624, 415-476-9516, feinerj@anesthesia.ucsf.edu.
Name of Department(s) and Institution(s): Department of Anesthesia and Perioperative Care, University of California, San Francisco, California

IRB: Committee on Human Research, University of California, San Francisco, Phone: 415-476-1814, Fax: 415-502-1347, chr@ucsf.edu, Box 0962

Conflicts of Interest: None.

Abstract

Background—Carbon monoxide poisoning is a significant problem in most countries, and a reliable method of quick diagnosis would greatly improve patient care. Until the recent introduction of a multi-wavelength “pulse CO-oximeter” (Masimo Rainbow SET® Radical-7), carboxyhemoglobin (COHb) levels in blood required blood sampling and laboratory analysis. The purpose of this study was to determine if hypoxemia, which can accompany carbon monoxide poisoning, interferes with the accurate detection of COHb.

Methods—Twelve healthy non-smoking adult volunteers were fitted with 2 standard pulse oximeter finger probes and 2 Rainbow probes for COHb detection. A radial arterial catheter was placed for blood sampling during three interventions: 1) increasing hypoxemia in incremental steps with oxygen saturations (SaO₂) of 100-80%; 2) normoxia with incremental increases in %COHb to 12%; and 3) elevated COHb combined with hypoxemia with SaO₂ of 100-80%. Pulse oximeter readings (SpCO) were compared with simultaneous arterial blood values at the various increments of hypoxemia and carboxyhemoglobinemia (≈25 samples per subject). Pulse CO-oximeter performance was analyzed by calculating the mean bias (SpCO – %COHb), standard deviation of the bias (precision), and the root mean square error (A_{rms}).

Results—The Radical 7 accurately detected hypoxemia with both normal and elevated levels of COHb (bias mean ± SD: 0.44 ± 1.69% at %COHb < 4%, and -0.29 ± 1.64% at %COHb ≥ 4%, *P* < 0.0001, and A_{rms} 1.74% vs. 1.67%). COHb was accurately detected during normoxia and moderate hypoxia (bias mean ± SD: -0.98 ± 2.6 at SaO₂ ≥ 95%, and -0.7 ± 4.0 at SaO₂ < 95%, *P* = 0.60, and A_{rms} 2.8% vs. 4.0%), but when SaO₂ fell below ~85%, the pulse CO-oximeter always gave low signal quality errors and did not report SpCO values.

Conclusions—In healthy volunteers, the Radical 7 pulse CO-oximeter accurately detects hypoxemia with both low and elevated COHb levels, and accurately detects carboxyhemoglobin, but only reads SpCO when SaO₂ is greater than about 85%.

Introduction

Carbon monoxide (CO) is a leading cause of unintentional poisoning deaths in the United States. Accidental, non-fire-related CO poisoning is responsible for approximately 15,000 emergency department visits and nearly 500 deaths annually,¹ with as many as 50,000 total emergency department visits for all causes of CO poisoning.² Until the introduction of pulse CO-oximetry (e.g. Masimo Rainbow® pulse oximeters), the detection of CO poisoning required laboratory analysis of a blood sample. Therefore, significant CO poisoning can be missed if not suspected³⁻⁵, with diagnosis and treatment delayed while awaiting laboratory measurement.³ Standard pulse oximetry (SpO₂) does not detect carboxyhemoglobin (COHb), and SpO₂ readings may remain within normal ranges in spite of severely decreased oxygen carrying capacity, dropping only at very high COHb levels.⁶

The Masimo Rainbow SET® Radical 7 Pulse CO-Oximeter (Masimo Corp, Irvine CA) uses 7 wavelengths of light, to measure levels of both methemoglobin (SpMet) and carboxyhemoglobin (SpCO). In a prior study on healthy volunteers, an early version of the Radical 7 oximeter yielded inaccurate results when hypoxemia was combined with elevated methemoglobin (MetHb), producing errors in both MetHb accuracy and false indications of

highly elevated COHb levels.⁷ The errors in MetHb detection during hypoxia were subsequently corrected.⁸

Studies on healthy volunteers have demonstrated acceptable accuracy of the Masimo pulse CO-oximeter for detecting COHb during normoxia^{9,10}, although observations in patients revealed limits of agreement exceeding 10%.¹¹⁻¹³ To date, no study has examined the effect of hypoxia on COHb measurements with pulse CO-oximetry. Since hypoxemia may occur simultaneously with carbon monoxide poisoning, particularly in fires with smoke inhalation,¹⁴ this issue is clinically important. Currently, the United States Food and Drug Administration (FDA) does not have standards of accuracy for detection of elevated COHb during simultaneous hypoxemia, although the current device is approved clinically for continuous noninvasive monitoring of SpO₂, SpCO and SpMet. Therefore, we studied the accuracy of Masimo pulse CO-oximeter detection of COHb during both normoxia and during hypoxemia.

Methods

The University of California at San Francisco Committee on Human Research approved the study, and all subjects gave informed written consent. The pool of subjects were healthy non-smoking men and women, from 18 to 49 years of age, willing to volunteer for the study for a nominal payment. The selected group of subjects was gender and ethnically balanced, following the United States Food and Drug Administration (FDA) requirements for standard studies of pulse oximeter accuracy. The final group included 12 healthy adult subjects, 7 men and 5 women, with a range of skin pigmentation (Table 1). The study size was based on prior studies,^{7,8,15,16} and the size of standard studies of pulse oximeter accuracy for the FDA.

Oximeter probes and instruments were supplied by Masimo, Inc. (Irvine, CA). Rainbow DCI Sensor System oximeter probes (reusable, clip-on probes), Revision H, were used to measure carboxyhemoglobin (SpCO) and oxygen saturation (SpO₂). The standard Masimo oximeter probes were the “red DCI” type. Both probe types were connected to Radical-7 oximeters (SET software version 7.6.2.1). One probe of each type was placed on the middle and ring fingers of each hand of each subject. The probe locations were randomized for each subject. The probes were covered with black plastic to shield them from ambient light and prevent interference from other oximeter probes. Both forearms and hands were kept warm with electric heating pads. The oximeter box and probe combination were kept together and considered as a single “device”.

A 22-gauge radial arterial cannula was placed in either the left or right wrist of each subject. Arterial blood was analyzed with a multi-wavelength optical blood analyzer (ABL800 FLEX, Radiometer Medical A/S, Copenhagen, Denmark) to determine arterial oxygen saturation (SaO₂), carboxyhemoglobin concentration (%COHb), and methemoglobin concentration (%MetHb).

Studies on each subject began with one arterial blood sample drawn while breathing room air. Hypoxemia was then induced to 4–5 different targeted plateaus from 100-80% by

having subjects breathe mixtures of nitrogen, air, and carbon dioxide according to a protocol previously detailed.¹⁶ Oxygen saturation is calculated from end-tidal PO₂ and CO₂ breath-by-breath, which guides the gas mixtures, since pulse oximeter values lag behind. Each saturation plateau level was maintained for at least 60 seconds with pulse oximeter stabilization, then two arterial blood samples were obtained approximately 30 seconds apart. After the final SaO₂ plateau, the subject received 100% O₂ and then returned to breathing room air. Elevated COHb was induced by breathing carbon monoxide gas to produce a target %COHb level of ≈10–12% based on Barker's volunteer study⁹ and accumulated experience in volunteers in our laboratory. To do this, carbon monoxide (15–30 mL) was added to a 1-liter bag prefilled with approximately 500 mL of oxygen. Subjects then briefly rebreathed this mixture from a mouthpiece, allowing us to produce approximately 2% step-wise changes in %COHb. Blood samples were obtained 5 minutes after each administration of carbon monoxide. When %COHb reached target levels (10–12%) hypoxemia was induced in steps and blood samples taken using the prior protocol. Data output from the oximeters were recorded at 1 Hz using custom software developed with LabVIEW 2009 (National Instruments, Austin, TX).

Statistics

No current FDA standard of accuracy exists for SpCO. We did not establish acceptable limits of agreement ahead of time. For SpO₂, A_{rms} < 3% is the acceptable accuracy standard established by the FDA. We considered that the SpO₂ accuracy would be degraded if elevated %COHb increased A_{rms} to over 3%. A_{rms} < 3% would certainly represent acceptably accurate performance for determining SpCO, although it may not be reasonable to expect the same accuracy and precision as for determining SpO₂.

Pulse Oximeter performance was analyzed by calculating mean bias (SpO₂-SaO₂ or SpCO-%COHb), precision (standard deviation of the bias) and root-mean square error (A_{rms}) over different ranges of %COHb and SaO₂. The Shapiro-Wilk test was used to confirm the normality of the distribution of the SpCO bias (individual and pooled devices all > 0.07). Bias was compared with ANOVA and Tukey-Kramer honest significant difference was used for any multiple comparison testing. A 2-sided F-test compared the variances for SpCO bias at SaO₂ < 95% or 95%.

Bias was plotted against %COHb, which was treated as a gold standard. Limits of agreement were calculated according to Bland and Altman with adjustments for multiple measurement for each individual.¹⁷ Bias, precision and A_{rms} were determined and analyzed separately for both SpO₂ and SpMet.

To examine the effects of other variables on bias, a mixed-effects model was used to analyze within-subjects factors (SaO₂ or %COHb) and between-subjects factors (gender and skin color). The effects of SaO₂ and %COHb were examined by both univariate analysis, and with both variables, either as an ANOVA (5% SaO₂ range intervals) or as linear regression.

SpCO performance was also analyzed by observing the incidence of excessive reading bias at the various levels of SaO₂. Sensitivity, specificity, positive and negative predictive values for detecting COHb were calculated from the observed data using different cutoff values.

Receiver-operator characteristics were analyzed by setting %COHb 10% and 5% as positive tests. The distribution of true and false positives and negatives in different SaO₂ ranges was tested with Chi Square.

Data are reported as mean ± SD or mean (95% confidence interval [CI]) as indicated. For all statistical tests, $P < 0.05$ was considered significant. Data were analyzed with JMP 10.0 (SAS Institute, Cary, NC) and Prism 6.0 (GraphPad Software, La Jolla, CA).

Results

Demographics

Demographic data and summary information for each individual's instrument reading bias and perfusion index is provided in Table 1.

Accuracy of detecting hypoxemia

The devices read higher values of SpO₂ at lower SaO₂ ($P < 0.0001$), as demonstrated by a positive bias in SpO₂ reading. This effect was small, 0.04% for each 1% of desaturation for the Rainbow oximeters (Figure 1A). For the standard pulse oximeters, the bias also increased with desaturation, 0.07% for each 1% change, $P < 0.0001$ (Figure 1B). The root mean square error (A_{rms}) was 1.70% for the Rainbow oximeters, and 2.05% for the standard device for SaO₂ 70 – 100%.

For the Rainbow probes, SpO₂ bias at low saturation was also more positive at lower COHb levels ($P < 0.0001$, Figure 2A). For standard oximeter probes, SpO₂ bias was also more positive at lower COHb levels, ($P = <0.0001$, Figure 2B). The A_{rms} was 1.67% at elevated %COHb (4%) for the Rainbow devices and 1.79% for the standard devices.

Accuracy of detecting elevated carboxyhemoglobin during normoxia (room air breathing)

Higher COHb levels lead to an increasingly negative SpCO bias ($P < 0.0001$), shown in Figure 3A and summarized in Table 2.

Individual mean bias is shown in Table 1. The range of individual bias was from -3.3 to +3.4. Skin color was not a significant predictor of SpCO bias for either device (Table 1).

Carboxyhemoglobin combined with hypoxia

Below SaO₂ of 85%, both COHb devices reported low signal errors and read blank values for SpCO. At %COHb values near zero, the devices sometimes displayed blank SpCO readings, rather than zero. Details of missing values at various ranges of SaO₂ and COHb values are shown in Table 3.

SaO₂ had no significant effect on SpCO bias for the pooled device data, ($P = 0.66$, Figure 3B). In Table 4, data are shown within SaO₂ ranges of 5% increments. The standard deviation of the SpCO bias was significantly higher (precision lower) with hypoxemia (SaO₂ < 95%), 4.0 vs. 2.6, $P < 0.0001$.

Sensitivity, Specificity and Predictive Value for detecting elevated COHb in the presence of Hypoxia—Sensitivity, specificity, positive and negative predictive value is summarized in Table 5 for different ranges of elevated %COHb. The distribution of true and false positives and negatives for the 10% COHb cutoff (shown graphically in Figure 4) was different among the different SaO₂ ranges, $P = 0.0004$. For the 5% cutoff, the distribution was not different ($P = 0.20$).

A receiver-operator characteristic (ROC) curve analyzed for %COHb 10% as significant carboxyhemoglobinemia maximized sensitivity and specificity at an SpCO of 6.6%, with an area under the curve (AUC) of 0.84 (95% CI, 0.79 to 0.89) (Figure 5A). Sensitivity, specificity and predictive value for this cutoff are summarized in Table 5. The ROC curve for %COHb 5% as “positive” carboxyhemoglobinemia had an AUC of 0.88 (95% CI, 0.84 to 0.92) (Figure 5B).

Methemoglobin

MethHb levels were in the low range of normal for all subjects during the study. SaO₂ had a slight effect on SpMet bias ($P = 0.008$) with a slightly more positive bias as lower SaO₂, but this was only 0.006% for every 1% of desaturation (Figure 6A). Carboxyhemoglobin produced a small but statistically significant effect on SpMet bias ($P = 0.018$, Figure 6B).

Perfusion Index

Women had significantly lower perfusion index (PI) than men, mean (95% CI) of 1.7% (0.4–3.0%) vs. 5.5% (3.9–7.1%), $P = 0.0014$. Despite efforts to warm hands, one female subject had a PI below 1%. Overall, PI had no significant effect on the Rainbow SpO₂ bias ($P = 0.086$, Figure 7A) or SpCO bias ($P = 0.95$, Figure 7B). SpO₂ bias had lower precision (higher SD) at PI < 2% ($P < 0.0001$), although SpCO bias did not ($P = 0.93$).

Discussion

The primary purpose of this study was to assess the accuracy of pulse CO-oximetry measurement of COHb in the presence of mild to moderate hypoxemia. We found that, in the presence of 10–12% COHb, accuracy for detecting hypoxemia was not degraded, with an Arms still < 3%. Mild to moderate hypoxemia did not appreciably degrade the accuracy of COHb measurement as indicated by the bias, but slightly degraded the precision and A_{rms} . However, when the SaO₂ was lower than 85%, the devices read “low signal IQ” and would not report SpCO values.

The usefulness of a non-invasive measurement of carboxyhemoglobin has been demonstrated in numerous case reports,^{18–20} and studies of occult carbon monoxide poisoning.^{4,5} The ability to diagnose suspected cases of carbon monoxide exposure in a timely fashion, and avoid unnecessary invasive testing, requires good positive and negative predictive value. Detecting elevated COHb levels to enable rapid initiation of appropriate treatment, including normobaric and hyperbaric oxygen, may improve outcomes.²¹ Detecting elevated COHb levels, even at levels that may not be clinically important, may identify sources of carbon monoxide exposure at home or at work that could cause more

serious harm in the future or lead to testing of others exposed to the event. Determining whether COHb levels are improving in patients requires more frequent measurements.

No prior studies involving pulse CO-oximetry in patients mention simultaneous evaluation in the presence of hypoxemia. Previous reports of pulse CO-oximetry in emergency room patients probably involved supplemental oxygen administration.^{5,12} Simultaneous hypoxemia would be likely in cases of smoke inhalation and loss of consciousness. However, studies comparing SpCO and blood values did not include such data in the field because of the lack of blood analyzers. The manufacturer reports that the Rainbow Radical-7 is not accurate with simultaneous methemoglobinemia. We reported erroneous SpCO reading in an earlier study with induced methemoglobinemia,⁷ but we did not test the combination of methemoglobin and carboxyhemoglobin in the current study.

Our results concerning the detection of COHb during normoxia were similar to two studies in normal volunteers in laboratory settings at normal levels of oxygen that found good accuracy and precision.^{9,10} In contrast, studies in ER patients have shown larger bias, from -3% to +4%, and wider limits of agreement, span from lower to upper limit of agreement of 15% to 25%.^{4,11-13,22} A study on 139 patients in pulmonary function lab found a low bias, but fairly wide limits of agreement.²³ In some studies, significant delays occurred between the SpCO reading and blood sampling for COHb measurements, making accurate assessment of bias difficult.^{4,12}

Skin color and gender are known to alter pulse oximeter performance.^{15,16} Many studies have not reported the gender and skin pigmentation of study subjects, making direct comparison of the results difficult, although Tougher et al. attempted some analysis excluding dark-skinned patients.¹³ Our subjects were intentionally of different genders, ethnicities and skin color, since it is important that the results apply broadly, and is also required by the United States Food and Drug Administration for studies of pulse oximeter accuracy. Our study did not have the power to resolve differences in performance related to skin pigmentation.

The sensitivity, specificity, positive and negative predictive values for detecting COHb in the presence of mild hypoxia was acceptable (Table 5 and Figure 5). However, our study was not optimally designed to measure these parameters, since most of our data was clustered around subjects' baseline value and at the target of 10-12% COHb. Testing in human volunteers at these higher levels would not be appropriate, especially if combined with hypoxia. Receiver-operator characteristic analysis of our data (Figure 5 and Table 5) indicated maximum sensitivity and specificity for detecting COHb levels 10% was an SpCO of 6.6%. Similarly, Roth et al. found that an SpCO of 6.6% was 94% sensitive in identifying the 17 patients with carbon monoxide poisoning, with 77% specificity.¹² Lowering the SpCO thresholds to maximize sensitivity in order to prevent missing anyone with potential serious carbon monoxide poisoning might be better for initial screening. For our data, a threshold of 5% SpCO is over 90% sensitive in detecting all subjects with COHb 10%. While lowering the threshold will decrease specificity, this may be desirable as a screening test for the presence of COHb. In a study of ER patients, Suner et al. reported 94% sensitivity and 54% specificity for the Rad-57 from 64 data points.⁴ However, Touger et al.

found lower sensitivity (48%) but good specificity, positive and negative predictive value for a 15% COHb cutoff.¹³ The exact clinical threshold indicating treatment necessity is not clear, although a level of COHb of 25% has been suggested for hyperbaric oxygen treatment.²²

We studied two devices of each type, randomly placing them on different hands and different fingers. This increased the total number of data points for analysis. The oximeters behaved similarly, although slight differences, typically only 1–2% were apparent at times. We have previously found small difference in probes types.¹⁶ Limitations on the reasonable number of probes we can study in volunteers mean that we do not have data on all probes types in this study.

Defining acceptable performance and accuracy is somewhat arbitrary, but depends on the clinical purpose of the device. Clearly, measurement of SpCO is less accurate than for SpO₂ and SpMet, being reported only to a whole number. Piatkowski et al. concluded that the bias of 3.15% (precision 2.36%) represented acceptable accuracy.¹¹ Roth et al.¹² concluded that accuracy was acceptable at bias of 2.32 ± 4.01 . Touger et al. defined $\pm 5\%$ as acceptable accuracy, reporting that 33% of data fell outside this range,¹³ which was discussed in an editorial by Maisel and Lewis in the *Annals Emergency Medicine*.²⁴

Methemoglobin

MetHb readings from the Rad 7 co-oximeters showed excellent stability with changes in carboxyhemoglobin and SaO₂. Although a repeated measures analysis is extremely robust in detecting small changes in bias with a large number of measurements, the changes in SpMet bias as shown in Figure 6 are not clinically important. Changes in SpMet bias might not be expected from induced carboxyhemoglobinemia and hypoxemia, however early versions of the pulse CO-oximeter could not discriminate multiple different hemoglobin species.⁷ This was corrected in subsequent versions.⁸ Cyanide toxicity can occur in fires due to combustion of nitrogen containing compounds. Treatment is with sodium nitrite, which produces methemoglobinemia.²⁵ This creates a clinical scenario in which MetHb and COHb would be present concurrently.

Oxygen Saturation

Within the range of carboxyhemoglobinemia studied, both the Rainbow and the conventional pulse oximeters were able to detect hypoxemia even in the presence of elevated COHb, with an A_{rms} of 1.70% and 2.05% being well below the acceptable FDA threshold of 3%. Confusion of carboxyhemoglobin and oxyhemoglobin might lead the oximeters to read a higher SpO₂ (positive bias) even at low oxygen saturation. Data on standard pulse oximeter accuracy with carboxyhemoglobinemia has shown a slightly negative bias at high COHb levels, with an obvious “gap” in measuring “fractional” oxygen saturation.^{6,26}

Due to the similarity of the absorption spectra of oxyhemoglobin and carboxyhemoglobin, measurement may be intrinsically more difficult than for methemoglobin, which has greater spectral separation from oxyhemoglobin. The “pulse oximeter gap” describes the difference

between SpO₂ and *fractional* oxygen saturation with elevated %COHb, and implied that pulse oximeters were reading COHb as if it were oxyhemoglobin.^{26–28} Current pulse oximeters are calibrated with *functional* oxygen saturation, so accuracy should properly be considered only for functional SaO₂. The ability of the pulse oximeters to detect oxygen desaturation in the presence of elevated COHb suggests there is no clinically relevant “confusion”.

Perfusion Index

Similar to finding with other parameters from pulse oximetry,^{29–31} accuracy and precision was degraded slightly at lower perfusion index. The effect was not dramatic, and it should be noted that we were actively warming subjects’ hands.

Limitations

A volunteer study has both limitations and advantages over other study designs. In human volunteers, we are limited as to the degree of carboxyhemoglobinemia and hypoxemia that we can safely produce. We have set the upper limit to 15%, with a target of 12% COHb in the setting of hypoxemia. Twelve subjects may not be adequate to produce robust data on sensitivity, specificity and predictive performance, although the study provided a total over 150 data points for SpCO and nearly 300 data points for SpMet and SpO₂ with simultaneous arterial blood measurements. However, the repeated measures design is very robust for determining interaction between low SaO₂ and elevated COHb. A laboratory setting also provides excellent coordination of blood draws and non-invasive measurement. Our step changes in carboxyhemoglobin, rather than continuous breathing of carbon monoxide, provides better stability for the coordination of SpCO and blood measurements. Continued updates and changes to hardware and software make comparisons between our studies and other past or future studies difficult. We treated laboratory measurements as a gold standard, although even such devices may have inaccuracies. Our population of study subjects may not represent all patient populations, but did have intentional variability of gender and ethnicity. Performance in a controlled laboratory environment may still differ from the clinical setting in patients with multiple comorbidities.

Conclusions

Accuracy of the Masimo pulse CO-oximeter for measuring carboxyhemoglobin was not affected by hypoxemia to a clinically important degree. However, hypoxemia did result in a significant increase in device reported low signal errors and blank COHb readings. COHb elevations up to 12% minimally affected measurements of SpO₂ and SpMet. Sensitivity, specificity and predictive value at up to 12% COHb were good (AUC of the ROC curve >0.8), but more data at higher COHb levels would be useful in helping clinicians define appropriate thresholds for optimizing screening for potential carbon monoxide poisoning. Given the history of pulse oximeter development, further investments in multi-wavelength pulse oximeter technology are likely to improve accuracy and performance.

Acknowledgments

Funding: The study was funded by income derived from tests of pulse oximetry accuracy for various companies including Masimo Inc

References

1. Carbon monoxide exposures--United States, 2000–2009. *MMWR Morb Mortal Wkly Rep.* 2011; 60:1014–7. [PubMed: 21814164]
2. Hampson NB, Weaver LK. Carbon monoxide poisoning: a new incidence for an old disease. *Undersea Hyperb Med.* 2007; 34:163–8. [PubMed: 17672172]
3. Hampson NB, Scott KL, Zmaeff JL. Carboxyhemoglobin measurement by hospitals: implications for the diagnosis of carbon monoxide poisoning. *J Emerg Med.* 2006; 31:13–6. [PubMed: 16798147]
4. Suner S, Partridge R, Sucov A, Valente J, Chee K, Hughes A, Jay G. Non-invasive pulse CO-oximetry screening in the emergency department identifies occult carbon monoxide toxicity. *J Emerg Med.* 2008; 34:441–50. [PubMed: 18226877]
5. Chee KJ, Nilson D, Partridge R, Hughes A, Suner S, Sucov A, Jay G. Finding needles in a haystack: a case series of carbon monoxide poisoning detected using new technology in the emergency department. *Clin Toxicol (Phila).* 2008; 46:461–9. [PubMed: 18568803]
6. Hampson NB. Pulse oximetry in severe carbon monoxide poisoning. *Chest.* 1998; 114:1036–41. [PubMed: 9792574]
7. Feiner JR, Bickler PE, Mannheimer PD. Accuracy of methemoglobin detection by pulse CO-oximetry during hypoxia. *Anesth Analg.* 2010; 111:143–8. [PubMed: 20007731]
8. Feiner JR, Bickler PE. Improved accuracy of methemoglobin detection by pulse CO-oximetry during hypoxia. *Anesth Analg.* 2010; 111:1160–7. [PubMed: 20841412]
9. Barker SJ, Curry J, Redford D, Morgan S. Measurement of carboxyhemoglobin and methemoglobin by pulse oximetry: a human volunteer study. *Anesthesiology.* 2006; 105:892–7. [PubMed: 17065881]
10. Zaouter C, Zavorsky GS. The measurement of carboxyhemoglobin and methemoglobin using a non-invasive pulse CO-oximeter. *Respiratory physiology & neurobiology.* 2012; 182:88–92. [PubMed: 22609179]
11. Piatkowski A, Ulrich D, Grieb G, Pallua N. A new tool for the early diagnosis of carbon monoxide intoxication. *Inhal Toxicol.* 2009; 21:1144–7. [PubMed: 19852557]
12. Roth D, Herkner H, Schreiber W, Hubmann N, Gamper G, Laggner AN, Havel C. Accuracy of noninvasive multiwave pulse oximetry compared with carboxyhemoglobin from blood gas analysis in unselected emergency department patients. *Ann Emerg Med.* 2011; 58:74–9. [PubMed: 21459480]
13. Touger M, Birnbaum A, Wang J, Chou K, Pearson D, Bijur P. Performance of the RAD-57 pulse CO-oximeter compared with standard laboratory carboxyhemoglobin measurement. *Ann Emerg Med.* 2010; 56:382–8. [PubMed: 20605259]
14. Lee AS, Mellins RB. Lung injury from smoke inhalation. *Paediatr Respir Rev.* 2006; 7:123–8. [PubMed: 16765298]
15. Bickler PE, Feiner JR, Severinghaus JW. Effects of skin pigmentation on pulse oximeter accuracy at low saturation. *Anesthesiology.* 2005; 102:715–9. [PubMed: 15791098]
16. Feiner JR, Severinghaus JW, Bickler PE. Dark skin decreases the accuracy of pulse oximeters at low oxygen saturation: the effects of oximeter probe type and gender. *Anesth Analg.* 2007; 105:S18–23. tables of contents. [PubMed: 18048893]
17. Bland JM, Altman DG. Agreement between methods of measurement with multiple observations per individual. *J Biopharm Stat.* 2007; 17:571–82. [PubMed: 17613642]
18. Roth D, Hubmann N, Havel C, Herkner H, Schreiber W, Laggner A. Victim of carbon monoxide poisoning identified by carbon monoxide oximetry. *J Emerg Med.* 2011; 40:640–2. [PubMed: 19615844]

19. Crawford DM, Hampson NB. Fire and ice: diagnosis of carbon monoxide poisoning in a remote environment. *Emerg Med J*. 2008; 25:235–6. [PubMed: 18356362]
20. Bledsoe BE, Nowicki K, Creel JH Jr, Carrison D, Severance HW. Use of pulse co-oximetry as a screening and monitoring tool in mass carbon monoxide poisoning. *Prehosp Emerg Care*. 2010; 14:131–3. [PubMed: 19947878]
21. Hampson NB. Noninvasive pulse CO-oximetry expedites evaluation and management of patients with carbon monoxide poisoning. *Am J Emerg Med*. 2012
22. Coulange M, Barthelemy A, Hug F, Thierry AL, De Haro L. Reliability of new pulse CO-oximeter in victims of carbon monoxide poisoning. *Undersea Hyperb Med*. 2008; 35:107–11. [PubMed: 18500075]
23. Ruppel GL, Wilson HA, Gall VK, Hempkens JA. Multi-wavelength pulse oximeter is not suitable for adjusting D(LCO) measurements. *Respir Care*. 2011; 56:1115–21. [PubMed: 21801578]
24. Maisel WH, Lewis RJ. Noninvasive measurement of carboxyhemoglobin: how accurate is accurate enough? *Ann Emerg Med*. 2010; 56:389–91. [PubMed: 20646785]
25. Cummings TF. The treatment of cyanide poisoning. *Occup Med (Lond)*. 2004; 54:82–5. [PubMed: 15020725]
26. Barker SJ, Tremper KK. The effect of carbon monoxide inhalation on pulse oximetry and transcutaneous PO₂. *Anesthesiology*. 1987; 66:677–9. [PubMed: 3578881]
27. Buckley RG, Aks SE, Eshom JL, Rydman R, Schaidler J, Shayne P. The pulse oximetry gap in carbon monoxide intoxication. *Ann Emerg Med*. 1994; 24:252–5. [PubMed: 8037391]
28. Toffaletti J, Zijlstra WG. Misconceptions in reporting oxygen saturation. *Anesth Analg*. 2007; 105:S5–9. [PubMed: 18048899]
29. Miller RD, Ward TA, Shiboski SC, Cohen NH. A comparison of three methods of hemoglobin monitoring in patients undergoing spine surgery. *Anesth Analg*. 2011; 112:858–63. [PubMed: 21385985]
30. Gehring H, Hornberger C, Matz H, Konecny E, Schmucker P. The effects of motion artifact and low perfusion on the performance of a new generation of pulse oximeters in volunteers undergoing hypoxemia. *Respir Care*. 2002; 47:48–60. [PubMed: 11749687]
31. Broch O, Bein B, Gruenewald M, Hocker J, Schottler J, Meybohm P, Steinfath M, Renner J. Accuracy of the pleth variability index to predict fluid responsiveness depends on the perfusion index. *Acta anaesthesiologica Scandinavica*. 2011; 55:686–93. [PubMed: 21480831]

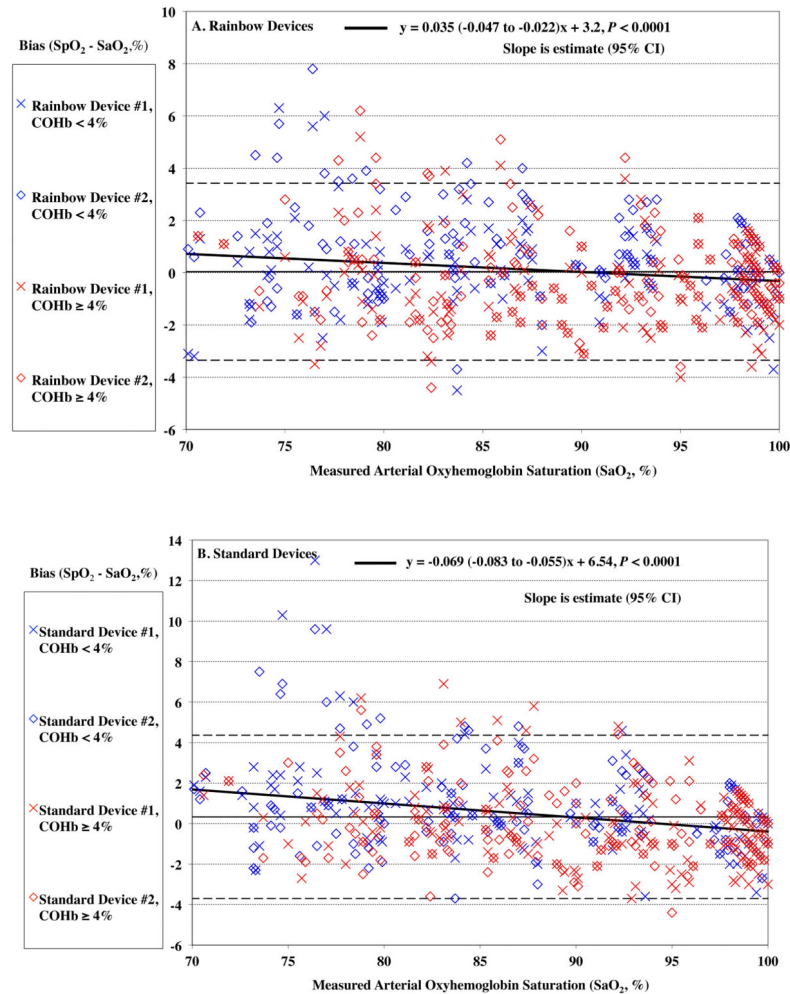


Figure 1.

Pulse CO-oximeter SpO_2 reading bias ($\text{SpO}_2 - \text{arterial oxygen saturation } [\text{SaO}_2]$) is plotted as a function of SaO_2 as measured by arterial blood samples. “X’s” (“Device #1”) and open diamonds (“Device #2”) indicate readings from 2 oximeter devices monitoring simultaneously. The solid line shows the mean bias for both devices pooled together. The dashed lines are the upper and lower limits of agreement. Data for high %COHb ($\geq 4\%$) are shown in red, while data for low %COHb ($< 4\%$) are shown in blue. In panel A, SpO_2 bias for the Rainbow probes was more positive at lower SaO_2 ($P < 0.0001$). In Panel B, SpO_2 bias for standard probes was also more positive at lower SaO_2 ($P < 0.0001$). Regression lines and information are shown on the figures. Regressions for separate COHb ranges were similar (not shown).

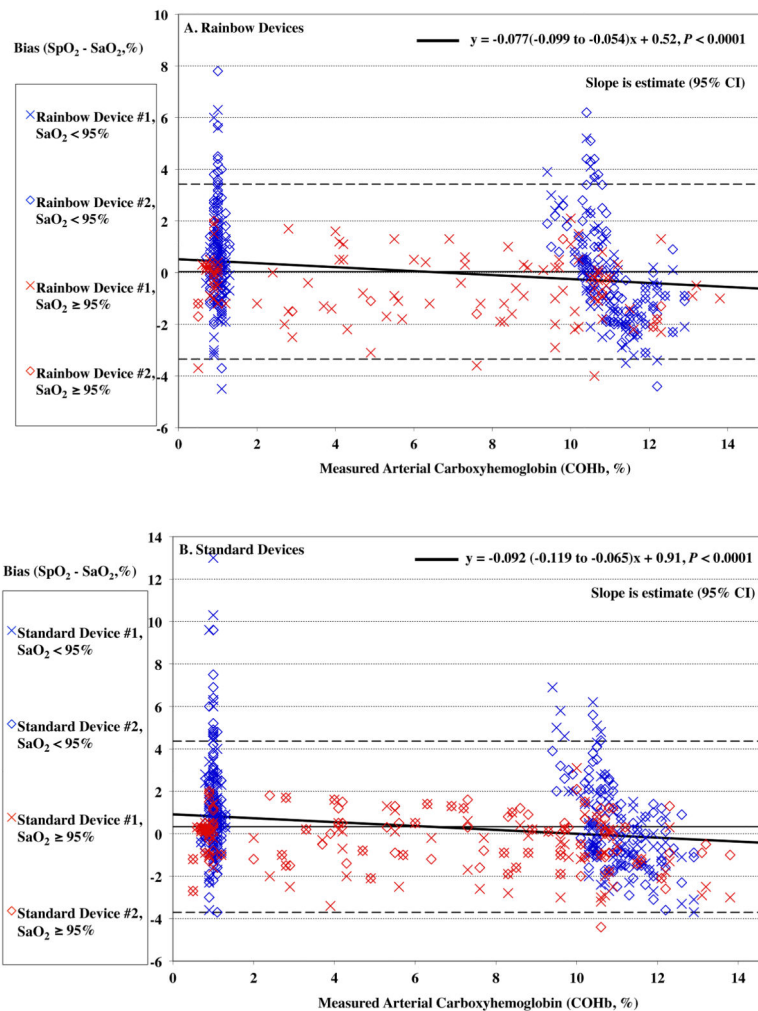


Figure 2. Pulse CO-oximeter SpO₂ reading bias (SpO₂ – arterial oxygen saturation [SaO₂]) is plotted as a function of carboxyhemoglobin concentration (COHb) as measured by arterial blood gas analysis. “X”s (“Device #1”) and open diamonds (“Device #2”) indicate readings from 2 oximeter devices monitoring simultaneously. The solid line shows the mean bias for both devices pooled together. The dashed lines are the upper and lower limits of agreement. Data for high SaO₂ (≥ 95%) are shown in red, while data for low SaO₂ (< 95%) are shown in blue. In panel A, carboxyhemoglobin had a small but statistically significant effect on SpO₂ bias for Rainbow probes ($P < 0.0001$), with bias more positive at lower COHb. This was true at both low (< 95%, $P < 0.0001$) and high (≥ 95%, $P < 0.0001$) SaO₂. In panel B, SpO₂ bias for standard probes was also more positive at lower COHb ($P < 0.0001$). This was true at both low and high SaO₂ ($P < 0.0001$ and $P = 0.001$). Regression lines and information are shown on the figure. Regressions for separate SaO₂ ranges were similar (not shown).

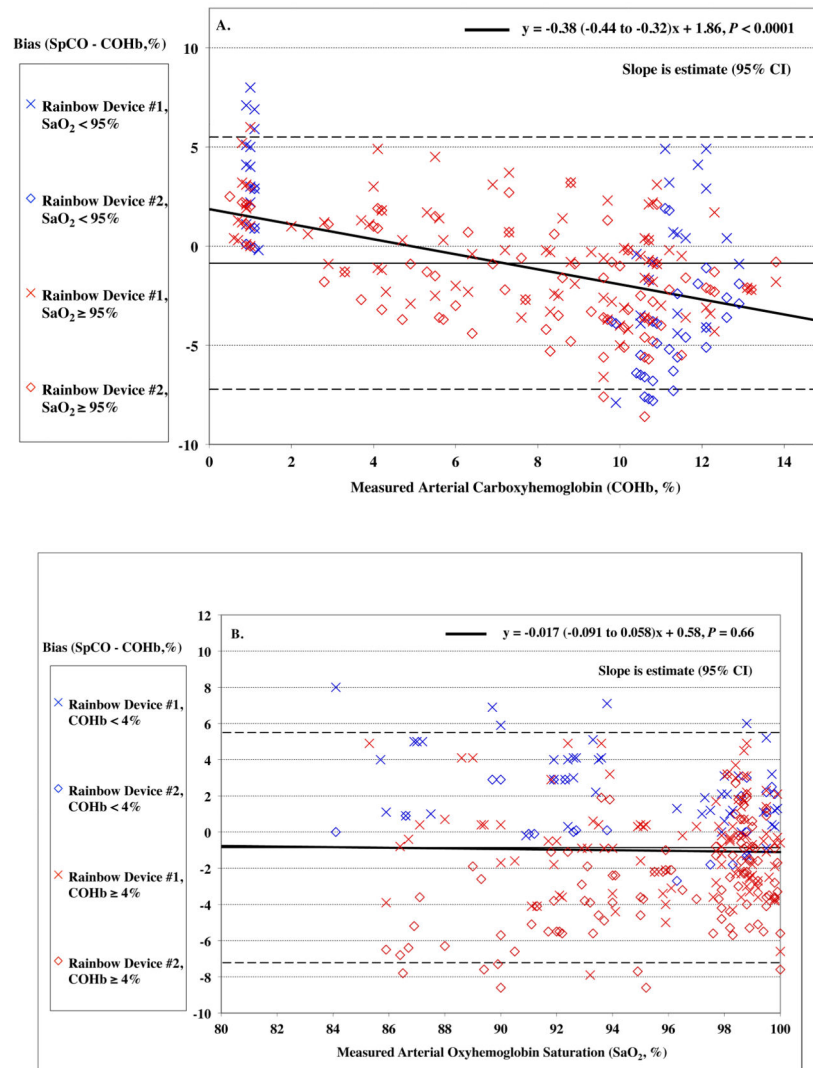


Figure 3. Pulse CO-oximeter SpCO bias (SpCO – percentage of carboxyhemoglobin in arterial blood [% COHb]) as a function of COHb (panel A) and oxygen saturation (SaO₂) (panel B) as measured by arterial blood samples. “X’s” (“Device #1”) and open diamonds (“Device #2”) indicate readings from the 2 Rainbow devices monitoring simultaneously. The solid line shows the mean bias for both devices pooled together. The dashed lines are the upper and lower limits of agreement. In Panel A, SpCO bias demonstrates a statistically significant relationship with COHb ($P < 0.0001$), with more positive bias at low COHb. Data for high SaO₂ ($\geq 95\%$) are shown in red, while data for low SaO₂ ($< 95\%$) are shown in blue. These show a similar relationship. Panel B shows no statistically significant relationship between SpCO bias and SaO₂ ($P = 0.66$). Data for high COHb ($\geq 4\%$) are indicated in red and show a negative bias at low SaO₂ ($P = 0.0022$), while data for low COHb ($< 4\%$) are indicated in blue and show a positive bias at low SaO₂ ($P = 0.0019$). Regression lines and information are shown on the figures.

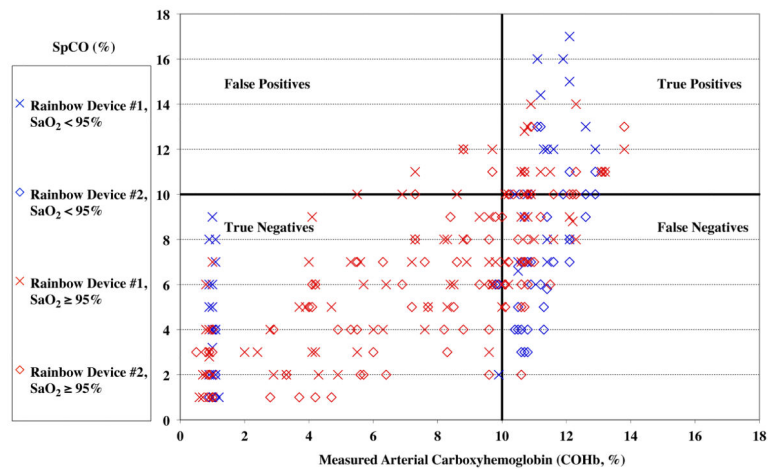


Figure 4.

Pulse CO-oximeter carboxyhemoglobin (SpCO) readings as a function of measured percentage of carboxyhemoglobin in arterial blood (%COHb). “X’s” (“Device #1”) and open diamonds (“Device #2”) indicated readings from the 2 Rainbow devices monitoring simultaneously. Values measured in room air (arterial oxygen saturation [SaO₂] ≥ 95%) are shown as in red, and data obtained during hypoxemia (SaO₂ < 95%) are shown in blue. The horizontal and vertical lines separate the data into quadrants, representing true or false positives or negatives for detecting a carboxyhemoglobin level of 10% or more.

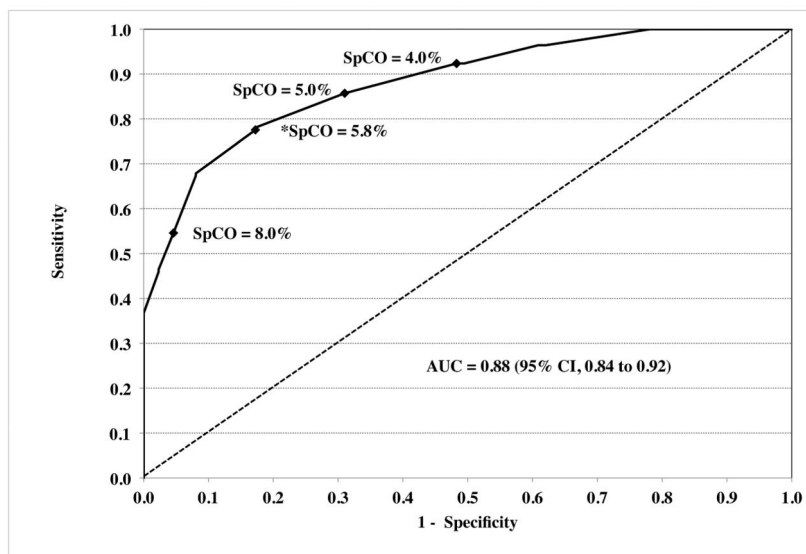
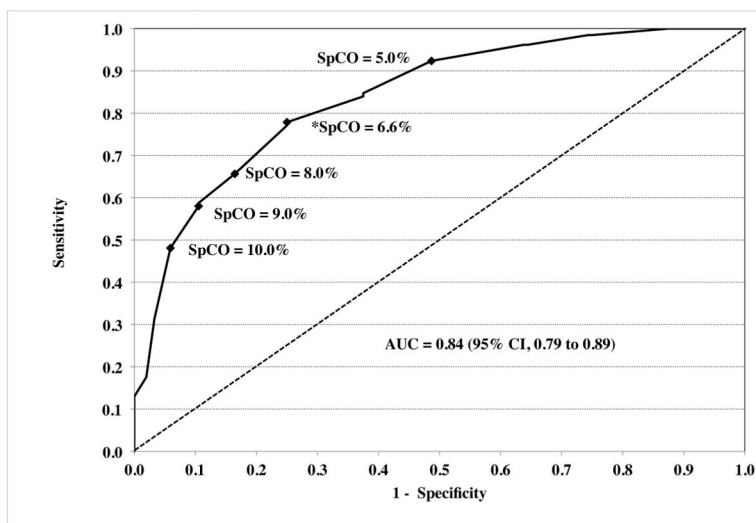


Figure 5. Receiver-operator characteristic curves are shown for “positive” carboxyhemoglobinemia as 10% (panel A) or 5% (panel B). The dashed diagonal line shows an AUC of 0.50, which would have no discriminatory value. Values for the area under the curve (AUC) were 0.84 (95% CI, 0.79 to 0.89) and 0.88 (95% CI, 0.84 to 0.92) respectively. A number of key points (closed diamonds) along the curve are marked with respective pulse CO-oximeter carboxyhemoglobin (SpCO) values. The values of SpCO that maximized sensitivity and specificity are denoted by asterisks, and were 6.6% and 5.8% respectively.

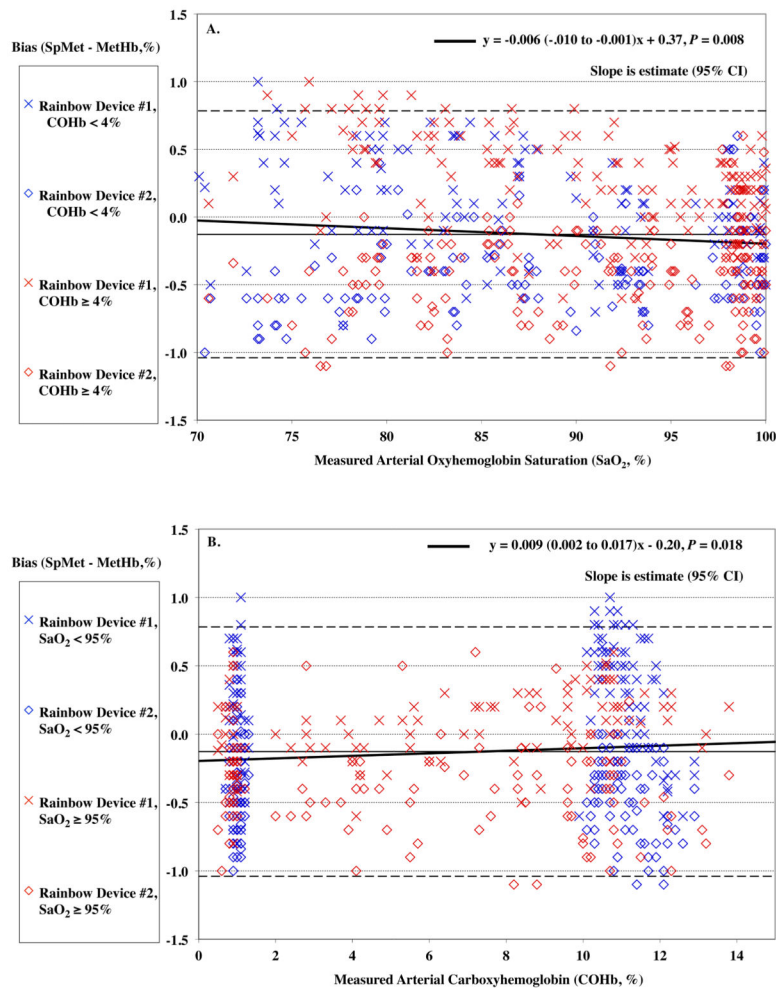


Figure 6.

Pulse CO-oximeter SpMet reading bias (SpMet - percentage of methemoglobin in arterial blood [%MethHb]) as a function of oxygen saturation (SaO₂) (panel A) and carboxyhemoglobin concentration (COHb) (panel B) as measured by arterial blood gas analysis. “X’s” (“Device #1”) and open diamonds (“Device #2”) indicate readings from the 2 Rainbow devices monitoring simultaneously. The solid line shows the mean bias for both devices pooled together. The dashed lines are the upper and lower limits of agreement. In panel A, SaO₂ significantly influenced SpMet bias with a slightly more positive bias as lower SaO₂, ($P = 0.008$). Data for high COHb (≥ 5%) are shown in red, while data for low COHb (< 5%) are shown in blue, and have a similar small but statistically significant effect. In panel B, carboxyhemoglobin produced a small but statistically significant effect on SpMet bias ($P = 0.018$). Data for high SaO₂ (≥ 95%) are shown in red, while data for low SaO₂ (< 95%) are shown in blue. Regression lines and information are shown on the figures. Regressions for separate COHb and SaO₂ ranges were similar (not shown).

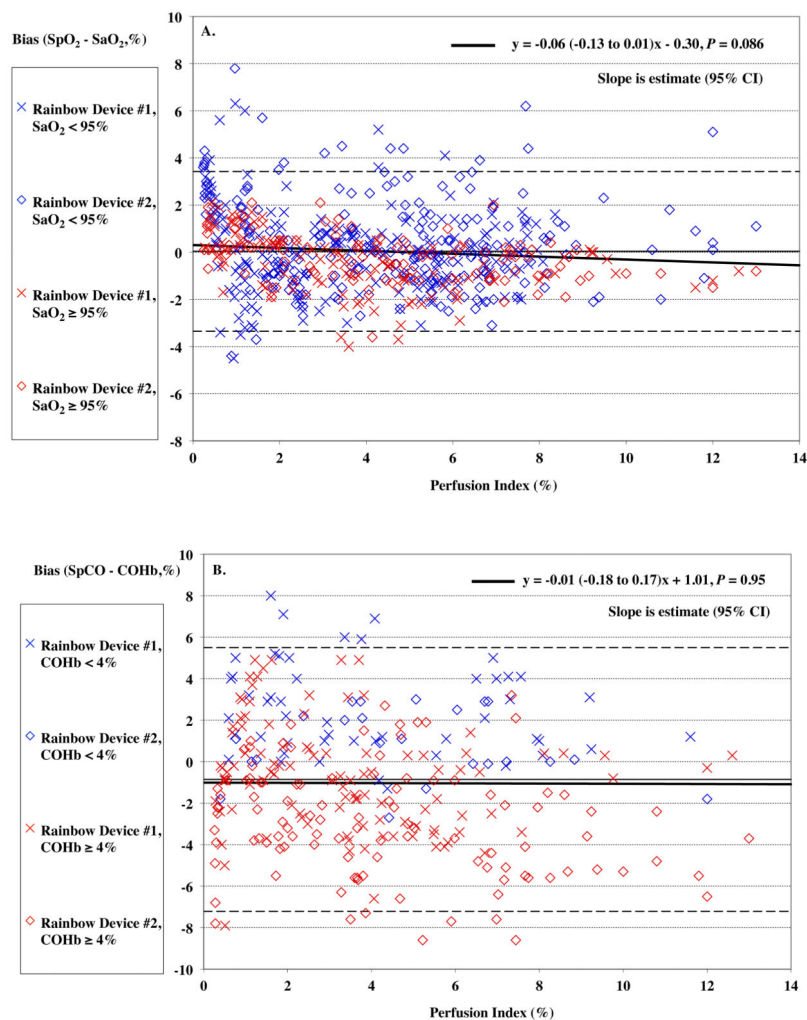


Figure 7.

Pulse CO-oximeter SpCO bias (SpCO – percentage of carboxyhemoglobin in arterial blood [%COHb]) (Panel A) and SpO₂ reading bias (SpO₂ – arterial oxygen saturation [SaO₂]) (Panel B) as a function of a function of perfusion index (PI). X's ("Device #1") and open diamonds ("Device #2") indicate readings from the 2 Rainbow devices monitoring simultaneously. The solid line shows the mean bias for both devices pooled together. The dashed lines are the upper and lower limits of agreement. In panel A, data for high SaO₂ (95%) are shown in red, while data for low SaO₂ (< 95%) are shown in blue. Data at high SaO₂ showed a barely significant effect ($P = 0.029$). In panel B, data for high %COHb (4%) are shown in red, while data for low COHb (< 4%) are shown in blue. SpCO bias was higher for both Devices at PI < 2, $P < 0.05$ and precision lower, $P < 0.05$. Regression lines and information are shown on the figures. Regressions for separate COHb and SaO₂ ranges were similar (not shown).

Table 1

Demographic data.

Subject	Sex	Age (Years)	Skin	Ethnicity	SpCO Bias	SpMet Bias	Perfusion Index
Subject #1	M	28	Light	Caucasian	-0.4 ± 2.0 (23)	-0.2 ± 0.4 (51)	5.0
Subject #2	M	26	Dark	African American	-3.1 ± 1.2 (22)	0.1 ± 0.4 (44)	6.4
Subject #3	F	22	Light	Caucasian	3.4 ± 1.7 (22)	0.2 ± 0.5 (50)	3.2
Subject #4	F	22	Light	Caucasian	-2.9 ± 4.0 (24)	0.0 ± 0.5 (49)	1.1
Subject #5	M	28	Medium	Asian/Caucasian	-1.0 ± 2.3 (25)	-0.3 ± 0.2 (50)	2.6
Subject #6	F	22	Light	Caucasian	-3.3 ± 1.6 (26)	0.0 ± 0.4 (50)	0.5
Subject #7	M	23	Medium	Caucasian	2.1 ± 3.9 (16)	-0.2 ± 0.4 (48)	7.1
Subject #8	M	31	Medium	Hispanic	1.1 ± 2.6 (25)	-0.5 ± 0.5 (47)	3.8
Subject #9	M	26	Light/medium	Caucasian	1.9 ± 2.1 (30)	-0.3 ± 0.6 (52)	6.9
Subject #10	M	26	Light/medium	Caucasian	-2.4 ± 2.9 (19)	-0.2 ± 0.6 (50)	6.5
Subject #11	F	19	Dark	African American/Caucasian	1.3 ± 3.0 (32)	0.1 ± 0.4 (41)	2.0
Subject #12	F	28	Dark	Indian	-2.0 ± 2.6 (19)	0.2 ± 0.4 (29)	1.7

M = Male, F = Female; SpCO, percent carboxyhemoglobin measured by the Masimo pulse CO-oximeter; SpCO bias, SpCO - measured arterial carboxyhemoglobin; SpMet, percent methemoglobin measured by the Masimo pulse CO-oximeter; SpMet Bias, SpMet - measured arterial methemoglobin; bias displayed as mean ± SD (n); perfusion index is a mean of 4 devices over all data points.

Table 2

SpCO Reading Summary with carboxyhemoglobin level

%COHb Range	0% – 15%	0% – 5%	5% – 10%	10% – 15%
Device #1				
n, paired observations	154	57	32	65
Mean Bias (%)	0.3	2.3*	-0.9	-0.7
Precision (%)	2.9	2.4	2.8	2.5
Arms (%)	2.9	3.3	2.9	2.6
Limits of Agreement	-5.6 to 6.2	-2.6 to 7.1	-6.5 to 4.7	-5.9 to 4.4
Bias > 5%	5.8%	12.3%	6.3%	0.0%
Device #2				
n, paired observations	129	30	33	66
Mean Bias (%)	-2.3 [†]	0.6	-2.2	-3.6
Precision (%)	2.9	1.9	2.5	2.5
Arms (%)	3.7	2.0	3.3	4.4
Limits of Agreement	-8.2 to 3.6	-3.6 to 4.7	-7.3 to 2.9	-8.7 to 1.4
Bias > 5%	20.9%	0.0%	12.1%	34.8%
Pooled Devices				
n, paired observations	283	87	65	131
Mean Bias (%)	-0.9	1.7*	-1.5	-2.2
Precision (%)	3.2	2.4	2.7	2.9
Arms (%)	3.3	2.9	3.1	3.6
Limits of Agreement	-7.2 to 5.5	-3.1 to 6.4	-7.0 to 3.9	-8.0 to 3.6
Bias > 5%	12.7%	8.0%	9.2%	17.6%

SpCO = percentage carboxyhemoglobin level (%COHb) as measured by the Masimo pulse CO-oximeter; SaO₂ range = as measured by arterial blood values; mean bias = average of the bias (SpCO - %COHb) within the SaO₂ range specified; precision = standard deviation of the bias; Arms = root-mean-square error; comparison of mean bias was by ANOVA with Tukey-Kramer honest significant difference for multiple comparisons; limits of agreement corrected for repeated measures.

* Significantly different from all other levels.

[†] All significantly different from each other

Table 3

SpCO Missing Reading Summary

COHb Range	SaO ₂ Range					
	75% – 80%	80% – 85%	85% – 95%	95% – 100%	75% – 100%	
0% – 2%	48/48 (100%)	36/38 (94.7%)	44/78 (56.4%)	31/54 (57.4%)	159/218 (72.9%)	
2% – 4%	N/A	N/A	N/A	5/18 (27.8%)	5/18 (27.8%)	
4% – 6%	N/A	N/A	N/A	1/26 (3.8%)	1/26 (3.8%)	
6% – 8%	N/A	N/A	N/A	0/18 (0%)	0/18 (0%)	
8% – 10%	N/A	4/4 (100%)	5/8 (62.5%)	0/34 (0%)	9/46 (19.6%)	
10% – 12%	40/40 (100%)	32/32 (100%)	23/74 (31.1%)	0/50 (0%)	95/196 (48.5%)	
0% – 12%	88/88 (100%)	72/74 (97.3%)	72/160 (45.0%)	37/200 (18.5%)	269/522 (51.5%)	

Data are the number missing/total (%). Data combine both Rainbow devices

SpCO, pulse oximeter measured carboxyhemoglobin percentage; SaO₂, measured blood arterial oxygen saturation; COHb, measured arterial carboxyhemoglobin percentage; N/A, not applicable

Table 4

SpCO Reading Summary

SaO ₂ Range	80% – 100%	95% – 100%	90% – 95%	85% – 90%	80% – 85%
Device #1					
n, paired observations	154	95	39	19	1
Mean Bias (%)	0.3	-0.3*	0.8	2.1	8.0
Precision (%)	2.9	2.5	3.4	2.7	N/A
Arms (%)	2.9	2.5	3.5	3.4	N/A
Limits of Agreement	-5.5 to 3.3	-5.1 to 2.2	-6.1 to 4.3	-3.5 to 4.9	N/A
Bias > 5%	5.8%	3.2%	10.3%	5.3%	100.0%
Device #2					
n, paired observations	129	82	33	13	1
Mean Bias (%)	-2.3	-1.8	-2.7	-4.5 [†]	0.0
Precision (%)	2.9	2.6	3.2	3.4	N/A
Arms (%)	3.7	3.1	4.1	5.6	N/A
Limits of Agreement	-8.1 to 3.5	-6.8 to 3.2	-9.1 to 3.6	-12.2 to 3.3	N/A
Bias > 5%	20.9%	11.0%	30.3%	61.5%	0.0%
Pooled Devices					
n, paired observations	283	177	72	32	2
Mean Bias (%)	-0.9	-1.0	-0.8	-0.6	4.0
Precision (%)	3.2	2.6	3.7	4.4	5.7
Arms (%)	3.3	2.8	3.8	4.4	5.7
Limits of Agreement	-7.2 to 5.5	-6.1 to 4.1	-8.2 to 6.6	-9.3 to 8.1	N/A
Bias > 5%	12.7%	6.8%	19.4%	28.1%	50.0%

SpCO = percentage carboxyhemoglobin level (%COHb) as measured by the Masimo pulse CO-oximeter; SaO₂ range = as measured by arterial blood values; mean bias = average of the bias (SpCO - %COHb) within the SaO₂ range specified; precision = standard deviation of the bias; Arms = root-mean-square error; N/A = not applicable; comparison of mean bias was by ANOVA with Tukey-Kramer honest significant difference for multiple comparisons; limits of agreement corrected for repeated measures.

* Significantly different from all other levels.

[†] Significantly different from 90% – 95% and 95% – 100% levels.

Table 5
 SpCO Predictive Performance (0% < %COHb < 15%). Both Carboxyhemoglobin Probes†

"Positive"	%COHb 10%		%COHb 5%		%COHb 10%	
	95-100%	90-95%	90-95%	95-100%	85-90%	85-90%
Observations	177	72	72	177	32	283
PPV = TP/(TP+FP)	78.0%	100.0%	83.3%	90.0%	75.0%	72.9%
NPV = TN/(TN+FN)	76.5%	50.0%	77.8%	68.4%	50.0%	79.7%
Sensitivity = TP/(TP+FN)	50.0%	43.5%	91.8%	85.7%	71.4%	77.9%
Specificity = TN/(TN+FP)	92.0%	100.0%	60.9%	76.5%	54.5%	75.0%
Accuracy = (TP+TN)/(P+N)	76.8%	63.9%	81.9%	83.1%	65.6%	70.3%

SpCO, percentage of carboxyhemoglobin as measured by the Masimo pulse CO-oximeter; %COHb, percentage of carboxyhemoglobin measured in arterial blood; SaO₂, arterial blood oxygen saturation; PPV=Positive Predictive Value, NPV=Negative Predictive Value, TP=True Positive, FFP=false Positive, TN=True Negative, FN=False Negative, SpCO=6.6 was the cutoff optimizing sensitivity and specificity by receiver-operator characteristics analysis.